



APDA
Asian People's
Disability Alliance
Annual Report
2021 - 2022

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OUR AIMS AND OBJECTIVES

APDA was founded in London 30 plus years ago, as a Pan-Disability Organisation (DPO) to provide culturally specific care for the Asian elderly and disabled community.

It was set up by those who had themselves an in-depth knowledge and personal experience of disability and care. There was very little appropriate support at that time.

APDA is a non-governmental and non-denominational organisation.

Our aims are:

- To provide a needs and user-led culturally appropriate service.
- To collaborate and work in partnership with service planners and mainstream support bodies.
- To act as a resource for disabled people, their carers and their families.
- To work with our disabled peers in the developing world.

Why we have these Aims and Objectives

We have these aims and objectives so that we can:

- Reach out where mainstream services cannot reach due to

lack of expertise and understanding of disabled

- people, their carers and families.
- Help incorporate the specific needs of APDA's client group in relation to service planning and areas that affect their lives.
- Provide consultation, peer support and facilitate their social development.
- Link with the Developing World allowing us to share knowledge, experience and disability attributes that assist and enrich socio-economic development.

OUR CURRENT PROVISIONS

Daycare

We provide participative activities aimed at improving existing skills, developing new skills, and promoting social development.

Our Day Care Centre is:

- Accredited with local authorities
- Fully accessible and fully equipped for users with mixed disabilities
- The only centre within the locality supporting Asian service users
- Our service is very popular in the local community
- The four-strand provision
 - i) Home Support: Within the service user's home;

- telephone contact; face to face activities and support
- ii) Virtual: Online activities, learning and support, and virtual meetings
- iii) Community: Within safe spaces in the local community and outings to places of interest
- iv) Centre: Activities delivered safely in each organization's buildings

Home care and Respite

Our services are:

- Efficient and effective
- Regulated by the Care Quality Commission (CQC)
- Designed to meet the needs and concerns of both users and purchasers
- User-centered and completely needs-led

Our services enable users to:

- Continue to live in the community
- Reduce inappropriate hospitalization
- Give priority to the needs of carers and their families, who are usually poorly supported

Other Services

- Befriending- as a growing number of elderly and disabled Asian people find themselves isolated at home and in the community, Befriending enables them to

retain their independence and identity

- Information, advice, and guidance- Many of our service users and their families need assistance accessing the support that is available in a multi-lingual format
- Advocacy- A support service to provide representation if needed in matters related to care support, housing needs and medical care
- Independent living skills- With support, help and encouragement we help service users with disabilities to continue living independently at home
- Cultural events and outings- We help provide social contact our service users need
- Various Therapies- We engage our users through various therapies including exercise, yoga, multi-sport sessions, Asian music therapy, and arts and crafts
- ICT Skilling- Provide support in understanding technology to give service users and their families a gateway into the world beyond their homes
- Campaigns and Policy- Collaborating with external organisations and agencies to raise awareness about barriers for Asian disabled people in the UK and the developing world.

CHAIRPERSON'S REPORT



Pradip Shah Chairperson

We have a very upbeat team at APDA. Our resilience is clear for all to see, we survived THROUGH adversity while facing all that the pandemic had to throw at us.

Then the economic downturn as a result of the Pandemic hit us all badly. We were shaken, but once again we came out on top with our resilience and team efforts. So, well done to our CEO and all the staff team at APDA in ensuring that we are stronger by working with Brent and other organisations. We are always happy to help wherever and who ever needs our assistance. We strive in putting in the hard work this year, we have managed to organise events on Zoom when clients were not able to gather in person, most activities continued, even improved. Why? Because of the very pro-active actions taken at APDA under the leadership of our trusted CEO. All of our management team are very proud and lucky to have our fantastic

executive management team who have pulled out all the stops and managed to re-assure clients who felt afraid to venture out (fear of pandemic).

We were so pleased that this year we were able to slowly return our daycare services back safely to our centre based delivery model.

Myself, Vijay and my wife, Rashmi had the pleasure of attending the Annual Parliamentary Review Dinner in March 22, and we have some pictures in our events page.

We at APDA have a very strong Survival MOTO, while other sister organisations have folded or are struggling with changes, we continue to survive for our users, in the face of adversity during the last 33 years.

I Look forward to continuing down this Highway of success "in spite of many difficulties"



L to R: Pradip Shah(front), Vijay Amin(back), Rashmi Shah and Lord Blunkett at the Parliamentary Review Reception 2021

CHIEF EXECUTIVES REVIEW



Zeenat Jeewa CEO

I am pleased to state that all our activities, which are based on our aims and objects, continue to be of great benefit to the disabled public, and in particular, our culturally tailored support services helped in the mental and physical development of vulnerable elderly and disabled people, including those with learning difficulties and their Families.

APDA is a Disabled People's Organization (DDPO) set up, managed, and run by disabled people themselves. All our services are user-led and needs-led. Always keeping in the forefront of social care development, APDA continued to be innovative and involving and supporting clients, users and carers with advice and support through this difficult transitional period after the pandemic, always ensuring the voices of disabled people count and are heard.

We continue to proudly deliver our specialist, bespoke services to Asian disabled & elderly people and their Carers and families as a whole. Our culturally tailored user-led and needs-led support services have been provided throughout this year regardless of all the new challenges Covid has brought, and these are popularly taken up by disabled public from several London boroughs, and we have provided the advice and consultation input to help the lives of further disabled people around the UK and the globe affected by Covid-19 virus.

Day Care and Development Services:

APDA in 2021-22 has experienced a steady year coming slowly out of the shadows of the Global pandemic. We have had great learning from our time in lock down, which has ensured we take a more accessible approach in all areas of our services and back office too. We took the best of both worlds, digital and face-to-face, and combined them to create an even more unique and bespoke support service for all our service users and their families. Whilst, of course, keeping our culturally appropriate and specialist service methods blended into the mix, we ensured we continued to safely provide our much-needed services in the best interests of both our staff and service users alike.

Daycare and development services have been a vital tool in ensuring APDA was able to support families to stay

upbeat, amongst all the negative communications, media, and feelings in the community about life chances for Elderly and Disabled people in London. They stated how our support and engagement during these difficult times had allowed their moods to be lifted and to feel valued within their communities. We were also able to provide the respite services back at our centre which created a much-needed break from both sides from having been together often 24/7 for the last 19 months. We have ensured we continued our blended model, but also slowly returned our service users back to a centre-based service in safe incremental steps through the year.

This year we were extremely fortunate by way of funding opportunities given to us, of which one was for our women's health sessions in East London. Under the Covid-19 Emergency London Response Fund, support from the Big Lottery Community Funds assisted us to deliver a 12month extension of our work to reengage and deliver much needed support to isolated and vulnerable women in the borough of Tower Hamlets. Exciting and innovative sessions assisted women to talk, share their experiences of lockdown and learn new skills to boost their confidence and identify the negative effects of social isolation from 2020. We thank The Big Lottery for their commitment to local community groups like ours.

Home Respite and Personal Care services:

This year has continued to be a great reflection of reason APDA was set up,

and our homecare services is clearly a testimony to this, and we are so proud and grateful to our staff team who have continued to work tirelessly throughout this financial year.

APDA has again continued to safely deliver services throughout the year, we continue to carry out covid-19 friendly risk assessments for each service user and provide full PPE for our staff.

Our bespoke homecare provision prides itself on quality of service over quantity and we continue to ensure that the service we provide within people's homes far exceeds the often-basic personal care from other providers. Where others may focus on time driven tasks, we believe in quality care and delivering the tasks needed rather than time allocated. Our focus is on the support disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities.

Our homecare service continues to enable Carers their much-needed respite and peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes.

