THE MATT HAMPSON FOUNDATION

England & Wales · Charity number 1139823

Details

Status	Registered
Legal form	Trust
Registered	2011-01-13
Register	View on the Charity Commission register

Contact

Address	Get Busy Living Centre Twyford Road Burrough on the Hill Melton Mowbray LE14 2JR
Phone	01664454155
Email	tommy@hambo.co.uk
Website	www.matthampsonfoundation.org

Activities

Objects: (I) THE PROVISION OF ADVICE, SUPPORT, RELIEF AND/OR TREATMENT FOR ANYONE SUFFERING FROM ANY SERIOUS INJURY OR DISABILITY WHICH HAS ARISEN FROM ANY CAUSE, BUT IN PARTICULAR FROM PARTICIPATION IN OR TRAINING FOR ANY SPORT, SPORTING ACTIVITY, OR OTHER FORM OF PHYSICAL EDUCATION OR RECREATION, ANYWHERE IN THE UNITED KINGDOM OF GREAT BRITAIN AND NORTHERN IRELAND, AND IN THE REPUBLIC OF IRELAND, EITHER:(A) BY DIRECT GRANT TO ANY SUCH SUFFERER; OR(B) BY PAYMENT TO ANY EXISTING OR FUTURE FUND, FOUNDATION, HOSPITAL, INSTITUTION, CORPORATE BODY OR TRUST ENGAGED IN SUCH RELIEF AND/OR TREATMENT; AND(II) SUCH OTHER EXCLUSIVELY CHARITABLE OBJECTS AND PURPOSES IN ANY PART OF THE WORLD AS THE TRUSTEES MAY IN THEIR DISCRETION THINK FIT.

Activities: To provide advice, support and relief for anyone suffering from any serious injury or disability which has arisen from any cause, but in particular, young people as a result of participating in sport.

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Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability, Amateur Sport
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies

Geography

- **Area of benefit:** UNITED KINGDOM OF GREAT BRITAIN AND NORTHERN IRELAND, AND IN THE REPUBLIC OF IRELAND
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,700,383	£1,587,708	£2,495,231	20
2024-03-31	£1,435,565	£1,618,319	£2,382,556	17
2023-03-31	£1,553,791	£1,736,774	£2,565,310	14
2022-03-31	£1,488,094	£1,219,273	£2,748,293	11
2021-03-31	£690,457	£557,043	£2,479,472	9

Trustees

Name	Role	Appointed
Adam Walker	Chair	2019-12-03
GRAHAM CHRISTOPHER ROWNTREE		2013-01-31
Henry Roy Fraser		2024-08-27
Julian Marcus Evans		2014-03-22
Lianne Estelle Firth MBE		2022-12-16
Martin Victor Hill		2018-12-14
Timothy John Peters		2022-12-16

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THE MATT HAMPSON FOUNDATION

England & Wales - Charity number 1139823

Accounts

Charity number: 1139823

THE MATT HAMPSON FOUNDATION

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

THE MATT HAMPSON FOUNDATION

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LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	R D Jackson (Resigned 1 April 2025) G C Rowntree P Harrison J M Evans J M Batchelar (Resigned 3 July 2024) M V Hill A C Walker L E Firth T J Peters H R Fraser (Appointed 27 August 2024)
Founder	M Hampson
Chief executive	S C Cawston
Charity number	1139823
Registered office	Get Busy Living Centre Twyford Road Burrough on the Hill Melton Mowbray Leicestershire LE14 2JR
Auditors	UHY Hacker Young 14 Park Row Nottingham NG1 6GR
Bankers	Handelsbanken St John's House 30 East Street Leicester LE1 6NB

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

The Trustees present their annual report together with the audited financial statements of the group and the charity for the year 1 April 2024 to 31 March 2025.

Structure, governance and management

Constitution

The charity is constituted under a Deed of Trust dated 9 November 2010 and is registered with the Charity Commission under charity number 1139823. There have been no amendments since its inception and no specific restrictions imposed by the Deed.

Board of Trustees

Trustees who served during the period were as follows:

R D Jackson (Resigned 1 April 2025)
G C Rowntree
P Harrison
J M Evans
J M Batchelar (Resigned 3 July 2024)
M V Hill
A C Walker
L E Firth
T J Peters
H R Fraser (Appointed 27 August 2024)

Method of appointment or election of Trustees

The Trustees are appointed by a Resolution of Trustees, and whenever a Trustee is appointed a Memorandum of Appointment is signed by the Trustee presiding at such meeting and attested by two other Trustees present thereat.

Governance

All major decisions are made by the Trustees who usually meet three or four times a year. New applications for help are listed, considered and decided upon by the Trustees between meetings.

Apart from minor expenses the Trustees are unpaid.

Objectives and Activities

The principal objective of the charity is to provide advice, support and rehabilitation for young people that have suffered a serious injury or disability through sport.

The Foundation provides assistance to improve the quality of life and wellbeing for young individuals who have sustained catastrophic injury or life altering injuries through sport. In (but not restricted to) the following areas:

a. Mentoring and friendship
b. Information and advice
c. Financial assistance
d. Technology and equipment
e. Physiotherapy
f. Use of the Get Busy Living Centre

Each year the Trustees review their aims and activities to ensure they continue to reflect their objectives. In carrying out this review the Trustees have considered the Charity Commission's guidance on public benefit.

Related party relationships

The charity owns the entire share capital of Get Busy Learning Limited (previously Matt Hampson Ltd.), a company of which R D Jackson (until 28 July 2025) and A C Walker are directors.

Review of activities

The Matt Hampson Foundation exists to support and inspire young people seriously injured through sport. Founded by Matt Hampson in 2011 after his own life-changing injury aged 20, the Foundation continues to grow in reach and impact, driven by the core belief that life can just as fulfilling after serious injury.

Everything we do is underpinned by our clear purpose: to support young people seriously injured through sport. Our mission is to create a strong and supportive network for these individuals and their families, encouraging shared experiences and peer support to help everyone 'Get Busy Living'.

This financial year has been challenging but also very productive for the Foundation and reflective of the hard work of the entire team. Our income reached £1,700,383 (2024: £1,435,565). This is reflective of the full calendar of events, the continued success of the Learning and Development department and continued generous support from corporate partners and individual donors. We continue to organise and be involved in numerous high profile and successful events including our annual Six Nations dinner and numerous other events where we are selected as the chosen charity including our Patron Mike Tindall's annual golf day and shooting event. Event income fell to £593,120 (2024: £859,100) reflecting the cyclical nature of some of our events, as well as the focus on supporting individual donors and corporate partners to fundraise on behalf of the Foundation. Donations totalled £968,262 (2024: £417,929) showcasing the strong interest in our fundraising activities, and we received a £50,000 donation from the Bruce Wake Foundation, £45,000 from the Anderson Foundation, and £30,000 each from Syncona and Barilone Property Developments. Donations are hard to predict and there is a reasonable chance that income from donations may fall in the current year.

Our corporate partnerships, including our learning and development activities, saw enthusiastic participation and our third year of the corporate games held at the Get Busy Living centre was a huge success and has led to further support from the many companies involved. Merchandise sales and physio services added to our income streams, leading to total incoming resources of £1.7 million. This allowed the charity to continue fulfilling its core mission of providing physical, mental and financial support to it growing number of beneficiaries. This included grants to individuals in the year of £97,358 (2024: £120,664).

The Foundation now employs 21 staff members, and its services have expanded to include physiotherapy, sports therapy, specialist personal training, yoga and Pilates, sports massage, Functional Electrical Stimulation (FES), InBody composition testing and weighing facilities, Centre social days, adaptive equipment trials, prosthesis clinic, occupational therapy advice, emotional and mental well-being support, experience days, peer support and mentoring, nutritional advice, hydrotherapy sessions, bladder and bowel management and support with returning to work and careers guidance. Over the year, we delivered more than 1600 physiotherapy sessions, 600 sports therapy sessions, 1,400 personal training sessions, and 350 yoga sessions and 300 counselling sessions.

We were proud to welcome 29 new beneficiaries to the Foundation and provide 73 intensive rehabilitation on-site lodge stays of which 58 were fully funded. These provide crucial 24-hour support for those travelling from afar or transitioning home after being in hospital. Since the Foundation was founded in 2011, we have supported close to 300 beneficiaries with financial support or rehabilitation at the Get Busy Living Centre and have inspired and provided guidance for many more individuals and their families following a life altering injury. Additionally, over 900 delegates attended leadership training programs, further expanding our reach. We are also very proud of our support of the next generation of physiotherapists and sports therapists welcoming work experience students from around the country to the Centre on a weekly basis and we are also working with the University of Leicester to provide six-week official teaching placements to their Physiotherapy students through the year.

Review of activities (continued)

Here at the Foundation, we believe in inspiring new and up-and-coming clinicians to change and improve rehabilitation for the better. The opportunities that they gain with us to see first-hand what long-term rehabilitation can achieve when combined with amazing peer support, holistic therapies and mental wellbeing coaching in a positive, motivational atmosphere are priceless. We hope that they will go on to improve the situation for many more people living with catastrophic injuries and carry the Get Busy Living message with them.

Our first satellite hub in Newcastle moved locations to a new facility in Gateshead and we are proud of the impact that it is making supporting those who experience a life altering injury in the Northeast. Regular PT sessions run with a group in Edinburgh, and we will be setting up similar sessions in the South of England in 2025/26, making sure our beneficiaries continue to be supported when they return home after a period of rehabilitation with us at the GBL Centre. Continuity of rehabilitation and the creation of support networks in other areas of the country, will be key in allowing us to support even more young people seriously injured through sport.

Our beneficiaries now have access to training designed to help them return to work. This includes CV assistance, interview preparation, and opportunities for work experience. We continue to emphasize the importance of enabling our beneficiaries to move forward with their lives after life-altering injuries, and we are proud to report some remarkable success stories, with beneficiaries returning to work and setting a positive example for others.

Through our experience supporting numerous beneficiaries over the years, we know how challenging accessing sport can be following a life-changing injury. There is a real lack of knowledge in the health and fitness industry around para-sport as well as huge expenses associated with participating in it. These factors, along with preconceptions around people with disabilities make it unnecessarily difficult, and in some cases impossible, for people to access high level sport. We want to change this and allow high level para-sport to be accessed by anyone with the potential and work ethic to succeed, irrespective of their situation. This is why we created the Matt Hampson Foundation Athlete Development Programme (ADP).

The ADP is now into its third year and has supported nine beneficiaries with Dan Parker becoming a National Champion, Taylor Gough and Josh Hickinbottom on National Governing body development programmes, Will Ruane competing at World Championships in 2024 and 2025, and Noah Crosby competing in the BritCar Trophy Motor Racing championship.

The Matt Hampson Foundation remains committed to its mission of providing vital support for those who need it most, and we look forward to building on the successes of this year as we move forward. We have submitted a planning application for an extension of the Get Busy Living Centre. This is a vital step in meeting the increasing demand for our services and ensuring we can continue to offer life-changing rehabilitation and support to more people across the UK.

Expenditure during the year decreased to £1,587,708 (2024: £1,618,319) primarily as fundraising costs were lower than in previous years. However, our fixed costs increased as we expanded the Foundation team as highlighted above and we also saw property and utility costs increase. We continue to see a greater demand for our services than we can provide and so are constantly looking at ways to diversify and grow our sources of funding so that we are in a position to help as many beneficiaries as possible.

Reserves policy and going concern

It is the policy of the charity that unrestricted funds, which have not been designated for a specific use, should be maintained at a level to fund the ongoing costs of running and operating the Get Busy Living Centre for six months, including staff costs. Our estimate of this cost is £397,070. The Trustees consider that reserves at this level will ensure that, in the event of a significant fall in incoming resources, the charity will be able to continue its current activities while consideration is given to finding additional funding. Free reserves, which are calculated as unrestricted funds less fixed assets per note 16 are £411,290 (2024: £238,437) and the trustees are pleased to report that the Foundation has met its minimum level of reserves at the year end. Our plan next year is to seek to raise more income from both recurring sources of income and as well as specific one off contributions which are linked directly to any capital projects we undertake.

Reserves policy and going concern (continued)

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

Key financial performance indicators

The unrestricted incoming resources of £1,601,393 (2024: £1,362,111) have allowed the charity to fulfil its principal objectives throughout the year and continue to provide a solid base for the future.

The Trustees are very pleased with the continued success of the charity being able to provide grants totalling £97,358 (2024: £120,664). Net unrestricted funds have increased by £162,687 to £1,471,204 as investment has been made increasing the team and enhancing the services that we are able to provide to beneficiaries and their families.

Public benefit statement

The activities that the charity has undertaken to further its charitable purposes for the public benefit are stated within the objectives and activities of the charity.

The trustees consider that they have complied with their duties under section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charities Commission.

Fundraising statement

The Foundation's fundraising activities are undertaken by the in-house fundraising team assisted by the contracted events managers. Fundraising activities are monitored by the Foundation's Chief Executive Officer, the Foundation's Founder and the Trustees. The Foundation is registered with the Fundraising Regulator and aims to ensure that its fundraising is respectful, open, honest, legal and accountable. The Fundraising Regulator is the independent regulator of charitable fundraising and holds the Code of Fundraising Practice for the UK. As a registered charity of the scheme, we follow the Code of Fundraising Practice.

Fundraising activities comprise events organised by the Foundation including the annual Six Nations Dinner and bi-annual Summer Ball. Auctions are held at the events and auction items are provided voluntarily or at heavily discounted rates by the charity's patrons and ambassadors and their associates. Auctions are monitored by the Chief Executive Officer ensuring that the bidding process does not place undue pressure on vulnerable people or other members of the public. No complaints were received in this period about fundraising activity by or on behalf of the charity.

Trustees' responsibilities statement

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees, on 10 September 2025 and signed on their behalf by:

A C Walker
Trustee

UHY Hacker Young LLP
14 Park Row
Nottingham NG1 6GR

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE MATT HAMPSON FOUNDATION

Opinion

We have audited the financial statements of The Matt Hampson Foundation (the 'parent charity') and its subsidiaries (the 'group') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, as set out on pages 10 to 24. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and of the parent charity's affairs as at 31 March 2025 and of the group's incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its trustees, as a body, for our audit work, for this report, or for the opinions we have formed.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's or the parent charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

UHY Hacker Young LLP
14 Park Row
Nottingham NG1 6GR

Other information
The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception
We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Trustees' Report is inconsistent in any material respect with the financial statements; or
- the parent charity has not kept sufficient accounting records; or
- the parent charity financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees
As explained more fully in the Trustees' Responsibilities Statement, the Trustees are responsible for the preparation of financial statements which give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the group's and the parent charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the group or the parent charity or to cease operations, or have no realistic alternative but to do so.

Auditors' responsibilities for the audit of the financial statements
We have been appointed as auditor under section 151 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

UHY Hacker Young LLP
14 Park Row
Nottingham NG1 6GR

Based on our understanding of the group and the parent charity and the industry in which it operates, we identified that the principal risks of non-compliance with laws and regulations related to the acts by the group, which were contrary to applicable laws and regulations including fraud, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Companies Act 2006. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls) and determined that the principal risks were related to inflated revenue and the charity's net income for the year.

Audit procedures performed included:

- review of the financial statement disclosures to underlying supporting documentation;
- review of correspondence with and reports to the regulators, including correspondence with the Charity Commission;
- enquiries of management in so far as they related to the financial statements; and
- testing of journals and evaluating whether there was evidence of bias by the trustees that represented a risk of material misstatement due to fraud.

There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' Report.

Chris McKain

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Chris McKain (Senior Statutory Auditor)
For and on behalf of UHY Hacker Young
Chartered Accountants
Statutory Auditors

UHY Hacker Young is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

15 SEPTEMBER 2025

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	Note	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income from:					
Donations and legacies	2	98,990	869,272	**968,262**	443,449
Fundraising	3	-	732,121	**732,121**	992,116
Total income		**98,990**	**1,601,393**	**1,700,383**	**1,435,565**
Expenditure on:					
Raising funds		-	533,798	**533,798**	546,031
Charitable activities		149,002	904,908	**1,053,910**	1,072,288
Total expenditure	4	**149,002**	**1,438,706**	**1,587,708**	**1,618,319**
Net surplus/(deficit)	5	**(50,012)**	**162,687**	**112,675**	**(182,754)**
Reconciliation of funds:					
Total funds brought forward		**1,074,039**	**1,308,517**	**2,382,556**	2,565,310
Total funds carried forward		**1,024,027**	**1,471,204**	**2,495,231**	**2,382,556**

The notes on pages 14 to 24 form part of these financial statements.

THE MATT HAMPSON FOUNDATION

CONSOLIDATED BALANCE SHEET
AS AT 31 MARCH 2025

	Note	£	2025 £	£	2024 £
Fixed assets					
Tangible assets	**9**		**1,937,203**		**2,008,389**
Current assets					
Stocks	**11**	22,665		28,020	
Debtors	**12**	156,239		234,324	
Cash at bank and in hand		471,215		192,054	
		650,119		**454,398**	
Creditors; amounts falling due within one year	**13**	**(92,091)**		**(80,231)**	
Net current assets			**558,028**		**374,167**
Net assets			**2,495,231**		**2,382,556**
Charity funds					
Restricted funds	**14**		1,024,027		1,074,039
Unrestricted funds	**14**		1,471,204		1,308,517
Total funds			**2,495,231**		**2,382,556**

The financial statements were approved by the Trustees on 10 September 2025 and signed on their behalf, by:

A C Walker
Trustee

The notes on pages 14 to 24 form part of these financial statements.

