

Annual Report

2023 - 2024



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Chair of the Board of Trustees Report

2023-24 has been a year of successfully sustaining a period of growth with our varied contracts and projects, which our chief officer has covered in her report.

I would like to highlight a couple of areas in my report.

We again successfully achieved our National Mind MQM. This quality mark is proof that we meet a high standard in our governance of Burton and District Mind. This process means a great deal of time and hard work for our staff as well as carrying out our daily activities.

Secondly, and probably the most important achievement of the year was a purchase of 67 Branston Road from our landlords. Chris and John have supported us for the last 10 years. We cannot thank you enough for their kindness, help and generosity in achieving our ambition to own our own premises.

I would like to thank the trustees for their support and contributions over the last 12 months. A special thank you to our vice chair Kay whose experience, knowledge and support has been invaluable.



All of these achievements would not have been possible without the hard work and diligence of our amazing team.

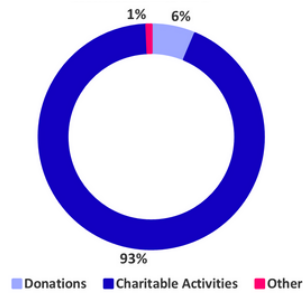
A huge thank you to everyone in the Burton and District Mind family.

**Ken Bulth,
Chairman**

Treasurer's Report

Burton and District Mind continued to successfully increase its year-on-year income to £1.4m of which 78.8% is restricted funding. Incremental income has come in the main from a number of Midlands Partnership Foundation Trust contracts including £494.5k Safe Hands & Safe Haven, £348.1k Future Focus, £323.5k Talking Therapies Counselling. In addition to this £45.5k has come from the Alzheimer's Outreach contract, £37.1k from Trent & Dove, £24.4k from National Mind Mentor Mental Health Productivity pilot & £2.6k from Staffordshire County Council Thinkwell contract.

Income 23-24



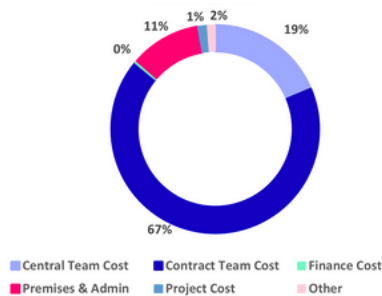
Income Year on Year

FY	£k	£k YoY
23 - 24	£1,423,378	+£413,689
22 - 23	£1,009,689	+£593,312
21 - 22	£416,376	+£91,252
20 - 21	£325,124	+£91,598
19 - 20	£233,526	

New contracts also required us to increase our headcount by 75% (Recovery Workers) representing the main increase in our cost base. We now also own our registered office "Birkett House" which is part funded by a small mortgage. We continue to ensure that all other costs are managed to ensure value for money.

We have maintained our Reserves Fund of £68k, which covers our winding up costs should they be required. This is reviewed every 6 months to ensure it reflects the current structure/risk.

Income 23-24



Income Year on Year

FY	£k	£k YoY
23 - 24	£1,129,265	(£429,143)
22 - 23	£700,122	(£260,293)
21 - 22	£439,828	(£167,774)
20 - 21	£272,054	(£56,046)
19 - 20	£216,008	

Summary

Bourne & Co, Statutory Auditors, 6 Lichfield Street, Burton-on-Trent complete our annual audit in line with the Charity Commission's Audit Requirements and to ensure completed within the CHARITIES SORP (FRS 102) accounting standards.

The Board of Trustees have and will continue to ensure that projects are in line with our Strategic Plan.

Thank you to all the Burton & District Mind team members & Board of Trustees for all their work and dedication to the charity.

Diane Worley,
Treasurer

Chief Officer's Report

We were delighted to be the chosen charity 2023 for our Burton Mayor Syed Hussain. We'd like to thank Syed for raising our profile within the local community and inviting us to several events he organised as fundraisers throughout the year.

We successfully completed our Mind Quality Management review through National Mind. We were required to submit a considerable number of documents for scrutiny and host a site visit for a Lead reviewer, Peer reviewer and a Service user rep last year, it was a lot of work for the team. We are very proud of the positive outcome.

Anger Management counselling was added to our NHS funded talking therapy contract this year as a further option for the wider services provided by the Staffordshire Wellbeing Talking Treatments Service. We continued to provide a bank of NHS funded services in the community through other services such as Future Focus, Safe Hands and Safe Haven and we hope to secure a permanent home in Tamworth for Safe Haven Café next year.

After several years our Building Better Opportunities project ended on 30th March. BBO was a fixed term project funded by the Lottery and European Union funding. BBO helped support lots of clients overcome barriers with CV writing, interview techniques, retraining, returning to education and supported some clients back into the job market. We were fortunate to retain Amina our amazing BBO worker as she has taken up the role as main Office Administrator.

Following the growth of our services and volunteer team we increased our levels of face to face training this year. The team have benefited from Mental Health awareness, Autism awareness, Bid writing, Active listening, Personality Disorder and Mental Health First Aid training.

We completed the legal process on our property at Branston Road in May 2023. Purchasing 67 Branston Road was a huge achievement and a long-term dream for Burton and District Mind.

Chief Officer's Report

During our history we have rented 3 properties in 32 years of operation. Each move has been a great upheaval for our team, clients and service, and finding appropriate property for our operations has been a difficult task. Furthermore, renting property was an identified risk for our service and its operations. Through securing 67 Branston Road we have gained greater stability for our charity and an asset for the future.

Since our move to 67 Branston Road in December 2013 we have been supported by our wonderful landlords Chris and John Birkett. Chris and John have been a constant source of support for our charity and with the addition of their project 'the Muddy Boots' gardening project at the rear of 67 we have shared a joint ethos for the promotion of emotional wellbeing and community support. Chris and John gave us first refusal on the property when they made the decision to sell, and we were lucky enough to secure a mortgage to purchase 67.

Much to the surprise of Chris and John we renamed 67 'Birkett House' in July as part of a grand unveiling and as a way of thanking them for their incredible support and generosity over the years.

We have since completed some improvements to the building and with the removal of the old family bathroom we were able to redevelop some of the rooms to create additional and much needed office space and hot office space for our team of community Recovery workers.

It's been a full year with many on-going achievements, this this would not have been possible without our dedicated team of trustees, volunteers, staff team and associates. Thank you all so very much for your time and passion for the work we achieve together.

**Lynne Barrell,
Chief Officer**



Operations Manager's Report

A year has gone by, and we are continuing our face to face counselling sessions. We have experienced an increase of clients requesting face to face sessions rather than remote sessions. Much of our NHS talking therapy sessions continue a remote basis as this helps clients access the service more easily if they work, have caring commitments or simply would struggle to access the service.

Over the year while working with the Midlands Partnership Foundation Trust (MPFT) has rebrand the service and is now called Staffordshire Talking Therapies and rebrand our service within the service and we are now called the Counselling for Wellbeing Pathway. These changes has helped define our service with the Staffordshire Talking Therapies which has expanded beyond Cognitive Behavioural Therapies and has enhanced its work with the Counselling Pathways.

Our relationship with the Midland Partnership Foundation Trust has progressed and we are now also providing the Anger Management Pathway alongside the Counselling for Wellbeing Pathway. To support this additional work, we have employed a new counsellor Edward Degg for the Anger Management Pathway. This pathway has been building on the referrals and the clients that we are seeing within the service, albeit remotely at present but at some point, possibly moving this to a face to face. Our counsellors across the 2 pathways have continued to provide face to face, remote and out of hours work counselling across Burton and Tamworth with clients who have been struggling with their mental health. I would like to thank all the counsellors on these pathways in their continued hard work and support that they have provided for our clients on the MPFT contract.

Alongside our Counselling for Wellbeing team, we have also seen an increase of referrals in our Low Cost and Private counselling, this has allowed clients who after being given the choice of the NHS pathway have chosen to pay for their treatment.

Additionally, to this we have also had an addition to our team Rob Hallott who provides the new Coaching Pathway. This new service is running alongside the Low cost and Private counselling, clients are assessed for this pathway and then depending on appropriateness for the pathway are then allocated to Rob who has specialist training in Coaching.

Operations Manager's Report

Funding has meant that we are still reviewing the Young People's counselling that Liz Matthews is currently providing 1 day a week at Deferrers School sixth form for another year, but we have not been able to secure any additional funding for this at present. We are currently reviewing other funding streams to support this work in the future.

A big thank you to all our Therapists Associates and Salaried who have continued to provide our counselling services to NHS, counselling and coaching to Low cost, Private, Thinkwell counselling for another year and have maintained the quality of work to allow clients to continue accessing the services that Burton & District Mind have to offer.

It has been another year of success for our Therapy team, and we are hopeful that the relationships that we have gained and maintained will continue to prosper, a big thank you to all who have had a hand in this, we couldn't have done it without you.

"I would like to thank Ed for his caring empathy. I found him to be a very good listener, I would wish it to be known that I found his whole approach very professional and friendly. Thank you and best wishes to the team. AB"

Dear Alison,
Thank you so much for all the help and support you gave me in the last few weeks.
I feel like a new person, with a much understanding of myself.
I really appreciate all your work and I am extremely grateful to you.
I wish you all the best in life, and once again Thank you for Everything

"the counselling has been really helpful, the space to talk and be listened and I have already started putting some of the techniques into place, thank you so much, 😊"

**Zainera Liaqat,
Operations Manager/Counselling for
Wellbeing Lead and Counsellor**

Development and Sustainability Report

Keri Lawrence, Development and Sustainability Officer

Overarching Goal

Burton and District Mind to increase sustainable capacity through geographical and community growth, income diversification and increased service user and volunteer involvement, in preparation for future Mental Health contracts.

Foreword

If 2022-2023 has been about Development, this next year needs to be about Sustainability.

The Development and Sustainability Team has continued to grow and support new audiences. We made use of new systems to monitor and measure progress towards sustainability to ensure that the team is self-funding into the future. Two key developments this year include the development of an Older Adults Outreach service, led by Alzheimer's Society (and funded through Midlands Partnership NHS Foundation Trust), and the successful completion of our Catalyst Community Fundraising Project (funded by Mind) which has achieved its funding targets and will continue to ensure we have resources to support community fundraisers in the future.

In addition, Emma Godfrey, Project Support Coordinator, has successfully applied for project funding for the first time, increasing the number of funding skills we have in the team. This provides a new model of working to expand the team in the future.

As before, our key objectives are:








- 1. Community Help: East Staffordshire, Lichfield District and Tamworth Borough**
- 2. Volunteer Programme**
- 3. Commercial Modelling**
- 4. Increased Capacity and Infrastructure**



Community Help: East Staffordshire, Lichfield District and Tamworth Borough

Activity Projects

Over the year, Burton and District Mind provided 14 projects, and not including Older Adults Outreach, has supporting 115 people with wellbeing, self-esteem, and social connectivity

Project	Key Dates	Funder		# of Participants Supported
Spring 2023 Eco Therapy – Muddy Boots	Apr 2023 – Jul 2023	Mercers Family Foundation		12
Eco Therapy Autumn 2023	Sep 2023– Dec 2023	Local Dentist Network		14
Spring 2024 Eco Therapy	Jan 2024– Mar 2024	Mercers Family Foundation		15
Music Minds Pilot	Jan 2024 – Mar 2024	Cycling for Charities		8
Music Minds	Mar 2024– Ongoing	Toyota Community Trust		TBC
Wellbeing Techniques Older Adults	Nov 2023– Dec 2023	Strachan and Buxton		15
Employability Pilot	May 2023–	Legacy funding		5
Mind Makeover	Mar 2023 – Ongoing	SES Healthy Communities		TBC
Burton Arts Peer Support Group	Apr 2023 – Ongoing	Community Fundraising and Catalyst		12
Mind Matters Burntwood Peer Support Group	Apr 2023 – Ongoing	Waitrose Community Fund		12
Virtual Peer Support Group	Apr 2023 – Ongoing	Community Fundraising		5

Coproduction and Participation Opportunities

Inter-charity Sports Day

On the 3 September 2023, under Amina Miah's careful arrangements, we hosted our first ever Annual Retro Sports Day and what a day it turned out to be!

