

Registered Charity Number: 1140105
Company Number: 07461229

Sheffield Young Carers Project

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

For the year ended 31 March 2022

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Sheffield Young Carers Project

Legal and administrative information For the year ended 31 March 2022

Trustees

Emma Betts	Chair	Resigned 13 May 2021
Andrew J Wood	Treasurer	
Rosie Valerio		
Martine Standish		Resigned 13 May 2021
Lynda Gill		
Helena Parsons		Resigned 22 February 2022
Sheryl Roberts		Resigned 2 July 2021
David Stockdale		
Steven Brookfield		
Sara Rehman		
Anna Toyne		
Samantha Pilkington		Appointed 3 February 2022
Elizabeth Close		Appointed 3 February 2022

Key management

Sara Gowen	Managing Director
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Charity number

1140105

Company number

07461229

Principal address

Unit R7B Riverside Block
Sheaf Bank Business Park
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Sheffield
S2 3EN

Independent Examiner

Sarah Lightfoot, FCA DChA
Employee of:
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The Circle
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Sheffield Young Carers Project

Trustees' annual report For the year ended 31 March 2022

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2022 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Our vision, values, mission and strategic objectives

Sheffield Young Carers Project (SYC) is the only dedicated service for young carers in the city. Our vision is **'to work with young carers to make a difference for life'**. Young carers are always at the heart of what we do: our service model is rights-based and needs-led, helping us to identify, engage and support this very hidden and hard-to-reach group. We have an excellent reputation for high-quality service delivery and effective awareness-raising work. But we want to do more. We want to **make a difference for life for all young carers**.

Since April 2019, we have been commissioned to support young people affected by familial substance misuse. Whilst this has not changed our overall objectives, we approach this support with the same vision, mission and principles. Many young people affected by familial substance misuse have also been young carers as part of their lived experience. However, we have adapted our support to ensure that we provide a high quality and relevant support around the issues of substance misuse, its impact on young people and families, as well as linking strategically into meetings and networks around substance misuse issues in Sheffield.

SYC values are:

- **Inclusion:** we welcome and involve everyone, and challenge discrimination, to improve the lives of all young carers
- **Innovation:** we reflect and change to always do the best we can
- **Inspiration:** we share our expertise and energy to inspire positive change
- **Impact:** we see and nurture potential to make lasting change in young carers' lives

SYC's Mission:

1. We aim to promote the needs and rights of children and young people who are carers.
2. We are committed to involving and inspiring children and young people, families and the wider community to create lasting change for young carers.
3. We recognise that children and young people experience discrimination and oppression. We are committed to challenging this and to advocating for the rights of individuals and groups.
4. We will learn from, develop and share best practice to continually improve our service and enable others to improve the lives of young carers.

SYC's strategic objectives 2017-2022:

1. To put young carers' participation and voice at the heart of all we do.
2. To use a whole family approach to increase the social inclusion, educational outcomes and emotional and physical wellbeing of young carers.
3. To raise awareness and enable others to identify and support young carers; working in partnership to embed long term change.
4. To continue to improve and innovate whilst maintaining quality, strategic direction and financial stability.

Public benefit

Children and young people aged 8 to 25 in Sheffield are enabled to access age-appropriate respite and breaks/activities that includes recreation and support that builds self-confidence and resilience. These promote opportunities for young carers to reach their full potential through equal access to education, social and career opportunities.

We actively seek to provide a high-quality service to those young people and their families who may have previously been socially and financially excluded. We facilitate young people being personally empowered as individuals and groups so that they actively participate in the planning, delivery and evaluation of Sheffield Young Carers and its activities.

In setting our objectives and planning our activities the trustees have given careful consideration to the Charity Commission's public benefit guidance.

Progress towards our vision

Our work with young people has recently enabled us to make a number of significant steps forward for young carers and young people affected by familial substance misuse in Sheffield and beyond. For example:

- ✚ In 2021/22 we **delivered over 30 courses and presentations** at events and to audiences including the city-region wide General Practice Managers Conference and the CYP Now Early Help Conference, GP Safeguarding Leads and the Adult and Children's Safeguarding Best Practice Group. We've **trained social work students and PGCE students** and delivered **three multi-agency training courses** in partnership with Sheffield Carers Centre.
- ✚ We've been **developing our research skills and expertise** this year too, recognising where we can play our part as an expert practitioner and help to effect change on the ground for young carers and their families. Our two main areas of research have been the **REBIAS-YC research project with the London School of Economics** (a two-year funded project into how young carers access support and the gaps in provision) and **Time2Talk with the University of Sheffield, Devon Young Carers and Surrey Young Carers**, amongst others (a joint project to develop an assessment tool for inappropriate caring).
- ✚ **International work:** a new and growing area of influence for us. We took part in two documentaries on national TV in Japan and delivered two presentations at the International Young Carers Conference.

Evidencing impact and need

Over the last year, we have continued to develop the methods and techniques for measuring the impact of our work. This has included development of our monitoring tool, My Life My Journey to reflect changes in our service. We are developing an online version of the tool to facilitate ease of completion and in recognition of the ongoing need to provide online as well as face to face services as a consequence of the Covid-19 pandemic. The impact of Covid-19 on our service and delivery plus lessons learnt from the changes and adaptations we have made have formed the main part of a strategic review in 2021-22.

In addition, we continue to take part in research and consultation work – feeding in the views of our young people into local and national surveys. We have continued our two-year national research project with the London School of Economics, funded by the National Institute for Health Research. We continued with our Time2Talk research project and have devised a tool to identify and measure inappropriate and excessive caring. The Time2Talk toolkit will be piloted in 2022-23 with Devon Young Carers and two other young carers services.

Young people at the heart of all we do

Sheffield Young Carers is **young-person led and responsive**. We work city-wide with all communities across Sheffield and we have a very strong ethos of participation. We regularly consult young people and adults to gather and test new ideas and, as well as the support we provide to young people and families, we always try to involve them in the ongoing development and delivery of our service. Young people attend and contribute to our annual strategic away day and young people and their families also:

- participate in evaluation events
- receive training and support so that they can play an active role in the recruitment of staff
- provide verbal and written feedback on all aspects of our service using our bespoke monitoring and evaluation tools.

Action Group is our young people's voice and influence group for members of our service who want to advocate for young people within our service and beyond. Members get access to training courses, group project sessions, external voice and influence opportunities and accreditation. Our Action Group plays a critical role in our awareness raising and influencing work by engaging in external reviews and consultations, informing the city's action plan for young carers, and formulating recommendations for local councillors, MPs and government.

Young Carers National Voice, we have continued to work with a number of other local young carers services to develop this national work. In 2021-22 the young carers chose to focus their campaign on mental health, devising a series of tips and advice for how to identify and support young carers. YCNV provides a mechanism where young carers voices can be heard from local to national level. This includes feeding into consultations as well as running campaigns. YCNV has been active in contributing to change with the Health and Care Act 2022.

