

R T Community Projects Ltd
Financial Statements
For the year ending
31 March 2022

JANE ASCROFT AACCOUNTANCY LIMITED

Chartered Accountants
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R T Community Projects Ltd

Financial Statements

Year ended 31 March 2022

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R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2022

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

Chair's report

Well, that was a strange and unusual time for everyone. The Covid dust seems to have settled and brought with it new challenges, not least for those who are already struggling to make sense of their world. There remains a sense of fear, confusion, increased social anxiety and mistrust.

It seemed that for everyone a sense of not knowing who to turn to prevailed. There was no 'user manual' for us to follow. We knew our desired destination but we had no map of the area so there was a lot of 'making it up as we went along'. We had to rely on 'being creative'. Luckily this is one of RTPProjects superpowers.

Public discourse seemed focussed on 'Doing the right thing' and 'Staying Safe from Covid' whilst for RTPProjects the focus was on 'Staying Alive' since many of our Pals had endured thoughts of suicide and self-harm.

We knew that Covid could kill, but we also know that severe mental distress can also result in death. From a positive viewpoint there were many lessons learned. Some of which have improved RTPProjects.

Responding to the pandemic and subsequent lockdown was a huge challenge. Guiding people through the fear and trepidation has been equally challenging but we have now managed to re-engage nearly all our Pals and also welcomed quite a few new ones.

We've also developed our staff team, welcoming Amanda, Helen, Kate and Simon, along with several new freelance facilitators.

The transition towards 'normality' has been and continues to be hard, but in responding to the challenges, RTPProjects has learned to be more flexible. We now feel that we are prepared for almost anything.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Objectives and activities

The objects of the charity are:

- 1) The promotion, preservation and protection of good mental and emotional health through the provision of art projects and courses.
- 2) To advance the education of the public in the creative and visual arts by the provision of educational courses, facilities and other support.

About R T Projects

RTProjects is a small, independent charity, set up in 2007, based on the belief that art can change lives. Our aims are to reduce anxiety, depression and ultimately suicide, by enabling people to use art to strengthen their emotional resilience..

At our dedicated studio 'The Open Art Surgery' we provide one-to-one and group support without time restrictions. Through a journey of creative enquiry participants use the arts as a means of self-expression and self-discovery. By the provision of therapeutic art sessions, we help people to develop insight into their own emotional condition, encouraging self-belief. The workshops are staffed by both mental health practitioners and creative facilitators.

During the sessions participants learn about:

- How to use art as an expressive language
- The latest information around mental health interventions
- Self-help interventions including relaxation techniques
- Implications of having a mental health diagnosis
- Other local services available

We provide specialised short courses on both creative and therapeutic techniques. We organise community and awareness raising workshops and events, including: Exhibitions of artwork, Music events: where pals perform alongside professionals, and awareness raising concerts, lectures and talks.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Objectives and activities *(continued)*

Suicide

Suicide is a leading, preventable cause of death in the UK, statistically the most likely cause of death for a man under the age of 50, and the number of women taking their own lives is increasing. County Durham's suicide rate is significantly higher than the suicide rate for England, as is the rate of self-harm.

Living with depression and anxiety

People die from suicide because their pain is so unbearable, or so relentless, that for them it's the only way they can see to end their suffering. They feel they have nothing to live for, or that the world would be better off without them. The people who attend RTProjects weekly art groups are living with these feelings every day. They've been labelled with various mental health conditions: depression, anxiety, personality disorder. What that feels like, in reality, is a constant feeling of dread, wishing every moment away. Exhaustion through endless sleepless nights. Sudden panic attacks. Memories of abuse. Intrusive thoughts of self-harm. Drinking too much to numb the pain. Many live in poverty and isolation. Others live with the hopelessness of living with someone who feels this way, and being helpless to make a difference.

Because their experience is invisible, no one else can see their suffering. It feels shameful, no matter how much the rest of us say it isn't. They feel worthless. They feel like a burden to their families, to the rest of society.

The message implicit in our culture is that it is our fault if we can't cope. Having a mental illness carries a terrible stigma, which only compounds the shame. In this vicious circle, life can lose all meaning, and hope. Without hope, we die.

Art can save lives

We believe that in order to reduce suicide we need to reduce distress.

We believe that distress and suffering is a normal response to adverse experiences, and can be alleviated through the portal of art and creativity and a compassionate response from others.

RTProjects has been using art to manage anxiety and depression since 2007. In our safe, supportive space, we accept people exactly as they are. We foster a love for creativity and cultivate a sense of meaning and hope. We provide opportunities for friendship, and a community of mutual support.

Evidence

We are guided by current research in neuroscience, trauma and therapeutic interventions to inform and adapt our approach. We collaborate formally and informally with an extensive range of partners, local, regional and national. We refer to and receive referrals from a host of other organisations, to maximise the range and quality of support and advice available to our beneficiaries.

RTMinds is the collective term for the regular sessions delivered every week at the Open Art Surgery. Our beneficiaries prefer to be called our Pals, and we use this term to refer to people who attend all of our RTMinds sessions.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Objectives and activities *(continued)*

How does Art Save Lives?

Meaningful, positive activity. Immersing oneself in meaningful creative activity, anytime, is a great distraction from ruminating thoughts. Practicing it regularly, on a weekly basis, imparts a sense of meaning or purpose to our whole lives. Incorporating any positive activity into a routine will make a difference to how we feel.

A sense of control. Our Pals choose to explore their own activity and project at their own pace, in their own time, with the level of support they choose. We don't tell them what to do. They are invited to experience feeling in control over an aspect of their own lives.

Positive relationships As humans, we need other people to survive. Group sessions create the opportunity for friendship, for companionship. Meeting others who feel the same as you helps you to know you are not alone. You belong. This sense has a huge impact on relief of suffering.