We saw lots of exciting activities, healthy fun competition and most importantly a lot of charity togetherness not only within our team here at Burton and District Mind but other charities from across Burton who came and took part. Throughout the day we had a total of around 130 people at the event.

Seven charities were represented on the day, with four of the charities providing a team.

Throughout the day we had 10 events such as Cups & Saucers, an obstacle course, a 3-legged race, Tug of War and even a Basketball shootout! Each event had the chance to win a medal. In addition, seven businesses supported the event with food and other activities. Although the day was not arranged as a fundraising event, it raised over £700 in funds.



Mental Health Ambassador Forum

This participant-led online forum, over 8 sessions, continued to provide a platform for people using our services and people representing the community to discuss a number of topics relevant to mental health provision and community development:

- Cost of Living Crisis
- Equality and Equity
- Neurodiversity
- Employability
- Refugees and Asylum Seekers
- Menopause

Sideways: Neurodivergence Steering Group

Between April 2023 and to conclude in April 2024, the Development and Sustainability Team arranged 7 online sessions as a steering group to explore:

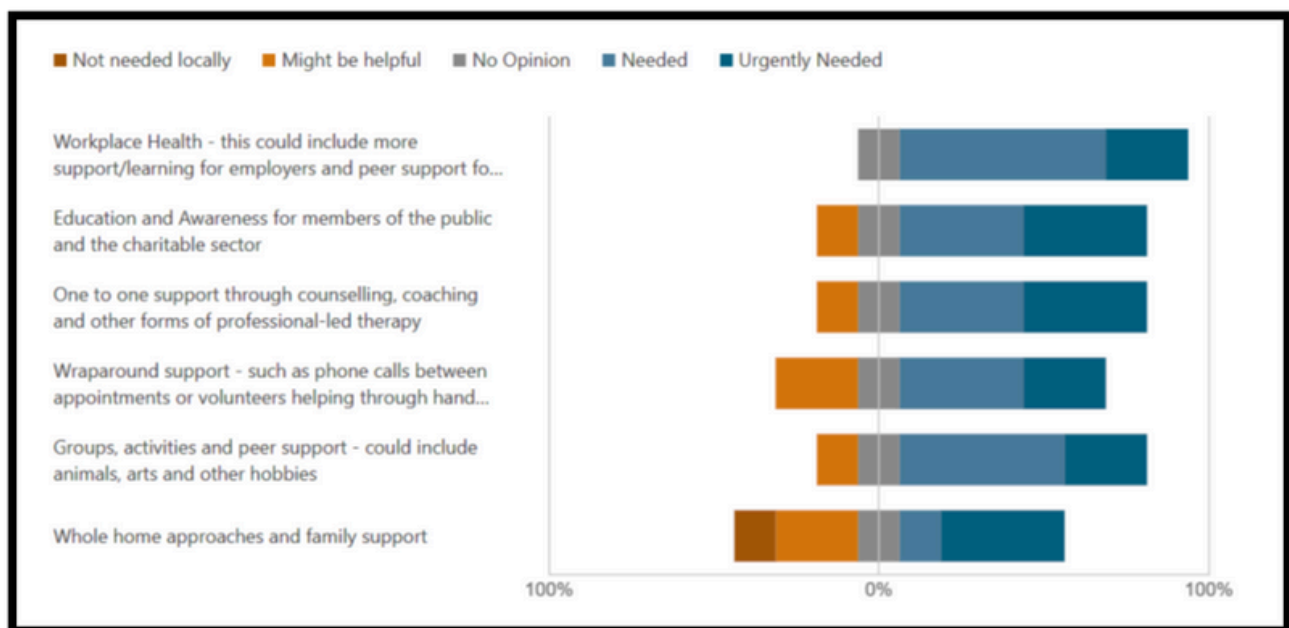
- **Connections between neurodivergence and mental health problems.**
- **Burton and District Mind's approach to the matter.**
- **Evidence of need regarding new services and developments.**

“Involve lived experience to create the project as much as possible. Ask them what they would like and not assume what they need.

Individualized care, covering the social aspect as well as emotional support while adjusting to a new/late diagnosis.”

- Sideways participant

The meeting group was well attended with 22 individuals representing themselves, their communities and/or their organisations throughout the period. A survey was conducted towards the end of the project with the following results:



As outcomes of this project, the Development and Sustainability Team commit to:

1. **Developing a new neurodiversity workshop with a view to delivering this to workplace health and the community.**
2. **Exploring the role of the Clinical Team through counselling and/or coaching with ND-informed or specialized support.**
3. **Fundraising and developing a project to support people affected by both ND and mental health problems.**

Commercial Modelling

Fundraising and Corporate Social Responsibility

Burton and District Mind were chosen of charity of the year by the following organisations:

- **JB Kind**
- **Finch Consulting**
- **First Fence**
- **DHL**
- **Russell Roof Tiles**
- **Staffordshire Local Dental Network**
- **John Lewis Partnership/Waitrose**

We are grateful for their commitment and support through fundraising and donations in kind.



In addition, we had substantial community fundraising through a range of partners including:

- **Elaine Pritchard**
- **David Child Events**
- **PCSO Sarah Leadley**
- **Burton MBA**
- **Burton Soroptimists**
- **Burton Flower Club**
- **ASDA supporting bag packing**
- **The Plough**
- **Devonshire Arms**
- **Oak and Ivy**
- **Three Peaks Academy**
- **And many more...**





Catalyst Community Fundraising Project

Burton and District Mind were funded by Mind to redevelop their community fundraising offer – this included the funding to employ a Funding Project Coordinator for the first time. This project achieved the following outcomes:

- 1.Stronger collaboration across the charity with regards the impact and importance of fundraising, through training and a wider presence.**
- 2.Strengthened and improved our offer to community fundraisers (including private individuals, community groups and corporate organisations) who approach us.**
- 3.Provided a range of proactive and engaging fundraising activities arranged by Burton and District Mind.**

“Burton and District Mind are your local mental health charity. We will demonstrate genuine appreciation of your generosity and your commitment. Together, as part of the Fundraising Family, your fundraising will power our expert approach to helping people with mental health problems to recover.”

The project overachieved on its target of £15,750 by bringing in £16,238. This was achieved by supporting over 250 people to raise funds above and beyond that which would have been achieved without the additional resource. The additional funding was allocated to the Eco Therapy project, Burton Arts Peer Support Group and to a pilot of Music Minds.

This project came second place the Fundraising Category in Support Staffordshire Awards 2024.

Training and Workplace Health

The Development and Sustainability Team also provided a workplace health offer.

- **Mentor 2.0 Grant for 10-month project, funded by Midland Engine and Mind, benefitted 27 participants, across 3 employers.**
- **Away Day for Football Coach Association.**
- **Training delivered to DHL, Finch Engineering, JB Kind and Ceva Logistics,**
- **Provided a stand at Central Coop – Men’s Voices Event in November 2023.**

Increased Capacity and Infrastructure

Staff and volunteer Training

As well as the Induction and NHS eLearning required by all team members, the Development and Sustainability Team facilitated arrangements of the following training for staff and volunteers:

- **Mental Health Awareness**
- **Neurodiversity – provided by Shropshire Autism Hub, Midlands Partnership NHS Foundation Trust**
- **Bid Writing**
- **Active Listening**
- **Mental Health First Aid**

Community Representation

The Development and Sustainability Team represented Burton and District Mind at the Mind Federation Conference and led a session called “Engaging Minds in communities”. We also had presence at the following Mind Communities of Practice:

- **Federation First**
- **Physical Activity**
- **Communications**
- **Lived Experience**
- **Fundraising**

We also represented Burton and District Mind at the following events and activities:

- **Support Staffordshire VCSE Forums: East Staffs, Lichfield and Tamworth**
- **South East Staffs Healthy Communities Forum**
- **Staffordshire Mental Health Forum**
- **Future Focus Development Forum**
- **Representation to East Staffs Health and Wellbeing Scrutiny Committee**
- **Staffordshire County Council Public Health: Community Champions**
- **Staffordshire County Council Public Health: Suicide Prevention**
- **Meeting of the Minds – coproduced marketplace event**
- **BBC West Midlands Today news**
- **Stoke and Staffordshire Radio**

Internal Development

The Development and Sustainability Team provided substantial support and mobilisation on the following internal projects:

- **Mind Quality Mark**
- **Roll out of Microsoft 365**
- **Cyber Essentials Accreditation**
- **Redevelopment of Human Resource Procedures**
- **Employment Value Proposition**

Newsletter, Social Media and Website

Tom Lawson, Development Associate, has successfully published 12 editions of the internal newsletter received by trustees, staff, volunteers and associates. This has showcased successes, highlighted campaigns (such as Longest Night and Time to Talk Day), and ensured the whole team has up to date information on developments, training opportunities, new team members, and projects & services that they can signpost and refer to.

The Burton and District Mind website underwent significant review and rebranding in line with the new Mind brand and to highlight fundraising and workplace health opportunities as well as to reduce the number of 'clicks' for people to register for support or donate to the charity.



Feedback on Activities

“Forest bathing was brilliant, I just loved losing myself from the real world for a while and being by the water.”

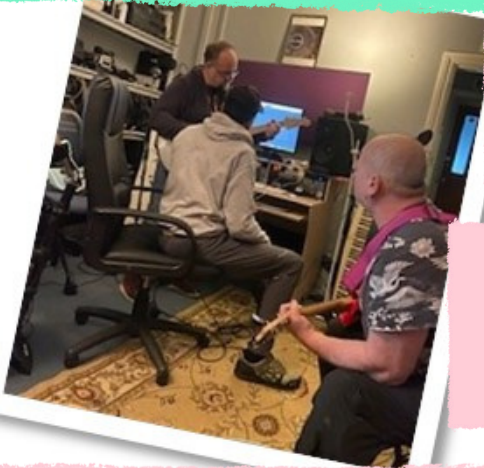
“It felt so nice to be around friendly people every week who treat me with respect.”

– Eco Therapy



“Even the bus journeys to and from the sessions were beneficial, we had a sing-along then too!”

– Music Minds



“I loved the meditation we did, I continued at home with this, put some calming music on and sat on the end of my bed and it helped clear my mind.”

– Music Minds

“I really got a lot out of today’s session. Felt good. Channelling controlled aggression focused all anger into the bat and sent that flying down the range. Excellent therapy.”

– Bat n Chat Cricket



“The course highlight for me was about making the time to sit down and do some self-care. The visualisations were great too.”

