

BOWEL CANCER WEST

England & Wales · Charity number 1140271

Details

Other names BCW

Status Registered

Legal form Charitable company

Company number [07378488](#)

Registered 2011-02-08

Register [View on the Charity Commission register](#)

Contact

Address Unit 7
Seaton Business Park
36 William Prance Road
Plymouth
PL6 5WR

Phone 01752338600

Email info@bowelcancerwest.org.uk

Website <https://bowelcancerwest.com/>

Activities

Objects: 1. THE RELIEF OF SICKNESS AND THE RELIEF OF MENTAL AND EMOTIONAL DISTRESS OF THOSE WITH BOWEL CANCER, THEIR FAMILIES AND CARERS IN PARTICULAR BY SUPPORTING THE BUILDING OF A LEADING CENTRE FOR MEDICAL RESEARCH AND TRAINING SKILLS IN PLYMOUTH AND SUPPORTING RESEARCH IN THE DIAGNOSIS AND TREATMENT OF BOWEL CANCER, PUBLISHING THE USEFUL RESULTS OF SUCH RESEARCH, 2. THE ADVANCEMENT OF THE EDUCATION AND TRAINING OF THE PUBLIC, IN PARTICULAR DOCTORS, NURSES AND ALLIED HEALTH PROFESSIONALS CARING FOR PATIENTS WITH BOWEL CANCER

Activities: Bowel Cancer West is dedicated to promoting research in the diagnosis and treatment of bowel cancer, education and training of the public and health professionals who care for bowel cancer patients across the West Country

Classification

- **How:** Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** PLYMOUTH
- Cornwall
- Devon

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£81,730	£79,429	-	-
2023-12-31	£80,952	£82,110	-	-
2022-12-31	£87,529	£85,477	-	-
2021-12-31	£75,346	£56,879	-	-
2020-12-31	£31,834	£57,329	-	-

Trustees

Name	Role	Appointed
MARK COLEMAN MD FRCS	Chair	
Diane Michelle Sheppard		2014-05-15
Graham Pattison		2022-10-05
John Best		2018-09-04
Philip Stephen Menis		2024-07-25
Sima Davarian-Dehsorkhe		2022-02-24
Susan Coleman		2020-02-28

BOWEL CANCER WEST

England & Wales - Charity number 1140271

Accounts

Charity number: 1140271

Company number: 7378488

Bowel Cancer West

(A company limited by guarantee)

Trustees' report and financial statements

for the period ended 31 December 2024

Bowel Cancer West
(A company limited by guarantee)

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Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2024

Charity number 1140271

Company registration number 7378488

Business address and

Registered office Best Accountancy Services (Plymouth) Limited
Unit 7, Seaton Business Park
36 William Prance Road
Plymouth
PL6 5WR

Directors/Committee	Mr M Coleman	Chairman
	Mr J Best	Treasurer
	Mr J Mills	
	Mr D Darke (resigned 9 July 2024)	
	Ms D Sheppard (Vice Chair)	
	Mrs S Coleman	
	Ms S Davarian	
	Mr H Mckenzie	
	Mr G Pattison	
	Mr P Menis (appointed 12 August 2024)	

Accountants Best Accountancy Services (Plymouth) Ltd
Unit 7, Seaton Business Park
36 William Prance Road
Plymouth
PL6 5WR

Bankers National Westminster Bank plc

Bowel Cancer West **(A company limited by guarantee)**

Report of the trustees (incorporating the directors' report) for the period ended 31 December 2024

The trustees present their report and the financial statements for the year ended 31 December 2024. The trustees, who are also directors of Bowel Cancer West for the purposes of company law and who served during the year and up to the date of this report are set out on page 1.

Structure, governance and management

Structure, governance and management Bowel Cancer West is a registered charity, number 1140271 and is constituted under The Companies Act 2006 as a Private Company Limited by Guarantee and governed by the Articles of Association of Bowel Cancer West. Company number 7378488. The charity was established in 2010 for research and education in the specialty of bowel cancer, and for developing the public awareness of the disease in the west of England. The charity's strap-line Awareness, Research, Training tries to capture this. The charity's main aim is to improve survival rates of people with bowel cancer in the southwest of the UK. New directors are appointed by the existing directors. Retirement of directors is by rotation at the Annual General Meeting in accordance with the Memorandum and Articles of Association. The Articles of Association provides for a minimum of 3 directors but shall not be subject to any maximum.

The overall responsibility for the work of the charity lies with the Board of Trustees who help shape the strategy and approve plans to deliver the Charity's aims. Progress is monitored and evaluated at board meetings (every two - three months) where the board receive regular reports from the Executive Director. Following the resignation of the previous Chief Executive in June 2023, one of the Trustees (Diane Sheppard) has taken on this role unpaid. Consideration of project funding, clinical trials, education and fellowship grants, fund raising opportunities and good governance are all key topics for discussion. A financial statement and strategic update is prepared and presented to the Board along with papers to enable Board members to comment if they are unable to attend the meeting. Careful stewardship of the charity's resources is a key element of the meeting. All directors give their time freely. An expense claim policy is in place and any payments made are shown through the accounts. Directors are required to disclose all relevant interests and register them with the Chair and in accordance with the Articles of Association withdraw from decisions where a conflict of interest arises. The directors long term aim is to ensure that membership is well balanced from a clinical and business perspective. Clinical representation is reflected in the appointment of two colorectal surgeons and two senior nurses. Other skills within the Board include a PR and Marketing specialist and retired business leaders an accountant. These appointments are important with local networking and establishment of the charity within the business community. Once again, the current Board will be seeking new representation on the board to help diversify the range of knowledge and geographical area to successfully meet the charity's aims.

Risk management

Research projects are vetted by a sub-committee for appropriateness for funding. Integral to this is a declaration of the need for ethical approval and approval from the associated hospital trust research and development department. Any such studies will require a 'sponsor' which will usually be the hospital trust. The sponsor then provides the indemnity for the research project and although Bowel Cancer West provides the funding for the research project it is free of any contingent liability. Funding will not be released until proof of ethical approval and sponsorship is provided by the candidate. The candidate is required to document and record such approvals and to provide progress updates to Bowel Cancer West and the Sponsor.

Bowel Cancer West **(A company limited by guarantee)**

Report of the trustees (incorporating the directors' report) **for the period ended 31 December 2024**

Objectives and activities

The Directors confirm that they have referred to the guidance contained in the Charity Commission's general guidance on the public benefit when reviewing the charity's aims and objectives and in planning future activities and setting the grant making policy for the year.

The charity has appointed a new member Mr P Menis. During the year the charity had the sad news of Mr D Darke, co-founder and Patron, passed away.

Achievements and performance

Includes the continuation of BCW charity shop in Springfield Road, Elburton, Plymouth. The shop has a good reputation in the local area and is well supported, with many comments that it's good to have a bowel cancer shop on the high street as it raised awareness but helps reduce the stigma of bowel cancer. A new shop manager started in May 2023 bring a wealth of retail experience. The shop manager and volunteers brought the local community together with a Christmas Fayre which will was well supported. The shop team hold events in the local community including bingo nights, tabletop sales to promote the charity and support the local community. The shop is known across Plymouth for its Prom dress sales with many second-hand Prom dresses being sold at £10 to support those in the local community who would find it a struggle to afford one otherwise. The shop funds a shop manager and supervisor to ensure there is a paid employee rostered each day. The team also sell donated items on eBay and at antiques fairs and "bric-a-brac" sales.

For the third year running the charity ran the Devon and Cornwall Backyard Ultra, which is an endurance running event which was held in Newnham Park, Plymouth in September. As well as promoting exercise it was a good opportunity to raise awareness of bowel cancer and the charity. The event was supported by our Treasurer John Best who successfully attracted runners and sponsors for the event, which generated a substantial profit for the charity. This has now an established annual endurance running event.

Devon County Show

Bowel Cancer West was chosen as charity of the year for the Devon County Show. This is a very desirable opportunity. A team of up to 20 volunteers a day attended the show, providing good visibility to the charity. The president of the Devon County Show, celebrity chef Michael Caines provided a recipe for our smoothie bike which was very popular. The charity decorated a garden in the garden and craft stand. The charity was given the opportunity to speak and interview people in this stand each day. The charity was invited to two dinners, one with the stocksmen and the other with stewards of the show.

Many individual conversations were held with people raising awareness of bowel cancer and our charity.

Bowel Cancer Buddy Support Groups

In 2023, the bowel cancer buddy support groups were established in two geographical locations with adverts for this group being on our website, in GP surgeries and local hospitals. The buddy support group meets monthly with a member of the BCW team present. It has an approved terms of reference indicating to participants what to expect how to raise any concerns. Members of the group are very appreciative of the support they receive from each other with one lady saying, "I cannot tell you what a difference this group has made to me and my husband. We can come along and talk about our cancer and bowels and know that other people understand. Bowel cancer can be a very lonely and isolating place without these groups."

With the adverts for the Buddy Support Groups some bowel cancer sufferers make contact for 1:1 support. We put these people in contact with other appropriate people suffering from bowel cancer.

Bowel Cancer West **(A company limited by guarantee)**

Report of the trustees (incorporating the directors' report) **for the period ended 31 December 2024**

Research

Bowel Cancer West charity has been working with the University of Cardiff to identify suitable projects to fund. However, the funds probably will not be released until 2025.

