

Charity number: 1139823

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THE MATT HAMPSON FOUNDATION

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TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

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**THE MATT HAMPSON FOUNDATION**

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## THE MATT HAMPSON FOUNDATION

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### LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	R D Jackson (Resigned 1 April 2025) G C Rowntree P Harrison J M Evans J M Batchelar (Resigned 3 July 2024) M V Hill A C Walker L E Firth T J Peters H R Fraser (Appointed 27 August 2024)
<b>Founder</b>	M Hampson
<b>Chief executive</b>	S C Cawston
<b>Charity number</b>	1139823
<b>Registered office</b>	Get Busy Living Centre Twyford Road Burrough on the Hill Melton Mowbray Leicestershire LE14 2JR
<b>Auditors</b>	UHY Hacker Young 14 Park Row Nottingham NG1 6GR
<b>Bankers</b>	Handelsbanken St John's House 30 East Street Leicester LE1 6NB

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## THE MATT HAMPSON FOUNDATION

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### TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

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The Trustees present their annual report together with the audited financial statements of the group and the charity for the year 1 April 2024 to 31 March 2025.

#### Structure, governance and management

##### Constitution

The charity is constituted under a Deed of Trust dated 9 November 2010 and is registered with the Charity Commission under charity number 1139823. There have been no amendments since its inception and no specific restrictions imposed by the Deed.

##### Board of Trustees

Trustees who served during the period were as follows:

R D Jackson (Resigned 1 April 2025)  
G C Rowntree  
P Harrison  
J M Evans  
J M Batchelar (Resigned 3 July 2024)  
M V Hill  
A C Walker  
L E Firth  
T J Peters  
H R Fraser (Appointed 27 August 2024)

##### Method of appointment or election of Trustees

The Trustees are appointed by a Resolution of Trustees, and whenever a Trustee is appointed a Memorandum of Appointment is signed by the Trustee presiding at such meeting and attested by two other Trustees present thereat.

##### Governance

All major decisions are made by the Trustees who usually meet three or four times a year. New applications for help are listed, considered and decided upon by the Trustees between meetings.

Apart from minor expenses the Trustees are unpaid.

##### Objectives and Activities

The principal objective of the charity is to provide advice, support and rehabilitation for young people that have suffered a serious injury or disability through sport.

The Foundation provides assistance to improve the quality of life and wellbeing for young individuals who have sustained catastrophic injury or life altering injuries through sport. In (but not restricted to) the following areas:

- a. Mentoring and friendship
- b. Information and advice
- c. Financial assistance
- d. Technology and equipment
- e. Physiotherapy
- f. Use of the Get Busy Living Centre

Each year the Trustees review their aims and activities to ensure they continue to reflect their objectives. In carrying out this review the Trustees have considered the Charity Commission's guidance on public benefit.

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## THE MATT HAMPSON FOUNDATION

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### TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025 (continued)

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#### Related party relationships

The charity owns the entire share capital of Get Busy Learning Limited (previously Matt Hampson Ltd.), a company of which R D Jackson (until 28 July 2025) and A C Walker are directors.

#### Review of activities

The Matt Hampson Foundation exists to support and inspire young people seriously injured through sport. Founded by Matt Hampson in 2011 after his own life-changing injury aged 20, the Foundation continues to grow in reach and impact, driven by the core belief that life can just as fulfilling after serious injury.

Everything we do is underpinned by our clear purpose: to support young people seriously injured through sport. Our mission is to create a strong and supportive network for these individuals and their families, encouraging shared experiences and peer support to help everyone 'Get Busy Living'.

This financial year has been challenging but also very productive for the Foundation and reflective of the hard work of the entire team. Our income reached £1,700,383 (2024: £1,435,565). This is reflective of the full calendar of events, the continued success of the Learning and Development department and continued generous support from corporate partners and individual donors. We continue to organise and be involved in numerous high profile and successful events including our annual Six Nations dinner and numerous other events where we are selected as the chosen charity including our Patron Mike Tindall's annual golf day and shooting event. Event income fell to £593,120 (2024: £859,100) reflecting the cyclical nature of some of our events, as well as the focus on supporting individual donors and corporate partners to fundraise on behalf of the Foundation. Donations totalled £968,262 (2024: £417,929) showcasing the strong interest in our fundraising activities, and we received a £50,000 donation from the Bruce Wake Foundation, £45,000 from the Anderson Foundation, and £30,000 each from Syncona and Barilone Property Developments. Donations are hard to predict and there is a reasonable chance that income from donations may fall in the current year.

