

R T Community Projects Ltd
Financial Statements
For the year ending
31 March 2024

JANE ASCROFT AACCOUNTANCY LIMITED

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R T Community Projects Ltd

Financial Statements

Year ended 31 March 2024

	Page
Trustees' annual report (incorporating the directors' report)	1
Independent examiner's report to the trustees	20
Statement of financial activities (including income and expenditure account)	21
Statement of financial position	22
Notes to the financial statements	23
The following pages do not form part of the financial statements	
Detailed statement of financial activities	35

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2024

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

Introduction

RTProjects is an independent mental health charity, founded in 2007 by people with lived experience of poor mental health. Working face to face with people experiencing emotional distress we aim to transform the mental health of people we work with, including those who are suicidal. Based on the belief that art can save lives, we use the arts to:

- Support people towards recovery
- Connect people with others and their community
- Enable people live a fulfilling, rewarding life

We also reach out to 'spread the word' about all things mental health and to raise awareness about the problems and the solutions of suicide. We do this by organising community events and concerts and working with a wide range of partners.

Our provision is a highly successful alternative to what is currently on offer by statutory mental health services. Key factors that make us different are:

Lived experience delivery.

We are managed and led by people with lived experience of mental health struggles.

Having nearly lost himself to suicide our founder Beano recalls his experience at the time as shameful and confusing. RTProjects delivery is informed in part from his own experience.

Every single person connected with RTProjects has direct experience of mental health struggles, be that personal battles or supporting a friend or family member.

Support begins immediately

RTProjects support is immediate and appropriate. With the very first contact, be that an e-mail, a website response, a Whats app message, a phone call or a conversation, we listen and assess how best to help immediately. Statutory mental health services often have long waiting lists. Lives are lost before appropriate intervention.

Easy access with no diagnosis needed.

Many people suffer in silence and when they do reach out they are faced with barriers. Statutory services demand assessments and paperwork.

People are usually asked to answer overwhelming questions and complete forms at a time when they may feel that they no longer want to live.

Accessing support at RTProjects is made as easy as possible starting with a conversation and a cuppa, where the emphasis is on listening. We do our best to say 'yes'.

People are never asked to complete forms on their first visit.

Participants don't need to be diagnosed with a mental health condition and we accept self-referrals

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

It's Free

Money or more accurately the lack of it can be a huge contributing factor to poor mental health. It can also be a barrier to accessing support. It is vital that support can be accessed completely free of charge.

No discharge date. Not time limited

Being discharged from support services can be a harrowing experience so being told when the support will be withdrawn before it has even started can in itself bring about anxiety. Feedback tells us that people don't fully engage or invest in services which are time limited. Unlike many mental health interventions our service is not time limited. Participants only leave when they feel able to cope with their life independently.

We believe that the centre of any supportive relationship is trust. Trust takes time to grow.

Continued support

The concept of 'Recovery' from poor mental health can exasperate the condition. It is not always possible to forget ones trauma but it is possible to live a life and find joy despite trauma. A mental health battle can leave emotional scars and a fear that we may experience a relapse can stick with us and influence life decisions. Even if we are back to living a full life. Maybe a new job or role or moved away from RTProjects geographically we still need to feel supported.

Pals who no longer attend can always contact us for support, advice and reassurance.

Once a pal always a pal.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Chair's report

As we reflect on the 2023-2024 year at RTProjects, I am proud to highlight our unwavering commitment to preventing lives lost by suicide in County Durham, an area that continues to grapple with the pressing issue of suicide. This past year, we successfully delivered a total of 200 RTMinds sessions, fostering a safe and nurturing environment for participants to explore their creativity and connect with others. Additionally, we hosted seven impactful community events, including our annual "Never Give Up" suicide prevention event, the vibrant RTParty, and the inspiring "Sound Good" live music show! These events not only brought joy and connection but also raised awareness about mental health challenges within our community.

Throughout the year, we also continued to offer ongoing, consistent one-to-one support, ensuring that people facing mental health challenges had access to personalised care and guidance. Our free, non-time-limited support has proven vital this year. We have provided a lifeline for many, allowing people to engage with our services on their own terms and at their own pace.

It is important to recognise the social factors that have influenced mental health and our battle with suicide this year. The ongoing economic challenges have intensified feelings of isolation and anxiety among many people nationwide, and we have seen that greatly in Durham. In light of these challenges, the work of RTProjects has become more critical than ever, as we strive to create spaces where individuals feel seen, heard, and supported.

As we look ahead, we remain committed to our mission of reducing death by suicide. Together, we can continue to make a meaningful impact and empower individuals to navigate their mental health journeys.

I would like to extend my heartfelt gratitude to our partners at Durham University including Student Music, DUCFS Launchpad, The Oriental Museum, and Institute for Medical Humanities whose collaboration and support have been invaluable in advancing our mission. I also want to acknowledge the generous contributions from our funders, which have played a vital role in sustaining our operations and expanding our reach.

Above all I would like to thank the dedicated and passionate staff and volunteers who work tirelessly at the coalface dedicating their time and effort for the wellbeing of others.

Simon Woolley
Chair - RTProjects

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Objectives and activities

Ethos: Supporting. Connecting. Enabling.

Mission Statement: Using art to save lives from suicide

Objects:

The objects of the charity, as set out in our constitution are:

1) The promotion, preservation and protection of good mental and emotional health through the provision of art projects and courses. 2) To advance the education of the public in the creative and visual arts by the provision of educational courses, facilities and other support.

Strategic Aims:

1. To minimise the number of deaths by suicide in County Durham.
2. To provide a safe space for people enduring poor mental health.
3. To provide information and resources to increase individuals' capacity to manage their own mental health.
4. To improve community resilience.