We also pride ourselves on our abilities to match service users to carers based on their holistic needs. We focus our services to ensure that only the minimal number of carers are provided wherever possible to reduce the possibility of cross contamination and maintain good infection control measures. This also ensures that the staff and service users are able to build

a strong, stable relationship and gain trust between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

Advocacy and Advice Services:

Our Advocacy and Advice Service has been increasing its reach and formalizing our offer with a great achievement this year in successfully acquiring the AQS quality mark in January 2022 for Advice level work. We have been finding a steady increase back in the demand of our advice and advocacy support to disabled people and their Carers, and the clear deterioration in people's health after Covid infections over the past 2 years. We have inputted into many research and consultation of the impact the pandemic has played on the lives of disabled Asian people and their carers here in the UK.

Our services have been ever more relevant and vital given the nature of the Pandemic's damage to those already most vulnerable in our societies. Any support has been greatly appreciated and relevant to ensuring people's rights and entitlements and care support packages being provided are correct and essential to improving the quality of their lives. We are very grateful to Brent CVS & Brent Council for the funding in which we could achieve this.

Overseas Development:

APDA was very pleased to have celebrated the United Nations International Day of Persons with Disabilities 2021 on Thursday 2nd

December 2021. The event was a special day for us all as we were able to celebrate this with more of us together after the previous year's restrictions due to the Covid.

This year's theme of the United Nations Day was "Leadership and participation of persons with disability towards an inclusive, accessible and sustainable post Covid-19 World."

We also celebrated UN International Day for Older Persons on 1st October 2021, with the Theme "Digital Equality for All Ages".

DAY CARE AND DEVELOPMENT



L-R: Chairperson Pradip Shah and Co-Founder member Michael Jeewa welcoming Service User's back to the Centre

APDA's Day Care services have managed to meet the various challenges put up by the Pandemic very successfully by modifying and rearranging our services in line with Covid-19 safety measures. We are so pleased with our new 6 Strand Day care delivery model and have been able to offer our vital and innovative day care support to all our service users.

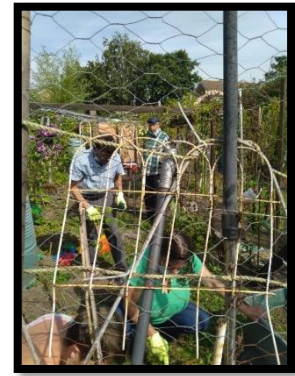
Our Music, Dance and Yoga therapists and care staff members have continued to offer support to users via our daily on-line zoom sessions throughout this year. Our users and staff members celebrated Eid-ul-Fitr, however because of restrictions, this was done via Zoom.

Our Day care staff also carried out visits to users' homes where appropriate to provide one to one Daycare engagement and to check in the wellbeing of those clients socially isolated.



Service User's at the local park

We were also able to restart the community outreach visits to places such as the local sports centre, the Library, Garden Centre, and other places of interest.



Service Users at the garden centre planting seeds

When lockdown restrictions were lifted, we were delighted to be able to once again hold our care support services from our own Centre.

In September 21, we were very excited to hold 2 Trial days back at our own Centre for eight users. They were able to again enjoy music and dance sessions which they had been missing for a long time because of the pandemic restrictions. For safety reasons, we took a measured approach in reopening our centre, and thus staggering the attendee numbers over the first 4 months, ensuring safety was paramount in delivery and all in accordance with the government guidelines, etc.

We have continued our purposeful work of serving short term community placements to UCL Medical School. This programme gives the medical students insight to the particular needs of the section of the community which would have a positive impact in the longer term. This was paused for the summer and restarted back in the Autumn for

more engagement. Like many other years we welcomed medical students from UCL. The program was successfully run through Zoom from January till the beginning of March where the students joined us to take part in Yoga and group discussions with clients about how disability affects their lives.

We ensured that our services via Zoom facilities were continued to be provided to all service users throughout the year, and we also continue with some 'Home Befriending' visits and kept up our regular welfare calls to those Users still choosing to isolate at home.

Celebrations have always been enjoyed by our clients, friends, family, and staff, and like every other year we have celebrated these key days in the centre and via Zoom to ensure everyone could join in and enjoy the festivities.

In November 21, we were able to celebrate Diwali in the Centre with limited capacity and majority of our guests online.



Diwali Celebrations: Service Users dancing with the Mayor and Mayoress of Harrow

We were delighted to be joined by The Hon. Mayor of Harrow Cllr Ghazanfar Ali and the Mayoress attended in person

for the first time and joined in the dancing and singing and spoke admirably about APDA and the celebrations of Diwali. We were also joined by Leader of Brent Council Cllr Muhammed Butt and Cllr Bhagwanji Chohan (Brent) online.



Diwali Celebrations: Mayor of Harrow Cllr Ghazanfar Ali, Mayoress meeting and Greeting APDA Service Users

All staff have been continuously trained and supported with up-to-date information and PPE following the England Health Guidelines.

In addition to our regular activities, we have included new sessions in the Centre this year with Painting Therapy and Hand and Eye coordination. Some of our Service Users made a trip to the Emirates Air Line Cable Car in Greenwich. New Service Users have joined this Autumn and we are happy to welcome them to our APDA family.



Trip to the Emirates Air Line Cable Car in Greenwich

We also held a successful International Day of Persons with Disabilities 2021 with many special guests joining us in person and online.

The Deputy Mayor of Harrow Cllr Sasi Suresh and her husband Former Mayor of Harrow Cllr Krishna Suresh attended our event in person and made a generous speech to our Service Users and Guests.



L to R - Jyoti Raja (APDA Treasurer), Zeenat Jeewa (APDA Joint CEO), Deputy Mayor of Harrow Cllr Sasi Suresh, Cllr Krishna Suresh

We enjoyed their dancing and involvement in our celebrations. We recently celebrated International Women's Day in March 22.



International Women's Day: Service User's enjoying a dance session

Our sessions continue to be run daily Monday to Friday, with a wide variety of activities and singing and dance, arts and crafts, and puzzles and games. We are happy that we have been able to stay engaged with our clients throughout this year via weekly calls, and door-step welfare checks, in-home and in centre services.

HEMOCARE AND RESPITE



Rajia Begum Homecare Leader

Since joining APDA's Homecare Department, I have seen the service make positive growth. Homecare is one of the most vital services that are provided to disabled Asian people in the community. The support received by our service users and their families give them much needed stimulation, promote independence whilst remaining at home and essential respite to their carers and families. Following the pandemic, we have seen a rise in requests for care at home services for a wide range of support including befriending, personal care assistance, cooking and domestic support. Local Authorities have been extremely engaging and where possible provided vital funding to train and retain care workers. APDA has maintained its CQC Inspection rating of Good.

The aims of our homecare services are to:

- Provide a safe and appropriate service that meets the individual needs of our service users.
- Our services are bespoke and culturally tailored to our service users' preferences.

- We have a holistic approach to provide support that looks at the whole person and not just their mental or physical health needs.
- Person centred care is always first priority.
- The objective of our homecare service is to maintain and promote the independence of our service users.

About our services:

We provide a wide variety of services that are available both indoors and outdoors. Our tailor-made care plans reflect the needs and much required physical and mental stimulation, suited individually to our service user's needs.

Types of care we provide:

- Personal Care – Staff visit service users at home and support their hygiene and nutritional needs.
- Befriending Services – Staff provide support and companionship to service users both indoors and outdoors.
- Domestic Support – Staff provide support for domestic tasks such as meal preparation, shopping and household chore support.
- Community Access – Staff support our service users to continue to access the community and do the things they enjoy best.
- Medical appointment escorting – Staff attend medical appointments with service users to keep them safe and maintain the service user's independence.

Upon assessment APDA develop bespoke care plans by listening to our service users. Each service users journey starts with assessment at home, followed by service delivery and follow ups to amend care plans depending on the service users' needs.



