

REGISTERED COMPANY NUMBER: 07371206 (England and Wales)

REGISTERED CHARITY NUMBER: 1140717

Report of the Trustees and
Financial Statements for the Year ended
31st October 2020
for
The British Wheel of Yoga Qualifications



The British Wheel of Yoga Qualifications
Contents of the Financial Statements
for the Year ended 31st October 2020

	Page
Report of the Trustees	3 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 to 14
Detailed Statement of Financial Activities	15

The British Wheel of Yoga Qualifications
Report of the Trustees
for the Year ended 31st October 2020

The trustees who are also directors of the Charity for the purposes of the Companies Act 2006, present their report with the Financial Statements of the Charity for the year ended 31st October 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (March 2018). This Report of the Trustees contains all the information required by the Companies Act 2006 to be in the Directors' Report.

OBJECTIVES AND ACTIVITIES

Objects and purpose

The Charity's Memorandum and Articles of Association have recently been extensively revised, including its Objects clause for which the Charity Commission gave approval on 6th June 2019. The Objects clause is as follows:

The Charity's objects ("the Objects") are to advance for the benefit of the public the education of the public in yoga and related Group 1 and 2 therapies from the relevant House of Lords report (hereinafter called 'related therapies') and for that purpose:

- 4.1 to maintain and improve the standard of teaching of yoga and related therapies by producing and maintaining qualifications that are recognised on the Register;
- 4.2 to moderate, verify and assess the quality of the centres approved to deliver the Charity's qualifications and any qualifications delivered by the Charity as an Awarding Organisation;
- 4.3 to maintain and raise standards in the development and delivery of yoga qualifications;
- 4.4 to produce and make available specimen assessment materials for training centres that deliver the Charity's qualifications; and
- 4.5 to meet the Regulator's conditions and ensure that they are upheld by anyone delivering regulated qualifications on behalf of the Charity as an Awarding Organisation.

Significant activities

BWYQ is a registered charity operating as an awarding organisation regulated and recognised by Ofqual (Office of Qualifications and Examinations Regulations). BWYQ submits an annual Statement of Compliance confirming adherence to Ofqual's regulatory General Conditions of Recognition. BWYQ oversees the quality of the regulated qualifications that it develops for the national Regulated Qualifications Framework (RQF). BWYQ also creates, reviews and maintains policies and procedures to ensure the ongoing integrity of its regulated qualifications. It is responsible for giving recognition to and overseeing training centres that deliver the BWYQ regulated qualifications. It provides standardisation training on assessment and conducts External Quality Assurance (EQA) of a Centre's Internal Quality Assurance (IQA) of assessment against the national standards. BWYQ awards the certificates to the learners who have successfully completed their quality-assured training. At present, BWYQ recognises only one centre BWYT, the training arm of BWYQ's parent company British Wheel of Yoga (BWY). Other than any funding from its parent company BWY, BWYQ's entire income comes from its registered learners.

The British Wheel of Yoga Qualifications
Report of the Trustees
for the Year ended 31st October 2020

Public benefit

The trustees have had regard to the Charity Commission's guidance on public benefits. BWYQ believes its charitable activities pay due regard to Public Benefit by furthering and raising standards of yoga teacher training. Within the requirements of the individual qualification standards, BWYQ qualifications are open to all members of the public. BWYQ is committed to equality, diversity and inclusion. In early 2019, BWYQ made a commitment to expand its public benefit through the development of new regulated qualifications that meet national occupational standards for teachers who want to specialise in teaching yoga that is adapted for special population groups, such as older adults with multiple health conditions. Two new Gentle Years Yoga qualifications achieve this, by increasing the diversity of our qualifications.

ACHIEVEMENTS AND PERFORMANCE

Much of the financial year was dominated by the effects of Covid-19. This meant registration income from new learners starting courses was only £17,600. However, it would have been much worse had we not launched a BWYQ Remote Assessment policy in 2019, meaning we had already provided standardisation training for our Centre's IQA's and assessors with regard to on-line learning and remote assessment, well before the effects of Covid-19 started to be felt in the United Kingdom. To a certain extent this allowed the Centre to continue registering and delivering all of our qualifications.

In addition to maintaining registration income throughout the financial year, tight control of expenditure ensured financial viability. Therefore, support from the Parent company (BWY) was kept to a minimum, only £10,500 for the financial year.

From 2019 onwards there was much debate, within and between BWY NEC and BWYQ, about intergroup balances. This culminated in the BWY loan balance of 31st October 2019 of £341,318 being formally forgiven in a Deed of Waiver drawn up on the 16th December 2020. Also, the support of £10,500 during the financial year (necessary because of the effects of Covid-19) was designated as a donation by BWY. BWYQ is now in a better position to achieve its long-term financial objective of self-sufficiency.