Our primary aim is to prevent suicide in County Durham.

We achieve this by:

Supporting people towards recovery by introducing them to creative activities alongside other therapeutic interventions.

Connecting people by creating a safe stimulating environment where people can become part of a supportive community.

Enabling people to develop the strength to overcome mental health challenges by providing the time, the environment and the attention needed for recovery

Our Core Value

Compassion/Dignity/Respect

Compassion drives our approach to suicide prevention. By leading with compassion and treating people with dignity and respect. We help people to feel seen, heard, and valued by creating a space where hope and healing are possible.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Beneficiaries

Our primary beneficiaries are adults (18+) suffering with poor mental health who live in County Durham. However, our reach spans a regional, national, and international audience.

Many of the people we work with live in areas of significant deprivation, and they often fall within the lowest 20% income bracket nationally. According to Public Health England individuals in this income bracket are twice as likely to experience mental health problems as those with average incomes.

In order to de-stigmatise mental health conditions our 'service users' are referred to as 'pals'.

Living with Suicidal thoughts

Living with suicidal feelings can be an overwhelming experience, where pain feels relentless and solutions seem impossible to find. Many of the people who attend RTPProjects' support groups have felt this way, facing a daily struggle that goes beyond the labels of depression, anxiety, or other diagnoses.

Yet, by reaching out, they are taking a vital step toward finding a way forward.

Though this pain is often invisible to others, sharing in a community that understands can break through the isolation. At RTPProjects, participants can come to accept that they are not a burden, that struggling with mental health is not a personal failing, and that there is no shame in seeking help. Here, hope is not lost. It is reignited, through compassion, creativity, and the belief that life, even in its hardest moments, can still hold meaning and possibility.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

The Problem in Durham

With the collapse of the coal industry in the 20th century, Durham experienced economic decline. To many, Durham is now known for its rich cultural heritage, its historic architecture, and its University becoming one of the leading institutions in the country. However, Durham experiences significant social and economic disparities, with some areas benefiting from revival and growth, while others, particularly former coal-mining communities, face higher levels of deprivation, unemployment, and health inequalities, including a notably higher suicide rate compared to the national average.

We exist to address the critical and urgent issue of high suicide rates and widespread poor mental health in County Durham. Data from Public Health England indicates that the suicide rate in County Durham is nearly 50% above the national average, with the North East being the worst area in England for suicide deaths. These alarming statistics highlight the pressing need for effective mental health interventions in our community. These statistics are not just numbers- they represent lives lost and families devastated by a preventable tragedy.

With an overburdened NHS, many people in County Durham can no longer rely on statutory mental health services. Long waiting lists leave people in distress, with 78% of those in need seeking help from emergency services (RC Psych 2022). Even when statutory care is accessed, recent CQC reports highlight concerns about the quality of care provided by local NHS Trusts, with some beneficiaries reporting traumatic experiences.

Suicide has far-reaching impact on the entire community. Deaths can leave emotional, psychological and sometimes financial scars on families, friends and loved ones. Suicide can create a ripple effect, where those affected may experience complex grief, trauma, and a heightened risk of developing mental health challenges themselves. People bereaved by the sudden death of a friend or family member are 65% more likely to attempt suicide if the deceased died by suicide than if they died by natural causes (University College London, 2016).

The impact of suicide extends beyond personal loss, with significant economic implications. According to Samaritans (2022), each suicide costs the economy an estimated £1.46 million. Considering that 24 people have attributed their lives being saved directly to our support, RTPProjects has effectively saved over £35 million. This highlights the vital economic role our work plays in the community.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Our Solution

Why art?

To immerse oneself in meaningful, positive, and creative activity, anytime, can be a distraction from ruminating thoughts. Practising it regularly, on a weekly basis, can impart a sense of meaning and purpose to our whole lives.

A skilled practitioner can use art to support someone in distress, and even to save a life. It is not a generic effect; it needs to be tailored to the individual. Participants need access to a wide range of creative activities in order to tune in to the individuals interests and needs. There is no requirement of previous experience or even interest in making art to be captivated by its transformative effects. Indeed the journey can be all the more exciting for those initially sceptical. Art can be:

A language Trauma is often too much to speak about. Art can be a vehicle for expressing overwhelming emotions and feelings, it can help people to process what has happened to them.

Social. An opportunity to spend some time with and be a part of a social group. Moreover, to be part of an accepting and supportive group where others have had similar experiences.

Relaxation. Art can be a very mindful activity where your mind can leave the troubled world which may have become your norm, and transport you right back to the present moment. Taking part in creative activities time can pass unnoticed. It can be powerfully relaxing like taking a break from stress.

A new skill. Poor mental health can take away our interest in life itself resulting in a stagnation of thoughts and interests. Art can reopen pathways of interest and become a rich journey of enquiry.

A Source of Structure. A regular weekly activity can bring order to an otherwise chaotic existence. For some, a reason to get out of bed, have a shower or a shave. A focus point in an otherwise blurred week. "The highlight of my week used to be when to put the bins out". The highlight of your week shouldn't be when to put the bins out!

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Core Activities

At its heart RTProjects is a community. We actively bring people together through weekly arts and mental health sessions to support each other through shared experiences. We help individuals reintegrate into the community after periods of crisis or isolation. Through engaging community events, and outings, we foster meaningful connections that help individuals feel welcomed and understood. We believe that no one should face their struggles alone, and by building strong relationships and a spirit of togetherness, we empower people to rebuild their lives with the encouragement and support of those around them.

Connection is integral to what we do. Whether it's connecting with others through shared stories, building friendships, or simply finding someone who listens, RTProjects provides a space where meaningful connections are made. Human connection is a powerful force in helping people overcome mental health challenges and preventing suicide.

