

Support After Rape and Sexual Violence Leeds (SARSVL)

Charity number 1139555

A company limited by guarantee number 07202588

Annual Report and Financial Statements for the year ended 31 March 2021



West Yorkshire Community Accounting Service

Support After Rape and Sexual Violence Leeds (SARSVL)

Annual Report and Financial Statements for the year ended 31 March 2021

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Prepared by West Yorkshire Community Accounting Service

Support After Rape and Sexual Violence Leeds (SARSVL)

Trustees' report for the year ended 31 March 2021

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Eleanor Broadbent		
Miriam Moss		
Sarah Howells	Treasurer	
Lindsay Britton-Robertson		Appointed September 2020
Laura Brown		Appointed September 2020
Rosemary Carr		Appointed September 2020
Grace Sumner		Appointed September 2020
Alina Wahab		Appointed October 2020
Rosalind Weaver		Appointed September 2020
Alexandra Swadling		Appointed September 2020, resigned February 2011
Georgina Tripp	Secretary	Resigned September 2020
Sally Dowell	Treasurer	Resigned 30 June 2020
Katherine Russell		Resigned December 2020
Kristen Dundon		Resigned 31 July 2020
Sian Cosgrove		Resigned October 2020

Registered and principal address

7 Eastgate
Leeds
LS2 7LY

Bankers

National Westminster Bank	CAF Bank	Shawbrook Bank Limited
8 Park Row	25 Kings Hill Avenue	Lutea House
Leeds	Kings Hill, West Malling	Warley Hill Business Park, The Drive
LS1 5HD	Kent. ME19 4TA	Great Warley, Brentwood
		Essex. CM13 3BE

Independent examiner

Simon Bostrom FCIE

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

SARSVL registered with Companies House as a Company Limited by Guarantee (Company Number: 7202588) on 25th March 2010 and with the Charity Commission (Registered Charity Number: 1139555) on 29th December 2010. SARSVL's governing document is a Memorandum & Articles of Association.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

Support After Rape and Sexual Violence Leeds (SARSVL)

Trustees' report (continued) for the year ended 31 March 2021

Volunteers

Volunteers are at the heart of SARSVL and are involved in all aspects of the organisation, through membership of the Board of Trustees, to offering direct services to women and girls and also with service support activities. We welcome new volunteers who approach the organisation in a number of ways, including via direct recruitment for service delivery volunteers. We had four volunteer Counsellors and twelve active Helpline volunteers during this period.

Paid Staff

The staffing structure at 31 March 2021 consisted of:

- * Senior HR & Financial Management – 24 hours per week
- * Senior ISVA – 35 hours per week
- * ISVA – 28 hours per week
- * Senior Counsellor – 35 hours per week
- * Four Counsellors – 8 hours per week (5 employed during the year due to maternity cover)
- * Senior Helpline Co-ordinator – 35 hours per week
- * Office Co-ordinator – 35 hours per week

The charity's objects

SARSVL's objects as set out in the Company's Memorandum and Articles of Association are:

- 1) To relieve the mental and physical distress of women and girls affected, or at risk of being affected, by rape and sexual violence, recognising their diverse needs;
- 2) To promote the education of the public and to raise awareness of rape and sexual violence and its effects;
- 3) To promote research into rape and sexual violence and its effects and to disseminate or publish the useful results of such research.

Aims

- * To provide free, confidential, specialist support to women and girls whose lives have been affected by sexual violence, of any type at any time;
- * To reflect the diverse community we serve, working actively to encompass the range of needs amongst women and girls who may wish to access our services;
- * To work in meaningful and productive partnerships with other organisations and services towards comprehensive support for women and girls in Leeds;
- * To raise awareness and understanding of sexual violence;
- * To challenge and change public attitudes about sexual violence against women and girls.

Objectives

SARSVL has the following objectives to achieve these aims by:

- * providing a specialist confidential helpline support service via telephone, text and e-mail, which offers non-directive listening, support, information and signposting;
- * providing specialist, free and confidential face-to-face emotional support, which can include counselling, within a women-only safe-space;
- * providing specialist advocacy services to adult women in Leeds;
- * developing and maintaining an informative and accessible website, and social media presence;
- * recruiting, training and supporting women to volunteer with and work for SARSVL;
- * delivering specialist sexual violence talks, workshops and training to other organisations and groups;
- * ensuring all our specialist training packages cover diversity, anti-oppression and women-centred, feminist practice;
- * through our policies, practices, procedures and publicity, actively targeting and encouraging the meaningful participation of a full range of Leeds women, particularly addressing marginalisation and under-representation;
- * building and maintaining strong relationships and partnerships with other relevant organisations, with local decision-makers and with the media;
- * lobbying and campaigning on a local, regional and, where appropriate, national level;
- * participating in, instigating and organising research, consultation and events.