THE MATT HAMPSON FOUNDATION

CHARITY BALANCE SHEET
AS AT 31 MARCH 2025

	Note	£	2025 £	£	2024 £
Fixed assets					
Tangible assets	9		1,919,773		1,984,931
Investments	10		1,000		1,000
			1,920,773		**1,985,931**
Current assets					
Stocks	11	8,291		25,049	
Debtors	12	216,191		259,980	
Cash at bank and in hand		425,988		181,031	
		650,469		**466,060**	
Creditors; amounts falling due within one year	13	**(84,426)**		**(77,239)**	
Net current assets			**566,043**		**388,821**
Net assets			**2,486,816**		**2,374,752**
Charity funds					
Restricted funds	14		1,024,027		1,074,039
Unrestricted funds	14		1,462,789		1,300,713
Total funds			**2,486,816**		**2,374,752**

The financial statements were approved by the Trustees on 10 September 2025 and signed on their behalf, by:

A C Walker
Trustee

The notes on pages 14 to 24 form part of these financial statements.

THE MATT HAMPSON FOUNDATION

CONSOLIDATED STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2025

	Note	2025 £	2024 £
Cash flows from operating activities			
Net cash generated/(used) by operating activities	17	301,853	(206,553)
Cash flows from investing activities:			
Purchase of tangible fixed assets	9	(22,692)	(91,960)
Net cash used in investing activities			
Change in cash and cash equivalents in the year		279,161	**(298,513)**
Cash and cash equivalents brought forward		192,054	490,567
Cash and cash equivalents carried forward		**471,215**	**192,054**

The notes on pages 14 to 24 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1. Accounting Policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland ("FRS 102") (effective 1 January 2019) and FRS 102 and Charities Act 2011.

The Matt Hampson Foundation constitutes a public benefit entity as defined by FRS 102.

The Statement of Financial Activities (SOFA) and Balance Sheet consolidate the financial statements of the charity and its subsidiary undertaking. The results of the subsidiary are consolidated on a line by line basis.

No separate SOFA has been presented for the charity alone.

1.2 Basis of consolidation

The financial statements consolidate the accounts of The Matt Hampson Foundation and its subsidiary undertaking.

1.3 Going concern

The Trustees have reviewed the circumstances of the Foundation and consider that adequate resources continue to be available to fund its activities for the foreseeable future. The Trustees consider that there are no material uncertainties about the Foundation's ability to continue as a going concern.

1.4 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1.5 Direct taxation

The Foundation is a registered charity and therefore is generally not liable to direct taxation on income arising from its charitable activities as it falls within the various exemptions available to registered charities.

1. Accounting Policies (continued)

1.6 Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Income from the sale of sports equipment and memorabilia is recognised at the point of sale. Income from Learning & Development training is recognised at the point the training occurs. Income in respect of dinners and other fundraising events is recognised once the event has taken place.

Gifts and services are recognised as income when the Foundation has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from use by the Foundation of the item is probable and that economic benefit can be measured reliably.

Gifts and services in kind in respect of the construction of the Foundation's Get Busy Living Centre are recognised on the basis of the value of the gift to the Foundation, being the amount the charity would have been willing to pay to obtain services of equivalent economic benefit on the open market. A corresponding amount is recognised as tangible fixed assets in the period of receipt.

Auction income is recognised at the point that goods are shipped, or vouchers for experiences are issued.

1.7 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

Governance costs are costs relating to meeting the constitutional and statutory requirements of the Foundation.

Expenditure on charitable activities comprises costs incurred in the furtherance of the charity's objectives, including grants payable to individuals with life changing injuries and institutions with similar objectives to the Foundation and the associated support costs.

Grants payable relating to the financial year under review are accrued in that financial year. Grants committed at the balance sheet date relating to future years are disclosed but not accrued.

1. Accounting Policies (continued)

1.8 Investments

Investments in subsidiaries are valued at cost less provision for impairment.

1.9 Tangible fixed assets and depreciation

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of Financial Activities.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

- Long-term leasehold property – Over lease term of 50 years
- Plant and machinery – 25% / 10% straight line
- Office equipment – 33% straight line

1.10 Operating leases

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

1.11 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks.

1.12 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

1.13 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.14 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.15 Creditors and provisions

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount that the charity anticipates it will pay to settle the debt.

1. Accounting Policies (continued)

1.16 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1.17 Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

1.18 Judgements in applying accounting policies and key sources of estimation uncertainty

The preparation of the financial statements requires the use of judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the reporting date and the amounts reported for income and expenditure during the year, However, the nature of estimation means that actual outcomes could differ from those estimates.

Gifts and services
When construction relating to the Get Busy Living Centre is undertaken, the Foundation makes an estimate of gifts and services received relating to it. The estimate is based on information provided by the contractor, including the fair value of the services performed, where the service was in the course of construction, and the estimated stage of completion at the balance sheet date.

2. Income from donations and legacies

	Restricted funds 2025 £	Unrestricted Funds 2025 £	Total funds 2025 £	Total funds 2024 £
Donations	98,990	869,272	**968,262**	417,929
Grants	-	-	-	25,520
Total donations and legacies	**98,990**	**869,272**	**968,262**	**443,449**
Total 2024	**73,454**	**369,995**	**443,449**	

3. Fundraising income

	Restricted funds 2025 £	Unrestricted Funds 2025 £	Total funds 2025 £	Total funds 2024 £
Events	-	348,812	348,812	532,495
Dinners	-	244,308	244,308	326,605
Merchandise sales	-	27,432	27,432	15,838
Learning and development income	-	49,426	49,426	78,713
Physio services	-	48,244	48,244	38,465
Other income	-	13,899	13,899	-
Total fundraising income	-	**732,121**	**732,121**	**992,116**
Total 2024	-	**992,116**	**992,116**	

4. Direct costs

	Fundraising expenses £	Governance £	Activities £	Total 2025 £	Total 2024 £
Property expenses	-	-	163,919	**163,919**	128,139
Dinner & Event costs	161,046	-	-	**161,046**	249,915
Advertising and promotion	-	-	11,875	**11,875**	14,061
Legal and professional *	-	35,917	40,222	**76,139**	110,193
Travel and entertaining	-	-	74,274	**74,274**	84,686
Merchandise and purchases	31,987	-	-	**31,987**	20,654
Learning & Development	35,260	-	-	**35,260**	40,668
Depreciation	6,728	-	87,150	**93,878**	92,305
Loss on disposal	-	-	-	**-**	9,280
Grants to individuals	-	-	97,358	**97,358**	120,664
Staff costs	276,884	-	511,550	**788,434**	704,346
Other costs *	21,893	-	31,645	**53,538**	43,408
Total direct costs	**533,798**	**35,917**	**1,017,993**	**1,587,708**	**1,618,319**
Total 2024	**546,031**	**25,351**	**1,046,937**	**1,618,319**	

Of the above fundraising costs, £nil (2024: £18,934) were attributable to restricted funds and £533,798 (2024: £527,097) were attributable to unrestricted funds.

Of the above governance costs, £nil (2024: £nil) were attributable to restricted funds and £35,917 (2024: £25,351) were attributable to unrestricted funds.

Of the above charitable activity costs, £149,002 (2024: £145,841) were attributable to restricted funds and £868,991 (2024: £901,096) were attributable to unrestricted funds.

*Within these categories of expenditure are support costs totalling £67,562 (2024: £55,477)

5. Net surplus

This is stated after charging:

	2025 £	2024 £
Operating lease costs	150	8,250
Depreciation of tangible fixed assets	93,878	92,305
Loss on disposal	-	9,280

6. Auditors' remuneration

The Auditor's remuneration amounts to £11,900 (2024: £9,750).

7. Staff costs

Staff costs were as follows:

	2025 £	2024 £
Wages and salaries	699,192	624,750
Social security costs	73,015	65,920
Pension costs	16,227	13,676
Total staff costs	**788,434**	**704,346**

The average number of persons employed by the charity during the year was as follows:

	2025 Number	2024 Number
Rehabilitation	8	6
Administrative	7	6
Fundraising	5	5
Total employees	**20**	**17**

There was one employee whose annual remuneration fell within the £80,001-£90,000 band (2024: one employee within the £80,001-£90,000 band).

Key management
Key management includes the Trustees and members of senior management. The compensation paid or payable to key management for employee services amounted to £92,061 (2024: £93,490) and pension contributions amounted to £1,321 (2024: £1,321).

Trustees remuneration, benefits and reimbursed expenses
During the period, none of the Trustees received any remuneration or benefits in kind. Expenses of £608 (2024: £1,034) were reimbursed during the period.

8. Trading activities

The Foundation owns 100% of the issued ordinary share capital of Get Busy Learning Limited, a company incorporated in England and Wales. The company is used to sell merchandise and memorabilia, as well as workplace training sessions, for the direct benefit of the Foundation.

9. Tangible fixed assets

	Long-term leasehold property	Plant and machinery	Office Equipment	Total
Group	£	£	£	£
Cost				
At 1 April 2024	2,092,728	307,056	80,685	2,480,469
Additions	12,121	7,452	3,119	22,692
At 31 March 2025	**2,104,849**	**314,508**	**83,804**	**2,503,161**
Depreciation and Impairment				
At 1 April 2024	226,278	206,950	38,852	472,080
Charged in the year	41,904	27,253	24,721	93,878
At 31 March 2025	**268,182**	**234,203**	**63,573**	**565,958**
Carrying amount				
At 31 March 2025	**1,836,667**	**80,305**	**20,231**	**1,937,203**
At 31 March 2024	1,866,450	100,106	41,833	2,008,389
Charity				
Cost				
At 1 April 2024	2,092,728	279,532	80,684	2,452,944
Additions	12,121	7,452	2,418	21,991
At 31 March 2025	**2,104,849**	**286,984**	**83,102**	**2,474,935**
Depreciation and Impairment				
At 1 April 2024	226,278	202,883	38,852	468,013
Charged in the year	41,904	20,699	24,546	87,149
At 31 March 2025	**268,182**	**223,582**	**63,398**	**555,162**
Carrying amount				
At 31 March 2025	**1,836,667**	**63,402**	**19,704**	**1,919,773**
At 31 March 2024	1,866,450	76,649	41,832	1,984,931

10. Fixed asset investments

Charity	Shares in group undertakings £
Cost	
At 1 April 2024 and 31 March 2025	**1,000**

11. Stocks

	Group		Charity	
	2025 £	**2024 £**	**2025 £**	**2024 £**
Total stocks	**22,665**	**28,020**	**8,291**	**25,049**

12. Debtors

	Group		Charity	
	2025 £	**2024 £**	**2025 £**	**2024 £**
Amounts owed by group undertakings	-	-	64,282	41,759
Other debtors	61,186	58,244	56,857	43,839
Prepayments and accrued income	95,052	176,080	95,052	174,382
Total debtors	**156,239**	**234,324**	**216,191**	**259,980**

13. Creditors

	Group		Charity	
	2025 £	**2024 £**	**2025 £**	**2024 £**
Other taxation and social security	17,499	17,113	17,499	16,471
Other creditors	14,329	7,303	11,432	7,303
Accruals and deferred income	60,263	55,815	55,495	53,465
Total creditors	**92,091**	**80,231**	**84,426**	**77,239**

14. Statement of funds

Group	Balance at 1 April 2023	Income	Expenditure	Balance at 31 March 2024	Income	Expenditure	Balance at 31 March 2025
Unrestricted funds	£	£	£	£	£	£	£
General funds	1,399,950	1,362,111	(1,453,544)	1,308,517	1,601,393	(1,438,706)	1,471,204
Restricted funds							
George Robinson	1,121	-	(840)	281	-	(281)	-
Jeremy Albeiro	7,675	-	-	7,675	840	(8,515)	-
Paul Curtis	255	-	-	255	-	-	255
Sophie Wilson	-	-	-	-	6,000	(3,897)	2,103
Oli Ingram	-	-	-	-	20,000	(16,128)	3,872
Taylor Gough	920	-	(920)	-	-	-	-
Ed Jackson	1,006	-	-	1,006	-	-	1,006
Get Busy Living Centre	726,985	30,000	(88,266)	668,719	30,000	(86,021)	612,698
Accommodation Lodges	246,045	-	(4,375)	241,670	-	(5,000)	236,670
Event Donations	1,000	17,934	(18,934)	-	-	-	-
Hydro Pool	130,353	-	-	130,353	14,380	(81)	144,652
Barratt Developments	50,000	-	(50,000)	-	-	-	-
My Name'5 Doddie Foundation	-	25,520	(1,440)	24,080	-	(9,079)	15,001
Injured Jockeys	-	-	-	-	20,000	(20,000)	-
Six Nations Dinner	-	-	-	-	7,770	-	7,770
Total restricted funds	**1,165,360**	**73,454**	**(164,775)**	**1,074,039**	**98,990**	**(149,002)**	**1,024,027**
Total of funds	**2,565,310**	**1,435,565**	**(1,618,319)**	**2,382,556**	**1,700,383**	**(1,587,708)**	**2,495,231**

The George Robinson, Jeremy Albeiro and Paul Curtis funds were set up to provide funding for equipment, physiotherapy and other associated costs for beneficiaries suffering injuries through sport.

The Sophie Wilson, Oli Ingram, Taylor Gough and Ed Jackson funds were set up to distribute donations received by The Matt Hampson Foundation specifically for these beneficiaries.

Get Busy Living Centre was set up to provide funding for the construction and operation of a state of the art rehabilitation centre for beneficiaries seriously injured through sport.

Davidsons Homes have built and donated two intensive rehabilitation Accommodation Lodges to the Foundation in 2022. These facilities will be available for beneficiaries to stay both long and short-term and receive all the support they need as they transition from hospital to independence.

Event Donations represent amounts donated towards the costs of hosting fundraising events. Peter Howard donated £1,000 in the 2022 period and £17,934 in 2024 period towards the Summer Ball marquee which was held in the 2024 period.

The Hydro Pool fund represents donations received specifically for the purpose of building a hydrotherapy pool at the Get Busy Living Centre site to offer additional facilities to beneficiaries suffering injuries through sport.

Barratt Developments donated £125,000 in the 2023 period to fund staff salaries, which has been fully utilised during 2023 and 2024.

In the 2024 period, the My Name'5 Doddie Foundation awarded the Matt Hampson Foundation a grant of £25,520 to offer support at the Get Busy Living Centre to those diagnosed with motor neurone disease, including physiotherapy, fitness support and social events.

14. Statement of funds (continued)

The Injured Jockeys Foundation donated £20,000 to contribute towards costs for the injured jockey, Graham Lee.

Six Nations Dinner pledges were received at the 6N dinner fundraising event to cover specific costs such as a physiotherapy or counselling session, or a beneficiary experience.

15. Related party disclosure

In the year the Founder, M Hampson, received an amount of £15,921 (2024: £Nil) to fund the purchase of a new Wheelchair. M Hampson also received payments from the charity totalling £Nil (2024: £3,672) to compensate him for a beneficiary using his adapted property in France while long suitable accommodation is found. Amounts of £2,878 (2024: £15,087) relating to travel and accommodation and £Nil (2024: £1,224) relating to entertaining were also reimbursed to M Hampson during the period.

During the year, there were recharges of £11,040 (2024: £5,865) from the charity to Get Busy Learning Limited, the wholly owned trading subsidiary. At the year end, a loan balance of £64,282 (2024: £41,759) was owed by Get Busy Learning Limited to the charity.

16. Analysis of net assets between funds

Group	Restricted funds	Unrestricted funds	Total funds
Current year	**£**	**£**	**£**
Tangible fixed assets	877,288	1,059,915	1,937,203
Current assets	146,739	503,380	650,119
Creditors due within one year	-	(92,091)	(92,091)
Total funds for current year	**1,024,027**	**1,471,204**	**2,495,231**
Prior year			
Tangible fixed assets	938,309	1,070,080	2,008,389
Current assets	135,730	318,668	454,398
Creditors due within one year	-	(80,231)	(80,231)
Total funds for prior year	**1,074,039**	**1,308,517**	**2,382,556**

17. Reconciliation of net movement in funds to net cash flow from operating activities

Group	2025 £	2024 £
Net surplus/(deficit) for the year (as per Statement of Financial Activities)	112,675	(182,754)
Adjustment for:		
Depreciation charges	93,878	92,305
Decrease in stocks	5,355	9,280
Decrease/(increase) in debtors	78,085	(15,666)
Increase in creditors	11,860	38,641
Gifts in kind	-	(148,359)
Net cash generated/(used) by operating activities	**301,853**	**(206,553)**

18. Pension commitments

The Foundation operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Foundation in an independently administered fund. The pension cost charge represents contributions payable by the Foundation to the fund and amounted to £16,227 (2024: £13,676). Contributions totaling £3,274 (2024: £2,752) were payable to the fund at the balance sheet date and are included in creditors.

19. Operating lease commitments

At 31 March 2025 the total of the group's future minimum lease payments under non-cancellable operating leases was:

Group	2025 £	2024 £
Amounts payable:		
Within 1 year	150	150
Between 1 and 5 years	600	600
After more than 5 years	5,400	5,550
Total	**6,150**	**6,300**

THE MATT HAMPSON FOUNDATION

England & Wales - Charity number 1139823

Accounts

Charity number: 1139823

THE MATT HAMPSON FOUNDATION

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

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LEGAL AND ADMINISTARTIVE INFORMATION
FOR THE YEAR ENDED 31 MARCH 2024

Trustees	R D Jackson, Chairman G C Rowntree P Harrison J M Evans M V Hill A C Walker L E Firth T J Peters H Fraser (appointed 27 August 2024)
Founder	M Hampson
Chief executive	S C Cawston
Charity number	1139823
Registered office	Get Busy Living Centre Twyford Road Burrough on the Hill Melton Mowbray Leicestershire LE14 2JR
Auditors	UHY Hacker Young 14 Park Row Nottingham NG1 6GR
Bankers	Handelsbanken St John's House 30 East Street Leicester LE1 6NB

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2024

The Trustees present their annual report together with the audited financial statements of the group and the charity for the year 1 April 2023 to 31 March 2024.

