

**Registered Charity Number: 1140105**

**Company Number: 07461229**



**Sheffield Young Carers Project**

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**For the year ended 31 March 2025**

# Sheffield Young Carers Project

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**Sheffield Young Carers Project**  
**Legal and administrative information**  
**For the year ended 31 March 2025**

**Trustees**

Rosie Valerio

Lynda Gill

David Stockdale

Steven Brookfield

Sara Rehman

Samantha Pilkington

Thomas Atkin-Withers

Richard Ross

Abu-Bakar Chohan

Appointed 7 August 2024

**Key management**

Sara Gowen Co-CEO

Laura Selby Co-CEO

**Charity number**

1140105

**Company number**

07461229

**Principal address**

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S2 3EN

**Accountants**

Seven Hills Accountants Limited  
57 Burton Street  
Sheffield  
S6 2HH

**Sheffield Young Carers**  
**Trustees' annual report**  
**For the year ended 31 March 2025**

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2025 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

**Our vision, values, mission and strategic objectives**

Sheffield Young Carers Project (SYC) is the only dedicated service for young people with caring responsibilities and/or impacted by familial substance misuse in the city. Our vision is **'to work with young people to make a difference for life'**. Young people are always at the heart of what we do: our service model is rights-based and needs-led, helping us to identify, engage and support young carers and young people affected by familial substance misuse. We have an excellent reputation for high-quality service delivery and effective awareness-raising work. But we want to do more. We want to **make a difference for life for all young carers and young people affected by familial substance misuse**.

Since April 2019, we have been funded to support young people affected by familial substance misuse. We reviewed our values and mission in 2022 to ensure our service meets the needs of all the young people we support. Many young people affected by familial substance misuse have also been young carers as part of their lived experience. However, we have adapted our values and our service to ensure that we provide a high quality and relevant support around the issues of substance misuse, its impact on young people and families, as well as linking strategically into meetings and networks around substance misuse issues in Sheffield. In 2022, we received additional funding from the Office for Health Improvements and Disparities, through Sheffield City Council, to further develop our work including delivering the M-PACT programme for families (see below). This programme will run until March 2025.

**SYC reviewed its Strategic Vision in 2022, establishing a new plan for 2023-28. The reviewed and revised values, mission and objectives are outlined below.**

**SYC values** are:

- **Inclusion:** we welcome and involve everyone, and challenge discrimination
- **Innovation:** we reflect and change to always do the best we can
- **Inspiration:** we share our expertise and energy to inspire positive change
- **Impact:** we see and nurture potential to make lasting change

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**SYC's Mission, we will:**

1. Promote the needs and rights of children and young people who are carers and/or impacted by familial substance misuse.
2. Involve and inspire children and young people, families and the wider community to create lasting change.
3. Challenge discrimination and oppression, and advocate for the rights of individuals and oppressed groups.
4. Learn from, develop and share best practice to continually improve our service.
5. Enable others to improve the lives of children and young people who are carers and/or impacted by familial substance misuse.

**SYC's strategic objectives 2023-28**

**Our objectives explain how we will work to meet our vision and mission, We will:**

1. Our young people's participation and voice at the heart of all we do.
2. Use a whole family approach to improve the social inclusion, educational and employment opportunities, emotional and physical wellbeing.
3. Raise awareness and enable others to identify and support children and young people who are carers and/or impacted by familial substance misuse.
4. Work in partnership with others to embed long term change for children and young people who are carers and/or impacted by familial substance misuse.
5. Continue to improve and innovate whilst maintaining quality, strategic direction and financial stability.

**Public benefit**

Children and young people aged 8 to 25 in Sheffield are enabled to access age-appropriate respite and breaks/activities that includes recreation and support that builds self-confidence and resilience. These promote opportunities for young people to reach their full potential through equal access to education, social and career opportunities.

We actively seek to provide a high-quality service to those young people and their families who may have previously been socially and financially excluded. We facilitate young people being personally empowered as individuals and groups so that they actively participate in the planning, delivery and evaluation of Sheffield Young Carers and its activities.

In shaping our objectives for the year and planning our activities the trustees have given careful consideration to the Charity Commission's public benefit guidance.

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**Progress towards our vision**

Our work with young people and families has enabled us to make a number of significant steps towards our long-term strategic plan. For example:

- In 2024-25 young carers from our **Action Group and Young Carers National Voice campaigned for identification and support for young carers to be included in Ofsted inspections**. This included developing a new national resource: a Young Carers Assembly Resource Pack. YCNV will be meeting with Ofsted Chief Inspector in May 2025 to continue to push for young carers to be included in the Ofsted framework.
- We've continued to develop **our research skills and expertise** this year too, recognising where we can play our part as an expert practitioner and help to effect change on the ground for young carers and their families. The **REBIAS-YC research project with the London School of Economics** into how young carers access support and the gaps in provision has been completed and REBIAS II started in February 2024 as a direct result of evidence from the findings. This national research project is looking at the whole family approach and the identification of young carers. Our research work in partnership with **Gloucestershire Young Carers** and University of Gloucester has led to the **development of a toolkit into supporting young carers who share their stories** as part of awareness raising work.
- **International work**: we continue to grow this area of influence. In December 2024, our Co-CEO, Sara Gowen, was **invited to Japan to meet with young carers, professionals and decision-makers**. We were invited to share our practice of identification and support for young carers, including our focus on young people's voice and influence, and the whole family approach. Sara gave two **presentations at universities in Kyoto and Tokyo**. We continue to develop links with young carers services in Europe and further afield.

**Activities and performance**

The main areas of charitable activity are the provision of support groups, individual sessions, advice and information, family support, training and awareness work including outreach work in schools and other organisations where young people who are carers and/or impacted by familial substance misuse can be identified and supported. For the financial year 2024-25, our activities are set out below.

**Support for young people**: Flexible and responsive support for young carers and young people affected by familial substance misuse aged 8-25 across Sheffield to provide respite and build resilience and confidence. Young people are offered one year of support which includes:

- A referral call to introduce ourselves and the service
- Between 4-6 one-to-one sessions, in school if possible, based on needs and interests of young person
- A minimum of one term of evening groups\*. Each term's programme is planned around the needs identified by the group members that term.

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- Access to school holiday activities for one year, including trips and fun events for the whole family
- Training and participation opportunities
- Advocacy and case working
- Signposting and referrals where appropriate (including access to counselling)
- Opportunities to stay engaged with the project after the core year of support has finished.

**SYC groups\*** We offer weekly evening groups for 8-12 year olds and 12-16 year olds:

- We run two 8-12 year old groups (one in north Sheffield, one in south Sheffield) and we provide transport for these.
- Our 12-16 group takes place in the city centre and we reimburse travel costs for young people making their own way to and from this group.

We also run a group for 16-25 year olds that takes place at various times depending upon the topic and plan for the group. The group takes place in various locations and we reimburse young people's travel costs to get to and from this group.

**Current funders:** *Sheffield City Council, National Lottery Community Fund, Henry Smith.*

**Counselling service: Free To Be You:** We have commissioned a counselling service that we buy in – staff can make referrals directly to the service and young people get 8 sessions of therapeutic support (with potential for extension if young people/the counsellor feel there is a need and we have funding available). **Current funders:** *Community fundraising*

**Family Project:** This project is available to families where there is a young person providing care. Families receive on year of support including:

- Intensive one-to-one support of up to 12 sessions, with the aim of reducing the caring that the young person is doing and improving life for the whole family.
- Support on a wide range of issues including re-engaging into substance misuse or mental health services, housing issues, budgeting, access to small pots of funding, training around parenting, and help with overcoming conflict in the family.
- Our parent networking events to meet other adults in similar situations to share experiences and have respite from home. Transport to/from these events provided where needed.
- Our group work sessions for parents to build confidence and develop their skills.

We can also support parents into activities and support in their local areas as our provision is ending.

**Current funder:** *National Lottery Community Fund*

**M-PACT: Moving Parents and Children Together Programme:** This is a groupwork programme which aims to improve the well-being of children/young people (ages 8-17) and families who have been affected by parental substance misuse. It is a whole family, multi-family, structured brief intervention, which uses psychosocial, educational and systematic approach.