Support After Rape and Sexual Violence Leeds (SARSVL)

Trustees' report (continued) for the year ended 31 March 2021

Objectives (continued)

In addition, SARSVL plans to achieve these aims in the longer term by:

- * as appropriate, developing and delivering a range of other specialist services, such as advocacy for young women and girls, drop-in, group work, schools programmes and specific projects;
- * working with other organisations to identify gaps and weaknesses in current provision and participating in work to address these.

Trustees' Statement

As a Board we would like to express our gratitude and admiration for those who have championed SARSVL's mission and ensure that we can continue as the Rape Crisis Centre for Leeds. Without our supporters we would not be able to sustain our specialist provision for the women and girls who need us.

SARSVL is, and continues to be, a proudly independent feminist organisation, led by the women and girls we support and meeting the needs of survivors with our specialist Helpline, ISVA (Independent Sexual Violence Advocates) and Counselling services.

At our core we continue to be a group of dedicated and passionate women working together as volunteers and staff members. We are privileged to have passionate and dedicated women who give their time to us freely as Trustees, Helpline and Counselling volunteers. This is a true testament to our power as a voluntary sector organisation.

This year there were significant changes to our Board as a number of long service Trustees moved on and a recruitment campaign welcomed six new Board Members. Monthly board meetings were held via Zoom for the whole of the year due to Covid 19 restrictions. SARSVL is open to exploring how this innovation can be productively utilised once pandemic conditions are eased.

As the whole world was affected by the devastating pandemic we were presented with challenges in adapting to changing operating conditions, a challenge that was met very successfully. All staff, volunteers and service users were able to respond quickly and effectively to providing and receiving our services remotely. This was supported by various streams of funding set up in response to the lockdown, which enabled SARSVL, along with other charities to function effectively during this difficult period.

We are grateful for the opportunity to have drawn down emergency Covid funding from a lot of our current funders but also MIND large Coronavirus mental health response fund, NHS England Covid fund, CAF emergency Covid fund and the PCC Safer Communities Covid fund to enable our staff and volunteers to continue to provide our much-needed services remotely. Thanks go to the staff who identified, accessed and bid for the funding released quickly and with a rapid turnaround, the staff and volunteers who explored and implemented new and different ways of working and to our services users for coming with us in this new direction.

It is probably worth mentioning here that the learning from this experience will continue into service delivery when social distancing and lockdown have passed, the advantage being that our services have now become even more accessible for many. Indeed, the skills learnt from remote working can be extended to all parts of the organisation, enabling SARSVL to become a more flexible working environment, benefiting those who wish to work with us as well as those that are in receipt of our services.

Support After Rape and Sexual Violence Leeds (SARSVL)

Trustees' report (continued) for the year ended 31 March 2021

Trustees' Statement (continued)

This year, due to the Covid 19 pandemic, we were very fortunate to continue our relationship with the Lord Mayor of Leeds, Cllr Eileen Taylor as her Chosen Charity during the second year of her tenure. Like any small charity, we are humbled and delighted each and every time that a supporter helps to raise our profile. We are especially heartened by our continuing partnership with the Lord Mayor's office, which represents a myriad of uniquely exciting opportunities for SARSVL and the communities of Leeds that the Lord Mayor

The future of SARSVL, like with all Rape Crisis Centres, is at the forefront of our minds and we would like to express thanks to our key funders - the Ministry of Justice, WY Police & Crime Commissioner, Lloyds Foundation, Brelms Trust, Brook Trust, Pilgrim Trust, Henry Smith Charity and Leeds Community Foundation (Wesleyan), for their financial support and, most importantly, their recognition of the impact and need of our specialist work.

We continue to be a proud member of Rape Crisis England & Wales and benefit from the experience, resource and information sharing that our sister Centres, regionally and nationally, provide to us. We equally benefit from, and are a proud member of, the specialist West Yorkshire Sexual Violence Action Partnership. We have benefited from our relationships with the other agencies we work with whose support, advice, and engagement enriches us all. We continue to procure women interpreters from Leeds City Council's Interpretation Service, which helps us to ensure that we can support women for whom English is not a first language.

It is our belief that it is our supporters, funders, staff, volunteers and community partners that will continue to be key to our support of women affected by rape and sexual violence, both now in the uncertainty caused by the ongoing pandemic and long into the future.

The end of this year sees us moving into the first year of a new five-year Business Plan and with an organisational restructure on the horizon we look forward to meeting the opportunities and challenges ahead.

Public benefit statement

Mission Statement

SARSVL is a feminist organisation that exists to support women and girls who have been affected by sexual violence of any kind at any time in their lives. We promote their needs and rights and work towards the elimination of sexual violence.

How our activities deliver public benefit

Our main activities and who we try to help are described below. All our charitable activities focus on the support of women and girls who have been affected by rape and/or other forms of sexual violence at any time in their lives and are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our service

In 2007, the Equality & Human Rights Commission (EHRC) and End Violence Against Women Coalition (EVAW) published the first Map of Gaps report. This study identified Leeds, the second largest district in England with a population of nearly 800,000, as one of the many areas with no specialist sexual violence provision for women and girls. SARSVL was originally set up to fill this gap.