Two new qualifications were piloted to complement our two existing yoga teaching qualifications. The two new qualifications are:

- BWYQ Level 4 Certificate in Teaching Gentle Years Yoga and
- BWYQ Level 4 Award in Understanding the Principles of Adapting Yoga for Older Adults.

It is estimated these qualifications will bring in an additional estimated 100 learners per year. For example, all of the yoga teachers hired to deliver the Gentle Years Yoga intervention being studied on a large-scale research trial conducted by the University of York and Northumbria University are expected to have the BWYQ Level 4 Certificate in Teaching Gentle Years Yoga as this provides evidence of the consistent national standard required.

The British Wheel of Yoga Qualifications
Report of the Trustees
for the Year ended 31st October 2020

FINANCIAL REVIEW

Financial position

At 31st October 2019 BWYQ showed a cumulative loan of £341,318 from its parent company BWY. A significant part of this loan consisted of BWY's senior management costs and overheads (which would have been incurred by BWY anyway). Given that it is doubtful that BWYQ will ever be able to repay this loan, a provision of £341,318 was set against the loan. A similar but opposite provision exists in the books of BWY. The BWY NEC decided to formally forgive this loan, which has significantly improved the financial position and long-term sustainability of BWYQ.

At 31st October 2020 BWYQ had cumulative reserves (all unrestricted) of £13,881. Whilst the bank balance was only £144 at the year end, this was substantially increased shortly afterwards as £14,556 from debtors (chiefly registration income) was received.

Financial review

BWYQ presents Business Plans periodically to the BWY National Executive Committee (NEC) – the directors of the parent company BWY - for approval. On the 7th January 2019 BWYQ sent its 4-year development plan - 1st November 2018 to 31st October 2022 - to the NEC, which showed that BWYQ intended to be operating on a self-sustaining basis by the end of the 4-year plan.

Reserves policy

At 31st October 2020 BWYQ's reserves stood at a surplus of £13,881, around eight to nine months' operating expenses.

In the past, because of the financial loan from the parent company, it has not been thought appropriate for BWYQ to keep its surplus as a reserve, other than to retain short term funds to allow BWYQ to undertake its short-term activities. As part of many discussions with the NEC during 2019, it was agreed that BWYQ should build up its own reserves rather than pay down its intergroup debt to be better able to protect its registered learners and have a buffer against unexpected events. None of its reserves are restricted or designated.

Risk management

BWYQ has its own Risk and Issue Management Policy and routinely reviews and manages risks as required by both the Charity Commission and the charity's regulatory authority Ofqual. BWYQ takes all reasonable steps to identify, prevent, reduce and/or mitigate risks that could have an adverse effect. BWYQ uses a system of internal reporting logs that are managed and maintained by BWYQ staff. Risks are reviewed and updated at the end of each reporting year as part of the BWYQ Self-Assessment and Statement of Compliance process, and live issues/risks carry over in to the next year's logs.

In the summer of 2019, BWYQ identified a risk to the awarding organisation because BWYQ did not have procedures in place for remote assessment using video recording, livestream or web conferencing when geographic distance made it impossible to conduct a physical visit to observe and assess a candidate's occupational competence. A Remote Assessment Policy and

The British Wheel of Yoga Qualifications
Report of the Trustees
for the Year ended 31st October 2020

Procedures were developed and adopted by BWYQ in October 2019. No one considered a potential pandemic, but when Covid-19 forced a lockdown, banning all contact with people outside one's home and shutting almost all schools, businesses, venues and facilities, the Remote Assessment Policy became a tremendous asset. Assessors could utilise web conferencing facilities such as Zoom to conduct assessments of candidates teaching yoga classes.

Going concern

Whilst BWYQ was substantially impacted by the crisis caused by Covid-19 its reserves remain healthy. The BWYQ Trustees believe its systems and funding are sufficient to weather the crisis and that BWYQ will continue in existence for at least 12 months from the date of the signing of the Accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document and Memorandum and Articles of Association

BWYQ was incorporated as a private company limited by guarantee on the 9th September 2010 and successfully applied for charitable status. BWYQ is a wholly owned subsidiary of BWY. BWYQ operates under rules as set out in its Memorandum and Articles of Association. These have recently been extensively revised. The revised Memorandum and Articles have now been approved by the Charity Commission, and the Member in the form of the BWY NEC, using a special resolution at a General Meeting on the 22nd July 2019.