Our Pals are constantly introduced to new people. Students, academics, therapists, artists, musicians, poets; all people with the same fears, hopes and struggles. Having a wider social network develops an appreciation of diversity, enables and challenges Pals to experience life outside of their comfort zone in the safety of supportive others. It also encourages independence, and a sense of control over one's own life.

Experiencing positive emotions, such as laughter, joy and delight, releases feel good hormones that trigger feelings of pleasure and relieve pain.

A creative environment. Our community art studio, the Open Art Surgery, is dedicated to the sole purpose of creating and experiencing art. Everything is accessible; the possibilities to create are endless. It has been described as 'homely', 'non-stigmatising' 'welcoming', 'non-clinical'. A bungalow in a residential area, it's abundant with creativity in all colours, shapes and forms. The physical entity of the Open Art Surgery immediately puts people at ease.

Skilled, compassionate people. The people who work at RTProjects are not only specialists in a variety of creative activities, but are also compassionate and accepting. We help to bring creative ideas to life, and are open and non-judgmental. We listen. Our staff are trained in Mental Health First Aid and Suicide Intervention Skills, so Pals are in safe hands. Experiencing compassion and feeling heard and validated by others is often the turning point in people's lives.

Exhibitions & Events. We put on regular exhibitions showing artwork created by pals. If something you produce is valued, you feel valued. As a result, self-esteem and self-confidence begin to grow. Events such as the Gilesgate Lumiere Lantern Parade, and the Shadow Puppet Show are spectacular, inclusive, engage the wider community, and they're fun! We put on regular exhibitions showing artwork created by Pals. If something you produce is valued, you feel valued. As a result, self-esteem and self-confidence begin to grow. Events such as the Never Give Up Variety show and regular live music events are spectacular, inclusive, engage the wider community, and they're fun!

Experiencing Culture. Trips to Museums, Art Galleries, Gardens and visits from Artists, Illustrators, Musicians and Poets enrich lives with culture, creativity and a sense of community.

No time limit. Offering regular sessions for as long as someone wants to attend allows them to invest themselves into relationships and a community without fear of abandonment or being let down.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements in 2021/22

Our main focus was to get our Pals coming back into the studio. We knew that in order to do this they had to feel safe and reassured and perhaps most of all excited about taking part in creative activities again. To this end we introduced a range of new activities, from small group sessions to ones which took place outside. This helped people not only get out and about after lockdown and enjoy some fresh air but also to accommodate those who still felt nervous about being in the studio. We utilised two large gazebos which protected people from the heat of the sun more than from the usual rainfall. Apart from practical interventions and above all else we needed to make RTProjects feel like a 'Safe Place' for people to come back to. We believe we got this right, as our Pals and partners have told us:

"RT is a place where I feel most accepted and understood. It's never mattered here how ill I've been or how willing to participate. I've always been welcomed, encouraged, hugged and people have tried to give me hope - eventually it's sunk in a bit!"

"As a Social Prescribing Link Worker, I work with many individuals with complex needs when it comes to the wider determinants of their health. It can be difficult to find community services who ultimately have the person's individual needs at the fore front of what they deliver. RTProjects is absolutely one of the most amazing services I've had the pleasure of working alongside and every individual who I have accompanied there for a visit have gone on to thrive and fulfil any aspirations they've had with RT's help and support. The effects on an individual's mental wellbeing can be life changing when you have people around you who genuinely care, who want to lift you, increase your confidence, magnify your strengths and allow any negatives to be turned into positives. This to me is what RTProjects is all about and I'd like to thank Beano, Emma and crew for supporting our patients and changing their whole outlook on life."

We supported 39 Pals in total through the delivery of 114 sessions.

RTMinds Regular sessions

Crafty Café and Arts & Minds

We began the year with two regular sessions of the Crafty Café on Wednesdays and Arts & Minds on Thursday afternoons, for Pals at high risk of self harm, hospitalization, or suicide. From December 2021, we introduced Headspace on Thursday mornings for Pals who were anxious about being back out in the world post lockdown.

RTMinds Online

In the first half of the year we continued to offer online activities as we gradually moved out of lockdown. From April to September we delivered 100 online sessions, including Figure Drawing, Watercolours, Book Group, Creative Writing, Art History and access to music and entertainment in the form of 'Sounds Good' - RTProjects live music session which has attracted and continues to attract people and musicians from all over the world and is achieving a 'cult' status amongst music lovers.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements in 2021/22 *(continued)*

RTMinds Online: Sounds Good

Set up in October 2020 in response to lockdown, Sounds Good is a haphazard creation of all things music, hosted by the tenacious trio Beano, Steve Pledger and Joe Ramsey. Broadcast every Thursday evening on Zoom, it has been a lifeline to many during the last two turbulent years, bringing light-hearted relief and some hilarity and a much needed weekly connection with loved ones. Between April 2021 and March 2022 we broadcast 44 Sounds Good sessions to 88 participants, and 500+ Facebook views.

Art in the Park

From May to August we delivered 24 outdoor sessions attended by 27 Pals.

Art in the Park provided participants with access to creative activities in the safety of outdoor settings. The creative sessions incorporated the landscape within the creative process, such as sculpture from driftwood, rubbings of leaves and tree bark, artworks created from leaves and flowers. The artwork formed a natural exhibition that was sometimes left on display in the environment where it was created for others to discover and enjoy. Other sessions focussed on drawing and painting in the outdoors. Participants took sketchbooks and drawing boards to a site of interest and drew from observation, such as flowers, trees and landscapes.

Each session encouraged mindful activity, experiencing the benefit of awareness of the 'here and now' as well as the natural buoyancy of the outdoors.

"I've bought myself an art journal so I'm enjoying doodling in there. It's amazing how it can help change your thoughts or just halt the madness for a while"

'Art in the Park' still continues as a regular activity and has become integral to RTPProjects delivery.

