ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

England & Wales · Charity number 1140090

Details

Other names	APDA
Status	Registered
Legal form	Charitable company
Company number	06190051
Registered	2011-01-27
Register	View on the Charity Commission register

Contact

Address	A P D A Alric Day Care Centre Alric Avenue Harlesden London NW10 8RA
Phone	02088304220
Email	director@apda.org.uk
Website	www.apda.org.uk

Activities

Objects: THE RELIEF OF DISABLED PERSONS, IN PARTICULAR PERSONS FROM THE ASIAN COMMUNITY

Activities: To provide needs-led and user-led culturally appropriate services and act as a point of resource for Disabled people, their carers and families. To work in partnership and collaboration with service planners to support the needs of Disabled People. To deliver culturally sensitive and appropriate services for Asian Disabled people and their Carers.

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Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Accommodation/housing, Arts/culture/heritage/science, Amateur Sport, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- **Area of benefit:** UNDEFINED.
- Bangladesh
- Burma
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£711,160	£715,095	£590,840	44
2024-03-31	£677,567	£685,748	£594,775	40
2023-03-31	£552,258	£674,094	£602,956	40
2022-03-31	£443,891	£502,200	£724,792	37
2021-03-31	£452,163	£451,476	£669,603	38

Trustees

Name	Role	Appointed
PRADIP SHAH	Chair	
ASHOK CHABRIA		
AZAHIM MOHAMED		2013-04-01
Amina Mullah		2023-02-01
DAYA LEKAMWATTAGE		2013-04-01
JAZAL MARZOOK		2013-04-01
Kawal Jeet Kaur Singh		2023-02-01
REKHA MEHTA		2013-01-14

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ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

England & Wales - Charity number 1140090

Accounts

Asian People's Disability Alliance (APDA)

2024 – 2025

ANNUAL REPORT



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About Us

Asian People's Disability Alliance (APDA), a Deaf and Disabled People's Organisation(DDPO) in London, UK, has been providing culturally specific support to the Asian elderly and disabled community for over 35 years.

APDA is a non-governmental and non-denominational organisation.
The organisation was established by individuals with disabilities, who brought firsthand knowledge and experience of being disabled in society and requiring care. At that time, there was minimal suitable support and little recognition of their needs.

APDA was granted Special Consultative Status with the Economic & Social Council of the United Nations in 2007 for its work in the Disability Field. We continue to raise awareness, identify prevailing issues and report our findings on matters that affect Disabled people, Older people, Women and people from Minoritised Ethnic communities.

Management Committee Members

Office Holders

Title	Name
Chairperson	Mr. Pradip Shah
Vice Chair	Mr. Azahim Mohamed
Secretary	Mr. Ashok Chabria
Treasurer	Miss. Rekha Mehta
Other Committee Members	Mr. Jazal Marzook
	Mr. Daya Lekamwattage
	Mrs. Kawal Singh OBE
	Mrs. Amina Mullah

Staff Members

Operations Team

Title	Name	Date
CEO	Ms. Zeenat Jeewa	Present
Finance/HR	Ms. Fareeda Issace	Retired October 24
Accounts Officer/Operations	Silva Lau	Present
Development Manager	Kweku Benefo	Present
Day Care Leader	Ayesha Khapedi	Until May 24
	Inderjit Singh Shehri	Started February 25
Homecare Leader	Sumaiya Cassim	Until May 24
	Tamina Aslam	Started June 24
Outreach Officer, East London	Yasmin-Farida Rahman	Present
Wellbeing Coordinator Barnsley Street	Rohema Bibi	Started March 24

Day Care Team

Name	Date
Alpa Patel	Present
Hasina Ahmed	Present
Monica Dobrican	Present
Rung Arung-O'Donell (Noo)	Present
Hitesh Jagda	Present
Arif Sheikh	Present
Dhruvi Shah	Present
Arpita Shah	Present
Cedric Hiles (Driver)	Until November 24

Our Aims

• To provide needs and user-led culturally appropriate services.

• To collaborate and work in partnership with service planners in local authorities, government departments and NHS bodies, community and voluntary sector (third sector), and other entities who deliver services or goods to communities.

• To act as a resource for disabled people, their carers and their families.

• To collaborate and work with our disabled peers in the developing world.

Our Objectives

• Reach out where mainstream services cannot reach due to lack of expertise and understanding of disabled people, their carers and families.

• Help incorporate the specific needs of APDA's client group in relation to service planning and areas that affect their lives.

• Provide consultation, peer support and facilitate social development.

• Link with the Developing World allowing us to share knowledge, experience and current disability attributes that assist and enrich socio-economic development.

· Ensure learning and accessibility is in the heart of all our services and campaigns.

Our Current Provisions

Daycare

Inclusive activities aimed at improving existing skills, developing new skills, and promoting social development.

Our Day Care Opportunities is:

• Accredited with local authorities

• Fully accessible and fully equipped for users with physical and sensory impairments

• The only centre within the locality supporting Disabled Asian service users

• An accessible and bespoke four-strand provision below:

i) Home Support: Within the service user's home; telephone contact; face to face activities and support

ii) Virtual Online activities, learning and support, and virtual peer sessions

ii) Community: Within safe spaces in the local community and outings to places of interest

iv) Centre Based: Activities delivered well in safe spaces /buildings





Home care and Respite

Our services are:

• Efficient and effective

• Regulated by the Care Quality Commission (CQC) with Good Rating

• Designed to meet the needs and concerns of both users and purchasers

• User-led and completely needs-led delivery model

Our services enable users to:

• Continue to live in the community

• Reduce inappropriate hospitalization

• Give support & respite to the needs of carers and their families, who are usually poorly supported



Other Services

• **Befriending** - as a growing number of Older and disabled Asian people find themselves isolated within in the community, Befriending enables them to grow confidence, retain their independence and access the local community.





• **Information, advice, and guidance** - Many of our service users and their families need assistance accessing the support that is available in a multi-lingual format



APDA Quality Care & Home Help

Many families would rather not think about care for a frail, elderly or disabled relative. Few families want the residential care option and choosing the right home and meeting the cost are huge concerns.

APDA Home Care has the solution, one that allows relatives to stay in the comfort and familiar surroundings of their own home and to continue to live full and interesting lives.

The Asian People's Disability Alliance provides tailor-made care for frail, elderly and disabled people and we have nearly 30 years' specialist experience.

Respite breaks and time to yourself

We work with you

We support the family and our client; we don't try to replace family carers. Most families want to play the lead role in looking after their relatives and this is the best option for most families. However, specialist advice and practical support is often needed to make this possible.

So, we work with families to develop tailor-made care packages. We listen. We ask. We suggest. By meeting individual needs, preferences and routines and offering practical advice and support, we can transform a difficult situation into a manageable one. We can make a real difference to the whole family.

Our support is tailored to your needs

What we offer

- Help and assistance with getting up, getting ready for the day, and help at the end of the day
- Support with washing and bathing
- Meal preparation
- Help with trips to see friends or relatives, sightseeing, or to take part in leisure activities
- Help with shopping
- Domestic help: cleaning, washing, ironing etc.
- Companionship / social support.

And to families / carers: much-needed respite breaks and time to yourself.

• **Advocacy** - A support service to provide representation if needed in matters related to care support, housing needs and medical care

• **Peer support & Independent living skills** - With support, help and encouragement we help people disabled by society to continue living independently at home, and grow resilience and confidence.



Employment, Training and Learning – We are developing this service to enable more Disabled people to be better supported in the workplace. Grow opportunities and learning, ultimately creating for better working conditions.

Chairperon's Review



I am pleased to provide this year's annual review of APDA's activities for the year 2024-25. We proudly continue to be of great benefit to disabled members of the public, and in particular our culturally tailored support services have continued to help in the mental and physical development & sustaining wellbeing of vulnerable elderly, disabled people, their Carers and their wider families.

APDA, as a Disabled People's Organization (DDPO) was set up, managed and continues to be run by disabled people ourselves. All our services are user-led and needs-led, and always in keeping with social care developments. APDA proudly continues to be innovative and involving and supporting clients, users and carers with advice and support through difficult situations that they may face, and always ensuring the voices of disabled people count and are heard.
Our staff teams have worked tirelessly through the year, with some changes in our front facing office staff through the year, but services never stopping. Our focus is always on ensuring the needs are met by our beneficiaries even through very challenging financial times.

As always, proudly holding our special consultative status with the United Nations on Social and Economic Development, we were thrilled to celebrate the United Nations International Day of Persons with Disabilities on Tuesday 3rd December 2024. This marked event in our calendars is always such a special day for us, as people with disabilities, health conditions and impairments. As always, we celebrated the day in our unique happy, fun and colourful & culturally appropriate way.

We took the opportunity with participants attending to spread awareness of the need for more inclusion and conducive environments for disabled people to thrive and grow their skills and talents, even greater accessible paths for growth and inclusion in all spheres of society.

We were also pleased to have celebrated International Women's Day on 8th March 2024, alongside UN International Day for Older Persons on 5th October 2024, the theme very much aligned with the work we do, "Ageing with Dignity; The importance of strengthening care and support systems worldwide . We highlighted the importance of ensuring better investments are put into place to support the care needs of older people. It is widely accepted that populations around the world are aging for longer, life expectancy is growing year on year. We always advocate for the need to invest in good & accessible care support systems to ensure all members of our societies are looked after when they need it.

Our CEO will elaborate more on our strategic work and the individual section heads will detail their achievements and wonderful work done through the year.
I hope you enjoy reading through our review, and understand the reach and depth of all that APDA brings.

With my best wishes,
Pradip Shah

CEO Overview of the Year



Welcome to our Annual review for the Year 2024 to 2025, a tiny peek into the work that we have been doing or involved with over the past 12 months.

This year has seen continued pressures on us all with the rising costs and reduced service budgets which has greatly affected many service users, their families and our staff teams.

This pressure across the whole of society impacts everyone in the UK, and especially more our beneficiaries who are already disabled within society, but now further pushed into poverty. With the financial constraints & energy debt hanging over many of us, the numbers of people requiring interventional support from our organisation has doubled, with each service area seeing a constant number of new referrals & signposting from third sector colleagues, local authorities & statutory agencies to our day opportunities at both centres, homecare services, advice and too often advocacy support.
The people we have seen through our doors this year all continue to be those most disenfranchised in society requiring complex support packages for their social & health care needs to be met by our experienced staff.

As always, it was so important for us to mark and raise awareness around the year for people affected by various conditions; Mental Health Awareness Week, Deaf Awareness Week, Suicide Prevention Day, Cancer Awareness, etc.

Even with the seriousness of the economic environment, we continued to stay strong in our support offer, and ensure safe and happy environments were provided to the people we see. As a result, the year has flown by in a flurry of colour, culture, cake, culinary delights and connections. From Peace at Easter, Energy at Eid, Beautiful lights of Diwali, Sounds of Chinese New Year to the Bright bursts of Holi, we've packed in laughter, learning, and lots of love.

We also ensured we provided the essential Research workshops, information sessions and vital health talks , of which were delivered at both our West and East London centre based activity sessions to keep the wide reach of the organisation.

We are continuing our partnership with the

London Boroughs of Brent, Harrow & Tower Hamlets, helping to shape their new day opportunities, social care services and borough wide strategic planning. Staff have been busy attending Regular meetings with them to stay informed about issues and improvements within the council, during which we provide our feedback and share our current experiences to help inform their decision-making to be inclusive and supportive for older persons and persons disabled by society.

Our East London funded project which holds health & well-being sessions are even more popular, with the numbers gaining year on year of the project. Providing much needed culturally appropriate exercise and movement sessions for older and marginalised women in the borough of Tower Hamlets, alongside the health information sessions and the talking safe spaces. Participants, who are women, have stated while being part of the project it gives them feelings of worth, empowered to support others in their communities, and are proud of the achievements they have made. We are grateful to Tower Hamlets for their funding for this project for the next three years. We are also grateful to Tower Hamlets Community Housing for their unwavering support and enabling us to use their community building in Bethnal Green to deliver our sessions twice a week.

We were happy to have been able to continue providing the accessible transportation service this year to disabled and older people. This year not only providing over 7,000 pick-ups and drops to and from our Daycentre with our minibuses, we also enabled disabled people and their carers to visit many places in and around London & M25 areas, like Battersea Zoo, Boat trip on the Thames to the Bekonscot Model Village. Both community members and staff had the opportunity to experience that heritage enrichment of the areas in and around London which have not been accessible to them without our support. We continue to advocate for the need for more socially inclusive outings and the accessible transport needed to facilitate and enable more disabled people to access places of interest and cultural heritage and break their cycle of social isolation.

Home Respite and Personal Care services

We have supported more users than expected this year in our bespoke and unique culturally tailored service for people in their homes. Our services continues to be reflective of our ethos; quality over quantity for better person-centred care. We focus what we can do to help make their lives a little bit easier and better from interaction with our staff team. We know that people have been struggling with caring for their loved ones as a result of the impact of the Covid Pandemic after affects. This we know has created an increase in referrals this year shows us that families are now at breaking point themselves. This is why our homecare provision continues to stand head & shoulders above the regular domiciliary services due to our clear and consistent approach to providing good quality care, not based on minutes of delivery but on ensuring the needs of the service user & families comes first. We deliver our care not on a profit model, but as a holistic support needed to enrich the quality of life and improve people's overall health and wellbeing.

APDA's Homecare staff team also continues to grow, with each member of our team safely delivering quality services in the year. Our team leader has ensured any new staff are and existing staff remain fully trained and aware of their obligations for personal protection, understanding care plans & risk assessments for each service user to ensure our users remain safe and protected whilst delivering our high quality level service.

Our unique & flexible service proudly enables the family carers that need respite and gives them peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes. Our bespoke and culturally tailored provision focuses on the support needed by disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities.

We continue to gather feedback from our service users every quarter, and this allows us to focus on improvements or give praise to staff on their good work. We ensure we deliver a matching-up service for users to carers, based on their holistic needs. This very much helps to create a unique experience for each user, with the minimal change in carers wherever possible to reduce the possibility of confusion, cross contamination. This also maintains good infection control measures and always enabling trust and understanding to be established. We always advocate the importance of maintaining the dignity and respect of each of our users when they are at their most vulnerable in life. This minimal change in carers also ensures that the staff and service users are able to build a strong, stable relationship and gain respect between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

We look forward to the challenges for the year ahead with an anticipated increase and unprecedented levels of more older & disabled people needing personal and social care support from our Homecare staff team.

Advocacy and Advice Services

This year's demand on our services has been evident why it is important for APDA to continue providing our AQS certification standards for Advice services.
The numbers referred to us or self-referrals for advice, information and advocacy has trebled this year due to the cost pressures ripple effect within Social care, and of course the fuel poverty being imposed on people in the UK with the changes to standing charges and energy bills. Our much valued add-on service has been continuing to support more people within London on a wide range of issues and enquiries onm a weekly basis.

We continued to fund the provision of the digital platform on our website for an accessible and automated advice support service which aids a formal letter to be produced to challenge incorrect decisions made about health and social care.

This is a service provided with the assistance of Access to Social Care who

manage and monitor the online platform. This ensures a more tailored detailed advice letter can be created through the support that can be accessed at any time via our Website chatbot named Rashmi.

Development

The demand for our organisation to input into making spaces and services more accessible has grown. Our experience and valuable insight into the barriers faced by Disabled people with Intersectional Social identities is appreciated and the demand for our input has grown this year. We continue to input into social Inequalities research and campaigns as this is vital to ensuring more equitable outcomes for those facing social disparities in health, transportation, education and employment.

We worked with a number of national and regional bodies to improve the accessibility of buildings, transport, systems of working and health services, to include TFL Buses, Banking institutions, GLA and racial justice organisations like Race Equality Foundation.

We have also been busy supporting our peers to obtain grants, trust funding, government & education funding in order that there is adequate investment into identifying why and how people are facing health inequalities. As a result of the successful interventions, we are ensuring the voices of Asian disabled people are heard and understood through our input and contribution into these various studies, workshops and research papers.

We are excited that this year marked the start of developing of new peer led, community led mental health services based and provided within local communities in the Heart of Tower Hamlets. We are in development stages and will be sharing more news as we develop this innovative services in the year to come.

As part of our international development work and our remit as an organisation holding Special consultative status, we were pleased to have continued campaigning and advocating on the impact that the changes to the social security support to disabled and older people would have. We have been raising the issue of the levels of poverty experienced by disabled people and the greater depths of poverty and difficulties that are now being faced with changes to legislation and entitlements.
We continue to provide Peer support to organisations in the global south and provide advice and support to equip them with the tools to self-advocate.
The service staff team will be reporting their individual overview of their service area year's activities in the pages to come, with lots of wonderful pictures of the work being delivered by our brilliant staff teams.

I will end my report this year on a positive note as we look forward to a more innovative and productive year to come, with all the delights that come with a unique grassroots DDPO that we are.



Best wishes, Zeenat

Daycare

Activities and Celebrations

We are pleased to report that the period from 2024 to 2025 was marked by significant achievements and an active programme delivery at Asian People's Disability Alliance (APDA), always positively benefiting our service users. Our activities, events, and programmes were inclusive and diverse, contributing positively to the mental and physical wellbeing of our service users. These initiatives were conducted both within our accessible, safe, and socially engaging Centre in Harlesden, North West London, and through community engagement efforts in East London and Brent. Through these actions, we advanced our core values—reducing social isolation, fostering care, building friendships, and strengthening support networks. We prioritised delivering a variety of activities designed to enhance the lives of service users, while also providing essential respite opportunities for families and carers.

Weekly activities include Yoga with staff and therapist Krupa, singing sessions with our music therapist Narayan, traditional and modern Indian/Bollywood dance therapist Binal, choreographed dance and movement sessions with Georgia from Step Change Studios and staff running exercise routines, arts and crafts, quizzes and chat and chai sessions.





Summer Outings

APDA's Daycare Service Users participated in a series of outings during the summer period. Among these excursions was Bowling trip, Golders Hill Park for a picnic and to visit the animals, Beckonscot Model Village, offering traditional English rural life through its seven distinct towns and historic model railway. Additional activities included trips on the Uber Boat, a visit to Battersea Zoo, and a picnic at Battersea Park. The summer concluded with a competitive and enjoyable round of Mini Golf at Lost Jungle Adventure Golf, where both service users and staff actively participated.



Sports Events

The summer season began with great anticipation at the **Vallance Sports Day** held at Mile End, East London where service users enthusiastically participated in a range of sports activities. The day was filled with laughter, friendly competition, and a strong sense of teamwork. Later in the summer, we organised and took part in the **Brent Sports Day** at John Billam Centre. This community event brought together Disability Daycare Centres from across the Brent area, and our clients showcased their competitive spirit, proudly winning medals and trophies.









Special Visits and Partnerships

We were delighted to host the British Museum as part of a South Asian heritage project. The Curators and Diversity team led several interactive sensory sessions featuring traditional artefacts, scents, and textures of the Indian culture to bring about special sensory bags as part of their new exhibition at the museum. Service users & Staff will be invited to attend the final exhibition in the Summer of 2025 when it opens to the public.









Our long standing collaboration with University College London (UCL) brought a new batch of first-year medical students to our centre for community placements, where they gained valuable insights into the challenges faced by disabled people.



Welcoming New Service Users

We were pleased to welcome several new service users to the APDA family. These individuals joined us for a range of reasons—from seeking social engagement to prevent isolation, to managing mental and physical health conditions. Our data shows a balanced group, with 40% male and 60% female representation. All new members settled in quickly, integrating into our activities within just a couple of weeks.

Staff Training

Our daycare, homecare & office staff were provided 2 days training sessions to refresh knowledge and skills in Emergency 1st Aid. Our staff team also completed the mandatory Fire Marshall Training at the workplace. A very interactive session with a fire Marshall rota developed to ensure that fire equipment, exits and alarms are checked each day.

These trainings are important to ensuring APDA staff remain fully confident to provide first aid and act as lead fire Marshall in the event of a fire incident or accident at work. Daycare Support staff were also provided refresher passenger assistance training (PAT) to enhance their knowledge and skills in new methods of support for service users on the accessible transport we provide for community members to access our services.

Other refresher training programmes included online SCTV courses covering topics such as Safeguarding of Vulnerable Children and Adults, Moving and Handling, Health and Safety, Infection control and many other mandatory/essential modules required for effective and good care support, as well as meeting the CQC care support standards.



Celebrating Festivals & Culture

Throughout the year, we observed the following special events :

Our Multicultural Festival brought the community together to celebrate a wide range of festivals and New Year events, including Eid-ul-Fitr, Vasaki/Bhaisaki, Songkran (Thai New Year/Water Festival), Sinhalese New Year, Buddhist New Year, and Bangladesh New Year.

We were honoured to have the Mayor of Brent, Councillor Tariq Dar MBE, Former Mayor of Brent Councillor Ashad Mahmood, and Former Mayor of Harrow Councillor Niten Parekh, and the Leader of Brent Council, Councillor Muhammed Butt among others join us. Noo (staff) performed a Thai South Asian dance, while clients and staff joined dance therapist Binal for a lively Bollywood routine. The event also included speeches from our Trustee, Jazal on the meaning of Eid-al-fitr and Kawal Singh, OBE, on Vaisakhi. To round off the festivities, music therapist Narayan with classic Indian songs, making it a truly unforgettable occasion.



South Asian Heritage Month event was celebrated in August. This event was attended by Service users and their families, several dignitaries, such as Former Mayor of Harrow Cllr. Krishna Suresh and invited guests from the Boroughs of Brent and Harrow and Deaf and Disabled People's Organisations (DDPOs). Guests, service users and staff enjoyed yet another amazing performances from world famous sitarist Baluji Shrivastav, OBE and accompanied by the talented tabla artist Yousaf Ali Khan proving four wonderful musical sets. Alongside this was an entertaining storytelling performance from Rez Kabir of Tamarind Theatre Company. At this event, we enjoyed the energetic solo performance from Georgia Cornwall of Step Change Dance Studios, a disability focus dance company supporting and encouraging people with different impairments to take part and engage in diverse genres of dance. Another highlight was a group performance by Service users and staff, reflecting the enthusiasm and passion of our team.



Diwali is one of major festivals in our Cultural calendars that we look forward to, with many decorations and sweets given alongside colourful activities and seeing our service users in their special colourful dresses/outfits. We had the pleasure of Ghow Ratnarajah and Uttara Joshi performing South Asian Songs in both Gujarati and Tamil. We were joined by the Hon. Mayor of Brent Cllr. Tariq Dar, MBE and Aman Jaswal from Brent Partnerships Housing and Residents Services, alongside many friends and colleagues from the third sector. Service Users and Staff gave a wonderful light dance performance show casing their talents.



UN International Day of Persons with Disabilities 2024



This is the biggest event in our cultural calendar and represents what APDA stands for. On this occasion, we were joined by the former Mayor of Harrow Cllr. Krishna Suresh who we always enjoy having at our events. We had an incredible day with Service Users and staff performances. Joined by Ghow Ratnarajah singing South Indian Tamil songs and playing the Kanjira with his colleague Mr. Perelma who played the flute joining us online from India. This was about breaking those social barriers and enabling disabled artist to come together and provide a wonderful performance. We had the pleasure of our user, Satyendra who enjoys poetry writing, sharing one of his special poems for us to hear and sang a beautiful song for everyone to celebrate the special day. Our focus for the day was on appreciation and support to all Disabled People around the world. You can see from the photos what a magical day it was for us all at APDA.

Other celebrations throughout the year

We also marked International Women's Day, Chinese New Year, Mental Health Awareness week, Carer's Week to thank all the Carers for their dedicated hard work, Holi, a colourful celebration, crafts, and shared traditions, on UN International Day of Older Persons, Mr. Pourush Dixit from Parkinson's UK spoke about the organisation's outreach, symptoms and diagnosis of Parkinson's, and ways to slow its progression. Participants enjoyed dance, followed by a karaoke session. Christmas was also an occasion for service users to decorate the hall and Christmas Tree and staff to enjoy the annual Christmas dinner together.









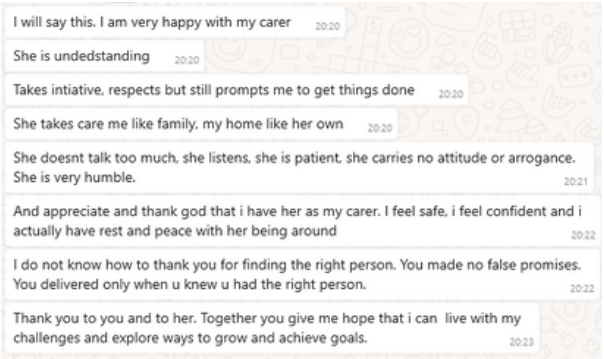
Homecare



Introduction from the Homecare Leader Tamina Aslam

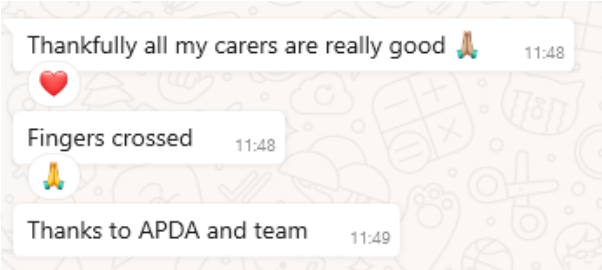
I was welcomed into the organisation in the later part of May 2024. My background was not in the care industry; however, I have lived experience having raised two Autistic children of my own and navigating this all with having a visual disability myself. I am extremely grateful for the opportunity provided by APDA and am hopeful I have contributed to the role. All the staff at APDA have been positively supportive. I have adapted to the requirements over time, and the care staff have been lovely to work with. Overall, the year has been a learning experience and have gained valuable knowledge that has supported me in improving the service I provide. I am proud of the feedback from clients thus far.

Testimonies



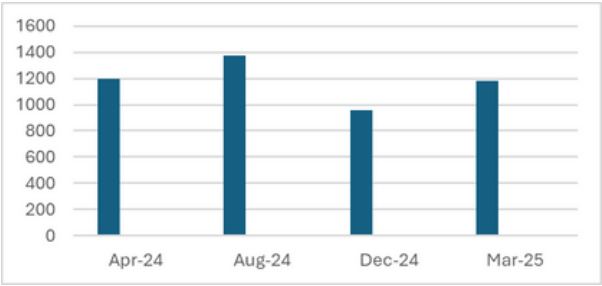
"Tamina has been incredibly helpful in organising my mum's homecare arrangements — whether it's personal care or sitting services. She always responds quickly to any issues or change requests and makes the whole process so much easier. I really appreciate her support and efficiency."

"I have known Tamina for a long time. She is very proactive, polite a very patient and enthusiastic person. She takes all our requests and concerns on board and resolves them in the best possible way. It's a great pleasure to know her as a person.
She works late hours as well and always very helping in emergency situations at odd hours.
She is a great asset to APDA.
I am sure all the staff and clients would echo me."



Statistics

I have successfully onboarded six new clients and supported in facilitating four package increases in this period, providing an increase of 253.75 hours per month a 121% uplift.



We are proud to say that our dedicated team of caregivers continues to grow and thrive. From the start of the year to the end of the year, we have welcomed new staff on board and as always appreciated the hard work and dedication of each member of our workforce in providing compassionate care to our clients. Rest assured, we are continuously working to ensure that our staff are equipped with

knowledge, training and resources to deliver the highest quality of care. Our carers delivered the much-needed personal care, feeding, cooking and domestic support. Keeping to Cultural, Religious and Dietary sensitivities with respect and dignity. Along with the constant supervision and one-to-one sessions for in-depth educational sessions to deliver the highest quality of care matching with the needs of our clients.

Our clients also enjoy the experience of the outdoors and our carers provide much needed respite for the family carers by supporting the clients with Safety being a





priority for us and the families, our carers take great pride in ensuring their clients enjoy their experience while with freedom.

Completed Trainings and New staff

We are pleased to inform you that our staff have successfully completed refresher and new starter training programs, further strengthening their expertise and skills in providing comprehensive homecare services. Their dedication to professional development ensures that they remain at the forefront of industry standards and best practices. We are happy to announce we have 3 fully trained new staff and 3 returning experienced and trusted staff to support an addition of 10 new clients from our community and some further out.



Welcoming New Clients

We are happy to welcome our new clients to the APDA family. Your contact and trust in our services means the world to us, and we are honoured to have the opportunity to serve you. We look forward to getting to know you and providing personalized care that meets your unique needs.

Forums

We continue our contribution into Brent Carers Partnership & provider forum and Harrow Providers forum, regularly to provide valuable input by sharing insights on service delivery, identifying gaps in care provision, and fostering collaboration among stakeholders to improve outcomes for carers and those they support. These forums serve as a platform for integrating local authority policies with frontline experiences.

Goodbyes

Sadly, we also mourn the loss of some of our beloved clients to ill health and our prayers and blessings are with the families.

We want to take a moment to express our gratitude to those families for choosing APDA. Your trust in us is the cornerstone of our commitment to providing exceptional homecare services.

Outreach Project in Tower Hamlets East London

We are delighted to present an update on our ongoing twice weekly sessions within the Tower Hamlets Funded "Can you See Us" East London Project, with a particular highlight on the new Bollywood Dance and Movement Therapy classes. These energetic sessions took place every Wednesday throughout January, February, and April, offering participants the opportunity to learn lively dance routines and engage in physical activities that brought great enjoyment to all. There was a scheduled break in these sessions during the Holy Month of Ramadan, allowing women to observe this special period. After Eid, the group returned to the classes, once again filling the room with energy, laughter, and smiles.

Our arts and crafts sessions have also remained a firm favourite, with participants taking part in sewing and creating beautiful pieces to share with friends, family, and each other and learning new skills.



Celebrations

One of the highlights of the year was celebrating Eid-al-Fitr after Ramadan. This year we were delighted to attend an Eid Party hosted by Tower Hamlets Community Housing (THCH), which was a joyful event filled with great people, food and entertainment.



Our Diwali celebrations, where the ladies of our community enthusiastically crafted beautiful decorations, adding a personal touch of joy, warmth, and togetherness to the centre. The festive season continued as we joyously marked Christmas, with the ladies once again showcasing their creativity in making stunning decorations, filling the centre with holiday cheer and a sense of community.



We celebrated International Women's Day at our all women focused activity centre, each coming from diverse backgrounds we embraced this day with activities celebrating women of all cultures. Each participant brought a dish to share from their country, contributing to a communal meal reflective of heritage from various countries of the world's.



We also celebrated the special International Day of Persons with Disabilities on the 4th of December, honouring the resilience and contributions of persons with disabilities within our community. The event was a beautiful reminder of the importance of inclusivity and accessibility.



Community Outings and Engagement

The service users took part in outings and built new experiences together within their local communities and outside with a trip to Victoria Park for coffee, giving them the chance to relax, socialise, and enjoy some time outdoors. A trip to Southend-on-Sea in the summer provided a much-needed escape, offering an unforgettable day filled with laughter and fun for all our attendees.



Through collaboration with the NHS, we welcomed a Good Moves course leader who shared valuable information about a health-related course designed to support the well-being of our clients. We were also thrilled to welcome local GPs from Tower Hamlets, who generously shared essential health and wellbeing advice. Their presence highlighted the incredible support available in our area, making a significant impact on our community's health consciousness.

We were deeply appreciative of the continued support that enabled us to provide the safe environment which empowers local women and enhance their quality of life. Together, we build a brighter future—one step, one activity, and one smile at a time.

Business Development

APDA has experienced a productive year of growth, participating in numerous projects and securing significant funding for different initiatives. Additionally, we took part in several policy research forums and workshops. We are collaborating on a number of projects aimed at improving structures for disabled, marginalised and elderly people which can lead to meaningful changes in society, fostering inclusivity and support. Below are a list of projects and workshops we have and continue taking part of.

APDA attended many VCSE forums/ meetings to enable us to connect with the latest developments and opportunities from the local voluntary and community organisations and to share information on our activities with visitors.

We partnered up with **EW Group and Transport for London (TFL)** on the design and delivery of Equality, Diversity, and Inclusion training for Bus drivers and their non-driving colleagues. The training aimed at non-driving staff consisted of a combination of classroom training and accompanied journeys on the London bus network. The aim of those journeys, guided by Lived experts /Service Users (referred to in this project as Facilitators), was for non-driving staff to understand and experience the challenges and barriers experienced by diverse customers when using the bus network in London. The project really creative and enabling for providers to give better bus services to Disabled members of the public.





This year, we were pleased to take part in the **NHS Roundtable** discussion on race and health inequalities, joined by the Secretary of State of Health and Social Care Wes Streeting MP and attended by Kweku on behalf of APDA. The 10-Year NHS Health Plan marks just the beginning of this important journey. APDA are excited to hear and be part of ongoing dialogue as the plan transitions into implementation. APDA's insights, expertise, and lived experiences are vital in transforming positive commitments into tangible progress for the diverse communities we support. We look forward to continuing this collaboration to drive meaningful change and ensure a healthcare system that is fair and inclusive for all.

We are delighted to introduce a latest initiative being developed this year—the Barnsley Street Project. This collaborative effort brings together the East London Foundation Trust (ELFT), Tower Hamlets Mental Health Alliance (THMHA) which APDA is actively part of, and the Look Ahead Housing Association. Guided by the voices of lived experience, this project aims to bridge systemic gaps in mental health services, with a strong focus on supporting

marginalised communities. Our involvement in this project is essential, as APDA is committed to providing culturally sensitive services that reduce isolation and enhance mental well-being for marginalised ethnic communities. By incorporating Asian traditions, family dynamics, language, dietary needs, and religious practices, we ensure comprehensive and inclusive support. This approach is crucial in delivering the right care to individuals facing mental health challenges & barriers. This is something we are so excited about, and the soft launch for delivery is scheduled for May 25.



We are excited to announce that we are participating in the **Race Equality Foundation Design group to help develop an anti- racist and inclusive good homes hub model for the Centre of Ageing Better**. This important project aims to ensure home improvements services are accessible, beneficial and equitable for all communities, especially Black, Asian and minoritised ethnic individuals ages 65 and above. By working closely with voluntary, faith and community organisations as well as statutory groups, the project will gain crucial insights into the challenges and disparities these communities face in accessing and utilising home improvements services across the UK. APDA is inputting towards the goal to co-design an anti-racist Good Home Hubs that addresses these issues. As a valued member of the Design Group, APDA will play a key role in shaping the project's direction, reviewing findings, identifying gaps and providing expert recommendations to make this a progressive service a reality. Together with the Race Equality Foundation and Centre for Ageing Better, APDA is committed to dismantling the barriers and inequalities that have existed. This is a pivotal opportunity to transform housing services and make a lasting, positive impact.

This year saw us also being introduced to **Three Hands** Insights, a unique research organisation working with large organisations and companies who are looking to make their services and products more accessible for Disabled members of the public. We have joined working group of DDPOs working with Three Hands, in reviewing different product offerings of a Banking institution. We are thrilled to be starting this project where we review different products and have suggest ways to make those products more accessible to disabled and older people. The Inclusive Design Panel project is on-going, and we will continue to involve more lived experts to make valuable contributions in improving banking services.

Donations

We would like to express our sincere gratitude to Ronnie Comfort from Brent CVS. Ronnie bravely participated in the Tough Mudder event held in Crawley, West Sussex on 21 September 2024, successfully raising £1,304.00 for APDA.
A huge thanks for everyone who has contributed to our charity over the year, through kind donations and support in kind, it is all very much appreciated and valued in ensuring our services reach

those requiring support in our communities.



We also recieved a donation from our long time friend Mr. A.P. Myers who is our chairperson's friend and neigbour we apreciate his support this year and previous years.

Acheivements

APDA'S CEO Wins Not for profit CEO of the year award 2024

The Inaugural British Asian Women's Awards 2024 (Oceanic Consulting) presented its non-profit CEO of the year award, chosen from a list of extremely impressive calibre of CEOs from the non-profit sector to Zeenat Jeewa, CEO of The Asian People's Disability Alliance at a ceremony held at the Birmingham Conference and Event Centre in Birmingham on 1st June 24.

Zeenat's work with APDA and our wider DDPO community was recognised and appreciated by this award. Our uniqueness as a Grassroots roots DDPO supporting those vulnerable within our communities and enabling an empowering environment which ensures inclusion and accessibility. Our exemplary work is also recognised through its input to the UN and overseas development in South and Southeast Asia.



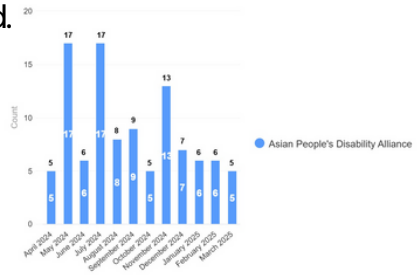


Zeenat Jeewa took up the appointment of the CEO in 2010 and has shown the way for more disabled women to take leadership roles within the care and voluntary sector.
All the stakeholders, staff, Trustees and clients and families at APDA are so proud of her achievement and recognition and we wish Zeenat Jeewa continued success for the future.

Advice and Advocacy

After the launch of our Chatbot we continue working with Access Social Care in furthering the development of it. The Chatbot is to assist with accessible advice to identify people's legal rights in social care.
The data gathered shows we had :-

- 104 conversations
- 9 legal letters downloaded
- 2.6 out of 3 product rating
- Top 3 issues include:
  - Safeguarding
  - Failure to assess other than delay
  - Delay in getting care plan
- Advice seekers using the service:
  - 51% unpaid carers
  - 26% care professionals
  - 23% individuals with a support need.

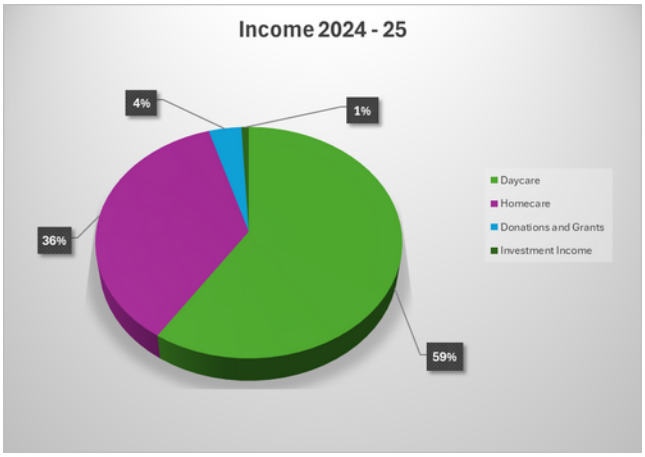


Conversations over time by Users

Accounts

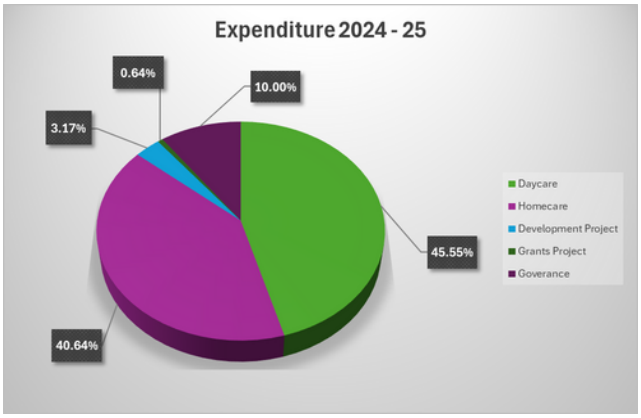
What we received this year:

Income	Amount
Daycare	£ 411,657.00
Homecare	£ 250,820.00
Donations and Grants	£ 26,244.00
Investment Income	£ 5,910.00
Other Services	£ 16,529.00
Total Income	**£ 711,529.00**



What we spent this year:

Expenditure	Amount
Daycare	£ 325,706.00
Homecare	£ 290,587.00
Development Project	£ 22,702.00
Grants Project	£ 4,590.00
Goverance	£ 71,510.00
Total Income	**£ 715,095.00**



Acknowledgments

We thank the organisations and individuals below for their valuable support and funding this year.

London Borough of Brent	Race Equality Foundation
Hon. Mayor of Brent – Cllr Tariq Darr	Disability Rights UK
London Borough of Harrow	Inclusion London
Hon. Mayor of Harrow – Cllr Salim Chowdhury	UCLH Medical School Learning Dept
Element Law Limited	Edward Harvest Foundation Trust
Narayanan PN (Music Therapist)	Alan Myers
Krupa Patel (Yoga Instructor)	The British Museum (Diversity & Equality Team)
Binal Trivedy (Dance Therapist)	JXG Management Solutions Limited
Step Change Studios (Accessible Dance & Movement)	East London Foundation Trust
London Borough of Tower Hamlets	Rethink Mental Health
Hon. Mayor of Tower Hamlets – Cllr Lutfur Rahman	Kall Kwik Wembley
Desi Daba (Caterers)	Prontaprint Potters Bar
Shayona Catering	Runnymede Trust
Vallance Community Sports	New Economics Foundation
Spitalfields Housing Association	Three Hands Insight

Also, a huge thank you to all the other wonderful supporters, volunteers & wider network partners who have assisted us with their commitment and skills throughout this year.

