

# SUPPORT AFTER RAPE AND SEXUAL VIOLENCE LEEDS (SARSVL)

England & Wales · Charity number 1139555

## Details

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Other names	SARSVL
Status	Registered
Legal form	Charitable company
Company number	<a href="#">07202588</a>
Registered	2010-12-29
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Oxford House Oxford Row Leeds LS1 3BE
Phone	01132439102
Email	<a href="mailto:info@sarsvl.org.uk">info@sarsvl.org.uk</a>
Website	<a href="http://www.supportafterrapeleeds.org.uk">www.supportafterrapeleeds.org.uk</a>

## Activities

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**Objects:** (1) TO RELIEVE THE MENTAL AND PHYSICAL DISTRESS OF WOMEN AND GIRLS AFFECTED, OR AT RISK OF BEING AFFECTED, BY RAPE AND SEXUAL VIOLENCE, RECOGNISING THEIR DIVERSE NEEDS;(2) TO PROMOTE THE EDUCATION OF THE PUBLIC AND TO RAISE AWARENESS OF RAPE AND SEXUAL VIOLENCE AND ITS EFFECTS;(3) TO PROMOTE RESEARCH INTO RAPE AND SEXUAL VIOLENCE AND ITS EFFECTS AND TODISSEMINATE OR PUBLISH THE USEFUL RESULTS OF SUCH RESEARCH.

**Activities:** Provides specialist, independent and confidential support services to women and girls whose lives have been affected by sexual violence of any kind at any time. Currently offers freephone telephone helpline, helpline support via text and e-mail and face-to-face emotional support, Also raises awareness and understanding of sexual violence through the delivery of talks, workshops etc.

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** Other Defined Groups

## Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE, LOCAL
- Leeds City

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£746,635	£607,996	£446,027	16
2024-03-31	£530,907	£552,428	£307,388	13
2023-03-31	£498,213	£468,306	-	-
2022-03-31	£457,097	£404,361	-	-
2021-03-31	£480,772	£350,783	-	-

## Trustees

Name	Role	Appointed
Dr Olivia Paige Engle		2024-08-29
Eleanor Broadbent		2013-12-22
Jessica Sweet		2024-08-29
MIRIAM LEONTINE MOSS		2017-10-05
Natasha Golding		2026-03-12
Romeena Masood		2023-09-25
Rosalind Weaver		2020-09-28
SARAH RUTH PRICE HOWELLS		2017-10-05
Trina Jennie Beaumont		2026-04-28

# **SUPPORT AFTER RAPE AND SEXUAL VIOLENCE LEEDS (SARSVL)**

England & Wales - Charity number 1139555

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# **Accounts**

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# **Support After Rape and Sexual Violence Leeds (SARSVL)**

Charity number 1139555

A company limited by guarantee number 07202588

## **Annual Report and Financial Statements**

**for the year ended 31 March 2025**



# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Annual Report and Financial Statements for the year ended 31 March 2025**

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**Prepared by West Yorkshire Community Accountancy Service CIO**

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report for the year ended 31 March 2025**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

<b>Name</b>	<b>Position</b>	<b>Dates</b>
Eleanor Broadbent		
Miriam Moss		
Sarah Howells	Treasurer	
Lindsay Britton-Robertson		Resigned 27 April 2025
Rosemary Carr		
Rosalind Weaver		
Romeena Masood		
Olivia Engle		Appointed 29 August 2024
Jessica Sweet		Appointed 29 August 2024

**Charity number** 1139555 Registered in England and Wales

**Company number** 07202588 Registered in England and Wales

<b>Registered and principal address</b>	<b>Bankers</b>	
Oxford House	CAF Bank	Shawbrook Bank Limited
Oxford Row	25 Kings Hill Avenue	Lutea House
Leeds	Kings Hill, West Malling	Warley Hill Business Park,
LS1 3BE	Kent. ME19 4TA	The Drive
		Great Warley, Brentwood
		Essex. CM13 3BE

### **Independent examiner**

Katy Sargeant ACA

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

SARSVL registered with Companies House as a Company Limited by Guarantee (Company Number: 7202588) on 25 March 2010 and with the Charity Commission (Registered Charity Number: 1139555) on 29 December 2010. SARSVL's governing document is a Memorandum & Articles of Association as amended on 11 November 2010 and 30 October 2018. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £10.

During the reporting period and up to and including the date the report was approved, the charity trustees delegated day-to-day management of the charity to the Chief Executive Officer (CEO), Katherine ('Katie') Russell.

Board of Trustee meetings have been held minimum quarterly throughout the year, each with the CEO and one other member of the senior staff team in attendance.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2025**

### **Method of recruitment and appointment of trustees continued**

Trustees are recruited in one of two ways. The first is through proactive advertisement of trustee vacancies through a range of networks, targeting in particular any groups of people or skills sets the existing Board has identified (e.g. through its regular skills audit) as underrepresented among them. The second is through responding to approaches from people who speculatively express interest in joining the SARSVL Board of Trustees. In both cases, we ask prospective trustees to complete a written application, in which they explain the skills, knowledge and experience they can bring to the Board, as well as why they are interested in the charity and the role, and how their values and aims align with the charity's. A trustee role description and person specification are provided to assist with this. We also request two appropriate references. After the written application has been assessed by a designated ad hoc sub-group, usually consisting of one to three existing trustees and/or the CEO, the applicant will then be invited to an informal interview where both parties can find out more. If the applicant is deemed a useful addition to the Board and is still interested in joining after this, they will be invited to attend the next scheduled Board meeting for which they are available, initially as an observer. After this, new trustees can be co-opted by the existing Board until the next scheduled AGM, when they can be formally elected by the membership in the usual way. As well as providing two satisfactory references, all trustees undergo an enhanced DBS check, due to the nature of the charity's work.

Trustee induction includes: a one-to-one meeting with the CEO covering all aspects of the charity's governance and in-depth introduction to its finances; meetings with the three service managers for more detailed introduction to the charity's frontline work; provision of all the organisation's policies, procedures and business plan, with the requirement to read and familiarise themselves with these, and ask any questions that might arise from them; ad hoc meetings with other trustees and/or the CEO on request to answer any queries. All trustees are also provided with the Charity Commission's CC3 The Essential Trustee document. All trustees have access to relevant in-house and external training and development opportunities on an ongoing basis.

### **Volunteers**

Volunteers have been central to SARSVL's history and development and are still involved in many aspects of the organisation, from membership of the Board of Trustees, to providing direct services, to communications and fundraising. SARSVL had 33 volunteers in total during this period: three volunteer counsellors, 26 helpline (and helpline training) volunteers and two communications / social media volunteers.

### **Paid staff**

The staffing structure at 31 March 2025 consisted of:

#### Senior team

- Chief Executive Officer (CEO) - 35 hours per week (full-time)
- Helpline Services Manager - 35 hours per week
- ISVA (Independent Sexual Violence Advocacy) Service Manager - 35 hours per week
- 2x Counselling Service Managers (job share) - each at 24.5 hours per week (49 hours total)
- Operations Manager - 21 hours per week

#### Other paid staff

- Office Co-ordinator - 35 hours per week
- Independent Sexual Violence Advocate (ISVA) - 35 hours per week
- Young Person's ISVA - 35 hours per week
- ISVA - 28 hours per week
- Counsellor - 28 hours per week
- Counsellor - 18 hours per week
- Counsellor - 14 hours per week
- Counsellor - 10 hours per week
- 2 x Counsellors - 8 hours per week
- Cleaner - 2 hours per week

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2025**

### **Paid staff continued**

All rates of pay are set in accordance with the appropriate NJC payscale for the role. The Board of Trustees commits to conducting an organisational pay review as a minimum every five years, including benchmarking against comparable charities' salaries.

### **Partnerships and memberships**

SARSVL is the professionally approved Rape Crisis Centre for Leeds, accredited against the specialist Rape Crisis National Service Standards. In the reporting year, the charity underwent an in-depth reaccreditation process to renew this quality mark.

The charity is a member of the British Association for Counselling & Psychotherapy (BACP), The Helplines Partnership, the West Yorkshire Rape Crisis Partnership and the Women & Girls Alliance – Leeds (formerly known as 'Women's Lives Leeds').

SARSVL is also a Mindful Employer Plus, and signatory to the Women Friendly Leeds Employer Charter and the Violence Against Women & Girls Sector Anti-Racism Charter.

### **Trustees' statement**

It's been another busy and productive year for SARSVL in a multitude of ways. Despite need and demand for our specialist services continuing to far exceed our limited capacity and resourcing, we have managed to increase the overall number of sexual violence and abuse survivors we've supported by over a third during the last twelve months. This has in large part been down to the increased use of our emotional support helpline (including texts, calls and emails), which continues to be a vital part of our holistic, integrated, survivor-centred support offer for women, girls and nonbinary people in Leeds. Huge thanks to the dedicated and highly skilled volunteers who make this brilliant service possible, and to our wonderful Helpline Service Manager, who provides such strong, compassionate leadership and recruits and trains new volunteers twice a year.

Similarly, our ISVA Service Manager and Counselling Service Managers (job share) have continued to lead their respective specialist service areas with dedication, skill and integrity, and along with our fantastic CEO have helped to embed an intersectional feminist working environment that we're happy to say none of our deeply valued staff members have wanted to leave for another successive year. Thanks to the ongoing support of the Henry Smith Charity, we also gratefully welcomed a part-time Operations Manager to our Senior Team for the first time in December, and she has already had a noticeable positive impact on our infrastructure, systems and processes even in these first few months. As well as this, we've happily inducted two new skilled and experienced trustees onto our Board.

Partnerships have been an incredibly strong theme over the last year again too, and we've been honoured to continue: providing specialist counselling to Together Women clients; supporting the incredible West Yorkshire Survivor Leaders; sitting on the Visible Strategic Steering Group, Leeds Violence Against Women & Girls (VAWG) Board, the West Yorkshire Domestic & Sexual Abuse Board and many other important multi-agency forums; delivering trauma-informed training to Leeds Crown Court staff and supporting Leeds Women's Aid in delivery of lunch and learn sessions. Most recently, we're excited to be part of the Pathfinder pilot with the NHS and our West Yorkshire Rape Crisis partners to improve mental health outcomes for survivors.

We've also remained committed to our Anti-Racism, Equity and Inclusion (AREI) work as we've carried on rolling out our AREI action plan under the leadership of a cross-organisation working group, and we proudly completed the rigorous reaccreditation process against the specialist Rape Crisis National Service Standards this year. These are just a few of the many achievements of our brilliant team that you can read about in more detail in this report.

As we look ahead to another year filled with plans for organisational and service growth and development, we'd like to extend our huge gratitude and solidarity to all our partners, funders, supporters, staff, volunteers, freelance contractors and, of course most of all, our incredible service users. Onwards and upwards until the day when we're no longer needed because our vision of a world free from the fear and experience of sexual violence and abuse has been achieved.

# Support After Rape and Sexual Violence Leeds (SARSVL)

## Trustees' report (continued) for the year ended 31 March 2025

### Objectives and activities

#### The charity's objects

SARSVL's objects as set out in the Company's Memorandum and Articles of Association are:

- 1) To relieve the mental and physical distress of women and girls affected, or at risk of being affected, by rape and sexual violence, recognising their diverse needs;
- 2) To promote the education of the public and to raise awareness of rape and sexual violence and its effects;
- 3) To promote research into rape and sexual violence and its effects and to disseminate or publish the useful results of such research.

#### Aims, objectives and outcomes

SARSVL is currently working to its five-year Business Plan for 2021-26. The year reflected in this report has been Year 4 of this Plan.

The overarching **aim** identified by the 2021-26 Business Plan, which supports the charity in achieving its objects, is:

“that SARSVL will enable sustainable recovery for women and girls who have experienced rape or sexual violence, through high-quality, specialist, holistic and secure services which meet the diverse needs of women and girls in Leeds.”

Beneath this aim sit three key objectives for the five-year period, the success of which are measured against the following outcomes:

Objectives	Outcomes
1. Ensure our specialist services are fully accessible, responsive and appropriate for all women and girls in Leeds District, and are designed and <u>run in</u> partnership with our service users	<ul style="list-style-type: none"> <li>• Barriers to accessing services are minimised</li> <li>• Service users have a greater voice in how SARSVL develops</li> </ul>
2. Ensure that sexual violence and our work to combat this are understood in communities and by other agencies across Leeds and in the surrounding areas	<ul style="list-style-type: none"> <li>• Survivors, professionals &amp; the general public have greater understanding &amp; awareness of all forms of SVA, its impacts, consent, damaging myths &amp; stereotypes, barriers to accessing support etc.</li> <li>• Other agencies and professionals (incl. commissioners, funders) have a greater understanding &amp; awareness of the work we do with survivors &amp; its specialism, impact etc.</li> </ul>
3. Ensure the organisation is well-run and sustainable through robust governance and leadership and diverse funding streams which enable both continuity and innovation	<ul style="list-style-type: none"> <li>• SARSVL trustees are able to focus on strategic oversight and planning</li> <li>• SARSVL is resilient and adaptable to a changing environment</li> <li>• SARSVL is adequately resourced through a diverse range of funding streams</li> </ul>

#### Activities for the public benefit

All our charitable activities focus on supporting and helping women and girls who have been affected by rape and/or other forms of sexual violence or abuse at any time in their lives, and are undertaken to further our charitable purposes for the public benefit.

# Support After Rape and Sexual Violence Leeds (SARSVL)

## Trustees' report (continued) for the year ended 31 March 2025

### Activities for the public benefit continued

During the reporting period, the charity's legal objects, overarching aim and objectives have been achieved predominantly through the following main activities:

- Provision of a specialist Independent Sexual Violence Advocacy (ISVA) service to women and girls aged 13+, who have reported or are considering reporting sexual violence or abuse to the police
- Provision of specialist counselling and therapeutic support, including short-term and longer-term one-to-one work, pre-trial therapy and groupwork, to women aged 18+
- Provision of specialist emotional support and listening over the Freephone telephone, e-mail and text helpline for women and girls aged 13+
- Significant partnership work with a diverse range of local, regional and national partners
- Delivery of training, talks and workshops to other organisations, and attendance at and participation in community events
- Online communication and campaigns work, including four social media channels.

### Achievements and performance

During the period, SARSVL provided its three main direct, specialist support services to 1,811 individuals.

