

**LYNX WORKSHOP  
TRUSTEES' REPORT AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 SEPTEMBER 2025**

## Lynx Workshop Contents

---

	<b>Page</b>
Trustees' Report	1—11
Independent Examiner's Report	12
Statement of Financial Activities (including Income and Expenditure Account)	13
Comparative Statement of Financial Activities (including Income and Expenditure Account)	14
Balance Sheet	15—16
Notes to the Financial Statements	17—22
The following pages do not form part of the statutory accounts:	
Detailed Statement of Financial Activities (including Income and Expenditure Account)	23—24

The trustees present their report and the financial statements for the year ended 30 September 2025.

## **Objectives and Activities**

### **Aims and Objectives**

Mission Statement:

Links is an unique Llanelli Mental Health Charity, providing support and learning opportunities to those within our community who have or are experiencing mental ill-health.

Objective Statement: - Links aims to help people to build their self-confidence and self-esteem by offering a range of accredited and non-accredited supported creative learning opportunities as well as progressive, person-centred personal development plans.

### **Public Benefit**

During the year, Links Mental Health Carmarthenshire undertook a range of activities aligned with its charitable objectives to support the mental health and emotional well-being of individuals across Carmarthenshire.

Key initiatives included:

- Provision of emotional support through one-to-one sessions, group workshops, and peer support networks.
- Mental health advocacy and signposting, helping individuals access appropriate health and social care services.
- Drop-in services and community hubs, offering safe, inclusive spaces to reduce isolation and encourage community connection.
- Collaboration with statutory and third-sector partners to ensure seamless service provision.
- Educational outreach and awareness campaigns aimed at reducing stigma, encouraging early intervention, and promoting positive mental health.

The trustees confirm that they have had due regard to the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives, and when planning and delivering its activities. All services are offered either free of charge or at minimal cost, and are targeted at those most in need, including individuals facing disadvantage, isolation, or mental health crises.

The trustees are satisfied that the activities of Links continue to contribute meaningfully to the public good, helping to improve mental health outcomes, enhance personal resilience, and strengthen community wellbeing across Carmarthenshire.

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.



**Report**  
**1st October 2024 to 30<sup>th</sup> September 2025**

**Links Highlights**

In October 2024, Links was invited to set up a showcase at the barn in Parc Y Scarlets ahead of a home game. It was a fantastic opportunity, and we continued to showcase at every home game for the remainder of the season.



Showcasing in the barn before a home game at Parc Y Scarlets



Towards the end of October, members came up with the idea of hosting a fancy dress fun day at Links. The event was open to everyone, including family members and carers. A special visit from Cochyn, the Scarlets mascot, made the day even more memorable.



Everyone was thrilled to meet Cochyn — even 'Russell'!

November was a time to honour and remember the fallen. Links members crafted handmade wreaths for Poppies to Paddington and to be laid at Llanelli Town Hall. Staff and a veteran member attended ceremonies to lay the wreaths.



Throughout November, members were busy crafting items to sell at our Christmas fayre, organised in partnership with the Goodshed and scheduled for December.



Christmas trees, wreaths, brooches, and Christmas paper are just some of the items created.

Below are some of the creations made by Links members: -In December, staff and members took part in a Christmas Fayre at the Goodshed. Staff dressed festively for the occasion, and one member volunteered to play Father Christmas in the grotto. Links also had a stall at the event to sell the items created by members.



Christmas at the  
Goodshed





A Links Christmas dinner was held at the Selwyn Samuel, Llanelli. Over 50 attended the lunch and a great time had by all.



At the start of the New Year, we collaborated with Joe Wilson to plan a new sculpture project. This project was designed to involve everyone at Links, with the goal of raising awareness about mental health illness. Joe visited Links to meet with members, gather ideas, and discuss potential designs.

In February, we launched a weekly game session every Thursday. Members expressed interest in trying table tennis, so we visited Llanelli Leisure Centre. They have continued to participate in games, including pool, badminton, and darts.



Members at Llanelli Leisure Centre

A Lego building session was held at Links as part of the CWTSH (Community Wellbeing Training and Support Hub) partnership, which hosts drop-ins every Friday. Members had the chance to purchase a box of flower-themed Lego for £1. Everyone had a great time, working together to complete the challenging pieces and enjoying the activity as a group.



