

ANNUAL REPORT

ASIAN PEOPLE'S
DISABILITY
ALLIANCE



APDA
Day Care &
Development Centre,
Alric Avenue, Harlesden,
NW10 8RA

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Chairperson's Review

As we reflect on the past year at Asian People's Disability Alliance (APDA), I am filled with immense pride and gratitude for all that we have accomplished despite the challenges we've faced. This annual review serves as both a celebration of our activities and a testament to the resilience and dedication of our team.

One of the ongoing challenges we continue to face is the search for high-quality care staff. The care sector has seen unprecedented difficulties, particularly considering the continuing cost-of-living crisis. However, it is in times like these where our team, under the outstanding leadership of Zeenat Jeewa, CEO, has truly excelled in delivering the much-needed services for our Daycare and Homecare Service Users, Carers and families. Zeenat has tirelessly championed for our service users while ensuring that our staff feel supported and valued.

Zeenat and our staff team have exhibited relentless determination and resourcefulness this year. Through sheer hard work, they have successfully secured numerous grants and projects. I myself had been involved in Race Equality Foundation Projects, one of which was the Peer Engagement working alongside fellow delivery partners Bridge the Gap studios, The Motherhood Group, Croydon BME Forum on developing a new Anti-Rasim Practice Learning Hub for the Great London Authority. This new project was part of the Mayor's Equality, Diversity and Inclusion strategy to help in creating a fairer and more equal city.



The rest of our annual report will give you more detailed information on the activities from each service and areas of our work. For me, the main highlights for this year are APDA's involvement in various projects as mentioned and the celebrations at our Centre. I am fortunate to attend and be part of, seeing our service user's happy faces taking part in the dance and music.

I extend my gratitude to everyone who has supported APDA over the past year, your contributions have significantly impacted APDA's essential mission to enhance the lives of elderly and disabled individuals whether through volunteering, donations, event attendance, or partnerships. I eagerly anticipate our continued collaboration to empower people with disabilities, enabling them to lead joyful, healthy, and fulfilling lives in what is expected to be a pivotal year of prospect.



Mr. Pradip Shah, Chairperson

Chief Executive Ms. Zeenat Jeewa overview of the year

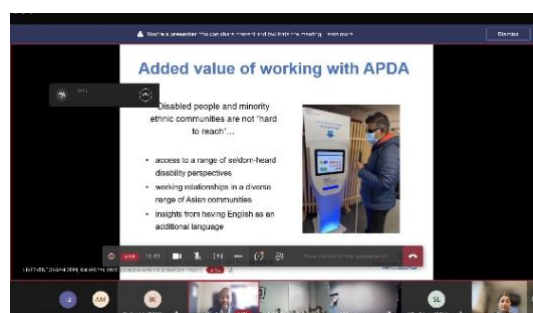
Warm welcome to you all for the annual overview of our activities and achievements. This report will hopefully provide insight into some of the important and influential research, policy, campaigns and achievements we secured to help ensure Disabled people's voices are heard across a range of priority issues affecting our lives, while also balancing the need to ensure disabled people are seen and active in their local communities.



Our activities for 2023-2024 show our continued commitment to and passion for supporting London's Pan Asian Disabled communities to be thriving and included. APDA has worked hard to facilitate people to become empowered within our diverse communities, to create the change we need. In this annual report we use the term Disabled people to mean all groups of people living with impairments and conditions including: People with physical impairments; People with visual impairments; Deaf people; People with hearing impairment; People with learning difficulties. We do recognise and respect that some of the groups

(in our definition) may not think of themselves as being disabled.

As you will see in this report, APDA continued to develop and deliver a range of vital care and social support to over 300 Deaf and Disabled people in London. Despite the continuing challenges of the financial austerity and cost of living crisis, we delivered more support than ever before to disabled Londoners from diverse ethnic heritage, including running and supporting disabled people to attend consultations, webinars, briefings, performances and events and peer networks, forums and partnership meetings over the year.



Zeenat Jeewa, CEO attending Royal Free Hospital Foundation Trust meeting

This work we have done is exciting but also essential in the face of the increasing structural inequalities in health, social care and the wider aspects of our society that our communities and organisation are facing. Our key challenge over the year was to continue our work on priority issues like social care charging, unfair care decision, independent living and welfare reform as well as health inequalities that arose and became evident as a result or relating to the pandemic and the after affects with the cost of living crisis.

Key Development & Successes

We successfully implemented a web-based advice Chatbot for social care queries, developed in conjunction with Access Social Care, to meet the needs of our user base. The online tool will develop a template letter which has successfully been used by individuals and advisors within our organisation and the wider communities we serve to challenge financial and care assessments and substantively reduce care charges. This new function supported our existing advice service which we provide free of charge to those disabled members of society in and around the UK.



Research meeting with Access Social Care

We were very pleased this year to have been rewarded with a renewal for a further 2 more years for our accreditation at Advice level with AQS. We were able to engage and develop our processes and passed the renewal process with AQS in February 2024. The retaining of the accreditation is very much an achievement during these difficult financial times. It will enable us to continue delivering the much-needed advice support to our users and the wider public who struggle to navigate the complex care system.



Community Engagement
Officers from Brent Partnerships
Housing & Resident Services

We continued to work with charitable organisations and local authority departments to increase awareness and advocate for disability as a social justice/human rights issue and the unique role and contribution that DDPOs make as distinct from non user-led disability charities. We joined local health and wellbeing boards and Alliances to ensure the voices of Asian Disabled people are not forgotten.

We collaborated with disabled Londoners in completing an access audit of a patients journey with The Royal Free London NHS Foundation Trust. This incorporated an audit of their website, patient portal and their larger physical hospital sites of The Royal Free Hospital, Hamstead, Barnet Hospital and Chase Farm Hospital, Enfield. This important piece of work ensured that more disabled people can be better supported by a large Secondary care provider in London, making their services and support more accessible and meeting the needs of the diverse communities they serve.

We worked in partnership with Race Equality Foundation alongside other third sector organisations developing an Anti-racism Learning Hub with GLA on their Health Inequalities Strategy Plan. This involved peer collaboration and workshops to feed into the final report recommendations to the Mayor of London's team.



Workshop on developing anti-racism
learning hub partnering with Race Equality
Foundation (REF)

We delivered over 24,535 hours of care through our direct delivery services of day opportunities and 14,650 hours through our bespoke CQC registered homecare support provision.

We provided over 20,000 miles of accessible journeys through the year with our accessible minibuses as part of our Transport offer to Disabled Londoners who access our daycare opportunities.



Service Users and Carers at Garson Farm fruit picking

We delivered on our programme for more social presence by offering day visits to places of interest locally and around the UK to Asian Disabled people and their Carers. This included Zoo's, Museums, Farms and other cultural heritage sites throughout the year.

We have continued to work alongside other DPPO's, and community interest organisations and Government departments, through the year and we wish to thank them for their support and collaborative work with APDA. These are including, but not limited to Jaspal Foundation, Oshwal Association of the UK, Disability Rights UK, Race Equality Foundation, National Survivor User Network (NSUN), Step Change Studios, London Design Museum, Vallance Sports Association, Inclusion London, NHS England, London Borough of Tower Hamlets, London Borough of Brent, London Borough of Harrow, Transport For ALL, Royal Free London NHS Foundation Trust, Transport For London, McVitie's London.



Royal Free Hospital
London NHS Foundation
Trust – Audit Project

We hope readers will appreciate from our service area activities, the real value in our specialist support work and our trusted reach to those communities facing the harshest inequalities, often with various intersectional barriers faced every day. Without the holistic approach from our staff team members, we know that many disabled Asian Londoners and those around the UK would feel even more isolated and unheard, this is why it is vital that our organisation is sustainable to continue to provide that support and intervention for those most at risk in our communities.



Community Engagement with
staff members Kweku and
Yasmin-Farida

In the year to come, we will continue to fight those battles and advocate for those who cannot do so alone, and we will make those campaigns our priority, so that more disabled Asian members of the diverse communities we support can be heard and seen. We look forward to what the new year brings, with the hope that our work and commitment will show through in the achievements we make in the months ahead.

With my very best wishes,
Zeenat Jeewa (CEO)

Our Aims and Objective

Asian People's Disability Alliance (APDA) was established in London, UK over 30 years ago, as a Deaf and Disabled People's Organisation (DDPO) to provide culturally specific care for the Asian elderly and disabled community.

It was set up by those who were themselves disabled and therefore had an in-depth knowledge and personal experience of disability and care. There was very little appropriate support and limited understanding of their needs at that time.

APDA is a non-governmental and non-denominational organisation.

Our aims are:

- To provide a needs and user-led culturally appropriate service.
- To collaborate and work in partnership with service planners and mainstream support bodies.
- To act as a resource for disabled people, their carers and their families.
- To collaborate and work with our disabled peers in the developing world.