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The 10 session programme of support is designed to help families address areas including communication and coping strategies, as well as educating family members on what addiction is and the impact it has. Support includes:

- **8 core groups** sessions that families attend together
- **A family review session**, where ongoing support needs will be identified
- **A 12 week reunion**. A chance to check in with families and address any ongoing or emerging issues, and for families to participate in a fun activity together.

**Current funders:** *Sheffield City Council*. Funding finished in March 2025.

**SYC Action Group**: The Action Group is for young people aged 12-25 who have been members of SYC within the last year and want to be more involved in running SYC. The Action Group offer includes:

- Access to training courses, group project sessions, external voice and influence opportunities and accreditation
- Consultation and involvement from elected reps from 8-12 year olds groups
- Members can be part of the group for up to two years.

**Current funders:** *Paul Hamlyn Foundation and community fundraising*

**SYC Activity Fund**: An alternative to SYC service – not available for people in SYC/on the SYC waiting list

- Up to £300 to give individual or groups of young carers a break from their caring role
- Individual grants also available for young people impacted by family substance misuse
- SYC administers the Young Carers Activity Fund on behalf of SCC

**Current funders:** *Sheffield City Council*. The Fund will be temporarily closed from April 2025.

**Development and Strategic Work:** SYC work city-wide to ensure good quality support is available to young carers and young people affected by substance misuse in their families, both on a strategic and operational level:

- We provide information, training and resources to young people and professionals in all fields. This includes a [free CPD certified e-learning module](#) available to practitioners across the city and multi-agency training three times a year.
- We coordinate a [schools' network](#) to support local schools to develop best practice. Our Education Development Worker also supports education professionals across the city to identify and support young carers.
- We have a [resource bank](#) on our website for young people, families and practitioners, organised by topics (e.g. bereavement, cancer, mental health etc)
- We are active members on a range of strategic boards and networks working to influence policy and practice in order to improve the lives of young carers and young people affected by substance misuse in their families city-wide.



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- We participate and co-lead a number of research projects, including REBIASII, a national research project into whole family approach to identification of young carers.

**Current funders:** *Sheffield City Council, Garfield Weston Foundation, Paul Hamlyn Foundation, British and Foreign Schools Society, National Institute of Health Research, our own fundraising through sponsorship, events and donations*

**Fundraising and PR:** SYC aims to raise the profile of young carers and young people affected by substance misuse in their families by generating PR opportunities where possible. We also work hard to ensure the organisation has enough money to continue its work, through both grants and community / corporate fundraising.

**Administration:** SYC has a team of administrators who support the other staff in their roles and ensure the organisation's monitoring, finances and reporting are all maintained accurately.

**Evidencing impact and need**

Over the last year, we have continued to develop the methods and techniques for measuring the impact of our work. This has included development of our monitoring tool, My Life My Journey to reflect changes in our service. We are currently exploring the development of online tools for both monitoring and referral processes. We have undertaken surveys with key stakeholders including young people, families, staff and professional partners:

*"Just thank you - you are amazing advocates for young people."*

*"You are all fantastic and we love working with you as an organisation."*

*"SYC does a brilliant job in helping ensure young carers from Sheffield and across the country are able to have their voices heard and get involved with campaigning. They also do excellent work around young people supporting someone with alcohol/substance misuse."*

In addition, we continue to take part in research and consultation work – feeding in the views of our young people into local and national surveys. We have continued our links with the London School of Economics, undertaking national research funded by the National Institute for Health Research. We have also worked with Gloucestershire Young Carers and University of Gloucester on a research project into the ethics of using lived experience as part of training and awareness work.

**Young people at the heart of all we do**

Sheffield Young Carers is **young-person led and responsive**. We work city-wide with all communities across Sheffield and we have a very strong ethos of participation. We regularly consult young people and adults to gather and test new ideas and, as well as the support we provide to young people and families, we always try to involve them in the ongoing development and delivery of our service.

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Young people attend and contribute to our annual strategic away day and young people and their families also:

- Participate in evaluation event.
- Receive training and support so that they can play an active role in the recruitment of staff.
- Provide verbal and written feedback on all aspects of our service using our bespoke monitoring and evaluation tool.
- Participate in our stakeholder surveys.

We also work hard to ensure that young carers' voices are heard, both locally and nationally. We do this by facilitating opportunities for young people, as well as representing young people who are carers and/or impacted by familial substance misuse on a wide range of local and national networks and working groups, e.g. Sheffield's Hidden Harm Implementation Group and Sheffield Children's Safeguarding Partnership.

**Action Group** is our young people's voice and influence group for members of our service who want to advocate for young people within our service and beyond. Members get access to training courses, group project sessions, external voice and influence opportunities and accreditation. Our Action Group plays a critical role in our awareness raising and influencing work by engaging in external reviews and consultations, informing the city's action plan for young carers, and formulating recommendations for local councillors, MPs and government.

In 2024-25 Action Group worked on how professionals can identify young carers by producing a [video](#) and [top tips](#) on how to talk to young carers. Action Group shared key tips to help professionals communicate with them in a respectful and supportive way.

**Young Carers National Voice**, we have continued to coordinate this national network and employ the national coordinator, funded by Paul Hamlyn Foundation. It is a group for young carers from across the country to come together and campaign collectively on issues that are important to them. There are now young carers from 26 young carers services across England engaged in the network. In 2024-25 the young people chose to campaign on [school inspection and early identification](#). They have:

- Created a **checklist** to help school inspection bodies to recognise young carers.
- Written a letter to **HMI Chief Inspector** Sir Martyn Oliver calling for young carers to be more prominent in school inspections. A **meeting** with Sir Martyn is being arranged!
- Created a [national resource](#) to help school identify young carers. This was launched on Young Carers Action Day 2025 - check it out!
- Responded to **Ofsted's 'The Big Listen' survey**. This was completed in May 2024.

We have not been able to secure ongoing funding for Young Carers National Voice. We are currently in negotiation with Carers Trust to take over YCNV in 2025-26.

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**Impact of our work**

One of our main aims is to reduce the impact of caring and familial substance misuse on young lives. We have achieved this within the year in a number of ways. Looking at the outcomes for young people and families, we are able to evidence the different ways that the impact has been reduced from increased confidence and wellbeing to increased skills and access to support at schools and in other services. However, this has been another difficult year for young people and their families, we have recorded lower levels of progress and impact for many young carers as they have continued to face the consequences of increased caring responsibilities within the pandemic, with the increasing pressures from the cost of living crisis and increased waiting lists for so many support services, including SYC. This consequent impact on their emotional well-being is reflected in all the young people we support.

**The support that we offer at SYC is tailored to young people's needs.** During their time with us, every young person is supported to complete 'My Life, My Journey', our bespoke monitoring tool. Our tool includes a series of outcome measures which each young person rates themselves against and a number of key questions which allow our support workers to get to know them better. Each young person is also encouraged to set a personal goal: something that they would like to achieve with our help and support. We use a similar monitoring star tool with cared for parents (CFP) supported through the Family Project.

**The three domains where most progress was reported were:**

- ✚ Close to goals: 79.8% say they feel closer to their goals since joining SYC.
- ✚ Feel confident: 72.5% say they feel more confident since joining SYC.
- ✚ Happy and relaxed: 71.1% say they feel happier and more relaxed since joining SYC.

**The three domains where least progress was reported were:**

- ✚ Have the info / skills I need: 58.9% say their information and skills have improved since joining SYC.
- ✚ I know how to look after my own health: 57.1% felt more able to spend time doing what they wanted to do since joining SYC.
- ✚ Understand family's illness: 56.6% say their understanding of their family's illness has improved since joining SYC.

**The impact of SYC's direct work with young people. In 2024-25 we:**

- ✚ Provided **188** young people with practical and emotional support.
- ✚ Delivered **694** confidential one-to-one sessions to **150** young people.
- ✚ Delivered **98** group sessions attended by **80** young people.
- ✚ Ran **15** holiday activities, including climbing, ice skating, alpaca walking and producing our own radio plays, attended by **105** young people.
- ✚ Provided counselling support, through our partner Free to Be You to **41** young people.