Our corporate partnerships, including our learning and development activities, saw enthusiastic participation and our third year of the corporate games held at the Get Busy Living centre was a huge success and has led to further support from the many companies involved. Merchandise sales and physio services added to our income streams, leading to total incoming resources of £1.7 million. This allowed the charity to continue fulfilling its core mission of providing physical, mental and financial support to its growing number of beneficiaries. This included grants to individuals in the year of £97,358 (2024: £120,664).

The Foundation now employs 21 staff members, and its services have expanded to include physiotherapy, sports therapy, specialist personal training, yoga and Pilates, sports massage, Functional Electrical Stimulation (FES), InBody composition testing and weighing facilities, Centre social days, adaptive equipment trials, prosthesis clinic, occupational therapy advice, emotional and mental well-being support, experience days, peer support and mentoring, nutritional advice, hydrotherapy sessions, bladder and bowel management and support with returning to work and careers guidance. Over the year, we delivered more than 1600 physiotherapy sessions, 600 sports therapy sessions, 1,400 personal training sessions, and 350 yoga sessions and 300 counselling sessions.

We were proud to welcome 29 new beneficiaries to the Foundation and provide 73 intensive rehabilitation on-site lodge stays of which 58 were fully funded. These provide crucial 24-hour support for those travelling from afar or transitioning home after being in hospital. Since the Foundation was founded in 2011, we have supported close to 300 beneficiaries with financial support or rehabilitation at the Get Busy Living Centre and have inspired and provided guidance for many more individuals and their families following a life altering injury. Additionally, over 900 delegates attended leadership training programs, further expanding our reach. We are also very proud of our support of the next generation of physiotherapists and sports therapists welcoming work experience students from around the country to the Centre on a weekly basis and we are also working with the University of Leicester to provide six-week official teaching placements to their Physiotherapy students through the year.

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## THE MATT HAMPSON FOUNDATION

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### TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025 (continued)

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#### Review of activities (continued)

Here at the Foundation, we believe in inspiring new and up-and-coming clinicians to change and improve rehabilitation for the better. The opportunities that they gain with us to see first-hand what long-term rehabilitation can achieve when combined with amazing peer support, holistic therapies and mental wellbeing coaching in a positive, motivational atmosphere are priceless. We hope that they will go on to improve the situation for many more people living with catastrophic injuries and carry the Get Busy Living message with them.

Our first satellite hub in Newcastle moved locations to a new facility in Gateshead and we are proud of the impact that it is making supporting those who experience a life altering injury in the Northeast. Regular PT sessions run with a group in Edinburgh, and we will be setting up similar sessions in the South of England in 2025/26, making sure our beneficiaries continue to be supported when they return home after a period of rehabilitation with us at the GBL Centre. Continuity of rehabilitation and the creation of support networks in other areas of the country, will be key in allowing us to support even more young people seriously injured through sport.

Our beneficiaries now have access to training designed to help them return to work. This includes CV assistance, interview preparation, and opportunities for work experience. We continue to emphasize the importance of enabling our beneficiaries to move forward with their lives after life-altering injuries, and we are proud to report some remarkable success stories, with beneficiaries returning to work and setting a positive example for others.

Through our experience supporting numerous beneficiaries over the years, we know how challenging accessing sport can be following a life-changing injury. There is a real lack of knowledge in the health and fitness industry around para-sport as well as huge expenses associated with participating in it. These factors, along with preconceptions around people with disabilities make it unnecessarily difficult, and in some cases impossible, for people to access high level sport. We want to change this and allow high level para-sport to be accessed by anyone with the potential and work ethic to succeed, irrespective of their situation. This is why we created the Matt Hampson Foundation Athlete Development Programme (ADP).

The ADP is now into its third year and has supported nine beneficiaries with Dan Parker becoming a National Champion, Taylor Gough and Josh Hickinbottom on National Governing body development programmes, Will Ruane competing at World Championships in 2024 and 2025, and Noah Crosby competing in the BritCar Trophy Motor Racing championship.

The Matt Hampson Foundation remains committed to its mission of providing vital support for those who need it most, and we look forward to building on the successes of this year as we move forward. We have submitted a planning application for an extension of the Get Busy Living Centre. This is a vital step in meeting the increasing demand for our services and ensuring we can continue to offer life-changing rehabilitation and support to more people across the UK.

Expenditure during the year decreased to £1,587,708 (2024: £1,618,319) primarily as fundraising costs were lower than in previous years. However, our fixed costs increased as we expanded the Foundation team as highlighted above and we also saw property and utility costs increase. We continue to see a greater demand for our services than we can provide and so are constantly looking at ways to diversify and grow our sources of funding so that we are in a position to help as many beneficiaries as possible.

