

**COMPANY REGISTRATION NUMBER: 03886363**  
**CHARITY REGISTRATION NUMBER: 1140227**

**North Wales Women's Centre Limited**  
**Company Limited by Guarantee**  
**Financial Statements**  
**31 March 2023**

# **North Wales Women's Centre Limited**

## **Company Limited by Guarantee**

### **Financial Statements**

**Year ended 31 March 2023**

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**North Wales Women's Centre Limited**  
**Company Limited by Guarantee**  
**Trustees' Annual Report (Incorporating the Director's Report)**  
**Year ended 31 March 2023**

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

**Reference and administrative details**

<b>Registered charity name</b>	North Wales Women's Centre Limited
<b>Charity registration number</b>	1140227
<b>Company registration number</b>	03886363
<b>Principal office and registered office</b>	46-54 Water Street Rhyl Denbighshire LL18 1SS

**The trustees**

S N Farrell  
W Mullen James  
S Walls  
A Ogle  
A James  
Dr S Dubberley (appointed 7  
November 2022)  
A J Hill (appointed 14 March  
2023)

<b>Company secretary</b>	Abby Lewis
<b>Independent examiner</b>	Bruce Roberts FCA

# **North Wales Women's Centre Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 March 2023**

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#### **Structure, governance and management**

##### **LEGAL STATUS**

The organisation is a charitable company limited by guarantee, incorporated on 30th November 1999 and registered as a charity on 4th November 2011. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association, as amended by special resolution, 5 December 2010. The Company Number is 3886363 (registered in England and Wales) and the Charity Number is 1140227. The liability of each member in the event of winding up shall be restricted to £10.

##### **RECRUITMENT AND APPOINTMENT TO THE BOARD OF TRUSTEES**

Under the requirements of the Articles of Association, the number of Directors shall be not less than three nor, unless otherwise determined by a general meeting, shall not be subject to any maximum. Trustees are subject to retirement by rotation according to the terms dictated by the Articles (clause 59 on). If a trustee is willing to be re-appointed, and no alternative has been put forward, the trustee is deemed to be re-appointed unless the meeting decides not to fill the vacancy or unless a resolution to re-appoint the trustee is lost. Proposed new trustees must be recommended by the existing trustees, or appropriate notice must have been given by a Member qualified to vote at the meeting. Trustees may be removed subject to the conditions in the Articles.

Recruitment is normally achieved via the media of advertising, word of mouth and local volunteer bureau or other agencies. Recruitment of new trustees is prompted by the retirement or removal of existing trustees, or the perceived need to strengthen the board in particular areas of experience.

##### **TRUSTEE INDUCTION AND TRAINING**

Upon appointment to the board, each new trustee is provided with information on their responsibilities as a trustee and director of the Company. Each new trustee is expected to familiarise themselves with this information and the aims and objectives of the charity, and seek guidance on areas with which they require additional advice or clarification. Trustees are encouraged to take advantage of training where available.

##### **RISK MANAGEMENT**

The trustees have established a risk examination policy which looks at the major strategic, business and operational risks which the charity faces and ensure that systems have been established to mitigate the charity's exposure to the major risks. The trustees undertake to regularly consider the major risks applicable to the charity and review during the year if deemed necessary. They also undertake to decide how to respond to the risks in order to mitigate the effect of such risks. Internal control risks (including the risk of fraud) have been minimised by the rigorous adherence to the financial control measures in place. The trustees are satisfied with the current procedures in place. During the year no incident involving Health and Safety has occurred that required reporting to a statutory agency.

# **North Wales Women's Centre Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 March 2023**

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#### **ORGANISATION**

North Wales Women's Centre Ltd is governed by a Committee of trustees, who are appointed under the terms of the Articles of Association. The trustees who served on the committee are as follows:

W Mullen James

S Farrell

S Walls

A Ogle

A James

Dr S Dubberley (appointed 7 November 2022)

A J Hill (appointed 14 March 2023)

Our Board of Trustees are a group of dedicated individuals who are committed to our vision. Together they use their wealth of experience, knowledge, and skills to guide and support us to achieve our aims. The Board meet at least quarterly to develop and agree strategy and ensure that organisational policies and processes are complied with. Service delivery is delegated to the Managing Director. The Trustees give their time voluntarily.

In addition to the service delivery, the trustees delegated day to day management of the charity to Gemma Fox, who was also the designated Company Secretary. Gemma Fox retired in March 2023 and has been replaced by Abby Lewis to whom day to day management of the charity has been delegated by the trustees. Abby Lewis is also the new Company Secretary.

#### **PUBLIC BENEFIT**

The Trustees have reviewed the requirement to provide public benefit and are satisfied that the activities of the charity are wholly focussed to provide benefit to the women of the community of Rhyl and the surrounding area that it aims to serve, thereby complying with the duty in section 4 of the Charities Act 2006 to have regard to the guidance provided by the Commission. The organisation continues to evolve in answer to the well evidenced need for a gender specific approach to the support and skills development of women in our community. Our mission remains:

**'to advance the economic and social development of women in our communities'**

# **North Wales Women's Centre Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 March 2023**

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#### **Objectives and activities**

##### **OBJECTIVES OF NORTH WALES WOMENS CENTRE LIMITED**

- To develop the capacity and skills of women of the socially and economically disadvantaged community of Rhyl and the surrounding area in such a way that they are better able to identify, and help meet their needs and to participate more fully in society.
- To provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age infirmity or disability, financial hardship or social circumstances with the object of improving their conditions of life
- To promote general charitable purposes for the benefit of the women of North Wales, and to provide relief from financial hardship and social and/or economic disadvantage and to advance the education of women; and in particular, to provide opportunities for women to participate fully in the life of their community in ways which address and alleviate social and economic disadvantage.

The North Wales Women's Centre carries out these objects by providing a safe 'one stop shop' for the multi service provision of information, support, advocacy, training and referral on issues relating to work, health and wellbeing.

#### **Strategic report**

The following sections for achievements and performance and financial review form the strategic report of the charity.

# **North Wales Women's Centre Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 March 2023**

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#### **Achievements and performance**

##### **1. Strategy & Planning - Women Centred Services**

The past year has seen the organisation emerge from lockdown and at last welcome the full return to 'in person' services at the Centre.

It was fully expected that there would be an increase in need post pandemic, and this has been realised. There is a growing demand for services and activities as women wrestle with both the cost-of-living crisis and the impact of lockdown on health and wellbeing. The increase in the numbers of enquiries via the website provides harsh evidence of the desperation of many women and the lifeline that the North Wales Women's Centre provides.

In preparation for this demand, the Community Centre and activities have been a focus of the year with 68 volunteers recruited to help deliver services. Services also continued to be developed and delivered from the Bangor and Wrexham sites to widen access to services in the East and the West.

The increased support for the early intervention for women agenda has generated new opportunities to collaborate with new partners. The new financial year will commence with the realisation of a shared vision developed with Crest Cooperative. This will launch an exciting and unique package of interventions for women to increase skills, confidence, and resilience. Support for our vision and work is generating promising conversations for more collaboration in 2023.