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- ✚ Our Annual General Meeting was attended by **167** guests. 23 young people participated and seven members of Action Group hosted the event, introduced speakers and presented the SYC Quiz to highlight some of the statistics and events covered in the annual Impact Report.

**Impact of SYC's Family Project**

This year we have further developed the role of our **parent advisors** – where cared for parents are able to offer their skills and experiences to help develop and deliver improved services for families, including:

- ✚ We have been working with a number of CFP who have a desire to **self-advocate** and submit a response to the Government's Green Paper on welfare reforms. The proposals are causing huge levels of anxiety in our community of CFP.
- ✚ Three parents are actively involved in the London School of Economics parents' advisory group, providing advice and guidance on research design and proposals looking at social care.
- ✚ We are working with Sheffield Children's safeguarding partnership to provide parent scrutineers as they work on reviewing child protection policies and ways of working.

**In 2024-25, we**

- ✚ Provided support to **127 families**.
- ✚ **Secured goods and funds** for 32 families including benefits, vouchers and grants for hardship, foodbanks, essential household goods (washing machines, fridge freezers, beds, cookers) laptops and family holidays through the Family Holiday Association. Total value estimated @ **£15,657**.
- ✚ Made **30 referrals for 24 families** to other services including counselling, Aids and Adaptations, Door 43, SODIT, Stroke Society, Roshni and Family Intervention Service. Referrals for food banks and support with utility bills also featured this year.

**Our one-to-one support for families**





Last year we were able to provide Family Project support to **127 families**. We contacted **36 new families**, who took up our full service offer (a combination of intensive one-to-one support, formal group work and informal social activities). The ongoing Cost of Living crisis and extreme pressure on services, including long waiting lists, have had a major impact on the families we supported, with increases in stress, food poverty, isolation and anxiety.

**Our group work programme**





As well as providing intensive one-to-one support to families, last year we provided parent networking events and a bespoke online group work programme for adults being cared for by a young carer (also known as 'cared-for people').

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**In 2024-25, we:**

-  **32 cared-for parents** participated in seven **Parent Network Event** sessions including a Christmas party and quiz and a trip on a Barge plus wellbeing and craft sessions designed and delivered by cared-for parents.
-  **Community Engagement** and **Peer Support** activities delivered **143 interactions with 43 families** including three newsletters (also sent as audio versions) providing information on local free family friendly activities and services. Advice and information were provided on SEND and ASD workshops, online exploitation, Social Gardening Club, Cost of Living Support sessions being held in neighbourhoods around the city, and the Life, Loss and Death Festival. Peer group information sharing included yoga to help with anxiety, s6 food bank and warehouse, courses, training and volunteering opportunities.
-  Supported **nine** parents to attend a wellbeing women's event together to support them in making new friends.
-  Continued to coordinate our ever-popular **WhatsApp group for families**, to allow us to share informal information and families to share ideas and offer one another invaluable peer support.

**Whole family trips**

-  **52 individuals from 17 families** joined others from SYC on a trip to The Deep on 12<sup>th</sup> August.
-  **136 young carers and family members** went to the national gaming museum 23<sup>rd</sup> December.
-  **38 individuals from 10 families** came to see Jack and The Beanstalk pantomime at Sheffield City Hall at the beginning of January.
-  **12 families** received 41 Tramlines tickets.

**Impact of our education work**

Our **Greater Reach, Brighter Futures** (GRBF) project came to an end in Sept 24. A film and two summary reports (for schools, and for the University) were produced and will be disseminated.

**Education networks**

We continue to notice an increased engagement and commitment towards supporting young carers in school and college, including increased attendance at meetings, and several providers appear to be replacing the designated Young Carer Lead role when they leave their post.

**In 2024-25, we achieved:**

- **Increase in our school's network** which now consists of 109 schools/ Alternative Education Providers and 17 AEPs and services (and increase of 13 throughout the year).
- Increase in our college network membership to include Young Carer Leads from eight School Sixth forms and one service (total 13), now named the **Post-16 Network**.
- **Engagement from two Academy Safeguarding Teams** who have encouraged all the schools in their Multi-Academy Trusts to join and/or become more active in the network.

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**Targeted support**

This year, we started a mini-project with four schools (1 primary, 3 secondary/6th forms). This involves **lead staff training in staff awareness**, pupil/family awareness, SYC's formal identification process, supporting young carers, with a view to **supporting schools to create a Young Carer Policy and apply for the Young Carers in Schools Award**. All schools are really engaged and have already made changes in the school to identify and support young carers

**Further training**

We have led two **awareness training sessions** to PGCE students at both University of Sheffield and Sheffield Hallam University with over 50 students attending, and an online training session to Post-16 settings with over 30 attendees.

**Impact of our training and awareness work**

Our **E-Learning course 'Young Carers: Identifying and supporting young people with caring responsibilities in Sheffield'** was completed by 134 learners successfully completed the course this year. 133 learners would recommend the course to colleagues.

73 professionals took part in the **multi-agency training** we co-deliver with a young adult carer and Sheffield Carers Centre. The course, 'Understanding Carers Needs' was attended by professionals from education, health and social care and across public and voluntary sector. Feedback from the training was very positive: 99% stated they would recommend the training to colleagues and 95% stated they would make changes to their practice as a result of the training, including:

"I will be more aware about whether the children we're working with could be young carers and consider what we would do if we identified someone who was and wanted support."

Overall feedback included:

"It's good to have updates and a refresh and be reminded to 'look for' Carers. Thank you."

"Nice and accessible. Lovely people. Especially thanks to Jo (*the young carer*) for sharing her story."

**Ensuring regular feedback and evaluation**

As well as working closely with young people and their families to ensure that our work remains relevant and effective and reflects their needs and wishes, **we regularly consult our staff, trustees and volunteers, and the professionals that we work with throughout Sheffield**, to ensure that all parts of our community are involved in our work. In 2024-25, we conducted surveys with young people, families and stakeholders. The findings from the surveys were fed into our strategic planning cycle, informing development and delivery of our service.

### Strategic development and awareness raising

As well as providing direct support to young carers and their families, **we have also worked hard this year to provide a wide range of professionals with the information, support and skills that they need to identify and support young carers within their own settings.** As well as our routine casework with young people's schools, colleges and workplaces, their social workers and any health professionals who are working with their families etc., we have provided training and advice to more than **110 organisations** (including health services, education providers and the local voluntary sector) and **more than 720 professionals**, including social work students, trainee nurses, safeguarding officers and post-16 PGCE students. We have also provided advice, training and resources to more than 120 schools and alternative education providers, who belong to our Schools Network.

Given that many young carers are hidden from view, **it is very hard to develop an accurate picture of the number of young carers who are being supported by other professionals and organisations in Sheffield.** Even those we ask directly are often unable to specify exactly how many young carers attend their school or belong to their GP practice, for example. Over the past year, however, we have continued working closely with Sheffield City Council, to build up the **Young Carers Register** for the city. The register is slowly building up but SYC remains as the main source of information.

We have also followed up the review of the young carers assessment in 2021-22 by working with the City Council to develop an options paper on how to ensure young carers' rights are being met within Sheffield in 2022-23. In 2024-25 we have continued this work to ensure that young carers receive their statutory rights. The young carers assessment service will be held within Sheffield City Council's SNIPS (Special Needs Inclusion Play/Care Service). We have been working with SNIPS to develop a clear pathway for referrals into SNIPS and through to Sheffield Young Carers. We will work with them in 2025-26 to ensure improved access for young carers to an assessment, action plan and review, in particular at the key points of transition in their lives.

Our strategic and awareness raising work is critical because, **ultimately, we want everyone in Sheffield to 'think young carer' and to understand (and where possible, prevent) the significant impact that caring responsibilities can have on a young person's emotional wellbeing, as well as their life chances.**

### SYC's partnerships and networks

SYC has participated in a wide range of partnerships, networks and forums to ensure young people who are carers and/or impacted by familial substance misuse are fully included in service planning across the city and beyond. Examples include:

- **Local VCS partnerships** with Sheffield Carers Centre, The Corner, VCS Leaders Forum, Children and Young People's Partnership Network.