Training

No funding has been given to training in 2024.

Awareness

There have been several awareness events including attendance at many agricultural shows, including the Devon County Show, Liskeard Show, Armed Forces Day in Plymouth, Yealmpton Show, Sherbourne Classic Car Show and Mount Edgcombe show. An event for the BT staff in Bristol was attended to raise awareness amongst staff.

Several thousand people have been spoken to at these events where awareness has been raised of bowel cancer. The geographical area covered by Bowel Cancer West has been with attendance at events in Cornwall, Devon, Dorset and Bristol.

Several local organisations have nominated the charity as charity of the year including Looe Bin, Down Ladies Golf Club, Exeter Golf and Country Club and Plymstock WI.

The charity has been supported by many fundraisers holding events or undertaking challenges including skydives, climbing Mount Snowdon, organising fun days to name but a few.

BCW Team Members

During 2024 the social media, Marketing and PR expert remained employed. A new and improved website has been commissioned and is live. A regular item at the Board meeting now is the analysis of the information that users are viewing. Our fund-raising manager remained employed working 15 hours per week flexibly. The Chief Executive role continues to be covered by one of the Trustees, with plans in place to seek a paid employee to cover this role. A successful day was held in October 2024, which helped identify the key aims and priorities of the charity for the future. It also included proposal to employ a Chief Executive in a part time position.

The team is supported by a voluntary administrator who supports the team including the acting Chief Executive ensuring awareness leaflets are printed and available, that events are booked and providing support with the shop and accounts are maintained

Financial review

In the 2024 financial year funds deployed by the charity (excluding governance costs) were £75,344 in the previous 12 months it was £77,567. The funding was spent on charitable activity expenditure of £75,346. There were no awareness or training costs in the period.

The Shop continued to struggle and generated only £21,636 of income and unfortunately the ongoing costs of staffing and utility costs suffered has resulted in this being a burden on resources. While the facility does very much provide a base and raises awareness of the charity in the community. It has been decided that the shop be closed in the New Year, and the lease not be renewed. I would like to give recognition to the shop manager and the volunteers for their hard work.

Another tough year for fundraising and donations, with the cost of living rising and being highlighted in the UK. It was always going to be a testing year with more and more organisations appealing for funds.

Bowel Cancer West **(A company limited by guarantee)**

Report of the trustees (incorporating the directors' report) **for the period ended 31 December 2024**

The trustees' have been cautious in the year and have managed the funds available well in trying to make best use of our resources. Additional funds have been utilised on promotion and marketing in an attempt to raise awareness to the charity and ideally in achieving additional income for the charity.

Overall, a small surplus was realised in 2024 of £2,301.

At the end of 2024 we had unfettered cash reserves of £35,470 compared to £33,169 last year.

Plans for future periods

For 2025 BCW is concentrating on consolidation, with the removal of unnecessary expenses. In tandem, its strategic approach is to:

- Increase support through online and in-person groups
- To fund research up to £5,000
- To build closer collaboration with corporate organisations
- To increase fundraising events – both our own and encourage supporters
- To develop a wellness package for patients

Through these activities, the charity endeavours to strengthen it's offering to support those living with bowel cancer, and to encourage early screening to increase the chances of treatment.

Statement of trustees' responsibilities

The trustees (who are also directors of Bowel Cancer West for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2024

Small company provisions

These financial statements have been prepared in accordance with FRS 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland.

On behalf of the board

.....

Mr John Best

Honorary Treasurer

Bowel Cancer West
(A company limited by guarantee)

Independent examiner's report to the trustees on the unaudited financial statements of Bowel Cancer West.

We report on the accounts of Bowel Cancer West for the year ended 31 December 2024 set out on pages 2 to 17.

Respective responsibilities of trustees and independent examiner

As the charity's trustees you are responsible for the preparation of the accounts, you consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is our responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act and
- to state whether particular matters have come to our attention

Basis of independent examiner's statement

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (i) which gives us reasonable cause to believe that in any material respect the requirements:
 - to keep proper accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Acthave not been met; or
- (ii) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....
Mr Chris Jones FMAAT
On behalf of Best Accountancy Services (Newton Abbot) Ltd
Licensed and regulated by the Association of Accounting Technicians
Independent examiner
Licence NO:4513

Bowel Cancer West
(A company limited by guarantee)

Statement of financial activities (incorporating the income and expenditure account)

For the period ended 31 December 2024

		Unrestricted	2024	2023
		funds	Total	Total
	Notes	£	£	£
Incoming resources				
Incoming resources from generating funds:				
Voluntary income	2	81,708	81,708	78,937
Investment income	3	22	22	15
Grants received	4	-	-	2,000
		<hr/>	<hr/>	<hr/>
Total incoming resources		81,730	81,730	80,952
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Resources expended				
Charitable activities		75,344	75,344	77,567
Governance costs	5	4,085	4,085	4,543
		<hr/>	<hr/>	<hr/>
Total resources expended		79,429	79,429	82,110
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Net incoming/(outgoing) resources for the year				
Net income/(expenditure) for the year		2,301	2,301	(1,158)
Total funds brought forward		33,169	33,169	34,327
		<hr/>	<hr/>	<hr/>
Total funds carried forward		35,470	35,470	33,169
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

The notes on pages 13 to 19 form an integral part of these financial statements.

Bowel Cancer West
(A company limited by guarantee)

Balance sheet

as at 31 December 2024

		2024		2023	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	11		5,204		7,699
Current assets					
Debtors	12	3,300		1,798	
Cash at bank and in hand		29,238		30,179	
		<u>32,538</u>		<u>31,977</u>	
Creditors: amounts falling					
due within one year	13	(2,272)		(6,507)	
		<u></u>		<u></u>	
Net current assets			30,266		25,470
			<u>35,470</u>		<u>33,169</u>
Net assets					
			<u>35,470</u>		<u>33,169</u>
Funds					
Unrestricted general funds	15		35,470		33,169
			<u>35,470</u>		<u>33,169</u>
Total funds			<u>35,470</u>		<u>33,169</u>

The Balance Sheet continues on the following page.

The notes on pages 13 to 19 form an integral part of these financial statements.

Bowel Cancer West
(A company limited by guarantee)

Balance sheet (continued)

Directors statements required by the Companies Act 2006
for the year ended 31 December 2024

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 December 2024.

(c) that we acknowledge our responsibilities for:

(i) ensuring that the company keeps proper accounting records which comply with section 386 of the Companies Act 2006, and

(ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of sections 394 and 395, and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

The financial statements were approved by the board on and signed on its behalf by

.....

Mr M Coleman

Director

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2024

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. Bowel Cancer West meets the definition of a public benefit entity under FRS 102. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern. The Charity's functional and presentational currency is the pound sterling.

1.2. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts. Investment income is included when receivable.

1.3. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the costs linked to the strategic management of the charity.

Bowel Cancer West
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Notes to the financial statements
for the period ended 31 December 2024

1.4. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	-	25% of net book value per annum
Leasehold	-	20% straight line

1.5. Investment Policy

The income is held in a new business current account and business reserve account with Natwest Bank. A decision was taken in the year to transfer from Barclays to Natwest due to bank access in the area. All transactions and business costs are free of charge and there is no interest paid on the account balance.

1.6. Defined contribution pension schemes

The pension costs charged in the financial statements represent the contribution payable by the company during the year.

2. Voluntary income

	2024	2023
	Total	Total
	£	£
Online Just Giving	8,845	19,241
Donations	11,639	7,678
Fundraising	19,591	10,730
Collection tins	316	831
Events	17,540	12,029
Goods sold	129	207
Charity Shop Income	21,636	28,221
Sponsors and sundry income	-	-
	<hr/>	<hr/>
	79,696	78,937
	<hr/> <hr/>	<hr/> <hr/>

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2024

3. Investment income

	2024	2023
	Total	Total
	£	£
Bank interest receivable	22	15
	<hr/>	<hr/>
	22	15
	<hr/> <hr/>	<hr/> <hr/>

4. Grants

	2024	2023
	Total	Total
	£	£
Grants received	-	2,000
	<hr/>	<hr/>
	-	2,000
	<hr/> <hr/>	<hr/> <hr/>

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2024

5. Governance costs

	2024	2023
	Total	Total
	£	£
Accountancy and payroll fees	1,591	1,977
Depreciation	2,494	2,566
	<u>4,085</u>	<u>4,543</u>

6. Net outgoing resources for the year

	2024	2023
	£	£
Net outgoing resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	2,494	2,566
	<u>2,494</u>	<u>2,566</u>

Bowel Cancer West
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Notes to the financial statements
for the period ended 31 December 2024

7. Employees

Employment costs	2024	2023
	£	£
Wages and salaries	33,299	44,317
Pension costs	436	804
	<u>33,735</u>	<u>45,121</u>

No employee received emoluments of more than £60,000 (2023 : None)

8. Number of employees

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full-time equivalents, was as follows:

2024	2023
Number	Number
12	12
<u>12</u>	<u>12</u>

9. Pension costs

The company operates a defined contribution pension scheme in respect of the employee. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and amounted to £436 (2023 - £804).

	2024	2023
	£	£
Pension charge	436	804
	<u>436</u>	<u>804</u>

Bowel Cancer West
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Notes to the financial statements
for the period ended 31 December 2024

10. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge in these accounts.