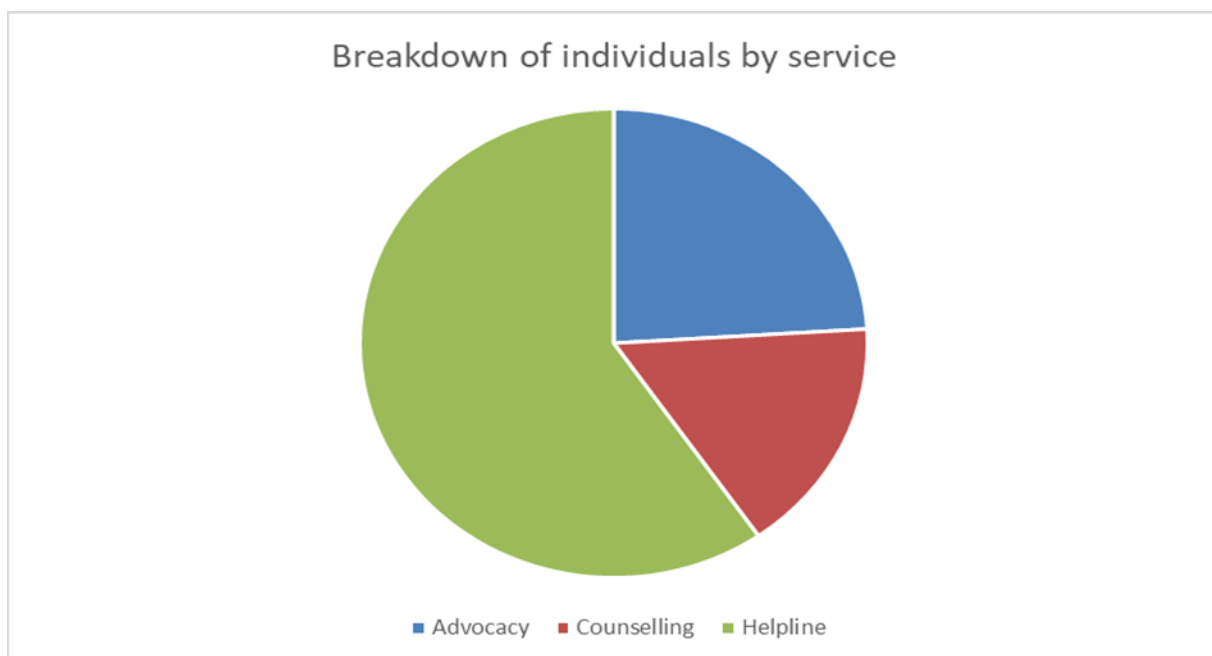
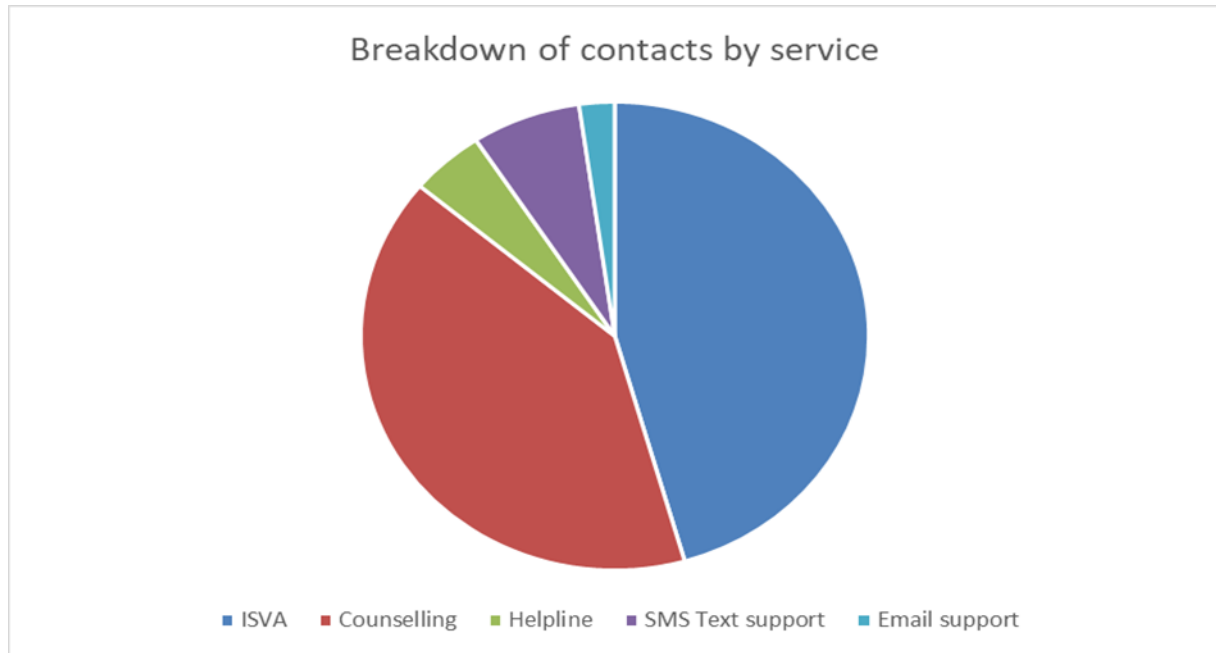
This year our main charitable activities have been providing independent specialist advocacy support to adult women including support through the criminal justice process, specialist face to face counselling, specialist emotional support provided over the telephone, e-mail, text and face-to-face to women and girls. All services have continued on a remote face to face basis throughout the Covid 19 pandemic.

Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2021

Statistics

570 women and girls accessed SARSVL frontline services this financial year through a total of 7,285 contacts.

A breakdown of individuals accessing services and number of contacts per service are shown in the graphs below.



Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2021

Statistics (continued)



Specialist Independent Advocacy

The Independent Sexual Violence Advocacy (ISVA) Service offers emotional and practical support to women aged 16+ who are considering reporting or who have reported sexual violence to the police.

In March 2020 the Service began to operate remotely due to the coronavirus pandemic. Face to face sessions were replaced by telephone or online appointments. Women quickly adapted to this change to service delivery and the level of engagement remained high. There were no women who chose to defer support for when face to face delivery resumes.

The serious disruption to the Court Service as a result of the pandemic had a significant impact upon those women where charges had been authorised. Court hearings and trials were routinely cancelled, and the backlog remains at record levels. The inevitable result is that women's support needs have increased as their mental health deteriorates, and they remain in the Service for far longer than was previously the case pre-pandemic.

In August 2020 the ISVA Service reopened to new referrals following the appointment of a new ISVA (28 hours a week). Demand for the Service has been high - for the period August 2020 to March 21 there were 93 new referrals, and a total of 137 women were supported from April 2020 to March 2021.

Despite the challenges of remote working, partnerships with other criminal justice agencies have strengthened. The most notable example is the introduction of bi-monthly case management meetings between the ISVA team and Detective Inspector Single Points of Contact from Safeguarding and CID. The meetings were introduced in May 2020 and have dramatically improved working relationships with the police, but, more importantly for the women we support, they have been instrumental in achieving positive outcomes in terms of case progression.

Support After Rape and Sexual Violence Leeds (SARSVL)

Trustees' report (continued) for the year ended 31 March 2021

Specialist Counselling

The Counselling service has run entirely remotely continuing to offer holistic, feminist, trauma-informed women-centred counselling to adult women survivors of any form of sexual violence. The service has continued to provide either 20 sessions of weekly counselling or eight weekly self-care sessions, including pre-trial therapy.

Supervision and case management of staff and volunteers has been provided remotely by the Senior Counsellor/Counselling Service Manager, ensuring that risk is managed effectively, and that staff and volunteers are well supported.

To support women whilst they wait for 1:1 counselling, the service piloted a remote pre-therapy group focussing on psychoeducation and management of trauma symptoms. Led by an experienced therapist, its success has enabled us to secure funding to roll out a continuing group programme over the forthcoming year.

We have continued to see a huge demand for our counselling service. Whilst some women have chosen to wait until we are able to offer face to face sessions again. A high proportion of women have felt able to work remotely via video conferencing or telephone, and for many women this flexible way of working has improved their access to the service. The service has provided 955 counselling sessions to 93 women this year.

All Counsellors work from different therapeutic approaches while providing holistic, trauma-informed women-centred counselling creating reach and diverse support. This year we have also been able to add the NICE recommended therapy for post-traumatic stress disorder, Eye Movement Desensitisation Reprocessing Therapy (EMDR) to the range of modalities that we now offer.

Specialist Helpline Support (telephone, SMS text and email emotional support)

This report focuses on SARSVL Helpline developments from April 2020 to March 2021. This period covers the majority of the impact of the Coronavirus pandemic on the helpline. Previously the helpline had been operating 6 days a week during the evening, including one weekend day. By April 2020, the effect of the pandemic meant the helpline was operating on 2 weekdays only, with 2 different shift times with the majority of helpline volunteers going on a break. The pandemic reduced the pool of active volunteers from 25 volunteers to, at its lowest point in August 2020, 8 volunteers, of which 2 were Rape Crisis England and Wales Live Chat volunteers. This meant that the helpline coordinator was covering many shifts. The focus of the helpline in this period was to first ensure it did not close and the remainder of the year has been focussed on an effort to rebuild the helpline as closely as possible to its capacity pre-pandemic.

