

# RUGBY FOR HEROES

England & Wales · Charity number 1140439

## Details

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**Status** Registered

**Legal form** Other

**Registered** 2011-02-15

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Blackbridge Sports Hub  
Laburnum Road  
Gloucester  
GL1 5PG

**Phone** 01242 904406

**Email** [INFO@RUGBYFORHEROES.ORG.UK](mailto:INFO@RUGBYFORHEROES.ORG.UK)

**Website** [www.rugbyforheroes.org.uk](http://www.rugbyforheroes.org.uk)

## Activities

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**Objects:** TO ASSIST SERVING AND FORMER SERVING MEMBERS OF THE ARMED FORCES OF THE CROWN TO:1. RESETTLE AND REHABILITATE INTO CIVILIAN LIFE, IN PARTICULAR BUT NOT EXCLUSIVELY, BY THE PROVISION OF ASSISTANCE, TRAINING, FUNDING AND OTHER SUPPORT TO HELP THEM PREPARE FOR A CIVILIAN CAREER AND GAIN EMPLOYMENT.2. PROVIDE RELIEF FROM THE EFFECTS OF DISABILITY OR OTHER INJURY SUFFERED WHILST SERVING AS A MEMBER OF THE ARMED FORCES OF THE CROWN.

**Activities:** To provide financial and personal support to servicemen and women to help them make the transition from military service back into civilian life. This includes designated transition courses using the sport of Rugby as a means to assist with this transition process as well as providing financial support to individuals & other like minded charities by way of a formal grant application process.

## Classification

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- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, Other Charitable Purposes
- **Who:** People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups

## Geography

- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-28	£227,392	£221,988	-	-
2024-02-29	£150,470	£132,240	-	-
2023-02-28	£259,511	£257,915	-	-
2022-02-28	£186,342	£181,420	-	-
2021-02-28	£80,955	£78,262	-	-

## Trustees

Name	Role	Appointed
<b>Simon Bailey</b>	Chair	2014-09-13
Austin Spencer Lewis		2026-03-16
Christian Sion Phillips		2026-03-20
Graham Paul Quant		2017-08-01
Karen Kraus		2024-06-08
Miles Alastair Greenslade		2018-12-02

**RUGBY FOR HEROES**

England & Wales - Charity number 1140439

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# Accounts

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**Charity No: 1140439**

**RUGBY FOR HEROES  
TRUSTEES' REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 28<sup>TH</sup> FEBRUARY 2025**

# **RUGBY FOR HEROES**

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## **RUGBY FOR HEROES**

### **Trustees' Report for the year ended 28th February 2025**

The Trustees present their report for the year ended 28<sup>th</sup> February 2025

#### **Reference and administration details**

Charity Name	:	Rugby for Heroes
Registered Charity No	:	1140439
Charity's principal address	:	Lower Ground Floor Darwin House 67 Rodney Road Cheltenham GL50 1HX
Patron	:	Mike Tindall MBE
Trustees	:	Simon Bailey Andrew Moss Peter Topham – resigned 16 <sup>th</sup> November 2024 Graham Quant MBE Miles Greenslade Paul Sayer - Secretary
Accountants	:	Abbey Accountancy Ltd Conway House Worcester Street Gloucester GL1 3AJ
Bankers	:	Barclays Bank Fareham Hampshire

**Trustees' Report**  
**For the year ended 28<sup>th</sup> February 2025**

**Achievements and Performance**

**Financial Review**

The Charity relies on donations, merchandise sales and income from sponsorship and running fund raising events for its income.

Income for the period was significantly up from £150,470 the previous year to £227,392, an increase of 51%. This was largely due to an increase in fundraising activity during this period on the back of a reduction in activities previously due to the legacy of the Covid pandemic. Income from Voluntary Donations decreased slightly during the period from £80,720 to £70,460, a decrease of 12% but for the same period income from fundraising was up from £69,658 to £156,928, an increase of 125%. It is the increase income generated from fundraising activities which accounts for the increase in overall revenue for the period.

As a result of the increase in revenue for the period, Charitable Activities increased by 8% from £106,475 the previous year to £115,373 and after the deduction of costs associated with generating funds, Charitable Activities accounted for 92% of the gross income for the year, an increase of 7%. This was primarily through the continued delivery of the Charity's Transition Through Rugby courses. The accounts show an end of year surplus for the period of £5,404.

The Charity's balance sheet shows unrestricted funds of £42,403 up from £36,999 the previous year providing sufficient funds to cover administration costs for a period of six to eight months, which is in line with Charity's policy of retaining a minimum of six months' reserves. As always, the Trustees are looking at ways to improve this position to maintain the financial security of the Charity and have a set a goal of retaining a minimum of 12 months' reserves for future years.

The financial position of the Charity remains secure and the planned events for the forthcoming financial year should generate sufficient income to increase the financial assistance that the Charity currently provides to ex Armed Forces personnel with their transition back into civilian life.

The Trustees would like to acknowledge the continued support and assistance of all Charity Ambassadors and in particular Charity Patrons Mike Tindall MBE and Nick Knowles for their continued efforts in helping to raise funds and the public awareness of the Charity.

**Trustees' Report**  
**For the year ended 28<sup>th</sup> February 2025**

**Risk Management**

The Trustees review the major risks which that Charity faces on a regular basis and believe that maintaining and increasing reserves from current levels, combined with an annual review of the controls over key financial systems will going forward provide sufficient resources in the event of adverse conditions.

The Trustees are aware of other operational and business risks faced by the Charity and have discussed business continuity measures to mitigate significant risks.

**Plans for the Future**

The Charity already has a number of fundraising events planned for the 2024/25 financial year and is looking at ways to potentially increase its delivery of the Charity's Transition Through Rugby courses. This will be in consultation with the Rugby Football Union and will be dependent on its ability to continue to help deliver the courses. Additionally, the Charity has further expanded its support of veterans through the delivery of networking events supported by corporate bodies who can in turn help provide to support and opportunities moving forward.

The Trustees also remain committed to increasing the level of financial support provided to ex armed service personnel on an individual basis through the Charity's grant application process. The aim is to have a particular emphasis on mental health and mental well-being.

The Charity will continue to encourage support through working with partners to help organise fundraising events, merchandise sales and donations.

The Charity will continue to look to raise its profile within the Armed Forces community, the business community, other charitable organisations and the media. The fundraising events planned for the forthcoming financial year should go a long way to achieving this objective.

This report was approved by the Trustees on 15th December 2025 and signed on their behalf by



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**Simon Bailey**  
**Chair of Trustees**

## **Independent Examiner's Report to the Trustees of**

### **RUGBY FOR HEROES**

We report on the accounts for the year ended 28<sup>th</sup> February 2025 set out on pages 5 to 10.