Activities provided

The main areas of charitable activity are the provision of support groups, individual sessions, advice and information, family support, training and awareness work including outreach work in schools and other organisations where young carers/young people affected by familial substance misuse can be identified and supported. For the financial year 2021-22, our activities are set out below. The activities have continued during the ongoing Covid-19 pandemic but have changed to include both online and face-to-face activities and support.

Support for young people

Flexible and responsive support for young carers and young people affected by familial substance misuse aged 8-25 across Sheffield to provide respite and build resilience and confidence. Through SYC Direct, young people are offered one year of support which includes:

- A referral call to introduce ourselves and the service
- Between four and six one-to-one sessions, in school where possible, based on the needs and interests identified by the young person
- A minimum of one term of evening groups. Each term's programme is planned around the needs identified by the group members that term.
- Access to school holiday activities for one year, including trips and fun events for the whole family
- Training and participation opportunities
- Advocacy and case working
- Signposting and referrals where appropriate (including access to counselling)
- Opportunities to stay engaged with the project after the core year of support has finished

SYC groups

We offer weekly evening groups for 8-12 year olds and 12-16 year olds, these are usually 1 person but can be adapted to online delivery if required. When in person:

- Our 8-12 group takes place at various venues across the city and we provide transport for this.
- Our 12-16 group takes place in the city centre and we reimburse travel costs for young people making their own way to and from this group.

We run a monthly group for 16-25 year olds that takes place online and in various locations and we reimburse young people's travel costs to get to and from this group.

Current funders: *Sheffield City Council, BBC Children in Need, National Lottery Community Fund.*

Family Project

This project is available to families where there is a young person providing care. Families receive:

- Intensive one-to-one support of up to 12 sessions, with the aim of reducing the caring that the young person is doing and improving life for the whole family. These are currently being done in person, online or by phone.
- Support on a wide range of issues including re-engaging into substance misuse or mental health services, housing issues, budgeting, access to small pots of funding, training around parenting, and help with overcoming conflict in the family.

Parents can also access:

- Our parent networking events to meet other adults in similar situations to share experiences and have respite from home. Transport to / from these events is provided where needed.
- Our group work sessions for parents to build confidence and develop their skills.

We can also support parents into activities and support in their local areas as our provision is ending.

Current funder: *National Lottery Community Fund*

Education Work

We coordinate a network for schools that are keen to develop their identification and support for young carers and young people affected by substance misuse in the family and currently have 95 Sheffield schools as members. We hold meetings every two months to **share local and national developments and best practice and provide interactive training for school staff**. Alongside the meetings, we also email out resources and information and have a members' section on our website where school staff can access our bespoke identification and support resources.



Greater Reach, Brighter Futures is our new three-year education project, funded by the British and Foreign School Society and the Paul Hamlyn Foundation and delivered in partnership with Learn Sheffield and Sheffield City Council. The project will offer up to ten education providers a tailored package of free advice, resources and training, to help them identify and support young carers in their own settings. We have recruited the first four schools in this year and training has begun.

SYC Action Group

The Action group is for young people aged 12-25 who have been members of SYC within the last year and want to be more involved in running SYC. The Action Group offer includes:

- Access to training courses, group project sessions, external voice and influence opportunities and accreditation
- Consultation and involvement from elected reps from 8-12 year olds groups
- Members can be part of the group for up to two years.

Current funders: *BBC Children in Need*

Young Carers Activity Fund

- Up to £300 to give individual or groups of young carers a break from their caring role
- SYC administers the Young Carers Activity Fund on behalf of SCC
- For full details, see: www.sheffieldyoungcarers.org.uk/young-carers-activity-fund

Current funders: *Sheffield City Council*

Fundraising and PR

SYC aims to raise the profile of young carers and young people affected by substance misuse in their families by generating PR opportunities where possible. SYC's Director of Funding and Supporter Engagement Officer work hard to ensure the organisation has enough money to continue its work, through both grants and community / corporate fundraising.

Administration and finance

SYC's Office Manager and Data and Monitoring Officer support the other staff in their roles and ensure the organisation's monitoring, finances and reporting are all maintained accurately.

Development and Strategic Work

SYC work city-wide to ensure good quality support is available to young carers and young people affected by substance misuse in their families, both on a strategic and operational level:

- We provide information, training and resources to young people and professionals in all fields;
- We coordinate a schools' network and a college network to support education providers to develop best practice; and
- Our Education Development Worker also supports education professionals across the city to identify and support young carers through the Greater Reach Brighter Futures project.

We are active members on a range of strategic boards and networks working to influence policy and practice in order to improve the lives of young carers and young people affected by substance misuse in their families city-wide. We participate and co-lead a number of research projects. Currently we are Co-Lead on REBIAS-YC, a national research project into how young carers and their families access appropriate services

Current funders: *Sheffield City Council, Paul Hamlyn Foundation, British and Foreign Schools Society, National Institute of Health Research, our own fundraising through sponsorship, events and donations*

Achievements and performance

Impact of our work

One of our main aims is to reduce the impact of caring on young lives. We have achieved this within the year in a number of ways. Looking at the outcomes for young carers and families, we are able to evidence the different ways that the impact has been reduced from increased confidence and wellbeing to increased skills and access to support at schools and in other services. However, this has been another difficult year for young carers and their families, we have recorded lower levels of progress and impact for many young carers as they have continued to face increased caring responsibilities within the pandemic, with the consequent impact on their emotional well-being.

The support that we offer at SYC is tailored to young carers' needs. During their time with us, every young person is supported to complete 'My Life, My Journey', our bespoke monitoring tool. Our tool includes a series of outcome measures which each young carer rates themselves against and a number of key questions which allow our support workers to get to know them better. Each young carer is also encouraged to set a personal goal: something that they would like to achieve with our help and support.

The impact of SYC's direct work with young people. In 2021/22 we:

- Provided **181** young people with practical and emotional support.
- Delivered **658** confidential one-to-one sessions and **88** group



- sessions for young people (a combination of online and face-to-face groups).
- Wrapped and delivered Christmas gifts, generously donated by Elevation Recruitment and Hallam FM's Mission Christmas appeal, to more than **100** young people.
- Ran **22** holiday activities, including climbing, ice skating and canoeing trips, alpaca walking and producing our own radio plays!
- Worked in partnership with education and health services and signposted **49** young people and their families to other organisations, for specialist support.
- Received **£5,000** to combat **digital poverty**... and much more!