11. Tangible fixed assets	Leasehold	Fixtures, fittings and equipment £	Total £
Cost			
At 1 January 2024 and	11,399	5,828	17,277
At 31 December 2024	11,399	5,828	17,227
	=====	=====	=====
Depreciation			
At 1 January 2024	4,560	4,968	9,528
Charge for the year	2,280	215	2,495
	-----	-----	-----
At 31 December 2024	6,840	5,183	12,023
	=====	=====	=====
Net book values			
At 31 December 2024	4,559	645	5,204
	-----	-----	-----
At 31 December 2023	9,119	860	9,786
	=====	=====	=====

Bowel Cancer West
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Notes to the financial statements
for the period ended 31 December 2024

12. Debtors

	2024	2023
	£	£
Trade debtors	-	250
Other debtors	335	131
Prepayments	1,965	417
Other debtors – rent deposit	1,000	1,000
	<u>3,300</u>	<u>1,798</u>

13. Creditors: amounts falling due
within one-year

	2024	2023
	£	£
Trade creditors	-	-
Other taxes and social security	93	743
Pension creditors	98	81
Accruals and deferred income	2,081	5,683
	<u>2,272</u>	<u>6,507</u>

Bowel Cancer West
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Notes to the financial statements
for the period ended 31 December 2024

14. Analysis of net assets between funds

	Unrestricted funds	Total funds
	£	£
Fund balances at 31 December 2024 as represented by:		
Tangible fixed assets	5,204	5,204
Current assets	32,538	32,538
Current liabilities	(2,272)	(2,272)
	<u>35,470</u>	<u>35,470</u>

15. Unrestricted funds

	At		At
	1 January	Incoming	Outgoing
	2024	resources	resources
	£	£	£
			31 December
			2024
			£
General Funds	33,169	81,730	79,429
	<u>33,169</u>	<u>81,730</u>	<u>79,429</u>
			<u>35,470</u>

16. Contingent liabilities

There were no contingent liabilities at the balance sheet date.

Bowel Cancer West
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The following pages do not form part of the statutory accounts.

Bowel Cancer West
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	2024	2023
	£	£
Incoming resources		
<i>Voluntary income</i>		
Online Just Giving	8,845	19,241
Donations	11,639	7,678
Fundraising	19,591	10,730
Collection tins	316	831
Events	17,540	12,029
Goods Sold	129	207
Charity Shop Income	21,636	28,221
Other trading income	2,012	-
	<hr/>	<hr/>
	81,708	78,937
	<hr/>	<hr/>
Other Incoming resources		
	2024	2023
	£	£
Grants received	-	2,000
	<hr/>	<hr/>
	-	2,000
	<hr/>	<hr/>
	2024	2023
	£	£
<i>Investment income</i>		
Bank interest receivable	22	15
	<hr/>	<hr/>
	22	15
	<hr/>	<hr/>
Total incoming resources	<hr/> <hr/>	<hr/> <hr/>
	81,730	80,952

Bowel Cancer West
(A company limited by guarantee)

Charitable activities

Activity 1

Activities undertaken directly

Wages and salaries	33,299	44,317
Pension costs	436	804
Online Just Giving fees	216	446
Promotional and marketing	11,404	2,531
Website	2,008	432
Event costs	7,256	9,365
Rent & Rates	12,993	13,097
Light & Heat	1,291	1,328
Charitable Shop Costs	489	713
BCW Administration	4,508	3,408
Public Liability Insurance	985	850
Pension Charges	180	180
Bank & Paypal Charges	34	21
Late Payment Tax Charges	-	75
Training and workshops	245	-
	<hr/>	<hr/>
	75,344	77,567

Total charitable activity expenditure

75,344

77,567

Governance costs

Activities undertaken directly

Accountancy and payroll fees	1,591	1,977
Depreciation	2,494	2,566
	<hr/>	<hr/>
	4,085	4,543

Total governance costs

4,085

4,543

Net incoming/(outcoming) resources for the year

2,301

(1,158)

BOWEL CANCER WEST

England & Wales - Charity number 1140271

Accounts

Charity number: 1140271

Company number: 7378488

Bowel Cancer West

(A company limited by guarantee)

Trustees' report and financial statements

for the period ended 31 December 2022

Bowel Cancer West
(A company limited by guarantee)

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Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2022

Charity number 1140271

Company registration number 7378488

Business address and

Registered office 12 Colebrook Road
Plympton
Plymouth
Devon
PL7 4AA

Directors/Committee

Mr M Coleman

Chairman

Mr J Best

Treasurer

Mr J Mills

Mr D Darke

Ms D Sheppard

Mrs H Suffell

Mr P Lidder

Mrs S Coleman

Mr E Sinclair

Resigned 6 October 2022

Ms S Davarian

Mr H Mackenzie

Mr G Pattison

Accountants

Best Accountancy Services (Plymouth) Ltd

12 Colebrook Road

Plympton

Plymouth

Devon

PL7 4AA

Bankers

National Westminster Bank plc

Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2022

The trustees present their report and the financial statements for the year ended 31 December 2022. The trustees, who are also directors of Bowel Cancer West for the purposes of company law and who served during the year and up to the date of this report are set out on page 1.

Structure, governance and management

Bowel Cancer West is a registered charity, number 1140271 and is constituted under The Companies Act 2006 as a Private Company Limited by Guarantee and governed by the Articles of Association of Bowel Cancer West. Company number 7378488. The charity was established in 2010 for research and education in the specialty of bowel cancer, and for developing the public awareness of the disease in the west of England. The charity's strap-line Awareness, Research, Training tries to capture this. The charity's main aim is to improve survival rates of people with bowel cancer in the south west of the UK.

New directors are appointed by the existing directors. Retirement of directors is by rotation at the Annual General Meeting in accordance with the Memorandum and Articles of Association. The Articles of Association provides for a minimum of 3 directors but shall not be subject to any maximum.

The overall responsibility for the work of the charity lies with the Board of Trustees who help shape the strategy and approve plans to deliver the Charity's aims. Progress is monitored and evaluated at board meetings (every three months) and, going forward, the board will receive regular reports from the Executive Director since his appointment in July 2016. Consideration of project funding, clinical trials, education and fellowship grants, fund raising opportunities and good governance are all key topics for discussion. A financial statement and strategic update is prepared and presented to the Board. Careful stewardship of the charity's resources is a key element of the meeting.

All directors give their time freely. An expense claim policy is in place and any payments made are shown through the accounts. Directors are required to disclose all relevant interests and register them with the Chair and in accordance with the Articles of Association withdraw from decisions where a conflict of interest arises.

The directors long term aim is to ensure that membership is well balanced from a clinical and business perspective. Clinical representation is reflected in the appointment of a colorectal surgeon, an anaesthetist and two senior nurses. Other skills within the Board include a PR and Marketing specialist, retired business leaders an accountant and an NHS management specialist. These appointments are important with local networking and establishment of the charity within the business community. The charity will be seek new representation on the board to help diversify the range of knowledge to successfully manage a charity, in particular someone with a strong charity background.

Risk management

Research projects are vetted by a sub-committee for appropriateness for funding. Integral to this is a declaration of the need for ethical approval and approval from the hospital trust research and development (R) department. Any such studies will require a 'sponsor' which will usually be the hospital trust. The sponsor then provides the indemnity for the research project and although Bowel Cancer West provides the funding for the research project it is free of any contingent liability. Funding will not be released until proof of ethical/R approval and sponsorship is provided by the candidate. The candidate is required to document and record such approvals and to provide progress updates to Bowel Cancer West and the Sponsor.

Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2022

Objectives and activities

The Directors confirm that they have referred to the guidance contained in the Charity Commission's general guidance on the public benefit when reviewing the charity's aims and objectives and in planning future activities and setting the grant making policy for the year.

Achievements and performance

2022 saw BCW move onto the high street, with the opening of our first "charity shop" in Springfield Road, Elburton, on the outskirts of Plymouth. The premises are small – but our first foray into retail has been a success, and provided some financial stability in the continued aftermath of the Covid-19 pandemic. With the absence of major corporate fundraising for the charity, the shop covered the employment costs of Vicky Jinks, who moved into more of a shop management roll. Opening the shop also allowed us to venture online, and we have launched what has become a successful eBay channel, selling several items of value donated to the shop. Another first in 2022 was the creating and staging of the Devon and Cornwall Backyard Ultra, an endurance running event organised by BCW and held at Newnham Park in September. This was the brainchild of BCW board trustee John Best, and was a success, in that it established itself, attracted runners and sponsorship, and generated a substantial profit. The Backyard Ultra will be held again in September 2023. And yet another first this year was the creation and launch of the "Be a BCW Buddy" scheme – an informal growing network of cancer survivors, and friends and families of people affected by bowel cancer. The group held several "coffee events" – and members also volunteered at several BCW events. We held several successful awareness events and gave talks during the year at businesses including Babcock and Plymouth University, and worked with SCC super car club, Re-Fuel, Ferrari Exeter, and Chunk of Devon. We were nominated to be the "charity of the year" for 2022/23 at Plymouth Sir Francis Drake Bowling Club, Torquay Bowling Club, and Honiton Golf Club. We welcomed new trustee board members in 2022 – Sima Davarian is a bowel cancer survivor from Plymouth; Graham Pattison works in the colorectal team at Plymouth University NHS Trust (Derriford) and Hugh Mackenzie is a Derriford surgeon. Regrettably, several trustees were not able to attend or contribute to BCW board meetings or strategy during the year.