#### **RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER**

The Charity's trustees are responsible for the preparation of the accounts. The Charity's trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is our responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Act; and
- To state whether particular matters have come to my attention.

#### **BASIS OF INDEPENDENT EXAMINER'S STATEMENT**

The examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **INDEPENDENT EXAMINER'S STATEMENT**

In connection with my examination, no matter has come to my attention:

1. which gives us reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Dated: 15<sup>th</sup> December 2025

Ian Brotherton

Abbey Accountancy Ltd  
Conway House  
Worcester Street  
Gloucester  
GL1 3AJ

## RUGBY FOR HEROES

### Statement of financial activities For the year ended 28<sup>th</sup> February 2025

		Unrestricted Funds	Restricted Funds	2025 Total Funds	2024 Total Funds
	Notes	£	£	£	£
<b>Incoming resources</b>					
Voluntary income - donations		70,460		70,460	80,720
Activities for generating funds	2	156,928		156,928	69,658
Other income	3	4		4	92
Total incoming resources		<u>227,392</u>	<u>-</u>	<u>227,392</u>	<u>150,470</u>
<b>Resources expended</b>					
Cost of generating funds	4	105,881		105,881	25,199
Charitable activities	5	115,373		115,373	106,475
Governance costs	6	734		734	566
Total resources expended		<u>221,988</u>	<u>-</u>	<u>221,988</u>	<u>132,240</u>
<b>Net incoming/(outgoing) resources for the year</b>					
		<u>5,404</u>	<u>-</u>	<u>5,404</u>	<u>18,230</u>

The notes on pages 8 to 11 form part of the financial statements

## RUGBY FOR HEROES

### Balance Sheet at 28<sup>th</sup> February 2025

		2025		2024	
	Notes	£	£	£	£
<b>Fixed Assets</b>					
Office Equipment			<u>0</u>		<u>321</u>
			0		321
<b>Current assets</b>					
Stock		942		0	
Debtors	8	8,856		0	
Cash at bank and in hand		<u>35,209</u>		<u>36,678</u>	
		45,007		36,678	
<b>Creditors: amount falling due within one year</b>					
	9	2,604			0
<b>Net current assets</b>			<u>42,403</u>		<u>36,678</u>
<b>Net assets</b>			<u>42,403</u>		<u>36,999</u>
<b>Funds</b>					
Restricted funds			0		0
Unrestricted funds	10		<u>42,403</u>		<u>36,999</u>
			<u>42,403</u>		<u>36,999</u>

These financial statements were approved by the Trustees on and signed on their behalf by:



S Bailey

Chair of Trustees

The notes on pages 7 to 10 form part of the financial statements

## **RUGBY FOR HEROES**

### **Notes to the financial statements for the year ended 28<sup>th</sup> February 2025**

#### **1. Accounting policies**

##### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' (SORP 2005) issued in March 2005.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the Charity.

Restricted funds are those donated or raised for specific purposes, the use of which is restricted to that purpose and the restriction means that the funds can only be used for that purpose.

##### **Incoming resources**

All incoming resources are recognised where there is entitlement, certainty of receipt and the amount can be quantified with reasonable accuracy. Income from fundraising events is recognised in the period in which the event takes place.

##### **Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprises the costs of trading for fund raising purposes, the cost of fund raising events and Charitable activities comprise those costs incurred by the Charity in delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs comprises all costs involved in meeting the constitutional and statutory requirements of the Charity.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office Equipment - 25% on reducing balance

## RUGBY FOR HEROES

### Notes to the financial statements for the year ended 28<sup>th</sup> February 2025

#### 2. Activities for generating funds

	2025	2024
	£	£
Fund raising events	156,771	63,030
Sale of goods	157	6,628
	<u>156,928</u>	<u>69,658</u>

#### 3. Other Income and Grants

	2025	2024
	£	£
Misc Income		79
Bank Interest	4	13
	<u>4</u>	<u>92</u>

#### 4. Cost of generating funds

	2025	2024
	£	£
Fund raising events	96,154	19,559
Fund raising expenses	9,727	5,640
	<u>105,881</u>	<u>25,199</u>

## RUGBY FOR HEROES

### Notes to the financial statements for the year ended 28<sup>th</sup> February 2025

#### 5. Charitable activities

	2025	2024
	£	£
Specific grants	22,489	26,135
Stock purchases	-	845
Premises	1,982	8,421
Printing, postage and stationery	164	347
Telephone	515	377
Computer expenses	2,929	2,167
Prof and Admin fees	17,550	2,598
Motor and travel	1,500	7,700
Insurance	1,468	3,037
Advertising	200	605
Subscriptions	1,644	0
Other expenses	2,932	84
Bank Charges	951	1,062
Pension Costs	1,815	2,630
Wages	58,913	49,208
Bad Debt	-	252
Loss on Disposal	321	900
Depreciation	-	107
	<u>115,373</u>	<u>106,475</u>

#### 6. Fixed Assets

	2025	2024
	£	£
Fixed Assests Cost B Fwd	321	428
Office Equipment Additions		0
Depreciation Charge for Year	-321	-107
	<u>0</u>	<u>321</u>

## RUGBY FOR HEROES

### Notes to the financial statements for the year ended 29<sup>th</sup> February 2024

#### 7. Employees and remuneration of Trustees

There were 2 staff employed during the year for Administrative purposes of the Charity these were not trustees of the Charity. And no Trustees have been remunerated.

#### 8. Debtors

	2025	2024
	£	£
Trade debtors	7,916	0
Prepayments	940	0
	<u>8,856</u>	<u>0</u>

#### 9. Creditors: amounts falling due within 1 year

	2025	2024
	£	£
Accruals	2,604	0
	<u>2,604</u>	<u>0</u>

#### 10. Accumulated funds

Unrestricted funds at 1st March 2024	36,999
Net incoming resources for the Year	5,404
	<u>42,403</u>
Unrestricted funds at 28th February 2025	<u>42,403</u>



**RUGBY FOR HEROES**

England & Wales - Charity number 1140439

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# Accounts

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**Charity No: 1140439**

**RUGBY FOR HEROES  
TRUSTEES' REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 29<sup>TH</sup> FEBRUARY 2024**

# **RUGBY FOR HEROES**

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## **RUGBY FOR HEROES**

### **Trustees' Report for the year ended 29th February 2024**

The Trustees present their report for the year ended 28<sup>th</sup> February 2024

#### **Reference and administration details**

Charity Name	:	Rugby for Heroes
Registered Charity No	:	1140439
Charity's principal address	:	Unit 3 St James Court 285 Barton Street Gloucester GL1 4JE
Patron	:	Mike Tindall MBE
Trustees	:	Simon Bailey Andrew Moss Peter Topham Graham Quant MBE Miles Greenslade Paul Sayer - Secretary
Accountants	:	Abbey Accountancy Ltd North Warehouse The Docks Gloucester GL1 2EP
Bankers	:	Barclays Bank Fareham Hampshire

**Trustees' Report**  
**For the year ended 29<sup>th</sup> February 2024**

**Achievements and Performance**

**Financial Review**

The Charity relies on donations, merchandise sales and income from sponsorship and running fund raising events for its income.