Structure, governance and management

Constitution

The charity is constituted under a Deed of Trust dated 9 November 2010 and is registered with the Charity Commission under charity number 1139823. There have been no amendments since its inception and no specific restrictions imposed by the Deed.

Board of Trustees

Trustees who served during the period were as follows:

R D Jackson, Chairman
G C Rowntree
P Harrison
J M Evans
J M Batchelar – resigned 3 July 2024
M V Hill
A C Walker
L E Firth
T J Peters
H Fraser – appointed 27 August 2024

Method of appointment or election of Trustees

The Trustees are appointed by a Resolution of Trustees, and whenever a Trustee is appointed a Memorandum of Appointment is signed by the Trustee presiding at such meeting and attested by two other Trustees present thereat.

Governance

All major decisions are made by the Trustees who usually meet three or four times a year. New applications for help are listed, considered and decided upon by the Trustees between meetings.

Apart from minor expenses the Trustees are unpaid.

Objectives and Activities

The principal objective of the charity is to provide advice, support and rehabilitation for young people that have suffered a serious injury or disability through sport.

The Matt Hampson Foundation (“Foundation”) provides assistance to improve the quality of life and wellbeing for young individuals who have sustained catastrophic injury or life altering injuries through sport. In (but not restricted to) the following areas:

a. Mentoring and friendship
b. Information and advice
c. Financial assistance
d. Technology and equipment
e. Physiotherapy
f. Use of the Get Busy Living Centre

Each year the Trustees review their aims and activities to ensure they continue to reflect their objectives. In carrying out this review the Trustees have considered the Charity Commission's guidance on public benefit.

Related party relationships

The charity owns the entire share capital of Get Busy Learning Limited (previously Matt Hampson Ltd.), a company of which R D Jackson and A C Walker are directors.

Review of activities

The Matt Hampson Foundation continues to be a unique and dynamic charity driven by the 'Get Busy Living' mantra of its founder. This philosophy is central to the charity's mission, encouraging its beneficiaries to adopt a positive mindset and focus on what they can achieve rather than on their limitations. The Get Busy Living Centre remains the heart of the Foundation, providing a vital support hub for beneficiaries and their families across the UK. The holistic support offered here is key in helping them face and overcome their challenges.

This financial year has been both exciting and productive for the Foundation. Our income reached £1,435,565 (2023: £1,553,791). This is reflective of the full calendar of events we organized, the success of the Learning and Development department, and continued generous support from corporate partners and individual donors. Among the key events was our annual Six Nations Dinner in Battersea, which continues to be one of the go to events during the Six Nations, we held our most successful Summer Ball at Marston Trussell Hall and Walk4Matt returned after a ten-year break. Our annual golf and shooting events backed by our Patron Mike Tindall raised both funds and awareness for the work of the Foundation to our committed supporters.

Event income rose to £859,100 (2023: £821,928) showcasing the strong interest in our fundraising activities. However, donations totaled £417,929 (2023: £595,845) which was lower than the previous year and this is an area we will look to increase however maybe reflective of the current economic climate. We received a grant of £25,000 from the My Name is Doddie Foundation in recognition of the collaborative work we do on MND. We are hopeful that this will be a long-standing relationship alongside the work we do with 4ED, set up by one of our ambassadors, Ed Slater. Our corporate partnerships, including our learning and development activities, saw enthusiastic participation and the second year of the Corporate games at the Get Busy Living Centre was a huge success and has led to further support from the companies involved. Merchandise sales and physio services added to our income streams, leading to total incoming resources of £1.44 million. This allowed the charity to continue fulfilling its core mission of providing physical, mental, and financial support to its growing number of individuals. This included grants to individuals in the year of £120,664 (2023: £120,865).

The Get Busy Living Centre now employs 21 staff members, and its services have expanded to include physiotherapy, sports therapy, specialist personal training, yoga and Pilates, sports massage, Functional Electrical Stimulation (FES), InBody composition testing and weighing facilities, Centre social days, adaptive equipment trials, prosthesis clinic, occupational therapy advice, emotional and mental well-being support, experience days, peer support and mentoring, nutritional advice, hydrotherapy sessions , bladder and bowel management and support with retuning to work and careers guidance. Over the year, we delivered more than 1500 physiotherapy sessions, 700 sports therapy sessions, 1,400 personal training sessions, and 500 yoga and well-being sessions.

We were proud to welcome fourteen new beneficiaries to the Foundation this year and provide 53 intensive rehabilitation on site lodge stays. These stays provide crucial 24-hour support for those traveling from afar or transitioning home after hospitalization. Since the Foundation was founded in 2011 we have supported close to 300 beneficiaries with financial support or rehabilitation at the Get Busy Living Centre and have inspired and provided guidance for many more individuals and their families following a life altering injury. Additionally, over 500 delegates attended leadership training programs, further expanding our reach. We are also very proud of our support of the next generation of physiotherapists and sports therapists welcoming work experience students from around the country to the Centre on a weekly basis and we are also working with the University of Leicester to provide six-week official teaching placements to their Physiotherapy students through the year.

Here at the Foundation, we believe in inspiring new and up and coming clinicians to change and improve rehabilitation for the better. The opportunities that they get with us to see first-hand what long-term rehabilitation can achieve when combined with amazing peer support, holistic therapies and mental wellbeing coaching in a positive, motivational atmosphere are priceless. We hope that they will go on to improve the situation for many more people living with catastrophic injuries and carry the Get Busy Living message with them.

Review of activities (continued)

This year saw two new members join Team Hambo, including a new full time junior physiotherapist and a manager of our Southern Hub which we will be looking to launch in early 2025. We were proud to launch our first Satellite hub in Newcastle and now fund a physio one day a week at the facility in Benton. These two satellite centers will allow us to continue to support those beneficiaries who cannot access the Centre on a regular basis. Continuity of rehabilitation and the creation of support networks in other areas of the country, will be key in allowing us to support even more young people seriously injured through sport.

Our beneficiaries now have access to training designed to help them return to work. This includes CV assistance, interview preparation, and opportunities for work experience. We continue to emphasize the importance of enabling our beneficiaries to move forward with their lives after life-altering injuries, and we are proud to report some remarkable success stories, with beneficiaries returning to work and setting a positive example for others.

Through our experience supporting numerous beneficiaries over the years, we know how challenging accessing sport can be, following a life-changing injury. There is a real lack of knowledge in the health and fitness industry around para-sport as well as huge expenses associated with participating in it. These factors, along with preconceptions around people with disabilities make it unnecessarily difficult, and in some cases impossible, for people to access high level sport.

We want to change this and allow high level para-sport to be accessed by anyone with the potential and work ethic to succeed, irrespective of their situation. This is why we created the Matt Hampson Foundation Athlete Development Programme (ADP).

The ADP is now into its second year and has supported seven beneficiaries with one becoming a National Champion, two are on National Governing body development programmes, one is on track to compete at a World Championships in 2024 and another is competing in the BritCar Trophy Motor Racing championship.

The Matt Hampson Foundation remains committed to its mission of providing vital support for those who need it most, and we look forward to building on the successes of this year as we move forward.

In line with our stated objectives, during the year the charity made grants to institutions of £nil (2023: £5,000). The charity was able to make grants totaling £120,664 (2023: £120,865) to support seriously injured or disabled individuals.

Expenditure during the year decreased to £1,618,319 (2023: £1,736,774) primarily as fundraising costs were lower than in previous years. However, our fixed costs increased as we expanded the Foundation team as highlighted above and we also saw property and utility costs increase. We continue to see a greater demand for our services than we can provide and so are constantly looking at ways to diversify and grow our sources of funding so that we are in a position to help as many beneficiaries as possible.

Reserves policy and going concern

It is the policy of the charity that unrestricted funds, which have not been designated for a specific use, should be maintained at a level to fund six months' recurring expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant fall in incoming resources, the charity will be able to continue its current activities while consideration is given to finding additional funding. Free reserves have again been lower this year principally as a result of the increased investment in staff costs at the Get Busy Living Centre to meet the increased demand we have for all the services we offer. Our plan next year is to seek to raise more income from both recurring sources of income and as well as specific one off contributions which are linked directly to any capital projects we undertake. The Trustees are focused on ensuring that the reserves policy is met.

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements

Plans for the future
Extension of the Get Busy Living Centre

The Matt Hampson Foundation is planning an extension to the Get Busy Living Centre. This development will involve a single-storey extension that will provide the Foundation with additional space, allowing us to better meet the growing demand for our services.

One of the key goals of this expansion is to reconfigure the layout of the Centre. The rehabilitation gym and facilities will be moved downstairs into the newly expanded area. This relocation will create much-needed room for our rehabilitation team, enabling them to more effectively support the increasing number of beneficiaries. As the Foundation's services become more widely recognized, the number of individuals seeking support continues to rise, placing greater pressure on our current space and resources.

Social and Office Space Enhancements

Upstairs, the existing area will continue to serve as a social space for beneficiaries and their families. This area is essential for facilitating peer support and mentorship, which are core elements of the Foundation's mission. In addition to this, we will be expanding office space for our growing staff. The expansion will allow our team to work more efficiently in supporting beneficiaries, managing the increasing workload, and coordinating activities across the Foundation.

Geographic Expansion through Satellite Hubs

In response to the geographical distribution of our beneficiaries, the Matt Hampson Foundation is also planning to establish a second satellite hub in 2025. Building on the success of our Northern Satellite Hub at Gym Possible in Newcastle, the new hub will be located in the South, specifically in the London area. This new facility will mirror the setup in Newcastle, providing beneficiaries with access to physiotherapy, peer support, and mentorship closer to their homes.

This new hub will enable beneficiaries in and around London to benefit from the same level of continuous rehabilitation and support that is available at the Get Busy Living Centre. We recognize that continuity in rehabilitation is essential in giving our beneficiaries the best possible opportunities for recovery and personal growth, and this new hub will play a critical role in achieving that goal.

The Matt Hampson Foundation is committed to evolving to meet the needs of our beneficiaries. The planned extension of the Get Busy Living Centre and the establishment of a new satellite hub in London will allow us to provide even greater support to those who rely on our services. As demand continues to grow, these initiatives will help ensure that we remain equipped to provide world-class rehabilitation and a supportive community for our beneficiaries and their families.

Key financial performance indicators

The unrestricted incoming resources of £1,362,111 (2023: £1,362,940) have allowed the charity to fulfil its principal objectives throughout the year and continue to provide a solid base for the future.

The Trustees are very pleased with the continued success of the charity being able to provide grants totalling £120,664 (2023: £120,865). Net unrestricted funds have reduced by £99,237 to £1,300,713 as investment has been made increasing the team and enhancing the services that we are able to provide to beneficiaries and their families.

Public benefit statement

The activities that the charity has undertaken to further its charitable purposes for the public benefit are stated within the objectives and activities of the charity.

The trustees consider that they have complied with their duties under section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charities Commission.

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2024

Fundraising statement

The Foundation's fundraising activities are undertaken by the in house fundraising team assisted by the contracted events managers. Fundraising activities are monitored by the Foundation's Chief Executive Officer, the Foundation's Founder and the Trustees. The Foundation is registered with the Fundraising Regulator and aims to ensure that its fundraising is respectful, open, honest, legal and accountable. The Fundraising Regulator is the independent regulator of charitable fundraising and holds the Code of Fundraising Practice for the UK. As a registered charity of the scheme, we follow the Code of Fundraising Practice.

Fundraising activities comprise events organised by the Foundation including the annual Six Nations Dinner and bi annual Summer Ball. Auctions are held at the events and auction items are provided voluntarily or at heavily discounted rates by the charity's patrons and ambassadors and their associates. Auctions are monitored by the Chief Executive Officer ensuring that the bidding process does not place undue pressure on vulnerable people or other members of the public. No complaints were received in this period about fundraising activity by or on behalf of the charity.

Trustees' responsibilities statement

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees, on 14 November 2024 and signed on their behalf by:

A C Walker
Trustee

UHY Hacker Young LLP
14 Park Row
Nottingham NG1 6GR

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF THE MATT HAMPSON FOUNDATION

Opinion
We have audited the financial statements of The Matt Hampson Foundation (the 'parent charity') and its subsidiaries (the 'group') for the year ended 31 March 2024 set out on pages 10 to 23. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

The financial statements have been prepared in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

This has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

In our opinion the financial statements:

- give a true and fair view of the state of the group's and of the parent charity's affairs as at 31 March 2024 and of the group's incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion
We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Use of our report
This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its trustees, as a body, for our audit work, for this report, or for the opinions we have formed.

Conclusions relating to going concern
In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's or the parent charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Trustees' Report is inconsistent in any material respect with the financial statements; or
- the parent charity has not kept sufficient accounting records; or
- the parent charity financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Trustees' Responsibilities Statement, the Trustees are responsible for the preparation of financial statements which give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the group's and the parent charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the group or the parent charity or to cease operations, or have no realistic alternative but to do so.

Auditors' responsibilities for the audit of the financial statements

We have been appointed as auditor under section 151 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Based on our understanding of the group and the parent charity and the industry in which it operates, we identified that the principal risks of non-compliance with laws and regulations related to the acts by the group, which were contrary to applicable laws and regulations including fraud, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls) and determined that the principal risks were related to inflated revenue and the charity's net income for the year.

Audit procedures performed included:

- review of the financial statement disclosures to underlying supporting documentation;
- review of correspondence with and reports to the regulators, including correspondence with the Charity Commission;
- enquiries of management in so far as they related to the financial statements; and
- testing of journals and evaluating whether there was evidence of bias by the trustees that represented a risk of material misstatement due to fraud.

There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' Report.

Chris McKain

Date: 15 November 2024

Chris McKain (Senior Statutory Auditor)
For and on behalf of UHY Hacker Young
Chartered Accountants
Statutory Auditors

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	Note	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income from:					
Donations	**2**	73,454	369,995	443,449	595,845
Fundraising	**3**	-	992,116	992,116	957,946
Total income		**73,454**	**1,362,111**	**1,435,565**	**1,553,791**
Expenditure on:					
Raising funds		18,934	527,097	546,031	847,070
Charitable activities		145,841	926,447	1,072,288	889,704
Total expenditure	**4**	**164,775**	**1,453,544**	**1,618,319**	**1,736,774**
Net deficit		**(91,321)**	**(91,433)**	**(182,754)**	**(182,983)**
Reconciliation of funds:					
Total funds brought forward		1,165,360	1,399,950	2,565,310	2,748,293
Total funds carried forward		**1,074,039**	**1,308,517**	**2,382,556**	**2,565,310**

The notes on pages 14 to 23 form part of these financial statements.

CONSOLIDATED BALANCE SHEET
AS AT 31 MARCH 2024

	Note	£	2024 £	£	2023 £
Fixed assets					
Tangible assets	**10**		**2,008,389**		**2,018,014**
Current assets					
Stocks	**12**	28,020		12,354	
Debtors	**13**	234,324		272,965	
Cash at bank and in hand		192,054		490,567	
		454,398		**775,886**	
Creditors: amounts falling due within one year	**14**	**(80,231)**		**(228,590)**	
Net current assets			**374,167**		**547,296**
Net assets			**2,382,556**		**2,565,310**
Charity funds					
Restricted funds	**15**		1,074,039		1,165,360
Unrestricted funds	**15**		1,308,517		1,399,950
Total funds			**2,382,556**		**2,565,310**

The financial statements were approved by the Trustees on 14 November 2024 and signed on their behalf, by:

A C Walker
Trustee

The notes on pages 14 to 23 form part of these financial statements.

CHARITY BALANCE SHEET
AS AT 31 MARCH 2024

	Note	£	2024 £	£	2023 £
Fixed assets					
Tangible assets	**10**		1,984,931		2,018,014
Investments	**11**		1,000		-
			1,985,931		**2,018,014**
Current assets					
Stocks	**12**	25,049		12,354	
Debtors	**13**	259,980		272,965	
Cash at bank and in hand		181,031		490,567	
		466,060		**775,886**	
Creditors; amounts falling due within one year	**14**	**(77,239)**		**(228,590)**	
Net current assets			**388,821**		**547,296**
Net assets			**2,374,752**		**2,565,310**
Charity funds					
Restricted funds	**15**		1,074,039		1,165,360
Unrestricted funds	**15**		1,300,713		1,399,950
Total funds			**2,374,752**		**2,565,310**

The financial statements were approved by the Trustees on 14 November 2024 and signed on their behalf, by:

A C Walker
Trustee

The notes on pages 14 to 23 form part of these financial statements.

CONSOLIDATED STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2024

	Note	2024 £	2023 £
Cash flows from operating activities			
Net cash used by operating activities	**18**	(206,553)	(143,493)
Cash flows from investing activities:			
Purchase of tangible fixed assets		(91,960)	(126,677)
Change in cash and cash equivalents in the year		**(298,513)**	**(270,170)**
Cash and cash equivalents brought forward		490,567	760,737
Cash and cash equivalents carried forward		**192,054**	**490,567**

The notes on pages 14 to 23 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. Accounting Policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland ("FRS 102") (effective 1 January 2019) and FRS 102 and Charities Act 2011.

The Matt Hampson Foundation constitutes a public benefit entity as defined by FRS 102.

The Statement of Financial Activities (SOFA) and Balance Sheet consolidate the financial statements of the charity and its subsidiary undertaking. The results of the subsidiary are consolidated on a line by line basis.

No separate SOFA has been presented for the charity alone.

1.2 Basis of consolidation

The financial statements consolidate the accounts of The Matt Hampson Foundation and its subsidiary undertaking.

1.3 Going concern

The Trustees have reviewed the circumstances of the Foundation and consider that adequate resources continue to be available to fund its activities for the foreseeable future. The Trustees consider that there are no material uncertainties about the Foundation's ability to continue as a going concern.

1.4 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1.5 Direct taxation

The Foundation is a registered charity and therefore is generally not liable to direct taxation on income arising from its charitable activities as it falls within the various exemptions available to registered charities.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. Accounting Policies (continued)

1.6 Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Income from the sale of sports equipment and memorabilia is recognised at the point of sale. Income from Learning & Development training is recognised at the point the training occurs. Income in respect of dinners and other fundraising events is recognised once the event has taken place.