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- **Local public sector partnership work** with the Children's Safeguarding Partnership, Family Intervention Service/Social Care, Sheffield Health and Social Care Trust, Sheffield Teaching Hospitals Trust and Sheffield Health and Social Care Partnership, including working with the Carers Lead as part of the Integrated Care System.
- **Local cross-sector partnerships work** with the Hidden Harm Implementation Group, Substance Misuse Operational Group (SMOG), Alcohol Strategy Steering Group, Sheffield Children's Safeguarding Partnership Executive Group.
- **Regional partnership work** with young carers services in Barnsley, Rotherham and Doncaster. This regional network is now meeting regularly and sharing representation on the Integrated Care Board's (ICB) Unpaid Carers Network – a multi-agency network working to ensure that the NHS commitment to carers action plan is implemented with South Yorkshire.
- **National partnership work** with the Carers Trust, Young Carers Alliance and a lead role in co-ordinating the Young Carers National Voice. SYC continues to play an important role in the work of the All Party-Parliamentary Group on Young Carers and Young Adult Carers.
- **International work:** We continue to grow this area of influence. SYC continued to develop relations with Japanese colleagues to share our learning. Sara Gowen, Co-CEO was invited to Japan to meet with young carers, young adult carers, project workers and researchers. She visited Kyoto and Toyko, giving presentations at Ritsumeikan University (Kyoto) and Seitan University (Tokyo), alongside Professor Saul Becker.

This is not an exhaustive list and we have worked collaboratively with a number of statutory and voluntary sector agencies within the city and across the UK.

## **Research**

SYC continues to develop its skills and expertise in the field of research, recognising where we can play a part as an expert practitioner in the development and delivery of research projects which can effect change on the ground for young carers and their families. The **two main areas of research in 2024-25** are:

1. Contribution to three academic papers produced from the findings of the REBIAS-YC research project with the London School of Economics (LSE) into **how young carers access support** and the gaps in provision.
2. **Ethics of young carers being co-trainers** and presenting their personal stories with the University of Gloucester and Gloucestershire Young Carers (GYC). We have worked with GYC to develop a toolkit for other young carers services on how to support young carers to tell their stories.

Findings from above research projects were presented at the International Young Carers Conference in Manchester in May 2024.

3. REBIAS II project started in February 2024 and picks up on the research findings about the lack of **whole family working to support young carers identification and support**. SYC is leading on public involvement, in particularly coordinating the Young Carers Research Advisory Group and the Parents Research Advisory Group.



**Sheffield Young Carers Project**  
**Trustees' annual report - continued**  
**For the year ended 31 March 2025**

**Learning from stakeholders**

In 2024, we conducted a range of surveys of stakeholders, including families and external partners. The surveys show that Sheffield Young Carers is highly respected and valued by those who work with it. There is clear evidence of tangible changes to wider professional practice and to the lives of young people and families. The staff team are widely acknowledged as amazing advocates for young people, proactive, and collaborative with great communication, follow ups and liaison with professionals. Leadership is viewed as passionate, dedicated, highly motivated and respected across Sheffield, nationally and beyond.

**Awareness of SYC's work** with young people affected by substance misuse is strong at 75% of respondents. Awareness of the MPACT programme is apparent at 71% of Strategic Partners and 59% of Stakeholders which is a similar level to last year. Awareness of SYC e-training resource was evident at 57% of Strategic Partners and 67% of referrers. While awareness is apparent, there is a need to continue to promote services, especially for those frontline services which experience a level of staff turnover.

**Confidence in SYC** is high across both cohorts with an aggregate of 75% expressing confidence in recommending and referring young people to SYC. **The quality of SYC's work** is rated as very good or excellent by 73% of the Strategic Partners, and 79% of referrers rated SYC quality as good, very good or excellent.

A number of **practical contributions** SYC has made to the work of other agencies are listed including keeping a log of young carers in school each year, introduction of a specific question about caring to admission forms (education and health), introducing a new Young Carers Lead and using the M-PACT referral service.

A number of **tangible benefits for young carers and young people affected by substance misuse** are listed. Raising aspirations and directly leading to university applications are cited as enabling a discussion with the family together around the impact of substance misuse. The service is credited with preventing a family reaching crisis point, giving young carers breathing space with giving young carers a voice.

The **main barriers** highlighted are not recognising a caring role, and not knowing support is appropriate and available. Stigma, fear of being judged and a lack of trust are also mentioned. Schools struggling with capacity to deliver on an identification process features as do referral paperwork and waiting times. There's recognition that young people not in education can be missed by services but can be the most impacted. One issue raised here which has not featured before is the need to gain consent for referrals.

SYC learns from the feedback we receive from stakeholders into our future planning and development of our service. In 2025-26, we will be reviewing our young people's delivery model to explore ways to improve the outcomes for young people.

**Sheffield Young Carers Project**  
**Trustees' annual report - continued**  
**For the year ended 31 March 2025**

**Financial review**

The results for the period ended 31 March 2025 are shown on the accompanying financial statements.

There are no uncertainties about the Charity continuing to operate in 2025-26 and beyond. We enter the financial year 2025-26 with the majority of funding secured and plans in place to secure additional grants and donations. However, the funding climate is extremely difficult and the Trustees have agreed a financial plan should funding not be secured. This includes the potential of staff redundancies as well as reducing project costs. There is a freeze on recruitment in place from March 2025. The figures in Reserves Policy below indicate our levels of unrestricted and designated funds. The restricted funds carried forward in 2025-26 are £124,065. Designated funds will be allocated on the basis of meeting the original designations. The Paul Hamlyn Foundation designated funds have funded our Programme of Influence (Action Group and YCNV) in 2024-25. Further designated funds will be allocated to projects that require funding and meet any requirements of the designated funder. These funds are restricted to specific projects and areas of work, as agreed with the different funders/donors.

**Reserves Policy**

As at 31 March 2025 the Charity held free reserves of £166,779 (these are general funds not including fixed assets) (2024: £192,027). In addition to free reserves, the charity holds £138,539 of designated funds (2024: £206,397).

At the annual review of the reserves policy in February 2025 (next review February 2026), the Board of Trustees considered the additional risks of the ongoing cost of living crisis and the difficult funding environment in preparing SYC's reserves policy, plus the ongoing need to ensure sustainable funding for the continuation of SYC's work. The Board agreed a minimum reserve level of £113,322 (2025-26) and £126,380 (2026-27) to cover SYC project closure costs and liabilities including redundancy costs.

The Board also agreed to hold additional reserves above the minimum level required to be used for development purposes as well as a contingency for the ending of current grants. This need for a sustainability reserve is important as the competition for charitable trust funding and other grants is increasing. The Board agreed that the higher level of reserves for 2025-26 need to be within the range £120,000-150,000. The excess reserves above the maximum range at 31/03/2025 are expected to be spent on core activities during the 2025-26 financial year. The Board of Trustees will continue to review the financial situation throughout 2025-26 to ensure that free reserves remain within policy, and opportunities are taken to generate unrestricted reserves.

This policy will be reviewed annually.

### **Future plans**

We have worked hand-in-hand with young people for 28 years, carrying out meaningful research, developing effective services, and amplifying the voice of young carers and young people affected by familial substance misuse in Sheffield and beyond. We want to turn our learning into practice by making sure that local and national policies are not only in place but are also being implemented effectively on the ground. We believe that this is the only way to ensure that every young person - regardless of age, postcode or background - is identified and supported as soon as possible, to help prevent early childhood experiences from having a negative, long-lasting impact on the rest of their lives.

We undertook a review of our current strategic plan, including our mission and values, setting out a new 5-year vision. We set yearly targets and review these as part of our annual strategic planning event.

### **In 2025-26, in order to achieve our mission, we will:**

#### **1. Deliver a flexible service to meet the needs of each young person and their family with 80% seeing an improvement or change:**

1. Undertake a review of the young people's service to evaluate and develop our delivery model.
2. Produce an introductory film about our groups and group venues to help reduce anxieties or concerns about attending our group work programme.

#### **2. Improve the ability of 50 organisations within Sheffield to identify and provide better support to young people and families, with 80% reporting a change to their practice and improved understanding.** In addition to the ongoing training offer (multi-agency and e-learning), we will:

1. Develop our relationship with Ryegate to include a Young Carers Lead in all teams and take up of e-learning module for staff induction and CPD.