#### Reserves policy and going concern

It is the policy of the charity that unrestricted funds, which have not been designated for a specific use, should be maintained at a level to fund the ongoing costs of running and operating the Get Busy Living Centre for six months, including staff costs. Our estimate of this cost is £397,070. The Trustees consider that reserves at this level will ensure that, in the event of a significant fall in incoming resources, the charity will be able to continue its current activities while consideration is given to finding additional funding. Free reserves, which are calculated as unrestricted funds less fixed assets per note 16 are £411,290 (2024: £238,437) and the trustees are pleased to report that the Foundation has met its minimum level of reserves at the year end. Our plan next year is to seek to raise more income from both recurring sources of income and as well as specific one off contributions which are linked directly to any capital projects we undertake.

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## THE MATT HAMPSON FOUNDATION

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### TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025 (continued)

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#### Reserves policy and going concern (continued)

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

#### Key financial performance indicators

The unrestricted incoming resources of £1,601,393 (2024: £1,362,111) have allowed the charity to fulfil its principal objectives throughout the year and continue to provide a solid base for the future.

The Trustees are very pleased with the continued success of the charity being able to provide grants totalling £97,358 (2024: £120,664). Net unrestricted funds have increased by £162,687 to £1,471,204 as investment has been made increasing the team and enhancing the services that we are able to provide to beneficiaries and their families.

#### Public benefit statement

The activities that the charity has undertaken to further its charitable purposes for the public benefit are stated within the objectives and activities of the charity.

The trustees consider that they have complied with their duties under section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charities Commission.

#### Fundraising statement

The Foundation's fundraising activities are undertaken by the in-house fundraising team assisted by the contracted events managers. Fundraising activities are monitored by the Foundation's Chief Executive Officer, the Foundation's Founder and the Trustees. The Foundation is registered with the Fundraising Regulator and aims to ensure that its fundraising is respectful, open, honest, legal and accountable. The Fundraising Regulator is the independent regulator of charitable fundraising and holds the Code of Fundraising Practice for the UK. As a registered charity of the scheme, we follow the Code of Fundraising Practice.

Fundraising activities comprise events organised by the Foundation including the annual Six Nations Dinner and bi-annual Summer Ball. Auctions are held at the events and auction items are provided voluntarily or at heavily discounted rates by the charity's patrons and ambassadors and their associates. Auctions are monitored by the Chief Executive Officer ensuring that the bidding process does not place undue pressure on vulnerable people or other members of the public. No complaints were received in this period about fundraising activity by or on behalf of the charity.

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**THE MATT HAMPSON FOUNDATION**

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**TRUSTEES' REPORT FOR THE YEAR ENDED  
31 MARCH 2025 (continued)**

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**Trustees' responsibilities statement**

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees, on 10 September 2025 and signed on their behalf by:



**A C Walker**  
Trustee

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**INDEPENDENT AUDITOR'S REPORT TO THE  
TRUSTEES OF THE MATT HAMPSON  
FOUNDATION**

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**Opinion**

We have audited the financial statements of The Matt Hampson Foundation (the 'parent charity') and its subsidiaries (the 'group') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, as set out on pages 10 to 24. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and of the parent charity's affairs as at 31 March 2025 and of the group's incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Use of our report**

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its trustees, as a body, for our audit work, for this report, or for the opinions we have formed.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's or the parent charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

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**INDEPENDENT AUDITOR'S REPORT TO THE  
TRUSTEES OF THE MATT HAMPSON  
FOUNDATION (continued)**

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**Other information**

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Trustees' Report is inconsistent in any material respect with the financial statements; or
- the parent charity has not kept sufficient accounting records; or
- the parent charity financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

**Responsibilities of trustees**

As explained more fully in the Trustees' Responsibilities Statement, the Trustees are responsible for the preparation of financial statements which give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the group's and the parent charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the group or the parent charity or to cease operations, or have no realistic alternative but to do so.

**Auditors' responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 151 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

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**INDEPENDENT AUDITOR'S REPORT TO THE  
TRUSTEES OF THE MATT HAMPSON  
FOUNDATION (continued)**

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Based on our understanding of the group and the parent charity and the industry in which it operates, we identified that the principal risks of non-compliance with laws and regulations related to the acts by the group, which were contrary to applicable laws and regulations including fraud, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Companies Act 2006. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls) and determined that the principal risks were related to inflated revenue and the charity's net income for the year.

Audit procedures performed included:

- review of the financial statement disclosures to underlying supporting documentation;
- review of correspondence with and reports to the regulators, including correspondence with the Charity Commission;
- enquiries of management in so far as they related to the financial statements; and
- testing of journals and evaluating whether there was evidence of bias by the trustees that represented a risk of material misstatement due to fraud.

There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Auditors' Report.