Gifts and services are recognised as income when the Foundation has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from use by the Foundation of the item is probable and that economic benefit can be measured reliably.

Gifts and services in kind in respect of the construction of the Foundation's Get Busy Living Centre are recognised on the basis of the value of the gift to the Foundation, being the amount the charity would have been willing to pay to obtain services of equivalent economic benefit on the open market. A corresponding amount is recognised as tangible fixed assets in the period of receipt.

Auction income is recognised at the point that goods are shipped, or vouchers for experiences are issued.

1.7 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

Governance costs are costs relating to meeting the constitutional and statutory requirements of the Foundation.

Expenditure on charitable activities comprises costs incurred in the furtherance of the charity's objectives, including grants payable to individuals with life changing injuries and institutions with similar objectives to the Foundation and the associated support costs.

Grants payable relating to the financial year under review are accrued in that financial year. Grants committed at the balance sheet date relating to future years are disclosed but not accrued.

1. Accounting Policies (continued)

1.8 Investments

Investments in subsidiaries are valued at cost less provision for impairment.

1.9 Tangible fixed assets and depreciation

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of Financial Activities.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

- Long-term leasehold property – Over lease term of 50 years
- Plant and machinery – 25% / 10% straight line
- Office equipment – 33% straight line

1.10 Operating leases

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

1.11 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks.

1.12 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

1.13 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.14 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.15 Creditors and provisions

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount that the charity anticipates it will pay to settle the debt.

1. Accounting Policies (continued)

1.16 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1.17 Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

1.18 Judgements in applying accounting policies and key sources of estimation uncertainty

The preparation of the financial statements requires the use of judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the reporting date and the amounts reported for income and expenditure during the year, However, the nature of estimation means that actual outcomes could differ from those estimates.

Gifts and services
When construction relating to the Get Busy Living Centre is undertaken, the Foundation makes an estimate of gifts and services received relating to it. The estimate is based on information provided by the contractor, including the fair value of the services performed, where the service was in the course of construction, and the estimated stage of completion at the balance sheet date.

2. Income from donations and legacies

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Donations	47,934	369,995	417,929	595,845
Grants	25,520	-	25,520	-
	73,454	**369,995**	**443,449**	**595,845**
Total 2023	**190,851**	**404,994**	**595,845**	

3. Fundraising income

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Events	-	532,495	532,495	193,567
Dinners	-	326,605	326,605	628,361
Merchandise sales	-	15,838	15,838	41,128
Learning and development	-	78,713	78,713	55,581
Physio services	-	38,465	38,465	39,309
	-	**992,116**	**992,116**	**957,946**
Total 2023	**-**	**957,946**	**957,946**	

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

4. Direct costs

	Fundraising expenses £	Governance £	Activities £	Total 2024 £	Total 2023 £
Property expenses	-	-	128,139	128,139	98,690
Dinner & Event costs	249,915	-	-	249,915	577,014
Advertising and promotion	-	-	14,061	14,061	8,104
Legal and professional *	4,500	25,351	80,342	110,193	109,144
Travel and entertaining	-	-	84,686	84,686	88,542
Merchandise and purchases	20,654	-		20,654	40,578
Learning & Development	40,668	-		40,668	35,463
Depreciation	2,758	-	89,547	92,305	83,789
Loss on disposal	-	-	9,280	9,280	3,490
Grants to institutions	-	-	-	-	5,000
Grants to individuals	-	-	120,664	120,664	120,865
Staff costs	214,252	-	490,094	704,346	519,536
Other costs *	13,284	-	30,124	43,408	46,559
Total direct costs	**546,031**	**25,351**	**1,046,937**	**1,618,319**	**1,736,774**
Total 2023	**847,070**	**21,454**	**868,250**	**1,736,774**	

Of the above fundraising costs, £18,934 (2023: £nil) were attributable to restricted funds and £527,097 (2023: £847,070) were attributable to unrestricted funds.

Of the above governance costs, £nil (2023: £nil) were attributable to restricted funds and £25,351 (2023: £21,454) were attributable to unrestricted funds.

Of the above charitable activity costs, £145,841 (2023: £209,046) were attributable to restricted funds and £901,096 (2023: £659,204) were attributable to unrestricted funds.

*Within these categories of expenditure are support costs totalling £55,477 (2023: £51,852)

5. List of institutional grants payable

	2024 £	2023 £
University of Loughborough	-	5,000
	-	**5,000**

6. Net deficit

This is stated after charging:	2024 £	2023 £
Operating lease costs	8,250	12,000
Depreciation of tangible fixed assets	92,305	83,789
Loss on disposal	9,280	3,490

7. Auditors' remuneration

The Audit fee is £9,750 (2023: £7,850).

8. Staff costs

Staff costs were as follows:

	2024 £	2023 £
Wages and salaries	624,750	461,706
Social security costs	65,920	48,403
Pension costs	13,676	9,427
Total staff costs	**704,346**	**519,536**

The average number of persons employed by the charity during the year was as follows:

	2024 Number	2023 Number
Rehabilitation	6	5
Administrative	6	6
Fundraising	5	4
Total employees	**17**	**14**

There was one employee whose annual remuneration fell within the £80,001-£90,000 band (2023: one employee within the £70,001-£80,000 band).

Key management
Key management includes the Trustees and members of senior management. The compensation paid or payable to key management for employee services amounted to £93,490 (2023: £82,477) and pension contributions amounted to £1,321 (2023: £1,321).

Trustees remuneration, benefits and reimbursed expenses
During the period, none of the Trustees received any remuneration or benefits in kind. Expenses of £1,034 (2023: £Nil) were reimbursed during the period.

9. Trading activities

The Foundation owns 100% of the issued ordinary share capital of Get Busy Learning Limited, a company incorporated in England and Wales. The company is used to supply sports equipment and memorabilia and stages events for the direct benefit of the Foundation.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

10. Tangible fixed assets

Group	Long-term leasehold property	Plant and machinery	Office Equipment	Total
	£	£	£	£
Cost				
At 1 April 2023	2,055,228	271,442	84,747	2,411,417
Additions	37,500	35,614	18,846	91,960
Disposals	-	-	(22,908)	(22,908)
At 31 March 2024	**2,092,728**	**307,056**	**80,685**	**2,480,469**
Depreciation and Impairment				
At 1 April 2023	185,173	179,940	28,290	393,403
Charged in the year	41,105	27,010	24,190	92,305
Eliminated in respect of disposals	-	-	(13,628)	(13,628)
At 31 March 2024	**226,278**	**206,950**	**38,852**	**472,080**
Carrying amount				
At 31 March 2024	**1,866,450**	**100,106**	**41,833**	**2,008,389**
At 31 March 2023	1,870,055	91,502	56,457	2,018,014
Charity				
Cost				
At 1 April 2023	2,055,228	271,442	84,747	2,411,417
Additions	37,500	29,141	18,845	85,486
Disposals	-	-	(22,908)	(22,908)
Transfers	-	(21,051)	-	(21,051)
At 31 March 2024	**2,092,728**	**279,532**	**80,684**	**2,452,944**
Depreciation and Impairment				
At 1 April 2023	185,173	179,940	28,290	393,403
Charged in the year	41,105	24,251	24,190	89,546
Eliminated in respect of disposals	-	-	(13,628)	(13,628)
Transfers	-	(1,308)	-	(1,308)
At 31 March 2024	**226,278**	**202,883**	**38,852**	**468,013**
Carrying amount				
At 31 March 2024	**1,866,450**	**76,649**	**41,832**	**1,984,931**
At 31 March 2023	1,870,055	91,502	56,457	2,018,014

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

11. Fixed asset investments

Charity	Shares in group undertakings £
Cost	
At 1 April 2023	-
Reversal of impairment	1,000
At 31 March 2024	**1,000**

12. Stocks

	Group		Charity	
	2024 £	2023 £	2024 £	2023 £
Finished goods and goods for resale	28,020	12,354	25,049	12,354
Total stocks	**28,020**	**12,354**	**25,049**	**12,354**

13. Debtors

	Group		Charity	
	2024 £	2023 £	2024 £	2023 £
Amounts owed by group undertakings	-	**-**	41,759	43
Other debtors	58,244	21,798	43,839	21,755
Prepayments and accrued income	176,080	251,167	174,382	251,167
Total debtors	**234,324**	**272,965**	**259,980**	**272,965**

14. Creditors

	Group		Charity	
	2024 £	2023 £	2024 £	2023 £
Other taxation and social security	17,113	14,287	16,471	14,287
Other creditors	7,303	4,633	7,303	4,633
Accruals and deferred income	55,815	209,670	53,465	209,670
Total creditors	**80,231**	**228,590**	**77,239**	**228,590**

15. Statement of funds

Group	Balance at 31 March 2022 £	Income £	Expenditure £	Balance at 31 March 2023 £	Income £	Expenditure £	Balance at 31 March 2024 £
Unrestricted funds							
General funds	1,564,738	1,362,940	(1,527,728)	1,399,950	1,362,111	(1,453,544)	1,308,517
Restricted funds							
George Robinson	1,121	-	-	1,121	-	(840)	281
Jeremy Albeiro	7,675	-	-	7,675	-	-	7,675
Paul Curtis	255	-	-	255	-	-	255
Taylor Gough	200	4,748	(4,028)	920	-	(920)	-
Niall Harris	3,416	100	(3,516)	-	-	-	-
Ed Jackson	1,006	-	-	1,006	-	-	1,006
Get Busy Living Centre	793,127	30,000	(96,142)	726,985	30,000	(88,266)	668,719
Accommodation Lodges	250,000	340	(4,295)	246,045	-	(4,375)	241,670
Event Donations	1,000	-	-	1,000	17,934	(18,934)	-
Hydro pool	124,690	5,663	-	130,353	-	-	130,353
Barratt Developments	1,065	125,000	(76,065)	50,000	-	(50,000)	-
My Name's Doddie Foundation	-	-	-	-	25,520	(1,440)	24,080
Coloplast	-	25,000	(25,000)	-	-	-	-
Total restricted funds	**1,183,555**	**190,851**	**(209,046)**	**1,165,360**	**73,454**	**(164,775)**	**1,074,039**
Total of funds	**2,748,293**	**1,553,791**	**(1,736,774)**	**2,565,310**	**1,435,565**	**(1,618,319)**	**2,382,556**

The George Robinson, Jeremy Albeiro and Paul Curtis funds were set up to provide funding for equipment, physiotherapy and other associated costs for beneficiaries suffering injuries through sport.

The Taylor Gough, Niall Harris and Ed Jackson funds were set up to distribute donations received by The Matt Hampson Foundation specifically for these beneficiaries.

Get Busy Living Centre was set up to provide funding for the construction of a state of the art rehabilitation centre for beneficiaries seriously injured through sport.

Davidsons Homes built and donated two intensive rehabilitation accommodation lodges to the Foundation in 2022. These facilities will be available for beneficiaries to stay both long and short-term and receive all the support they need as they transition from hospital to independence.

The Event donations represent amounts donated towards the costs of hosting fundraising events. Peter Howard donated £1,000 in YE22 and £17,934 in YE24 towards the Summer Ball marquee which was held in YE24.

The Hydro Pool fund represents donations received specifically for the purpose of building a hydrotherapy pool at the Get Busy Living Centre site to offer additional facilities to beneficiaries suffering injuries through sport.

Barratt Developments donated £125,000 in YE23 to fund staff salaries, which has been fully utilised during YE23 and YE24.

In YE24, the My Name's Doddie Foundation awarded the Matt Hampson Foundation a grant of £25,520 to offer support at the Get Busy Living Centre to those diagnosed with motor neurone disease, including physiotherapy, fitness support and social events.

In YE23 Coloplast donated £25,000 towards a physio salary, which was fully utilised during that year.

16. Related party disclosure

In the year the Founder, M Hampson, received payments from the charity totalling £3,672 (2023: £53,787) to compensate him for a beneficiary using his adapted property in France while long suitable accommodation is found. Amounts of £15,087 (2023: £Nil) relating to travel and accommodation and £1,224 (2023: £Nil) relating to entertaining were also reimbursed to M Hampson during the period.

17. Analysis of net assets between funds

Group	Restricted funds	Unrestricted funds	Total funds
Current year	£	£	£
Tangible fixed assets	938,309	1,070,080	2,008,389
Current assets	135,730	318,668	454,398
Creditors due within one year	-	(80,231)	(80,231)
Total funds for current year	**1,074,039**	**1,308,517**	**2,382,556**
Prior year			
Tangible fixed assets	1,000,529	1,017,485	2,018,014
Current assets	165,831	610,055	775,886
Creditors due within one year	(1,000)	(227,590)	(228,590)
Total funds for prior year	**1,165,360**	**1,399,950**	**2,565,310**

18. Reconciliation of net movement in funds to net cash flow from operating activities

Group	2024 £	2023 £
Net deficit for the year	(182,754)	(182,983)
Adjustment for:		
Depreciation charges	92,305	83,789
Loss on disposal of fixed assets	9,280	3,490
(Increase)/decrease in stocks	(15,666)	(3,317)
Decrease/(Increase) in debtors	38,641	(197,917)
(Decrease)/increase in creditors	(148,359)	153,445
Net cash used by operating activities	**(206,553)**	**(143,493)**

19. Pension commitments

The Foundation operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Foundation in an independently administered fund. The pension cost charge represents contributions payable by the Foundation to the fund and amounted to £13,676 (2023: £9,427). Contributions totalling £2,752 (2023: £2,201) were payable to the fund at the balance sheet date and are included in creditors.

20. Operating lease commitments

At 31 March 2024 the total of the group's future minimum lease payments under non-cancellable operating leases was:

Group	2024 £	2023 £
Amounts payable:		
Within 1 year	150	8,250
Between 1 and 5 years	600	600
After more than 5 years	5,550	5,700
Total	**6,300**	**14,550**

THE MATT HAMPSON FOUNDATION

England & Wales - Charity number 1139823

Accounts

Charity number: 1139823

THE MATT HAMPSON FOUNDATION

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

THE MATT HAMPSON FOUNDATION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	R D Jackson, Chairman G C Rowntree P Harrison J M Evans J M Batchelar M V Hill A C Walker L E Firth T J Peters
Founder	M Hampson
Chief executive	S C Cawston
Charity number	1139823
Registered and principal office	Get Busy Living Centre Twyford Road Burrough on the Hill Melton Mowbray Leicestershire LE14 2JR
Independent Examiner	UHY Hacker Young 14 Park Row Nottingham NG1 6GR
Bankers	Handelsbanken St John's House 30 East Street Leicester LE1 6NB

THE MATT HAMPSON FOUNDATION

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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The Trustees present their annual report together with the audited financial statements of the charity for the year 1 April 2022 to 31 March 2023.

Structure, governance and management

Constitution

The charity is constituted under a Deed of Trust dated 9 November 2010 and is registered with the Charity Commission under charity number 1139823. There have been no amendments since its inception and no specific restrictions imposed by the Deed.

Board of Trustees

Trustees who served during the period were as follows:

R D Jackson (Chairman)
G C Rowntree
P Harrison
J M Evans
J M Batchelar
M V Hill
A C Walker
L E Firth (appointed 16 December 2022)
T J Peters (appointed 16 December 2022)

Method of appointment or election of Trustees

The Trustees are appointed by a Resolution of Trustees, and whenever a Trustee is appointed a Memorandum of Appointment is signed by the Trustee presiding at such meeting and attested by two other Trustees present thereat.

Governance

All major decisions are made by the Trustees who usually meet three or four times a year. New applications for help are listed, considered and decided upon by the Trustees between meetings.

Apart from minor expenses the Trustees are unpaid.

Objectives and Activities

The principal objective of the charity is to provide advice, support and rehabilitation for young people that have suffered a serious injury or disability through sport.

The Foundation provides assistance to improve the quality of life and wellbeing for young individuals who have sustained catastrophic injury or life altering injuries through sport. In (but not restricted to) the following areas:

a. Mentoring and friendship
b. Information and advice
c. Financial assistance
d. Technology and equipment
e. Physiotherapy
f. Use of the Get Busy Living Centre

Each year the Trustees review their aims and activities to ensure they continue to reflect their objectives. In carrying out this review the Trustees have considered the Charity Commission's guidance on public benefit.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Related party relationships

The charity owns the entire share capital of Get Busy Learning Limited (previously Matt Hampson Ltd.), a company of which R D Jackson and A C Walker are directors.

Review of activities

The Matt Hampson Foundation is a unique and truly dynamic charity which is driven by the 'Get Busy Living' mantra of its founder. This philosophy underpins the charity's ethos as it supports its beneficiaries to adopt a positive mindset focusing on what they can achieve rather than what they cannot. The Get Busy Living Centre has become the beating heart of the Foundation and is now a focal point for everyone involved in the Foundation's activity. It is a truly inspiring place which welcomes beneficiaries and their families from all over the UK, providing access to the kind of holistic support that is key in helping them to overcome the challenges they face.

It has been another exciting and busy year for the Foundation. Income increased to £1,553,791 (2022: £1,488,094) as we held a full programme of events, launched a new learning and development department and were supported by corporate and individual supporters with another high level of donations. Principal events included our annual Six Nations dinner, returning to Battersea and hosting over 1,000 people, supported once again by the England Rugby set up, our golf and shooting days as well as our first dinner at the Home of Cricket, Lords.

Events generated income of £821,928 (2022: £722,060). Donations totalled £595,845 (2022: £660,263 – including £250,000 related to the non-cash donation of two accommodation lodges from Davidsons Homes), and £30,000 (2022: £30,000) specifically for the running of the Get Busy Living Centre. In 2022, we launched a series of learning and development events aimed at team building and mental resilience which have been extremely well received by a number of corporate supporters. The highlight of this activity was ten teams competing for the Henry Love Cup at the Get Busy Living Corporate Games in September. These income streams combined with merchandise sales and physio services resulted in total incoming resources for the year of £1.56m which has allowed the charity to continue to fulfil its principal objectives of providing physical and mental support as well as financial help to an increasing number of individuals.