CWTSH  
Lego Building



In March, our Tuesday and Wednesday sessions were exceptionally busy. Members knitted squares to create a blanket for our cwtch room. Everyone pitched in to make enough squares, and other members carefully stitched the blanket together. The result was a beautiful, handcrafted blanket for everyone to enjoy.



A great team effort by everyone involved!

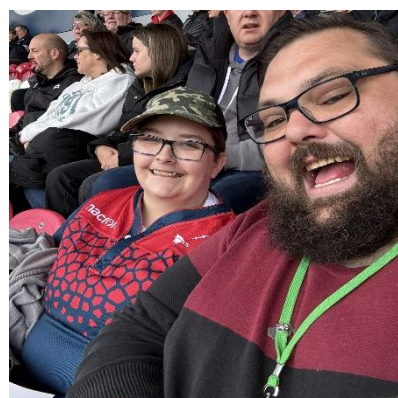


Links took part in another event at the Goodshed, providing a great opportunity to showcase and sell members' work. Members and volunteers enjoyed being involved on the day, helping to set up the stall and engaging with the public.



Showcasing at the Goodshed

Towards the end of March, Links held a showcase at Parc Y Scarlets. Following the event, staff, volunteers, and members were treated to free tickets to watch the rugby match—a fantastic way to round off the day.



Parc Y Scarlets Showcase



During this reporting period, Links worked alongside the CWTSH project (Community Wellbeing Training and Support Hub) and held weekly drop-ins at Links which were facilitated by a Member Champion. A trip was also organised to the Royal Mint. 29 members attended the trip supported by staff. A great day had by all.



Links and CWTSH on a day out to the Royal Mint

As part of Asda's 60<sup>th</sup> birthday Links was presented with a community diamond award for the work that Links do for the Veterans in the community. Links Veterans accepted the award on behalf of Links Combined Forces



Links held a garden party to celebrate Victory in Europe Day, bringing the community together to commemorate the occasion and enjoy a day of socialising, refreshments, and shared memories.

Please click on the link below to view a short video of the event: -

<https://www.facebook.com/reel/1784003855510393>

To celebrate Mental Health Awareness Week, Links organised a day trip to Pembrey Country Park. The day included scenic walks through the forest, a visit to the beach, and a generous surprise when the members and staff were offered complimentary rides on the train. The day ended with a well-earned ice cream, making it a memorable day for everyone involved.



A day out at Pembrey Country Park



Links was awarded the Bronze Welsh Veterans Award in recognition of the valuable work it carries out in supporting the Armed Forces community.

[LINKS Llanelli - With tough competition in our category, we are... | Facebook](#)

#### Member Statements: -

- “Links is a fantastic place to go for support and to help you with any mental Disabilities that is through no fault of your own. they do a number of things to help occupy you even if it is just going and sitting amongst the others meeting new people I done this to start off and done my own thing on my computer but felt it got me out the house I now take part in things learn things and feel better for it at the end of the day as it as got me out of the 4 brick walls in my house which was affecting me without realising getting me down also all the staff just can not do enough for you if you feel you need a chat they are more than willing to help and support you in any which way they can . going to Links I have found it as also helped build my confidence up in the new year 2025 my aim is to get involved with Links doing Different things and try and find more time for going when feeling okay couldn't find better place to be and crowd to be around” - member D

- To all at Links thank you for always giving me such a lovely welcome, All good wishes for Christmas. - Member H
- To all the best staff at Links thank you for all that you have done for me wishing you all a merry Christmas lots of love. - Member M
- Happy Christmas would like to thank you for your support through out 2024 and i look forward to being part of Links in 2025, with the hard work and time you put in being there to support, best wishes . - Member D & K
- To all the staff thanks you for being there for all if us merry Christmas. - Member T
- Thank you xx you were the world to him. You changed his life for the better. xx he lived a life again rather than hide in his room, I will always remember that and you all. xx - message to Links from a Mother.
- “The community out there is missing out so much as the support here is amazing for all - thank you” - Member T
- “The staff are so special, and angels sent”- Member A
- “Forever grateful for Links thanks you for saving me and helping me get back in to employment” - Member C
- “The staff put themselves out the way to keep a eye on your every time thank you” Member G
- “Support from the staff and members have helped me with my daily living, without Links I would be lost” - Member A
- “Very Supportive when I had my father in hospital with Cancer of the neck.” - Member R
- “Many thanks to the staff for their encouragements particularly over the phone and throughout the day spent in Links.” – Member H
- “I am so happy coming to Links, and enjoy the activities that is given” – Member H
- “Staff extremely helpful, volunteers and members champions doing a great job, special thanks to Paul and Cath” – Member S
- “Glad your services get me out of the house and glad communication keeps me sane” - Member D
- “thanks to the staff for putting up with my phone calls every morning and my weeping, thanks for your love and support” - Member H



## **Financial Review**

### **Reserves Policy**

The charity maintains a reserves policy to ensure financial stability and to safeguard its ability to continue operating effectively in the event of unforeseen circumstances. The level of reserves is reviewed regularly to ensure it remains appropriate for the charity's needs.