The communal centre of all we do is our art studio, The Open Art Surgery. A bungalow in a residential area, it's abundant with creativity in all colours, shapes and forms. The environment within 'The Open Art Surgery' immediately puts people at ease. A welcoming, stimulating safe space where you can just be yourself. A place where you don't have to 'act normal'

Creativity isn't just about producing art; it's about expressing emotions, rediscovering joy and finding new ways to view the world and your place in it. It is a language which can provide people with a new life narrative.

Sessions are staffed by highly experienced mental health practitioners who introduce participants to evidence-based self-help strategies and provide non-time-limited one-to-one emotional support. They assess each new participant such that, where necessary, we can establish personalised recovery plans comprising robust support networks. These can include RTProjects' services, along with support outside of sessions, e.g. signposting to third parties, and involving friends and family. One-to-one support addresses a broad spectrum of mental health and well-being needs, including but not limited to financial, welfare, debt, budgeting, energy advice. We provide support for participants throughout meetings with such services.

We run an online music session - Sounds Good - for people who are unable, for whatever reason, to visit the Open Art Surgery in-person. Sounds Good has become a lifeline to many during the last four years, bringing light-hearted relief, some hilarity along with tender words of wisdom and a much-needed regular connection with loved ones.

We provide additional creative projects and workshops throughout the year as part of a continually changing programme in response to the interests of our community. From 'Art in the Park' to song writing and sound-bathing sessions, there's something for everyone.

We undertake suicide awareness raising activities and community events, such as the 'Never Give Up' suicide intervention project, lantern parades, live concerts, and exhibitions.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Achievements in 2023/24

In 2023-2024, we continued to run groups, workshops and events incorporating a wide range of creative activities, at our art studio, online and in the community. Here are some highlights!:

- We reached 201 unique individuals
- We supported 84 people with their mental health
- 51 pals attended a regular weekly session
- 37 pals attended an online session
- 35 pals attended a short course
- 199 people attended an event

We lost zero pals to suicide.

- We delivered 147 regular weekly sessions, 25 online sessions, 22 short course sessions.
- We produced 5 community & awareness raising events.

RTMinds Sessions

Over the past year, we delivered a diverse range of sessions, including Crafty Café, Headspace, Arts & Minds, Sounds Good.

You can see some photographs from the sessions and artwork they created on our Facebook page: www.Facebook.com/RTProjects

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

The Artistic Spectrum.

This year, we piloted an intervention specifically for autistic people to engage in creative activities like painting, poetry, and sculpture. At the Open Art Surgery, we offered a weekly 3 hour session, providing a safe, sensory-sensitive sanctuary where autistic participants can simply be themselves- free from judgment, fear, or the need to mask. The project was initiated in response to an increase in autistic people accessing our services, and feedback from our local social prescribing link worker who told us that there are very limited opportunities available for autistic adults to engage in creative and social activity.

Research shows that autistic people face overwhelming challenges daily, including a much higher likelihood of mental health struggles, ADHD, and learning difficulties. Tragically, autistic adults are 9x more likely to die by suicide than the general population, with suicide being the second leading cause of death in this community (Autistica, 2024).

Through the sessions, participants learned evidence-based strategies for managing their mental health, were signposted to other support services, and, crucially, found connection and mutual support with others who understand them.

Using a strengths based, empowering approach, sessions were co-produced with attendees, to ensure that we created the right environment in response to attendees needs. We encourage participants to choose what kinds of activities they would like to engage in, giving options and providing support to participants to bring their own interests to sessions.

Victoria, a participant of the autistic pilot sessions said:

"It is rare to find a place where no-one is trying to change you or socialise or pity you. There wasn't any goal setting or generic plans which invariably trigger you and make you feel like a problem, a burden".

The project was made possible with funding from the North East and North Cumbria Integrated Commissioning Board (NENC ICB) through Durham Community Action (DCA), to support the development of social prescribing activities across County Durham.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Events

This year, we held five community events, bringing together participants and the wider Durham community to celebrate creativity, connection, resilience, and being alive! Our events, the Arty Party, Rhythm of Life, Yuletide, Never Give Up, and Sounds Good Live offered a range of activities designed to engage, inspire, and uplift. These gatherings go far beyond entertainment; they are transformative experiences that help reduce suicide by raising awareness and educating the community about mental health.

For many participants, simply attending these events is a significant milestone on their journey to recovery. Each event provides a safe and welcoming environment where individuals feel encouraged to gradually reconnect with the outside world. Often, this process begins with 'in-house' events at The Open Art Surgery, creating a supportive space for participants to take those crucial first steps.

A powerful example is Jenny, Who is Autistic, after experiencing difficult encounters in the "real world" had withdrawn and decided she would live her life from her home using the internet as her connection with the outside world. When she discovered our Sounds Good online music show, it became her first connection to RTMinds. Over time, we encouraged her to attend a live version of the show at RT, initially with a friend. After several small steps, Jenny's confidence blossomed, and eventually became a regular at Headspace, one of our RTMinds sessions.

Our events serve as key touchpoints along this gradual journey, helping people feel seen, supported, and part of a community. Each one reflects our commitment to mental health support and suicide prevention, offering participants a chance to express themselves, connect with others, and build a genuine sense of belonging.

Event Case Study: 'Rhythm of Life: A Research Cabaret'

RTProjects worked in partnership with Durham University Institute for Medical Humanities (IMH) to co-produce a 'Research Cabaret' called 'Rhythm of Life, for the 'Being Human', the UK's national festival of the humanities.