#### **3. Influence 5 decision-makers to take action by working with 2 national alliances/partnerships and 12 local alliances/partnerships:**

1. Engage with Sheffield's newly- and re-elected MPs to collaborate on opportunities for young carers rights to be enshrined in law and for the legislation to be implemented (including keeping up the pressure about schools/Ofsted).

#### **4. Improve and develop our service through an organisation wide inclusion review leading to more diverse service provision with 1 community currently underserved receiving an improved service:**

1. Investigate barriers to men and boys' engagement with our service, using our national and research contacts plus links with men and boys groups in Sheffield.

**5. Continue to improve and innovate in the evaluation of our service leading to improved measurement of the lasting impact of our work with young people and families, by collecting and analysing data:**

1. Building up our sustainability and evidencing our impact through developing links with local business leaders.

All of the above will be done with the active participation of SYC's Young Carers Action Group, Young Carers National Voice and our Parent Advisors.

**Structure, governance and management**

Sheffield Young Carers Project was incorporated on 6 December 2010 and registered as a charity on 28 January 2011 and is governed by its Memorandum and Articles of Association. Its legal status is that of a company limited by guarantee (Company No. 7461229) and a registered charity (Charity No. 1140105). It has no share capital and the liability of each member in the event of winding up is limited to £1.

The Charity is governed by its constitution. The objects of the charity is:

The relief of young carers\*, without distinction of sex, sexual orientation, nationality, ethnic or national origins, race colour, disability, political or religious beliefs by associating the local authorities, voluntary and other organisations and the local inhabitants in a common effort to:

- provide facilities in the interest of social welfare for the recreation and other leisure time occupation with the objects of improving their conditions of life
- advance the education of those persons in particular but not exclusively by the provision of counselling, advocacy and information services
- promote such other charitable purposes as may from time to time determined

\*Young carers being defined as persons up to 21 years of age whose lives are affected in some way because of the need to care for someone at home

**Recruitment and support of trustees**

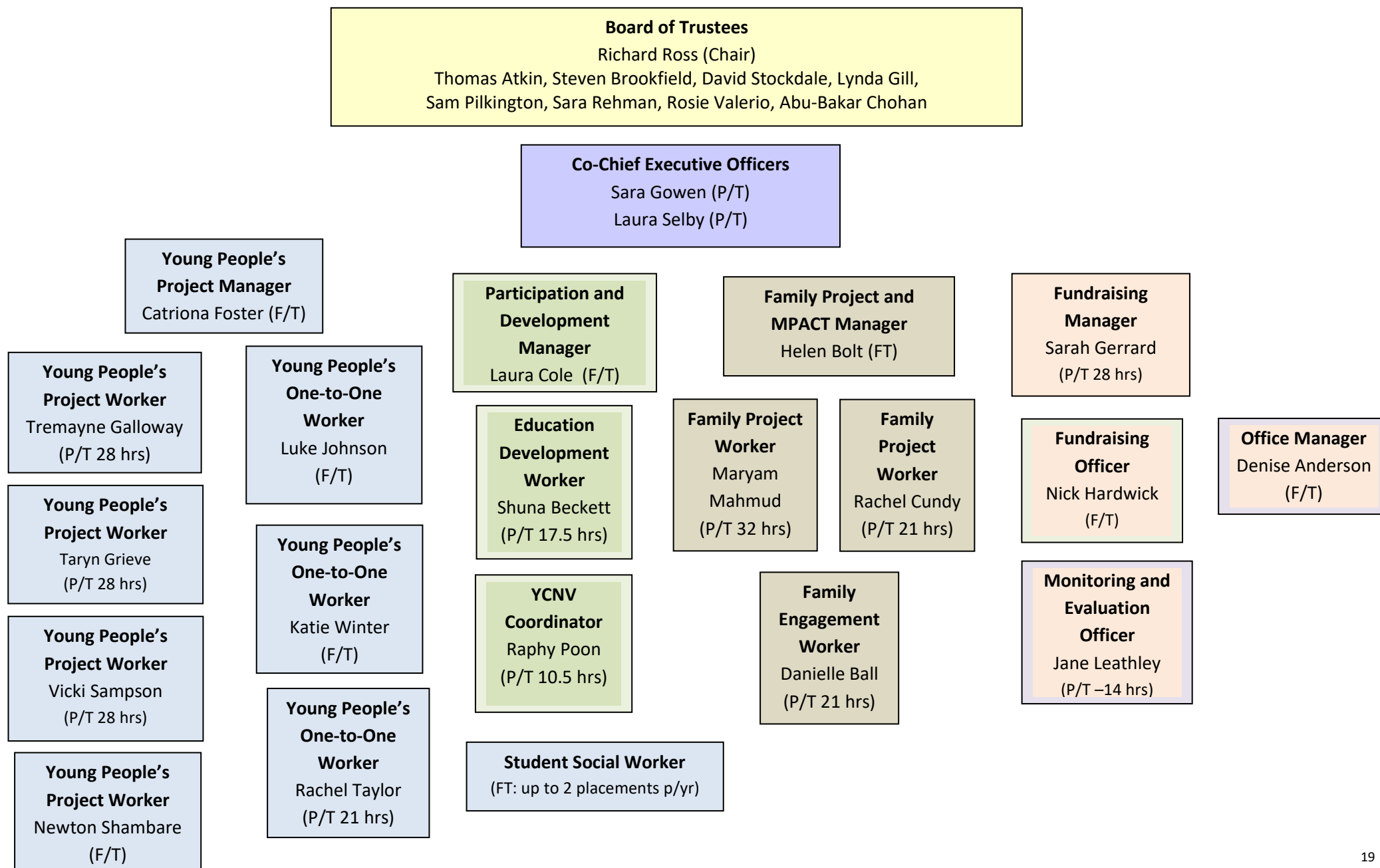
Overall management of the Charity is the responsibility of the Trustee Directors who are elected and co-opted under the terms of the Memorandum and Articles of Association.

The Board of Trustees are recruited, inducted and trained under the Appointment of Trustees Policy. All trustees undertake basic safeguarding training and a DBS check every three years.

Safeguarding training is also provided to the whole Board by SYC's designated safeguarding lead as required. Trustees stand for a three-year period and can stand for re-election. The trustees are re-elected at the annual general meeting.

Day to day project activity is carried out by staff and volunteers.

## Sheffield Young Carers Organisational and Staffing Structure – 2024-25



**Sheffield Young Carers Project**  
**Trustees' annual report - continued**  
**For the year ended 31 March 2025**

**Investment policy**

The trustees have considered the most appropriate policy for investing funds subject to the overriding requirement of maintaining liquidity of funds.

**Risk management**

The Board of Trustees oversees a risk register, which is reviewed every two months at the Board meetings. The risk register uses a RAG rating to highlight any particular risks with the actions recorded and reviewed at the following meetings. The main risks identified in 2024-25 were:

- Loss of project funding: all funding that was due to end in 2024-25 was secured or covered by underspend. However, we have a number of grants that needed renewing in 2024-25 so this was an amber risk. We have been unable to secure all the grants required and the risk remains amber, with potential to go red, in 2025-26.
- Managing the waiting list: this is ongoing issue, to ameliorate risk we have taken on additional staff but a 20% increase in referrals year on year means that this continue to be a risk. This risk is likely to rise in 2025-26 as we have had to make redundancies due to the ending of a major grant. This remains an amber risk.

Into 2025-26, the following risk has been identified as amber:

- Loss of key project staff: the uncertainty of funding for 2025-26 has impacted on staff morale and may lead to key staff seeking employment elsewhere. We have also had to undertake a redundancy process due to the ending of a major grant. This uncertainty will continue to be a risk into 2025-26.

**Trustees' responsibilities in relation to the financial statements**

The charity trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

**Sheffield Young Carers Project**  
**Trustees' annual report - continued**  
**For the year ended 31 March 2025**

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

**Small company provisions**

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The trustees declare that they have approved the trustees' report above on 20 August 2025.

Signed on behalf of the trustees by:

A handwritten signature in black ink, appearing to read 'R Ross'.