APDA Carer taking out Service User to do shopping

COVID-19 Updates

As COVID restrictions started to ease, we have had to adapt to a new way of life and working. We continued the use of PPE when attending all our service users' at home. We have seen a return to service for most of our service users following the lockdowns and shielding. Our client and staff vaccination rates remain at 100% despite the government U-turn on mandatory vaccination for Health and Social Care sector. We have seen continuous compliance in carrying out asymptomatic testing as set out by DHSC. Following the pandemic, we were able to secure funding from Brent Council to train, develop and retain our current workforce. The NHS has also continued to supply all domiciliary care agencies with PPE to protect our service users', their families, and their staff.

Staff Updates

In this year we have provided support to 26 families from our team of multi-lingual staff. We have welcomed on board 2 new staff members and 1 returning staff member bringing staff total to 21 care workers, speaking a variety of languages including Gujarati, English, Hindi, Punjabi, Arabic and Somali. All staff have been DBS cleared, provided all relevant training, and have successfully delivered service to our service users. We were also able to carry out First Aid and Manual Handling training with homecare staff at the centre under government guidelines and with COVID-19 safety measures being followed. To further this training all staff also completed online refresher training in the core topics which include Health & Safety, Food Hygiene, Moving & Handling, First Aid Awareness, Mental Capacity, Dementia and Safeguarding. APDA has delivered a total of 8716 hours of care in the community, this financial year, totalling an average support of 23.8 hours daily. Our commitment to delivering safe, well led and bespoke services will continue into the next financial year and hope that our homecare department will go from strength to strength.

Below is a table with a breakdown of numbers of clients we have supported along with the local authority area they live in.

Local Authority	Personal Care	Befriending	Personal Care & Befriending
Brent Council	7	10	8
Harrow Council	0	0	1
Ealing Council	0	0	0
Total	7	10	9

I would like to conclude by thanking everyone at APDA for the support and guidance they have provided me in the short period that I have been here and look forward to achieving great things for and with APDA.

ADVICE AND ADVOCACY

Many people require adequate assistance with housing, welfare benefits, and health and community care issues that are ignored or underappreciated by councils or social workers due to a lack of comprehension, disparities caused by language barriers, or an unwillingness to express their concerns. APDA is bridging the gap between these local governments and the people who need help during these tough times. Our service concentrates on situations where discriminatory practises have resulted in poor outcomes, and where users have tried other avenues but have not received the desired result. As a result of the impact of Covid-19, our Advice team is now working on an increasing number of cases.

Following the Long pandemic and the isolation of the majority of our users and vulnerable adults, APDA resumed all services, including advice and advocacy, to assist those in dire need of our assistance and guidance.

Especially during times of lockdown, APDA was actively assisting and advising those vulnerable adults via phone calls and other electronic means. We dealt with a significant increase in concerns from Asian communities with disabilities or Older Disabled people, as

well as those who were less socialising due to the pandemic and were unable to obtain assistance from local authorities. APDA actively aids and advocates for those young and older who are unable to contact or appeal to local authorities.

Beginning in 2022, APDA obtained AQS accreditation and is accepting cases from anyone who believes they have been discriminated against or are not getting sufficient support/services from local authorities. Our service is designed for more difficult circumstances when all other options have been exhausted.

EAST LONDON PROJECT

We introduced and launched our new project Women's Community Happy Heath, which is funded by the National Lottery Community Fund, with Eid Celebrations on the 20th May 2021. The ladies worked together to design and sew 2 banners to mark the occasion. The aim of the project is to improve the mental well-being and promote community cohesion to those hit hardest by the pandemic. We have weekly sessions that cover health and wellbeing talks, exercise and movement sessions, arts and crafts, origami (paper



Banner made by Women who attended the Centre

folding crafts), sewing, dance and many other fun-filled activities.

- Henna – giving the ladies the opportunity to experience and impress their family and friends with decorative traditional designs.
- Small cooking activities – cooking includes making sandwiches and desserts, enjoying the fruits of their labour during breaks and lunches.
- Group talking sessions – sharing stories, experiences, and cooking recipes.
- Drawing, Arts and Crafts – the ladies can get creative and draw with enjoyment, express their artistic side, and learn how to recycle material that they would normally throw away and make use of them in their arts and crafts.
- Exercises with Noo (Staff) including Thai dance and yoga.
- Mini-gardening – a great way for the ladies to socialise and bond with each other, while they enjoy maintaining and growing plants.



We had subject matter experts come in and give talks to the ladies in areas such as pharmaceutical/ health concerns and advice about benefits. From the start of September, we had a self-defence teacher come in to give lessons to the ladies for 4 weeks. Following that we had 5 weeks of Bollywood dance lessons which we carried on with

throughout the year. The ladies had received first aid training which they had received a certificate for (02-12-2021), they also provided crochet gifts to the Neurodiversity Learning CIC team who took part in the King's College London Civic challenge (14-10-2021), they are a London based social enterprise who provide services for young people with special educational needs.

We were able to take our service users on



East London ladies' trip to the London Eye

various trips around London giving them the opportunity to explore area's that they might not have had the chance to see, such as a trip to the London eye (24-02-2022) and to Sealife (20-01-2022) and we are planning to go to more places.

Throughout the year we have celebrated multiple special days, such as International Women's Day (10-03-2022), UN International day of Older Persons (30-09-2021) and various religious holidays such as Eid, Christmas, Diwali.



Celebration of UN International Day of Older Persons

INTERNATIONAL



Michael Jeewa Co-Founder

APDA, like many INGOs, is still having to limit its International Development support activities due to the after-effects of the pandemic which incurred a heavier impact and took a greater toll on our network organisations in developing countries of South and Southeast Asia.

However, we continue to support them in their efforts at 'Localisation' of their humanitarian activities by providing them with Advice and Guidance over the Internet mode of communications and also with some adaptive equipment like Hearing Aids.

We at APDA greatly miss our hands-on direct support activities and involvements and, in order to cherish those wonderful moments of the past, we have printed here some pictures of those very satisfying moments of our past activities.

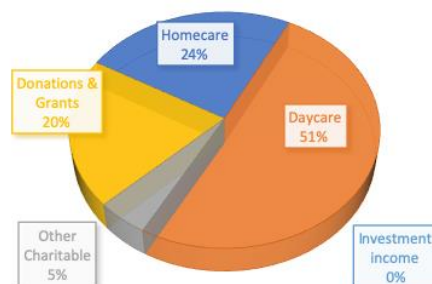
APDA working the Pakistan's CAA to undertake an Access Audit of Karachi Airport. The Audit included buildings, environment and Services to both the public and staff.

OUR FINANCES

INCOME

Homecare	£134,835
Daycare	£281,497
Other Charitable	£27,460
Donations & Grants	£113,566
Investment income	£31
Total income	£557,389

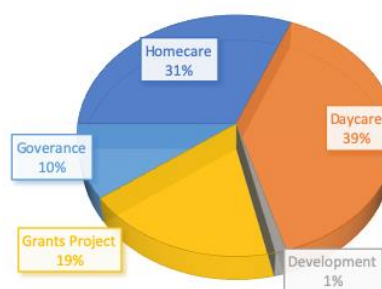
INCOME 2021-22



EXPENDITURE

Homecare	£156,495
Daycare	£196,987
Development	5150
Grants Project	£93,348
Goverance	£50,220
Total Expenditure	£502,200

EXPENDITURE 2021-2022



Full independently examined and signed accounts are available to view upon request or online via our Charities page on the Charities Commission Website.