Short Courses and Workshops

Over the year we delivered a programme of short courses and workshops covering a range of therapeutic activities including music, dance, drumming, painting and printmaking. Led by various creative facilitators, supported by wellbeing workers, sessions were designed to build emotional resilience and help people manage their mental health; helping them express emotions and feelings that they are sometimes unable to with words alone. As with all our sessions, the workshops provided valuable social contact to reduce loneliness and support people's routines, to provide a focus and something to look forward to.

- **Drumming** with Simon Wood
- **Singing** with Sam Slatcher
- **Crochet** with Lynne in collaboration with the Northern Learning Trust
- **Mixed Media** with local artist Amanda Smith
- **Talking Trees** - Creative Writing with Bridget Hamilton in collaboration with New Writing North.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements in 2021/22 *(continued)*

- Pivot Moments with Shunyata Improvisation Group - a group of musicians specialising in improvised music working with RTPProjects to create spoken word soundscape production to feature on their upcoming album, and for RTPProjects Pals to create the artwork for the CD. The Soundscape and their artwork can be found here: <https://www.shunyata.co.uk/>
- Sound bathing with Simon Wood - A different sort of session than usual, with participants being bathed in sounds rather than creating it themselves. The Open Art Surgery was transformed into a magical 'grotto' encased in hangings and beautiful fabric. A wonderfully relaxing experience that transported Pals to a place of peace and tranquillity.

Art Stops was a fantastic initiative. Working with Newcastle based artist Peter McAdam to get RTPProjects Pals involved with his public art project whereby local bus stops would feature the artwork of local artists instead of the usual adverts. Pals produced some fantastic artworks in various formats which were enlarged, printed and displayed in bus stops around Durham for over a month. When asked how they felt about the project afterwards, here's what they said:

"Brilliant, as loads of people notice the art. Even if someone isn't interested in art they will notice it, even if it's subconsciously. Hopefully it will encourage people to go and look for more of the stops."

"It meant a lot to me as I felt it was a genuine and honest way to exhibit my work. I felt the whole general public got to see it and not just a person who would go to an art gallery, it is free and visible to all"

Art for Wellbeing @ Cornerstones. We were delighted to work with Cornerstones Centre for the Community in Chester le Street, to provide 10 Art for Wellbeing sessions introducing the people of Chester le Street to the power of creative activity to improve mental health. Whilst also transferring skills and techniques to the team at Cornerstones. 14 people took part in a variety of activities including art, craft, singing and drumming, experiencing a taste of the possibilities. Cornerstones have since established their own regular art for wellbeing programme due to the success of the introductory sessions.

WhatsApp Groups

In addition to face to face sessions, our WhatsApp groups continued to flourish. Their success was evident by the incredible support Pals showed each other over the lockdown period. Each session had its own group, as well as a larger RTPProjects group chat. These have been a hugely successful unintended outcome of the lockdown, as Pals got to grips with the, for many, new and daunting technology. We provided one to one training to make sure that everyone could access the chat groups and really get to know each other much better and develop meaningful and lasting friendships outside of the sessions. It's also a brilliant way to monitor project outcomes and gather feedback, seeing how Pals are supporting each other and reducing social isolation.

Some 'eavesdropping' on chat in the WhatsApp group:

"It's always nice to get along to rt. I am missing it at the moment. So glad got this group. So hope you manage to get there. So much on next week that seems fab! Hope you feel better soon. You know you got us all the time though. We are a Team!! X"

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements in 2021/22 *(continued)*

Exhibitions and Events

Normal Art - An online Exhibition of Pals artwork. In April 2021 we held our first online exhibition. The virtual private opening preview was every bit as good as a real life event. Everyone had a glass of wine and nibbles and were guided around a virtual gallery with a fabulous range of artwork produced over the last year. The exhibition can be viewed online here:
<https://artspaces.kunstmatrix.com/en/exhibition/4269644/rtpalsart-exhibition>

Pivot Moments Live Improvisation performance in February 2022- with the Shunyata Improvisation Group. Performed at our Open Art Surgery by the musicians and with Pals performing their spoken word parts live.

Arty Party Annual Celebration - Our annual celebration in October 2021 was a wonderful showcase of the creative work produced by Pals over the year alongside professional performers. Spoken Word, music, film and visual art were in abundance, as was the atmosphere of amity and joy. This felt like a real turning point, a celebration of all being together again. This wonderful event was captured here.
<https://www.youtube.com/watch?v=V2ralJjXi8s>

Never Give Up @ Assembly Rooms with Music Durham

The 3rd annual live performance of 'NEVER GIVE UP' Suicide Awareness Variety Show was held in the beautiful surroundings of the Durham Assembly Rooms Theatre. RTPProjects and Music Durham joined forces to showcase an amazing array of talent, whilst the serious themes of suicide prevention and addressing mental health issues were the central theme of the evening. Compered by - RTPProjects' trailblazer, Beano, the show featured performances by internationally acclaimed local musicians including Ceitidh Mac, Steve Pledger and Simon Wood, alongside Durham University's Gospel Choir, Jazz Society, Brass Band and 'Foot Notes', an a cappella ensemble. The show reached its fitting climax with Pals taking to the stage to perform their own composition "Breathing", joined by all the other performers. The result was breath-taking. The song is planned to be recorded and released as a charity single, so watch this space! Special thanks to Eve Battersby for choral arrangement. See the live performance here: <https://www.youtube.com/watch?v=V2ralJjXi8s>

The show was live-streamed to YouTube, reaching over 500 people. Many thanks to Jamie Cook for his expert tech skills in making our event reach such a wide audience, and to Eve Battersby for making it all happen.