Income for the period was down from £259,511 the previous year to £150,470, a decrease of 42%. This was largely due to the loss of a major supporter during this period. Income from Voluntary Donations increased during the period from £59,004 to £80,720, an increase of 37% and this was largely due to an increase in donations from corporate entities such as Howard Tenens and JHA Architecture, who in particular the Trustees would like to acknowledge and thank. For the same period, however, income from fundraising was down from £200,494 to £69,658, a decrease of 65% and this accounts for the reduction in overall total income for the period.

Despite the 42% reduction in income for the period, Charitable Activities only decreased by 31% from £154,083 the previous year to £106,475 and after the deduction of costs associated with generating funds, Charitable Activities accounted for 85% of the gross income for the year. This was primarily through the continued delivery of the Charity's Transition Through Rugby courses. Furthermore, the end of year surplus increased from £1,596 the previous year to £18,230.

The Charity's balance sheet shows reserves of £36,999 showing a significant increase from £18,769 the previous year providing sufficient funds to cover administration costs for a period of six to eight months, which is in line with Charity's policy of retaining a minimum of six months' reserves. As always, the Trustees are looking at ways to improve this position in order to maintain the financial security of the Charity and have a set a goal of retaining a minimum of 12 months' reserves.

The financial position of the Charity remains secure and the planned events for the forthcoming financial year should generate sufficient income to increase the financial assistance that the Charity currently provides to ex Armed Forces personnel with their transition back into civilian life.

The Trustees would like to acknowledge the continued support and assistance of all Charity Ambassadors and in particular Charity Patrons Mike Tindall MBE and Nick Knowles for their continued efforts in helping to raise funds and the public awareness of the Charity.

**Trustees' Report**  
**For the year ended 29<sup>th</sup> February 2024**

**Risk Management**

The Trustees review the major risks which that Charity faces on a regular basis and believe that maintaining and increasing reserves from current levels, combined with an annual review of the controls over key financial systems will going forward provide sufficient resources in the event of adverse conditions.

The Trustees are aware of other operational and business risks faced by the Charity and have discussed business continuity measures to mitigate significant risks.

**Plans for the Future**

The Charity already has a number of fundraising events planned for the 2024/25 financial year and is looking at ways to potentially increase its delivery of the Charity's Transition Through Rugby courses. This will be in consultation with the Rugby Football Union and will be dependent on its ability to continue to help deliver the courses. Additionally, the Charity has further expanded its support of veterans through the delivery of networking events supported by corporate bodies who can in turn help provide to support and opportunities moving forward.

The Trustees also remain committed to increasing the level of financial support provided to ex armed service personnel on an individual basis through the Charity's grant application process. The aim is to have a particular emphasis on mental health and mental well-being.

The Charity will continue to encourage support through working with partners to help organise fundraising events, merchandise sales and donations.

The Charity will continue to look to raise its profile within the Armed Forces community, the business community, other charitable organisations and the media. The fundraising events planned for the forthcoming financial year should go a long way to achieving this objective.

This report was approved by the Trustees on 13th December 2024 and signed on their behalf by

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**Simon Bailey**  
**Chair of Trustees**

## **Independent Examiner's Report to the Trustees of**

### **RUGBY FOR HEROES**

We report on the accounts for the year ended 29<sup>th</sup> February 2024 set out on pages 5 to 10.

#### **RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER**

The Charity's trustees are responsible for the preparation of the accounts. The Charity's trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is our responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Act; and
- To state whether particular matters have come to my attention.

#### **BASIS OF INDEPENDENT EXAMINER'S STATEMENT**

The examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **INDEPENDENT EXAMINER'S STATEMENT**

In connection with my examination, no matter has come to my attention:

1. which gives us reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Dated: 13<sup>th</sup> December 2024

Ian Brotherton

Abbey Accountancy Ltd  
North Warehouse  
The Docks  
Gloucester  
GL1 2EP

## RUGBY FOR HEROES

### Statement of financial activities For the year ended 29<sup>th</sup> February 2024

		Unrestricted Funds	Restricted Funds	2024 Total Funds	2023 Total Funds
	Notes	£	£	£	£
<b>Incoming resources</b>					
Voluntary income - donations		80,720		80,720	59,004
Activities for generating funds	2	69,658		69,658	200,494
Other income	3	92		92	13
Total incoming resources		<u>150,470</u>	<u>-</u>	<u>150,470</u>	<u>259,511</u>
<b>Resources expended</b>					
Cost of generating funds	4	25,199		25,199	100,671
Charitable activities	5	106,475		106,475	154,083
Governance costs	6	566		566	3,161
Total resources expended		<u>132,240</u>	<u>-</u>	<u>132,240</u>	<u>257,915</u>
<b>Net incoming/(outgoing) resources for the year</b>					
		<u>18,230</u>	<u>-</u>	<u>18,230</u>	<u>1,596</u>

The notes on pages 8 to 11 form part of the financial statements

## RUGBY FOR HEROES

### Balance Sheet at 29<sup>th</sup> February 2024

		2024		2023	
	Notes	£	£	£	£
<b>Fixed Assets</b>					
Motor Vehicles	7		0		900
Office Equipment			<u>321</u>		<u>0</u>
			321		900
<b>Current assets</b>					
Stock		0		2,760	
Debtors	8	0		18,766	
Cash at bank and in hand		<u>36,678</u>		<u>3,399</u>	
		36,678		24,925	
<b>Creditors: amount falling due</b>					
within one year	9	0			7,056
<b>Net current assets</b>			<u>36,678</u>		<u>17,869</u>
<b>Net assets</b>			<u><u>36,999</u></u>		<u><u>18,769</u></u>
<b>Funds</b>					
Restricted funds			0		0
Unrestricted funds	10		<u>36,999</u>		<u>18,769</u>
			<u><u>36,999</u></u>		<u><u>18,769</u></u>

These financial statements were approved by the Trustees on and signed on their behalf by:

S Bailey

Chair of Trustees

The notes on pages 7 to 10 form part of the financial statements

# RUGBY FOR HEROES

## Notes to the financial statements for the year ended 29<sup>th</sup> February 2024

### 1. Accounting policies

#### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice' Accounting and Reporting by Charities' (SORP 2005) issued in March 2005.

#### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the Charity.

Restricted funds are those donated or raised for specific purposes, the use of which is restricted to that purpose and the restriction means that the funds can only be used for that purpose.

#### **Incoming resources**

All incoming resources are recognised where there is entitlement, certainty of receipt and the amount can be quantified with reasonable accuracy. Income from fundraising events is recognised in the period in which the event takes place.

#### **Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprises the costs of trading for fund raising purposes, the cost of fund raising events and Charitable activities comprise those costs incurred by the Charity in delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs comprises all costs involved in meeting the constitutional and statutory requirements of the Charity.

#### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office Equipment - 25% on reducing balance

## RUGBY FOR HEROES

### Notes to the financial statements for the year ended 29<sup>th</sup> February 2024

#### 2. Activities for generating funds

	2024	2023
	£	£
Fund raising events	63,030	195,043
Sale of goods	6,628	5,451
	<u>69,658</u>	<u>200,494</u>

#### 3. Other Income and Grants

	2024	2023
	£	£
Misc Income	78	0
Bank Interest	14	13
	<u>92</u>	<u>13</u>

#### 4. Cost of generating funds

	2024	2023
	£	£
Fund raising events	19,559	98,083
Fund raising expenses	5,640	2,588
	<u>25,199</u>	<u>100,671</u>

## RUGBY FOR HEROES

### Notes to the financial statements for the year ended 29<sup>th</sup> February 2024

#### 5. Charitable activities

	2024	2023
	£	£
Specific grants	26,135	45,517
Stock purchases	845	6,136
Premises	8,421	9,196
Printing, postage and stationery	347	2,470
Telephone	377	917
Computer expenses	2,167	14,579
Prof and Admin fees	2,598	1,879
Motor and travel	7,700	17,380
Insurance	3,037	2,797
Advertising	605	345
Other expenses	84	370
Bank Charges	1,062	1,580
Pension Costs	2,630	3,299
Wages	49,208	47,318
Bad Debt	252	0
Loss on Disposal	900	0
Depreciation	107	300
	<u>106,475</u>	<u>95,820</u>

#### 6. Governance costs

	2024	2023
	£	£
Trustees meeting	566	3,160
	<u>566</u>	<u>3,160</u>

#### 7. Fixed Assets

	2024	2023
	£	£
Fixed Assests Cost B Fwd	900	1,200
Office Equipment Additions	428	0
Depreciation Charge for Year	<u>-1,007</u>	<u>-300</u>
	<u>321</u>	<u>900</u>

## RUGBY FOR HEROES

### Notes to the financial statements for the year ended 29<sup>th</sup> February 2024

#### 8. Employees and remuneration of Trustees

There were 2 staff employed during the year for Administrative purposes of the Charity these were not trustees of the Charity. And no Trustees have been remunerated.

#### 9. Debtors

	2024	2023
	£	£
Trade debtors	0	3,682
Other debtors	0	84
	<u>0</u>	<u>3,766</u>

#### 10. Creditors: amounts falling due within 1 year

	2024	2023
	£	£
Trade creditors	0	7,056
	<u>0</u>	<u>7,056</u>

#### 11. Accumulated funds

Unrestricted funds at 1st March 2023	18,769
Net incoming resources for the Year	18,230
	<u>36,999</u>

**RUGBY FOR HEROES**

England & Wales - Charity number 1140439

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# Accounts

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**Charity No: 1140439**

**RUGBY FOR HEROES  
TRUSTEES' REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 28<sup>TH</sup> FEBRUARY 2023**

# **RUGBY FOR HEROES**

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## **RUGBY FOR HEROES**

### **Trustees' Report for the year ended 28th February 2023**

The Trustees present their report for the year ended 28<sup>th</sup> February 2023

#### **Reference and administration details**

Charity Name	:	Rugby for Heroes
Registered Charity No	:	1140439
Charity's principal address	:	Unit 3 St James Court 285 Barton Street Gloucester GL1 4JE
Patron	:	Mike Tindall MBE
Trustees	:	Simon Bailey (appointed Chair of Trustees in January 2017) Andrew Moss (appointed August 2022) Peter Topham Graham Quant MBE Miles Greenslade Paul Sayer - Secretary
Accountants	:	Abbey Accountancy Ltd North Warehouse The Docks Gloucester GL1 2EP
Bankers	:	Barclays Bank Fareham Hampshire

**Trustees' Report**  
**For the year ended 28<sup>th</sup> February 2023**

**Achievements and Performance**

**Financial Review**

The Charity relies on donations, merchandise sales and income from sponsorship and running fund raising events for its income.

The legacy of the Covid 19 pandemic continued to present challenges to the Charity but despite this, the Trustees are pleased to report that income for the period was significantly up from £186,342 to £259,511, an increase of 39%. This represents the highest income that the Charity has generated since its formation and is a credit to all involved.

Income from Voluntary Donations increased during the period from £15,506 the previous year to £59,004, an increase of 281% and was largely due to an increase in donations from corporate entities including the Cassidy Group, who in particular the Trustees would like to acknowledge and thank. Charitable Activities for the period increased by 25% from £123,430 to £154,083. After the deduction of costs associated with generating funds, Charitable Activities accounted for 97% of the gross income for the year, increasing from 95% the previous year. This increase in Charitable Activities led to a slightly reduced surplus for the year of £1,596.

The Charity's balance sheet shows reserves of £18,769 showing a slight increase from £17,173 the previous year providing sufficient funds to cover administration costs for a period of three months, which is in line with Charity's policy of retaining a minimum of three months' reserves. As always, the Trustees are looking at ways to improve this position in order to maintain the financial security of the Charity.

The financial position of the Charity remains secure and the planned events for the forthcoming financial year should generate sufficient income to increase the financial assistance that the Charity currently provides.

The Trustees would like to acknowledge the continued support and assistance of all Charity Ambassadors and Charity Patron Mike Tindall MBE for their continued efforts in helping to raise funds and the public awareness of the Charity.

**Trustees' Report**  
**For the year ended 28<sup>th</sup> February 2023**

**Risk Management**

The Trustees review the major risks which that Charity faces on a regular basis and believe that maintaining and increasing reserves from current levels, combined with an annual review of the controls over key financial systems will going forward provide sufficient resources in the event of adverse conditions.

The Trustees are aware of other operational and business risks faced by the Charity and have discussed business continuity measures to mitigate significant risks.

**Plans for the Future**

The Charity already has a number of fundraising events planned for the 2023/24 financial year and is looking to increase its delivery of the Charity's Transition Through Rugby courses as well as providing CPD support courses for previous attendees.

The Trustees also remain committed to increasing the level of financial support provided to ex armed service personnel on an individual basis through the Charity's grant application process. The aim is to have a particular emphasis on mental health and mental well-being.