Being Human is a celebration of humanities research through public engagement. Here's what Dr Louise Creechan, one of the co-producers had to say:

"A research cabaret is quite a unique format that takes the elements that you might expect from cabaret - audience seated in round tables, a wide variety of acts, a host in a glittery jumpsuit - and blends them with snippets of research.

Performances have included singing, poetry, yoga, stand-up comedy and more.

IMH are fundamentally interested in the hidden experiences of health; this might mean experiences that are unspeakable, invisible, or hard to conceptualise.

We took the Being Human Festival 2023 theme of 'Rhyme or Reason' to ask: when it comes to health, what is reasonable? And, can 'rhyme' (our nod to performance) help us to engage with our hidden experiences?

The set list was composed half of researchers from IMH and half of professional artists (poets and musicians) who were involved with our community partner, RTProjects.

Our target audience was quite wide - we wanted to reach people who had lived experience or cared for someone with a health condition, and we wanted people to feel seen in both our research and in the performances. We also wanted to connect with a Durham public who would not usually get involved with university activities.

We decided not to host the event in one of the university colleges, but in the more neutral, off-campus

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

venue of the Radisson Blu hotel.

The event was entirely designed to entertain the audience, so the cabaret was filled with poignant moments of reflection and, sometimes, purposeful chaos.

RTPProjects gave invaluable expertise in areas like access and safeguarding from their years of community engagement in mental health and they also introduced us to some incredible performers. At the cabaret, Beano performed a spoken word piece that addressed hope following suicidal ideation that resonated with much of the audience. The song 'Never Give Up' that he wrote alongside Steve Pledger brought the first act of the cabaret to a meaningful close and many of our audience took the opportunity to donate to RTPProjects.

The Institute for Medical Humanities at Durham University has a reputation for conducting world-leading, ethical, and creative research on the understanding of ill health that centres individual experience."

Dr Louise Creechan: Lecturer in Medical Humanities at Durham University was talking to Being Human Festival. <https://www.beinghumanfestival.org/rhythm-of-life-durham>

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Partnerships

We don't do our work alone at RTProjects. We understand that people exist as part of a community. We think about people holistically, and as such, work with a wide variety of other individuals, voluntary organisations and statutory organisations in order to provide appropriate timely support.

We are proud to work in partnership with a wide range of referral partners. We value each and every one.

Collaborators this year include:

GP surgeries throughout County Durham: Belmont Medical Group, Chastleton Medical Centre, Gillesgate Medical Practice, Ushaw Moor Surgery, Claypath and University Medical group

NHS Trusts: NHS Community Mental Health Durham West, NHS CTNW , Durham City Community Mental Health Team

Statutory Organisations: Dept for Work & Pensions, Durham County Council Support & Recovery, Durham County Council Welfare Rights Service, Public Health, Healthwatch

VCS Infrastructure Organisations: Durham Community Action, Pioneering Care Partnership, Wellbeing for Life,

VCS groups: Durham County Carer's Support, Rethink, Homegroup, St Margaret's Centre, Shelter, Women's Health in South Tyneside, County Durham Drug and Alcohol Recovery Service, If U Care Share Foundation, Durham City Social Work Hub (MH), Potens, Autism Matters, Redhills Mining Community, Supportive Volunteer Driver Scheme Wharton Park

Durham University: We work extensively with Durham University. With 18,000 student and a wealth skills and knowledge we nurture and develop mutually beneficial relationships with departments, colleges and individuals, students and staff:

Institute for Medical Humanities, Business school, Durham Minds, Communications Team, Staff Volunteering Team, Student Volunteering, Charity Fashion Show - DUCFS (Launchpad), Pal TV, Oriental Museum, University College, Collingwood College, Josephine Butler College

Local Businesses: The Station House, Simon Berry Opticians

Local Media: BBC Radio Newcastle

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Summary of our Activities 2023-24

Group	Venue	Frequency	Day of Week	Date
Crafty Café	Open Art Surgery	Weekly	Wed PM	Apr 23- Mar 24
Headspace	Open Art Surgery	Weekly	Thur AM	Apr 23- Mar 24
Arts & Minds	Open Art Surgery	Weekly	Thur PM	Apr 23- Mar 24
Sounds Good	Online	Fortnightly	Thur Eve	Apr 23- Mar 24

Short Course	Venue	Frequency	Day of Week	Date
Artistic Spectrum	Open Art Surgery	Weekly for 8 weeks	Weds AM	Jan – Mar 24
What If?	Open Art Surgery	Weekly for 8 weeks	Tues PM	Nov 23 – Jan 24
Through the Lens	Open Art Surgery	Weekly for 6 weeks	Tues PM	Apr – May 23

Events	Venue	Partners	Date
Arty Party	Open Art Surgery		09/09/23
Rhythm of Life	Radisson Blu	Institute for Medical Humanities	14/11/23
Never Give Up	The Assembly Rooms	Music Durham	03/02/24
Sounds Good Live	Open Art Surgery		21/03/24

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Financial review

Income for the year totalled £77,772 (2023 - £93,919) of which £50,522 (2023 - £76,376) was restricted income and £27,250 (2023 - £17,543) was unrestricted.

Expenditure for the year totalled £130,458 (2023 - £134,055) of which £82,218 (2023 - £82,783) was restricted expenditure and £48,240 (2023 - £51,272) was unrestricted. In addition £8,661 was transferred from restricted to unrestricted funds in respect of room hire. This resulted in a deficit of £38,160 (2023 - deficit of £15,701) on restricted funds and a deficit of £14,526 (2023 - £24,435) on unrestricted funds. The overall deficit was £52,686 (2022 - deficit of £40,136).

