



# Trustees' Annual Report for the period

		Period start date			Period end date		
		Day 01	Month 10	Year 2020	Day 30	Month 09	Year 2021

**From**

**To**

## Section A Reference and administration details

**Charity name** Lynx Workshop

**Other names charity is known by**

**Registered charity number (if any)** 1139855

**Charity's principal address** The Palms

96 Queen Victoria Road

Llanelli, Carmar.

**Postcode**

SA15 2TH

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Steve Donoghue	Chairman		
2	Teresa Lupini			
3	Rev E Phillips			
4	Nicola De Stefano			
5	J B Howarth			
6	Rachel Williams			
7	Claire Genner			
8				
9				
10				
11				
12				
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16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Memorandum & Articles of Association
How the charity is constituted (eg. trust, association, company)	Company
Trustee selection methods (eg. appointed by, elected by)	Appointed by the board

### Additional governance issues (Optional information)

<p>You <b>may choose</b> to include additional information, where relevant, about:</p> <ul style="list-style-type: none"><li>• policies and procedures adopted for the induction and training of trustees;</li><li>• the charity's organisational structure and any wider network with which the charity works;</li><li>• relationship with any related parties;</li><li>• trustees' consideration of major risks and the system and procedures to manage them.</li></ul>	<p>LINKS receives referrals from a range of sources, CMHT, Hafal, GPs, Social Services Department, Prism, Coastal, Bryn Gofal Ward (Prince Phillip Hospital), Eiriol, The Wallich, Gwalia, Genesis, The Family and Community Team and by self-referral and as such has an on-going working relationship with these organisations. Meetings are regularly held to inform of changes.</p> <p>LINKS continues to have a presence on CMH Forum and the Providers Forum.</p> <p>LINKS continues to be represented on the Steering Group of the 3 Counties Community Covenant Committee.</p>
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## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

Relief of persons with mental health problems by providing flexible training and work-related opportunities in a supportive community environment.

The charity benefits the public by providing supportive training and activities for people of working age with mental health problems who live in the Llanelli, Gwendraeth Valley and Ammanford areas.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

Links benefits from having 6 active volunteers. All volunteers receive induction, supervision, on-going training and attend dedicated volunteer meetings. Volunteers are recruited via CAVS or by word of mouth. All volunteers work alongside a member of staff which ensures good models of practice. During Covid lockdown, staff kept in touch with all volunteers.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

Links continued to work with people of working age (18-65 years old) who are recovering from mental health issues and who live in the Llanelli and Carmarthenshire area. Links has considerable experience of supporting people and helping them to move on in their lives and to return to mainstream education and employment both paid/unpaid. Some members continue to receive support from NHS/local authority social services whilst others have disengaged with statutory services but require the support and development service that Links offers. For some people, Links is their only regular contact with the rest of the community.

For part of the year we were in continued lock down due to Covid and then moved on to reduced contact where we were able to have a limited number of members to classes on a booking basis. These were namely Arts, Crafts, IT, wellbeing walks, photography and figure painting.

We continued to run the service working from home when required to do so, staying in contact and supporting members by phone, zoom sessions and social media. There were also online sessions and small outdoor sessions.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

Keep reserves against the possibility of government cuts to our funding and to ensure that in the event of funding being ceased, the organisation will still be able to fulfil all of its financial and legal obligations when winding up.

### Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Links has received core funding from the Local Authority (Carmarthenshire County Council), and Hywel Dda Health Board. The Core funding was primarily designated for a Manager, Coordinator, tutor, sessional workers, administrator and a finance assistant.

Links Combined Forces received funding from the Big Lottery. The Big Lottery funding was primarily designated for a Project Coordinator, Welfare Support Worker and a Counsellor. The funding also extended to outreach work.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

*Steve Donoghue*

Full name(s)

Mr Steven Donoghue (Jun 21, 2022,  
Steven)

Position (eg Secretary, Chair, etc)

Chairman

Date

31/03/2022



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**Issuer** TaxAssist Accountants

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**Parties involved with this document**

Document processed	Party + Fingerprint
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Tue, 21st Jun 2022 15:07:09 BST	Mr Steven Donoghue opened the document email. (194.74.241.212)
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Registered Company Number: 07363827 (England and Wales)  
Registered Charity Number: 1139855

**LYNX WORKSHOP**  
**REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2021**



**LYNX WORKSHOP**  
**Company Information**  
**For The Year Ended 30 September 2021**

**Directors**

Nicola Destefano  
Mr Steven Donoghue  
Jayne Howarth  
Rev Eldon Phillips  
Rachel Williams  
Teresa Lupini  
Claire Genner

**Company Number**

07363827

**Registered Office**

Unit 4, The Palms  
96 Queen Victoria Road  
Llanelli  
Carmarthenshire  
SA15 2TH

**Accountants**

Taxassist Accountants  
8 Station Road  
Llanelli  
Carms  
SA15 1AL



**LYNX WORKSHOP (REGISTERED NUMBER: 07363827)**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 SEPTEMBER 2021**

	Page
Accountants report	1
Profit and loss account	2
Balance Sheet	3

**Lynx Workshop  
Accountant's Report  
For The Year Ended 30 September 2021**

In accordance with the engagement letter dated 25 September 2012, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the directors in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the directors the financial statements that we have been engaged to compile, to report to the directors that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's directors for our work or for this report.

