

Registered Charity Number: 1140105  
Company Number: 07461229



**Sheffield Young Carers Project**

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**For the year ended 31 March 2024**

# Sheffield Young Carers Project

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**Sheffield Young Carers Project**  
**Legal and administrative information**  
**For the year ended 31 March 2024**

**Trustees**

Rosie Valerio

Lynda Gill

David Stockdale

Steven Brookfield

Sara Rehman

Samantha Pilkington

Elizabeth Close

Resigned 8 February 2024

Thomas Atkin-Withers

Richard Ross

Appointed 8 February 2024

**Key management**

Sara Gowen

Managing Director

Until 31 March 2024

Joint CEO

From 1 April 2024

Laura Selby

Joint CEO

From 1 April 2024

**Charity number**

1140105

**Company number**

07461229

**Principal address**

Unit R7B Riverside Block

Sheaf Bank Business Park

20 Prospect Road

Sheffield

S2 3EN

**Accountants**

Seven Hills Accountants Limited

57 Burton Street

Sheffield

S6 2HH

**Sheffield Young Carers**  
**Trustees' annual report**  
**For the year ended 31 March 2024**

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2024 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

**Our vision, values, mission and strategic objectives**

Sheffield Young Carers Project (SYC) is the only dedicated service for young people with caring responsibilities and/or impacted by familial substance misuse in the city. Our vision is **'to work with young people to make a difference for life'**. Young people are always at the heart of what we do: our service model is rights-based and needs-led, helping us to identify, engage and support young carers and young people affected by familial substance misuse. We have an excellent reputation for high-quality service delivery and effective awareness-raising work. But we want to do more. We want to **make a difference for life for all young carers and young people affected by familial substance misuse**.

Since April 2019, we have been funded to support young people affected by familial substance misuse. We reviewed our values and mission in 2022 to ensure our service meets the needs of all the young people we support. Many young people affected by familial substance misuse have also been young carers as part of their lived experience. However, we have adapted our values and our service to ensure that we provide a high quality and relevant support around the issues of substance misuse, its impact on young people and families, as well as linking strategically into meetings and networks around substance misuse issues in Sheffield. In 2022, we received additional funding from the Office for Health Improvements and Disparities, through Sheffield City Council, to further develop our work including delivering the M-PACT programme for families (see below). This programme will run until March 2025.

**SYC reviewed its Strategic Vision in 2022, establishing a new plan for 2023-28. The reviewed and revised values, mission and objectives are outlined below.**

**SYC values are:**

- **Inclusion:** we welcome and involve everyone, and challenge discrimination
- **Innovation:** we reflect and change to always do the best we can
- **Inspiration:** we share our expertise and energy to inspire positive change
- **Impact:** we see and nurture potential to make lasting change

**SYC's Mission, we will:**

1. Promote the needs and rights of children and young people who are carers and/or impacted by familial substance misuse.
2. Involve and inspire children and young people, families and the wider community to create lasting change.
3. Challenge discrimination and oppression, and advocate for the rights of individuals and oppressed groups.
4. Learn from, develop and share best practice to continually improve our service.
5. Enable others to improve the lives of children and young people who are carers and/or impacted by familial substance misuse.

**SYC's strategic objectives 2023-28**

**Our objectives explain how we will work to meet our vision and mission, We will:**

1. Our young people's participation and voice at the heart of all we do.
2. Use a whole family approach to improve the social inclusion, educational and employment opportunities, emotional and physical wellbeing.
3. Raise awareness and enable others to identify and support children and young people who are carers and/or impacted by familial substance misuse.
4. Work in partnership with others to embed long term change for children and young people who are carers and/or impacted by familial substance misuse.
5. Continue to improve and innovate whilst maintaining quality, strategic direction and financial stability.

**Public benefit**

Children and young people aged 8 to 25 in Sheffield are enabled to access age-appropriate respite and breaks/activities that includes recreation and support that builds self-confidence and resilience. These promote opportunities for young people to reach their full potential through equal access to education, social and career opportunities.

We actively seek to provide a high-quality service to those young people and their families who may have previously been socially and financially excluded. We facilitate young people being personally empowered as individuals and groups so that they actively participate in the planning, delivery and evaluation of Sheffield Young Carers and its activities.

In shaping our objectives for the year and planning our activities the trustees have given careful consideration to the Charity Commission's public benefit guidance.

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**Trustees' annual report - continued**  
**For the year ended 31 March 2024**

**Progress towards our vision**

Our work with young people and families has enabled us to make a number of significant steps towards our long-term strategic plan. For example:

- In 2023-24 young carers from our Action Group and Young Carers National Voice campaigned for their rights to be recognised during hospital discharge and worked with Paul Blomfield MP and the House of Lords to ensure that this was written into law in the new Health and Care Act.
- We've continued to develop **our research skills and expertise** this year too, recognising where we can play our part as an expert practitioner and help to effect change on the ground for young carers and their families. The **REBIAS-YC research project with the London School of Economics** into how young carers access support and the gaps in provision has been completed and the **findings were produced as an [animation](#) with the Young Carers Research Advisory Group**. REBIAS II started in February 2024 as a direct result of evidence from the finding – this national research project is looking at the whole family approach and the identification of young carers.
- **International work:** a new and growing area of influence for us. We continue to develop our links with Japan and hosted a visit from young adult carers and researchers in February 2024. We have presented two online seminars on SYC's work with young people and our whole family approach. We continue to develop links with young carers services in Europe and further afield.

**Activities and performance**

The main areas of charitable activity are the provision of support groups, individual sessions, advice and information, family support, training and awareness work including outreach work in schools and other organisations where young people who are carers and/or impacted by familial substance misuse can be identified and supported. For the financial year 2023-24, our activities are set out below.

**[Support for young people:](#)** Flexible and responsive support for young carers and young people affected by familial substance misuse aged 8-25 across Sheffield to provide respite and build resilience and confidence. Young people are offered one year of support which includes:

- A referral call to introduce ourselves and the service
- Between 4-6 one-to-one sessions, in school if possible, based on needs and interests of young person
- A minimum of one term of evening groups\*. Each term's programme is planned around the needs identified by the group members that term.
- Access to school holiday activities for one year, including trips and fun events for the whole family
- Training and participation opportunities
- Advocacy and case working
- Signposting and referrals where appropriate (including access to counselling)
- Opportunities to stay engaged with the project after the core year of support has finished.

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**SYC groups\*** We offer weekly evening groups for 8-12 year olds and 12-16 year olds:

- We run two 8-12 year old groups (one in north Sheffield, one in south Sheffield) and we provide transport for these.
- Our 12-16 group takes place in the city centre and we reimburse travel costs for young people making their own way to and from this group.

We run a monthly group for 16-25 year olds that takes place in various locations and we reimburse young people's travel costs to get to and from this group.

**Current funders:** *Sheffield City Council, Children in Need, National Lottery Community Fund, Henry Smith.*

**Counselling service: Free To Be You:** We have commissioned a counselling service that we buy in – staff can make referrals directly to the service and young people get 8 sessions of therapeutic support (with potential for extension if young people/the counsellor feel there is a need and we have funding available). **Current funders:** *Community fundraising*

**Family Project:** This project is available to families where there is a young person providing care. Families receive on year of support including:

- Intensive one-to-one support of up to 12 sessions, with the aim of reducing the caring that the young person is doing and improving life for the whole family.
- Support on a wide range of issues including re-engaging into substance misuse or mental health services, housing issues, budgeting, access to small pots of funding, training around parenting, and help with overcoming conflict in the family.
- Our parent networking events to meet other adults in similar situations to share experiences and have respite from home. Transport to/from these events provided where needed.
- Our group work sessions for parents to build confidence and develop their skills.