Recruitment and appointment of new trustees

On 14th March 2019, the Member (BWY) agreed that the composition and appointment of the BWYQ Board of Trustees is laid down by Article 16 of the revised BWYQ articles. Under Article 16 the Board at full complement consists of one representative of the Member (BWY) to be appointed by the BWY NEC, one representative of BWYT to be appointed by BWYT and up to 6 Ordinary directors to be appointed by the BWYQ Board. Ordinary trustees are appointed for 3-year tenures. Trustee training, skill sets and development continue to be under review.

REFERENCE AND ADMINISTRATIVE DETAILS

Name

The Charity is known by the name The British Wheel of Yoga Qualifications or BWYQ and no other name.

Registered Company number

07371206 (England and Wales)

Registered Charity number

1140717

Registered office

25 Jermyn Street
Sleaford
Lincolnshire NG34 7RU

The British Wheel of Yoga Qualifications
Report of the Trustees
for the Year ended 31st October 2020

Trustees

L L Bissell (BWYQ Secretary)

Z Carr

A J Grover (Chair)

E R Stone

M J Misgalla appointed 25.06.2020

A D Blow appointed 25.06.2020.

E Douglas appointed 9.06.2021

H Tilbrook appointed 9.06.2021

STATEMENT OR TRUSTEE RESPONSIBILITIES

The trustees (who are also the directors of The British Wheel of Yoga Qualifications for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the Board of Trustees on the 9th June 2021 and signed on its behalf by:



A J Grover (Chair)

The British Wheel of Yoga Qualifications
Independent Examiner's Report
for the Year ended 31st October 2020

Independent Examiner's Report to the Trustees of The British Wheel of Yoga Qualifications

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 October 2020 which are set out on pages 9 to 14.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Wright Vigar Limited

Wright Vigar Limited
Chartered Accountants & Business Advisors
Northgate House
Northgate
Sleaford
Lincolnshire
NG34 7BZ

9th June 2021

The British Wheel of Yoga Qualifications
Statement of Financial Activities
(including an Income and Expenditure Account)
for the Year ended 31st October 2020

	Notes	2020 Total Funds £	2019 Total Funds £
INCOME AND ENDOWMENTS FROM			
Donations		10,500	-
Charitable Activities			
Training and activities		17,600	20,400
Other	4	341,318	775
Total		<u>369,418</u>	<u>21,175</u>
EXPENDITURE ON			
Charitable activities			
Training and activities	5	18,944	15,418
Other	4	341,318	-
Total		<u>360,262</u>	<u>15,418</u>
NET INCOME/(EXPENDITURE)		9,156	5,757
RECONCILIATION OF FUNDS			
Total Funds brought forward		4,725	(1,032)
TOTAL FUNDS CARRIED FORWARD		<u>£13,881</u>	<u>£4,725</u>

All income and expenditure has arisen from continuing activities and represents unrestricted funds.

The British Wheel of Yoga Qualifications
Balance Sheet
At 31st October 2020

	Notes	2020 Total Funds £	2019 Total Funds £
CURRENT ASSETS			
Stocks	6	600	1,008
Debtors	7	14,556	1,700
Cash at bank		144	2,017
		<u>15,300</u>	<u>4,725</u>
CREDITORS			
Amounts falling due within one year	8	<u>1,419</u>	<u>-</u>
NET CURRENT ASSETS/ (LIABILITIES)		<u>13,881</u>	<u>4,725</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>13,881</u>	<u>4,725</u>
NET ASSETS/ (LIABILITIES)		<u>£13,881</u>	<u>£4,725</u>
FUNDS	9		
Unrestricted Funds		<u>13,881</u>	<u>4,725</u>
TOTAL FUNDS		<u>£13,881</u>	<u>£4,725</u>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No member has required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The Directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to Charitable small companies.

The financial statements were approved by the Board of Trustees on 9th June 2021 and were signed on its behalf by:

AJ Grover

A J Grover (Chair)

The British Wheel of Yoga Qualifications
Notes to the Financial Statements
for the Year ended 31st October 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention. The Charity is a public benefit entity.

Going Concern

The accounts are prepared on a going concern basis.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Stocks

In assessing whether stocks should be valued at the lower of cost and net realisable value due regard to the Charity SORP (FRS 102) Module 10.61 has been made. This states that where a good has been provided as part of a charity activity, either free or at a subsidised cost, then net realisable value should be based on the service potential provided by the item of stock. The Charity has taken the service potential to be cost.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. At the moment all funds are unrestricted.

The British Wheel of Yoga Qualifications
Notes to the Financial Statements
for the Year ended 31st October 2020

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st October 2020 nor for the year ended 31st October 2019. The trustees contribute a considerable amount of work and expertise to BWYQ.