– Wellbeing Techniques for Over 60s



“It was great for having reasons for getting out of the home environment which was very stressful at the time of starting the course. It was like a haven to de-stress/Relax and unwind. The course has supported me with my self-confidence and self-esteem as well as my communication skills and relaxation. It has helped me to be punctual and on time for groups and be more organised. I loved Forest bathing and meeting new people. I would say to other people thinking of coming along, feel the fear and do it anyway, you might be pleasantly surprised. People are always made to feel welcome”

–Eco Therapy



Volunteer Programme



The Development and Sustainability Team extensively redeveloped the Volunteer Programme at the start of the year, including a revision of the roles provided, new training for Volunteer Coordinating staff and a new online form to capture the outstanding successes our volunteers have with the community and within the charity.

Over the year we had 25 team members using the online Volunteer Activity Log to record their donation of time and skills to Burton and District Mind.

**Our
volunteers
rate the value
of their
involvement
as 4.5 out of
5**

We have logged a total of 168 instances of volunteering, 550 hours donated and contacts with 677 people for their mental health and related topics! The generous donation of time has been worth £5,731 to our community. This has been reported through the Newsletter thanking the volunteers with a summary of the feedback and activity.

**Emma Godfrey,
Project Support Coordinator**

Trent and Dove

Floating Mental Health Support Report

John our Floating Mental Health support service has continued to work out of the Burton and District Mind office, as although the Trent and Dove office has reopened after covid, Trent and Dove have made changes to their offices the reception assesses to the building. John has benefited from being based at 67 and is able to gain support from our team of community Recovery Workers and other peers within our team.

This year John has accessed the Trent and Dove volunteers' team to help support and maintain some client's gardens and support with decorating where the client was unable to take care of these jobs themselves. The volunteer team have also removed unwanted items that can affect property condition to support clients with their tenancy agreements

During the last 12 months John has successfully supported clients within their properties and enabled them to improve their home environments, reduce social isolation and increase their household incomes to better support their day-to-day needs.

John has helped improve client's mental wellbeing and prevented loss of income, supported health related issues that can prevent clients caring for their homes. This post has supported over 150 Trent and Dove clients improve their health and wellbeing in the last 12 months.

Within his role John has supported tenants to claim backdated housing benefit, Discretionary Housing Payments and charity grants, to enable clients to buy essential furniture items for their homes such as, flooring their properties and white goods to improve their home environments and quality of life.

John has supported clients with benefit claims and tribunals, to challenge DWP decisions, without this support clients who might otherwise have struggled to attend these meetings alone. Throughout the year John has also supported clients to link-in other appropriate local agencies such as Health and Social care, Burton Albion Community Trust, Places of welcome and Ecotherapy to name a few.

John has continued to be a vital source of support to Trent and Dove tenants providing his clients with the useful information, and assistance they need to improve their home environments and personal budgets and make improvements to their health and overall wellbeing.

Future Focus Report

1 April 2023 – 31 March 2024

In its second year of operation, Future Focus has experienced significant growth. The team has expanded, including the addition of a language specialist Recovery Worker, Shakila Shaheen, who will assist the South Asian ladies referred by the Community Mental Health Team.

Additionally, Sarge Cockayne has joined as a Recovery Worker to support individuals whose mental health presents additional challenges. Prior to becoming a paid employee with the Burton and District Mind team, Sarge volunteered with us, highlighting the development of our volunteers.

The team continues to implement creative strategies to help participants achieve their goals and enhance their quality of life, with personalized care at the core of our approach. We have celebrated numerous successes, including participants leaving their homes for the first time in seven years and starting new jobs.

Collaborating with the Future Focus partners has provided us with the opportunity to create new offerings tailored to our participants.

The Recovery Workers are continuously identifying local needs, and the partner organisations have begun developing activities to address these unmet needs, such as cooking groups for individuals and craft groups.

We frequently receive positive feedback from our participants as well as other healthcare professional, as highlighted below:

“Thank you for all the support for this gentleman, your compassionate and caring approach is much appreciated”

“I just wanted to thank you for the amazing work that you have been doing with some of my clients. I don’t get to spend the time or see them as often as I would like but I know they are in safe hands!”

“You did a heck of a lot more than most others that have tried. I really appreciate your time and effort”

“I couldn’t have gotten to this point in my life without the support from Future Focus, the talks have helped me massively, I can begin to see life differently, and the chats have given me a different perspective on life. That I am not a bad person that I can’t change the past that I can move on and build a good foundation and future for myself.”

“I have often had thoughts about things but I did not had anyone I trusted to talk too, no-one who would really listen to me, not really listen, no-one to talk to especially at times when I have been completely overwhelmed. I have found myself saying very often I’d never thought of it like that and yes I can see why that would have happen or why others would react to me that way, that my history isn’t who I am anymore, that’s has helped so much, so thank you”

“I don’t think I would still be here if it wasn’t for my Recovery Worker. I have had really good support and feel I can go it alone more now from being a broken person”.

“I’m just glad you are all nice people to be honest with you. It’s been a while since I came across some genuine people and it’s changing the way I feel more and more as time goes on, I feel like a brand new person. I’m just so happy atm, my mind feels great and my body is following behind”

“I just wanted to also say it was noted how much future focus and you personally do and what an invaluable resource the team is, well done and thank you for all of the support and effort that you put into each person, it is greatly appreciated and does not go unnoticed, particularly by our service users, but also by the wider teams”.

“Just to let you know that you were discussed in the East Social care pathway Team meeting on Friday. It seems you are somewhat of a hero to a number of professionals in our team, including me. I cannot say how grateful we are for your ongoing tenacity and patience with a certain person. You go above and beyond and it shows. In doing what you do, you are preventing social isolation and heavy handed actions for individuals that would not be in their best interests. Thank you”

“It’s been my absolute pleasure working with yourself and your team, you and your team do a truly brilliant job and I feel we are all equally important in the recovery of our service users. This partnership working is essential to recovery and you and your team are amazing”

Number of referrals for Burntwood, Lichfield and Tamworth areas:

	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Total
Referral Received	7	9	13	8	12	9	15	5	6	16	12	6	118
Patient Referred	6	9	13	8	12	9	15	5	6	16	12	6	113
Active Referrals ERP	54	59	67	72	82	86	96	98	100	109	110	113	113
Rejected Referrals													
Referrals Closed	4	4	3	4	3	5	4	3	5	7	11	3	56
Discharged Patients	4	4	3	4	3	5	4	3	5	7	11	3	54

Number of referrals for East Staffordshire (Including Burton on Trent and Uttoxeter):

	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Total
Referral Received	14	11	14	7	6	14	5	11	8	10	6	10	116
Patient Referred	14	11	14	7	6	14	5	11	8	10	6	10	109
Active Referrals ERP	104	96	103	95	99	99	101	108	115	116	114	115	115
Rejected Referrals													
Referrals Closed	1	19	5	17		16	3	3	2	9	7	10	92
Discharged Patients	1	18	5	17		16	3	3	2	9	7	10	82

Safe Hands Report

Safe Hands has gone from strength to strength with the addition of a Deputy Team Leader to better support the out of hours service and team. Two additional part-time workers have provided additional hours to cover holidays and emergency cover and provide extra support the Safe Haven café team.

The team have developed strong working alliances with the Crisis team in the East and West localities. Training and development opportunities have been shared as a whole team which has allowed our team to build their knowledge and practice. Our team contribute to care planning and have been trained this year to complete basic observations on their visits.

A Safe Hands booklet has been developed for participants who are allocated to the Safe Hands service. The booklet continues simple techniques to support our participants recovery and useful pages of support contacts, organisations to build their own wellness plans for the future. This booklet will continue to be added to as the service grows, informed by our team's knowledge and the needs of the participants the team support within the service.

We are looking forward to new opportunities for the team and future developments with the addition of the new Mental Health Crisis Assessment Centre opening on the St Georges site in Stafford in Oct 2024. We are exploring new ways to further develop and deploy the Hands team through new opportunities within local mental health services.

Safe Hands are making a difference to the Crisis team and the patients using the service by providing a listening ear and giving time to talk, allowing the Crisis team extra resources to support more patients in initial stages of crisis. Our team are sometimes called upon to accompany a Crisis team worker on care planning visits, allowing the wider Crisis team to cover more calls. We have received good feedback from patients who have received the Safe Hands service and experienced positive outcomes from the service.

As we are a relatively new service, we will continue to adapt and develop the service to the needs of the community we support. We will continue to encourage good working practices and promote the work ethic and ethos of Burton and District Mind.

Feedback from the Crisis team

“K was particularly grateful to B from Safe Hands, and said he found them to be empathetic and very supportive regarding supporting him and giving information for Andy's Man Club. They were singled out for praise from both K and his sister”

“On today's visit she praised Safe Hands for their ongoing support given to her. In particular named T, as so caring and compassionate and how their presence alone, was relaxing and enabled her to ground herself and begin to rationalise her own thoughts”

Just thought you should know of their amazing work with patients.

Safe Haven Report

As we come to the end of the year, I wanted to take a moment to reflect on what we've achieved together at Safe Haven. It's been a busy year, and we've got plenty to be proud of.

A Year in Numbers

Individuals Supported:

Over the past 12 months, we've had approximately 1,680 individual service contacts. Each person we've supported has brought their own story and challenges, and we're grateful to have been there to offer support.

Highlights and Successes

More Than One-to-One Support:

We recognised that people were looking for more than just individual support. In response, we started weekly workshops, weekly yoga sessions and regular drop-in sessions. These have become valuable spaces where participants can learn new skills and connect with others.



Wellbeing Wednesday:

We launched Wellbeing Wednesday, a 12-week healthy eating course. Participants learned how to prepare nutritious meals on a budget. Many have told us that they're now cooking more at home and feeling better for it.

Arts and Crafts Workshops:

We held several arts and crafts sessions, including resin workshops where participants made keychains, coasters, and stress-relief items. These sessions provided a relaxed environment for people to express themselves creatively. We also welcomed the team over at New Era, who joined our participants in creating a mural for a local bus stop. The bus stop was adorned by key quotes from our participants that serves as a message of hope to the local community.



Community Engagement and Support

Support from Sam Broderick:

Sam organised a family fun day that raised £440 and a grand ball that brought in an impressive £5,000. Her efforts have directly supported our programmes, including funding for workshops like mindfulness yoga.

Donation from Crafty Sew'N'Sews:

Linda and her team donated £18.50 from the sale of their handmade crafts. This contribution helped us provide extra resources and craft supplies for existing participants.

Collaborations:

Working with groups like Tamworth Auxiliary and Every MindMatters, we raised over £221 through cake sales and handcrafted items.



Looking Ahead

As we head into the new year, we're grateful to everyone who has been part of Safe Haven. We're actively looking forward to securing a new permanent base in Tamworth. We're hoping that next year, this will allow us to expand our services and continue helping the local community!