We celebrated our 21st Anniversary on 6 December 2022. The event included a keynote address from economist and commentator Vicky Pryce who investigated the ways the cost-of-living crisis is increasing demand for our services. The Minister for Social Justice Jane Hutt also provided a video statement on the Women in Justice Blueprint in Wales. This was followed by the main event of the day of a panel debate with key experts; North Wales Police and Crime Commissioner, Andy Dunbobbin, Dr Robert Jones, Wales Governance Centre, Cardiff University, CEO of Welsh Women's Aid Sara Kirkpatrick and CEO of 'Include' Emma Jones. Amongst the key issues considered were 'why women's centres work' and 'why they are an alternative to prison'. The event was really successful with great feedback from attendees with the main feedback being: "very interesting conversations on the women's agenda, I thought it provoked constructive discussion"

We continue to support the implementation of the Women in Justice Blueprint in Wales by contributing to the various networks and workstreams. We are committed members of the National Women's Justice Coalition to influence policy, share best practice and give a voice to the women we serve.

The increase in energy costs has been a significant concern for the running of the Rhyl Centre as gas bills have quadrupled in the winter months. As we are located in an Edwardian listed building there are challenges to heating such large spaces with many original windows. This year we endeavoured to deliver on our commitment to reduce energy wasting with the Welsh Government funded phase 1 of a 2 phase project completed to insulate roof spaces and install secondary glazing. We were also delighted to hear that our application to the Landfill Disposal Tax Fund was successful allowing us to complete the phase 2 of the project in the new financial year ahead of next winter.

Whilst it has been challenging, this past year has prepared the ground for exciting plans to develop sustainable services for women into the future.

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

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#### 2. Key Activity Areas

North Wales Women's Centre provides a safe place for women to access information, one to one support, advocacy and training on issues relating to health, wellbeing, and work. Women can be referred or self refer for support. Typical issues dealt with are domestic violence, homelessness and poverty. Women come to access help for their problems, build their self confidence and learn new skills in an environment that encourages socialising supportiveness dignity and respect.

We remain committed to the key delivery areas below which collectively work to achieve our goal of 'empowering women to live better lives'.

These are:

**1. Education, Training, Personal Development and Employment Support Including Volunteering** - Providing services and activities which empower marginalised women to progress through participation in these areas

**2. Health and Wellbeing** - Providing information and services which empower women to improve their health and wellbeing and that of their families

**3. Safer Communities / Community Justice** - Providing a one stop shop for access to information and support for women who are or have been victims or witnesses of crime; Together with providing support for women who are at risk of offending or subject to the Criminal Justice System in order to address issues of offending behaviour and to divert them from custody and / or criminal justice system.

**4. Strategic and Community Voice** - To be a voice for women in our community and affect change in local, regional, and national issues and services which impact on women and gender inequality.

**5. Organisational Sustainability** - To develop and maintain the North Wales Women's Centre as a valued and sustainable resource, underpinned by ethical & robust policies and procedures.

#### 3. Team / Staffing

On 31 March 2023, there were 11 staff in post providing 10 Full time equivalent workers

- Managing Director
- Projects Manager
- Office Coordinator
- Volunteer and Community Coordinator
- 4 Pathfinder Caseworkers
- Information and Support Worker
- Training Facilitator
- Projects Administrator
- 68 Volunteers registered (various roles)



# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

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#### 4. The Women we provide services to

##### Who do we support?

The 3 centres are based in Rhyl, Bangor and Wrexham, where women present with problems associated with areas of urban deprivation including high unemployment and poverty rates, health inequalities and low educational attainment. The North Wales Women's Centre provides a one stop shop resource for women and girls from age 16 upwards.

##### How Many?

During 2022-2023, 426 women accessed services at the Centre. Of the 426, 387 women accessed support services. This figure comprises 311 women who accessed the services for the first time and 76 women whose support was ongoing from the previous year. We are seeing figures well above the pre pandemic levels with more than 800 visitors to the Rhyl centre each month.

##### Referrals

Word of mouth (self-referral) continues to be the main source of referrals with website routed enquiries increasing since the pandemic. Mental Health support enquiries have increased from 7% last year to 17% this year.

Citizen's Advice Bureau	0	
Checkpoint (Police Custody)	50	12%
Children's Services	3	
Police - Domestic Abuse Officer	3	
Domestic Abuse Specialist	10	
Drug and Alcohol Misuse Services	2	
Employment Services	8	
Health	16	
Housing	4	
Mental Health Services	71	17%
Police Custody Suite	35	
Prison Release Services	8	
Probation Service	19	
Self-referral	179	42%
Social Services	3	
Other	14	

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

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#### Achievements and performance *(continued)*

##### Beneficiary protected characteristics and demographic information

(We collect protected characteristic information on an anonymous and voluntary basis.)

	Total	% of total
Age Range:		
16-18	5	1
19-24	45	11
25-34	94	22
35-44	108	25
45-54	72	14
55-64	41	10
Physical or Sensory Impairment:	129	30
Language:	16	4
Welsh	384	90
English	26	6
Other	152	36
Women with Children:	152	36

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

#### Achievements and performance *(continued)*

Of a total cohort of 426 women who responded to the question, the breakdown of ethnicity was:

<b>White</b>	
Welsh/ English/ Scottish/ Northern Irish/British	336
Irish	0
Gypsy or Irish Traveller	0
Other white background	22
<b>Mixed/multiple ethnic groups</b>	
White and Black Caribbean	1
White and Black African	0
White and Asian	1
Any other mixed/ multiple ethnic background	0
<b>Asian/Asian British</b>	
Indian	0
Pakistani	6
Bangladeshi	0
Any other Asian background	5
<b>Black/African/Caribbean/Black British</b>	
African	3
<b>Other ethnic group</b>	
Other ethnic group	15
Prefer not to say	37

Of the whole cohort of 387 women who accessed support and responded to the question, the employment status was as follows;

<b>Employment status</b>	Total	% of total
Carers	1	3
Employed full time	85	20
Employed part time	50	12
Unemployed - not seeking work	132	31
Unemployed seeking work	30	7
Retired	35	8
Student	8	2
Unable to work (long term sick)	52	12
Self employed	15	4
Volunteering	7	2

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

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#### Achievements and performance *(continued)*

##### 5. Support

NWWC categorises its support into the following support pathways. Women may have more than one need for support, and this is reflected in the numbers of women who accessed support on each pathway during the year. The data below reflects the 387 who accessed support:

Pathway	Number of women receiving support with pathway
Alcohol	59
Drugs	22
Accommodation	71
Personal Development (ETE) inc. social activities	133
Offending (includes Attitudes, Thinking & Behaviour (ATB))	226
Health, Wellbeing and reducing isolation	320
Mental Health	307
Domestic Abuse and Sexual Abuse	115
Finance Benefit and Debt	86
Children, Families and Relationships	93

To assess the complexity of need we group the numbers of women by the number of needs a woman states she needs support with. (e.g. support around domestic violence often requires support around accommodation and/ or finance). We therefore assume that the higher the number of needs, the more complex the support requirements of the woman. Over the last year the proportion of women in each category has remained at similar levels to the previous year.