The Charity will continue to encourage support through working with partners to help organise fundraising events, merchandise sales and donations.

The Charity will continue to look to raise its profile within the Armed Forces community, the business community, other charitable organisations and the media. The fundraising events planned for the forthcoming financial year should go a long way to achieving this objective.

This report was approved by the Trustees on 21<sup>st</sup> December 2023 and signed on their behalf by

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**Simon Bailey**  
**Chair of Trustees**

## **Independent Examiner's Report to the Trustees of**

### **RUGBY FOR HEROES**

We report on the accounts for the year ended 28<sup>th</sup> February 2023 set out on pages 5 to 10.

#### **RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER**

The Charity's trustees are responsible for the preparation of the accounts. The Charity's trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is our responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Act; and
- To state whether particular matters have come to my attention.

#### **BASIS OF INDEPENDENT EXAMINER'S STATEMENT**

The examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **INDEPENDENT EXAMINER'S STATEMENT**

In connection with my examination, no matter has come to my attention:

1. which gives us reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Dated: 21<sup>st</sup> December 2023

Ian Brotherton

Abbey Accountancy Ltd  
North Warehouse  
The Docks  
Gloucester

**RUGBY FOR HEROES****Statement of financial activities**  
**For the year ended 28<sup>th</sup> February 2023**

		<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>2023 Total Funds</b>	<b>2022 Total Funds</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Incoming resources</b>					
Voluntary income - donations		59,004		59,004	15,506
Activities for generating funds	2	200,494		200,494	147,070
Other income	3	13		13	23,766
<b>Total incoming resources</b>		<b>259,511</b>	<b>-</b>	<b>259,511</b>	<b>186,342</b>
<b>Resources expended</b>					
Cost of generating funds	4	100,671		100,671	53,901
Charitable activities	5	154,083		154,083	123,430
Governance costs	6	3,161		3,161	4,089
<b>Total resources expended</b>		<b>257,915</b>	<b>-</b>	<b>257,915</b>	<b>181,420</b>
<b>Net incoming/(outgoing) resources for the year</b>					
		<b>1,596</b>	<b>-</b>	<b>1,596</b>	<b>4,922</b>

The notes on pages 8 to 11 form part of the financial statements

## RUGBY FOR HEROES

### Balance Sheet at 28<sup>th</sup> February 2023

		2023		2022	
	Notes	£	£	£	£
<b>Fixed Assets</b>					
Motor Vehicles	7		900		1200
<b>Current assets</b>					
Stock		2,760		2,765	
Debtors	8	18,766		9,264	
Cash at bank and in hand		3,399		21,373	
		24,925		33,402	
<b>Creditors: amount falling due within one year</b>	9	7,056			17,429
<b>Net current assets</b>			17,869		15,973
<b>Net assets</b>			18,769		17,173
<b>Funds</b>					
Restricted funds			0		0
Unrestricted funds	10		18,769		17,173
			18,769		17,173

These financial statements were approved by the Trustees on 21<sup>st</sup> December 2023 and signed on their behalf by:

S Bailey

Chair of Trustees

The notes on pages 7 to 10 form part of the financial statements

# RUGBY FOR HEROES

## Notes to the financial statements for the year ended 28<sup>th</sup> February 2023

### 1. Accounting policies

#### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice' Accounting and Reporting by Charities' (SORP 2005) issued in March 2005.

#### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the Charity.

Restricted funds are those donated or raised for specific purposes, the use of which is restricted to that purpose and the restriction means that the funds can only be used for that purpose.

#### **Incoming resources**

All incoming resources are recognised where there is entitlement, certainty of receipt and the amount can be quantified with reasonable accuracy. Income from fundraising events is recognised in the period in which the event takes place.

#### **Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprises the costs of trading for fund raising purposes, the cost of fund raising events and Charitable activities comprise those costs incurred by the Charity in delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs comprises all costs involved in meeting the constitutional and statutory requirements of the Charity.

#### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Motor vehicles - 25% on reducing balance

## RUGBY FOR HEROES

### Notes to the financial statements for the year ended 28<sup>th</sup> February 2023

#### 2. Activities for generating funds

	2023	2022		
	£	£		
Fund raising events	195,043	147,035		
Sale of goods	5,451	35		
	<u>200,494</u>	<u>147,070</u>		

#### 3. Other Income and Grants

	2023	2022		
	£	£		
Grants	0	23,766		
Bank Interest	13	0		
	<u>13</u>	<u>23,766</u>		

#### 4. Cost of generating funds

	2023	2022		
	£	£		
Fund raising events	98,083	53,201		
Fund raising expenses	2,588	700		
	<u>100,671</u>	<u>53,901</u>		

## RUGBY FOR HEROES

### Notes to the financial statements for the year ended 28<sup>th</sup> February 2023

#### 5. Charitable activities

	2023	2022		
	£	£		
Specific grants	45,517	43,709		
Stock purchases	6,136	0		
Premises	9,196	8,265		
Printing, postage and stationery	2,470	305		
Telephone	917	1,266		
Computer expenses	14,579	4,519		
Prof and Admin fees	1,879	1,035		
Motor and travel	17,380	5,854		
Insurance	2,797	2,572		
Advertising	345	3,524		
Other expenses	370	1,115		
Bank Charges	1,580	716		
Pension Costs	3,299	433		
Wages	47,318	49,717		
Depreciation	300	400		
	<u>154,083</u>	<u>95,820</u>		

#### 6. Governance costs

	2023	2022		
	£	£		
Trustees meeting	3,160	4,089		
	<u>3,160</u>	<u>4,089</u>		

#### 7. Fixed Assets

	2023	2022		
	£	£		
Motor Vehicle Cost B Fwd	1,200	0		
Motor Vehicles Additions	0	1600		
Depreciation Charge for Year	-300	-400		
	<u>900</u>	<u>1,200</u>		

## RUGBY FOR HEROES

### Notes to the financial statements for the year ended 28<sup>th</sup> February 2023

#### 8. Employees and remuneration of Trustees

There were 2 staff employed during the year for Administrative purposes of the Charity these were not trustees of the Charity. And no Trustees have been remunerated.