A summary of the charity's achievements against its business plan outcomes over the year:

Outcomes	Achievements
Barriers to accessing services are minimised	<ul style="list-style-type: none"> <li>• Partnership work continued, increased, diversified &amp; formalised, including West Yorkshire Rape Crisis (WYRC) partnership Survivor Leaders project (Big Lottery-funded work successfully progressed), new WYRC &amp; NHS Pathfinder project launched, contract to deliver specialist counselling to Together Women clients (extended for third year), training exchanges, attendance at events, multi-agency forums &amp; meetings (incl. Leeds VAWG Board, WY Domestic &amp; Sexual Abuse Board, Visible Steering Group, WY Police RASSO Improvement Group etc.), sub-contracts to co-deliver training with Icena and Leeds Women's Aid, Women &amp; Girls Alliance – Leeds (W&amp;GA-L), Rape Crisis England &amp; Wales and more</li> <li>• Organisation-wide Anti-Racism, Equity &amp; Inclusion (AREI) action plan implementation continued (under leadership of AREI working group, meeting regularly throughout year), including cascading of anti-racism training to volunteers, review of policies &amp; recruitment documents &amp; processes</li> <li>• Planning &amp; development of outreach work pilot with homeless &amp; sex working women progressed – JD &amp; person spec finalised, recruitment timetable agreed</li> <li>• Counselling service offer further increased &amp; diversified incl. longer-term work, wider range of modalities offered, broader range of groupwork (e.g. peer support group, psychoeducation groups, addition of Dance &amp; Movement Therapist to counselling team)</li> <li>• Website improvements progressed</li> <li>• Staff retention remains high, recruitment &amp; training of new helpline volunteers twice per year, overall team grown</li> <li>• In-house training included meeting the needs of neurodiverse clients and those navigating the immigration system</li> </ul>

## Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2025

### Achievements and performance continued

Outcomes	Achievements
Service users have a greater voice in how SARSVL develops	<ul style="list-style-type: none"> <li>Peer support group for former clients formed</li> <li>Consultation with service users to inform development of trauma-informed training for criminal justice agencies (remunerated)</li> <li>Members of Together Group (therapeutic social group) supported Counselling Service Manager in delivering talk at RCEW conference</li> <li>Former service users mailing list &amp; mailings ongoing</li> <li>Ongoing consultation, research &amp; voice/influence opportunities extended to service users</li> <li>Survivor Leaders project (with West Yorkshire Rape Crisis partners) ongoing &amp; expanding</li> <li>Ongoing engagement with survivor voice &amp; influence groups <u>e.g.</u> Women Speak, Visible reference group</li> <li>Engagement with post-graduate research / projects incl. among own volunteers</li> <li>Former service users on SARSVL Board (three out of nine, a third of all trustees)</li> <li>81% of all staff &amp; service users have lived experience of sexual violence / abuse</li> </ul>
Survivors, professionals & the general public have greater understanding & awareness of all forms of SVA, its impacts, consent, damaging myths & stereotypes, barriers to accessing support etc.	<ul style="list-style-type: none"> <li>Significant comms &amp; partnership, outreach &amp; representation with other organisations ongoing incl. as above plus Crown Prosecution Service (CPS) VAWG Scrutiny Panel, DAVA (Domestic Abuse Voice &amp; Accountability) Forum, Integrated Care Board / NHS partnership work etc.</li> <li>Training, talks &amp; workshops to other agencies (incl. police, judges, Crown Court staff, other Voluntary &amp; Community Sector partners) &amp; attendance at events ongoing</li> <li>Ongoing social media activity &amp; campaigns involvement, with ongoing support of comms volunteer, increasingly consistent voice &amp; tone etc.</li> </ul>
Other agencies and professionals (incl. commissioners, funders) have a greater understanding & awareness of the work we do with survivors & its specialism, impact etc.	<ul style="list-style-type: none"> <li><i>As above</i> re partnership work, training, comms etc. plus</li> <li>Online annual impact report produced &amp; circulated to key partners</li> <li>Increased use of LinkedIn</li> </ul>
SARSVL trustees are able to focus on strategic oversight and planning	<ul style="list-style-type: none"> <li>Two new trustees successfully recruited</li> <li>Range of skills and experience on Board of Trustees increased</li> </ul>
SARSVL is resilient and adaptable to a changing environment	<ul style="list-style-type: none"> <li>Continued very high levels of staff satisfaction &amp; engagement (Annual Survey, Jan 25)</li> <li>Staff retention levels high [zero staff turnover during the year]</li> </ul>

# Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2025

## Achievements and performance continued

	<ul style="list-style-type: none"> <li>• Funding secured for new 3dpw Operations Manager role – JD &amp; person spec developed &amp; successful recruitment (new appointee started in role Dec 24)</li> <li>• New funding secured for scoping of social enterprise ideas &amp; review &amp; renewal of 5-year business plan (Rosa Fund)</li> </ul>
SARSVL is adequately resourced through a diverse range of funding streams	<ul style="list-style-type: none"> <li>• Monitoring, evaluation &amp; funder relationships well maintained</li> <li>• Income sources increased &amp; diversified further</li> <li>• New avenues of earned income secured (<u>e.g.</u> counselling, training etc.)</li> <li>• First legacy income received</li> <li>• Completed reaccreditation process against specialist Rape Crisis National Service Standards (RCNSS)</li> </ul>

## Independent Sexual Violence Advocacy (ISVA) Service

The SARSVL ISVA service provided 2,006 one-to-one client support sessions, and a further 12,681 direct contacts, to a total of 175 individuals during the year, 21 of whom were young people aged 13 – 17.

Twelve survivors were supported to challenge police or Crown Prosecution Service (CPS) decisions to take no further action in their cases through the Victim Right to Review (VRR) Scheme. In one case, the CPS overturned its original decision, and the perpetrator was charged and awaits trial. There were two successful outcomes against the police - in one case, the police reopened the investigation, and have agreed to send the file to the CPS for a charging decision, in the second case, the police sent the file to the CPS and a charge was authorised.

The value of the support provided by our ISVAs is reflected through the feedback we receive from our service users:

“I wouldn’t have been able to do this on my own..... having an ISVA there to validate my experience was so helpful in a system that isn’t built to validate survivors’ experiences. My ISVA was there to help mediate a process that isn’t great for victims of sexual abuse. These cases are more likely to be dismissed because they’re so hard to prove, so the support was really helpful to step in and make sure that feeling of dismissal wasn’t felt as much.”

“Before I was just very numb about it and couldn't talk to anyone about it. I just sobbed on my own. I feel that I told the police what happened to me and it got me nowhere. From first contact [with SARSVL] I was told that I was believed and it was a sigh of relief. Don't know what I would have done if a friend hadn't put me in touch with you. I won't ever forget what he did to me, but I'm glad that I did reach out for support. I feel that it has made me feel stronger. I was so worried by myself.”

“I am better equipped to feel that inner peace is now an option I can achieve through my own mindset, and using the positives to move forwards, without being defined by my past trauma. I couldn't have got here without SARSVL. [I most valued] Sensitivity, empathy, and the strength and power of the knowledge of the legal system provided by SARSVL. I honestly wouldn't be so much looking forward to the future and its possibilities if it wasn't for the support you have given me. You have helped me get my life back, and I can't thank you enough.”

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2025**

### **Independent Sexual Violence Advocacy (ISVA) Service continued**

"I think it has changed my thoughts as I just didn't know how I was going to get through it all. I didn't think I could do it. You helped talk me through it all and helped at every step of the way. It helped to know someone was there and to understand things a little better. Having someone to understand what I was going through. To have someone there whenever you need them. To have someone to go to court with you. To have someone to talk everything through and telling me my rights. I'm really not sure I could have done it all without this support. It helped so much to have someone who helped with contact with the police and all the other organisations involved with court. To just know the process every step of the way and be able to talk it through in detail. It's such a long time from reporting to going to court."

"It feels safe because I felt valued, believed and understood - my feelings were validated and helped me to not feel bad about feeling the way I have. The support is specialist, its designed for women and made me feel safe. The staff were so helpful and responsive, even when my communication wasn't great, they never gave up on me and supported me. The service is so important and helpful. I would have struggled over the past years if it wasn't for the support I received."

### **Counselling Service**

SARSVL's specialist Counselling Service directly supported 189 individuals during the year. A number of these received a range of therapeutic interventions, including one-to-one and group-based services. 6,316 sessions and contacts were delivered by the service in total.

This service delivery included psychoeducation groups, the social therapeutic Together Group, and a new peer support group.

Of those who completed counselling with SARSVL during the year:

- 82% saw an improvement in their mental health
- 79% had improved overall health and wellbeing
- 75% felt better able to function socially and in life in general
- 66% saw an improvement in their trauma symptoms

Some feedback we've received from counselling clients in their own words:

"The support my counsellor has given me has changed my life. I've never been listened to so intently every word I said was valued and the way I feel about myself has changed."

"It feels so precious to be able to walk away with treasure that I'll be able to keep forever. This has been a gift to my mental health. I am so sad that it had to come to an end but equally so grateful for everything I've gained. I will never forget this service or my counsellor, she is and has been amazing. She has sown seeds of empowerment, self worth and confidence but she has also shown me that I have the ability to water them myself."

"I am incredibly grateful and thankful to SARSVL for facilitating and providing this therapy. It has genuinely changed my life and I couldn't be more appreciative of the work that everyone in the organisation does."

"I valued being given a safe space to talk through my experiences and feelings without pressure, but with the knowledge that I would be heard, believed, and taken seriously."

"The support was free and easy to access, this removed the initial barrier of attending the session. The knowledge and support given in such a complicated and sensitive situation was extraordinary."

"Thankyou so much for giving me a safe environment to talk about what happened to me and process things at my own pace without pressure or judgement, this is the first place I have felt listened to, respected and believed and I am so grateful. Thankyou helping me to understand that it wasn't my fault and that I am strong enough to survive and achieve the things I want to."

"I have learned healthy ways to cope with my anxiety and feel like you have given me hope for the future and the confidence to continue to heal by myself."

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2025**

### **Counselling Service continued**

“Thank you very much for being there for me when I couldn't be there for myself – I don't have a family to love me so teaching me to love myself is something that will change me forever, my life is better than it ever has been and I actually have the ability to feel genuinely happy which I've never had to this extent. Your services change lives and save them.”

### **Helpline Service**

SARSVL's helpline responded to 2,823 incoming contacts (1,480 calls, 1,343 texts and emails) from 1,436 individuals this year, of which 1,257 were new.

The service also provided 82 outgoing emotional support calls for sexual violence and abuse survivors on our counselling waiting list.

Though our helpline is a confidential service, and many callers choose to remain anonymous, some choose to give their consent to share their feedback about the service they've received from us:

“[The calls] made me feel that I matter and that it's validated that it's a real thing that I have been through and I deserve the support. The fact you (SARSVL) take it so seriously, it reassures you.”

“You allow us to just speak and with no judgement so you can be totally honest about how you're feeling.”

“It felt really useful to have a space to talk with someone impartial, non-judgemental, and who is knowledgeable/informed and understanding about sexual violence and rape and the impacts it can have.”

“Really made the process of waiting for counselling much easier, made the wait feel shorter. I feel positive about the upcoming counselling sessions as I feel like I'm more able to talk about my feelings, and I have more vocabulary to discuss them and feel like I can trust the counsellor more to speak openly without fear of being judged, especially when it comes to my flashbacks.”

“I moved forward whilst waiting for counselling with support from the helpline. I feel very ready for counselling. It has been an amazing experience and has helped with my anxiety, PTSD and helped me gain a more positive outlook on life.”

### **Monitoring and evaluation**

We use two main specialist tools to record and report on monitoring data:

- The bespoke Data Performance Management System (DPMS), co-developed for and with Rape Crisis Centres.
- The clinical change measurement system CORE.net for counselling, which tracks clients' experiences across four domains of risk, wellbeing, problems and functioning, and monitors therapeutic change.

We use these in conjunction with the Rape Crisis England & Wales (RCEW) Monitoring & Evaluation Framework assessment tool, which enables us to track data on the 'cope and recover' outcomes set out in the Victims' Funding Strategy. Data is gathered through:

- Detailed referral forms (with follow-up calls as needed), including questions about risk and need to inform prioritisation and allocation, plus demographics data
- Initial assessment, including establishing levels of risk in more detail
- Before, Review and After Questionnaires, identifying starting points in terms of health, well-being, daily functioning, relationships/support networks and safety, and tracking them throughout clients' journeys of healing and pursuit of criminal and social justice.

We'll further ensure the quality of data returns with:

- Initial and ongoing training in DPMS (and CORE.net as relevant) for staff and volunteers
- Regular data audits to check accuracy and identify areas for improvement

# Support After Rape and Sexual Violence Leeds (SARSVL)

## Trustees' report (continued) for the year ended 31 March 2025

### Monitoring and evaluation continued

- Building monitoring data input and extraction into all staff and volunteer job/role descriptions and schedules
- Diarising time at mid-year and year-end for staff to dedicate to quality reporting.

### Plans for future periods

Some of our planned activities for the next period, to further the outcomes identified in our Business Plan for 2021-26, include:

Outcomes	Planned activities
Barriers to accessing services are minimised	<ul style="list-style-type: none"> <li>• Complete website rewrap &amp; relaunch</li> <li>• Continue, increase, diversify &amp; formalise partnership work, including Survivor Leaders and first year of Pathfinder project</li> <li>• Continue implementation of our Anti-Racism, Equity &amp; Inclusion Plan</li> <li>• SARSVL-wide training on Trans Inclusion &amp; Sex Worker Inclusion</li> <li>• Launch Outreach Pilot</li> <li>• Further develop and embed groupwork</li> </ul>
Service users have a greater voice in how SARSVL develops	<ul style="list-style-type: none"> <li>• Ongoing peer support group</li> <li>• Survivor Leaders</li> <li>• Meaningful involvement of survivors in development of next Business Plan</li> <li>• Former service users on Board</li> </ul>
Survivors, professionals & the general public have greater understanding & awareness of all forms of SVA, its impacts, consent, damaging myths & stereotypes, barriers to accessing support etc.	<ul style="list-style-type: none"> <li>• Outreach pilot</li> <li>• Continuing, diversifying, increasing all existing activity</li> </ul>
Other agencies and professionals (incl. commissioners, funders) have a greater understanding & awareness of the work we do with survivors & its specialism, impact etc.	<ul style="list-style-type: none"> <li>• Produce a 2024-25 Impact Report</li> <li>• Ongoing attendance at community events, training workshops &amp; skills swaps as capacity allows</li> <li>• Ongoing, wide-ranging partnership work</li> </ul>
SARSVL trustees are able to focus on strategic oversight and planning	<ul style="list-style-type: none"> <li>• New Business Plan development for next five years</li> <li>• Trustee skills audit</li> <li>• Further develop trustee training &amp; development offer</li> </ul>
SARSVL is resilient and adaptable to a changing environment	<ul style="list-style-type: none"> <li>• 2024-25 Impact Report</li> <li>• Whole organisation <u>incl</u> service users involved in BP review and renewal</li> </ul>
SARSVL is adequately resourced through a diverse range of funding streams	<ul style="list-style-type: none"> <li>• Further income generation &amp; income stream diversification</li> <li>• Social enterprise scoping work</li> </ul>

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2025**

### **Financial review**

SARSVL made a surplus of £138,639 in 2024-2025 (2023/2024: a deficit of £21,521). Total income increased by £215,728 over 2023-2024, boosted by a legacy donation of £54,869 as well as ongoing donations and fundraising activities, and success in securing new restricted funds. Expenditure increased by £55,568 over 2024-2025 in line with budgets with year-end restricted balances being used to fund activity in 2025-2026. New funding sources that came on stream for 2024-25 are listed below.

In 2024-2025 SARSVL's unrestricted reserves (included fixed assets) increased by £42,934 to £282,123. Our plans for these are detailed in the reserves section of this report. Restricted reserves increased by £95,705 to £163,904 with balances to be spent on services in 2025-2026, as well support with the scoping of social enterprise ideas, and development of the next 5-year business plan.