##### Women with Multiple Needs

	2022-2023
Women receiving support on 1-2 issues	128
Women receiving support on 3-4 issues	219
Women receiving support on 5+ issues	40

The data below highlights the growing complexity of need

##### Key needs:

###### Health

27% of the women were diagnosed with a chronic illness  
79% identified mental health as a need  
60% were diagnosed with a mental health issue  
36% (141 women) disclosed that they have self-harmed

###### Accommodation

Of the 71 women identifying housing as a problem:  
27 women were homeless  
14 women were living in a hostel  
14 women were living with a relative or a friend  
9 women were living with a parent or guardian.  
The remainder were living in their own home or did not state where.

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# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

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#### Achievements and performance *(continued)*

##### Children

Whilst the majority of women with children stated that they lived with them at home:

22 women stated that their children were with family or friends

5 women stated that their children were in foster care

5 women disclosed that their children have been removed

41% of women were lone parents

##### Outcomes achieved as a result of support

The impact of the services we deliver is monitored through collection of a variety of evidence. Outcomes related to each pathway, are evidenced by information gathered through supporting documentation, through case notes or the use of the 'distance travelled' tools and case studies. Of the 387 women who accessed services, many achieved one or more outcomes as the below table demonstrates: :

##### Outcomes Achieved - (there may be multiple outcomes for each woman)

	Whole cohort 387
Accommodation (e.g. moved from unsafe to safe accommodation; homeless to accommodated).	142
Alcohol (e.g. management; reduced frequency; cessation)	109
Drugs (e.g. management; reduced frequency; cessation)	14
Attitudes, thinking and behaviour (e.g. reduction in offending behaviour; improved anger management)	1,142
Children, families and relationships (e.g. improved parenting skills; children removed from child protection register; improved	90
Domestic Abuse and Sexual Abuse service outcomes (e.g. women and children are safe; increased levels of self-esteem; empowered	182
Finance, benefit and debt (e.g. debt reduction; increased income and taking control of finances)	242
Well-being & Mental Health	1,140
Personal development: education, training and employment (e.g. gaining a qualification; increase in confidence)	115

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

**Year ended 31 March 2023**

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#### **Achievements and performance *(continued)***

#### **6. SUMMARY OF ACTIVITIES 2022-2023**

##### **I. Personal Development Workshops and Health and Wellbeing Interventions**

Women can access a wide variety of specialist workshops and interventions once their need has been assessed by a worker. The type of intervention is therefore related to the need identified. The workshops and courses are delivered by skilled facilitators and the positive impact can be transformational for women. During the year 93 women attended these courses listed below:

Confidence Building (6 x 2.5-hour sessions) 31 women completed  
Managing Emotions (6 x 2hr sessions) 24 women completed  
Managing Anxiety (6 x 2 hr sessions) 17  
Understanding Relationships (6 x 2hr sessions) 9 completed  
Effective Communication (6 x 2.5 hr sessions) 10 completed  
Art Therapy 2 completed (6 x 2hr sessions)

**Course and workshop feedback:** A sample of some of the feedback listed below demonstrates the hugely positive impact of these sessions on the lives of those who have taken part.

Responses to "what have you gained and found helpful from the course"

:

- it has helped me to know myself a bit better.
- to be assertive and that my wants and needs are as important as everyone else's.
- a much clearer vision of a pathway forward for myself and my family
- that I can improve things in small steps
- confidence in yourself and the way you manage challenges can produce much better outcomes.
- Feeling more in control of my life
- she was very helpful and gave me tools to help me along the way.
- It has helped me make some positive changes and start on a more positive path.
- I've found my voice again.
- I'm on the long road, long way to go but on the right path.
- I have gained more knowledge, more confidence and I'm happier.
- Some self-belief and hope
- Learnt how to breathe through the anxiety and think more positively.

##### **II. Person Centred Counselling Service**

Counselling remains a valued service delivered by student counselling volunteers. Over the last year, 10 volunteers have delivered more than 807 hours to 147 women at a value of more than £27000 to the service. All students are BACP accredited and are supervised by an accredited Counselling Supervisor.

The Counselling Service has been developed in partnership with Universities and Colleges. The organisation provides placements to students who join us for an academic year of volunteering. Supervision is provided to the counsellors, and they are allocated clients by the BACP accredited Supervisor. A small number of volunteers elect to continue to volunteer beyond their placement if capacity allows. Women benefit greatly from this service and whilst it isn't appropriate for all women it can be crucial to many to address key barriers preventing them from moving forward.

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

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#### Achievements and performance *(continued)*

Below is a sample of the feedback from women:

- I found it transformational.
- It has helped me address the past and to understand the past and to move forward.
- She was very helpful, totally helped being able to open up and also having a Welsh speaker.
- it's made a huge difference to my life. Taught me breathing techniques helped me deal with childhood issues and personal relationships.

#### III. Information and Support Service

The Information and Support service supports women through provision of:

- a weekly drop in advice clinic,
- one to one sessional support
- personal development action plans
- support to access appropriate activities and interventions both in house and externally as appropriate

The service acts as the triage for women's initial contact with the centre as well as providing the support intervention. Women seeking support around domestic abuse will also access this service. Many women now contact us through the website to ask for help whilst those who can attend the drop-in clinic can do so without an appointment. The service has been funded for 2 years from Gwynt -Y- Mor fund, with a contribution from the Regional Integrated Fund in this last year.

#### Numbers of women supported.

Total numbers of women supported by the Information and support service in 2022 -2023 were 223. We have seen an increase in numbers of women with multiple needs, which we believe is a result of the cost-of-living crisis and the impact of lockdown.

The data below demonstrates a significant increase in the numbers of women with mental health and wellbeing needs and interestingly a substantial increase in women who are looking for support around Education, Training and Employment. We believe that this data shows the impact that the cost-of-living crisis is having, and that women are anxious and looking for new ways to support their families.

#### Pathway

	Number of women receiving support with pathway
Alcohol	7
Accommodation	32
Personal Development (ETE) inc. Social Activities	17
Attitudes, Thinking & Behaviour (ATB)	43
Health, Wellbeing & Reducing Isolation	169
Mental Health	220
Domestic Abuse and Sexual Abuse	63
Finance Benefit & Debt	45
Children, Families & Relationships	30

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# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

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#### Achievements and performance *(continued)*

The positive outcomes achieved with women across the year are summarised below (there may be multiple outcomes for each woman):

	Whole cohort 167
Accommodation (e.g. moved from unsafe to safe accommodation; homeless to accommodated).	35
Alcohol (e.g. management; reduced frequency; cessation)	97
Attitudes, thinking and behaviour (e.g. reduction in offending behaviour; improved anger management)	335
Children, families and relationships (e.g. improved parenting skills; children removed from child protection register; improved	51
Domestic Abuse and Sexual Abuse service outcomes (e.g. women and children are safe; increased levels of self-esteem; empowered	276
Finance, benefit and debt (e.g. debt reduction; increased income and taking control of finances)	39
Well-being & Mental Health	644
Personal development: education, training and employment (e.g. gaining a qualification; increase in confidence)	47

Below is a sample of the feedback for the support received:

- Thank you for calling the doctors for me because I wouldn't have done it and because I didn't think they would listen, but you made them listen.
- I don't know where me and my family would be without you, you've helped us through a lot, and I will be ever so grateful for always.
- The support and guidance I have received has been amazing, I am truly thankful. It's changed my life for the better
- I don't think I would have been in a better place without the support I have had. I am a totally changed person. And I couldn't have done this on my own, without the support I have been getting though all this.
- She is very understanding and a good listener. She also helped me get fuel vouchers.