Sheffield Young Carers (SYC) is young-person led and responsive. We work city-wide with all communities across Sheffield and we have a very strong ethos of participation. We regularly consult young people and adults to gather and test new ideas and we always try to involve them in the ongoing development and delivery of our service. As well as this more routine involvement, young carers attend and contribute to our annual strategic away day; participate in our evaluation events; and play an active role in the recruitment of staff. **As a young carers project, we also work hard to ensure that young carers' voices are heard, both locally and nationally.** We do this by facilitating opportunities for young carers themselves, as well as representing young carers on a wide range of local and national networks and working groups, e.g. Sheffield's Children and Young People's Partnership Network.

Action Group is our young carers' voice and influence group, for members of our service who want to advocate for young carers within our service and beyond. Our Action Group plays a critical role in our awareness raising and influencing work by engaging in external reviews and consultations, informing the city's action plan for young carers, and formulating recommendations for local councillors, MPs – and even the Prime Minister.

We have continued to develop our national voice work with the ongoing development of the Young Carers National Voice (YCNV). It is a group for young carers from across the country to come together and campaign collectively on issues that are important to them. There are now young carers from 21 young carers services across England engaged in the network. This year YCNV focused on mental health, producing a Young Carers Top Tips for mental health service providers and template wording for identification which has been distributed nationally.

Ensuring regular feedback and evaluation

As well as working closely with young people and their families to ensure that our work remains relevant and effective and reflects their needs and wishes, **we regularly consult our staff, trustees and volunteers, and the professionals that we work with throughout Sheffield**, to ensure that all parts of our community are involved in our work. In 2021-22, we focussed our stakeholder surveys on Learning from Covid-19 (see report below).

Impact of SYC's Family Project

"Had a fabulous time today. Managed it! Feeling good that I fought my fears and now feeling a little proud of myself."
Cared for parent

In 2021/22, we

- 👤 Provided support to **114 families**.
- 👤 Referred **22 families** to a range of support including counselling, foodbanks, housing and employment support.
- 👤 Supported **32 families** with benefit applications and appeals and funding applications.
- 👤 Secured beds and white goods for **20 families**, via BBC Children In Need's Emergency Essentials funding programme.
- 👤 Secured a much-needed holiday for **17 families**, via the Family Holiday Association.
- 👤 Applied to the Household Recovery fund, Embrace and Sheffield Young Carers' internal Hardship Fund, securing essential grants and leisure activities for **7 families**.
- 👤 Secured more than **£27,000** in additional benefits and one-off grants

Our one-to-one support for families

Last year we were able to provide Family Project support to **114 families**. We contacted **39 new families**, who took up our full service offer (a combination of intensive one-to-one support, formal group work and informal social activities). The Covid-19 pandemic and lockdowns had a major impact on the families we supported, with increases in stress, food poverty, isolation and anxiety about the virus.

Our group work programme

As well as providing intensive one-to-one support to families, last year we provided parent networking events and a bespoke online group work programme for adults being cared for by a young carer (also known as 'cared-for people').

In 2021/22, we:

- 👤 Delivered **13 group sessions** for cared-for parents, including: a **wellbeing session** run by The Foundation of You; **interview training**; and five Parent Networking Events including a **Christmas party** and **two skill sharing sessions led by parents**: one on making homemade herbal teas and natural remedies for wellbeing, and one on learning to crochet.
- 👤 **Enrolled seven cared-for parents** on the Level 2 Holistic Therapy Course at the White Rose Beauty training centre.
- 👤 Continued to coordinate our ever-popular **WhatsApp group for families**, to allow us to share informal information and families to share ideas and offer one another invaluable peer support.

Impact of our education work

In 2021-22, we have seen an increase in membership of our Schools Network, a new College Network and the first year of the **Greater Reach, Brighter Futures (GRBF)** project.

The focus of GRBF during Year One has been:

- **developing key resources** including our provider recruitment pack and specialist training materials
- recruiting our first cohort of education providers and holding a start-up meeting with each provider: Rainbow Forge Academy (primary); Forge Valley School (secondary); Notre Dame High School (secondary); University of Sheffield (HE)
- **re-designing our existing young carers identification questionnaire** for schools to pilot
- working closely with Sheffield City Council and education providers to develop outcome measurement tools and processes
- starting to gather baseline data from all providers
- **providing whole-school training** to Notre Dame High School and Rainbow Forge Academy and full-day training to seven GRBF Leads.

Trustees' annual report - continued
For the year ended 31 March 2022

GRBF has also led to:

- the identification of young carers by the University of Sheffield, using their bursary data. They now have a clear record of students with caring responsibilities.
- partnership work we have facilitated between the University and Sheffield (adult) Carers Centre, to potentially provide all student carers with a CarerCard, not just those where the cared-for person lives in Sheffield.

In 2022-23, we will see further impact of this work as the schools and university are able to embed the identification and support for young carers.

Strategic development and awareness raising

As well as providing direct support to young carers and their families, **we have also worked hard this year to provide a wide range of professionals with the information, support and skills that they need to identify and support young carers within their own settings.** As well as our routine casework with young people's schools, colleges and workplaces, their social workers and any health professionals who are working with their families etc., we have provided training and advice to more than 200 organisations (including health services, education providers and the local voluntary sector) and more than 500 professionals, including social work students, trainee nurses, safeguarding officers and post-16 PGCE students. We have also provided advice, training and resources to more than 90 schools and alternative education providers, who belong to our Schools Network.

Given that many young carers are hidden from view, **it is very hard to develop an accurate picture of the number of young carers who are being supported by other professionals and organisations in Sheffield.** Even those we ask directly are often unable to specify exactly how many young carers attend their school or belong to their GP practice, for example. Over the past year, however, we have continued working closely with Sheffield City Council, to help them develop a **Young Carers Register** for the city. The Register is being piloted in schools and within the multi-agency support teams. We have also undertaken a review of the young carers assessment and will present the report to the Council in 2022.

Our strategic and awareness raising work is critical because, **ultimately, we want everyone in Sheffield to 'think young carer' and to understand (and where possible, prevent) the significant impact that caring responsibilities can have on a young person's emotional wellbeing, as well as their life chances.**

SYC's partnerships and networks

SYC has participated in a wide range of partnerships, networks and forums to ensure young carers are fully included in service planning across the city and beyond. Examples include:

- **Local VCS partnerships** with the Carers Centre, The Corner, Parent Carer Forum, Create Sheffield, VCS Leaders Forum, VAS Community Hub, Mental Health Partnership Network and VCS Health and Social Care Strategy Group.
- **Local public sector partnership work** with the Children's Safeguarding Hub, MAST/Social Care, Sheffield Health and Social Care Trust, Sheffield Teaching Hospitals Trust and Sheffield Health and Social Care Partnership.
- **Local cross-sector partnerships work** with the Hidden Harm Implementation Group, Substance Misuse Operational Group (SMOG), Long Covid Echo and Domestic and Sexual Abuse Providers Consultation Group.
- **National partnership work** with the Carers Trust, Young Carers Alliance and a lead role in co-ordinating the Young Carers National Voice. SYC played an active part in lobbying for the inclusion of Young Carers in the Health and Social Care Bill.
- **International work:** This is a new and growing area of influence. SYC participated in two documentaries broadcast on national TV in Japan highlighting good practice in the identification and support of young carers and their families. SYC delivered two presentations at the International Young carers Conference on identifying inappropriate care and the importance of young carers voice and participation.

