

Carlisle Villa (Formerly Christus Rex) **Amateur Boxing Club**

Tustees annual report year ending 30 Nov 2022

The Trustees of Carlisle Villa Amateur Boxing Club Charity present their annual report and accounts for the year ending 30 November 2021 and confirm they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

OUR AIMS

The Boxing club operates under the rules of its NGB (England Boxing) a scheme which is sealed by the charity commissioners for England and Wales in November 2010 which include the regulation for appointment of trustees.

The objective of the Club is the promotion of physical health and fitness by providing facilities for coaching and training the sport of Amateur Boxing at its premises in Carlisle. The Club is open to anyone in the community who wishes to train in boxing regardless of their ability.

All equipment is provided by the club free of charge, those who attend simply pay an attendance fee of £1 for a session.

The members are coached with the aim they attain the standard required to compete in amateur boxing competitions. However those who do not wish to take part in bouts and competitive tournaments may simply attend training sessions.

We aim, through our beginner, junior, intermediate and senior classes, to provide first class coaching to male and females from the ages of 5 to 40 (competition boxing is limited to 39 years and 364 days), however individuals can attend seasons to keep fit without competing in bouts. We seek to provide a structured safe environment that develops our member's capabilities, competences and skills. Throughout our training and other activities, we provide an environment where every individual can develop and fulfil his or her potential, building their self-confidence and inculcating a desire to contribute to the wider community. In so doing, we prepare our junior members for the opportunities, responsibilities and experience of later life.

OUR OBJECTIVES

Our objectives are set to reflect our aims and the ethos of the Club. It is important to us that we maintain and enhance the sporting success of the Club. This objective is, however, set in the context of the broader goals we set out for the Club and its participants. In setting out our objectives and planning our activities out Trustees have given careful consideration to the Charities Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on fee-charging.

Our Key objectives for the year included:

- To provide fitness/boxing sessions to our members.
- To enhance and improve the training for competing boxers.
- The building of the gym extension which has doubled our capacity.

- To increase participation in all classes which has been achieved through the extension.
- To continue playing our part in the community through our community access and service programmes.
- To develop our Mental Health initiative and increase members at this session.

Community Access

We see Carlisle Villa ABC as part of the wider community and where we can assist the community without detriment to advancing the boxing skills of our boxers we are delighted so to do. Our coaches have been running activities such as HIIT and woman's only sessions to individuals who would not otherwise partake in physical activity.

The Club has built on the members who attend the mental health initiative, this has helped immensely with the extra space available due to the gym extension.

Environmental Initiatives: Recycling used drinks bottles.

The Club encourages all groups to recycle their used plastic bottles by providing a "green bag" which is disposed of at the local recycling centre once full.

We hope that by setting a good example as a club, we can help to influence the expectations and behaviour of our members as future citizens and leaders providing public benefit.

OUR FINANCES

As a charity the parents of our members have the assurance that all income of the Club must be applied for boxing training/coaching purposes. The financial benefits we receive from tax exemptions are all applied to sporting recreational purposes and indirectly help us to maintain our low fee policy and coaching/competing programme.

Development and Maintenance

The club have completed a gym extension that has doubled the size of the gym area. This will allow us to double the number of attendees at each session. The space allows us to fix more equipment which will enable each member to be fully included in to each session.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Committee, are responsible for the overall management and control of the Carlisle Villa Amateur Boxing Club Charity and meet at least 6 times a year. All committee members give their time freely and no expenses were paid in the year for coaching. No coach or person connected with the Club received any financial benefit from their time spent at the Club.

FUTURE PLANS

The Committee intend to continue their current training practices of maintaining their current position in a competitive sport by continuing to provide high quality coaching for our members. Being able to provide good competition a good number of local champions and many National champions. The Trustees and senior coaches continue to review the training programme to ensure that the sessions remain appropriate for our boxer's development. The gym extension has allowed us to place another ring in the gym which is improving all boxers' skills and drills.

OUR ETHOS, STRATEGY AND POLICIES

Our Trustees are responsible for setting a strategy for achieving the objectives they have set. The focus of our strategy is on the development of our boxers, their continued high level of boxing achievement and to further widen access to the local community. In taking forward our strategy we:

Ensure the range of activities available to our members are stimulating and challenging:

Invest in equipment and infrastructure of our Club:

Co-operate and share resources with local schools and continue to review and develop or relationship with the local council and sporting foundations in the City. We must also ensure access to individuals from all backgrounds.