During the year, there were a number of changes and developments on the SARSVL Helpline as follows:

- * The start of this reporting period the helpline was reduced to 2 shifts a week staffed by the helpline coordinator
- * The helpline coordinator was able to develop remote text and telephone helpline shifts to enable volunteers to carry out these shifts at home to retain as many volunteers as possible.
- * At the start of September 2020, a Thursday evening shift was opened to increase our capacity for calls and offer a new time for service users to engage with us, our first shift later than 6pm since March 2020.
- * The SARSVL helpline basic training was changed and updated into a blended online learning programme to continue to recruit over the pandemic period.
- * Also in August 2020 there was a round of recruitment, receiving 50 applications of which 12 people were offered a place on the course and 11 volunteers passed.

Support After Rape and Sexual Violence Leeds (SARSVL)

Trustees' report (continued) for the year ended 31 March 2021

Specialist Helpline Support (telephone, SMS text and email emotional support) (continued)

- * The aforementioned recruitment meant that the helpline could increase shift cover once again. The helpline now operates on 4 days and also offers more varied timings- 1 weekday day time shift, 1 weekday evening, 1 weekday late evening and 1 weekend evening. Since the new volunteers have started there have been no closures of a SARSVL helpline shift.
- * In March 2021 the helpline coordinator was made full time.
- * A second recruitment round started at the end of this reporting period, the aim is to open an afternoon shift to give more varied timings for service users once again.
- * We have been contracted for 1 more shift of the Rape Crisis England and Wales Live Chat, increasing the unrestricted income we receive because of this. This has also allowed the Helpline Coordinator to interact with other network members and take part in Rape Crisis England and Wales consultation workshops which have helped form SARSVL's best practice- for example, the working group on decreasing the live chat age limit.
- * Over this period a 'child-friendly' confidentiality notice has been completed with a view to updating our information for young people accessing the helpline in the new reporting period.
- * With the uplift of a full time post, the helpline coordinator has made other professional relationships which can be of use for the whole SARSVL team for training exchanges such as the NSPCC and Hope for Justice- a modern slavery charity, to have varied follow on training and learning opportunities for volunteers and staff.

Plans for Future Activities

Future plans include:

Specialist Independent Advocacy

- * To expand and develop the ISVA Service to support girls aged 13+ through recruitment of a CHISVA
- * To further increase capacity of the ISVA Service to meet demand, and avoid waiting lists, through the recruitment of an additional ISVA
- * To continue to strengthen and consolidate partnership working with the police, through bi-monthly meetings and delivery of training on the ISVA role to Safeguarding and CID officers
- * To return to office based working with a more flexible approach towards service delivery and the working environment, learning from the experiences of remote working during the pandemic
- * To develop a post ISVA Service peer support group accessible to women who have left the Service and are no longer in the criminal justice system

Counselling

- * To further increase the capacity of the counselling service to respond to local demand and reduce the length of time women spend on the waiting list.
- * To develop a rolling programme of psycho-educational groups that women can access whilst waiting for counselling or as a stand-alone intervention.
- * To develop a psycho-educational web-based resources for survivors to access.
- * To develop a post therapy peer support group that women can move into after finishing counselling.

Helpline

- * Continuing to rebuild the helpline to the same capacity as before the pandemic.
- * Supporting a successful transition back into office working for the helpline.
- * Addressing the lack of diversity in our helpline cohorts with the development of an inclusive recruitment and retention plan.
- * Achieving a volunteer kite mark for the Helpline service.
- * Continuing work on updating our information for and practices with children on the helpline in line with RCEW best practice.

Support After Rape and Sexual Violence Leeds (SARSVL)

Trustees' report (continued) for the year ended 31 March 2021

The Board of Trustees

SARSVL Board of Trustees continued to monitor progress against the targets set in the current Business Plan which came to an end in April 2021. A new 5-year Business Plan has now been developed.

We will be working with the staff team to ensure safe return to the SARSVL premises after COVID-19 restrictions are lifted, alongside ensuring that clear guidance and procedures are in place to deliver the services safely and remotely should the need arise again.

Diversity, accessibility and inclusion are values and principles fundamental to SARSVL's practice and ethos. Our aims recognise that we need to reflect the community we serve and encompass the diversity of needs amongst the women and girls in Leeds who need us. The Board of Trustees coordinated a dedicated recruitment campaign to identify and select new women to join the Board in Autumn 2020.

Review of the year

SARSVL made a surplus of £129,989 in 2020-2021 (2020: a deficit of £62,857). Like all organisations, it proved to be an unusual year for SARSVL but a number of successful funding applications plus additional Covid funding has meant that we have been able to respond strongly to the pandemic and services have not been limited by a reduction in income.

The 2019/20 deficit reduced SARSVL's unrestricted reserves by £42,797; they have been increased by £97,405 in 2020-21 and are now back to a more comfortable level. There have been two factors at play here – being the Lord Mayor's Charity for an additional year and the sharp increase in donations in response to the murder of Sarah Everard.

The rest of the surplus for the year relates to restricted funds and will be spent on our services in 2021-2022.

Future Plans

2020-2021 was the final year of SARSVL's five year business plan. A new plan is currently being finalised.