Why we have these Aims and Objectives

We have these aims and objectives so that we can:

- Reach out where mainstream services cannot reach due to lack of expertise and understanding of disabled people, their carers and families.

- Help incorporate the specific needs of APDA's client group in relation to service planning and areas that affect their lives.
- Provide consultation, peer support and facilitate their social development.
- Link with the Developing World allowing us to share knowledge, experience and current disability attributes that assist and enrich socio-economic development.

Our Current Provisions

Daycare

Inclusive activities aimed at improving existing skills, developing new skills, and promoting social development.

Our Day Care Centre is:

- Accredited with local authorities
- Fully accessible and fully equipped for users with mixed disabilities
- The only centre within the locality supporting Asian service users
- Our service is very popular in the local community
- The four-strand provision
 - i) Home Support: Within the service user's home; telephone contact; face to face activities and support
 - ii) Virtual: Online activities, learning and support, and virtual meetings
 - iii) Community: Within safe spaces in the local community and outings to places of interest
 - iv) Centre: Activities delivered safely in each organization's buildings

Home care and Respite

Our services are:

- Efficient and effective
- Regulated by the Care Quality Commission (CQC)
- Designed to meet the needs and concerns of both users and purchasers
- User-centered and completely needs-led

Our services enable users to:

- Continue to live in the community
- Reduce inappropriate hospitalization
- Give priority to the needs of carers and their families, who are usually poorly supported

Other Services

- Befriending- as a growing number of elderly and disabled Asian people find themselves isolated at home and in the community, Befriending enables them to retain their independence and identity
- Information, advice, and guidance- Many of our service users and their families need assistance accessing the support that is available in a multi-lingual format
- Advocacy- A support service to provide representation if needed in matters related to care support, housing needs and medical care
- Independent living skills- With support, help and encouragement we help service users with disabilities to continue living independently at home

- Cultural events and outings- We help provide social contact our service users need

- Various Therapies- We engage our users through various therapies including exercise, yoga, multi-sport sessions, Asian music therapy, and arts and crafts

- ICT Skilling- Provide support in understanding technology to give service users and their families a gateway into the world beyond their homes

- Campaigns and Policy- Collaborating with external organisations and agencies to raise awareness about barriers for Asian disabled people in the UK and the developing world.

Daycare

Highlights of the Year at Daycare Centre

The year 2023 to 2024, was an eventful and delivery packed period for Asian People's Disability Alliance (APDA) and its service users. The activities, events and programmes as always have been inclusive and diverse, bringing joy, fun and had a positive impact on the mental and physical health of service users, staff and families.



Activities and programmes were delivered internally in our accessible, safe and socially enriching Centre in Harlesden, North West London and externally through our community engagement activities both in East London and Brent to reflect our core values of reducing social isolation, promoting care, friendship and a support network, as well as ensuring diversity of activities, that enrich the lives of service users through community engagement programmes not forgetting the much needed respite their families and carers yearn for.

At the main Daycare we observed our annual special events, Mental Health Awareness week, Eid-UI-Fitr, Baisaki, Sinhalese New Year, Songkran (Water Festival), Carers Week, Vallance Sports Day in East London, Brent Sports Day, UN International Day of Older People, UN International Day of Disabilities, Diwali, Annual General Meeting (AGM), Christmas, Chinese New Year, Holi, Easter and International Women's Day and many more.

This year was especially special as we celebrated the coronation of His Majesty King Charles III (more details on the next page).



We were thrilled to announce the New Minibus Launch of our Latest Addition- a specially designed minibus catering to the needs of our beloved disabled and older service users. This attainment wouldn't have been possible without the support of our generous donors, Jasper Foundation and Oshwal Association UK.



Office and Daycare staff enjoyed a day out in August, bonding at Up at the O2 in Greenwich climbing the Millennium Dome taking in the 360-degree view of Greenwich, Olympic Park and the surrounding area. This team building exercise helped us get to know each other more and strengthen relationships among staff members.



Day Centre Programmes

The year started brilliantly with our usual sessions in Yoga, Dosti dance, Inclusive dance, our Music and karaoke sessions and chat and chai sessions throughout the week. Service users also enjoyed their sessions in arts and crafts, painting, and jigsaw puzzles which provided an excellent platform for mental and physical stimulation.



We continued with our weekly programme of choreographed dance & movement sequence sessions with Georgia Cornwall from Step Change Studio, who are long standing delivery partners of APDA. These sessions are both training and practice sessions and Georgia trained service users in specific dance movements. Service users using learned skills to perform at selected events and functions. We also have the pleasure of our dance Therapist, Binal Trivedy using traditional and modern Bollywood music to get the service users to move their bodies. These activities not only focused on physical health but also encouraged creativity and self-expression, making a profound impact on our service users' overall wellness.

Adapted Yoga exercises were part of the weekly activities that helped improve the mental and physical well-being of Service Users and not



forgetting the popular music and karaoke session led by renowned music therapist Narayanan.

Our weekly activities also include exercise routine with Thai music in the mornings and arts and craft sessions in the afternoons with staff member Ms. Noo.

In the Summer when the weather permits, we go out to the allotment in the sunshine.



Increase in New Clients

We welcomed into the APDA family a few new service users ranging from individuals who desired to engage in social activities in order to prevent being socially isolated, to those who struggle with mental and physical health problems as well as those who have been diagnosed with noncomplex dementia. Data and information on our new service users show that they are 40% male and 60% female representation, and they all settled into our fold within a couple of weeks.

Events, Birthdays and other Cultural Celebrations

This year we had the pleasure of celebrating Eid-UI-Fitr alongside the coronation of His Majesty King Charles III. We had



performances by talented visually impaired musicians Ghow Ratnarajah and Ziad, who masterfully

presented a special duet featuring cultural songs from Tunisia and Lebanon.



In addition, APDA's wonderful Muskaan dance group, comprised of both service

users and staff, delivered a vibrant and spellbinding performance. Distinguished guests graced the occasion, including Cllr. Abdi Aden, the Mayor of Brent, who expressed his profound connection to APDA and their shared vision of supporting disabled and elderly individuals within the community. Former Mayor of Harrow Cllr. Ghazanfar Ali and Former Mayor of Brent Cllr. Arshad Mahmood and the Brent Council Partnership Engagement team join in the celebration.

At the end of the year, we orchestrated a highly successful event commemorating the UN International Day of Persons with Disabilities and Diwali together. The gathering was graced by the



presence of Councillor Bhagwanji Chohan and the Brent Interim Director of Communication, Ms. Kibibi Octave, accompanied by her dedicated team members Renata Azar and Danica Sharan. We had the pleasure of performances from



Ghow Ratnarajah and Uttara Joshi, who are visually impaired performers playing traditional instrument and dance to our audience.

The service users and staff including guests enjoyed their Diwali Dance lead by Binal Trivedy (Binal Dance Academy), and a choreographed dance by Georgia Cornwell



from Step Change Studios. This event served as a unifying platform, bringing together diverse communities to honour the significance of the day. In support of UN International Day of Persons with Disabilities Staff created poster of the UN Sustainable Development Goals to show



support for the goals and hope they will be achieved in the future.

It's an APDA family tradition to celebrate the birthday of it's service users and this continued this year with cake cutting and celebrations almost every month, sometimes group celebrations due to the sheer numbers.

Throughout the year service users engaged in many events and activities including taking part in sports day and fun activities at the John Billam Resource Centre.



Our service users exhibited their sporting talents and competitiveness.

competitiveness.

Service User's also took part in Disability Sports Day organised by Vallance Sport Association at the Mile End Leisure Centre. We gratefully acknowledge Councillor Maium Talukdar, Councillor Jahed Choudhury, and London Assembly Member (GLA) Unmesh Desai for encouraging our service users.



Vallance Sports Day in Mile End

Service Users had another busy outing period with visits to several venues. We had fun times at the Maritime Museum Greenwich, Hobbledown Heath, an adventure park and zoo, London Zoo, St Albans Verulamium Park for a picnic, Garsons Farms where service users enjoyed strawberry picking, Kew Gardens, Brighton Seaside and to end the summer period the favourite for most ice



cream lovers, that is Lewis of London Ice Cream Farm.



Greenwich Park



End of the year Service

Users also enjoyed a performance of Christmas Carols at the Royal Albert Hall and after the show we had a picnic in Hyde Park.



APDA's partnership programme with UCLA continued, Service Users and Staff welcomed first and second year Medical students from the University. They attended sessions to interact and observe activities at the centre and how they impact on the wellbeing of service users. They participated in adapted yoga exercises and other programmes with service users. They engaged with staff and selected service users in a feedback session asking questions and gaining understanding of the social prescription model of health delivery. The centre hosted 5 batches of the Medical students over several weeks and look forward to hosting them again next year.

Outings and Summer Trips



Kew Gardens

All these activities are carefully planned with accessibility in mind and importantly exploring ways



St. Alban

service users can engage with wider society and the public and to provide support for them to overcome barriers encountered.