We can also support parents into activities and support in their local areas as our provision is ending.

**Current funder:** *National Lottery Community Fund*

**M-PACT: Moving Parents and Children Together Programme:** This is a groupwork programme which aims to improve the well-being of children/young people (ages 8-17) and families who have been affected by parental substance misuse. It is a whole family, multi-family, structured brief intervention, which uses psychosocial, educational and systematic approach.

The 10 session programme of support is designed to help families address areas including communication and coping strategies, as well as educating family members on what addiction is and the impact it has.

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Support includes:

- **8 core groups** sessions that families attend together
- **A family review session**, where ongoing support needs will be identified
- **A 12 week reunion**. A chance to check in with families and address any ongoing or emerging issues, and for families to participate in a fun activity together.

**Current funders:** *Sheffield City Council*

**SYC Action Group**: The Action Group is for young people aged 12-25 who have been members of SYC within the last year and want to be more involved in running SYC. The Action Group offer includes:

- Access to training courses, group project sessions, external voice and influence opportunities and accreditation
- Consultation and involvement from elected reps from 8-12 year olds groups
- Members can be part of the group for up to two years.

**Current funders:** *BBC Children in Need*

**SYC Activity Fund**: An alternative to SYC service – not available for people in SYC/on the SYC waiting list

- Up to £300 to give individual or groups of young carers a break from their caring role
- Individual grants also available for young people impacted by family substance misuse
- SYC administers the Young Carers Activity Fund on behalf of SCC

**Current funders:** *Sheffield City Council*

**Development and Strategic Work**: SYC work city-wide to ensure good quality support is available to young carers and young people affected by substance misuse in their families, both on a strategic and operational level:

- We provide information, training and resources to young people and professionals in all fields. This includes a [free CPD certified e-learning module](#) available to practitioners across the city and multi-agency training three times a year.
- We coordinate a [schools' network](#) to support local schools to develop best practice. Our Education Development Worker also supports education professionals across the city to identify and support young carers.
- We have a [resource bank](#) on our website for young people, families and practitioners, organised by topics (e.g. bereavement, cancer, mental health etc)
- We are active members on a range of strategic boards and networks working to influence policy and practice in order to improve the lives of young carers and young people affected by substance misuse in their families city-wide.
- We participate and co-lead a number of research projects. Currently we are Co-Lead on REBIAS-YC, a national research project into how young carers and their families access appropriate services.



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**Current funders:** *Sheffield City Council, Paul Hamlyn Foundation, British and Foreign Schools Society, National Institute of Health Research, our own fundraising through sponsorship, events and donations*

**Fundraising and PR:** SYC aims to raise the profile of young carers and young people affected by substance misuse in their families by generating PR opportunities where possible. We also work hard to ensure the organisation has enough money to continue its work, through both grants and community / corporate fundraising.

**Administration:** SYC has a team of administrators who support the other staff in their roles and ensure the organisation's monitoring, finances and reporting are all maintained accurately.

**Evidencing impact and need**

Over the last year, we have continued to develop the methods and techniques for measuring the impact of our work. This has included development of our monitoring tool, My Life My Journey to reflect changes in our service. We have undertaken surveys with key stakeholders including young people, families, staff and professional partners:

*"I'd like to say thank you to all the staff we work with from SYC. They always go above and beyond.... outstanding service. Well done to all!!!"*

*"I think it is an amazing organisation that does really good work with our children who find themselves being carers"*

*"Please advertise your successes more."*

In addition, we continue to take part in research and consultation work – feeding in the views of our young people into local and national surveys. We have continued our links with the London School of Economics, undertaking national research funded by the National Institute for Health Research. We have also worked with Gloucestershire Young Carers and University of Gloucester on a research project into the ethics of using lived experience as part of training and awareness work.

**Young people at the heart of all we do**

Sheffield Young Carers is **young-person led and responsive**. We work city-wide with all communities across Sheffield and we have a very strong ethos of participation. We regularly consult young people and adults to gather and test new ideas and, as well as the support we provide to young people and families, we always try to involve them in the ongoing development and delivery of our service. Young people attend and contribute to our annual strategic away day and young people and their families also:

- participate in evaluation event
- receive training and support so that they can play an active role in the recruitment of staff
- provide verbal and written feedback on all aspects of our service using our bespoke monitoring and evaluation tool
- participate in our stakeholder surveys.

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We also work hard to ensure that young carers' voices are heard, both locally and nationally. We do this by facilitating opportunities for young people, as well as representing young people who are carers and/or impacted by familial substance misuse on a wide range of local and national networks and working groups, e.g. Sheffield's Hidden Harm Implementation Group and Sheffield Children's Safeguarding Partnership.

**Action Group** is our young people's voice and influence group for members of our service who want to advocate for young people within our service and beyond. Members get access to training courses, group project sessions, external voice and influence opportunities and accreditation. Our Action Group plays a critical role in our awareness raising and influencing work by engaging in external reviews and consultations, informing the city's action plan for young carers, and formulating recommendations for local councillors, MPs and government.

In 2023-24 one notable success has been influencing parliament to enshrine young carers rights to hospital discharge in the new Health and Care Act. Action Group gave views about what should be included for young carers at hospital discharge, co-produced the new Carers Passports that have now been launched by Sheffield Teaching Hospitals, and gave their views about the carers pages on the website.

**Young Carers National Voice**, we have continued to coordinate this national network and employ the national coordinator, funded by Paul Hamlyn Foundation. It is a group for young carers from across the country to come together and campaign collectively on issues that are important to them. There are now young carers from 26 young carers services across England engaged in the network. In 2023-24 the young people chose to campaign and raise awareness to improve mental health of young carers. They undertook training on understanding campaigning and how to plan campaigns. YCNV created a video evidence submission for the first All Party Parliamentary Group (APPG) inquiry into young carers and young carers and made a video about YCNV to encourage other young people and organisations to join. As part of their campaign YCNV wrote a letter to Health ministers to ask for a meeting, and contacted celebrities and influencers to encourage them to raise awareness about young carers.

**Impact of our work**

One of our main aims is to reduce the impact of caring on young lives. We have achieved this within the year in a number of ways. Looking at the outcomes for young carers and families, we are able to evidence the different ways that the impact has been reduced from increased confidence and wellbeing to increased skills and access to support at schools and in other services. However, this has been another difficult year for young carers and their families, we have recorded lower levels of progress and impact for many young carers as they have continued to face increased caring responsibilities within the pandemic, with the consequent impact on their emotional well-being.

**The support that we offer at SYC is tailored to young people's needs.** During their time with us, every young person is supported to complete 'My Life, My Journey', our bespoke monitoring tool. Our tool includes a series of outcome measures which each young person rates themselves against and a number of key questions which allow our support workers to get to know them better. Each young person is also encouraged to set a personal goal: something that they would like to achieve with our help and support. We use a similar monitoring star tool with cared for parents supported through the Family Project.

**The three domains where most progress was reported were:**

- Close to goals: 84% say they feel closer to their goals since joining SYC
- Feel confident: 73% say they feel more confident since joining SYC
- Happy / proud: 72% say they feel happier / more proud of being a young carer since joining SYC

**The three domains where least progress was reported were:**

- Have the info / skills I need: 54.7% say their information and skills have improved since joining SYC
- I can spend time doing what I want to do: 57.3% felt more able to spend time doing what they wanted to do since joining SYC.
- Understand family's illness: 57.5% say their understanding of their family's illness has improved since joining SYC.