We now employ 19 staff members at The Get Busy Living Centre. Our services here include physiotherapy, sports therapy, personal training, yoga instruction, emotional and mental well-being support, experience days, peer support and mentoring, nutritional advice, bladder and bowel management. During the year, we delivered over 1000 Physiotherapy sessions, over 500 Sports therapy sessions, over 1000 Personal training sessions, and over 400 well being sessions.

We welcomed 20 new beneficiaries, we had 10 beneficiary stays in our new accommodation lodges and 550 Delegates attending leadership training. Now that we have two accommodation lodges, we are able to provide 24 hour support for beneficiaries who can utilise the lodges if they are travelling from afar or as a transition step to returning home following hospitalisation.

We welcomed six new members of staff to Team Hambo during the course of the year. A counsellor offering mental and emotional support to our beneficiaries and their families is now based in our brand new wellbeing pod on site. Our increased focus on the mental wellbeing of our beneficiaries meant the retraining of one of our team to be a qualified yoga instructor and over 400 sessions of counselling and yoga were delivered this year.

Utilising our training and leadership experts we are now able to offer training to our beneficiaries to up skill them and prepare them to return to work. We offer help with CV's, interview practice and are looking to create as many opportunities for work experience as possible. Our focus continues to be on offering our beneficiaries the support they need so that they can move on with their lives post life altering injury. We have had some incredible success stories this year with beneficiaries returning to work and setting the example for others to follow.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Review of activities (continued)

One of the highlights of the year was the holding of the inaugural Get Busy Living Awards night as part of an end of year celebration for beneficiaries, their families, the Foundation team, ambassadors and trustees. Generously sponsored by Furniture Village over 300 people gathered in December to celebrate all that is unique and inspirational about the Matt Hampson Foundation.

During the year, we adapted one of the corporate boxes at the home of Leicester Tigers to be fully accessible providing us with the opportunity to entertain both our beneficiaries and their families or our key supporters to home games or to use the box for learning and development activities. Our peer support role continues to prosper helping integrate new members into the Foundation community whilst supporting existing beneficiaries in their journeys to "get busy living" again after injury. Since this role was introduced, the organisation has arranged a number of external 'experience days' which enabled beneficiaries to learn new skills and develop confidence in trying new things as they adapt to their new lives. Particular successes this year were waterskiing, para skiing, para golf and track days.

We were as shocked and upset as anyone by the news that Ed Slater, one of our Ambassadors, was diagnosed with MND during the year. The Foundation community rallied round Ed and his family offering support and funds and we will continue to work closely alongside the MND charities, as we recognise that there is significant help our trained staff can provide for those diagnosed with this cruel disease.

Our partnership with Cure Parkinsons continued for another year, thanks to our patron Mike Tindall MBE and we remain extremely proud and appreciative of this relationship and the funds the annual golf day generates for both charities.

In line with our stated objectives, during the year the charity made grants to institutions of £5,000 (2022: £10,000). The charity was able to make grants totalling £120,865 (2022: £147,504) to support seriously injured or disabled individuals.

Expenditure during the year increased to £1,736,774 (2022: £1,219,273) primarily as we expanded the Foundation team as highlighted above as well as seeing property costs and the costs of running events increase. We continue to see a greater demand for our services than we can provide and so are constantly looking at ways to diversify and grow our sources of funding so that we are in a position to help as many beneficiaries as possible.

Reserves policy and going concern

It is the policy of the charity that unrestricted funds, which have not been designated for a specific use, should be maintained at a level to fund six months' recurring expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant fall in incoming resources, the charity will be able to continue its current activities while consideration is given to finding additional funding. Free reserves, which are calculated as unrestricted funds less fixed assets per note 14, are £382,466 at 31 March 2023 (2022: £656,748) and our estimate of six months recurring expenditure is £368,115. The trustees are pleased to report that the charity maintained its minimum level of reserves through the year. The surplus excess to the reserves policy will be used towards the exciting plans for the future outlined below.

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Plans for the future

As mentioned above, there continues to be high demand for our services. As such we are looking at a number of different options to increase capacity. Firstly, plans are being drawn up to significantly increase the size of the Get Busy Living centre, including the provision of a hydrotherapy facility. Already this year at the centre, we have installed a permanent marquee which will be used to host learning and development activities and other corporate days. In addition, we are looking to launch satellite Get Busy Living Centres in the North (Newcastle) and the South (North London) enabling us to have a greater geographic reach. We will also look to add to the accommodation lodges in the current year.

We have a new physiotherapist starting in the current year so that we can increase the number of sessions offered and are looking at increasing the awareness of our work and offering to other Foundations or charities who may be able to provide funding to support our plans.

Key financial performance indicators

The unrestricted incoming resources of £1,362,940 (2022: £1,141,609) have allowed the charity to fulfil its principal objectives throughout the year and continue to provide a solid base for the future.

The Trustees are very pleased with the continued success of the charity being able to provide grants totalling £120,865 (2022: £147,504). Net unrestricted funds have reduced by £164,788 to £1,399,951 as investment has been made increasing the team and enhancing the services that we are able to provide to beneficiaries and their families.

New trustees

We have also welcomed two new trustees during the year, Lianne Firth and Tim Peters. Long term supporters of the Foundation, we are looking forward to see the impact their valuable input will have on the Foundation.

Public benefit statement

The activities that the charity has undertaken to further its charitable purposes for the public benefit are stated within the objectives and activities of the charity.

The trustees consider that they have complied with their duties under section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charities Commission.

Fundraising statement

The Foundation's fundraising activities are undertaken by the in-house fundraising team assisted by the contracted events managers. Fundraising activities are monitored by the Foundation's Chief Executive Officer, the Foundation's Founder and the Trustees. The Foundation is registered with the Fundraising Regulator and aims to ensure that its fundraising is respectful, open, honest, legal and accountable. The Fundraising Regulator is the independent regulator of charitable fundraising and holds the Code of Fundraising Practice for the UK. As a registered charity of the scheme, we follow the Code of Fundraising Practice.

Fundraising activities comprise events organised by the Foundation including the annual Six Nations Dinner and bi-annual Summer Ball. Auctions are held at the events and auction items are provided voluntarily or at heavily discounted rates by the charity's patrons and ambassadors and their associates. Auctions are monitored by the Chief Executive Officer ensuring that the bidding process does not place undue pressure on vulnerable people or other members of the public. No complaints were received in this period about fundraising activity by or on behalf of the charity.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Trustees' responsibilities statement

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees, on 29 September 2023 and signed on their behalf by:

A C Walker
Trustee

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE MATT HAMPSON FOUNDATION

Opinion

We have audited the financial statements of The Matt Hampson Foundation (the "Charity") for the year ended 31 March 2023 which comprises the statement of financial activities, balance sheet, statement of cash flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the Charity's affairs as at 31 March 2023 and of its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and;
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Use of our report

This report is made solely to the Charity's trustees, as a body, in accordance with section 144 of the Charities Act 2011 and the regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the Charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the Charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE MATT HAMPSON FOUNDATION (CONTINUED)

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information; we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters in relation to which the Charities Act 2011 requires us to report to you if, in our opinion:

- sufficient accounting records have not been kept;
- the financial statements are not in agreement with the accounting records and returns; or
- we have not obtained all the information and explanations necessary for the purposes of our audit.

Responsibilities of the trustees

As explained more fully in the trustees' responsibilities statement set out on page 4, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

Auditors' responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE MATT HAMPSON FOUNDATION (CONTINUED)

Based on our understanding of the charity and the industry in which it operates, we identified that the principal risks of non-compliance with laws and regulations related to the acts by the charity, which were contrary to applicable laws and regulations including fraud, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Companies Act 2006. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to inflated revenue and the charity's net income for the year.

Audit procedures performed included:

- review of the financial statement disclosures to underlying supporting documentation;
- review of correspondence with and reports to the regulators, including correspondence with the Charity Commission;
- enquiries of management in so far as they related to the financial statements; and
- testing of journals and evaluating whether there was evidence of bias by the trustees that represented a risk of material misstatement due to fraud.

There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: http://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Roger Merchant

Roger Merchant
UHY Hacker Young (Statutory Auditor)
14 Park Row
Nottingham
NG1 6GR

29/9/23

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Note	Restricted funds 2023 £	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income from:					
Donations and legacies	2	190,851	404,994	595,845	695,100
Fundraising	3	-	957,946	957,946	792,994
Total income		190,851	1,362,940	1,553,791	1,488,094
Expenditure on:					
Raising funds		-	847,070	847,070	530,753
Charitable activities		209,046	680,658	889,704	688,520
Total expenditure	4	209,046	1,527,728	1,736,774	1,219,273
Net (deficit)/surplus		(18,195)	(164,788)	(182,983)	268,821
Reconciliation of funds:					
Total funds brought forward		1,183,555	1,564,738	2,748,293	2,479,472
Total funds carried forward		1,165,360	1,399,950	2,565,310	2,748,293

The notes on pages 12 to 22 form part of these financial statements.

BALANCE SHEET
AS AT 31 MARCH 2023

	Note	£	2023 £	£	2022 £
Fixed assets					
Tangible assets	9		2,018,014		1,978,616
Current assets					
Stocks	10	12,354		9,037	
Debtors	11	272,965		75,048	
Cash at bank and in hand		490,567		760,737	
		775,886		844,822	
Creditors: amounts falling due within one year	12	(228,590)		(75,145)	
Net current assets			547,296		769,677
Net assets			2,565,310		2,748,293
Charity Funds					
Restricted funds	13		1,165,360		1,183,555
Unrestricted funds	13		1,399,950		1,564,738
Total funds			2,565,310		2,748,293

The financial statements were approved by the Trustees on 29 September 2023 and signed on their behalf, by:

A C Walker
Trustee

The notes on pages 12 to 22 form part of these financial statements.

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023

	Note	2023 £	2022 £
Cash flows from operating activities	15	(143,493)	84,675
Cash flows from investing activities:			
Purchase of tangible fixed assets		(126,677)	(64,800)
Net cash flows from investing activities		(126,677)	(64,800)
Net (decrease) / increase in cash and cash equivalents		(270,170)	19,875
Cash and cash equivalents brought forward		760,737	740,862
Cash and cash equivalents carried forward		**490,567**	**760,737**

The notes on pages 12 to 22 form part of these financial statements.

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023

1. Accounting Policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Matt Hampson Foundation constitutes a public benefit entity as defined by FRS 102.

1.2 Basis of consolidation

The financial statements show the accounts position of The Matt Hampson Foundation only. Its subsidiary undertaking, Gey Busy Learning Limited (previously Matt Hampson Ltd.) is not consolidated because it is not significant to the group.

1.3 Going Concern

The Trustees have reviewed the circumstances of the Foundation and consider that adequate resources continue to be available to fund its activities for the foreseeable future. The Trustees consider that there are no material uncertainties about the Foundation's ability to continue as a going concern.

1.4 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1.5 Direct taxation

The Foundation is a registered charity and therefore is generally not liable to direct taxation on income arising from its charitable activities as it falls within the various exemptions available to registered charities.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

1.6 Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Income from the sale of sports equipment and memorabilia is recognised at the point of sale. Income from Learning & Development training is recognised at the point the training occurs. Income in respect of dinners and other fundraising events is recognised once the event has taken place.

Gifts and services are recognised as income when the Foundation has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from use by the Foundation of the item is probable and that economic benefit can be measured reliably.

Gifts and services in kind in respect of the construction of the Foundation's Get Busy Living Centre are recognised on the basis of the value of the gift to the Foundation, being the amount the charity would have been willing to pay to obtain services of equivalent economic benefit on the open market. A corresponding amount is recognised as tangible fixed assets in the period of receipt.

Auction income is recognised at the point that goods are shipped, or vouchers for experiences are issued.

1.7 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

Governance costs are costs relating to meeting the constitutional and statutory requirements of the Foundation.

Expenditure on charitable activities comprises costs incurred in the furtherance of the charity's objectives, including grants payable to individuals with life changing injuries and institutions with similar objectives to the Foundation and the associated support costs.

Grants payable relating to the financial year under review are accrued in that financial year. Grants committed at the balance sheet date relating to future years are disclosed but not accrued.

1.8 Investments

Investments in subsidiaries are valued at cost less provision for impairment.

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1.9 Tangible fixed assets and depreciation

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of Financial Activities.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

- Long-term leasehold property – Over lease term of 50 years
- Plant and machinery – 25% / 10% straight line
- Office equipment – 33% straight line

1.10 Operating leases

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term

1.11 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks

1.12 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank

1.13 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.14 Cash

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.15 Creditors and provisions

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount that the charity anticipates it will pay to settle the debt.

1.16 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

1.17 Pensions
The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

1.18 Government Grants

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received. A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

1.19 Judgements in applying accounting policies and key sources of estimation uncertainty
The preparation of the financial statements requires the use of judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the reporting date and the amounts reported for income and expenditure during the year, However, the nature of estimation means that actual outcomes could differ from those estimates.

Gifts and services
When construction relating to the Get Busy Living Centre is undertaken, the Foundation makes an estimate of gifts and services received relating to it. The estimate is based on information provided by the contractor, including the fair value of the services performed, where the service was in the course of construction, and the estimated stage of completion at the balance sheet date.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

2 Income from donations and legacies

	Restricted funds 2023	Unrestricted funds 2023	Total funds 2023	Total funds 2022
	£	£	£	£
Donations	190,851	404,994	595,845	660,263
Grants	-	-	-	34,837
	190,851	404,994	595,845	695,100
Total 2022	345,485	349,615	695,100	

Grants include government grants of £nil relating to the Coronavirus Job Retention Scheme (2022: £34,837).

3 Fundraising Income

	Restricted funds 2023	Unrestricted funds 2023	Total funds 2023	Total funds 2022
	£	£	£	£
Events	-	193,567	193,567	350,264
Dinners	-	628,361	628,361	371,796
Merchandise sales	-	41,128	41,128	43,132
Learning & Development income	-	55,581	55,581	-
Physio services	-	39,309	39,309	27,802
	-	957,946	957,946	792,994
Total 2022	1,000	791,994	792,994	

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

4 Direct Costs

	Fundraising expenses	Governance	Activities	Total 2023	Total 2022
	£	£	£	£	£
Property expenses	-	-	98,690	98,690	93,127
Dinner & Event costs	577,014	-	-	577,014	325,770
Advertising and promotion	-	-	8,104	8,104	4,303
Legal and professional *	7,500	21,454	80,190	109,144	88,796
Travel and entertaining	-	-	88,542	88,542	26,351
Merchandise and purchases	40,578	-	-	40,578	35,862
Learning & Development	35,463	-	-	35,463	-
Depreciation	-	-	83,789	83,789	66,507
Loss on disposal	-	-	3,490	3,490	-
Grants to institutions	-	-	5,000	5,000	10,000
Grants to individuals	-	-	120,865	120,865	147,504
Staff costs	170,354	-	349,182	519,536	377,652
Other costs *	16,161	-	30,398	46,559	43,401
	847,070	21,454	868,250	1,736,774	1,219,273
Total 2022	512,277	16,042	690,954	1,219,273	

Of the above fundraising costs, £nil (2022: £nil) were attributable to restricted funds and £847,070 (2022: £512,277) were attributable to unrestricted funds.

Of the above governance costs, £nil (2022: £nil) were attributable to restricted funds and £21,454 (2022: £16,042) were attributable to unrestricted funds.

Of the above charitable activity costs, £209,046 (2022: £300,463) were attributable to restricted funds and £659,204 (2022: £390,491) were attributable to unrestricted funds.

*Within these categories of expenditure are support costs totalling £51,852 (2022: £51,450).

5 List of institutional grants payable

	2023	2022
	£	£
Chris Burger Petro Jackson Players' Fund	-	5,000
University of Loughborough	5,000	5,000
	5,000	10,000

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

6 Net Income

This is stated after charging:

	2023	2022
	£	£
Operating lease costs	12,000	9,750
Depreciation of tangible fixed assets:		
- owned by the charity	83,789	66,507
Loss on disposal	3,490	-

7 Auditors' Remuneration

The Auditor's remuneration amounts to an audit fee of £7,850 (2022: £8,280).

8 Staff Costs

Staff costs were as follows:

	2023	2022
	£	£
Wages and salaries	461,706	341,604
Social security costs	48,403	28,723
Other pension costs	9,427	7,325
	519,536	377,652

The average number of persons employed by the charity during the year was as follows:

	2023	2022
	Number	Number
Administration	14	11

There was one employee whose annual remuneration fell within the £80,001-£90,000 band (2022: one employee within the £70,001-80,000 band).

Key management
Key management includes the Trustees and members of senior management. The compensation paid or payable to key management for employee services amounted to £82,477 (2022: £79,876) and pension contributions amounted to £1,321 (2022: £1,320).