Our Ethos: is of a caring Club serving our local community.

Carlisle Villa ABC is a charity which seeks to benefit the public through the pursuit of its stated aims. Our fees are set at a level to ensure the financial viability of the Club and at a level that is consistent with our aim of promoting community participation in healthy recreation, in particular by the provision of facilities for coaching and training the sport of amateur boxing and to offer competitive opportunities in boxing to boys and girls, men and women.

Our Club welcomes individuals from all backgrounds. To admit a prospective member we need to be satisfied that our Club will be able to train and develop a prospective boxer to the best of their potential in line with the general standards achieved by their peers. Entrance assessments are undertaken to satisfy ourselves and parents that potential members can cope with the pace of learning and benefit from the training we provide. An individual's economic status, gender, ethnicity, race, religion or disability do not form part of our assessment processes.

We are an equal opportunity organisation and are committed to a working environment that is free from any form of discrimination on the grounds of colour, race, ethnicity, religion, sex, sexual orientation or disability. We will make reasonable adjustments to meet the needs of coaches or members who are or become disabled. Our Club is committed to safeguarding and promoting the welfare of our members and expect all coaches to share the commitment. Parents are given regular information about their child's progress through to the end of the season reports. We maintain regular contact with parents throughout the year through informal contacts and through our newsletter. Older members have a Club Captain responsible for enforcing our very vigorous no bullying policy.

ACCESS POLICY

It is important to us that access to the training we offer is not restricted to those who can afford our training fees. We believe our members benefit from learning within a diverse community. A great deal of learning occurs through social interaction, conversation and shared experiences which helps our members develop an understanding of the perspectives of other people that will be vital in their adult lives.

Our attendance fees policy contribute to a widening of access to the coaching we offer and the facilities we enjoy.

REVIEW OF ACTIVITIES AND ACHIEVEMENTS

Boxer's numbers and fees:

Our training continues to be split into 4 groups, nursery, beginners, intermediate and senior boxers. Due to the high numbers still wishing to start boxing we have continued with "The Nursery class", individuals from 5 years plus can attend this class, it continues to be very popular. The beginner's class now has space for more members and another 6 regulars now attend, there is space for another 4 new members, the intermediate session has also increased on last season but has space for another 4 new members. The senior session is still very busy but due to the extra space we are not now at full capacity and everyone who attends is able to use the equipment.

Our attendance fee remains the same for under 17's and the unemployed at £1 a session, seniors pay £2 a session.

The highlights of the year included:

6 North West Region Champions.

1 National Schools Finalist.

1 National Youth Champion.

1 England representative.

COMMITTEE AND CHARITY TRUSTEES

The Trustees and the committee are Carlisle Villa Amateur Boxing Club Charity. New committee members are appointed by the existing committee. We have 3 new coaches that are currently serving their 12 month probation prior to being able to vote on club issues. All members below have served throughout the year unless stated otherwise:

Trustees'

Mr G Graves (Chairman from 1st Sep 2015)

Mr Brian Sanderson (Secretary from 7th Aug 2011)

Mr J Brennan (Treasurer from 7th Aug 2011)

Committee Members:

Dr A Edgar

Mr G Graves

Mr B Sanderson

Mr J Brennan

Mr J Byers

Mr J Andrews

Mr G Johnson

Mr T Dunn

Honourable Secretary Mr Brian Sanderson CONTACT DETAILS

Address:

8 Quebec Avenue

Carlisle CA2 4EA

Email: carlislevillaabc@hotmail.com

Registered Charity No1140493

PROFESSIONAL

ADVISERS Bankers:

Barclays Bank Plc

English Street
Carlisle
CA3 8JX

Solicitors:
Burnetts
6 Victoria Place
Carlisle
CA1 1ES

Accountants:
Emmerson & Co
Chartered Accountants
Windy Haugh
Station Road
Brampton
Carlisle
CA8 1EZ

Registered number
07427593

Carlisle Villa Amateur Boxing Club
Company limited by guarantee

Report and Unaudited Accounts

30 November 2021

Carlisle Villa Amateur Boxing Club
Company limited by guarantee
Report and accounts
Contents

	Page
Company information	1
Directors' report	2
Independent Examiner's report	3
Statement of financial activities	4
Profit and loss account	5
Balance sheet	6
Statement of changes in equity	7
Notes to the accounts	8

Carlisle Villa Amateur Boxing Club
Company limited by guarantee
Company Information

Directors

Mr J Brennan
Mr B Sanderson

Secretary

Mr B Sanderson

Accountants

Emerson & Co
Windyhaugh
Station Road
Brampton
Cumbria
CA8 1EZ

Registered office

8 Quebec Avenue
Carlisle
Cumbria
CA2 4EA

Registered number

07427593

Carlisle Villa Amateur Boxing Club
Registered number: 07427593
Directors' Report

The directors present their report and accounts for the year ended 30 November 2021.