#### IV. Community Justice and Diversionary work

##### Women's Pathfinder

The Women's Pathfinder Service works to reach women and intervene as early as possible to prevent a cycle of offending. Referrals are received from the Checkpoint Service working from Custody Suites across North Wales. Women who are eligible for Checkpoint are diverted to support and interventions to address their offending behaviour. Women can also be referred from other agencies and can self-refer.

The service has supported 685 women over 42months with outcomes achieved for women summarised in the list below against the area of need identified.



# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

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#### Achievements and performance *(continued)*

The following is a summary of outcomes achieved (can be more than one outcome per woman):

	Cumulative to date
Accommodation	266
Personal Development	210
Health Recovery and Wellbeing	1,528
Alcohol	229
Drugs/Substance Misuse	143
Finance Benefits and Debt	451
Self-awareness and Change (ATB)	2,343
Relationships; Self, children, families, intimate relationships, communities	204
Support for woman who have suffered Domestic Violence or Sexual Violence	413

Early intervention changes lives and below is a summary of Angela's (not her real name) experience:

Angela was referred via Custody Suite following arrest for 'common assault whilst under the influence. Angela was suffering severe mental ill health PTSD and alcohol dependency. She was under threat from a neighbour and needed to move to safer accommodation. Due to the intervention of the Service Angela engaged with substance misuse services and relapse prevention services and reduced her alcohol intake. Her housing situation is being addressed and she is moving to a safer environment. Angela is more positive about her future and feels that she now has the confidence to speak to various support providers regarding her health needs, housing and benefit entitlements. No further offences have been committed which Angela states is due to the support she has received.

#### Impact of the Women's Pathfinder Intervention

There are some notable areas of change for women as a result of the support for example:

- 'There are people who really believe in me - 76% of women said that this had changed positively for them as a result of the support provided.
- 72% of women responded positively to 'Has your support network improved with as a result of the support'.
- 67% of women felt that their wellbeing/quality of life has improved.
- 71% of women said there are people they can talk to for support.
- 81% of women said that the risk of their offending was reduced as the behaviour that got them into trouble has reduced or ceased. 20% said that this had not changed with one woman saying it had got worse.
- 78% of women said they felt safer.

North Wales Women's Centre would like to thank the OPCC for their support for this service and look forward to our continued collaboration to reduce the numbers of women in the justice system.

#### Co-location of Probation and Brunch Clubs

Brunch clubs continue to be delivered on a weekly basis, with support from Probation Service. The Brunch Clubs provide food and a welcoming space for women to chat informally with each other and their probation officers. One of the women attending has become a key volunteer, which has helped her to restore her self-esteem and self-confidence whilst also being a wonderful asset to the Centre.

# **North Wales Women's Centre Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 March 2023**

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#### **Achievements and performance *(continued)***

One probation officer said "I have personally seen the difference in the females I supervise, allow themselves to become emotional, ask for help and even discuss their own offences with other women helping them to feel less alone and isolated. I have noticed that the attendance rates for appointments increase when they are held at the Women's Centre. The Brunch Club provides a safe space for women to talk and be themselves. It also allows us as staff to support women to reach their potential in an environment that is beneficial to them."

#### **V. North Wales Women's Centre Community Services**

The relaunch of the full Community Centre after lockdown has been the highlight of the year. 68 volunteers were active at the end of the March and 3,427 hours were provided across the year with a value of £60,000 to the services.

#### **New Volunteering Opportunities**

New roles for volunteers were introduced, to support the many new activities. Volunteers were involved in the development, introduction, and delivery of a wide range of new activities. These included sewing groups, allotment gardening, arts and crafts, film club, Knitting and Crochet, Quilt making, shared reading, a social group for Welsh language practice, Just Sing group, Sound baths/ Reiki and much more.

#### **Diversity and Inclusion**

A key goal for this year was to engage more and diverse volunteers. Through the work with partner agencies, including local authority and the Red Cross to support resettled women, this is beginning to be realised. With social activities and arts and crafts groups we are building relationships with women resettled here from Syria, Afghanistan, and Ukraine. Many are regular visitors to the centre and some women have become volunteers. One woman who volunteered on our welcome desk to improve her English gained employment with the Red Cross as a direct result of the volunteering experience.

#### **Cost of Living response**

Warm space / warm food: to support women in our local communities with the rise in the cost of living and the emotional and financial pressure that this can have upon individuals and families, our Rhyl Community Hub registered as a 'Warm Space' for the community to access. As a warm space, this attracted funding for hot food provision. In collaboration with volunteers from the Soroptimists International Rhyl and District Unit, who became NWWC volunteer cooks, we now provide warm food on a Monday and a Thursday. Women can eat their lunch in the centre between 12pm - 2.30pm on these days or can take this food away to reheat at home.

Free food: We also distribute food and other items received from Aldi Prestatyn Food Surplus on a Monday, Wednesday, and Friday. This food is available for women to help themselves, at a maximum of 5 items each and is providing a lifeline.

Information events on energy / cost savings: In November the Rhyl Centre hosted a 'Cost of Living' Roadshow in partnership with Welsh Water. Many organisations including Citizens Advice, Trussell Trust Food banks, Department of Work and Pensions, Credit Union, Shelter Cymru, attended stalls where they engaged with women seeking information and advice. This was a very popular event resulting in a planned follow up event in April.

#### **General Services Evaluation**

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# **North Wales Women's Centre Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 March 2023**

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#### **Achievements and performance *(continued)***

Listening to the feedback from women using our services has always been important to us to help measure how we are doing and if we could be doing things differently or better. The results are summarised below:

- 88% of women said their confidence and self esteem had grown as a result of the services accessed at the centre.
- 83% of women said that accessing services had reduced their isolation
- 65% said they felt more confident to contact other organisations without our support in the future.
- 76% of women said they felt more confident in their ability to change things for the better
- 72% of women said they felt much safer since they started receiving support.

Below are a few of the comments given to us by women.

- Generally, a lovely, welcoming space, fun and friendly I don't know where I would have been if I didn't come to see you for help and advice.
- Been coming here for years. 2nd home.
- knowing there is somebody to talk to has been a great boost for me. I am so grateful to you for all you have done for me.
- Love the centre, the staff are so welcoming and kind and make me feel safe and necessary.
- It's a wonderful facility for women in need 10/10

#### **VI. Organisational Sustainability**

This has been a challenging year as many of our funding streams were due to end. At the same time there have been many new opportunities to collaborate and /or source funds. The prioritising of the 'Women in Justice' agenda by Ministry of Justice has offered opportunities for the voluntary sector to be part of this transformation. Funding was successfully sourced from Ministry of Justice towards our core costs for 26 months from February 2023. We are also in discussions with various partner agencies to discuss collaborations in the future which will bring improved services to women. The news that the Women's Pathfinder Service was no longer to be funded from March 2023 was initially a blow, but alternative sources of funding have now been secured to ensure that women will still be supported whilst longer-term funding streams can be researched.