Finally BCW supporter Steve Rowley was selected as the face of an advertising campaign to be focused in Bristol and Bath urging people not to ignore the NHS self test:

Research

Sadly we were not able to make any research grants in 2022 – sadly the state of our finances post-pandemic has not yet recovered, but there is hope that in 2023/4 things will improve. We do however remain in close contact with Cardiff, Swansea, Bristol and Plymouth researchers and have input to their work.

Charity Survival

Bowel Cancer West (BCW) is a small charity aiming to increase survival rates of bowel cancer in the southwest by funding training, research and raising awareness of bowel cancer in southwest England.

It remains our intention to work at growing our database of active supporters – and to translate our large number of Facebook "likers" into financial supporters.

Awareness

Social media continues to grow with a significant increase in both followers and general traffic - thanks to online work by Vicky Jinks, We are now regularly receiving messages from followers/supporters via the Facebook secure messaging platform. The activity on Instagram and Twitter continue to increase at a steady pace.

Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2022

Financial review

In the 2022 financial year funds deployed by the charity (excluding governance costs) were £64,699 in the previous 12 months it was £27,120. The funding was split between charitable activity expenditure of £64,699. There were no awareness or training costs in the period.

Due to investing in setting up a charity shop in the accounting year requiring additional outlay this has resulted in net incoming of funds in the year of £2,052.

At the end of 2022 we had unfettered cash reserves of £34,327 compared to £32,275 last year.

Appreciation is given to the Jon Gripton our CEO and our fundraiser Vicky Jinks for their efforts and perseverance through another difficult period.

Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2022

Plans for future periods

Following a very difficult 2020 for BCW, we entered 2021 with a low level of reserves, which we desperately needed to rebuild after the pandemic had essentially taken away our income streams.

Unfortunately, we were unable to run our obstacle race in 2021 however the events and sponsorship of those who did take part in events did yield some significant funds for the charity. We are very much hoping that the worst of the coronavirus disruption is behind us, and we will not return to the restrictive times and there will be ample opportunities to attend and take part in fundraising events.

We did benefit from being an official charity for the elected Mayor of Plymouth, Councillor Terri Beer who was able to promote the charity and raise funds through a number of events in the year.

We are planning to host for a second year our own "Backyard Ultra" trail running event in September 2023 and if we manage to create a successful occasion, we are hopeful that we can make this a regular fixture in our fundraising calendar and potentially substantial opportunity to raise funds and awareness for the charity. We continue to look for solid corporate sponsors for the event with the hope of it becoming well known and established in Devon and Cornwall.

We have also been confirmed as the Charity for the Devon County show for 2024.

We hope to extend the charity's remit – funding research, awareness and training – to also providing a level of care for those diagnosed with bowel cancer in South West hospitals.

We will continue to ensure high levels of governance and adapt to changing regulatory environments.

Statement of trustees' responsibilities

The trustees (who are also directors of Bowel Cancer West for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2022

Small company provisions

These financial statements have been prepared in accordance with FRS 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland.

On behalf of the board

A handwritten signature in black ink, appearing to be 'J. Best', written over a dotted horizontal line.

Mr John Best

Honorary Treasurer

Bowel Cancer West
(A company limited by guarantee)

Independent examiner's report to the trustees on the unaudited financial statements of Bowel Cancer West.

We report on the accounts of Bowel Cancer West for the year ended 31 December 2022 set out on pages 2 to 17.

Respective responsibilities of trustees and independent examiner

As the charity's trustees you are responsible for the preparation of the accounts, you consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is our responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act and
- to state whether particular matters have come to our attention

Basis of independent examiner's statement

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(i) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep proper accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

(ii) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


.....

Mr Chris Jones FMAAT
On behalf of Best Accountancy Services (Newton Abbot) Ltd
Licensed and regulated by the Association of Accounting Technicians
Independent examiner
Licence NO:4513

Bowel Cancer West
(A company limited by guarantee)

Statement of financial activities (incorporating the income and expenditure account)

For the period ended 31 December 2022

	Unrestricted	2022	2021	
	funds	Total	Total	
Notes	£	£	£	
Incoming resources				
Incoming resources from generating funds:				
Voluntary income	2	87,526	87,526	43,187
Investment income	3	3	3	-
Grants received	4	-	-	5,285
		<hr/>	<hr/>	<hr/>
Total incoming resources		87,529	87,529	48,472
		<hr/>	<hr/>	<hr/>
Resources expended				
Charitable activities		64,699	64,699	27,120
Governance costs	5	20,778	20,778	2,885
		<hr/>	<hr/>	<hr/>
Total resources expended		85,477	85,477	30,005
		<hr/>	<hr/>	<hr/>
Net incoming/(outgoing) resources for the year /				
Net income/(expenditure) for the year		2,052	2,052	18,467
Total funds brought forward		32,275	32,275	13,808
		<hr/>	<hr/>	<hr/>
Total funds carried forward		34,327	34,327	32,275
		<hr/>	<hr/>	<hr/>

The notes on pages 13 to 19 form an integral part of these financial statements.

Bowel Cancer West
(A company limited by guarantee)

Balance sheet

as at 31 December 2022

		2022		2021	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	11		9,786		478
Current assets					
Debtors	12	1,657		297	
Cash at bank and in hand		29,335		36,702	
		<u>30,992</u>		<u>36,999</u>	
Creditors: amounts falling					
due within one year	13	(6,451)		(5,202)	
		<u></u>		<u></u>	
Net current assets			24,541		31,797
			<u>34,327</u>		<u>32,275</u>
Net assets					
			<u>34,327</u>		<u>32,275</u>
Funds					
Unrestricted general funds	15		34,327		32,275
			<u>34,327</u>		<u>32,275</u>
Total funds			<u>34,327</u>		<u>32,275</u>

The Balance Sheet continues on the following page.

The notes on pages 13 to 19 form an integral part of these financial statements.

Bowel Cancer West
(A company limited by guarantee)

Balance sheet (continued)

Directors statements required by the Companies Act 2006
for the year ended 31 December 2022

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 December 2022.

(c) that we acknowledge our responsibilities for:

(i) ensuring that the company keeps proper accounting records which comply with section 386 of the Companies Act 2006, and

(ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of sections 394 and 395, and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

The financial statements were approved by the board on and signed on its behalf by



.....

Mr M Coleman

Director

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2022

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. Bowel Cancer West meets the definition of a public benefit entity under FRS 102. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern. The Charity's functional and presentational currency is the pound sterling.

1.2. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts. Investment income is included when receivable.

1.3. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the costs linked to the strategic management of the charity.

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2022

1.4. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

- Fixtures, fittings and equipment - 25% of net book value per annum
- Leasehold – 20% straight line

1.5. Investment Policy

The income is held in a new business current account and business reserve account with Natwest Bank. A decision was taken in the year to transfer from Barclays to Natwest due to bank access in the area. All transactions and business costs are free of charge and there is no interest paid on the account balance.

1.6. Defined contribution pension schemes

The pension costs charged in the financial statements represent the contribution payable by the company during the year.

2. Voluntary income

	2022	2021
	Total	Total
	£	£
Online Just Giving	9,845	16,200
Donations	22,018	10,860
Fundraising	14,300	7,463
Collection tins	218	28
Events	11,742	7,714
Goods sold	60	396
Charity Shop Income	26,642	-
Sponsors and sundry income	2,701	526
	<hr/>	<hr/>
	87,526	43,187
	<hr/>	<hr/>

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2022

3. Investment income

	2022	2021
	Total	Total
	£	£
Bank interest receivable	3	-
	<hr/>	<hr/>
	3	-
	<hr/>	<hr/>

4. Grants

	2022	2021
	Total	Total
	£	£
Grants received	-	5,285
	<hr/>	<hr/>
	-	5,285
	<hr/>	<hr/>

5. Governance costs

	2022	2021
	Total	Total
	£	£
Accountancy and payroll fees	2,139	1,554
Professional fees	-	-
Rent & Rates	9,623	-
Light & Heat	704	-
Charity Shop Costs	1,286	-
BCW Administration	3,483	642
Public liability insurance	825	325
Pension charges	180	180
Bank and Paypal charges	36	25

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2022

Depreciation	2,502	159
	<u>20,778</u>	<u>2,885</u>

6. Net outgoing resources for the year

	2022	2021
	£	£
Net outgoing resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	2,502	159
	<u>2,502</u>	<u>159</u>

7. Employees

Employment costs	2022	2021
	£	£
Wages and salaries	53,134	21,334
Pension costs	1,155	1,072
	<u>54,289</u>	<u>22,406</u>

No employee received emoluments of more than £60,000 (2021 : None).

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2022

8. Number of employees

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full time equivalents, was as follows:

	2022	2021
	Number	Number
	11	9
	<hr/>	<hr/>

9. Pension costs

The company operates a defined contribution pension scheme in respect of the employee. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and amounted to £1,155 (2021 - £1,072).

	2022	2021
	£	£
Pension charge	1,155	1,072
	<hr/>	<hr/>

10. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge in these accounts.