Trustees remuneration, benefits and reimbursed expenses
During the period, none of the Trustees received any remuneration, benefits in kind or were reimbursed any expenses.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

9 Tangible Fixed Assets

	Long-term leasehold property	Plant and machinery	Office equipment	Total
	£	£	£	£
Cost				
At 1 April 2022	1,998,181	263,920	26,628	2,288,729
Additions	57,047	11,511	58,119	126,677
Disposals	-	(3,989)	-	(3,989)
At 31 March 2023	2,055,228	271,442	84,747	2,411,417
Depreciation				
At 1 April 2022	146,222	148,794	15,097	310,113
Charge for the year	38,951	31,645	13,193	83,789
Disposal	-	(499)	-	(499)
At 31 March 2023	185,173	179,940	28,290	393,403
Net book value				
At 31 March 2023	1,870,055	91,502	56,457	2,018,014
At 31 March 2022	1,851,959	115,126	11,531	1,978,616

10 Stocks

	2023	2022
	£	£
Finished goods and goods for resale	12,354	9,037

11 Debtors

	2023	2022
	£	£
Amounts owed by group undertakings	43	43
Other debtors	21,755	1,557
Prepayments and accrued income	251,167	73,448
	272,965	75,048

12 Creditors

	2023	2022
	£	£
Other taxation and social security	14,287	17,212
Other creditors	4,633	4,234
Accruals and deferred income	209,670	53,699
	228,590	75,145

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

13 Statement of Funds

Statement of funds – current year

	Balance at 1 April 2022 £	Income £	Expenditure £	Balance at 31 March 2023 £
Unrestricted funds				
General Funds	1,564,738	1,362,940	(1,527,728)	1,399,950
Restricted funds				
George Robinson Trust	1,121	-	-	1,121
Jeremy Albeiro	7,675	-	-	7,675
Get Busy Living Centre	793,127	30,000	(96,142)	726,985
Accommodation lodges	250,000	340	(4,295)	246,045
Paul Curtis	255	-	-	255
Ed Jackson	1,006	-	-	1,006
Coloplast	-	25,000	(25,000)	-
Event donations	1,000	-	-	1,000
Hydro Pool	124,690	5,663	-	130,353
Taylor Gough	200	4,748	(4,028)	920
Niall Harris	3,416	100	(3,516)	-
Barratt Developments	1,065	125,000	(76,065)	50,000
	1,183,555	190,851	(209,046)	1,165,360
Total of funds	2,748,293	1,553,791	(1,736,774)	2,565,310

Statement of funds – prior year

	Balance at 1 April 2021 £	Income £	Expenditure £	Balance at 31 March 2022 £
Unrestricted funds				
General Funds	1,341,939	1,141,609	(918,810)	1,564,738
Restricted funds				
George Robinson Trust	1,121	-	-	1,121
Jeremy Albeiro	7,675	-	-	7,675
Get Busy Living Centre	857,786	30,000	(94,659)	793,127
Accommodation lodges	-	250,000	-	250,000
Paul Curtis	255	-	-	255
Ed Jackson	1,006	-	-	1,006
Coloplast	-	25,000	(25,000)	-
Event donations	-	1,000	-	1,000
Hydro Pool	124,690	-	-	124,690
Olivia Langley	-	2,695	(2,695)	-
Taylor Gough	69,242	3,503	(72,545)	200
Niall Harris	25,498	4,287	(26,369)	3,416
Barratt Developments	50,260	30,000	(79,195)	1,065
	1,137,533	346,485	(300,463)	1,183,555
Total of funds	2,479,472	1,488,094	(1,219,273)	2,748,293

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

13 Statement of funds (continued)

The George Robinson, Paul Curtis, Jeremy Albeiro and Olivia Langley funds were set up to provide funding for equipment, physiotherapy and other associated costs for beneficiaries suffering injuries through sport.

The Taylor Gough, Niall Harris and Ed Jackson funds were set up to distribute donations received by The Matt Hampson Foundation specifically for these beneficiaries.

Get Busy Living Centre was set up to provide funding for the construction and operation of a state of the art rehabilitation centre for beneficiaries seriously injured through sport.

Davidsons Homes have built and donated two intensive rehabilitation accommodation lodges to the Foundation in 2022. These facilities will be available for beneficiaries to stay both long and short-term and receive all the support they need as they transition from hospital to independence.

Coloplast donated £25,000 to fund a physiotherapist at the Get Busy Living Centre for a year in both 2022 and 2023.

Barratt Developments donated £125,000 in YE23 to fund a staff salaries, and in 2022 they donated £30,000 to fund a staff salary and the new Get Busy Living garden.

The Event donations represent amounts donated towards the costs of hosting fundraising events. In 2022 Peter Howard donated £1,000 towards the Summer Ball marquee which was held in June 2023.

The Hydro Pool fund represents donations received specifically for the purpose of building a hydrotherapy pool at the Get Busy Living Centre site to offer additional facilities to beneficiaries suffering injuries through sport.

14 Analysis of net assets between funds

Analysis of net assets between funds – current year

	Restricted funds 2023	Unrestricted funds 2023	Total funds 2023
	£	£	£
Tangible fixed assets	1,000,529	1,017,485	2,018,014
Current assets	165,831	610,055	775,886
Creditors due within one year	(1,000)	(227,590)	(228,590)
	1,165,360	1,339,950	2,565,310

Analysis of net assets between funds – prior year

	Restricted funds 2022	Unrestricted funds 2022	Total funds 2022
	£	£	£
Tangible fixed assets	1,070,626	907,990	1,978,616
Current assets	128,929	715,893	844,822
Creditors due within one year	(16,000)	(59,145)	(75,145)
	1,183,555	1,564,738	2,748,283

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

15 Reconciliation of net movement in funds to net cash flow from operating activities

	2023 £	2022 £
Net (deficit) / surplus for the year (as per Statement of Financial Activities)	(182,983)	268,821
Adjustment for:		
Depreciation charges	83,789	66,507
Non-cash donation received	-	(250,000)
Loss on disposal of fixed assets	3,490	-
(Increase) / Decrease in stocks	(3,317)	9,237
(Increase) in debtors	(197,917)	(37,249)
Increase in creditors	153,445	27,359
Net cash provided by operating activities	(143,493)	84,675

16 Pension commitments

The Foundation operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Foundation in an independently administered fund. The pension cost charge represents contributions payable by the Foundation to the fund and amounted to £9,427 (2022: £7,325). Contributions totalling £2,201 (2022: £2,455) were payable to the fund at the balance sheet date and are included in creditors.

17 Operating lease commitments

At 31 March 2023 the total of the charity's future minimum lease payments under non-cancellable operating leases was:

	2023 £	2022 £
Amounts payable:		
Within 1 year	8,250	10,950
Between 1 and 5 years	600	8,700
After more than 5 years	5,700	5,850
Total	14,550	25,500

18 Related party disclosure

In the year the Founder, M Hampson, has received payments from the charity totalling £53,787 (2022: £36,247) for home improvements and to compensate him for a beneficiary using his adapted property in France while long term suitable accommodation is found.

THE MATT HAMPSON FOUNDATION

England & Wales - Charity number 1139823

Accounts

Charity number: 1139823

THE MATT HAMPSON FOUNDATION

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

THE MATT HAMPSON FOUNDATION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	R D Jackson, Chairman G C Rowntree P Harrison J M Evans J M Batchelar M V Hill A Walker
Founder	M Hampson
Chief executive	S C Cawston
Charity number	1139823
Registered and principal office	Get Busy Living Centre Twyford Road Burrough on the Hill Melton Mowbray Leicestershire LE14 2JR
Independent Examiner	UHY Hacker Young 14 Park Row Nottingham NG1 6GR
Bankers	Handelsbanken St John's House 30 East Street Leicester LE1 6NB

THE MATT HAMPSON FOUNDATION

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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their annual report together with the audited financial statements of the charity for the year 1 April 2021 to 31 March 2022.

Structure, governance and management

Constitution

The charity is constituted under a Deed of Trust dated 9 November 2010 and is registered with the Charity Commission under charity number 1139823. There have been no amendments since its inception and no specific restrictions imposed by the Deed.

Board of Trustees

Trustees who served during the period were as follows:

R D Jackson (Chairman)
G C Rowntree
P Harrison
J Evans
J Batchelar
M Hill
A Walker

Method of appointment or election of Trustees

The Trustees are appointed by a Resolution of Trustees, and whenever a Trustee is appointed a Memorandum of Appointment is signed by the Trustee presiding at such meeting and attested by two other Trustees present thereat.

Governance

All major decisions are made by the Trustees who usually meet two or three times a year. New applications for help are listed, considered and decided upon by the Trustees between meetings.

Apart from minor expenses the Trustees are unpaid.

Objectives and Activities

The principal objective of the charity is to provide advice, support and rehabilitation for young people that have suffered a serious injury or disability through sport.

The Foundation provides assistance to improve the quality of life and wellbeing for young individuals who have sustained catastrophic injury or life altering injuries through sport. In (but not restricted to) the following areas:

a. Mentoring and friendship
b. Information and advice
c. Financial assistance
d. Technology and equipment
e. Physiotherapy
f. Use of the Get Busy Living Centre

Each year the Trustees review their aims and activities to ensure they continue to reflect their objectives. In carrying out this review the Trustees have considered the Charity Commission's guidance on public benefit.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Related party relationships

The charity owns the entire share capital of Matt Hampson Ltd., a company of which R D Jackson is a director.

Review of activities

As the pandemic rolled into another year and restrictions were gradually eased, the charity was able to hold a small number of events including its flagship Six Nations Dinner in London in March 2022. These generated incoming resources of £722,060. This compares to fundraising events generating incoming resources of £36,779 in YE21. Donations received totalled £660,263 (2021: £519,362) of which £250,000 related to the non-cash donation of two intensive rehabilitation lodges from Davidsons Homes (2021: £nil), and £30,000 (2021: £30,000) was specifically for the running of the Get Busy Living Centre. These sources combined with merchandise sales resulted in total incoming resources for the year of £1,488,094 (2021: £690,457) which has allowed the charity to continue to fulfil its principal objectives of providing support and financial help to an increasing number of individuals.

The Matt Hampson Foundation is a unique and truly dynamic charity which is driven by the 'Get Busy Living' mantra of its founder. This philosophy underpins the charity's ethos as it supports its beneficiaries to adopt a positive mindset focusing on what they can achieve rather than what they can't. The Get Busy Living Centre has become the beating heart of the Foundation and is now a focal point for everyone involved in the Foundation's activity. It is a truly inspiring place which welcomes beneficiaries and their families from all over the UK, providing access to the kind of holistic support that is key in helping them to overcome the challenges they face.

2021 continued to be a challenging year due to the fall-out of Covid 19 and its impact on the Foundation. However, managing staff sickness and quarantine from covid alongside regular testing was something that the Foundation managed to successfully navigate without too much disruption to beneficiaries' rehabilitation programmes. Recognising the importance of beneficiaries' mental health, the charity employed a counsellor dedicated to supporting beneficiaries' mental and emotional wellbeing. Alongside this, a peer support role was added to the team to help integrate new members of the community and support existing beneficiaries in their journeys to get busy living again after injury. Since this role was introduced, the organisation has arranged a number of external 'experience days' which enabled beneficiaries to learn new skills and develop confidence in trying new things as they adapt to their new lives. Particular successes were waterskiing, indoor skydiving and track days.

During the period under review the charity made grants to institutions of £10,000 (2021: £nil due to the uncertainty around COVID-19). The charity was able to make grants totalling £147,504 (2021: £27,919) to support seriously injured or disabled individuals.

Reserves policy and going concern

It is the policy of the charity that unrestricted funds, which have not been designated for a specific use, should be maintained at a level to fund six months' recurring expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant fall in incoming resources, the charity will be able to continue its current activities while consideration is given to finding additional funding. Free reserves, which are calculated as unrestricted funds less fixed assets per note 15, are £656,748 at 31 March 2022 (2021: £496,901) and our estimate of six months recurring expenditure is £321,816. The board are pleased to report that the charity maintained its minimum level of reserves through the year. The surplus excess to the reserves policy will be used towards the exciting plans for the future outlined below.

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Plans for the future

The Foundation has big plans to increase the provision of support we offer our beneficiaries and despite the difficulties caused by the pandemic, two intensive rehabilitation accommodation lodges have now been completed on the site at the Get Busy Living Centre at no charge to the charity. These facilities are unrivalled in the area and once fully open will be available for beneficiaries to stay both long and short-term and receive all the support they need as they transition from hospital to independence.

Longer-term plans include a significant extension to the existing building to expand the gym and therapy space upstairs as well as the social area and kitchen downstairs whilst also providing additional office space for the growing team. There are plans to add a separate hydrotherapy facility to provide beneficiaries with another very valuable therapy option. Following the initial success of the experience days that have been arranged, there are more planned for 2022 and beyond including flying lessons.

Key financial performance indicators

As restrictions were gradually eased, the charity was able to hold a small number of events including its flagship Six Nations Dinner in London in March 2022. As a result, funds from events in this year were £722,060 (2021: £20,085) excluding donations made at the events to fund the charity's activities.

The unrestricted incoming resources of £1,141,609 (2021: £464,848) have allowed the charity to fulfil its principal objectives throughout the year and continue to provide a solid base for the future.

The Trustees are very pleased with the continued success of the charity being able to provide grants totalling £147,504 (2021: £27,919) and increasing net unrestricted funds by £222,799 to £1,564,738 during what has continued to be a challenging period.

Public benefit statement

The activities that the charity has undertaken to further its charitable purposes for the public benefit are stated within the objectives and activities of the charity.

The trustees consider that they have complied with their duties under section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charities Commission.

Fundraising statement

The Foundation's fundraising activities are undertaken by the in-house fundraising team assisted by the contracted events managers. Fundraising activities are monitored by the Foundation's Chief Executive Officer, the Foundation's Founder and the Trustees. The Foundation is registered with the Fundraising Regulator and aims to ensure that its fundraising is respectful, open, honest, legal and accountable. The Fundraising Regulator is the independent regulator of charitable fundraising and holds the Code of Fundraising Practice for the UK. As a registered charity of the scheme, we follow the Code of Fundraising Practice.

Fundraising activities comprise events organised by the Foundation including the annual Six Nations Dinner and bi-annual Summer Ball. Auctions are held at the events and auction items are provided voluntarily or at heavily discounted rates by the charity's patrons and ambassadors and their associates. Auctions are monitored by the Chief Executive Officer ensuring that the bidding process does not place undue pressure on vulnerable people or other members of the public. No complaints were received in this period about fundraising activity by or on behalf of the charity.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Trustees' responsibilities statement

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees, on 9 August 2022 and signed on their behalf by:

A Walker
Trustee

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE MATT HAMPSON FOUNDATION

Opinion

We have audited the financial statements of The Matt Hampson Foundation (the "Charity") for the year ended 31 March 2022 which comprises the statement of financial activities, balance sheet, statement of cash flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).
In our opinion, the financial statements:

- give a true and fair view of the state of the Charity's affairs as at 31 March 2022 and of its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Use of our report

This report is made solely to the Charity's trustees, as a body, in accordance with section 144 of the Charities Act 2011 and the regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the Charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the Charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE MATT HAMPSON FOUNDATION (CONTINUED)

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information; we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters in relation to which the Charities Act 2011 requires us to report to you if, in our opinion:

- sufficient accounting records have not been kept;
- the financial statements are not in agreement with the accounting records and returns; or
- we have not obtained all the information and explanations necessary for the purposes of our audit.

Responsibilities of the trustees

As explained more fully in the trustees' responsibilities statement set out on page 4, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

Auditors' responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE MATT HAMPSON FOUNDATION (CONTINUED)

Based on our understanding of the charity and the industry in which it operates, we identified that the principal risks of non-compliance with laws and regulations related to the acts by the charity, which were contrary to applicable laws and regulations including fraud, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Companies Act 2006. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to inflated revenue and the charity's net income for the year.

Audit procedures performed included:

- review of the financial statement disclosures to underlying supporting documentation;
- review of correspondence with and reports to the regulators, including correspondence with the Charity Commission;
- enquiries of management in so far as they related to the financial statements; and
- testing of journals and evaluating whether there was evidence of bias by the trustees that represented a risk of material misstatement due to fraud.

There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: http://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Other matters which we are required to address

The comparative financial statements were unaudited.

Roger Merchant

Roger Merchant
UHY Hacker Young (Statutory Auditor)
14 Park Row
Nottingham
NG1 6GR

11 August 2022

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	Note	Restricted funds 2022 £	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income from:					
Donations and legacies	2	345,485	349,615	695,100	606,933
Fundraising	3	1,000	791,994	792,994	83,466
Investments	4	-	-	-	58
Total income		346,485	1,141,609	1,488,094	690,457
Expenditure on:					
Raising funds		-	530,753	530,753	162,161
Charitable activities		300,463	388,057	688,520	394,882
Total expenditure	5	300,463	918,810	1,219,273	557,043
Net surplus		46,022	222,799	268,821	133,414
Reconciliation of funds:					
Total funds brought forward		1,137,533	1,341,939	2,479,472	2,346,058
Total funds carried forward		1,183,555	1,564,738	2,748,293	2,479,472

The notes on pages 11 to 21 form part of these financial statements.

BALANCE SHEET
AS AT 31 MARCH 2022

	Note	£	2022 £	£	2021 £
Fixed assets					
Tangible assets	10		1,978,616		1,730,323
Current assets					
Stocks	11	9,037		18,274	
Debtors	12	75,048		37,799	
Cash at bank and in hand		760,737		740,862	
		844,822		796,935	
Creditors: amounts falling due within one year	13	(75,145)		(47,786)	
Net current assets			769,677		749,149
Net assets			2,748,293		2,479,472
Charity Funds					
Restricted funds	14		1,183,555		1,137,533
Unrestricted funds	14		1,564,738		1,341,939
Total funds			2,748,293		2,479,472

The financial statements were approved by the Trustees on 9 August 2022 and signed on their behalf, by:

A Walker
Trustee

The notes on pages 11 to 21 form part of these financial statements.

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022

	Note	2022 £	2021 £
Cash flows from operating activities	16	84,675	306,502
Cash flows from investing activities:			
Purchase of tangible fixed assets		(64,800)	(12,784)
Interest received		-	58
Net cash flows from investing activities		(64,800)	(12,726)
Net increase in cash and cash equivalents		19,875	293,776
Cash and cash equivalents brought forward		740,862	447,086
Cash and cash equivalents carried forward		**760,737**	**740,862**

The notes on pages 11 to 21 form part of these financial statements.

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022

1. Accounting Policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Matt Hampson Foundation constitutes a public benefit entity as defined by FRS 102.