Reserves Policy

RTProjects provides support to people who live with significant mental health issues and experience high levels of distress. Our beneficiaries depend on our services. We are dependent on unpredictable grant funding and do not receive any significant regular, reliable source of income. We are therefore sensitive to the fact that we need to ensure sufficient reserves to cushion any temporary shortfall in external funding, should it occur, so as not to affect negatively on the lives of our beneficiaries and their families.

For this reason the trustees have established a policy to aim to hold a minimum of 4 and maximum 12 months' free reserves. This currently amounts to between £43,000 and £125,000, based on based on forecast expenditure for 2024-25.

RTProjects also holds one designated fund to cover the costs of closure, including redundancy costs. This fund is currently valued at £25000.

As of 31 March 2024, total reserves were £63,357; free reserves were £38,357 (total reserves less closure) which is £4,643 below the range required.

The policy to keep a high level of reserves has been prudent. Over the last two financial years we have seen a reduction in the level of reserves from £102,318 in 2022 to £63,357 in 2024, a loss of £38,961, due to a shortfall in grant funding. Without this safety net we would have been compelled to close.

In the event that RTProjects holds more than the agreed amount in free reserves, the trustees will assess if there is a valid reason to exceed the level of reserves e.g. in the event of planned expansion or, alternatively, if appropriate activity should be undertaken to reduce the reserves in a way that benefits our beneficiaries.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Future vision

While joy and positivity are central to our work, we need the same energy in our finances to unleash our full potential! We've experienced a recent run of funding rejections, highlighting our vulnerability. Even as the funding landscape gets tougher, we have plans to adapt and find new ways to keep our work going strong. One of our big goals is to diversify how we bring in funding.

In the short term, we will employ a part time Fundraising Officer to focus on writing applications for grant funding. This will allow us to submit a greater number of applications increasing our chances of success, and also to pay for new roles within the charity to increase our capacity to generate income. Once stable, we want to bring on board a fundraising events organiser, to boost unrestricted funds and reduce the time spent on funding bids.

We're also planning to share our accumulated knowledge and experience by offering mental health and suicide awareness training to local schools, organisations, and community groups. By sharing what we know, we will be building a local network of people and organisations who care about mental health just as much as we do!

Increased financial stability will allow us to train and support more volunteers, expand our staff in key areas, and improve our website and overall digital presence. We want to build a sustainable fundraising model that supports our mission and long-term financial health enabling us to continue and develop our life-saving services. We envisage a future where our charity isn't operating on a shoestring budget under the constant threat of running out of money.

We're also looking forward to hosting even more community events. These gatherings are so much more than just fun days out - they're a chance for people to connect, express themselves, and truly be part of life. Every event is another step toward building a stronger, kinder community where people feel like they belong.

Our partnerships are going to be key in all of this, too. By continuing to work with other local groups and healthcare providers, we're not just supporting individuals, we're making sure decision-makers know how important it is to keep funding for mental health right here in Durham. We have plans to continue to feed into wider suicide prevention initiatives and helping shape policies that put people first.

With the support of our community, we'll keep adapting, surviving, and finding ways to be there for everyone who needs us. Here's to another year of making sure no one faces their challenges alone!

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Structure, governance and management

The company is a charitable company limited by guarantee and does not have a share capital. The company was registered as a charity on 31 March 2011. The company's governing instrument is the Memorandum and Articles of Association. The governing body is a voluntary Board of Trustees.

Trustees

Trustees are appointed by a formal resolution of the board after an interview process, during which candidates are assessed for alignment with our mission, values, and expertise needs. Trustees are re-appointed to or removed from the board by directors of the Charity at the annual general meeting. We actively seek individuals from a variety of backgrounds who bring valuable skills and perspectives to support our mission. We regularly conduct reviews to identify gaps in knowledge or skills on our board and provide training where necessary. Trustees do not receive any remuneration and offer their services voluntarily.

The trustees meet at least four times a year to consider the company's strategies, policies and financial status. At each annual general meeting one-third of the trustees or, if their number is not three or a multiple of three, the number nearest to one-third, must retire from office. The trustees select a chair, vice-chair and treasurer amongst themselves. All new trustees are welcomed into the organisation with the provision of an induction pack containing RTPProjects Aims and Objectives, Policies and Procedures, as well as information regarding previous achievements, current activities and future hopes for the organisation.

Day to day operational and financial management is delegated to the administrator, manager, assistant manager and voluntary secretary.

Public Benefit Statement

Our main activities and those whom we help are described elsewhere in this report. All our charitable activities are undertaken to further our charitable purposes for the public benefit. The committee have had regard to the Charity Commission's guidance on public benefit throughout the year when deciding on the activities of the charity.

Staff & Volunteers

Our Staff Team

We couldn't do the work we do without our amazing, dedicated and compassionate staff and volunteers. We're a small but mighty team, with three paid staff members. Here they are!:

Beano, Manager

Hi! I'm Beano. I co-founded RTPProjects in 2007, with Emma. As the manager of RTPProjects, I'm ultimately responsible for the team's work. However, I'm fortunate to be surrounded by talented and passionate individuals who are committed to our cause. This allows me to focus on directing our efforts and ensuring we achieve our goals.

I love building partnerships with like-minded organisations that share our mission to prevent suicide and support mental health. Together, we're creating a future where no one feels alone in their struggle.

I set RTPProjects up because I experienced thoughts of suicide first hand. I know what it feels like to face darkness, and to wonder if there's a way through. Like many working in the charity sector, helping people is in my blood. The idea that I have helped someone to feel better gives me a reason to exist. The thought of producing something for financial profit fills me with boredom!