We continue to operate in a difficult and challenging environment, especially in terms of funding, along with other voluntary, community and social enterprise (VCSE) organisations. There have been changes across the violence against women and girls' sector, and we are noticing increased competition for funding amongst non-specialist and specialist sexual violence organisations which will have an impact on services. The need for SARSVL's services have been highlighted by the increase in sexual violence during the pandemic and recent high profile murders.

Notwithstanding the above SARSVL has been successful in early 2021/22 in applying for additional funding to expand our services, donations are strong and the final financial outcome of a staggering £69,000 being raised by the Lord Mayor means that our short/medium term financial position is robust.

At the time of signing these accounts the charity has been impacted by the global Covid-19 virus. The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.

Reserves policy

In considering the reserve requirements for SARSVL the Trustees have considered the needs of the women we work with, our legal obligations and identified risk to our income and expenditure.

As an organisation that provides services to vulnerable women the Trustees believe that a level of reserves should be maintained to ensure stability and continuity of service provision and if required, a managed service closure, with time to enable alternative support provision to be arranged.

Trustees continue to hold an informal reserve of £5,000 to ensure the continuation of the Helpline service in a worst case scenario situation. The building lease is extended until 2023. A premises review is currently underway. At this point the initial contingency of £10,000 is being maintained but trustees are not increasing this in 2021/22.

Support After Rape and Sexual Violence Leeds (SARSVL)

Trustees' report (continued) for the year ended 31 March 2021

Reserves policy (continued)

The risk to sustainable funding remains. The deficit of £63,000 in 2019/20 is still in trustees' minds and it is important that we maintain a level of reserves that allows us to have one or two lean years without a break in service. Funding has been secured for 2021/22 but longer-term funding applications are still being made. Mindful of the challenging environment in which charities operate and that monthly cash requirements are approximately £30,000, trustees would ideally like a cushion of £150,000 to £200,000 in unrestricted reserves. At 31 March 2021 unrestricted reserves are £205,418. Trustees are comfortable that these are adequate to meet the current needs of the organisation.

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Signed on behalf of the board of trustees on 25 August 2021

Sarah Howells (Trustee)

Support After Rape and Sexual Violence Leeds (SARSVL)

Independent examiner's report to the trustees of Support After Rape and Sexual Violence Leeds (SARSVL)

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2021, which are set out on pages 13 to 20.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act.

I confirm that I am qualified to undertake the examination because I am a member of ACIE which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Bostrom FCIE

6 September 2021

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Support After Rape and Sexual Violence Leeds (SARSVL)

Statement of Financial Activities

(including summary income and expenditure account)

for the year ended 31 March 2021

	Notes	2021 Unrestricted funds £	2021 Restricted funds £	2021 Total funds £	2020 Total funds £
Income from:					
Grants and donations	(2)	95,774	375,324	471,098	209,229
Sales and fees		9,301	-	9,301	13,977
Other income		373	-	373	561
Total income		105,448	375,324	480,772	223,767
Expenditure on:					
Salaries	(3)	3,822	221,370	225,192	188,323
Payroll and recruitment		-	3,759	3,759	1,572
Staff travel and training		630	2,602	3,232	3,134
Volunteers expenses		-	566	566	5,366
Rent, rates and utilities		-	45,410	45,410	47,605
Repairs, renewals and cleaning		-	3,281	3,281	1,507
Depreciation		746	-	746	1,807
Telephones, mobiles and internet		375	11,579	11,954	7,083
Website and IT		-	5,785	5,785	1,483
Equipment		-	12,449	12,449	3,069
Printing and publicity		-	4,342	4,342	4,386
Stationery, postage and books		285	403	688	1,096
Insurance		-	2,199	2,199	2,129
Freelance support		795	15,036	15,831	6,280
Memberships and donations		803	1,117	1,920	718
Interpretation services		-	1,230	1,230	2,828
Refreshments		-	126	126	458
Cost of generating funds		47	371	418	2,887
Miscellaneous expenses		180	69	249	279
Trustee and governance costs		-	15	15	363
Independent examination		360	1,080	1,440	1,080
Monitoring and evaluation		-	990	990	2,381
Service user direct costs		-	7,887	7,887	790
HR support		-	1,074	1,074	-
Total expenditure		8,043	342,740	350,783	286,624
Net income / (expenditure)		97,405	32,584	129,989	(62,857)
Fund balances brought forward		108,013	8,264	116,277	179,134
Fund balances carried forward	(4)	205,418	40,848	246,266	116,277

All incoming resources and resources expended derive from continuing activities.