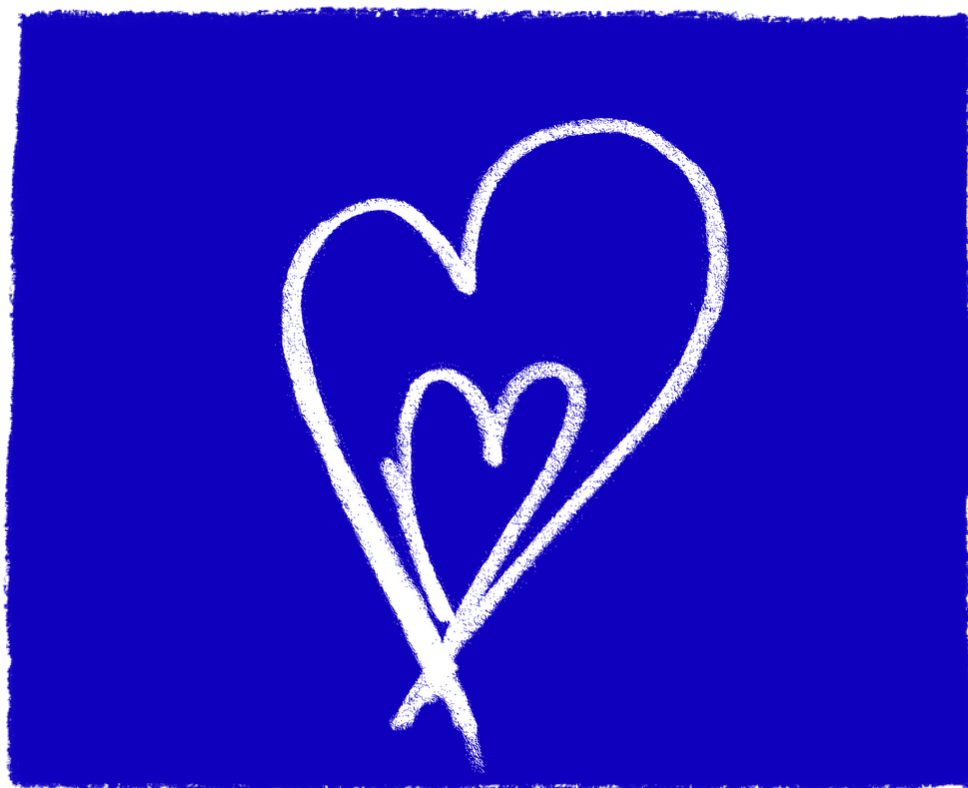
- The Safe Haven Team

Claire Griffiths,
Safe Haven Team Leader



**Safe
Haven**

A place for hope when there's distress



REGISTERED COMPANY NUMBER: 07438326 (England and Wales)
REGISTERED CHARITY NUMBER: 1140492

Report of the Trustees and
Financial Statements
for the Year Ended 31 March 2024
for
Burton & District Mind

Bourne & Co
Statutory Auditors
6 Lichfield Street
Burton-on-Trent
Staffordshire
DE14 3RD

Contents of the Financial Statements
for the Year Ended 31 March 2024

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Report of the Trustees
for the Year Ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Burton & District Mind have a positive local reputation, we are known for providing high quality services and projects, we have highly trained and dedicated staff who underpin our service delivery and an experienced board of trustees with wide ranging skills and knowledge.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our strategy 2020/24 and the trustee board has remained true to the vision of the association, and this is further reflected in the current strategy document. Through board awareness and planning social investment was identified as high on our agenda. There has been increased investment to expand upon contracts of work, planned to widen the geographical reach of our charity, recruiting and team training. Development around the recruitment and deployment volunteers to further support and expand our community activities. Increased activity has been developed to support influence and participation of services through the development of links to Burton Pride LGBTQ+ Expressions group and Sideways; Neurodiversity steering group forums and service user involvement on our Strategy steering group.

Report of the Trustees
for the Year Ended 31 March 2024

OBJECTIVES AND ACTIVITIES

Significant activities

Burton and District Mind have successfully secured the purchase of our Head office property in Burton on Trent this year. Renting property has been a long-term identified risk to our charity following 3 moves in the organisation's lifetime. Securing a mortgaged property will provide a financial asset and security for our organisation's future. On-going tenders have provided growth of our team. All bid and tenders are subject to full-cost recovery protocols to ensure they are fully funded.

Contracts of work provided within this reporting period have allowed Burton & District Mind to increase geographical reach and choice for our community. Achievements set within the Strategy have been met with the securing of contracts and subcontracts of work providing stability and planned development for our organisation.

The addition of Deputy Team Leaders within the NHS services has allowed additional development of services and risk mitigation to the operational team.

We have several ongoing NHS contracts through Midland Partnership Foundation Trust (MPFT) including:

- | | |
|-----------------------------------|---|
| - Staffordshire Wellbeing Talking | - Providing counselling for mental health and anger treatment service management counselling sessions. |
| - Mental Health Transformation | - Working with 5 third sector partners to provide Future Focus Recovery Workers, Team Leader and Deputy Team Leader. Future Focus covers Burton, Uttoxeter, Lichfield, Burntwood and Tamworth and provides additional community support to clients within secondary care mental health services, to help reduce barriers that can cause prolonged mental ill health and social isolation. |
| - Safe Haven Crisis Café | - A safe space in Tamworth providing support for those in mental health crisis or emotional distress. Supported by a team of Recovery Workers, Team Leader, Deputy Team Leader, volunteers and peer helpers. |
| - Safe Hands | - Working within the Crisis team at St Michaels Hospital Lichfield and St Georges Hospital in Stafford. Providing lower-level support to those overcoming mental health crisis, supporting with relapse prevention, networking advice and de-escalation techniques. Support provided by 2 teams of recovery Workers, Team Leader and Deputy Team Leader. |
| - Out-reach service | - Subcontracting to the Alzheimer's association - Working to address those that are not engaged in vital support for serious mental illness and memory loss. Both organisations provide community engagement to support identified individuals to access routes into appropriate support. |

We also have other contracts as follows:

Report of the Trustees
for the Year Ended 31 March 2024

OBJECTIVES AND ACTIVITIES

- Trent and Dove - Floating Mental Health Support
 - Supporting Trent and Dove tenants with mental health problems as part of the wider tenancy sustainment team, supporting access to statutory and community assets, enabling sustainment of their tenancy through securing benefits they are eligible for and applying for missing basic items for their homes such as carpeting and white goods.
- Thinkwell - Staffordshire County Council
 - Providing one to one counselling sessions both through County Council Employment employee self-referral and manager referral. The tender successfully secured for a further 3 years.

Our Grants and fundraising projects include low-cost counselling sessions, Music Minds, Mind-makeover sessions, Ecotherapy, Forest bathing, walk and talk football, Mindfulness, library listening space and peer support groups in the local communities and online.

We also provide self-funded private counselling sessions funded by the client.

Public benefit

Improved fundraising activities have benefited by a Mind investment fund which has enabled Burton and District Mind to employ a fundraiser part time for 18 months. Wider-reaching services identified and achieved through Future Focus, partnering with organisations allowed for delivery of services across south Staffordshire in 5 additional locations. Safe Hands service working within the community supporting Crisis Teams in the East and West of Staffordshire. Further, subcontracted Outreach work in partnership with the Alzheimer's Association supporting vulnerable people over 65. Increased reach has been achieved through our improved social media activities supported by volunteers.

Being part of this sector enables us to deliver services that are influenced by the needs of our beneficiaries in the most innovative and cost-effective way. Burton & District Mind aim to work closely with statutory services and other third sector organisations to bridge gaps in provision and best addresses the needs of our beneficiaries.

Volunteers

Increased activity to recruit, train and deploy volunteers has created additional resource for induction and training of new volunteers and new and developing community activities. Developments such as Library Listening Spaces, Peer Support facilitators, volunteer Future Focus buddies for joint appointments, Safe Haven volunteer opportunities, fundraising support, and service-related communications. Increased support within funded projects has provided extra resource for participants. Co-production, participation and involvement has been increased through volunteer MH Ambassadors, Expressions LGBTQ+ group and Sideways groups.

Report of the Trustees
for the Year Ended 31 March 2024

STRATEGIC REPORT

Achievement and performance

During the period Burton & District Mind improved our website making the experience simpler to site visitors and increased our communications on social media to promote services and raise the profile of our charity. Communications were also involved within our growing team with senior management meetings and team meetings being implemented.

Treasurer's Report (as prepared by Diane Worley, Treasurer)

Burton & District Mind continued to successfully increase its year-on-year income to £1.4m of which 78.8% is restricted funding. Incremental income has come in the main from a number of Midlands Partnership Foundation Trust contracts including £494.5k Safe Hands & Safe Haven, £348.1k Future Focus, £323.5k Talking Therapies Counselling. In addition to this £45.5k has come from the Alzheimer's Outreach contract, £37.1k from Trent & Dove, £24.4k from National Mind Mentor Mental Health Productivity pilot & £2.6k from Staffordshire County Council Thinkwell contract.

There has been the following changes in total income in recent years.

Total income for 2023-24 was £1,423,376, an increase of £413,687.

Total income for 2022-23 was £1,009,689, an increase of £593,312.

Total income for 2021-22 was £416,376, an increase of £91,252.

Total income for 2020-21 was £325,124, an increase of £91,598.

Total income for 2019-20 was £233,526.

For 2023-24, 93% of the income related to our Charitable Activities, 6% of the income related to Donations and Legacies with 1% of the activities relating to Other Activities.

New contracts required us to increase our headcount by 75% (Recovery Workers) representing the main increase in our cost base. We now also own our registered office "Birkett House" which is part funded by a small mortgage. We continue to ensure that all other costs are managed to ensure value for money.

We have maintained our Reserves Fund of 68k, which covers our winding up costs should they be required. This is reviewed every 6 months to ensure it reflects the current structure/risk.

There has been the following changes in total expenditure in recent years.

Total expenditure for 2023-24 was £1,127,263, an increase of £427,141.

Total expenditure for 2022-23 was £700,122, an increase of £260,293.

Total expenditure for 2021-22 was £439,828, an increase of £167,774.

Total expenditure for 2020-21 was £272,054, an increase of £56,046.

Total expenditure for 2019-20 was £216,008.

For 2023-24, 67% of the expenditure related to our Contract Team costs, 19% related to Central Team costs, 11% related to Premises and Administration costs, 2% related to Project costs and 1% related to Finance costs and Other costs.

Report of the Trustees
for the Year Ended 31 March 2024

Summary

Bourne & Co, Statutory Auditors, 6 Lichfield Street, Burton-on-Trent complete our annual audit in line with the Charity Commission's Audit Requirements and to ensure the accounts are completed in line with the requirements of the Charities Statement of Recommended Practice and (FRS 102 accounting standards).

The Board of Trustees have and will continue to ensure that projects are in line with our Strategic Plan. a challenging year for all involved which was driven by the passion and commitment of the whole team to deliver the best support for the people of Burton and the wider district. Thank you to all who have made this year a massive success.

Financial and risk management objectives and policies

Burton & District Mind has achieved the Mind Quality Mark (MQM) award - MQM is a rigorous assessment and auditing process undertaken every three years which covers all aspects of charity governance and operations. Burton & District Mind also annually completes Cyber Essentials accreditation and Data Protection and Security toolkit and is ICO (Information Commissioners Office) registered.

The new Mind Quality Mark was successful with a much broader deeper dive than on previous rounds and this exercise will help us to continue to improve our board and organisational processes beyond its completion. We will review and further improve our organisations attitude to risk management and its monitoring, and our policies and procedures scheduled reviews to ensure we are operating with the most up to date knowledge of law and legislation to achieve optimum quality and governance.

Future plans

During the period our contracts of work have continued to develop to meet increasing community demands and to further support VCSE work with the NHS. We anticipate that the new government will inevitably make changes to tendering and procurement processes and law. Further changes are likely to be around employment and we anticipate how this will affect Burton & District Mind as employers, and this could add to destabilise the cost-of-living crisis further. Recruitment difficulties and the potential risk of loss of key staff continues to be identified risk to our organisation. Work has been completed by the board along with the senior management team in 2024 to strengthen our infrastructure by developing deputy positions to mitigate some identified risks. Further development will form a vital part of our onward work for 2025/27 strategy.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Report of the Trustees
for the Year Ended 31 March 2024

As summarised in our governing documents the purposes of Burton & District Mind are.