Emma, Mental Health Lead and Assistant Manager

Hello! I'm Emma, co-founder of RTPProjects, Having lived with anxiety and depression for many years, I

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

discovered the power of mental resources such as mindfulness, self-compassion, creative expression and connection. I've dedicated myself to providing compassionate support, offering practical tools to help people tap into their own inner strength and begin healing from trauma and suffering. My work at RTPProjects is rooted in a deep understanding of the mind-body connection, and I'm passionate about empowering others through these practices.

In addition to providing support, I also manage the finances, secure funding (the hardest part!), and make sure everything runs smoothly. My personal interests include wild swimming, tree climbing, and being in nature.

Simon

I'm Simon. I am the office administrator, getting on with those tasks that need doing, such as making sure bills are paid, ordering supplies for the art studio, and helping Pals with any queries they have when they knock on the office door. Charities like RTPProjects mean more to me than businesses I have worked for in the private and public sectors.

RTPProjects is making a positive difference to people's lives, and I genuinely look forward to coming in as it feels like a home from home. I've made a lot of friends here.

The Wider Team

Throughout the year, we worked with a number of talented, committed and creative freelancers. Thanks to: Carl Joyce for facilitating filmmaking workshops for 'Through the Lens', Amanda Crawford, Helen Clarkson, Joe Ramsey, Emily Carter, Jackie Stonehouse, Jane Crawford for their creative and compassionate support for RTMinds sessions; Steve Pledger and Joe Ramsey & Adam Jenkins for their brilliant hosting of Sounds Good; the musicians who entertained us all with their songs and conversation on Sounds Good: Alex Seel, Ben Robertson Blair Dunlop, Dan Raza, Dave Thomas, George Boomsma, Greg Hancock, Olivia Gaynard, Jenny Biddle, John Reed, Matt Steady, Mike & Reina Reinstein, Jim & Josie Tipler (Milton Hide), Peter James Millson, Robert Lane, Sarah Szucs, Scott Wainwright, Sean Taylor, Faithful Johannes, Simon Wood, Bashar & Sam Slatcher, and to the 60+ performers who made 'Never Give Up' another unforgettable event.

Volunteers

We are lucky to have so many amazing volunteers who also contribute to RTPProjects. This year, over 25 volunteers helped us in some way to achieve our goals. Our volunteers bring a rich and diverse range of skills and experiences, creating a dynamic team that supports our mission. Volunteers help us with everything from gardening, our website, social media, and supporting our service users. Our volunteers include local people from diverse backgrounds, students, and former Pals, who have benefitted from our services and now give back to the community. Together, this diverse group creates a supportive, compassionate environment where everyone contributes to making a difference in the lives of those we serve. Particular thanks to our regular volunteers Kay Fotheringham, Lana) Kolodiy, Michelle Yu, Aarushi Kalsi, Maddie Turner and Jess Johnson.

Thank you all for your contributions to RTPProjects!

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Reference and administrative details

Registered charity name R T Community Projects Ltd

Charity registration number 1141017

Company registration number 06868423

Principal office and registered office 23 Mill House Court
Gilesgate
Durham
DH1 2JJ

The trustees

Simon Woolley (Chair)
Bryony Hayter (Resigned 9 September 2023)

Sara Punshon
Rachel Baker
Sarah Henderson (Resigned 9 September 2023)

Isobel Armitage
Dr Jan Panke
Joseph Cashmore
Adam Jenkins (Appointed 9 September 2023)

Company secretary Emma Beattie

Independent examiner Jane Ascroft FCA MA (Cantab)
Enterprise House
Harmire Enterprise Park
Barnard Castle
Durham
DL12 8XT

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 15/11/2024 and signed on behalf of the board of trustees by:



Emma Beattie
Charity Secretary

R T Community Projects Ltd

Independent Examiner's Report to the Trustees of R T Community Projects Ltd

Year ended 31 March 2024

I report to the trustees on my examination of the financial statements of R T Community Projects Ltd ('the charity') for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

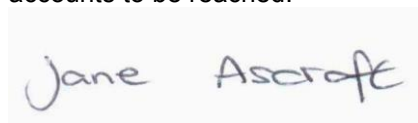
Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jane Ascroft FCA MA (Cantab)
Independent Examiner

Enterprise House
Harmire Enterprise Park
Barnard Castle
Durham
DL12 8XT

R T Community Projects Ltd

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2024

			2024		2023
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	21,667	50,522	72,189	90,797
Charitable activities	6	4,416	–	4,416	2,979
Investment income	7	1,167	–	1,167	143
Total income		<u>27,250</u>	<u>50,522</u>	<u>77,772</u>	<u>93,919</u>
Expenditure					
Expenditure on charitable activities	8,9	48,240	82,218	130,458	134,055
Total expenditure		<u>48,240</u>	<u>82,218</u>	<u>130,458</u>	<u>134,055</u>
Net expenditure		<u>(20,990)</u>	<u>(31,696)</u>	<u>(52,686)</u>	<u>(40,136)</u>
Transfers between funds		6,464	(6,464)	–	–
Net movement in funds		<u>(14,526)</u>	<u>(38,160)</u>	<u>(52,686)</u>	<u>(40,136)</u>
Reconciliation of funds					
Total funds brought forward		77,883	39,209	117,092	157,228
Total funds carried forward		<u>63,357</u>	<u>1,049</u>	<u>64,406</u>	<u>117,092</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 23 to 33 form part of these financial statements.