BANKERS

HSBC Bank PLC
Welwyn Garden City
Howardsgate
Hertfordshire
AL8 6BH

ACCOUNTANT

ACE Accountants
44 Hartford Avenue
Kenton
HA3 8SY

AUDITORS

Chapmans Associates Limited
9 Churchill Court
58 Station Road
North Harrow
Middlesex HA2 7SA

LEGAL ADVISORS

Element Law Limited
Calverley House
55 Calverley House
Tunbridge Wells
Kent TN1 2TU



Day Care & Development Resource Centre
Alric Avenue
London
NW10 8RA
www.apda.org.uk

Registered Charity Number : 1140090
Company Registration Number : 06190051

REGISTERED COMPANY NUMBER: 06190051 (England and Wales)
REGISTERED CHARITY NUMBER: 1140090

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

FOR

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2025

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Significant activities

It is my pleasure to bring this annual review of APDA's activities for the year 2024-25

We proudly continue to be of great benefit to disabled members of the public, and in particular, our culturally tailored support services have continued to help in the mental and physical development & sustaining wellbeing of vulnerable elderly, disabled people, their Carers and their wider families.

APDA, as a Disabled People's Organization (DDPO) was set up, managed and continues to be run by disabled people ourselves. All our services are user-led and needs-led, and always in keeping with social care developments. APDA proudly continues to be innovative and involving and supporting clients, users and carers with advice and support through difficult situations that they may face, and always ensuring the voices of disabled people count and are heard.

Review of Progress of our direct holistic support services to elderly and disabled people and their carers and families:

Day Care and Development Services

During 2024-25, the continued pressures with rising costs and reduced budgets has greatly affected many service users, their families and our staff teams.
This pressure across the whole of society impacts everyone in the UK, and especially more our beneficiaries who are already disabled within society, but now further pushed into poverty.
With the financial pressures & energy debt hanging over many of us, the numbers of people requiring interventional support has doubled, with our organisation seeing a constant number of new referrals from local authorities to our centre for services, advice and too often advocacy support. The people we have seen this year all continue to be those most marginalised in society requiring complex support packages for their social & health care needs to be met by our experienced staff.

As always, it was so important for us to mark and raise awareness around the year for people affected by various conditions special days, like Mental Health Awareness Week, Deaf Awareness Week, Suicide Prevention Day, Cancer Awareness, etc.
Even with the seriousness of the economic environment, we continued to stay strong in our support offer, and ensure safe and happy environments were provided to the vulnerable people we see. As a result, the year has flown by in a flurry of colour, culture, cake, culinary delights and connections. From Peace at Easter, Energy at Eid, Beautiful lights of Diwali, Sounds of Chinese New Year to the Bright bursts of Holi, We've packed in laughter, learning, and lots of love.
We also ensured we provided the essential Research workshops, information sessions and vital health talks , of which were delivered at both our West and East London centre based activity sessions to keep the wide reach of the organisation.

We are continuing our partnership with the London Boroughs of Brent, Harrow & Tower Hamlets, helping to shape their new day opportunities, social care services and borough wide strategic planning. Staff have been busy attending Regular meetings with them to stay informed about issues and improvements within the council, during which we provide our feedback and share our current experiences to help inform their decision-making to be inclusive and supportive for older persons and persons disabled by society.

Our East London funded project which holds health & well-being sessions are even more popular, with the numbers gaining year on year of the project. Providing much needed culturally appropriate exercise and movement sessions for older and marginalised women in the borough of Tower Hamlets, alongside the health information sessions and the talking safe spaces. Participants, who are women, have stated while being part of the project it gives them feelings of worth, empowered to support others in their communities, and are proud of the achievements they have made. We are grateful to Tower Hamlets for their funding for this project for the next three years. We are also grateful to Tower Hamlets Community Housing for their unwavering support and enabling us to use their community building in Bethnal Green to deliver our sessions twice a week.

We were happy to have been able to continue providing the accessible transportation service this year to disabled and older people. This year not only providing over 7,000 pick-ups and drops to and from our Daycentre with our minibuses, we also enabled disabled people and their carers to visit many places in and around London & M25 areas, like Battersea Zoo, Boat trip on the Thames to the Bekonscot Model Village. Both community members and staff had the opportunity to experience that heritage enrichment of the areas in and around London which have not been accessible to them without our support. We continue to advocate for the need for more socially inclusive outings and the accessible transport needed to facilitate and enable more disabled people to access places of interest and cultural heritage and break their cycle of social isolation.

Home Respite and Personal Care services

We have supported more users than expected this year in our bespoke and unique culturally tailored service for people in their homes. Our services continues to be reflective of our ethos, quality over quantity for better person-centred care. We focus what we can do to help make their lives a little bit easier and better from interaction with our staff team. We know that people have been struggling with caring for their loved ones as a result of the impact of the Covid Pandemic after affects. This we know has created an increase in referrals this year shows us that families are now at breaking point themselves. This is why our homecare provision continues to stand head & shoulders above the regular domiciliary services due to our clear and consistent approach to providing good quality care, not based on minutes of delivery but on ensuring the needs of the service user & families comes first. We deliver our care not on a profit model, but as a holistic support needed to enrich the quality of life and improve people's overall health and wellbeing.
APDA's Homecare staff team also continues to grow, with each member of our team safely delivering quality services in the year. Our team leader has ensured any new staff are and existing staff remain fully trained and aware of their obligations for personal protection, understanding care plans & risk assessments for each service user to ensure our users remain safe and protected whilst delivering our high-quality level service.
Our unique & flexible service proudly enables the family carers that need respite and gives them peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes. Our bespoke and culturally tailored provision focuses on the support needed by disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities.

We continue to gather feedback from our service users every quarter, and this allows us to focus on improvements or give praise to staff on their good work. We ensure we deliver a matching-up service for users to carers, based on their holistic needs. This very much helps to create a unique experience for each user, with the minimal change in carers wherever possible to reduce the possibility of confusion, cross contamination. This also maintains good infection control measures and always enabling trust and understanding to be established. We always advocate the importance of maintaining the dignity and respect of each of our users when they are at their most vulnerable in life. This minimal change in carers also ensures that the staff and service users are able to build a strong, stable relationship and gain respect between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

We look forward to the challenges for the year ahead with an anticipated increase and unprecedented levels of more older & disabled people needing personal and social care support from our Homecare staff team.

Advocacy and Advice Services

This year's demand on our services has been evident why it is important for APDA to continue providing our AQS certification standards for Advice services.
The numbers referred to us or self-referrals for advice, information and advocacy has trebled this year due to the cost pressures ripple effect within Social care, and of course the fuel poverty being imposed on people in the UK with the changes to standing charges and energy bills. Our much valued add-on service has been continuing to support more people within London on a wide range of issues and enquiries onm a weekly basis.

We continued to fund the provision of the digital platform on our website for an accessible and automated advice support service which aids a formal letter to be produced to challenge incorrect decisions made about health and social care. This is a service provided with the assistance of Access to Social Care who manage and monitor the online platform. This ensures a more tailored detailed advice letter can be created through the support that can be accessed at any time via our Website chatbot named Rashmi.

Development

The demand for our organisation to input into making spaces and services more accessible has grown. Our experience and valuable insight into the barriers faced by Disabled people with Intersectional Social identities is appreciated and the demand for our input has grown this year. We continue to input into social Inequalities research and campaigns as this is vital to ensuring more equitable outcomes for those facing social disparities in health, transportation, education and employment.

We worked with a number of national and regional bodies to improve the accessibility of buildings, transport, systems of working and health services, to include TFL Buses, Banking institutions, GLA and racial justice organisations like Race Equality Foundation.

We have also been busy supporting our peers to obtain grants, trust funding, government & education funding in order that there is adequate investment into identifying why and how people are facing health inequalities. As a result of the successful interventions, we are ensuring the voices of Asian disabled people are heard and understood through our input and contribution into these various studies, workshops and research papers.

We are excited that this year marked the start of developing of new peer led, community led mental health services based and provided within local communities in the Heart of Tower Hamlets. We are in development stages and will be sharing more news as we develop this innovative services in the year to come.

As part of our international development work and our remit as an organisation holding Special consultative status, we were pleased to have continued campaigning and advocating on the impact that the changes to the social security support to disabled and older people would have. We have been raising the issue of the levels of poverty experienced by disabled people and the greater depths of poverty and difficulties that are now being faced with changes to legislation and entitlements.

We continue to provide Peer support to organisations in the global south and provide advice and support to equip them with the tools to self-advocate.

As always, we celebrated the United Nations International Day of Persons with Disabilities on Tuesday 3rd December 2024. This marked event in our calendars is always such a special day for us, as people with disabilities, health conditions and impairments. As always, we celebrated the day in our unique happy, fun and colourful & culturally appropriate way. We took the opportunity with participants attending to spread awareness of the need for more inclusion and conducive environments for disabled people to thrive and grow their skills and talents, even greater accessible paths for growth and inclusion in all spheres of society.

We were also pleased to have celebrated International Women's Day on 8th March 2024, alongside UN International Day for Older Persons on 5th October 2024, the theme very much aligned with the work we do, "Ageing with Dignity; The importance of strengthening care and support systems worldwide. We highlighted the importance of ensuring better investments are put into place to support the care needs of older people. It is widely accepted that populations around the world are aging for longer, life expectancy is growing year on year. We always advocate for the need to invest in good & accessible care support systems to ensure all members of our societies are looked after when they need it.

Public benefit

We proudly continue delivering benefit to the disabled public in keeping with our Aims and Objectives. The charity is a public benefit entity. The trustees have complied with the duty in section 4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission, including public benefit guidance.

STRATEGIC REPORT

Financial position

The Charity had a deficit of £3,935 at 31 March 2025 (2024: £8,181), reserves stand at £590,840 (2024: £594,775), all of which are Unrestricted funds. £375,000 of the Unrestricted funds are held in a designated reserve for the acquisition of additional space and premises.

Reserves policy

APDA Ltd adopts its reserve policy to ensure that the Charity maintain its reserve of at least 6 month's running costs. This should enable APDA Ltd to continue to operate in the event of changes in income from its income generating activities. APDA Ltd's management committee will continue to review its income and expenditure on an ongoing basis and maintain its long term sustainable strategic activities. There are no material uncertainties about the charity's ability to continue.

Going concern

At the time of approving the financial statements, the Management Committee have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution

Asian People's Disability Alliance Limited (APDA) is a registered charity No.1140090. The Charity is established for the relief of disabled persons, in particular such persons from the Asian community. The Charity is governed by its constitution. The company does not have a share capital and is limited by guarantee.

Recruitment and appointment of new trustees

Members of the Committee are recruited for their experience, knowledge, acumen and other attributes that could help in the development of the Organisation, capacity building the Organisation and enabling it to sustain itself in the ever changing environment of the voluntary sector.

In addition to committee members with personal knowledge and lived experience of disability, APDA Ltd now has a number of members with diverse backgrounds in business and other charitable organisations to accommodate the new environment of commissioning, contracts and tender bids, etc as well as to help APDA's efforts to sustain it-self in times of financial constraints and austerity practices.

All members of the Management Committee give their time on a voluntary basis and receive no benefits from the charity. Claims for out of pocket expenses are in accordance with the voluntary sector rules and rates.

Soon after joining, new members are given induction training together with relevant handouts and information materials to enable them to become familiar with the Organisation and its functions.

Suitable training to enhance their skills and help them to make effective input in the Organisation's development is also arranged.

The Members are also advised and recommended to study and adopt the good practice guides on the roles and responsibilities of the management committee produced by the NCVO, Charities Commission and other such bodies.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Management Committee

APDA is managed by an executive committee made up of Asian people with physical impairments, long term health conditions disabilities and carers. The Committee meets four to six times a year, and as of 31st March 2025 comprised of the following:

Zeenat Jeewa (Chief Executive)
Pradip Shah (Chairperson)
Azahim Mohamed (Vice Chair)
Ashok Chabria (Hon. Secretary)
Rekha Mehta (Treasurer)
Daya Lekamwattage
Jazal Marzook
Amina Mullah
Kawal Singh.

The members of the the Management Committee are also directors of the company and trustees of the charity.

The Office Bearers and Committee Members are elected at the annual general meeting.

Risk management

The Management Committee actively review the major risk which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Management Committee have also examined other operational and business risks faced by the Charity through its Risk matrix and confirm that they have established systems to mitigate the significant risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
06190051 (England and Wales)

Registered Charity number
1140090

Registered office
Daycare & Development Centre
Alric Avenue
Off Bruce Road
London
NW10 8RA

Trustees
The Management Committee listed above are all trustees

Independent Examiner
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers
HSBC Bank Plc
Howardgate
Welwyn Garden City
Herts
AL8 6BH

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 11 November 2025 and signed on the board's behalf by:



Ms Z Jeewa - Trustee

Independent examiner's report to the trustees of ASIAN PEOPLE DISABILITY ALLIANCE LIMITED ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Praful Patel

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 11/11/2025

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	21,654	4,590	26,244	19,016
Other trading activities	3	679,006	-	679,006	653,196
Investment income	4	5,910	-	5,910	5,355
Total		706,570	4,590	711,160	677,567
EXPENDITURE ON					
Charitable activities	5				
Home care		290,587	-	290,587	331,167
Day care		325,706	-	325,706	264,272
Development Project		22,702	-	22,702	21,624
Grant Projects		-	4,590	4,590	110
Governance		71,510	-	71,510	68,575
Total		710,505	4,590	715,095	685,748
NET INCOME/(EXPENDITURE)		(3,935)	-	(3,935)	(8,181)
RECONCILIATION OF FUNDS					
Total funds brought forward		594,775	-	594,775	602,956
TOTAL FUNDS CARRIED FORWARD		590,840	-	590,840	594,775

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2025

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	11	2,360	-	2,360	2,727
CURRENT ASSETS					
Debtors	12	136,242	-	136,242	135,400
Cash at bank		536,859	-	536,859	559,645
		673,101	-	673,101	695,045
CREDITORS					
Amounts falling due within one year	13	(84,621)	-	(84,621)	(102,997)
NET CURRENT ASSETS		588,480	-	588,480	592,048
TOTAL ASSETS LESS CURRENT LIABILITIES		590,840	-	590,840	594,775
NET ASSETS		590,840	-	590,840	594,775
FUNDS	14				
Unrestricted funds				590,840	594,775
TOTAL FUNDS				590,840	594,775

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 November 2025 and were signed on its behalf by:



Z Jeewa - Trustee

The notes form part of these financial statements

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	(27,753)	(66,306)
Net cash used in operating activities		(27,753)	(66,306)
Cash flows from investing activities			
Purchase of tangible fixed assets		(943)	(480)
Investment income		5,910	5,355
Net cash provided by investing activities		4,967	4,875
Change in cash and cash equivalents in the reporting period		(22,786)	(61,431)
Cash and cash equivalents at the beginning of the reporting period		559,645	621,076
Cash and cash equivalents at the end of the reporting period		536,859	559,645

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2025

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(3,935)	(8,181)
Adjustments for:		
Depreciation charges	1,310	1,244
Investment income	(5,910)	(5,355)
Increase in debtors	(842)	(35,656)
Decrease in creditors	(18,376)	(18,358)
Net cash used in operations	(27,753)	(66,306)

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/24 £	Cash flow £	At 31/3/25 £
Net cash			
Cash at bank	559,645	(22,786)	536,859
	559,645	(22,786)	536,859
Total	559,645	(22,786)	536,859

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	1,655	3,500
Grants	24,589	15,516
	26,244	19,016

Grants received, included in the above, are as follows:

	2025	2024
	£	£
Other grants	24,589	15,516

continued...

3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Home care	250,820	248,873
Day care	371,328	357,540
Miscellaneous	16,529	7,880
Meal Contribution Income	11,940	9,504
Passenger Assistance	28,389	29,399
	679,006	653,196

All incoming resources are included in the statement of financial activities when the charity is entitled to, and virtually certain to receive, the income and the amount can be quantified with reasonable accuracy. The following policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognized when the charity becomes unconditionally entitled to the grant. Donated services and facilities are included at the value to the charity where this can be qualified. The value of services provided by the volunteers has not been included in these accounts.
Investment income is included when receivable.
Incoming resources from charitable trading activity are accounted for when earned.
Incoming resources from grants, where related to performance and specific deliverable, are accounted for as the charity earns the right to consideration by its performance.

4. INVESTMENT INCOME

	2025	2024
	£	£
Investment income	5,910	5,355

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
Home care	277,628	12,959	290,587
Day care	299,235	26,471	325,706
Development Project	19,162	3,540	22,702
Grant Projects	3,800	790	4,590
Governance	68,177	3,333	71,510
	668,002	47,093	715,095

Expenditure is recognized on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it related:
Costs of generating funds comprise the costs associated with attracting voluntary income.
Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can all locate directly to such activities and those costs of an indirect nature necessary to support them.
All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly and others are apportioned on an appropriation basis e.g floor area, per capita or estimated usage as set out in Note 5.

continued...

5. CHARITABLE ACTIVITIES COSTS - continued

6. SUPPORT COSTS

	Management
	£
Home care	12,959
Day care	26,471
Development Project	3,540
Grant Projects	790
Governance	3,333
	47,093

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation - owned assets	1,310	1,244

8. TRUSTEES' REMUNERATION AND BENEFITS

The total remuneration paid to members of the management committee was £73,544 (£2024: £62,835) which was paid to the Chief Executive.

Trustees' expenses

The total amount of expenses reimbursed to management committee members during the year was £2,487 (2024:£1,944).

9. STAFF COSTS

	2025	2024
	£	£
Wages and salaries	512,201	505,244
Social security costs	27,548	27,954
	539,749	533,198

The average monthly number of employees during the year was as follows:

	2025	2024
Day Care	13	11
Home Care	26	24
Governance	5	5
	44	40

continued...

9. STAFF COSTS - continued

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2025	2024
£60,001 - £80,000	1	1

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	19,016	-	19,016
Other trading activities	653,196	-	653,196
Investment income	5,355	-	5,355
Total	677,567	-	677,567
EXPENDITURE ON			
Charitable activities			
Home care	331,167	-	331,167
Day care	264,272	-	264,272
Development Project	21,624	-	21,624
Grant Projects	110	-	110
Governance	68,575	-	68,575
Total	685,748	-	685,748
NET INCOME/(EXPENDITURE)	(8,181)	-	(8,181)
RECONCILIATION OF FUNDS			
Total funds brought forward	602,956	-	602,956
TOTAL FUNDS CARRIED FORWARD	594,775	-	594,775

continued...

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2024	29,541	33,250	62,791
Additions	943	-	943
At 31 March 2025	30,484	33,250	63,734
DEPRECIATION			
At 1 April 2024	26,814	33,250	60,064
Charge for year	1,310	-	1,310
At 31 March 2025	28,124	33,250	61,374
NET BOOK VALUE			
At 31 March 2025	2,360	-	2,360
At 31 March 2024	2,727	-	2,727

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	123,884	125,962
Other debtors	12,358	9,438
	136,242	135,400

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade creditors	19,757	30,337
Other creditors	64,864	72,660
	84,621	102,997

14. MOVEMENT IN FUNDS

	At 1/4/24 £	Net movement in funds £	At 31/3/25 £
Unrestricted funds			
General fund	594,775	(3,935)	590,840
TOTAL FUNDS	594,775	(3,935)	590,840

continued...

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	706,570	(710,505)	(3,935)
Restricted funds			
Restricted	4,590	(4,590)	-
TOTAL FUNDS	711,160	(715,095)	(3,935)

Comparatives for movement in funds

	At 1/4/23 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	602,956	(8,181)	594,775
TOTAL FUNDS	602,956	(8,181)	594,775

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	677,567	(685,748)	(8,181)
TOTAL FUNDS	677,567	(685,748)	(8,181)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/23 £	Net movement in funds £	At 31/3/25 £
Unrestricted funds			
General fund	602,956	(12,116)	590,840
TOTAL FUNDS	602,956	(12,116)	590,840

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,384,137	(1,396,253)	(12,116)
Restricted funds			
Restricted	4,590	(4,590)	-
TOTAL FUNDS	1,388,727	(1,400,843)	(12,116)

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

16. PURPOSE OF FUNDS

Designated Funds

The income funds of the Charity include designated funds of £375,000, set aside out of unrestricted funds by the management committee to apply and investing towards acquiring of more space and premises needed by APDA to expand and increase its activities and much needed essential services to more Asian Disabled people. The Management Committee also intends to designate further funds for the above-mentioned purposes over the coming years.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	1,655	3,500
Grants	24,589	15,516
	26,244	19,016
Other trading activities		
Home care	250,820	248,873
Day care	371,328	357,540
Miscellaneous	16,529	7,880
Meal Contribution Income	11,940	9,504
Passenger Assistance	28,389	29,399
	679,006	653,196
Investment income		
Investment income	5,910	5,355
Total incoming resources	711,160	677,567
EXPENDITURE		
Charitable activities		
Wages	512,201	505,244
Social security	27,548	27,954
Travel and Minibus	72,315	54,958
Accountancy fees	15,700	15,700
Other cost	34,396	34,359
Training	4,042	3,390
Independent examiner fees	1,800	1,800
Recruitment expenses	-	1,430
	668,002	644,835
Support costs		
Management		
Premises	33,293	9,121
General office cost	9,675	8,869
Legal & Professional	2,652	21,498
Bank charges	163	181
Fixtures and fittings	1,310	1,244
	47,093	40,913
Total resources expended	715,095	685,748
Net expenditure	(3,935)	(8,181)

This page does not form part of the statutory financial statements

REGISTERED COMPANY NUMBER: 06190051 (England and Wales)
REGISTERED CHARITY NUMBER: 1140090

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

FOR

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2025

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Significant activities

It is my pleasure to bring this annual review of APDA's activities for the year 2024-25

We proudly continue to be of great benefit to disabled members of the public, and in particular, our culturally tailored support services have continued to help in the mental and physical development & sustaining wellbeing of vulnerable elderly, disabled people, their Carers and their wider families.

APDA, as a Disabled People's Organization (DDPO) was set up, managed and continues to be run by disabled people ourselves. All our services are user-led and needs-led, and always in keeping with social care developments. APDA proudly continues to be innovative and involving and supporting clients, users and carers with advice and support through difficult situations that they may face, and always ensuring the voices of disabled people count and are heard.

Review of Progress of our direct holistic support services to elderly and disabled people and their carers and families:

Day Care and Development Services

During 2024-25, the continued pressures with rising costs and reduced budgets has greatly affected many service users, their families and our staff teams.
This pressure across the whole of society impacts everyone in the UK, and especially more our beneficiaries who are already disabled within society, but now further pushed into poverty.
With the financial pressures & energy debt hanging over many of us, the numbers of people requiring interventional support has doubled, with our organisation seeing a constant number of new referrals from local authorities to our centre for services, advice and too often advocacy support. The people we have seen this year all continue to be those most marginalised in society requiring complex support packages for their social & health care needs to be met by our experienced staff.

As always, it was so important for us to mark and raise awareness around the year for people affected by various conditions special days, like Mental Health Awareness Week, Deaf Awareness Week, Suicide Prevention Day, Cancer Awareness, etc.
Even with the seriousness of the economic environment, we continued to stay strong in our support offer, and ensure safe and happy environments were provided to the vulnerable people we see. As a result, the year has flown by in a flurry of colour, culture, cake, culinary delights and connections. From Peace at Easter, Energy at Eid, Beautiful lights of Diwali, Sounds of Chinese New Year to the Bright bursts of Holi, We've packed in laughter, learning, and lots of love.
We also ensured we provided the essential Research workshops, information sessions and vital health talks , of which were delivered at both our West and East London centre based activity sessions to keep the wide reach of the organisation.

We are continuing our partnership with the London Boroughs of Brent, Harrow & Tower Hamlets, helping to shape their new day opportunities, social care services and borough wide strategic planning. Staff have been busy attending Regular meetings with them to stay informed about issues and improvements within the council, during which we provide our feedback and share our current experiences to help inform their decision-making to be inclusive and supportive for older persons and persons disabled by society.

Our East London funded project which holds health & well-being sessions are even more popular, with the numbers gaining year on year of the project. Providing much needed culturally appropriate exercise and movement sessions for older and marginalised women in the borough of Tower Hamlets, alongside the health information sessions and the talking safe spaces. Participants, who are women, have stated while being part of the project it gives them feelings of worth, empowered to support others in their communities, and are proud of the achievements they have made. We are grateful to Tower Hamlets for their funding for this project for the next three years. We are also grateful to Tower Hamlets Community Housing for their unwavering support and enabling us to use their community building in Bethnal Green to deliver our sessions twice a week.

We were happy to have been able to continue providing the accessible transportation service this year to disabled and older people. This year not only providing over 7,000 pick-ups and drops to and from our Daycentre with our minibuses, we also enabled disabled people and their carers to visit many places in and around London & M25 areas, like Battersea Zoo, Boat trip on the Thames to the Bekonscot Model Village. Both community members and staff had the opportunity to experience that heritage enrichment of the areas in and around London which have not been accessible to them without our support. We continue to advocate for the need for more socially inclusive outings and the accessible transport needed to facilitate and enable more disabled people to access places of interest and cultural heritage and break their cycle of social isolation.

Home Respite and Personal Care services

We have supported more users than expected this year in our bespoke and unique culturally tailored service for people in their homes. Our services continues to be reflective of our ethos, quality over quantity for better person-centred care. We focus what we can do to help make their lives a little bit easier and better from interaction with our staff team. We know that people have been struggling with caring for their loved ones as a result of the impact of the Covid Pandemic after affects. This we know has created an increase in referrals this year shows us that families are now at breaking point themselves. This is why our homecare provision continues to stand head & shoulders above the regular domiciliary services due to our clear and consistent approach to providing good quality care, not based on minutes of delivery but on ensuring the needs of the service user & families comes first. We deliver our care not on a profit model, but as a holistic support needed to enrich the quality of life and improve people's overall health and wellbeing.
APDA's Homecare staff team also continues to grow, with each member of our team safely delivering quality services in the year. Our team leader has ensured any new staff are and existing staff remain fully trained and aware of their obligations for personal protection, understanding care plans & risk assessments for each service user to ensure our users remain safe and protected whilst delivering our high-quality level service.
Our unique & flexible service proudly enables the family carers that need respite and gives them peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes. Our bespoke and culturally tailored provision focuses on the support needed by disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities.

We continue to gather feedback from our service users every quarter, and this allows us to focus on improvements or give praise to staff on their good work. We ensure we deliver a matching-up service for users to carers, based on their holistic needs. This very much helps to create a unique experience for each user, with the minimal change in carers wherever possible to reduce the possibility of confusion, cross contamination. This also maintains good infection control measures and always enabling trust and understanding to be established. We always advocate the importance of maintaining the dignity and respect of each of our users when they are at their most vulnerable in life. This minimal change in carers also ensures that the staff and service users are able to build a strong, stable relationship and gain respect between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

We look forward to the challenges for the year ahead with an anticipated increase and unprecedented levels of more older & disabled people needing personal and social care support from our Homecare staff team.

Advocacy and Advice Services

This year's demand on our services has been evident why it is important for APDA to continue providing our AQS certification standards for Advice services.
The numbers referred to us or self-referrals for advice, information and advocacy has trebled this year due to the cost pressures ripple effect within Social care, and of course the fuel poverty being imposed on people in the UK with the changes to standing charges and energy bills. Our much valued add-on service has been continuing to support more people within London on a wide range of issues and enquiries onm a weekly basis.

We continued to fund the provision of the digital platform on our website for an accessible and automated advice support service which aids a formal letter to be produced to challenge incorrect decisions made about health and social care. This is a service provided with the assistance of Access to Social Care who manage and monitor the online platform. This ensures a more tailored detailed advice letter can be created through the support that can be accessed at any time via our Website chatbot named Rashmi.

Development

The demand for our organisation to input into making spaces and services more accessible has grown. Our experience and valuable insight into the barriers faced by Disabled people with Intersectional Social identities is appreciated and the demand for our input has grown this year. We continue to input into social Inequalities research and campaigns as this is vital to ensuring more equitable outcomes for those facing social disparities in health, transportation, education and employment.

We worked with a number of national and regional bodies to improve the accessibility of buildings, transport, systems of working and health services, to include TFL Buses, Banking institutions, GLA and racial justice organisations like Race Equality Foundation.

We have also been busy supporting our peers to obtain grants, trust funding, government & education funding in order that there is adequate investment into identifying why and how people are facing health inequalities. As a result of the successful interventions, we are ensuring the voices of Asian disabled people are heard and understood through our input and contribution into these various studies, workshops and research papers.

We are excited that this year marked the start of developing of new peer led, community led mental health services based and provided within local communities in the Heart of Tower Hamlets. We are in development stages and will be sharing more news as we develop this innovative services in the year to come.

As part of our international development work and our remit as an organisation holding Special consultative status, we were pleased to have continued campaigning and advocating on the impact that the changes to the social security support to disabled and older people would have. We have been raising the issue of the levels of poverty experienced by disabled people and the greater depths of poverty and difficulties that are now being faced with changes to legislation and entitlements.

We continue to provide Peer support to organisations in the global south and provide advice and support to equip them with the tools to self-advocate.

As always, we celebrated the United Nations International Day of Persons with Disabilities on Tuesday 3rd December 2024. This marked event in our calendars is always such a special day for us, as people with disabilities, health conditions and impairments. As always, we celebrated the day in our unique happy, fun and colourful & culturally appropriate way. We took the opportunity with participants attending to spread awareness of the need for more inclusion and conducive environments for disabled people to thrive and grow their skills and talents, even greater accessible paths for growth and inclusion in all spheres of society.

We were also pleased to have celebrated International Women's Day on 8th March 2024, alongside UN International Day for Older Persons on 5th October 2024, the theme very much aligned with the work we do, "Ageing with Dignity; The importance of strengthening care and support systems worldwide. We highlighted the importance of ensuring better investments are put into place to support the care needs of older people. It is widely accepted that populations around the world are aging for longer, life expectancy is growing year on year. We always advocate for the need to invest in good & accessible care support systems to ensure all members of our societies are looked after when they need it.

Public benefit

We proudly continue delivering benefit to the disabled public in keeping with our Aims and Objectives. The charity is a public benefit entity. The trustees have complied with the duty in section 4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission, including public benefit guidance.

STRATEGIC REPORT

Financial position

The Charity had a deficit of £3,935 at 31 March 2025 (2024: £8,181), reserves stand at £590,840 (2024: £594,775), all of which are Unrestricted funds. £375,000 of the Unrestricted funds are held in a designated reserve for the acquisition of additional space and premises.

Reserves policy

APDA Ltd adopts its reserve policy to ensure that the Charity maintain its reserve of at least 6 month's running costs. This should enable APDA Ltd to continue to operate in the event of changes in income from its income generating activities. APDA Ltd's management committee will continue to review its income and expenditure on an ongoing basis and maintain its long term sustainable strategic activities. There are no material uncertainties about the charity's ability to continue.

Going concern

At the time of approving the financial statements, the Management Committee have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution

Asian People's Disability Alliance Limited (APDA) is a registered charity No.1140090. The Charity is established for the relief of disabled persons, in particular such persons from the Asian community. The Charity is governed by its constitution. The company does not have a share capital and is limited by guarantee.

Recruitment and appointment of new trustees

Members of the Committee are recruited for their experience, knowledge, acumen and other attributes that could help in the development of the Organisation, capacity building the Organisation and enabling it to sustain itself in the ever changing environment of the voluntary sector.

In addition to committee members with personal knowledge and lived experience of disability, APDA Ltd now has a number of members with diverse backgrounds in business and other charitable organisations to accommodate the new environment of commissioning, contracts and tender bids, etc as well as to help APDA's efforts to sustain it-self in times of financial constraints and austerity practices.

All members of the Management Committee give their time on a voluntary basis and receive no benefits from the charity. Claims for out of pocket expenses are in accordance with the voluntary sector rules and rates.

Soon after joining, new members are given induction training together with relevant handouts and information materials to enable them to become familiar with the Organisation and its functions.

Suitable training to enhance their skills and help them to make effective input in the Organisation's development is also arranged.

The Members are also advised and recommended to study and adopt the good practice guides on the roles and responsibilities of the management committee produced by the NCVO, Charities Commission and other such bodies.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Management Committee

APDA is managed by an executive committee made up of Asian people with physical impairments, long term health conditions disabilities and carers. The Committee meets four to six times a year, and as of 31st March 2025 comprised of the following:

Zeenat Jeewa (Chief Executive)
Pradip Shah (Chairperson)
Azahim Mohamed (Vice Chair)
Ashok Chabria (Hon. Secretary)
Rekha Mehta (Treasurer)
Daya Lekamwattage
Jazal Marzook
Amina Mullah
Kawal Singh.

The members of the the Management Committee are also directors of the company and trustees of the charity.

The Office Bearers and Committee Members are elected at the annual general meeting.

Risk management

The Management Committee actively review the major risk which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Management Committee have also examined other operational and business risks faced by the Charity through its Risk matrix and confirm that they have established systems to mitigate the significant risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
06190051 (England and Wales)

Registered Charity number
1140090

Registered office
Daycare & Development Centre
Alric Avenue
Off Bruce Road
London
NW10 8RA

Trustees
The Management Committee listed above are all trustees

Independent Examiner
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers
HSBC Bank Plc
Howardgate
Welwyn Garden City
Herts
AL8 6BH

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 11 November 2025 and signed on the board's behalf by:



Ms Z Jeewa - Trustee

Independent examiner's report to the trustees of ASIAN PEOPLE DISABILITY ALLIANCE LIMITED ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Praful Patel

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 11/11/2025

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	21,654	4,590	26,244	19,016
Other trading activities	3	679,006	-	679,006	653,196
Investment income	4	5,910	-	5,910	5,355
Total		706,570	4,590	711,160	677,567
EXPENDITURE ON					
Charitable activities	5				
Home care		290,587	-	290,587	331,167
Day care		325,706	-	325,706	264,272
Development Project		22,702	-	22,702	21,624
Grant Projects		-	4,590	4,590	110
Governance		71,510	-	71,510	68,575
Total		710,505	4,590	715,095	685,748
NET INCOME/(EXPENDITURE)		(3,935)	-	(3,935)	(8,181)
RECONCILIATION OF FUNDS					
Total funds brought forward		594,775	-	594,775	602,956
TOTAL FUNDS CARRIED FORWARD		590,840	-	590,840	594,775

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2025

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	11	2,360	-	2,360	2,727
CURRENT ASSETS					
Debtors	12	136,242	-	136,242	135,400
Cash at bank		536,859	-	536,859	559,645
		673,101	-	673,101	695,045
CREDITORS					
Amounts falling due within one year	13	(84,621)	-	(84,621)	(102,997)
NET CURRENT ASSETS		588,480	-	588,480	592,048
TOTAL ASSETS LESS CURRENT LIABILITIES		590,840	-	590,840	594,775
NET ASSETS		590,840	-	590,840	594,775
FUNDS	14				
Unrestricted funds				590,840	594,775
TOTAL FUNDS				590,840	594,775

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 November 2025 and were signed on its behalf by:



Z Jeewa - Trustee

The notes form part of these financial statements

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	(27,753)	(66,306)
Net cash used in operating activities		(27,753)	(66,306)
Cash flows from investing activities			
Purchase of tangible fixed assets		(943)	(480)
Investment income		5,910	5,355
Net cash provided by investing activities		4,967	4,875
Change in cash and cash equivalents in the reporting period		(22,786)	(61,431)
Cash and cash equivalents at the beginning of the reporting period		559,645	621,076
Cash and cash equivalents at the end of the reporting period		536,859	559,645

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2025

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(3,935)	(8,181)
Adjustments for:		
Depreciation charges	1,310	1,244
Investment income	(5,910)	(5,355)
Increase in debtors	(842)	(35,656)
Decrease in creditors	(18,376)	(18,358)
Net cash used in operations	(27,753)	(66,306)

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/24 £	Cash flow £	At 31/3/25 £
Net cash			
Cash at bank	559,645	(22,786)	536,859
	559,645	(22,786)	536,859
Total	559,645	(22,786)	536,859

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	1,655	3,500
Grants	24,589	15,516
	26,244	19,016

Grants received, included in the above, are as follows:

	2025	2024
	£	£
Other grants	24,589	15,516

continued...

3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Home care	250,820	248,873
Day care	371,328	357,540
Miscellaneous	16,529	7,880
Meal Contribution Income	11,940	9,504
Passenger Assistance	28,389	29,399
	679,006	653,196

All incoming resources are included in the statement of financial activities when the charity is entitled to, and virtually certain to receive, the income and the amount can be quantified with reasonable accuracy. The following policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognized when the charity becomes unconditionally entitled to the grant. Donated services and facilities are included at the value to the charity where this can be qualified. The value of services provided by the volunteers has not been included in these accounts.
Investment income is included when receivable.
Incoming resources from charitable trading activity are accounted for when earned.
Incoming resources from grants, where related to performance and specific deliverable, are accounted for as the charity earns the right to consideration by its performance.

4. INVESTMENT INCOME

	2025	2024
	£	£
Investment income	5,910	5,355

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
Home care	277,628	12,959	290,587
Day care	299,235	26,471	325,706
Development Project	19,162	3,540	22,702
Grant Projects	3,800	790	4,590
Governance	68,177	3,333	71,510
	668,002	47,093	715,095

Expenditure is recognized on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it related:
Costs of generating funds comprise the costs associated with attracting voluntary income.
Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can all locate directly to such activities and those costs of an indirect nature necessary to support them.
All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly and others are apportioned on an appropriation basis e.g floor area, per capita or estimated usage as set out in Note 5.

continued...

5. CHARITABLE ACTIVITIES COSTS - continued

6. SUPPORT COSTS

	Management
	£
Home care	12,959
Day care	26,471
Development Project	3,540
Grant Projects	790
Governance	3,333
	47,093

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation - owned assets	1,310	1,244

8. TRUSTEES' REMUNERATION AND BENEFITS

The total remuneration paid to members of the management committee was £73,544 (£2024: £62,835) which was paid to the Chief Executive.

Trustees' expenses

The total amount of expenses reimbursed to management committee members during the year was £2,487 (2024:£1,944).

9. STAFF COSTS

	2025	2024
	£	£
Wages and salaries	512,201	505,244
Social security costs	27,548	27,954
	539,749	533,198

The average monthly number of employees during the year was as follows:

	2025	2024
Day Care	13	11
Home Care	26	24
Governance	5	5
	44	40

continued...

9. STAFF COSTS - continued

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2025	2024
£60,001 - £80,000	1	1

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	19,016	-	19,016
Other trading activities	653,196	-	653,196
Investment income	5,355	-	5,355
Total	677,567	-	677,567
EXPENDITURE ON			
Charitable activities			
Home care	331,167	-	331,167
Day care	264,272	-	264,272
Development Project	21,624	-	21,624
Grant Projects	110	-	110
Governance	68,575	-	68,575
Total	685,748	-	685,748
NET INCOME/(EXPENDITURE)	(8,181)	-	(8,181)
RECONCILIATION OF FUNDS			
Total funds brought forward	602,956	-	602,956
TOTAL FUNDS CARRIED FORWARD	594,775	-	594,775

continued...

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2024	29,541	33,250	62,791
Additions	943	-	943
At 31 March 2025	30,484	33,250	63,734
DEPRECIATION			
At 1 April 2024	26,814	33,250	60,064
Charge for year	1,310	-	1,310
At 31 March 2025	28,124	33,250	61,374
NET BOOK VALUE			
At 31 March 2025	2,360	-	2,360
At 31 March 2024	2,727	-	2,727

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	123,884	125,962
Other debtors	12,358	9,438
	136,242	135,400

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade creditors	19,757	30,337
Other creditors	64,864	72,660
	84,621	102,997

14. MOVEMENT IN FUNDS

	At 1/4/24 £	Net movement in funds £	At 31/3/25 £
Unrestricted funds			
General fund	594,775	(3,935)	590,840
TOTAL FUNDS	594,775	(3,935)	590,840

continued...