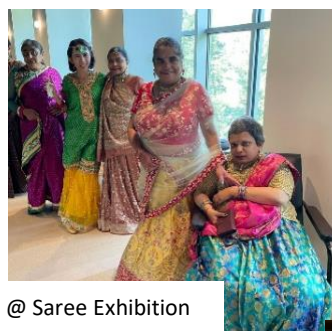
Community Engagements

Our Day Care team participated in the Brent daycare forums which serves as a vital platform to engage with social workers, local authorities, and other stakeholders within the community. It underscored the importance of collaboration and communication in addressing the needs of vulnerable people within the communities and a platform to raise concerns with the current delivery arrangements in this care delivery services which involve transportation, payment arrangements for service users, referral processes, safeguarding and local authority support. Our primary focus in participating in these forums is to enhance the quality of day care services and support available to families and individuals in the Brent community and to provide respite for families and carers. The forums provided an invaluable opportunity to share knowledge,



on daycare facilities.

Muskaan Dance Team has been invited to take part in numerous performances over the year, to include taken part in the Design Museum Saree Exhibition, National BME Health and Care Awards, and Brent Dementia Awareness Event.



@ Saree Exhibition



@ College of Physicians

Training and Staff

The Care Support staff had various refresher training courses included online SCTV Training courses covering topics such as Safeguarding of Vulnerable Adults, Moving and Handling, Health and Safety, Infection control and many other mandatory courses required for effective and efficient care support as well as meeting the CQC care support standards.



Staff Training on understanding Capacity

Homecare and Respite

What we are about

At APDA we pride ourselves on providing a wholesome service with our well trained and dedicated staff. Speaking a colourful range of Asian, Middle Eastern and African languages.

Giving much needed support within the home to Asian people with a disability. Keeping to cultural and religious adherences.

Sensitive to the unique challenges having disability as in the individual.

From respite to parents and carers alike to assist individuals to maintain a dignified independent life.



Our Services

Befriending from trained carers who speak the same language and understand the sensitivities of the individual's cultural and religious practices. Providing company and stimulating entertainment of the individual's choice. It can include walking outside and supporting with exercise.

Respite for the family or main carer to allow them to pursue tasks and hobbies that would otherwise be prioritized over.

Cooking and food preparation for



individuals within their home. Providing fresh home cooked food in accordance with their religious parameters and personal choice. Keeping the health of the individual is a priority.

Personal Care is an essential care need for keeping good hygiene and highly in demand. Our staff offer a personal touch with consistency of the same carer attending.

Domestic support is not just hoovering and dusting but also shopping support and helping with running errands, that all support the individual to stay independent as much as possible.

New services for the year

We introduced medication prompting for clients whose families are unable to support in this.



Updates

We have several new clients and new staff joined us.

Our service now provides care for over 25 clients and 20 staff delivering an average of 1100 hours of service per month.

A massive thank you to our homecare staff for providing a vital service to the community 7 days a week, whatever the weather.

Development

The unit applied for a variety of funds, including the Brent Council's Love Where You Live grant, which supports initiatives in the community that improves residents' well-being.

Others include the GSK Impact awards and the EDI Training for Bus Operator Staff-Accompanied journeys request for proposals (RFP), a TFL effort aimed at studying the challenges that disabled people face when using TFL bus services in London through actual life observations where selected disabled facilitators use bus services from bus stops to other designated locations.

The business development section will continue to engage in marketing activities and currently working on grant applications from The Community Organisations Cost of living fund and a small grants programme from Sport England. The BD section will work with the CEO to start the initial steps for the effort to establish a short-stay respite care home, including exploring the possibility of applying for funding from the Community Ownership fund.

Using a list of funders compiled into projects supported, we will continue to work on targeted grant applications.

Unit will work to increase its collaborations with both local authorities in health and social care, to include Tower Hamlets, Harrow and Brent Councils to boost the number of potential service users from these boroughs and extend our reach and support to their residents.

Business development will also work on enhancing our relationships with media organisations and expanding our

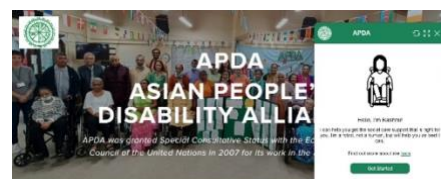
cooperation with them in order to promote awareness on health and care issues affecting the Asian communities we serve. Alongside, raising understanding of our organisation's work programmes and events more broadly. The last was a publication titled "Culturally Sensitive Care is not an optional extra" which highlighted the issues with the current lack of understanding of the needs of people with learning disabilities and disabled people. This year has seen a number of publications in the Garavi Gujarati and Eastern Eye newspapers as well as on their online platforms.

Advice and Advocacy

We began our working relationship with Access Social Care to develop more suitable care advice support in 2022 and we have continued in 2023 with workshops and training for domiciliary care staff to train them in helping their clients. We are pleased to have developed a bespoke chatbot to cater for our service users needs and continue to work with them to develop it further.

We were thrilled to start the new service, with an official launch of our brand new chatbot on our website www.apda.org.uk named "Rashmi." The launch was on 5th July 2023 on our social media. The Chatbot is to assist with accessible advice to identify people's legal rights in social care.

We still continue to accept more cases and have received many excellent feedback on



this, which shows the dire need of this

service to disabled people across the UK.

East London Project

Going strong year on year

Our year was packed with productive activities that brought our community ladies closer together.

We started Spring 2023 with our regular exercise and yoga sessions, keeping the ladies active and serene. May brought a beautiful celebration of Eid, where we came together for a joyful party marking the end of Ramadan with lots of lovely food. Summer continued to be vibrant with a six-week Bollywood dance session, adding rhythm and energy to the lady's day and were so popular that we brought them back for another six-week block in January 2024.

Summer 2023 also saw our efforts to foster inclusivity, with an enlightening Anti-Racism workshop presented by the Race Equality Foundation. The ladies gained invaluable insights and support from the staff's advice.

Our International Women's Day celebrations in 2024 were empowering and inspiring. We rejoiced in the achievements and strength of women, creating unforgettable memories. We also celebrated International Day for Older Persons giving a wonderful opportunity to celebrate the wisdom, contributions, and vibrant lives of our elder ladies, fostering a deeper sense of community and appreciation for all generations.

We held our stall and supported disabled Londoners attending the Vallance Disability Sports Day in June 2023, sharing all the work that we do with the local

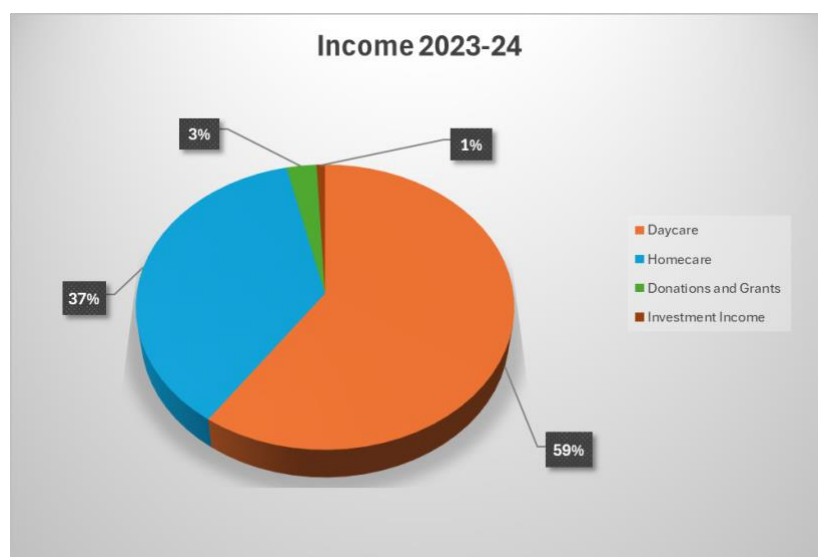
community and showing our support for the remarkable talents and determination of all the competitors.

From fitness and dance to meaningful workshops and celebrations, this year has been a testament to our community lady's continued strength and vibrancy.