R T Community Projects Ltd

Statement of Financial Position

31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible fixed assets	15	193	385
Investments	16	2,200	2,200
		<u>2,393</u>	<u>2,585</u>
Current assets			
Debtors	17	–	1,426
Cash at bank and in hand		72,996	125,609
		<u>72,996</u>	<u>127,035</u>
Creditors: amounts falling due within one year	18	10,983	13,133
Net current assets		<u>62,013</u>	<u>113,902</u>
Total assets less current liabilities		<u>64,406</u>	<u>116,487</u>
Net assets		<u>64,406</u>	<u>116,487</u>
Funds of the charity			
Restricted funds		1,049	39,209
Unrestricted funds		63,357	77,883
Total charity funds	20	<u>64,406</u>	<u>117,092</u>

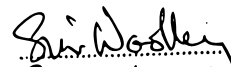
For the year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 15/11/2024, and are signed on behalf of the board by:


SIMON WOOLLEY

Simon Woolley (Chair)
Trustee

The notes on pages 23 to 33 form part of these financial statements.

R T Community Projects Ltd

Notes to the Financial Statements

Year ended 31 March 2024

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 23 Mill House Court, Gilesgate, Durham, DH1 2JJ.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The trustees consider that there are no significant judgements or estimates affecting these financial statements.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Income

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment - 25% straight line

Investments

Fixed asset investments are initially recorded at cost, and subsequently stated at cost less any accumulated impairment losses.

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Financial instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Accrued income and tax recoverable is included at the best estimate of the amounts receivable at the balance sheet date.

Cash at Bank and in Hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

Taxation

The company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

4. Limited by guarantee

The company is limited by guarantee. At 31st March 2024 there were 7 members each of whom had undertaken to contribute an amount not exceeding £10 in the event of a winding up.

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations and fundraising	21,667	–	21,667
Grants			
Durham County Council Public Health - Cree Projects	–	6,000	6,000
County Durham Community Foundation	–	1,997	1,997
Community Foundation Tyne & Wear	–	2,000	2,000
NHS North East & North Cumbria Integrated Care Board	–	6,789	6,789
Postcode Neighbourhood Trust	–	25,000	25,000
Sir James Knott Trust	–	5,000	5,000
NHS NENC ICB Durham Community Action	–	3,736	3,736
	<u>21,667</u>	<u>50,522</u>	<u>72,189</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Donations and fundraising	14,421	–	14,421
Grants			
Durham County Council Public Health - Cree Projects	–	8,000	8,000
The National Lottery - Awards For All	–	9,991	9,991
County Durham Community Foundation	–	56,886	56,886
Durham County Council - Other grants	–	1,499	1,499
	<u>14,421</u>	<u>76,376</u>	<u>90,797</u>

6. Charitable activities

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Contract income	2,661	2,661	1,312	1,312
Other income from charitable activities	1,755	1,755	1,667	1,667
	<u>4,416</u>	<u>4,416</u>	<u>2,979</u>	<u>2,979</u>

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

7. Investment income

	Unrestricted Funds	Total Funds 2024	Unrestricted Funds	Total Funds 2023
	£	£	£	£
Bank interest receivable	<u>1,167</u>	<u>1,167</u>	<u>143</u>	<u>143</u>

8. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Costs of charitable activities (see page 35)	<u>48,240</u>	<u>82,218</u>	<u>130,458</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Costs of charitable activities (see page 35)	<u>51,272</u>	<u>82,783</u>	<u>134,055</u>

9. Expenditure on charitable activities by activity type

	Activities undertaken directly	Total funds 2024	Total fund 2023
	£	£	£
Costs of charitable activities (see page 35)	<u>130,458</u>	<u>130,458</u>	<u>134,055</u>

10. Net expenditure

Net expenditure is stated after charging/(crediting):

	2024 £	2023 £
Depreciation of tangible fixed assets	<u>192</u>	<u>192</u>

11. Independent examination fees

	2024 £	2023 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	350	600
Other financial services	<u>1,511</u>	<u>1,457</u>
	<u>1,861</u>	<u>2,057</u>

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

12. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024	2023
	£	£
Wages and salaries	75,955	71,110
Social security costs	1,343	445
Employer contributions to pension plans	1,879	1,624
	<u>79,177</u>	<u>73,179</u>

The average head count of employees during the year was 3 (2023: 4). The average number of full-time equivalent employees during the year is analysed as follows:

	2024	2023
	No.	No.
Number of project staff	<u>3</u>	<u>4</u>

In addition to the above staff, the charity paid freelancers a total of £23,264 (2023 - £36,108) and freelancers equated to *0.3 FTE.

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

13. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

No trustee expenses have been incurred.

14. Transfers between funds

During the year £6,464 (2023 - £9,294) was transferred from restricted to unrestricted funds in respect of room hire charged to the projects.

15. Tangible fixed assets

	Equipment £
Cost	
At 1 April 2023 and 31 March 2024	<u>6,801</u>
Depreciation	
At 1 April 2023	6,416
Charge for the year	<u>192</u>
At 31 March 2024	<u>6,608</u>
Carrying amount	
At 31 March 2024	<u>193</u>
At 31 March 2023	<u>385</u>

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

16. Investments

	Other investments £
Cost or valuation	
At 1 April 2023	2,200
Additions	—
At 31 March 2024	<u>2,200</u>
Impairment	
At 1 April 2023 and 31 March 2024	—
Carrying amount	
At 31 March 2024	<u>2,200</u>
At 31 March 2023	<u>2,200</u>

All investments shown above are held at valuation.

17. Debtors

	2024 £	2023 £
Accrued income	—	<u>1,426</u>

18. Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	—	5,297
Accruals and deferred income	1,894	1,373
Social security and other taxes	3,527	420
Other creditors	5,562	6,043
	<u>10,983</u>	<u>13,133</u>

19. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £1,879 (2023: £1,624).