### **Funding sources**

In 2025-2026 SARSVL's main sources of funding and the areas they supported were:

- Rape and sexual Abuse Support Fund, Ministry of Justice (MoJ) contributing to staffing and running costs
- West Yorkshire Combined Authority contributing to staff and running costs of the ISVA service
- The Henry Smith Charity Long Term Effects of Covid Support Grant Programme supporting the services and running costs of the charity
- The Hollick Family Fund contributing unrestricted funding to the general running of the charity
- The Charles Hayward Foundation supporting the development and expansion of SARSVL's specialist counselling service
- Leeds Community Foundation supporting collaboration and organisational change in challenging times
- The Leathersellers' Foundation supporting SARSVL's counselling service and core work
- The Lloyds Bank Foundation via their Sexual Abuse and Exploitation Specialist Programme supporting SARSVL's core work

### **New funding sources include:**

- The Henry Smith Charity Improving Lives Grant Programme supporting the running costs of the counselling service and the Operations Manager post
- RASAC - Kirklees, Calderdale & Wakefield Rape and Sexual Abuse Centre supporting the Pathfinder Keyworker Project
- The Rosa Stand With Us Programme to buy in expertise to support the development of our next business plan and to explore and develop new funding opportunities
- The legacy donation from the estate of Judith Weymont – an unrestricted donation but designated by the Board to be used to fund the SARSVL Family Support staffing policy, plus other wellbeing support for staff and service users

### **Future plans**

2024-2025 was the fourth year of SARSVL's five-year business plan.

We continue to operate in a difficult and challenging environment, especially in terms of funding, along with other voluntary, community and social enterprise (VCSE) organisations. There have been changes across the violence against women and girls (VAWG) sector, and we are noticing increased competition for funding amongst non-specialist and specialist sexual violence organisations, which may have an impact on services. We do, however, have proven ability to raise funds in these challenging times. With the uncertainty of long-term funding, trustees prioritise long-term sustainability in their planning processes. SARSVL was able to expand its work in 2024-2025 and further applications are in progress for 2025-2026 and beyond. The trustees remain optimistic about the charity's future.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2025**

### **Future plans continued**

The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that even with funding uncertainty they are confident of the charity's ability to continue as a going concern.

### **Reserves policy**

In considering the reserve requirements for SARSVL the trustees have taken into account the needs of the people we work with, our legal obligations and identified risk to our income and expenditure.

As an organisation that provides services to vulnerable people the trustees believe that a level of reserves should be maintained to ensure a stability and continuity of service provision and ultimately if required, a managed service closure, with time to enable alternative support provision to be arranged and all legal obligations and cash flow considerations covered. Trustees have reviewed the required level of reserves and early in 2024-2025 updated their reserves policy as a result taking account of recent financial history, the currently financial situation of the charity and the broader current financial climate. Taking the above in to account trustees feel the right level of unrestricted reserves is between £200,000 and £250,000.

Unrestricted free reserves (without fixed assets) at 31 March 2025 are £253,524 including a Designated Fund of £54,650 (The Judith Weymont Collective Care Fund). Setting aside this Designated fund, the remaining Unrestricted funds are £198,874, representing just over three months of 2025-2026 budgeted expenditure.

## **Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2025**

### **Statement of trustees' responsibilities**

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

select suitable accounting policies and apply them consistently;

observe the methods and principles in the Charities SORP;

make judgements and estimates that are reasonable and prudent;

state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

approved by the board of trustees on 26/8/2025

Sarah Howells (Trustee)

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Independent examiner's report to the trustees of Support After Rape and Sexual Violence Leeds (SARSVL)**

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2025, which are set out on pages 16 to 26.

### **Responsibilities and basis of report**

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

Since the charitable company's gross income exceeded £250,000 your examiner must be a fellow of a body listed in section 145 of the 2011 Act.

I confirm that I am qualified to undertake the examination because I am a fellow of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Katy Sargeant ACA

1/9/2025

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Statement of Financial Activities**  
**(including summary income and expenditure account)**  
**for the year ended 31 March 2025**

	Notes	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Total funds £
<b>Income from:</b>					
Donations and legacies	(2)	67,472	-	67,472	17,791
Charitable activities	(3)	73,558	601,467	675,025	512,340
Bank interest		4,138	-	4,138	776
<b>Total income</b>		<u>145,168</u>	<u>601,467</u>	<u>746,635</u>	<u>530,907</u>
<b>Expenditure on:</b>					
Raising funds	(4)	485	-	485	410
Charitable activities	(5)	101,749	505,762	607,511	552,018
<b>Total expenditure</b>		<u>102,234</u>	<u>505,762</u>	<u>607,996</u>	<u>552,428</u>
<b>Net income / (expenditure)</b>		42,934	95,705	138,639	(21,521)
<b>Fund balances brought forward</b>		239,189	68,199	307,388	328,909
<b>Fund balances carried forward</b>	(6)	<u>282,123</u>	<u>163,904</u>	<u>446,027</u>	<u>307,388</u>

All incoming resources and resources expended derive from continuing activities.

## Support After Rape and Sexual Violence Leeds (SARSVL)

### Balance sheet

as at 31 March 2025

		2025	2025	2025	2024
		Unrestricted	Restricted	Total	Total
		£	£	£	£
<b>Fixed assets</b>					
Tangible assets	(7)	28,599	-	28,599	37,722
<b>Total fixed assets</b>		<u>28,599</u>	<u>-</u>	<u>28,599</u>	<u>37,722</u>
<b>Current assets</b>					
Debtors and prepayments	(8)	13,977	14,135	28,112	29,295
Cash at bank and in hand	(9)	258,086	153,142	411,228	271,558
<b>Total current assets</b>		<u>272,063</u>	<u>167,277</u>	<u>439,340</u>	<u>300,853</u>
<b>Current liabilities:</b>					
<b>amounts falling due within one year</b>					
Creditors and accruals	(10)	18,539	3,373	21,912	31,187
<b>Total current liabilities</b>		<u>18,539</u>	<u>3,373</u>	<u>21,912</u>	<u>31,187</u>
<b>Net current assets / (liabilities)</b>		<u>253,524</u>	<u>163,904</u>	<u>417,428</u>	<u>269,666</u>
<b>Net assets</b>		<u>282,123</u>	<u>163,904</u>	<u>446,027</u>	<u>307,388</u>
<b>Funds</b>					
Unrestricted funds					
General unrestricted funds		227,473	-	227,473	239,189
Designated funds	(12)	54,650	-	54,650	-
Unrestricted funds		<u>282,123</u>	<u>-</u>	<u>282,123</u>	<u>239,189</u>
Restricted funds		<u>-</u>	<u>163,904</u>	<u>163,904</u>	<u>68,199</u>
<b>Total funds</b>		<u>282,123</u>	<u>163,904</u>	<u>446,027</u>	<u>307,388</u>

For the year ending 31 March 2025 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who are also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 26/8/2025

Sarah Howells (Trustee)

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Statement of cash flows**  
**for the year ended 31 March 2025**

	2025 £	2024 £
<b>Cash flows from operating activities:</b>		
<b>Net cash provided by (used in) operating activities</b>	<u>135,532</u>	<u>7,180</u>
<b>Cash flows from investing activities:</b>		
Bank interest	4,138	776
Purchase of tangible fixed assets (excluding donated assets)	<u>-</u>	<u>(45,617)</u>
<b>Net cash provided by (used in) investing activities</b>	<u>4,138</u>	<u>(44,841)</u>
Change in cash and cash equivalents in the reporting period	139,670	(37,661)
Cash and cash equivalents at the beginning of the reporting period	<u>271,558</u>	<u>309,219</u>
<b>Cash and cash equivalents at the end of the reporting period</b>	<u>411,228</u>	<u>271,558</u>

<b>Reconciliation of net movement in funds to net cash flow from operating activities</b>	2025 £	2024 £
Net movement in funds for the reporting period (as per the statement of financial activities)	138,639	(21,521)
Adjustments for:		
Depreciation charges	9,123	7,895
Bank interest	(4,138)	(776)
(Increase) / decrease in debtors	1,183	9,417
Increase / (decrease) in creditors	<u>(9,275)</u>	<u>12,165</u>
<b>Net cash provided by (used in) operating activities</b>	<u>135,532</u>	<u>7,180</u>

<b>Analysis of cash and cash equivalents</b>	2025 £	2024 £
Cash in hand	30	28
Notice deposits (less than 30 days)	<u>411,198</u>	<u>271,530</u>
<b>Total cash and cash equivalents</b>	<u>411,228</u>	<u>271,558</u>

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Notes to the accounts**

### **for the year ended 31 March 2025**

#### **1 Accounting policies**

##### **Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

##### **Going concern**

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

##### **Incoming resources**

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, if it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

##### **Grants and donations**

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

##### **Expenditure and liabilities**

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

##### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **Tangible fixed assets**

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Leasehold improvements: over 5 years

Fixtures and fittings: over 5 years

Computer equipment: over 3 years

##### **Pensions**

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

**continued overleaf**

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Notes to the accounts**

### **for the year ended 31 March 2025**

#### **1 Accounting policies continued**

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

##### **Leases**

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

## Support After Rape and Sexual Violence Leeds (SARSVL)

### Notes to the accounts continued

#### for the year ended 31 March 2025

2 Donations and legacies	2025	2025	2025	2024
	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Donations	12,603	-	12,603	17,791
Legacies	54,869	-	54,869	-
	<u>67,472</u>	<u>-</u>	<u>67,472</u>	<u>17,791</u>
3 Charitable activities income	2025	2025	2025	2024
	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Grants for charitable activities:				
Charles Hayward Foundation	-	25,000	25,000	25,000
Forum Central	-	10,000	10,000	5,000
Leeds Community Foundation	-	15,000	15,000	15,000
Lloyds Bank Foundation	25,000	-	25,000	25,000
Ministry of Justice	-	229,084	229,084	208,437
RASAC	-	50,816	50,816	-
ROSA	-	25,000	25,000	-
The Henry Smith Charity	-	110,000	110,000	40,000
The Leathersellers' Foundation	25,000	-	25,000	25,000
W. Yorkshire Combined Authority (WYCA)	-	126,843	126,843	126,843
West Yorkshire Mayor (WYM)	-	9,724	9,724	9,724
Hollick Family Foundation	-	-	-	10,000
The Clothworkers Foundation	-	-	-	10,000
Sales and fees	23,558	-	23,558	12,336
	<u>73,558</u>	<u>601,467</u>	<u>675,025</u>	<u>512,340</u>
4 Raising funds	2025	2025	2025	2024
	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Fundraising costs	485	-	485	410
	<u>485</u>	<u>-</u>	<u>485</u>	<u>410</u>
5 Charitable activities expenditure	Activities undertaken directly £	Support costs £	2025 Total cost £	2024 Total cost £
Charitable activities	386,062	221,449	607,511	552,018
	<u>386,062</u>	<u>221,449</u>	<u>607,511</u>	<u>552,018</u>

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Notes to the accounts continued**  
**for the year ended 31 March 2025**

**5a Support costs**

	Charitable activity	Governance activity	2025 Total cost	2024 Total cost
Support cost type	£	£	£	£
Management and admin salaries	156,807	45,248	202,055	179,063
Financial management support	8,669	-	8,669	6,675
Payroll fees and recruitment	3,220	-	3,220	2,927
IT support	3,650	-	3,650	2,520
Memberships and subscriptions	1,772	-	1,772	2,003
Independent examination	-	1,920	1,920	1,919
Trustee and governance costs	-	163	163	160
	<u>174,118</u>	<u>47,331</u>	<u>221,449</u>	<u>195,267</u>

**5b Charitable activities expenditure detail**

	2025 Unrestricted funds	2025 Restricted funds	2025 Total cost	2024 Total cost
	£	£	£	£
Staffing costs (5c)	58,019	412,040	470,059	413,289
Payroll and recruitment	2,839	381	3,220	2,927
Staff travel and training	285	3,488	3,773	5,800
Volunteers expenses	116	2,371	2,487	3,669
Rent, rates and utilities	17,046	30,952	47,998	48,489
Repairs, renewals and cleaning	1,204	879	2,083	6,206
Telephones, mobiles and internet	829	10,041	10,870	13,389
Website and IT	1,763	1,565	3,328	1,966
Office equipment and supplies	421	602	1,023	1,175
Printing and publicity	431	887	1,318	1,733
Stationery, postage and books	20	528	548	467
Insurance	1,733	1,895	3,628	3,086
Freelance support	4,814	19,665	24,479	20,433
Professional fees, memberships and donations	530	1,242	1,772	2,003
Interpretation services	-	2,323	2,323	5,233
Refreshments	247	-	247	164
Miscellaneous expenses	-	-	-	453
Trustee and governance costs	163	-	163	160
Independent examination	1,349	571	1,920	1,919
Monitoring and evaluation	1,704	2,281	3,985	3,982
Service user direct costs	24	9,490	9,514	5,060
IT support	1,194	2,456	3,650	2,520
Depreciation	7,018	2,105	9,123	7,895
	<u>101,749</u>	<u>505,762</u>	<u>607,511</u>	<u>552,018</u>

# Support After Rape and Sexual Violence Leeds (SARSVL)

## Notes to the accounts continued

### for the year ended 31 March 2025

5c Staff costs and numbers	2025	2024
	£	£
Gross salaries	416,688	366,741
Social security costs	38,471	34,064
Employment allowance	(5,000)	(5,000)
Pensions	19,900	17,484
	<u>470,059</u>	<u>413,289</u>

The average number of employees during the year was 15.6, being an average of 10.8 full time equivalent (2024: 13.5, 10 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme	2025	2024
	£	£
Costs of the scheme to the charity for the year	19,900	17,484

6 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Charles Hayward Foundation	-	25,000	25,000	-	-
The Clothworkers Foundation	2,105	-	2,105	-	-
The Henry Smith Charity	-	70,000	32,475	-	37,525
The Henry Smith Charity (LTS)	-	40,000	40,000	-	-
LCF - Resilience Fund	-	15,000	15,000	-	-
The Ministry of Justice	-	229,084	229,084	-	-
RASAC	-	50,816	2,794	-	48,022
ROSA	-	25,000	833	-	24,167
Forum Central - HSF	-	10,000	9,920	-	80
The Big Give	57,991	-	3,881	-	54,110
WYCA	-	126,843	126,843	-	-
WYM Safer Communities	8,103	9,724	17,827	-	-
	<u>68,199</u>	<u>601,467</u>	<u>505,762</u>	<u>-</u>	<u>163,904</u>

Fund name	Purpose of restriction
Charles Hayward Foundation	To develop and expand SARSVL's specialist counselling service.
The Clothworkers Foundation	Capital support for lease improvements to new premises.
The Henry Smith Charity	For provision of a specialist counselling service.
The Henry Smith Charity (LTS)	To support counselling helpline and non-service delivery staff and running costs for organisation to thrive post-Covid pandemic.
LCF - Resilience Fund	To support collaboration and organisational change in challenging times.
The Ministry of Justice	Towards the provision of specialist support services for adult female victims of rape and sexual abuse.
RASAC	To support the Pathfinder Keyworker project.
ROSA	To buy in expertise to support the development of our next business plan and to explore and develop new funding opportunities.
Forum Central - HSF	To support households over the cost of living crisis.
The Big Give	Outreach and support work to extend delivery to women underserved by SARSVL services, specifically street homeless women and sex workers.
WYCA	To provide emotional and practical support to victims of sexual violence. To provide additional support to SARSVL's ISVA service.
WYM Safer Communities	To increase access to specialist counselling for women survivors of sexual violence and abuse.