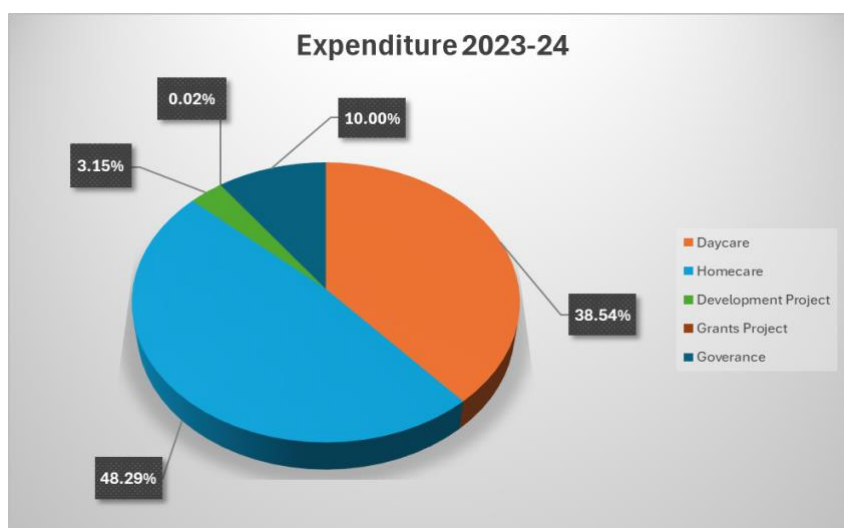
What we received this year:

Income	
Daycare	£404,323.00
Homecare	£248,873.00
Donations and Grants	£19,016.00
Investment Income	£5,355.00
Total Income	£677,567.00



What we spent this year:

Expenditure	
Daycare	£264,272.00
Homecare	£331,167.00
Development Project	£21,624.00
Grants Project	£110.00
Goverance	£68,575.00
Total Income	£685,748.00



MANAGEMENT COMMITTEE

Office Holders

Mr Pradip Shah – Chairperson
Mr Ashok Chabria – Secretary
Miss Rekha Mehta – Joint Treasurer

Other Committee Members

Mr Azahim Mohamed (Vice Chair)
Mr Jazal Marzook
Mr Daya Lekamwattage
Mrs Kawal Singh OBE
Mrs Amina Mullah

STAFF MEMBERS

Operations Team

Zeenat Jeewa – CEO
Fareeda Issace – Finance/HR

Ayesha Khapedi – Day Care Leader

Kweku Benefo – Development Manager

Yasmin Rahman – Outreach Officer East

Silva Lau – Accounts Officer/Operations

Rajia Begum – Homecare Leader (April
23 to May 23)
Sumaiya Cassim – Homecare Leader
(June 23 onwards)

Day Care Team

Alpa Patel
Arpita Shah
Hasina Ahmed
Monica Dobrican

Arif Sheikh
Dhruvi Shah
Hitesh Jagda
Rung Arung-O'Donell (Noo)

ACKNOWLEDGMENTS

We appreciate all the organisations and individuals who support our work and would like to thank some below for all the valuable support, assistance and funding this year.

London Borough of Brent
Hon. Mayor of Brent
London Borough of Harrow
Hon. Mayor of Harrow
London Borough of Ealing
London Borough of Tower Hamlets
Executive Mayor L. Rahman
Vallance Community Sports
Kall Kwik Wembley
Prontaprint Borehamwood
Disability Rights UK
Oshwal Association (UK)

Spitalfields Housing Association
Big Lottery Community Funds
Element Law Limited
Narayanan PN (Music Therapist)
Krupa Patel (Yoga Instructor)
Tower Hamlets Community Housing
Desi Daba (Caterers)
Binal Trivedy (Dance Teacher)
Race Equality Foundation
Addictive TV
Step Change Studios
Jaspar Foundation

Also, a huge thank you to all the other wonderful supporters, volunteers & wider network partners who have assisted us with their commitment and skills throughout this year.

BANKERS

HSBC Bank PLC
Welwyn Garden City
Howardsgate
Hertfordshire
AL8 6BH

ACCOUNTANT

ACE Accountants
44 Hartford Avenue
Kenton
HA3 8SY

AUDITORS

Chapmans Associates
Limited
9 Churchill Court
58 Station Road
North Harrow

LEGAL ADVISORS

Element Law Limited
Calverley House
55 Calverley House
Tunbridge Wells
Kent TN1 2TU



Day Care & Development Resource Centre
Alric Avenue
London
NW10 8RA
www.apda.org.uk

Registered Charity Number: 1140090

REGISTERED COMPANY NUMBER: 06190051 (England and Wales)
REGISTERED CHARITY NUMBER: 1140090

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024
FOR
ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2024**

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ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

OBJECTIVES AND ACTIVITIES

Significant activities

It is my pleasure to bring this annual review of APDA's activities for the year 2023-24.

We proudly continue to be of great benefit to disabled members of the public, and in particular, our culturally tailored support services have continued to help in the mental and physical development & sustaining wellbeing of vulnerable elderly, disabled people, their Carers and their wider families.

APDA, as a Disabled People's Organization (DDPO) was set up, managed and continues to be run by disabled people ourselves. All our services are user-led and needs-led, and always in keeping with social care developments. APDA proudly continues to be innovative and involving and supporting clients, users and carers with advice and support through difficult situations that they may face, and always ensuring the voices of disabled people count and are heard.

Review of Progress of our direct holistic support services to elderly and disabled people and their carers and families:

Day Care and Development Services

During 2023-24, the continuing pressures of the Cost-of-Living Crisis has greatly affected many service users, their families and our staff teams. We all experienced a further difficult 12 months, with the ongoing financial crisis that has affected the majority of our service users around the UK.

This impacts on some users having to choose between heating and eating. Often changing their eating habits to pay for basic utility bills.

With the financial pressures & energy crisis hanging over us, the numbers of people requiring interventional support has doubled, with our organisation seeing a constant number of new referrals from local authorities to our centre. The people all requiring complex support packages for their social care needs to be met by our experienced staff.

This year has brought more vulnerable people & their families through our doors, and also sent our staff to people's homes for the much needed social interaction for those stuck at home after falls, and long periods of ill health.

As always, it was so important for us to mark and raise awareness around the year for people affected by various conditions special days, like Mental Health Awareness Week, Deaf Awareness Week, Suicide Prevention Day, Cancer Awareness, etc. It was also valuable for us to hold all the workshops and vital health talks delivered at both our West and East London centre based activity sessions.

We were very fortunate this year to have been awarded a small grant from the Mayor's Grant Fund to support our existing work, by delivering more activities for Older ladies over 55 from the London Borough of Tower Hamlets to assist them in being more physically active and increase their community awareness of services in the borough. Although a reduced figure than applied, it enables us to assist more people, especially supporting the most vulnerable & socially invisible residents in the borough. The physical and mental wellbeing of the ladies is on the forefront of our service development, and all our activities continue to be Co-produced to ensure it meets their needs. Our East London health & well-being sessions are even more popular and growing in the numbers of women coming to us, that we have had to start a waiting list this year for new ladies to join. We are proud of the achievements made and how much development and confidence being active brings ladies who otherwise are socially isolated and marginalised.

We were happy to welcome a new minibus to our transportation service this year, with the help of generous donations from Jaspar Foundation and Oshwal Association of the UK towards this new accessible vehicle for our service users. Socially inclusive outings and the accessible transport needed for our service users is so important, that is why this featured highly through the year, with our service users having the opportunity to visit many places of interest, like London Zoo, Hobbledown Farm, Kew Gardens & Greenwich Museum, etc to provide our services and staff the opportunity to experience that heritage enrichment of the areas in and around London which have not been accessible to them without our support.

Home Respite and Personal Care services

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

Our dedicated culturally tailored service for people in their homes continues to be a reflection of what we stand for at APDA. Focus on the person, and what we can do to help make their lives a little bit easier and better from interaction with our staff team. This is why our homecare provision continues to stand head & shoulders above the regular domiciliary services due to our clear and consistent approach to providing good quality care, not based on minutes of delivery but on ensuring the needs of the service user comes first. We deliver our care not on a profit model, but as a holistic support needed to enrich and improve people's health and wellbeing.

APDA's Homecare staff team continues to grow, with each member of our team safely delivering quality services in the year. All staff ensuring they are fully trained and aware of their obligations for personal protection and understand risk assessments for each service user to ensure our users remain safe and protected whilst delivering our high quality level service.

Our bespoke and culturally tailored provision focuses on the support needed by disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities.

Our service also enables their family carers that needed respite and peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes.

We gather feedback from our service users every quarter, and this tells us that our focus should continue to be matching service users to carers based on their holistic needs. This very much ensures that our services are provided to each service user with the minimal change in carers wherever possible to reduce the possibility of confusion, cross contamination, maintain good infection control measures and always enabling trust and understanding to be established as we know the importance of maintaining the dignity and respect of each of our users when they are at their most vulnerable in life. This also ensures that the staff and service users are able to build a strong, stable relationship and gain respect between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

Advocacy and Advice Services

This year we successfully renewed our accreditation for a further 2 years with our existing AQS certification standards for Advice services. Our much valued add-on service has been continuing to support more people within London on a wide range of issues and enquiries. From issues with client charges imposed by local authorities, to applying for blue badge

We have also continued providing the platform on our website for an accessible and automated advice support service which aids a formal letter to be produced to challenge incorrect decisions made about health and social care. This is a result of a joint partnership project with Access to Social Care for more detailed advice and support that can be accessed at any time via our Website

Development

The demand for our organisation to input into Health Inequalities has trebled this year. We have been supporting our peers to obtain grants, trust funding, government & education funding in order that there is adequate investment into identifying why and how people are facing health inequalities. As a result of the successful outcomes, we have been busy ensuring the voices of Asian disabled people are heard and understood through our input and contribution into these various studies and research papers.