**The impact of SYC's direct work with young people. In 2023/24 we:**

- 📚 Provided **216** young people with practical and emotional support.
- 📚 Delivered **842** confidential one-to-one sessions to 169 young people
- 📚 Delivered **89** group sessions attended by 71 young people
- 📚 Ran **19** holiday activities, including climbing, ice skating, alpaca walking and producing our own radio plays, attended by 101 young people.
- 📚 Provided counselling support, through our partner Free to Be You to **41** young people.
- 📚 Our Annual General Meeting was attended by **32** guests, hosted by **4** members of Action group who also presented the SYC Quiz to highlight some of the statistics and events covered in the annual Impact Report.

**Impact of SYC's Family Project**

In our survey of families supported by the Family project, key themes to emerge were:

**Reduced isolation** *"made me feel included", "brought us together... now we have a network of disabled friends" "meet new people who know how hard life is with a disability" "I go out more now than ever before" "I feel less alone in my experience"*

**Increased confidence** *"feel more confident" "Increased confidence in myself as a parent" "helped me to find my voice and take control of my life again"*








**Improved family relationships** *"helped me connect with my family more" "it's helped us bond more"*

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**Increased knowledge** *"in talking to each other we were able to find out about what others had learnt, about different medical help available, conditions that my symptoms fit with" "we have formed friendship, knowledge and confidence"*

**Practical help** *"Specific targeted work when dealing with various systems has been invaluable tool!" "Helped start decluttering our house" "Accompanied me to meetings" "got me a laptop so I could do my college work from home" "funding of a phone what was important for monitoring my son's health conditions" "find me bedroom furniture and collect it"*

**In 2023/24, we**

-  Provided support to **154 families**.
-  Referred **22 families** to a range of support including counselling, foodbanks, housing and employment support.
-  Supported **26 families** with benefit applications and appeals and funding applications.
-  Secured beds and white goods for **26 families**, via BBC Children In Need's Emergency Essentials funding programme.
-  Secured a much-needed holiday for **16 families**, via the Family Holiday Association.
-  Supported **16 families** through SYC's own Hardship Fund.
-  Secured more than **£25,000** in additional benefits and one-off grants




**Our one-to-one support for families**

Last year we were able to provide Family Project support to **154 families**. We contacted **43 new families**, who took up our full service offer (a combination of intensive one-to-one support, formal group work and informal social activities). The ongoing Cost of Living crisis and extreme pressure on services, including long waiting lists, have had a major impact on the families we supported, with increases in stress, food poverty, isolation and anxiety.

**Our group work programme**

As well as providing intensive one-to-one support to families, last year we provided parent networking events and a bespoke online group work programme for adults being cared for by a young carer (also known as 'cared-for people').

**In 2023/24, we:**

-  Delivered **12 group sessions** for cared-for parents, including: a **first aid workshop** run by The Red Cross; **being an anti-racist parent**; and five Parent Networking Events including an **Ethel Barge trip** and **International Women's Day event**: parents created an artwork for SYC's exhibition with Pete McKee at **Weston Park Museum**.
-  **Enrolled seven cared-for parents** on the Level 2 Holistic Therapy Course at the Learning Curve training centre.
-  Continued to coordinate our ever-popular **WhatsApp group for families**, to allow us to share informal information and families to share ideas and offer one another invaluable peer support.

### Impact of our education work

In 2023/24, we have seen an increase in membership of our Schools Network to 122, a College Network with three colleges and the third year of the **Greater Reach, Brighter Futures (GRBF)** project.

The focus of GRBF during Year Three has been:

- **developing key resources** including our Young Carers Lead in Schools Pack.
- **Delivered whole day staff training** delivered to 300 members of staff on identifying and supporting young carers in school and **lead staff training** to 8 members from 6 schools.
- In September toured with Rab Ferguson, author of the Late Crew, to all 6 GRBF schools to deliver a special assembly about the book which features young carers. About 1,550 children plus school staff attended on total. Created a real buzz, with lots of positive comments from children and staff. A very positive way to start the project and celebrate young carers.
- Created a training presentation on **supporting young carers into Higher Education**.
- Ongoing gathering of data from all providers to highlight impact of supporting young carers in education.

### Impact of our training and awareness work

Our E-Learning course 'Young Carers: Identifying and supporting young people with caring responsibilities in Sheffield' was completed by 153 learners successfully completed the course this year. 97% rate the course as 'excellent'.

Selection of quotes from learner feedback.

*"I think the training is brilliant"*

*"I have increased confidence and I recognise the struggles of a young carer also the links have been good for awareness"*

100 professionals took part in the **multi-agency training** we co-deliver with a young adult care and Sheffield Carers Centre. The course, 'Understanding Carers Needs' was attended by professionals from education, health and social care and across public and voluntary sector. Feedback from the training was very positive: 100% stated they would recommend the training to colleagues and 95% scored the training as excellent or very good. 95% stated they would make changes to their practice as a result of the training.

*"This training was brilliant and very powerful using the young carers voices really makes you think about the whole situation"*

*"I have really enjoyed this training. I feel more empowered now to make a difference. thank you"*

### Ensuring regular feedback and evaluation

As well as working closely with young people and their families to ensure that our work remains relevant and effective and reflects their needs and wishes, **we regularly consult our staff, trustees and volunteers, and the professionals that we work with throughout Sheffield**, to ensure that all parts of our community are involved in our work. In 2023-24, we conducted surveys with young people, families and stakeholders. The findings from the surveys were fed into our strategic planning cycle, informing development and delivery of our service.

### Strategic development and awareness raising

As well as providing direct support to young carers and their families, **we have also worked hard this year to provide a wide range of professionals with the information, support and skills that they need to identify and support young carers within their own settings**. As well as our routine casework with young people's schools, colleges and workplaces, their social workers and any health professionals who are working with their families etc., we have provided training and advice to more than **120 organisations** (including health services, education providers and the local voluntary sector) and **more than 740 professionals**, including social work students, trainee nurses, safeguarding officers and post-16 PGCE students. We have also provided advice, training and resources to more than 120 schools and alternative education providers, who belong to our Schools Network.

Given that many young carers are hidden from view, **it is very hard to develop an accurate picture of the number of young carers who are being supported by other professionals and organisations in Sheffield**. Even those we ask directly are often unable to specify exactly how many young carers attend their school or belong to their GP practice, for example. Over the past year, however, we have continued working closely with Sheffield City Council, to build up the **Young Carers Register** for the city. The register is slowly building up but SYC remains as the main source of information.

We have also followed up the review of the young carers assessment in 2021-22 by working with the City Council to develop an options paper on how to ensure young carers' rights are being met within Sheffield in 2022-23. In 2023-24 we continued this work to ensure that young carers receive their statutory rights. The young carers assessment service will be held within Sheffield City Council's SNIPS (Special Needs Inclusion Play/Care Service). We will work with them in 2024-25 to ensure improved access for young carers to an assessment, action plan and review, in particular at the key points of transition in their lives.

Our strategic and awareness raising work is critical because, **ultimately, we want everyone in Sheffield to 'think young carer' and to understand (and where possible, prevent) the significant impact that caring responsibilities can have on a young person's emotional wellbeing, as well as their life chances**.