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

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#### Financial review

A brief synopsis of our income and expenditure shows that headline income (2023 £437,850 - 2022 £303,869) increased as explained in the report and, albeit with careful control and other factors, expenditure (2023 £461,368 - 2022 £319,396) also increased in the year. It is pertinent to note though that a sizeable element of both increases is due to the external repairs carried out to the building in the year. We are ever grateful to the following organisations for their support in helping us sustain our services for another financial year:

#### Funders April 2022- March 2023

1. **Lloyds Bank Foundation:** funding towards Management costs and Capacity Building consultancy through their Enhance programme.
2. **North Wales Police and Crime Commissioner:** Funding for the Women's Pathfinder Project
3. **Gwynt Y Mor:** Funding towards our Information and Support Service over 2 years
4. **Rhyl Community Partnership / Innogy Funding:** Funding towards personal development interventions
5. **Postcode Community Trust:** Funding for community coordinator role
6. **Clothworkers Trust:** Funding to repair the listed terracotta frontage of the building in Rhyl.
7. **PACT:** funding towards crime prevention project in partnership with Neighbourhood policing.
8. **HMPPS Breakfast Club funding:** Funding towards Community Coordinator
9. **Gwendoline and Margaret Davies Fund:** Funding towards new IT equipment
10. **RCP Innogy:** Funding towards Personal Development Interventions
11. **Ministry of Justice:** Funding towards core costs
12. **Regional Intervention fund:** Funding towards Information and Support Service

**Thank you:** We would also like to thank the many un-named people who have given us donations throughout the year and the support of the wide range of agencies, organisations and individuals that work with us to change lives. Our sincere thanks for your support.

A full breakdown of our income & expenditure is illustrated in the annual accounts report.

#### FINANCIAL CONTROLS

The charity manager oversees the day to day financial affairs of the charity, assisted by members of her team. Appropriate segregation of duties and authorisation processes exist in the recording, posting and payment of purchase invoices and the handling of cash. Appropriate financial reports are available for the trustees if required. Appropriate control measures were introduced to deal with the day to day restrictions which arrived with the Covid 19 pandemic. These have been revised and refreshed with the easing of that situation.

Draft financial statements are prepared as part of the process and after independent examination the final annual accounts are produced and approved by the board.

#### Investment powers, powers and restrictions

Pursuant to the governing document, the company shall have the power, in furtherance of the object of the charity but not otherwise, to raise funds. In doing so, the Company must not undertake any substantial permanent trading activity and must comply with any relevant statutory regulations. The charity may deposit or invest funds and arrange for the investments or other property of the Company to be held in the name of a nominee. At present the Company has no investments.

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# **North Wales Women's Centre Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 March 2023**

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#### **Reserves policy**

It is the aim of the North Wales Women's Centre that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to at least between three and six month's expenditure. The trustees consider that reserves at this level should ensure that, in the event of a significant drop in funding, they will be able to continue the Charity's current activities whilst consideration is given to ways in which additional funds may be raised. The level of reserves should therefore be maintained at this level or more throughout the year. If North Wales Women's Centre were to lose its funding, the Trustees would implement a strategic closure plan, and the reserves would be used to manage the closure plan if alternative funds could not be found.

# **North Wales Women's Centre Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 March 2023**

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#### **Trustees responsibilities**

We are responsible for ensuring that the company operates within its objectives and meets the financial and legal requirements of the Companies Act 2006 and the Charities Act 2011.

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustee's report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for ensuring that the company complies with laws and regulations applicable to its activities and for establishing arrangements to prevent any non-compliance with laws and regulations and to detect any that occur. This includes the maintenance and integrity of the corporate and financial information included on the charitable company's website.

The trustees are also responsible for determining whether, in respect of the year, the charity meets the conditions for exemption from an audit of the accounts set out in the Companies Act 2006 (Commencement No6, Savings and Commencement Nos.3 and 5) (Amendment) Order 2008 (SI 2008.674).

Under the Charities Act 2006 (Charitable Companies Audit and Group Accounts Provisions) Order 2008 (SI 2008.527), in respect of the year, the availability of the exemption from an audit of the accounts causes the charity to require an Independent Examination and the trustees are responsible for appointing an Independent Examiner to make a report to them as trustees of the charity.

#### **INDEPENDENT EXAMINER**

A resolution to appoint Bruce Roberts FCA of Bruce Roberts & Co Limited as Independent Examiner for the ensuing year will be proposed at the annual general meeting. Bruce Roberts has expressed his willingness to act in this capacity.

# North Wales Women's Centre Limited

Company Limited by Guarantee

## Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

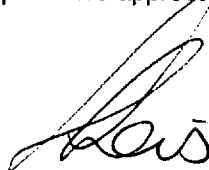
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This report has been prepared in accordance with FRS102 "The Financial Reporting Standard applicable in the UK and the Republic of Ireland", the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102) and the Charities Act 2011.

The trustees' annual report and the strategic report were approved on .....22/6/23..... and signed on behalf of the board of trustees by:



S Walls  
Trustee



Abby Lewis  
Charity Secretary

# **North Wales Women's Centre Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Members of North Wales Women's Centre Limited**

**Year ended 31 March 2023**

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I report to the trustees on my examination of the financial statements of North Wales Women's Centre Limited ('the charity') for the year ended 31 March 2023.

#### **Respective responsibilities of trustees and examiner**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 and that an independent examination is needed.

Having satisfied myself that the accounts of the company are not subject to audit under company law (part 16 of the 2006 Act) and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

This report is made to the charity's members, as a body. My work has been undertaken so that I might state to the charity's members those matters I am required to state to them in a report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for my work, for this report, or for the opinions I have formed.

#### **Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.



# **North Wales Women's Centre Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Members of North Wales Women's Centre Limited *(continued)***

**Year ended 31 March 2023**

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In connection with my completed examination, no material matters have come to my attention which gives me reasonable cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records: or
- the accounts do not comply with the relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a "true and fair" view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities (FRS 102)

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Bruce Roberts FCA  
Independent Examiner

Bruce Roberts & Co Limited  
10 Edison Court  
Ellice Way  
Wrexham Technology Park  
Wrexham  
LL13 7YT

22/6/23

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2023

		2023			2022
	Note	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £
<b>Income and endowments</b>					
Grants and Donations	5	4,749	408,921	—	413,670
Charitable activities	6	14,420	—	—	14,420
Investment income	7	976	—	—	976
Other income	8	8,784	—	—	8,784
<b>Total income</b>		<u>28,929</u>	<u>408,921</u>	<u>—</u>	<u>437,850</u>
<b>Expenditure</b>					
Expenditure on charitable activities	9	106,310	355,058	—	461,368
<b>Total expenditure</b>		<u>106,310</u>	<u>355,058</u>	<u>—</u>	<u>461,368</u>
<b>Net expenditure and net movement in funds</b>					
		<u>77,381</u>	<u>53,863</u>	<u>—</u>	<u>428</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		132,892	71,029	200,000	403,921
<b>Total funds carried forward</b>		<u>55,511</u>	<u>124,892</u>	<u>200,000</u>	<u>403,921</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 27 to 38 form part of these financial statements.