MANAGEMENT COMMITTEE

Office Holders

Mr Pradip Shah – Chairperson
Mr Ashok Chabria – Secretary
Miss Rekha Mehta – Joint Treasurer
Miss Jyoti Raja – Joint Treasurer

Other Committee Members

Miss Anna Felice
Mr Azahim Mohamed
Mr Jazal Marzook
Mr Daya Lekamwattage

STAFF MEMBERS

Management Team

Michael Jeewa – Joint CEO

Zeenat Jeewa – Joint CEO

Operations Team

Nouria Yahy – Day Care Team
Leader
Rajia Begum – Homecare Team
Leader (from Sept 21)
Fareeda Issace – Finance/HR
Vacant - Operations Manager
Silva Lau – Executive PA Support
to Michael Jeewa (up to Dec 21)
Silva Lau – Accounts
Officer/Operations (from Jan 22)
Yasmin Rahman – Outreach
Officer (East London)

Day Care Team

Alpa Patel
Arif Sheikh
Hasina Ahmed
Hitesh Jagda

Jasmin Akhtar (left Oct 21)
Monica Dobrican
Rung Arung-O'Donell (Noo)

ACKNOWLEDGMENTS

We appreciate all the organisations and individuals who support our work and would like to thank them for all the valuable assistance and grant funding through 2021-2022.

London Borough of Brent
Hon. Mayor of Brent
London Borough of Harrow
Hon. Mayor of Harrow
London Borough of Ealing
London Borough of Hounslow
Tower Hamlets Community Housing
Kall Kwik Wembley
Prontaprint Borehamwood
Sports England & Disability Rights UK

Spitalfields Housing Association
Big Lottery Community Funds
Element Law Limited
Narayanan PN (Music Therapist)
Krupa Patel (Yoga Instructor)
Binal Trivedy (Dance Teacher)
Jalaram (Caterers)
Race Equality Foundation
Addictive TV

Also, a huge thank you to all our wonderful volunteers who have supported us with their commitment and skills throughout the year.

BANKERS

HSBC Bank PLC
Welwyn Garden City
Howardsgate
Hertfordshire
AL8 6BH

ACCOUNTANT

ACE Accountants
44 Hartford Avenue
Kenton
HA3 8SY

AUDITORS

Chapmans Associates
Limited
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

LEGAL ADVISORS

Element Law Limited
Calverley House
55 Calverley House
Tunbridge Wells
Kent TN1 2TU



Day Care & Development Resource Centre
Alric Avenue
London
NW10 8RA
www.apda.org.uk

Registered Charity Number: 114009

Contact Us

Day Care

t 020 8459 1030

e daycare@apda.org.uk

Home & Respite Care

t 020 8830 4880

e homecare@apda.org.uk

General Enquiries

t 020 8830 4220

e director@apda.org.uk

REGISTERED COMPANY NUMBER: 06190051 (England and Wales)
REGISTERED CHARITY NUMBER: 1140090

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022
FOR
ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2022**

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ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

OBJECTIVES AND ACTIVITIES

Significant activities

Review of Progress of our direct holistic support services to elderly and disabled people and their carers and families:

Day Care and Development Services

APDA in 2021-22 has experienced a steady year coming slowly out of the shadows of the Global pandemic . We have had great learning from our time in lock down, which has ensured we take a more accessible approach in all areas of our services and back office too. We took the best of both worlds, digital and face-to-face, and combined them to create an even more unique and bespoke support service for all our service users and their families. Whilst, of course, keeping our culturally appropriate and specialist service methods blended into the mix, we ensured we continued to safely provide our much needed services in the best interests of both our staff and service users alike.

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This year we were extremely fortunate by way of funding opportunities given to us, of which one was for our women's health sessions in East London. Under the Covid-19 Emergency London Response Fund, support from the Big Lottery Community Funds assisted us to deliver a 12month extension of our work to reengage and deliver much needed support to isolated and vulnerable women in the borough of Tower Hamlets. Exciting and innovative sessions assisted women to talk, share their experiences of lockdown and learn new skills to boost their confidence and identify the negative effects of social isolation from 2020.

Home Respite and Personal Care services

This year has continued to be a great reflection of reason APDA was set up, and our homecare services is clearly a testimony to this, and we are so proud and grateful to our staff team who have continued to work tirelessly throughout this financial year. APDA has again continued to safely deliver services throughout the year, we continue to carry out covid-19 friendly risk assessments for each service user and provide full PPE for our staff.

Our bespoke homecare provision prides itself on quality of service over quantity and we continue to ensure that the service we provide within people's homes far exceeds the often basic personal care from other providers. Where others may focus on time driven tasks, we believe in quality care and delivering the tasks needed rather than time allocated. Our focus is on the support disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities. Our homecare service continues to enable Carers their much needed respite and peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes.

We also pride ourselves on our abilities to match service users to carers based on their holistic needs. We also focus our services to ensure that only the minimal number of carers are provided wherever possible to reduce the possibility of cross contamination and maintain good infection control measures. This also ensures that the staff and service users are able to build a strong, stable relationship and gain trust between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

Advocacy and Advice Services

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

Our Advocacy and Advice Service has been increasing its reach and formalizing our offer with a great achievement this year in successfully acquiring the AQS quality mark in January 2022 for Advice level work. This is vital as we have been finding a steady increase in the demand of our advice and advocacy support to disabled people and their Carers as a result of the deterioration in people's health after Covid infections over the past 2 years. We have inputted into many research and consultation of the impact the pandemic has played on the lives of disabled Asian people and their carers here in the UK. Our services have been ever more relevant and vital given the nature of the Pandemic's damage to those already most vulnerable in our societies. Any support has been greatly appreciated and relevant to ensuring people's rights and entitlements and care support packages being provided are correct and essential to improving the quality of their lives. We are very grateful to Brent CVS & Brent Council for the funding in which we could achieve this.

Overseas Development

APDA was very pleased to have celebrated the United Nations International Day of Persons with Disabilities 2021 on Thursday 2nd December 2021. The event was a special day for us all as we were able to celebrate this with more of us together after the previous year's restrictions due to the Covid. This year's theme of the United Nations Day was "Leadership and participation of persons with disability towards an inclusive, accessible and sustainable post Covid-19 World." We also celebrated UN International Day for Older Persons on 1st October 2021, with the Theme "Digital Equality for All Ages". APDA, like many INGOs, is still having to limit its International Development support activities due to the after-effects of the pandemic which incurred a heavier impact and took a greater toll on our network organisations in developing countries of South and Southeast Asia.

However, we continue to support them in their efforts at 'Localisation' of their humanitarian activities by providing them with Advice and Guidance over the Internet mode of communications and also with some adaptive equipments like Hearing Aids.

Delivering benefit to the disabled public in keeping with our Aims and Objectives

We are pleased to state that all our activities, which are based on our aims and objects, continue to be of great benefit to the disabled public, and in particular, our culturally tailored support services helped in the mental and physical development of frail elderly and disabled people, including those with learning difficulties.

APDA is a Disabled People's Organization (DDPO) set up, managed and run by disabled people themselves. All our services are user-led and needs-led. Keeping in the forefront of social care development, APDA has continued to be innovative and at the forefront of involving and supporting clients, users and carers with advice and support through this difficult transitional period after the pandemic, always ensuring the voices of disabled people count and are heard. We continue to proudly deliver a specialist, bespoke service to Asian disabled & elderly people and their Carers and families as a whole. Our culturally tailored user-led and needs-led support services continue throughout this year to be popularly taken up by disabled public from several London boroughs, and we have provided the advice and consultation input to help the lives of further disabled people around the UK and the globe affected by Covid-19 virus.

Public benefit

The charity is a public benefit entity. The trustees have complied with the duty in section 4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission, including public benefit guidance.

STRATEGIC REPORT

Financial position

The Charity made a surplus of £55,189 at 31 March 2022 (2021: £114,037 surplus), reserves stand at £724,792 (2021: £669,603), of which £38,868 (2021: £11,941) are restricted funds and £692,924 (2021: £657,662) are unrestricted. £375,000 of the unrestricted funds are held in a designated reserve for the acquisition of additional space and premises.