Trustees' expenses

During the year no trustee was reimbursed expenses. (2019 Totalled £168).

3. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2020	2019
BWYQ Coordinator	1	Nil

During the year one employee received total employee benefits of between £10,000 and £19,999. No employees received emoluments in excess of £60,000.

	2020	2019
	£	£
Wages and salaries	16,098	-
Social security costs	1,018	-
Employers pension costs	483	-
	<u>£17,599</u>	<u>£Nil</u>

4. EXCEPTIONAL ITEMS

In previous years the parent company, The British Wheel of Yoga Limited (BWY) has made loans to BWYQ. BWY National Executive Committee (BWY NEC) decided to waive the balance at 31st October 2019 (£341,318). With this in mind a formal Deed of Waiver was signed by both parties on the 18th December 2020. The BWY NEC also decided to treat the support they made during the financial year (£10,500) as a Donation.

In previous years there was doubt to whether the loans will be repaid, so a provision equalling the total debt was set against it. A similar provision but opposite existed in the books of BWY. The £341,318 under Other income and Other expenditure represents the write off of the intergroup debt and its corresponding provision.

5. CHARITABLE ACTIVITIES

The amount under Training and activities expenditure includes allocated support costs of £600 payable for an Independent Examination. No such amount was payable in the previous financial year.

6. STOCKS

	2020	2019
Stocks of blank Certificates	<u>£600</u>	<u>£1,008</u>

The British Wheel of Yoga Qualifications

Notes to the Financial Statements for the Year ended 31st October 2020

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020	2019
	£	£
Amounts owed by group undertakings	9,850	1,700
Prepayment and accrued income	3,790	-
Other debtors	916	-
	<u>£14,556</u>	<u>£1,700</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020	2019
	£	£
Amounts owed to group undertakings	720	-
Accrued expenses	699	-
	<u>£1,419</u>	<u>£Nil</u>

9. MOVEMENT IN FUNDS

	At 01.11.2019	Incoming resources	Resources expended	Net movement in funds	At 31.10.2020
	£	£	£	£	£
Unrestricted funds					
General fund	4,725	369,418	(360,262)	9,156	13,881
	<u>£4,725</u>	<u>£369,418</u>	<u>£ (360,262)</u>	<u>£9,156</u>	<u>£13,881</u>

Comparative for movement in funds:

	At 01.11.2018	Incoming resources	Resources expended	Net movement in funds	At 31.10.2019
	£	£	£	£	£
Unrestricted funds					
General fund	(1,032)	21,175	(15,418)	5,757	4,725
	<u>£(1,032)</u>	<u>£21,175</u>	<u>£ (15,418)</u>	<u>£5,757</u>	<u>£4,725</u>

10. ULTIMATE PARENT COMPANY

The parent company is The British Wheel of Yoga Limited. The parent controls 100% of The British Wheel of Yoga Qualifications. The detail of the parent company, are:

Registered Office:

25 Jermyn Street

Sleaford

Lincolnshire NG34 7RU

Charitable number: 1136674

Company number: 07030679 (England and Wales)

The British Wheel of Yoga Qualifications

Notes to the Financial Statements
for the Year ended 31st October 2020

11. RELATED PARTY DISCLOSURES

The charitable company has taken advantage of exemption, under the terms of Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', not to disclose related party transactions with wholly owned subsidiaries within the group.

During the year one Trustee registered a course with The British Wheel of Yoga Qualifications. As with all courses this was on a self-employed basis, with BWYQ receiving registration income from new learners.

The British Wheel of Yoga Qualifications
Detailed Statement of Financial Activities
for the Year ended 31st October 2020

	2020 £	2019 £
INCOME AND ENDOWMENTS		
Donations	10,500	
Charitable activities		
Registration fees receivable	17,600	20,400
Other income		
Exceptional item	341,318	775
Total incoming resources	<u>369,418</u>	<u>21,175</u>
EXPENDITURE		
Charitable activities		
Training and activities	1,128	1,726
Support costs		
BWYQ Coordinator	17,599	13,347
Central Office costs		(1,280)
Bank charges	(847)	64
Legal and professional		997
Independent examiner's remuneration	600	
Trustee and committee expenses		168
Sundry expenses	464	396
	<u>17,816</u>	<u>13,692</u>
Exceptional item	<u>341,318</u>	
Total resources expended	<u>360,262</u>	<u>15,418</u>
Net income/ (expenditure)	<u><u>£9,156</u></u>	<u><u>£5,757</u></u>

This page does not form part of the statutory financial statements.