### **Funds Materially in Deficit**

There are no funds that are materially in deficit. All funds were actively monitored, and any variances addressed through appropriate financial controls.

### **Additional Note**

The Management Committee meet regularly to set strategic direction and oversee performance. Day-to-day operations are delegated to a senior management team. The charity also works collaboratively with a range of external partners, including local authorities, other charities, and community organisations, to enhance service delivery and broaden its impact.

The Management Committee regularly review the major risks to which the charity is exposed, including financial, operational, reputational, and legal risks. A formal risk register is maintained and updated regularly. Appropriate systems and internal controls are in place to mitigate these risks, including robust financial procedures, safeguarding policies, and crisis management plans. The effectiveness of these measures is reviewed periodically to ensure they remain fit for purpose.

Links principal sources of income during the year included core funding from Hywel Dda and charitable foundations, contract funding for service delivery, and donations from individuals and community fundraising initiatives. Additional income was generated through targeted fundraising events across Carmarthenshire.

Expenditure during the year was focused on directly delivering services aligned with the charity's core aims improving mental health and wellbeing, reducing isolation, and providing accessible support to those in need. This included staffing costs, venue hire for NAAFI mornings and group activities, materials for educational, creative sessions, and administration necessary for safe and effective service delivery. All spending was carefully managed to ensure value for money and maximum impact for beneficiaries, in line with the charity's strategic priorities.

## **Structure, Governance and Management**

### **Trustee Selection Methods**

Links is governed by a Management Committee comprising of seven professional people from a wide variety of backgrounds. The Management Committee meet monthly to oversee the strategic direction and management of the charity. Executive Committee Members, (Trustees), are voted in every year at the Links AGM.

**Lynx Workshop  
Trustees' Report (continued)  
For The Year Ended 30 September 2025**

---

**Reference and Administrative Details**

**Trustees**

M Thomas  
N Destefano  
S Donoghue - Chairman  
J B Howarth - Vice Chair  
E Phillips (resigned 21/11/2024)  
T Lupini  
C Genner  
S Burford

**Charity Number**

1139855

**Company Number**

07363827

**Independent Examiner**

Gwennan Thomas FCCA  
Unity Accountancy  
8 Station Road  
Llanelli  
Carms  
SA15 1AL

**Small Company Rules**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The trustees' report was approved by the board of trustees and signed on its behalf by:

*Stephen M Donoghue*

Mr Steven Donoghue (Jun 9, 2026,  
10:00)

S Donoghue

Trustee

09/06/2026

**Lynx Workshop**  
**Independent Examiner's Report to the Trustees of Lynx Workshop**  
**For The Year Ended 30 September 2025**

---

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2025.

**Responsibilities and Basis of Report**

As the charity trustees of the Company (and also its directors for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent Examiner's Statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gwennan Thomas FCCA  
09/06/2026  
8 Station Road  
Llanelli  
Carms  
SA15 1AL



**Lynx Workshop**  
**Statement of Financial Activities (including Income and Expenditure Account)**  
**For The Year Ended 30 September 2025**

				2025	2024
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Notes	£	£	£	£
<b>INCOME AND ENDOWMENTS FROM:</b>					
Donations and legacies	3	25,000	161,407	186,407	110,164
Other trading activities	4	-	1,338	1,338	12,298
		<u>25,000</u>	<u>162,745</u>	<u>187,745</u>	<u>122,462</u>
<b>EXPENDITURE ON:</b>					
Charitable activities:	7				
Mental Health Charity		(4,343 )	(218,241 )	(222,584 )	(213,662 )
NET EXPENDITURE		<u>20,660</u>	<u>(55,499 )</u>	<u>(34,839 )</u>	<u>(91,200 )</u>
NET MOVEMENT IN FUNDS		<u>20,660</u>	<u>(55,499 )</u>	<u>(34,839 )</u>	<u>(91,200 )</u>
<b>RECONCILIATION OF FUNDS:</b>					
Total funds brought forward		46,891	137,203	184,094	275,294
TOTAL FUNDS CARRIED FORWARD	15	<u>67,551</u>	<u>81,704</u>	<u>149,255</u>	<u>184,094</u>

The notes on pages 17 to 22 form part of these financial statements.