As part of our international development work and our remit as an organisation holding Special consultative status, we were pleased to provide our quadrennial report to the Council for Economic and Social Development. It was very well received, and reflected on the hardships faced on a daily basis by Disabled people here in the UK and the impact Covid-19 and lockdowns had on them

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

We whole heartedly celebrated the United Nations International Day of Persons with Disabilities on Thursday 30th November 2023. This marked event in our calendars is always such a special day for us, as people with disabilities, health conditions and impairments. As we came together and celebrated in our unique fun and colourful way, we also raised awareness of the need for more inclusion and conducive environments for disabled people to thrive and grow their skills and talents. An occasion for laughter, singing and enjoying all the good things we have achieved for the year as a unique Ethnic Minoritised DDPO.

We were also pleased to have celebrated UN International Day for Older Persons on 5th October 2023, with the Theme "Ageing Well for Life." This was an opportunity to highlight the importance of maintaining healthy minds and bodies for ensuring better outcomes as we age. It was a happy celebration with talks, presentations and of course singing and dancing to get everyone active and engaged.

Public benefit

We proudly continue delivering benefit to the disabled public in keeping with our Aims and Objectives. The charity is a public benefit entity. The trustees have complied with the duty in section 4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission, including public benefit guidance.

STRATEGIC REPORT

Financial position

The Charity had a deficit of £8,181 at 31 March 2024 (2023: £121,836), reserves stand at £594,775 (2023: £602,956), all of which are Unrestricted funds. £375,000 of the unrestricted funds are held in a designated reserve for the acquisition of additional space and premises.

Reserves policy

APDA Ltd adopts its reserve policy to ensure that the Charity maintain its reserve of at least 6 month's running costs. This should enable APDA Ltd to continue to operate in the event of changes in income from its income generating activities. APDA Ltd's management committee will continue to review its income and expenditure on an ongoing basis and maintain its long term sustainable strategic activities. There are no material uncertainties about the charity's ability to continue.

Going concern

At the time of approving the financial statements, the Management Committee have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution

Asian People's Disability Alliance Limited (APDA) is a registered charity No.1140090. The Charity is established for the relief of disabled persons, in particular such persons from the Asian community. The Charity is governed by its constitution. The company does not have a share capital and is limited by guarantee.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Members of the Committee are recruited for their experience, knowledge, acumen and other attributes that could help in the development of the Organisation, capacity building the Organisation and enabling it to sustain itself in the ever changing environment of the voluntary sector.

In addition to committee members with personal knowledge and lived experience of disability, APDA Ltd now has a number of members with diverse backgrounds in business and other charitable organisations to accommodate the new environment of commissioning, contracts and tender bids, etc as well as to help APDA's efforts to sustain it-self in times of financial constraints and austerity practices.

All members of the Management Committee give their time on a voluntary basis and receive no benefits from the charity. Claims for out of pocket expenses are in accordance with the voluntary sector rules and rates.

Soon after joining, new members are given induction training together with relevant handouts and information materials to enable them to become familiar with the Organisation and its functions.

Suitable training to enhance their skills and help them to make effective input in the Organisation's development is also arranged.

The Members are also advised and recommended to study and adopt the good practice guides on the roles and responsibilities of the management committee produced by the NCVO, Charities Commission and other such bodies.

Organisational structure

The Management Committee

APDA is managed by an executive committee made up of Asian people with disabilities and carers. The Committee meets four to six times a year and as at 31st March 2024 comprised of the following:

Directors:

Zeenat Jeewa (Chief Executive)
Michael Jeewa (resigned 18 March 2024)

Trustees:

Office bearers:

Chairperson: Pradip Shah
Hon.Secretary: Ashok Chabria
Treasurer: Rekha Mehta.

Committee Members:

Daya Lekamwattage; Azahim Mohammed; Jazal Marzook, Amina Mullah and Kewal Singh.

The Office Bearers and Committee Members are elected at the annual general meeting.

Risk management

The Management Committee actively review the major risk which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Management Committee have also examined other operational and business risks faced by the Charity through its Risk matrix and confirm that they have established systems to mitigate the significant risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06190051 (England and Wales)

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

Registered Charity number

1140090

Registered office

Daycare & Development Centre
Alric Avenue
Off Bruce Road
London
NW10 8RA

Trustees

Ms Z Jeewa
M Jeewa

Independent Examiner

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Bankers

HSBC Bank Plc
Howardgate
Welwyn Garden City
Herts
AL8 6BH

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on12/11/24..... and signed on the board's behalf by:



.....
Ms Z Jeewa - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ASIAN PEOPLE DISABILITY ALLIANCE LIMITED**

Independent examiner's report to the trustees of ASIAN PEOPLE DISABILITY ALLIANCE LIMITED ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Praful Patel

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 12/11/2024

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	19,016	-	19,016	11,779
Other trading activities	3	653,196	-	653,196	539,211
Investment income	4	5,355	-	5,355	1,268
Total		<u>677,567</u>	<u>-</u>	<u>677,567</u>	<u>552,258</u>
EXPENDITURE ON					
Charitable activities	5				
Home care		331,167	-	331,167	199,059
Day care		264,272	-	264,272	324,015
Development Project		21,624	-	21,624	41,612
Grant Projects		110	-	110	38,613
Governance		68,575	-	68,575	70,795
Total		<u>685,748</u>	<u>-</u>	<u>685,748</u>	<u>674,094</u>
NET INCOME/(EXPENDITURE)		(8,181)	-	(8,181)	(121,836)
RECONCILIATION OF FUNDS					
Total funds brought forward		602,956	-	602,956	724,792
TOTAL FUNDS CARRIED FORWARD		<u><u>594,775</u></u>	<u><u>-</u></u>	<u><u>594,775</u></u>	<u><u>602,956</u></u>

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

BALANCE SHEET
31 MARCH 2024

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	11	2,727	-	2,727	3,491
CURRENT ASSETS					
Debtors	12	135,400	-	135,400	99,744
Cash at bank		559,645	-	559,645	621,076
		<u>695,045</u>	<u>-</u>	<u>695,045</u>	<u>720,820</u>
CREDITORS					
Amounts falling due within one year	13	(102,997)	-	(102,997)	(121,355)
NET CURRENT ASSETS		<u>592,048</u>	<u>-</u>	<u>592,048</u>	<u>599,465</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>594,775</u>	<u>-</u>	<u>594,775</u>	<u>602,956</u>
NET ASSETS		<u>594,775</u>	<u>-</u>	<u>594,775</u>	<u>602,956</u>
FUNDS	14				
Unrestricted funds				594,775	602,956
TOTAL FUNDS				<u>594,775</u>	<u>602,956</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 12/11/24 and were signed on its behalf by:


L Jeewa - Trustee

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash generated from operations	1	(66,306)	(117,330)
Net cash used in operating activities		<u>(66,306)</u>	<u>(117,330)</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(480)	(1,975)
Investment income		5,355	1,268
Net cash provided by/(used in) investing activities		<u>4,875</u>	<u>(707)</u>
Change in cash and cash equivalents in the reporting period		<u>(61,431)</u>	<u>(118,037)</u>
Cash and cash equivalents at the beginning of the reporting period		<u>621,076</u>	<u>739,113</u>
Cash and cash equivalents at the end of the reporting period		<u><u>559,645</u></u>	<u><u>621,076</u></u>

The notes form part of these financial statements

**NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2024**

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(8,181)	(121,836)
Adjustments for:		
Depreciation charges	1,244	1,330
Investment income	(5,355)	(1,268)
Increase in debtors	(35,656)	(20,237)
(Decrease)/increase in creditors	(18,358)	24,681
Net cash used in operations	<u>(66,306)</u>	<u>(117,330)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/23 £	Cash flow £	At 31/3/24 £
Net cash			
Cash at bank	621,076	(61,431)	559,645
	<u>621,076</u>	<u>(61,431)</u>	<u>559,645</u>
Total	<u>621,076</u>	<u>(61,431)</u>	<u>559,645</u>

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	3,500	10,625
Grants	15,516	1,154
	<u>19,016</u>	<u>11,779</u>

Grants received, included in the above, are as follows:

	2024	2023
	£	£
Other grants	<u>15,516</u>	<u>1,154</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Home care	248,873	186,481
Day care	357,540	297,941
Miscellaneous	7,880	25,592
Meal Contribution Income	9,504	9,242
Passenger Assistance	29,399	19,955
	<u>653,196</u>	<u>539,211</u>

All incoming resources are included in the statement of financial activities when the charity is entitled to, and virtually certain to receive, the income and the amount can be quantified with reasonable accuracy. The following policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognized when the charity becomes unconditionally entitled to the grant. Donated services and facilities are included at the value to the charity where this can be qualified. The value of services provided by the volunteers has not been included in these accounts.

Investment income is included when receivable.