Chris McKain

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Chris McKain (Senior Statutory Auditor)  
For and on behalf of UHY Hacker Young  
Chartered Accountants  
Statutory Auditors

UHY Hacker Young is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

15 SEPTEMBER 2025

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**THE MATT HAMPSON FOUNDATION**

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**CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2025**

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	Note	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
<b>Income from:</b>					
Donations and legacies	2	98,990	869,272	<b>968,262</b>	443,449
Fundraising	3	-	732,121	<b>732,121</b>	992,116
<b>Total income</b>		<b>98,990</b>	<b>1,601,393</b>	<b>1,700,383</b>	<b>1,435,565</b>
<b>Expenditure on:</b>					
Raising funds		-	533,798	<b>533,798</b>	546,031
Charitable activities		149,002	904,908	<b>1,053,910</b>	1,072,288
<b>Total expenditure</b>	4	<b>149,002</b>	<b>1,438,706</b>	<b>1,587,708</b>	<b>1,618,319</b>
<b>Net surplus/(deficit)</b>	5	<b>(50,012)</b>	<b>162,687</b>	<b>112,675</b>	<b>(182,754)</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward		<b>1,074,039</b>	<b>1,308,517</b>	<b>2,382,556</b>	2,565,310
<b>Total funds carried forward</b>		<b>1,024,027</b>	<b>1,471,204</b>	<b>2,495,231</b>	<b>2,382,556</b>

The notes on pages 14 to 24 form part of these financial statements.

THE MATT HAMPSON FOUNDATION

CONSOLIDATED BALANCE SHEET  
AS AT 31 MARCH 2025

	Note	£	2025 £	£	2024 £
<b>Fixed assets</b>					
Tangible assets	9		1,937,203		2,008,389
<b>Current assets</b>					
Stocks	11	22,665		28,020	
Debtors	12	156,239		234,324	
Cash at bank and in hand		471,215		192,054	
		<u>650,119</u>		<u>454,398</u>	
<b>Creditors</b> ; amounts falling due within one year	13	(92,091)		(80,231)	
<b>Net current assets</b>			<u>558,028</u>		<u>374,167</u>
<b>Net assets</b>			<u>2,495,231</u>		<u>2,382,556</u>
<b>Charity funds</b>					
Restricted funds	14		1,024,027		1,074,039
Unrestricted funds	14		1,471,204		1,308,517
Total funds			<u>2,495,231</u>		<u>2,382,556</u>

The financial statements were approved by the Trustees on 10 September 2025 and signed on their behalf, by:



**A C Walker**  
Trustee

The notes on pages 14 to 24 form part of these financial statements.

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**THE MATT HAMPSON FOUNDATION**

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**CHARITY BALANCE SHEET  
AS AT 31 MARCH 2025**

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	Note	£	2025 £	£	2024 £
<b>Fixed assets</b>					
Tangible assets	9		1,919,773		1,984,931
Investments	10		1,000		1,000
			<u>1,920,773</u>		<u>1,985,931</u>
<b>Current assets</b>					
Stocks	11	8,291		25,049	
Debtors	12	216,191		259,980	
Cash at bank and in hand		425,988		181,031	
		<u>650,469</u>		<u>466,060</u>	
<b>Creditors</b> ; amounts falling due within one year	13	(84,426)		(77,239)	
<b>Net current assets</b>			<u>566,043</u>		<u>388,821</u>
<b>Net assets</b>			<u>2,486,816</u>		<u>2,374,752</u>
<b>Charity funds</b>					
Restricted funds	14		1,024,027		1,074,039
Unrestricted funds	14		1,462,789		1,300,713
<b>Total funds</b>			<u>2,486,816</u>		<u>2,374,752</u>

The financial statements were approved by the Trustees on 10 September 2025 and signed on their behalf, by:



**A C Walker**  
Trustee

The notes on pages 14 to 24 form part of these financial statements.

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THE MATT HAMPSON FOUNDATION

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CONSOLIDATED STATEMENT OF CASH  
FLOWS FOR THE YEAR ENDED 31 MARCH  
2025

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		2025 £	2024 £
<b>Cash flows from operating activities</b>	<b>Note</b>		
Net cash generated/(used) by operating activities	17	301,853	(206,553)
<b>Cash flows from investing activities:</b>			
Purchase of tangible fixed assets	9	(22,692)	(91,960)
<b>Net cash used in investing activities</b>			
<b>Change in cash and cash equivalents in the year</b>		279,161	<b>(298,513)</b>
Cash and cash equivalents brought forward		192,054	490,567
<b>Cash and cash equivalents carried forward</b>		<b>471,215</b>	<b>192,054</b>

The notes on pages 14 to 24 form part of these financial statements

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## THE MATT HAMPSON FOUNDATION

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### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

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#### 1. Accounting Policies

##### 1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland ("FRS 102") (effective 1 January 2019) and FRS 102 and Charities Act 2011.