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	706,570	(710,505)	(3,935)
Restricted funds			
Restricted	4,590	(4,590)	-
TOTAL FUNDS	711,160	(715,095)	(3,935)

Comparatives for movement in funds

	At 1/4/23 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	602,956	(8,181)	594,775
TOTAL FUNDS	602,956	(8,181)	594,775

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	677,567	(685,748)	(8,181)
TOTAL FUNDS	677,567	(685,748)	(8,181)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/23 £	Net movement in funds £	At 31/3/25 £
Unrestricted funds			
General fund	602,956	(12,116)	590,840
TOTAL FUNDS	602,956	(12,116)	590,840

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,384,137	(1,396,253)	(12,116)
Restricted funds			
Restricted	4,590	(4,590)	-
TOTAL FUNDS	1,388,727	(1,400,843)	(12,116)

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

16. PURPOSE OF FUNDS

Designated Funds

The income funds of the Charity include designated funds of £375,000, set aside out of unrestricted funds by the management committee to apply and investing towards acquiring of more space and premises needed by APDA to expand and increase its activities and much needed essential services to more Asian Disabled people. The Management Committee also intends to designate further funds for the above-mentioned purposes over the coming years.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	1,655	3,500
Grants	24,589	15,516
	26,244	19,016
Other trading activities		
Home care	250,820	248,873
Day care	371,328	357,540
Miscellaneous	16,529	7,880
Meal Contribution Income	11,940	9,504
Passenger Assistance	28,389	29,399
	679,006	653,196
Investment income		
Investment income	5,910	5,355
Total incoming resources	711,160	677,567
EXPENDITURE		
Charitable activities		
Wages	512,201	505,244
Social security	27,548	27,954
Travel and Minibus	72,315	54,958
Accountancy fees	15,700	15,700
Other cost	34,396	34,359
Training	4,042	3,390
Independent examiner fees	1,800	1,800
Recruitment expenses	-	1,430
	668,002	644,835
Support costs		
Management		
Premises	33,293	9,121
General office cost	9,675	8,869
Legal & Professional	2,652	21,498
Bank charges	163	181
Fixtures and fittings	1,310	1,244
	47,093	40,913
Total resources expended	715,095	685,748
Net expenditure	(3,935)	(8,181)

This page does not form part of the statutory financial statements

ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

England & Wales - Charity number 1140090

Accounts

APDA

ANNUAL REPORT

ASIAN PEOPLE'S DISABILITY ALLIANCE



APDA
Day Care &
Development Centre,
Alric Avenue, Harlesden,
NW10 8RA

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Chairperson's Review

As we reflect on the past year at Asian People's Disability Alliance (APDA), I am filled with immense pride and gratitude for all that we have accomplished despite the challenges we've faced. This annual review serves as both a celebration of our activities and a testament to the resilience and dedication of our team.

One of the ongoing challenges we continue to face is the search for high-quality care staff. The care sector has seen unprecedented difficulties, particularly considering the continuing cost-of-living crisis. However, it is in times like these where our team, under the outstanding leadership of Zeenat Jeewa, CEO, has truly excelled in delivering the much-needed services for our Daycare and Homecare Service Users, Carers and families. Zeenat has tirelessly championed for our service users while ensuring that our staff feel supported and valued.

Zeenat and our staff team have exhibited relentless determination and resourcefulness this year. Through sheer hard work, they have successfully secured numerous grants and projects. I myself had been involved in Race Equality Foundation Projects, one of which was the Peer Engagement working alongside fellow delivery partners Bridge the Gap studios, The Motherhood Group, Croydon BME Forum on developing a new Anti-Rasim Practice Learning Hub for the Great London Authority. This new project was part of the Mayor's Equality, Diversity and Inclusion strategy to help in creating a fairer and more equal city.



The rest of our annual report will give you more detailed information on the activities from each service and areas of our work. For me, the main highlights for this year are APDA's involvement in various projects as mentioned and the celebrations at our Centre. I am fortunate to attend and be part of, seeing our service user's happy faces taking part in the dance and music.

I extend my gratitude to everyone who has supported APDA over the past year, your contributions have significantly impacted APDA's essential mission to enhance the lives of elderly and disabled individuals whether through volunteering, donations, event attendance, or partnerships. I eagerly anticipate our continued collaboration to empower people with disabilities, enabling them to lead joyful, healthy, and fulfilling lives in what is expected to be a pivotal year of prospect.



Mr. Pradip Shah, Chairperson

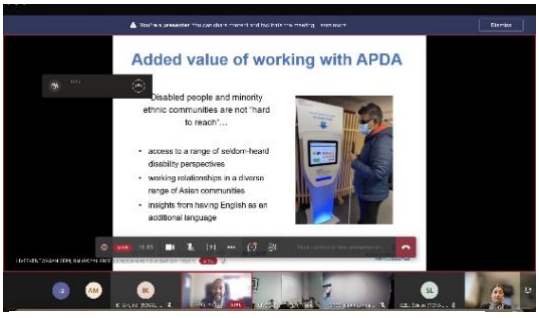
Chief Executive Ms. Zeenat Jeewa overview of the year

Warm welcome to you all for the annual overview of our activities and achievements. This report will hopefully provide insight into some of the important and influential research, policy, campaigns and achievements we secured to help ensure Disabled people's voices are heard across a range of priority issues affecting our lives, while also balancing the need to ensure disabled people are seen and active in their local communities.



Our activities for 2023-2024 show our continued commitment to and passion for supporting London's Pan Asian Disabled communities to be thriving and included. APDA has worked hard to facilitate people to become empowered within our diverse communities, to create the change we need. In this annual report we use the term Disabled people to mean all groups of people living with impairments and conditions including: People with physical impairments; People with visual impairments; Deaf people; People with hearing impairment; People with learning difficulties. We do recognise and respect that some of the groups (in our definition) may not think of themselves as being disabled.

As you will see in this report, APDA continued to develop and deliver a range of vital care and social support to over 300 Deaf and Disabled people in London. Despite the continuing challenges of the financial austerity and cost of living crisis, we delivered more support than ever before to disabled Londoners from diverse ethnic heritage, including running and supporting disabled people to attend consultations, webinars, briefings, performances and events and peer networks, forums and partnership meetings over the year.



Zeenat Jeewa, CEO attending Royal Free Hospital Foundation Trust meeting

This work we have done is exciting but also essential in the face of the increasing structural inequalities in health, social care and the wider aspects of our society that our communities and organisation are facing. Our key challenge over the year was to continue our work on priority issues like social care charging, unfair care decision, independent living and welfare reform as well as health inequalities that arose and became evident as a result or relating to the pandemic and the after affects with the cost of living crisis.

Key Development & Successes

We successfully implemented a web-based advice Chatbot for social care queries, developed in conjunction with Access Social Care, to meet the needs of our user base. The online tool will develop a template letter which has successfully been used by individuals and advisors within our organisation and the wider communities we serve to challenge financial and care assessments and substantively reduce care charges. This new function supported our existing advice service which we provide free of charge to those disabled members of society in and around the UK.



Research meeting with Access Social Care

We were very pleased this year to have been rewarded with a renewal for a further 2 more years for our accreditation at Advice level with AQS. We were able to engage and develop our processes and passed the renewal process with AQS in February 2024. The retaining of the accreditation is very much an achievement during these difficult financial times. It will enable us to continue delivering the much-needed advice support to our users and the wider public who struggle to navigate the complex care system.



Community Engagement Officers from Brent Partnerships Housing & Resident Services

We continued to work with charitable organisations and local authority departments to increase awareness and advocate for disability as a social justice/human rights issue and the unique role and contribution that DDPOs make as distinct from non user-led disability charities. We joined local health and wellbeing boards and Alliances to ensure the voices of Asian Disabled people are not forgotten.

We collaborated with disabled Londoners in completing an access audit of a patients journey with The Royal Free London NHS Foundation Trust. This incorporated an audit of their website, patient portal and their larger physical hospital sites of The Royal Free Hospital, Hamstead, Barnet Hospital and Chase Farm Hospital, Enfield. This important piece of work ensured that more disabled people can be better supported by a large Secondary care provider in London, making their services and support more accessible and meeting the needs of the diverse communities they serve.

We worked in partnership with Race Equality Foundation alongside other third sector organisations developing an Anti-racism Learning Hub with GLA on their Health Inequalities Strategy Plan. This involved peer collaboration and workshops to feed into the final report recommendations to the Mayor of London's team.



Workshop on developing anti-racism learning hub partnering with Race Equality Foundation (REF)

We delivered over 24,535 hours of care through our direct delivery services of day opportunities and 14,650 hours through our bespoke CQC registered homecare support provision.
We provided over 20,000 miles of accessible journeys through the year with our accessible minibuses as part of our Transport offer to Disabled Londoners who access our daycare opportunities.



Service Users and Carers at Garson Farm fruit picking

We delivered on our programme for more social presence by offering day visits to places of interest locally and around the UK to Asian Disabled people and their Carers. This included Zoo's, Museums, Farms and other cultural heritage sites throughout the year.

We have continued to work alongside other DPPO's, and community interest organisations and Government departments, through the year and we wish to thank them for their support and collaborative work with APDA. These are including, but not limited to Jaspal Foundation, Oshwal Association of the UK, Disability Rights UK, Race Equality Foundation, National Survivor User Network (NSUN), Step Change Studios, London Design Museum, Vallance Sports Association, Inclusion London, NHS England, London Borough of Tower Hamlets, London Borough of Brent, London Borough of Harrow, Transport For ALL, Royal Free London NHS Foundation Trust, Transport For London, McVitie's London.



Royal Free Hospital London NHS Foundation Trust – Audit Project

We hope readers will appreciate from our service area activities, the real value in our specialist support work and our trusted reach to those communities facing the harshest inequalities, often with various intersectional barriers faced every day. Without the holistic approach from our staff team members, we know that many disabled Asian Londoners and those around the UK would feel even more isolated and unheard, this is why it is vital that our organisation is sustainable to continue to provide that support and intervention for those most at risk in our communities.



Community Engagement with staff members Kweku and Yasmin-Farida

In the year to come, we will continue to fight those battles and advocate for those who cannot do so alone, and we will make those campaigns our priority, so that more disabled Asian members of the diverse communities we support can be heard and seen. We look forward to what the new year brings, with the hope that our work and commitment will show through in the achievements we make in the months ahead.

With my very best wishes,
Zeenat Jeewa (CEO)

Our Aims and Objective

Asian People's Disability Alliance (APDA) was established in London, UK over 30 years ago, as a Deaf and Disabled People's Organisation (DDPO) to provide culturally specific care for the Asian elderly and disabled community.

It was set up by those who were themselves disabled and therefore had an in-depth knowledge and personal experience of disability and care. There was very little appropriate support and limited understanding of their needs at that time.

APDA is a non-governmental and non-denominational organisation.

Our aims are:

- To provide a needs and user-led culturally appropriate service.

- To collaborate and work in partnership with service planners and mainstream support bodies.

- To act as a resource for disabled people, their carers and their families.

- To collaborate and work with our disabled peers in the developing world.

Why we have these Aims and Objectives

We have these aims and objectives so that we can:

- Reach out where mainstream services cannot reach due to lack of expertise and understanding of disabled people, their carers and families.

- Help incorporate the specific needs of APDA's client group in relation to service planning and areas that affect their lives.

- Provide consultation, peer support and facilitate their social development.

- Link with the Developing World allowing us to share knowledge, experience and current disability attributes that assist and enrich socio-economic development.

Our Current Provisions

Daycare

Inclusive activities aimed at improving existing skills, developing new skills, and promoting social development.

Our Day Care Centre is:

- Accredited with local authorities
- Fully accessible and fully equipped for users with mixed disabilities
- The only centre within the locality supporting Asian service users
- Our service is very popular in the local community
- The four-strand provision

i) Home Support: Within the service user's home; telephone contact; face to face activities and support

ii) Virtual: Online activities, learning and support, and virtual meetings

iii) Community: Within safe spaces in the local community and outings to places of interest

iv) Centre: Activities delivered safely in each organization's buildings

Home care and Respite

Our services are:

- Efficient and effective
- Regulated by the Care Quality Commission (CQC)
- Designed to meet the needs and concerns of both users and purchasers
- User-centered and completely needs-led

Our services enable users to:

- Continue to live in the community
- Reduce inappropriate hospitalization
- Give priority to the needs of carers and their families, who are usually poorly supported

Other Services

- Befriending- as a growing number of elderly and disabled Asian people find themselves isolated at home and in the community, Befriending enables them to retain their independence and identity
- Information, advice, and guidance- Many of our service users and their families need assistance accessing the support that is available in a multi-lingual format
- Advocacy- A support service to provide representation if needed in matters related to care support, housing needs and medical care
- Independent living skills- With support, help and encouragement we help service users with disabilities to continue living independently at home
- Cultural events and outings- We help provide social contact our service users need
- Various Therapies- We engage our users through various therapies including exercise, yoga, multi-sport sessions, Asian music therapy, and arts and crafts
- ICT Skilling- Provide support in understanding technology to give service users and their families a gateway into the world beyond their homes
- Campaigns and Policy- Collaborating with external organisations and agencies to raise awareness about barriers for Asian disabled people in the UK and the developing world.

Daycare

Highlights of the Year at Daycare Centre

The year 2023 to 2024, was an eventful and delivery packed period for Asian People's Disability Alliance (APDA) and its service users. The activities, events and programmes as always have been inclusive and diverse, bringing joy, fun and had a positive impact on the mental and physical health of service users, staff and families.



Activities and programmes were delivered internally in our accessible, safe and socially enriching Centre in Harlesden, North West London and externally through our community engagement activities both in East London and Brent to reflect our core values of reducing social isolation, promoting care, friendship and a support network, as well as ensuring diversity of activities, that enrich the lives of service users through community engagement programmes not forgetting the much needed respite their families and carers yearn for.

At the main Daycare we observed our annual special events, Mental Health Awareness week, Eid-Ul-Fitr, Baisaki, Sinhalese New Year, Songkran (Water Festival), Carers Week, Vallance Sports Day in East London, Brent Sports Day, UN International Day of Older People, UN International Day of Disabilities, Diwali, Annual General Meeting (AGM), Christmas, Chinese New Year, Holi, Easter and International Women's Day and many more.



This year was especially special as we celebrated the coronation of His Majesty King Charles III (more details on the next page).

We were thrilled to announce the New Minibus Launch of our Latest Addition- a specially designed minibus catering to the needs of our beloved disabled and older service users. This attainment wouldn't have been possible without the support of our generous donors, Jasper Foundation and Oshwal Association UK.







Office and Daycare staff enjoyed a day out in August, bonding at Up at the O2 in Greenwich climbing the Millennium Dome taking in the 360-degree view of Greenwich, Olympic Park and the surrounding area. This team building exercise helped us get to know each other more and strengthen relationships among staff members.



Day Centre Programmes

The year started brilliantly with our usual sessions in Yoga, Dosti dance, Inclusive dance, our Music and karaoke sessions and chat and chai sessions throughout the week. Service users also enjoyed their sessions in arts and crafts, painting, and jigsaw puzzles which provided an excellent platform for mental and physical stimulation.



We continued with our weekly programme of choreographed dance & movement sequence sessions with Georgia Cornwall



from Step Change Studio, who are long standing delivery partners of APDA. These sessions are both training and practice sessions and Georgia trained service users in specific dance movements. Service users using learned skills to perform at selected events and functions. We also have the pleasure of our dance Therapist, Binal Trivedy using traditional and modern Bollywood music to get the service users to move their bodies. These activities not only focused on physical health but also encouraged creativity and self-expression, making a profound impact on our service users' overall wellness.

Adapted Yoga exercises were part of the weekly activities that helped improve the mental and physical well-being of Service Users and not



forgetting the popular music and karaoke session led by renowned music therapist Narayanan.

Our weekly activities also include exercise routine with Thai music in the mornings and arts and craft sessions in the afternoons with staff member Ms. Noo.
In the Summer when the weather permits, we go out to the allotment in the sunshine.



Increase in New Clients

We welcomed into the APDA family a few new service users ranging from individuals who desired to engage in social activities in order to prevent being socially isolated, to those who struggle with mental and physical health problems as well as those who have been diagnosed with noncomplex dementia. Data and information on our new service users show that they are 40% male and 60% female representation, and they all settled into our fold within a couple of weeks.

Events, Birthdays and other Cultural Celebrations

This year we had the pleasure of celebrating Eid-Ul-Fitr alongside the coronation of His Majesty King Charles III. We had





performances by talented visually impaired musicians Ghow Ratnarajah and Ziad, who masterfully

presented a special duet featuring cultural songs from Tunisia and Lebanon.



In addition, APDA's wonderful Muskaan dance group, comprised of both service users and staff, delivered a vibrant and spellbinding performance. Distinguished guests graced the occasion, including Cllr. Abdi Aden, the Mayor of Brent, who expressed his profound connection to APDA and their shared vision of supporting disabled and elderly individuals within the community. Former Mayor of Harrow Cllr. Ghazanfar Ali and Former Mayor of Brent Cllr. Arshad Mahmood and the Brent Council Partnership Engagement team join in the celebration.

At the end of the year, we orchestrated a highly successful event commemorating the UN International Day of Persons with Disabilities and Diwali together. The gathering was graced by the presence of Councillor Bhagwanji Chohan and the Brent Interim Director of Communication, Ms. Kibibi Octave, accompanied by her dedicated team members Renata Azar and Danica Sharan. We had the pleasure of performances from Ghow Ratnarajah and Uttara Joshi, who are visually impaired performers playing traditional instrument and dance to our audience.





The service users and staff including guests enjoyed their Diwali Dance lead by Binal Trivedy (Binal Dance Academy), and a choreographed dance by Georgia Cornwell from Step Change Studios. This event served as a unifying platform, bringing together diverse communities to honour the significance of the day. In support of UN International Day of Persons with Disabilities Staff created poster of the UN Sustainable Development Goals to show support for the goals and hope they will be achieved in the future.





It's an APDA family tradition to celebrate the birthday of it's service users and this continued this year with cake cutting and celebrations almost every month, sometimes group celebrations due to the sheer numbers.

Throughout the year service users engaged in many events and activities including taking part in sports day and fun activities at the John Billam Resource Centre. Our service users exhibited their sporting talents and competitiveness.



Service User's also took part in Disability Sports Day organised by Vallance Sport Association at the Mile End Leisure Centre. We gratefully acknowledge Councillor Maium Talukdar, Councillor Jahed Choudhury, and London Assembly Member (GLA) Unmesh Desai for encouraging our service users.



Vallance Sports Day in Mile End



APDA's partnership programme with UCLA continued, Service Users and Staff welcomed first and second year Medical students from the University. They attended sessioned to interact and observe activities at the centre and how they impact on the wellbeing of service users. They participated in adapted yoga exercises and other programmes with service users. They engaged with staff and selected service users in a feedback session asking questions and gaining understanding of the social prescription model of health delivery. The centre hosted 5 batches of the Medical students over several weeks and look forward to hosting them again next year.

Outings and Summer Trips



Kew Gardens

Service Users had another busy outing period with visits to several venues. We had fun times at the Maritime Museum Greenwich, Hobbledown Heath, an adventure park and zoo, London Zoo, St Albans Verulamium Park for a picnic, Garsons Farms where service users enjoyed strawberry picking, Kew Gardens, Brighton Seaside and to end the summer period the favourite for most ice cream lovers, that is Lewis of London Ice Cream Farm.









Greenwich Park



End of the year Service Users also enjoyed a performance of Christmas Carols at the Royal Albert Hall and after the show we had a picnic in Hyde Park.



St. Alban

All these activities are carefully planned with accessibility in mind and importantly exploring ways service users can engage with wider society and the public and to provide support for them to overcome barriers encountered.

Community Engagements



Our Day Care team participated in the Brent daycare forums which serves as a vital platform to engage with social workers, local authorities, and other stakeholders within the community. It underscored the importance of collaboration and communication in addressing the needs of vulnerable people within the communities and a platform to raise concerns with the current delivery arrangements in this care delivery services which involve transportation, payment arrangements for service users, referral processes, safeguarding and local authority support. Our primary focus in participating in these forums is to enhance the quality of day care services and support available to families and individuals in the Brent community and to provide respite for families and carers. The forums provided an invaluable opportunity to share knowledge, best practices, and innovative solutions aimed at improving the lives of those who rely on daycare facilities.



Muskaan Dance Team has been invited to take part in numerous performances over the year, to include taken part in the Design Museum Saree Exhibition, National BME Health and Care Awards, and Brent Dementia Awareness Event.



@ Saree Exhibition



@ College of Physicians

Training and Staff

The Care Support staff had various refresher training courses included online SCTV Training courses covering topics such as Safeguarding of Vulnerable Adults, Moving and Handling, Health and Safety, Infection control and many other mandatory courses required for effective and efficient care support as well as meeting the CQC care support standards.



Staff Training on understanding Capacity

Homecare and Respite

What we are about

At APDA we pride ourselves on providing a wholesome service with our well trained and dedicated staff. Speaking a colourful range of Asian, Middle Eastern and African languages.



Giving much needed support within the home to Asian people with a disability. Keeping to cultural and religious adherences.
Sensitive to the unique challenges having disability as in the individual.
From respite to parents and carers alike to assist individuals to maintain a dignified independent life.

Our Services

Befriending from trained carers who speak the same language and understand the sensitivities of the individual's cultural and religious practices. Providing company and stimulating entertainment of the individual's choice. It can include walking outside and supporting with exercise.

Respite for the family or main carer to allow them to pursue tasks and hobbies that would otherwise be prioritized over.



Cooking and food preparation for individuals within their home. Providing fresh home cooked food in accordance with their religious parameters and personal choice. Keeping the health of the individual is a priority.

Personal Care is an essential care need for keeping good hygiene and highly in demand. Our staff offer a personal touch with consistency of the same carer attending.

Domestic support is not just hoovering and dusting but also shopping support and helping with running errands, that all support the individual to stay independent as much as possible.

New services for the year

We introduced medication prompting for clients whose families are unable to support in this.





Updates

We have several new clients and new staff joined us.
Our service now provides care for over 25 clients and 20 staff delivering an average of 1100 hours of service per month.

A massive thank you to our homecare staff for providing a vital service to the community 7 days a week, whatever the weather.

Development

The unit applied for a variety of funds, including the Brent Council's Love Where You Live grant, which supports initiatives in the community that improves residents' well-being.
Others include the GSK Impact awards and the EDI Training for Bus Operator Staff-Accompanied journeys request for proposals (RFP), a TFL effort aimed at studying the challenges that disabled people face when using TFL bus services in London through actual life observations where selected disabled facilitators use bus services from bus stops to other designated locations.
The business development section will continue to engage in marketing activities and currently working on grant applications from The Community Organisations Cost of living fund and a small grants programme from Sport England. The BD section will work with the CEO to start the initial steps for the effort to establish a short-stay respite care home, including exploring the possibility of applying for funding from the Community Ownership fund.

Using a list of funders compiled into projects supported, we will continue to work on targeted grant applications.
Unit will work to increase its collaborations with both local authorities in health and social care, to include Tower Hamlets, Harrow and Brent Councils to boost the number of potential service users from these boroughs and extend our reach and support to their residents.
Business development will also work on enhancing our relationships with media organisations and expanding our cooperation with them in order to promote awareness on health and care issues affecting the Asian communities we serve. Alongside, raising understanding of our organisation's work programmes and events more broadly. The last was a publication titled "Culturally Sensitive Care is not an optional extra" which highlighted the issues with the current lack of understanding of the needs of people with learning disabilities and disabled people. This year has seen a number of publications in the Garavi Gujarati and Eastern Eye newspapers as well as on their online platforms.

Advice and Advocacy

We began our working relationship with Access Social Care to develop more suitable care advice support in 2022 and we have continued in 2023 with workshops and training for domiciliary care staff to train them in helping their clients. We are pleased to have developed a bespoke chatbot to cater for our service users needs and continue to work with them to develop it further.
We were thrilled to start the new service, with an official launch of our brand new chatbot on our website www.apda.org.uk named "Rashmi." The launch was on 5th July 2023 on our social media. The Chatbot is to assist with accessible advice to identify people's legal rights in social care.
We still continue to accept more cases and have received many excellent feedback on this, which shows the dire need of this service to disabled people across the UK.



East London Project

Going strong year on year

Our year was packed with productive activities that brought our community ladies closer together.

We started Spring 2023 with our regular exercise and yoga sessions, keeping the ladies active and serene. May brought a beautiful celebration of Eid, where we came together for a joyful party marking the end of Ramadan with lots of lovely food. Summer continued to be vibrant with a six-week Bollywood dance session, adding rhythm and energy to the lady's day and were so popular that we brought them back for another six-week block in January 2024.

Summer 2023 also saw our efforts to foster inclusivity, with an enlightening Anti-Racism workshop presented by the Race Equality Foundation. The ladies gained invaluable insights and support from the staff's advice.

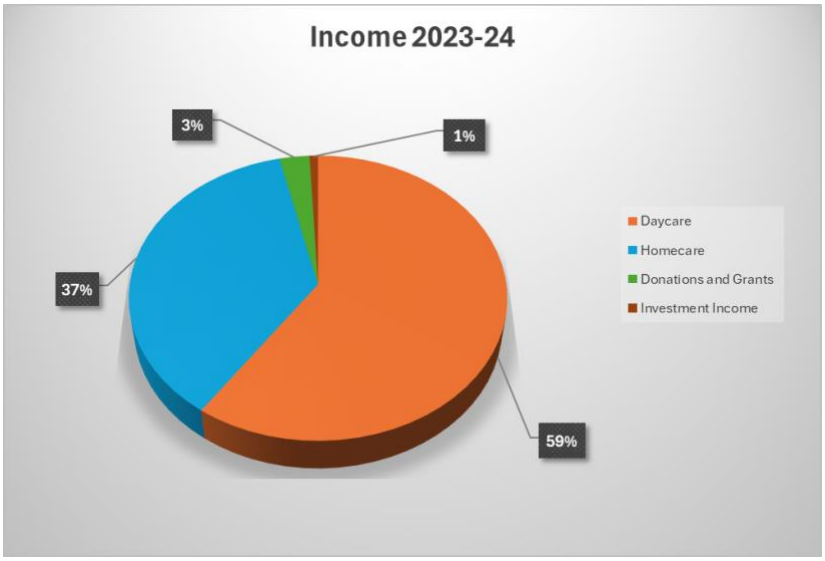
Our International Women's Day celebrations in 2024 were empowering and inspiring. We rejoiced in the achievements and strength of women, creating unforgettable memories. We also celebrated International Day for Older Persons giving a wonderful opportunity to celebrate the wisdom, contributions, and vibrant lives of our elder ladies, fostering a deeper sense of community and appreciation for all generations.
We held our stall and supported disabled Londoners attending the Vallance Disability Sports Day in June 2023, sharing all the work that we do with the local community and showing our support for the remarkable talents and determination of all the competitors.
From fitness and dance to meaningful workshops and celebrations, this year has been a testament to our community lady's continued strength and vibrancy.





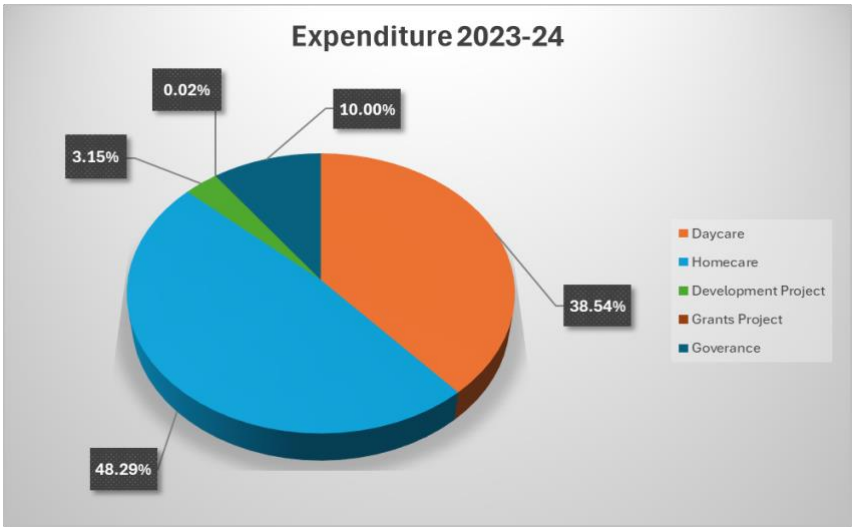
What we received this year:

Income	
Daycare	£404,323.00
Homecare	£248,873.00
Donations and Grants	£19,016.00
Investment Income	£5,355.00
Total Income	**£677,567.00**



What we spent this year:

Expenditure	
Daycare	£264,272.00
Homecare	£331,167.00
Development Project	£21,624.00
Grants Project	£110.00
Goverance	£68,575.00
Total Income	**£685,748.00**



MANAGEMENT COMMITTEE

Office Holders

Mr Pradip Shah – Chairperson
Mr Ashok Chabria – Secretary
Miss Rekha Mehta – Joint Treasurer

Other Committee Members

Mr Azahim Mohamed (Vice Chair)
Mr Jazal Marzook
Mr Daya Lekamwattage
Mrs Kawal Singh OBE
Mrs Amina Mullah

STAFF MEMBERS

Operations Team

Zeenat Jeewa – CEO
Fareeda Issace – Finance/HR

Silva Lau – Accounts Officer/Operations

Ayesha Khapedi – Day Care Leader

Rajia Begum – Homecare Leader (April 23 to May 23)
Sumaiya Cassim – Homecare Leader (June 23 onwards)

Kweku Benefo – Development Manager

Yasmin Rahman – Outreach Officer East

Day Care Team

Alpa Patel
Arpita Shah
Hasina Ahmed
Monica Dobrican

Arif Sheikh
Dhruvi Shah
Hitesh Jagda
Rung Arung-O'Donell (Noo)

ACKNOWLEDGMENTS

We appreciate all the organisations and individuals who support our work and would like to thank some below for all the valuable support, assistance and funding this year.

London Borough of Brent
Hon. Mayor of Brent
London Borough of Harrow
Hon. Mayor of Harrow
London Borough of Ealing
London Borough of Tower Hamlets
Executive Mayor L. Rahman
Vallance Community Sports
Kall Kwik Wembley
Prontaprint Borehamwood
Disability Rights UK
Oshwal Association (UK)
Spitalfields Housing Association
Big Lottery Community Funds
Element Law Limited
Narayanan PN (Music Therapist)
Krupa Patel (Yoga Instructor)
Tower Hamlets Community Housing
Desi Daba (Caterers)
Binal Trivedy (Dance Teacher)
Race Equality Foundation
Addictive TV
Step Change Studios
Jaspar Foundation

Also, a huge thank you to all the other wonderful supporters, volunteers & wider network partners who have assisted us with their commitment and skills throughout this year.

BANKERS

HSBC Bank PLC
Welwyn Garden City
Howardsgate
Hertfordshire
AL8 6BH

ACCOUNTANT

ACE Accountants
44 Hartford Avenue
Kenton
HA3 8SY

AUDITORS

Chapmans Associates Limited
9 Churchill Court
58 Station Road
North Harrow

LEGAL ADVISORS

Element Law Limited
Calverley House
55 Calverley House
Tunbridge Wells
Kent TN1 2TU



Day Care & Development Resource Centre
Alric Avenue
London
NW10 8RA
www.apda.org.uk

Registered Charity Number: 1140090

REGISTERED COMPANY NUMBER: 06190051 (England and Wales)
REGISTERED CHARITY NUMBER: 1140090

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

FOR

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2024

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Significant activities

It is my pleasure to bring this annual review of APDA's activities for the year 2023-24.

We proudly continue to be of great benefit to disabled members of the public, and in particular, our culturally tailored support services have continued to help in the mental and physical development & sustaining wellbeing of vulnerable elderly, disabled people, their Carers and their wider families.

APDA, as a Disabled People's Organization (DDPO) was set up, managed and continues to be run by disabled people ourselves. All our services are user-led and needs-led, and always in keeping with social care developments. APDA proudly continues to be innovative and involving and supporting clients, users and carers with advice and support through difficult situations that they may face, and always ensuring the voices of disabled people count and are heard.

Review of Progress of our direct holistic support services to elderly and disabled people and their carers and families:

Day Care and Development Services

During 2023-24, the continuing pressures of the Cost-of-Living Crisis has greatly affected many service users, their families and our staff teams. We all experienced a further difficult 12 months, with the ongoing financial crisis that has affected the majority of our service users around the UK.
This impacts on some users having to choose between heating and eating. Often changing their eating habits to pay for basic utility bills.
With the financial pressures & energy crisis hanging over us, the numbers of people requiring interventional support has doubled, with our organisation seeing a constant number of new referrals from local authorities to our centre. The people all requiring complex support packages for their social care needs to be met by our experienced staff.
This year has brought more vulnerable people & their families through our doors, and also sent our staff to people's homes for the much needed social interaction for those stuck at home after falls, and long periods of ill health.
As always, it was so important for us to mark and raise awareness around the year for people affected by various conditions special days, like Mental Health Awareness Week, Deaf Awareness Week, Suicide Prevention Day, Cancer Awareness, etc. It was also valuable for us to hold all the workshops and vital health talks delivered at both our West and East London centre based activity sessions.

We were very fortunate this year to have been awarded a small grant from the Mayor's Grant Fund to support our existing work, by delivering more activities for Older ladies over 55 from the London Borough of Tower Hamlets to assist them in being more physically active and increase their community awareness of services in the borough. Although a reduced figure than applied, it enables us to assist more people, especially supporting the most vulnerable & socially invisible residents in the borough. The physical and mental wellbeing of the ladies is on the forefront of our service development, and all our activities continue to be Co-produced to ensure it meets their needs. Our East London health & well-being sessions are even more popular and growing in the numbers of women coming to us, that we have had to start a waiting list this year for new ladies to join. We are proud of the achievements made and how much development and confidence being active brings ladies who otherwise are socially isolated and marginalised.

We were happy to welcome a new minibus to our transportation service this year, with the help of generous donations from Jaspar Foundation and Oshwal Association of the UK towards this new accessible vehicle for our service users. Socially inclusive outings and the accessible transport needed for our service users is so important, that is why this featured highly through the year, with our service users having the opportunity to visit many places of interest, like London Zoo, Hobbledown Farm, Kew Gardens & Greenwich Museum, etc to provide our services and staff the opportunity to experience that heritage enrichment of the areas in and around London which have not been accessible to them without our support.

Home Respite and Personal Care services

Our dedicated culturally tailored service for people in their homes continues to be a reflection of what we stand for at APDA. Focus on the person, and what we can do to help make their lives a little bit easier and better from interaction with our staff team. This is why our homecare provision continues to stand head & shoulders above the regular domiciliary services due to our clear and consistent approach to providing good quality care, not based on minutes of delivery but on ensuring the needs of the service user comes first. We deliver our care not on a profit model, but as a holistic support needed to enrich and improve people's health and wellbeing.
APDA's Homecare staff team continues to grow, with each member of our team safely delivering quality services in the year. All staff ensuring they are fully trained and aware of their obligations for personal protection and understand risk assessments for each service user to ensure our users remain safe and protected whilst delivering our high quality level service.

Our bespoke and culturally tailored provision focuses on the support needed by disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities.

Our service also enables their family carers that needed respite and peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes.

We gather feedback from our service users every quarter, and this tells us that out focus should continue to be matching service users to carers based on their holistic needs. This very much ensures that our services are provided to each service user with the minimal change in carers wherever possible to reduce the possibility of confusion, cross contamination, maintain good infection control measures and always enabling trust and understanding to be established as we know the importance of maintaining the dignity and respect of each of our users when they are at their most vulnerable in life. This also ensures that the staff and service users are able to build a strong, stable relationship and gain respect between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

Advocacy and Advice Services

This year we successfully renewed our accreditation for a further 2 years with our existing AQS certification standards for Advice services. Our much valued add-on service has been continuing to support more people within London on a wide range of issues and enquiries. From issues with client charges imposed by local authorities, to applying for blue badge

We have also continued providing the platform on our website for an accessible and automated advice support service which aids a formal letter to be produced to challenge incorrect decisions made about health and social care. This is a result of a joint partnership project with Access to Social Care for more detailed advice and support that can be accessed at any time via our Website

Development

The demand for our organisation to input into Health Inequalities has trebled this year. We have been supporting our peers to obtain grants, trust funding, government & education funding in order that there is adequate investment into identifying why and how people are facing health inequalities. As a result of the successful outcomes, we have been busy ensuring the voices of Asian disabled people are heard and understood through our input and contribution into these various studies and research papers.

As part of our international development work and our remit as an organisation holding Special consultative status, we were pleased to provide our quadrennial report to the Council for Economic and Social Development. It was very well received, and reflected on the hardships faced on a daily basis by Disabled people here in the UK and the impact Covid-19 and lockdowns had on them

We whole heartedly celebrated the United Nations International Day of Persons with Disabilities on Thursday 30th November 2023 This marked event in our calendars is always such a special day for us, as people with disabilities, health conditions and impairments. As we came together and celebrated in our unique fun and colourful way, we also raised awareness of the need for more inclusion and conducive environments for disabled people to thrive and grow their skills and talents. An occasion for laughter, singing and enjoying all the good things we have achieved for the year as a unique Ethnic Minoritised DDPO.

We were also pleased to have celebrated UN International Day for Older Persons on 5th October 2023, with the Theme "Ageing Well for Life." This was an opportunity to highlight the importance of maintaining healthy minds and bodies for ensuring better outcomes as we age. It was a happy celebrations with talks, presentations and of course singing and dancing to get everyone active and engaged.

Public benefit
We proudly continue delivering benefit to the disabled public in keeping with our Aims and Objectives. The charity is a public benefit entity. The trustees have complied with the duty in section 4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission, including public benefit guidance.

STRATEGIC REPORT

Financial position
The Charity had a deficit of £8,181 at 31 March 2024 (2023: £121,836), reserves stand at £594,775 (2023: £602,956), all of which are Unrestricted funds. £375,000 of the unrestricted funds are held in a designated reserve for the acquisition of additional space and premises.

Reserves policy
APDA Ltd adopts its reserve policy to ensure that the Charity maintain its reserve of at least 6 month's running costs. This should enable APDA Ltd to continue to operate in the event of changes in income from its income generating activities. APDA Ltd's management committee will continue to review its income and expenditure on an ongoing basis and maintain its long term sustainable strategic activities. There are no material uncertainties about the charity's ability to continue.

Going concern
At the time of approving the financial statements, the Management Committee have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution
Asian People's Disability Alliance Limited (APDA) is a registered charity No.1140090. The Charity is established for the relief of disabled persons, in particular such persons from the Asian community. The Charity is governed by its constitution. The company does not have a share capital and is limited by guarantee.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Members of the Committee are recruited for their experience, knowledge, acumen and other attributes that could help in the development of the Organisation, capacity building the Organisation and enabling it to sustain itself in the ever changing environment of the voluntary sector.

In addition to committee members with personal knowledge and lived experience of disability, APDA Ltd now has a number of members with diverse backgrounds in business and other charitable organisations to accommodate the new environment of commissioning, contracts and tender bids, etc as well as to help APDA's efforts to sustain it-self in times of financial constraints and austerity practices.

All members of the Management Committee give their time on a voluntary basis and receive no benefits from the charity. Claims for out of pocket expenses are in accordance with the voluntary sector rules and rates.

Soon after joining, new members are given induction training together with relevant handouts and information materials to enable them to become familiar with the Organisation and its functions.

Suitable training to enhance their skills and help them to make effective input in the Organisation's development is also arranged.

The Members are also advised and recommended to study and adopt the good practice guides on the roles and responsibilities of the management committee produced by the NCVO, Charities Commission and other such bodies.

Organisational structure

The Management Committee

APDA is managed by an executive committee made up of Asian people with disabilities and carers. The Committee meets four to six times a year and as at 31st March 2024 comprised of the following:

Directors:

Zeenat Jeewa (Chief Executive)
Michael Jeewa (resigned 18 March 2024)

Trustees:

Office bearers:
Chairperson: Pradip Shah
Hon.Secretary: Ashok Chabria
Treasurer: Rekha Mehta.

Committee Members:
Daya Lekamwattage; Azahim Mohammed; Jazal Marzook, Amina Mullah and Kewal Singh.

The Office Bearers and Committee Members are elected at the annual general meeting.