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Notes to the accounts continued**  
**for the year ended 31 March 2025**

<b>7 Tangible assets</b>	Lease improvements	IT equipment	Fixtures & Fittings	Total
<u>Cost</u>	£	£	£	£
At 1 April 2024	45,617	7,083	8,234	60,934
Additions	-	-	-	-
At 31 March 2025	<u>45,617</u>	<u>7,083</u>	<u>8,234</u>	<u>60,934</u>
<u>Depreciation</u>				
At 1 April 2024	7,895	7,083	8,234	23,212
Charge for year	9,123	-	-	9,123
At 31 March 2025	<u>17,018</u>	<u>7,083</u>	<u>8,234</u>	<u>32,335</u>
<u>Net book value</u>				
At 31 March 2025	<u>28,599</u>	<u>-</u>	<u>-</u>	<u>28,599</u>
At 31 March 2024	<u>37,722</u>	<u>-</u>	<u>-</u>	<u>37,722</u>
<b>8 Debtors and prepayments</b>			2025	2024
			£	£
Debtors			13,640	14,110
Prepayments			14,472	15,185
			<u>28,112</u>	<u>29,295</u>
<b>9 Cash at bank and in hand</b>			2025	2024
			£	£
Cash at bank			411,198	271,530
Cash in hand			30	28
			<u>411,228</u>	<u>271,558</u>
<b>10 Creditors and accruals</b>			2025	2024
			£	£
Creditors			3,317	4,112
Accruals			1,920	7,295
Deferred income (see note on next page for analysis)			16,675	19,780
			<u>21,912</u>	<u>31,187</u>

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Notes to the accounts continued**  
**for the year ended 31 March 2025**

11 Deferred income	Deferred to next year	Released from last year
	£	£
Delivered services income	16,675	19,780
	<u>16,675</u>	<u>19,780</u>

Item name	Reason for deferral
Delivered services income	Services to be delivered after the year end

12 Designated funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Judith Weymont Coll. Care	-	-	839	55,489	54,650
	<u>-</u>	<u>-</u>	<u>839</u>	<u>55,489</u>	<u>54,650</u>

Fund name	Reason for designation
The Judith Weymont Collective Care Fund	To be used to fund the SARSVL family support staffing policy and other well-being support for staff and service users.

**13 Related party transactions**

**Trustee expenses**

During the year 1 trustee was paid a total of £43 in respect of travel (previous year: 1 trustee and £32).

**Trustee remuneration and benefits**

No trustee received any remuneration or benefit during this or the previous year.

**Remuneration and benefits received by key management personnel**

The total employee benefits received by key management personnel were £221,047 (previous year: £191,379).

**14 Operating leases**

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:	2025	2024
	£	£
Within one year	9,454	48,321
In the second to fifth years inclusive	2,100	11,554
Over five years from the balance sheet date	-	-
	<u>11,554</u>	<u>59,875</u>

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Statement of Financial Activities including comparatives for all funds**  
**(including summary income and expenditure account)**  
**for the year ended 31 March 2025**

	2025 Unrestricted funds £	2024 Unrestricted funds £	2025 Restricted funds £	2024 Restricted funds £	2025 Total funds £	2024 Total funds £
<b>Income</b>						
Donations and legacies	67,472	17,791	-	-	67,472	17,791
Charitable activities	73,558	72,336	601,467	440,004	675,025	512,340
Bank interest	4,138	776	-	-	4,138	776
<b>Total income</b>	<b>145,168</b>	<b>90,903</b>	<b>601,467</b>	<b>440,004</b>	<b>746,635</b>	<b>530,907</b>
<b>Expenditure</b>						
Raising funds	485	135	-	275	485	410
Charitable activities	101,749	66,332	505,762	485,686	607,511	552,018
<b>Total expenditure</b>	<b>102,234</b>	<b>66,467</b>	<b>505,762</b>	<b>485,961</b>	<b>607,996</b>	<b>552,428</b>
<b>Net income / (expenditure)</b>	<b>42,934</b>	<b>24,436</b>	<b>95,705</b>	<b>(45,957)</b>	<b>138,639</b>	<b>(21,521)</b>
<b>Fund balances brought forward</b>	<b>239,189</b>	<b>214,753</b>	<b>68,199</b>	<b>114,156</b>	<b>307,388</b>	<b>328,909</b>
<b>Fund balances carried forward</b>	<b>282,123</b>	<b>239,189</b>	<b>163,904</b>	<b>68,199</b>	<b>446,027</b>	<b>307,388</b>

**SUPPORT AFTER RAPE AND SEXUAL VIOLENCE LEEDS (SARSVL)**

England & Wales - Charity number 1139555

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# Accounts

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# **Support After Rape and Sexual Violence Leeds (SARSVL)**

Charity number 1139555

A company limited by guarantee number 07202588

## **Annual Report and Financial Statements**

**for the year ended 31 March 2024**



# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Annual Report and Financial Statements for the year ended 31 March 2024**

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**Prepared by West Yorkshire Community Accountancy Service CIO**

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report for the year ended 31 March 2024**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

<b>Name</b>	<b>Position</b>	<b>Dates</b>
Eleanor Broadbent		
Miriam Moss		
Sarah Howells	Treasurer	
Lindsay Britton-Robertson		
Rosemary Carr		
Grace Sumner		Resigned 5 December 2023
Rosalind Weaver		
Romina Masood		Appointed 25 September 2023

**Charity number** 1139555 Registered in England and Wales

**Company number** 07202588 Registered in England and Wales

#### **Registered and principal address**

Oxford House  
Oxford Row  
Leeds  
LS1 3BE

#### **Bankers**

CAF Bank	Shawbrook Bank Limited
25 Kings Hill Avenue	Lutea House
Kings Hill, West Malling	Warley Hill Business Park,
Kent. ME19 4TA	The Drive
	Great Warley, Brentwood
	Essex. CM13 3BE

#### **Independent examiner**

E J Beverley FCCA

#### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

SARSVL registered with Companies House as a Company Limited by Guarantee (Company Number: 7202588) on 25 March 2010 and with the Charity Commission (Registered Charity Number: 1139555) on 29 December 2010. SARSVL's governing document is a Memorandum & Articles of Association as amended on 11 November 2010 and 30 October 2018. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £10.

During the reporting period and up to and including the date the report was approved, the charity trustees delegated day-to-day management of the charity to the Chief Executive Officer (CEO), Katherine ('Katie') Russell.

#### **Method of recruitment and appointment of trustees**

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2024**

### **Method of recruitment and appointment of trustees (continued)**

Trustees are recruited in one of two ways. The first is through proactive advertisement of Trustee vacancies through a range of networks, targeting in particular any groups of people or skills sets the existing Board has identified (e.g. through its regular skills audit) as underrepresented among them. The second is through responding to approaches from people who speculatively express interest in joining the SARSVL Board of Trustees. In both cases, we ask Trustees to complete a written application, in which they explain the skills, knowledge and experience they can bring to the Board, as well as why they are interested in the charity and the role, and how their values and aims align with the charity's. A Trustee role description and person specification are provided to assist with this. We also request two appropriate references. After the written application has been assessed by a designated ad hoc sub-group, usually consisting of one to three existing Trustees and/or the CEO, the applicant will then be invited to an informal interview where both parties can find out more. If the applicant is deemed a useful addition to the Board and is still interested in joining after this, they will be invited to attend the next scheduled Board meeting for which they are available, initially as an observer. After this, new Trustees can be co-opted by the existing Board until the next scheduled AGM, when they can be formally elected by the membership in the usual way. As well as providing two satisfactory references, all Trustees undergo an enhanced DBS check, due to the nature of the charity's work.

Trustee induction includes: a one-to-one meeting with the CEO covering all aspects of the charity's governance and in-depth introduction to its finances; meetings with the three service managers for more detailed introduction to the charity's frontline work; provision of all the organisation's policies, procedures and business plan, with the requirement to read and familiarise themselves with these, and ask any questions that might arise from them; ad hoc meetings with other trustees and/or the CEO on request to answer any queries. All trustees are also provided with the Charity Commission's CC3 The Essential Trustee document.

### **Volunteers**

Volunteers have been central to SARSVL's history and development and are still involved in many aspects of the organisation, from membership of the Board of trustees, to offering direct services to women and girls, to fundraising. SARSVL had 33 volunteers in total during this period: five volunteer counsellors, 25 helpline volunteers and three communications / social media volunteers.

### **Paid staff**

The staffing structure at 31 March 2024 consisted of:

#### Senior team

- Chief Executive Officer (CEO) – 35 hours per week (full-time)
- ISVA (Independent Sexual Violence Advocacy) Service Manager – 35 hours per week
- 2x Counselling Service Managers (job share) – each at 24.5 hours per week (49 hpw total)
- Senior Helpline Co-ordinator – 35 hours per week

#### Other paid staff

- Office Co-ordinator – 35 hours per week
- Independent Sexual Violence Advocate (ISVA) – 35 hours per week
- Young Person's ISVA – 35 hours per week
- ISVA – 28 hours per week
- Counsellor – 28 hours per week
- Counsellor – 18 hours per week
- Counsellor – 14 hours per week
- Counsellor – 10 hours per week
- 2x Counsellors – 8 hours per week

All rates of pay are set in accordance with the appropriate NJC payscale for the role. The Board of trustees commits to conducting an organisational pay review minimum every five years, including benchmarking against comparable charities' salaries.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2024**

### **Partnerships and memberships**

SARSVL is the professionally approved Rape Crisis Centre for Leeds, accredited against the specialist Rape Crisis National Service Standards.

The charity is a member of the British Association for Counselling & Psychotherapy (BACP), The Helplines Partnership, the West Yorkshire Rape Crisis partnership and the Women & Girls Alliance – Leeds (formerly known as 'Women's Lives Leeds').

SARSVL is also a Mindful Employer Plus, and signatory to the Women Friendly Leeds Employer Charter and the Violence Against Women & Girls Sector Anti-Racism Charter.

### **Trustees' statement**

As ever this year has been hugely eventful, with a premises move being one of the key highlights. This has provided some challenges but overall allows the organisation to grow and develop within a much more positive space for our staff, volunteers and the survivors using our services. The environment, accessibility and location have all been well received by colleagues and service users alike, and we look forward to developing the space further throughout the next year.

We have made and further developed many positive connections this year, including taking part in an exciting scoping exercise with the NHS and our sister Rape Crisis Centres in West Yorkshire around a potential new pathfinder pilot project for those sexual violence and abuse survivors with the most 'complex' mental health needs. We've also been delighted to be able to provide our specialist therapeutic services to clients of our partner organisation Together Women, many of whom would not be able to access more traditional counselling for a range of reasons. We're really looking forward to continuing this relationship in the year ahead.

We've also proudly continued to work in partnership with the West Yorkshire Survivor Leaders group and are very pleased to be involved with its further development and expansion through a new National Lottery-funded piece of work.

Our wider affiliations with the Women and Girls Alliance – Leeds (formerly Women's Lives Leeds), Rape Crisis England & Wales and the Visible Steering Group among others have continued to give us strength, solidarity and resilience. And through the work of our CEO and other valued staff members, we've increased awareness of our organisation and its vital, specialist work across many other local partnerships, boards and bodies. For example, SARSVL is firmly on the radar of our West Yorkshire Mayor and Deputy Mayor for Policing and Crime, who are listening to the concerns facing the women of Leeds particularly in relation to the criminal justice system.

Another huge highlight of our year has been the significant learning around anti-racism our staff and trustees have undertaken in partnership with the Racial Justice Network, and we're very passionate about rolling out our new Anti-Racism, Equity & Inclusion (AREI) action plan, under the leadership of our cross-organisation AREI working group, across the coming year and beyond.

We're pleased to have been able to provide other training and development opportunities to the team during the year too, and to have gradually grown and diversified our staffing, including adding new creative expertise to our counselling team and welcoming back a former member of staff as a job share for our Counselling Service Manager. We hope this goes some way towards our ongoing aim to meet more of the diverse and ever-increasing need and demand for our specialist services from Leeds survivors. Our team is highly skilled, cohesive and dedicated, and continues to work closely and supportively together.

We hope to continue our sustainable growth over the year ahead, and to carry on fostering an inclusive, intersectional feminist working culture as we further our charity's important aims.

# Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2024

## Objectives and activities

### The charity's objects

SARSVL's objects as set out in the Company's Memorandum and Articles of Association are:

- 1) To relieve the mental and physical distress of women and girls affected, or at risk of being affected, by rape and sexual violence, recognising their diverse needs;
- 2) To promote the education of the public and to raise awareness of rape and sexual violence and its effects;
- 3) To promote research into rape and sexual violence and its effects and to disseminate or publish the useful results of such research.

### Aims, objectives and outcomes

SARSVL is currently working to its five-year Business Plan for 2021-26. The year reflected in this report has been Year 3 of this Plan.

The overarching **aim** identified by the 2021-26 Business Plan, which supports the charity in achieving its objects, is:

“that SARSVL will enable sustainable recovery for women and girls who have experienced rape or sexual violence, through high-quality, specialist, holistic and secure services which meet the diverse needs of women and girls in Leeds.”

Beneath this aim sit three key objectives for the five-year period, the success of which are measured against the following outcomes:

Objectives	Outcomes
1. Ensure our specialist services are fully accessible, responsive and appropriate for all women and girls in Leeds District, and are designed and <u>run in</u> partnership with our service users	<ul style="list-style-type: none"> <li>• Barriers to accessing services are minimised</li> <li>• Service users have a greater voice in how SARSVL develops</li> </ul>
2. Ensure that sexual violence and our work to combat this are understood in communities and by other agencies across Leeds and in the surrounding areas	<ul style="list-style-type: none"> <li>• Survivors, professionals &amp; the general public have greater understanding &amp; awareness of all forms of SVA, its impacts, consent, damaging myths &amp; stereotypes, barriers to accessing support etc.</li> <li>• Other agencies and professionals (incl. commissioners, funders) have a greater understanding &amp; awareness of the work we do with survivors &amp; its specialism, impact etc.</li> </ul>
3. Ensure the organisation is well-run and sustainable through robust governance and leadership and diverse funding streams which enable both continuity and innovation	<ul style="list-style-type: none"> <li>• SARSVL trustees are able to focus on strategic oversight and planning</li> <li>• SARSVL is resilient and adaptable to a changing environment</li> <li>• SARSVL is adequately resourced through a diverse range of funding streams</li> </ul>

### Activities for the public benefit

All our charitable activities focus on supporting and helping women and girls who have been affected by rape and/or other forms of sexual violence or abuse at any time in their lives, and are undertaken to further our charitable purposes for the public benefit.

During the reporting period, the charity's legal objects, overarching aim and objectives have been achieved predominantly through the following main activities:

# Support After Rape and Sexual Violence Leeds (SARSVL)

## Trustees' report (continued) for the year ended 31 March 2023

### Activities for the public benefit continued

- Provision of a specialist Independent Sexual Violence Advocacy (ISVA) service to women and girls aged 13+, who have reported or are considering reporting sexual violence or abuse to the police
- Provision of specialist counselling and therapeutic support, including short-term and longer-term one-to-one work, pre-trial therapy and groupwork, to women aged 18+
- Provision of specialist emotional support and listening over the Freephone telephone, e-mail and text helpline for women and girls aged 13+
- Significant partnership work with a diverse range of local, regional and national partners
- Delivery of training, talks and workshops to other organisations, and attendance at and participation in community events
- Online communication and campaigns work, including four social media channels.