The Matt Hampson Foundation constitutes a public benefit entity as defined by FRS 102.

The Statement of Financial Activities (SOFA) and Balance Sheet consolidate the financial statements of the charity and its subsidiary undertaking. The results of the subsidiary are consolidated on a line by line basis.

No separate SOFA has been presented for the charity alone.

##### 1.2 Basis of consolidation

The financial statements consolidate the accounts of The Matt Hampson Foundation and its subsidiary undertaking.

##### 1.3 Going concern

The Trustees have reviewed the circumstances of the Foundation and consider that adequate resources continue to be available to fund its activities for the foreseeable future. The Trustees consider that there are no material uncertainties about the Foundation's ability to continue as a going concern.

##### 1.4 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

##### 1.5 Direct taxation

The Foundation is a registered charity and therefore is generally not liable to direct taxation on income arising from its charitable activities as it falls within the various exemptions available to registered charities.

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## THE MATT HAMPSON FOUNDATION

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### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

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#### 1. Accounting Policies (continued)

##### 1.6 Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Income from the sale of sports equipment and memorabilia is recognised at the point of sale. Income from Learning & Development training is recognised at the point the training occurs. Income in respect of dinners and other fundraising events is recognised once the event has taken place.

Gifts and services are recognised as income when the Foundation has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from use by the Foundation of the item is probable and that economic benefit can be measured reliably.

Gifts and services in kind in respect of the construction of the Foundation's Get Busy Living Centre are recognised on the basis of the value of the gift to the Foundation, being the amount the charity would have been willing to pay to obtain services of equivalent economic benefit on the open market. A corresponding amount is recognised as tangible fixed assets in the period of receipt.

Auction income is recognised at the point that goods are shipped, or vouchers for experiences are issued.

##### 1.7 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

Governance costs are costs relating to meeting the constitutional and statutory requirements of the Foundation.

Expenditure on charitable activities comprises costs incurred in the furtherance of the charity's objectives, including grants payable to individuals with life changing injuries and institutions with similar objectives to the Foundation and the associated support costs.

Grants payable relating to the financial year under review are accrued in that financial year. Grants committed at the balance sheet date relating to future years are disclosed but not accrued.

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## THE MATT HAMPSON FOUNDATION

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### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

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#### 1. Accounting Policies (continued)

##### 1.8 Investments

Investments in subsidiaries are valued at cost less provision for impairment.

##### 1.9 Tangible fixed assets and depreciation

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of Financial Activities.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

- Long-term leasehold property – Over lease term of 50 years
- Plant and machinery – 25% / 10% straight line
- Office equipment – 33% straight line

##### 1.10 Operating leases

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

##### 1.11 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks.

##### 1.12 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

##### 1.13 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

##### 1.14 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

##### 1.15 Creditors and provisions

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount that the charity anticipates it will pay to settle the debt.

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**THE MATT HAMPSON FOUNDATION**

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**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

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**1. Accounting Policies (continued)**

**1.16 Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**1.17 Pensions**

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

**1.18 Judgements in applying accounting policies and key sources of estimation uncertainty**

The preparation of the financial statements requires the use of judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the reporting date and the amounts reported for income and expenditure during the year. However, the nature of estimation means that actual outcomes could differ from those estimates.

**Gifts and services**

When construction relating to the Get Busy Living Centre is undertaken, the Foundation makes an estimate of gifts and services received relating to it. The estimate is based on information provided by the contractor, including the fair value of the services performed, where the service was in the course of construction, and the estimated stage of completion at the balance sheet date.

**2. Income from donations and legacies**

	<b>Restricted funds 2025 £</b>	<b>Unrestricted Funds 2025 £</b>	<b>Total funds 2025 £</b>	<b>Total funds 2024 £</b>
Donations	98,990	869,272	968,262	417,929
Grants	-	-	-	25,520
<b>Total donations and legacies</b>	<b>98,990</b>	<b>869,272</b>	<b>968,262</b>	<b>443,449</b>
<b>Total 2024</b>	<b>73,454</b>	<b>369,995</b>	<b>443,449</b>	