Run to the Sun

Over 10 'fun'-draisers rose to the challenge of doing something silly or creative in support of RTPProjects:

- Kate Gorman's 24 runs in a month
 - Emma's 24 Keepy ups
 - Lewis Dean's 24 hour Tetris Challenge
 - Collingwood P7 Students' 24km walk
 - Simon Woolley's 24 Daddy Dances
 - Chloe Hill's Online Singing Concert
 - Bradley Yardy's Super Mario
 - Izzy Armitage's 24 sketches in 24 hours
 - Jena Parkin's 24 hour clay modelling challenge
-

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements in 2021/22 *(continued)*

Sam Slatcher's 24 songs in 24 hrs

It may have been a crazy idea, but for Run to the Sun 2021, Sam Slatcher pledged to write and perform 24 songs in 24 hours. One day in June, Sam was joined at the Open Art Surgery by a group of Pals who helped him to reach his target. Even with only a few hours sleep, the results were spectacular! It all ended with a brand new song called 'Run to the Sun' that we can use every year to accompany our annual fundraiser. Thank you Sam!

Stories of Hope

It's the stories we hear from Pals that tell us we are getting it right.

F has been coming to RTPProjects since 2016, after many years in mental health services. F has lived with depression most of her life, and during the period 2019-2021 was in and out of hospital, during an episode of severe and enduring depression. She would say over and over that she felt a desperate urge to end the pain, that it was unbearable, and she felt no-one in the mental health services had an understanding of her needs. She felt she had been mis-diagnosed, and the medication she'd been prescribed was worsening her condition rather than making it better, but that no-one was listening. She drifted away from RTPProjects in 2019 although we remained in contact via social media, as she lost her home and lived in various accommodation across the North-East.

Whilst in hospital during lockdown, F's mental health had deteriorated rapidly, messages were getting increasingly concerning and we were worried about her safety. She told us that she had been sleeping with a knife close to her body. In an attempt to connect and remind her of the support and friendship she once knew, we asked all Pals who knew her to either write a few words or better still to record a short video clip telling her what they appreciated about her, and a message of hope. We sent these messages over a period of a few days. It seemed to work.

A few weeks later, F started attending sessions at RTPProjects again. She told us that the messages she got from Pals had moved her so much that it reignited her will to live.

After being discharged from hospital the main activity in her care plan is to attend regular sessions at RTPProjects. This is a message she sent via WhatsApp after she attended online figure drawing sessions:

"So exciting yesterday. Any chances of pics up of people's work? So people can discuss how wonderful it was!? Honestly, first time I have felt like me for 2 years xx& xx were in the background making pancakes, she said I can go again if I am going to be so well when there! She said the gasps of delight and me laughing at trying to do it was lovely, also she understood how with a 2 min or 10 second pose some were so rubbish in the past (just scribbles). Anyway fab fab fab, we were only a little jelly at how good others were , loved how you stepped in and said we are all at different stages, I'm using the fact I was without Easel or proper equipment as my excuse, xx saw me frantically trying to clean my rubber on brand new trousers, I really didn't care !! Never have, but man what an amazing experience xxx"

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements in 2021/22 *(continued)*

People

RTProjects is eternally grateful to all who make it the magical place it is. Special thanks to the following for their contributions over the year:

All Staff and Freelancers

Alice Burgess
Amanda Crawford
Amanda Smith
Amanda Quinn
Beano
Bridget Hamilton
Dawn Belshaw
Dorota Modlinger
Ellie Grassick
Emma Beattie
Helen Clarkson
Holly Gray
Jamie Cook 'Howzat TV'
Joe Ramsey
Sam Slatcher
Simon Twigg
Simon Wood
Steve Pledger

Partners and Associates

Lynne Carr (Northern Learning Trust)
Peter McAdam (Funded by Arts Council England)
Martin Donkin & the Shunyata Improvisation Group

Volunteers

Angel Ivil
Adam Jenkins
Arjun Johal
Chris Freestone (Wally)
Hazel Donkin
Kay Fotheringham
Michelle Kindleysides
Olivia Gaynard
Sophie Peel
Sophie Wilkinson
Suzanne Williams
Valentina Carlone
Brenda Wood (for Cornerstones)
Nicola Button (for Cornerstones)

Musicians

Anne Sumner
Ceithd Mac
Danni Nichols
Dave Thomas
Dragonfly Sky
Durham University Gospel Choir
Eve Battersby
Footnotes

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements in 2021/22 *(continued)*

George Boomsma
Greg Hancock
Jim Chorley
Joe Ramsey
John Gallagher
John Reed
Lee Maddison
Mike Reinstein
Sarah Anne Szucs
Scott Wainwright
Steve Pledger
Tiki Black

Partners

Referral Organisations

We are proud to work in partnership with a wide range of referral partners. We value each and every one of your referrals and we are privileged to be trusted to offer support in the journey of their recovery:

Northern Learning Trust
Jack Drum Arts

GP Surgeries:

Claypath Medical Practice
Belmont & Sherburn Surgery
Cheveley Park Medical Centre
West Rainiton Surgery
Coxhoe Medical Practice

NHS Trusts:

County Durham & Darlington NHS Trust
Tees Esk & Wear Valley NHS Trust -
Durham & Darlington Occupational Health Service
Early Intervention in Psychosis Team South Durham
Newcastle Centre for Specialist Psychological Therapies
Cumbria, Northumberland, Tyne & Wear NHS Trust

Local Authority:

Durham County Council Support & Recovery Team
Social Prescribing Chester Le Street Primary Care Network
Wellbeing for Life under Local Authority

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements in 2021/22 *(continued)*

Call to Action

If you like what we do and are moved to support our work, we are always looking to collaborate with passionate people and organisations.

Want to help, but don't have the time? You can make a one off or a monthly donation if you have any spare cash. Even a little goes such a long way.