#### 9. Debtors

		2023	2022		
		£	£		
	Trade debtors	3,682	9,180		
	Other debtors	84	84		
		<u>3,766</u>	<u>9,264</u>		

#### 10. Creditors: amounts falling due within 1 year

		2023	2022		
		£	£		
	Trade creditors	7,056	17,429		
		<u>7,056</u>	<u>17,429</u>		

#### 11. Accumulated funds

		£			
	Unrestricted funds at 1st March 2022	17,173			
	Net incoming resources for the Year	1,596			
	Unrestricted funds at 28th February 2023	<u>18,769</u>			

**RUGBY FOR HEROES**

England & Wales - Charity number 1140439

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# Accounts

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**Charity No: 1140439**

**RUGBY FOR HEROES  
TRUSTEES' REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 28<sup>TH</sup> FEBRUARY 2022**

# **RUGBY FOR HEROES**

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## **RUGBY FOR HEROES**

### **Trustees' Report for the year ended 28th February 2022**

The Trustees present their report for the year ended 28<sup>th</sup> February 2022

#### **Reference and administration details**

Charity Name	:	Rugby for Heroes
Registered Charity No	:	1140439
Charity's principal address	:	Unit 3 St James Court 285 Barton Street Gloucester GL1 4JE
Patron	:	Mike Tindall MBE
Trustees	:	Simon Bailey (appointed Chair of Trustees in January 2017) Steve Lamb Peter Topham Graham Quant MBE Miles Greenslade Paul Sayer - Secretary
Accountants	:	Abbey Accountancy Ltd North Warehouse The Docks Gloucester GL1 2EP
Bankers	:	Barclays Bank Fareham Hampshire

**Trustees' Report**  
**For the year ended 28<sup>th</sup> February 2022**

**Achievements and Performance**

**Financial Review**

The Charity relies on donations, merchandise sales and income from sponsorship and running fund raising events for its income.

The ongoing restrictions throughout 2021 as a result of the Covid 19 pandemic continued to present challenges to the Charity with certain fundraising events being affected as consequence. Despite this, the Trustees are pleased to report that income for the period was significantly up from £80,955 the previous year to £186,342, an increase of 130% and back to pre-pandemic levels.

Income from Voluntary Donations increased during the period from £13,496 the previous year to £15,506, an increase of 15%. Charitable Activities for the period increased by 75% from £70,392 to £123,430. After the deduction of costs associated with generating funds, Charitable Activities accounted for 95% of the gross income for the year, increasing from 87% the previous year.

The Charity's balance sheet shows reserves of £17,173, up from £12,251 the previous providing sufficient funds to cover administration costs for a period of three months, which is in line with Charity's policy of retaining a minimum of three months' reserves. As always, the Trustees are looking at ways to improve this position in order to maintain the financial security of the Charity.

The financial position of the Charity remains secure and the planned events for the forthcoming financial year should generate sufficient income to increase the financial assistance that the Charity currently provides.

The Trustees would like to acknowledge the continued support and assistance of all Charity Ambassadors and Charity Patron Mike Tindall MBE for their continued efforts in helping to raise funds and the public awareness of the Charity.

Finally the Trustees would like to acknowledge the contribution from Steve Lamb, a founding trustee of the Charity who sadly passed away in December 2021. Steve's work and commitment over the last decade has been one of the key contributing factors to the growth and financial stability of the Charity and his dedication and services will not be forgotten.

**Trustees' Report**  
**For the year ended 28<sup>th</sup> February 2022**

**Risk Management**

The Trustees review the major risks which that Charity faces on a regular basis and believe that maintaining and increasing reserves from current levels, combined with an annual review of the controls over key financial systems will going forward provide sufficient resources in the event of adverse conditions.

The Trustees are aware of other operational and business risks faced by the Charity and have discussed business continuity measures to mitigate significant risks.

**Plans for the Future**

The Charity already has a number of fundraising events planned for the 2022/23 financial year and is looking to increase its delivery of the Charity's Transition Through Rugby courses as well as providing CPD support courses for previous attendees.

The Trustees also remain committed to increasing the level of financial support provided to ex armed service personnel on an individual basis as well as continuing to support other like-minded charities through the Charity's grant application process. The aim is to have a particular emphasis on mental health and mental well-being.

The Charity will continue to encourage support through working with partners to help organise fundraising events, merchandise sales and donations.

The Charity will continue to look to raise its profile within the Armed Forces community, the business community, other charitable organisations and the media. The fundraising events planned for the forthcoming financial year should go a long way to achieving this objective.

This report was approved by the Trustees on 13<sup>th</sup> December 2022 and signed on their behalf by

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**Simon Bailey**  
**Chair of Trustees**

## **Independent Examiner's Report to the Trustees of**

### **RUGBY FOR HEROES**

We report on the accounts for the year ended 28<sup>th</sup> February 2022 set out on pages 5 to 10.

#### **RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER**

The Charity's trustees are responsible for the preparation of the accounts. The Charity's trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is our responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Act; and
- To state whether particular matters have come to my attention.

#### **BASIS OF INDEPENDENT EXAMINER'S STATEMENT**

The examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **INDEPENDENT EXAMINER'S STATEMENT**

In connection with my examination, no matter has come to my attention:

1. which gives us reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Dated:

Abbey Accountancy Ltd  
North Warehouse  
The Docks  
Gloucester  
GL1 2EP

## RUGBY FOR HEROES

### Statement of financial activities For the year ended 28<sup>th</sup> February 2022

		Unrestricted Funds	Restricted Funds	2022 Total Funds	2021 Total Funds
	Notes	£	£	£	£
<b>Incoming resources</b>					
Voluntary income - donations		15,506		15,506	13,496
Activities for generating funds	2	147,070		147,070	22,492
Other Grants	3	23,766		23,766	44,967
Total incoming resources		186,342	-	186,342	80,955
<b>Resources expended</b>					
Cost of generating funds	4	53,901		53,901	7,870
Charitable activities	5	123,430		123,430	70,392
Governance costs	6	4,089		4,089	-
Total resources expended		181,420	-	181,420	78,262
<b>Net incoming/(outgoing) resources for the year</b>					
		4,922	-	4,922	2,693

The notes on pages 8 to 11 form part of the financial statements

## RUGBY FOR HEROES

### Balance Sheet at 28<sup>th</sup> February 2022

	Notes	2022		2021	
		£	£	£	£
<b>Fixed Assets</b>					
Motor Vehicles	7		1200		0
<b>Current assets</b>					
Stock		2,765		2,526	
Debtors	8	9,264		3,458	
Cash at bank and in hand		21,373		21,054	
		33,402		27,038	
<b>Creditors: amount falling due within one year</b>	9	17,429			14,787
<b>Net current assets</b>			15,973		12,251
<b>Net assets</b>			17,173		12,251
<b>Funds</b>					
Restricted funds			0		0
Unrestricted funds	10		17,173		12,251
			17,173		12,251

These financial statements were approved by the Trustees on  
by:

and signed on their behalf

S Bailey

Chair of Trustees

The notes on pages 7 to 10 form part of the financial statements

# RUGBY FOR HEROES

## Notes to the financial statements for the year ended 28<sup>th</sup> February 2022

### 1. Accounting policies

#### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice' Accounting and Reporting by Charities' (SORP 2005) issued in March 2005.

#### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the Charity.

Restricted funds are those donated or raised for specific purposes, the use of which is restricted to that purpose and the restriction means that the funds can only be used for that purpose.

#### **Incoming resources**

All incoming resources are recognised where there is entitlement, certainty of receipt and the amount can be quantified with reasonable accuracy. Income from fundraising events is recognised in the period in which the event takes place.

#### **Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprises the costs of trading for fund raising purposes, the cost of fund raising events and Charitable activities comprise those costs incurred by the Charity in delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs comprises all costs involved in meeting the constitutional and statutory requirements of the Charity.

#### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Motor vehicles - 25% on reducing balance

## RUGBY FOR HEROES

### Notes to the financial statements for the year ended 28<sup>th</sup> February 2022

#### 2. Activities for generating funds

	2022	2021		
	£	£		
Fund raising events	147,035	22,492		
Sale of goods	35	0		
	<u>147,070</u>	<u>22,492</u>		

#### 3. Other Income and Grants

	2022	2021		
	£	£		
HMRC JRS	18,766	34,967		
BFBS	5,000	0		
Council Rates Grant	0	10,000		
	<u>23,766</u>	<u>44,967</u>		

#### 4. Cost of generating funds

	2022	2021		
	£	£		
Fund raising events	53,201	6,097		
Fund raising expenses	700	1,773		
	<u>53,901</u>	<u>7,870</u>		

#### 5. Charitable activities

	2022	2021		
	£	£		
Specific grants	43709	2556		
Premises	8265	5304		
Printing, postage and stationery	305	229		
Telephone	1266	1608		
Computer expenses	4519	1273		
Prof and Admin fees	1035	188		
Motor and travel	5854	4331		
Insurance	2572	2068		
Advertising	3524	0		
Other expenses	1115	1470		
Bank Charges	716	356		
Pension Costs	433	2565		
Wages	49717	48444		
Depreciation	400	0		
	<u>123,430</u>	<u>95,820</u>		

## RUGBY FOR HEROES

### Notes to the financial statements for the year ended 28<sup>th</sup> February 2022

#### 6. Governance costs

	2022	2021		
	£	£		
Trustees meeting	4,089	0		
	<u>4,089</u>	<u>0</u>		

#### 7. Fixed Assets

	2022	2021		
	£	£		
Motor Vehicle Cost B Fwd	0	0		
Motor Vehicles Additions	1600	0		
Depreciation Charge for Year	-400	0		
	<u>1,200</u>	<u>0</u>		

#### 8. Employees and remuneration of Trustees

There were 2 staff employed during the year for Administrative purposes of the Charity these were not trustees of the Charity. And no Trustees have been remunerated.

#### 9. Debtors

	2022	2021		
	£	£		
Trade debtors	9,180	250		
Other debtors	84	3,208		
	<u>9,264</u>	<u>3,458</u>		

#### 10. Creditors: amounts falling due within 1 year

	2022	2021		
	£	£		
Trade creditors	17,429	36		
Accruals and deferred income	0	14,751		
	<u>17,429</u>	<u>14,787</u>		

## RUGBY FOR HEROES

### Notes to the financial statements for the year ended 28<sup>th</sup> February 2022

#### 11. Accumulated funds

		£			
Unrestricted funds at 1st March 2021	12,251				
Net incoming resources for the Year	4,922				
Unrestricted funds at 28th February 2022	<u>17,173</u>				

**RUGBY FOR HEROES**

England & Wales - Charity number 1140439

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# Accounts

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**Charity No: 1140439**

**RUGBY FOR HEROES  
TRUSTEES' REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 28<sup>TH</sup> FEBRUARY 2021**

# **RUGBY FOR HEROES**

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## **RUGBY FOR HEROES**

### **Trustees' Report for the year ended 28th February 2021**

The Trustees present their report for the year ended 28<sup>th</sup> February 2021

#### **Reference and administration details**

Charity Name	:	Rugby for Heroes
Registered Charity No	:	1140439
Charity's principal address	:	Unit 3 St James Court 285 Barton Street Gloucester GL1 4JE
Patron	:	Mike Tindall MBE
Trustees	:	Simon Bailey (appointed Chair of Trustees in January 2017) Steve Lamb Peter Topham Graham Quant MBE Miles Greenslade Paul Sayer - Secretary
Accountants	:	Abbey Book Keeping Services Ltd North Warehouse The Docks Gloucester GL1 2EP
Bankers	:	Barclays Bank Fareham Hampshire

**Trustees' Report**  
**For the year ended 28<sup>th</sup> February 2021**

**Achievements and Performance**

**Financial Review**

The Charity relies on donations, merchandise sales and income from sponsorship and running fund raising events for its income.

Primarily due to the Covid 19 Pandemic, income for year was significantly down as a result of many of the Charity's fundraising events having to be cancelled or deferred due to Government restrictions. The result of this was that income for the period was down from £173,834 the previous year to £80,955 although the cost of generating funds was significantly reduced from £68,946 the previous year to £7,870. Despite the difficulties experienced as a result of the Pandemic and the consequent reduction in income from the previous year equivalent to 54%, Charitable Activities only reduced by 39% for the period from £114,735 to £70,392.

Income from Voluntary Donations increased during the period from £11,052 the previous year to £13,496, an increase of 18%.

Charitable activities accounted for 87% of the gross income for the year, up from 66% the previous year and after the deduction of costs associated with generating funds this contribution increases to 96%.

The Charity's balance sheet shows reserves of £12,251, up from £9,558 the previous year and provides sufficient funds to cover administration costs for a period of three months, which is in line with Charity's policy of retaining a minimum of three months' reserves. As always, the Trustees are looking at ways to improve this position in order to maintain the financial security of the Charity.

The financial position of the Charity remains secure and the planned events for the forthcoming financial year should generate sufficient income to increase the assistance that the Charity currently provides, so long that no further restrictions are introduced that prevents fundraising events from taking place.

The Trustees would like to acknowledge the continued support and assistance of all Charity Ambassadors and Charity Patron Mike Tindall MBE for their continued efforts in helping to raise funds and the public awareness of the Charity. This has been particularly prevalent during the Covid 19 Pandemic and the various levels of lockdown restrictions that have had such a dramatic impact.

**Trustees' Report**  
**For the year ended 28<sup>th</sup> February 2021**

**Risk Management**

The Trustees review the major risks which that Charity faces on a regular basis and believe that maintaining and increasing reserves from current levels, combined with an annual review of the controls over key financial systems will going forward provide sufficient resources in the event of adverse conditions.

The Trustees are aware of other operational and business risks faced by the Charity and have discussed business continuity measures to mitigate significant risks.