Principal activities

The company's principal activity during the year continued to be that of an amateur boxing club.
The club has charitable status (Charity Commission Registered No: 1140493)

Directors

The following persons served as directors during the year:

Mr J Brennan
Mr B Sanderson

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 19 August 2022 and signed on its behalf.

Mr J Brennan
Director

Carlisle Villa Amateur Boxing Club

Independent Examiner's report to the Trustees of Carlisle Villa Amateur Boxing Club for the year ended 30 November 2021

I report on the accounts of the charity for the year ended 30 November 2021 which are set out on pages 2 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act"). The charity's trustees consider that an audit is not required under section 144 of the Act and that an independent examination is needed. It is my responsibility to examine the accounts as required under section 145 of the Act, to follow the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act, and to state whether particular matters have come to my attention.

Basis of Independent Examiner's statement

My examination is carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in any material respect:

- the accounting records were not kept in accordance with Section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the

Claire Emerson BA (Hons) ACA CTA
Emerson & Co
Chartered Accountants
Windyhaugh
Station Road
Brampton
Cumbria
CA8 1EZ

19 August 2022

Carlisle Villa Amateur Boxing Club
Statement of financial activities
for the year ended 30 November 2021

Income

Income and endowments from:

Donations and legacies

Charitable activities

Other trading activities

Investments

Separate material item of income

Other

Total

Expenditure

Expenditure on:

Raising funds

Charitable activities

Separate material expense item

Other

Total

Net income/(expenditure) before tax for the reporting period

Tax payable

Net income/(expenditure) after tax before investment gains/(losses)

Net gains/(losses) on investments

Net income/(expenditure)

Extraordinary items

Transfers between funds

Other recognised gains/(losses):

Gains and losses on revaluation of fixed assets for the charity's own use

Other gains/(losses)

Net movement in funds

Reconciliation of

Total funds brought forward

Total funds carried forward

Guidance Note

	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
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S01	24,304	-	-	24,304	13,501
S02	-	-	-	-	-
S03	-	-	-	-	-
S04	-	-	-	-	-
S05	-	-	-	-	-
S06	18,803	-	-	18,803	10,000
S07	43,107	-	-	43,107	23,501

S08	-	-	-	-	-
S09	6,544	-	-	6,544	6,373
S10					
S11	3,161	-	-	3,161	3,666
S12	9,705	-	-	9,705	10,039

S13	33,402	-	-	33,402	13,462
S14	-	-	-	-	-
S15	33,402	-	-	33,402	13,462
S16	-	-	-	-	-
S17	33,402	-	-	33,402	13,462
S18	-	-	-	-	-
S19	-	-	-	-	-

S20	-	-	-	-	-
S21	-	-	-	-	-
S22	33,402	-	-	33,402	13,462
S23	82,523	-	-	82,523	69,061
S24	115,925	-	-	115,925	82,523

Carlisle Villa Amateur Boxing Club
Profit and Loss Account
for the year ended 30 November 2021

	2021	2020
	£	£
Turnover	24,304	13,501
Cost of sales	(2,691)	(2,047)
Gross profit	<u>21,613</u>	<u>11,454</u>
Administrative expenses	(7,014)	(7,992)
Other operating income	18,803	10,000
Operating profit	<u>33,402</u>	<u>13,462</u>
Profit before taxation	<u>33,402</u>	<u>13,462</u>
Tax on profit	-	-
Profit for the financial year	<u><u>33,402</u></u>	<u><u>13,462</u></u>

Carlisle Villa Amateur Boxing Club
Registered number: 07427593
Balance Sheet
as at 30 November 2021

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	3	16,213	19,074
Current assets			
Cash at bank and in hand		100,012	63,749
Creditors: amounts falling due within one year	4	(300)	(300)
Net current assets		99,712	63,449
Net assets		<u>115,925</u>	<u>82,523</u>
Capital and reserves			
Profit and loss account		115,925	82,523
Shareholder's funds		<u>115,925</u>	<u>82,523</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Mr J Brennan
 Director
 Approved by the board on 19 August 2022