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Statement of Financial Position

31 March 2023

	Note	2023 £	2022 £	£
<b>Fixed assets</b>				
Tangible fixed assets	13	200,000		200,000
<b>Current assets</b>				
Debtors	14	74,232	1,400	
Cash at bank and in hand		108,451	206,877	
		<u>182,683</u>	<u>208,277</u>	
<b>Creditors: amounts falling due within one year</b>	15	<u>2,280</u>	<u>4,356</u>	
<b>Net current assets</b>		<u>180,403</u>		203,921
<b>Total assets less current liabilities</b>		<u>380,403</u>		<u>403,921</u>
<b>Net assets</b>		<u>380,403</u>		<u>403,921</u>
<b>Funds of the charity</b>				
Endowment funds		200,000		200,000
Restricted funds		124,892		71,029
Unrestricted funds		<u>55,511</u>		<u>132,892</u>
<b>Total charity funds</b>	17	<u>380,403</u>		<u>403,921</u>

For the year ended 31 March 2022, the trustees are satisfied that the charity is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies, and that the members have not required the company to obtain an audit of its Financial Statements for the year in question in accordance with section 476. The trustees acknowledge their responsibilities for:

(i) ensuring that the charity keeps adequate accounting records which comply with section 386 of the Act, and

(ii) preparing financial statements which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its surplus or deficit for the financial year in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the charity.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

The statement of financial position  
continues on the following page.

The notes on pages 27 to 38 form part of these financial statements.

# **North Wales Women's Centre Limited**

## **Company Limited by Guarantee**

### **Statement of Financial Position *(continued)***

**31 March 2023**

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These financial statements were approved by the board of trustees and authorised for issue on ~~22 JUNE 2023~~, and are signed on behalf of the board by:

*Sue Walls.*

S Walls  
Trustee

---

The notes on pages 27 to 38 form part of these financial statements.

# **North Wales Women's Centre Limited**

## **Company Limited by Guarantee**

### **Notes to the Financial Statements**

**Year ended 31 March 2023**

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#### **1. General information**

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 46-54 Water Street, Rhyl, Denbighshire, LL18 1SS.

#### **2. Statement of compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

#### **3. Accounting policies**

##### **Basis of preparation**

The financial statements have been prepared on the historical cost basis. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The financial statements are prepared in sterling, which is the functional currency of the entity.

##### **Going concern**

The trustees are of the view that the charity has secured funding for the next 12 months, which forms a crucial part in the trustees planning for the future. This includes a consideration of the effect Covid had on the charity and its ability to continue to provide the services it offers. The charity is confident that this will be achieved due to the continued support of its partners and the new and innovative ways of working it put into practice. On that basis the assessment of the trustees is that the charity remains a going concern.

##### **Judgements and key sources of estimation uncertainty**

The preparation of the financial statements requires management on occasion to make judgements, estimates and assumptions that could affect the amounts reported. These estimates and judgements are reviewed as appropriate and applied as required, and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subject to restrictions on their expenditure imposed by the donor.

# **North Wales Women's Centre Limited**

## **Company Limited by Guarantee**

### **Notes to the Financial Statements *(continued)***

**Year ended 31 March 2023**

---

#### **3. Accounting policies *(continued)***

##### **Incoming resources**

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income, it is probable it will be received and the amount can be estimated with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the Charity, are recognised when the charity becomes unconditionally entitled to the grant.

Investment income is included when receivable.

Incoming resources from grants, when related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

##### **Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT, which cannot be recovered, and is reported as part of the expenditure to which it relates.

Costs of raising funds comprise the costs of associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's provision of services.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them, including those support costs associated with the constitutional and statutory requirements of the charity and include independent examination fee and costs linked to the strategic management of the charity, together with back office costs, finance and personnel.

Other expenditure represents those items not falling under any other heading.

All costs are allocated between the categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, and others are apportioned on an appropriate basis as identified within the relevant notes to the accounts.

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

#### 3. Accounting policies *(continued)*

##### Tangible assets

Fixed assets are stated at cost less accumulated depreciation.

Freehold Buildings and Renovation Costs are not depreciated as the Trustees expect the residual value to be no less than cost

Small items of equipment and resources are not capitalised but shown as amounts expended in the year, and rentals payable under operating leases are charged to the profit and loss account on a straight-line basis over the period of the lease.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Plant and machinery - 25% reducing balance

##### Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments.

Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

##### Pension scheme

The charity operates an autoenrollment compliant defined contribution pension scheme. The assets are held separately from those of the company. The annual contributions payable are charged to the income and expenditure account.

#### 4. Limited by guarantee

The organisation is a charitable company limited by guarantee. The liability of each member in the event of winding up shall be restricted to £10.

#### 5. Grants and donations

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
<b>Donations</b>			
Donations including Crisis Fund	–	2,450	2,450

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

#### 5. Grants and donations *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
<b>Grants</b>			
Clothworkers Grant	–	70,000	70,000
EIF Funding OPCC - Heal and Thrive	–	–	–
Womens Pathfinder Triage Project	–	214,510	214,510
D.C.C. Homelessness Prevention Grant	–	–	–
DVSC MHL D Winter Pressure Fund	–	975	975
ROSA Covid Fund	–	–	–
Citizens Advice Grant	1,167	–	1,167
DCC Loneliness and Social Isolation Grant	1,332	–	1,332
PACT North Wales	–	2,500	2,500
Ministry of Justice	–	18,193	18,193
Gwynt Y Mor	–	12,000	12,000
Lloyds Bank Foundation	2,250	50,000	52,250
RWE Rhyl Community Partnership	–	9,968	9,968
Welsh Government VAWDASV Funding	–	6,315	6,315
Postcode Community Trust	–	–	–
HMPPS Breakfast Club and other grant funding	–	9,639	9,639
Gwendoline and Margaret Davies Charity	–	4,900	4,900
RIF Small Grants Scheme	–	7,471	7,471
	<u>4,749</u>	<u>408,921</u>	<u>413,670</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
<b>Donations</b>			
Donations including Crisis Fund	2,001	–	2,001



# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

#### 5. Grants and donations *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
<b>Grants</b>			
Clothworkers Grant	—	—	—
EIF Funding OPCC - Heal and Thrive	—	11,240	11,240
Womens Pathfinder Triage Project	—	175,711	175,711
D.C.C. Homelessness Prevention Grant	—	13,920	13,920
DVSC MHL D Winter Pressure Fund	—	5,610	5,610
ROSA Covid Fund	—	7,800	7,800
Citizens Advice Grant	—	—	—
DCC Loneliness and Social Isolation Grant	—	—	—
PACT North Wales	—	—	—
Ministry of Justice	—	—	—
Gwynt Y Mor	—	25,000	25,000
Lloyds Bank Foundation	—	25,000	25,000
RWE Rhyl Community Partnership	—	—	—
Welsh Government VAWDASV Funding	—	—	—
Postcode Community Trust	—	20,000	20,000
HMPPS Breakfast Club and other grant funding	—	1,900	1,900
Gwendoline and Margaret Davies Charity	—	—	—
RIF Small Grants Scheme	—	—	—
	<u>2,001</u>	<u>286,181</u>	<u>288,182</u>

#### 6. Charitable activities

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Therapies, workshops and room hire	13,160	13,160	11,500	11,500
Coffee shop and catering	1,260	1,260	110	110
	<u>14,420</u>	<u>14,420</u>	<u>11,610</u>	<u>11,610</u>

#### 7. Investment income

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Bank interest	976	976	77	77

#### 8. Other income

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Other income	8,784	8,784	4,000	4,000