**3. Fundraising income**

	<b>Restricted funds 2025 £</b>	<b>Unrestricted Funds 2025 £</b>	<b>Total funds 2025 £</b>	<b>Total funds 2024 £</b>
Events	-	348,812	348,812	532,495
Dinners	-	244,308	244,308	326,605
Merchandise sales	-	27,432	27,432	15,838
Learning and development income	-	49,426	49,426	78,713
Physio services	-	48,244	48,244	38,465
Other income	-	13,899	13,899	-
<b>Total fundraising income</b>	<b>-</b>	<b>732,121</b>	<b>732,121</b>	<b>992,116</b>
<b>Total 2024</b>	<b>-</b>	<b>992,116</b>	<b>992,116</b>	

**THE MATT HAMPSON FOUNDATION**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

**4. Direct costs**

	<b>Fundraising expenses £</b>	<b>Governance £</b>	<b>Activities £</b>	<b>Total 2025 £</b>	<b>Total 2024 £</b>
Property expenses	-	-	163,919	<b>163,919</b>	128,139
Dinner & Event costs	161,046	-	-	<b>161,046</b>	249,915
Advertising and promotion	-	-	11,875	<b>11,875</b>	14,061
Legal and professional *	-	35,917	40,222	<b>76,139</b>	110,193
Travel and entertaining	-	-	74,274	<b>74,274</b>	84,686
Merchandise and purchases	31,987	-	-	<b>31,987</b>	20,654
Learning & Development	35,260	-	-	<b>35,260</b>	40,668
Depreciation	6,728	-	87,150	<b>93,878</b>	92,305
Loss on disposal	-	-	-	-	9,280
Grants to individuals	-	-	97,358	<b>97,358</b>	120,664
Staff costs	276,884	-	511,550	<b>788,434</b>	704,346
Other costs *	21,893	-	31,645	<b>53,538</b>	43,408
<b>Total direct costs</b>	<b>533,798</b>	<b>35,917</b>	<b>1,017,993</b>	<b>1,587,708</b>	<b>1,618,319</b>
<b>Total 2024</b>	<b>546,031</b>	<b>25,351</b>	<b>1,046,937</b>	<b>1,618,319</b>	

Of the above fundraising costs, £nil (2024: £18,934) were attributable to restricted funds and £533,798 (2024: £527,097) were attributable to unrestricted funds.

Of the above governance costs, £nil (2024: £nil) were attributable to restricted funds and £35,917 (2024: £25,351) were attributable to unrestricted funds.

Of the above charitable activity costs, £149,002 (2024: £145,841) were attributable to restricted funds and £868,991 (2024: £901,096) were attributable to unrestricted funds.

\*Within these categories of expenditure are support costs totalling £67,562 (2024: £55,477)

**5. Net surplus**

**This is stated after charging:**

	<b>2025 £</b>	<b>2024 £</b>
Operating lease costs	150	8,250
Depreciation of tangible fixed assets	93,878	92,305
Loss on disposal	-	9,280

**6. Auditors' remuneration**

The Auditor's remuneration amounts to £11,900 (2024: £9,750).

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THE MATT HAMPSON FOUNDATION

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NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025

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**7. Staff costs**

Staff costs were as follows:

	2025 £	2024 £
Wages and salaries	699,192	624,750
Social security costs	73,015	65,920
Pension costs	16,227	13,676
<b>Total staff costs</b>	<b>788,434</b>	<b>704,346</b>

The average number of persons employed by the charity during the year was as follows:

	2025 Number	2024 Number
Rehabilitation	8	6
Administrative	7	6
Fundraising	5	5
<b>Total employees</b>	<b>20</b>	<b>17</b>

There was one employee whose annual remuneration fell within the £80,001-£90,000 band (2024: one employee within the £80,001-£90,000 band).

**Key management**

Key management includes the Trustees and members of senior management. The compensation paid or payable to key management for employee services amounted to £92,061 (2024: £93,490) and pension contributions amounted to £1,321 (2024: £1,321).

**Trustees remuneration, benefits and reimbursed expenses**

During the period, none of the Trustees received any remuneration or benefits in kind. Expenses of £608 (2024: £1,034) were reimbursed during the period.

**8. Trading activities**

The Foundation owns 100% of the issued ordinary share capital of Get Busy Learning Limited, a company incorporated in England and Wales. The company is used to sell merchandise and memorabilia, as well as workplace training sessions, for the direct benefit of the Foundation.