This is not an exhaustive list and we have worked collaboratively with a number of statutory and voluntary sector agencies within the city and across the UK. Of particular note is the national young carers voice network which includes representation from 18 young carers services across the UK.

Research

SYC has been developing its skills and expertise in the field of research, recognising where we can play a part as an expert practitioner in the development and delivery of research projects which can effect change on the ground for young carers and their families. The **two main areas of research** have been:

- REBIAS-YC research project with the London School of Economics (LSE) a two-year funded project into **how young carers access support** and the gaps in provision.
- Time2Talk, a joint project with the University of Sheffield, Devon Young Carers and Surrey Young Carers and others on the development of an **assessment tool for inappropriate caring**.

In addition, SYC have also:

- Authored an academic paper on inappropriate care published in the Children and Society Journal
- Developed research plans around the ethics of young carers being co-trainers and presenting their personal stories with the University of Gloucester and Gloucestershire Young Carers.

Learning from Covid-19

In 2021, we conducted a Learning from Covid-19 survey of stakeholders including young people, families and professionals.

Feedback from young people

Young people preferred the in person option rather than online. For one-to-one activities, they found it easier to speak freely, build trust and confidence, was a more immersive experience and provided a better break from home/caring than online. For groups and activities, it was very similar to one-to-one sessions with the strongest preference for in person delivery. Young people found it easier to socialise, activities are better and getting out provided more of a break from caring. It was acknowledged that socially distanced groups weren't the same as normal groups, with one young person saying that while she preferred them to online, she also found them "sad".

Feedback from families

The common themes to emerge were being available, being trusted and keeping them connected to each other. Phone, WhatsApp group and Zoom were all appreciated. Specific practical help was also highlighted including white goods, laptops and speaking to GP and school on their behalf, as well as support with more serious issues including safeguarding incidents. **Parents felt supported to contribute and encouraged to develop, such as leading group activities and interviewing for the new Family Engagement Worker.** There was a strong sense of missing face-to-face contact this year and a clear desire for the service to return to face-to-face working as soon as it is safe to do so, but there is an appetite to retain some of the remote working methods in addition to face-to-face.

Feedback from professionals

The success of the project's multi-agency approach was clear with professionals saying it provided a voice for both the parent and the child enabling other agencies to hear them more clearly and it had pulled in other professionals round the family more effectively. **The project's contribution to successful multi-agency working was highlighted as improving the management of high-risk situations and preventing serious harm.** Building a trusting relationship was cited as enabling families to be more open and more confident in their communications with other agencies. Providing a consistent and familiar contact for families is recognised as having a bigger impact than short-term crisis support. While the Family Project has succeeded in delivering an effective remote service, and some felt that an element of remote delivery should be retained to add flexibility for families, all felt that in person work should be resumed as soon as it is safe.

Feedback from Staff

Staff identified **a number of positive outcomes from remote and home working** including time management and efficiency, immediate feedback via WhatsApp, access to online monitoring, more frequent and varied communications and work/life balance. They are keen to continue to streamline our processes and keep a mix of online/face-to-face work and maintaining the focus on staff wellbeing. In terms of work with young people and families, still prefer in person rather than online work though recognising that there were a lot of benefits from the online working including families/cared for people really appreciated the Family Project WhatsApp group - easy contact with workers and regular peer support; more use of telephone worked well especially with post-16s, families and external stakeholders; and **some amazing events** that we would not have been able to run otherwise: a careers event, full-service parties, story bombs, photography etc.

Cross-cutting themes

There were a number of cross-cutting themes within the three stakeholder surveys (young people, families and external partners) including the preference for return to in person support for young people and families but also welcoming a flexible approach recognising that online support can also work well at certain times. The feedback did not indicate any major concerns about the direct delivery of our work whether to young people and families, or our strategic/development work which has included a move to online training courses and presentations.

SYC's financial position in relation to Covid19 crisis

SYC entered the Covid19 crisis in a strong financial position, having secured all of our funding for the financial year 2020-21. Our funders have been very supportive, recognising that our service has had to adapt and change, and have been flexible on the relevant targets and outputs related to their funding stream. We have confirmed changes to grants/outcomes as relevant with each funder. The financial stability and funders support has enabled SYC to maintain all of its staff team, without using the Government's furlough scheme or any other financial offer for support. We enter the financial year 2021-22 with funding secured, including a new 4-year National Lottery grant for our emotional wellbeing work. Some of our activity underspent from last year will also be carried forward with the agreement of funders.

Financial review

The results for the period ended 31 March 2022 are shown on the accompanying financial statements.

The principal funding sources for the Charity are contractual income from Sheffield City Council and grant funding from National Lottery Community Fund, BBC Children in Need, Paul Hamlyn Foundation and Henry Smith Charity. Other funds are obtained through various charitable trusts and foundations, and other sources including events and donations.

Reserves Policy

As at 31 March 2022 the Charity held free reserves of £182,534 (these are general funds not including fixed assets) (2021: £153,178). In addition to free reserves, the charity holds £64,021 of designated funds (2021: £75,363).

At the annual review of the policy in August 2022, an assessment of the current closure costs and other financial risks were made. The Board of Trustees determined that the minimum target reserves at 31 March 2023 should be £81,809, and £88,707 for 31 March 2024, based on current costs of closure and taking into account current secured funding.

In light of the Covid-19 pandemic the Board of Trustees have agreed to have a target reserves range with a maximum of £180,000, to allow for unforeseen circumstances as a consequence of the Covid19 pandemic, in particular any fundraising risk.

The Board of Trustees determined that the current level is within policy, and takes account of these risks and of current funding. Opportunities are taken to generate unrestricted reserves and this policy will be reviewed annually.

Future plans

We have worked hand-in-hand with young people for 25 years, carrying out meaningful research, developing effective services, and amplifying the voice of young carers and young people affected by familial substance misuse in Sheffield and beyond. We want to turn our learning into practice by making sure that local and national policies are not only in place but are also being implemented effectively on the ground. We believe that this is the only way to ensure that every young person - regardless of age, postcode or background - is identified and supported as soon as possible, to help prevent early childhood experiences from having a negative, long-lasting impact on the rest of their lives.