Are you...

..A psychotherapist, counsellor, psychologist or therapist in any discipline? If you can offer free or reduced rates to our Pals, we need you. Many of our Pals cannot afford the therapy they need to process previous trauma, often keeping them stuck in a cycle of depression and self-blame.

..Good with your hands? A joiner, builder, gardener or handyman? We need occasional help building, cupboards, sheds groundworks etc. Not to mention cutting the grass...

..A Creative Crafter? Could you make 1000 origami butterflies, or paint 1000 rocks to help our fundraising initiatives? <https://>

..An Event organiser? Could you run an event to raise funds to support our work?

..Part of a community group or organisation? Why not organise a unique art installation with our 1000 Butterflies Project! <https://>

...a Business with a social conscience? Sponsor one of our events, such as the Never Give Up concert, the Gilesgate Lumiere Lantern Parade, or Run to the Sun.

Whatever your interest, there is a way you can help, by fundraising whilst doing what you love! Cake Bakers can sell cakes, Socialites hold Coffee Mornings, Sky Divers jump out of planes, Mountain Climbers climb the Three Peaks, Walkers to walk Coast to Coast, Knitters to Knit & Natter. The list is endless. If you'd like to help but need some inspiration, drop us a line. We can help with ideas!

"Thank you to RTPProjects for being a beacon in the darkness. They have shown me how arts and crafts can be life changing and lifesaving. I have surprised myself how creative I can be ... this gives me hope for the future. I am often in mental torture and I've found art and crafts give me a welcome distraction and keeps me in the present moment."

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Financial review

Income for the year totalled £157,554 (2021 - £150,230) of which £134,432 (2021 - £102,307) was restricted income and £23,122 (2021 - £47,923) was unrestricted.

Expenditure for the year totalled £121,240 (2021 - £110,073) of which £84,917 (2021 - £85,353) was restricted expenditure and £36,323 (2021 - £24,720) was unrestricted. In addition £9,614 was transferred from restricted to unrestricted funds in respect of room hire. This resulted in a surplus of £39,901 on restricted funds and a deficit of £3,587 on unrestricted funds. The overall surplus was £36,314 (2021 - £40,157).

Reserves Policy

RTProjects provides support to people who live with significant mental health issues and experience high levels of distress. Pals (service users) are vulnerable adults and depend on our services. We are therefore sensitive to the fact that we need to ensure sufficient reserves to cushion any temporary shortfall in external funding, should it occur, so as not to affect negatively on the lives of our Pals and their families.

In the event of closure of RTProjects being required, it is critical that we can continue to support our Pals for a period of time to try and ensure that the future support needed by each individual is in place before we are required to cease service. In other words, each Pal will require a transition period.

For this reason, the trustees have established a policy to aim to hold between 4 and 8 months' free reserves, based on forecast expenditure. This currently amounts to between £56,000 and £112,000. As at 31 March 2022 reserves were £70,790 which is within this range.

RTProjects currently holds one designated fund which covers costs of closure, including redundancy costs. This fund is currently valued at £31,528.

In the event that RTProjects holds more than this amount in free reserves, the trustees will assess if there is a valid reason to exceed the level of reserves e.g. in the event of planned expansion or, alternatively, if appropriate activity should be undertaken to reduce the reserves in a way that benefits our Pals.

Where our money came from:

This year our income came from the following sources:

Grants - £134,432

Donations & Fundraising - £13,818

Other (DCC Covid Support Grant) - £2,667

Income from Charitable Activities - £6,422

Bank Interest - £215

We are deeply thankful to our voluntary donors who chose to support RTProjects with donations. No matter the size, every single penny makes a difference to the work that we can do and the people we can support. These donations represent more than just money though, they reflect the concerns of those people who want to make a difference, and trust RTProjects to make that difference. The sense of a supportive community is hugely important to us. It reminds us that we are not alone.

Special thanks to Matthew from Lofty Solution, who generously fitted us a loft ladder and created space in our loft for absolutely nothing. We are not sure if he realises quite how happy that made us!

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Financial review *(continued)*

Thank you to all the organisations that supported us through providing grants. These grants fund the backbone of the work we can do, providing a reliable, safe space for those most in need, week in, week out.

Durham County Council: Durham Area Action Partnership (AAP), Public Health Cree (DCC Cree) and Public Health Cree Plus (DCC Cree Plus), Covid Management Outbreak Fund (COMF) and Community Buildings Support Fund;

The National Lottery - Awards for All (A4A);

County Durham Community Foundation - NHS Mental Health and Learning Disability Community Connector Fund (CDCF - Connector);

Department of Digital Culture, Media & Sport (DCMS) Suicide Prevention Fund (DCMS Suicide Prevention Fund);

The Worshipful Company of Grocers;

The Rothley Trust;

DurhamWorks;

Community Foundation Tyne & Wear - 1989 Willan Charitable Trust (Community Foundation 1989 Willan Trust);

Community Foundation Tyne and Wear - Growth and Resilience Fund (Community Foundation G&R);

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Plans for future periods

Delivery

As we came out of lockdown, we emerged more connected and appreciative of our shared vulnerabilities. We navigated a difficult time with blind faith and determination, trusting in our own wisdom and ability to make it work. We maintained relationships, we facilitated community cohesion and promoted positivity. We are dynamic and resilient, and we are confident in our identity. We plan to continue to provide opportunities to engage in activities that are joyful and reflective, that allow us to express fear, pain and joy, and opportunities to simply be, whoever, whatever and wherever we are. We will offer more of a range of sessions of various activities known to be restorative, to include more relaxation and therapy-based classes, as well as more music and poetry, theatre and performance-based work. Online activities will continue where demand exists, such as Sounds Good and Art History lectures. Outdoor activities will continue as a regular feature in the warmer months, and colder ones if that's what people want and the funding is available. Run to the Sun will co-exist both as online and real-life events, whilst we try to showcase the efforts of passionate people doing their own thing to fundraise. Never Give Up the variety show will become an annual event in the calendar. Most importantly, we will continue to stay connected, ensuring that no-one gets left behind.