Richard Ross  
Chair of Board of Trustees

## **Independent Examiner's report to the trustees of Sheffield Young Carers Project ("the Company")**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### **Independent examiner's statement**

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*S Lightfoot*

Sarah Lightfoot, FCA DChA  
Seven Hills Accountants Limited  
57 Burton Street  
Sheffield  
S6 2HH

21 Aug 2025



Sheffield Young Carers Project  
Statement of financial activities (incorporating the income and expenditure account)  
For the year ended 31 March 2025

	Notes	General funds £	Designated funds £	Restricted funds £	Total 2025 £	Total 2024 £
<b>Income from:</b>						
Donations and grants	2	33,346	33,000	6,475	72,821	191,054
Charitable activities	3	19,268	645	552,302	572,215	644,311
Other - access to work		900	-	-	900	14,382
Investments		643	-	-	643	606
<b>Total income</b>		<b>54,157</b>	<b>33,645</b>	<b>558,777</b>	<b>646,579</b>	<b>850,353</b>
<b>Expenditure on:</b>						
Fundraising activities	4	31,225	2,975	32,663	66,863	66,964
Charitable activities	5	25,569	118,139	611,295	755,003	713,653
<b>Total expenditure</b>		<b>56,794</b>	<b>121,114</b>	<b>643,958</b>	<b>821,866</b>	<b>780,617</b>
<b>Net income/(expenditure)</b>		<b>(2,637)</b>	<b>(87,469)</b>	<b>(85,181)</b>	<b>(175,287)</b>	<b>69,736</b>
Transfers between funds	15	(22,611)	19,611	3,000	-	-
<b>Net movement in funds</b>		<b>(25,248)</b>	<b>(67,858)</b>	<b>(82,181)</b>	<b>(175,287)</b>	<b>69,736</b>
Total funds brought forward		192,027	206,397	206,246	604,670	534,934
<b>Total funds carried forward</b>		<b>166,779</b>	<b>138,539</b>	<b>124,065</b>	<b>429,383</b>	<b>604,670</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

A full comparative by fund can be seen in note 19.

**Sheffield Young Carers Project**  
**Balance sheet**  
**As at 31 March 2025**

	Notes	2025 £	2024 £
<b>Fixed Assets</b>			
Tangible Assets	10	-	-
<b>Current assets</b>			
Debtors	11	2,038	3,561
Cash at bank and in hand		445,099	618,034
<b>Total current assets</b>		<b>447,137</b>	<b>621,595</b>
Creditors: amounts falling due within one year	12	(17,754)	(16,925)
<b>Net current assets</b>		<b>429,383</b>	<b>604,670</b>
<b>Total assets less current liabilities</b>		<b>429,383</b>	<b>604,670</b>
Creditors: amounts falling due after more than one year		-	-
<b>Total net assets</b>		<b>429,383</b>	<b>604,670</b>
<b>Funds of the Charity</b>			
General funds		166,779	192,027
Designated funds	13	138,539	206,397
Total unrestricted funds		305,318	398,424
Restricted income funds	14	124,065	206,246
<b>Total funds</b>	16	<b>429,383</b>	<b>604,670</b>

For the year ending 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

Approved by the board on 20 August 2025.

Signed on their behalf by:



Richard Ross  
Chair of Board of Trustees

Sheffield Young Carers Project  
Statement of cashflow  
For the year ended 31 March 2025

		2025 £	2024 £
<b>Reconciliation of net expenditure to net cash flow from operating activities</b>			
Net income/(expenditure) for the year (as per the SOFA)	(175,287)	69,736	
Adjustments for:			
(Increase)/decrease in debtors	1,523	14,374	
Increase/(decrease) in creditors	829	(1,462)	
Investment income	(643)	(606)	
Depreciation	-	873	
<b>Cash flows from operating activities</b>			
Net cash provided by/(used in) operating activities		(173,578)	82,915
<b>Cash flows from investing activities</b>			
Investment income	643	606	
<b>Net cash (used in)/provided by investing activities</b>		643	606
<b>Change in cash and cash equivalents</b>		(172,935)	83,521
<b>Cash and cash equivalents at the beginning of the year</b>		618,034	534,513
<b>Cash and cash equivalents at the end of the year</b>		445,099	618,034

## 1 Accounting Policies

### (a) Basis of preparation

Sheffield Young Carers Project is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the company information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The charity meets the definition of a public benefit entity as defined under FRS102. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £1.

### (b) Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

### (c) Donated activities, goods and services

Donated activities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

Secured goods and funds, given by other organisations directly to clients, are not accounted for as donated, as SYCF only facilitated this support.

### (d) Expenditure, irrecoverable VAT and liabilities

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include administration costs, finance, personnel, payroll and governance costs which support the charitable activities. Support costs have been allocated between activities based on staff time.

### (e) Tangible fixed assets

All items of capital expenditure below £500 are written off as incurred.

Depreciation has been calculated to write down the cost or valuation, less estimated residual value, of all tangible fixed assets over their expected useful lives on a  
Computer and I.T. equipment                      4 years straight line

### (f) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

### (g) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

### (h) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

### (i) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Designated funds are funds set aside at the discretion of the trustees for specific projects.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific artistic projects being undertaken by the charity.

### (j) Pensions

The organisation has a defined contributions pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

**Sheffield Young Carers Project**  
**Notes to the Accounts - continued**  
**For the year ended 31 March 2025**

**1 Accounting Policies - continued**

**(k) Operating lease rentals**

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

**(l) Corporation tax**

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

**(m) Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**2 Income from donations and grants**

		General funds	Designated funds	Restricted funds	Total 2025	Total 2024
		£	£	£	£	£
<b>Funder</b>	<b>Project</b>					
Paul Hamlyn Foundation	Youth Strategic Investment Fund	-	-	-	-	110,000
Paul Hamlyn Foundation	Expert Support Package	-	-	-	-	30,000
Worshipful Company of Pewterers (The Seahorses Trust)	Education Development	-	3,000	-	3,000	10,000
The Garfield Weston Foundation	Development manager	-	30,000	-	30,000	-
Sheffield Town Trust		3,000	-	-	3,000	-
The Talbot Trusts		3,000	-	-	3,000	-
		6,000	33,000	-	39,000	150,000
Donations		27,346	-	6,475	33,821	36,354
Donations in kind		-	-	-	-	4,700
		<b>33,346</b>	<b>33,000</b>	<b>6,475</b>	<b>72,821</b>	<b>191,054</b>
2024 fund split		40,554	150,000	500		191,054

**3 Income from charitable activities**

		General funds	Designated funds	Restricted funds	Total 2025	Total 2024
		£	£	£	£	£
<b>Funder</b>	<b>Project</b>					
BBC Children in Need	Young People's Project - Support worker - 2020-2023	-	-	-	-	7,391
The National Lottery Community Fund	Family Project 4	-	-	112,646	112,646	109,228
The National Lottery Community Fund	Today for Tomorrow Project 2	-	-	102,129	102,129	98,940
The National Lottery Community Fund - Awards for All	8-12 Group work	-	-	20,000	20,000	9,809
The British and Foreign School Society	Greater Reach, Brighter Futures	-	-	-	-	28,227
Henry Smith Charity	Young People's Project - Support worker	-	-	35,350	35,350	34,600
Postcode Neighbourhood Trust	Young People's work	-	-	-	-	24,312
Sheffield City Council	Core Service Grant	-	-	168,500	168,500	168,500
Sheffield City Council	Core Service Grant - Substance misuse treatment and recovery	-	-	94,246	94,246	141,601
Family Holiday Association	Holiday support for specific families	-	-	880	880	-
Carers Trust	Items/activities for specific families	-	-	1,051	1,051	1,800
The Cutlers Company	Holiday Activities	-	-	2,000	2,000	
Church Burgesses Educational Foundation	Holiday Activities	-	-	5,000	5,000	
Sheffield Town Trust	Holiday Activities	-	-	2,500	2,500	
The James Neill Trust Fund	Holiday Activities	-	-	3,000	3,000	
The Charles & Elsie Sykes Trust	Holiday Activities	-	-	5,000	5,000	
The Freshgate Trust Foundation	Holiday Activities	-	-	-	-	2,000
JG Graves Charitable Trust	Holiday Activities	-	-	-	-	3,000
The Liz and Terry Bramall Foundation	Holiday Activities	-	-	-	-	5,000
The Tramlines Trust	Holiday Activities	-	-	-	-	1,000
Westfield Health	Holiday Activities	-	-	-	-	3,000
		-	-	552,302	552,302	638,408
Student placement fees		2,800	-	-	2,800	2,800
Other income		16,468	645	-	17,113	3,103
		<b>19,268</b>	<b>645</b>	<b>552,302</b>	<b>572,215</b>	<b>644,311</b>
2024 fund split		5,330	254	638,727		644,311