**Lynx Workshop**  
**Comparative Statement of Financial Activities (including Income and Expenditure Account)**  
**For The Year Ended 30 September 2025**

				2024
	Notes	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM:</b>				
Donations and legacies	3	1,474	108,690	110,164
Other trading activities	4	-	12,298	12,298
		<u>1,474</u>	<u>120,988</u>	<u>122,462</u>
<b>EXPENDITURE ON:</b>				
Charitable activities:	7			
Mental Health Charity		(5,845 )	(207,817 )	(213,662 )
NET EXPENDITURE		<u>(4,371 )</u>	<u>(86,829 )</u>	<u>(91,200 )</u>
NET MOVEMENT IN FUNDS		<u>(4,371 )</u>	<u>(86,829 )</u>	<u>(91,200 )</u>
<b>RECONCILIATION OF FUNDS:</b>				
Total funds brought forward		51,262	224,032	275,294
TOTAL FUNDS CARRIED FORWARD	15	<u>46,891</u>	<u>137,203</u>	<u>184,094</u>

The notes on pages 17 to 22 form part of these financial statements.

**Lynx Workshop  
Balance Sheet  
As At 30 September 2025**

				2025	2024
	Notes	Unrestricted funds	Restricted funds	Total funds	Total funds
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible Assets	11	4,825	7,265	12,090	9,724
		4,825	7,265	12,090	9,724
<b>CURRENT ASSETS</b>					
Debtors	12	-	27,891	27,891	24,358
Cash at bank and in hand		67,125	68,783	135,908	160,528
		67,125	96,674	163,799	184,886
<b>Creditors: Amounts Falling Due Within One Year</b>	13	-	(26,634 )	(26,634 )	(10,516 )
<b>NET CURRENT ASSETS (LIABILITIES)</b>		67,125	70,040	137,165	174,370
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		71,950	77,305	149,255	184,094
<b>NET ASSETS</b>		71,950	77,305	149,255	184,094
<b>FUNDS OF THE CHARITY</b>					
Restricted Funds				81,704	137,203
Unrestricted Funds				67,551	46,891
<b>TOTAL FUNDS</b>	15			149,255	184,094



**Lynx Workshop  
Balance Sheet (continued)  
As At 30 September 2025**

---

For the year ending 30 September 2025 the charitable company was entitled to exemption from audit under section 479a of the Companies Act 2006 relating to subsidiary companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board

*Stephen M Donoghue*

Mr Steven Donoghue (Jun 9, 2026,  
1:06pm)

S Donoghue

Trustee

09/06/2026

The notes on pages 17 to 22 form part of these financial statements.

**Lynx Workshop**  
**Notes to the Financial Statements**  
**For The Year Ended 30 September 2025**

---

## **1. General Information**

Lynx Workshop is a company limited by guarantee, incorporated in England & Wales, registered number 07363827 and registered charity number 1139855. The registered office is .

## **2. Accounting Policies**

### **2.1. Basis of Preparation of Financial Statements**

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The charitable company is a Public Benefit Entity as defined by FRS 102.

### **2.2. Incoming Resources**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has an entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

### **2.3. Resources Expended**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings, they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

### **2.4. Tangible Fixed Assets and Depreciation**

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	20% straight line
Fixtures & Fittings	20% reducing balance
Computer Equipment	20% straight line

### **2.5. Cash and Cash Equivalents**

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

## **3. Income from Donations and Legacies**

**Lynx Workshop**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 30 September 2025**

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>2025 Total funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Donations and gifts	-	12,657	12,657
Grants	25,000	148,750	173,750
	<u>25,000</u>	<u>161,407</u>	<u>186,407</u>

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>2024 Total funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Donations and gifts	1,474	13,945	15,419
Grants	-	94,745	94,745
	<u>1,474</u>	<u>108,690</u>	<u>110,164</u>