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2022

11. Tangible fixed assets	Leasehold	Fixtures, fittings and equipment	Total
		£	£
Cost			
At 1 January 2022 and			
At 31 December 2022	11,399	5,349	16,748
	<hr/>	<hr/>	<hr/>
Depreciation			
At 1 January 2022	-	4,460	4,460
Charge for the year	2,280	222	2,502
	<hr/>	<hr/>	<hr/>
At 31 December 2022	2,280	4,682	6,962
	<hr/>	<hr/>	<hr/>
Net book values			
At 31 December 2022	9,119	667	9,786
	<hr/>	<hr/>	<hr/>
At 31 December 2021	-	478	478
	<hr/>	<hr/>	<hr/>

12. Debtors

	2022	2021
	£	£
Other debtors	362	166
Prepayments	295	131
Other debtors – rent deposit	1,000	-
	<hr/>	<hr/>
	1,657	683
	<hr/>	<hr/>

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2022

13. Creditors: amounts falling due

within one year	2022	2021
	£	£
Trade creditors	834	321
Other taxes and social security	4,344	3,530
Pension creditors	267	235
Gocardless	-	396
Accruals and deferred income	1,006	720
	<u>6,451</u>	<u>5,202</u>

14. Analysis of net assets between funds

	Unrestricted	Total
	funds	funds
	£	£
Fund balances at 31 December 2022 as represented by:		
Tangible fixed assets	9,786	9,786
Current assets	30,992	30,992
Current liabilities	(6,541)	(6,541)
	<u>34,327</u>	<u>34,327</u>

15. Unrestricted funds

	At		At
	1 January	Incoming	31 December
	2022	resources	2022
	£	£	£
General Funds	32,275	87,529	34,327
	<u>32,275</u>	<u>87,529</u>	<u>34,327</u>

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2022

16. Contingent liabilities

There were no contingent liabilities at the balance sheet date.

Bowel Cancer West
(A company limited by guarantee)

The following pages do not form part of the statutory accounts.

Bowel Cancer West
(A company limited by guarantee)

	2022	2021
	£	£
Incoming resources		
<i>Voluntary income</i>		
Online Just Giving	9,845	16,200
Donations	22,018	10,860
Fundraising	14,300	7,463
Collection tins	218	28
Events	11,742	7,714
Goods Sold	60	396
Charity Shop Income	26,642	-
Other trading income	2,701	526
	<hr/>	<hr/>
	87,526	43,187
	<hr/>	<hr/>
Other Incoming resources		
	2022	2021
	£	£
Grants received	-	5,285
	<hr/>	<hr/>
	-	5,285
	<hr/>	<hr/>
	2022	2021
	£	£
<i>Investment income</i>		
Bank interest receivable	3	-
	<hr/>	<hr/>
	3	-
	<hr/>	<hr/>
Total incoming resources	87,529	48,472

Bowel Cancer West
(A company limited by guarantee)

Bowel Cancer West

(A company limited by guarantee)

Net (outgoing)/incoming resources for the year

2,052

18,467

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BOWEL CANCER WEST

England & Wales - Charity number 1140271

Accounts

Charity number: 1140271

Company number: 7378488

Bowel Cancer West

(A company limited by guarantee)

Trustees' report and financial statements

for the period ended 31 December 2021

Bowel Cancer West
(A company limited by guarantee)

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Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2021

Charity number 1140271

Company registration number 7378488

Business address and

Registered office 12 Colebrook Road
Plympton
Plymouth
Devon
PL7 4AA

Directors/Committee

Mr M Coleman
Mr J Best
Mr J Mills
Mr D Darke
Ms D Sheppard
Mrs H Suffell
Mr P Lidder
Mrs S Coleman
Mr E Sinclair
Ms S Davarian
Mr H Mackenzie
Mr G Pattison

Chairman
Treasurer

Accountants

Best Accountancy Services (Plymouth) Ltd
12 Colebrook Road
Plympton
Plymouth
Devon
PL7 4AA

Bankers

National Westminster Bank plc

Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2021

The trustees present their report and the financial statements for the year ended 31 December 2021. The trustees, who are also directors of Bowel Cancer West for the purposes of company law and who served during the year and up to the date of this report are set out on page 1.

Structure, governance and management

Bowel Cancer West is a registered charity, number 1140271 and is constituted under The Companies Act 2006 as a Private Company Limited by Guarantee and governed by the Articles of Association of Bowel Cancer West. Company number 7378488. The charity was established in 2010 for research and education in the specialty of bowel cancer, and for developing the public awareness of the disease in the west of England. The charity's strap-line Awareness, Research, Training tries to capture this. The charity's main aim is to improve survival rates of people with bowel cancer in the south west of the UK.

New directors are appointed by the existing directors. Retirement of directors is by rotation at the Annual General Meeting in accordance with the Memorandum and Articles of Association. The Articles of Association provides for a minimum of 3 directors but shall not be subject to any maximum.

The overall responsibility for the work of the charity lies with the Board of Trustees who help shape the strategy and approve plans to deliver the Charity's aims. Progress is monitored and evaluated at board meetings (every three months) and, going forward, the board will receive regular reports from the Executive Director since his appointment in July 2016. Consideration of project funding, clinical trials, education and fellowship grants, fund raising opportunities and good governance are all key topics for discussion. A financial statement and strategic update is prepared and presented to the Board. Careful stewardship of the charity's resources is a key element of the meeting.

All directors give their time freely. An expense claim policy is in place and any payments made are shown through the accounts. Directors are required to disclose all relevant interests and register them with the Chair and in accordance with the Articles of Association withdraw from decisions where a conflict of interest arises.

The directors long term aim is to ensure that membership is well balanced from a clinical and business perspective. Clinical representation is reflected in the appointment of a colorectal surgeon, an anaesthetist and two senior nurses. Other skills within the Board include a PR and Marketing specialist, retired business leaders an accountant and an NHS management specialist. These appointments are important with local networking and establishment of the charity within the business community. The charity will be seek new representation on the board to help diversify the range of knowledge to successfully manage a charity, in particular someone with a strong charity background.

Risk management

Research projects are vetted by a sub-committee for appropriateness for funding. Integral to this is a declaration of the need for ethical approval and approval from the hospital trust research and development (R) department. Any such studies will require a 'sponsor' which will usually be the hospital trust. The sponsor then provides the indemnity for the research project and although Bowel Cancer West provides the funding for the research project it is free of any contingent liability. Funding will not be released until proof of ethical/R approval and sponsorship is provided by the candidate. The candidate is required to document and record such approvals and to provide progress updates to Bowel Cancer West and the Sponsor.

Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2021

Objectives and activities

The Directors confirm that they have referred to the guidance contained in the Charity Commission's general guidance on the public benefit when reviewing the charity's aims and objectives and in planning future activities and setting the grant making policy for the year.

Achievements and performance

The performance of the charity in 2021 was severely impacted by the coronavirus pandemic, which saw lockdowns of activity and the inability to organise events, particularly in the first half of the year when group participation was limited and our employees were furloughed.

That said, individuals were able to fundraise for BCW through their own endeavours, and thanks to the hard work of chief fundraiser Vicky Jinks the charity was able to keep its head above water.

Those events that were attempted were well supported, with sponsorship and donations achieving £42,252.

The charity also managed to obtain two grants from the Co-op in the year totalling £5,285.

The charity welcomed 3 new directors to its board in 2021 – Sima Davarian is a local teacher and bowel cancer survivor; Hugh Mackenzie and Graham Pattison both work in colorectal surgery at University Hospitals Plymouth NHS Trust. All three bring experience and knowledge to the BCW board as we look to expand the charity's remit and offering to include aspects of care for patients, their families and friends.

We were able to hold numerous small-scale events in November and December in the run-up to Christmas, and we sold charity Christmas cards and calendars.

We have plans in hand for 2022, including the opening of BCW's first charity shop in the Elburton area of Plymouth; a summer black tie ball; the staging of a "Backyard" endurance running event at Newnham in the Autumn; and a partnership for the first time with local charities The Primrose Foundation and The Chestnut Appeal for the staging of a zipwire event at The Eden Project.

Research

Several research grants which had been committed to in the previous year were awarded in the financial period, but no new grants were possible due to the financial impact of the global coronavirus pandemic.

Charity Survival

Bowel Cancer West (BCW) is a small charity aiming to increase survival rates of bowel cancer in the southwest by funding training, research and raising awareness of bowel cancer in southwest England.

It remains our intention to work at growing our database of active supporters – and to translate our large number of Facebook "likers" into financial supporters.

Awareness

Social media continues to grow with a significant increase in both followers and general traffic - thanks to online work by Vicky Jinks, We are now regularly receiving messages from followers/supporters via the Facebook secure messaging platform. The activity on Instagram and Twitter continue to increase at a steady pace.

Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2021

Financial review

In the 2021 financial year funds deployed by the charity (excluding governance costs) were £27,120 in the previous 12 months it was £53,565. The funding was split between charitable activity expenditure of £27,120. There were no awareness or training costs in the period.

As with all other charities across the country, the Covid-19 pandemic has had a continuing negative impact on the charity and its ability to generate donations and hold fundraising events. With the UK having restrictions on gatherings for many months in the accounting year this has resulted in net incoming of funds in the year of £18,467. This is however a big improvement from the 2020 year.

The charity was able to make use of the furlough facility set up by the UK Government and to enable payments for part of the year. This served as a major lifeline for the charity.