Sheffield Young Carers Project  
Notes to the Accounts - continued  
For the year ended 31 March 2025

4 Expenditure on fundraising activities

	General funds £	Designated funds £	Restricted funds £	Total 2025 £	Total 2024 £
Fundraising costs	2,899	-	-	2,899	4,467
Fundraising and monitoring salary costs	28,326	2,975	32,663	63,964	62,497
	<b>31,225</b>	<b>2,975</b>	<b>32,663</b>	<b>66,863</b>	<b>66,964</b>
2024 fund split	4,467	-	62,497		66,964

5 Expenditure on charitable activities

	Direct Project Costs £	Direct salary costs (note 7) £	Support costs (note 6) £	Total 2025 £	
Young People's work	104,847	269,788	99,976	474,611	
Family Project	4,479	79,832	26,511	110,822	
Voice and influence	12,487	50,490	5,331	68,308	
Development and strategic work	7,562	35,003	16,187	58,752	
Activities and grants	35,220	6,688	602	42,510	
	164,595	441,801	148,607	755,003	
	General funds £	Designated funds £	Restricted funds £	Total £	
2025 fund split	25,569	118,139	611,295	755,003	
2024 fund split	37,944	73,562	602,147	713,653	
Prior year comparison					
	Direct Project Costs £	Direct salary costs (note 6) £	Support costs (note 5) £	Return of unspent grant £	Total 2024 £
Young People's work	53,244	265,927	114,245	9,271	442,687
Family Project	3,026	78,042	23,918	-	104,986
Voice and influence (formally Action Group)	6,474	1,001	2,041	-	9,516
Development and strategic work (formally Development)	37,236	50,703	25,769	-	113,708
Activities and grants	37,535	5,089	132	-	42,756
	137,515	400,762	166,105	9,271	713,653

6 Support costs

	Note	2025 £	2024 £
Support salary costs	7	72,177	82,166
Other Staff Costs		16,122	32,443
Office Costs		23,091	21,601
Premises and Utilities		25,725	23,817
Depreciation		-	873
Professional fees		4,968	4,408
Governance costs		6,524	797
		<b>148,607</b>	<b>166,105</b>

Support costs are allocated to activities on the basis of staff time spent.

**7 Staff Costs**

	2025 £	2024 £
Salaries	516,411	489,609
Employer's National Insurance	46,662	42,921
Employer's Allowance	(5,000)	(5,000)
Pension costs	19,869	17,895
	<b>577,942</b>	<b>545,425</b>

The average number of employees during the period was 21 (2024: 20). No employee received emoluments of more than £60,000. Pension costs are allocated to activities and funds in proportion to the related staffing costs incurred.

**8 Fees to independent examiner's organisation**

	2025 £	2024 £
Fee for independent examination	<b>3,000</b>	<b>3,270</b>
Other fees paid to Independent examiner's organisation:		
Taxation advisory services	300	-
Other services	324	270
	<b>624</b>	<b>270</b>

**9 Trustees remuneration and expenses, and the cost of key management personnel**

The trustees were not paid or received any other benefits from employment with the charity in the year (2024: £nil). No trustees were reimbursed expenses during the year (2024: travel expenses of £7 for 1 trustees were paid during the year). No other charity trustee received payment for professional or other services supplied to the charity (2024: £nil).

The key management personnel of the charity comprise the trustees and the Joint Chief Executive Officers. The total employee benefits of the key management personnel of the charity were £77,281 (2024: Managing director £51,767).

**10 Tangible Fixed Assets**

	Computer and I.T. equipment £	Total £
<b>Cost or Valuation</b>		
As at 1 April 2024	6,453	6,453
<b>As at 31 March 2025</b>	<b>6,453</b>	<b>6,453</b>
<b>Depreciation</b>		
As at 1 April 2024	6,453	6,453
Charge this period	-	-
<b>As at 31 March 2025</b>	<b>6,453</b>	<b>6,453</b>
<b>Net Book Value</b>		
<b>As at 31 March 2025</b>	<b>-</b>	<b>-</b>
As at 31 March 2024	-	-

**11 Debtors**

	2025 £	2024 £
Trade debtors	1,040	2,370
Prepayments	998	1,191
	<b>2,038</b>	<b>3,561</b>

**12 Creditors: amounts falling due within one year**

	2025 £	2024 £
Trade creditors	2,589	886
Accruals	3,300	3,300
Other creditors	2,460	2,324
Taxation and social security	9,405	10,415
	<b>17,754</b>	<b>16,925</b>

### 13 Designated funds

	Balance at 01-Apr-24 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-25 £
Paul Hamlyn Foundation: Youth Strategic Investment Fund	92,810	-	-	(8,306)	84,504
Paul Hamlyn Foundation: Expert Support Package	31,580	-	(7,258)	-	24,322
Programme of Influence	64,948	645	(40,812)	(24,781)	-
Hardship Fund	7,059	-	(2,960)	-	4,099
Group Work	-	-	(16,658)	23,372	6,714
Education Development	10,000	3,000	(15,901)	5,382	2,481
Young Carers National Voice	-	-	(10,716)	11,444	728
Counselling service	-	-	(9,374)	12,500	3,126
Garfield Weston Foundation: Development manager	-	30,000	(17,435)	-	12,565
	<b>206,397</b>	<b>33,645</b>	<b>(121,114)</b>	<b>19,611</b>	<b>138,539</b>
Paul Hamlyn Foundation: Youth Strategic Investment Fund	This unrestricted grant was received towards core funding to support strategic and operational development and growth. The trustees have chosen to designate this fund, to better identify the costs incurred for this work. The funder has agreed that the planned underspend can be spent in other ways - £8,306 has been set transferred towards the Action group designated fund.				
Paul Hamlyn Foundation: Expert Support Package	This unrestricted grant was received towards costs identified to realise growth plans and support organisational development. The trustees have chosen to designate this fund, to better identify the costs incurred for this work.				
Programme of Influence	Money from the Paul Hamlyn Foundation: Youth Strategic Investment Fund has been allocated into a separate budget to continue to deliver voice and influence work up till August 2025. The remaining funds in this budget were then allocated to the Young Carers National Voice and other services in the year. Transfers were made to:				
	Young Carers National Voice				
	Counselling service				
	Education Development				
Hardship Fund	Money set aside to meet specific family needs, as and when required.				
Group Work	This funding was set aside to cover group work and activity costs - £23,372 of general funds has been used in the year towards these activities.				
Education Development	Money set aside to work with education providers to identify and support young carers. This is a continuation of our Great Reach Brighter Futures programme. This was supported by the Programme of Influence this year.				
Young Carers National Voice	Money set aside to support the action group (now restricted funding has ended). This was supported by the Programme of Influence and Paul Hamlyn Foundation: Growth fund this year.				
Counselling service	Money set aside to continue the previously Council funded service - money set aside from core, and supported by some restricted donations (see note 14).				
Garfield Weston Foundation: Development manager	Core funding set aside to support the costs of the development manager.				
<i>Prior year comparison</i>	<i>Balance at b/fwd £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers £</i>	<i>Balance at c/fwd £</i>
<i>Paul Hamlyn Foundation: Growth Fund (now called Youth Strategic Investment Fund)</i>	<i>72,088</i>	<i>110,147</i>	<i>(23,956)</i>	<i>(65,469)</i>	<i>92,810</i>
<i>Paul Hamlyn Foundation: Expert Support Package</i>	<i>26,662</i>	<i>30,000</i>	<i>(25,082)</i>	<i>-</i>	<i>31,580</i>
<i>Hardship Fund</i>	<i>5,038</i>	<i>-</i>	<i>(2,979)</i>	<i>5,000</i>	<i>7,059</i>
<i>Group Work</i>	<i>3,384</i>	<i>107</i>	<i>(21,493)</i>	<i>18,002</i>	<i>-</i>
<i>Education Development</i>	<i>-</i>	<i>10,000</i>	<i>-</i>	<i>-</i>	<i>10,000</i>
<i>Programme of Influence</i>	<i>-</i>	<i>-</i>	<i>(52)</i>	<i>65,000</i>	<i>64,948</i>
	<b>107,172</b>	<b>150,254</b>	<b>(73,562)</b>	<b>22,533</b>	<b>206,397</b>