Risk management

The Management Committee actively review the major risk which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Management Committee have also examined other operational and business risks faced by the Charity through its Risk matrix and confirm that they have established systems to mitigate the significant risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06190051 (England and Wales)

Registered Charity number
1140090

Registered office
Daycare & Development Centre
Alric Avenue
Off Bruce Road
London
NW10 8RA

Trustees
Ms Z Jeewa
M Jeewa

Independent Examiner
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Bankers
HSBC Bank Plc
Howardgate
Welwyn Garden City
Herts
AL8 6BH

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on .....12/11/24..... and signed on the board's behalf by:

.....
Ms Z Jeewa - Trustee

Independent examiner's report to the trustees of ASIAN PEOPLE DISABILITY ALLIANCE LIMITED ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Praful Patel

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 12/11/2024

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	19,016	-	19,016	11,779
Other trading activities	3	653,196	-	653,196	539,211
Investment income	4	5,355	-	5,355	1,268
Total		677,567	-	677,567	552,258
EXPENDITURE ON					
Charitable activities	5				
Home care		331,167	-	331,167	199,059
Day care		264,272	-	264,272	324,015
Development Project		21,624	-	21,624	41,612
Grant Projects		110	-	110	38,613
Governance		68,575	-	68,575	70,795
Total		685,748	-	685,748	674,094
NET INCOME/(EXPENDITURE)		(8,181)	-	(8,181)	(121,836)
RECONCILIATION OF FUNDS					
Total funds brought forward		602,956	-	602,956	724,792
TOTAL FUNDS CARRIED FORWARD		594,775	-	594,775	602,956

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

BALANCE SHEET
31 MARCH 2024

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	11	2,727	-	2,727	3,491
CURRENT ASSETS					
Debtors	12	135,400	-	135,400	99,744
Cash at bank		559,645	-	559,645	621,076
		695,045	-	695,045	720,820
CREDITORS					
Amounts falling due within one year	13	(102,997)	-	(102,997)	(121,355)
NET CURRENT ASSETS		592,048	-	592,048	599,465
TOTAL ASSETS LESS CURRENT LIABILITIES		594,775	-	594,775	602,956
NET ASSETS		594,775	-	594,775	602,956
FUNDS	14				
Unrestricted funds				594,775	602,956
TOTAL FUNDS				594,775	602,956

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... 12/11/24 ..... and were signed on its behalf by:

.....
Z Jeewa - Trustee

The notes form part of these financial statements

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash generated from operations	1	(66,306)	(117,330)
Net cash used in operating activities		(66,306)	(117,330)
Cash flows from investing activities			
Purchase of tangible fixed assets		(480)	(1,975)
Investment income		5,355	1,268
Net cash provided by/(used in) investing activities		4,875	(707)
Change in cash and cash equivalents in the reporting period		(61,431)	(118,037)
Cash and cash equivalents at the beginning of the reporting period		621,076	739,113
Cash and cash equivalents at the end of the reporting period		559,645	621,076

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2024

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(8,181)	(121,836)
Adjustments for:		
Depreciation charges	1,244	1,330
Investment income	(5,355)	(1,268)
Increase in debtors	(35,656)	(20,237)
(Decrease)/increase in creditors	(18,358)	24,681
Net cash used in operations	(66,306)	(117,330)

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/23 £	Cash flow £	At 31/3/24 £
Net cash			
Cash at bank	621,076	(61,431)	559,645
	621,076	(61,431)	559,645
Total	621,076	(61,431)	559,645

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	3,500	10,625
Grants	15,516	1,154
	19,016	11,779

Grants received, included in the above, are as follows:

	2024	2023
	£	£
Other grants	15,516	1,154

continued...

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Home care	248,873	186,481
Day care	357,540	297,941
Miscellaneous	7,880	25,592
Meal Contribution Income	9,504	9,242
Passenger Assistance	29,399	19,955
	653,196	539,211

All incoming resources are included in the statement of financial activities when the charity is entitled to, and virtually certain to receive, the income and the amount can be quantified with reasonable accuracy. The following policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognized when the charity becomes unconditionally entitled to the grant.
Donated services and facilities are included at the value to the charity where this can be qualified. The value of services provided by the volunteers has not been included in these accounts.
Investment income is included when receivable.
Incoming resources from charitable trading activity are accounted for when earned.
Incoming resources from grants, where related to performance and specific deliverable, are accounted for as the charity earns the right to consideration by its performance.

4. INVESTMENT INCOME

	2024	2023
	£	£
Investment income	5,355	1,268

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
Home care	290,254	40,913	331,167
Day care	264,272	-	264,272
Development Project	21,624	-	21,624
Grant Projects	110	-	110
Governance	68,575	-	68,575
	644,835	40,913	685,748

Expenditure is recognized on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it related:
Costs of generating funds comprise the costs associated with attracting voluntary income.
Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can all locate directly to such activities and those costs of an indirect nature necessary to support them.
All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly and others are apportioned on an appropriation basis e.g floor area, per capita or estimated usage as set out in Note 5.

continued...

5. CHARITABLE ACTIVITIES COSTS - continued

6. SUPPORT COSTS

	Management
	£
Home care	40,913

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	1,244	1,330

8. TRUSTEES' REMUNERATION AND BENEFITS

The total remuneration paid to members of the management committee was £62,835 (£2022: £62,835) which was paid to the Chief Executive.

Trustees' expenses

The total amount of expenses reimbursed to management committee members during the year was £1,994 (2022:£3,623).

9. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	505,244	476,719
Social security costs	27,954	29,059
	533,198	505,778

The average monthly number of employees during the year was as follows:

	2024	2023
Day Care	11	10
Home Care	24	25
Governance	5	5
	40	40

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2024	2023
£60,001 - £80,000	1	1

continued...

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	11,779	-	11,779
Other trading activities	539,211	-	539,211
Investment income	1,268	-	1,268
Total	552,258	-	552,258
EXPENDITURE ON			
Charitable activities			
Home care	199,059	-	199,059
Day care	324,015	-	324,015
Development Project	41,612	-	41,612
Grant Projects	6,745	31,868	38,613
Governance	70,795	-	70,795
Total	642,226	31,868	674,094
NET INCOME/(EXPENDITURE)	(89,968)	(31,868)	(121,836)
RECONCILIATION OF FUNDS			
Total funds brought forward	692,924	31,868	724,792
TOTAL FUNDS CARRIED FORWARD	602,956	-	602,956

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2023	29,061	33,250	62,311
Additions	480	-	480
At 31 March 2024	29,541	33,250	62,791
DEPRECIATION			
At 1 April 2023	25,570	33,250	58,820
Charge for year	1,244	-	1,244
At 31 March 2024	26,814	33,250	60,064
NET BOOK VALUE			
At 31 March 2024	2,727	-	2,727
At 31 March 2023	3,491	-	3,491

continued...

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade debtors	125,962	91,196
Other debtors	9,438	8,548
	135,400	99,744

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	30,337	34,493
Other creditors	72,660	86,862
	102,997	121,355

14. MOVEMENT IN FUNDS

	At 1/4/23	Net movement in funds	At 31/3/24
	£	£	£
Unrestricted funds			
General fund	602,956	(8,181)	594,775
TOTAL FUNDS	602,956	(8,181)	594,775

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	677,567	(685,748)	(8,181)
TOTAL FUNDS	677,567	(685,748)	(8,181)

continued...

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	317,924	(89,968)	227,956
Designated	375,000	-	375,000
	692,924	(89,968)	602,956
Restricted funds			
Restricted	31,868	(31,868)	-
TOTAL FUNDS	724,792	(121,836)	602,956

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	552,258	(642,226)	(89,968)
Restricted funds			
Restricted	-	(31,868)	(31,868)
TOTAL FUNDS	552,258	(674,094)	(121,836)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/22 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	317,924	(98,149)	219,775
Designated	375,000	-	375,000
	692,924	(98,149)	594,775
Restricted funds			
Restricted	31,868	(31,868)	-
TOTAL FUNDS	724,792	(130,017)	594,775

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,229,825	(1,327,974)	(98,149)
Restricted funds			
Restricted	-	(31,868)	(31,868)
TOTAL FUNDS	1,229,825	(1,359,842)	(130,017)

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

16. PURPOSE OF FUNDS

Designated Funds

The income funds of the Charity include designated funds of £375,000, set aside out of unrestricted funds by the management committee to apply and investing towards acquiring of more space and premises needed by APDA to expand and increase its activities and much needed essential services to more Asian Disabled people. The Management Committee also intends to designate further funds for the above-mentioned purposes over the coming years.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	3,500	10,625
Grants	15,516	1,154
	19,016	11,779
Other trading activities		
Home care	248,873	186,481
Day care	357,540	297,941
Miscellaneous	7,880	25,592
Meal Contribution Income	9,504	9,242
Passenger Assistance	29,399	19,955
	653,196	539,211
Investment income		
Investment income	5,355	1,268
Total incoming resources	677,567	552,258
EXPENDITURE		
Charitable activities		
Wages	505,244	476,719
Social security	27,954	29,059
Travel and Minibus	54,958	39,307
Accountancy fees	15,700	17,692
Other cost	34,359	42,524
Training	3,390	3,646
Independent examiner fees	1,800	1,800
Recruitment expenses	1,430	-
	644,835	610,747
Support costs		
Management		
Premises	9,121	33,578
General office cost	8,869	10,379
Legal & Professional	21,498	17,841
Bank charges	181	219
Fixtures and fittings	1,244	1,330
	40,913	63,347
Total resources expended	685,748	674,094
Net expenditure	(8,181)	(121,836)

This page does not form part of the statutory financial statements

REGISTERED COMPANY NUMBER: 06190051 (England and Wales)
REGISTERED CHARITY NUMBER: 1140090

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

FOR

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2024

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Significant activities

It is my pleasure to bring this annual review of APDA's activities for the year 2023-24.

We proudly continue to be of great benefit to disabled members of the public, and in particular, our culturally tailored support services have continued to help in the mental and physical development & sustaining wellbeing of vulnerable elderly, disabled people, their Carers and their wider families.

APDA, as a Disabled People's Organization (DDPO) was set up, managed and continues to be run by disabled people ourselves. All our services are user-led and needs-led, and always in keeping with social care developments. APDA proudly continues to be innovative and involving and supporting clients, users and carers with advice and support through difficult situations that they may face, and always ensuring the voices of disabled people count and are heard.

Review of Progress of our direct holistic support services to elderly and disabled people and their carers and families:

Day Care and Development Services

During 2023-24, the continuing pressures of the Cost-of-Living Crisis has greatly affected many service users, their families and our staff teams. We all experienced a further difficult 12 months, with the ongoing financial crisis that has affected the majority of our service users around the UK.
This impacts on some users having to choose between heating and eating. Often changing their eating habits to pay for basic utility bills.
With the financial pressures & energy crisis hanging over us, the numbers of people requiring interventional support has doubled, with our organisation seeing a constant number of new referrals from local authorities to our centre. The people all requiring complex support packages for their social care needs to be met by our experienced staff.
This year has brought more vulnerable people & their families through our doors, and also sent our staff to people's homes for the much needed social interaction for those stuck at home after falls, and long periods of ill health.
As always, it was so important for us to mark and raise awareness around the year for people affected by various conditions special days, like Mental Health Awareness Week, Deaf Awareness Week, Suicide Prevention Day, Cancer Awareness, etc. It was also valuable for us to hold all the workshops and vital health talks delivered at both our West and East London centre based activity sessions.

We were very fortunate this year to have been awarded a small grant from the Mayor's Grant Fund to support our existing work, by delivering more activities for Older ladies over 55 from the London Borough of Tower Hamlets to assist them in being more physically active and increase their community awareness of services in the borough. Although a reduced figure than applied, it enables us to assist more people, especially supporting the most vulnerable & socially invisible residents in the borough. The physical and mental wellbeing of the ladies is on the forefront of our service development, and all our activities continue to be Co-produced to ensure it meets their needs. Our East London health & well-being sessions are even more popular and growing in the numbers of women coming to us, that we have had to start a waiting list this year for new ladies to join. We are proud of the achievements made and how much development and confidence being active brings ladies who otherwise are socially isolated and marginalised.

We were happy to welcome a new minibus to our transportation service this year, with the help of generous donations from Jaspar Foundation and Oshwal Association of the UK towards this new accessible vehicle for our service users. Socially inclusive outings and the accessible transport needed for our service users is so important, that is why this featured highly through the year, with our service users having the opportunity to visit many places of interest, like London Zoo, Hobbledown Farm, Kew Gardens & Greenwich Museum, etc to provide our services and staff the opportunity to experience that heritage enrichment of the areas in and around London which have not been accessible to them without our support.

Home Respite and Personal Care services

Our dedicated culturally tailored service for people in their homes continues to be a reflection of what we stand for at APDA. Focus on the person, and what we can do to help make their lives a little bit easier and better from interaction with our staff team. This is why our homecare provision continues to stand head & shoulders above the regular domiciliary services due to our clear and consistent approach to providing good quality care, not based on minutes of delivery but on ensuring the needs of the service user comes first. We deliver our care not on a profit model, but as a holistic support needed to enrich and improve people's health and wellbeing.
APDA's Homecare staff team continues to grow, with each member of our team safely delivering quality services in the year. All staff ensuring they are fully trained and aware of their obligations for personal protection and understand risk assessments for each service user to ensure our users remain safe and protected whilst delivering our high quality level service.

Our bespoke and culturally tailored provision focuses on the support needed by disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities.

Our service also enables their family carers that needed respite and peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes.

We gather feedback from our service users every quarter, and this tells us that out focus should continue to be matching service users to carers based on their holistic needs. This very much ensures that our services are provided to each service user with the minimal change in carers wherever possible to reduce the possibility of confusion, cross contamination, maintain good infection control measures and always enabling trust and understanding to be established as we know the importance of maintaining the dignity and respect of each of our users when they are at their most vulnerable in life. This also ensures that the staff and service users are able to build a strong, stable relationship and gain respect between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

Advocacy and Advice Services

This year we successfully renewed our accreditation for a further 2 years with our existing AQS certification standards for Advice services. Our much valued add-on service has been continuing to support more people within London on a wide range of issues and enquiries. From issues with client charges imposed by local authorities, to applying for blue badge

We have also continued providing the platform on our website for an accessible and automated advice support service which aids a formal letter to be produced to challenge incorrect decisions made about health and social care. This is a result of a joint partnership project with Access to Social Care for more detailed advice and support that can be accessed at any time via our Website

Development

The demand for our organisation to input into Health Inequalities has trebled this year. We have been supporting our peers to obtain grants, trust funding, government & education funding in order that there is adequate investment into identifying why and how people are facing health inequalities. As a result of the successful outcomes, we have been busy ensuring the voices of Asian disabled people are heard and understood through our input and contribution into these various studies and research papers.

As part of our international development work and our remit as an organisation holding Special consultative status, we were pleased to provide our quadrennial report to the Council for Economic and Social Development. It was very well received, and reflected on the hardships faced on a daily basis by Disabled people here in the UK and the impact Covid-19 and lockdowns had on them

We whole heartedly celebrated the United Nations International Day of Persons with Disabilities on Thursday 30th November 2023 This marked event in our calendars is always such a special day for us, as people with disabilities, health conditions and impairments. As we came together and celebrated in our unique fun and colourful way, we also raised awareness of the need for more inclusion and conducive environments for disabled people to thrive and grow their skills and talents. An occasion for laughter, singing and enjoying all the good things we have achieved for the year as a unique Ethnic Minoritised DDPO.

We were also pleased to have celebrated UN International Day for Older Persons on 5th October 2023, with the Theme "Ageing Well for Life." This was an opportunity to highlight the importance of maintaining healthy minds and bodies for ensuring better outcomes as we age. It was a happy celebrations with talks, presentations and of course singing and dancing to get everyone active and engaged.

Public benefit
We proudly continue delivering benefit to the disabled public in keeping with our Aims and Objectives. The charity is a public benefit entity. The trustees have complied with the duty in section 4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission, including public benefit guidance.

STRATEGIC REPORT

Financial position
The Charity had a deficit of £8,181 at 31 March 2024 (2023: £121,836), reserves stand at £594,775 (2023: £602,956), all of which are Unrestricted funds. £375,000 of the unrestricted funds are held in a designated reserve for the acquisition of additional space and premises.

Reserves policy
APDA Ltd adopts its reserve policy to ensure that the Charity maintain its reserve of at least 6 month's running costs. This should enable APDA Ltd to continue to operate in the event of changes in income from its income generating activities. APDA Ltd's management committee will continue to review its income and expenditure on an ongoing basis and maintain its long term sustainable strategic activities. There are no material uncertainties about the charity's ability to continue.

Going concern
At the time of approving the financial statements, the Management Committee have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution
Asian People's Disability Alliance Limited (APDA) is a registered charity No.1140090. The Charity is established for the relief of disabled persons, in particular such persons from the Asian community. The Charity is governed by its constitution. The company does not have a share capital and is limited by guarantee.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Members of the Committee are recruited for their experience, knowledge, acumen and other attributes that could help in the development of the Organisation, capacity building the Organisation and enabling it to sustain itself in the ever changing environment of the voluntary sector.

In addition to committee members with personal knowledge and lived experience of disability, APDA Ltd now has a number of members with diverse backgrounds in business and other charitable organisations to accommodate the new environment of commissioning, contracts and tender bids, etc as well as to help APDA's efforts to sustain it-self in times of financial constraints and austerity practices.

All members of the Management Committee give their time on a voluntary basis and receive no benefits from the charity. Claims for out of pocket expenses are in accordance with the voluntary sector rules and rates.

Soon after joining, new members are given induction training together with relevant handouts and information materials to enable them to become familiar with the Organisation and its functions.

Suitable training to enhance their skills and help them to make effective input in the Organisation's development is also arranged.

The Members are also advised and recommended to study and adopt the good practice guides on the roles and responsibilities of the management committee produced by the NCVO, Charities Commission and other such bodies.

Organisational structure

The Management Committee

APDA is managed by an executive committee made up of Asian people with disabilities and carers. The Committee meets four to six times a year and as at 31st March 2024 comprised of the following:

Directors:

Zeenat Jeewa (Chief Executive)
Michael Jeewa (resigned 18 March 2024)

Trustees:

Office bearers:
Chairperson: Pradip Shah
Hon.Secretary: Ashok Chabria
Treasurer: Rekha Mehta.

Committee Members:
Daya Lekamwattage; Azahim Mohammed; Jazal Marzook, Amina Mullah and Kewal Singh.

The Office Bearers and Committee Members are elected at the annual general meeting.

Risk management

The Management Committee actively review the major risk which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Management Committee have also examined other operational and business risks faced by the Charity through its Risk matrix and confirm that they have established systems to mitigate the significant risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06190051 (England and Wales)

Registered Charity number
1140090

Registered office
Daycare & Development Centre
Alric Avenue
Off Bruce Road
London
NW10 8RA

Trustees
Ms Z Jeewa
M Jeewa

Independent Examiner
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Bankers
HSBC Bank Plc
Howardgate
Welwyn Garden City
Herts
AL8 6BH

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on .....12/11/24..... and signed on the board's behalf by:

.....
Ms Z Jeewa - Trustee

Independent examiner's report to the trustees of ASIAN PEOPLE DISABILITY ALLIANCE LIMITED ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Praful Patel

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 12/11/2024

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	19,016	-	19,016	11,779
Other trading activities	3	653,196	-	653,196	539,211
Investment income	4	5,355	-	5,355	1,268
Total		677,567	-	677,567	552,258
EXPENDITURE ON					
Charitable activities	5				
Home care		331,167	-	331,167	199,059
Day care		264,272	-	264,272	324,015
Development Project		21,624	-	21,624	41,612
Grant Projects		110	-	110	38,613
Governance		68,575	-	68,575	70,795
Total		685,748	-	685,748	674,094
NET INCOME/(EXPENDITURE)		(8,181)	-	(8,181)	(121,836)
RECONCILIATION OF FUNDS					
Total funds brought forward		602,956	-	602,956	724,792
TOTAL FUNDS CARRIED FORWARD		594,775	-	594,775	602,956

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

BALANCE SHEET
31 MARCH 2024

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	11	2,727	-	2,727	3,491
CURRENT ASSETS					
Debtors	12	135,400	-	135,400	99,744
Cash at bank		559,645	-	559,645	621,076
		695,045	-	695,045	720,820
CREDITORS					
Amounts falling due within one year	13	(102,997)	-	(102,997)	(121,355)
NET CURRENT ASSETS		592,048	-	592,048	599,465
TOTAL ASSETS LESS CURRENT LIABILITIES		594,775	-	594,775	602,956
NET ASSETS		594,775	-	594,775	602,956
FUNDS	14				
Unrestricted funds				594,775	602,956
TOTAL FUNDS				594,775	602,956

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... 12/11/24 ..... and were signed on its behalf by:

.....
Z Jeewa - Trustee

The notes form part of these financial statements

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash generated from operations	1	(66,306)	(117,330)
Net cash used in operating activities		(66,306)	(117,330)
Cash flows from investing activities			
Purchase of tangible fixed assets		(480)	(1,975)
Investment income		5,355	1,268
Net cash provided by/(used in) investing activities		4,875	(707)
Change in cash and cash equivalents in the reporting period		(61,431)	(118,037)
Cash and cash equivalents at the beginning of the reporting period		621,076	739,113
Cash and cash equivalents at the end of the reporting period		559,645	621,076

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2024

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(8,181)	(121,836)
Adjustments for:		
Depreciation charges	1,244	1,330
Investment income	(5,355)	(1,268)
Increase in debtors	(35,656)	(20,237)
(Decrease)/increase in creditors	(18,358)	24,681
Net cash used in operations	(66,306)	(117,330)

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/23 £	Cash flow £	At 31/3/24 £
Net cash			
Cash at bank	621,076	(61,431)	559,645
	621,076	(61,431)	559,645
Total	621,076	(61,431)	559,645

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	3,500	10,625
Grants	15,516	1,154
	19,016	11,779

Grants received, included in the above, are as follows:

	2024	2023
	£	£
Other grants	15,516	1,154

continued...

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Home care	248,873	186,481
Day care	357,540	297,941
Miscellaneous	7,880	25,592
Meal Contribution Income	9,504	9,242
Passenger Assistance	29,399	19,955
	653,196	539,211

All incoming resources are included in the statement of financial activities when the charity is entitled to, and virtually certain to receive, the income and the amount can be quantified with reasonable accuracy. The following policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognized when the charity becomes unconditionally entitled to the grant.
Donated services and facilities are included at the value to the charity where this can be qualified. The value of services provided by the volunteers has not been included in these accounts.
Investment income is included when receivable.
Incoming resources from charitable trading activity are accounted for when earned.
Incoming resources from grants, where related to performance and specific deliverable, are accounted for as the charity earns the right to consideration by its performance.

4. INVESTMENT INCOME

	2024	2023
	£	£
Investment income	5,355	1,268

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
Home care	290,254	40,913	331,167
Day care	264,272	-	264,272
Development Project	21,624	-	21,624
Grant Projects	110	-	110
Governance	68,575	-	68,575
	644,835	40,913	685,748

Expenditure is recognized on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it related:
Costs of generating funds comprise the costs associated with attracting voluntary income.
Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can all locate directly to such activities and those costs of an indirect nature necessary to support them.
All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly and others are apportioned on an appropriation basis e.g floor area, per capita or estimated usage as set out in Note 5.

continued...

5. CHARITABLE ACTIVITIES COSTS - continued

6. SUPPORT COSTS

	Management
	£
Home care	40,913

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	1,244	1,330

8. TRUSTEES' REMUNERATION AND BENEFITS

The total remuneration paid to members of the management committee was £62,835 (£2022: £62,835) which was paid to the Chief Executive.

Trustees' expenses

The total amount of expenses reimbursed to management committee members during the year was £1,994 (2022:£3,623).

9. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	505,244	476,719
Social security costs	27,954	29,059
	533,198	505,778

The average monthly number of employees during the year was as follows:

	2024	2023
Day Care	11	10
Home Care	24	25
Governance	5	5
	40	40

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2024	2023
£60,001 - £80,000	1	1

continued...

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	11,779	-	11,779
Other trading activities	539,211	-	539,211
Investment income	1,268	-	1,268
Total	552,258	-	552,258
EXPENDITURE ON			
Charitable activities			
Home care	199,059	-	199,059
Day care	324,015	-	324,015
Development Project	41,612	-	41,612
Grant Projects	6,745	31,868	38,613
Governance	70,795	-	70,795
Total	642,226	31,868	674,094
NET INCOME/(EXPENDITURE)	(89,968)	(31,868)	(121,836)
RECONCILIATION OF FUNDS			
Total funds brought forward	692,924	31,868	724,792
TOTAL FUNDS CARRIED FORWARD	602,956	-	602,956

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2023	29,061	33,250	62,311
Additions	480	-	480
At 31 March 2024	29,541	33,250	62,791
DEPRECIATION			
At 1 April 2023	25,570	33,250	58,820
Charge for year	1,244	-	1,244
At 31 March 2024	26,814	33,250	60,064
NET BOOK VALUE			
At 31 March 2024	2,727	-	2,727
At 31 March 2023	3,491	-	3,491

continued...

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade debtors	125,962	91,196
Other debtors	9,438	8,548
	135,400	99,744

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	30,337	34,493
Other creditors	72,660	86,862
	102,997	121,355

14. MOVEMENT IN FUNDS

	At 1/4/23	Net movement in funds	At 31/3/24
	£	£	£
Unrestricted funds			
General fund	602,956	(8,181)	594,775
TOTAL FUNDS	602,956	(8,181)	594,775

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	677,567	(685,748)	(8,181)
TOTAL FUNDS	677,567	(685,748)	(8,181)

continued...

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	317,924	(89,968)	227,956
Designated	375,000	-	375,000
	692,924	(89,968)	602,956
Restricted funds			
Restricted	31,868	(31,868)	-
TOTAL FUNDS	724,792	(121,836)	602,956

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	552,258	(642,226)	(89,968)
Restricted funds			
Restricted	-	(31,868)	(31,868)
TOTAL FUNDS	552,258	(674,094)	(121,836)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/22 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	317,924	(98,149)	219,775
Designated	375,000	-	375,000
	692,924	(98,149)	594,775
Restricted funds			
Restricted	31,868	(31,868)	-
TOTAL FUNDS	724,792	(130,017)	594,775

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,229,825	(1,327,974)	(98,149)
Restricted funds			
Restricted	-	(31,868)	(31,868)
TOTAL FUNDS	1,229,825	(1,359,842)	(130,017)

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

16. PURPOSE OF FUNDS

Designated Funds

The income funds of the Charity include designated funds of £375,000, set aside out of unrestricted funds by the management committee to apply and investing towards acquiring of more space and premises needed by APDA to expand and increase its activities and much needed essential services to more Asian Disabled people. The Management Committee also intends to designate further funds for the above-mentioned purposes over the coming years.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	3,500	10,625
Grants	15,516	1,154
	19,016	11,779
Other trading activities		
Home care	248,873	186,481
Day care	357,540	297,941
Miscellaneous	7,880	25,592
Meal Contribution Income	9,504	9,242
Passenger Assistance	29,399	19,955
	653,196	539,211
Investment income		
Investment income	5,355	1,268
Total incoming resources	677,567	552,258
EXPENDITURE		
Charitable activities		
Wages	505,244	476,719
Social security	27,954	29,059
Travel and Minibus	54,958	39,307
Accountancy fees	15,700	17,692
Other cost	34,359	42,524
Training	3,390	3,646
Independent examiner fees	1,800	1,800
Recruitment expenses	1,430	-
	644,835	610,747
Support costs		
Management		
Premises	9,121	33,578
General office cost	8,869	10,379
Legal & Professional	21,498	17,841
Bank charges	181	219
Fixtures and fittings	1,244	1,330
	40,913	63,347
Total resources expended	685,748	674,094
Net expenditure	(8,181)	(121,836)

This page does not form part of the statutory financial statements

ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

England & Wales - Charity number 1140090

Accounts



APDA

Asian People's Disability Alliance

Annual Report

2022 - 2023

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OUR AIMS AND OBJECTIVES

Asian People's Disability Alliance (APDA) was established in London, UK over 30 years ago, as a Pan-Disability People's Organisation (DPO) to provide culturally specific care for the Asian elderly and disabled community.

It was set up by those who were themselves disabled and therefore had an in-depth knowledge and personal experience of disability and care. There was very little appropriate support and limited understanding of their needs at that time.

APDA is a non-governmental and non-denominational organisation.

Our aims are:

- To provide a needs and user-led culturally appropriate service.
- To collaborate and work in partnership with service planners and mainstream support bodies.
- To act as a resource for disabled people, their carers and their families.
- To collaborate and work with our disabled peers in the developing world.

Why we have these Aims and Objectives

We have these aims and objectives so that we can:

- Reach out where mainstream services cannot reach due to lack of expertise and understanding of disabled people, their carers and families.
- Help incorporate the specific needs of APDA's client group in relation to service planning and areas that affect their lives.
- Provide consultation, peer support and facilitate their social development.
- Link with the Developing World allowing us to share knowledge, experience and current disability attributes that assist and enrich socio-economic development.

OUR CURRENT PROVISIONS

Daycare

Inclusive activities aimed at improving existing skills, developing new skills, and promoting social development.
Our Day Care Centre is:

- Accredited with local authorities
- Fully accessible and fully equipped for users with mixed disabilities
- The only centre within the locality supporting Asian service users
- Our service is very popular in the local community
- The four-strand provision
  i) Home Support: Within the service user's home;

telephone contact; face to face activities and support

ii) Virtual: Online activities, learning and support, and virtual meetings

iii) Community: Within safe spaces in the local community and outings to places of interest

iv) Centre: Activities delivered safely in each organization's buildings

Home care and Respite

Our services are:

- Efficient and effective
- Regulated by the Care Quality Commission (CQC)
- Designed to meet the needs and concerns of both users and purchasers
- User-centered and completely needs-led

Our services enable users to:

- Continue to live in the community
- Reduce inappropriate hospitalization
- Give priority to the needs of carers and their families, who are usually poorly supported

Other Services

- Befriending- as a growing number of elderly and disabled Asian people find themselves isolated at home and in the community, Befriending enables them to retain their independence and identity
- Information, advice, and guidance- Many of our service users and their families need assistance accessing the support that is available in a multi-lingual format
- Advocacy- A support service to provide representation if needed in matters related to care support, housing needs and medical care
- Independent living skills- With support, help and encouragement we help service users with disabilities to continue living independently at home
- Cultural events and outings- We help provide social contact our service users need
- Various Therapies- We engage our users through various therapies including exercise, yoga, multi-sport sessions, Asian music therapy, and arts and crafts
- ICT Skilling- Provide support in understanding technology to give service users and their families a gateway into the world beyond their homes
- Campaigns and Policy- Collaborating with external organisations and agencies to raise awareness about barriers for Asian disabled people in the UK and the developing world.

CHAIRPERSON'S REPORT



Pradip Shah - Chairperson

I am very happy to be sharing my review of our year's activities and achievements at APDA.

We saw this year the world of social care being constantly challenged, with the lowest levels of care staff across the whole of the UK. This being due to the changes in Covid related work entitlements and the pressures in all aspects of the Care sector.

I know that Zeenat and her operational team have had an extremely busy this year to deliver the same levels of quality care with balancing an ever-increasing hike in the costs to do so. With these challenges, we continued working hard to bring our services with our core staff base back to full speed after the Covid fuelled adaptations to our delivery model that we had implemented to ensure continuity of services during the lockdowns.

This year has seen a great demand for APDA's input into research and commissions on the disproportionate impact of covid-19 on UK residents of Minority Ethnic backgrounds & those with Disabilities, impairments, and conditions. This is vital work that we have assisted in to enable government departments and policy makers to understand what people experienced through the pandemic and the after-affects this will have on their health and lives for the years to come.

We have really felt the cost-of-living crisis here at APDA, like everyone around the UK. But as an organisation we have an added requirement to not only assist our service users but as importantly to support our staff with giving them a good living hourly rate and ensuring we give them the employment and hours they need. Our staff are our backbone, and for us looking after them is as important as looking after our service users and their families.

The rest of our annual report will give you more detailed information on the activities from each service and areas of our work. For me, the main highlights for this year was my attendance for the inauguration of the Mayor of Harrow, Cllr. Janet Mote in May 22 where we again had the pleasure of meeting the Queen's Representative Deputy Lieutenant to the London Borough of Harrow, Simon Ovens DL FCMI.



The second favourite highlight was our input into Parliament Week, where myself and Zeenat attended a conference held at The House of Lords on Migrant Votes, and Zeenat gave a marvellous and rallying speech to raise the need and benefits that Migrant voting this brings to UK society.

The other highlight was our joyous celebrations in December to mark the UN International Day for Persons with Disabilities and jointly to mark a momentous milestone of the Platinum Jubilee of Her Majesty Queen Elizabeth II. The day was filled with fun and reverence.

We do hope you enjoy reading about all the wonderful things APDA has completed and achieved for the year, and we look forward to what the coming year will bring.

CHIEF EXECUTIVES REVIEW



Zeenat Jeewa CEO

It is my pleasure to bring this annual review of APDA's activities for the year 2022-2023. We proudly continue to be of great benefit to disabled members of the public, and in particular, our culturally tailored support services have continued to help in the mental and physical development & sustaining wellbeing of vulnerable elderly, disabled people, their Carers and their wider families.

APDA, as a Disabled People's Organization (DDPO) was set up, managed and continues to be run by disabled people our selves. All our services are user-led and needs-led, and always in keeping with social care developments. APDA proudly continues to be innovative and involving and supporting clients, users and carers with advice and support through difficult situations that they may face, and always ensuring the voices of disabled people count and are heard.

Review of our direct holistic support services to elderly and disabled people and their carers and families.

Day Care and Development Services:

During 2022-23, we have seen the impact the Cost of Living Crisis has had our service users, their families and our staff teams. We experienced a concerning 12 months, with the financial crisis that has affected the whole of the UK. Whilst still coming slowly out of the shadows of the Global pandemic, our service users and their families have had to cope with increased financial worries on top of the health implications after Covid.
This meant that for some users they had to choose between their loved ones attending social sessions or paying basic utility bills. We have had a steady stream of new referrals to our services this year, with an increasing number of people requiring complex support packages for their social care needs to be met.

We continue this year to take a cautious approach in our service delivery with staff and clients wearing PPE wherever possible to ensure all parties of our services stay well and healthy. We also continued our services using best of both worlds, digital and face-to-face delivery methods, and carried on creating our unique and bespoke support service for all our service users and their families.

East London Women's Well-Being sessions were more in demand this year given the issues of financial and emotional hardships being faced by families around London and the wider UK regions. The women told us how they were overwhelmed by the pressures of the cost of living has had on them and their families, with women often facing the brunt of this. They told us our sessions enabled them some respite from

the pressures, with the support from us and their peers and the specialist help and advice we provided at our sessions. This was evident when we saw our usual numbers double most weeks.
This shows us that a culturally appropriate and sensitive service is still something very much needed and still well utilised whether it is at our West London centre or our East London centres.

Home Respite and Personal Care services:

Our bespoke and culturally tailored service for people in their homes is a great reflection of APDA and why we set up all those many years ago. Our homecare provision is clearly a testimony to this, and we are so happy to say that our core staff team has remained with us through what has been a tough year in responding to the overwhelming demand for our services. We are so grateful to them for staying loyal to our service users and our organisation and continuing to work tirelessly throughout this hard year with the cost of living affecting everyone in the UK this financial year.
APDA's homecare Team continued to safely deliver services throughout the year, we continue to carry out covid-19 friendly risk assessments for each service user and provide full PPE for our staff to ensure they and our users remain safe and protected whilst delivering our high quality level service.

Our bespoke and culturally tailored homecare provision prides itself on quality of service over quantity and we continue to ensure that the service we provide within people's homes far exceeds the often basic personal care from other providers. Where others are now more focused on time driven tasks, we have continued to ensure our quality care is delivering the tasks needed rather than time allocated. Our focus is on the support disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities.
Our homecare service continues to enable Carers their much needed respite and peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes.

We also focus on matching service users to carers based on their holistic needs. This ensures that our services are provided to each service user with the minimal change in carers wherever possible to reduce the possibility of cross contamination, maintain good infection control measures and always enabling trust and understanding to be established as we know the importance of maintaining the dignity and respect of each of our users when they are at their most vulnerable in life. This also ensures that the staff and service users are able to build a strong, stable relationship and gain respect between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

Advocacy and Advice Services

Our Advocacy and Advice Service has been continuing to support people as part of our Advice level work as an AQS accredited organisation. Although we have been finding a steady increase back in the

demand of our advice and advocacy support to disabled people and their Carers, and the clear deterioration in people's health after Covid infections over the past 2 years, our services are limited due to the financial pressures of running the organisation that we have not been able to put any resources into a full time staff dedicated to this much needed service.

We have continued to input into many research requests on the health disparities & intersectional barriers faced by Asian people and other Ethnic minority groups in the UK. Alongside continuing to advocate on the dire situation that the impact of a Global pandemic has played on the lives of disabled Asian people and their carers here in the UK.

Development

We believe it is important for organisations like ours to continue being innovative and inclusive, and this theme runs through all areas of our work, and especially so in the work we do to continually develop ourselves and the services we provide.
We continued to work hard this year to be involved in many areas of development, through our promotional work, research input and also supporting other organisations to better develop their service offer to meet the need of more disabled people in the UK.

As part of our international development work and our remit as an organisation holding Special consultative status with the for APDA was very pleased to have celebrated the United Nations International Day of Persons with Disabilities 2022 on Thursday 1st December 2022. The event was indeed a special day for us all as we were able to celebrate this in great style by joining this special celebration along with the celebrations to mark the Platinum Jubilee of HRH Queen Elizabeth II. We were truly honoured to have so many dignitaries attending on the day, with a special visit by Her Majesty's Representative Deputy Lieutenant for the London Borough of Brent, Miss Mei Sim Lai, OBE, DL.

This year's theme of the United Nations Day was "Transformative solutions for inclusive development: the role of innovation in fuelling an accessible and equitable world."

We were pleased to have also celebrated UN International Day for Older Persons on 1st October 2022, with the Theme "Resilience of older people in a changing world." The pictures in our events page will show what a wonderful day it was with lots of activities and enjoyment by all and we were honoured to have The Hon. Mayor of Brent, Cllr Abdi join us in the celebrations.
Finally, we really enjoyed our wonderful celebrations for United Nations International Women's Day in March 23 with special guests Hon. Mayor of Brent and Hon. Deputy Mayor of Harrow.

DAY CARE

This year has been marked by significant achievements, including our events and achievements being featured in various Asian media sources, forging valuable collaborations. This report showcases the various activities and accomplishments that have shaped our daycare's journey over the past year. Some great pictures can be found in our Events Pages.

Highlights of the Year

APDA continued to excel in providing a safe, nurturing, and enriching environment for our disabled and elderly service users. Our core values of care, diversity, and community engagement were at the forefront of our efforts.

Cultural Celebrations

We believe in fostering an inclusive environment where our service users from diverse backgrounds can learn and grow together. Throughout the year, we celebrated various cultural festivals, including Diwali, Baisakhi, Eid al-Fitr, Christmas, Songkran, Rakshabandhan and many other culturally tailored festivals. These celebrations allowed our service users to learn about different traditions, share experiences, and embrace cultural diversity.

Starting with a bang at our extremely joyful celebration in which four Cultural New Year's were celebrated on the same day. Water festivals are held in Southeast Asian nations to mark the New Year. Vaisakhi the Harvest Festival. The Bangladesh New Year, as well as the Sri Lankan New Year.
in April 2022, APDA and our service users were delighted to meet Leader of Brent Council, Cllr Muhammed Butt, as well as Cllr Promise Knight, Cllr Abdi Aden, and Cllr Tony Ethapemi. The Councillors were able to visit and chat with Brent residents and service users at our event, learned about their experiences during the epidemic, and participate in the cultural activities and rituals given.

During our Eid 2022 celebration in May, APDA had a great time in the presence of the Honourable Mayor of Harrow, Cllr Ghazanfar Ali, and his beautiful wife, Mrs Ali, and we have a great deal of gratitude for Mr Baluji Shrivastav, OBE for fitting time in his busy schedule and performing especially for our service users and enlightening us with his talented skills as an artist of the Sitar.

Summer Trips 2022-23

This year was indeed memorable as Covid restrictions were lifted, and we were able to go back to organising day trips to fantastic locations in and around London. Our support extends beyond regular daycare services, so were so pleased to be able to take APDA's Daycare service users on educational & fun trips to museums, parks, farms, and the seaside, giving them new experiences. These hands-on activity led trips sparked curiosity and creativity, providing memorable journeys to beautiful places for disabled and elderly users. The trips included visits to London Museum for a day of history and wonder, Hounslow Farm for a delightful countryside escape, Margate Seaside for relaxing under the sun and feeling the sea breeze,



Chessington Zoo for an up-close encounter with amazing wildlife and rides, and Hastings Seaside for a delightful coastal adventure.

Community Engagements

APDA is a proud supporter of promoting care and assistance for the disabled and elderly in all areas of society, and as such we know it is important to forge relationships that support this work.

This year, we were actively visiting and supporting several organisations, such as Step Change Studios, which helps individuals with vision impairments participate in and perform Asian dances to Bollywood songs. The project named "Dosti Dance" was successful and APDA was one of the partner organisations where sessions were held in Brent.

It was also a pleasure and honour to meet and witness the project's other beneficiaries who performed unique showcase dances to celebrate their learning and development as part of the project, as well as to hear the renowned musician, Baluji Shrivastav OBE, perform alongside the dances.