Incoming resources from charitable trading activity are accounted for when earned.

Incoming resources from grants, where related to performance and specific deliverable, are accounted for as the charity earns the right to consideration by its performance.

4. INVESTMENT INCOME

	2024	2023
	£	£
Investment income	<u>5,355</u>	<u>1,268</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
Home care	290,254	40,913	331,167
Day care	264,272	-	264,272
Development Project	21,624	-	21,624
Grant Projects	110	-	110
Governance	68,575	-	68,575
	<u>644,835</u>	<u>40,913</u>	<u>685,748</u>

Expenditure is recognized on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it related:

Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can all locate directly to such activities and those costs of an indirect nature necessary to support them.

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly and others are apportioned on an appropriation basis e.g floor area, per capita or estimated usage as set out in Note 5.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

5. CHARITABLE ACTIVITIES COSTS - continued

6. SUPPORT COSTS

	Management £
Home care	40,913

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation - owned assets	1,244	1,330

8. TRUSTEES' REMUNERATION AND BENEFITS

The total remuneration paid to members of the management committee was £62,835 (£2022: £62,835) which was paid to the Chief Executive.

Trustees' expenses

The total amount of expenses reimbursed to management committee members during the year was £1,994 (2022:£3,623).

9. STAFF COSTS

	2024 £	2023 £
Wages and salaries	505,244	476,719
Social security costs	27,954	29,059
	<u>533,198</u>	<u>505,778</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Day Care	11	10
Home Care	24	25
Governance	5	5
	<u>40</u>	<u>40</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2024	2023
£60,001 - £80,000	1	1

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	11,779	-	11,779
Other trading activities	539,211	-	539,211
Investment income	1,268	-	1,268
Total	552,258	-	552,258
EXPENDITURE ON			
Charitable activities			
Home care	199,059	-	199,059
Day care	324,015	-	324,015
Development Project	41,612	-	41,612
Grant Projects	6,745	31,868	38,613
Governance	70,795	-	70,795
Total	642,226	31,868	674,094
NET INCOME/(EXPENDITURE)	(89,968)	(31,868)	(121,836)
RECONCILIATION OF FUNDS			
Total funds brought forward	692,924	31,868	724,792
TOTAL FUNDS CARRIED FORWARD	602,956	-	602,956

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2023	29,061	33,250	62,311
Additions	480	-	480
At 31 March 2024	29,541	33,250	62,791
DEPRECIATION			
At 1 April 2023	25,570	33,250	58,820
Charge for year	1,244	-	1,244
At 31 March 2024	26,814	33,250	60,064
NET BOOK VALUE			
At 31 March 2024	2,727	-	2,727
At 31 March 2023	3,491	-	3,491

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade debtors	125,962	91,196
Other debtors	9,438	8,548
	<u>135,400</u>	<u>99,744</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	30,337	34,493
Other creditors	72,660	86,862
	<u>102,997</u>	<u>121,355</u>

14. MOVEMENT IN FUNDS

	At 1/4/23	Net movement in funds	At 31/3/24
	£	£	£
Unrestricted funds			
General fund	602,956	(8,181)	594,775
	<u>602,956</u>	<u>(8,181)</u>	<u>594,775</u>
TOTAL FUNDS	<u>602,956</u>	<u>(8,181)</u>	<u>594,775</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	677,567	(685,748)	(8,181)
	<u>677,567</u>	<u>(685,748)</u>	<u>(8,181)</u>
TOTAL FUNDS	<u>677,567</u>	<u>(685,748)</u>	<u>(8,181)</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	317,924	(89,968)	227,956
Designated	375,000	-	375,000
	692,924	(89,968)	602,956
Restricted funds			
Restricted	31,868	(31,868)	-
TOTAL FUNDS	<u>724,792</u>	<u>(121,836)</u>	<u>602,956</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	552,258	(642,226)	(89,968)
Restricted funds			
Restricted	-	(31,868)	(31,868)
TOTAL FUNDS	<u>552,258</u>	<u>(674,094)</u>	<u>(121,836)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/22 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	317,924	(98,149)	219,775
Designated	375,000	-	375,000
	692,924	(98,149)	594,775
Restricted funds			
Restricted	31,868	(31,868)	-
TOTAL FUNDS	<u>724,792</u>	<u>(130,017)</u>	<u>594,775</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,229,825	(1,327,974)	(98,149)
Restricted funds			
Restricted	-	(31,868)	(31,868)
TOTAL FUNDS	<u>1,229,825</u>	<u>(1,359,842)</u>	<u>(130,017)</u>

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

16. PURPOSE OF FUNDS

Designated Funds

The income funds of the Charity include designated funds of £375,000, set aside out of unrestricted funds by the management committee to apply and investing towards acquiring of more space and premises needed by APDA to expand and increase its activities and much needed essential services to more Asian Disabled people. The Management Committee also intends to designate further funds for the above-mentioned purposes over the coming years.

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024**

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	3,500	10,625
Grants	15,516	1,154
	<u>19,016</u>	<u>11,779</u>
Other trading activities		
Home care	248,873	186,481
Day care	357,540	297,941
Miscellaneous	7,880	25,592
Meal Contribution Income	9,504	9,242
Passenger Assistance	29,399	19,955
	<u>653,196</u>	<u>539,211</u>
Investment income		
Investment income	5,355	1,268
	<u>677,567</u>	<u>552,258</u>
Total incoming resources		
EXPENDITURE		
Charitable activities		
Wages	505,244	476,719
Social security	27,954	29,059
Travel and Minibus	54,958	39,307
Accountancy fees	15,700	17,692
Other cost	34,359	42,524
Training	3,390	3,646
Independent examiner fees	1,800	1,800
Recruitment expenses	1,430	-
	<u>644,835</u>	<u>610,747</u>
Support costs		
Management		
Premises	9,121	33,578
General office cost	8,869	10,379
Legal & Professional	21,498	17,841
Bank charges	181	219
Fixtures and fittings	1,244	1,330
	<u>40,913</u>	<u>63,347</u>
Total resources expended	<u>685,748</u>	<u>674,094</u>
Net expenditure	<u>(8,181)</u>	<u>(121,836)</u>

This page does not form part of the statutory financial statements

REGISTERED COMPANY NUMBER: 06190051 (England and Wales)
REGISTERED CHARITY NUMBER: 1140090

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024
FOR
ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

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ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

OBJECTIVES AND ACTIVITIES

Significant activities

It is my pleasure to bring this annual review of APDA's activities for the year 2023-24.

We proudly continue to be of great benefit to disabled members of the public, and in particular, our culturally tailored support services have continued to help in the mental and physical development & sustaining wellbeing of vulnerable elderly, disabled people, their Carers and their wider families.

APDA, as a Disabled People's Organization (DDPO) was set up, managed and continues to be run by disabled people ourselves. All our services are user-led and needs-led, and always in keeping with social care developments. APDA proudly continues to be innovative and involving and supporting clients, users and carers with advice and support through difficult situations that they may face, and always ensuring the voices of disabled people count and are heard.

Review of Progress of our direct holistic support services to elderly and disabled people and their carers and families:

Day Care and Development Services

During 2023-24, the continuing pressures of the Cost-of-Living Crisis has greatly affected many service users, their families and our staff teams. We all experienced a further difficult 12 months, with the ongoing financial crisis that has affected the majority of our service users around the UK.

This impacts on some users having to choose between heating and eating. Often changing their eating habits to pay for basic utility bills.

With the financial pressures & energy crisis hanging over us, the numbers of people requiring interventional support has doubled, with our organisation seeing a constant number of new referrals from local authorities to our centre. The people all requiring complex support packages for their social care needs to be met by our experienced staff.

This year has brought more vulnerable people & their families through our doors, and also sent our staff to people's homes for the much needed social interaction for those stuck at home after falls, and long periods of ill health.

As always, it was so important for us to mark and raise awareness around the year for people affected by various conditions special days, like Mental Health Awareness Week, Deaf Awareness Week, Suicide Prevention Day, Cancer Awareness, etc. It was also valuable for us to hold all the workshops and vital health talks delivered at both our West and East London centre based activity sessions.

We were very fortunate this year to have been awarded a small grant from the Mayor's Grant Fund to support our existing work, by delivering more activities for Older ladies over 55 from the London Borough of Tower Hamlets to assist them in being more physically active and increase their community awareness of services in the borough. Although a reduced figure than applied, it enables us to assist more people, especially supporting the most vulnerable & socially invisible residents in the borough. The physical and mental wellbeing of the ladies is on the forefront of our service development, and all our activities continue to be Co-produced to ensure it meets their needs. Our East London health & well-being sessions are even more popular and growing in the numbers of women coming to us, that we have had to start a waiting list this year for new ladies to join. We are proud of the achievements made and how much development and confidence being active brings ladies who otherwise are socially isolated and marginalised.