### **SYC's partnerships and networks**

SYC has participated in a wide range of partnerships, networks and forums to ensure young people who are carers and/or impacted by familial substance misuse are fully included in service planning across the city and beyond. Examples include:

- **Local VCS partnerships** with Sheffield Carers Centre, The Corner, VCS Leaders Forum, Synergy, Children and Young People's Partnership Network.
- **Local public sector partnership work** with the Children's Safeguarding Partnership, Family Intervention Service/Social Care, Sheffield Health and Social Care Trust, Sheffield Teaching Hospitals Trust and Sheffield Health and Social Care Partnership, including working with the Carers Lead as part of the Integrated Care System.
- **Local cross-sector partnerships work** with the Hidden Harm Implementation Group, Substance Misuse Operational Group (SMOG), Alcohol Strategy Steering Group, Sheffield Children's Safeguarding Partnership Executive Group.
- **Regional partnership work** with young carers services in Barnsley, Rotherham and Doncaster. This new regional network is now meeting regularly and sharing representation on the Integrated Care Board's (ICB) Unpaid Carers Network – a multi-agency network working to ensure that the NHS commitment to carers action plan is implemented with South Yorkshire.
- **National partnership work** with the Carers Trust, Young Carers Alliance and a lead role in co-ordinating the Young Carers National Voice. SYC continues to play an important role in the work of the All Party-Parliamentary Group on Young Carers and Young Adult Carers. Our CEO, Sara Gowen, was invited to be a key note speaker at the inaugural Young Carers Alliance conference in Manchester, bringing the perspective of a local delivery service to the national agenda.
- **International work:** We continue to grow this area of influence. SYC continued to develop relations with Japanese colleagues, including delivering a presentation to an online symposium of social care professionals and researchers in Japan on whole family support and young carers. We welcomed a Japanese journalist from Asahi Shimbun national newspaper, she met with young people, families and staff. There are several articles on the website and in print.

This is not an exhaustive list and we have worked collaboratively with a number of statutory and voluntary sector agencies within the city and across the UK.

## Research

SYC continues to develop its skills and expertise in the field of research, recognising where we can play a part as an expert practitioner in the development and delivery of research projects which can effect change on the ground for young carers and their families. The **two main areas of research in 2023-24** were:

1. Completion of the REBIAS-YC research project with the London School of Economics (LSE) into **how young carers access support** and the gaps in provision. This including developing an animation of the research findings with the young carers research advisory group.
2. **Ethics of young carers being co-trainers** and presenting their personal stories with the University of Gloucester and Gloucestershire Young Carers.

Findings from both of the above research projects were presented at the International Young carers Conference in Manchester in May 2024.

LSE and SYC have secured further National Institute for Health Research (NIHR) for REBIAS II which picks up on the research findings about the lack of whole family working to support young carers identification and support. This 2.5 year research project started in February 2024 and SYC is leading on public involvement, in particularly coordinating the Young Cares Research Advisory Group and the Parents Research Advisory Group.

## Learning from stakeholders

In 2023, we conducted a range of surveys of stakeholders, including families and external partners.

*"It has made an incalculable difference in our lives. Specifically, I'm very, very thankful for the emotional and practical support."*

*"Feeling like a stronger mother mentally for my girls."*

*"My children have benefited from the growth in my sense of self-worth."*

### Quotes from parents supported through our Family Project

The results from the survey of external partners and referrers were overall very positive with **100% expressing confidence** in referring others to SYC. **93% rate the quality** of SYC support to young people and to families as excellent or very good, **89% rate the quality of SYC support to organisations** as excellent or very good and **82% rate the support to others to help them to identify** young carers and young people affected by drug or alcohol issues in their family, as excellent or very good. Several respondents took the opportunity to leave very positive feedback here, for example *"keep up the brilliant work for these unsung heroes of today's society"*, *"always found the team to be really enthusiastic and supportive"* and *"An amazing organisation"*.



### **Financial review**

The results for the year ended 31 March 2024 are shown on the accompanying financial statements.

We entered the financial year 2023-24 with the majority of funding secured and plans in place to secure additional grants and donations. Successful funding applications ensured that we were fully funded during the year. There are no uncertainties about the Charity continuing to operate in 2024-5 and beyond.

Designated funds, including the remaining Paul Hamlyn Foundation investment, have been allocated according to any funding requirements and to meet the strategic objectives of the charity. For example, the Paul Hamlyn Foundation designated funds will part fund our Programme of Influence (Action Group and YCNV) since some restricted funding streams have ended, and the Worshipful Company of Pewterers funding has been allocated to education development work. The allocation of any further designated funds will be in accordance with our Reserves Policy (see below).

### Reserves Policy

The trustees review the reserves annually. This year the Board of Trustees considered the additional risk of the ongoing cost of living crisis in preparing SYC's reserves policy, plus the ongoing need to ensure sustainable funding for the continuation of SYC's work.

The Board agreed a minimum reserve level to cover potential project closure costs and funds be used for development purposes, including the possible recruitment of new staff, as well as a contingency for the ending of grants if we are unable to secure any further grant funding in the year. This need for a sustainability reserve is important as the competition for charitable trust funding and other grants is increasing.

The Board agreed that the reserves target at 31 March 2024 needs to be between £150,000 and £200,000 (not including designated funds). As at 31 March 2024 the Charity held free reserves of £192,027 (these are general funds not including fixed assets) (2023: £190,695). The Board of Trustees determined that year end free reserves are within policy, and opportunities are taken to generate unrestricted reserves and this policy will be reviewed annually.

In addition to free reserves, the charity held £206,397 of designated funds to be spent on specific projects (2023: £107,172). Restricted funds held at the year end were £206,246 (2023: £236,194).

### **Future plans**

We have worked hand-in-hand with young people for 27 years, carrying out meaningful research, developing effective services, and amplifying the voice of young carers and young people affected by familial substance misuse in Sheffield and beyond. We want to turn our learning into practice by making sure that local and national policies are not only in place but are also being implemented effectively on the ground. We believe that this is the only way to ensure that every young person - regardless of age, postcode or background - is identified and supported as soon as possible, to help prevent early childhood experiences from having a negative, long-lasting impact on the rest of their lives.

We undertook a review of our current strategic plan, including our mission and values, setting out a new 5-year vision. We set yearly targets and review these as part of our annual strategic planning event.

### **In 2024-5, in order to achieve our mission, we will:**

#### **Deliver a flexible service to meet the needs of each young person and their family with 80% seeing an improvement or change:**

1. Undertake a review of the young people's service to evaluate and develop our delivery model.
2. Produce an introductory film about our groups and group venues to help reduce anxieties or concerns about attending our group work programme.

Measures to include production of film and feedback, whole service review report and recommendations, with 80% measured through outcome monitoring star and qualitative feedback.

#### **Improve the ability of 50 organisations within Sheffield to identify and provide better support to young people and families, with 80% reporting a change to their practice and improved understanding.** In addition to the ongoing training offer (multi-agency and e-learning), we will:

1. Develop resources to support professionals to identify young carers, including a list of simple questions that services can ask parents/guardians and a top tips video for how to ask young people.
2. Develop our relationship with Early Help with a focus on Family Hubs/Centres to increase identification and support for young people and families impacted by caring responsibilities and familial substance misuse.

Measures include development of resources, quantitative analysis of referrals/ work with Family Centres and no. of organisations reporting change through feedback from training courses and stakeholder surveys.