THE MATT HAMPSON FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025

9. Tangible fixed assets

	Long-term leasehold property £	Plant and machinery £	Office Equipment £	Total £
<b>Group</b>				
<b>Cost</b>				
At 1 April 2024	2,092,728	307,056	80,685	2,480,469
Additions	12,121	7,452	3,119	22,692
At 31 March 2025	<b>2,104,849</b>	<b>314,508</b>	<b>83,804</b>	<b>2,503,161</b>
<b>Depreciation and Impairment</b>				
At 1 April 2024	226,278	206,950	38,852	472,080
Charged in the year	41,904	27,253	24,721	93,878
At 31 March 2025	<b>268,182</b>	<b>234,203</b>	<b>63,573</b>	<b>565,958</b>
<b>Carrying amount</b>				
At 31 March 2025	<b>1,836,667</b>	<b>80,305</b>	<b>20,231</b>	<b>1,937,203</b>
At 31 March 2024	1,866,450	100,106	41,833	2,008,389
<b>Charity</b>				
<b>Cost</b>				
At 1 April 2024	2,092,728	279,532	80,684	2,452,944
Additions	12,121	7,452	2,418	21,991
At 31 March 2025	<b>2,104,849</b>	<b>286,984</b>	<b>83,102</b>	<b>2,474,935</b>
<b>Depreciation and Impairment</b>				
At 1 April 2024	226,278	202,883	38,852	468,013
Charged in the year	41,904	20,699	24,546	87,149
At 31 March 2025	<b>268,182</b>	<b>223,582</b>	<b>63,398</b>	<b>555,162</b>
<b>Carrying amount</b>				
At 31 March 2025	<b>1,836,667</b>	<b>63,402</b>	<b>19,704</b>	<b>1,919,773</b>
At 31 March 2024	1,866,450	76,649	41,832	1,984,931

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**THE MATT HAMPSON FOUNDATION**

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**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

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**10. Fixed asset investments**

**Charity  
Cost**

Shares in group undertakings £

At 1 April 2024 and 31 March 2025

**1,000**

**11. Stocks**

	<b>2025 £</b>	<b>Group 2024 £</b>	<b>2025 £</b>	<b>Charity 2024 £</b>
Total stocks	<b>22,665</b>	<b>28,020</b>	<b>8,291</b>	<b>25,049</b>

**12. Debtors**

	<b>2025 £</b>	<b>Group 2024 £</b>	<b>2025 £</b>	<b>Charity 2024 £</b>
Amounts owed by group undertakings	-	-	64,282	41,759
Other debtors	61,186	58,244	56,857	43,839
Prepayments and accrued income	95,052	176,080	95,052	174,382
Total debtors	<b>156,239</b>	<b>234,324</b>	<b>216,191</b>	<b>259,980</b>

**13. Creditors**

	<b>2025 £</b>	<b>Group 2024 £</b>	<b>2025 £</b>	<b>Charity 2024 £</b>
Other taxation and social security	17,499	17,113	17,499	16,471
Other creditors	14,329	7,303	11,432	7,303
Accruals and deferred income	60,263	55,815	55,495	53,465
Total creditors	<b>92,091</b>	<b>80,231</b>	<b>84,426</b>	<b>77,239</b>

THE MATT HAMPSON FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025

14. Statement of funds

Group	Balance at 1 April 2023	Income	Expenditure	Balance at 31 March 2024	Income	Expenditure	Balance at 31 March 2025
	£	£	£	£	£	£	£
<b>Unrestricted funds</b>							
General funds	1,399,950	1,362,111	(1,453,544)	1,308,517	1,601,393	(1,438,706)	1,471,204
<b>Restricted funds</b>							
George Robinson	1,121	-	(840)	281	-	(281)	-
Jeremy Albeiro	7,675	-	-	7,675	840	(8,515)	-
Paul Curtis	255	-	-	255	-	-	255
Sophie Wilson	-	-	-	-	6,000	(3,897)	2,103
Oli Ingram	-	-	-	-	20,000	(16,128)	3,872
Taylor Gough	920	-	(920)	-	-	-	-
Ed Jackson	1,006	-	-	1,006	-	-	1,006
Get Busy Living Centre	726,985	30,000	(88,266)	668,719	30,000	(86,021)	612,698
Accommodation Lodges	246,045	-	(4,375)	241,670	-	(5,000)	236,670
Event Donations	1,000	17,934	(18,934)	-	-	-	-
Hydro Pool	130,353	-	-	130,353	14,380	(81)	144,652
Barratt Developments	50,000	-	(50,000)	-	-	-	-
My Name'5 Doddie Foundation	-	25,520	(1,440)	24,080	-	(9,079)	15,001
Injured Jockeys	-	-	-	-	20,000	(20,000)	-
Six Nations Dinner	-	-	-	-	7,770	-	7,770
Total restricted funds	<b>1,165,360</b>	<b>73,454</b>	<b>(164,775)</b>	<b>1,074,039</b>	<b>98,990</b>	<b>(149,002)</b>	<b>1,024,027</b>
<b>Total of funds</b>	<b>2,565,310</b>	<b>1,435,565</b>	<b>(1,618,319)</b>	<b>2,382,556</b>	<b>1,700,383</b>	<b>(1,587,708)</b>	<b>2,495,231</b>

The George Robinson, Jeremy Albeiro and Paul Curtis funds were set up to provide funding for equipment, physiotherapy and other associated costs for beneficiaries suffering injuries through sport.