We were happy to welcome a new minibus to our transportation service this year, with the help of generous donations from Jaspar Foundation and Oshwal Association of the UK towards this new accessible vehicle for our service users. Socially inclusive outings and the accessible transport needed for our service users is so important, that is why this featured highly through the year, with our service users having the opportunity to visit many places of interest, like London Zoo, Hobbledown Farm, Kew Gardens & Greenwich Museum, etc to provide our services and staff the opportunity to experience that heritage enrichment of the areas in and around London which have not been accessible to them without our support.

Home Respite and Personal Care services

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

Our dedicated culturally tailored service for people in their homes continues to be a reflection of what we stand for at APDA. Focus on the person, and what we can do to help make their lives a little bit easier and better from interaction with our staff team. This is why our homecare provision continues to stand head & shoulders above the regular domiciliary services due to our clear and consistent approach to providing good quality care, not based on minutes of delivery but on ensuring the needs of the service user comes first. We deliver our care not on a profit model, but as a holistic support needed to enrich and improve people's health and wellbeing.

APDA's Homecare staff team continues to grow, with each member of our team safely delivering quality services in the year. All staff ensuring they are fully trained and aware of their obligations for personal protection and understand risk assessments for each service user to ensure our users remain safe and protected whilst delivering our high quality level service.

Our bespoke and culturally tailored provision focuses on the support needed by disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities.

Our service also enables their family carers that needed respite and peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes.

We gather feedback from our service users every quarter, and this tells us that our focus should continue to be matching service users to carers based on their holistic needs. This very much ensures that our services are provided to each service user with the minimal change in carers wherever possible to reduce the possibility of confusion, cross contamination, maintain good infection control measures and always enabling trust and understanding to be established as we know the importance of maintaining the dignity and respect of each of our users when they are at their most vulnerable in life. This also ensures that the staff and service users are able to build a strong, stable relationship and gain respect between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

Advocacy and Advice Services

This year we successfully renewed our accreditation for a further 2 years with our existing AQS certification standards for Advice services. Our much valued add-on service has been continuing to support more people within London on a wide range of issues and enquiries. From issues with client charges imposed by local authorities, to applying for blue badge

We have also continued providing the platform on our website for an accessible and automated advice support service which aids a formal letter to be produced to challenge incorrect decisions made about health and social care. This is a result of a joint partnership project with Access to Social Care for more detailed advice and support that can be accessed at any time via our Website

Development

The demand for our organisation to input into Health Inequalities has trebled this year. We have been supporting our peers to obtain grants, trust funding, government & education funding in order that there is adequate investment into identifying why and how people are facing health inequalities. As a result of the successful outcomes, we have been busy ensuring the voices of Asian disabled people are heard and understood through our input and contribution into these various studies and research papers.

As part of our international development work and our remit as an organisation holding Special consultative status, we were pleased to provide our quadrennial report to the Council for Economic and Social Development. It was very well received, and reflected on the hardships faced on a daily basis by Disabled people here in the UK and the impact Covid-19 and lockdowns had on them

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

We whole heartedly celebrated the United Nations International Day of Persons with Disabilities on Thursday 30th November 2023. This marked event in our calendars is always such a special day for us, as people with disabilities, health conditions and impairments. As we came together and celebrated in our unique fun and colourful way, we also raised awareness of the need for more inclusion and conducive environments for disabled people to thrive and grow their skills and talents. An occasion for laughter, singing and enjoying all the good things we have achieved for the year as a unique Ethnic Minoritised DDPO.

We were also pleased to have celebrated UN International Day for Older Persons on 5th October 2023, with the Theme "Ageing Well for Life." This was an opportunity to highlight the importance of maintaining healthy minds and bodies for ensuring better outcomes as we age. It was a happy celebration with talks, presentations and of course singing and dancing to get everyone active and engaged.

Public benefit

We proudly continue delivering benefit to the disabled public in keeping with our Aims and Objectives. The charity is a public benefit entity. The trustees have complied with the duty in section 4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission, including public benefit guidance.

STRATEGIC REPORT

Financial position

The Charity had a deficit of £8,181 at 31 March 2024 (2023: £121,836), reserves stand at £594,775 (2023: £602,956), all of which are Unrestricted funds. £375,000 of the unrestricted funds are held in a designated reserve for the acquisition of additional space and premises.

Reserves policy

APDA Ltd adopts its reserve policy to ensure that the Charity maintain its reserve of at least 6 month's running costs. This should enable APDA Ltd to continue to operate in the event of changes in income from its income generating activities. APDA Ltd's management committee will continue to review its income and expenditure on an ongoing basis and maintain its long term sustainable strategic activities. There are no material uncertainties about the charity's ability to continue.

Going concern

At the time of approving the financial statements, the Management Committee have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution

Asian People's Disability Alliance Limited (APDA) is a registered charity No.1140090. The Charity is established for the relief of disabled persons, in particular such persons from the Asian community. The Charity is governed by its constitution. The company does not have a share capital and is limited by guarantee.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Members of the Committee are recruited for their experience, knowledge, acumen and other attributes that could help in the development of the Organisation, capacity building the Organisation and enabling it to sustain itself in the ever changing environment of the voluntary sector.

In addition to committee members with personal knowledge and lived experience of disability, APDA Ltd now has a number of members with diverse backgrounds in business and other charitable organisations to accommodate the new environment of commissioning, contracts and tender bids, etc as well as to help APDA's efforts to sustain it-self in times of financial constraints and austerity practices.

All members of the Management Committee give their time on a voluntary basis and receive no benefits from the charity. Claims for out of pocket expenses are in accordance with the voluntary sector rules and rates.

Soon after joining, new members are given induction training together with relevant handouts and information materials to enable them to become familiar with the Organisation and its functions.

Suitable training to enhance their skills and help them to make effective input in the Organisation's development is also arranged.

The Members are also advised and recommended to study and adopt the good practice guides on the roles and responsibilities of the management committee produced by the NCVO, Charities Commission and other such bodies.

Organisational structure

The Management Committee

APDA is managed by an executive committee made up of Asian people with disabilities and carers. The Committee meets four to six times a year and as at 31st March 2024 comprised of the following:

Directors:

Zeenat Jeewa (Chief Executive)
Michael Jeewa (resigned 18 March 2024)

Trustees:

Office bearers:

Chairperson: Pradip Shah
Hon.Secretary: Ashok Chabria
Treasurer: Rekha Mehta.

Committee Members:

Daya Lekamwattage; Azahim Mohammed; Jazal Marzook, Amina Mullah and Kewal Singh.

The Office Bearers and Committee Members are elected at the annual general meeting.

Risk management

The Management Committee actively review the major risk which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Management Committee have also examined other operational and business risks faced by the Charity through its Risk matrix and confirm that they have established systems to mitigate the significant risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06190051 (England and Wales)

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

Registered Charity number

1140090

Registered office

Daycare & Development Centre
Alric Avenue
Off Bruce Road
London
NW10 8RA

Trustees

Ms Z Jeewa
M Jeewa

Independent Examiner

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Bankers

HSBC Bank Plc
Howardgate
Welwyn Garden City
Herts
AL8 6BH

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on12/11/24..... and signed on the board's behalf by:



.....
Ms Z Jeewa - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ASIAN PEOPLE DISABILITY ALLIANCE LIMITED**

Independent examiner's report to the trustees of ASIAN PEOPLE DISABILITY ALLIANCE LIMITED ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Praful Patel

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 12/11/2024

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	19,016	-	19,016	11,779
Other trading activities	3	653,196	-	653,196	539,211
Investment income	4	5,355	-	5,355	1,268
Total		<u>677,567</u>	<u>-</u>	<u>677,567</u>	<u>552,258</u>
EXPENDITURE ON					
Charitable activities	5				
Home care		331,167	-	331,167	199,059
Day care		264,272	-	264,272	324,015
Development Project		21,624	-	21,624	41,612
Grant Projects		110	-	110	38,613
Governance		68,575	-	68,575	70,795
Total		<u>685,748</u>	<u>-</u>	<u>685,748</u>	<u>674,094</u>
NET INCOME/(EXPENDITURE)		(8,181)	-	(8,181)	(121,836)
RECONCILIATION OF FUNDS					
Total funds brought forward		602,956	-	602,956	724,792
TOTAL FUNDS CARRIED FORWARD		<u>594,775</u>	<u>-</u>	<u>594,775</u>	<u>602,956</u>

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

BALANCE SHEET
31 MARCH 2024

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	11	2,727	-	2,727	3,491
CURRENT ASSETS					
Debtors	12	135,400	-	135,400	99,744
Cash at bank		559,645	-	559,645	621,076
		<u>695,045</u>	<u>-</u>	<u>695,045</u>	<u>720,820</u>
CREDITORS					
Amounts falling due within one year	13	(102,997)	-	(102,997)	(121,355)
NET CURRENT ASSETS		<u>592,048</u>	<u>-</u>	<u>592,048</u>	<u>599,465</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>594,775</u>	<u>-</u>	<u>594,775</u>	<u>602,956</u>
NET ASSETS		<u>594,775</u>	<u>-</u>	<u>594,775</u>	<u>602,956</u>
FUNDS	14				
Unrestricted funds				594,775	602,956
TOTAL FUNDS				<u>594,775</u>	<u>602,956</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 12/11/24 and were signed on its behalf by:


L Jeewa - Trustee

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash generated from operations	1	(66,306)	(117,330)
Net cash used in operating activities		<u>(66,306)</u>	<u>(117,330)</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(480)	(1,975)
Investment income		5,355	1,268
Net cash provided by/(used in) investing activities		<u>4,875</u>	<u>(707)</u>
Change in cash and cash equivalents in the reporting period		<u>(61,431)</u>	<u>(118,037)</u>
Cash and cash equivalents at the beginning of the reporting period		<u>621,076</u>	<u>739,113</u>
Cash and cash equivalents at the end of the reporting period		<u><u>559,645</u></u>	<u><u>621,076</u></u>

The notes form part of these financial statements

**NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2024**

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(8,181)	(121,836)
Adjustments for:		
Depreciation charges	1,244	1,330
Investment income	(5,355)	(1,268)
Increase in debtors	(35,656)	(20,237)
(Decrease)/increase in creditors	(18,358)	24,681
Net cash used in operations	<u>(66,306)</u>	<u>(117,330)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/23 £	Cash flow £	At 31/3/24 £
Net cash			
Cash at bank	621,076	(61,431)	559,645
	<u>621,076</u>	<u>(61,431)</u>	<u>559,645</u>
Total	<u>621,076</u>	<u>(61,431)</u>	<u>559,645</u>

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	3,500	10,625
Grants	15,516	1,154
	<u>19,016</u>	<u>11,779</u>

Grants received, included in the above, are as follows:

	2024	2023
	£	£
Other grants	<u>15,516</u>	<u>1,154</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Home care	248,873	186,481
Day care	357,540	297,941
Miscellaneous	7,880	25,592
Meal Contribution Income	9,504	9,242
Passenger Assistance	29,399	19,955
	<u>653,196</u>	<u>539,211</u>

All incoming resources are included in the statement of financial activities when the charity is entitled to, and virtually certain to receive, the income and the amount can be quantified with reasonable accuracy. The following policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognized when the charity becomes unconditionally entitled to the grant. Donated services and facilities are included at the value to the charity where this can be qualified. The value of services provided by the volunteers has not been included in these accounts.

Investment income is included when receivable.

Incoming resources from charitable trading activity are accounted for when earned.

Incoming resources from grants, where related to performance and specific deliverable, are accounted for as the charity earns the right to consideration by its performance.

4. INVESTMENT INCOME

	2024	2023
	£	£
Investment income	<u>5,355</u>	<u>1,268</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
Home care	290,254	40,913	331,167
Day care	264,272	-	264,272
Development Project	21,624	-	21,624
Grant Projects	110	-	110
Governance	68,575	-	68,575
	<u>644,835</u>	<u>40,913</u>	<u>685,748</u>

Expenditure is recognized on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it related:

Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can all locate directly to such activities and those costs of an indirect nature necessary to support them.

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly and others are apportioned on an appropriation basis e.g floor area, per capita or estimated usage as set out in Note 5.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

5. CHARITABLE ACTIVITIES COSTS - continued

6. SUPPORT COSTS

	Management £
Home care	40,913

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation - owned assets	1,244	1,330

8. TRUSTEES' REMUNERATION AND BENEFITS

The total remuneration paid to members of the management committee was £62,835 (£2022: £62,835) which was paid to the Chief Executive.

Trustees' expenses

The total amount of expenses reimbursed to management committee members during the year was £1,994 (2022:£3,623).

9. STAFF COSTS

	2024 £	2023 £
Wages and salaries	505,244	476,719
Social security costs	27,954	29,059
	<u>533,198</u>	<u>505,778</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Day Care	11	10
Home Care	24	25
Governance	5	5
	<u>40</u>	<u>40</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2024	2023
£60,001 - £80,000	1	1

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	11,779	-	11,779
Other trading activities	539,211	-	539,211
Investment income	1,268	-	1,268
Total	<u>552,258</u>	<u>-</u>	<u>552,258</u>
EXPENDITURE ON			
Charitable activities			
Home care	199,059	-	199,059
Day care	324,015	-	324,015
Development Project	41,612	-	41,612
Grant Projects	6,745	31,868	38,613
Governance	70,795	-	70,795
Total	<u>642,226</u>	<u>31,868</u>	<u>674,094</u>
NET INCOME/(EXPENDITURE)	<u>(89,968)</u>	<u>(31,868)</u>	<u>(121,836)</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	692,924	31,868	724,792
TOTAL FUNDS CARRIED FORWARD	<u>602,956</u>	<u>-</u>	<u>602,956</u>

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2023	29,061	33,250	62,311
Additions	480	-	480
At 31 March 2024	<u>29,541</u>	<u>33,250</u>	<u>62,791</u>
DEPRECIATION			
At 1 April 2023	25,570	33,250	58,820
Charge for year	1,244	-	1,244
At 31 March 2024	<u>26,814</u>	<u>33,250</u>	<u>60,064</u>
NET BOOK VALUE			
At 31 March 2024	<u>2,727</u>	<u>-</u>	<u>2,727</u>
At 31 March 2023	<u>3,491</u>	<u>-</u>	<u>3,491</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade debtors	125,962	91,196
Other debtors	9,438	8,548
	<u>135,400</u>	<u>99,744</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	30,337	34,493
Other creditors	72,660	86,862
	<u>102,997</u>	<u>121,355</u>

14. MOVEMENT IN FUNDS

	At 1/4/23	Net movement in funds	At 31/3/24
	£	£	£
Unrestricted funds			
General fund	602,956	(8,181)	594,775
	<u>602,956</u>	<u>(8,181)</u>	<u>594,775</u>
TOTAL FUNDS	<u>602,956</u>	<u>(8,181)</u>	<u>594,775</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	677,567	(685,748)	(8,181)
	<u>677,567</u>	<u>(685,748)</u>	<u>(8,181)</u>
TOTAL FUNDS	<u>677,567</u>	<u>(685,748)</u>	<u>(8,181)</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	317,924	(89,968)	227,956
Designated	375,000	-	375,000
	692,924	(89,968)	602,956
Restricted funds			
Restricted	31,868	(31,868)	-
TOTAL FUNDS	<u>724,792</u>	<u>(121,836)</u>	<u>602,956</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	552,258	(642,226)	(89,968)
Restricted funds			
Restricted	-	(31,868)	(31,868)
TOTAL FUNDS	<u>552,258</u>	<u>(674,094)</u>	<u>(121,836)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/22 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	317,924	(98,149)	219,775
Designated	375,000	-	375,000
	692,924	(98,149)	594,775
Restricted funds			
Restricted	31,868	(31,868)	-
TOTAL FUNDS	<u>724,792</u>	<u>(130,017)</u>	<u>594,775</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,229,825	(1,327,974)	(98,149)
Restricted funds			
Restricted	-	(31,868)	(31,868)
TOTAL FUNDS	<u>1,229,825</u>	<u>(1,359,842)</u>	<u>(130,017)</u>

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

16. PURPOSE OF FUNDS

Designated Funds

The income funds of the Charity include designated funds of £375,000, set aside out of unrestricted funds by the management committee to apply and investing towards acquiring of more space and premises needed by APDA to expand and increase its activities and much needed essential services to more Asian Disabled people. The Management Committee also intends to designate further funds for the above-mentioned purposes over the coming years.

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024**

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	3,500	10,625
Grants	15,516	1,154
	<u>19,016</u>	<u>11,779</u>
Other trading activities		
Home care	248,873	186,481
Day care	357,540	297,941
Miscellaneous	7,880	25,592
Meal Contribution Income	9,504	9,242
Passenger Assistance	29,399	19,955
	<u>653,196</u>	<u>539,211</u>
Investment income		
Investment income	5,355	1,268
	<u>677,567</u>	<u>552,258</u>
Total incoming resources		
EXPENDITURE		
Charitable activities		
Wages	505,244	476,719
Social security	27,954	29,059
Travel and Minibus	54,958	39,307
Accountancy fees	15,700	17,692
Other cost	34,359	42,524
Training	3,390	3,646
Independent examiner fees	1,800	1,800
Recruitment expenses	1,430	-
	<u>644,835</u>	<u>610,747</u>
Support costs		
Management		
Premises	9,121	33,578
General office cost	8,869	10,379
Legal & Professional	21,498	17,841
Bank charges	181	219
Fixtures and fittings	1,244	1,330
	<u>40,913</u>	<u>63,347</u>
Total resources expended	<u>685,748</u>	<u>674,094</u>
Net expenditure	<u>(8,181)</u>	<u>(121,836)</u>

This page does not form part of the statutory financial statements