**Influence 5 decision-makers to take action by working with 2 national alliances/ partnerships and 12 local alliances/ partnerships:**

1. Engage with Sheffield's newly- and re-elected MPs to collaborate on opportunities for young carers rights to be enshrined in law and for the legislation to be implemented.
2. Develop our relationship with Ryegate and Community Learning Disability teams to include a Young Carers Lead in all teams and take up of e-learning module for staff induction and CPD.
3. Work with one Multi-Academy Trust to deliver an intensive education programme.

Measures include evidence from individuals and agencies we have engaged with, campaigns (including materials), e-learning take-up and feedback, and stakeholder survey feedback.

**Improve and develop our service through an organisation wide inclusion review leading to more diverse service provision with 1 community currently underserved receiving an improved service:**

1. Train staff in, and review impact of, using translations services/apps to address language as a barrier to our service, including Language Line and web translation of resources.
2. Investigate barriers to men and boys engagement with our service, using our national and research contacts plus links with men and boys groups in Sheffield.
3. Develop our contacts with and referrals from the Roma community building on relationships with schools developed as part of Greater Reach Brighter Futures Project.

Measures include annual data from referrals, surveys (stakeholder, family and young people) and activities, adding a comparison with city-wide data.

**Continue to improve and innovate in the evaluation of our service leading to improved measurement of the lasting impact of our work with young people and families, by collecting and analysing data:**

1. Build up our impact by ensuring data and feedback we receive from young people, families and stakeholders are part of our whole service review (see Point 1 above).
2. Provide anonymous feedback boxes at our groups (young people and families).

Measures include evidence of feedback loop and data from anonymous feedback.

All of the above will be done with the active participation of SYC's Young Carers Action Group, Young Carers National Voice and our Parent Advisors.

**Sheffield Young Carers Project**  
**Trustees' annual report - continued**  
**For the year ended 31 March 2024**

**Structure, governance and management**

Sheffield Young Carers Project was incorporated on 6 December 2010 and registered as a charity on 28 January 2011 and is governed by its Memorandum and Articles of Association. Its legal status is that of a company limited by guarantee (Company No. 7461229) and a registered charity (Charity No. 1140105). It has no share capital and the liability of each member in the event of winding up is limited to £1.

The Charity is governed by its constitution. The objects of the charity is:

The relief of young carers\*, without distinction of sex, sexual orientation, nationality, ethnic or national origins, race colour, disability, political or religious beliefs by associating the local authorities, voluntary and other organisations and the local inhabitants in a common effort to:

- provide facilities in the interest of social welfare for the recreation and other leisure time occupation with the objects of improving their conditions of life
- advance the education of those persons in particular but not exclusively by the provision of counselling, advocacy and information services
- promote such other charitable purposes as may from time to time determined

\*Young carers being defined as persons up to 21 years of age whose lives are affected in some way because of the need to care for someone at home

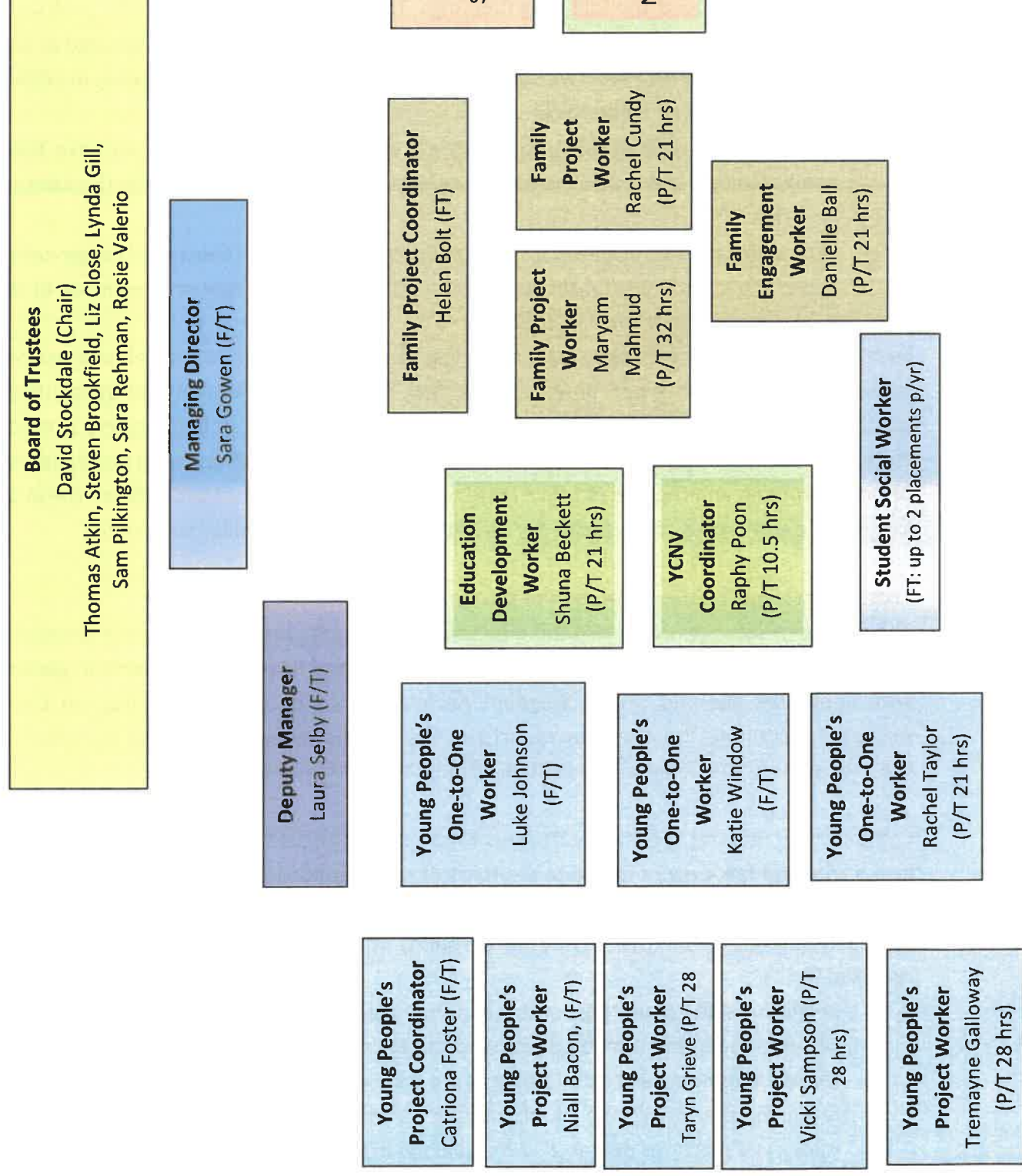
**Recruitment and support of trustees**

Overall management of the Charity is the responsibility of the Trustee Directors who are elected and co-opted under the terms of the Memorandum and Articles of Association.

The Board of Trustees are recruited, inducted and trained under the Appointment of Trustees Policy. All trustees undertake basic safeguarding training and a DBS check every three years. Safeguarding training is also provided to the whole Board by SYC's designated safeguarding lead. Trustees stand for a three-year period and can stand for re-election. The trustees are re-elected at the annual general meeting.

Day to day project activity is carried out by staff and volunteers.

## Sheffield Young Carers Organisational and Staffing Structure – 2023-24



**Sheffield Young Carers Project**  
**Trustees' annual report - continued**  
**For the year ended 31 March 2024**

**Investment policy**

The trustees have considered the most appropriate policy for investing funds subject to the overriding requirement of maintaining liquidity of funds.