Income generation

Our focus before Covid was to move RTProjects into a position to be able to develop plans for long term sustainability, primarily through the development and implementation of reliable income streams. As part of our business plan we have detailed the methods that are available to us in both the short and long term, including sales of artwork, training courses, and increasing voluntary donations.

Raising awareness of suicide and mental health

We want to continue to be high profile local advocates of raising mental health awareness and reducing stigma of mental health issues. We want to promote the importance of developing emotional resilience through social and self-care. To achieve this we aim to continue to deliver presentations and talks at various events and to local organisations, universities and colleges, and see no reason why this work cannot continue online. Our Never Give Up campaign is going from strength to strength, with over 2000 views on YouTube to date. We are becoming more and more trauma-informed, and are particularly passionate about raising awareness of how trauma can impact all aspects of our lives.

Partnerships

We will continue to build and strengthen links with other local, regional and national organisations. We will seek to build on the partnerships we have made with Durham University and their various departments, colleges and societies.

Staff recruitment

We are still developing our staff team, with a focus on support with fundraising and income generation.

Volunteering

We will continue to develop our volunteer programme by recruiting volunteers with specific skills and abilities, who can make valuable contributions towards running and developing our organisation. We endeavour to make opportunities for as many volunteers who are moved enough to ask us. We believe that volunteering not only has a positive effect on the lives of our Pals and on the organisation itself, but also can have a significant impact on the emotional and physical wellbeing of the volunteer, as well as developing their skillset.

In the new digital landscape, a world of possibilities has opened up.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Structure, governance and management

The company is a charitable company limited by guarantee and does not have a share capital. The company was registered as a charity on 31 March 2011. The company's governing instrument is the Memorandum and Articles of Association. The governing body is a voluntary Board of Trustees.

The trustees meet at least four times a year to consider the company's strategies, policies and financial status. At each annual general meeting one-third of the trustees or, if their number is not three or a multiple of three, the number nearest to one-third, must retire from office. The trustees select a chair, vice-chair and treasurer amongst themselves. All new trustees are welcomed into the organisation with the provision of an induction pack containing RTPProjects Aims and Objectives, Policies and Procedures, as well as information regarding previous achievements, current activities and future hopes for the organisation.

Day to day operational and financial management is delegated to the administrator, project manager, project director and voluntary secretary.

Public Benefit Statement

Our main activities and those whom we help are described elsewhere in this report. All our charitable activities are undertaken to further our charitable purposes for the public benefit. The committee have had regard to the Charity Commission's guidance on public benefit throughout the year when deciding on the activities of the charity.

R T Community Projects Ltd

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Reference and administrative details

Registered charity name	R T Community Projects Ltd
Charity registration number	1141017
Company registration number	06868423
Principal office and registered office	23 Mill House Court Gilesgate Durham DH1 2JJ

The trustees

Simon Woolley (Chair)
Bryony Hayter
Sara Punshon
Rachel Baker
Sarah Henderson
Isobel Armitage
Dr Jan Panke
Joseph Cashmore

Company secretary	Emma Beattie
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Independent examiner	Jane Ascroft FCA MA (Cantab) Enterprise House Harmire Enterprise Park Barnard Castle Durham DL12 8XT
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Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on and signed on behalf of the board of trustees by:

Emma Beattie
Charity Secretary

R T Community Projects Ltd

Independent Examiner's Report to the Trustees of R T Community Projects Ltd

Year ended 31 March 2022

I report to the trustees on my examination of the financial statements of R T Community Projects Ltd ('the charity') for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jane Ascroft FCA MA (Cantab)
Independent Examiner

Enterprise House
Harmire Enterprise Park
Barnard Castle
Durham
DL12 8XT

R T Community Projects Ltd

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2022

			2022		2021
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	13,818	134,432	148,250	138,575
Charitable activities	6	6,422	–	6,422	1,577
Investment income	7	215	–	215	78
Other income	8	2,667	–	2,667	10,000
Total income		<u>23,122</u>	<u>134,432</u>	<u>157,554</u>	<u>150,230</u>
Expenditure					
Expenditure on charitable activities	9,10	36,323	84,917	121,240	110,073
Total expenditure		<u>36,323</u>	<u>84,917</u>	<u>121,240</u>	<u>110,073</u>
Net income		<u>(13,201)</u>	<u>49,515</u>	<u>36,314</u>	<u>40,157</u>
Transfers between funds		9,614	(9,614)	–	–
Net movement in funds		<u>(3,587)</u>	<u>39,901</u>	<u>36,314</u>	<u>40,157</u>
Reconciliation of funds					
Total funds brought forward		105,905	15,009	120,914	80,757
Total funds carried forward		<u>102,318</u>	<u>54,910</u>	<u>157,228</u>	<u>120,914</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 21 to 31 form part of these financial statements.

R T Community Projects Ltd

Statement of Financial Position

31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible fixed assets	16	577	150
Investments	17	2,200	2,200
		<u>2,777</u>	<u>2,350</u>
Current assets			
Debtors	18	3,712	1,584
Cash at bank and in hand		159,865	127,474
		<u>163,577</u>	<u>129,058</u>
Creditors: amounts falling due within one year	19	9,126	10,494
Net current assets		<u>154,451</u>	<u>118,564</u>
Total assets less current liabilities		<u>157,228</u>	<u>120,914</u>
Net assets		<u>157,228</u>	<u>120,914</u>
Funds of the charity			
Restricted funds		54,910	15,009
Unrestricted funds		102,318	105,905
Total charity funds	21	<u>157,228</u>	<u>120,914</u>

For the year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on, and are signed on behalf of the board by:

Simon Woolley (Chair)
Trustee

The notes on pages 21 to 31 form part of these financial statements.