R T Community Projects Ltd

Notes to the Financial Statements (continued)

Year ended 31 March 2024

20. Analysis of charitable funds

Unrestricted funds

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	46,355	27,250	(48,240)	12,992	38,357
Closure costs	31,528	—	—	(6,528)	25,000
	<u>77,883</u>	<u>27,250</u>	<u>(48,240)</u>	<u>6,464</u>	<u>63,357</u>

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	70,790	17,543	(51,272)	9,294	46,355
Closure costs	31,528	—	—	—	31,528
	<u>102,318</u>	<u>17,543</u>	<u>(51,272)</u>	<u>9,294</u>	<u>77,883</u>

Restricted funds

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
DCC Safe Space	2,597	—	—	(2,597)	—
CDCF - HiF	11,862	—	(11,910)	48	—
Community Foundation G&R	—	—	—	—	—
DCC CREE Men's Shed	—	3,000	—	(3,000)	—
DCC CREE She Shed	—	3,000	—	(3,000)	—
National Lottery Awards For All	7,719	—	(8,523)	804	—
CDCF - Organisational Sustainability	4,551	—	(6,567)	2,016	—
CDCF - Poverty Hurts Large	5,185	—	(5,861)	676	—
CDCF Community Grant	7,295	—	(6,593)	(702)	—
CDCF - Poverty Hurts Small	—	1,997	(1,568)	(429)	—
Community Foundation Newcastle Building Society	—	2,000	(2,000)	—	—
CDCF Connector - Outdoor Art	—	—	(60)	60	—
NHS NENC ICB Happiness Hubs	—	6,789	(5,740)	—	1,049
Postcode Neighbourhood Trust	—	25,000	(25,000)	—	—
Sir James Knott Trust	—	5,000	(5,000)	—	—
NHS NENC ICB Social Prescription Fund	—	3,736	(3,396)	(340)	—
	<u>39,209</u>	<u>50,522</u>	<u>(82,218)</u>	<u>(6,464)</u>	<u>1,049</u>

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

20. Analysis of charitable funds *(continued)*

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
CDCF Connector 2021 Awards For All - Art in the Studio	21,357	–	(20,793)	(564)	–
DCC - Community Buildings Fund	5,693	–	(5,405)	(288)	–
DCC - COMF - Never Give Up	230	500	(730)	–	–
DCC - COMF - Sounds Good Live	217	–	(217)	–	–
DCC Safe Space	3,650	–	(3,290)	(360)	–
Community Foundation 1989 Willan Trust	2,597	–	–	–	2,597
CDCF - HiF	5,968	–	(5,514)	(454)	–
Community Foundation G&R	–	19,271	(7,409)	–	11,862
DCC CREE Men's Shed	15,198	–	(15,198)	–	–
DCC CREE She Shed	–	3,000	–	(3,000)	–
DCC CREE Plus	–	3,000	–	(3,000)	–
National Lottery Awards For All	–	2,000	(2,000)	–	–
DCC Councillors Pot	–	9,991	(2,090)	(182)	7,719
CDCF - Organisational Sustainability	–	999	(999)	–	–
CDCF - Poverty Hurts Large	–	9,967	(5,416)	–	4,551
CDCF Community Grant	–	9,992	(4,344)	(463)	5,185
CDCF Connector - Outdoor Art	–	7,677	(382)	–	7,295
	–	9,979	(8,996)	(983)	–
	<u>54,910</u>	<u>76,376</u>	<u>(82,783)</u>	<u>(9,294)</u>	<u>39,209</u>

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

21. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	193	–	193
Investments	2,200	–	2,200
Current assets	71,947	1,049	72,996
Creditors less than 1 year	(10,983)	–	(10,983)
Net assets	<u>63,357</u>	<u>1,049</u>	<u>64,406</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	385	–	385
Investments	2,200	–	2,200
Current assets	87,826	39,209	127,035
Creditors less than 1 year	(13,133)	–	(13,133)
Net assets	<u>77,278</u>	<u>39,209</u>	<u>116,487</u>

R T Community Projects Ltd

Management Information

Year ended 31 March 2024

The following pages do not form part of the financial statements.

R T Community Projects Ltd

Detailed Statement of Financial Activities

Year ended 31 March 2024

	2024 £	2023 £
Income and endowments		
Donations and legacies		
Donations and fundraising	21,667	14,421
Durham County Council Public Health - Cree Projects	6,000	8,000
The National Lottery - Awards For All	–	9,991
County Durham Community Foundation	1,997	56,886
Durham County Council - Other grants	–	1,499
Community Foundation Tyne & Wear	2,000	–
NHS North East & North Cumbria Integrated Care Board	6,789	–
Postcode Neighbourhood Trust	25,000	–
Sir James Knott Trust	5,000	–
NHS NENC ICB Durham Community Action	3,736	–
	<u>72,189</u>	<u>90,797</u>
Charitable activities		
Contract income	2,661	1,312
Other income from charitable activities	1,755	1,667
	<u>4,416</u>	<u>2,979</u>
Investment income		
Bank interest receivable	1,167	143
	<u>1,167</u>	<u>143</u>
Total income	<u>77,772</u>	<u>93,919</u>
Expenditure		
Wages	75,955	71,110
Employer's NIC	1,343	445
Pension costs	1,879	1,624
Premises costs	8,951	7,773
Insurance	–	718
Publicity and promotion	95	236
Motor and travel costs	6,736	2,556
Legal and professional fees	8,529	6,089
Telephone	426	820
Other office costs	1,548	1,000
Depreciation	192	192
Materials	1,916	1,368
Facilitator fees	21,664	36,110
Equipment and IT renewals	540	1,576
Other costs	684	2,438
Total expenditure	<u>130,458</u>	<u>134,055</u>
Net expenditure	<u>(52,686)</u>	<u>(40,136)</u>