APDA actively participates in the daycare Forums conducted by the local authorities of Brent & Harrow, which serves as a vital platform for engagement between social workers, local authorities, and other stakeholders within the community. It underscored the importance of collaboration and communication in addressing the needs of vulnerable populations, particularly in the context of daycare services. During the forums, the primary focus was on enhancing the quality of daycare services and support available to families and individuals in the Brent community. It provided an invaluable opportunity to share knowledge, best practices, and innovative solutions aimed at improving the lives of those who rely on daycare facilities.

Get Yourself Active (GYA) is a programme run by DR UK and funded by Sports England. APDA was a recipient of the grant round, with a project focusing on using movement activities to assist people to manage their own pain. The project was a huge success, and we were able to ensure our service users engaged in movement and activities and identify which activities helped them manage their own pain experiences. APDA is proud to be the subject of one of Anna Denham's blogs on the DR UK website, where she recounted her experience with Our users and even participated in one of our most popular sessions, Dosti dance, when she visited us on April 19th, 2022.

In November 2022, APDA's Dance Team participated in the Active Westminster Awards 2022. This event celebrated fashion and inclusivity at the Porchester Hall. The highlight of the event was our group of our remarkable dancers, some in wheelchairs who showcased their exceptional style and grace on stage. These dancers showed how they not only overcame physical limitations but also challenged societal expectations of them to give an enrapturing performance. Their success at the prestigious awards demonstrated their resilience, talent, and the importance of inclusivity.

Jubilee event

In celebration of Queen Elizabeth II's Platinum Jubilee, APDA created a special

video to congratulate Her Majesty. Our service users and staff joined together to send our well wishes to the Queen on this momentous occasion. We also commissioned the amazing Addictive TV to create a video that highlights the brilliant contributions of Asian communities to UK society during Her Majesty's 70-year reign.

Vallance Sports Day - June 2022

APDA and our service users were delighted to have participated in Vallance Community Sports Association's 12th Annual Disability Sports Day Festival 2022 at Mile End Stadium/Leisure Centre. The event was a fun-filled day aimed for people with Special Educational Needs and Learning Disabilities. It was an enjoyable day for everyone involved, including those who volunteered at the APDA Stall, where we shared information about our work, outreach, and support for the Asian Disabled Communities of London. We had the pleasure of meeting The Mayor of Tower Hamlets, Mr Lutfur Rahman, Carers, colleagues in social care, Asian TV Channels, and some of our service users even won sports medals for their brilliant efforts on the day.



NHS Confed Expo - June 2022

APDA was gratefully supplied with tickets to the NHS ConfedExpo 2022 as a result of our work with Race Equality Foundation. Our Daycare Manager got the chance to meet with the most innovative networks from throughout the UK in relation to NHS Confedexpo 2022. The two-day event aimed to concentrate on concepts that can help ICSs and other sectors of the health and care business deliver, such as innovation and practical solutions.

APDA recognised and acknowledged our paid and unpaid carers and their enormous assistance and hard work at the end of June 2022. In addition, our Daycare Building was selected for You Decide NCIL Community Project money to make it more accessible to the local community, as well as a much-needed sensory space for those with advanced dementia. We asked the local community to show support for our initiative by inviting them to vote.

Asian people's Disability Alliance (APDA) and Access social care is also working together towards providing more advice to disabled service users who are facing problems or adversity with their health and social care needs.

APDA were happy to have visitors from Access Social Care, a UK based charity which provides free legal assistance to people with social care requirements, assisting them in achieving a higher quality of life outcomes and challenge decisions which may be discriminative and not meeting their Care needs.

Training and adaptations 2022

In order to give the greatest service to our users and better understand their requirements and expectations, APDA is committed to continual training and adapting to new learning possibilities.

APDA provides all necessary training as well as courses that go above and beyond the industry norm. We gave practical health and safety training to all our Daycare and office support personnel last

year. The workshops provided by Flexibee Training services was well received by our staff team. Below are the training services:
First Aid: July 2022
Health and Safety Staff Training: July 2022
Dementia awareness and learning disability Training: Aug 2022
6 monthly Loler Testing and servicing of Hoist equipment.



Brent Sports Day 2022

APDA's innovative vision became a reality when we initiated the first Joint Sports Day for Day centres in the borough of Brent. Working alongside with Brent Council and local daycare centres, hosted an enjoyable Sports Day at John Billam Sports Ground on 31st August. Activities included cricket, golf, football, races, relays, and relaxation activities. We were joined by Tiffany Adonis, the Head of Complex Care at Brent's Adult Services, and Councillor Neil Nerva, the Cabinet Member for Public Health & Adult Social Care in Brent. Participants received trophies, medals, and certificates for their efforts.



Eye Tests - March 23

With the end of this year, we worked with a local supportive Opticians group, Optomlink Limited to provide much needed Eye tests for disabled and elderly service users which were conducted with extra care and consideration for their specific needs. As most of our users had been isolating over the past 2 years, these tests were much needed and provided in our accessible centre which meant Carers were given the respite of not having to arrange and take their loved ones themselves. We managed this for them, and this was much appreciated by all. By keeping accessibility as the main player, we were mindful of sensory sensitivities and allowing extra time for the eye test, as some individuals may need breaks or rest periods during the examination and maintaining clear and detailed records of the eye test results and any special accommodations provided to ensure continuity of care.



DEVELOPMENT – UK & INTERNATIONAL

Featured Publications

APDA was honoured to be featured in several renowned publications such as Eastern Eye and Garvi Gujarat throughout the year. Our dedication to support and empower disabled and elderly, innovative training methods, and commitment to the well-being of disabled and elderly garnered recognition in both local and national media outlets. These features not only validated our efforts but also brought us increased visibility within the community.

APDA alongside other voluntary sector organisation, with Race Equality Foundation appeared in an article in the Guardian with a briefing on race and the Covid-19 probe. This included quotations from Zeenat Jeewa and the other Organisations.

APDA also joined the Race Equality Foundation and other organisations in

sending a letter to the government outlining the importance of racism as a specific programme of work within this inquiry, emphasising the importance of the experience of racism that increased the risks faced by Black, Asian, and minority ethnic communities during the Covid-19 pandemic.

APDA had the honour of appearing on the Leaders Council Podcast, where our CEO discussed the care industry. They discussed the hurdles, teamwork, and the significance of technology. It is critical to have continuing dialogues and advocate for the needs of the care sector. Being featured on the Leaders Council Podcast offered a forum to discuss crucial challenges within the care sector, and APDA is delighted to play a role in encouraging quality and innovation in this field. It was an excellent chance to exchange ideas, thoughts, and recommendations for enhancing the quality of care and assistance for those in need.

Sky News recently aired a heartwarming segment that showcased the perspectives and experiences of elderly and disabled individuals. The feature highlighted their lives, challenges, and successes, emphasizing the need for inclusivity and representation in media. Airing on 8th December 2022, this segment demonstrated the power of storytelling and the significance of providing a platform for underrepresented voices. It served as a reminder of the importance of empathy, understanding, and inclusivity in our society, while also promoting social change.



Our Connections with Royal Family

We were deeply saddened by the death of Her Majesty The Queen. Her passing had a profound impact on our members at APDA. Our members had always had a strong and loving relationship with Her Majesty and the Royal Family, who had continuously supported, inspired, and motivated us. We have been fortunate enough to meet Her Majesty and her family at Buckingham Palace, Windsor Castle, and other events. We have also been honoured to receive the Queen's Awards for our dedication to elderly and disabled individuals and their caregivers and families. Our thoughts and prayers are always with the Royal Family during their difficult time, and we extend our sincerest condolences and deepest sympathy to them.

We observed a two-minute tribute of a short memorial piece as a mark of respect towards Her Majesty The Queen.

UN International Day of Older Persons 2022

APDA celebrated the UN International Day of Older Persons with joy. The Mayor of Brent, Councillor Abdi Aden, visited our Day Centre and David Truswell from Dementia Alliance for Culture and Ethnicity joined us on Zoom. They made our day very special. Our Service Users and staff performed a traditional dance called Garba, Ms. Noo did a beautiful dance, and some Service Users brought in childhood pictures for us to guess. Additionally,



children from local schools wrote letters expressing gratitude to older people for their wisdom and knowledge.

UN International Day for Persons with Disability 2022 & Jubilee Celebrations

The APDA marked UN International Day for Persons with Disabilities 2022 with a bang, with the day also serving to commemorate and honour (the late) Her Majesty Queen Elizabeth II's Platinum Jubilee in 2022.

We were immensely thrilled to have Miss Mei Sim Lei, OBE DL as our Special Guest. She is the King's Representative for the London Borough of Brent and the Deputy Lord Lieutenant of Greater London. We were also pleased to have the Honourable Mayors of Brent, Cllr Abdi Aden and Harrow, Cllr Janet Mote, as well as Mayoress Mrs. Anne Moore. Mr Barry Gardiner MP for Brent North, a long-time friend and supporter, also joined us. Cllr Muhammed Butt, the Leader of Brent Council, alongside Cllrs Arshad Mahmood & Cllr Bhagwanji Chohan also attended our event.To mark the Most Significant event APDA also created a video to Congratulate Her Majesty on her Platinum Jubilee. APDA Service Users and Staff created a video to give our well wishes to the Queen on this special occasion.

Funding Opportunities

As part of Brent Council's "You Decide" voting process for local area funding within the borough, APDA submitted an interesting project concept for the benefit of Kingsbury and Kenton residents. The residents were excited to participate in the Council's new Participatory Budgeting initiative, held at Kingsbury High School with the presence of Cllr Muhammed Butt, Assistant Chief Executive Shazia Hussain, and Cllr Kathleen Fraser, were treated to a fun and interactive presentation by APDA on community led exercising, movement & dance.

Donations

Jaspar Foundation also acknowledged our efforts and generously donated towards APDA's new and much needed minibus.
We were also very honoured to receive support from Mcvities, TKmaxx & Homesense who all supported APDA last year through their generous donation for our service users.

APDA celebrated Parliament Week 2022 with discussions on what democracy means to migrant populations, as well as other activities geared towards Service Users.



Our CEO, Zeenat Jeewa, delivered a speech on valuing migrants with disabilities in UK Society and both our CEO and Chair took part in round table discussions at a conference highlighting the importance of migrant democratic engagement through Voting. This was held at the Houses of Parliament with policymakers, MP's and other community advocates in attendance.

HOMECARE AND RESPITE



APDA's home care services are highly versatile and diversified, catering to a wide range of needs and can be tailored to the specific requirements of the community's elderly and disabled Asian users, such as:

• Housework, such as cleaning, laundry, and vacuuming
• Shopping and running errands
• Cooking meals to client's personal tastes
• Washing and physical assistance
• Personal care, to maintain good hygiene
• Continence care, from help using the toilet to changing pads or catheters.

Our support benefits our service users and their families by providing them with much-needed stimulation, promoting independence while they remain at home, and provides critical respite to their relatives. We provide invaluable companionship. All of our Carers are carefully chosen to fit the unique interests of our clients. We can select a Carer to meet the service user needs, whether it's a stroll around the park or visiting social engagements. This thoughtful matching service permits a genuine bond to develop between Client and Carer.

We treat our clients like family and strive to be an integral component of their local support network. We provide dependable and reassuring help for older persons living at home through frequent visits scheduled at their convenience.

Aim of APDA:

• Deliver a reliable and appropriate service that meets the individual needs of our service users.
• Our services are bespoke and culturally tailored to our service users' preferences.
• Person-centred treatment is always given first priority.
• The goal of our homecare service is to maintain and increase the independence of our service customers.
• Affordable homecare for the Community.

The APDA homecare services are versatile and flexible, to help our clients to preserve their independence, for people who would otherwise have ended up paying for full-time care in a residential setting. This means that over the course of their care provision they'll pay much less for care at home compared with residential care.

Moreover, remaining in the environment you call home is beneficial to all involved individuals. You needn't suffer the upheaval of moving and have space of your own surrounded by your belongings. This is particularly important for people with Dementia, as often living somewhere new can cause significant confusion and upset. By using our services you'll stay close by to your family, Friends and your surroundings and still engage in the social activities you enjoy.

The Type of Care we Offer:

• Befriending
• Personal Care
• Domestic Support
• Medical Appointment Escorting
• Companionship and Support

Following assessment APDA creates customised care plans by consulting with our service users. Each service user's journey begins with an evaluation at home, followed by service delivery and follow-ups to modify care plans based on the requirements of the service user.

Staff Updates:
In the ever-evolving realm of community service, the significance of good communication cannot be overstated. Our organisation is dedicated towards diversity and accessibility by delivering services to 26 families through our talented multilingual team. This demonstrates our dedication to breaking down language barriers and ensuring that every family we serve feels heard and understood.

Our multilingual and Culturally sensitive Staff base provide a supportive influence on both the families we assist and our organisation as a whole. We are confident in the power of variety and the significance of fostering a inclusive atmosphere for all. We continue to expand and strengthen our multicultural services in the next years. In addition to the present languages, English, Gujarati, Hindi, Punjabi, Arabic, Somali, Bengali, we aim to increase our language offerings and continue to train and empower our workers in order to fulfil the ever-evolving requirements of our service users.

Our whole workforce, from administrative to frontline carers, have undergone Disclosure and Barring Service (DBS) checks. Checks are carried out in accordance with statutory requirements and are updated on a regular basis to guarantee that our employees are clear of any relevant criminal convictions.

In accordance with CQC standards, our employees have received extensive training to ensure that they are familiar with all essential legislation and procedures. This includes, but is not limited to, the following: Safeguarding Vulnerable Adults and Children, Health and Safety in a Care Setting, Manual Handling, Infection Control and Prevention, First Aid Awareness, Equality and Diversity, Dignity and Respect in Care are all topics covered in this course.

Our dedicated workforce has worked diligently to deliver essential support to our Service users, totalling approx. 11,900 hours of care hours.

Here are some key highlights from our report:

Total Care Hours: 11,928

The average daily engagement is 33.5 hours.

This is a 37% increase over the previous year. This amazing increase is a tribute to our team's persistent dedication.
Our objective at APDA has always been to improve the quality of life for people in our community, and this huge increase in engagement hours shows that we are having an impact.

Here is the detailed breakdown of the clients we have provided support to, along with the respective local authority areas of their residence.

Local Authority	Personal Care	Befriending	Personal Care and Befriending
Brent	5	15	4
Harrow	0	0	0
Wandsworth	0	1	0
Total	5	16	4

We anticipate even bigger accomplishments in the coming years as we continue to strive for excellence in our services. We are grateful for our community's confidence and support, and we are dedicated to maintaining and exceeding these standards in the future.

ADVICE AND ADVOCACY

Many people require adequate assistance with housing, welfare benefits, and health and community care issues that are ignored or underappreciated by councils or social workers due to a lack of comprehension, disparities caused by language barriers, or an unwillingness to express their concerns. APDA is bridging the gap between these local governments and the people who need help during these tough times. Our service concentrates on situations where discriminatory practises have resulted in poor outcomes, and where users have tried other avenues but have not received the desired result. As a result of the impact of Covid-19, our Advice team is now working on an increasing number of cases.

Following the Long pandemic and the isolation of the majority of our users and vulnerable adults, APDA resumed all services, including advice and advocacy, to assist those in dire need of our assistance and guidance.

Especially during times of lockdown, APDA was actively assisting and advising those vulnerable adults via phone calls and other electronic means. We dealt with a significant increase in concerns from Asian communities with disabilities or Older Disabled people, as well as those who were less socialising due to the pandemic and were unable to obtain assistance from local authorities. APDA actively aids and advocates for those young and older who are unable to contact or appeal to local authorities.

Beginning in 2022, APDA obtained AQS accreditation and is accepting cases from anyone who believes they have been discriminated against or are not getting sufficient support/services from local authorities. Our service is designed for more difficult circumstances when all other options have been exhausted.

EAST LONDON PROJECT

I am happy to share my report on the activities that have been completed with our Outreach programme in Tower Hamlets, East London.



You can see from the pictures below that this past year has been busy in both our sessions each week with attendee numbers growing week on week.

At the start of this reporting year, we were able to continue with our Bollywood Inspired dance therapy & exercise sessions provided by The Arunima Kumar Dance Company, as the service users enjoyed the first tranche of sessions, we provided in 2021.



We have also now included yoga sessions, alongside our South-East Asian inspired Movement sessions, doing one of each session every other week, just so we can keep things fresh and avoid repetition. These sessions are often a lifeline to the ladies as there is currently no other provision available in the borough which enables them to take part in ladies only exercise in a safe environment.

During the Summer months we supported our beneficiaries to access their local places of interest, both cultural and historical. We were also lucky to be able to enjoy various trips around London, giving them the opportunity to explore areas that they might not have had the chance to see, such as a trip to the local Spitalfields City Farm so that they can bond, network and build new friendships among local their community neighbours.



Alongside our regular arts and crafts sessions, we started an exciting 4-week sewing and dress-making course in November 2022 from an exciting community grant kindly provided by Tower Hamlets Community Housing to benefit their residents in the local borough. With this project we were able to encourage our beneficiaries to get involved with the sewing and dress-making course to help expand their skill set and give them the confidence to try making outfits for themselves and their families. As part of the 6 week course, the tutor taught our ladies on dress making, cardigans and flower shapes using wool, cotton material, and one to one tutorials on how to work with different fabrics and how to cut different types of dresses and trousers to expand their knowledge and abilities.



We have held celebrations for multiple religious, cultural, and internationally recognised days. Our Eid parties at both the Hasan Raja Centre on the 11th May and



Minerva Centre on the 14th July to celebrate Eid al-Fitr and Eid al-Adha respectively were a big hit with lots of people attending and enjoying a meal provided by a local Indian restaurant. We also celebrated the United Nations International Day of Older Persons 2022 in October and the United Nations International Day for Persons with Disabilities 2022 in December.

We have continued to work in partnership with organizations in Tower Hamlets and this includes Spitalfields Housing association, Tower Hamlets Community Housing, Vallance Sports Associations, Tower Hamlets CVS, Tower Hamlets Mental health teams, Account3, and the most recent partnership working was with Stay Safe Ambassadors from Tower Hamlets Council. We worked with the team to ensure they were able to visit our sessions over 4 weeks in the early part of 2023 to talk to our service users to find ways on how they can help them regarding their health and well-being and speak to them about the vaccine and any hesitancy that they may have.

We look forward to the next year to come and hope that our outreach work with the most vulnerable and marginalized women in the community can continue to be recognized and will be attempting to make more sustainable partnerships to ensure the long-term security of the work we are delivering to ensure the voices & needs of our service users are heard and represented in their local communities.



Yasmin Rahman
Outreach Leader

APDA EVENTS & CELEBRATIONS

New Year and Water Festival with Cllr. Mohammed Butt, Leader of Brent Council – April 2022





Eid Celebrations with Previous Mayor of Harrow, Cllr. Ghazanfar Ali in attendance – May 2022







Carers Week – June 22

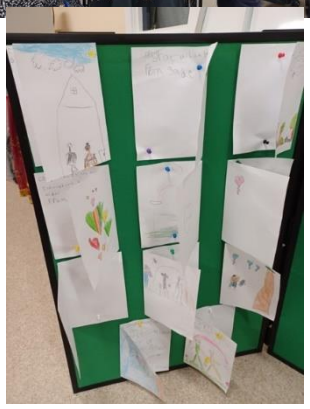




UN International Day for Older Persons with Hon. Mayor of Brent Cllr. Abdi Aden attending – October 22









Diwali Celebrations with the Hon. Mayor of Harrow Cllr. Janet mote in attendance – November 22









Joint Platinum Jubilee Celebrations & UN International Day of Persons with Disabilities – December 22









Christmas – December 2022







APDA Annual General Meeting – January 2023





UN International Women's Day – March 23





SERVICE USERS' OUTINGS





















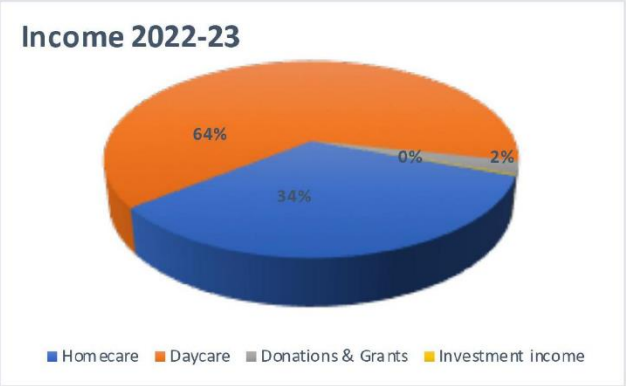




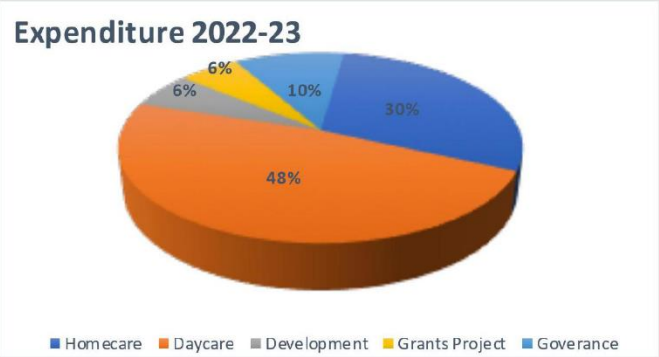


OUR FINANCES

INCOME	
Homecare	£186,481
Daycare	£352,730
Donations & Grants	£11,779
Investment income	£1,268
Total income	£552,258



EXPENDITURE	
Homecare	£199,059
Daycare	£324,015
Development	41612
Grants Project	£38,613
Goverance	£70,795
Total Expenditure	£674,094



Full independently examined and signed accounts are available to view upon request or online via our Charities page on the Charities Commission Website.

MANAGEMENT COMMITTEE

Office Holders

Mr Pradip Shah – Chairperson
Mr Azahim Mohamed – Vice Chair
Mr Ashok Chabria – Secretary
Miss Rekha Mehta – Joint Treasurer
Miss Jyoti Raja – Joint Treasurer

Other Committee Members

Mr Jazal Marzook
Mr Daya Lekamwattage
The late Miss Anna Felice (Until Dec 22)

STAFF MEMBERS

Management Team

Michael Jeewa – Joint CEO

Zeenat Jeewa – Joint CEO

Operations Team

Nouria Yahi – Day Care Team Leader – until Jan 23
Rajia Begum – Homecare Team Leader
Fareeda Issace – Finance/HR
Silva Lau – Accounts Officer/Operations
Yasmin Rahman – Outreach Officer (East London)
Kweku Benefo – Daycare Team from Oct 22 - Mar 23
Ayesha Khapedi – Daycare Team Sept 22 – Mar 23

Day Care Team

Alpa Patel
Arif Sheikh
Hasina Ahmed
Hitesh Jagda
Kenneth Joseph
Monica Dobrican
Rung Arung-O'Donell (Noo)
Arpita Shah
Dhurvi Shah
Cedric Hayles

ACKNOWLEDGMENTS

We appreciate all the organisations and individuals who support our work and would like to thank them for all the valuable assistance and grant funding through 2022-2023.

London Borough of Brent
Hon. Mayor of Brent
London Borough of Harrow
Hon. Mayor of Harrow
London Borough of Ealing
Vallance Community Sports
Tower Hamlets Community Housing
Kall Kwik Wembley
Prontaprint Borehamwood
Sports England & Disability Rights UK
Spitalfields Housing Association
Big Lottery Community Funds
Element Law Limited
Narayanan PN (Music Therapist)
Krupa Patel (Yoga Instructor)
Binal Trivedy (Dance Teacher)
Desi Daba (Caterers)
Race Equality Foundation
Addictive TV
Step Change Studios

Also, a huge thank you to all our wonderful volunteers who have supported us with their commitment and skills throughout the year.

BANKERS

HSBC Bank PLC
Welwyn Garden City
Howardsgate
Hertfordshire
AL8 6BH

ACCOUNTANT

ACE Accountants
44 Hartford Avenue
Kenton
HA3 8SY

AUDITORS

Chapmans Associates
Limited
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

LEGAL ADVISORS

Element Law Limited
Calverley House
55 Calverley House
Tunbridge Wells
Kent TN1 2TU



Day Care & Development Resource Centre
Alric Avenue
London
NW10 8RA
www.apda.org.uk

Registered Charity Number: 114009

Contact Us

Day Care
t 020 8459 1030
e daycare@apda.org.uk

Home & Respite Care
t 020 8830 4880
e homecare@apda.org.uk

General Enquiries
t 020 8830 4220
e director@apda.org.uk

REGISTERED COMPANY NUMBER: 06190051 (England and Wales)
REGISTERED CHARITY NUMBER: 1140090

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

FOR

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2023

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Significant activities

It is my pleasure to bring this annual review of APDA's activities for the year 2022-2023.

We proudly continue to be of great benefit to disabled members of the public, and in particular, our culturally tailored support services have continued to help in the mental and physical development & sustaining wellbeing of vulnerable elderly, disabled people, their Carers and their wider families.

APDA, as a Disabled People's Organization (DDPO) was set up, managed and continues to be run by disabled people ourselves. All our services are user-led and needs-led, and always in keeping with social care developments. APDA proudly continues to be innovative and involving and supporting clients, users and carers with advice and support through difficult situations that they may face, and always ensuring the voices of disabled people count and are heard.

Review of Progress of our direct holistic support services to elderly and disabled people and their carers and families:

Day Care and Development Services

During 2022-23, we have seen the impact the Cost-of-Living Crisis has had our service users, their families and our staff teams. We experienced a concerning 12 months, with the financial crisis that has affected the whole of the UK. Whilst still coming slowly out of the shadows of the Global pandemic, our service users and their families have had to cope with increased financial worries on top of the health implications after Covid.

This meant that for some users they had to choose between their loved ones attending social sessions or paying basic utility bills. We have had a steady stream of new referrals to our services this year, with an increasing number of people requiring complex support packages for their social care needs to be met.

We continue this year to take a cautious approach in our service delivery with staff and clients wearing PPE wherever possible to ensure all parties of our services stay well and healthy. We also continued our services using best of both worlds, digital and face-to-face delivery methods, and carried on creating our unique and bespoke support service for all our service users and their families.

East London Women's Well-Being sessions were more in demand this year given the issues of financial and emotional hardships being faced by families around London and the wider UK regions. The women told us how they were overwhelmed by the pressures of the cost of living has had on them and their families, with women often facing the brunt of this. They told us our sessions enabled them some respite from the pressures, with the support from us and their peers and the specialist help and advice we provided at our sessions. This was evident when we saw our usual numbers double most weeks.

This shows us that a culturally appropriate and sensitive service is still something very much needed and still well utilised whether it is at our West London centre or our East London centres.

Home Respite and Personal Care services

Our bespoke and culturally tailored service for people in their homes is a great reflection of APDA and why we set up all those many years ago. Our homecare provision is clearly a testimony to this, and we are so happy to say that our core staff team has remained with us through what has been a tough year in responding to the overwhelming demand for our services. We are so grateful to them for staying loyal to our service users and our organisation and continuing to work tirelessly throughout this hard year with the cost of living affecting everyone in the UK this financial year.

APDA's homecare Team continued to safely deliver services throughout the year, we continue to carry out covid-19 friendly risk assessments for each service user and provide full PPE for our staff to ensure they and our users remain safe and protected whilst delivering our high quality level service.

Our bespoke and culturally tailored homecare provision prides itself on quality of service over quantity and we continue to ensure that the service we provide within people's homes far exceeds the often-basic personal care from other providers. Where others are now more focused on time driven tasks, we have continued to ensure our quality care is delivering the tasks needed rather than time allocated. Our focus is on the support disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities.

Our homecare service continues to enable Carers their much needed respite and peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes.

We also focus on matching service users to carers based on their holistic needs. This ensures that our services are provided to each service user with the minimal change in carers wherever possible to reduce the possibility of cross contamination, maintain good infection control measures and always enabling trust and understanding to be established as we know the importance of maintaining the dignity and respect of each of our users when they are at their most vulnerable in life. This also ensures that the staff and service users are able to build a strong, stable relationship and gain respect between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

Advocacy and Advice Services

Our Advocacy and Advice Service has been continuing to support people as part of our Advice level work as an AQS accredited organisation. Although we have been finding a steady increase back in the demand of our advice and advocacy support to disabled people and their Carers, and the clear deterioration in people's health after Covid infections over the past 2 years, our services are limited due to the financial pressures of running the organisation that we have not been able to put any resources into a full time staff dedicated to this much needed service.
We have continued to input into many research requests on the health disparities & intersectional barriers faced by Asian people and other Ethnic minority groups in the UK. Alongside continuing to advocate on the dire situation that the impact of a Global pandemic has played on the lives of disabled Asian people and their carers here in the UK.

Development

We believe it is important for organisations like ours to continue being innovative and inclusive, and this theme runs through all areas of our work, and especially so in the work we do to continually develop ourselves and the services we provide.

We continued to work hard this year to be involved in many areas of development, through our promotional work, research input and also supporting other organisations to better develop their service offer to meet the need of more disabled people in the UK.

As part of our international development work and our remit as an organisation holding Special consultative status with the for APDA was very pleased to have celebrated the United Nations International Day of Persons with Disabilities 2022 on Thursday 1st December 2022. The event was indeed a special day for us all as we were able to celebrate this in great style by joining this special celebration along with the celebrations to mark the Platinum Jubilee of HRH Queen Elizabeth II. We were truly honoured to have so many dignitaries attending on the day, with a special visit by Her Majesty's Representative Deputy Lieutenant for the London Borough of Brent, Miss Mei Sim Lai, OBE, DL.

This year's theme of the United Nations Day was "Transformative solutions for inclusive development: the role of innovation in fuelling an accessible and equitable world."

We were pleased to have also celebrated UN International Day for Older Persons on 1st October 2022. with the Theme "Resilience of older people in a changing world." The pictures in our events page will show what a wonderful day it was with lots of activities and enjoyment by all and we were honoured to have The Hon. Mayor of Brent, Cllr Abdi join us in the celebrations.

Finally, we really enjoyed our wonderful celebrations for United Nations International Women's Day in March 23 with special guests Hon Mayor of Brent and Hon. Deputy Mayor of Harrow,

Public benefit
We continue delivering benefit to the disabled public in keeping with our Aims and Objectives. The charity is a public benefit entity. The trustees have complied with the duty in section 4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission, including public benefit guidance.

STRATEGIC REPORT

Financial position
The Charity had a deficit of £121.836 at 31 March 2023 (2022: £55,189 surplus), reserves stand at £602,956 (2022: £724,792), of which £nil (2022: £38,868) are restricted funds and £602,956 (2022: £692,924) are unrestricted. £375,000 of the unrestricted funds are held in a designated reserve for the acquisition of additional space and premises.

Reserves policy
APDA Ltd adopts its reserve policy to ensure that the Charity maintain its reserve of at least 9 month's running costs. This should enable APDA Ltd to continue to operate in the event of changes in income from its income generating activities. APDA Ltd's management committee will continue to review its income and expenditure on an ongoing basis and maintain its long term sustainable strategic activities. There are no material uncertainties about the charity's ability to continue.

Going concern
At the time of approving the financial statements, the Management Committee have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution
Asian People's Disability Alliance Limited (APDA) is a registered charity No.1140090. The Charity is established for the relief of disabled persons. in particular such persons from the Asian community. The Charity is governed by its constitution. The company does not have a share capital and is limited by guarantee.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Members of the Committee are recruited for their experience. knowledge, acumen and other attributes that could help in the development of the Organisation. capacity building the Organisation and enabling it to sustain itself in the ever changing environment of the voluntary sector.

In addition to committee members with personal knowledge and lived experience of disability. APDA Ltd now has a number of members with diverse backgrounds in business and other charitable organisations to accommodate the new environment of commissioning, contracts and tender bids, etc as well as to help APDA's efforts to sustain it-self in times of financial constraints and austerity practices.

All members of the Management Committee give their time on a voluntary basis and receive no benefits from the charity. Claims for out of pocket expenses are in accordance with the voluntary sector rules and rates.

Soon after joining. new members are given induction training together with relevant handouts and information materials to enable them to become familiar with the Organisation and its functions.

Suitable training to enhance their skills and help them to make effective input in the Organisation's development is also arranged.

The Members are also advised and recommended to study and adopt the good practice guides on the roles and responsibilities of the management committee produced by the NCVO. Charities Commission and other such bodies.

Organisational structure

The Management Committee

APDA is managed by an executive committee, all of whom are Management Committee and trustees, made up of Asian people with disabilities and carers. The Committee meets four to six times a year and as at 31st March 2022 comprised of the following:

Trustees:

Directors:
Zeenat Jeewa (Chief Executive)
Michael Jeewa

Office bearers:
Chairperson: Pradip Shah
Hon.Secretary: Ashok Chabria
Joint Treasurers: Jyoti Raja and Rekha Mehta.

Committee Members:
Anna Felice; Daya Lekamwattage; Azahim Mohammed; Jazal Marzook.

The Office Bearers and Committee Members are elected at the annual general meeting.

Risk management

The Management Committee actively review the major risk which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Management Committee have also examined other operational and business risks faced by the Charity through its Risk matrix and confirm that they have established systems to mitigate the significant risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06190051 (England and Wales)

Registered Charity number
1140090

Registered office
Daycare & Development Centre
Alric Avenue
Off Bruce Road
London
NW10 8RA

Trustees
Ms Z Jeewa
M Jeewa

Independent Examiner
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Bankers
HSBC Bank Plc
Howardgate
Welwyn Garden City
Herts
AL8 6BH

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 2 November 2023 and signed on the board's behalf by:



Ms Z Jeewa - Trustee

Independent examiner's report to the trustees of ASIAN PEOPLE DISABILITY ALLIANCE LIMITED ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Praful Patel

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 3/11/2023

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted fund £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	11,779	-	11,779	113,566
Other trading activities	3	539,211	-	539,211	443,792
Investment income	4	1,268	-	1,268	31
Total		552,258	-	552,258	557,389
EXPENDITURE ON					
Charitable activities	5				
Home care		199,059	-	199,059	156,495
Day care		324,015	-	324,015	196,987
Development Project		41,612	-	41,612	5,150
Grant Projects		6,745	31,868	38,613	93,348
Governance		70,795	-	70,795	50,220
Total		642,226	31,868	674,094	502,200
NET INCOME/(EXPENDITURE)		(89,968)	(31,868)	(121,836)	55,189
RECONCILIATION OF FUNDS					
Total funds brought forward		692,924	31,868	724,792	669,603
TOTAL FUNDS CARRIED FORWARD		602,956	-	602,956	724,792

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2023

	Notes	Unrestricted funds £	Restricted fund £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	11	3,491	-	3,491	2,846
CURRENT ASSETS					
Debtors	12	99,744	-	99,744	79,507
Cash at bank		621,076	-	621,076	739,113
		720,820	-	720,820	818,620
CREDITORS					
Amounts falling due within one year	13	(121,355)	-	(121,355)	(96,674)
NET CURRENT ASSETS		599,465	-	599,465	721,946
TOTAL ASSETS LESS CURRENT LIABILITIES		602,956	-	602,956	724,792
NET ASSETS		602,956	-	602,956	724,792
FUNDS	14				
Unrestricted funds				602,956	692,924
Restricted funds				-	31,868
TOTAL FUNDS				602,956	724,792

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 2 November 2023 and were signed on its behalf by:



Z Jeewa - Trustee

The notes form part of these financial statements

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	(117,330)	68,141
Net cash (used in)/provided by operating activities		(117,330)	68,141
Cash flows from investing activities			
Purchase of tangible fixed assets		(1,975)	(1,696)
Investment income		1,268	31
Net cash used in investing activities		(707)	(1,665)
Change in cash and cash equivalents in the reporting period		(118,037)	66,476
Cash and cash equivalents at the beginning of the reporting period		739,113	672,637
Cash and cash equivalents at the end of the reporting period		621,076	739,113

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2023

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(121,836)	55,189
Adjustments for:		
Depreciation charges	1,330	2,868
Investment income	(1,268)	(31)
Increase in debtors	(20,237)	(3,577)
Increase in creditors	24,681	13,692
Net cash (used in)/provided by operations	(117,330)	68,141

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/22 £	Cash flow £	At 31/3/23 £
Net cash			
Cash at bank	739,113	(118,037)	621,076
	739,113	(118,037)	621,076
Total	739,113	(118,037)	621,076

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	10,625	68
Grants	1,154	113,498
	11,779	113,566

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Other grants	1,154	113,498

continued...

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Home care	186,481	134,835
Day care	297,941	281,497
DWP	-	14,758
Miscellaneous	25,592	3,995
Meal Contribution Income	9,242	8,615
Passenger Assistance	19,955	92
	539,211	443,792

All incoming resources are included in the statement of financial activities when the charity is entitled to, and virtually certain to receive, the income and the amount can be quantified with reasonable accuracy. The following policies are applied too particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognized when the charity becomes unconditionally entitled to the grant.
Donated services and facilities are included at the value to the charity where this can be qualified. The value of services provided by the volunteers has not been included in these accounts.
Investment income is included when receivable.
Incoming resources from charitable trading activity are accounted for when earned.
Incoming resources from grants, where related to performance and specific deliverable, are accounted for as the charity earns the right to consideration by its performance.

4. INVESTMENT INCOME

	2023	2022
	£	£
Investment income	1,268	31

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
Home care	186,744	12,315	199,059
Day care	281,280	42,735	324,015
Development Project	37,709	3,903	41,612
Grant Projects	37,605	1,008	38,613
Governance	67,409	3,386	70,795
	610,747	63,347	674,094

Expenditure is recognized on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it related:
Costs of generating funds comprise the costs associated with attracting voluntary income.
Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can all locate directly to such activities and those costs of an indirect nature necessary to support them.

continued...

5. CHARITABLE ACTIVITIES COSTS - continued

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly and others are apportioned on an appropriation basis e.g floor area, per capita or estimated usage as set out in Note 5.

6. SUPPORT COSTS

	Management
	£
Home care	12,315
Day care	42,735
Development Project	3,903
Grant Projects	1,008
Governance	3,386
	63,347

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	1,330	2,868

8. TRUSTEES' REMUNERATION AND BENEFITS

The total remuneration paid to members of the management committee was £62,835 (£2022: £62,835) which was paid to the Chief Executive.

Trustees' expenses

The total amount of expenses reimbursed to management committee members during the year was £1,994 (2022:£3,623).

9. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	476,719	337,606
Social security costs	29,059	11,866
	505,778	349,472

continued...

9. STAFF COSTS - continued

The average monthly number of employees during the year was as follows:

	2023	2022
Day Care	10	10
Home Care	25	22
Governance	5	5
	40	37

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023	2022
£60,001 - £70,000	1	1

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	68	113,498	113,566
Other trading activities	443,792	-	443,792
Investment income	31	-	31
Total	443,891	113,498	557,389
EXPENDITURE ON			
Charitable activities			
Home care	156,272	223	156,495
Day care	196,987	-	196,987
Development Project	5,150	-	5,150
Grant Projects	-	93,348	93,348
Governance	50,220	-	50,220
Total	408,629	93,571	502,200
NET INCOME	35,262	19,927	55,189
RECONCILIATION OF FUNDS			
Total funds brought forward	657,662	11,941	669,603
TOTAL FUNDS CARRIED FORWARD	692,924	31,868	724,792

continued...

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2022	27,086	33,250	60,336
Additions	1,975	-	1,975
At 31 March 2023	29,061	33,250	62,311
DEPRECIATION			
At 1 April 2022	24,240	33,250	57,490
Charge for year	1,330	-	1,330
At 31 March 2023	25,570	33,250	58,820
NET BOOK VALUE			
At 31 March 2023	3,491	-	3,491
At 31 March 2022	2,846	-	2,846

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	91,196	71,012
Other debtors	8,548	8,495
	99,744	79,507

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	34,493	14,823
Other creditors	86,862	81,851
	121,355	96,674

continued...

14. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	317,924	(89,968)	227,956
Designated	375,000	-	375,000
	692,924	(89,968)	602,956
Restricted funds			
Restricted	31,868	(31,868)	-
TOTAL FUNDS	724,792	(121,836)	602,956

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	552,258	(642,226)	(89,968)
Restricted funds			
Restricted	-	(31,868)	(31,868)
TOTAL FUNDS	552,258	(674,094)	(121,836)

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	At 31/3/22 £
Unrestricted funds			
General fund	282,662	35,262	317,924
Designated	375,000	-	375,000
	657,662	35,262	692,924
Restricted funds			
Restricted	11,941	19,927	31,868
TOTAL FUNDS	669,603	55,189	724,792

continued...