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

#### 9. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Staff costs	70,016	192,958	262,973
Other Support	138	23,583	23,721
Catering Resources and Events	700	1,932	2,632
Building and Equipment Maintenance	22,141	94,507	116,648
Administration, Management and Governance Costs	13,315	42,078	55,394
	<u>106,310</u>	<u>355,058</u>	<u>461,368</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Staff costs	7,586	207,143	214,730
Other Support	90	17,818	17,908
Catering Resources and Events	666	1,552	2,217
Building and Equipment Maintenance	3,458	14,877	18,335
Administration, Management and Governance Costs	6,829	44,278	51,107
	<u>18,629</u>	<u>285,668</u>	<u>304,297</u>

The trust identifies its costs and then apportions them appropriately across the funds available to it on the basis of allocated time, actual costs and usage. The costs supported by the main restricted funds are analysed as below:

	Women's Pathfinder £	Lloyds Bank Foundation £	Gwynt Y Mor £	Other restricted £	Total restricted £
Staff Costs	115,907	17,866	18,440	40,746	192,958
Other Support	22,410	201	—	972	23,583
Catering Resources & Events	1,000	421	—	510	1,932
Building & Equipment Maintenance	4,603	846	963	88,096	94,507
Administration, Mgm't & Governance	26,172	5,730	—	10,176	42,078
	<u>170,092</u>	<u>25,064</u>	<u>19,403</u>	<u>140,500</u>	<u>355,058</u>

#### 10. Independent examination fees

	2023 £	2022 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>4,020</u>	<u>3,720</u>

#### 11. Staff costs

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

#### 11. Staff costs *(continued)*

The average head count of employees during the year was 9 (2022: 10). The average number of full-time equivalent employees during the year is analysed as follows:

	2023 No.	2022 No.
Project manager	1	1
Project Coordinator	—	2
Project Support	7	6
	<u>8</u>	<u>9</u>

The centre benefits greatly from the involvement and enthusiastic support of its many volunteers, details of which are given in our annual report. In accordance with FRS102 and the Charities SORP (FRS 102), the economic contribution of general volunteers is not recognised in the accounts.

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

#### 12. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

#### 13. Tangible fixed assets

	Freehold property £	Plant and machinery £	Total £
<b>Cost</b>			
At 1 April 2022 and 31 March 2023	<u>200,000</u>	<u>6,479</u>	<u>206,479</u>
<b>Depreciation</b>			
At 1 April 2022 and 31 March 2023	<u>—</u>	<u>6,479</u>	<u>6,479</u>
<b>Carrying amount</b>			
At 31 March 2023	<u>200,000</u>	<u>—</u>	<u>200,000</u>
At 31 March 2022	<u>200,000</u>	<u>—</u>	<u>200,000</u>

#### 14. Debtors

	2023 £	2022 £
Trade debtors	<u>74,232</u>	<u>1,400</u>

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

#### 15. Creditors: amounts falling due within one year

	2023	2022
	£	£
Bank loans and overdrafts	217	—
Trade creditors	798	142
Accruals and deferred income	20	4,200
Other creditors	1,245	14
	<u>2,280</u>	<u>4,356</u>

#### 16. Pensions and other post retirement benefits

##### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £5,892 (2022: £4,913).

#### 17. Analysis of charitable funds

##### Unrestricted funds

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 2023 £
Unrestricted income fund	<u>132,892</u>	<u>28,929</u>	<u>(106,310)</u>	<u>—</u>	<u>55,511</u>

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
Unrestricted income fund	<u>123,263</u>	<u>17,688</u>	<u>(18,629)</u>	<u>10,570</u>	<u>132,892</u>

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2023

#### 17. Analysis of charitable funds *(continued)*

##### Restricted funds

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 2023 £
Womens Resources (inc Crisis Fund)	4,434	1,942	—	—	6,376
Lloyds Bank Foundation Together Women Project	—	50,000	(25,063)	—	24,937
Womens's Pathfinder	27,193	214,510	(170,092)	—	71,611
Heal and Thrive	—	—	—	—	—
ROSA Covid Fund	—	—	—	—	—
Welsh Coronavirus Resilience Fund inc Community Foundation in Wales	—	—	—	—	—
Ministry of Justice	—	18,193	(18,193)	—	—
Gwynt Y Mor	19,402	—	(19,402)	—	—
RWE Rhyl Community Partnership	—	—	—	—	—
DCC Homelessness grant	—	—	—	—	—
Postcode Community Trust	20,000	—	(20,000)	—	—
DVSC MHL D Winter Pressure Fund	—	1,483	(1,483)	—	—
HMPPS Breakfast Club and others	—	9,639	(9,639)	—	—
Gwynt Y Mor small Fund	—	12,000	—	—	12,000
Clothmakers	—	70,000	(70,000)	—	—

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

#### 17. Analysis of charitable funds *(continued)*

PACT	–	2,500	(2,500)	–	–
Gwendoline & Margaret Davies Fund	–	4,900	(4,900)	–	–
RIF Small Grants	–	7,471	(7,471)	–	–
WG VAW DASV Fund	–	6,315	(6,315)	–	–
RCP Innology	–	9,968	–	–	9,968
	<u>71,029</u>	<u>408,921</u>	<u>(355,058)</u>	<u>–</u>	<u>124,892</u>

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
Womens Resources (inc Crisis Fund)	4,557	–	(122)	–	4,435
Lloyds Bank Foundation Together Women Project	7,987	–	(7,987)	–	–
Womens's Pathfinder	49,991	175,711	(187,940)	(10,570)	27,192
Heal and Thrive	–	11,240	(11,240)	–	–
ROSA Covid Fund	–	7,800	(7,800)	–	–
Welsh Coronavirus Resilience Fund inc Community Foundation in Wales	541	–	(541)	–	–
Ministry of Justice	–	–	–	–	–
Gwynt Y Mor	13,810	25,000	(19,408)	–	19,402
RWE Rhyl Community Partnership	4,200	–	(4,200)	–	–
DCC Homelessness grant	–	13,920	(13,920)	–	–
Postcode Community Trust	–	20,000	–	–	20,000
DVSC MHL D Winter Pressure Fund	–	5,610	(5,610)	–	–
HMPPS Breakfast Club and others	–	1,900	(1,900)	–	–
Gwynt Y Mor small Fund	–	–	–	–	–
Clothmakers	–	–	–	–	–
PACT	–	–	–	–	–
Gwendoline & Margaret Davies Fund	–	–	–	–	–
RIF Small Grants	–	–	–	–	–
WG VAW DASV Fund	–	–	–	–	–
RCP Innology	–	–	–	–	–
	<u>81,086</u>	<u>286,181</u>	<u>(285,668)</u>	<u>(10,570)</u>	<u>71,029</u>

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

#### 17. Analysis of charitable funds *(continued)*

- Lloyds Bank Foundation: funding towards Management costs and Capacity Building consultancy through their Enhance programme..
- North Wales Police and Crime Commissioner - Funding for the Women's Pathfinder Project.
- Gwynt Y Mor - funding towards our Information and Support Service over 2 years.
- Rhyl Community Partnership / Innogy Funding - funding towards personal development interventions .
- Postcode Community Trust - funding towards Community Coordinator.
- Clothworkers Trust - funding to repair the listed terracotta frontage of the building in Rhyl.
- PACT - funding towards crime prevention project in partnership with Neighbourhood policing.
- HMPPS funding - funding towards Community Coordinator.
- Gwendoline and Margaret Davies Fund - funding towards new IT equipment
- RCP Innogy - funding towards Personal Development Interventions.
- Ministry of Justice - funding towards Core Costs.
- Regional Intervention Fund (RIF) funding towards Information and Support Service.