- To promote the preservation of mental health.
- To assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment.
- To work in association with Mind in accordance with their aims and their objectives

Burton & District Mind are the regions primary mental health charity. In line with our Strategy 2025/27 the trustees have remained true to our purposes and vision.

The trustees of Burton and District Mind take ultimate responsibility for compliance. The trustee board delegates operational management to the CO and Senior Management Team.

Recruitment and appointment of new trustees

Trustees are recruited based on the annual Trustee Skills audit report and Risk Assessment report which are completed by the trustee board. These activities inform the board on emerging needs of the charity and skills gap within the trustee board. Board recruitment is addressed in several ways from advertising on our website, attending open days at universities and colleges, advertising with Support Staffordshire our local VCSE support service, promoting trustee opportunities at health events the charity attends and within our networks and partnerships. The charity has a trustee recruitment process and application process which must be completed successfully prior to an applicant becoming a charity trustee.

The board complete a full volunteer induction including training to better understand the role and responsibilities and complete a timetable of training annually. Additional annual training may be added on an ad hoc basis if law and legislation requires further advice and guidance.

The trustee board follow an annual timetable of governance processes to ensure that structure, governance and legal status of the charity remains focused and strategic.

Annually the trustee board oversee annual staff remuneration through a formal trustee steering group. The steering group review the charities activities and contracts of work and compare equivalent charitable posts and salaries. The Trustee Steering group will propose staff annual increases to the full trustee board for the purposes of voting.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
07438326 (England and Wales)

Registered Charity number
1140492

Registered office
67 Branston Road
Burton on Trent
Staffordshire
DE14 3BY

Report of the Trustees
for the Year Ended 31 March 2024

Trustees

Ms S Adey-Rankin Retired
D J Bassett Retired
K J Builth Retired
Ms C S Gethin Chief Executive
C Rimmer Retired (resigned 1.11.23)
Ms C D Robinson Retired
Ms K St Clair Retired
Ms D Worley Chartered Management Accountant
Ms S Jay (appointed 1.11.23) (resigned 21.7.24)

Auditors

Bourne & Co
Statutory Auditors
6 Lichfield Street
Burton-on-Trent
Staffordshire
DE14 3RD

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Burton & District Mind for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Report of the Trustees
for the Year Ended 31 March 2024

AUDITORS

The auditors, Bourne & Co, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 6 November 2024 and signed on the board's behalf by:

K J Bulth - Trustee

Report of the Independent Auditors to the Members of Burton & District Mind

Opinion

We have audited the financial statements of Burton & District Mind (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Report of the Independent Auditors to the Members of
Burton & District Mind

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Report of the Independent Auditors to the Members of Burton & District Mind

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Discussions and correspondence with management, including known or suspected instances of non-compliance with laws and regulations and fraud
- Reviewing nominal ledger transactions with particular emphasis on journal entries posted by management
- Being alert throughout our work for anything considered unusual by virtue of size or nature.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

David Meadows F.C.A. (Senior Statutory Auditor)
for and on behalf of Bourne & Co
Statutory Auditors
6 Lichfield Street
Burton-on-Trent
Staffordshire
DE14 3RD

6 November 2024

Burton & District Mind

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2024

	Notes	Unrestricted funds £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	81,236	9,850	91,086	61,883
Charitable activities	5				
Charitable activities		210,460	1,112,444	1,322,904	937,644
Other trading activities	3	5,265	-	5,265	8,910
Investment income	4	4,122	-	4,122	1,252
Total		<u>301,083</u>	<u>1,122,294</u>	<u>1,423,377</u>	<u>1,009,689</u>
EXPENDITURE ON					
Charitable activities	6				
Charitable activities		<u>306,131</u>	<u>821,133</u>	<u>1,127,264</u>	<u>700,122</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	20	(5,048) <u>114,544</u>	301,161 <u>(114,544)</u>	296,113 <u>-</u>	309,567 <u>-</u>
Net movement in funds		109,496	186,617	296,113	309,567
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>245,934</u>	<u>234,171</u>	<u>480,105</u>	<u>170,538</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>355,430</u></u>	<u><u>420,788</u></u>	<u><u>776,218</u></u>	<u><u>480,105</u></u>

The notes form part of these financial statements

Balance Sheet
31 March 2024

	Notes	Unrestricted funds £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
FIXED ASSETS					
Tangible assets	13	45,006	80,306	125,312	-
CURRENT ASSETS					
Debtors	14	13,922	54,545	68,467	69,101
Cash at bank and in hand		302,529	408,189	710,718	531,367
		<u>316,451</u>	<u>462,734</u>	<u>779,185</u>	<u>600,468</u>
CREDITORS					
Amounts falling due within one year	15	(6,027)	(48,565)	(54,592)	(120,363)
NET CURRENT ASSETS		<u>310,424</u>	<u>414,169</u>	<u>724,593</u>	<u>480,105</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		355,430	494,475	849,905	480,105
CREDITORS					
Amounts falling due after more than one year	16	-	(73,687)	(73,687)	-
NET ASSETS		<u>355,430</u>	<u>420,788</u>	<u>776,218</u>	<u>480,105</u>
FUNDS	20				
Unrestricted funds				355,430	245,934
Restricted funds				420,788	234,171
TOTAL FUNDS				<u>776,218</u>	<u>480,105</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 6 November 2024 and were signed on its behalf by:

K J Builth - Trustee

The notes form part of these financial statements

Burton & District Mind

Cash Flow Statement
for the Year Ended 31 March 2024

	Notes	31.3.24 £	31.3.23 £
Cash flows from operating activities			
Cash generated from operations	1	229,169	336,036
Finance costs paid		(5,064)	-
Net cash provided by operating activities		<u>224,105</u>	<u>336,036</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(125,418)	-
Interest received		4,122	1,252
Net cash (used in)/provided by investing activities		<u>(121,296)</u>	<u>1,252</u>
Cash flows from financing activities			
New loans in year		79,000	-
Loan repayments in year		(7,522)	-
Loan interest in year		5,064	-
Net cash provided by financing activities		<u>76,542</u>	<u>-</u>
Change in cash and cash equivalents in the reporting period		<u>179,351</u>	<u>337,288</u>
Cash and cash equivalents at the beginning of the reporting period		<u>531,367</u>	<u>194,079</u>
Cash and cash equivalents at the end of the reporting period		<u><u>710,718</u></u>	<u><u>531,367</u></u>

The notes form part of these financial statements

Burton & District Mind

Notes to the Cash Flow Statement
for the Year Ended 31 March 2024

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.24 £	31.3.23 £
Net income for the reporting period (as per the Statement of Financial Activities)	296,113	309,567
Adjustments for:		
Depreciation charges	106	-
Interest received	(4,122)	(1,252)
Finance costs	5,064	-
Decrease/(increase) in debtors	634	(37,727)
(Decrease)/increase in creditors	(68,626)	65,448
Net cash provided by operations	<u>229,169</u>	<u>336,036</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.23 £	Cash flow £	At 31.3.24 £
Net cash			
Cash at bank and in hand	531,367	179,351	710,718
	<u>531,367</u>	<u>179,351</u>	<u>710,718</u>
Debt			
Debts falling due within 1 year	-	(2,855)	(2,855)
Debts falling due after 1 year	-	(73,687)	(73,687)
	<u>-</u>	<u>(76,542)</u>	<u>(76,542)</u>
Total	<u>531,367</u>	<u>102,809</u>	<u>634,176</u>

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 31 March 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Burton & District Mind is a Charitable Company incorporated in England & Wales and limited by Guarantee. In the event of being wound up, the liability in respect of guarantees is limited to £1 per member of the charity. The registered office is given in the Trustees Report on pages 1 and 2 of these financial statements. The nature of the charity's operations and principal activities are also included within the Trustees Report.

The financial statements are presented in sterling which is the functional currency of the charity.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Where income is paid in advance by the customer and that income covers a period of time straddling the year end, the income is apportioned so that it is allocated to the financial year in which the services are delivered.

Income is accrued for where the activities have been performed but not invoiced at the year end.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

The company acquires some assets that are the purpose of a specific project (charitable activity) for which funding is obtained. These assets are not capitalised but are instead treated as expenditure such that they are offset against the income to which they relate.

Any assets not acquired for the purpose of a specific project are capitalised.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the depreciated replacement cost of each asset to its expected residual value evenly over its expected useful life as follows:

- | | |
|-------------------------|------------------------|
| - Freehold buildings | - over 50 years |
| - Fixtures and fittings | - 15% reducing balance |

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

No depreciation charge has been charged on the building as the residual value is considered to be at least equal to cost.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Hire purchase and leasing commitments

Rentals payable under operating leases are charged to profit or loss on a straight line basis over the lease term, unless the rental payments are structured to increase in line with expected general inflation, in which case the company recognises annual rent expense equal to amounts owed to the lessor.

Hire of equipment is charged directly to profit or loss, as incurred.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

The liability and expense is allocated to specific projects and activities and between restricted and unrestricted funds on a time spent basis.

Debtors and creditors

Debtors and Creditors are measured at transaction price, less any impairment.

Burton & District Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

2.	DONATIONS AND LEGACIES		
		31.3.24	31.3.23
		£	£
	Donations	91,086	51,133
	Gift aid	-	750
	Legacies	-	10,000
		<u>91,086</u>	<u>61,883</u>
3.	OTHER TRADING ACTIVITIES		
		31.3.24	31.3.23
		£	£
	Other	5,265	8,910
		<u>5,265</u>	<u>8,910</u>
4.	INVESTMENT INCOME		
		31.3.24	31.3.23
		£	£
	Deposit account interest	4,122	1,252
		<u>4,122</u>	<u>1,252</u>
5.	INCOME FROM CHARITABLE ACTIVITIES		
		31.3.24	31.3.23
		£	£
	Grants	71,720	45,929
	Contract income	1,251,184	891,715
		<u>1,322,904</u>	<u>937,644</u>

Grants of £71,720 (2023: £45,929) comprise £1,000 from National Mind EFL Grant for the Walk & Talk Football programme (2023: £9,000), £10,097 (2023:£4,903) in respect of a National Mind Organisational & Development Grant to employ a part time fundraiser, £24,390 from National Mind for the Mentor Mental Health Productivity Pilot (2023: £30,150), £375 (2023: £1,125) in respect of a Tesco Community Grant for the Mindfulness sessions. £15,000 from Mercer Farming to fund Ecotherapy programmes (2023:£nil), £7,860 from the English Sports Council to run the Bat & Chat Cricket project (2023:£nil), £5,999 from National Mind as part of the Equity & Lived Experience Development Fund to run the LGBTQI+ Expression Forum (2023: £nil), £5,000 from the Screwfix Foundation towards the refurbishment of the driveway to the office on Branston Road (2023: £nil) and £1,999 from South East Staffs as part of the Healthy Communities programme, running a series of Mind Makeover psychoeducation sessions (2023: £nil).

In the previous year there £750 was received for Healthwatch young persons for which no corresponding grant has been received in the year ending 31 March 2024.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	1,041,266	85,998	1,127,264

7. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Charitable activities	73,733	5,065	7,200	85,998

Support costs, included in the above, are as follows:

	31.3.24 Charitable activities £	31.3.23 Total activities £
Wages	57,422	50,623
Social security	5,916	5,012
Pensions	5,440	1,262
Other operating leases	513	1,800
Rates and water	134	142
Insurance	1,481	772
Light and heat	390	345
Telephone	864	473
Postage and stationery	638	402
Sundries	73	54
Professional fees	662	129
Subscriptions	94	39
Depreciation of tangible and heritage assets	106	-
Bank charges	1	-
Interest payable and similar charges	5,064	-
Auditors' remuneration	7,200	7,200
	<u>85,998</u>	<u>68,253</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.24	31.3.23
	£	£
Depreciation - owned assets	106	-
Other operating leases	15,997	14,231
	<u>15,997</u>	<u>14,231</u>

9. AUDITORS' REMUNERATION

Audit and accountancy fees charged to the profit and loss account during the year comprise £3,600 for audit fees and £3,600 for accountancy fees. (2023: £3,600 and £3,600 respectively).