Thankfully the Charity does have little ongoing overheads other than the salaries of its two employees. At the end of 2021 we had unfettered cash reserves of £32,275 compared to £13,808 last year.

Appreciation is given to the Jon Gripton our CEO and our fundraiser Vicky Jinks for their efforts and perseverance through another difficult period. With the potential of an exciting new venture for the charity in opening its first charity shop and other potentially high profile events planned we could see a major positive result for the charity in 2022 and we should be optimistic.

Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2021

Plans for future periods

Following a very difficult 2020 for BCW, we entered 2021 with a low level of reserves, which we desperately needed to rebuild after the pandemic had essentially taken away our income streams.

Unfortunately, we were unable to run our obstacle race in 2021 however the events and sponsorship of those who did take part in events did yield some significant funds for the charity. We are very much hoping that the worst of the coronavirus disruption is behind us, and we will not return to the restrictive times and there will be ample opportunities to attend and take part in fundraising events.

We did benefit from being an official charity for the elected Mayor of Plymouth, Councillor Terri Beer who was able to promote the charity and raise funds through a number of events in the year.

We are planning to host our own "Backyard Ultra" trail running event in September 2022 and if we manage to create a successful occasion, we are hopeful that we can make this a regular fixture in our fundraising calendar and potentially substantial opportunity to raise funds and awareness for the charity. We continue to look for solid corporate sponsors for the event with the hope of it becoming well known and established in Devon and Cornwall.

We hope to extend the charity's remit – funding research, awareness and training – to also providing a level of care for those diagnosed with bowel cancer in South West hospitals.

We will continue to ensure high levels of governance and adapt to changing regulatory environments.

Statement of trustees' responsibilities

The trustees (who are also directors of Bowel Cancer West for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2021

Small company provisions

These financial statements have been prepared in accordance with FRS 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland.

On behalf of the board

A handwritten signature in black ink, appearing to read 'John Best', is written over a horizontal dotted line. The signature is fluid and cursive.

Mr John Best

Honorary Treasurer

Bowel Cancer West
(A company limited by guarantee)

Independent examiner's report to the trustees on the unaudited financial statements of Bowel Cancer West.

We report on the accounts of Bowel Cancer West for the year ended 31 December 2021 set out on pages 2 to 17.

Respective responsibilities of trustees and independent examiner

As the charity's trustees you are responsible for the preparation of the accounts, you consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is our responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act and
- to state whether particular matters have come to our attention

Basis of independent examiner's statement

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (i) which gives us reasonable cause to believe that in any material respect the requirements:
 - to keep proper accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Acthave not been met; or
- (ii) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mr Chris Jones FMAAT
On behalf of Best Accountancy Services (Newton Abbot) Ltd
Licensed and regulated by the Association of Accounting Technicians
Independent examiner
Licence NO:4513

Bowel Cancer West
(A company limited by guarantee)

Statement of financial activities (incorporating the income and expenditure account)

For the period ended 31 December 2021

		Unrestricted funds	2021 Total	2020 Total
	Notes	£	£	£
Incoming resources				
Incoming resources from generating funds:				
Voluntary income	2	43,187	42,679	31,829
Investment income	3	-	-	5
Grants received	4	5,285	5,285	-
		<hr/>	<hr/>	<hr/>
Total incoming resources		48,472	48,472	31,834
		<hr/>	<hr/>	<hr/>
Resources expended				
Charitable activities		27,120	27,120	53,565
Governance costs	5	2,885	2,885	3,764
		<hr/>	<hr/>	<hr/>
Total resources expended		30,005	30,005	57,329
		<hr/>	<hr/>	<hr/>
Net incoming/(outgoing) resources for the year /				
Net income/(expenditure) for the year		18,467	18,467	(25,495)
		<hr/>	<hr/>	<hr/>
Total funds brought forward		13,808	13,808	39,303
		<hr/>	<hr/>	<hr/>
Total funds carried forward		32,275	32,275	13,808
		<hr/>	<hr/>	<hr/>

The notes on pages 13 to 19 form an integral part of these financial statements.

Bowel Cancer West
(A company limited by guarantee)

Balance sheet

as at 31 December 2021

		2021		2020	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	11		478		638
Current assets					
Debtors	12	297		683	
Cash at bank and in hand		36,702		17,308	
		<u>36,999</u>		<u>17,991</u>	
Creditors: amounts falling					
due within one year	13	(5,202)		(4,820)	
		<u></u>		<u></u>	
Net current assets			31,797		13,171
			<u>32,275</u>		<u>13,808</u>
Net assets					
			<u>32,275</u>		<u>13,808</u>
Funds					
	15				
Unrestricted general funds			32,275		13,808
			<u>32,275</u>		<u>13,808</u>
Total funds			<u>32,275</u>		<u>13,808</u>

The Balance Sheet continues on the following page.

The notes on pages 13 to 19 form an integral part of these financial statements.

Bowel Cancer West
(A company limited by guarantee)

Balance sheet (continued)

Directors statements required by the Companies Act 2006
for the year ended 31 December 2021

In approving these financial statements as directors of the company we hereby confirm;

(a) that for the year stated above the company was entitled to the exemption conferred by section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 December 2021.

(c) that we acknowledge our responsibilities for:

(i) ensuring that the company keeps proper accounting records which comply with section 386 of the Companies Act 2006, and

(ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of sections 394 and 395, and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

The financial statements were approved by the board on and signed on its behalf by



.....

Mr M Coleman

Director

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2021

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. Bowel Cancer West meets the definition of a public benefit entity under FRS 102. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern. The Charity's functional and presentational currency is the pound sterling.

1.2. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts. Investment income is included when receivable.

1.3. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the costs linked to the strategic management of the charity.

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2021

1.4. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment - 25% of net book value per annum

1.5. Investment Policy

The income is held in a new business current account and business reserve account with Natwest Bank. A decision was taken in the year to transfer from Barclays to Natwest due to bank access in the area. All transactions and business costs are free of charge and there is no interest paid on the account balance.

1.6. Defined contribution pension schemes

The pension costs charged in the financial statements represent the contribution payable by the company during the year.

2. Voluntary income

	2021	2020
	Total	Total
	£	£
Online Just Giving	16,200	8,054
Donations	10,860	7,897
Fundraising	7,463	11,863
Collection tins	28	8
Events	7,714	4,007
Goods sold	396	-
Sponsors and sundry income	526	-
	<hr/>	<hr/>
	43,187	31,829
	<hr/> <hr/>	<hr/> <hr/>

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2021

3. Investment income

	2021	2020
	Total	Total
	£	£
Bank interest receivable	-	5
	<hr/>	<hr/>
	-	5
	<hr/> <hr/>	<hr/> <hr/>

4. Grants

	2021	2020
	Total	Total
	£	£
Grants received	5,285	-
	<hr/>	<hr/>
	5,285	-
	<hr/> <hr/>	<hr/> <hr/>

5. Governance costs

	2021	2020
	Total	Total
	£	£
Accountancy and payroll fees	1,554	1,266
Professional fees	-	394
BCW Administration	642	1,238
Public liability insurance	325	444
Pension charges	180	180
Bank and Paypal charges	25	(37)
Depreciation	159	289
	<hr/>	<hr/>
	2,885	3,764
	<hr/> <hr/>	<hr/> <hr/>

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2021

6. Net outgoing resources for the year

	2021	2020
	£	£
Net outgoing resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	159	289
	<u>159</u>	<u>289</u>

7. Employees

Employment costs	2021	2020
	£	£
Wages and salaries	21,334	41,455
Pension costs	1,072	909
	<u>22,406</u>	<u>42,364</u>

No employee received emoluments of more than £60,000 (2020 : None).

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2021

8. Number of employees

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full time equivalents, was as follows:

	2021	2020
	Number	Number
	9	12
	<u>9</u>	<u>12</u>

9. Pension costs

The company operates a defined contribution pension scheme in respect of the employee. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and amounted to £1,072 (2020 - £909).

	2021	2020
	£	£
Pension charge	1,072	909
	<u>1,072</u>	<u>909</u>

10. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge in these accounts.

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2021

11. Tangible fixed assets	Fixtures, fittings and equipment	Total
	£	£
Cost		
At 1 January 2020 and At 31 December 2020	4,938	4,938
	<u> </u>	<u> </u>
Depreciation		
At 1 January 2021	4,301	4,301
Charge for the year	159	159
	<u> </u>	<u> </u>
At 31 December 2021	4,460	4,460
	<u> </u>	<u> </u>
Net book values		
At 31 December 2021	478	478
	<u> </u>	<u> </u>
At 31 December 2020	637	637
	<u> </u>	<u> </u>
 12. Debtors		
	2021	2020
	£	£
Other debtors	166	477
Prepayments	131	206
	<u> </u>	<u> </u>
	297	683
	<u> </u>	<u> </u>

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2021

13. Creditors: amounts falling due

within one year

	2021	202
	£	£
Trade creditors	321	430
Other taxes and social security	3,530	3,432
Pension creditors	235	238
Gocardless	396	-
Accruals and deferred income	720	720
	<u>5,202</u>	<u>4,820</u>

14. Analysis of net assets between funds

	Unrestricted	Total
	funds	funds
	£	£
Fund balances at 31 December 2020 as represented by:		
Tangible fixed assets	478	478
Current assets	36,999	36,999
Current liabilities	(5,202)	(5,202)
	<u>32,275</u>	<u>32,275</u>

15. Unrestricted funds

	At		At
	1 January	Incoming	31 December
	2021	resources	2021
	£	£	£
General Funds	13,808	48,472	32,275
	<u>13,808</u>	<u>48,472</u>	<u>32,275</u>

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2021

16. Contingent liabilities

There were no contingent liabilities at the balance sheet date.