You have acknowledged on the balance sheet as at year ended 30 September 2021 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



31/03/2022

Taxassist Accountants  
8 Station Road  
Llanelli  
Carmarthen  
SA15 1AL



**Lynx Workshop**  
**Profit and Loss Account**  
**For The Year Ended 30 September 2021**

	2021	2020
	£	£
<b>Income</b>	<b>297,875</b>	<b>287,867</b>
Purchases	<u>(2,368 )</u>	<u>(674 )</u>
<b>Net Income</b>	<b>295,507</b>	<b>287,193</b>
Administrative expenses	<u>(207,527)</u>	<u>(210,930)</u>
<b>OPERATING PROFIT FOR THE FINANCIAL YEAR</b>	<b>87,980</b>	<b>76,263</b>



**Lynx Workshop  
Balance Sheet  
As at 30 September 2021**

	2021	2020
	£	£
<b>FIXED ASSETS</b>		
Tangible Assets	<u>8,182</u>	<u>6,684</u>
	<b>8,182</b>	<b>6,684</b>
<b>CURRENT ASSETS</b>		
Debtors	4,398	20,549
Cash at bank and in hand	<u>331,278</u>	<u>226,903</u>
	<b>335,676</b>	<b>247,452</b>
<b>Creditors: Amounts Falling Due Within One Year</b>	<u><b>(14,963)</b></u>	<u><b>(13,221)</b></u>
<b>NET CURRENT ASSETS</b>	<u><b>320,713</b></u>	<u><b>234,231</b></u>
<b>TOTAL NET ASSETS</b>	<u><b>328,895</b></u>	<u><b>240,915</b></u>
 Profit and Loss Account	 328,895	 240,915
<b>CAPITAL AND RESERVES</b>	<u><b>328,895</b></u>	<u><b>240,915</b></u>

Lynx Workshop is a Private Limited Company by guarantee without share capital use of 'Limited' exemption, incorporated in England & Wales, registered number 07363827. The registered office address is Unit 4, The Palms, 96 Queen Victoria Road, Llanelli, Carmarthenshire. SA15 2TH.

**Directors' responsibilities:**

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the micro-entity provisions.

On behalf of the board




Mr Steven Donoghue (Mar 30, 2022,  
10:32am)  
**Mr Steven Donoghue**  
Director  
31/03/2022




Lynx Workshop 30.09.21  
Charity Number 1139855  
Income & Expenditure Account

Income & Expenditure Account			
Unrestricted Income		Restricted Income	Total
Big Lottery		Big Lottery	150000.00
LHB Grants		LHB Grants	63227.64
Armed Forces Covenant		Armed Forces Covenant	37900.00
CCC Grants		CCC Grants	29964.00
Moondance Foundation		Moondance Foundation	14200.00
Donations		Donations	2582.60
Fundraising		Fundraising	0.00
<b>Total Unrestricted Income</b>	<b>0.00</b>	<b>Total Restricted Income</b>	<b>297874.24</b>
<b>Total</b>			<b>297874.24</b>
Unrestricted Expenses		Restricted Expenses	
Purchases		Purchases	2367.68
Wages & Salaries		Wages & Salaries	140327.80
Travel & Training		Travel & Training	1814.44
Pension		Pension	10359.22
Sessional Workers		Sessional Workers	2056.52
Cleaning		Cleaning	5245.79
Rent, Heat & Light		Rent, Heat & Light	18084.98
Repairs		Repairs	2370.71
Insurance		Insurance	600.87
Subscriptions		Subscriptions	839.79
Legal & Professional		Legal & Professional	4219.96
Accountancy		Accountancy	1512.00
Advertising, stationery & Office		Advertising, stationery & Office	12600.96
Telephone & Postage		Telephone & Postage	3916.94
Sundries		Sundries	1457.65
Depreciation	796.61	Depreciation	1321.90
<b>Total Unrestricted Expenses</b>	<b>796.61</b>	<b>Total Restricted Expenses</b>	<b>209097.21</b>
<b>Total</b>			<b>209893.82</b>
<b>Net surplus / (deficit)</b>	<b>-796.61</b>		<b>87980.42</b>

  
Mr Steven Donoghue  
10:32am  
Trustee  
31/03/2022

Lynx Workshop 30.09.21  
Charity Number 1139855  
Balance Sheet

Balance Sheet			
	Unrestricted Funds	Restricted Funds	Total Funds
<b>Fixed Assets</b>			
Tangible Assets	3187.00	4995.00	8182.00
<b>Current Assets</b>			
Debtors & Prepayments	0.00	4398.00	4398.00
Cash at bank and in hand	0.00	331278.00	331278.00
<b>Creditors</b>			
Amounts falling due within one year	0.00	-14359.00	-14359.00
<b>Total Assets Less Current Liabilities</b>	3187.00	326312.00	329499.00
<b>Accruals &amp; Deferred Income</b>	0.00	604.00	604.00
	3187.00	325708.00	328895.00
<b>Funds</b>			
Unrestricted Funds			3187.00
Restricted Funds			325708.00
<b>Total Funds</b>			328895.00
	Unrestricted Funds	Restricted Funds	Total
B/f funds	3984.00	236931.00	240915.00
Net income / outgoing	-797.00	88777.00	87980.00
<b>Total funds c/f</b>	<b>3187.00</b>	<b>325708.00</b>	<b>328895.00</b>

  
Mr Steven Donoghue (Mar 30, 2022, 10:32am)  
Trustee  
31/03/2022





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## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
Lynx Workshop

On accounts for the year  
ended

30/09/2021

Charity no  
(if any)

1139855

Set out on pages

(remember to include the page numbers of additional sheets)

**Respective  
responsibilities of  
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent  
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent  
examiner's statement**

In connection with my examination, no matter has come to my attention (other than that disclosed below \*)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Date: 31/03/2022

Name:

Gwennan Thomas

Relevant professional  
qualification(s) or body  
(if any):

FCCA



**Address:** 8 Station Road

Llanelli

SA15 1AL

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material problems.