**Risk management**

The Board of Trustees oversees a risk register, which is reviewed every two months at the Board meetings. The risk register uses a RAG rating to highlight any particular risks with the actions recorded and reviewed at the following meetings. The main risks identified in 2023-24 were:

- Loss of project funding: all funding that was due to end in 2023-24 was secured or covered by underspend. However, we have a number of grants that need renewing in 2024-25 so this will remain an amber risk.
- Managing the waiting list: this is ongoing issue, to ameliorate risk we have taken on additional staff but a 20% increase in referrals year on year means that this continue to be a risk.
- Staff wellbeing and sickness: we have mitigated the risk from short- and longer-term staff illness though training up sessional staff and recruiting an additional member of staff to the Young People's Team in 2023-24.

To mitigate the additional risk in relation to the Covid19 pandemic, we developed operational levels (red, amber and green based on National Youth Agency model) and appropriate risk assessments for all activities, staff and office functions, including online delivery protocol for working with children and vulnerable adults. We also reviewed our IT and data protection in light of home-working and the use of office laptops/equipment outside of SYC offices. These are no longer in operation but are available for any future pandemic or similar emergency.

**Trustees' responsibilities in relation to the financial statements**

The charity trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

**Sheffield Young Carers Project**  
**Trustees' annual report - continued**  
**For the year ended 31 March 2024**

- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

**Small company provisions**

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The trustees declare that they have approved the trustees' report above on 7 Apr 2024 and signed on behalf of the trustees by:



David Stockdale  
Chair of Board of Trustees

## **Independent Examiner's report to the trustees of Sheffield Young Carers Project ("the Company")**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### **Independent examiner's statement**

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Sarah Lightfoot, FCA DChA  
Seven Hills Accountants Limited  
57 Burton Street  
Sheffield  
S6 2HH

Date:

13 September 2024



Sheffield Young Carers Project  
Statement of financial activities (incorporating the income and expenditure account)  
For the year ended 31 March 2024

	Notes	General funds £	Designated funds	Restricted funds £	Total 2024 £	Total 2023 £
<b>Income from:</b>						
Donations and grants	2	40,554	150,000	500	191,054	173,832
Charitable activities	3	5,330	254	638,727	644,311	640,073
Other - access to work		14,382	-	-	14,382	1,500
Investments		606	-	-	606	202
<b>Total income</b>		<b>60,872</b>	<b>150,254</b>	<b>639,227</b>	<b>850,353</b>	<b>815,607</b>
<b>Expenditure on:</b>						
Fundraising activities		4,467	-	-	4,467	3,627
Charitable activities	4	37,944	73,562	664,644	776,150	651,891
<b>Total expenditure</b>		<b>42,411</b>	<b>73,562</b>	<b>664,644</b>	<b>780,617</b>	<b>655,518</b>
<b>Net income/(expenditure)</b>		<b>18,461</b>	<b>76,692</b>	<b>(25,417)</b>	<b>69,736</b>	<b>160,089</b>
Transfers between funds	13	(18,002)	22,533	(4,531)	-	-
<b>Net movement in funds</b>		<b>459</b>	<b>99,225</b>	<b>(29,948)</b>	<b>69,736</b>	<b>160,089</b>
Total funds brought forward		191,568	107,172	236,194	534,934	374,845
<b>Total funds carried forward</b>		<b>192,027</b>	<b>206,397</b>	<b>206,246</b>	<b>604,670</b>	<b>534,934</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

A full comparative by fund can be seen in note 17.

**Sheffield Young Carers Project**  
**Balance sheet**  
**As at 31 March 2024**

	Notes	2024 £	2023 £
<b>Fixed Assets</b>			
Tangible Assets	9	-	873
<b>Current assets</b>			
Debtors	10	3,561	17,935
Cash at bank and in hand		618,034	534,513
<b>Total current assets</b>		<b>621,595</b>	<b>552,448</b>
Creditors: amounts falling due within one year	11	(16,925)	(18,387)
<b>Net current assets</b>		<b>604,670</b>	<b>534,061</b>
<b>Total assets less current liabilities</b>		<b>604,670</b>	<b>534,934</b>
Creditors: amounts falling due after more than one year		-	-
<b>Total net assets</b>		<b>604,670</b>	<b>534,934</b>
<b>Funds of the Charity</b>			
General funds		192,027	191,568
Designated funds	12	206,397	107,172
Total unrestricted funds		398,424	298,740
Restricted income funds	13	206,246	236,194
<b>Total funds</b>	14	<b>604,670</b>	<b>534,934</b>

For the year ending 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

Approved by the board on 7 August 2024 and signed on their behalf by:



David Stockdale  
Trustee

Sheffield Young Carers Project  
Statement of cashflow  
For the year ended 31 March 2024

		2024 £	2023 £
<b>Reconciliation of net expenditure to net cash flow from operating activities</b>			
Net income/(expenditure) for the year (as per the SOFA)	69,736	160,089	
Adjustments for:			
(Increase)/decrease in debtors	14,374	(16,937)	
Increase/(decrease) in creditors	(1,462)	671	
Investment income	(606)	(202)	
Depreciation	<u>873</u>	<u>1,613</u>	
<b>Cash flows from operating activities</b>			
Net cash provided by/(used in) operating activities		82,915	145,234
<b>Cash flows from investing activities</b>			
Investment income	<u>606</u>	<u>202</u>	
<b>Net cash (used in)/provided by investing activities</b>		606	202
		<u>          </u>	<u>          </u>
<b>Change in cash and cash equivalents</b>		83,521	145,436
<b>Cash and cash equivalents at the beginning of the year</b>		534,513	389,077
<b>Cash and cash equivalents at the end of the year</b>		<u><u>618,034</u></u>	<u><u>534,513</u></u>



**1 Accounting Policies - continued**

**(k) Operating lease rentals**

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

**(l) Corporation tax**

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

**(m) Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**2 Income from donations and grants**

		General funds £	Designated funds £	Restricted funds £	Total 2024 £	Total 2023 £
Funder	Project					
Paul Hamlyn Foundation	Growth Fund	-	110,000	-	110,000	100,000
Paul Hamlyn Foundation	Expert Support Package	-	30,000	-	30,000	30,000
Worshipful Company of Pewterers (The Seahorses Trust)	Development Group work	-	10,000	-	10,000	-
		-	-	-	-	5,000
		-	150,000	-	150,000	135,000
Donations		35,854	-	500	36,354	38,832
Donations in kind		4,700	-	-	4,700	-
		<b>40,554</b>	<b>150,000</b>	<b>500</b>	<b>191,054</b>	<b>173,832</b>
2023 fund split		<b>38,832</b>	<b>135,000</b>	<b>-</b>		<b>173,832</b>