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

STRATEGIC REPORT

Financial review

Reserves policy

APDA Ltd adopts its reserve policy to ensure that the Charity maintain its reserve of at least 9 month's running costs. This should enable APDA Ltd to continue to operate in the event of changes in income from its income generating activities. APDA Ltd's management committee will continue to review its income and expenditure on an ongoing basis and maintain its long term sustainable strategic activities. There are no material uncertainties about the charity's ability to continue.

Going concern

At the time of approving the financial statements, the Management Committee have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution

Asian People's Disability Alliance Limited (APDA) is a registered charity No.1140090. The Charity is established for the relief of disabled persons, in particular such persons from the Asian community. The Charity is governed by its constitution. The company does not have a share capital and is limited by guarantee.

Recruitment and appointment of new trustees

Members of the Committee are recruited for their experience, knowledge, acumen and other attributes that could help in the development of the Organisation, capacity building the Organisation and enabling it to sustain itself in the ever changing environment of the voluntary sector.

In addition to committee members with personal knowledge and lived experience of disability, APDA Ltd now has a number of members with diverse backgrounds in business and other charitable organisations to accommodate the new environment of commissioning, contracts and tender bids, etc as well as to help APDA's efforts to sustain it-self in times of financial constraints and austerity practices.

All members of the Management Committee give their time on a voluntary basis and receive no benefits from the charity. Claims for out of pocket expenses are in accordance with the voluntary sector rules and rates.

Soon after joining, new members are given induction training together with relevant handouts and information materials to enable them to become familiar with the Organisation and its functions.

Suitable training to enhance their skills and help them to make effective input in the Organisation's development is also arranged.

The Members are also advised and recommended to study and adopt the good practice guides on the roles and responsibilities of the management committee produced by the NCVO, Charities Commission and other such bodies.

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Management Committee

APDA is managed by an executive committee, all of whom are Management Committee and trustees, made up of Asian people with disabilities and carers. The Committee meets four to six times a year and as at 31st March 2022 comprised of the following:

Trustees:

Directors :

Zeenat Jeewa (Chief Executive)
Michael Jeewa

Office bearers:

Chairperson: Pradip Shah
Hon.Secretary: Ashok Chabria
Joint Treasurers: Jyoti Raja and Rekha Mehta.

Committee Members:

Anna Felice; Daya Lekamwattage; Azahim Mohammed; Jazal Marzook.

The Office Bearers and Committee Members are elected at the annual general meeting.

Risk management

The Management Committee actively review the major risk which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Management Committee have also examined other operational and business risks faced by the Charity through its Risk matrix and confirm that they have established systems to mitigate the significant risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06190051 (England and Wales)

Registered Charity number

1140090

Registered office

Daycare & Development Centre
Alic Avenue
Off Bruce Road
London
NW10 8RA

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Bankers

HSBC Bank Plc
Howardgate
Welwyn Garden City
Herts
AL8 6BH

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors,
on20/12/22..... and signed on the board's behalf by:


.....
Ms Z Jeewa - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ASIAN PEOPLE DISABILITY ALLIANCE LIMITED**

Independent examiner's report to the trustees of ASIAN PEOPLE DISABILITY ALLIANCE LIMITED ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Chartered Accountant which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Praful Patel
Chartered Accountant
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 20/12/2022

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

		Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	68	113,498	113,566	114,244
Other trading activities	3	443,792	-	443,792	451,226
Investment income	4	31	-	31	43
Total		<u>443,891</u>	<u>113,498</u>	<u>557,389</u>	<u>565,513</u>
EXPENDITURE ON					
Charitable activities	5				
Home care		156,272	223	156,495	165,515
Day care		196,987	-	196,987	198,113
Development Project		5,150	-	5,150	6,219
Grant Projects		-	93,348	93,348	36,482
Governance		50,220	-	50,220	45,147
Total		<u>408,629</u>	<u>93,571</u>	<u>502,200</u>	<u>451,476</u>
NET INCOME		35,262	19,927	55,189	114,037
RECONCILIATION OF FUNDS					
Total funds brought forward		657,662	11,941	669,603	555,566
TOTAL FUNDS CARRIED FORWARD		<u>692,924</u>	<u>31,868</u>	<u>724,792</u>	<u>669,603</u>

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

BALANCE SHEET
31 MARCH 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	11	2,846	-	2,846	4,018
CURRENT ASSETS					
Debtors	12	79,507	-	79,507	75,930
Cash at bank		707,245	31,868	739,113	672,637
		<u>786,752</u>	<u>31,868</u>	<u>818,620</u>	<u>748,567</u>
CREDITORS					
Amounts falling due within one year	13	(96,674)	-	(96,674)	(82,982)
NET CURRENT ASSETS		<u>690,078</u>	<u>31,868</u>	<u>721,946</u>	<u>665,585</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>692,924</u>	<u>31,868</u>	<u>724,792</u>	<u>669,603</u>
NET ASSETS		<u>692,924</u>	<u>31,868</u>	<u>724,792</u>	<u>669,603</u>
FUNDS	14				
Unrestricted funds				692,924	657,662
Restricted funds				31,868	11,941
TOTAL FUNDS				<u>724,792</u>	<u>669,603</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 20/12/22 and were signed on its behalf by:



The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

BALANCE SHEET - continued
31 MARCH 2022

.....
Z Jeewa - Trustee

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	2022 £	2021 £
Cash flows from operating activities			
Cash generated from operations	1	68,141	178,195
Net cash provided by operating activities		68,141	178,195
Cash flows from investing activities			
Purchase of tangible fixed assets		(1,696)	(954)
Investment income		31	43
Net cash used in investing activities		(1,665)	(911)
Change in cash and cash equivalents in the reporting period		66,476	177,284
Cash and cash equivalents at the beginning of the reporting period		672,637	495,353
Cash and cash equivalents at the end of the reporting period		739,113	672,637

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2022**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022	2021
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	55,189	114,037
Adjustments for:		
Depreciation charges	2,868	3,013
Investment income	(31)	(43)
(Increase)/decrease in debtors	(3,577)	62,048
Increase/(decrease) in creditors	13,692	(860)
Net cash provided by operations	<u>68,141</u>	<u>178,195</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/21	Cash flow	At 31/3/22
	£	£	£
Net cash			
Cash at bank	<u>672,637</u>	<u>66,476</u>	<u>739,113</u>
	<u>672,637</u>	<u>66,476</u>	<u>739,113</u>
Total	<u>672,637</u>	<u>66,476</u>	<u>739,113</u>

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022****7. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	<u>2,868</u>	<u>3,013</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

The total remuneration paid to members of the management committee was £62,835 (£2021: £58,425) which was paid to the Chief Executive.

Trustees' expenses

The total amount of travel costs reimbursed to management committee members during the year was £3,623 (2021:£1,954).

9. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	337,606	332,120
Social security costs	<u>11,866</u>	<u>9,938</u>
	<u>349,472</u>	<u>342,058</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Day Care	10	10
Home Care	22	24
Governance	<u>5</u>	<u>4</u>
	<u>37</u>	<u>38</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2022	2021
£60,001 - £70,000	<u>1</u>	<u>-</u>

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022****10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	894	113,350	114,244
Other trading activities	451,226	-	451,226
Investment income	43	-	43
Total	<u>452,163</u>	<u>113,350</u>	<u>565,513</u>
EXPENDITURE ON			
Charitable activities			
Home care	97,588	67,927	165,515
Day care	198,113	-	198,113
Development Project	6,219	-	6,219
Grant Projects	-	36,482	36,482
Governance	45,147	-	45,147
Total	<u>347,067</u>	<u>104,409</u>	<u>451,476</u>
NET INCOME	105,096	8,941	114,037
RECONCILIATION OF FUNDS			
Total funds brought forward	552,566	3,000	555,566
TOTAL FUNDS CARRIED FORWARD	<u>657,662</u>	<u>11,941</u>	<u>669,603</u>