Bowel Cancer West
(A company limited by guarantee)

The following pages do not form part of the statutory accounts.

Bowel Cancer West
(A company limited by guarantee)

	2021	2020
	£	£
Incoming resources		
<i>Voluntary income</i>		
Online Just Giving	16,200	8,054
Donations	10,860	7,897
Fundraising	7,463	11,863
Collection tins	28	8
Events	7,714	4,007
Goods Sold	396	-
Other trading income	526	-
	<u>43,187</u>	<u>31,829</u>
	<u>43,187</u>	<u>31,829</u>
Other Incoming resources		
	2021	2020
	£	£
Grants received	5,285	-
	<u>5,285</u>	<u>-</u>
	<u>5,285</u>	<u>-</u>
	2021	2020
	£	£
<i>Investment income</i>		
Bank interest receivable	-	5
	<u>-</u>	<u>5</u>
	<u>-</u>	<u>5</u>
	<u>-</u>	<u>5</u>
Total incoming resources	<u>48,472</u>	<u>31,834</u>
	<u>48,472</u>	<u>31,834</u>

Bowel Cancer West
(A company limited by guarantee)

Charitable activities

Activity 1

Activities undertaken directly

Research projects	-	9,139
Wages and salaries	21,334	41,455
Pension costs	1,072	909
Accommodation and subsistence	-	-
Online Just Giving fees	216	398
Promotional and marketing	470	220
Website	162	354
Event costs	3,866	1,090
	<u>27,120</u>	<u>53,565</u>
Total charitable activity expenditure	<u>27,120</u>	<u>53,565</u>

Governance costs

Activities undertaken directly

Accountancy and payroll fees	1,554	1,266
Professional fees	-	384
BCW Administration	642	1,238
Public liability insurance	325	444
Pension charges	180	180
Bank and Paypal charges	25	(37)
Depreciation	159	289
	<u>2,885</u>	<u>3,764</u>
Total governance costs	<u>2,885</u>	<u>3,764</u>

Net (outgoing)/incoming resources for the year	<u>18,467</u>	<u>(25,495)</u>
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BOWEL CANCER WEST

England & Wales - Charity number 1140271

Accounts

Charity number: 1140271

Company number: 7378488

Bowel Cancer West

(A company limited by guarantee)

Trustees' report and financial statements

for the period ended 31 December 2020

Bowel Cancer West
(A company limited by guarantee)

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Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2020

Charity number 1140271

Company registration number 7378488

Business address and

Registered office 12 Colebrook Road
Plympton
Plymouth
Devon
PL7 4AA

Directors/Committee

Mr M Coleman
Mr J Best
Mr J Mills
Mr G Minto (Resigned 14 February 2020)
Mr D Darke
Ms D Sheppard
Mrs H Suffell
Mr S Smolorek (Resigned 10 February 2020)
Mr P Lidder (Appointed 10 February 2020)
Mrs S Coleman (Appointed 28 February 2020)
Mr E Sinclair (Appointed 28 August 2020)

Chairman
Treasurer

Accountants

Best Accountancy Services (Plymouth) Ltd
12 Colebrook Road
Plympton
Plymouth
Devon
PL7 4AA

Bankers

National Westminster Bank plc

The trustees present their report and the financial statements for the year ended 31 December 2020. The trustees, who are also directors of Bowel Cancer West for the purposes of company law and who served during the year and up to the date of this report are set out on page 1.

Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2020
Structure, governance and management

Bowel Cancer West is a registered charity, number 1140271 and is constituted under The Companies Act 2006 as a Private Company Limited by Guarantee and governed by the Articles of Association of Bowel Cancer West. Company number 7378488. The charity was established in 2010 for research and education in the specialty of bowel cancer, and for developing the public awareness of the disease in the west of England. The charity's strap-line Awareness, Research, Training tries to capture this. The charity's main aim is to improve survival rates of people with bowel cancer in the south west of the UK.

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The overall responsibility for the work of the charity lies with the Board of Trustees who help shape the strategy and approve plans to deliver the Charity's aims. Progress is monitored and evaluated at board meetings (every three months) and, going forward, the board will receive regular reports from the Executive Director since his appointment in July 2016. Consideration of project funding, clinical trials, education and fellowship grants, fund raising opportunities and good governance are all key topics for discussion. A financial statement and strategic update is prepared and presented to the Board. Careful stewardship of the charity's resources is a key element of the meeting.

All directors give their time freely. An expense claim policy is in place and any payments made are shown through the accounts. Directors are required to disclose all relevant interests and register them with the Chair and in accordance with the Articles of Association withdraw from decisions where a conflict of interest arises.

The directors long term aim is to ensure that membership is well balanced from a clinical and business perspective. Clinical representation is reflected in the appointment of a colorectal surgeon, an anaesthetist and two senior nurses. Other skills within the Board include a PR and Marketing specialist, retired business leaders an accountant and an NHS management specialist. These appointments are important with local networking and establishment of the charity within the business community. The charity will be seek new representation on the board to help diversify the range of knowledge to successfully manage a charity, in particular someone with a strong charity background.

Risk management

Research projects are vetted by a sub-committee for appropriateness for funding. Integral to this is a declaration of the need for ethical approval and approval from the hospital trust research and development (R) department. Any such studies will require a 'sponsor' which will usually be the hospital trust. The sponsor then provides the indemnity for the research project and although Bowel Cancer West provides the funding for the research project it is free of any contingent liability. Funding will not be released until proof of ethical/R approval and sponsorship is provided by the candidate. The candidate is required to document and record such approvals and to provide progress updates to Bowel Cancer West and the Sponsor.

Objectives and activities

The Directors confirm that they have referred to the guidance contained in the Charity Commission's general guidance on the public benefit when reviewing the charity's aims and objectives and in planning future activities and setting the grant making policy for the year.

Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2020

Achievements and performance

Charity Survival

Bowel Cancer West (BCW) is a small charity aiming to increase survival rates of bowel cancer in the south west by funding training, research and raising awareness of bowel cancer in south west England.

In March 2020, a new chief executive officer, Jon Gripton was appointed by the directors, with ambitious plans to grow the reach of the charity, capitalise on the charity's 10th anniversary year, and increase income.

Sadly, weeks after his appointment the first national lockdown due to the coronavirus pandemic was announced by the Government.

Most events in 2020 were cancelled, although we were able to organise one fundraiser run in September in place of our annual obstacle challenge; and chief fundraiser Vicky Jinks kept the charity afloat with several digital campaigns.

It remains our intention to work at growing our database of active supporters – and to translate our large number of Facebook “likers” into financial supporters.

Awareness

Social media continues to grow with a significant increase in both followers and general traffic - thanks to online work by Vicky Jinks, and due to an award of digital advertising from Google. We are now regularly receiving messages from followers/supporters via the Facebook secure messaging platform. The activity on Instagram and Twitter continue to increase at a steady pace.

Research

Several research grants which had been committed to in the previous year were awarded in the financial period.

Financial review

In the 2019/2020 financial year funds deployed by the charity (excluding governance costs) were £53,565 in the previous 12 months it was £99,970. The funding was split between charitable activity expenditure of £44,426 and £9,139 on research programmes. There were no awareness or training costs in the period.

As with all other charities across the country, the Covid-19 pandemic has had a massive impact on the charity and its ability to generate donations and hold fundraising events. With the UK on lock down for many months in the accounting year this has resulted in net outgoing of funds in the year of £25,495

The charity was very unfortunate with the timing of the changeover of our CEO and as a result was unable to make use of the first furlough facility set up by the UK Government and to enable payments for part of the year.

Thankfully the Charity does have little ongoing overheads other than the salaries of its two employees. At the end of 2020 we had unfettered cash reserves of £13,808.

We are hopeful that with the roll out of vaccines in 2021 a full programme of events can be established, and we can once again make some ground back with the organisation's funds. Certainly the popular obstacle race is a major highlight and one which we hope will go ahead in September.

Appreciation is given to the CEO and our fundraiser for sticking with us through this extremely tough and worrying period.

Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2020

Plans for future periods

Following a reasonably successful 2019 for BCW, we entered 2020 with a good level of reserves, which helped us survive the pandemic.

We remain at the mercy of the coronavirus– but have several large events planned for the second half of 2021, with a hope of returning to active fundraising.

We hope to extend the charity's remit – funding research, awareness and training – to also providing a level of care for those diagnosed with bowel cancer in South West hospitals.

We have recently partnered with the Re-Fuel motoring organisation, who have designated BCW their official charity beneficiary for 2021/2.

And we are also to benefit from being an official charity for the newly elected Mayor of Plymouth, Councillor Terri Beer.

We will continue to ensure high levels of governance and adapt to changing regulatory environments.

Statement of trustees' responsibilities

The trustees (who are also directors of Bowel Cancer West for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

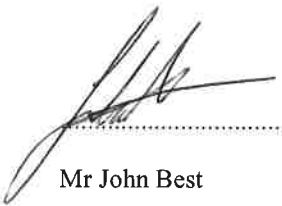
Bowel Cancer West
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the period ended 31 December 2020

Small company provisions

These financial statements have been prepared in accordance with FRS 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland.