**3 Income from charitable activities**

		General funds £	Designated funds £	Restricted funds £	Total 2024 £	Total 2023 £
Funder	Project					
BBC Children in Need	Action Group - 2020-2023	-	-	-	-	9,987
BBC Children in Need	Young People's Project - Support worker - 2020-2023	-	-	7,391	7,391	29,848
The National Lottery Community Fund	Family Project 3	-	-	-	-	111,719
The National Lottery Community Fund	Family Project 4	-	-	109,228	109,228	-
The National Lottery Community Fund	Today for Tomorrow Project 2	-	-	98,940	98,940	98,940
The National Lottery Community Fund - Award	8 - 12 Group work	-	-	9,809	9,809	-
The British and Foreign School Society	Greater Reach, Brighter Futures	-	-	28,227	28,227	27,754
Henry Smith Charity	Young People's Project - Support worker	-	-	34,600	34,600	17,100
NHS South Yorkshire	Winter Pressures Project Funding	-	-	-	-	34,000
Paul Hamlyn Foundation	Young Carers National Voice	-	-	-	-	25,000
Postcode Neighbourhood Trust	Young People's work	-	-	24,312	24,312	-
Sheffield City Council	Core Service Grant	-	-	168,500	168,500	168,500
Sheffield City Council	Core Service Grant - Substance misuse treatment and recovery	-	-	141,601	141,601	91,607
Carers Trust	Items/activities for specific families	-	-	1,800	1,800	640
The Freshgate Trust Foundation	Holiday Activity Support group	-	-	2,000	2,000	-
JG Graves Charitable Trust	Holiday Activity Support group	-	-	3,000	3,000	-
The Liz and Terry Bramall Foundation	Holiday Activity Support group	-	-	5,000	5,000	-
The Tramlines Trust	Holiday Activity Support group	-	-	1,000	1,000	-
Westfield Health	Holiday Activity Support group	-	-	3,000	3,000	-
		-	-	638,408	638,408	615,095
Student placement fees		2,800	-	-	2,800	2,100
Other income		2,530	254	319	3,103	22,878
		<b>5,330</b>	<b>254</b>	<b>638,727</b>	<b>644,311</b>	<b>640,073</b>
2023 fund split		<b>24,617</b>	<b>361</b>	<b>615,095</b>		<b>640,073</b>

4 Expenditure on charitable activities

	Direct Project Costs	Direct salary costs (note 6)	Support costs (note 5)	Return of unspent grant	Direct Total 2024
	£	£	£	£	£
Young People's work	62,515	265,927	162,858	9,271	491,300
Family Project	3,026	78,042	23,918	-	104,986
Action Group	6,474	1,001	2,041	-	9,516
Development	37,236	50,703	39,653	-	127,592
Activities and grants	37,535	5,089	132	-	42,756
	<u>146,786</u>	<u>400,762</u>	<u>228,602</u>	<u>9,271</u>	<u>776,150</u>

	General funds	Designated funds	Restricted funds	Total
	£	£	£	£
2024 fund split	<u>37,944</u>	<u>73,562</u>	<u>664,644</u>	<u>776,150</u>
2023 fund split	<u>28,718</u>	<u>118,468</u>	<u>504,705</u>	<u>651,891</u>

Prior year comparison

	Direct Project Costs	Direct salary costs (note 6)	Support costs (note 5)	Total 2023
	£	£	£	£
Young People's work	42,274	231,101	105,765	379,140
Family Project	15,505	81,259	21,361	118,125
Action Group	5,717	5,516	-	11,233
Development	32,834	18,578	53,621	105,033
Activities and grants	38,360	-	-	38,360
	<u>134,690</u>	<u>336,454</u>	<u>180,747</u>	<u>651,891</u>

5 Support costs

	Note	2024 £	2023 £
Support salary costs	6	144,663	115,352
Other Staff Costs		32,443	20,420
Office Costs		21,601	17,036
Premises and Utilities		23,817	20,913
Depreciation		873	1,613
Professional fees		4,408	5,007
Governance costs		797	406
		<u>228,602</u>	<u>180,747</u>

6 Staff Costs

	2024 £	2023 £
Salaries	489,609	405,943
Employer's National Insurance	42,921	36,696
Employer's Allowance	(5,000)	(5,000)
Pension costs	17,895	14,167
	<u>545,425</u>	<u>451,806</u>

The average number of employees during the period was 20 (2023: 18). No employee received emoluments of more than £60,000. Pension costs are allocated to activities and funds in proportion to the related staffing costs incurred.

7 Fees to independent examiner's organisation

	2024 £	2023 £
Fee for independent examination	<u>3,270</u>	<u>2,550</u>
Other fees paid to Independent examiner's organisation:		
Other services	<u>270</u>	<u>-</u>

**8 Trustees remuneration and expenses, and the cost of key management personnel**

The trustees were not paid or received any other benefits from employment with the charity in the year (2023: £nil). Travel expenses of £07 for 1 trustee were paid during the year (2023: travel expenses of £67 for 2 trustees were paid during the year). No other charity trustee received payment for professional or other services supplied to the charity (2023: £nil).

The key management personnel of the charity comprise the trustees and the Managing Director. The total employee benefits of the key management personnel of the charity were £51,767 (2023: £53,916).

**9 Tangible Fixed Assets**

	Computer and I.T. equipment £	Total £
<b>Cost or Valuation</b>		
As at 1 April 2023	6,453	6,453
<b>As at 31 March 2024</b>	<b>6,453</b>	<b>6,453</b>
<b>Depreciation</b>		
As at 1 April 2023	5,580	5,580
Charge this period	873	873
<b>As at 31 March 2024</b>	<b>6,453</b>	<b>6,453</b>
<b>Net Book Value</b>		
<b>As at 31 March 2024</b>	<b>-</b>	<b>-</b>
As at 31 March 2023	873	873

**10 Debtors**

	2024 £	2023 £
Trade debtors	2,370	16,937
Prepayments	1,191	998
	<b>3,561</b>	<b>17,935</b>

**11 Creditors: amounts falling due within one year**

	2024 £	2023 £
Trade creditors	886	4,462
Accruals	3,300	3,150
Other creditors	2,324	1,777
Taxation and social security	10,415	8,998
	<b>16,925</b>	<b>18,387</b>

**12 Designated funds**

	Balance at 01-Apr-23 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-24 £
Paul Hamlyn Foundation: Growth Fund	72,088	110,147	(23,956)	(65,469)	92,810
Paul Hamlyn Foundation: Expert Support Package	26,662	30,000	(25,082)	-	31,580
Hardship Fund	5,038	-	(2,979)	5,000	7,059
Group Work	3,384	107	(21,493)	18,002	-
Education Development	-	10,000	-	-	10,000
Programme of Influence	-	-	(52)	65,000	64,948
	<b>107,172</b>	<b>150,254</b>	<b>(73,562)</b>	<b>22,533</b>	<b>206,397</b>

Paul Hamlyn Foundation: Growth Fund

This unrestricted grant was received towards core funding to support strategic and operational development and growth. The trustees have chosen to designate this fund, to better identify the costs incurred for this work. The funder has agreed that the planned underspend can be spent in other ways - £65,000 has been set aside towards the Programme of Influence designated fund, and £469 has topped up the Young Carers National Voice restricted fund.

Paul Hamlyn Foundation: Expert Support Package

This unrestricted grant was received towards costs identified to realise growth plans and support organisational development. The trustees have chosen to designate this fund, to better identify the costs incurred for this work.

Hardship Fund

Money set aside to meet specific family needs, as and when required. £5,000 has been transferred in from the underspend on the Family Project 3, with permission of the funder.

Group Work

This funding was set aside to cover group work and activity costs - £18,002 of general funds has been used in the year.

Education Development

Money set aside to work with education providers to identify and support young carers. This is a continuation of our Great Reach Brighter Futures programme.

Programme of Influence

Money from the Paul Hamlyn Foundation Youth Strategic Investment Fund has been allocated to delivering voice and influence work through Action Group and Young Carers National Voice.