R T Community Projects Ltd

Notes to the Financial Statements

Year ended 31 March 2022

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 23 Mill House Court, Gilesgate, Durham, DH1 2JJ.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The trustees consider that there are no significant judgements or estimates affecting these financial statements.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Income

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment - 25% straight line

Investments

Fixed asset investments are initially recorded at cost, and subsequently stated at cost less any accumulated impairment losses.

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Financial instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Accrued income and tax recoverable is included at the best estimate of the amounts receivable at the balance sheet date.

Cash at Bank and in Hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

Taxation

The company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

4. Limited by guarantee

The company is limited by guarantee. At 31st March 2022 there were 8 members each of whom had undertaken to contribute an amount not exceeding £10 in the event of a winding up.

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations			
Donations and fundraising	13,818	–	13,818
Grants			
Durham AAP	–	5,000	5,000
DCC - Cree	–	8,000	8,000
The National Lottery - A4A	–	10,000	10,000
DCC - COMF	–	7,830	7,830
CDCF - Connector	–	24,757	24,757
DCMS Suicide Prevention Fund	–	32,082	32,082
The Worshipful Company of Grocers	–	5,000	5,000
The Rothley Trust	–	1,000	1,000
DCC - Community Buildings Fund	–	500	500
Durham Works	–	276	276
Community Foundation 1989 Willan Trust	–	9,987	9,987
Community Foundation G&R	–	30,000	30,000
	<u>13,818</u>	<u>134,432</u>	<u>148,250</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Donations			
Donations and fundraising	14,268	–	14,268
Grants			
Durham AAP	–	4,995	4,995
DCC - Cree	–	6,000	6,000
County Durham Community Foundation	–	29,728	29,728
Durham Works	–	1,584	1,584
Durham County Council	–	5,000	5,000
Baring Foundation	12,000	–	12,000
Believe Housing	–	10,000	10,000
Garfield Weston Foundation	10,000	–	10,000
The National Lottery	–	20,000	20,000
Community Foundation G&R	–	25,000	25,000
	<u>36,268</u>	<u>102,307</u>	<u>138,575</u>

R T Community Projects Ltd

Notes to the Financial Statements (continued)

Year ended 31 March 2022

6. Charitable activities

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Contract income	4,292	4,292	–	–
Other income from charitable activities	2,130	2,130	1,577	1,577
	<u>6,422</u>	<u>6,422</u>	<u>1,577</u>	<u>1,577</u>

7. Investment income

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Bank interest receivable	215	215	78	78

8. Other income

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
DCC Covid Support grant	2,667	2,667	10,000	10,000

9. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Costs of charitable activities (see page 34)	36,323	84,917	121,240

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Costs of charitable activities (see page 34)	24,720	85,353	110,073

10. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Total funds 2022 £	Total fund 2021 £
Costs of charitable activities (see page 34)	121,240	121,240	110,073

11. Net income

Net income is stated after charging/(crediting):

	2022 £	2021 £
Depreciation of tangible fixed assets	342	150

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

12. Independent examination fees

	2022 £	2021 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	600	600
Other financial services	3,876	3,554
	<u>4,476</u>	<u>4,154</u>

13. Staff costs

The average head count of employees during the year was 3 (2021: 4). The average number of full-time equivalent employees during the year is analysed as follows:

	2022 No.	2021 No.
Number of project staff	<u>3</u>	<u>4</u>

In addition to the above staff, the charity paid freelancers a total of £27,580 (2021 - £25,330) and freelancers equated to 0.3 FTE.

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

14. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

No trustee expenses have been incurred.

15. Transfers between funds

During the year £9,614 was transferred from restricted to unrestricted funds in respect of room hire charged to the projects.

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

16. Tangible fixed assets

	Equipment £
Cost	
At 1 April 2021	6,032
Additions	769
At 31 March 2022	<u>6,801</u>
Depreciation	
At 1 April 2021	5,882
Charge for the year	342
At 31 March 2022	<u>6,224</u>
Carrying amount	
At 31 March 2022	<u>577</u>
At 31 March 2021	<u>150</u>

17. Investments

	Other investments £
Cost or valuation	
At 1 April 2021	2,200
Additions	—
At 31 March 2022	<u>2,200</u>
Impairment	
At 1 April 2021 and 31 March 2022	<u>—</u>
Carrying amount	
At 31 March 2022	<u>2,200</u>
At 31 March 2021	<u>2,200</u>

All investments shown above are held at valuation.

18. Debtors

	2022 £	2021 £
Trade debtors	1,519	—
Prepayments and accrued income	764	—
Other debtors	1,429	1,584
	<u>3,712</u>	<u>1,584</u>

R T Community Projects Ltd

Notes to the Financial Statements (continued)

Year ended 31 March 2022

19. Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	560	302
Accruals and deferred income	1,045	600
Social security and other taxes	–	678
Other creditors	7,521	8,914
	<u>9,126</u>	<u>10,494</u>

20. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £1,837 (2021: £1,564).