We will be undertaking a review of our current strategic plan, including our mission and values. We will undertake a number of stakeholder surveys to review and evaluate our work and to plan for future developments. We will incorporate the learning from Covid-19 recommendations which include:

1. Development of flexible model where online one-to-ones and groups are part of our toolkit.
2. Ensure welcome booklet and Family Project pack talk about the blended approach we can take based on individual needs
3. Ensure wide range of communications used – note what each family prefers, including use of post.
4. Set up system for texting young people and families from a central number through the IT system.
5. Streamline other areas of service – e.g. for initial visits to be online where possible for speed, not requiring an external agency such as referrer to attend.
6. Develop more digital tools such as digital monitoring form etc.

The actions above will inform the ongoing development of our model of delivery rather than a wholesale change of direction. The feedback so far has indicated that our non-Covid-19 model of delivery is preferred, with the addition of tools we have adapted and learnt from during the Covid-19 pandemic.

Our priority growth areas over the next 3-5 years are:

We will strengthen our work with education and health providers – *maximising existing partnership work to improve identification processes and secure more opportunities/sources of support for young carers*

We will continue to build up the membership of our Schools Network, our work with further education colleges and universities. As we enter the second year of our Greater Reach Brighter Futures project we will incorporate the learning into our engagement work with education providers. We will also build on our identification and support work with health providers (e.g. Sheffield Health and Care Partnership within the newly established Integrated care Services (ICS), Primary Care, Sheffield Health and Social Care Trust) to embed real change from the top down and on the ground.

We will increase our digital presence – *increasing our profile and developing new forms of identification and support for young carers, families and professionals*

Drawing on our experience of digital and phone support during the Covid19 crisis and the success of our direct support offer and in consultation with young people, we will develop new (or signpost young people and their families to existing) online resources and support services. This will help us overcome some of the common barriers preventing young people from accessing direct support, e.g. being unable to leave the house, or suffering from low confidence. This will enable us to reach young people we don't currently support in Sheffield and potentially young carers all over the UK.

We will continue to use our website and social media accounts to disseminate our learning and good practice (including the findings of our research) and to work with a national network of young carers services, allowing us to benefit from each other's experience and combine our work with the work of others.

We will campaign for young carers' rights on a local and national level - *maintaining the momentum of our strategic development work at a local and national level to ensure meaningful policies and practices are in place*

We will continue to actively campaign for the rights of young carers in partnership with: MPs and councillors; strategic education bodies such as DfE, Higher Education Progression Partnership (HEPP); national carers' organisations, including Carers Trust, Carers UK, Children's Society, Young Carers Alliance and young carers' services across the UK.

We will turn our learning into practice – *working closely with young carers and using their voice to drive change on a local and national level*

We will share our experience on the ground to inform and guide others, including national bodies in a position to identify and support young carers in their own right, e.g. Children's Commissioner. We will amplify the voice of young people in Sheffield by developing regional contacts and networks to combine the voice of young people across the region. We will engage with national organisations to ensure we continue to learn from others and share our learning and experience more widely. These regional and national partnerships will enable us to influence policy and practice more effectively, and to secure more support and services for young carers and young people affected by familial substance misuse.

Structure, governance and management

Sheffield Young Carers Project was incorporated on 6 December 2010 and registered as a charity on 28 January 2011 and is governed by its Memorandum and Articles of Association. Its legal status is that of a company limited by guarantee (Company No. 7461229) and a registered charity (Charity No. 1140105). It has no share capital and the liability of each member in the event of winding up is limited to £1. Overall management of the Charity is the responsibility of the Trustee Directors who are elected and co-opted under the terms of the Memorandum and Articles of Association. Day to day project activity is carried out by staff and volunteers.

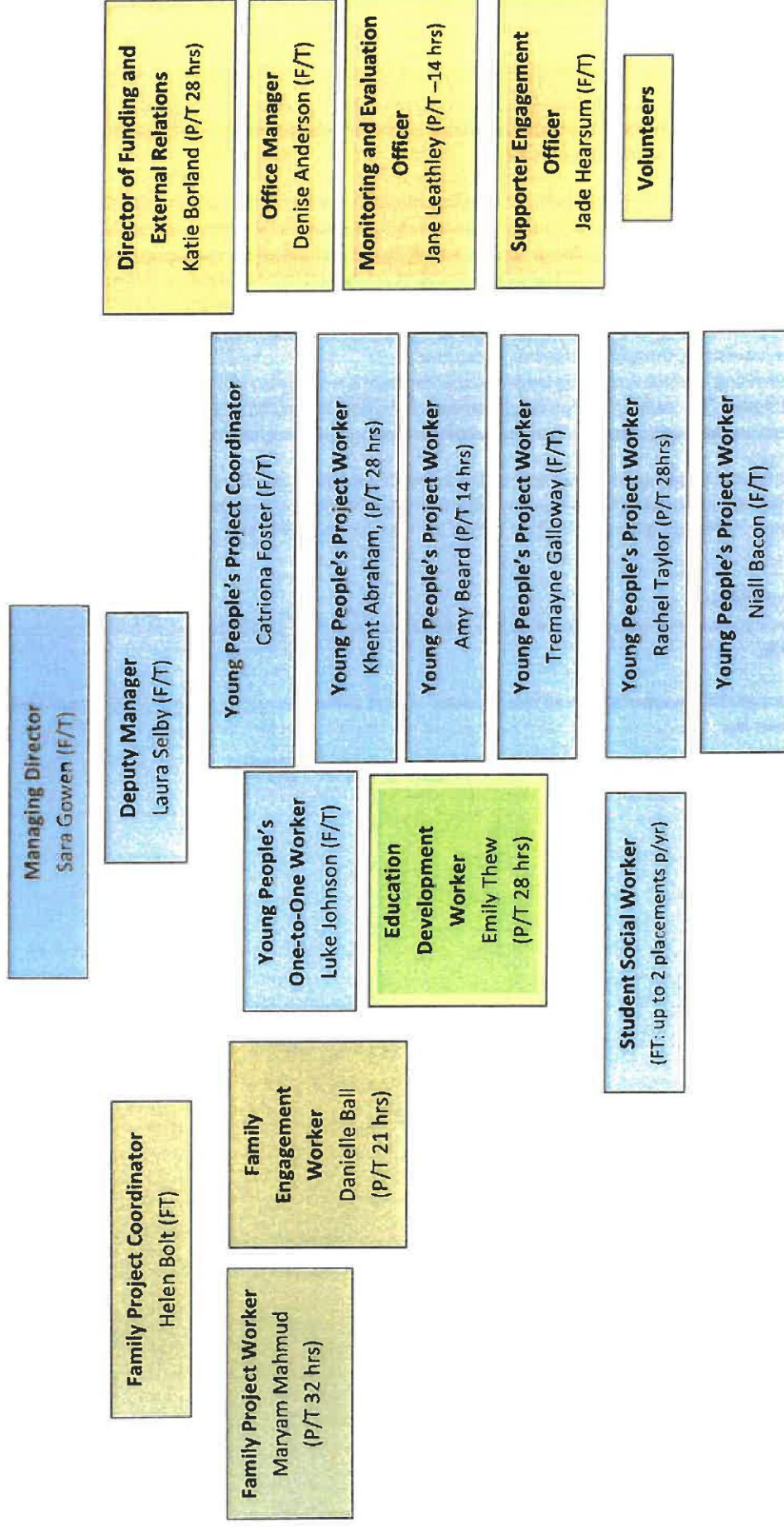
The Charity is governed by its constitution. The objectives of the charity are:

1. To establish and manage a centre in Sheffield to provide support for young carers in Sheffield
2. To advance the education of the general public, other related statutory and voluntary organisations in the causes and effects of caring on young people.