On behalf of the board

A handwritten signature in black ink, appearing to be 'John Best', written over a horizontal dotted line.

Mr John Best

Honorary Treasurer

Bowel Cancer West
(A company limited by guarantee)

Independent examiner's report to the trustees on the unaudited financial statements of Bowel Cancer West.

We report on the accounts of Bowel Cancer West for the year ended 31 December 2020 set out on pages 2 to 17.

Respective responsibilities of trustees and independent examiner

As the charity's trustees you are responsible for the preparation of the accounts, you consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is our responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act and
- to state whether particular matters have come to our attention

Basis of independent examiner's statement

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(i) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep proper accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

(ii) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mr Chris Jones FMAAT
On behalf of Best Accountancy Services (Newton Abbot) Ltd
Licensed and regulated by the Association of Accounting Technicians
Independent examiner

Bowel Cancer West
(A company limited by guarantee)

Statement of financial activities (incorporating the income and expenditure account)

For the period ended 31 December 2020

	Notes	Unrestricted funds £	2020 Total £	2019 Total £
Incoming resources				
Incoming resources from generating funds:				
Voluntary income	2	31,829	31,829	98,704
Investment income	3	5	5	26
		<hr/>	<hr/>	<hr/>
Total incoming resources		31,834	31,834	98,730
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Resources expended				
Charitable activities		53,565	53,565	99,996
Governance costs	4	3,764	3,764	10,060
		<hr/>	<hr/>	<hr/>
Total resources expended		57,329	57,329	110,056
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Net incoming/(outgoing) resources for the year /				
Net income/(expenditure) for the year		(25,495)	(25,495)	(11,326)
Total funds brought forward		39,303	39,303	50,629
		<hr/>	<hr/>	<hr/>
Total funds carried forward		13,808	13,808	39,303
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

The notes on pages 13 to 19 form an integral part of these financial statements.

Bowel Cancer West
(A company limited by guarantee)

Balance sheet

as at 31 December 2020

		2020		2019	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	10		637		926
Current assets					
Debtors	11	683		297	
Cash at bank and in hand		17,308		47,627	
				<u>47,924</u>	
Creditors: amounts falling					
due within one year	12	4,820		(9,547)	
				<u></u>	
Net current assets					38,377
				<u></u>	<u></u>
Net assets			13,808		39,303
			<u></u>	<u></u>	<u></u>
Funds					
Unrestricted general funds	14		13,808		39,303
			<u></u>	<u></u>	<u></u>
Total funds			13,808		39,303
			<u></u>	<u></u>	<u></u>

The Balance Sheet continues on the following page.

The notes on pages 13 to 19 form an integral part of these financial statements.

Bowel Cancer West
(A company limited by guarantee)

Balance sheet (continued)

Directors statements required by the Companies Act 2006
for the year ended 31 December 2020

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 December 2020.

(c) that we acknowledge our responsibilities for:

(i) ensuring that the company keeps proper accounting records which comply with section 386 of the Companies Act 2006, and

(ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of sections 394 and 395, and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

The financial statements were approved by the board on and signed on its behalf by

Mark G Coleman

.....

Mr M Coleman

Director

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2020

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. Bowel Cancer West meets the definition of a public benefit entity under FRS 102. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern. The Charity's functional and presentational currency is the pound sterling.

1.2. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts. Investment income is included when receivable.

1.3. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the costs linked to the strategic management of the charity.

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2020

1.4. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment - 25% of net book value per annum

1.5. Investment Policy

The income is held in a new business current account and business reserve account with Natwest Bank. A decision was taken in the year to transfer from Barclays to Natwest due to bank access in the area. All transactions and business costs are free of charge and there is no interest paid on the account balance.

1.6. Defined contribution pension schemes

The pension costs charged in the financial statements represent the contribution payable by the company during the year.

2. Voluntary income

	2020	2019
	Total	Total
	£	£
Online Just Giving	8,054	29,818
Donations	7,897	8,006
Fundraising	11,863	9,044
Collection tins	8	514
Events	4,007	51,322
	<u>31,829</u>	<u>98,704</u>
	<u>31,829</u>	<u>98,704</u>

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2020

3. Investment income

	2020	2019
	Total	Total
	£	£
Bank interest receivable	5	26
	<u>5</u>	<u>26</u>
	<u><u>5</u></u>	<u><u>26</u></u>

4. Governance costs

	2020	2019
	Total	Total
	£	£
Accountancy and payroll fees	1,266	1,296
Professional fees	384	-
BCW Administration	1,238	7,482
Public liability insurance	444	636
Pension charges	180	225
Bank and Paypal charges	(37)	-
Depreciation	289	421
	<u>3,764</u>	<u>10,060</u>
	<u><u>3,764</u></u>	<u><u>10,060</u></u>

5. Net outgoing resources for the year

	2020	2019
	£	£
Net outgoing resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	289	421
	<u>289</u>	<u>421</u>
	<u><u>289</u></u>	<u><u>421</u></u>

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2020

6. Employees

Employment costs	2020	2019
	£	£
Wages and salaries	41,455	59,506
Pension costs	909	1,853
	<u>42,364</u>	<u>61,359</u>

No employee received emoluments of more than £60,000 (2019 : None).

Bowel Cancer West
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Notes to the financial statements
for the period ended 31 December 2020

7. Number of employees

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full time equivalents, was as follows:

	2020	2019
	Number	Number
	12	10
	<u> </u>	<u> </u>

8. Pension costs

The company operates a defined contribution pension scheme in respect of the employee. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and amounted to £909 (2019 - £1,853).

	2020	2019
	£	£
Pension charge	909	1,853
	<u> </u>	<u> </u>

9. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge in these accounts.

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2020

10. Tangible fixed assets	Fixtures, fittings and equipment	Total
	£	£
Cost		
At 1 January 2020 and At 31 December 2020	4,938	4,938
	<u>4,938</u>	<u>4,938</u>
Depreciation		
At 1 January 2020	4,012	4,012
Charge for the year	289	289
At 31 December 2020	4,301	4,301
	<u>4,301</u>	<u>4,301</u>
Net book values		
At 31 December 2020	637	637
	<u>637</u>	<u>637</u>
At 31 December 2019	926	926
	<u>926</u>	<u>926</u>
 11. Debtors		
	2020	2019
	£	£
Other debtors	477	-
Prepayments	206	297
	<u>683</u>	<u>297</u>
	<u>683</u>	<u>297</u>

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2020

12. Creditors: amounts falling due
within one year

	2020	2019
	£	£
Trade creditors	430	812
Other taxes and social security	3,432	2,827
Other creditors	238	3,463
Accruals and deferred income	720	2,445
	<u>4,820</u>	<u>9,547</u>

13. Analysis of net assets between funds

	Unrestricted	Total
	funds	funds
	£	£
Fund balances at 31 December 2020 as represented by:		
Tangible fixed assets	637	637
Current assets	17,991	17,991
Current liabilities	(4,820)	(4,820)
	<u>13,808</u>	<u>13,808</u>

14. Unrestricted funds

	At		At	
	1 January	Incoming	Outgoing	
	2020	resources	resources	
	£	£	£	
			31 December	
			2020	
			£	
General Funds	39,303	31,834	(57,329)	13,808
	<u>39,303</u>	<u>31,834</u>	<u>(57,329)</u>	<u>13,808</u>

Bowel Cancer West
(A company limited by guarantee)

Notes to the financial statements
for the period ended 31 December 2020

15. Contingent liabilities

There were no contingent liabilities at the balance sheet date.

Bowel Cancer West
(A company limited by guarantee)

The following pages do not form part of the statutory accounts.

Bowel Cancer West
(A company limited by guarantee)

	2020	2019
	£	£
Incoming resources		
<i>Voluntary income</i>		
Online Just Giving	8,054	29,818
Donations	7,897	8,006
Fundraising	11,863	9,044
Collection tins	8	514
Events	4,007	51,322
	<u>31,829</u>	<u>98,704</u>
	<u>31,829</u>	<u>98,704</u>
	2020	2019
	£	£
<i>Investment income</i>		
Bank interest receivable	5	26
	<u>5</u>	<u>26</u>
	<u>5</u>	<u>26</u>
Total incoming resources	<u><u>31,834</u></u>	<u><u>98,730</u></u>

Bowel Cancer West
(A company limited by guarantee)

Charitable activities

Activity 1

Activities undertaken directly

Research projects	9,139	24,643
Wages and salaries	41,455	59,506
Pension costs	909	1,853
Accommodation and subsistence	-	-
Online Just Giving fees	398	702
Promotional and marketing	220	2,474
Website	354	410
Event costs	1,090	10,408
	<hr/>	<hr/>
	53,565	99,996

Total charitable activity expenditure

53,565

99,970

Governance costs

Activities undertaken directly

Accountancy and payroll fees	1,266	1,296
Professional fees	384	-
BCW Administration	1,238	7,482
Public liability insurance	444	636
Pension charges	180	225
Bank and Paypal charges	(37)	-
Depreciation	289	421
	<hr/>	<hr/>
	3,764	10,060

Total governance costs

3,764

10,060

Net (outgoing)/incoming resources for the year

(25,495)

(11,326)