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 (2023: nil).

11. STAFF COSTS

	31.3.24	31.3.23
	£	£
Wages and salaries	785,080	334,547
Social security costs	56,156	21,762
Other pension costs	21,618	16,518
	<u>862,854</u>	<u>372,827</u>

The average monthly number of employees during the year was as follows:

	31.3.24	31.3.23
Senior Management	4	4
Counsellors	8	8
Project Workers/Support Roles	5	5
Recovery Workers	18	3
	<u>35</u>	<u>20</u>

No employees received emoluments in excess of £60,000.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	60,754	1,129	61,883
Charitable activities			
Charitable activities	178,898	758,746	937,644
Other trading activities	7,910	1,000	8,910
Investment income	1,252	-	1,252
Total	<u>248,814</u>	<u>760,875</u>	<u>1,009,689</u>
EXPENDITURE ON			
Charitable activities			
Charitable activities	<u>247,931</u>	<u>452,191</u>	<u>700,122</u>
NET INCOME	883	308,684	309,567
Transfers between funds	<u>112,120</u>	<u>(112,120)</u>	<u>-</u>
Net movement in funds	113,003	196,564	309,567
RECONCILIATION OF FUNDS			
Total funds brought forward	132,931	37,607	170,538
TOTAL FUNDS CARRIED FORWARD	<u><u>245,934</u></u>	<u><u>234,171</u></u>	<u><u>480,105</u></u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

13. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Totals £
COST			
Additions	123,444	1,974	125,418
	<u> </u>	<u> </u>	<u> </u>
DEPRECIATION			
Charge for year	-	106	106
	<u> </u>	<u> </u>	<u> </u>
NET BOOK VALUE			
At 31 March 2024	123,444	1,868	125,312
	<u> </u>	<u> </u>	<u> </u>
At 31 March 2023	-	-	-
	<u> </u>	<u> </u>	<u> </u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24 £	31.3.23 £
Prepayments and accrued income	68,467	69,101
	<u> </u>	<u> </u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24 £	31.3.23 £
Bank loans and overdrafts (see note 17)	2,855	-
Trade creditors	51,737	46,881
Accruals and deferred income	-	73,482
	<u> </u>	<u> </u>
	54,592	120,363
	<u> </u>	<u> </u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

16. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	31.3.24	31.3.23
	£	£
Bank loans (see note 17)	73,687	-
	<u>73,687</u>	<u>-</u>

17. LOANS

An analysis of the maturity of loans is given below:

	31.3.24	31.3.23
	£	£
Amounts falling due within one year on demand:		
Bank loans	2,855	-
	<u>2,855</u>	<u>-</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	2,855	-
	<u>2,855</u>	<u>-</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	8,565	-
	<u>8,565</u>	<u>-</u>
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more 5 yr by instal	62,267	-

18. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.24	31.3.23
	£	£
Within one year	1,814	750
Between one and five years	5,442	-
	<u>7,256</u>	<u>750</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

19. SECURED DEBTS

The following secured debts are included within creditors:

	31.3.24 £	31.3.23 £
Bank loans	<u>76,542</u>	<u>-</u>

The loan taken out to fund the acquisition of the freehold property is secured on the property itself.

20. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	116,106	(24,784)	108,665	199,987
Designated	<u>129,828</u>	<u>19,736</u>	<u>5,879</u>	<u>155,443</u>
	245,934	(5,048)	114,544	355,430
Restricted funds				
Restricted	<u>234,171</u>	<u>301,161</u>	<u>(114,544)</u>	<u>420,788</u>
TOTAL FUNDS	<u>480,105</u>	<u>296,113</u>	<u>-</u>	<u>776,218</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	148,920	(173,704)	(24,784)
Designated	<u>152,163</u>	<u>(132,427)</u>	<u>19,736</u>
	301,083	(306,131)	(5,048)
Restricted funds			
Restricted	<u>1,122,294</u>	<u>(821,133)</u>	<u>301,161</u>
TOTAL FUNDS	<u>1,423,377</u>	<u>(1,127,264)</u>	<u>296,113</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

20. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	68,567	(23,229)	70,768	116,106
Designated	64,364	24,112	41,352	129,828
	<u>132,931</u>	<u>883</u>	<u>112,120</u>	<u>245,934</u>
Restricted funds				
Restricted	37,607	308,684	(112,120)	234,171
	<u>37,607</u>	<u>308,684</u>	<u>(112,120)</u>	<u>234,171</u>
TOTAL FUNDS	<u>170,538</u>	<u>309,567</u>	<u>-</u>	<u>480,105</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	82,651	(105,880)	(23,229)
Designated	166,163	(142,051)	24,112
	<u>248,814</u>	<u>(247,931)</u>	<u>883</u>
Restricted funds			
Restricted	760,875	(452,191)	308,684
	<u>760,875</u>	<u>(452,191)</u>	<u>308,684</u>
TOTAL FUNDS	<u>1,009,689</u>	<u>(700,122)</u>	<u>309,567</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

20. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	68,567	(48,013)	179,433	199,987
Designated	64,364	43,848	47,231	155,443
	<u>132,931</u>	<u>(4,165)</u>	<u>226,664</u>	<u>355,430</u>
Restricted funds				
Restricted	37,607	609,845	(226,664)	420,788
	<u>37,607</u>	<u>609,845</u>	<u>(226,664)</u>	<u>420,788</u>
TOTAL FUNDS	<u>170,538</u>	<u>605,680</u>	<u>-</u>	<u>776,218</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	231,571	(279,584)	(48,013)
Designated	318,326	(274,478)	43,848
	<u>549,897</u>	<u>(554,062)</u>	<u>(4,165)</u>
Restricted funds			
Restricted	1,883,169	(1,273,324)	609,845
	<u>1,883,169</u>	<u>(1,273,324)</u>	<u>609,845</u>
TOTAL FUNDS	<u>2,433,066</u>	<u>(1,827,386)</u>	<u>605,680</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

21. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

REGISTERED COMPANY NUMBER: 07438326 (England and Wales)
REGISTERED CHARITY NUMBER: 1140492

Report of the Trustees and
Financial Statements
for the Year Ended 31 March 2024
for
Burton & District Mind

Bourne & Co
Statutory Auditors
6 Lichfield Street
Burton-on-Trent
Staffordshire
DE14 3RD

Contents of the Financial Statements
for the Year Ended 31 March 2024

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Report of the Trustees
for the Year Ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Burton & District Mind have a positive local reputation, we are known for providing high quality services and projects, we have highly trained and dedicated staff who underpin our service delivery and an experienced board of trustees with wide ranging skills and knowledge.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our strategy 2020/24 and the trustee board has remained true to the vision of the association, and this is further reflected in the current strategy document. Through board awareness and planning social investment was identified as high on our agenda. There has been increased investment to expand upon contracts of work, planned to widen the geographical reach of our charity, recruiting and team training. Development around the recruitment and deployment volunteers to further support and expand our community activities. Increased activity has been developed to support influence and participation of services through the development of links to Burton Pride LGBTQ+ Expressions group and Sideways; Neurodiversity steering group forums and service user involvement on our Strategy steering group.

Report of the Trustees
for the Year Ended 31 March 2024

OBJECTIVES AND ACTIVITIES

Significant activities

Burton and District Mind have successfully secured the purchase of our Head office property in Burton on Trent this year. Renting property has been a long-term identified risk to our charity following 3 moves in the organisation's lifetime. Securing a mortgaged property will provide a financial asset and security for our organisation's future. On-going tenders have provided growth of our team. All bid and tenders are subject to full-cost recovery protocols to ensure they are fully funded.

Contracts of work provided within this reporting period have allowed Burton & District Mind to increase geographical reach and choice for our community. Achievements set within the Strategy have been met with the securing of contracts and subcontracts of work providing stability and planned development for our organisation.

The addition of Deputy Team Leaders within the NHS services has allowed additional development of services and risk mitigation to the operational team.

We have several ongoing NHS contracts through Midland Partnership Foundation Trust (MPFT) including:

- | | |
|-----------------------------------|---|
| - Staffordshire Wellbeing Talking | - Providing counselling for mental health and anger treatment service management counselling sessions. |
| - Mental Health Transformation | - Working with 5 third sector partners to provide Future Focus Recovery Workers, Team Leader and Deputy Team Leader. Future Focus covers Burton, Uttoxeter, Lichfield, Burntwood and Tamworth and provides additional community support to clients within secondary care mental health services, to help reduce barriers that can cause prolonged mental ill health and social isolation. |
| - Safe Haven Crisis Café | - A safe space in Tamworth providing support for those in mental health crisis or emotional distress. Supported by a team of Recovery Workers, Team Leader, Deputy Team Leader, volunteers and peer helpers. |
| - Safe Hands | - Working within the Crisis team at St Michaels Hospital Lichfield and St Georges Hospital in Stafford. Providing lower-level support to those overcoming mental health crisis, supporting with relapse prevention, networking advice and de-escalation techniques. Support provided by 2 teams of recovery Workers, Team Leader and Deputy Team Leader. |
| - Out-reach service | - Subcontracting to the Alzheimer's association - Working to address those that are not engaged in vital support for serious mental illness and memory loss. Both organisations provide community engagement to support identified individuals to access routes into appropriate support. |

We also have other contracts as follows:

Report of the Trustees
for the Year Ended 31 March 2024

OBJECTIVES AND ACTIVITIES

- Trent and Dove - Floating Mental Health Support
 - Supporting Trent and Dove tenants with mental health problems as part of the wider tenancy sustainment team, supporting access to statutory and community assets, enabling sustainment of their tenancy through securing benefits they are eligible for and applying for missing basic items for their homes such as carpeting and white goods.
- Thinkwell - Staffordshire County Council
 - Providing one to one counselling sessions both through County Council Employment employee self-referral and manager referral. The tender successfully secured for a further 3 years.

Our Grants and fundraising projects include low-cost counselling sessions, Music Minds, Mind-makeover sessions, Ecotherapy, Forest bathing, walk and talk football, Mindfulness, library listening space and peer support groups in the local communities and online.

We also provide self-funded private counselling sessions funded by the client.

Public benefit

Improved fundraising activities have benefited by a Mind investment fund which has enabled Burton and District Mind to employ a fundraiser part time for 18 months. Wider-reaching services identified and achieved through Future Focus, partnering with organisations allowed for delivery of services across south Staffordshire in 5 additional locations. Safe Hands service working within the community supporting Crisis Teams in the East and West of Staffordshire. Further, subcontracted Outreach work in partnership with the Alzheimer's Association supporting vulnerable people over 65. Increased reach has been achieved through our improved social media activities supported by volunteers.

Being part of this sector enables us to deliver services that are influenced by the needs of our beneficiaries in the most innovative and cost-effective way. Burton & District Mind aim to work closely with statutory services and other third sector organisations to bridge gaps in provision and best addresses the needs of our beneficiaries.