Recruitment and support of trustees

The Board of Trustees are recruited, inducted and trained under the Appointment of Trustees Policy. All trustees undertake basic safeguarding training and a DBS check every three years. Safeguarding training is also provided to the whole Board by SYC's designated safeguarding lead. Trustees stand for a three-year period and can stand for re-election. The trustees are re-elected at the annual general meeting.

Sheffield Young Carers Staffing Structure – 2021-22



Investment policy

The trustees have considered the most appropriate policy for investing funds subject to the overriding requirement of maintaining liquidity of funds.

Risk management

The Board of Trustees oversees a risk register, which is reviewed every two months at the Board meetings. The risk register uses a RAG rating to highlight any particular risks with the actions recorded and reviewed at the following meetings. The main risks identified in 2021-22 were:

- Ongoing impact of the Covid-19 pandemic and the potential closure of services for limited period based on government advice. The impact on young carers and their families of loss of service and support at a time when there is increased risk of illness and potential death. Mitigated by managing the risk of infection through regular reviews of our risk assessments and developing a hybrid model of delivery including both face to face and online services.
- Loss of project funding: this remains an ongoing risk and mitigated in 2021-22 by use of reserves and successful fundraising through grants and donations.
- Increased waiting list: this is ongoing issue, to ameliorate risk we have taken on additional staff and offered increased hours. The waiting list has begun to reduce by the end of 2021-22 and SYC now has a full staff compliment in the Young People's Team to continue to reduce waiting times.

To mitigate the additional ongoing risk in relation to the Covid19 pandemic, we developed operational levels (red, amber and green based on National Youth Agency model) and appropriate risk assessments for all activities, staff and office functions, including delivery a hybrid model of face to face and online working with children and vulnerable adults.

Small company provisions

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The trustees declare that they have approved the trustees' report above on 1st Aug 22 and signed on behalf of the trustees by:



Andrew Wood
Trustee

Independent Examiner's report to the trustees of Sheffield Young Carers Project ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

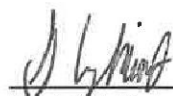
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Sarah Lightfoot, FCA, DChA
Employee of:
VAS Community Accountancy
The Circle
33, Rockingham Lane
Sheffield
S1 4FW

Date:

26 August 2022

Statement of financial activities (incorporating the income and expenditure account)
For the year ended 31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	Total 2022 £	Unrestricted funds £	Restricted funds £	Total 2021 £
Income from:							
Donations and grants	2	159,580	22,440	182,020	190,472	11,386	201,858
Charitable activities	3	137,809	315,583	453,392	173,489	271,143	444,632
Other - access to work		5,293	-	5,293	-	-	-
Investments	4	-	-	4	16	-	16
Total income		302,686	338,023	640,709	363,977	282,529	646,506
Expenditure on:							
Fundraising activities		3,134	-	3,134	1,902	-	1,902
Charitable activities	4	283,125	318,101	601,226	305,607	250,288	555,895
Total expenditure		286,259	318,101	604,360	307,509	250,288	557,797
Net income/(expenditure)		16,427	19,922	36,349	56,468	32,241	88,709
Transfers between funds	14	(26)	26	-	2,779	(2,779)	-
Net movement in funds		16,401	19,948	36,349	59,247	29,462	88,709
Total funds brought forward		232,640	105,856	338,496	173,393	76,394	249,787
Total funds carried forward		249,041	125,804	374,845	232,640	105,856	338,496

Sheffield Young Carers Project

Balance sheet As at 31 March 2022

	Notes	2022 £	2021 £
Fixed Assets			
Tangible Assets	9	<u>2,486</u>	<u>4,099</u>
Current assets			
Debtors	10	998	998
Cash at bank and in hand		<u>389,077</u>	<u>360,022</u>
Total current assets		<u>390,075</u>	<u>361,020</u>
Creditors: amounts falling due within one year	11	(17,716)	(26,623)
Net current assets		<u>372,359</u>	<u>334,397</u>
Total assets less current liabilities		<u>374,845</u>	<u>338,496</u>
Creditors: amounts falling due after more than one year		-	-
Total net assets		<u><u>374,845</u></u>	<u><u>338,496</u></u>
Funds of the Charity			
General funds		185,020	157,277
Designated funds	13	<u>64,021</u>	<u>75,363</u>
Total unrestricted funds		249,041	232,640
Restricted income funds	14	125,804	105,856
Total funds	15	<u><u>374,845</u></u>	<u><u>338,496</u></u>

For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

Approved by the board on 11th Aug 22 and signed on their behalf by:



Andrew Wood
Trustee

Statement of cashflow
For the year ended 31 March 2022

	Notes	2022 £	2021 £
Reconciliation of net expenditure to net cash flow from operating activities			
Net income/(expenditure) for the year (as per the SOFA)	36,349	88,709	
Adjustments for:			
(Increase)/decrease in debtors	-	-	
Increase/(decrease) in creditors	(8,907)	6,590	
Investment income	(4)	(16)	
Depreciation	<u>1,613</u>	<u>1,613</u>	
Cash flows from operating activities			
Net cash provided by/(used in) operating activities		29,051	96,896
Cash flows from investing activities			
Investment income	4	16	
Purchase of fixed assets	<u>-</u>	<u>(3,490)</u>	
Net cash (used in)/provided by investing activities		<u>4</u>	<u>(3,474)</u>
Change in cash and cash equivalents		29,055	93,422
Cash and cash equivalents at the beginning of the year		360,022	266,600
Cash and cash equivalents at the end of the year		<u><u>389,077</u></u>	<u><u>360,022</u></u>

1 Accounting Policies

(a) Basis of preparation

Sheffield Young Carers Project is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the company information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The charity meets the definition of a public benefit entity as defined under FRS102. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £1.

(b) Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

(c) Expenditure and liabilities

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

(d) Tangible fixed assets

All items of capital expenditure below £500 are written off as incurred.