#### Endowment funds

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 20 23 £
Restricted Endowment Fund	<u>200,000</u>	<u>—</u>	<u>—</u>	<u>—</u>	<u>200,000</u>

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 20 22 £
Restricted Endowment Fund	<u>200,000</u>	<u>—</u>	<u>—</u>	<u>—</u>	<u>200,000</u>

#### Welsh Assembly Building Fund

- A grant of £300,000 was received in 2009 from the Welsh Assembly in order to purchase the Women's Centre premises. If the building is subsequently disposed of or ceases to be used for the approved purpose for which it was obtained, the grantee shall if the Welsh Assembly then so demands repay to the Senedd the full market value of the asset as at the date of disposal or cessation of approved use, or such a lesser sum as the Assembly in its absolute discretion may deem to be a fair proportion of the market value.

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

#### 18. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	Total Funds 2023 £
Tangible fixed assets	–	–	200,000	200,000
Current assets	57,791	124,892	–	182,683
Creditors less than 1 year	(2,280)	–	–	(2,280)
<b>Net assets</b>	<u>55,511</u>	<u>124,892</u>	<u>200,000</u>	<u>380,403</u>

	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	Total Funds 2022 £
Tangible fixed assets	–	–	200,000	200,000
Current assets	135,233	73,044	–	208,277
Creditors less than 1 year	(2,341)	(2,015)	–	(4,356)
<b>Net assets</b>	<u>132,892</u>	<u>71,029</u>	<u>200,000</u>	<u>403,921</u>

#### 19. Related parties

No transactions with related parties were undertaken such as are required to be disclosed.



**North Wales Women's Centre Limited**

**Company Limited by Guarantee**

**Management Information**

**Year ended 31 March 2023**

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**The following pages do not form part of the financial statements.**

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Detailed Statement of Financial Activities

Year ended 31 March 2023

	2023 £	2022 £
<b>Income and endowments</b>		
<b>Grants and Donations</b>		
Donations including Crisis Fund	2,450	2,001
Clothworkers Grant	70,000	–
EIF Funding OPCC - Heal and Thrive	–	11,240
Womens Pathfinder Triage Project	214,510	175,711
D.C.C. Homelessness Prevention Grant	–	13,920
DVSC MHL D Winter Pressure Fund	975	5,610
ROSA Covid Fund	–	7,800
Citizens Advice Grant	1,167	–
DCC Loneliness and Social Isolation Grant	1,332	–
PACT North Wales	2,500	–
Ministry of Justice	18,193	–
Gwynt Y Mor	12,000	25,000
Lloyds Bank Foundation	52,250	25,000
RWE Rhyl Community Partnership	9,968	–
Welsh Government VAWDASV Funding	6,315	–
Postcode Community Trust	–	20,000
HMPPS Breakfast Club and other grant funding	9,639	1,900
Gwendoline and Margaret Davies Charity	4,900	–
RIF Small Grants Scheme	7,471	–
	<u>413,670</u>	<u>288,182</u>
<b>Charitable activities</b>		
Therapies, workshops and room hire	13,160	11,500
Coffee shop and catering	1,260	110
	<u>14,420</u>	<u>11,610</u>
<b>Investment Income</b>		
Bank interest	976	77
<b>Other Income</b>		
Other income	8,784	4,000
<b>Total income</b>	<u>437,850</u>	<u>303,869</u>

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Detailed Statement of Financial Activities *(continued)*

Year ended 31 March 2023

	2023 £	2022 £
<b>Expenditure</b>		
<b>Expenditure on charitable activities</b>		
Wages and salaries	235,007	193,927
Employer's NIC	19,783	16,085
Pension costs	5,892	4,913
Rent	88,797	1,114
Rates and water	13,255	7,909
Light and heat	15,760	13,140
Repairs and maintenance	30,473	22,439
Insurance	2,019	1,266
Other establishment	15,408	9,510
Motor vehicle expenses	5,550	4,680
Vehicle leasing/hire	320	278
Other motor/travel costs	6,192	3,442
Legal and professional fees	4,534	11,356
Telephone	8,423	6,739
Other office costs	9,955	7,499
	<u>(461,368)</u>	<u>(304,297)</u>
 <b>Total expenditure</b>	 <u><u>(461,368)</u></u>	 <u><u>(304,297)</u></u>
 <b>Net expenditure</b>	 <u><u>(23,518)</u></u>	 <u><u>(428)</u></u>

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Notes to the Detailed Statement of Financial Activities

Year ended 31 March 2023

	2023 £	2022 £
<b>Expenditure on charitable activities</b>		
<b>Staff costs</b>		
<i>Activities undertaken directly</i>		
Wages and salaries	230,496	190,051
Employers National Insurance	19,783	16,085
Employers pension costs	5,892	4,913
Staff Travel Expenses	2,533	856
Staff Training and Supervision	4,269	2,825
	<u>262,973</u>	<u>214,730</u>
<b>Other Support</b>		
<i>Activities undertaken directly</i>		
Counsellors and Child Minders	8,400	8,400
Volunteer and Beneficiary Travel	687	274
Outreach and project expenditure including Warm Space	14,634	9,234
	<u>23,721</u>	<u>17,908</u>
<b>Catering Resources and Events</b>		
<i>Activities undertaken directly</i>		
Vending machine costs	1,429	1,459
Coffee Shop and Catering costs	1,203	758
	<u>2,632</u>	<u>2,217</u>
<b>Building and Equipment Maintenance</b>		
<i>Activities undertaken directly</i>		
Refurbishment and other major building work	85,264	—
Repairs, servicing and small equipment	12,819	7,557
Books, software, hardware and media	4,231	3,843
ITC Support and database Costs	14,334	6,935
	<u>116,648</u>	<u>18,335</u>
<b>Administration, Management and Governance Costs</b>		
<i>Activities undertaken directly</i>		
Wages, salaries and pension contributions	4,511	3,876
	<u>4,511</u>	<u>3,876</u>
Carried forward	4,511	3,876

# North Wales Women's Centre Limited

## Company Limited by Guarantee

### Notes to the Detailed Statement of Financial Activities *(continued)*

#### Year ended 31 March 2023

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	2023 £	2022 £
Brought forward	4,511	3,876
Events, Marketing and website	3,533	1,114
Subscriptions	436	352
Utilities	11,529	9,297
Insurance	6,310	5,645
Crisis Fund payout	129	234
Therapy, Training and Workshops	774	276
Accountancy and Independent Examination	5,550	4,680
Bank charges	320	278
Cleaning	3,659	2,586
Legal and Professional inc Human Resources	4,534	11,356
Telecommunications and internet	8,423	6,739
Postage, stationery and Advertising	5,686	4,674
	<u>55,394</u>	<u>51,107</u>
 <b>Expenditure on charitable activities</b>	 <u><u>(461,368)</u></u>	 <u><u>(304,297)</u></u>

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