14 Restricted funds

	Balance at 01-Apr-24 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-25 £
The National Lottery Community Fund: Today for Tomorrow Project 2	26,514	102,129	(101,463)	-	27,180
The National Lottery Community Fund: Family Project 4	23,480	112,646	(110,822)	-	25,304
The National Lottery Community Fund - Awards for All: 8 - 12 Group work	4,613	-	(4,613)	-	-
Henry Smith Charity: Young People's Project - Support worker	10,185	35,350	(31,936)	-	13,599
Sheffield City Council: Core Service Grant	10,148	168,500	(173,192)	-	5,456
Sheffield City Council: Core Service Grant - Substance misuse treatment and recovery	87,525	94,246	(171,759)	-	10,012
The British and Foreign School Society: Greater Reach, Brighter Futures	12,036	-	(12,036)	-	-
Paul Hamlyn Foundation: Staff Wellbeing	10,185	-	(1,118)	-	9,067
Carers Trust: Items/activities for specific families	-	1,051	(1,051)	-	-
Family Holiday Association: Holiday support for specific families	-	880	(880)	-	-
Postcode Neighbourhood Trust: Young People's work	12,560	-	(12,560)	-	-
Various: Holiday Activity Support group	9,000	17,500	(13,671)	-	12,829
The National Lottery Community Fund - Awards for All: 8-12 Group work	-	20,000	(2,677)	-	17,323
Sheffield Town Trust and donations: 8-12 Group work	-	295	-	3,000	3,295
Donations: Counselling service	-	5,680	(5,680)	-	-
Donations: End of term activities	-	500	(500)	-	-
	<b>206,246</b>	<b>558,777</b>	<b>(643,958)</b>	<b>3,000</b>	<b>124,065</b>

All funds are restricted to the projects or activities as specified by the funders.

Various: Holiday Activity Support group      The Sheffield Town Trust subscription was set aside for this fund.

Prior year comparison

	Balance at b/fwd £	Income £	Expenditure £	Transfers £	Balance at c/fwd £
BBC Children in Need: Action Group - 2020-2023	3,611	14	(3,625)	-	-
BBC Children in Need: Young People's Project - Support worker - 2020-2023	11,418	7,391	(18,809)	-	-
The National Lottery Community Fund: Today for Tomorrow Project 2	29,784	98,940	(102,210)	-	26,514
The National Lottery Community Fund: Family Project 3	33,510	-	(28,510)	(5,000)	-
The National Lottery Community Fund: Family Project 4	-	109,228	(85,748)	-	23,480
The National Lottery Community Fund - Awards for All: 8 - 12 Group work	-	9,809	(5,196)	-	4,613
Henry Smith Charity: Young People's Project - Support worker	9,393	34,600	(33,808)	-	10,185
Sheffield City Council: Core Service Grant	1,545	168,800	(160,197)	-	10,148
Sheffield City Council: Core Service Grant - Substance misuse treatment and recovery	74,655	141,605	(128,735)	-	87,525
The British and Foreign School Society: Greater Reach, Brighter Futures	8,066	28,227	(24,257)	-	12,036
Hardship fund	198	-	(198)	-	-
Paul Hamlyn Foundation: Staff Wellbeing	12,028	-	(1,843)	-	10,185
Paul Hamlyn Foundation: Young Carers National Voice	17,986	-	(18,455)	469	-
NHS South Yorkshire: Winter Pressures Project Funding	34,000	-	(34,000)	-	-
Carers Trust: Items/activities for specific families	-	1,800	(1,800)	-	-
Postcode Neighbourhood Trust: Young People's work	-	24,313	(11,753)	-	12,560
Various: Holiday Activity Support group	-	14,500	(5,500)	-	9,000
	<b>236,194</b>	<b>639,227</b>	<b>(664,644)</b>	<b>(4,531)</b>	<b>206,246</b>

15 Transfers

From:	To:		General funds £	Designated funds £	Restricted funds £
General funds	Counselling service	To fund services	(12,500)	12,500	-
General funds	Group Work	To fund services	(23,372)	23,372	-
General funds	Transport	Set aside unrestricted grant	(3,000)	-	3,000
	Education Development		5,382		
	Young Carers National Voice		11,444		
Programme of Influence		To fund services	16,826	-	-
Programme of Influence	General funds	To fund services	7,955	7,955	(7,955)
Youth Strategic Investment Fund	General funds	To fund services	8,306	8,306	(8,306)
			<b>(22,611)</b>	<b>19,611</b>	<b>3,000</b>

**16 Net assets by fund**

	General funds £	Designated funds £	Restricted funds £	Total 2025 £
Net current assets	166,779	138,539	124,065	429,383
	<b>166,779</b>	<b>138,539</b>	<b>124,065</b>	<b>429,383</b>
	General funds £	Designated funds £	Restricted funds £	Total 2024 £
Net current assets	192,027	206,397	206,246	604,670
	<b>192,027</b>	<b>206,397</b>	<b>206,246</b>	<b>604,670</b>

**17 Operating lease commitments**

As at 31 March 2025 the charity was committed to making the following payments under non-cancellable operating leases as follows:

	2025 £	2024 £
Payable within 1 year	6,115	3,531
Payable between 1-5 years	1,120	2,843
	<b>7,235</b>	<b>6,374</b>

**18 Related party transactions**

There have been no other related party transactions during the year other than those included in note 9.

**19 Statement of financial activities - prior year comparative**

	General funds £	Designated funds £	Restricted funds £	Total 2025 £	General funds £	Designated funds £	Restricted funds £	Total 2024 £
<b>Income from:</b>								
Donations and grants	33,346	33,000	6,475	72,821	40,554	150,000	500	191,054
Charitable activities	19,268	645	552,302	572,215	5,330	254	638,727	644,311
Other - access to work	900	-	-	900	14,382	-	-	14,382
Investments	643	-	-	643	606	-	-	606
<b>Total income</b>	<b>54,157</b>	<b>33,645</b>	<b>558,777</b>	<b>646,579</b>	<b>60,872</b>	<b>150,254</b>	<b>639,227</b>	<b>850,353</b>
<b>Expenditure on:</b>								
Fundraising activities	31,225	2,975	32,663	66,863	4,467	-	62,497	66,964
Charitable activities	25,569	118,139	611,295	755,003	37,944	73,562	602,147	713,653
<b>Total expenditure</b>	<b>56,794</b>	<b>121,114</b>	<b>643,958</b>	<b>821,866</b>	<b>42,411</b>	<b>73,562</b>	<b>664,644</b>	<b>780,617</b>
<b>Net income/(expenditure)</b>	<b>(2,637)</b>	<b>(87,469)</b>	<b>(85,181)</b>	<b>(175,287)</b>	<b>18,461</b>	<b>76,692</b>	<b>(25,417)</b>	<b>69,736</b>
Transfers between funds	(22,611)	19,611	3,000	-	(18,002)	22,533	(4,531)	-
<b>Net movement in funds</b>	<b>(25,248)</b>	<b>(67,858)</b>	<b>(82,181)</b>	<b>(175,287)</b>	<b>459</b>	<b>99,225</b>	<b>(29,948)</b>	<b>69,736</b>
Total funds brought forward	192,027	206,397	206,246	604,670	191,568	107,172	236,194	534,934
<b>Total funds carried forward</b>	<b>166,779</b>	<b>138,539</b>	<b>124,065</b>	<b>429,383</b>	<b>192,027</b>	<b>206,397</b>	<b>206,246</b>	<b>604,670</b>