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	443,891	(408,629)	35,262
Restricted funds			
Restricted	113,498	(93,571)	19,927
TOTAL FUNDS	557,389	(502,200)	55,189

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/21 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	282,662	(54,706)	227,956
Designated	375,000	-	375,000
	657,662	(54,706)	602,956
Restricted funds			
Restricted	11,941	(11,941)	-
TOTAL FUNDS	669,603	(66,647)	602,956

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	996,149	(1,050,855)	(54,706)
Restricted funds			
Restricted	113,498	(125,439)	(11,941)
TOTAL FUNDS	1,109,647	(1,176,294)	(66,647)

continued...

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

16. PURPOSE OF FUNDS

Designated Funds

The income funds of the Charity include designated funds of £375,000, set aside out of unrestricted funds by the management committee to apply and investing towards acquiring of more space and premises needed by APDA to expand and increase its activities and much needed essential services to more Asian Disabled people. The Management Committee also intends to designate further funds for the above-mentioned purposes over the coming years.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	10,625	68
Grants	1,154	113,498
	11,779	113,566
Other trading activities		
Home care	186,481	134,835
Day care	297,941	281,497
DWP	-	14,758
Miscellaneous	25,592	3,995
Meal Contribution Income	9,242	8,615
Passenger Assistance	19,955	92
	539,211	443,792
Investment income		
Investment income	1,268	31
Total incoming resources	552,258	557,389
EXPENDITURE		
Charitable activities		
Wages	476,719	337,606
Social security	29,059	11,866
Travel and Minibus	39,307	45,310
Accountancy fees	17,692	18,776
Other cost	42,524	25,145
Training	3,646	5,820
Independent examiner fees	1,800	1,800
	610,747	446,323
Support costs		
Management		
Premises	33,578	18,513
General office cost	10,379	31,384
Legal & Professional	17,841	2,860
Bank charges	219	252
Fixtures and fittings	1,330	2,868
	63,347	55,877
Total resources expended	674,094	502,200
Net (expenditure)/income	(121,836)	55,189

This page does not form part of the statutory financial statements

REGISTERED COMPANY NUMBER: 06190051 (England and Wales)
REGISTERED CHARITY NUMBER: 1140090

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

FOR

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2023

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Significant activities

It is my pleasure to bring this annual review of APDA's activities for the year 2022-2023.

We proudly continue to be of great benefit to disabled members of the public, and in particular, our culturally tailored support services have continued to help in the mental and physical development & sustaining wellbeing of vulnerable elderly, disabled people, their Carers and their wider families.

APDA, as a Disabled People's Organization (DDPO) was set up, managed and continues to be run by disabled people ourselves. All our services are user-led and needs-led, and always in keeping with social care developments. APDA proudly continues to be innovative and involving and supporting clients, users and carers with advice and support through difficult situations that they may face, and always ensuring the voices of disabled people count and are heard.

Review of Progress of our direct holistic support services to elderly and disabled people and their carers and families:

Day Care and Development Services

During 2022-23, we have seen the impact the Cost-of-Living Crisis has had our service users, their families and our staff teams. We experienced a concerning 12 months, with the financial crisis that has affected the whole of the UK. Whilst still coming slowly out of the shadows of the Global pandemic, our service users and their families have had to cope with increased financial worries on top of the health implications after Covid.

This meant that for some users they had to choose between their loved ones attending social sessions or paying basic utility bills. We have had a steady stream of new referrals to our services this year, with an increasing number of people requiring complex support packages for their social care needs to be met.

We continue this year to take a cautious approach in our service delivery with staff and clients wearing PPE wherever possible to ensure all parties of our services stay well and healthy. We also continued our services using best of both worlds, digital and face-to-face delivery methods, and carried on creating our unique and bespoke support service for all our service users and their families.

East London Women's Well-Being sessions were more in demand this year given the issues of financial and emotional hardships being faced by families around London and the wider UK regions. The women told us how they were overwhelmed by the pressures of the cost of living has had on them and their families, with women often facing the brunt of this. They told us our sessions enabled them some respite from the pressures, with the support from us and their peers and the specialist help and advice we provided at our sessions. This was evident when we saw our usual numbers double most weeks.

This shows us that a culturally appropriate and sensitive service is still something very much needed and still well utilised whether it is at our West London centre or our East London centres.

Home Respite and Personal Care services

Our bespoke and culturally tailored service for people in their homes is a great reflection of APDA and why we set up all those many years ago. Our homecare provision is clearly a testimony to this, and we are so happy to say that our core staff team has remained with us through what has been a tough year in responding to the overwhelming demand for our services. We are so grateful to them for staying loyal to our service users and our organisation and continuing to work tirelessly throughout this hard year with the cost of living affecting everyone in the UK this financial year.

APDA's homecare Team continued to safely deliver services throughout the year, we continue to carry out covid-19 friendly risk assessments for each service user and provide full PPE for our staff to ensure they and our users remain safe and protected whilst delivering our high quality level service.

Our bespoke and culturally tailored homecare provision prides itself on quality of service over quantity and we continue to ensure that the service we provide within people's homes far exceeds the often-basic personal care from other providers. Where others are now more focused on time driven tasks, we have continued to ensure our quality care is delivering the tasks needed rather than time allocated. Our focus is on the support disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities.

Our homecare service continues to enable Carers their much needed respite and peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes.

We also focus on matching service users to carers based on their holistic needs. This ensures that our services are provided to each service user with the minimal change in carers wherever possible to reduce the possibility of cross contamination, maintain good infection control measures and always enabling trust and understanding to be established as we know the importance of maintaining the dignity and respect of each of our users when they are at their most vulnerable in life. This also ensures that the staff and service users are able to build a strong, stable relationship and gain respect between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

Advocacy and Advice Services

Our Advocacy and Advice Service has been continuing to support people as part of our Advice level work as an AQS accredited organisation. Although we have been finding a steady increase back in the demand of our advice and advocacy support to disabled people and their Carers, and the clear deterioration in people's health after Covid infections over the past 2 years, our services are limited due to the financial pressures of running the organisation that we have not been able to put any resources into a full time staff dedicated to this much needed service.
We have continued to input into many research requests on the health disparities & intersectional barriers faced by Asian people and other Ethnic minority groups in the UK. Alongside continuing to advocate on the dire situation that the impact of a Global pandemic has played on the lives of disabled Asian people and their carers here in the UK.

Development

We believe it is important for organisations like ours to continue being innovative and inclusive, and this theme runs through all areas of our work, and especially so in the work we do to continually develop ourselves and the services we provide.

We continued to work hard this year to be involved in many areas of development, through our promotional work, research input and also supporting other organisations to better develop their service offer to meet the need of more disabled people in the UK.

As part of our international development work and our remit as an organisation holding Special consultative status with the for APDA was very pleased to have celebrated the United Nations International Day of Persons with Disabilities 2022 on Thursday 1st December 2022. The event was indeed a special day for us all as we were able to celebrate this in great style by joining this special celebration along with the celebrations to mark the Platinum Jubilee of HRH Queen Elizabeth II. We were truly honoured to have so many dignitaries attending on the day, with a special visit by Her Majesty's Representative Deputy Lieutenant for the London Borough of Brent, Miss Mei Sim Lai, OBE, DL.

This year's theme of the United Nations Day was "Transformative solutions for inclusive development: the role of innovation in fuelling an accessible and equitable world."

We were pleased to have also celebrated UN International Day for Older Persons on 1st October 2022. with the Theme "Resilience of older people in a changing world." The pictures in our events page will show what a wonderful day it was with lots of activities and enjoyment by all and we were honoured to have The Hon. Mayor of Brent, Cllr Abdi join us in the celebrations.

Finally, we really enjoyed our wonderful celebrations for United Nations International Women's Day in March 23 with special guests Hon Mayor of Brent and Hon. Deputy Mayor of Harrow,

Public benefit
We continue delivering benefit to the disabled public in keeping with our Aims and Objectives. The charity is a public benefit entity. The trustees have complied with the duty in section 4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission, including public benefit guidance.

STRATEGIC REPORT

Financial position
The Charity had a deficit of £121.836 at 31 March 2023 (2022: £55,189 surplus), reserves stand at £602,956 (2022: £724,792), of which £nil (2022: £38,868) are restricted funds and £602,956 (2022: £692,924) are unrestricted. £375,000 of the unrestricted funds are held in a designated reserve for the acquisition of additional space and premises.

Reserves policy
APDA Ltd adopts its reserve policy to ensure that the Charity maintain its reserve of at least 9 month's running costs. This should enable APDA Ltd to continue to operate in the event of changes in income from its income generating activities. APDA Ltd's management committee will continue to review its income and expenditure on an ongoing basis and maintain its long term sustainable strategic activities. There are no material uncertainties about the charity's ability to continue.

Going concern
At the time of approving the financial statements, the Management Committee have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution
Asian People's Disability Alliance Limited (APDA) is a registered charity No.1140090. The Charity is established for the relief of disabled persons. in particular such persons from the Asian community. The Charity is governed by its constitution. The company does not have a share capital and is limited by guarantee.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Members of the Committee are recruited for their experience. knowledge, acumen and other attributes that could help in the development of the Organisation. capacity building the Organisation and enabling it to sustain itself in the ever changing environment of the voluntary sector.

In addition to committee members with personal knowledge and lived experience of disability. APDA Ltd now has a number of members with diverse backgrounds in business and other charitable organisations to accommodate the new environment of commissioning, contracts and tender bids, etc as well as to help APDA's efforts to sustain it-self in times of financial constraints and austerity practices.

All members of the Management Committee give their time on a voluntary basis and receive no benefits from the charity. Claims for out of pocket expenses are in accordance with the voluntary sector rules and rates.

Soon after joining. new members are given induction training together with relevant handouts and information materials to enable them to become familiar with the Organisation and its functions.

Suitable training to enhance their skills and help them to make effective input in the Organisation's development is also arranged.

The Members are also advised and recommended to study and adopt the good practice guides on the roles and responsibilities of the management committee produced by the NCVO. Charities Commission and other such bodies.

Organisational structure

The Management Committee

APDA is managed by an executive committee, all of whom are Management Committee and trustees, made up of Asian people with disabilities and carers. The Committee meets four to six times a year and as at 31st March 2022 comprised of the following:

Trustees:

Directors:
Zeenat Jeewa (Chief Executive)
Michael Jeewa

Office bearers:
Chairperson: Pradip Shah
Hon.Secretary: Ashok Chabria
Joint Treasurers: Jyoti Raja and Rekha Mehta.

Committee Members:
Anna Felice; Daya Lekamwattage; Azahim Mohammed; Jazal Marzook.

The Office Bearers and Committee Members are elected at the annual general meeting.

Risk management

The Management Committee actively review the major risk which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Management Committee have also examined other operational and business risks faced by the Charity through its Risk matrix and confirm that they have established systems to mitigate the significant risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06190051 (England and Wales)

Registered Charity number
1140090

Registered office
Daycare & Development Centre
Alric Avenue
Off Bruce Road
London
NW10 8RA

Trustees
Ms Z Jeewa
M Jeewa

Independent Examiner
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Bankers
HSBC Bank Plc
Howardgate
Welwyn Garden City
Herts
AL8 6BH

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 2 November 2023 and signed on the board's behalf by:



Ms Z Jeewa - Trustee

Independent examiner's report to the trustees of ASIAN PEOPLE DISABILITY ALLIANCE LIMITED ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Praful Patel

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 3/11/2023

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted fund £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	11,779	-	11,779	113,566
Other trading activities	3	539,211	-	539,211	443,792
Investment income	4	1,268	-	1,268	31
Total		552,258	-	552,258	557,389
EXPENDITURE ON					
Charitable activities	5				
Home care		199,059	-	199,059	156,495
Day care		324,015	-	324,015	196,987
Development Project		41,612	-	41,612	5,150
Grant Projects		6,745	31,868	38,613	93,348
Governance		70,795	-	70,795	50,220
Total		642,226	31,868	674,094	502,200
NET INCOME/(EXPENDITURE)		(89,968)	(31,868)	(121,836)	55,189
RECONCILIATION OF FUNDS					
Total funds brought forward		692,924	31,868	724,792	669,603
TOTAL FUNDS CARRIED FORWARD		602,956	-	602,956	724,792

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2023

	Notes	Unrestricted funds £	Restricted fund £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	11	3,491	-	3,491	2,846
CURRENT ASSETS					
Debtors	12	99,744	-	99,744	79,507
Cash at bank		621,076	-	621,076	739,113
		720,820	-	720,820	818,620
CREDITORS					
Amounts falling due within one year	13	(121,355)	-	(121,355)	(96,674)
NET CURRENT ASSETS		599,465	-	599,465	721,946
TOTAL ASSETS LESS CURRENT LIABILITIES		602,956	-	602,956	724,792
NET ASSETS		602,956	-	602,956	724,792
FUNDS	14				
Unrestricted funds				602,956	692,924
Restricted funds				-	31,868
TOTAL FUNDS				602,956	724,792

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 2 November 2023 and were signed on its behalf by:



Z Jeewa - Trustee

The notes form part of these financial statements

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	(117,330)	68,141
Net cash (used in)/provided by operating activities		(117,330)	68,141
Cash flows from investing activities			
Purchase of tangible fixed assets		(1,975)	(1,696)
Investment income		1,268	31
Net cash used in investing activities		(707)	(1,665)
Change in cash and cash equivalents in the reporting period		(118,037)	66,476
Cash and cash equivalents at the beginning of the reporting period		739,113	672,637
Cash and cash equivalents at the end of the reporting period		621,076	739,113

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2023

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(121,836)	55,189
Adjustments for:		
Depreciation charges	1,330	2,868
Investment income	(1,268)	(31)
Increase in debtors	(20,237)	(3,577)
Increase in creditors	24,681	13,692
Net cash (used in)/provided by operations	(117,330)	68,141

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/22 £	Cash flow £	At 31/3/23 £
Net cash			
Cash at bank	739,113	(118,037)	621,076
	739,113	(118,037)	621,076
Total	739,113	(118,037)	621,076

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	10,625	68
Grants	1,154	113,498
	11,779	113,566

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Other grants	1,154	113,498

continued...

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Home care	186,481	134,835
Day care	297,941	281,497
DWP	-	14,758
Miscellaneous	25,592	3,995
Meal Contribution Income	9,242	8,615
Passenger Assistance	19,955	92
	539,211	443,792

All incoming resources are included in the statement of financial activities when the charity is entitled to, and virtually certain to receive, the income and the amount can be quantified with reasonable accuracy. The following policies are applied too particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognized when the charity becomes unconditionally entitled to the grant.
Donated services and facilities are included at the value to the charity where this can be qualified. The value of services provided by the volunteers has not been included in these accounts.
Investment income is included when receivable.
Incoming resources from charitable trading activity are accounted for when earned.
Incoming resources from grants, where related to performance and specific deliverable, are accounted for as the charity earns the right to consideration by its performance.

4. INVESTMENT INCOME

	2023	2022
	£	£
Investment income	1,268	31

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
Home care	186,744	12,315	199,059
Day care	281,280	42,735	324,015
Development Project	37,709	3,903	41,612
Grant Projects	37,605	1,008	38,613
Governance	67,409	3,386	70,795
	610,747	63,347	674,094

Expenditure is recognized on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it related:
Costs of generating funds comprise the costs associated with attracting voluntary income.
Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can all locate directly to such activities and those costs of an indirect nature necessary to support them.

continued...

5. CHARITABLE ACTIVITIES COSTS - continued

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly and others are apportioned on an appropriation basis e.g floor area, per capita or estimated usage as set out in Note 5.

6. SUPPORT COSTS

	Management
	£
Home care	12,315
Day care	42,735
Development Project	3,903
Grant Projects	1,008
Governance	3,386
	63,347

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	1,330	2,868

8. TRUSTEES' REMUNERATION AND BENEFITS

The total remuneration paid to members of the management committee was £62,835 (£2022: £62,835) which was paid to the Chief Executive.

Trustees' expenses

The total amount of expenses reimbursed to management committee members during the year was £1,994 (2022:£3,623).

9. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	476,719	337,606
Social security costs	29,059	11,866
	505,778	349,472

continued...

9. STAFF COSTS - continued

The average monthly number of employees during the year was as follows:

	2023	2022
Day Care	10	10
Home Care	25	22
Governance	5	5
	40	37

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023	2022
£60,001 - £70,000	1	1

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	68	113,498	113,566
Other trading activities	443,792	-	443,792
Investment income	31	-	31
Total	443,891	113,498	557,389
EXPENDITURE ON			
Charitable activities			
Home care	156,272	223	156,495
Day care	196,987	-	196,987
Development Project	5,150	-	5,150
Grant Projects	-	93,348	93,348
Governance	50,220	-	50,220
Total	408,629	93,571	502,200
NET INCOME	35,262	19,927	55,189
RECONCILIATION OF FUNDS			
Total funds brought forward	657,662	11,941	669,603
TOTAL FUNDS CARRIED FORWARD	692,924	31,868	724,792

continued...

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2022	27,086	33,250	60,336
Additions	1,975	-	1,975
At 31 March 2023	29,061	33,250	62,311
DEPRECIATION			
At 1 April 2022	24,240	33,250	57,490
Charge for year	1,330	-	1,330
At 31 March 2023	25,570	33,250	58,820
NET BOOK VALUE			
At 31 March 2023	3,491	-	3,491
At 31 March 2022	2,846	-	2,846

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	91,196	71,012
Other debtors	8,548	8,495
	99,744	79,507

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	34,493	14,823
Other creditors	86,862	81,851
	121,355	96,674

continued...

14. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	317,924	(89,968)	227,956
Designated	375,000	-	375,000
	692,924	(89,968)	602,956
Restricted funds			
Restricted	31,868	(31,868)	-
TOTAL FUNDS	724,792	(121,836)	602,956

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	552,258	(642,226)	(89,968)
Restricted funds			
Restricted	-	(31,868)	(31,868)
TOTAL FUNDS	552,258	(674,094)	(121,836)

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	At 31/3/22 £
Unrestricted funds			
General fund	282,662	35,262	317,924
Designated	375,000	-	375,000
	657,662	35,262	692,924
Restricted funds			
Restricted	11,941	19,927	31,868
TOTAL FUNDS	669,603	55,189	724,792

continued...

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	443,891	(408,629)	35,262
Restricted funds			
Restricted	113,498	(93,571)	19,927
TOTAL FUNDS	557,389	(502,200)	55,189

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/21 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	282,662	(54,706)	227,956
Designated	375,000	-	375,000
	657,662	(54,706)	602,956
Restricted funds			
Restricted	11,941	(11,941)	-
TOTAL FUNDS	669,603	(66,647)	602,956

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	996,149	(1,050,855)	(54,706)
Restricted funds			
Restricted	113,498	(125,439)	(11,941)
TOTAL FUNDS	1,109,647	(1,176,294)	(66,647)

continued...

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

16. PURPOSE OF FUNDS

Designated Funds

The income funds of the Charity include designated funds of £375,000, set aside out of unrestricted funds by the management committee to apply and investing towards acquiring of more space and premises needed by APDA to expand and increase its activities and much needed essential services to more Asian Disabled people. The Management Committee also intends to designate further funds for the above-mentioned purposes over the coming years.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	10,625	68
Grants	1,154	113,498
	11,779	113,566
Other trading activities		
Home care	186,481	134,835
Day care	297,941	281,497
DWP	-	14,758
Miscellaneous	25,592	3,995
Meal Contribution Income	9,242	8,615
Passenger Assistance	19,955	92
	539,211	443,792
Investment income		
Investment income	1,268	31
Total incoming resources	552,258	557,389
EXPENDITURE		
Charitable activities		
Wages	476,719	337,606
Social security	29,059	11,866
Travel and Minibus	39,307	45,310
Accountancy fees	17,692	18,776
Other cost	42,524	25,145
Training	3,646	5,820
Independent examiner fees	1,800	1,800
	610,747	446,323
Support costs		
Management		
Premises	33,578	18,513
General office cost	10,379	31,384
Legal & Professional	17,841	2,860
Bank charges	219	252
Fixtures and fittings	1,330	2,868
	63,347	55,877
Total resources expended	674,094	502,200
Net (expenditure)/income	(121,836)	55,189

This page does not form part of the statutory financial statements

ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

England & Wales - Charity number 1140090

Accounts



APDA
Asian People's Disability Alliance
Annual Report
2021 - 2022

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OUR AIMS AND OBJECTIVES

APDA was founded in London 30 plus years ago, as a Pan-Disability Organisation (DPO) to provide culturally specific care for the Asian elderly and disabled community.

It was set up by those who had themselves an in-depth knowledge and personal experience of disability and care. There was very little appropriate support at that time.

APDA is a non-governmental and non-denominational organisation.

Our aims are:

- To provide a needs and user-led culturally appropriate service.
- To collaborate and work in partnership with service planners and mainstream support bodies.
- To act as a resource for disabled people, their carers and their families.
- To work with our disabled peers in the developing world.

Why we have these Aims and Objectives

We have these aims and objectives so that we can:

- Reach out where mainstream services cannot reach due to lack of expertise and understanding of disabled
- people, their carers and families.
- Help incorporate the specific needs of APDA's client group in relation to service planning and areas that affect their lives.
- Provide consultation, peer support and facilitate their social development.
- Link with the Developing World allowing us to share knowledge, experience and disability attributes that assist and enrich socio-economic development.

OUR CURRENT PROVISIONS

Daycare

We provide participative activities aimed at improving existing skills, developing new skills, and promoting social development.
Our Day Care Centre is:

- Accredited with local authorities
- Fully accessible and fully equipped for users with mixed disabilities
- The only centre within the locality supporting Asian service users
- Our service is very popular in the local community
- The four-strand provision
  i) Home Support: Within the service user's home;

telephone contact; face to face activities and support

ii) Virtual: Online activities, learning and support, and virtual meetings

iii) Community: Within safe spaces in the local community and outings to places of interest

iv) Centre: Activities delivered safely in each organization's buildings

Home care and Respite

Our services are:

- Efficient and effective
- Regulated by the Care Quality Commission (CQC)
- Designed to meet the needs and concerns of both users and purchasers
- User-centered and completely needs-led

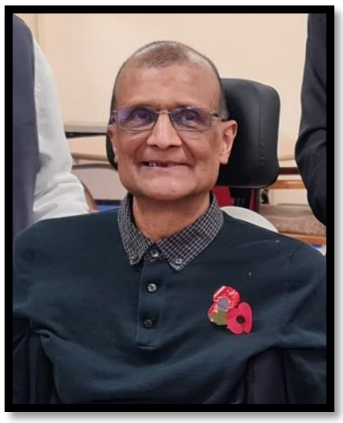
Our services enable users to:

- Continue to live in the community
- Reduce inappropriate hospitalization
- Give priority to the needs of carers and their families, who are usually poorly supported

Other Services

- Befriending- as a growing number of elderly and disabled Asian people find themselves isolated at home and in the community, Befriending enables them to retain their independence and identity
- Information, advice, and guidance- Many of our service users and their families need assistance accessing the support that is available in a multi-lingual format
- Advocacy- A support service to provide representation if needed in matters related to care support, housing needs and medical care
- Independent living skills- With support, help and encouragement we help service users with disabilities to continue living independently at home
- Cultural events and outings- We help provide social contact our service users need
- Various Therapies- We engage our users through various therapies including exercise, yoga, multi-sport sessions, Asian music therapy, and arts and crafts
- ICT Skilling- Provide support in understanding technology to give service users and their families a gateway into the world beyond their homes
- Campaigns and Policy- Collaborating with external organisations and agencies to raise awareness about barriers for Asian disabled people in the UK and the developing world.

CHAIRPERSON'S REPORT



Pradip Shah Chairperson

We have a very upbeat team at APDA. Our resilience is clear for all to see, we survived THROUGH adversity while facing all that the pandemic had to throw at us.

Then the economic downturn as a result of the Pandemic hit us all badly. We were shaken, but once again we came out on top with our resilience and team efforts. So, well done to our CEO and all the staff team at APDA in ensuring that we are stronger by working with Brent and other organisations. We are always happy to help wherever and who ever needs our assistance. We strive in putting in the hard work this year, we have managed to organise events on Zoom when clients were not able to gather in person, most activities continued, even improved. Why? Because of the very pro-active actions taken at APDA under the leadership of our trusted CEO. All of our management team are very proud and lucky to have our fantastic executive management team who have pulled out all the stops and managed to re-assure clients who felt afraid to venture out (fear of pandemic).

We were so pleased that this year we were able to slowly return our daycare services back safely to our centre based delivery model.

Myself, Vijay and my wife, Rashmi had the pleasure of attending the Annual Parliamentary Review Dinner in March 22, and we have some pictures in our events page.

We at APDA have a very strong Survival MOTO, while other sister organisations have folded or are struggling with changes, we continue to survive for our users, in the face of adversity during the last 33 years.

I Look forward to continuing down this Highway of success "in spite of many difficulties"



L to R: Pradip Shah(front), Vijay Amin(back), Rashmi Shah and Lord Blunkett at the Parliamentary Review Reception 2021

CHIEF EXECUTIVES REVIEW



Zeenat Jeewa CEO

I am pleased to state that all our activities, which are based on our aims and objects, continue to be of great benefit to the disabled public, and in particular, our culturally tailored support services helped in the mental and physical development of vulnerable elderly and disabled people, including those with learning difficulties and their Families.

APDA is a Disabled People's Organization (DDPO) set up, managed, and run by disabled people themselves. All our services are user-led and needs-led. Always keeping in the forefront of social care development, APDA continued to be innovative and involving and supporting clients, users and carers with advice and support through this difficult transitional period after the pandemic, always ensuring the voices of disabled people count and are heard.

We continue to proudly deliver our specialist, bespoke services to Asian disabled & elderly people and their Carers and families as a whole. Our culturally tailored user-led and needs-led support services have been provided throughout this year regardless of all the new challenges Covid has brought, and these are popularly taken up by disabled public from several London boroughs, and we have provided the advice and consultation input to help the lives of further disabled people around the UK and the globe affected by Covid-19 virus.

Day Care and Development Services:

APDA in 2021-22 has experienced a steady year coming slowly out of the shadows of the Global pandemic. We have had great learning from our time in lock down, which has ensured we take a more accessible approach in all areas of our services and back office too. We took the best of both worlds, digital and face-to-face, and combined them to create an even more unique and bespoke support service for all our service users and their families. Whilst, of course, keeping our culturally appropriate and specialist service methods blended into the mix, we ensured we continued to safely provide our much-needed services in the best interests of both our staff and service users alike.

Daycare and development services have been a vital tool in ensuring APDA was able to support families to stay

upbeat, amongst all the negative communications, media, and feelings in the community about life chances for Elderly and Disabled people in London. They stated how our support and engagement during these difficult times had allowed their moods to be lifted and to feel valued within their communities. We were also able to provide the respite services back at our centre which created a much-needed break from both sides from having been together often 24/7 for the last 19 months. We have ensured we continued our blended model, but also slowly returned our service users back to a centre-based service in safe incremental steps through the year.

This year we were extremely fortunate by way of funding opportunities given to us, of which one was for our women's health sessions in East London. Under the Covid-19 Emergency London Response Fund, support from the Big Lottery Community Funds assisted us to deliver a 12month extension of our work to reengage and deliver much needed support to isolated and vulnerable women in the borough of Tower Hamlets. Exciting and innovative sessions assisted women to talk, share their experiences of lockdown and learn new skills to boost their confidence and identify the negative effects of social isolation from 2020. We thank The Big Lottery for their commitment to local community groups like ours.

Home Respite and Personal Care services:

This year has continued to be a great reflection of reason APDA was set up, and our homecare services is clearly a testimony to this, and we are so proud and grateful to our staff team who have continued to work tirelessly throughout this financial year.
APDA has again continued to safely deliver services throughout the year, we continue to carry out covid-19 friendly risk assessments for each service user and provide full PPE for our staff.

Our bespoke homecare provision prides itself on quality of service over quantity and we continue to ensure that the service we provide within people's homes far exceeds the often-basic personal care from other providers. Where others may focus on time driven tasks, we believe in quality care and delivering the tasks needed rather than time allocated. Our focus is on the support disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities.
Our homecare service continues to enable Carers their much-needed respite and peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes.

We also pride ourselves on our abilities to match service users to carers based on their holistic needs. We focus our services to ensure that only the minimal number of carers are provided wherever possible to reduce the possibility of cross contamination and maintain good infection control measures. This also ensures that the staff and service users are able to build

a strong, stable relationship and gain trust between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

Advocacy and Advice Services:

Our Advocacy and Advice Service has been increasing its reach and formalizing our offer with a great achievement this year in successfully acquiring the AQS quality mark in January 2022 for Advice level work. We have been finding a steady increase back in the demand of our advice and advocacy support to disabled people and their Carers, and the clear deterioration in people's health after Covid infections over the past 2 years. We have inputted into many research and consultation of the impact the pandemic has played on the lives of disabled Asian people and their carers here in the UK.
Our services have been ever more relevant and vital given the nature of the Pandemic's damage to those already most vulnerable in our societies. Any support has been greatly appreciated and relevant to ensuring people's rights and entitlements and care support packages being provided are correct and essential to improving the quality of their lives. We are very grateful to Brent CVS & Brent Council for the funding in which we could achieve this.

Overseas Development:

APDA was very pleased to have celebrated the United Nations International Day of Persons with Disabilities 2021 on Thursday 2nd December 2021. The event was a special day for us all as we were able to celebrate this with more of us together after the previous year's restrictions due to the Covid.
This year's theme of the United Nations Day was "Leadership and participation of persons with disability towards an inclusive, accessible and sustainable post Covid-19 World."
We also celebrated UN International Day for Older Persons on 1st October 2021, with the Theme "Digital Equality for All Ages".

DAY CARE AND DEVELOPMENT



L-R: Chairperson Pradip Shah and Co-Founder member Michael Jeewa welcoming Service User's back to the Centre

APDA's Day Care services have managed to meet the various challenges put up by the Pandemic very successfully by modifying and rearranging our services in line with Covid-19 safety measures. We are so pleased with our new 6 Strand Day care delivery model and have been able to offer our vital and innovative day care support to all our service users.

Our Music, Dance and Yoga therapists and care staff members have continued to offer support to users via our daily on-line zoom sessions throughout this year. Our users and staff members celebrated Eid-ul-Fitr, however because of restrictions, this was done via Zoom.

Our Day care staff also carried out visits to users' homes where appropriate to provide one to one Daycare engagement and to check in the wellbeing of those clients socially isolated.



Service User's at the local park

We were also able to restart the community outreach visits to places such as the local sports centre, the Library, Garden Centre, and other places of interest.



Service Users at the garden centre planting seeds

When lockdown restrictions were lifted, we were delighted to be able to once again hold our care support services from our own Centre.

In September 21, we were very excited to hold 2 Trial days back at our own Centre for eight users. They were able to again enjoy music and dance sessions which they had been missing for a long time because of the pandemic restrictions. For safety reasons, we took a measured approach in reopening our centre, and thus staggering the attendee numbers over the first 4 months, ensuring safety was paramount in delivery and all in accordance with the government guidelines, etc.

We have continued our purposeful work of serving short term community placements to UCL Medical School. This programme gives the medical students insight to the particular needs of the section of the community which would have a positive impact in the longer term. This was paused for the summer and restarted back in the Autumn for

more engagement. Like many other years we welcomed medical students from UCL. The program was successfully run through Zoom from January till the beginning of March where the students joined us to take part in Yoga and group discussions with clients about how disability affects their lives.

We ensured that our services via Zoom facilities were continued to be provided to all service users throughout the year, and we also continue with some 'Home Befriending' visits and kept up our regular welfare calls to those Users still choosing to isolate at home.

Celebrations have always been enjoyed by our clients, friends, family, and staff, and like every other year we have celebrated these key days in the centre and via Zoom to ensure everyone could join in and enjoy the festivities.

In November 21, we were able to celebrate Diwali in the Centre with limited capacity and majority of our guests online.



Diwali Celebrations: Service Users dancing with the Mayor and Mayoress of Harrow

We were delighted to be joined by The Hon. Mayor of Harrow Cllr Ghazanfar Ali and the Mayoress attended in person for the first time and joined in the dancing and singing and spoke admirably about APDA and the celebrations of Diwali. We were also joined by Leader of Brent Council Cllr Muhammed Butt and Cllr Bhagwanji Chohan (Brent) online.



Diwali Celebrations: Mayor of Harrow Cllr Ghazanfar Ali, Mayoress meeting and Greeting APDA Service Users

All staff have been continuously trained and supported with up-to-date information and PPE following the England Health Guidelines.

In addition to our regular activities, we have included new sessions in the Centre this year with Painting Therapy and Hand and Eye coordination. Some of our Service Users made a trip to the Emirates Air Line Cable Car in Greenwich. New Service Users have joined this Autumn and we are happy to welcome them to our APDA family.



Trip to the Emirates Air Line Cable Car in Greenwich

We also held a successful International Day of Persons with Disabilities 2021 with many special guests joining us in person and online.

The Deputy Mayor of Harrow Cllr Sasi Suresh and her husband Former Mayor of Harrow Cllr Krishna Suresh attended our event in person and made a generous speech to our Service Users and Guests.



L to R - Jyoti Raja (APDA Treasurer), Zeenat Jeewa (APDA Joint CEO), Deputy Mayor of Harrow Cllr Sasi Suresh, Cllr Krishna Suresh

We enjoyed their dancing and involvement in our celebrations. We recently celebrated International Women's Day in March 22.



International Women's Day: Service User's enjoying a dance session

Our sessions continue to be run daily Monday to Friday, with a wide variety of activities and singing and dance, arts and crafts, and puzzles and games. We are happy that we have been able to stay engaged with our clients throughout this year via weekly calls, and door-step welfare checks, in-home and in centre services.

HOMECARE AND RESPITE



Rajia Begum Homecare Leader

Since joining APDA's Homecare Department, I have seen the service make positive growth. Homecare is one of the most vital services that are provided to disabled Asian people in the community. The support received by our service users and their families give them much needed stimulation, promote independence whilst remaining at home and essential respite to their carers and families. Following the pandemic, we have seen a rise in requests for care at home services for a wide range of support including befriending, personal care assistance, cooking and domestic support. Local Authorities have been extremely engaging and where possible provided vital funding to train and retain care workers. APDA has maintained its CQC Inspection rating of Good.

The aims of our homecare services are to:

- Provide a safe and appropriate service that meets the individual needs of our service users.
- Our services are bespoke and culturally tailored to our service users' preferences.

- We have a holistic approach to provide support that looks at the whole person and not just their mental or physical health needs.
- Person centred care is always first priority.
- The objective of our homecare service is to maintain and promote the independence of our service users.

About our services:

We provide a wide variety of services that are available both indoors and outdoors. Our tailor-made care plans reflect the needs and much required physical and mental stimulation, suited individually to our service user's needs.

Types of care we provide:

- Personal Care – Staff visit service users at home and support their hygiene and nutritional needs.
- Befriending Services – Staff provide support and companionship to service users both indoors and outdoors.
- Domestic Support – Staff provide support for domestic tasks such as meal preparation, shopping and household chore support.
- Community Access – Staff support our service users to continue to access the community and do the things they enjoy best.
- Medical appointment escorting – Staff attend medical appointments with service users to keep them safe and maintain the service user's independence.

Upon assessment APDA develop bespoke care plans by listening to our service users. Each service users journey starts with assessment at home, followed by service delivery and follow ups to amend care plans depending on the service users' needs.



APDA Carer taking out Service User to do shopping

COVID-19 Updates

As COVID restrictions started to ease, we have had to adapt to a new way of life and working. We continued the use of PPE when attending all our service users' at home. We have seen a return to service for most of our service users following the lockdowns and shielding. Our client and staff vaccination rates remain at 100% despite the government U-turn on mandatory vaccination for Health and Social Care sector. We have seen continuous compliance in carrying out asymptomatic testing as set out by DHSC. Following the pandemic, we were able to secure funding from Brent Council to train, develop and retain our current workforce. The NHS has also continued to supply all domiciliary care agencies with PPE to protect our service users', their families, and their staff.

Staff Updates

In this year we have provided support to 26 families from our team of multi-lingual staff. We have welcomed on board 2 new staff members and 1 returning staff member bringing staff total to 21 care workers, speaking a variety of languages including Gujarati, English, Hindi, Punjabi, Arabic and Somali. All staff have been DBS cleared, provided all relevant training, and have successfully delivered service to our service users. We were also able to carry out First Aid and Manual Handling training with homecare staff at the centre under government guidelines and with COVID-19 safety measures being followed. To further this training all staff also completed online refresher training in the core topics which include Health & Safety, Food Hygiene, Moving & Handling, First Aid Awareness, Mental Capacity, Dementia and Safeguarding. APDA has delivered a total of 8716 hours of care in the community, this financial year, totalling an average support of 23.8 hours daily. Our commitment to delivering safe, well led and bespoke services will continue into the next financial year and hope that our homecare department will go from strength to strength.
Below is a table with a breakdown of numbers of clients we have supported along with the local authority area they live in.

Local Authority	Personal Care	Befriending	Personal Care & Befriending
Brent Council	7	10	8
Harrow Council	0	0	1
Ealing Council	0	0	0
Total	7	10	9

I would like to conclude by thanking everyone at APDA for the support and guidance they have provided me in the short period that I have been here and look forward to achieving great things for and with APDA.

ADVICE AND ADVOCACY

Many people require adequate assistance with housing, welfare benefits, and health and community care issues that are ignored or underappreciated by councils or social workers due to a lack of comprehension, disparities caused by language barriers, or an unwillingness to express their concerns. APDA is bridging the gap between these local governments and the people who need help during these tough times. Our service concentrates on situations where discriminatory practises have resulted in poor outcomes, and where users have tried other avenues but have not received the desired result. As a result of the impact of Covid-19, our Advice team is now working on an increasing number of cases.

Following the Long pandemic and the isolation of the majority of our users and vulnerable adults, APDA resumed all services, including advice and advocacy, to assist those in dire need of our assistance and guidance.

Especially during times of lockdown, APDA was actively assisting and advising those vulnerable adults via phone calls and other electronic means. We dealt with a significant increase in concerns from Asian communities with disabilities or Older Disabled people, as

well as those who were less socialising due to the pandemic and were unable to obtain assistance from local authorities. APDA actively aids and advocates for those young and older who are unable to contact or appeal to local authorities.
Beginning in 2022, APDA obtained AQS accreditation and is accepting cases from anyone who believes they have been discriminated against or are not getting sufficient support/services from local authorities. Our service is designed for more difficult circumstances when all other options have been exhausted.

EAST LONDON PROJECT

We introduced and launched our new project Women's Community Happy Heath, which is funded by the National Lottery Community Fund, with Eid Celebrations on the 20th May 2021. The ladies worked together to design and sew 2 banners to mark the occasion. The aim of the project is to improve the mental well-being and promote community cohesion to those hit hardest by the pandemic. We have weekly sessions that cover health and wellbeing talks, exercise and movement sessions, arts and crafts, origami (paper folding crafts), sewing, dance and many other fun-filled activities.



Banner made by Women who attended the Centre

- Henna – giving the ladies the opportunity to experience and impress their family and friends with decorative traditional designs.

- Small cooking activities – cooking includes making sandwiches and desserts, enjoying the fruits of their labour during breaks and lunches.

- Group talking sessions – sharing stories, experiences, and cooking recipes.

- Drawing, Arts and Crafts – the ladies can get creative and draw with enjoyment, express their artistic side, and learn how to recycle material that they would normally throw away and make use of them in their arts and crafts.

- Exercises with Noo (Staff) including Thai dance and yoga.

- Mini-gardening – a great way for the ladies to socialise and bond with each other, while they enjoy maintaining and growing plants.



We had subject matter experts come in and give talks to the ladies in areas such as pharmaceutical/ health concerns and advice about benefits. From the start of September, we had a self-defence teacher come in to give lessons to the ladies for 4 weeks. Following that we had 5 weeks of Bollywood dance lessons which we carried on with

throughout the year. The ladies had received first aid training which they had received a certificate for (02-12-2021), they also provided crochet gifts to the Neurodiversity Learning CIC team who took part in the King's College London Civic challenge (14-10-2021), they are a London based social enterprise who provide services for young people with special educational needs.



East London ladies' trip to the London Eye

We were able to take our service users on various trips around London giving them the opportunity to explore area's that they might not have had the chance to see, such as a trip to the London eye (24-02-2022) and to Sealife (20-01-2022) and we are planning to go to more places.

Throughout the year we have celebrated multiple special days, such as International Women's Day (10-03-2022), UN International day of Older Persons (30-09-2021) and various religious holidays such as Eid, Christmas, Diwali.



Celebration of UN International Day of Older Persons

INTERNATIONAL



Michael Jeewa Co-Founder

APDA, like many INGOs, is still having to limit its International Development support activities due to the after-effects of the pandemic which incurred a heavier impact and took a greater toll on our network organisations in developing countries of South and Southeast Asia.