**4. Income from Other Trading Activities**

	<b>2025</b>	<b>2024</b>
	<b>Restricted funds</b>	<b>Restricted funds</b>
	<b>£</b>	<b>£</b>
Fundraising events	<u>1,338</u>	<u>12,298</u>

**5. Government Grants**

Government grants recognised in the accounts were as follows:

Restricted Grant Income – Government and Public Sector Funding

Restricted grant income represents funding received from government and public-sector bodies for specified charitable activities and projects. During the year the charity recognised £96,249 of restricted grant income from Hywel Dda University Health Board, Carmarthenshire County Council and associated commissioned programmes administered through Carmarthenshire Micro-Commissioning Fund

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Hywel Dda University Health Board	88,749	-
Carmarthenshire County Council	2,500	-
Carmarthenshire Micro-Commissioning Fund	5,000	-
	<u>96,249</u>	<u>-</u>

**Lynx Workshop**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 30 September 2025**

**6. Net Income/(Expenditure)**

The net expenditure is stated after charging/(crediting):

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Depreciation of tangible fixed assets - owned	3,469	2,510

**7. Analysis of Expenditure**

			<b>2025</b>
	<b>Activities undertaken directly</b>	<b>Support costs (see note 8 )</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Mental Health Charity	13,210	209,374	222,584

			<b>2024</b>
	<b>Activities undertaken directly</b>	<b>Support costs (see note 8 )</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Mental Health Charity	12,480	201,182	213,662

**8. Support Costs**

	<b>2025</b>
	<b>Mental Health Charity</b>
	<b>£</b>
Employee costs	152,101
Premises expenses	29,413
General administration	24,391
Depreciation	3,469
	<b>209,374</b>

**Lynx Workshop**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 30 September 2025**

	<b>2024</b>
	<b>Mental Health Charity</b>
	<b>£</b>
Employee costs	143,591
Premises expenses	34,003
General administration	21,078
Depreciation	2,510
	<u>201,182</u>

**9. Staff Costs**

Staff costs were as follows:

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Wages and salaries	132,502	127,363
Social security costs	1,525	-
Other pension costs	9,629	9,756
	<u>143,656</u>	<u>137,119</u>

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

**10. Average Number of Employees**

Average number of employees during the year was: 9 (2024: )

**11. Tangible Assets**

	<b>Plant &amp; Machinery</b>	<b>Fixtures &amp; Fittings</b>	<b>Computer Equipment</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost</b>				
As at 1 October 2024	378	40,646	6,978	48,002
Additions	-	474	5,360	5,834
As at 30 September 2025	<u>378</u>	<u>41,120</u>	<u>12,338</u>	<u>53,836</u>
<b>Depreciation</b>				
As at 1 October 2024	227	36,488	1,563	38,278
Provided during the period	75	926	2,467	3,468
As at 30 September 2025	<u>302</u>	<u>37,414</u>	<u>4,030</u>	<u>41,746</u>

...CONTINUED



**Lynx Workshop**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 30 September 2025**

**Net Book Value**

As at 30 September 2025	76	3,706	8,308	12,090
As at 1 October 2024	151	4,158	5,415	9,724

**12. Debtors**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
<b>Due within one year</b>		
Trade debtors	27,891	24,358

**13. Creditors: Amounts Falling Due Within One Year**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Trade creditors	15,198	(2 )
Other creditors	11,436	10,518
	26,634	10,516

**14. Pension Commitments**

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund.

During the year the charge to the statement of financial activities in respect of defined contribution schemes was £9,629 (2024: £9,756).

At the balance sheet date contributions of £NIL were due to the fund and are included in creditors.

**15. Movement in Funds**

	<b>As at 1 October 2024</b>	<b>Income</b>	<b>Expenditure</b>	<b>As at 30 September 2025</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>				
General:				
General unrestricted fund	46,891	25,000	(4,340 )	67,551
<b>Restricted funds</b>				
Restricted fund	137,203	162,745	(218,244 )	81,704
<b>Total funds</b>	184,094	187,745	(222,584 )	149,255

**Lynx Workshop**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 30 September 2025**

	As at 1 October 2023 £	Income £	Expenditure £	As at 30 September 2024 £
<b>Unrestricted funds</b>				
General:				
General unrestricted fund	51,262	1,474	(5,845 )	46,891
<b>Restricted funds</b>				
Restricted fund	224,032	120,988	(207,817 )	137,203
<b>Total funds</b>	<u>275,294</u>	<u>122,462</u>	<u>(213,662 )</u>	<u>184,094</u>