Support After Rape and Sexual Violence Leeds (SARSVL)

Balance sheet

as at 31 March 2021

		2021	2021	2021	2020
		Unrestricted	Restricted	Total	Total
		£	£	£	£
Fixed assets					
Tangible assets	(5)	-	-	-	746
Total fixed assets		-	-	-	746
Current assets					
Debtors and prepayments	(6)	40,528	5,654	46,182	14,557
Cash at bank and in hand	(7)	167,298	35,194	202,492	118,232
Total current assets		207,826	40,848	248,674	132,789
Current liabilities:					
amounts falling due within one year					
Creditors and accruals	(8)	2,408	-	2,408	2,258
Deferred income		-	-	-	15,000
Total current liabilities		2,408	-	2,408	17,258
Net current assets / (liabilities)		205,418	40,848	246,266	115,531
Net assets		205,418	40,848	246,266	116,277
Funds					
Unrestricted funds		205,418	-	205,418	108,013
Restricted funds		-	40,848	40,848	8,264
Total funds		205,418	40,848	246,266	116,277

For the year ending 31 March 2021 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 25 August 2021

Sarah Howells (Trustee)

Support After Rape and Sexual Violence Leeds (SARSVL)

Notes to the accounts

for the year ended 31 March 2021

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Fixtures and Fittings: over 5 years

Office equipment: over 3 years

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Support After Rape and Sexual Violence Leeds (SARSVL)

Notes to the accounts continued for the year ended 31 March 2021

1 Accounting policies (continued)

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Leases

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

2 Grants and donations

	2021	2021	2021	2020
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Brelms Trust	-	4,680	4,680	4,000
Brook Trust	-	15,000	15,000	-
Charities Aid Foundation (CAF)	-	8,755	8,755	-
LCC Digital Inclusion	-	1,000	1,000	-
Lloyds Bank Foundation	50,000	8,892	58,892	25,000
MIND	-	40,847	40,847	1,991
Ministry of Justice	-	163,981	163,981	64,260
NHS England	-	4,000	4,000	-
Pilgrims Trust	-	15,000	15,000	-
Rape Crisis England and Wales (RCEW)	-	-	-	12,824
The Henry Smith Charity	-	40,000	40,000	-
Wesleyan Foundation	-	-	-	9,838
West Yorkshire PCC	-	73,169	73,169	50,000
Donations	45,774	-	45,774	41,316
	<u>95,774</u>	<u>375,324</u>	<u>471,098</u>	<u>209,229</u>

3 Staff costs and numbers

	2021	2020
	£	£
Gross salaries	207,353	174,838
Social security costs	10,142	5,647
Pensions	7,697	7,838
	<u>225,192</u>	<u>188,323</u>

The average number employees during the year was 10.5, being an average of 6.4 full time equivalent (2020: 10.7, 6.2 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme

	2021	2020
	£	£
Costs of the scheme to the charity for the year	7,697	7,838

Support After Rape and Sexual Violence Leeds (SARSVL)

Notes to the accounts continued

for the year ended 31 March 2021

4 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Wesleyan Foundation	8,264	-	8,264	-	-
Ministry of Justice	-	163,981	163,981	-	-
West Yorkshire PCC (WYPCC)	-	50,000	50,000	-	-
WYPCC Covid	-	17,279	17,279	-	-
WYPCC Safer Communities	-	5,890	5,890	-	-
Brook Trust	-	15,000	12,275	-	2,725
Brelms Trust	-	4,680	4,680	-	-
Lloyds Bank Foundation	-	8,892	8,892	-	-
MIND	-	40,847	30,724	-	10,123
The Henry Smith Charity	-	40,000	12,000	-	28,000
Pilgrims Trust	-	15,000	15,000	-	-
LCC Digital Inclusion	-	1,000	1,000	-	-
Charities Aid Foundation (CAF)	-	8,755	8,755	-	-
NHS England	-	4,000	4,000	-	-
	<u>8,264</u>	<u>375,324</u>	<u>342,740</u>	<u>-</u>	<u>40,848</u>

Fund name

Purpose of restriction

Wesleyan Foundation	To help the charity to sustain helpline services for a year
Ministry of Justice	Towards the provision of support for adult female victims of rape and sexual abuse, and to help reduce waiting times for victims to access specialist support.
WYPCC	To provide emotional and practical support to victims of sexual violence.
WYPCC Covid	For the provision of services in the Covid pandemic
WYPCC Safer Communities	To extend the helpline during the Covid pandemic
Brook Trust	To support the counselling service
Brelms Trust	To contribute towards the costs of the senior counsellor.
Lloyds Bank Foundation	For the provision of services in the Covid pandemic
MIND	To fund a Coronavirus mental health response
The Henry Smith Charity	For provision of a specialist counselling service
Pilgrims Trust	For provision of a specialist counselling service
LCC Digital Inclusion	For costs of running the Tandem System for the helpline
CAF	Funding for a response to the Covid health emergency
NHS England	To support victims of sexual violence during the Covid pandemic

Support After Rape and Sexual Violence Leeds (SARSVL)