Depreciation has been calculated to write down the cost or valuation, less estimated residual value, of all tangible fixed assets over their expected useful lives on a straight line basis:
Computer and I.T. equipment 4 years straight line

(e) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(f) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

(g) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

(h) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Designated funds are funds set aside at the discretion of the trustees for specific projects.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific artistic projects being undertaken by the charity.

(i) Pensions

The organisation has a defined contributions pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

(j) Operating lease rentals

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

(k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 Income from donations and grants

		Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
		funds	funds	2022	funds	funds	2021
Funder	Project	£	£	£	£	£	£
Paul Hamlyn Foundation	Growth Fund	100,000	-	100,000	100,000	-	100,000
Paul Hamlyn Foundation	Expert Support Package	30,000	-	30,000	30,000	-	30,000
Paul Hamlyn Foundation	Staff Wellbeing	-	15,000	15,000	-	-	-
Paul Hamlyn Foundation	Emergency Fund	-	-	-	20,000	-	20,000
Family Holiday Association	Family holidays	-	1,190	1,190	-	-	-
The Arts Society Hallamshire	Activities	-	500	500	-	-	-
The Seahorses Trust	Group Work	5,000	-	5,000	-	-	-
West Riding Masonic Lodge	Digital access	-	5,000	5,000	-	-	-
Dixon Pitchfork Charitable Trust Fund	Activities	-	750	750	-	-	-
The James Neill Trust Fund	Emotional Wellbeing	-	-	-	-	2,000	2,000
The Spirit of Sheffield Children's Trust	Christmas gifts and IT	-	-	-	-	2,736	2,736
The Worshipful Company of Pewterers	Holiday activities	-	-	-	-	3,000	3,000
Carers Trust	Emergency Fund	-	-	-	-	1,500	1,500
Buttle UK	Items for specific families	-	-	-	-	1,150	1,150
500 Together	Items for specific families	-	-	-	-	1,000	1,000
		135,000	22,440	157,440	150,000	11,386	161,386
Donations		24,580	-	24,580	40,472	-	40,472
		159,580	22,440	182,020	190,472	11,386	201,858

3 Income from charitable activities

		Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
		funds	funds	2022	funds	funds	2021
Funder	Project	£	£	£	£	£	£
BBC Children in Need	Action Group - 2021-2023	-	9,696	9,696	-	9,414	9,414
BBC Children in Need	Young People's Project - Support worker - 2021-2023	-	27,100	27,100	-	22,293	22,293
Big Lottery	Family Project 3	-	109,451	109,451	-	107,220	107,220
Big Lottery	Today for Tomorrow Project 2	-	98,942	98,942	-	-	-
Big Lottery	Today for Tomorrow Project	-	-	-	-	99,052	99,052
Sheffield City Council	Young Carers and Hidden Harm Service	130,843	-	130,843	172,020	-	172,020
Sheffield City Council	Core Service Grant	-	42,125	42,125	-	-	-
The British and Foreign School Society	Greater Reach, Brighter Futures	-	28,269	28,269	-	-	-
BBC Children in Need	Young People's Project - Support worker - 2017-2020	-	-	-	-	6,764	6,764
Henry Smith Charity	Young People's Project - Support worker	-	-	-	-	26,400	26,400
		130,843	315,583	446,426	172,020	271,143	443,163
Student placement fees		1,494	-	1,494	-	-	-
Other income		5,472	-	5,472	1,469	-	1,469
		137,809	315,583	453,392	173,489	271,143	444,632

4 Expenditure on charitable activities

	Direct Project	Direct salary	Support	Direct
	Costs	costs	costs	Total
	£	(note 6)	(note 5)	2022
	£	£	£	£
SYC direct	67,086	175,717	87,653	330,456
Family Project	4,392	76,950	20,313	101,655
Action Group	5,642	5,026	44	10,712
Development	29,695	39,062	81,408	150,165
Activities and grants	6,245	1,993	-	8,238
	113,060	298,748	189,418	601,226

Prior year comparison

	Direct Project	Direct salary	Support	Total
	Costs	costs	costs	2021
	£	(note 6)	(note 5)	£
	£	£	£	£
SYC direct	35,751	177,592	84,667	298,010
Family Project	2,325	70,255	19,224	91,804
Action Group	2,384	5,343	-	7,727
Development	20,933	31,203	73,384	125,520
Activities and grants	32,834	-	-	32,834
	94,227	284,393	177,275	555,895

5 Support costs

Note	2022 £	2021 £
6	129,627	123,665
	10,898	7,311
	23,647	18,624
	17,634	14,094
	1,613	1,613
	5,070	11,150
	929	818
	189,418	177,275

6 Staff Costs

	2022 £	2021 £
Salaries	386,348	367,403
Employer's National Insurance	32,445	31,254
Employer's Allowance	(4,000)	(4,000)
Pension costs	13,582	13,401
	428,375	408,058

No employee received emoluments of more than £60,000. The average number of employees during the period was 18 (2021: 17).

7 Fees to independent examiner's organisation

	2022 £	2021 £
Fee for independent examination	2,550	2,520
Other fees paid to independent examiner's organisation for payroll, software and room hire	10,692	2,826

8 Trustees remuneration and expenses, and the cost of key management personnel

The trustees were not paid or received any other benefits from employment with the charity in the year (2021: £nil). Travel expenses of £18 for one trustee were paid during the year (2021: £nil). No other charity trustee received payment for professional or other services supplied to the charity (2021: £nil).

The key management personnel of the charity comprise the trustees and the Managing Director. The total employee benefits of the key management personnel of the charity were £51,648 (2021: £50,890).

9 Tangible Fixed Assets

	Computer and I.T. equipment £	Total £
Cost or Valuation		
As at 1 April 2021	6,453	6,453
Additions	-	-
Disposals	-	-
As at 31 March 2022	6,453	6,453
Depreciation		
As at 1 April 2021	2,354	2,354
Charge this period	1,613	1,613
Disposals	-	-
As at 31 March 2022	3,967	3,967
Net Book Value		
As at 31 March 2022	2,486	2,486
As at 31 March 2021	4,099	4,099

10 Debtors

	2022 £	2021 £
Prepayments	998	998

11 Creditors: amounts falling due within one year

Note	2022 £	2021 £
Trade creditors	4,484	399
Accruals	2,550	2,520
Other creditors	1,772	1,660
Taxation and social security	8,910	7,909
Deferred income	-	14,135
	17,716	26,623

12 Deferred income

	2022 £	2021 £
Deferred income brought forward	14,135	9,300
Released in the year	(14,135)	(9,300)
Deferred in the year	-	14,135
Deferred income at the end of the financial year	-	14,135

Deferred income relates to monies given by funders in advance of the agreed contract/grant time periods.