Volunteers

Increased activity to recruit, train and deploy volunteers has created additional resource for induction and training of new volunteers and new and developing community activities. Developments such as Library Listening Spaces, Peer Support facilitators, volunteer Future Focus buddies for joint appointments, Safe Haven volunteer opportunities, fundraising support, and service-related communications. Increased support within funded projects has provided extra resource for participants. Co-production, participation and involvement has been increased through volunteer MH Ambassadors, Expressions LGBTQ+ group and Sideways groups.

Report of the Trustees
for the Year Ended 31 March 2024

STRATEGIC REPORT

Achievement and performance

During the period Burton & District Mind improved our website making the experience simpler to site visitors and increased our communications on social media to promote services and raise the profile of our charity. Communications were also involved within our growing team with senior management meetings and team meetings being implemented.

Treasurer's Report (as prepared by Diane Worley, Treasurer)

Burton & District Mind continued to successfully increase its year-on-year income to £1.4m of which 78.8% is restricted funding. Incremental income has come in the main from a number of Midlands Partnership Foundation Trust contracts including £494.5k Safe Hands & Safe Haven, £348.1k Future Focus, £323.5k Talking Therapies Counselling. In addition to this £45.5k has come from the Alzheimer's Outreach contract, £37.1k from Trent & Dove, £24.4k from National Mind Mentor Mental Health Productivity pilot & £2.6k from Staffordshire County Council Thinkwell contract.

There has been the following changes in total income in recent years.

Total income for 2023-24 was £1,423,376, an increase of £413,687.

Total income for 2022-23 was £1,009,689, an increase of £593,312.

Total income for 2021-22 was £416,376, an increase of £91,252.

Total income for 2020-21 was £325,124, an increase of £91,598.

Total income for 2019-20 was £233,526.

For 2023-24, 93% of the income related to our Charitable Activities, 6% of the income related to Donations and Legacies with 1% of the activities relating to Other Activities.

New contracts required us to increase our headcount by 75% (Recovery Workers) representing the main increase in our cost base. We now also own our registered office "Birkett House" which is part funded by a small mortgage. We continue to ensure that all other costs are managed to ensure value for money.

We have maintained our Reserves Fund of 68k, which covers our winding up costs should they be required. This is reviewed every 6 months to ensure it reflects the current structure/risk.

There has been the following changes in total expenditure in recent years.

Total expenditure for 2023-24 was £1,127,263, an increase of £427,141.

Total expenditure for 2022-23 was £700,122, an increase of £260,293.

Total expenditure for 2021 -22 was £439,828, an increase of £167,774.

Total expenditure for 2020-21 was £272,054, an increase of £56,046.

Total expenditure for 2019-20 was £216,008.

For 2023-24, 67% of the expenditure related to our Contract Team costs, 19% related to Central Team costs, 11% related to Premises and Administration costs, 2% related to Project costs and 1% related to Finance costs and Other costs.

Report of the Trustees
for the Year Ended 31 March 2024

Summary

Bourne & Co, Statutory Auditors, 6 Lichfield Street, Burton-on-Trent complete our annual audit in line with the Charity Commission's Audit Requirements and to ensure the accounts are completed in line with the requirements of the Charities Statement of Recommended Practice and (FRS 102 accounting standards).

The Board of Trustees have and will continue to ensure that projects are in line with our Strategic Plan. a challenging year for all involved which was driven by the passion and commitment of the whole team to deliver the best support for the people of Burton and the wider district. Thank you to all who have made this year a massive success.

Financial and risk management objectives and policies

Burton & District Mind has achieved the Mind Quality Mark (MQM) award - MQM is a rigorous assessment and auditing process undertaken every three years which covers all aspects of charity governance and operations. Burton & District Mind also annually completes Cyber Essentials accreditation and Data Protection and Security toolkit and is ICO (Information Commissioners Office) registered.

The new Mind Quality Mark was successful with a much broader deeper dive than on previous rounds and this exercise will help us to continue to improve our board and organisational processes beyond its completion. We will review and further improve our organisations attitude to risk management and its monitoring, and our policies and procedures scheduled reviews to ensure we are operating with the most up to date knowledge of law and legislation to achieve optimum quality and governance.

Future plans

During the period our contracts of work have continued to develop to meet increasing community demands and to further support VCSE work with the NHS. We anticipate that the new government will inevitably make changes to tendering and procurement processes and law. Further changes are likely to be around employment and we anticipate how this will affect Burton & District Mind as employers, and this could add to destabilise the cost-of-living crisis further. Recruitment difficulties and the potential risk of loss of key staff continues to be identified risk to our organisation. Work has been completed by the board along with the senior management team in 2024 to strengthen our infrastructure by developing deputy positions to mitigate some identified risks. Further development will form a vital part of our onward work for 2025/27 strategy.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Report of the Trustees
for the Year Ended 31 March 2024

As summarised in our governing documents the purposes of Burton & District Mind are.

- To promote the preservation of mental health.
- To assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment.
- To work in association with Mind in accordance with their aims and their objectives

Burton & District Mind are the regions primary mental health charity. In line with our Strategy 2025/27 the trustees have remained true to our purposes and vision.

The trustees of Burton and District Mind take ultimate responsibility for compliance. The trustee board delegates operational management to the CO and Senior Management Team.

Recruitment and appointment of new trustees

Trustees are recruited based on the annual Trustee Skills audit report and Risk Assessment report which are completed by the trustee board. These activities inform the board on emerging needs of the charity and skills gap within the trustee board. Board recruitment is addressed in several ways from advertising on our website, attending open days at universities and colleges, advertising with Support Staffordshire our local VCSE support service, promoting trustee opportunities at health events the charity attends and within our networks and partnerships. The charity has a trustee recruitment process and application process which must be completed successfully prior to an applicant becoming a charity trustee.

The board complete a full volunteer induction including training to better understand the role and responsibilities and complete a timetable of training annually. Additional annual training may be added on an ad hoc basis if law and legislation requires further advice and guidance.

The trustee board follow an annual timetable of governance processes to ensure that structure, governance and legal status of the charity remains focused and strategic.

Annually the trustee board oversee annual staff remuneration through a formal trustee steering group. The steering group review the charities activities and contracts of work and compare equivalent charitable posts and salaries. The Trustee Steering group will propose staff annual increases to the full trustee board for the purposes of voting.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
07438326 (England and Wales)

Registered Charity number
1140492

Registered office
67 Branston Road
Burton on Trent
Staffordshire
DE14 3BY

Report of the Trustees
for the Year Ended 31 March 2024

Trustees

Ms S Adey-Rankin Retired
D J Bassett Retired
K J Builth Retired
Ms C S Gethin Chief Executive
C Rimmer Retired (resigned 1.11.23)
Ms C D Robinson Retired
Ms K St Clair Retired
Ms D Worley Chartered Management Accountant
Ms S Jay (appointed 1.11.23) (resigned 21.7.24)

Auditors

Bourne & Co
Statutory Auditors
6 Lichfield Street
Burton-on-Trent
Staffordshire
DE14 3RD

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Burton & District Mind for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Report of the Trustees
for the Year Ended 31 March 2024

AUDITORS

The auditors, Bourne & Co, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 6 November 2024 and signed on the board's behalf by:

K J Bulth - Trustee

Report of the Independent Auditors to the Members of Burton & District Mind

Opinion

We have audited the financial statements of Burton & District Mind (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Report of the Independent Auditors to the Members of
Burton & District Mind

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Report of the Independent Auditors to the Members of Burton & District Mind

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Discussions and correspondence with management, including known or suspected instances of non-compliance with laws and regulations and fraud
- Reviewing nominal ledger transactions with particular emphasis on journal entries posted by management
- Being alert throughout our work for anything considered unusual by virtue of size or nature.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

David Meadows F.C.A. (Senior Statutory Auditor)
for and on behalf of Bourne & Co
Statutory Auditors
6 Lichfield Street
Burton-on-Trent
Staffordshire
DE14 3RD

6 November 2024

Burton & District Mind

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2024

	Notes	Unrestricted funds £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	81,236	9,850	91,086	61,883
Charitable activities	5				
Charitable activities		210,460	1,112,444	1,322,904	937,644
Other trading activities	3	5,265	-	5,265	8,910
Investment income	4	4,122	-	4,122	1,252
Total		<u>301,083</u>	<u>1,122,294</u>	<u>1,423,377</u>	<u>1,009,689</u>
EXPENDITURE ON					
Charitable activities	6				
Charitable activities		<u>306,131</u>	<u>821,133</u>	<u>1,127,264</u>	<u>700,122</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	20	(5,048) <u>114,544</u>	301,161 <u>(114,544)</u>	296,113 <u>-</u>	309,567 <u>-</u>
Net movement in funds		109,496	186,617	296,113	309,567
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>245,934</u>	<u>234,171</u>	<u>480,105</u>	<u>170,538</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>355,430</u></u>	<u><u>420,788</u></u>	<u><u>776,218</u></u>	<u><u>480,105</u></u>

The notes form part of these financial statements

Balance Sheet
31 March 2024

	Notes	Unrestricted funds £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
FIXED ASSETS					
Tangible assets	13	45,006	80,306	125,312	-
CURRENT ASSETS					
Debtors	14	13,922	54,545	68,467	69,101
Cash at bank and in hand		302,529	408,189	710,718	531,367
		<u>316,451</u>	<u>462,734</u>	<u>779,185</u>	<u>600,468</u>
CREDITORS					
Amounts falling due within one year	15	(6,027)	(48,565)	(54,592)	(120,363)
		<u>310,424</u>	<u>414,169</u>	<u>724,593</u>	<u>480,105</u>
NET CURRENT ASSETS					
		<u>310,424</u>	<u>414,169</u>	<u>724,593</u>	<u>480,105</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		355,430	494,475	849,905	480,105
CREDITORS					
Amounts falling due after more than one year	16	-	(73,687)	(73,687)	-
		<u>355,430</u>	<u>420,788</u>	<u>776,218</u>	<u>480,105</u>
NET ASSETS					
		<u>355,430</u>	<u>420,788</u>	<u>776,218</u>	<u>480,105</u>
FUNDS	20				
Unrestricted funds				355,430	245,934
Restricted funds				420,788	234,171
				<u>776,218</u>	<u>480,105</u>
TOTAL FUNDS				<u>776,218</u>	<u>480,105</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 6 November 2024 and were signed on its behalf by:

K J Builth - Trustee

The notes form part of these financial statements

Burton & District Mind

Cash Flow Statement
for the Year Ended 31 March 2024

	Notes	31.3.24 £	31.3.23 £
Cash flows from operating activities			
Cash generated from operations	1	229,169	336,036
Finance costs paid		(5,064)	-
Net cash provided by operating activities		<u>224,105</u>	<u>336,036</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(125,418)	-
Interest received		4,122	1,252
Net cash (used in)/provided by investing activities		<u>(121,296)</u>	<u>1,252</u>
Cash flows from financing activities			
New loans in year		79,000	-
Loan repayments in year		(7,522)	-
Loan interest in year		5,064	-
Net cash provided by financing activities		<u>76,542</u>	<u>-</u>
Change in cash and cash equivalents in the reporting period		<u>179,351</u>	<u>337,288</u>
Cash and cash equivalents at the beginning of the reporting period		<u>531,367</u>	<u>194,079</u>
Cash and cash equivalents at the end of the reporting period		<u><u>710,718</u></u>	<u><u>531,367</u></u>

The notes form part of these financial statements

Burton & District Mind

Notes to the Cash Flow Statement
for the Year Ended 31 March 2024

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.24 £	31.3.23 £
Net income for the reporting period (as per the Statement of Financial Activities)	296,113	309,567
Adjustments for:		
Depreciation charges	106	-
Interest received	(4,122)	(1,252)
Finance costs	5,064	-
Decrease/(increase) in debtors	634	(37,727)
(Decrease)/increase in creditors	(68,626)	65,448
Net cash provided by operations	<u>229,169</u>	<u>336,036</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.23 £	Cash flow £	At 31.3.24 £
Net cash			
Cash at bank and in hand	531,367	179,351	710,718
	<u>531,367</u>	<u>179,351</u>	<u>710,718</u>
Debt			
Debts falling due within 1 year	-	(2,855)	(2,855)
Debts falling due after 1 year	-	(73,687)	(73,687)
	<u>-</u>	<u>(76,542)</u>	<u>(76,542)</u>
Total	<u>531,367</u>	<u>102,809</u>	<u>634,176</u>

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 31 March 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Burton & District Mind is a Charitable Company incorporated in England & Wales and limited by Guarantee. In the event of being wound up, the liability in respect of guarantees is limited to £1 per member of the charity. The registered office is given in the Trustees Report on pages 1 and 2 of these financial statements. The nature of the charity's operations and principal activities are also included within the Trustees Report.