The Sophie Wilson, Oli Ingram, Taylor Gough and Ed Jackson funds were set up to distribute donations received by The Matt Hampson Foundation specifically for these beneficiaries.

Get Busy Living Centre was set up to provide funding for the construction and operation of a state of the art rehabilitation centre for beneficiaries seriously injured through sport.

Davidsons Homes have built and donated two intensive rehabilitation Accommodation Lodges to the Foundation in 2022. These facilities will be available for beneficiaries to stay both long and short-term and receive all the support they need as they transition from hospital to independence.

Event Donations represent amounts donated towards the costs of hosting fundraising events. Peter Howard donated £1,000 in the 2022 period and £17,934 in 2024 period towards the Summer Ball marquee which was held in the 2024 period.

The Hydro Pool fund represents donations received specifically for the purpose of building a hydrotherapy pool at the Get Busy Living Centre site to offer additional facilities to beneficiaries suffering injuries through sport.

Barratt Developments donated £125,000 in the 2023 period to fund staff salaries, which has been fully utilised during 2023 and 2024.

In the 2024 period, the My Name'5 Doddie Foundation awarded the Matt Hampson Foundation a grant of £25,520 to offer support at the Get Busy Living Centre to those diagnosed with motor neurone disease, including physiotherapy, fitness support and social events.

**THE MATT HAMPSON FOUNDATION**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

**14. Statement of funds (continued)**

The Injured Jockeys Foundation donated £20,000 to contribute towards costs for the injured jockey, Graham Lee.

Six Nations Dinner pledges were received at the 6N dinner fundraising event to cover specific costs such as a physiotherapy or counselling session, or a beneficiary experience.

**15. Related party disclosure**

In the year the Founder, M Hampson, received an amount of £15,921 (2024: £Nil) to fund the purchase of a new Wheelchair. M Hampson also received payments from the charity totalling £Nil (2024: £3,672) to compensate him for a beneficiary using his adapted property in France while long suitable accommodation is found. Amounts of £2,878 (2024: £15,087) relating to travel and accommodation and £Nil (2024: £1,224) relating to entertaining were also reimbursed to M Hampson during the period.

During the year, there were recharges of £11,040 (2024: £5,865) from the charity to Get Busy Learning Limited, the wholly owned trading subsidiary. At the year end, a loan balance of £64,282 (2024: £41,759) was owed by Get Busy Learning Limited to the charity.

**16. Analysis of net assets between funds**

Group	Restricted funds	Unrestricted funds	Total funds
	£	£	£
<b>Current year</b>			
Tangible fixed assets	877,288	1,059,915	1,937,203
Current assets	146,739	503,380	650,119
Creditors due within one year	-	(92,091)	(92,091)
<b>Total funds for current year</b>	<b>1,024,027</b>	<b>1,471,204</b>	<b>2,495,231</b>
<b>Prior year</b>			
Tangible fixed assets	938,309	1,070,080	2,008,389
Current assets	135,730	318,668	454,398
Creditors due within one year	-	(80,231)	(80,231)
<b>Total funds for prior year</b>	<b>1,074,039</b>	<b>1,308,517</b>	<b>2,382,556</b>

**17. Reconciliation of net movement in funds to net cash flow from operating activities**

Group	2025 £	2024 £
Net surplus/(deficit) for the year (as per Statement of Financial Activities)	112,675	(182,754)
<b>Adjustment for:</b>		
Depreciation charges	93,878	92,305
Decrease in stocks	5,355	9,280
Decrease/(increase) in debtors	78,085	(15,666)
Increase in creditors	11,860	38,641
Gifts in kind	-	(148,359)
<b>Net cash generated/(used) by operating activities</b>	<b>301,853</b>	<b>(206,553)</b>

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THE MATT HAMPSON FOUNDATION

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NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025

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**18. Pension commitments**

The Foundation operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Foundation in an independently administered fund. The pension cost charge represents contributions payable by the Foundation to the fund and amounted to £16,227 (2024: £13,676). Contributions totaling £3,274 (2024: £2,752) were payable to the fund at the balance sheet date and are included in creditors.

**19. Operating lease commitments**

At 31 March 2025 the total of the group's future minimum lease payments under non-cancellable operating leases was:

Group	2025 £	2024 £
<b>Amounts payable:</b>		
Within 1 year	150	150
Between 1 and 5 years	600	600
After more than 5 years	5,400	5,550
Total	<b>6,150</b>	<b>6,300</b>