13 Designated funds

	Balance at 01-Apr-21 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-22 £
Paul Hamlyn Foundation: Growth Fund	28,277	100,000	(100,928)	-	27,349
Paul Hamlyn Foundation: Expert Support Package	18,777	30,000	(29,213)	-	19,564
Sheffield City Council: Young Carers and Hidden Harm Service	28,309	130,843	(126,102)	(33,050)	-
Counselling support	-	-	(20,170)	33,050	12,880
Group Work	-	5,000	(772)	-	4,228
	75,363	265,843	(277,185)	-	64,021

Paul Hamlyn Foundation: Growth Fund This unrestricted grant was received towards core funding to support strategic and operational development and growth. The trustees have chosen to designate this fund, to better identify the costs incurred for this work.

Paul Hamlyn Foundation: Expert Support Package This unrestricted grant was received towards costs identified to realise growth plans and support organisational development. The trustees have chosen to designate this fund, to better identify the costs incurred for this work. The transfer represents the purchase of fixed assets, This funding is a contract to provide a service but the trustees have chosen to designate this fund, to better identify the costs incurred for this work. The contract finished in December 2021 and the unspent funds have been transferred to Counselling support with the permission of the funder. The Sheffield City Council funding from 1 January 2022 is identified as a restricted grant per the agreement.

Counselling support This funding has been set aside to provide counselling support - initially with funds from the Sheffield City Council contract.

Group Work This funding has been set aside to cover group work and activity costs - initially with a donation from The Seahorses Trust.

Prior year comparison

	Balance at b/fwd £	Income £	Expenditure £	Transfers £	Balance at c/fwd £
Strategic and development work	6,842	-	(6,842)	-	-
Paul Hamlyn Foundation: Growth Fund	30,269	100,000	(98,502)	(3,490)	28,277
Paul Hamlyn Foundation: Expert Support Package	10,596	30,000	(21,819)	-	18,777
Paul Hamlyn Foundation: Emergency Fund	-	20,498	(20,498)	-	-
Sheffield City Council: Young Carers and Hidden Harm Service	16,145	172,020	(159,856)	-	28,309
	63,852	322,518	(307,517)	(3,490)	75,363

14 Restricted funds

	Balance at 01-Apr-21 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-22 £
BBC Children in Need: Action Group - 2021-2023	5,874	9,696	(10,712)	-	4,858
BBC Children in Need: Young People's Project - Support worker - 2017-2020	4,285	-	-	-	4,285
BBC Children in Need: Young People's Project - Support worker - 2021-2023	8,268	27,100	(28,193)	-	7,175
Big Lottery Awards for All	1,920	-	-	-	1,920
Big Lottery: Today for Tomorrow Project	21,295	-	(21,295)	-	-
Big Lottery: Today for Tomorrow Project 2	-	98,942	(63,823)	-	35,119
Big Lottery: Family Project 3	37,081	109,451	(101,655)	(4,962)	39,915
Dixon Pitchfork Charitable Trust Fund: Activities	-	750	(776)	26	-
Henry Smith Charity: Young People's Project - Support worker	22,133	-	(19,897)	-	2,236
Family Holiday Association: Family holidays	-	1,190	(1,190)	-	-
The Worshipful Company of Pewterers: Holiday activities	3,000	-	(3,000)	-	-
James Neil Trust: Emotional Wellbeing	2,000	-	(2,000)	-	-
Sheffield City Council: Core Service Grant	-	42,125	(42,073)	-	52
The Arts Society Hallamshire: Activities	-	500	(500)	-	-
The British and Foreign School Society: Greater Reach, Brighter Futures	-	28,269	(22,917)	-	5,352
West Riding Masonic Lodge: Digital access	-	5,000	-	-	5,000
Paul Hamlyn Foundation: Staff Wellbeing	-	15,000	(70)	-	14,930
Hardship Fund	-	-	-	4,962	4,962
	105,856	338,023	(318,101)	26	125,804

All funds are restricted to the projects or activities as specified by the funders.

14 Restricted funds - continued
Prior year comparison

	Balance at b/fwd £	Income £	Expenditure £	Transfers £	Balance at c/fwd £
BBC Children in Need: Action Group - 2017-2020	4,187	-	(4,187)	-	-
BBC Children in Need: Action Group - 2021-2023	-	9,414	(3,540)	-	5,874
BBC Children in Need: Young People's Project - Support worker - 2017-2020	8,443	6,764	(10,922)	-	4,285
BBC Children in Need: Young People's Project - Support worker - 2021-2023	-	22,293	(14,025)	-	8,268
Big Lottery Awards for All	1,920	-	-	-	1,920
Big Lottery: Family Project 1	781	-	-	(781)	-
Big Lottery: Today for Tomorrow Project	14,498	99,052	(92,255)	-	21,295
Big Lottery: Family Project 3	21,665	107,220	(91,804)	-	37,081
Buttle UK: Items for specific families	369	1,150	(1,519)	-	-
Dixon Pitchfork Charitable Trust Fund: Activities	750	-	(750)	-	-
Henry Smith Charity: Young People's Project - Support worker - 2017	2,359	-	-	(2,359)	-
Henry Smith Charity: Young People's Project - Support worker	14,593	26,400	(21,219)	2,359	22,133
Sheffield City Council: Young Carers Activity Fund	1,886	-	(1,886)	-	-
Sheffield Family Holiday Fund/ Family Holiday Association: Family activities	99	-	(99)	-	-
Sheffield Family Holiday Fund/ Family Holiday Association: Family holidays	199	-	(199)	-	-
The Worshipful Company of Pewterers: Holiday activities	1,262	3,000	(1,262)	-	3,000
The Cutlers Company Charitable Trust: Holiday activities	1,385	-	(1,385)	-	-
The Spirit of Sheffield Children's Trust: Christmas gifts and IT	-	2,736	(2,736)	-	-
James Neil Trust: Emotional Wellbeing	-	2,000	-	-	2,000
500 Together: Items for specific families	-	1,000	(1,000)	-	-
Carers Trust: Emergency Fund	-	1,500	(1,500)	-	-
Westfield Health	1,998	-	-	(1,998)	-
	76,394	282,529	(250,288)	(2,779)	105,856

15 Net assets by fund

	General funds £	Designated funds £	Restricted funds £	Total 2022 £
Tangible fixed assets	2,486	-	-	2,486
Net current assets	182,534	64,021	125,804	372,359
	185,020	64,021	125,804	374,845
Prior year comparative				
	General funds £	Designated funds £	Restricted funds £	Total 2021 £
Tangible fixed assets	4,099	-	-	4,099
Net current assets	153,178	75,363	105,856	334,397
	157,277	75,363	105,856	338,496

16 Operating lease commitments

As at 31 March 2022 the charity was committed to making the following payments under non-cancelable operating leases as follows:

	2022 £	2021 £
Payable within 1 year	1,120	852
Payable between 1-5 years	3,360	-
	4,480	852

17 Related party transactions

There have been no other related party transactions during the year other than those included in note 8.