**Plans for the Future**

The Charity already has a number of fundraising events planned for the 2021/22 financial year and is looking to continue to deliver its Transition Through Rugby courses as well providing CPD support courses for previous attendees. Unfortunately, these courses were not able to be delivered during the 2020/21 financial year due to lockdown restrictions.

The Trustees also remain committed to increasing the level of financial support provided to ex armed service personnel on an individual basis as well as continuing to support other like-minded charities through the Charity's grant application process. The aim is to have a particular emphasis on mental health and mental well-being.

The Charity will continue to encourage support through working with partners to help organise fundraising events, merchandise sales and donations.

The Charity will continue to look to raise its profile within the Armed Forces community, the business community, other charitable organisations and the media. The fundraising events planned for the forthcoming financial year should go a long way to achieving this objective.

This report was approved by the Trustees on 11<sup>th</sup> December 2021 and signed on their behalf by

-----  
**Simon Bailey**  
**Chair of Trustees**

## **Independent Examiner's Report to the Trustees of**

### **RUGBY FOR HEROES**

We report on the accounts for the year ended 28<sup>th</sup> February 2021 set out on pages 5 to 10.

#### **RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER**

The Charity's trustees are responsible for the preparation of the accounts. The Charity's trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is our responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Act; and
- To state whether particular matters have come to my attention.

#### **BASIS OF INDEPENDENT EXAMINER'S STATEMENT**

The examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **INDEPENDENT EXAMINER'S STATEMENT**

In connection with my examination, no matter has come to my attention:

1. which gives us reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Dated: 17<sup>th</sup> December 2021

Abbey Book Keeping Services Ltd  
North Warehouse  
The Docks  
Gloucester  
GL1 2EP

## RUGBY FOR HEROES

### Statement of financial activities For the year ended 28<sup>th</sup> February 2021

		Unrestricted Funds	Restricted Funds	2021 Total Funds	2020 Total Funds
	Notes	£	£	£	£
<b>Incoming resources</b>					
Voluntary income - donations		13,496		13,496	11,052
Activities for generating funds	2	22,492		22,492	162,782
Other Grants	3	44,967		44,967	-
Total incoming resources		80,955	-	80,955	173,834
<b>Resources expended</b>					
Cost of generating funds	4	7,870		7,870	68,946
Charitable activities	5	70,392		70,392	114,735
Governance costs	6	-		-	685
Total resources expended		78,262	-	78,262	184,366
<b>Net incoming/(outgoing) resources for the year</b>					
		2,693	-	2,693	- 10,532

The notes on pages 8 to 11 form part of the financial statements

## RUGBY FOR HEROES

### Balance Sheet at 28<sup>th</sup> February 2021

	Notes	2021		2020	
		£	£	£	£
<b>Current assets</b>					
Stock		2,526		1,807	
Debtors	8	3,458		5,674	
Cash at bank and in hand		21,054		43,584	
		<u>27,038</u>		<u>51,065</u>	
<b>Creditors: amount falling due within one year</b>	9	14,787		41,507	
<b>Net current assets</b>			12,251	9,558	
<b>Net assets</b>			<u>12,251</u>	<u>9,558</u>	
<b>Funds</b>					
Restricted funds			0	0	
Unrestricted funds	10		12,251	9,558	
			<u>12,251</u>	<u>9,558</u>	

These financial statements were approved by the Trustees on \_\_\_\_\_ and signed on their behalf by:

S Bailey

Chair of Trustees

The notes on pages 7 to 10 form part of the financial statements

# RUGBY FOR HEROES

## Notes to the financial statements for the year ended 28<sup>th</sup> February 2021

### 1. Accounting policies

#### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice' Accounting and Reporting by Charities' (SORP 2005) issued in March 2005.

#### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the Charity.

Restricted funds are those donated or raised for specific purposes, the use of which is restricted to that purpose and the restriction means that the funds can only be used for that purpose.

#### **Incoming resources**

All incoming resources are recognised where there is entitlement, certainty of receipt and the amount can be quantified with reasonable accuracy. Income from fundraising events is recognised in the period in which the event takes place.

#### **Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprises the costs of trading for fund raising purposes, the cost of fund raising events and Charitable activities comprise those costs incurred by the Charity in delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs comprises all costs involved in meeting the constitutional and statutory requirements of the Charity.

#### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment - 25% on reducing balance  
Motor vehicles - 25% on reducing balance

## RUGBY FOR HEROES

### Notes to the financial statements for the year ended 28<sup>th</sup> February 2021

#### 2. Activities for generating funds

	2021	2020		
	£	£		
Fund raising events	22,492	159,213		
Sale of goods		3,569		
	<u>22,492</u>	<u>162,782</u>		

#### 3. Other Income and Grants

	2021	2020		
	£	£		
HMRC JRS	34,967	0		
Council Rates Grant	10,000	0		
	<u>44,967</u>	<u>0</u>		

#### 4. Cost of generating funds

	2021	2020		
	£	£		
Fund raising events	6,097	68,684		
Cost of goods sold	0	0		
Fund raising expenses	1,773	262		
	<u>7,870</u>	<u>68,946</u>		

#### 5. Charitable activities

	2021	2020		
	£	£		
Specific grants	2556	27850		
Premises	5304	9851		
Printing, postage and stationery	229	303		
Telephone	1608	2069		
Computer expenses	1273	4277		
Prof and Admin fees	188	5339		
Motor and travel	4331	7954		
Insurance	2068	3241		
Other expenses	1470	36		
Bank Charges	356	1457		
Pension Costs	2565	2379		
Wages	48444	49281		
Depreciation	0	698		
	<u>70,392</u>	<u>95,820</u>		

## RUGBY FOR HEROES

### Notes to the financial statements for the year ended 28<sup>th</sup> February 2021

#### 6. Governance costs

		2021	2020		
		£	£		
	Trustees meeting	0	685		
		<u>0</u>	<u>685</u>		

#### 7. Employees and remuneration of Trustees

There were 2 staff employed during the year for Administrative purposes of the Charity these were not trustees of the Charity. And no Trustees have been remunerated.

#### 8. Debtors

		2021	2020		
		£	£		
	Trade debtors	250	2,050		
	Other debtors	3,208	3,624		
		<u>3,458</u>	<u>5,674</u>		

#### 9. Creditors: amounts falling due within 1 year

		2021	2020		
		£	£		
	Trade creditors	36	1,034		
	Accruals and deferred income	14,751	40,473		
		<u>14,787</u>	<u>41,507</u>		

#### 10. Accumulated funds

		£			
	Unrestricted funds at 1st March 2020	9,558			
	Net incoming resources for the Year	2,693			
	Unrestricted funds at 28th February 2021	<u>12,251</u>			