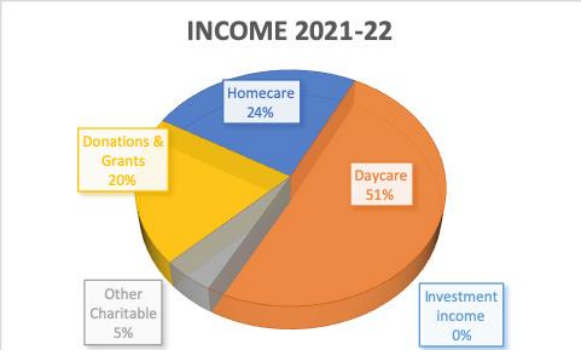
However, we continue to support them in their efforts at 'Localisation' of their humanitarian activities by providing them with Advice and Guidance over the Internet mode of communications and also with some adaptive equipment like Hearing Aids.

We at APDA greatly miss our hands-on direct support activities and involvements and, in order to cherish those wonderful moments of the past, we have printed here some pictures of those very satisfying moments of our past activities.

APDA working the Pakistan's CAA to undertake an Access Audit of Karachi Airport. The Audit included buildings, environment and Services to both the public and staff.

OUR FINANCES

INCOME	
Homecare	£134,835
Daycare	£281,497
Other Charitable	£27,460
Donations & Grants	£113,566
Investment income	£31
Total income	£557,389



EXPENDITURE	
Homecare	£156,495
Daycare	£196,987
Development	5150
Grants Project	£93,348
Goverance	£50,220
Total Expenditure	£502,200



Full independently examined and signed accounts are available to view upon request or online via our Charities page on the Charities Commission Website.

MANAGEMENT COMMITTEE

Office Holders

Mr Pradip Shah – Chairperson
Mr Ashok Chabria – Secretary
Miss Rekha Mehta – Joint Treasurer
Miss Jyoti Raja – Joint Treasurer

Other Committee Members

Miss Anna Felice
Mr Azahim Mohamed
Mr Jazal Marzook
Mr Daya Lekamwattage

STAFF MEMBERS

Management Team

Michael Jeewa – Joint CEO

Zeenat Jeewa – Joint CEO

Operations Team

Nouria Yahi – Day Care Team Leader
Rajia Begum – Homecare Team Leader (from Sept 21)
Fareeda Issace – Finance/HR
Vacant - Operations Manager
Silva Lau – Executive PA Support to Michael Jeewa (up to Dec 21)
Silva Lau – Accounts Officer/Operations (from Jan 22)
Yasmin Rahman – Outreach Officer (East London)

Day Care Team

Alpa Patel
Arif Sheikh
Hasina Ahmed
Hitesh Jagda
Jasmin Akhtar (left Oct 21)
Monica Dobrican
Rung Arung-O'Donell (Noo)

ACKNOWLEDGMENTS

We appreciate all the organisations and individuals who support our work and would like to thank them for all the valuable assistance and grant funding through 2021-2022.

London Borough of Brent
Hon. Mayor of Brent
London Borough of Harrow
Hon. Mayor of Harrow
London Borough of Ealing
London Borough of Hounslow
Tower Hamlets Community Housing
Kall Kwik Wembley
Prontaprint Borehamwood
Sports England & Disability Rights UK
Spitalfields Housing Association
Big Lottery Community Funds
Element Law Limited
Narayanan PN (Music Therapist)
Krupa Patel (Yoga Instructor)
Binal Trivedy (Dance Teacher)
Jalaram (Caterers)
Race Equality Foundation
Addictive TV

Also, a huge thank you to all our wonderful volunteers who have supported us with their commitment and skills throughout the year.

BANKERS

HSBC Bank PLC
Welwyn Garden City
Howardsgate
Hertfordshire
AL8 6BH

ACCOUNTANT

ACE Accountants
44 Hartford Avenue
Kenton
HA3 8SY

AUDITORS

Chapmans Associates Limited
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

LEGAL ADVISORS

Element Law Limited
Calverley House
55 Calverley House
Tunbridge Wells
Kent TN1 2TU



Day Care & Development Resource Centre
Alric Avenue
London
NW10 8RA
www.apda.org.uk

Registered Charity Number: 114009

Contact Us

Day Care
t 020 8459 1030
e daycare@apda.org.uk

Home & Respite Care
t 020 8830 4880
e homecare@apda.org.uk

General Enquiries
t 020 8830 4220
e director@apda.org.uk

REGISTERED COMPANY NUMBER: 06190051 (England and Wales)
REGISTERED CHARITY NUMBER: 1140090

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

FOR

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2022

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Significant activities

Review of Progress of our direct holistic support services to elderly and disabled people and their carers and families:

Day Care and Development Services

APDA in 2021-22 has experienced a steady year coming slowly out of the shadows of the Global pandemic . We have had great learning from our time in lock down, which has ensured we take a more accessible approach in all areas of our services and back office too. We took the best of both worlds, digital and face-to-face, and combined them to create an even more unique and bespoke support service for all our service users and their families. Whilst, of course, keeping our culturally appropriate and specialist service methods blended into the mix, we ensured we continued to safely provide our much needed services in the best interests of both our staff and service users alike.

Daycare and development services have been a vital tool in ensuring APDA was able to support families to stay upbeat, amongst all the negative communications, media and feelings in the community about life chances for Elderly and Disabled people in London. They stated how our support and engagement during these difficult times had allowed their moods to be lifted and to feel valued within their communities. We were also able to provide the respite services back at our centre which created a much needed break from both sides from having been together often 24/7 for the last 19 months. We have ensured we continued our blended model, but also slowly returned our service users back to a centre based service in safe incremental steps through the year.

This year we were extremely fortunate by way of funding opportunities given to us, of which one was for our women's health sessions in East London. Under the Covid-19 Emergency London Response Fund, support from the Big Lottery Community Funds assisted us to deliver a 12month extension of our work to reengage and deliver much needed support to isolated and vulnerable women in the borough of Tower Hamlets. Exciting and innovative sessions assisted women to talk, share their experiences of lockdown and learn new skills to boost their confidence and identify the negative effects of social isolation from 2020.

Home Respite and Personal Care services

This year has continued to be a great reflection of reason APDA was set up, and our homecare services is clearly a testimony to this, and we are so proud and grateful to our staff team who have continued to work tirelessly throughout this financial year.APDA has again continued to safely deliver services throughout the year, we continue to carry out covid-19 friendly risk assessments for each service user and provide full PPE for our staff.

Our bespoke homecare provision prides itself on quality of service over quantity and we continue to ensure that the service we provide within people's homes far exceeds the often basic personal care from other providers. Where others may focus on time driven tasks, we believe in quality care and delivering the tasks needed rather than time allocated. Our focus is on the support disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities. Our homecare service continues to enable Carers their much needed respite and peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes.

We also pride ourselves on our abilities to match service users to carers based on their holistic needs. We also focus our services to ensure that only the minimal number of carers are provided wherever possible to reduce the possibility of cross contamination and maintain good infection control measures. This also ensures that the staff and service users are able to build a strong, stable relationship and gain trust between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

Advocacy and Advice Services

Our Advocacy and Advice Service has been increasing its reach and formalizing our offer with a great achievement this year in successfully acquiring the AQS quality mark in January 2022 for Advice level work.This is vital as we have been finding a steady increase in the demand of our advice and advocacy support to disabled people and their Carers as a result of the deterioration in people's health after Covid infections over the past 2 years. We have inputted into many research and consultation of the impact the pandemic has played on the lives of disabled Asian people and their carers here in the UK. Our services have been ever more relevant and vital given the nature of the Pandemic's damage to those already most vulnerable in our societies. Any support has been greatly appreciated and relevant to ensuring people's rights and entitlements and care support packages being provided are correct and essential to improving the quality of their lives. We are very grateful to Brent CVS & Brent Council for the funding in which we could achieve this.

Overseas Development

APDA was very pleased to have celebrated the United Nations International Day of Persons with Disabilities 2021 on Thursday 2nd December 2021. The event was a special day for us all as we were able to celebrate this with more of us together after the previous year's restrictions due to the Covid. This year's theme of the United Nations Day was "Leadership and participation of persons with disability towards an inclusive, accessible and sustainable post Covid-19 World." We also celebrated UN International Day for Older Persons on 1st October 2021, with the Theme "Digital Equality for All Ages". APDA, like many INGOs , is still having to limit its International Development support activities due to the after-effects of the pandemic which incurred a heavier impact and took a greater toll on our network organisations in developing countries of South and Southeast Asia.

However, we continue to support them in their efforts at 'Localisation' of their humanitarian activities by providing them with Advice and Guidance over the Internet mode of communications and also with some adaptive equipments like Hearing Aids.

Delivering benefit to the disabled public in keeping with our Aims and Objectives

We are pleased to state that all our activities, which are based on our aims and objects, continue to be of great benefit to the disabled public, and in particular, our culturally tailored support services helped in the mental and physical development of frail elderly and disabled people, including those with learning difficulties.

APDA is a Disabled People's Organization (DDPO) set up, managed and run by disabled people themselves. All our services are user-led and needs-led Keeping in the forefront of social care development, APDA has continued to be innovative and at the forefront of involving and supporting clients, users and carers with advice and support through this difficult transitional period after the pandemic, always ensuring the voices of disabled people count and are heard. We continue to proudly deliver a specialist, bespoke service to Asian disabled & elderly people and their Carers and families as a whole. Our culturally tailored user-led and needs-led support services continue throughout this year to be popularly taken up by disabled public from several London boroughs, and we have provided the advice and consultation input to help the lives of further disabled people around the UK and the globe affected by Covid-19 virus.

Public benefit
The charity is a public benefit entity. The trustees have complied with the duty in section 4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission, including public benefit guidance.

STRATEGIC REPORT
Financial position
The Charity made a surplus of £55,189 at 31 March 2022 (2021: £114,037 surplus), reserves stand at £724,792 (2021: £669,603), of which £38,868 (2021: £11,941) are restricted funds and £692,924 (2021: £657,662) are unrestricted. £375,000 of the unrestricted funds are held in a designated reserve for the acquisition of additional space and premises.

STRATEGIC REPORT

Financial review

Reserves policy

APDA Ltd adopts its reserve policy to ensure that the Charity maintain its reserve of at least 9 month's running costs. This should enable APDA Ltd to continue to operate in the event of changes in income from its income generating activities. APDA Ltd's management committee will continue to review its income and expenditure on an ongoing basis and maintain its long term sustainable strategic activities. There are no material uncertainties about the charity's ability to continue.

Going concern

At the time of approving the financial statements, the Management Committee have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution

Asian People's Disability Alliance Limited (APDA) is a registered charity No.1140090. The Charity is established for the relief of disabled persons, in particular such persons from the Asian community. The Charity is governed by its constitution. The company does not have a share capital and is limited by guarantee.

Recruitment and appointment of new trustees

Members of the Committee are recruited for their experience, knowledge, acumen and other attributes that could help in the development of the Organisation, capacity building the Organisation and enabling it to sustain itself in the ever changing environment of the voluntary sector.

In addition to committee members with personal knowledge and lived experience of disability, APDA Ltd now has a number of members with diverse backgrounds in business and other charitable organisations to accommodate the new environment of commissioning, contracts and tender bids, etc as well as to help APDA's efforts to sustain it-self in times of financial constraints and austerity practices.

All members of the Management Committee give their time on a voluntary basis and receive no benefits from the charity. Claims for out of pocket expenses are in accordance with the voluntary sector rules and rates.

Soon after joining, new members are given induction training together with relevant handouts and information materials to enable them to become familiar with the Organisation and its functions.

Suitable training to enhance their skills and help them to make effective input in the Organisation's development is also arranged.

The Members are also advised and recommended to study and adopt the good practice guides on the roles and responsibilities of the management committee produced by the NCVO, Charities Commission and other such bodies.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Management Committee

APDA is managed by an executive committee, all of whom are Management Committee and trustees, made up of Asian people with disabilities and carers. The Committee meets four to six times a year and as at 31st March 2022 comprised of the following:

Trustees:

Directors:
Zeenat Jeewa (Chief Executive)
Michael Jeewa

Office bearers:
Chairperson: Pradip Shah
Hon.Secretary: Ashok Chabria
Joint Treasurers: Jyoti Raja and Rekha Mehta.

Committee Members:
Anna Felice; Daya Lekamwattage; Azahim Mohammed; Jazal Marzook.

The Office Bearers and Committee Members are elected at the annual general meeting.

Risk management

The Management Committee actively review the major risk which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Management Committee have also examined other operational and business risks faced by the Charity through its Risk matrix and confirm that they have established systems to mitigate the significant risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06190051 (England and Wales)

Registered Charity number

1140090

Registered office

Daycare & Development Centre
Alric Avenue
Off Bruce Road
London
NW10 8RA

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Bankers
HSBC Bank Plc
Howardgate
Welwyn Garden City
Herts
AL8 6BH

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 20/12/22 and signed on the board's behalf by:

.....
Ms Z Jeewa - Trustee

Independent examiner's report to the trustees of ASIAN PEOPLE DISABILITY ALLIANCE LIMITED ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Chartered Accountant which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Praful Patel
Chartered Accountant
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 20/12/2022

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	68	113,498	113,566	114,244
Other trading activities	3	443,792	-	443,792	451,226
Investment income	4	31	-	31	43
Total		443,891	113,498	557,389	565,513
EXPENDITURE ON					
Charitable activities	5				
Home care		156,272	223	156,495	165,515
Day care		196,987	-	196,987	198,113
Development Project		5,150	-	5,150	6,219
Grant Projects		-	93,348	93,348	36,482
Governance		50,220	-	50,220	45,147
Total		408,629	93,571	502,200	451,476
NET INCOME		35,262	19,927	55,189	114,037
RECONCILIATION OF FUNDS					
Total funds brought forward		657,662	11,941	669,603	555,566
TOTAL FUNDS CARRIED FORWARD		692,924	31,868	724,792	669,603

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

BALANCE SHEET
31 MARCH 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	11	2,846	-	2,846	4,018
CURRENT ASSETS					
Debtors	12	79,507	-	79,507	75,930
Cash at bank		707,245	31,868	739,113	672,637
		786,752	31,868	818,620	748,567
CREDITORS					
Amounts falling due within one year	13	(96,674)	-	(96,674)	(82,982)
NET CURRENT ASSETS		690,078	31,868	721,946	665,585
TOTAL ASSETS LESS CURRENT LIABILITIES		692,924	31,868	724,792	669,603
NET ASSETS		692,924	31,868	724,792	669,603
FUNDS	14				
Unrestricted funds				692,924	657,662
Restricted funds				31,868	11,941
TOTAL FUNDS				724,792	669,603

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 20/12/22 and were signed on its behalf by:

The notes form part of these financial statements

continued...

.....
Z Jeewa - Trustee

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	2022 £	2021 £
Cash flows from operating activities			
Cash generated from operations	1	68,141	178,195
Net cash provided by operating activities		68,141	178,195
Cash flows from investing activities			
Purchase of tangible fixed assets		(1,696)	(954)
Investment income		31	43
Net cash used in investing activities		(1,665)	(911)
Change in cash and cash equivalents in the reporting period		66,476	177,284
Cash and cash equivalents at the beginning of the reporting period		672,637	495,353
Cash and cash equivalents at the end of the reporting period		739,113	672,637

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2022

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022	2021
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	55,189	114,037
Adjustments for:		
Depreciation charges	2,868	3,013
Investment income	(31)	(43)
(Increase)/decrease in debtors	(3,577)	62,048
Increase/(decrease) in creditors	13,692	(860)
Net cash provided by operations	68,141	178,195

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/21	Cash flow	At 31/3/22
	£	£	£
Net cash			
Cash at bank	672,637	66,476	739,113
	672,637	66,476	739,113
Total	672,637	66,476	739,113

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

continued...

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	2,868	3,013

8. TRUSTEES' REMUNERATION AND BENEFITS

The total remuneration paid to members of the management committee was £62,835 (£2021: £58,425) which was paid to the Chief Executive.

Trustees' expenses

The total amount of travel costs reimbursed to management committee members during the year was £3,623 (2021:£1,954).

9. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	337,606	332,120
Social security costs	11,866	9,938
	349,472	342,058

The average monthly number of employees during the year was as follows:

	2022	2021
Day Care	10	10
Home Care	22	24
Governance	5	4
	37	38

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2022	2021
£60,001 - £70,000	1	-

continued...

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	894	113,350	114,244
Other trading activities	451,226	-	451,226
Investment income	43	-	43
Total	452,163	113,350	565,513
EXPENDITURE ON			
Charitable activities			
Home care	97,588	67,927	165,515
Day care	198,113	-	198,113
Development Project	6,219	-	6,219
Grant Projects	-	36,482	36,482
Governance	45,147	-	45,147
Total	347,067	104,409	451,476
NET INCOME	105,096	8,941	114,037
RECONCILIATION OF FUNDS			
Total funds brought forward	552,566	3,000	555,566
TOTAL FUNDS CARRIED FORWARD	657,662	11,941	669,603

continued...

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2021	25,390	33,250	58,640
Additions	1,696	-	1,696
At 31 March 2022	27,086	33,250	60,336
DEPRECIATION			
At 1 April 2021	21,372	33,250	54,622
Charge for year	2,868	-	2,868
At 31 March 2022	24,240	33,250	57,490
NET BOOK VALUE			
At 31 March 2022	2,846	-	2,846
At 31 March 2021	4,018	-	4,018

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	71,012	69,099
Other debtors	8,495	6,831
	79,507	75,930

continued...

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	14,823	23,463
Other creditors	81,851	59,519
	96,674	82,982

14. MOVEMENT IN FUNDS

	At 1/4/21	Net movement in funds	At 31/3/22
	£	£	£
Unrestricted funds			
General fund	282,662	35,262	317,924
Designated	375,000	-	375,000
	657,662	35,262	692,924
Restricted funds			
Restricted	11,941	19,927	31,868
TOTAL FUNDS	669,603	55,189	724,792

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	443,891	(408,629)	35,262
Restricted funds			
Restricted	113,498	(93,571)	19,927
TOTAL FUNDS	557,389	(502,200)	55,189

continued...

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
Unrestricted funds			
General fund	177,566	105,096	282,662
Designated	375,000	-	375,000
	552,566	105,096	657,662
Restricted funds			
Restricted	3,000	8,941	11,941
TOTAL FUNDS	555,566	114,037	669,603

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	452,163	(347,067)	105,096
Restricted funds			
Restricted	113,350	(104,409)	8,941
TOTAL FUNDS	565,513	(451,476)	114,037

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/20 £	Net movement in funds £	At 31/3/22 £
Unrestricted funds			
General fund	177,566	140,358	317,924
Designated	375,000	-	375,000
	552,566	140,358	692,924
Restricted funds			
Restricted	3,000	28,868	31,868
TOTAL FUNDS	555,566	169,226	724,792

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	896,054	(755,696)	140,358
Restricted funds			
Restricted	226,848	(197,980)	28,868
TOTAL FUNDS	1,122,902	(953,676)	169,226

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

continued...

16. PURPOSE OF FUNDS

Restricted Funds

Infection control grant	19
National Lottery project	6,295
Workforce grant	17,955
Brent sports project	7,599

The amounts held are balances of funds received for the above named projects.

Designated Funds

The income funds of the Charity include designated funds of £375,000, set aside out of unrestricted funds by the management committee to apply and investing towards acquiring of more space and premises needed by APDA to expand and increase its activities and much needed essential services to more Asian Disabled people. The Management Committee also intends to designate further funds for the above-mentioned purposes over the coming years.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	68	894
Grants	113,498	113,350
	113,566	114,244
Other trading activities		
Home care	134,835	138,845
Day care	281,497	294,281
DWP	14,758	14,259
Miscellaneous	3,995	3,841
Meal Contribution Income	8,615	-
Passenger Assistance	92	-
	443,792	451,226
Investment income		
Investment income	31	43
Total incoming resources	557,389	565,513
EXPENDITURE		
Charitable activities		
Wages	337,606	332,120
Social security	11,866	9,938
Travel and Minibus	45,310	12,991
Volunteer expenses	-	525
Accountancy fees	18,776	-
Other cost	25,145	19,546
Training	5,820	3,074
Independent examiner fees	1,800	1,800
	446,323	379,994
Support costs		
Management		
Premises	18,513	18,830
General office cost	31,384	32,717
Carried forward	49,897	51,547

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
Management		
Brought forward	49,897	51,547
Consultancy	-	4,220
Legal & Professional	2,860	12,420
Bank charges	252	282
Fixtures and fittings	2,868	3,013
	55,877	71,482
Total resources expended	502,200	451,476
Net income	55,189	114,037

REGISTERED COMPANY NUMBER: 06190051 (England and Wales)
REGISTERED CHARITY NUMBER: 1140090

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

FOR

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2022

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Significant activities

Review of Progress of our direct holistic support services to elderly and disabled people and their carers and families:

Day Care and Development Services

APDA in 2021-22 has experienced a steady year coming slowly out of the shadows of the Global pandemic . We have had great learning from our time in lock down, which has ensured we take a more accessible approach in all areas of our services and back office too. We took the best of both worlds, digital and face-to-face, and combined them to create an even more unique and bespoke support service for all our service users and their families. Whilst, of course, keeping our culturally appropriate and specialist service methods blended into the mix, we ensured we continued to safely provide our much needed services in the best interests of both our staff and service users alike.

Daycare and development services have been a vital tool in ensuring APDA was able to support families to stay upbeat, amongst all the negative communications, media and feelings in the community about life chances for Elderly and Disabled people in London. They stated how our support and engagement during these difficult times had allowed their moods to be lifted and to feel valued within their communities. We were also able to provide the respite services back at our centre which created a much needed break from both sides from having been together often 24/7 for the last 19 months. We have ensured we continued our blended model, but also slowly returned our service users back to a centre based service in safe incremental steps through the year.

This year we were extremely fortunate by way of funding opportunities given to us, of which one was for our women's health sessions in East London. Under the Covid-19 Emergency London Response Fund, support from the Big Lottery Community Funds assisted us to deliver a 12month extension of our work to reengage and deliver much needed support to isolated and vulnerable women in the borough of Tower Hamlets. Exciting and innovative sessions assisted women to talk, share their experiences of lockdown and learn new skills to boost their confidence and identify the negative effects of social isolation from 2020.

Home Respite and Personal Care services

This year has continued to be a great reflection of reason APDA was set up, and our homecare services is clearly a testimony to this, and we are so proud and grateful to our staff team who have continued to work tirelessly throughout this financial year.APDA has again continued to safely deliver services throughout the year, we continue to carry out covid-19 friendly risk assessments for each service user and provide full PPE for our staff.

Our bespoke homecare provision prides itself on quality of service over quantity and we continue to ensure that the service we provide within people's homes far exceeds the often basic personal care from other providers. Where others may focus on time driven tasks, we believe in quality care and delivering the tasks needed rather than time allocated. Our focus is on the support disabled people need during these difficult times, especially those later in life who have a difficult time coming to terms with the limitations in their cognitive or physical abilities. Our homecare service continues to enable Carers their much needed respite and peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes.

We also pride ourselves on our abilities to match service users to carers based on their holistic needs. We also focus our services to ensure that only the minimal number of carers are provided wherever possible to reduce the possibility of cross contamination and maintain good infection control measures. This also ensures that the staff and service users are able to build a strong, stable relationship and gain trust between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

Advocacy and Advice Services

Our Advocacy and Advice Service has been increasing its reach and formalizing our offer with a great achievement this year in successfully acquiring the AQS quality mark in January 2022 for Advice level work.This is vital as we have been finding a steady increase in the demand of our advice and advocacy support to disabled people and their Carers as a result of the deterioration in people's health after Covid infections over the past 2 years. We have inputted into many research and consultation of the impact the pandemic has played on the lives of disabled Asian people and their carers here in the UK. Our services have been ever more relevant and vital given the nature of the Pandemic's damage to those already most vulnerable in our societies. Any support has been greatly appreciated and relevant to ensuring people's rights and entitlements and care support packages being provided are correct and essential to improving the quality of their lives. We are very grateful to Brent CVS & Brent Council for the funding in which we could achieve this.

Overseas Development

APDA was very pleased to have celebrated the United Nations International Day of Persons with Disabilities 2021 on Thursday 2nd December 2021. The event was a special day for us all as we were able to celebrate this with more of us together after the previous year's restrictions due to the Covid. This year's theme of the United Nations Day was "Leadership and participation of persons with disability towards an inclusive, accessible and sustainable post Covid-19 World." We also celebrated UN International Day for Older Persons on 1st October 2021, with the Theme "Digital Equality for All Ages". APDA, like many INGOs , is still having to limit its International Development support activities due to the after-effects of the pandemic which incurred a heavier impact and took a greater toll on our network organisations in developing countries of South and Southeast Asia.

However, we continue to support them in their efforts at 'Localisation' of their humanitarian activities by providing them with Advice and Guidance over the Internet mode of communications and also with some adaptive equipments like Hearing Aids.

Delivering benefit to the disabled public in keeping with our Aims and Objectives

We are pleased to state that all our activities, which are based on our aims and objects, continue to be of great benefit to the disabled public, and in particular, our culturally tailored support services helped in the mental and physical development of frail elderly and disabled people, including those with learning difficulties.

APDA is a Disabled People's Organization (DDPO) set up, managed and run by disabled people themselves. All our services are user-led and needs-led Keeping in the forefront of social care development, APDA has continued to be innovative and at the forefront of involving and supporting clients, users and carers with advice and support through this difficult transitional period after the pandemic, always ensuring the voices of disabled people count and are heard. We continue to proudly deliver a specialist, bespoke service to Asian disabled & elderly people and their Carers and families as a whole. Our culturally tailored user-led and needs-led support services continue throughout this year to be popularly taken up by disabled public from several London boroughs, and we have provided the advice and consultation input to help the lives of further disabled people around the UK and the globe affected by Covid-19 virus.

Public benefit
The charity is a public benefit entity. The trustees have complied with the duty in section 4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission, including public benefit guidance.

STRATEGIC REPORT
Financial position
The Charity made a surplus of £55,189 at 31 March 2022 (2021: £114,037 surplus), reserves stand at £724,792 (2021: £669,603), of which £38,868 (2021: £11,941) are restricted funds and £692,924 (2021: £657,662) are unrestricted. £375,000 of the unrestricted funds are held in a designated reserve for the acquisition of additional space and premises.

STRATEGIC REPORT

Financial review

Reserves policy

APDA Ltd adopts its reserve policy to ensure that the Charity maintain its reserve of at least 9 month's running costs. This should enable APDA Ltd to continue to operate in the event of changes in income from its income generating activities. APDA Ltd's management committee will continue to review its income and expenditure on an ongoing basis and maintain its long term sustainable strategic activities. There are no material uncertainties about the charity's ability to continue.

Going concern

At the time of approving the financial statements, the Management Committee have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution

Asian People's Disability Alliance Limited (APDA) is a registered charity No.1140090. The Charity is established for the relief of disabled persons, in particular such persons from the Asian community. The Charity is governed by its constitution. The company does not have a share capital and is limited by guarantee.

Recruitment and appointment of new trustees

Members of the Committee are recruited for their experience, knowledge, acumen and other attributes that could help in the development of the Organisation, capacity building the Organisation and enabling it to sustain itself in the ever changing environment of the voluntary sector.

In addition to committee members with personal knowledge and lived experience of disability, APDA Ltd now has a number of members with diverse backgrounds in business and other charitable organisations to accommodate the new environment of commissioning, contracts and tender bids, etc as well as to help APDA's efforts to sustain it-self in times of financial constraints and austerity practices.

All members of the Management Committee give their time on a voluntary basis and receive no benefits from the charity. Claims for out of pocket expenses are in accordance with the voluntary sector rules and rates.

Soon after joining, new members are given induction training together with relevant handouts and information materials to enable them to become familiar with the Organisation and its functions.

Suitable training to enhance their skills and help them to make effective input in the Organisation's development is also arranged.

The Members are also advised and recommended to study and adopt the good practice guides on the roles and responsibilities of the management committee produced by the NCVO, Charities Commission and other such bodies.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Management Committee

APDA is managed by an executive committee, all of whom are Management Committee and trustees, made up of Asian people with disabilities and carers. The Committee meets four to six times a year and as at 31st March 2022 comprised of the following:

Trustees:

Directors:
Zeenat Jeewa (Chief Executive)
Michael Jeewa

Office bearers:
Chairperson: Pradip Shah
Hon.Secretary: Ashok Chabria
Joint Treasurers: Jyoti Raja and Rekha Mehta.

Committee Members:
Anna Felice; Daya Lekamwattage; Azahim Mohammed; Jazal Marzook.

The Office Bearers and Committee Members are elected at the annual general meeting.

Risk management

The Management Committee actively review the major risk which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Management Committee have also examined other operational and business risks faced by the Charity through its Risk matrix and confirm that they have established systems to mitigate the significant risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06190051 (England and Wales)

Registered Charity number

1140090

Registered office

Daycare & Development Centre
Alric Avenue
Off Bruce Road
London
NW10 8RA

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Bankers
HSBC Bank Plc
Howardgate
Welwyn Garden City
Herts
AL8 6BH

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 20/12/22 and signed on the board's behalf by:

.....
Ms Z Jeewa - Trustee

Independent examiner's report to the trustees of ASIAN PEOPLE DISABILITY ALLIANCE LIMITED ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Chartered Accountant which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Praful Patel
Chartered Accountant
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 20/12/2022

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	68	113,498	113,566	114,244
Other trading activities	3	443,792	-	443,792	451,226
Investment income	4	31	-	31	43
Total		443,891	113,498	557,389	565,513
EXPENDITURE ON					
Charitable activities	5				
Home care		156,272	223	156,495	165,515
Day care		196,987	-	196,987	198,113
Development Project		5,150	-	5,150	6,219
Grant Projects		-	93,348	93,348	36,482
Governance		50,220	-	50,220	45,147
Total		408,629	93,571	502,200	451,476
NET INCOME		35,262	19,927	55,189	114,037
RECONCILIATION OF FUNDS					
Total funds brought forward		657,662	11,941	669,603	555,566
TOTAL FUNDS CARRIED FORWARD		692,924	31,868	724,792	669,603

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

BALANCE SHEET
31 MARCH 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	11	2,846	-	2,846	4,018
CURRENT ASSETS					
Debtors	12	79,507	-	79,507	75,930
Cash at bank		707,245	31,868	739,113	672,637
		786,752	31,868	818,620	748,567
CREDITORS					
Amounts falling due within one year	13	(96,674)	-	(96,674)	(82,982)
NET CURRENT ASSETS		690,078	31,868	721,946	665,585
TOTAL ASSETS LESS CURRENT LIABILITIES		692,924	31,868	724,792	669,603
NET ASSETS		692,924	31,868	724,792	669,603
FUNDS	14				
Unrestricted funds				692,924	657,662
Restricted funds				31,868	11,941
TOTAL FUNDS				724,792	669,603

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 20/12/22 and were signed on its behalf by:

The notes form part of these financial statements

continued...

.....
Z Jeewa - Trustee

The notes form part of these financial statements

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	2022 £	2021 £
Cash flows from operating activities			
Cash generated from operations	1	68,141	178,195
Net cash provided by operating activities		68,141	178,195
Cash flows from investing activities			
Purchase of tangible fixed assets		(1,696)	(954)
Investment income		31	43
Net cash used in investing activities		(1,665)	(911)
Change in cash and cash equivalents in the reporting period		66,476	177,284
Cash and cash equivalents at the beginning of the reporting period		672,637	495,353
Cash and cash equivalents at the end of the reporting period		739,113	672,637

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2022

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022	2021
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	55,189	114,037
Adjustments for:		
Depreciation charges	2,868	3,013
Investment income	(31)	(43)
(Increase)/decrease in debtors	(3,577)	62,048
Increase/(decrease) in creditors	13,692	(860)
Net cash provided by operations	68,141	178,195

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/21	Cash flow	At 31/3/22
	£	£	£
Net cash			
Cash at bank	672,637	66,476	739,113
	672,637	66,476	739,113
Total	672,637	66,476	739,113

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

continued...

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	2,868	3,013

8. TRUSTEES' REMUNERATION AND BENEFITS

The total remuneration paid to members of the management committee was £62,835 (£2021: £58,425) which was paid to the Chief Executive.

Trustees' expenses

The total amount of travel costs reimbursed to management committee members during the year was £3,623 (2021:£1,954).

9. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	337,606	332,120
Social security costs	11,866	9,938
	349,472	342,058

The average monthly number of employees during the year was as follows:

	2022	2021
Day Care	10	10
Home Care	22	24
Governance	5	4
	37	38

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2022	2021
£60,001 - £70,000	1	-

continued...

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	894	113,350	114,244
Other trading activities	451,226	-	451,226
Investment income	43	-	43
Total	452,163	113,350	565,513
EXPENDITURE ON			
Charitable activities			
Home care	97,588	67,927	165,515
Day care	198,113	-	198,113
Development Project	6,219	-	6,219
Grant Projects	-	36,482	36,482
Governance	45,147	-	45,147
Total	347,067	104,409	451,476
NET INCOME	105,096	8,941	114,037
RECONCILIATION OF FUNDS			
Total funds brought forward	552,566	3,000	555,566
TOTAL FUNDS CARRIED FORWARD	657,662	11,941	669,603

continued...

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2021	25,390	33,250	58,640
Additions	1,696	-	1,696
At 31 March 2022	27,086	33,250	60,336
DEPRECIATION			
At 1 April 2021	21,372	33,250	54,622
Charge for year	2,868	-	2,868
At 31 March 2022	24,240	33,250	57,490
NET BOOK VALUE			
At 31 March 2022	2,846	-	2,846
At 31 March 2021	4,018	-	4,018

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	71,012	69,099
Other debtors	8,495	6,831
	79,507	75,930

continued...

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	14,823	23,463
Other creditors	81,851	59,519
	96,674	82,982

14. MOVEMENT IN FUNDS

	At 1/4/21	Net movement in funds	At 31/3/22
	£	£	£
Unrestricted funds			
General fund	282,662	35,262	317,924
Designated	375,000	-	375,000
	657,662	35,262	692,924
Restricted funds			
Restricted	11,941	19,927	31,868
TOTAL FUNDS	669,603	55,189	724,792

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	443,891	(408,629)	35,262
Restricted funds			
Restricted	113,498	(93,571)	19,927
TOTAL FUNDS	557,389	(502,200)	55,189

continued...

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
Unrestricted funds			
General fund	177,566	105,096	282,662
Designated	375,000	-	375,000
	552,566	105,096	657,662
Restricted funds			
Restricted	3,000	8,941	11,941
TOTAL FUNDS	555,566	114,037	669,603

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	452,163	(347,067)	105,096
Restricted funds			
Restricted	113,350	(104,409)	8,941
TOTAL FUNDS	565,513	(451,476)	114,037

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/20 £	Net movement in funds £	At 31/3/22 £
Unrestricted funds			
General fund	177,566	140,358	317,924
Designated	375,000	-	375,000
	552,566	140,358	692,924
Restricted funds			
Restricted	3,000	28,868	31,868
TOTAL FUNDS	555,566	169,226	724,792

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	896,054	(755,696)	140,358
Restricted funds			
Restricted	226,848	(197,980)	28,868
TOTAL FUNDS	1,122,902	(953,676)	169,226

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

continued...

16. PURPOSE OF FUNDS

Restricted Funds

Infection control grant	19
National Lottery project	6,295
Workforce grant	17,955
Brent sports project	7,599

The amounts held are balances of funds received for the above named projects.

Designated Funds

The income funds of the Charity include designated funds of £375,000, set aside out of unrestricted funds by the management committee to apply and investing towards acquiring of more space and premises needed by APDA to expand and increase its activities and much needed essential services to more Asian Disabled people. The Management Committee also intends to designate further funds for the above-mentioned purposes over the coming years.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	68	894
Grants	113,498	113,350
	113,566	114,244
Other trading activities		
Home care	134,835	138,845
Day care	281,497	294,281
DWP	14,758	14,259
Miscellaneous	3,995	3,841
Meal Contribution Income	8,615	-
Passenger Assistance	92	-
	443,792	451,226
Investment income		
Investment income	31	43
Total incoming resources	557,389	565,513
EXPENDITURE		
Charitable activities		
Wages	337,606	332,120
Social security	11,866	9,938
Travel and Minibus	45,310	12,991
Volunteer expenses	-	525
Accountancy fees	18,776	-
Other cost	25,145	19,546
Training	5,820	3,074
Independent examiner fees	1,800	1,800
	446,323	379,994
Support costs		
Management		
Premises	18,513	18,830
General office cost	31,384	32,717
Carried forward	49,897	51,547

ASIAN PEOPLE DISABILITY ALLIANCE LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
Management		
Brought forward	49,897	51,547
Consultancy	-	4,220
Legal & Professional	2,860	12,420
Bank charges	252	282
Fixtures and fittings	2,868	3,013
	55,877	71,482
Total resources expended	502,200	451,476
Net income	55,189	114,037

ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

England & Wales - Charity number 1140090

Accounts

APDA

Asian People's Disability Alliance

Annual Report

2020 - 2021

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Our aims and objectives

Our current provisions

Chairperson's Report

Chief Executive's Review

Day Care and Development

Homecare

Advice and Advocacy

Operations and Development

Events

Finances

OUR AIMS AND OBJECTIVES

APDA was founded in London 30 years ago, as a Pan-Disability Organisation (DPO) to provide culturally specific care for the Asian elderly and disabled community.

It was set up by those who had themselves an in-depth knowledge and personal experience of disability and care. There was very little appropriate support at that time.

APDA is a non-governmental and non-denominational organisation.

Our aims are:

- To provide a needs and user-led culturally appropriate service.
- To collaborate and work in partnership with service planners and mainstream support bodies.
- To act as a resource for disabled people, their carers and their families.
- To work with our disabled peers in the developing world.

WHY WE HAVE THESE AIMS AND OBJECTIVES

We have these aims and objectives so that we can:

- Reach out where mainstream services cannot reach due to lack of expertise and understanding of disabled people, their carers and families.
- Help incorporate the specific needs of APDA's client group in relation to service planning and areas that affect their lives.
- Provide consultation, peer support and facilitate their social development.
- Link with the Developing World allowing us to share knowledge, experience and disability attributes that assist and enrich socio-economic development.

OUR CURRENT PROVISIONS

DAYCARE

We provide participative activities aimed at improving existing skills, developing new skills, and promoting social development.
Our Day Care Centre is:

- Accredited with local authorities
- Fully accessible and fully equipped for users with mixed disabilities
- The only centre within the locality supporting Asian service users
- Our service is very popular in the local community

HOME AND RESPITE CARE

Our services are:

- Efficient and effective
- Regulated by the Care Quality Commission (CQC)
- Designed to meet the needs and concerns of both users and purchasers
- User-centered and completely needs-led

Our services enable users to:

- Continue to live in the community
- Reduce inappropriate hospitalization
- Give priority to the needs of carers and their families, who are usually poorly supported

OTHER SERVICES

- Befriending- as a growing number of elderly and disabled Asian people find themselves isolated at home and in the community, Befriending enables them to retain their independence and identity
- Information, advice, and guidance- Many of our service users and their families need assistance accessing the support that is available in a multi-lingual format
- Advocacy- A support service to provide representation if needed in matters related to care support, housing needs and medical care
- Independent living skills- With support, help and encouragement we help service users with disabilities to continue living independently at home
- Cultural events and outings- We help provide social contact our service users need
- Various Therapies- We engage our users through various therapies including exercise, yoga, multi-sport sessions, Asian music therapy, and arts and crafts
- ICT Skilling- Provide support in understanding technology to give service users and their families a gateway into the world beyond their homes
- Campaigns and Policy- Collaborating with external organisations and agencies to raise awareness about barriers for Asian disabled people in the UK and the developing world.

CHAIRPERSON'S REPORT



This year has been one of a great challenge to APDA, as a result of the Covid 19 pandemic.

Even faced with this adversity, so much so that we continue to be regarded by the local authorities as a flagship organisation for providing that essential support to the communities.

In spite of the national lockdowns, we have proudly survived and even excelled in our reach to those who are most vulnerable and have been detrimentally affected by the rising uncertainty and restrictions placed on us all.

We remain very much a far-reaching source of inspiration and a force for good in advocating and promoting for the rights of Disabled and Elderly people around the world. We continue to input at international level in our role holding Special consultative status with the United Nations Council for Economic and Social Development.

Although we have had to pause a few services this year as a result of the restrictions, we have developed and continue to develop new services that better support our users in these changing and difficult times.

We are grateful to the funding providers that have supported us in our ongoing projects and our endeavours to improve the quality of health and engagement within the lives of disabled and elderly Asian people in and around London.