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2021	25,390	33,250	58,640
Additions	1,696	-	1,696
	<u>27,086</u>	<u>33,250</u>	<u>60,336</u>
At 31 March 2022			
DEPRECIATION			
At 1 April 2021	21,372	33,250	54,622
Charge for year	2,868	-	2,868
	<u>24,240</u>	<u>33,250</u>	<u>57,490</u>
At 31 March 2022			
NET BOOK VALUE			
At 31 March 2022	<u>2,846</u>	<u>-</u>	<u>2,846</u>
At 31 March 2021	<u>4,018</u>	<u>-</u>	<u>4,018</u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	71,012	69,099
Other debtors	8,495	6,831
	<u>79,507</u>	<u>75,930</u>

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	14,823	23,463
Other creditors	81,851	59,519
	<u>96,674</u>	<u>82,982</u>

14. MOVEMENT IN FUNDS

	At 1/4/21 £	Net movement in funds £	At 31/3/22 £
Unrestricted funds			
General fund	282,662	35,262	317,924
Designated	375,000	-	375,000
	<u>657,662</u>	<u>35,262</u>	<u>692,924</u>
Restricted funds			
Restricted	11,941	19,927	31,868
	<u>669,603</u>	<u>55,189</u>	<u>724,792</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	443,891	(408,629)	35,262
Restricted funds			
Restricted	113,498	(93,571)	19,927
	<u>557,389</u>	<u>(502,200)</u>	<u>55,189</u>

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
Unrestricted funds			
General fund	177,566	105,096	282,662
Designated	375,000	-	375,000
	<u>552,566</u>	<u>105,096</u>	<u>657,662</u>
Restricted funds			
Restricted	3,000	8,941	11,941
	<u>3,000</u>	<u>8,941</u>	<u>11,941</u>
TOTAL FUNDS	<u>555,566</u>	<u>114,037</u>	<u>669,603</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	452,163	(347,067)	105,096
Restricted funds			
Restricted	113,350	(104,409)	8,941
	<u>565,513</u>	<u>(451,476)</u>	<u>114,037</u>
TOTAL FUNDS	<u>565,513</u>	<u>(451,476)</u>	<u>114,037</u>

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/20 £	Net movement in funds £	At 31/3/22 £
Unrestricted funds			
General fund	177,566	140,358	317,924
Designated	375,000	-	375,000
	<u>552,566</u>	<u>140,358</u>	<u>692,924</u>
Restricted funds			
Restricted	3,000	28,868	31,868
	<u>3,000</u>	<u>28,868</u>	<u>31,868</u>
TOTAL FUNDS	<u>555,566</u>	<u>169,226</u>	<u>724,792</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	896,054	(755,696)	140,358
Restricted funds			
Restricted	226,848	(197,980)	28,868
	<u>1,122,902</u>	<u>(953,676)</u>	<u>169,226</u>
TOTAL FUNDS	<u>1,122,902</u>	<u>(953,676)</u>	<u>169,226</u>

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

16. PURPOSE OF FUNDS

Restricted Funds

Infection control grant	19
National Lottery project	6,295
Workforce grant	17,955
Brent sports project	7,599

The amounts held are balances of funds received for the above named projects.

Designated Funds

The income funds of the Charity include designated funds of £375,000, set aside out of unrestricted funds by the management committee to apply and investing towards acquiring of more space and premises needed by APDA to expand and increase its activities and much needed essential services to more Asian Disabled people. The Management Committee also intends to designate further funds for the above-mentioned purposes over the coming years.

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	68	894
Grants	113,498	113,350
	<u>113,566</u>	<u>114,244</u>
Other trading activities		
Home care	134,835	138,845
Day care	281,497	294,281
DWP	14,758	14,259
Miscellaneous	3,995	3,841
Meal Contribution Income	8,615	-
Passenger Assistance	92	-
	<u>443,792</u>	<u>451,226</u>
Investment income		
Investment income	31	43
	<u>557,389</u>	<u>565,513</u>
Total incoming resources		
EXPENDITURE		
Charitable activities		
Wages	337,606	332,120
Social security	11,866	9,938
Travel and Minibus	45,310	12,991
Volunteer expenses	-	525
Accountancy fees	18,776	-
Other cost	25,145	19,546
Training	5,820	3,074
Independent examiner fees	1,800	1,800
	<u>446,323</u>	<u>379,994</u>
Support costs		
Management		
Premises	18,513	18,830
General office cost	31,384	32,717
Carried forward	49,897	51,547

This page does not form part of the statutory financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	2022 £	2021 £
Management		
Brought forward	49,897	51,547
Consultancy	-	4,220
Legal & Professional	2,860	12,420
Bank charges	252	282
Fixtures and fittings	2,868	3,013
	<u>55,877</u>	<u>71,482</u>
Total resources expended	<u>502,200</u>	<u>451,476</u>
Net income	<u><u>55,189</u></u>	<u><u>114,037</u></u>

This page does not form part of the statutory financial statements

REGISTERED COMPANY NUMBER: 06190051 (England and Wales)
REGISTERED CHARITY NUMBER: 1140090

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022
FOR
ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

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ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

OBJECTIVES AND ACTIVITIES

Significant activities

Review of Progress of our direct holistic support services to elderly and disabled people and their carers and families:

Day Care and Development Services

APDA in 2021-22 has experienced a steady year coming slowly out of the shadows of the Global pandemic . We have had great learning from our time in lock down, which has ensured we take a more accessible approach in all areas of our services and back office too. We took the best of both worlds, digital and face-to-face, and combined them to create an even more unique and bespoke support service for all our service users and their families. Whilst, of course, keeping our culturally appropriate and specialist service methods blended into the mix, we ensured we continued to safely provide our much needed services in the best interests of both our staff and service users alike.

Daycare and development services have been a vital tool in ensuring APDA was able to support families to stay upbeat, amongst all the negative communications, media and feelings in the community about life chances for Elderly and Disabled people in London. They stated how our support and engagement during these difficult times had allowed their moods to be lifted and to feel valued within their communities. We were also able to provide the respite services back at our centre which created a much needed break from both sides from having been together often 24/7 for the last 19 months. We have ensured we continued our blended model, but also slowly returned our service users back to a centre based service in safe incremental steps through the year.

This year we were extremely fortunate by way of funding opportunities given to us, of which one was for our women's health sessions in East London. Under the Covid-19 Emergency London Response Fund, support from the Big Lottery Community Funds assisted us to deliver a 12month extension of our work to reengage and deliver much needed support to isolated and vulnerable women in the borough of Tower Hamlets. Exciting and innovative sessions assisted women to talk, share their experiences of lockdown and learn new skills to boost their confidence and identify the negative effects of social isolation from 2020.

Home Respite and Personal Care services

This year has continued to be a great reflection of reason APDA was set up, and our homecare services is clearly a testimony to this, and we are so proud and grateful to our staff team who have continued to work tirelessly throughout this financial year. APDA has again continued to safely deliver services throughout the year, we continue to carry out covid-19 friendly risk assessments for each service user and provide full PPE for our staff.

Our bespoke homecare provision prides itself on quality of service over quantity and we continue to ensure that the service we provide within people's homes far exceeds the often basic personal care from other providers. Where others may focus on time driven tasks, we believe in quality care and delivering the tasks needed rather than time allocated. Our focus is on the support disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities. Our homecare service continues to enable Carers their much needed respite and peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes.