1.2 Basis of consolidation

The financial statements show the accounts position of The Matt Hampson Foundation only. Its subsidiary undertaking, Matt Hampson Ltd. is not consolidated because it is not significant to the group.

1.3 Going concern

The Trustees have reviewed the circumstances of the Foundation and consider that adequate resources continue to be available to fund its activities for the foreseeable future. The Trustees consider that there are no material uncertainties about the Foundation's ability to continue as a going concern.

1.4 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1.5 Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Income from the sale of sports equipment and memorabilia is recognised at the point of sale.

Income in respect of dinners and other fundraising events is recognised once the event has taken place.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Gifts and services are recognised as income when the Foundation has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from use by the Foundation of the item is probable and that economic benefit can be measured reliably.

Gifts and services in kind in respect of the construction of the Foundation's Get Busy Living Centre are recognised on the basis of the value of the gift to the Foundation, being the amount the charity would have been willing to pay to obtain services of equivalent economic benefit on the open market. A corresponding amount is recognised as tangible fixed assets in the period of receipt.

Auction income is recognised at the point that goods are shipped, or vouchers for experiences are issued.

1.6 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

Governance costs are costs relating to meeting the constitutional and statutory requirements of the Foundation.

Expenditure on charitable activities comprises costs incurred in the furtherance of the charity's objectives, including grants payable to individuals with life changing injuries and institutions with similar objectives to the Foundation and the associated support costs.

Grants payable relating to the financial year under review are accrued in that financial year. Grants committed at the balance sheet date relating to future years are disclosed but not accrued.

1.7 Direct taxation

The Foundation is a registered charity and therefore is generally not liable to direct taxation on income arising from its charitable activities as it falls within the various exemptions available to registered charities.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

1.8 Investments

Investments in subsidiaries are valued at cost less provision for impairment.

1.9 Tangible fixed assets and depreciation

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of Financial Activities.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Long-term leasehold property	-	Over lease term of 50 years
Plant and machinery	-	25% / 10% straight line
Office equipment	-	33% straight line

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of Financial Activities.

1.10 Operating leases

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

1.11 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks.

1.12 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

1.13 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

1.14 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.15 Creditors and provisions

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount that the charity anticipates it will pay to settle the debt.

1.16 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1.17 Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

1.18 Government Grants

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received. A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability

1.19 Judgements in applying accounting policies and key sources of estimation uncertainty

The preparation of the financial statements requires the use of judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the reporting date and the amounts reported for income and expenditure during the year, However, the nature of estimation means that actual outcomes could differ from those estimates.

Gifts and services
When construction relating to the Get Busy Living Centre is undertaken, the Foundation makes an estimate of gifts and services received relating to it. The estimate is based on information provided by the contractor, including the fair value of the services performed, where the service was in the course of construction, and the estimated stage of completion at the balance sheet date.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

2. Income from donations and legacies

	Restricted funds 2022 £	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Donations	345,485	314,778	660,263	519,362
Grants	-	34,837	34,837	87,571
	345,485	349,615	695,100	606,933
Total 2021	223,609	383,324	606,933	

Grants include government grants of £24,337 relating to the Coronavirus Job Retention Scheme (2021: £87,571)

3. Fundraising income

	Restricted funds 2022 £	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Events	1,000	349,264	350,264	36,779
Dinners	-	371,796	371,796	-
Merchandise sales	-	43,132	43,132	40,012
Other income	-	27,802	27,802	6,675
	1,000	791,994	792,994	83,466
Total 2021	2,000	81,466	83,466	

4. Investment income

	Restricted funds 2022 £	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Interest received	-	-	-	58
Total 2021	-	58	58	

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

5. Direct costs

	Fundraising expenses £	Governance £	Activities £	Total 2022 £	Total 2021 £
Property expenses	-	-	93,127	93,127	45,333
Dinner & Event costs	325,770	-	-	325,770	16,694
Advertising and promotion	-	-	4,303	4,303	276
Legal and professional *	10,067	16,042	62,687	88,796	48,722
Travel	-	-	26,351	26,351	1,144
Merchandise and purchases	35,862	-	-	35,862	21,914
Depreciation	-	-	66,507	66,507	62,348
Grants to institutions	-	-	10,000	10,000	-
Grants to individuals	-	-	147,504	147,504	27,919
Staff costs	132,585	-	245,067	377,652	301,567
Other costs *	7,993	-	35,408	43,401	31,126
	512,277	16,042	690,954	1,219,273	557,043
Total 2021	162,161	11,816	383,066	557,043	

Of the above fundraising costs, £nil (2021: £2,000) were attributable to restricted funds and £512,277 (2021: £160,161) were attributable to unrestricted funds.

Of the above governance costs, £nil (2021: £nil) were attributable to restricted funds and £16,042 (2021: £11,816) were attributable to unrestricted funds.

Of the above charitable activity costs, £300,463 (2021: £164,482) were attributable to restricted funds and £390,491 (2021: £218,584) were attributable to unrestricted funds.

*Within these categories of expenditure are support costs totalling £51,450 (2021: £40,016)

6. List of institutional grants payable

	2022 £	2021 £
Chris Burger Petro Jackson Players' Fund	5,000	-
University of Loughborough	5,000	-
	10,000	-

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

7. Net income

This is stated after charging:

	2022 £	2021 £
Operating lease costs	9,750	9,750
Depreciation of tangible fixed assets:		
- owned by the charity	66,507	62,348

8. Auditors' remuneration

The Auditor's remuneration amounts to an audit fee of £8,000 (2021: independent examination fee of £2,700).

9. Staff costs

Staff costs were as follows:

	2022 £	2021 £
Wages and salaries	341,604	273,768
Social security costs	28,723	22,166
Other pension costs	7,325	5,633
	377,652	301,567

The average number of persons employed by the charity during the year was as follows:

	2022 Number	2021 Number
Administration	11	9

There was one employee whose annual remuneration fell within the £70,001-£80,000 band (2021: one employee within the £70,001-80,000 band).

Key management
Key management includes the Trustees and members of senior management. The compensation paid or payable to key management for employee services amounted to £79,876 (2021: £79,818) and pension contributions amounted to £1,320 (2021: £1,313).

Trustees remuneration, benefits and reimbursed expenses
During the period, none of the Trustees received any remuneration, benefits in kind or were reimbursed any expenses.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

10. Tangible fixed assets

	Long-term leasehold property	Plant and machinery	Office equipment	Total
	£	£	£	£
Cost				
At 1 April 2021	1,736,930	221,412	15,587	1,973,929
Additions	261,251	42,508	11,041	314,800
At 31 March 2022	1,998,181	263,920	26,628	2,288,729
Depreciation				
At 1 April 2021	111,484	118,872	13,250	243,606
Charge for the year	34,738	29,922	1,847	66,507
At 31 March 2022	146,222	148,794	15,097	310,113
Net book value				
At 31 March 2022	1,851,959	115,126	11,531	1,978,616
At 31 March 2021	1,625,446	102,540	2,337	1,730,323

11. Stocks

	2022	2021
	£	£
Finished goods and goods for resale	9,037	18,274

12. Debtors

	2022	2021
	£	£
Amounts owed by group undertakings	43	43
Other debtors	1,557	26,818
Prepayments and accrued income	73,448	10,938
	75,048	37,799

13. Creditors: Amounts falling due within one year

	2022	2021
	£	£
Other taxation and social security	17,212	7,774
Other creditors	4,234	1,553
Accruals and deferred income	53,699	38,459
	75,145	47,786

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

14. Statement of funds

Statement of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Balance at 31 March 2022 £
Unrestricted funds				
General Funds	1,341,939	1,141,609	(918,810)	1,564,738
Restricted funds				
George Robinson Trust	1,121	-	-	1,121
Jeremy Albeiro	7,675	-	-	7,675
Get Busy Living Centre	857,786	30,000	(94,659)	793,127
Accommodation lodges	-	250,000	-	250,000
Paul Curtis	255	-	-	255
Ed Jackson	1,006	-	-	1,006
Coloplast	-	25,000	(25,000)	-
Event donations	-	1,000	-	1,000
Hydro Pool	124,690	-	-	124,690
Olivia Langley	-	2,695	(2,695)	-
Taylor Gough	69,242	3,503	(72,545)	200
Niall Harris	25,498	4,287	(26,369)	3,416
Barratt Developments	50,260	30,000	(79,195)	1,065
	1,137,533	346,485	(300,463)	1,183,555
Total of funds	2,479,472	1,488,094	(1,219,273)	2,748,293

Statement of funds - prior year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
Unrestricted funds				
General Funds	1,267,652	464,848	(390,561)	1,341,939
Restricted funds				
George Robinson Trust	1,121	-	-	1,121
Jeremy Albeiro	7,675	-	-	7,675
Get Busy Living Centre	919,164	30,000	(91,378)	857,785
Paul Curtis	255	-	-	255
Ed Jackson	3,006	-	(2,000)	1,006
Coloplast	13,495	25,000	(38,495)	-
Event donations	-	2,000	(2,000)	-
Hydro Pool	124,690	-	-	124,690
Adam Walker Wheelchair	5,000	-	(5,000)	-
Jonathan Brough Wheelchair	4,000	-	(4,000)	-
Taylor Gough	-	73,563	(4,321)	69,242
Niall Harris	-	25,498	-	25,498
Barratt Developments	-	69,548	(19,288)	50,260
	1,078,406	225,609	(166,482)	1,137,533
Total of funds	2,346,058	690,457	(557,043)	2,479,472

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

14. Statement of funds (continued)

The George Robinson, Paul Curtis, Jeremy Albeiro and Olivia Langley funds were set up to provide funding for equipment, physiotherapy and other associated costs for beneficiaries suffering injuries through sport.

The Taylor Gough, Niall Harris and Ed Jackson funds were set up to distribute donations received by The Matt Hampson Foundation specifically for these beneficiaries.

Get Busy Living Centre was set up to provide funding for the construction and operation of a state of the art rehabilitation centre for beneficiaries seriously injured through sport.

Davidsons Homes have built and donated two intensive rehabilitation accommodation lodges to the Foundation in 2022. These facilities will be available for beneficiaries to stay both long and short-term and receive all the support they need as they transition from hospital to independence

Coloplast donated £25,000 to fund a physiotherapist at the Get Busy Living Centre for a year in both 2021 and 2022.

Barratt Developments donated £30,000 in 2022 to fund a staff salary and the new Get Busy Living garden, and in 2021 they donated £69,548 to fund wages for physiotherapists and a personal trainer.

The Event donations represent amounts donated towards the costs of hosting fundraising events. In 2022 Peter Howard donated £1,000 towards the Summer Ball marquee. In 2021 Prima Solutions donated £2,000 towards the cost of hosting the Hambo Golf Day.

The Hydro Pool fund represents donations received specifically for the purpose of building a hydrotherapy pool at the Get Busy Living Centre site to offer additional facilities to beneficiaries suffering injuries through sport.

15. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Restricted funds 2022 £	Unrestricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	1,070,626	907,990	1,978,616
Current assets	128,929	715,893	844,822
Creditors due within one year	(16,000)	(59,145)	(75,145)
	1,183,555	1,564,738	2,748,293

Analysis of net assets between funds - prior year

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	885,285	845,038	1,730,323
Current assets	252,248	544,687	796,935
Creditors due within one year	-	(47,786)	(47,786)
	1,137,533	1,341,939	2,479,472

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

16. Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	2021 £
Net surplus for the year (as per Statement of Financial Activities)	268,821	133,414
Adjustment for:		
Interest receivable	0	(58)
Depreciation charges	66,507	62,348
Non-cash donation received	(250,000)	-
Decrease in stocks	9,237	344
(Increase) / Decrease in debtors	(37,249)	143,962
Increase / (Decrease) in creditors	27,359	(33,508)
Net cash provided by operating activities	84,675	306,502

17. Pension commitments

The Foundation operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Foundation in an independently administered fund. The pension cost charge represents contributions payable by the Foundation to the fund and amounted to £7,325 (2021: £5,633). Contributions totalling £2,455 (2021: £1,364) were payable to the fund at the balance sheet date and are included in creditors.

18. Operating lease commitments

At 31 March 2022 the total of the charity's future minimum lease payments under non-cancellable operating leases was:

	2022 £	2021 £
Amounts payable:		
Within 1 year	10,950	10,050
Between 1 and 5 years	8,700	19,500
After more than 5 years	5,850	6,000
Total	25,500	35,550

19. Related party disclosure

In the year the Founder, M Hampson, has received payments from the charity totalling £22,683 to compensate him for a beneficiary using his adapted property in France while long term suitable accommodation is found. In 2021 there were no related party transactions in the reporting period that require disclosure.

THE MATT HAMPSON FOUNDATION

England & Wales - Charity number 1139823

Accounts

Charity number: 1139823

THE MATT HAMPSON FOUNDATION

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

MATT HAMPSON FOUNDATION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	R D Jackson, Chairman G C Rowntree P Harrison J M Evans J M Batchelar M V Hill A Walker
Founder	M Hampson
Chief executive	S C Cawston
Charity number	1139823
Registered and principal office	Get Busy Living Centre Twyford Road Burrough on the Hill Melton Mowbray Leicestershire
Independent Examiner	UHY Hacker Young 14 Park Row Nottingham NG1 6GR
Bankers	Handelsbanken Unit 5 15 The Office Village North Road Loughborough LE11 1QJ

MATT HAMPSON FOUNDATION

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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their annual report together with the financial statements of the charity for the year 1 April 2020 to 31 March 2021.

Structure, governance and management

Constitution

The charity is constituted under a Deed of Trust dated 9 November 2010 and is registered with the Charity Commission under charity number 1139823. There have been no amendments since its inception and no specific restrictions imposed by the Deed.

Board of Trustees

Trustees who served during the period were as follows:

R D Jackson (Chairman)
G C Rowntree
P Harrison
J Evans
J Batchelar
M Hill
A Walker
Sir C R Woodward (resigned 27 August 2020)

Method of appointment or election of Trustees

The Trustees are appointed by a Resolution of Trustees, and whenever a Trustee is appointed a Memorandum of Appointment is signed by the Trustee presiding at such meeting and attested by two other Trustees present thereat.

Governance

All major decisions are made by the Trustees who usually meet two or three times a year. New applications for help are listed, considered and decided upon by the Trustees between meetings.

Apart from minor expenses the Trustees are unpaid.

Objectives and Activities

The principal objective of the charity is to provide advice, support and rehabilitation for young people that have suffered a serious injury or disability through sport.

The Foundation provides assistance to improve the quality of life and wellbeing for young individuals who have sustained catastrophic injury or life altering injuries through sport. In (but not restricted to) the following areas:

a. Mentoring and friendship
b. Information and advice
c. Financial assistance
d. Technology and equipment
e. Physiotherapy
f. Use of the Get Busy Living Centre

Each year the Trustees review their aims and activities to ensure they continue to reflect their objectives. In carrying out this review the Trustees have considered the Charity Commission's guidance on public benefit.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Related party relationships

The charity owns the entire share capital of Matt Hampson Ltd., a company of which Roy Jackson is a director.

Review of activities

Due to the coronavirus pandemic, the charity was only able to hold a small number of fundraising event during the year, which generated incoming resources of £36,779. This compares to fundraising events generating incoming resources of £936,986 in 2020. Donations received totalled £519,362 (2020: £536,799) of which £30,000 (2020: £166,950) was specifically for the running of the Get Busy Living Centre. These sources combined with merchandise sales resulted in total incoming resources for the year of £690,457 (2020: £1,501,182) which has allowed the charity to continue to fulfil its principal objectives of providing support and financial help to an increasing number of individuals.

The Matt Hampson Foundation is a unique and truly dynamic charity which is driven by the 'Get Busy Living' mantra of its founder. This philosophy underpins the charity's ethos as it supports its beneficiaries to adopt a positive mindset focusing on what they can achieve rather than what they can't. The Get Busy Living Centre has become the beating heart of the Foundation and is now a focal point for everyone involved in the Foundation's activity. It is a truly inspiring place which welcomes beneficiaries and their families from all over the UK, providing access to the kind of holistic support that is key in helping them to overcome the challenges they face.

2020 has been by far the most challenging year in the Foundation's ten-year history. Since the outbreak of the Coronavirus pandemic the work of the Foundation has become even more essential in supporting both the physical and mental health of our beneficiaries. Having taken the early and decisive decision to close the centre, to protect both Matt and its regular users, the focus shifted to finding creative solutions to the provision of remote support. We delivered essential rehab kits and gym equipment to the homes of beneficiaries, launched a new app, posted work-out sessions on YouTube and provided live one-to-one physio and PT sessions. Outdoor gym equipment was purchased to allow us to offer outdoor PT sessions before it was safe to re-open the Get Busy Living Centre. A covid secure environment was created and protocols put in place to allow us to offer uninterrupted rehabilitation for our beneficiaries since the Summer of 2020.

During the period under review the charity did not make any grants to institutions due to the uncertainty around COVID-19. The charity was able to make grants totalling £27,919 (2020: £33,669) to eight (2020: seventeen) seriously injured or disabled individuals.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Reserves policy and going concern

It is the policy of the charity that unrestricted funds, which have not been designated for a specific use, should be maintained at a level to fund six months' recurring expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant fall in incoming resources, the charity will be able to continue its current activities while consideration is given to finding additional funding. Free reserves, which are calculated as unrestricted funds less fixed assets per note 15, are £496,901 at 31 March 2021 (2020: £434,430) and our estimate of six months recurring expenditure is £214,084. The board are pleased to report that the charity maintained its minimum level of reserves through the year.

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

Plans for the future

The Foundation has big plans to increase the provision of support we offer our beneficiaries and despite the difficulties caused by the pandemic, two accommodation lodges have started to be built on the site at the Get Busy Living Centre at no charge to the charity. Our plans for a hydrotherapy pool have been put on hold as we navigate our way through the Coronavirus pandemic and the many challenges that we will be faced with. Our priority is and always will be our beneficiaries and the support we can offer them to allow them to Get Busy Living again after a life-altering injury.