**16. Transactions with Trustees**

During the year the expenses reimbursed to the trustees or paid directly to third parties were as follows:

2025	2024
£	£

**17. Related Party Disclosures**

**18. Company limited by guarantee**

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

**Lynx Workshop**  
**Detailed Statement of Financial Activities (including Income and Expenditure Account)**  
**For The Year Ended 30 September 2025**

	2025 Total funds £	2024 Total funds £
<b>INCOME AND ENDOWMENTS FROM:</b>		
<b>Donations and legacies</b>		
Donations from individuals	9,007	12,617
Donations from organisations	-	2,802
Social club income	3,650	-
Grants	77,500	-
Government Grants	96,250	94,745
	186,407	110,164
<b>Other trading activities</b>		
Fundraising events	1,338	12,298
	1,338	12,298
	187,745	122,462
<b>EXPENDITURE ON:</b>		
<b>Charitable Activities:</b>		
<b>Mental Health Charity</b>		
Purchases	(13,210)	(7,873)
Staging fundraising events	-	(4,607)
Wages and salaries	(132,502)	(127,363)
Employers NI	(1,525)	-
Employers pensions - defined contributions scheme	(9,629)	(9,756)
Sessional workers	(4,595)	(2,523)
Travel and training expenses	(3,850)	(3,949)
Rent, heat and light	(21,344)	(25,538)
Repairs and maintenance	(1,098)	(1,644)
Cleaning	(4,555)	(5,211)
Premises insurance	(2,416)	(1,610)
Advertising, stationery and office costs	(9,152)	(7,313)
Telephone and postage costs	(6,885)	(5,351)
Accountancy fees	(1,772)	(1,746)
Legal and professional fees	(4,791)	(4,270)
Professional subscriptions	(1,208)	(827)
Bank charges	(322)	(284)
		...CONTINUED

**Lynx Workshop**  
**Detailed Statement of Financial Activities (including Income and Expenditure Account) (continued)**  
**For The Year Ended 30 September 2025**

---

Charitable donations	(49)	(120)
Sundry expenses	(212)	(1,167)
Depreciation	(3,469)	(2,510)
	(222,584)	(213,662)
	(222,584)	(213,662)
<b>NET EXPENDITURE</b>	<b>(34,839)</b>	<b>(91,200)</b>



---

**Issuer**                      Unity Accountancy

**Document generated**    Tue, 9th Jun 2026 11:29:56 BST

**Document fingerprint**   f389ab34065aca26f9b461c66a5b80bb

---

**Parties involved with this document**

Document processed	Party + Fingerprint
Tue, 9th Jun 2026 13:06:09 BST	Mr Steven Donoghue - Signer (383d80d89d52bc1a94f4440911c8261e)

**Audit history log**

Date	Action
Tue, 9th Jun 2026 11:29:56 BST	Envelope generated by Gwennan Thomas (188.66.67.12)
Tue, 9th Jun 2026 11:29:57 BST	Document generated with fingerprint f389ab34065aca26f9b461c66a5b80bb (188.66.67.12)
Tue, 9th Jun 2026 11:29:57 BST	Document generated with fingerprint d294ab3d0be6caa893228af21c46b8ef (188.66.67.12)
Tue, 9th Jun 2026 11:34:06 BST	Sent the envelope to Mr Steven Donoghue for signing (188.66.67.12)
Tue, 9th Jun 2026 11:34:06 BST	Document emailed to party email
Tue, 9th Jun 2026 13:05:29 BST	Mr Steven Donoghue viewed the envelope (31.94.60.1)
Tue, 9th Jun 2026 13:06:09 BST	Mr Steven Donoghue signed the envelope (31.94.60.1)
Tue, 9th Jun 2026 13:06:09 BST	This envelope has been signed by all parties (31.94.60.1)
Tue, 9th Jun 2026 13:06:09 BST	Signed document confirmation emailed to party email (31.94.60.1)
Tue, 9th Jun 2026 13:06:09 BST	Signed document confirmation emails have been sent to all parties. Document URL: <a href="https://api.signable.app/shareable/envelope?t=ec67091a-8bea-4a4e-8de9-27a9f2926570">https://api.signable.app/shareable/envelope?t=ec67091a-8bea-4a4e-8de9-27a9f2926570</a> (31.94.60.1)