### Achievements and performance

During the period, SARSVL provided its three main direct, specialist support services to 1,309 individual women and girls (not including helpline callers ringing from withheld numbers, who cannot be individually counted).

A summary of the charity's achievements against its business plan outcomes over the year:

Outcomes	Achievements
Barriers to accessing services are minimised	<ul style="list-style-type: none"> <li>• Website improvements progressed</li> <li>• Partnership work continued, increased, diversified &amp; formalised, including Survivor Leaders project (including National Lottery funding secured), contract to deliver specialist counselling to Together Women clients (successful pilot, extended beyond first year), training exchanges (e.g. Karma Nirvana, Childline, PAFRAS), multi-agency meetings (incl. Leeds VAWG Board, WY Domestic &amp; Sexual Abuse Board, Visible Steering Group, WY Police RASSO Improvement Group etc.), Racial Justice Network anti-racism collaboration, Women &amp; Girls Alliance – Leeds (W&amp;GA-L), Rape Crisis England &amp; Wales and more</li> <li>• Move to new premises completed &amp; space modified to meet service users' &amp; colleagues' needs, incl. installation of sound-masking system</li> <li>• Organisation-wide Anti-Racism training delivered</li> <li>• Organisation-wide Anti-Racism, Equity &amp; Inclusion (AREI) action plan agreed &amp; implementation begun, under leadership of new AREI sub group</li> <li>• Planning &amp; development of outreach work pilot with homeless &amp; sex working women progressed</li> <li>• Counselling service offer further increased &amp; diversified incl. longer-term work, wider range of modalities offered, broader range of groupwork (e.g. Writing for Recovery, therapeutic social group)</li> <li>• Refresh of working with interpreters training for all frontline staff &amp; volunteers</li> <li>• Staff &amp; volunteer retention improved</li> </ul>

## Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2023

### Achievements and performance

<p>Service users have a greater voice in how SARSVL develops</p>	<ul style="list-style-type: none"> <li>• Former service users mailing list &amp; mailings ongoing</li> <li>• Ongoing consultation, research &amp; voice/influence opportunities extended to service users</li> <li>• Survivor Leaders project (with West Yorkshire Rape Crisis partners) ongoing &amp; expanding</li> <li>• Ongoing engagement with survivor voice &amp; influence groups e.g. <a href="#">UpFront</a> Survivors, Women Speak, Visible reference group</li> <li>• Engagement with post-graduate research / projects incl. among own volunteers</li> <li>• Former service users on SARSVL Board</li> <li>• 81% of all staff &amp; service users have lived experience of sexual violence / abuse</li> </ul>
<p>Survivors, professionals &amp; the general public have greater understanding &amp; awareness of all forms of SVA, its impacts, consent, damaging myths &amp; stereotypes, barriers to accessing support etc.</p>	<ul style="list-style-type: none"> <li>• Significant comms &amp; partnership, outreach &amp; representation with other organisations ongoing incl. as above plus Crown Prosecution Service (CPS) VAWG Scrutiny Panel, DAVA (Domestic Abuse Voice &amp; Accountability) Forum, Integrated Care Board / NHS partnership work etc.</li> <li>• Training, talks &amp; workshops to other agencies (incl. police, Crown Court, other Voluntary &amp; Community Sector partners) &amp; attendance at events ongoing</li> <li>• Ongoing social media activity &amp; campaigns involvement, with ongoing support of comms volunteer, increasingly consistent voice &amp; tone etc.</li> </ul>
<p>Other agencies and professionals (incl. commissioners, funders) have a greater understanding &amp; awareness of the work we do with survivors &amp; its specialism, impact etc.</p>	<ul style="list-style-type: none"> <li>• <i>As above</i> plus</li> <li>• Online annual impact report produced &amp; circulated to key partners</li> <li>• Increased use of LinkedIn</li> <li>• Improved relationship with Leeds Crown Court, incl. delivery of Trauma-Informed Training to Courts staff</li> </ul>
<p>SARSVL trustees are able to focus on strategic oversight and planning</p>	<ul style="list-style-type: none"> <li>• Trustee skills &amp; experience audit updated</li> <li>• Targeted Trustee recruitment exercise undertaken – two new Trustees identified (introductory process ongoing before formal appointment)</li> </ul>
<p>SARSVL is resilient and adaptable to a changing environment</p>	<ul style="list-style-type: none"> <li>• Continued very high levels of staff satisfaction &amp; engagement (Annual Survey, Jan 24)</li> <li>• Staff and volunteer retention levels high</li> <li>• SWOT analysis updated</li> <li>• Resilience coaching, workshops, webinars, resources &amp; activities engaged with thanks to opportunities opened up through 3 different funding streams (<a href="#">MoJ</a> Rape Support Fund, Lloyds Bank Foundation, Leeds Fund through Leeds Community Foundation)</li> </ul>
<p>SARSVL is adequately resourced through a diverse range of funding streams</p>	<ul style="list-style-type: none"> <li>• Monitoring, evaluation &amp; funder relationships well maintained</li> </ul>

# Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2023

## Achievements and performance

	<ul style="list-style-type: none"><li>• Income sources increased &amp; diversified further</li><li>• New avenues of earned income secured (e.g. TW counselling, training etc.)</li></ul>
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### Independent Sexual Violence Advocacy (ISVA) service

The SARSVL ISVA service provided 1,107 pre-arranged one-to-one client sessions, and a further 7,562 direct contacts with clients, to a total of 191 individuals during the year, 24 of whom were young people aged 13 – 17. As part of the specialist advocacy support they provided to sexual violence and abuse survivors, the ISVA team also had 4,695 direct contacts with the police and 460 with the Crown Prosecution Service (CPS).

Fifteen women were supported to challenge police / CPS decisions to take no further action in their cases through the Victim Right to Review (VRR) Scheme. In three cases, the CPS overturned their original decision, and the perpetrators have been charged and are awaiting trial.

The value of the support provided by our ISVAs is reflected through the feedback we receive from our service users:

“I couldn't have gone through the CJ process without you - you have helped me massively and gave me all the information I needed. Without your support I would have been tempted to give up. Every victim of sexual violence should have this support”

“I have felt so much more confident and strong since using the service. My ISVA has been fantastic and her knowledge about the criminal justice system and understanding is fantastic. I feel better equipped to now focus on healing and starting to live normally again. Knowing that someone is always there for support and to answer questions helped me to feel safe, less isolated, and understood. The level of support has been excellent and I am so grateful for the work you do here.”

“I'm not sure I would have got through the whole experience without my ISVA's support. From the very first meeting, everything was so professional, whilst showing empathy and understanding. A first class service with a first class advocate.”

“Your support helped me to deal with everything about the CJ process - the CPS letters, and the CJ outcome. I was better able to cope because I felt less alone, and that I was not the only woman who has gone through the same experience. You cut through the police jargon, and you used very considerate and mindful language. Your kindness and understanding, your empathy, sharing information with me, you always kept your promises, but managed my expectations, your support, your honesty, you were trustworthy and always heard me. You are very caring. SARSVL is an amazing service.”

### Counselling Service

SARSVL's specialist Counselling Service directly supported 159 individuals during the year. A number of these received a range of therapeutic interventions, including one-to-one and group-based services. 5,559 sessions and contacts were delivered by the service in total.

This service delivery included three therapeutic groups the service ran during the year – a peer support 'Writing for Recovery' group, an art therapy group and our new weekly therapeutic social group.

Of those who completed counselling with SARSVL during the year:

- 84% saw improvements in their physical and mental health and wellbeing
- 80% felt better able to make everyday decisions
- 76% reported improvements in their overall life and social functioning
- 71% felt happier

## **Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2023**

83% of all clients who ended counselling said they had received an excellent service.

Some feedback we've received from counselling clients in their own words:

"The support I've received from SARSVL and my therapist in particular has had a huge impact on me. I've found I'm more open in my relationships and have become more self-aware and she has helped me to make connections between my reactions now and past trauma, which has been incredibly helpful in terms of personal understanding. I'm so grateful for the support I've received – the work you do as a charity is amazing and under-recognised. What you've done for me has been life-changing."

"The support has been amazing, my counsellor has always been supportive and understanding and my voice is always heard ... These sessions have been amazing for my self-esteem and confidence."

"I think it was the safe space to be honest about all the things that bother me about life. The consistency of the service for such a long time. Thank you."

"The empathy, understanding, kindness, care and welcome I received from my counsellor. The whole team were fantastic, from the very beginning when I first called."

"I think I most value how I feel more prepared and able to cope better. I also valued how the sessions helped me to process and understand my trauma more and I felt it did this in a safe and helpful way."

### **Helpline service**

SARSVL's helpline responded to 1,970 incoming contacts (1,261 calls, 601 texts and 108 emails) from 903 individuals this year, of which 813 were new.

The service also provided 73 outgoing emotional support calls for sexual violence and abuse survivors on our counselling waiting list.

Though our helpline is a confidential service, and many callers choose to remain anonymous, some choose to give their consent to share their feedback about the service they've received from us:

"Thank you to SARSVL for the copious links and information, and for being there in the dead of night on the other side of the phone, when things have felt too overwhelming."

"The calls made an impact to me as finally there was someone to talk to, they knew how to reply, what to say and made me feel good calling me a survivor."

"The calls have made me feel a lot more positive about the counselling to come. They helped immensely, all callers were empathetic and reassuring. Without them I really don't think I could have coped whilst on the waiting list. It's a valuable service and I would like to thank you all very much."

"...it has definitely made me feel more positive about the counselling in the future especially because I have never had any type of therapy before. The first support call was the first time I had done anything. I didn't know what to expect and how I would feel during and after so it definitely has made me feel more positive about counselling and just more positive in general in life."

# Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2023

## Monitoring and evaluation

We use two main specialist tools to record and report on monitoring data:

- The bespoke Data Performance Management System (DPMS), co-developed for and with Rape Crisis Centres
- The clinical change measurement system CORE.net for counselling, which tracks clients' experiences across four domains of risk, wellbeing, problems and functioning, and monitors therapeutic change.

We use these in conjunction with the Rape Crisis England & Wales (RCEW) Monitoring & Evaluation Framework assessment tool, which enables us to track data on the 'cope and recover' outcomes set out in the Victims' Funding Strategy. Data is gathered through:

- Detailed referral forms (with follow-up calls as needed), including questions about risk and need to inform prioritisation and allocation, plus demographics data
- Initial assessment, including establishing levels of risk in more detail
- Before, Review and After Questionnaires, identifying starting points in terms of health, well-being, daily functioning, relationships/support networks and safety, and tracking them throughout clients' journeys of healing and pursuit of criminal and social justice.

We'll further ensure the quality of data returns with:

- Initial and ongoing training in DPMS (and CORE.net as relevant) for staff and volunteers
- Regular data audits to check accuracy and identify areas for improvement
- Building monitoring data input and extraction into all staff and volunteer job/role descriptions and schedules
- Diarising time at mid-year and year-end for staff to dedicate to quality reporting.

## Plans for future periods

Some of our planned activities for the next period, to further the outcomes identified in our Business Plan for 2021-26, include:

Outcomes	Planned activities
Barriers to accessing services are minimised	<ul style="list-style-type: none"> <li>• Complete website rewrap &amp; relaunch</li> <li>• Continue, increase, diversify &amp; formalise partnership work</li> <li>• Continue implementation of our Anti-Racism, Equity &amp; Inclusion Plan</li> <li>• SARSVL-wide training on Trans Inclusion &amp; Sex Worker Inclusion</li> <li>• Further development &amp; launch of SW &amp; Homeless women's Outreach Pilot</li> <li>• Review recruitment processes / accessibility</li> <li>• Increase &amp; further diversify counselling offer incl. groupwork</li> <li>• Increase staffing capacity of ISVA service</li> <li>• Improving our awareness of needs of survivors with LD &amp; neurodiversity in-house &amp; adapting services accordingly (incl. easy-read materials)</li> </ul>

# Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2023

## Plans for future periods

Service users have a greater voice in how SARSVL develops	<ul style="list-style-type: none"> <li>Peer support / activism groups for counselling &amp; advocacy clients</li> <li>Develop an advisory panel of previous service users for meaningful co-production, consultation etc. (could be ad hoc, giving opportunities for involvement as and when)</li> <li>Service user celebratory event</li> </ul>
Survivors, professionals & the general public have greater understanding & awareness of all forms of SVA, its impacts, consent, damaging myths & stereotypes, barriers to accessing support etc.	<ul style="list-style-type: none"> <li>Expanding ISVA service, including YP work</li> <li>Outreach pilot</li> <li>Continuing, diversifying, increasing all existing activity</li> </ul>
Other agencies and professionals (incl. commissioners, funders) have a greater understanding & awareness of the work we do with survivors & its specialism, impact etc.	<ul style="list-style-type: none"> <li>Produce a 2023-24 Impact Report</li> <li>Ongoing attendance at community events, training workshops &amp; skills swaps as capacity allows</li> <li>Ongoing, wide-ranging partnership work</li> </ul>
SARSVL trustees are able to focus on strategic oversight and planning	<ul style="list-style-type: none"> <li>Induct &amp; embed two new Trustees &amp; recruit more to fill outstanding skills &amp; experience gaps</li> </ul>
SARSVL is resilient and adaptable to a changing environment	<ul style="list-style-type: none"> <li>2023-24 Impact Report</li> <li>Aim for whole org BP review day in Y4/5 incl. input from service users (incl starting planning for next BP)</li> </ul>
SARSVL is adequately resourced through a diverse range of funding streams	<ul style="list-style-type: none"> <li>p/t Operations Manager</li> <li>Income Generation / Sustainability Strategy</li> <li>Complete reaccreditation process against specialist Rape Crisis National Service Standards (RCNSS)</li> </ul>

## Financial review

SARSVL made a deficit of £21,521 in 2023-24 (2022-23: a surplus of £29,907 ). Total income increased by £32,700 over 2022-23. Expenditure increased by £84,000 in line with budgets to spend the brought forward surplus in restricted funds. A number of new funding sources came on stream in 2023-24 and are listed below.

In 2023-24 SARSVL's total unrestricted funds increased by £24,436 to £239,189. Our plans for these are detailed in the reserves section of this report. Restricted funds decreased by £45,957 to £68,199 and any balances will be spent on services in 2024-25.

## Funding sources

In 2023-24 SARSVL's main sources of funding and the areas they supported were:

- Rape Support Fund, Ministry of Justice (MoJ) contributing to staffing and running costs
- West Yorkshire Combined Authority contributing to staff and running costs of the organisation plus additional funding to support the ISVA service
- The Henry Smith Charity contributing to the funding of our counselling service

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2023**

### **Funding sources**

- The Henry Smith Charity Long Term Support Grant Programme supporting the services and running costs of the charity
- The Hollick Family Fund contributing unrestricted funding to the general running of the charity

### **New funding sources include:**

- The Charles Hayward Foundation supporting the development and expansion of SARSVL's specialist counselling service
- The Clothworkers' Foundation providing a one off capital grant to support lease improvements to SARSVL's new premises
- Leeds Community Foundation supporting collaboration and organisational change in challenging times
- The Leathersellers' Foundation supporting SARSVL's counselling service and core work
- The Lloyds Bank Foundation via their Sexual Abuse and Exploitation Specialist Programme supporting SARSVL's core work

### **Future plans**

2023-24 is the third year of SARSVL's new five-year business plan.