The financial statements are presented in sterling which is the functional currency of the charity.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Where income is paid in advance by the customer and that income covers a period of time straddling the year end, the income is apportioned so that it is allocated to the financial year in which the services are delivered.

Income is accrued for where the activities have been performed but not invoiced at the year end.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

The company acquires some assets that are the purpose of a specific project (charitable activity) for which funding is obtained. These assets are not capitalised but are instead treated as expenditure such that they are offset against the income to which they relate.

Any assets not acquired for the purpose of a specific project are capitalised.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the depreciated replacement cost of each asset to its expected residual value evenly over its expected useful life as follows:

- | | |
|-------------------------|------------------------|
| - Freehold buildings | - over 50 years |
| - Fixtures and fittings | - 15% reducing balance |

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

No depreciation charge has been charged on the building as the residual value is considered to be at least equal to cost.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Hire purchase and leasing commitments

Rentals payable under operating leases are charged to profit or loss on a straight line basis over the lease term, unless the rental payments are structured to increase in line with expected general inflation, in which case the company recognises annual rent expense equal to amounts owed to the lessor.

Hire of equipment is charged directly to profit or loss, as incurred.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

The liability and expense is allocated to specific projects and activities and between restricted and unrestricted funds on a time spent basis.

Debtors and creditors

Debtors and Creditors are measured at transaction price, less any impairment.

Burton & District Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

2.	DONATIONS AND LEGACIES		
		31.3.24	31.3.23
		£	£
	Donations	91,086	51,133
	Gift aid	-	750
	Legacies	-	10,000
		<u>91,086</u>	<u>61,883</u>
3.	OTHER TRADING ACTIVITIES		
		31.3.24	31.3.23
		£	£
	Other	5,265	8,910
		<u>5,265</u>	<u>8,910</u>
4.	INVESTMENT INCOME		
		31.3.24	31.3.23
		£	£
	Deposit account interest	4,122	1,252
		<u>4,122</u>	<u>1,252</u>
5.	INCOME FROM CHARITABLE ACTIVITIES		
		31.3.24	31.3.23
		£	£
	Grants	71,720	45,929
	Contract income	1,251,184	891,715
		<u>1,322,904</u>	<u>937,644</u>

Grants of £71,720 (2023: £45,929) comprise £1,000 from National Mind EFL Grant for the Walk & Talk Football programme (2023: £9,000), £10,097 (2023:£4,903) in respect of a National Mind Organisational & Development Grant to employ a part time fundraiser, £24,390 from National Mind for the Mentor Mental Health Productivity Pilot (2023: £30,150), £375 (2023: £1,125) in respect of a Tesco Community Grant for the Mindfulness sessions. £15,000 from Mercer Farming to fund Ecotherapy programmes (2023:£nil), £7,860 from the English Sports Council to run the Bat & Chat Cricket project (2023:£nil), £5,999 from National Mind as part of the Equity & Lived Experience Development Fund to run the LGBTQI+ Expression Forum (2023: £nil), £5,000 from the Screwfix Foundation towards the refurbishment of the driveway to the office on Branston Road (2023: £nil) and £1,999 from South East Staffs as part of the Healthy Communities programme, running a series of Mind Makeover psychoeducation sessions (2023: £nil).

In the previous year there £750 was received for Healthwatch young persons for which no corresponding grant has been received in the year ending 31 March 2024.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	1,041,266	85,998	1,127,264

7. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Charitable activities	73,733	5,065	7,200	85,998

Support costs, included in the above, are as follows:

	31.3.24 Charitable activities £	31.3.23 Total activities £
Wages	57,422	50,623
Social security	5,916	5,012
Pensions	5,440	1,262
Other operating leases	513	1,800
Rates and water	134	142
Insurance	1,481	772
Light and heat	390	345
Telephone	864	473
Postage and stationery	638	402
Sundries	73	54
Professional fees	662	129
Subscriptions	94	39
Depreciation of tangible and heritage assets	106	-
Bank charges	1	-
Interest payable and similar charges	5,064	-
Auditors' remuneration	7,200	7,200
	<u>85,998</u>	<u>68,253</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.24	31.3.23
	£	£
Depreciation - owned assets	106	-
Other operating leases	15,997	14,231
	<u>15,997</u>	<u>14,231</u>

9. AUDITORS' REMUNERATION

Audit and accountancy fees charged to the profit and loss account during the year comprise £3,600 for audit fees and £3,600 for accountancy fees. (2023: £3,600 and £3,600 respectively).

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 (2023: nil).

11. STAFF COSTS

	31.3.24	31.3.23
	£	£
Wages and salaries	785,080	334,547
Social security costs	56,156	21,762
Other pension costs	21,618	16,518
	<u>862,854</u>	<u>372,827</u>

The average monthly number of employees during the year was as follows:

	31.3.24	31.3.23
Senior Management	4	4
Counsellors	8	8
Project Workers/Support Roles	5	5
Recovery Workers	18	3
	<u>35</u>	<u>20</u>

No employees received emoluments in excess of £60,000.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	60,754	1,129	61,883
Charitable activities			
Charitable activities	178,898	758,746	937,644
Other trading activities	7,910	1,000	8,910
Investment income	1,252	-	1,252
Total	<u>248,814</u>	<u>760,875</u>	<u>1,009,689</u>
EXPENDITURE ON			
Charitable activities			
Charitable activities	<u>247,931</u>	<u>452,191</u>	<u>700,122</u>
NET INCOME	883	308,684	309,567
Transfers between funds	<u>112,120</u>	<u>(112,120)</u>	<u>-</u>
Net movement in funds	113,003	196,564	309,567
RECONCILIATION OF FUNDS			
Total funds brought forward	132,931	37,607	170,538
TOTAL FUNDS CARRIED FORWARD	<u><u>245,934</u></u>	<u><u>234,171</u></u>	<u><u>480,105</u></u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

13. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Totals £
COST			
Additions	123,444	1,974	125,418
	<u> </u>	<u> </u>	<u> </u>
DEPRECIATION			
Charge for year	-	106	106
	<u> </u>	<u> </u>	<u> </u>
NET BOOK VALUE			
At 31 March 2024	123,444	1,868	125,312
	<u> </u>	<u> </u>	<u> </u>
At 31 March 2023	-	-	-
	<u> </u>	<u> </u>	<u> </u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Prepayments and accrued income	68,467	69,101
	<u> </u>	<u> </u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Bank loans and overdrafts (see note 17)	2,855	-
Trade creditors	51,737	46,881
Accruals and deferred income	-	73,482
	<u> </u>	<u> </u>
	54,592	120,363
	<u> </u>	<u> </u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

16. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	31.3.24	31.3.23
	£	£
Bank loans (see note 17)	73,687	-
	<u>73,687</u>	<u>-</u>

17. LOANS

An analysis of the maturity of loans is given below:

	31.3.24	31.3.23
	£	£
Amounts falling due within one year on demand:		
Bank loans	2,855	-
	<u>2,855</u>	<u>-</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	2,855	-
	<u>2,855</u>	<u>-</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	8,565	-
	<u>8,565</u>	<u>-</u>
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more 5 yr by instal	62,267	-

18. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.24	31.3.23
	£	£
Within one year	1,814	750
Between one and five years	5,442	-
	<u>7,256</u>	<u>750</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

19. SECURED DEBTS

The following secured debts are included within creditors:

	31.3.24 £	31.3.23 £
Bank loans	<u>76,542</u>	<u>-</u>

The loan taken out to fund the acquisition of the freehold property is secured on the property itself.

20. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	116,106	(24,784)	108,665	199,987
Designated	<u>129,828</u>	<u>19,736</u>	<u>5,879</u>	<u>155,443</u>
	245,934	(5,048)	114,544	355,430
Restricted funds				
Restricted	<u>234,171</u>	<u>301,161</u>	<u>(114,544)</u>	<u>420,788</u>
TOTAL FUNDS	<u>480,105</u>	<u>296,113</u>	<u>-</u>	<u>776,218</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	148,920	(173,704)	(24,784)
Designated	<u>152,163</u>	<u>(132,427)</u>	<u>19,736</u>
	301,083	(306,131)	(5,048)
Restricted funds			
Restricted	<u>1,122,294</u>	<u>(821,133)</u>	<u>301,161</u>
TOTAL FUNDS	<u>1,423,377</u>	<u>(1,127,264)</u>	<u>296,113</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

20. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	68,567	(23,229)	70,768	116,106
Designated	64,364	24,112	41,352	129,828
	<u>132,931</u>	<u>883</u>	<u>112,120</u>	<u>245,934</u>
Restricted funds				
Restricted	37,607	308,684	(112,120)	234,171
	<u>37,607</u>	<u>308,684</u>	<u>(112,120)</u>	<u>234,171</u>
TOTAL FUNDS	<u>170,538</u>	<u>309,567</u>	<u>-</u>	<u>480,105</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	82,651	(105,880)	(23,229)
Designated	166,163	(142,051)	24,112
	<u>248,814</u>	<u>(247,931)</u>	<u>883</u>
Restricted funds			
Restricted	760,875	(452,191)	308,684
	<u>760,875</u>	<u>(452,191)</u>	<u>308,684</u>
TOTAL FUNDS	<u>1,009,689</u>	<u>(700,122)</u>	<u>309,567</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

20. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	68,567	(48,013)	179,433	199,987
Designated	64,364	43,848	47,231	155,443
	<u>132,931</u>	<u>(4,165)</u>	<u>226,664</u>	<u>355,430</u>
Restricted funds				
Restricted	37,607	609,845	(226,664)	420,788
	<u>37,607</u>	<u>609,845</u>	<u>(226,664)</u>	<u>420,788</u>
TOTAL FUNDS	<u>170,538</u>	<u>605,680</u>	<u>-</u>	<u>776,218</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	231,571	(279,584)	(48,013)
Designated	318,326	(274,478)	43,848
	<u>549,897</u>	<u>(554,062)</u>	<u>(4,165)</u>
Restricted funds			
Restricted	1,883,169	(1,273,324)	609,845
	<u>1,883,169</u>	<u>(1,273,324)</u>	<u>609,845</u>
TOTAL FUNDS	<u>2,433,066</u>	<u>(1,827,386)</u>	<u>605,680</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

21. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.