Key financial performance indicators

The charity was only able to hold one event during this financial year - our annual Golf Day at the Belfry. All other events had to be cancelled. As a result, funds from events in this year are only £20,085 (2020: £389,930) excluding donations made at the events to fund the charity's activities.

The unrestricted incoming resources of £464,848 (2020: £1,112,619) have allowed the charity to fulfil its principal objectives throughout the year and continue to provide a solid base for the future.

The Trustees are very pleased with the continued success of the charity being able to provide grants totalling £27,919 (2020: £38,899) and increasing net unrestricted funds by £74,287 to £1,341,939 during what has been an incredibly challenging period.

COVID-19 Statement

Since the outbreak of the Coronavirus pandemic the work of the Foundation has become even more essential in supporting both the physical and mental health of our beneficiaries. Having taken the early and decisive decision to close the centre, to protect both Matt and its regular users, the focus has shifted to finding creative solutions to the provision of remote support. We have delivered essential rehab kits and gym equipment to the homes of beneficiaries, launched a new App, posted work out sessions on Youtube and provided live one to one physio and PT sessions. There’s no doubt that there will be many challenges to face over the coming months. Despite this we are confident that the community spirit created at the centre can continue to bring people together even when they are apart and will support all of our beneficiaries and staff through this unprecedented period of time

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Fundraising statement

The Foundation's fundraising activities are undertaken by the in-house fundraising team assisted by the contracted events managers. Fundraising activities are monitored by the Foundation's Chief Executive Officer, the Foundation's Founder and the Trustees. The Foundation is registered with the Fundraising Regulator and aims to ensure that its fundraising is respectful, open, honest, legal and accountable. The Fundraising Regulator is the independent regulator of charitable fundraising and holds the Code of Fundraising Practice for the UK. As a registered charity of the scheme, we follow the Code of Fundraising Practice.

Fundraising activities comprise events organised by the Foundation including the annual Six Nations Dinner and bi-annual Summer Ball. Auctions are held at the events and auction items are provided voluntarily or at heavily discounted rates by the charity's patrons and ambassadors and their associates. Auctions are monitored by the Chief Executive Officer ensuring that the bidding process does not place undue pressure on vulnerable people or other members of the public. No complaints were received in this period about fundraising activity by or on behalf of the charity.

Trustees' responsibilities statement

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees, on 27 July 2021 and signed on their behalf by:

R D Jackson
Trustee

INDEPENDENT EXAMINER'S STATEMENT TO THE TRUSTEES OF THE MATT HAMPSON FOUNDATION

I report to the charity trustees on my examination of the accounts of The Matt Hampson Foundation ('the Charity') for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the Charity you are responsible for the preparation of the accounts of the Charity in accordance with the requirements of the Charities Act 2011 ('the Act'). You are satisfied that the accounts of the Charity are not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of the charity's accounts. I have carried out my examination under section 145 of the 2011 Act. In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the accounts. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the consolidated accounts present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records, with respect to the Charity, were not kept as required by section 130 of the 2011 Act and were not kept as required by section 386 of the Companies Act 2006; or

2. the accounts do not accord with those records; or

3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or

4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

R Merchant FCA
UHY Hacker Young
Chartered Accountants

14 Park Row
Nottingham
NG1 6GR

Date: 27 July 2021

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	Note	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	2	223,609	383,324	606,933	536,799
Fundraising	3	2,000	81,466	83,466	964,057
Investments	4	-	58	58	326
Total income		225,609	464,848	690,457	1,501,182
Expenditure on:					
Raising funds		2,000	160,161	162,161	697,909
Charitable activities		164,482	230,400	394,882	491,210
Total expenditure	5	166,482	390,561	557,043	1,189,119
Net surplus / (deficit)		59,127	74,287	133,414	312,063
Reconciliation of funds:					
Total funds brought forward		1,078,406	1,267,652	2,346,058	2,033,995
Total funds carried forward		1,137,533	1,341,939	2,479,472	2,346,058

The notes on pages 9 to 19 form part of these financial statements.

BALANCE SHEET
AS AT 31 MARCH 2021

	Note	£	2021 £	£	2020 £
Fixed assets					
Tangible assets	10		1,730,323		1,779,887
Current assets					
Stocks	11	18,274		18,618	
Debtors	12	37,799		181,761	
Cash at bank and in hand		740,862		447,086	
		796,935		647,465	
Creditors: amounts falling due within one year	13	(47,786)		(81,294)	
Net current assets			749,149		566,171
Net assets			2,479,472		2,346,058
Charity Funds					
Restricted funds	14		1,137,533		1,078,406
Unrestricted funds	14		1,341,939		1,267,652
Total funds			2,479,472		2,346,058

The financial statements were approved by the Trustees on 27 July 2021 and signed on their behalf, by:

R D Jackson
Trustee

The notes on pages 9 to 19 form part of these financial statements.

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2021

	Note	2021 £	2020 £
Cash flows from operating activities	16	306,502	353,003
Cash flows from investing activities:			
Purchase of tangible fixed assets		(12,784)	(17,562)
Interest received		58	326
Net cash flows from investing activities		(12,726)	(17,236)
Net increase in cash and cash equivalents		293,776	335,767
Cash and cash equivalents brought forward		447,086	111,319
Cash and cash equivalents carried forward		**740,862**	**447,086**

The notes on pages 9 to 19 form part of these financial statements.

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

1. Accounting Policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Matt Hampson Foundation constitutes a public benefit entity as defined by FRS 102.

1.2 Basis of consolidation

The financial statements show the accounts of The Matt Hampson Foundation only. Its subsidiary undertaking, Matt Hampson Ltd. is not consolidated because the aggregate gross income of the group, the parent charity and its subsidiary, does not exceed £1m.

1.3 Going concern

The Trustees have reviewed the circumstances of the Foundation and consider that adequate resources continue to be available to fund its activities for the foreseeable future. The Trustees consider that there are no material uncertainties about the Foundation's ability to continue as a going concern.

1.4 COVID-19

The Foundation has responded positively to the COVID-19 situation, finding creative solutions to the provision of remote support. Some fundraising events post year end have been postponed, but management are hopeful these can go ahead later in the financial year. The Foundation are managing costs carefully during this time and are confident that they can emerge in a strong position.

1.5 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

1.6 Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Income from the sale of sports equipment and memorabilia is recognised at the point of sale.

Income in respect of dinners and other fundraising events is recognised once the event has taken place.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Gifts and services are recognised as income when the Foundation has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from use by the Foundation of the item is probable and that economic benefit can be measured reliably.

Gifts and services in kind in respect of the construction of the Foundation's Get Busy Living Centre are recognised on the basis of the value of the gift to the Foundation, being the amount the charity would have been willing to pay to obtain services of equivalent economic benefit on the open market. A corresponding amount is recognised as tangible fixed assets in the period of receipt.

1.7 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset’s use.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

Governance costs are costs relating to meeting the constitutional and statutory requirements of the Foundation.

Expenditure on charitable activities comprises costs incurred in the furtherance of the charity's objectives, including grants payable to individuals with life changing injuries and institutions with similar objectives to the Foundation and the associated support costs.

Grants payable relating to the financial year under review are accrued in that financial year. Grants committed at the balance sheet date relating to future years are disclosed but not accrued.

1.8 Direct taxation

The Foundation is a registered charity and therefore is generally not liable to direct taxation on income arising from its charitable activities as it falls within the various exemptions available to registered charities.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

1.9 Investments

Investments in subsidiaries are valued at cost less provision for impairment.

1.10 Tangible fixed assets and depreciation

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of Financial Activities.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Long-term leasehold property	-	Over lease term of 50 years
Plant and machinery	-	25% / 10% straight line
Office equipment	-	33% straight line

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of Financial Activities.

1.11 Operating leases

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

1.12 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks.

1.13 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

1.14 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

1.15 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.16 Creditors and provisions

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount that the charity anticipates it will pay to settle the debt.

1.17 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1.18 Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

1.19 Government Grants

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received. A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability

1.20 Judgements in applying accounting policies and key sources of estimation uncertainty

The preparation of the financial statements requires the use of judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the reporting date and the amounts reported for income and expenditure during the year, However, the nature of estimation means that actual outcomes could differ from those estimates.

Gifts and services
When construction relating to the Get Busy Living Centre is undertaken, the Foundation makes an estimate of gifts and services received relating to it. The estimate is based on information provided by the contractor, including the fair value of the services performed, where the service was in the course of construction, and the estimated stage of completion at the balance sheet date.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

2. Income from donations and legacies

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Donations	223,609	295,753	519,362	536,799
Government grant	-	87,571	87,571	-
	223,609	383,324	606,933	536,799
Total 2020	370,771	166,028	536,799	

Government grants of £87,571 relates to grants under the Coronovirus Job Retention Scheme (2020: £nil).

3. Fundraising income

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Events	2,000	34,779	36,779	295,555
Dinners	-	-	-	641,431
Merchandise sales	-	40,012	40,012	16,391
Other income	-	6,675	6,675	10,680
	2,000	81,466	83,466	964,057
Total 2020	-	964,057	964,057	

4. Investment income

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Interest received	-	58	58	326

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

5. Direct costs

	Fundraising expenses	Governance	Activities	Total 2021	Total 2020
	£	£	£	£	£
Property expenses	-	-	45,333	45,333	98,048
Dinner & Event costs	16,694	-	-	16,694	546,556
Advertising and promotion	-	-	276	276	14,484
Legal and professional *	-	11,816	36,906	48,722	59,053
Travel	-	-	1,144	1,144	39,286
Merchandise and purchases	21,914	-	-	21,914	39,118
Depreciation	-	-	62,348	62,348	72,000
Grants to institutions	-	-	-	-	5,230
Grants to individuals	-	-	27,919	27,919	33,669
Staff costs	120,627	-	180,940	301,567	249,012
Other costs *	2,926	-	28,200	31,126	32,663
	162,161	11,816	383,066	557,043	1,189,119
Total 2020	697,909	16,307	474,903	1,189,119	

Of the above fundraising costs, £2,000 (2020: £62,792) were attributable to restricted funds and £160,161 (2020: £635,117) were attributable to unrestricted funds.

Of the above governance costs, £nil (2020: £nil) were attributable to restricted funds and £11,816 (2020: £16,307) were attributable to unrestricted funds.

Of the above charitable activity costs, £164,482 (2020: £273,454) were attributable to restricted funds and £218,584 (2020: £201,449) were attributable to unrestricted funds.

*Within these categories of expenditure are support costs totalling £40,016 (2020: £36,340)

6. List of institutional grants payable

	2021	2020
	£	£
United Lincolnshire Hospitals	-	230
University of Loughborough	-	5,000
	-	5,230

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

7. Net income

This is stated after charging:

	2021 £	2020 £
Operating lease costs	9,750	9,750
Depreciation of tangible fixed assets:		
- owned by the charity	62,348	72,000

8. Auditors' remuneration

The Auditor's remuneration amounts to an Independent Examination fee of £2,700 (2020: audit fee of £7,680).

9. Staff costs

Staff costs were as follows:

	2021 £	2020 £
Wages and salaries	269,768	225,902
Social security costs	26,166	18,401
Other pension costs	5,633	4,709
	301,567	249,012

The average number of persons employed by the charity during the year was as follows:

	2021 Number	2020 Number
Administration	9	8

There was one employee whose annual remuneration fell within the £70,001-£80,000 band (2020: one employee within the £60,000-70,000 band).

Key management
Key management includes the Trustees and members of senior management. The compensation paid or payable to key management for employee services amounted to £79,818 (2020: £72,508) and pension contributions amounted to £1,313 (2020: £1,307).

Trustees remuneration, benefits and reimbursed expenses
During the period, none of the Trustees received any remuneration, benefits in kind or were reimbursed any expenses.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

10. Tangible fixed assets

	Long-term leasehold property	Plant and machinery	Office equipment	Total
	£	£	£	£
Cost				
At 1 April 2020	1,736,930	211,008	13,207	1,961,145
Additions	-	10,404	2,380	12,784
At 31 March 2021	1,736,930	221,412	15,587	1,973,929
Depreciation				
At 1 April 2020	76,745	92,233	12,280	181,258
Charge for the year	34,739	26,639	970	62,348
At 31 March 2021	111,484	118,872	13,250	243,606
Net book value				
At 31 March 2021	1,625,446	102,540	2,337	1,730,323
At 31 March 2020	1,660,185	118,775	927	1,779,887

11. Stocks

	2021	2020
	£	£
Finished goods and goods for resale	18,274	18,618

12. Debtors

	2021	2020
	£	£
Amounts owed by group undertakings	43	34,017
Other debtors	26,818	127,486
Prepayments and accrued income	10,938	20,258
	37,799	181,761

13. Creditors: Amounts falling due within one year

	2021	2020
	£	£
Other taxation and social security	7,774	6,256
Other creditors	1,553	2,983
Accruals and deferred income	38,459	72,055
	47,786	81,294

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

14. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
Unrestricted funds				
General Funds	1,267,652	464,848	(390,561)	1,341,939
Restricted funds				
George Robinson Trust	1,121	-	-	1,121
Jeremy Albeiro	7,675	-	-	7,675
Get Busy Living Centre	919,164	30,000	(91,378)	857,785
Paul Curtis	255	-	-	255
Ed Jackson	3,006	-	(2,000)	1,006
Coloplast	13,495	25,000	(38,495)	-
Event donations	-	2,000	(2,000)	-
Hydro Pool	124,690	-	-	124,690
Adam Walker Wheelchair	5,000	-	(5,000)	-
Jonathan Brough Wheelchair	4,000	-	(4,000)	-
Taylor Gough	-	73,563	(4,321)	69,242
Niall Harris	-	25,498	-	25,498
Barrett Development	-	69,548	(19,288)	50,260
	1,078,406	225,609	(166,482)	1,137,533
Total of funds	2,346,058	690,457	(557,043)	2,479,472

Statement of funds - prior year

	Balance at 1 April 2019 £	Income £	Expenditure £	Balance at 31 March 2020 £
Unrestricted funds				
General Funds	1,007,906	1,112,619	(852,873)	1,267,652
Restricted funds				
George Robinson Trust	990	131	-	1,121
Jeremy Albeiro	7,675	-	-	7,675
Get Busy Living Centre	1,003,584	166,950	(251,370)	919,164
Paul Curtis	255	-	-	255
Ed Jackson	3,035	-	(29)	3,006
Coloplast	10,550	25,000	(22,055)	13,495
Event donations	-	62,792	(62,792)	-
Hydro Pool	-	124,690	-	124,690
Adam Walker Wheelchair	-	5,000	-	5,000
Jonathan Brough Wheelchair	-	4,000	-	4,000
	1,026,089	388,563	(336,246)	1,078,406
Total of funds	2,033,995	1,501,182	(1,189,119)	2,346,058

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

14. Statement of funds (continued)

The George Robinson Trust fund, Paul Curtis fund and Jeremy Albeiro fund were set up to provide funding for equipment, physiotherapy and other associated costs for beneficiaries suffering injuries through sport.

The Taylor Gough, Niall Harris, Ed Jackson, Adam Walker and Jonathan Brough funds were set up to distribute donations received by Matt Hampson Foundation specifically for these beneficiaries.

Get Busy Living Centre was set up to provide funding for the construction of a state of the art rehabilitation centre for beneficiaries seriously injured through sport.

Coloplast donated £25,000 to fund a physiotherapist at the Get Busy Living Centre for a year in both 2020 and 2021.

Barrett Development donated £69,548 in 2021 to fund wages for physiotherapists and a personal trainer.

The Event donations represent amounts donated towards the costs of hosting fundraising events. In 2021 Prima Solutions donated £2,000 towards the cost of hosting the Hambo Golf Day. In 2020 AXA XL donated £30,000 towards the hosting of the annual Six Nations Dinner fundraising event and Clyde & Co donated £15,000, and Peter Howard donated £17,792 towards the hosting of the Summer Ball.

The Hydro Pool fund represents donations received specifically for the purpose of building a hydrotherapy pool at the Get Busy Living Centre site to offer additional facilities to beneficiaries suffering injuries through sport.

15. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	885,285	845,038	1,730,323
Current assets	252,248	544,687	796,935
Creditors due within one year	-	(47,786)	(47,786)
	1,137,533	1,341,939	2,479,472

Analysis of net assets between funds - prior year

	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £
Tangible fixed assets	946,664	833,223	1,779,887
Current assets	131,742	515,723	647,465
Creditors due within one year	-	(81,294)	(81,294)
	1,078,406	1,267,652	2,346,058

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

16. Reconciliation of net movement in funds to net cash flow from operating activities

	2021 £	2020 £
Net surplus / (deficit) for the year (as per Statement of Financial Activities)	133,414	312,063
Adjustment for:		
Interest receivable	(58)	(326)
Depreciation charges	62,348	72,000
Decrease / (Increase) in stocks	344	(18,619)
Decrease in debtors	143,962	29,039
(Decrease) in creditors	(33,508)	(41,154)
Net cash provided by operating activities	306,502	353,003

17. Pension commitments

The Foundation operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Foundation in an independently administered fund. The pension cost charge represents contributions payable by the Foundation to the fund and amounted to £5,633 (2020: £4,709). Contributions totalling £1,364 (2020: £981) were payable to the fund at the balance sheet date and are included in creditors.

18. Operating lease commitments

At 31 March 2021 the total of the charity's future minimum lease payments under non-cancellable operating leases was:

	2021 £	2020 £
Amounts payable:		
Within 1 year	10,050	9,750
Between 1 and 5 years	19,500	29,400
After more than 5 years	6,000	6,150
Total	35,550	45,300

19. Related party disclosure

There have been no related party transactions in the reporting period that require disclosure (2020: none).