We continue to operate in a difficult and challenging environment, especially in terms of funding, along with other voluntary, community and social enterprise (VCSE) organisations. There have been changes across the violence against women and girls' sector, and we are noticing increased competition for funding amongst non-specialist and specialist sexual violence organisations, which may have an impact on services. However, we have proven ability to raise funds in these challenging times. With the recent government changes following the general election and the uncertainty of long-term funding, Trustees prioritise long-term sustainability in their planning processes. SARSVL was able to expand its work in 2023-24 and since year-end we have been awarded a grant totalling £210,000 from the Henry Smith Charity for core support for three years starting on 31 July 2024. Further applications are in progress for 2024-25 and beyond and the trustees remain optimistic about the charity's future.

The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that even with funding uncertainty they are confident of the charity's ability to continue as a going concern.

### **Reserves policy**

In considering the reserve requirements for SARSVL the trustees have taken into account the needs of the women we work with, our legal obligations and identified risk to our income and expenditure.

As an organisation that provides services to vulnerable women the Trustees believe that a level of reserves should be maintained to ensure a stability and continuity of service provision and ultimately if required, a managed service closure, with time to enable alternative support provision to be arranged and all legal obligations and cash flow considerations covered. Trustees have reviewed the required level of reserves and in early in 2024-25 updated their reserves policy as a result taking account of recent financial history, the currently financial situation of the charity and the broader current financial climate. Taking the above in to account Trustees feel the right level of unrestricted reserves is between £200,000 and £250,000.

Unrestricted free reserves at 31 March 2024 were £203,572; this represents four months of 2024-25 budgeted expenditure. Some of these reserves will be spent in 2024-25 but the majority will ease the transition of central government funding in 2025-26 and support any consequential cash flow issues.

# **Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2024**

## **Statement of trustees' responsibilities**

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

approved by the board of trustees on 29/08/2024

Sarah Howells (Trustee)

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Independent examiner's report to the trustees of Support After Rape and Sexual Violence Leeds (SARSVL)**

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2024, which are set out on pages 15 to 25.

### **Responsibilities and basis of report**

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

Since the charitable company's gross income exceeded £250,000 your examiner must be a fellow of a body listed in section 145 of the 2011 Act.

I confirm that I am qualified to undertake the examination because I am a fellow of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

E J Beverley FCCA

17/09/2024

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Statement of Financial Activities**  
**(including summary income and expenditure account)**  
**for the year ended 31 March 2024**

	Notes	2024	2024	2024	2023
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
		£	£	£	£
<b>Income from:</b>					
Donations and legacies	(2)	17,791	-	17,791	49,640
Charitable activities	(3)	72,336	440,004	512,340	448,156
Bank Interest		776	-	776	417
<b>Total income</b>		<u>90,903</u>	<u>440,004</u>	<u>530,907</u>	<u>498,213</u>
<b>Expenditure on:</b>					
Raising funds	(4)	135	275	410	2,478
Charitable activities	(5)	66,332	485,686	552,018	465,828
<b>Total expenditure</b>		<u>66,467</u>	<u>485,961</u>	<u>552,428</u>	<u>468,306</u>
<b>Net income / (expenditure)</b>		24,436	(45,957)	(21,521)	29,907
<b>Fund balances brought forward</b>		214,753	114,156	328,909	299,002
<b>Fund balances carried forward</b>	(6)	<u>239,189</u>	<u>68,199</u>	<u>307,388</u>	<u>328,909</u>

All incoming resources and resources expended derive from continuing activities.

## Support After Rape and Sexual Violence Leeds (SARSVL)

### Balance sheet

as at 31 March 2024

	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	£	£	£	£
<b>Fixed assets</b>				
Tangible assets	(7) 35,617	2,105	37,722	-
<b>Total fixed assets</b>	<u>35,617</u>	<u>2,105</u>	<u>37,722</u>	<u>-</u>
<b>Current assets</b>				
Debtors and prepayments	(8) 26,826	2,469	29,295	38,712
Cash at bank and in hand	(9) 206,835	64,723	271,558	309,219
<b>Total current assets</b>	<u>233,661</u>	<u>67,192</u>	<u>300,853</u>	<u>347,931</u>
<b>Current liabilities:</b>				
<b>amounts falling due within one year</b>				
Creditors and accruals	(10) 30,089	1,098	31,187	19,022
<b>Total current liabilities</b>	<u>30,089</u>	<u>1,098</u>	<u>31,187</u>	<u>19,022</u>
<b>Net current assets / (liabilities)</b>	<u>203,572</u>	<u>66,094</u>	<u>269,666</u>	<u>328,909</u>
<b>Net assets</b>	<u>239,189</u>	<u>68,199</u>	<u>307,388</u>	<u>328,909</u>
<b>Funds</b>				
Unrestricted funds	239,189	-	239,189	214,753
Restricted funds	-	68,199	68,199	114,156
<b>Total funds</b>	<u>239,189</u>	<u>68,199</u>	<u>307,388</u>	<u>328,909</u>

For the year ending 31 March 2024 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who are also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 29/08/2024

Sarah Howells (Trustee)

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Statement of cash flows**  
**for the year ended 31 March 2024**

	2024 £	2023 £
<b>Cash flows from operating activities:</b>		
<b>Net cash provided by (used in) operating activities</b>	<u>7,180</u>	<u>47,883</u>
<b>Cash flows from investing activities:</b>		
Bank interest	776	417
Purchase of tangible fixed assets (excluding donated assets)	<u>(45,617)</u>	<u>-</u>
<b>Net cash provided by (used in) investing activities</b>	<u>(44,841)</u>	<u>417</u>
<b>Cash flows from financing activities:</b>		
Repayments on borrowing	-	-
Cash inflows from new borrowing	<u>-</u>	<u>-</u>
<b>Net cash provided by (used in) financing activities</b>	<u>-</u>	<u>-</u>
Change in cash and cash equivalents in the reporting period	(37,661)	48,300
Cash and cash equivalents at the beginning of the reporting period	<u>309,219</u>	<u>260,919</u>
<b>Cash and cash equivalents at the end of the reporting period</b>	<u>271,558</u>	<u>309,219</u>

<b>Reconciliation of net movement in funds to net cash flow from operating activities</b>	2024 £	2023 £
Net movement in funds for the reporting period (as per the statement of financial activities)	(21,521)	29,907
Adjustments for:		
Depreciation charges	7,895	-
Bank interest	(776)	(417)
(Increase) / decrease in debtors	9,417	10,151
Increase / (decrease) in creditors	<u>12,165</u>	<u>8,242</u>
<b>Net cash provided by (used in) operating activities</b>	<u>7,180</u>	<u>47,883</u>

<b>Analysis of cash and cash equivalents</b>	2024 £	2023 £
Cash in hand	28	69
Notice deposits (less than 3 months)	<u>271,530</u>	<u>309,150</u>
<b>Total cash and cash equivalents</b>	<u>271,558</u>	<u>309,219</u>

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Notes to the accounts**

### **for the year ended 31 March 2024**

#### **1 Accounting policies**

##### **Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

##### **Going concern**

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

##### **Incoming resources**

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, if it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

##### **Grants and donations**

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

##### **Expenditure and liabilities**

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

##### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **Tangible fixed assets**

Tangible fixed assets costing more than £1000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Leasehold improvements: over 5 years

Fixtures and fittings: over 5 years

Computer equipment: over 3 years

##### **Pensions**

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Notes to the accounts**

### **for the year ended 31 March 2024**

#### **1 Accounting policies continued**

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

##### **Leases**

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

# Support After Rape and Sexual Violence Leeds (SARSVL)

## Notes to the accounts continued

### for the year ended 31 March 2024

<b>2 Donations and legacies</b>	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Donations	15,980	-	15,980	47,935
Gift aid	1,811	-	1,811	1,705
	<u>17,791</u>	<u>-</u>	<u>17,791</u>	<u>49,640</u>

<b>3 Charitable activities income</b>	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Grants for charitable activities	-	-	-	-
Ministry of Justice	-	208,437	208,437	167,276
The Brook Trust	-	-	-	15,000
The Henry Smith Charity	-	40,000	40,000	80,000
The Pilgrim Trust	-	-	-	15,000
W. Yorkshire Combined Authority (WYCA)	-	126,843	126,843	138,259
Lloyds Bank Foundation	25,000	-	25,000	2,250
Hollick Family Foundation	10,000	-	10,000	20,000
Charles Hayward Foundation	-	25,000	25,000	-
The Clothworkers Foundation	-	10,000	10,000	-
The Leathersellers' Foundation	25,000	-	25,000	-
Leeds Community Foundation	-	15,000	15,000	-
WY Safer Communities	-	9,724	9,724	-
Forum Central	-	5,000	5,000	-
Sales and fees	12,338	-	12,338	10,371
	<u>72,338</u>	<u>440,004</u>	<u>512,342</u>	<u>448,156</u>

<b>4 Raising funds</b>	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Fundraising costs	135	275	410	2,478
	<u>135</u>	<u>275</u>	<u>410</u>	<u>2,478</u>

<b>5 Charitable activities expenditure</b>	Activities	Support	2024	2023
	undertaken	costs	Total	Total
	directly		cost	cost
	£	£	£	£
Charitable activities	356,751	195,267	552,018	465,828
	<u>356,751</u>	<u>195,267</u>	<u>552,018</u>	<u>465,828</u>

# Support After Rape and Sexual Violence Leeds (SARSVL)

## Notes to the accounts continued for the year ended 31 March 2024

### 5a Support costs

	Charitable activity £	Governance activity £	2024 Total cost £	2023 Total cost £
Management and admin salaries	136,959	42,104	179,063	175,206
Financial management support	6,675	-	6,675	5,515
Payroll fees and recruitment	2,927	-	2,927	3,414
IT support	2,520	-	2,520	2,520
Memberships and subscriptions	2,003	-	2,003	1,753
Independent examination	-	1,919	1,919	1,512
Trustee and governance costs	-	160	160	520
	<u>151,084</u>	<u>44,183</u>	<u>195,267</u>	<u>190,440</u>

### 5b Charitable activities expenditure detail

	2024 Unrestricted funds £	2024 Restricted funds £	2024 Total cost £	2023 Total cost £
Staffing costs (5c)	44,143	369,146	413,289	366,548
Payroll and recruitment	-	2,927	2,927	3,414
Staff travel and training	657	5,143	5,800	3,940
Volunteers expenses	2,179	1,490	3,669	1,972
Rent, rates and utilities	8,307	40,182	48,489	40,141
Repairs, renewals and cleaning	4,571	1,635	6,206	3,898
Telephones, mobiles and internet	-	13,389	13,389	12,811
Website and IT	714	1,252	1,966	1,523
Equipment	14	1,161	1,175	55
Printing and publicity	501	1,232	1,733	1,619
Stationery, postage and books	276	191	467	824
Insurance	840	2,246	3,086	2,292
Freelance support	2,494	17,939	20,433	15,283
Professional fees, memberships and donations	357	1,646	2,003	1,753
Interpretation services	-	5,233	5,233	1,498
Refreshments	53	111	164	92
Miscellaneous expenses	20	433	453	-
Trustee and governance costs	35	125	160	520
Independent examination	407	1,512	1,919	1,512
Monitoring and evaluation	-	3,982	3,982	3,381
Service user direct costs	-	5,060	5,060	232
IT support	764	1,756	2,520	2,520
Depreciation	-	7,895	7,895	-
	<u>66,332</u>	<u>485,686</u>	<u>552,018</u>	<u>465,828</u>

# Support After Rape and Sexual Violence Leeds (SARSVL)

## Notes to the accounts continued

### for the year ended 31 March 2024

5c Staff costs and numbers	2024	2023
	£	£
Gross salaries	366,741	324,514
Social security costs	34,064	31,497
Employment allowance	(5,000)	(5,000)
Pensions	17,484	15,537
	<u>413,289</u>	<u>366,548</u>

The average number of employees during the year was 13.5, being an average of 10 full time equivalent (2023: 12.2, 9.4 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme	2024	2023
	£	£
Costs of the scheme to the charity for the year	17,484	15,537

6 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
The Big Give Christmas Appeal	27,825	-	27,825	-	-
The Brook Trust	7,500	-	7,500	-	-
Charles Hayward Foundation	-	25,000	25,000	-	-
The Clothworkers Foundation	-	10,000	7,895	-	2,105
The Henry Smith Charity	13,754	-	13,754	-	-
The Henry Smith Charity (LTS)	7,086	40,000	47,086	-	-
LCF - Resilience Fund	-	15,000	15,000	-	-
WY Safer Communities	-	9,724	1,621	-	8,103
The Ministry of Justice	-	208,437	208,437	-	-
Forum Central - HSF	-	5,000	5,000	-	-
The Big Give	57,991	-	-	-	57,991
WYCA	-	126,843	126,843	-	-
	<u>114,156</u>	<u>440,004</u>	<u>485,961</u>	<u>-</u>	<u>68,199</u>

Fund name	Purpose of restriction
The Big Give Christmas Appeal	Towards the provision of specialist support services for adult female victims of rape and sexual abuse.
The Brook Trust	For provision of a specialist counselling service.
Charles Hayward Foundation	To develop and expand SARSVL's specialist counselling service .
The Clothworkers Foundation	Capital support for lease improvements to new premises.
The Henry Smith Charity	For provision of a specialist counselling service.
The Henry Smith Charity (LTS)	To support counselling helpline and non-service delivery staff and running costs for organisation to thrive post-Covid pandemic.
LCF - Resilience Fund	To support collaboration and organisational change in challenging times.
WY Safer Communities	To support SARSVL's counselling and ISVA services.
The Ministry of Justice	Towards the provision of specialist support services for adult female victims of rape and sexual abuse.
Forum Central - HSF	To support 45 households over the cost of living crisis.
The Big Give	Outreach and support work to extend delivery to women underserved by SARSVL services, specifically street homeless women and sex workers.
WYCA	To provide emotional and practical support to victims of sexual violence. To provide additional support to SARSVL's ISVA service by covering the cost of two additional posts, one ISVA and one YPISVA.