We also pride ourselves on our abilities to match service users to carers based on their holistic needs. We also focus our services to ensure that only the minimal number of carers are provided wherever possible to reduce the possibility of cross contamination and maintain good infection control measures. This also ensures that the staff and service users are able to build a strong, stable relationship and gain trust between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

Advocacy and Advice Services

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

Our Advocacy and Advice Service has been increasing its reach and formalizing our offer with a great achievement this year in successfully acquiring the AQS quality mark in January 2022 for Advice level work. This is vital as we have been finding a steady increase in the demand of our advice and advocacy support to disabled people and their Carers as a result of the deterioration in people's health after Covid infections over the past 2 years. We have inputted into many research and consultation of the impact the pandemic has played on the lives of disabled Asian people and their carers here in the UK. Our services have been ever more relevant and vital given the nature of the Pandemic's damage to those already most vulnerable in our societies. Any support has been greatly appreciated and relevant to ensuring people's rights and entitlements and care support packages being provided are correct and essential to improving the quality of their lives. We are very grateful to Brent CVS & Brent Council for the funding in which we could achieve this.

Overseas Development

APDA was very pleased to have celebrated the United Nations International Day of Persons with Disabilities 2021 on Thursday 2nd December 2021. The event was a special day for us all as we were able to celebrate this with more of us together after the previous year's restrictions due to the Covid. This year's theme of the United Nations Day was "Leadership and participation of persons with disability towards an inclusive, accessible and sustainable post Covid-19 World." We also celebrated UN International Day for Older Persons on 1st October 2021, with the Theme "Digital Equality for All Ages". APDA, like many INGOs, is still having to limit its International Development support activities due to the after-effects of the pandemic which incurred a heavier impact and took a greater toll on our network organisations in developing countries of South and Southeast Asia.

However, we continue to support them in their efforts at 'Localisation' of their humanitarian activities by providing them with Advice and Guidance over the Internet mode of communications and also with some adaptive equipments like Hearing Aids.

Delivering benefit to the disabled public in keeping with our Aims and Objectives

We are pleased to state that all our activities, which are based on our aims and objects, continue to be of great benefit to the disabled public, and in particular, our culturally tailored support services helped in the mental and physical development of frail elderly and disabled people, including those with learning difficulties.

APDA is a Disabled People's Organization (DDPO) set up, managed and run by disabled people themselves. All our services are user-led and needs-led. Keeping in the forefront of social care development, APDA has continued to be innovative and at the forefront of involving and supporting clients, users and carers with advice and support through this difficult transitional period after the pandemic, always ensuring the voices of disabled people count and are heard. We continue to proudly deliver a specialist, bespoke service to Asian disabled & elderly people and their Carers and families as a whole. Our culturally tailored user-led and needs-led support services continue throughout this year to be popularly taken up by disabled public from several London boroughs, and we have provided the advice and consultation input to help the lives of further disabled people around the UK and the globe affected by Covid-19 virus.

Public benefit

The charity is a public benefit entity. The trustees have complied with the duty in section 4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission, including public benefit guidance.

STRATEGIC REPORT

Financial position

The Charity made a surplus of £55,189 at 31 March 2022 (2021: £114,037 surplus), reserves stand at £724,792 (2021: £669,603), of which £38,868 (2021: £11,941) are restricted funds and £692,924 (2021: £657,662) are unrestricted. £375,000 of the unrestricted funds are held in a designated reserve for the acquisition of additional space and premises.

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

STRATEGIC REPORT

Financial review

Reserves policy

APDA Ltd adopts its reserve policy to ensure that the Charity maintain its reserve of at least 9 month's running costs. This should enable APDA Ltd to continue to operate in the event of changes in income from its income generating activities. APDA Ltd's management committee will continue to review its income and expenditure on an ongoing basis and maintain its long term sustainable strategic activities. There are no material uncertainties about the charity's ability to continue.

Going concern

At the time of approving the financial statements, the Management Committee have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution

Asian People's Disability Alliance Limited (APDA) is a registered charity No.1140090. The Charity is established for the relief of disabled persons, in particular such persons from the Asian community. The Charity is governed by its constitution. The company does not have a share capital and is limited by guarantee.

Recruitment and appointment of new trustees

Members of the Committee are recruited for their experience, knowledge, acumen and other attributes that could help in the development of the Organisation, capacity building the Organisation and enabling it to sustain itself in the ever changing environment of the voluntary sector.

In addition to committee members with personal knowledge and lived experience of disability, APDA Ltd now has a number of members with diverse backgrounds in business and other charitable organisations to accommodate the new environment of commissioning, contracts and tender bids, etc as well as to help APDA's efforts to sustain it-self in times of financial constraints and austerity practices.

All members of the Management Committee give their time on a voluntary basis and receive no benefits from the charity. Claims for out of pocket expenses are in accordance with the voluntary sector rules and rates.

Soon after joining, new members are given induction training together with relevant handouts and information materials to enable them to become familiar with the Organisation and its functions.

Suitable training to enhance their skills and help them to make effective input in the Organisation's development is also arranged.

The Members are also advised and recommended to study and adopt the good practice guides on the roles and responsibilities of the management committee produced by the NCVO, Charities Commission and other such bodies.

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Management Committee

APDA is managed by an executive committee, all of whom are Management Committee and trustees, made up of Asian people with disabilities and carers. The Committee meets four to six times a year and as at 31st March 2022 comprised of the following:

Trustees:

Directors :

Zeenat Jeewa (Chief Executive)
Michael Jeewa

Office bearers:

Chairperson: Pradip Shah
Hon.Secretary: Ashok Chabria
Joint Treasurers: Jyoti Raja and Rekha Mehta.

Committee Members:

Anna Felice; Daya Lekamwattage; Azahim Mohammed; Jazal Marzook.

The Office Bearers and Committee Members are elected at the annual general meeting.

Risk management

The Management Committee actively review the major risk which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Management Committee have also examined other operational and business risks faced by the Charity through its Risk matrix and confirm that they have established systems to mitigate the significant risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06190051 (England and Wales)

Registered Charity number

1140090

Registered office

Daycare & Development Centre
Alic Avenue
Off Bruce Road
London
NW10 8RA

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Bankers

HSBC Bank Plc
Howardgate
Welwyn Garden City
Herts
AL8 6BH

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors,
on20/12/22..... and signed on the board's behalf by:


.....
Ms Z Jeewa - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ASIAN PEOPLE DISABILITY ALLIANCE LIMITED**

Independent examiner's report to the trustees of ASIAN PEOPLE DISABILITY ALLIANCE LIMITED ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Chartered Accountant which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Praful Patel
Chartered Accountant
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 20/12/2022

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	68	113,498	113,566	114,244
Other trading activities	3	443,792	-	443,792	451,226
Investment income	4	31	-	31	43
Total		<u>443,891</u>	<u>113,498</u>	<u>557,389</u>	<u>565,513</u>
EXPENDITURE ON					
Charitable activities	5				
Home care		156,272	223	156,495	165,515
Day care		196,987	-	196,987	198,113
Development Project		5,150	-	5,150	6,219
Grant Projects		-	93,348	93,348	36,482
Governance		50,220	-	50,220	45,147
Total		<u>408,629</u>	<u>93,571</u>	<u>502,200</u>	<u>451,476</u>
NET INCOME		35,262	19,927	55,189	114,037
RECONCILIATION OF FUNDS					
Total funds brought forward		657,662	11,941	669,603	555,566
TOTAL FUNDS CARRIED FORWARD		<u>692,924</u>	<u>31,868</u>	<u>724,792</u>	<u>669,603</u>

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

BALANCE SHEET
31 MARCH 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	11	2,846	-	2,846	4,018
CURRENT ASSETS					
Debtors	12	79,507	-	79,507	75,930
Cash at bank		707,245	31,868	739,113	672,637
		<u>786,752</u>	<u>31,868</u>	<u>818,620</u>	<u>748,567</u>
CREDITORS					
Amounts falling due within one year	13	(96,674)	-	(96,674)	(82,982)
NET CURRENT ASSETS		<u>690,078</u>	<u>31,868</u>	<u>721,946</u>	<u>665,585</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>692,924</u>	<u>31,868</u>	<u>724,792</u>	<u>669,603</u>
NET ASSETS		<u>692,924</u>	<u>31,868</u>	<u>724,792</u>	<u>669,603</u>
FUNDS	14				
Unrestricted funds				692,924	657,662
Restricted funds				31,868	11,941
TOTAL FUNDS				<u>724,792</u>	<u>669,603</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 20/12/22 and were signed on its behalf by:



The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

BALANCE SHEET - continued
31 MARCH 2022

.....
Z Jeewa - Trustee

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	2022 £	2021 £
Cash flows from operating activities			
Cash generated from operations	1	68,141	178,195
Net cash provided by operating activities		68,141	178,195
Cash flows from investing activities			
Purchase of tangible fixed assets		(1,696)	(954)
Investment income		31	43
Net cash used in investing activities		(1,665)	(911)
Change in cash and cash equivalents in the reporting period		66,476	177,284
Cash and cash equivalents at the beginning of the reporting period		672,637	495,353
Cash and cash equivalents at the end of the reporting period		739,113	672,637

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2022**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022	2021
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	55,189	114,037
Adjustments for:		
Depreciation charges	2,868	3,013
Investment income	(31)	(43)
(Increase)/decrease in debtors	(3,577)	62,048
Increase/(decrease) in creditors	13,692	(860)
Net cash provided by operations	<u>68,141</u>	<u>178,195</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/21	Cash flow	At 31/3/22
	£	£	£
Net cash			
Cash at bank	<u>672,637</u>	<u>66,476</u>	<u>739,113</u>
	<u>672,637</u>	<u>66,476</u>	<u>739,113</u>
Total	<u>672,637</u>	<u>66,476</u>	<u>739,113</u>

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022****7. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	<u>2,868</u>	<u>3,013</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

The total remuneration paid to members of the management committee was £62,835 (£2021: £58,425) which was paid to the Chief Executive.

Trustees' expenses

The total amount of travel costs reimbursed to management committee members during the year was £3,623 (2021:£1,954).

9. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	337,606	332,120
Social security costs	<u>11,866</u>	<u>9,938</u>
	<u>349,472</u>	<u>342,058</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Day Care	10	10
Home Care	22	24
Governance	<u>5</u>	<u>4</u>
	<u>37</u>	<u>38</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2022	2021
£60,001 - £70,000	<u>1</u>	<u>-</u>

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	894	113,350	114,244
Other trading activities	451,226	-	451,226
Investment income	43	-	43
Total	<u>452,163</u>	<u>113,350</u>	<u>565,513</u>
EXPENDITURE ON			
Charitable activities			
Home care	97,588	67,927	165,515
Day care	198,113	-	198,113
Development Project	6,219	-	6,219
Grant Projects	-	36,482	36,482
Governance	45,147	-	45,147
Total	<u>347,067</u>	<u>104,409</u>	<u>451,476</u>
NET INCOME	105,096	8,941	114,037
RECONCILIATION OF FUNDS			
Total funds brought forward	552,566	3,000	555,566
TOTAL FUNDS CARRIED FORWARD	<u>657,662</u>	<u>11,941</u>	<u>669,603</u>

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2021	25,390	33,250	58,640
Additions	1,696	-	1,696
	<u>27,086</u>	<u>33,250</u>	<u>60,336</u>
At 31 March 2022			
DEPRECIATION			
At 1 April 2021	21,372	33,250	54,622
Charge for year	2,868	-	2,868
	<u>24,240</u>	<u>33,250</u>	<u>57,490</u>
At 31 March 2022			
NET BOOK VALUE			
At 31 March 2022	<u>2,846</u>	<u>-</u>	<u>2,846</u>
At 31 March 2021	<u>4,018</u>	<u>-</u>	<u>4,018</u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	71,012	69,099
Other debtors	8,495	6,831
	<u>79,507</u>	<u>75,930</u>

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	14,823	23,463
Other creditors	81,851	59,519
	<u>96,674</u>	<u>82,982</u>

14. MOVEMENT IN FUNDS

	At 1/4/21	Net movement in funds	At 31/3/22
	£	£	£
Unrestricted funds			
General fund	282,662	35,262	317,924
Designated	375,000	-	375,000
	<u>657,662</u>	<u>35,262</u>	<u>692,924</u>
Restricted funds			
Restricted	11,941	19,927	31,868
	<u>669,603</u>	<u>55,189</u>	<u>724,792</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	443,891	(408,629)	35,262
Restricted funds			
Restricted	113,498	(93,571)	19,927
	<u>557,389</u>	<u>(502,200)</u>	<u>55,189</u>

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
Unrestricted funds			
General fund	177,566	105,096	282,662
Designated	375,000	-	375,000
	<u>552,566</u>	<u>105,096</u>	<u>657,662</u>
Restricted funds			
Restricted	3,000	8,941	11,941
	<u>3,000</u>	<u>8,941</u>	<u>11,941</u>
TOTAL FUNDS	<u>555,566</u>	<u>114,037</u>	<u>669,603</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	452,163	(347,067)	105,096
Restricted funds			
Restricted	113,350	(104,409)	8,941
	<u>565,513</u>	<u>(451,476)</u>	<u>114,037</u>
TOTAL FUNDS	<u>565,513</u>	<u>(451,476)</u>	<u>114,037</u>

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/20 £	Net movement in funds £	At 31/3/22 £
Unrestricted funds			
General fund	177,566	140,358	317,924
Designated	375,000	-	375,000
	<u>552,566</u>	<u>140,358</u>	<u>692,924</u>
Restricted funds			
Restricted	3,000	28,868	31,868
	<u>3,000</u>	<u>28,868</u>	<u>31,868</u>
TOTAL FUNDS	<u>555,566</u>	<u>169,226</u>	<u>724,792</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	896,054	(755,696)	140,358
Restricted funds			
Restricted	226,848	(197,980)	28,868
	<u>1,122,902</u>	<u>(953,676)</u>	<u>169,226</u>
TOTAL FUNDS	<u>1,122,902</u>	<u>(953,676)</u>	<u>169,226</u>

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

16. PURPOSE OF FUNDS

Restricted Funds

Infection control grant	19
National Lottery project	6,295
Workforce grant	17,955
Brent sports project	7,599

The amounts held are balances of funds received for the above named projects.

Designated Funds

The income funds of the Charity include designated funds of £375,000, set aside out of unrestricted funds by the management committee to apply and investing towards acquiring of more space and premises needed by APDA to expand and increase its activities and much needed essential services to more Asian Disabled people. The Management Committee also intends to designate further funds for the above-mentioned purposes over the coming years.

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	68	894
Grants	113,498	113,350
	<u>113,566</u>	<u>114,244</u>
Other trading activities		
Home care	134,835	138,845
Day care	281,497	294,281
DWP	14,758	14,259
Miscellaneous	3,995	3,841
Meal Contribution Income	8,615	-
Passenger Assistance	92	-
	<u>443,792</u>	<u>451,226</u>
Investment income		
Investment income	31	43
	<u>557,389</u>	<u>565,513</u>
Total incoming resources		
EXPENDITURE		
Charitable activities		
Wages	337,606	332,120
Social security	11,866	9,938
Travel and Minibus	45,310	12,991
Volunteer expenses	-	525
Accountancy fees	18,776	-
Other cost	25,145	19,546
Training	5,820	3,074
Independent examiner fees	1,800	1,800
	<u>446,323</u>	<u>379,994</u>
Support costs		
Management		
Premises	18,513	18,830
General office cost	31,384	32,717
Carried forward	49,897	51,547

This page does not form part of the statutory financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	2022 £	2021 £
Management		
Brought forward	49,897	51,547
Consultancy	-	4,220
Legal & Professional	2,860	12,420
Bank charges	252	282
Fixtures and fittings	2,868	3,013
	<u>55,877</u>	<u>71,482</u>
Total resources expended	<u>502,200</u>	<u>451,476</u>
Net income	<u><u>55,189</u></u>	<u><u>114,037</u></u>

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