Carlisle Villa Amateur Boxing Club
Statement of Changes in Equity
for the year ended 30 November 2021

	Share capital £	Share premium £	Re- valuation reserve £	Profit and loss account £	Total £
At 1 December 2019	-	-	-	69,061	69,061
Profit for the financial year				13,462	13,462
At 30 November 2020	<u>-</u>	<u>-</u>	<u>-</u>	<u>82,523</u>	<u>82,523</u>
At 1 December 2020	-	-	-	82,523	82,523
Profit for the financial year				33,402	33,402
At 30 November 2021	<u>-</u>	<u>-</u>	<u>-</u>	<u>115,925</u>	<u>115,925</u>

Carlisle Villa Amateur Boxing Club
Notes to the Accounts
for the year ended 30 November 2021

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover represents the value of funds receivable and put to use for charitable purposes.

Tangible fixed assets

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Motor vehicles	15% reducing balance
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Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

2 Employees

	2021 Number	2020 Number
Average number of persons employed by the company	<u>nil</u>	<u>nil</u>

3 Tangible fixed assets

	Motor vehicles £
Cost	
At 1 December 2020	<u>26,400</u>
At 30 November 2021	<u>26,400</u>
Depreciation	
At 1 December 2020	7,326
Charge for the year	<u>2,861</u>
At 30 November 2021	<u>10,187</u>
Net book value	
At 30 November 2021	<u>16,213</u>
At 30 November 2020	<u>19,074</u>

Carlisle Villa Amateur Boxing Club
Notes to the Accounts
for the year ended 30 November 2021

4 Creditors: amounts falling due within one year	2021	2020
	£	£
Trade creditors	<u>300</u>	<u>300</u>

5 Other information

Carlisle Villa Amateur Boxing Club is a private company limited by shares and incorporated in England. Its registered office is:
8 Quebec Avenue
Carlisle
Cumbria
CA2 4EA

Carlisle Villa Amateur Boxing Club
Detailed profit and loss account
for the year ended 30 November 2021

This schedule does not form part of the statutory accounts

	2021	2020
	£	£
Sales	24,304	13,501
Cost of sales	(2,691)	(2,047)
Gross profit	<u>21,613</u>	<u>11,454</u>
Administrative expenses	(7,014)	(7,992)
Other operating income	18,803	10,000
Operating profit	<u>33,402</u>	<u>13,462</u>
Profit before tax	<u><u>33,402</u></u>	<u><u>13,462</u></u>

Carlisle Villa Amateur Boxing Club
Detailed profit and loss account
for the year ended 30 November 2021

This schedule does not form part of the statutory accounts

	2021	2020
	£	£
Sales		
Subscriptions	6,395	6,985
Shows	7,885	2,160
Donations and fundraising	10,024	4,356
	<u>24,304</u>	<u>13,501</u>
Cost of sales		
Show and presentation expenses	2,154	1,819
Championship expenses	218	85
Registration fees	319	143
	<u>2,691</u>	<u>2,047</u>
Administrative expenses		
Employee costs:		
DBS checks	12	6
Staff training and welfare	180	-
Motor and travel expenses	1,948	1,373
	<u>2,140</u>	<u>1,379</u>
Premises costs:		
Rates and utilities	147	108
Light and heat	852	1,361
	<u>999</u>	<u>1,469</u>
General administrative expenses:		
Stationery and printing	-	80
Subscriptions	45	45
Insurance	385	-
Sundry equipment	261	1,267
Repairs and maintenance	10	73
Depreciation	2,861	3,366
Sundry expenses	13	13
	<u>3,575</u>	<u>4,844</u>
Legal and professional costs:		
Accountancy fees	300	300
	<u>300</u>	<u>300</u>
	<u>7,014</u>	<u>7,992</u>
Other operating income		
Covid business support grants	<u>18,803</u>	<u>10,000</u>

Carlisle Villa Amateur Boxing Club

Independent Examiner's report to the Trustees of Carlisle Villa Amateur Boxing Club for the year ended 30 November 2022

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Respective responsibilities of trustees and examiner

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Basis of Independent Examiner's statement

My examination is carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's statement

In connection with my examination, no material matters have come to my attention which gives me

- the accounting records were not kept in accordance with Section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Claire Emerson BA (Hons) ACA CTA
Emerson & Co
Chartered Accountants
Windyhaugh
Station Road
Brampton
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CA8 1EZ

21 August 2023