

# RESTLESS LEGS SYNDROME-UK/EKBOM SYNDROME ASSOCIATION

England & Wales · Charity number 1140744

## Details

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**Other names** RLS-UK/ESA

**Status** Registered

**Legal form** Other

**Registered** 2011-03-09

**Register** [View on the Charity Commission register](#)

## Contact

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**Website** [www.rls-uk.org](http://www.rls-uk.org)

## Activities

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**Objects:** THE CHARITY'S OBJECTS ARE TO PROMOTE THE RELIEF OF SICKNESS AND THE PRESERVATION AND PROTECTION OF GOOD HEALTH OF PERSONS SUFFERING FROM RESTLESS LEGS/EKBOM SYNDROME, THEIR CARERS AND FAMILIES, FOR THE BENEFIT OF THE PUBLIC, PARTICULARLY BY NOT EXCLUSIVELY BY:1) PROVIDING RESPONSIBLE AND USEFUL INFORMATION AND SUPPORT ON THE ILLNESS AND RELATED AREAS;2) INCREASING AWARENESS OF THE CONDITION AND ITS EFFECTS WITHIN THE GENERAL PUBLIC AND AMONG THE MEDICAL PROFESSION;3) PROMOTING USEFUL RESEARCH INTO RESTLESS LEGS SYNDROME AND THE DISSEMINATION OF THE USEFUL RESULTS OF SUCH RESEARCH

**Activities:** Our primary focus is to raise awareness of RLS, to provide information and support to those living with RLS and to improve the quality of RLS care. Our website has up to date information for people with RLS and for professionals. Small research grants are offered and where possible training information for clinicians.

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities, The General Public/mankind

## Geography

- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£23,427	£9,961	-	-
2024-04-05	£21,622	£19,852	-	-
2023-04-05	£16,653	£17,019	-	-
2022-04-05	£10,057	£5,208	-	-
2021-04-05	£8,077	£2,171	-	-

## Trustees

Name	Role	Appointed
<b>Dr Julian Thomas William Spinks</b>	Chair	2019-09-01
Barrie Limond		2024-10-05
Debbie Abrams OBE		2021-10-09
Dr Emma Sanderson-Nash		2023-10-08
Jonathan Wickens		2023-10-07
Richard Laprimaudaye Lewin		2025-10-03
Richard Paul Edmond Ballerand		2025-10-03