21. Analysis of charitable funds

Unrestricted funds

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
General funds	83,905	23,122	(14,323)	(21,914)	70,790
Closure costs	–	–	–	31,528	31,528
Barings Foundation	12,000	–	(12,000)	–	–
Garfield Weston Foundation	10,000	–	(10,000)	–	–
	<u>105,905</u>	<u>23,122</u>	<u>(36,323)</u>	<u>9,614</u>	<u>102,318</u>

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
General funds	68,773	25,923	(24,720)	13,929	83,905
Closure costs	–	–	–	–	–
Barings Foundation	–	12,000	–	–	12,000
Garfield Weston Foundation	–	10,000	–	–	10,000
	<u>68,773</u>	<u>47,923</u>	<u>(24,720)</u>	<u>13,929</u>	<u>105,905</u>

R T Community Projects Ltd

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

21. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
AAP - Spring Resilience	–	5,000	(5,000)	–	–
CDCF Connector 2021	–	24,757	(1,709)	(1,691)	21,357
Awards For All - Art in the Studio	–	10,000	(3,730)	(577)	5,693
The Worshipful Company of Grocers	–	5,000	(5,000)	–	–
The Rothley Trust	–	1,000	(660)	(340)	–
DCMS Suicide Prevention Fund	–	32,082	(31,820)	(262)	–
DCC - Community Buildings Fund	–	500	(270)	–	230
DCC - COMF - Never Give Up	–	4,180	(3,503)	(460)	217
DCC - COMF - Sounds Good Live	–	3,650	–	–	3,650
DCC Safe Space	2,597	–	–	–	2,597
Tampon Tax	–	–	–	–	–
Community Foundation 1989 Willan Trust	–	9,987	(3,565)	(454)	5,968
Believe 2020 Craft Cafe	1,255	–	(1,149)	(106)	–
Durham Works	–	276	(396)	120	–
Community Foundation G&R	7,907	30,000	(22,708)	(1)	15,198
The National Lottery	–	–	–	–	–
Time to Change	3,250	–	(3,296)	46	–
DCC CREE Men's Shed	–	3,000	–	(3,000)	–
DCC CREE She Shed	–	3,000	–	(3,000)	–
DCC CREE Plus	–	2,000	(2,111)	111	–
	<u>15,009</u>	<u>134,432</u>	<u>(84,917)</u>	<u>(9,614)</u>	<u>54,910</u>

R T Community Projects Ltd

Notes to the Financial Statements (continued)

Year ended 31 March 2022

21. Analysis of charitable funds (continued)

	At 1 April 2020	Income	Expenditure	Transfers	At 31 March 2021
	£	£	£	£	£
DCC Safe Space	2,597	–	–	–	2,597
Tampon Tax	9,387	–	(7,282)	(2,105)	–
AAP RTMinds Online	–	4,995	(4,862)	(133)	–
Believe 2020 Craft Cafe	–	10,000	(7,572)	(1,173)	1,255
CDCF Covid 19	–	5,000	(5,000)	–	–
Durham Works	–	1,584	(1,584)	–	–
Community Foundation G&R	–	25,000	(17,093)	–	7,907
The National Lottery	–	20,000	(17,653)	(2,347)	–
Time to Change	–	5,000	(1,750)	–	3,250
Winter Resilience	–	24,728	(22,557)	(2,171)	–
DCC CREE Men's Shed	–	3,000	–	(3,000)	–
DCC CREE She Shed	–	3,000	–	(3,000)	–
	<u>11,984</u>	<u>102,307</u>	<u>(85,353)</u>	<u>(13,929)</u>	<u>15,009</u>

22. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	577	–	577
Investments	2,200	–	2,200
Current assets	108,667	54,910	163,577
Creditors less than 1 year	(9,126)	–	(9,126)
Net assets	<u>102,318</u>	<u>54,910</u>	<u>157,228</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	150	–	150
Investments	2,200	–	2,200
Current assets	114,049	15,009	129,058
Creditors less than 1 year	(10,494)	–	(10,494)
Net assets	<u>105,905</u>	<u>15,009</u>	<u>120,914</u>

R T Community Projects Ltd

Management Information

Year ended 31 March 2022

The following pages do not form part of the financial statements.

R T Community Projects Ltd

Detailed Statement of Financial Activities

Year ended 31 March 2022

	2022 £	2021 £
Income and endowments		
Donations and legacies		
Donations and fundraising	13,818	14,268
Durham AAP	5,000	4,995
DCC - Cree	8,000	6,000
The National Lottery - A4A	10,000	—
DCC - COMF	7,830	—
CDCF - Connector	24,757	—
DCMS Suicide Prevention Fund	32,082	—
The Worshipful Company of Grocers	5,000	—
The Rothley Trust	1,000	—
DCC - Community Buildings Fund	500	—
County Durham Community Foundation	—	29,728
Durham Works	276	1,584
Durham County Council	—	5,000
Community Foundation 1989 Willan Trust	9,987	—
Baring Foundation	—	12,000
Believe Housing	—	10,000
Garfield Weston Foundation	—	10,000
The National Lottery	—	20,000
Community Foundation G&R	30,000	25,000
	<u>148,250</u>	<u>138,575</u>
Charitable activities		
Contract income	4,292	—
Other income from charitable activities	2,130	1,577
	<u>6,422</u>	<u>1,577</u>
Investment income		
Bank interest receivable	215	78
Other income		
DCC Covid Support grant	2,667	10,000
	<u>157,554</u>	<u>150,230</u>
Total income		

R T Community Projects Ltd

Detailed Statement of Financial Activities *(continued)*

Year ended 31 March 2022

	2022 £	2021 £
Expenditure		
Wages	69,723	58,540
Employer's NIC	950	—
Pension costs	1,837	1,564
Premises costs	6,613	6,115
Insurance	714	704
Publicity and promotion	416	2,914
Motor and travel costs	2,144	1,666
Legal and professional fees	4,538	4,288
Telephone	962	1,096
Other office costs	1,341	169
Depreciation	342	150
Materials	1,136	2,502
Facilitator fees	27,580	25,330
Equipment and IT renewals	1,533	3,844
Other costs	1,411	1,191
Total expenditure	<u>121,240</u>	<u>110,073</u>
 Net income	 <u>36,314</u>	 <u>40,157</u>
