

# **HELPS COUNSELLORS**

Charity reg. no: 1140793

## **DIRECTORS REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2021**

## **HELPS COUNSELLORS**

### **TRUSTEES REPORT AND FINANCIAL STATEMENTS FOR THE PERIOD ENDED 30 SEPTEMBER 2021**

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## **HELPS COUNSELLORS**

### **REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY FOR THE YEAR ENDED 30 SEPTEMBER 2021**

<b>Directors</b>	Pastor Adebayo S. Eesuola Dr Abiodun O. Obisesan Mrs Elizabeth O. Eesuola Mr Akintayo Ojo Mrs Catherine O. Faboya
<b>Charity registered number</b>	1140793
<b>Principal Office</b>	100 Midhurst Hill Bexleyheath DA6 7NL
<b>Counsellors</b>	Pastor Adebayo S. Eesuola Pastor (Mrs) Elizabeth O. Eesuola
<b>Bankers</b>	Barclays Bank PLC Erith Branch Erith Kent

## **HELPS COUNSELLORS**

### **TRUSTEES' REPORT FOR THE YEAR ENDED 30 SEPTEMBER 2021**

The Trustees submit their report and financial statement for Helps Counsellors (the charity) for the period ended 30th September 2021. The Trustees confirm that the Trustee's report and the financial statements of the charity comply with current statutory requirements of the charity's governing document and the provisions of Charities Act 2011

#### **Structure, governance and management**

Helps Counsellors is incorporated in England and Wales as a charitable company. The Company is limited by guarantee with company registration number is 07373001. It is registered with the Charity Commission as a charity in England and Wales and the registration number is 1140793. Following a resolution by the board of directors, the charity was converted to a CIO on 9th April 2019.

#### **Principal activity**

To provide for the benefit of the public assistance through reconciliation for couples whose relationship are breaking or have broken, to advice and help in settlement of differences or potential differences over associated matters such as custody and access to children and financial matters. To educate the public, in line with the teachings of the Holy Bible, concerning the benefits of secure well-beings of individuals which are derived from committed relationships. Educating young people to develop their capabilities as matured members of the society.

#### **Activities during the year**

During the second part of the year under reporting, there was an outbreak of Corona Virus worldwide. The government of United Kingdom imposed a lockdown and restriction on all group gatherings. In compliance to government restrictions, part of the charity's yearly activities were put on hold while other were held virtually.

#### **Review of developments and future prospects**

The charity hopes to expand its operations in the future.

#### **Appointment or election of Trustees**

Trustees are appointed and or co-opted under the terms of the constitution of the charity.

#### **Statement of Trustees' responsibilities**

The Trustees are responsible for preparing the report and the financial statements in accordance with applicable laws and regulations.

This report have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The Trustees' report was approved by the Trustees on 25 June 2022 and signed on their behalf by:

**Mr Akintayo Ojo**

## HELPS COUNSELLORS

### STATEMENT OF FINANCIAL ACTIVITIES FOR YEAR ENDED 30 SEPTEMBER 2021

	<b>Total Funds 2021 £</b>	<b>Total Funds 2020 £</b>
<b>Incoming resources</b>		
Donations	8,953	3,088
Gift Aid	-	-
Total incoming resources	<b><u>8,953</u></b>	<b><u>3,088</u></b>
 <b>Resources expended</b>		
Cost of activities in furtherance of charity's objects	3,854	4,497
Management and governance cost	-	-
Total resources expended	<b><u>3,854</u></b>	<b><u>4,497</u></b>
 Net(outgoing)/incoming resources for the year	5,099	- 1,409
 Total funds at the start of the year	3,900	5,309
Balance at the end of the year	<b><u>8,999</u></b>	<b><u>3,900</u></b>

## HELPS COUNSELLORS

### BALANCE SHEET AS AT 30 SEPTEMBER 2021

	<b>Total Funds 2021 £</b>	<b>Total Funds 2020 £</b>
<b>Fixed Assets</b>		
Tangible fixed assets	-	-
<b>Current assets</b>		
Debtors	375	1,875
Cash at bank and in hand	8,624	2,025
	<u>8,999</u>	<u>3,900</u>
<b>Less: Current Liabilities:</b>		
Creditors: Amount falling due within One year	-	-
<b>Net assets</b>	<u><b>8,999</b></u>	<u><b>3,900</b></u>
<b>Financed BY:</b>		
FOR THE YEAR ENDING 30 SEPTEMBER 2020		
General - restricted	-	-
General - unrestricted	8,999	3,900
	<u><b>8,999</b></u>	<u><b>3,900</b></u>

The accounts have been prepared in accordance with the special provision of Statement of Recommended Practice: Accounting and Reporting by Charities (SORP) issued March 2005 as modified for smaller charities

Approved by the Trustees on 25 June 2022 and signed on their behalf by:

**Mr Akintayo Ojo**  
**Trustee**

**HELPS COUNSELLORS**  
**NOTES TO THE FINANCIAL STATEMENT**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2021**

**1. ACCOUNTING POLICIES**

**(1.1) Basis of preparation of financial statements**

These accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008). The financial statements have been prepared with Statement of Recommended Practice (SORP), "Accounts and Reporting by Charities" published in March 2005 and applicable accounting standards.

**(1.2) Incoming resources**

All incoming resources are included in the statement of financial activities when the charity is legally entitled to the income and the amount can be reasonably quantified with reasonable accuracy.

**(1.3) Resources expended**

All expenditures are accounted for on an accrual basis. Management and governance costs are costs incurred in connection with administration and compliance with statutory requirements.

**(2) Cost of Activities**

	<b>Total 30-Sep 2021 £</b>	<b>Total 30-Sep 2020 £</b>
Events	-	814
Charity donations	-	-
Administration	26	443
Training & development	-	26
Travel & Subsistence	-	337
Insurance	-	-
Seminar/conference room hire	2,669	1,507
Hospitality	100	-
Subscriptions	251	370
Internet and IT consumables	636	859
Printing & Stationery	172	140
	-	-
	<b>3,854</b>	<b>4,497</b>

**(2) Management & Governance Costs**

	<b>Total 30-Sep 2021 £</b>	<b>Total 30-Sep 2020 £</b>
Independent examiner's fee	-	-