Notes to the accounts continued for the year ended 31 March 2021

5 Tangible assets

	Office equipment	Fixtures & Fittings	Total
<u>Cost</u>	£	£	£
At 1 April 2020	7,083	17,861	24,944
Disposals	(7,083)	(9,627)	(16,710)
At 31 March 2021	-	8,234	8,234
<u>Depreciation</u>			
At 1 April 2020	7,083	17,115	24,198
Depn reversed re. disposals	(7,083)	(9,627)	(16,710)
Charge for year	-	746	746
At 31 March 2021	-	8,234	8,234
<u>Net book value</u>			
At 31 March 2021	-	-	-
At 31 March 2020	-	746	746

6 Debtors and prepayments

	2021	2020
	£	£
Debtors	31,422	1,256
Prepayments	14,760	13,301
	<u>46,182</u>	<u>14,557</u>

7 Cash at bank and in hand

	2021	2020
	£	£
NatWest Current Account	6,169	13,890
CAF Account	195,122	34,141
Shawbrook bank	1,000	70,000
Petty Cash	197	197
PayPal	4	4
	<u>202,492</u>	<u>118,232</u>

8 Creditors and accruals

	2021	2020
	£	£
Loans and overdrafts		
Creditors	80	1,178
Accruals	2,328	1,080
	<u>2,408</u>	<u>2,258</u>

Support After Rape and Sexual Violence Leeds (SARSVL)

Notes to the accounts continued

for the year ended 31 March 2021

9 Related party transactions

Trustee expenses

During the year 2 trustees were paid a total of £10 in respect of travel (previous year: 3 trustees and £143).

Trustee remuneration and benefits

		2021 £	2020 £
Name of trustee	Legal authority		
Katherine Russell	Governing document	-	300
		-	300

No trustee received any other remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

All the Trustees/directors of the governing body are key personnel for the charity although they are unpaid. The charity operates a flattened structure across the staff team whom work collaboratively with the Trustees/Directors. The Charity classes all of its staff team as key personnel but for the purpose of this disclosure the charity has a small senior staff team comprising of a full time Senior Counsellor, full time Senior ISVA, full time Senior Helpline Co-ordinator and 24 hour Senior HR & Financial management. Their pay is included and amounts to £151,637 (2020 £90,964).

No trustee received any remuneration or benefit in this capacity during this or the previous year.

10 Operating leases

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:

	2021	2020
	£	£
Within one year	25,942	11,957
In the second to fifth years inclusive	31,743	4,485
	<u>57,685</u>	<u>16,442</u>

Support After Rape and Sexual Violence Leeds (SARSVL)
Statement of Financial Activities including comparatives for all funds
(including summary income and expenditure account)
for the year ended 31 March 2021

	2021 Unrestricted funds £	2020 Unrestricted funds £	2021 Restricted funds £	2020 Restricted funds £	2021 Total funds £	2020 Total funds £
Income						
Grants and donations	95,774	41,316	375,324	167,913	471,098	209,229
Sales and fees	9,301	13,977	-	-	9,301	13,977
Other income	373	561	-	-	373	561
Total income	105,448	55,854	375,324	167,913	480,772	223,767
Expenditure						
Salaries	3,822	47,954	221,370	140,369	225,192	188,323
Payroll and recruitment	-	391	3,759	1,181	3,759	1,572
Staff travel and training	630	1,760	2,602	1,374	3,232	3,134
Volunteers expenses	-	2,583	566	2,783	566	5,366
Rent, rates and utilities	-	22,171	45,410	25,434	45,410	47,605
Repairs, renewals and cleaning	-	1,507	3,281	-	3,281	1,507
Depreciation	746	1,807	-	-	746	1,807
Telephones, mobiles and internet	375	3,326	11,579	3,757	11,954	7,083
Website and IT	-	745	5,785	738	5,785	1,483
Equipment	-	163	12,449	2,906	12,449	3,069
Printing and publicity	-	4,219	4,342	167	4,342	4,386
Stationery, postage and books	285	469	403	627	688	1,096
Insurance	-	1,758	2,199	371	2,199	2,129
Freelance support	795	2,927	15,036	3,353	15,831	6,280
Memberships and donations	803	718	1,117	-	1,920	718
Interpretation services	-	727	1,230	2,101	1,230	2,828
Refreshments	-	299	126	159	126	458
Cost of generating funds	47	2,833	371	54	418	2,887
Miscellaneous expenses	180	(720)	69	999	249	279
Trustee and governance costs	-	363	15	-	15	363
Independent examination	360	1,080	1,080	-	1,440	1,080
Monitoring and evaluation	-	781	990	1,600	990	2,381
Service user direct costs	-	790	7,887	-	7,887	790
HR support	-	-	1,074	-	1,074	-
Total expenditure	8,043	98,651	342,740	187,973	350,783	286,624
Net income / (expenditure)	97,405	(42,797)	32,584	(20,060)	129,989	(62,857)
Fund balances brought forward	108,013	150,810	8,264	28,324	116,277	179,134
Fund balances carried forward	205,418	108,013	40,848	8,264	246,266	116,277