**Sheffield Young Carers Project**  
**Notes to the Accounts - continued**  
**For the year ended 31 March 2024**

**12 Designated funds - continued**

*Prior year comparison*

	Balance at b/fwd £	Income £	Expenditure £	Transfers £	Balance at c/fwd £
Paul Hamlyn Foundation: Growth Fund	27,349	100,169	(55,430)	-	72,088
Paul Hamlyn Foundation: Expert Support Package	19,564	30,000	(22,902)	-	26,662
Counselling support	12,880	-	(14,100)	1,220	-
Group Work	4,228	5,192	(26,036)	20,000	3,384
Hardship Fund	-	-	-	5,038	5,038
	<b>64,021</b>	<b>135,361</b>	<b>(118,468)</b>	<b>26,258</b>	<b>107,172</b>

**13 Restricted funds**

	Balance at 01-Apr-23 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-24 £
BBC Children in Need: Action Group - 2020-2023	3,611	14	(3,625)	-	-
BBC Children in Need: Young People's Project - Support worker - 2020-2023	11,418	7,391	(18,809)	-	-
The National Lottery Community Fund: Today for Tomorrow Project 2	29,784	98,940	(102,210)	-	26,514
The National Lottery Community Fund: Family Project 3	33,510	-	(28,510)	(5,000)	-
The National Lottery Community Fund: Family Project 4	-	109,228	(85,748)	-	23,480
The National Lottery Community Fund - Awards for All: 8 - 12 Group work	-	9,809	(5,196)	-	4,613
Henry Smith Charity: Young People's Project - Support worker	9,393	34,600	(33,808)	-	10,185
Sheffield City Council: Core Service Grant	1,545	168,800	(160,197)	-	10,148
Sheffield City Council: Core Service Grant - Substance misuse treatment and recovery	74,655	141,605	(128,735)	-	87,525
The British and Foreign School Society: Greater Reach, Brighter Futures	8,066	28,227	(24,257)	-	12,036
Hardship fund	198	-	(198)	-	-
Paul Hamlyn Foundation: Staff Wellbeing	12,028	-	(1,843)	-	10,185
Paul Hamlyn Foundation: Young Carers National Voice	17,986	-	(18,455)	469	-
NHS South Yorkshire: Winter Pressures Project Funding	34,000	-	(34,000)	-	-
Carers Trust: Items/activities for specific families	-	1,800	(1,800)	-	-
Postcode Neighbourhood Trust: Young People's work	-	24,313	(11,753)	-	12,560
Various: Holiday Activity Support group	-	14,500	(5,500)	-	9,000
	<b>236,194</b>	<b>639,227</b>	<b>(664,644)</b>	<b>(4,531)</b>	<b>206,246</b>

All funds are restricted to the projects or activities as specified by the funders.

The National Lottery Community Fund: Family Project 3

£5,000 was transferred to to the designated Hardship fund with the permission of the funder.

*Prior year comparison*

	Balance at b/fwd £	Income £	Expenditure £	Transfers £	Balance at c/fwd £
BBC Children in Need: Action Group - 2020-2023	4,858	9,987	(11,234)	-	3,611
BBC Children in Need: Young People's Project - Support worker - 2017-2020	4,285	-	(4,285)	-	-
BBC Children in Need: Young People's Project - Support worker - 2020-2023	7,175	29,848	(25,605)	-	11,418
Big Lottery Awards for All	1,920	-	(1,920)	-	-
Big Lottery: Today for Tomorrow Project 2	35,119	98,940	(104,275)	-	29,784
Big Lottery: Family Project 3	39,915	111,719	(118,124)	-	33,510
Henry Smith Charity: Young People's Project - Support worker	2,236	-	(2,236)	-	-
Henry Smith Charity: Young People's Project - Support worker	-	17,100	(7,707)	-	9,393
Sheffield City Council: Core Service Grant	52	168,500	(167,007)	-	1,545
Sheffield City Council: Core Service Grant - Substance misuse treatment and recovery	-	91,607	(16,952)	-	74,655
The British and Foreign School Society: Greater Reach, Brighter Futures	5,352	27,754	(25,040)	-	8,066
West Riding Masonic Lodge: Digital access	5,000	-	(5,000)	-	-
Hardship fund	4,962	-	(4,764)	-	198
Paul Hamlyn Foundation: Staff Wellbeing	14,930	-	(2,902)	-	12,028
Paul Hamlyn Foundation: Young Carers National Voice	-	25,000	(7,014)	-	17,986
NHS South Yorkshire: Winter Pressures Project Funding	-	34,000	-	-	34,000
The Carers Trust: Items/activities for specific families	-	640	(640)	-	-
	<b>125,804</b>	<b>615,095</b>	<b>(504,705)</b>	<b>-</b>	<b>236,194</b>



Sheffield Young Carers Project  
Notes to the Accounts - continued  
For the year ended 31 March 2024

**14 Net assets by fund**

	General funds £	Designated funds £	Restricted funds £	Total 2024 £	General funds £	Designated funds £	Restricted funds £	Total 2023 £
Tangible fixed assets	-	-	-	-	873	-	-	873
Net current assets	192,027	206,397	206,246	604,670	190,695	107,172	236,194	534,061
	<b>192,027</b>	<b>206,397</b>	<b>206,246</b>	<b>604,670</b>	<b>191,568</b>	<b>107,172</b>	<b>236,194</b>	<b>534,934</b>

**15 Operating lease commitments**

As at 31 March 2024 the charity was committed to making the following payments under non-cancellable operating leases as follows:

	2024 £	2023 £
Payable within 1 year	1,120	1,120
Payable between 1-5 years	2,240	2,240
	<b>3,360</b>	<b>3,360</b>

**16 Related party transactions**

There have been no other related party transactions during the year other than those included in note 8.

**17 Statement of financial activities - prior year comparative**

	General funds £	Designated funds £	Restricted funds £	Total 2024 £	General funds £	Designated funds £	Restricted funds £	Total 2023 £
<b>Income from:</b>								
Donations and grants	40,554	150,000	500	191,054	38,832	135,000	-	173,832
Charitable activities	5,330	254	638,727	644,311	24,617	361	615,095	640,073
Other - access to work	14,382	-	-	14,382	1,500	-	-	1,500
Investments	606	-	-	606	202	-	-	202
<b>Total income</b>	<b>60,872</b>	<b>150,254</b>	<b>639,227</b>	<b>850,353</b>	<b>65,151</b>	<b>135,361</b>	<b>615,095</b>	<b>815,607</b>
<b>Expenditure on:</b>								
Fundraising activities	4,467	-	-	4,467	3,627	-	-	3,627
Charitable activities	37,944	73,562	664,644	776,150	28,718	118,468	504,705	651,891
<b>Total expenditure</b>	<b>42,411</b>	<b>73,562</b>	<b>664,644</b>	<b>780,617</b>	<b>32,345</b>	<b>118,468</b>	<b>504,705</b>	<b>655,518</b>
<b>Net income/(expenditure)</b>	<b>18,461</b>	<b>76,692</b>	<b>(25,417)</b>	<b>69,736</b>	<b>32,806</b>	<b>16,893</b>	<b>110,390</b>	<b>160,089</b>
Transfers between funds	(18,002)	22,533	(4,531)	-	(26,258)	26,258	-	-
<b>Net movement in funds</b>	<b>459</b>	<b>99,225</b>	<b>(29,948)</b>	<b>69,736</b>	<b>6,548</b>	<b>43,151</b>	<b>110,390</b>	<b>160,089</b>
Total funds brought forward	191,568	107,172	236,194	534,934	185,020	64,021	125,804	374,845
<b>Total funds carried forward</b>	<b>192,027</b>	<b>206,397</b>	<b>206,246</b>	<b>604,670</b>	<b>191,568</b>	<b>107,172</b>	<b>236,194</b>	<b>534,934</b>