We continue to be innovative and optimistic that we are able to carry on our valiant efforts to provide the much-needed support and look forward to the year ahead to achieve our continued success as a viable organisation.

On a personal note, I am proud to have been part of this endeavour to face and overcome this Global trial that has been imposed on us all. Working with Zeenat's energy, we have pulled out all the stops and achieved tremendous success this year, and the efforts made as a team will enable us to excel and improve upon what has already been achieved.

Our thanks as always to our team of staff, volunteers, trustees, and all stakeholders who have supported us through the year, and we can rely on for encouraging us upwards and onwards to prove that we can maintain the high standards that service users are expecting.

I will end this report with a dedication to our much loved service users who have sadly departed this mortal coil. We keep them in our hearts and prayers and our thoughts are with their families who have lost their loved ones and are part of the large number of Global victims of the ongoing Covid-19 Pandemic. We look forward to and are hopeful that the year to come brings an end to this tragic chapter, and the next chapter brings more joy and positivity in our lives

Pradip Shah
(Chairperson)

CHIEF EXECUTIVES REVIEW



I am so pleased to be able to present another year's reflection of the work carried out at APDA in what has truly been an unusual 12 months in our 31 year history in Health and Social care.

As always, and in keeping with our firm aims and objectives, we have continued to help and support the empowerment of Asian disabled people here in the UK. We have done this with careful & meaningful consideration of their social, cultural, religious, and this year in particularly their safety and environmental needs with the ever-present global pandemic, Covid-19.

We remain very much a user-led organization and have been a lifeline and a point of resource for vital information to keep people safe in this precarious year, with the everchanging environment of lockdowns and restrictions as a result of the virus.

This year we quickly recovered from the initial shock of the problems being presented by Covid-19, to show our will and determination to continue to support Disabled and Elderly Asian people, their families and Carers. Where other organisations were closed for over 6 months, we remained open and available using new technologies and methods of engagement.

APDA quickly discovered and adopted the use of digital platforms Zoom and Microsoft teams. This gave us the ability to continue to reach out to more of our users with an innovative blend of services. This proved vital to many people and ensured we could do everything in our power to reduce the feeling of isolation and abandonment that they felt from other sectors and sections of society.

We carried out all our engagements and developed new support services whilst always maintaining social distancing and safety measures. Our Daycare Team Leader's review for the year will provide more detailed information on our new delivery model and successes for the year.

Our Homecare team have valiantly continued to deliver the vital and desperately needed Care support at home all through this year. We have adopted very stringent Safety Measures and carried out full Covid-19 Risk Management procedures to ensure the safety of our staff and services users and families. We have been forward thinking in our services, and all PPE had been sufficiently purchase before the Pandemic struck, which put us in a good position for continuing to deliver the services safely.

Our Homecare Team leader will be elaborating in her section of the report on our excellent CQC rated Personal Care and Befriending services and support the team have provided to Asian Disabled and Elderly people, children and their Carers.

Over this past year of 2020-21, we have remained a flagship service provider and DDPO, and we have even managed to still hold many enjoyable events online to celebrate the major Asian Cultural festivals, which are always popular with everyone.

The photos in our events page show our annual marking of The United Nations International Day for Older Persons, International Women's Day and the celebration of Diwali.

Of course, the one most close to all our Hearts, The United Nations International Day for Persons with Disabilities 2020 was marked on 3rd December.

I would also like to take this opportunity to express my sincere appreciation to all those who have given funding, advice and support to us during these difficult months.

Of course, the continuity of the vital services we provide has been possible through the dedication and commitment of the Service users, APDA Committee Members, Staff and Volunteers.

Zeenat Jeewa
(Joint CEO)

DAY CARE AND DEVELOPMENT

I am happy to present the Day Care & Development report. We continue offering mental and physical activities that are stimulating and held in a social environment for people with Disabilities and giving them a safe space to be while giving the Family a vital break.

March 2020 saw the Day Care Centre closed due to Covid-19 and the first lockdown. In June 2020 we carried out a full deep and disinfecting clean of our centre and offices to welcome back the staff. In September 2020 we started providing our online services and activities via Zoom, to all Service Users.

We have been able to provide our new blended model of APDA day care service delivery thanks to the use of technology.
The Zoom Sessions are a full days planned sessions to enable our users & their family to take part remotely with loaned devices from APDA.
Home visit sessions were provided to support service users to engage in indoor activities, to reduce isolation at home and motivational therapies to improve movement, cognition and assist with digital support to access Zoom, accompanied then for appointment with a family member.

Our online sessions have run daily 'Monday to Thursday' with a wide variety of activities, singing and dance, arts and crafts, and puzzles and games.

We are happy that we have also been able to stay engaged with our clients through weekly contact calls, and door-step welfare checks. We have continued with community outreach services to places of interest when permitted.

Celebrations have always been enjoyed by our clients, friends, family, and staff, and like every other year we have celebrated key days we would usually celebrate in the centre, but through the platform of Zoom. We were glad to host International day of Person's with Disabilities in December 2020 and celebrated International Women's Day in March 2021. Like many other years we welcomed medical students from UCL. The program was successfully run through Zoom from January till the beginning of March where the students joined us to take part in Yoga and group discussions with clients about how disability affects their lives.

Our aims for Day Care still remain strongly and steadfast to maintain independence & preferences, autonomy, and choice. We are different to other Organisations, because we are based on cultural sensitivity services support, tailored activities that respect Asian Lifestyle and religious needs.

Staff:

Even with Pandemic, we carried on supporting the developing of our staff. We safely organised staff training to refresh their skills especially under the Government Guidelines & England Health due to the Pandemic 'COVI19' to keep safety measures while in duty. All staff had their both vaccinations, they also carry out PCR and Flow test weekly and wear PPE while in shift. Staff can speak many languages and APDA can support more service users due to actual demand of service for people who suffer from Dementia and complex needs.

All client feedback received through the year has helped us to grow and continue professional development of our Organisation and our services.

I cannot thank enough Zeenat and the management team for their support and guidance during this difficult time, without also forgetting my thanks to the day-care team behind me. Together we have built and developed a brand new quality blended approach to daycare.

We are now in a great place with this new model to be continuing to deliver our high quality services that is adaptable and supportive to all our users in the years to come.



Mrs Nouria Yahi
(Day Care Team Leader)

HOMECARE

APDA's homecare department is one of the key services provided at APDA, the support received by our service users and their families give them much needed stimulation and respite in their day to day lives. Like every other year, the passion and enthusiasm to promote the independence of disabled and elderly people has continually and actively been advocated for. We have started receiving a steady flow of requests for care to be provided in people's homes due to all the hard work and awareness APDA built over the years. A reflection of our efforts has been recorded in our most recent CQC inspection, where we have achieved a rating of Good following a thorough



inspection.

The aims of our homecare services are to:

- Provide a safe and appropriate service that meets the individual needs of our service users.
- Our services are bespoke and culturally tailored to our service users' preferences.
- We have a holistic approach to provide support that looks at the whole person and not just their mental or physical health needs.
- Person centred care is always first priority.
- The objective of our homecare service is to maintain and promote the independence of our service users.

About our services:

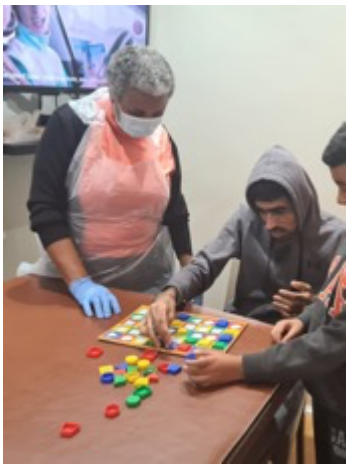
We provide a wide variety of services that are available both indoors and outdoors. Our tailor-made care plans reflect the needs and much required physical and mental stimulation, suited individually to our service user's needs.

Types of care we provide:

- Personal Care – Staff visit service users at home and support their hygiene and nutritional needs.
- Befriending Services – Staff provide support and companionship to service users both indoors and outdoors.
- Domestic Support – Staff provide support for domestic tasks such as meal preparation, shopping and household chore support.
- Community Access – Staff support our service users to continue to access the community and do the things they enjoy best.
- Medical appointment escorting - Staff attend medical appointments with service users to keep them safe and maintain the service user's independence.

We listen to the needs of our clients to develop bespoke care packages. Our service users journey includes various home visits to assess the individual needs of each service user and create

a care package which caters to the changing needs of our service users.



Our services provide much needed respite to the loved ones and carers of our service users and the feedback we receive from families help us to shape the future of APDA in this continuously changing environment.

COVID-19 Pandemic

Early 2020 brought the news of an unknown virus, we now know as COVID-19. A virus that changed the lives of each and every one of us and threw the entire healthcare system into turmoil. APDA adapted to enormous change at remarkable speed because of Covid-19 and make large outlays on Personal Protective Equipment (PPE) and other measures to protect our staff and clients. At the start of the pandemic many of our service users stopped receiving services due to the fear and unknowns of the virus. December 2020 brought the news of a world leading vaccine and brought hope into the lives of us all. As the UK rolled out a pioneering vaccination program, we saw the return of our clients to in-home services. Our client vaccination rate is at 100% amongst the adults. We have been fortunate at APDA that unlike many other agencies we have not lost any of our much-loved service users in our homecare department. The priority of vaccinations for care staff gave our service users much needed re-assurance that we will be able to keep them safe. Our current vaccination rate amongst staff is at 95%. Our staff continually wear all required PPE as an additional safety precaution and also have been carrying weekly COVID-19 testing to keep themselves and our service users safe.

Staff & Training

Over the year we have provided respite and care to 28 families, who have been supported by our team of bi-lingual staff speaking many languages including English, Gujrati, Hindi, Arabic, and Somali. We currently have 17 staff and this year we have welcomed 3 new homecare staff to APDA bringing our total to 20. All staff have been DBS cleared, fully trained and have started to deliver service to our clients. We were also able to carry out First Aid and Manual Handling training with homecare staff at the centre under government guidelines and with COVID-19 safety measures being followed. To further this training all staff also completed online refresher training in the core topics which include Health & Safety, Food Hygiene, Moving & Handling, First Aid Awareness, Mental Capacity, Dementia and Safeguarding.

Ms Saira Nawaz
(Homecare Team Leader April - December 2020)

Mrs Nouria Yahi
(Acting Homecare Team Leader December 20 - March 2021)

ADVICE AND ADVOCACY

Having Achieved the first stage of Quality First, this year we began the journey to gain the next accreditation of AQS for advice. The services we provided were greatly reduced in quantity due to covid 19 restrictions in place, but the quality remained high in the services we did provide.

In the meantime, we are working with Disability Law to triage any cases that require complex legal support.

We are completing all the steps to gain the Accreditation and we are very hopeful to be able to expand our services in the years to come.

EAST LONDON ACTIVITIES

Our East London services were paused due to National lockdown restrictions on Community Centres. However, we were still engaging with the ladies providing vital information through telephone chats and group messages.

We hope to open our services to the community at the centre once restrictions are lifted and safety measures taken.

Mrs Yasmin-Farida Rahman
(Outreach Team Leader)

OPERATIONAL & DEVELOPMENT SECTION REPORT

This year has been a good test of our online, cloud-based systems. The beginning of this year was spent in lockdown for us all, as shielding was essential for our clients and staff from the unknown of covid-19. The existing online methods we had initiated last year enabled us to carry on working remotely for all our back-office duties. We were able to continue supporting our home care services team to carry out their vital care delivery during the Pandemic.

This year has seen an unprecedented number of funding opportunities to further support those most vulnerable and affected by the impact of Covid-19.

We were fortunate to be awarded funding from NHS England to deliver a small Befriending project to assist those asian elderly people affected by memory loss and Dementia during the Pandemic. We also delivered a movement and sports activities project funded by Sports England. This was to encourage those who were isolated and stuck at home to take up much needed physical

exercise for better health and well being out comes.

WEBSITE AND FACEBOOK

Our website was developed to include a vital page of information for Service Users and Carers updating them on the Covid-19 situation and lockdown details. Throughout the lockdown our social media platforms have been updated with current and relevant information for our users and their carers and families. We also created online videos for users to access in the first part of lockdown in the areas of movement exercise, yoga and arts and crafts. These videos for Service Users were provided to enable those stuck at home to follow and can be accessed via our website and Facebook page. It has been a year with our main events celebrated online via Zoom Meetings.

INTERNATIONAL

Following the Covid-19 Pandemic, international development organisations are now putting their minds more to embracing the 'localisation' concept concerning global humanitarian actions and giving more recognition that local civil society and their local authorities are best placed for their local humanitarian actions.

And that policies and programmes should come from local processes and practices rather than from external sources. However, to manage risks, a complementary practice between the international and local stakeholders is being suggested.

Covid-19 has taken a heavy toll in many of the low income and poorer countries where APDA has been active in the past. The pandemic has worsened inequalities, particularly for the vulnerable groups who APDA assisted previously.

However, as regards our international development, APDA has now had to confine ourselves to internet mode of communication with our networking overseas agencies and the lockdowns have restricted us to currently provide only Consultancies, Advice, Information and Guidance support to our Contacts abroad. "

Michael Jeewa (Joint CEO & Co-Founder)



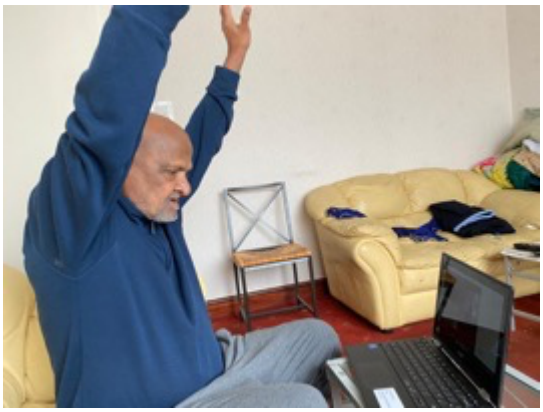
EVENTS , CELEBRATIONS AND ACTIVITIES DURING LOCKDOWN

IDOP20, Diwali20, IDPD20, IDW21- ALL ONLINE



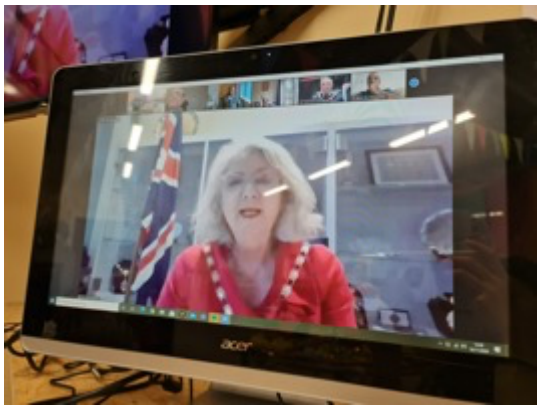






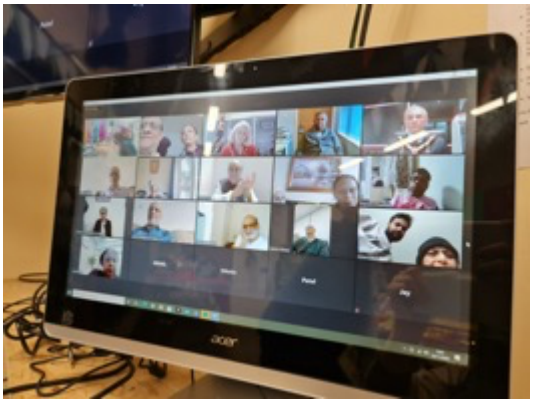







UN
INTERNATIONAL
DAY OF OLDER
PERSON










03/12/2020





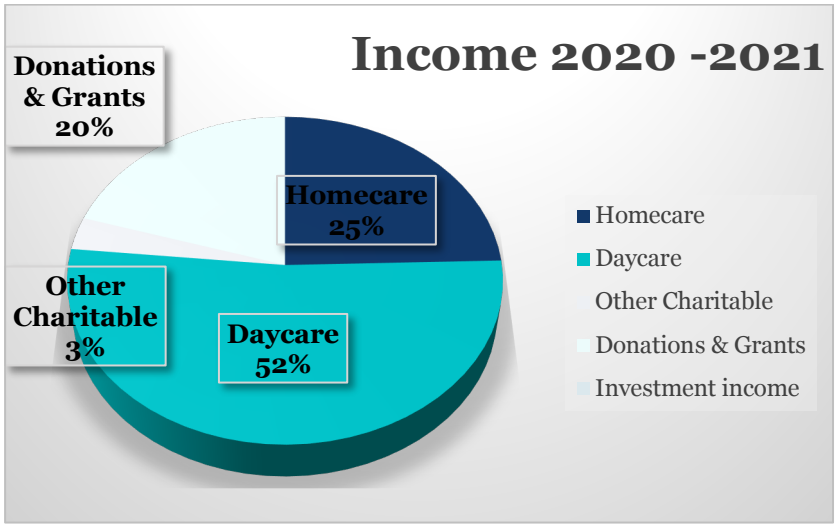



Giant Box of Craft

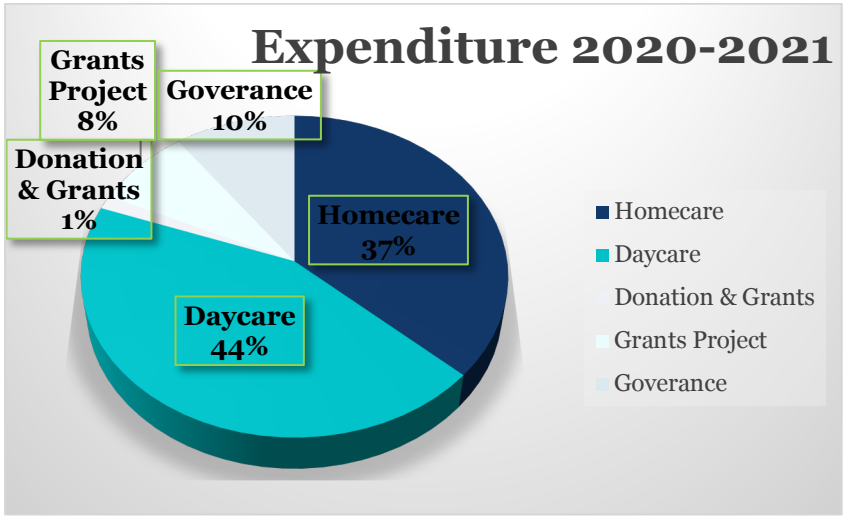


OUR FINANCES

Total Income **£565,513**



Total Expenditure **£451,476**



MANAGEMENT COMMITTEE

Office Holders

Mr Pradip Shah – Chairperson
Mr Ashok Chabria – Secretary
Miss Rekha Mehta – Joint Treasurer
Miss Jyoti Raja – Joint Treasurer

Other Committee Members

Miss Anna Felice
Mr Azahim Mohamed
Mr Jazal Marzook
Mr Daya Lekamwattage

STAFF MEMBERS

Management Team

Michael Jeewa – Joint CEO
Zeenat Jeewa – Joint CEO

Operations Team

Nouria Yahi – Day Care Team Leader
Saira Nawaaz – Homecare Team Leader
(April 2020 to December 2020)
Fareeda Issace – Finance/HR
David Palfreman – Operations Manager
(April 2020 to June 2020)
Silva Lau – Executive PA Support to Michael Jeewa.

Day Care Team

Alpa Patel
Monica Dobrican
Hasina Ahmed
Rung Arung-O'Donell (Noo)
Hitesh Jagda
Jasmin Akhtar
Sunder Kabaria – April 2020 to October 2020
Bryant Robinson – April 2020 to March 2021

ACKNOWLEDGMENTS

We appreciate all the organisations and individuals who support our work and would like to thank them for all the valuable assistance and grant funding through 2019-2020.

London Borough of Brent
Hon. Mayor of Brent
London Borough of Harrow
Hon. Mayor of Harrow
London Borough of Ealing
London Borough of Hounslow
Tower Hamlets Community Housing
Brent Community Transport (BCT)
Prontaprint Borehamwood
Addictive TV
Spitalfields Housing Association
Mr Harbajan Singh & Mrs Singh OBE
Kate Lawson & Element Law Limited
Narayanan PN (Music Therapist)
Krupa Patel (Yoga Instructor)
Binal Trivedy (Dance Teacher)
Jalaram (Caterers)
Kall Kwik Wembley
DASA Consultancy
Ghow Ratnarajah

Also, a huge thank you to all our wonderful volunteers who have supported us with their commitment and skills throughout the year.

BANKERS

HSBC Bank PLC
Welwyn Garden City
Howardsgate
Hertfordshire
AL8 6BH

ACCOUNTANT

ACE Accountants
44 Hartford Avenue
Kenton
Middlesex
HA3 8SY

AUDITORS

Chapmans Chartered Accountants
3 Coombe Road
London
NW10 0EB

LEGAL ADVISORS

Element Law Limited
Calverley House
55 Calverley House
Tunbridge Wells
Kent TN1 2TU



Day Care & Development Centre
Alric Avenue
London
NW10 8RA
www.apda.org.uk

Registered Charity Number: 114009

Contact Us

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t 020 8459 1030
e daycare@apda.org.uk

Home & Respite Care
t 020 8830 4880
e homecare@apda.org.uk

General Enquiries
t 020 8830 4220
e director@apda.org.uk

ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

CHARITY NO: 1140090
COMPANY NO: 06190051

REPORT AND FINANCIAL STATEMENTS

FOR THE

YEAR ENDED 31 MARCH 2021

ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

COMPANY NO: 06190051

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ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

COMPANY NO: 06190051

LEGAL & ADMINISTRATIVE DETAILS

Address of Charity: Daycare & Development Centre, Alric Avenue
Off Bruce Road
London
NW10 8RA

Management Committee:

Company Directors:	Zeenat Jeewa (Chief Executive)
	Michael Jeewa
Trustees:	Pradip Shah (Chairperson)
	Ashok Chabria (Secretary)
	Jyoti Raja (Joint Treasurer)
	Rekha Mehta (Joint Treasurer)
	Anna Felice
	Jazal Marzook
	Daya Lekamwattage
	Azahim Mohammed

Bankers: HSBC Bank Plc
Howardgate
Welwyn Garden City
Herts
AL8 6BH

Independent Examiner: Praful Patel
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ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

COMPANY NO: 06190051

REPORT OF THE MANAGEMENT COMMITTEE INCORPORATING DIRECTORS REPORT FOR THE YEAR ENDED 31 MARCH 2021

The Management Committee presents its report (which incorporates the director's report) and financial statements for the period ended 31 March 2021. The legal and administrative details on page 1 form a part of this report.

Constitution and Objectives
Asian People's Disability Alliance Limited (APDA) is a registered charity No.1140090. The Charity is established for the relief of disabled persons, in particular such persons from the Asian community. The Charity is governed by its constitution. The company does not have a share capital and is limited by guarantee.

The Management Committee
APDA is managed by an executive committee, all of whom are Management Committee, made up of Asian people with disabilities and carers. The Committee meets four to six times a year and as at 31st March 2021 comprised of the following:

Office Bearers
Directors: Zeenat Jeewa, Michael Jeewa, Chairperson: Pradip Shah, Hon.Secretary: Ashok Chabria, Joint Treasurers: Jyoti Raja and Rekha Mehta.

Committee Members
Anna Felice; Daya Lekamwattage; Azahim Mohammed; Jazal Marzook.

The Office Bearers and Committee Members are elected at the annual general meeting.

Financial Review
The Charity made a surplus of £114,037 at 31 March 2021 (2020: £(5,742) deficit), reserves stand at £669,603 (2020: £555,566), of which £11,941 (2020: £3,000) are restricted funds and £657,662 (2020: £552,566) are unrestricted. £375,000 of the unrestricted funds are held in a designated reserve for the acquisition of additional space and premises.

Review of Progress of our direct holistic support services to elderly and disabled people and their carers and families:
Day Care and Development Services:

2020-21 has been an extremely challenging year for us, with the organization facing the impact of a Global pandemic not seen in its 30 year history of supporting and delivering person centered care to Asian Disabled people, people with learning difficulties, age related disabilities and their Carers and families.
This year was a great learning curve for us into the world of digital technology and where these technologies proved vital to ensuring we all remained in contact safely.
Our culturally appropriate and specialist service methods had to be reviewed in light of the restrictions due Covid19, and we successfully increased our safety and risk assessed measures to ensure the safety of our staff and service users alike.

As stated in our Aims and Objectives of the Charity, we have continued to constantly engage and consult with our user groups throughout this year, and we are so proud to have been able to continue to ensuring we engage and support our service users in such difficult circumstances. The development and empowerment of all is always central to our annual work and services. Without our essential services, the majority of our clients, and their Carers, would have been completed isolated as they were unable to leave their homes, and their mental and physical health drastically deteriorated. We are so pleased that our services have continued to be utilized throughout the year via new digital platforms and mediums, and through community place visits, to ensure we continue to support very vulnerable, frail elderly and disabled people with our services when they needed us the most.

Unfortunately, we had to pause our work at our Ladies project in Tower Hamlets for this financial year due to the covid restrictions imposed since March 2020. We had to stop delivering services within community centers as these were

not authorized to open for groups. We have however, continued supporting our service users via regular telephone calls to ensure they felt connected and supported by the organization.

Home Respite and Personal Care services:

This year has been a challenging one for our homecare services, but we are extremely grateful to our staff team who have worked tirelessly throughout the pandemic and this financial year.
APDA is so proud to be able to state we were able to safely deliver services throughout the year, we carried out covid-19 risk assessments for each service user and ensured we increased our cleaning routines, provided full PPE and safety measures were put in place immediately as the pandemic become known to us.

We continue to ensure that the service we provide within people's homes far exceeds the often basic personal care from other providers. Where they focus on time driven tasks, we believe in quality care and delivering the tasks needed rather than time allocated. We have valiantly continued to support disabled people during this year in areas of their life, and our homecare service continues to enable Carers their much needed respite and peace of mind for the quality of personal care and purposeful 'befriending' support that we provide to their loved ones, elderly and disabled family member in their homes.

We have continued to ensure all our staff remain suitably and fully updated in their training in all areas of safety with respect to Covid-19 measures and our homecare support to enable the high quality of our services to be maintained.

We also ensure that only the minimal number of carers are provided wherever possible to reduce the possibility of cross contamination and maintain good infection control measures. This also ensures that the staff and service users are able to build a strong, stable relationship and gain trust between them, as it is very important to us to ensure the service user's best interest and choice is at the heart of our services.

Advocacy and Advice Services

Our Advocacy and Advice Service has been provided remotely this year due to the pandemic restrictions in place through the year. We ensured we shared all the relevant Covid-19 related information to all our service users so that they remained informed and were equipped with the knowledge they needed through what was such a traumatic year.
Our service users and their families are all classed within the BAME Vulnerable and Clinically Vulnerable groups according to SAGE, and so they were disproportionately disadvantaged by the Pandemic, both with their health and their finances.

Overseas Development

APDA celebrated the United Nations International Day of Persons with Disabilities 2020 on 3rd December 2020 on a more reduced capacity then previous years due to the Covid restrictions in place, with performances from our staff and speeches from guests via Zoom digital platform.
This year's theme of the United Nations Day was "Building Back Better" toward a disability-inclusive, accessible and sustainable post Covid-19 World.
We also celebrated UN International Day for Older Persons on 1st October 2020, with the Theme of "Pandemics: Do they change how we address age and ageing." This was the 30th Anniversary of this Special United Nations International Day.

All our support to overseas organisations & input into matters affecting disabled people around the world were delivered remotely on digital platforms of Zoom and Microsoft Teams, with our input into the UN's 59th Session of the Commission for Economic & Social Development in February 2021 done virtually in digital workshops and seminars.

Delivering benefit to the disabled public in keeping with our Aims and Objectives:

All our activities, which are based on our aims and objects, continue to be of great benefit to the disabled public, and in particular, our culturally tailored support services helped in the mental and physical development of frail elderly and disabled people, including those with learning difficulties.

APDA is a Disabled People's Organization (DDPO) set up, managed and run by disabled people themselves. All our services are user-led and needs-led
Keeping in the forefront of social care development, APDA has continued to be involved in supporting clients, users and carers with advice and support through this Pandemic, ensuring the voice of disabled people count and are heard. We continue to proudly deliver a specialist, bespoke service to Asian disabled & elderly people and their Carers and families as a whole. Our culturally tailored user-led and needs-led support services continue throughout this turbulent year to be popularly taken up by disabled public from several London boroughs, and we have provided the advice and consultation input to help the lives of further disabled people around the UK and the globe affected by Covid-19 virus.

Public Benefit Statement

The charity is a public benefit entity. The trustees have complied with the duty in section 4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission, including public benefit guidance.

Structure, Governance and Management
Governing Document

The Organisation is a charity registered with the Charity Commission under the Charities Act 1960 and is governed by its constitution.

Recruitment and Appointment of Management Committee

Members of the Committee are recruited for their experience, knowledge, acumen and other attributes that could help in the development of the Organisation, capacity building the Organisation and enabling it to sustain itself in the ever changing environment of the voluntary sector.

In addition to committee members with personal knowledge and lived experience of disability, APDA Ltd now has a number of members with diverse backgrounds in business and other charitable organisations to accommodate the new environment of commissioning, contracts and tender bids, etc as well as to help APDA's efforts to sustain it-self in times of financial constraints and austerity practices.

All members of the Management Committee give their time on a voluntary basis and receive no benefits from the charity. Claims for out of pocket expenses are in accordance with the voluntary sector rules and rates.

Soon after joining, new members are given induction training together with relevant handouts and information materials to enable them to become familiar with the Organisation and its functions.

Suitable training to enhance their skills and help them to make effective input in the Organisation's development is also arranged.

The Members are also advised and recommended to study and adopt the good practice guides on the roles and responsibilities of the management committee produced by the NCVO, Charities Commission and other such bodies.

REPORT OF THE MANAGEMENT COMMITTEE INCORPORATING DIRECTORS REPORT FOR THE YEAR ENDED 31 MARCH 2021 (Continued)

Risk Management

The Management Committee actively review the major risk which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The Management Committee have also examined other operational and business risks faced by the Charity through its Risk matrix and confirm that they have established systems to mitigate the significant risks.

Reserves Policy

APDA Ltd adopts its reserve policy to ensure that the Charity maintain its reserve of at least 9 month's running costs. This should enable APDA Ltd to continue to operate in the event of changes in income from its income generating activities. APDA Ltd's management committee will continue to review its income and expenditure on an ongoing basis and maintain its long term sustainable strategic activities. There are no material uncertainties about the charity's ability to continue.

Responsibilities of the Management Committee

Law applicable to charities in England and Wales requires the Management Committee to prepare financial statements for each financial year which gives a true and fair view of the Charity financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, the Management Committee is required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been Followed, subject to any departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Management Committee are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On Behalf of the Management Committee

Zeenat Jeewa - Director

Date: 29/12/21

ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

COMPANY NO: 06190051

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

Independent examiner's report to the trustees of Asian People's Disability Alliance Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2021

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Praful Patel
Chapmans Associates Limited
T/A Chapmans
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 29/12/2021

ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

COMPANY NO: 06190051

STATEMENT OF FINANCIAL ACTIVITES INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
		£	£	£	£
INCOMING RESOURCES					
Incoming resources from generated funds:					
Donations and Grants	2	894	113,350	114,244	11,718
Investment income		43	-	43	172
Incoming resources from Charitable activities:					
Homecare		138,845	-	138,845	167,138
Day care center		294,281	-	294281	385,169
Other Charitable Activities	3	18,100	-	18,100	65,902
Total Incoming Resources		452,163	113,350	565,513	630,099
OUTGOING RESOURCES					
Costs of generating funds					
Costs of generating voluntary income					
Charitable activities	4	301,919	104,409	406,328	572,258
Governance costs	4	45,148	-	45,148	63,583
Total Resources expended		347,067	104,409	451,476	635,841
Net income for the year		105,096	8,941	114,037	(5,742)
Balances brought forward at 1 April 2020		552,566	3,000	555,566	561,308
Balances carried forward at 31st March 2021		657,662	11,941	669,603	555,566

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on Pages 11 to 17 form part of these financial statements.

ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

COMPANY NO: 06190051

BALANCE SHEET
AS AT 31ST MARCH 2021

	Notes		2021 £	2020 £
Fixed Assets				
Tangible Fixed Assets	8		4,018	6,077
Current Assets				
Debtors	9	75,930		137,978
Cash at bank and in hand		672,637		495,353
		748,567		633,331
Current Liabilities				
Creditors: amounts falling due within one year	10	(82,982)		(83,842)
Net Current Assets			665,585	549,489
Net Assets	11		669,603	555,566
Unrestricted funds				
Designated funds			375,000	375,000
General funds			282,662	177,566
Restricted funds			11,941	3,000
Total Funds	12		669,603	555,566

Trustees' statement required by Section 249B(4) for the year ended 31st March 2021:

In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2021 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

(b) that no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2021 and

ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

COMPANY NO: 06190051

BALANCE SHEET
AS AT 31ST MARCH 2021

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Management Committee on 29/12/21 and signed on its behalf by



Zeenat Jeewa – Director

The notes on Pages 11-17 form part of these financial statements.

ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

COMPANY NO: 06190051

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2021 £	2020 £	2020 £
Cash flows from operating activities				
Cash generated from operations (see below)		178,195		(54,983)
Investing activities				
Purchase of tangible fixed assets	(954)		(350)	
Interest received	43		172	
Net cash used in investing activities		(911)		(178)
Net increase/(Decrease) in cash and cash equivalents		177,284		(55,161)
Cash and cash equivalents at beginning of year		495,353		550,514
Cash and cash equivalents at end of year		672,637		495,353

Cash generated from operations	2021 £	2020 £
Surplus/(Deficit) for the year	114,037	(5,742)
Adjustments for:		
Investment income recognized in statement of financial activities	(43)	(172)
Depreciation and impairment of tangible fixed assets	3,013	3,482
Movements in working capital:		
Decrease/ (increase) in debtors	62,048	(45,787)
Increase/(Decrease) in creditors	(860)	(6,764)
Cash generated from operations	178,195	(54,983)

ASIAN PEOPLE'S DISABILITY ALLIANCE LIMITED

COMPANY NO: 06190051

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

1. Accounting Policies

Charity information

The charity is a company registered in England, limited by guarantee. Its registered office is at Daycare & Development Centre, Alric Avenue, Off Bruce Road, London, NW10 8RA. The legal and administrative information appearing on page 3 form a part of these notes.

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

(a) Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

(b) Income

All income is recognized in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

(c) Expenditure

Liabilities are recognized as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

(d) Funding accounting

- Unrestricted funds are available for use at the discretion of the Management Committee in furtherance of the general objectives of the charity.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

(e) Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to, and virtually certain to receive, the income and the amount can be quantified with reasonable accuracy. The following policies are applied too particular categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognized when the charity becomes unconditionally entitled to the grant.
- Donated services and facilities are included at the value to the charity where this can be qualified. The value of services provided by the volunteers has not been included in these accounts.
- Investment income is included when receivable.
- Incoming resources from charitable trading activity are accounted for when earned.
- Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

(f) Resources expended

- Expenditure is recognized on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it related:
- Costs of generating funds comprise the costs associated with attracting voluntary income.

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can all locate directly to such activities and those costs of an indirect nature necessary to support them.
- All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly and others are apportioned on an appropriation basis e.g floor area, per capita or estimated usage as set out in Note 4.

(g) Fixed assets

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life:

Office equipment	25% on cost
Motor Vehicles	25% on cost

(h) Going Concern

At the time of approving the financial statements, the Management Committee have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

(i) Pensions

Employees of the Charity are entitled to Join a defined contribution. There were no outstanding contributions at the year end. The costs of the defined contribution scheme are included within staff costs.

2. Donations and grants

	Unrestricted	Restricted	Total 2021	Total 2020
	£	£	£	£
Grants received	-	113,350	113,350	-
Donations	894	-	894	11,718
	894	113,350	114,244	11,718

3. Other Charitable Activities

	Unrestricted	Restricted	Total 2021	Total 2020
	£	£	£	£
Meal Contribution Income	-	-	-	18,757
DWP	14,259	-	14,259	19,342
Passenger Assistance	-	-	-	27,192
Miscellaneous income	3,841	-	3,841	611
	18,100	-	18,100	65,902

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

4. Total Resources Expended

		Charitable Activities						
	Basis of allocation	Home Care Activities	Day Care Activities	Development Project	Grant Projects	Governance	Total 2021	Total 2020
Cost directly allocated to	£	£	£	£	£	£	£	£
Staff Cost	Direct	142,702	137,254	5,376	16,965	39,761	342,058	417,342
Travel and Minibus	Direct	488	9,183		3,286	34	12,991	60,905
Volunteer expenses	Direct				525		525	-
Independent Examiners fees	Direct	450	1,080			270	1,800	2,500
Other Cost	Direct	1,968	7,070	288	8,634	1,586	19,546	56,785
Training	Direct	373	201		2,500		3,074	3,957
Support costs Allocated to activities								
Premises	Usage	4,451	12,196		1,306	877	18,830	16,784
General office and finance staff	Usage	8,343	19,205	241	3,265	1,663	32,717	36,370
Consultancy	Usage	1,210	2,885			125	4,220	34,373
Legal & Prof	Usage	5,250	6,592			578	12,420	2,869
Depreciation	Usage	223	2,526	114		151	3,014	3,482
Bank Charges	Usage	57	121			103	281	474
Total Resources expended		**165,515**	**198,313**	**6,019**	**36,481**	**45,148**	**451,476**	**635,841**

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

5. Staff Costs And Numbers

	Total Funds 2021 £	Total Funds 2020 £
Wages, Salaries, Pension, other cost	332,123	397,162
Employers NIC	9,938	20,180
	342,058	417,342

No employee received emoluments of more than £60,000.

The average number of employees during the year, calculated on the basis of full time equivalents, was as follows;

	2021	2020
Day Care	10	11
Home Care	24	29
Governance	4	3
Total part and full time staff	38	43

6. Management Committee Remuneration & Related Party Transactions

The total remuneration paid to members of the management committee was £58,425 (£2020: £59,850) which was paid to the Chief Executive. The total amount of travel costs reimbursed to management committee members during the year was £1,954.

No member of the management committee or other person related to the charity had any personal interest in any contract or transaction entered into by the Charity during the year.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

7. Taxation

As a charity, Asian People's Disability Alliance Limited is exempt from tax on income and gains.

8. Tangible Fixed Assets	Office Equipment	Motor Vehicles	Total 2021	Total 2020
Cost				
	£	£	£	£
1 April 2020	24,436	33,250	57686	57,336
Additions	954	-	954	350
At 31 March 2021	**25,390**	**33,250**	**58,640**	**57,686**
Accumulated Depreciation				
At 1 April 2020	18,359	33,250	51,609	48,127
Charge for the year	3,013	-	3,013	3,482
At 31 March 2021	**21,372**	**33,250**	**54,622**	**51,609**
Net Book Value				
At 31st March 2021	**4,018**	**-**	**4,018**	**6,077**

9. Debtors	2021	2020
	£	£
Trade Debtors	69,099	133,955
Other debtors and prepayments	6,831	4,023
Total	**75,930**	**137,978**

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

10. Creditors: Amounts Falling Due within One Year

	2021	2020
	£	£
Trade creditors	23,463	24,294
Other creditors and accruals	59,519	59,548
Total	**82,982**	**83,842**

11. Analysis of Net Assets Between Funds

	Unrestricted Funds	Restricted Funds	Total 2021	Total 2020
			£	£
Tangible fixed assets	4,018	-	4,018	6,077
Current assets	739,626	8,941	748,567	633,331
Current liabilities	(82,982)	-	(82,982)	(83,842)
Net Assets at 31 March 2021	**660,662**	**8,941**	**669,603**	**555,566**

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

12. Movements in funds

	At 1 April 2020 £	Incoming Resources £	Outgoing Resources £	At 31 March 2021 £
Restricted				
Activities Fund	3,000	113,350	(104,409)	11,941
Total Restricted Funds	3,000	113,350	(104,409)	11.941
Unrestricted				
General funds	177,566	452,163	(347,067)	282,662
Designated funds	375,000	-	-	375,000
Total Unrestricted Funds	552,566	452,163	(347,067)	657,662
Total Funds	555,566	565,513	(451,476)	669,603

Purposes of Restricted Funds

London Community Response: £8,941
Brent Advice Project: £3,000

The amounts held are balances of funds received for the above named projects.

Designated funds

The income funds of the Charity include designated funds of £375,000, set aside out of unrestricted funds by th management committee to apply and investing towards acquiring of more space and premises needed by APDA to expand and increase its activities and much needed essential services to more Asian Disabled people. The Management Committee also intends to designate further funds for the above-mentioned purposes over the coming years.