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Notes to the accounts continued**  
**for the year ended 31 March 2024**

7 Tangible assets	Lease improvements	IT equipment	Fixtures & Fittings	Total
<u>Cost</u>	£	£	£	£
At 1 April 2023	-	7,083	8,234	15,317
Additions	45,617	-	-	45,617
At 31 March 2024	<u>45,617</u>	<u>7,083</u>	<u>8,234</u>	<u>60,934</u>
<u>Depreciation</u>				
At 1 April 2023	-	7,083	8,234	15,317
Charge for year	7,895	-	-	7,895
At 31 March 2024	<u>7,895</u>	<u>7,083</u>	<u>8,234</u>	<u>23,212</u>
<u>Net book value</u>				
At 31 March 2024	<u>37,722</u>	<u>-</u>	<u>-</u>	<u>37,722</u>
At 31 March 2023	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

8 Debtors and prepayments	2024 £	2023 £
Debtors	14,110	14,820
Prepayments	15,185	16,513
Accrued income	-	7,379
	<u>29,295</u>	<u>38,712</u>

9 Cash at bank and in hand	2024 £	2023 £
Cash at bank	271,530	309,150
Cash in hand	28	69
	<u>271,558</u>	<u>309,219</u>

10 Creditors and accruals	2024 £	2023 £
Creditors	4,112	4,529
Accruals	7,295	1,613
Deferred income (see note below for analysis)	19,780	12,880
	<u>31,187</u>	<u>19,022</u>

11 Deferred income	Deferred to next year £	Released from last year £
Delivered services income	19,780	6,440
	<u>19,780</u>	<u>6,440</u>

Item name	Reason for deferral
Delivered services income	Services to be delivered after the year end

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Notes to the accounts continued**  
**for the year ended 31 March 2024**

**12 Related party transactions**

**Trustee expenses**

During the year 1 trustee was paid a total of £32 in respect of travel (previous year: 2 trustees and £253).

**Trustee remuneration and benefits**

			2024	2023
			£	£
Name of trustee or related party	Relationship to charity	Description of transaction		
Grace Sumner	Trustee	Contract for outreach	-	1,125
			<u>-</u>	<u>1,125</u>

**Legal authority for the payment**

The legal authority for the payment is via a provision within the charity's governing document.

**Remuneration and benefits received by key management personnel**

The total employee benefits received by key management personnel were £191,379 (previous year: £175,821).

**13 Operating leases**

		2024	2023
		£	£
Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:			
Within one year		48,321	45,816
In the second to fifth years inclusive		11,554	67,251
Over five years from the balance sheet date		-	-
		<u>59,875</u>	<u>113,067</u>

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Statement of Financial Activities including comparatives for all funds**  
**(including summary income and expenditure account)**  
**for the year ended 31 March 2024**

	2024	2023	2024	2023	2024	2023
	Unrestricted	Unrestricted	Restricted	Restricted	Total	Total
	funds	funds	funds	funds	funds	funds
	£	£	£	£	£	£
<b>Income</b>						
Donations and legacies	17,791	21,242	-	28,398	17,791	49,640
Charitable activities	72,336	32,621	440,004	415,535	512,340	448,156
Bank Interest	776	417	-	-	776	417
<b>Total income</b>	<b>90,903</b>	<b>54,280</b>	<b>440,004</b>	<b>443,933</b>	<b>530,907</b>	<b>498,213</b>
<b>Expenditure</b>						
Raising funds	135	260	275	2,218	410	2,478
Charitable activities	66,332	62,218	485,686	403,610	552,018	465,828
<b>Total expenditure</b>	<b>66,467</b>	<b>62,478</b>	<b>485,961</b>	<b>405,828</b>	<b>552,428</b>	<b>468,306</b>
<b>Net income / (expenditure)</b>	<b>24,436</b>	<b>(8,198)</b>	<b>(45,957)</b>	<b>38,105</b>	<b>(21,521)</b>	<b>29,907</b>
<b>Fund balances brought forward</b>	<b>214,753</b>	<b>222,951</b>	<b>114,156</b>	<b>76,051</b>	<b>328,909</b>	<b>299,002</b>
<b>Fund balances carried forward</b>	<b>239,189</b>	<b>214,753</b>	<b>68,199</b>	<b>114,156</b>	<b>307,388</b>	<b>328,909</b>

**SUPPORT AFTER RAPE AND SEXUAL VIOLENCE LEEDS (SARSVL)**

England & Wales - Charity number 1139555

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# Accounts

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# **Support After Rape and Sexual Violence Leeds (SARSVL)**

Charity number 1139555

A company limited by guarantee number 07202588

## **Annual Report and Financial Statements**

**for the year ended 31 March 2023**



West Yorkshire Community Accounting Service

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Annual Report and Financial Statements for the year ended 31 March 2023**

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**Prepared by West Yorkshire Community Accountancy Service CIO**

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report for the year ended 31 March 2023**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

<b>Name</b>	<b>Position</b>	<b>Dates</b>
Eleanor Broadbent		
Miriam Moss		
Sarah Howells	Treasurer	
Lindsay Britton-Robertson		
Laura Brown		Resigned 28 Sept 2022
Rosemary Carr		
Grace Sumner		
Rosalind Weaver		
<b>Charity number</b>	1139555	Registered in England and Wales
<b>Company number</b>	07202588	Registered in England and Wales
<b>Registered and principal address</b>	<b>Bankers</b>	
Oxford House	CAF Bank	Shawbrook Bank Limited
Oxford Row	25 Kings Hill Avenue	Lutea House
Leeds	Kings Hill, West Malling	Warley Hill Business Park,
LS1 3BE	Kent. ME19 4TA	The Drive
		Great Warley, Brentwood
		Essex. CM13 3BE

### **Independent examiner**

E J Beverley FCCA

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

SARSVL registered with Companies House as a Company Limited by Guarantee (Company Number: 7202588) on 25 March 2010 and with the Charity Commission (Registered Charity Number: 1139555) on 29 December 2010. SARSVL's governing document is a Memorandum & Articles of Association as amended on 11 November 2010. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £10.

During the reporting period and up to and including the date the report was approved, the charity trustees delegated day-to-day management of the charity to the Chief Executive Officer (CEO), Katherine ('Katie') Russell.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2023**

### **Method of recruitment and appointment of trustees (continued)**

Trustees are recruited in one of two ways. The first is through proactive advertisement of trustee vacancies through a range of networks, targeting in particular any groups of people or skills sets the existing Board has identified (e.g. through its regular skills audit) as underrepresented among them. The second is through responding to approaches from people who speculatively express interest in joining the SARSVL Board of trustees. In both cases, we ask trustees to complete a written application, in which they explain the skills, knowledge and experience they can bring to the Board, as well as why they are interested in the charity and the role, and how their values and aims align with the charity's. A trustee role description and person specification are provided to assist with this. We also request two appropriate references. After the written application has been assessed by a designated ad hoc sub-group, usually consisting of one to three existing trustees and/or the CEO, the applicant will then be invited to an informal interview where both parties can find out more. If the applicant is deemed a useful addition to the Board and is still interested in joining after this, they will be invited to attend the next scheduled Board meeting for which they are available, initially as an observer. After this, new trustees can be co-opted by the existing Board until the next scheduled AGM, when they can be formally elected by the membership in the usual way. As well as providing two satisfactory references, all trustees undergo an enhanced DBS check, due to the nature of the charity's work.

Trustee induction includes: a one-to-one meeting with the CEO covering all aspects of the charity's governance and in-depth introduction to its finances; meetings with the three service managers for more detailed introduction to the charity's frontline work; provision of all the organisation's policies, procedures and business plan, with the requirement to read and familiarise themselves with these, and ask any questions that might arise from them; ad hoc meetings with other trustees and/or the CEO on request to answer any queries. All trustees are also provided with the Charity Commission's CC3 The Essential Trustee document.

### **Volunteers**

Volunteers have been central to SARSVL's history and development and are still involved in many aspects of the organisation, from membership of the Board of trustees, to offering direct services to women and girls, to fundraising. We had six volunteer counsellors and 24 helpline volunteers during this period.

### **Paid staff**

The staffing structure at 31 March 2023 consisted of:

#### Senior team

- Chief Executive Officer (CEO) – 35 hours per week (full-time)
- ISVA (Independent Sexual Violence Advocacy) Service Manager – 35 hours per week
- Counselling Service Manager – 35 hours per week
- Senior Helpline Co-ordinator – 35 hours per week

#### Other paid staff

- Office Co-ordinator – 35 hours per week
- Independent Sexual Violence Advocate (ISVA) – 35 hours per week
- Young Person's ISVA – 35 hours per week
- ISVA – 28 hours per week
- Counsellor – 21 hours per week
- Counsellor – 14 hours per week
- Counsellor – 10 hours per week
- 2x Counsellors – 8 hours per week

All rates of pay are set in accordance with the appropriate NJC payscale for the role. The Board of trustees commits to conducting an organisational pay review minimum every five years, including benchmarking against comparable charities' salaries.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2023**

### **Partnerships and memberships**

SARSVL is the professionally approved Rape Crisis Centre for Leeds, accredited against the specialist Rape Crisis National Service Standards.

The charity is a member of the British Association for Counselling & Psychotherapy (BACP), The Helplines Partnership, the West Yorkshire Rape Crisis partnership and the Women & Girls Alliance – Leeds (formerly known as 'Women's Lives Leeds').

SARSVL is also a Mindful Employer Plus, and signatory to the Women Friendly Leeds Employer Charter and the Violence Against Women & Girls Sector Anti-Racism Charter.

### **Trustees' statement**

This year has seen SARSVL continue to grow all its existing frontline services as well as develop and bring to fruition new initiatives, all of which will improve our ability to best meet the needs of all women and girls in the Leeds area, who have experienced sexual violence or abuse at any time in their lives, no matter what their background.

With this remit very much in mind, SARSVL counsellors have received training in working with interpreters, and we've progressed plans to better meet the needs of sex workers and homeless women, with the piece of research we commissioned into this reaching completion this year.

SARSVL has also continued to place a big emphasis on partnership working and engagement during the period. As well as engaging regularly with our sister Rape Crisis Centres in West Yorkshire and beyond, we've enjoyed becoming a more integral partner in the Women's Lives Leeds alliance, the Visible Steering Group, the West Yorkshire Domestic & Sexual Abuse Board, and Leeds City Council (LCC)'s Violence Against Women and Girls (VAWG) Board, among many other partnerships. We've also continued liaising regularly with statutory organisations, including West Yorkshire Police and the Crown Prosecution Service, in our ongoing pursuit of better criminal and social justice outcomes for sexual violence and abuse survivors.

In our role overseeing the charity and supporting its sustainability, we've continued to be ceaselessly impressed by the passion, talent and commitment we see from all our paid staff and volunteers, and we realise how lucky we are as a Board to work with such amazing individuals.

Also on the governance side, we've begun to reorganise our Board schedule, in line with the reduced operational requirements of the Board since the appointment of our first CEO, combining quarterly meetings with development workshops to help us effectively govern, communicate and plan for the future.

As well as developing and maintaining our important partnership work, our CEO has continued to lead in income generation, both ensuring the continuation of existing funding streams and sourcing new ones. This included another very successful Big Give online match-funding campaign in December, supported by the brilliant hard work and innovation of our staff and volunteers once again.

Our new staffing structure is still working well and a survey conducted during the period confirmed high levels of staff satisfaction in their roles and engagement with SARSVL as a whole. In order to increase capacity in our counselling service, we are looking to appoint a job share for our Counselling Service Manager in the near future.

We've had two new additions to the team during the year: a part-time counsellor, who is a qualified drama therapist, and a freelance art therapist to run a post-therapy group. These appointments further increase the diversity of frontline support we are able to provide. One of our talented trustees also ran two post-therapy poetry groups during the year. As a result of the positive feedback we've had from these initiatives, we're planning to further develop our group-based and creative work in the near future.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2023**

### **Trustees' statement continued**

Despite the energy and dedication of our volunteers and staff, SARSVL is unfortunately still unable to meet the huge and increasing need and demand for our specialist support. Both our Independent Sexual Violence Advocacy (ISVA) and Counselling services have waiting lists. To better manage these lists, and ensure support and equity for the survivors wanting to access these services, we've introduced a successful monthly opening date for counselling referrals this year, as well as a dedicated emotional support call service (on an opt-in basis) provided by our specialist helpline.

Last and definitely not least, SARSVL is moving. Thanks to all who contributed to the work in finding our new premises. Everyone is very excited to see how this new move can facilitate further development of our fantastic organisation, enabling greater support and engagement with our service users, the very reason we, as SARSVL, exist.

### **Objectives and activities**

#### **The charity's objects**

SARSVL's objects as set out in the Company's Memorandum and Articles of Association are:

- 1) To relieve the mental and physical distress of women and girls affected, or at risk of being affected, by rape and sexual violence, recognising their diverse needs;
- 2) To promote the education of the public and to raise awareness of rape and sexual violence and its effects;
- 3) To promote research into rape and sexual violence and its effects and to disseminate or publish the useful results of such research.

#### **Aims, objectives and outcomes**

SARSVL is currently working to its five-year Business Plan for 2021-26. The year reflected in this report has been Year 2 of this Plan.

The overarching aim identified by the 2021-26 Business Plan, which supports the charity in achieving its objects, is:

“that SARSVL will enable sustainable recovery for women and girls who have experienced rape or sexual violence, through high-quality, specialist, holistic and secure services which meet the diverse needs of women and girls in Leeds.”

Beneath this aim sit three key objectives for the five-year period, the success of which are measured against the following outcomes:

# Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2023

## Aims, objectives and outcomes continued

Objectives	Outcomes
1. Ensure our specialist services are fully accessible, responsive and appropriate for all women and girls in Leeds District, and are designed and <u>run in</u> partnership with our service users	<ul style="list-style-type: none"> <li>• Barriers to accessing services are minimised</li> <li>• Service users have a greater voice in how SARSVL develops</li> </ul>
2. Ensure that sexual violence and our work to combat this are understood in communities and by other agencies across Leeds and in the surrounding areas	<ul style="list-style-type: none"> <li>• Survivors, professionals &amp; the general public have greater understanding &amp; awareness of all forms of SVA, its impacts, consent, damaging myths &amp; stereotypes, barriers to accessing support etc.</li> <li>• Other agencies and professionals (incl. commissioners, funders) have a greater understanding &amp; awareness of the work we do with survivors &amp; its specialism, impact etc.</li> </ul>
3. Ensure the organisation is well-run and sustainable through robust governance and leadership and diverse funding streams which enable both continuity and innovation	<ul style="list-style-type: none"> <li>• SARSVL trustees are able to focus on strategic oversight and planning</li> <li>• SARSVL is resilient and adaptable to a changing environment</li> <li>• SARSVL is adequately resourced through a diverse range of funding streams</li> </ul>

## Activities for the public benefit

All our charitable activities focus on supporting and helping women and girls who have been affected by rape and/or other forms of sexual violence or abuse at any time in their lives, and are undertaken to further our charitable purposes for the public benefit.

During the reporting period, the charity's legal objects, overarching aim and objectives have been achieved predominantly through the following main activities:

- Provision of a specialist Independent Sexual Violence Advocacy (ISVA) service to women and girls aged 13+, who have reported or are considering reporting sexual violence or abuse to the police
- Provision of specialist counselling and therapeutic support, including short-term and longer-term one-to-one work, pre-trial therapy and groupwork, to women aged 18+
- Provision of specialist emotional support and listening over the Freephone telephone, e-mail and text helpline for women and girls aged 13+
- Significant partnership work with a diverse range of local, regional and national partners
- Delivery of training, talks and workshops to other organisations, and attendance at and participation in community events
- Online communication and campaigns work, including four social media channels.

## Achievements and performance

During the period, SARSVL provided its three main direct, specialist support services to 808 individual women and girls (not including helpline callers ringing from withheld numbers, who cannot be individually counted).

## Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2023

### Achievements and performance (continued)

A summary of the charity's achievements against its business plan outcomes over the year:

Outcomes	Achievements
Barriers to accessing services are minimised	<ul style="list-style-type: none"> <li>Website improvements progressed</li> <li>Helpline data collection improved</li> <li>Significant CEO &amp; frontline partnership work / outreach with other orgs incl. <u>Shantona</u>, Basis, TWP, LWA, GG, NSPCC, Visible</li> <li>More accessible, fit-for-purpose premises found</li> <li>Age range of helpline volunteers increased</li> <li>Range of specialisms in counselling team increased <u>e.g.</u> EMDR, dramatherapy</li> <li>ISVA team increased &amp; YP ISVA service (13-24) established</li> <li>Group clinical supervision introduced for helpline volunteers</li> <li>Counselling waiting list management improved <u>e.g.</u> monthly system, prioritisation, support call service</li> <li>Counselling <u>offer</u> diversified / flexed e.g. home visits, poetry group, art therapy group</li> </ul>
Service users have a greater voice in how SARSVL develops	<ul style="list-style-type: none"> <li>Former service users mailing list &amp; mailings developed</li> <li>Consultation, research &amp; voice/influence opportunities extended to service users <u>e.g.</u> WLL, Visible</li> <li>Contributions to Survivor Leaders project with WYRC</li> <li>Former service users on SARSVL Board</li> <li>Anonymous (optional) internal Lived Experience survey conducted – 81% of all personnel have LE of sexual violence / abuse</li> </ul>
Survivors, professionals & the general public have greater understanding & awareness of all forms of SVA, its impacts, consent, damaging myths & stereotypes, barriers to accessing support etc.	<ul style="list-style-type: none"> <li>Significant comms &amp; partnership / outreach / representation with other orgs incl. WLL, Visible, CJS, Mayor &amp; DM, LCC, ICB etc.</li> <li>Training, talks &amp; workshops to other agencies (incl. police, schools, unis, colleges, VCS) &amp; attendance at events</li> <li>Increased social media activity &amp; online campaigns involvement</li> <li>New Comms volunteer inducted and active</li> </ul>
Other agencies and professionals (incl. commissioners, funders) have a greater understanding & awareness of the work we do with survivors & its specialism, impact etc.	<i>As above</i>
SARSVL trustees are able to focus on strategic oversight and planning	<ul style="list-style-type: none"> <li>Staffing structure review complete &amp; implemented, including CEO &amp; Senior Team</li> <li>Successful Board development and planning workshops</li> </ul>
SARSVL is resilient and adaptable to a changing environment	<ul style="list-style-type: none"> <li>Services, staffing &amp; working practices consolidated post-COVID &amp; restructure</li> <li>Very high levels of staff satisfaction &amp; engagement (Annual Survey, Jan 23)</li> </ul>
SARSVL is adequately resourced through a diverse range of funding streams	<ul style="list-style-type: none"> <li>Monitoring, evaluation &amp; funder relationships well maintained</li> <li>Income sources increased &amp; diversified</li> <li>Community-based &amp; online fundraising increased (<u>e.g.</u> £80k in 2022 from 2x Big Give campaigns)</li> </ul>

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2023**

### **Independent Sexual Violence Advocacy (ISVA) service**

There were 171 appropriate new referrals to the ISVA service (i.e. aged 13+, living in Leeds who had reported to the police, or were considering reporting to the police) during the year. The service supported 296 individuals in total (new referrals, plus survivors who were already receiving support at the start of the year). Of the 296, 40 were young people aged 13 – 17.

Eleven women were supported to challenge Police or Crown Prosecution Service (CPS) decisions to take no further action ('NFA') through the Victim Right to Review (VRR) scheme. Four VRRs were successful during the period – in two cases the police have re-opened the investigations and enquiries are ongoing, and in two cases the CPS overturned the NFA decision and the perpetrators were charged and are awaiting trial. A total of 17,703 client sessions and contacts were completed by the service during the period.

Some of the qualitative feedback received by ISVA service users during the period:

"I have learnt so much about myself and how to cope, I have stopped hating myself and that's the most amazing feeling. I finally feel positive about life and living it and have so many ways to now cope with any down days or struggles. I valued not being judged and feeling able to say anything. Honestly, I can't thank you enough. I don't think I would still be here without the care, support, and advice given."

"Your service is incredible and I am sure many feel the same as I do. Without you I do not think I could have handled a lot of what happened. You gave me hope and strength and I will be forever grateful. People do jobs for many reasons but yours has such a profound impact on our lives. Thank you."

"SARSVL has helped me massively. If I hadn't had SARSVL, I wouldn't have been where I am now - especially mentally. You empowered me to power through! If I hadn't had your support I would have given up when the CPS made their NFA decision."

"I always felt listened to and believed. I was able to better understand how the justice system works and process my feelings. It was more important for me to feel listened to and believed than to get a conviction. I am in a better place now than I was when I started the support."

### **Counselling service**

The Counselling service directly supported 171 individuals during the reporting period. A number of these received a range of therapeutic interventions, including one-to-one and group-based services. 3,511 sessions and contacts were delivered by the service in total during the year.

During the period, the service ran three post-therapy groups – two Poetry for Recovery groups and one Art Therapy group, and has started planning for a new peer support 'Writing for Recovery' group.

Based on the outcomes measures of 64 women who completed counselling with SARSVL during the period:

- 86% of women felt informed and empowered
- 84% of clients felt more resilient and better able to cope and move forward with daily life
- 81% saw improvements in their physical and mental health and wellbeing

Some of the qualitative feedback received by Counselling service users during the period:

"SARSVL actually wanted to help me when no one ever has before. I feel believed, like I have worth."

"A truly invaluable experience that helped me regain power and helped me feel validated. Thank you so much for everything and for what you do for others, it's really changed my life for the better."

"I have made so much progress since this time last year with how I cope with everyday life and just my ability to enjoy life in general. I feel like if I ever get into a dark place I have the tools to get myself out of it and I am much more optimistic about my recovery."

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2023**

### **Helpline service**

The Helpline service supported 342 individuals (not including callers ringing from withheld numbers who cannot be individually counted) during the period, via 1,577 calls, texts and emails.

This included 75 dedicated support calls – totalling 2,967 minutes – to 36 individuals on our counselling waiting list who had opted in to this new service.

Some feedback from clients who received the Helpline's emotional support call service during the period:

“Think it makes it feel more positive, feels less scary about the process of going through counselling. It's quite nice to have been able to talk to someone beforehand – can get the vibe of the service and comforting to see that it is a nice friendly environment. Will make going into the counselling bit less scary.”

“Think it is useful because it allowed me to have a dedicated time to explore feelings that I pushed aside due to life and uni stress. Helped me take account of feelings and figure out plans of how I wanted to address them.”

The Senior Helpline Co-ordinator ran a successful helpline volunteer recruitment and specialist training course during the year, and 24 individuals in total volunteered in the delivery of our Freephone, text (SMS) and email emotional support helpline across the period.

### **Monitoring and evaluation**

We use two main specialist tools to record and report on monitoring data:

- The bespoke Data Performance Management System (DPMS), co-developed for and with Rape Crisis Centres
- The clinical change measurement system CORE.net for counselling, which tracks clients' experiences across four domains of risk, wellbeing, problems and functioning, and monitors therapeutic change.

We use these in conjunction with the Rape Crisis England & Wales (RCEW) Monitoring & Evaluation Framework assessment tool, which enables us to track data on the 'cope and recover' outcomes set out in the Victims' Funding Strategy. Data is gathered through:

- Detailed referral forms (with follow-up calls as needed), including questions about risk and need to inform prioritisation and allocation, plus demographics data
- Initial assessment, including establishing levels of risk in more detail
- Before, Review and After Questionnaires, identifying starting points in terms of health, well-being, daily functioning, relationships/support networks and safety, and tracking them throughout clients' journeys of healing and pursuit of criminal and social justice.

We'll further ensure the quality of data returns with:

- Initial and ongoing training in DPMS (and CORE.net as relevant) for staff and volunteers
- Regular data audits to check accuracy and identify areas for improvement
- Building monitoring data input and extraction into all staff and volunteer job/role descriptions and schedules
- Diarising time at mid-year and year-end for staff to dedicate to quality reporting.

## Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2023

### Plans for future periods

Some of our planned activities for the next period, to further the outcomes identified in our Business Plan for 2021-26, include:

Outcomes	Planned activities
Barriers to accessing services are minimised	<ul style="list-style-type: none"> <li>• Complete website rewrap &amp; relaunch (by Q2, Y3)</li> <li>• Continue, increase, diversify &amp; formalise partnership work</li> <li>• Modify &amp; complete move to new premises</li> <li>• Anti-Racism, Equity &amp; Inclusion Plan, including EDI policy review &amp; update (by Q3, Y3)</li> <li>• SARSVL-wide training on: Anti-Racism, Trans Inclusion, SW Inclusion</li> <li>• SW &amp; Homeless women's Outreach Pilot</li> <li>• Review recruitment processes / accessibility</li> <li>• Extend counselling service to 16 &amp; 17 yos</li> <li>• Increase &amp; further diversify counselling offer incl. groupwork e.g. walk and talk</li> <li>• Recruit second YP ISVA</li> <li>• Recruit Support Worker</li> <li>• Improving our awareness of needs of survivors with LD &amp; neurodiversity in-house &amp; adapting services accordingly (incl. easy-read materials)</li> </ul>
Service users have a greater voice in how SARSVL develops	<ul style="list-style-type: none"> <li>• Peer support / activism groups for counselling &amp; advocacy clients</li> <li>• Develop an advisory panel of previous service users for meaningful co-production, consultation etc. (could be ad hoc, giving opportunities for involvement as and when)</li> <li>• Service user celebratory event</li> </ul>
Survivors, professionals & the general public have greater understanding & awareness of all forms of SVA, its impacts, consent, damaging myths & stereotypes, barriers to accessing support etc.	<ul style="list-style-type: none"> <li>• Expanding YP ISVA service</li> <li>• Outreach pilot</li> <li>• Continuing, diversifying, increasing all existing activity</li> </ul>
Other agencies and professionals (incl. commissioners, funders) have a greater understanding & awareness of the work we do with survivors & its specialism, impact etc.	<ul style="list-style-type: none"> <li>• Produce a 2022-23 Impact Report</li> </ul>
SARSVL trustees are able to focus on strategic oversight and planning	<ul style="list-style-type: none"> <li>• Identify Trustee gaps (skills &amp; representation) &amp; develop recruitment plan to fill them (TLWG)</li> </ul>
SARSVL is resilient and adaptable to a changing environment	<ul style="list-style-type: none"> <li>• 2022-23 Impact Report</li> <li>• Aim for whole org BP review day in Y4/5 incl. input from service users (incl. starting planning for next BP)</li> </ul>
SARSVL is adequately resourced through a diverse range of funding streams	<ul style="list-style-type: none"> <li>• p/t Operations Manager</li> <li>• Income Generation / Sustainability Strategy</li> </ul>

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2023**

### **Financial review**

SARSVL made a surplus of £29,907 in 2022-2023 (2022: a surplus of £52,736). Total income increased by just over £41,000 over 2021-22 and expenditure has increased in line with the increase in income. A number of funders including The Ministry of Justice (MoJ), West Yorkshire Combined Authority (WYCA) and the Lloyds Bank Foundation provided very welcome additional money in recognition of the cost of living crisis. SARSVL successfully applied to the Henry Smith Charity Long Term Support Grant Programme and this came on stream in 2022-23 increasing our resilience to the combined challenges of Covid fallout and continued high inflation and cost increases.

The 2022 Big Give Christmas fundraising appeal was successful bringing £28,000 into the charity to support service running and overhead costs in 2023/24.

At the 31 March 2023 SARSVL's total reserves were £328,909. Unrestricted reserves increased to £214,753. The balance of reserves (£114,156) relate to restricted funds and will be spent in line with their restrictions in 2023/24.

The net income for the year was £29,907, including net expenditure of £8,198 on unrestricted funds and net income of £38,105 on restricted funds.

### **Funding sources**

In 2022-23 SARSVL's main sources of funding and the areas they supported were:

- Rape Support Fund, Ministry of Justice (MoJ) contributing to staffing and running costs plus additional funding to cover additional costs
- West Yorkshire Combined Authority contributing to staff and running costs of the organisation plus additional funding to support the ISVA service and the cost of living crisis
- The Henry Smith Charity contributing to the funding of our counselling service
- The Henry Smith Charity Long Term Support Grant Programme supporting the services and running costs of the charity
- The Brook and Pilgrims Trusts contributing to our counselling service
- The Hollick Family Fund contributing unrestricted funding to the general running of the charity
- The Lloyds Bank Foundation to support the charity with the cost of living crisis
- The People's Postcode Lottery to support wellbeing services

### **Future plans**

Financially, along with other voluntary, community and social enterprise (VCSE) organisations, we continue to operate in a difficult and challenging environment, especially in terms of funding. There have been changes across the violence against women and girls sector, and we are noticing increased competition for funding amongst non-specialist as well as specialist sexual violence organisations. 2022-23 was the final year of the original MoJ Rape Support Fund and the newly secured contract will only last until the end of 2024-25. We are delighted that this new contract represents a 37% increase in value.

Additionally, SARSVL has been successful in early 2023-24 in applying for funding to expand our services; donations are strong and our short/medium term financial position is robust.

The key risk to sustainability of the organisation from a financial perspective is the uncertainty of long-term funding. This is a constant concern for trustees who prioritise long-term sustainability in their planning processes. They maintain and regularly review a funding prospects table and are continually looking for opportunities to expand the organisation's funding base.

## **Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2023**

### **Future plans continued**

At the time of signing these accounts the charity has been impacted by the global Covid-19 virus and the cost of living crisis. The trustees regularly assess the charity's financial position and from the date that the accounts are approved they are confident that SARSVL can continue for at least 12 months and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.

### **Reserves policy**

The charity's free reserves, excluding fixed assets, at the year end were £214,753.

In establishing the reserve requirements for SARSVL the trustees have considered the needs of the women we work with, our legal obligations and the identified risks to our longer term financial security.

As an organisation that provides services to vulnerable women, the trustees believe that a level of reserves should be maintained to ensure a stability and continuity of service provision and, if required, a managed service closure, with time to enable alternative support provision to be arranged and all legal obligations covered.

Trustees reviewed the required level of reserves and in early in 2022-23 updated their reserves policy taking account of recent financial history, the financial situation of the charity and the broader current financial climate. The trustees feel the right level of unrestricted reserves is between £150,000 and £200,000. Unrestricted reserves at 31 March 2023 are slightly above this level at £214,753, however we have just signed a five-year lease on new premises in Oxford House in central Leeds; fundraising for conversion costs is ongoing but it is expected that some reserves will be needed to cover these costs. Trustees are comfortable that the current level of reserves are adequate to meet these and ongoing operational and cashflow needs of the organisation.

## **Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2023**

### **Statement of trustees' responsibilities**

Board of trustee meetings have been held minimum quarterly throughout the year, each with the CEO and one other member of the senior staff team in attendance.

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by the board of trustees on 24/08/2023

Sarah Howells (Trustee)

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Independent examiner's report to the trustees of Support After Rape and Sexual Violence Leeds (SARSVL)**

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2023, which are set out on pages 15 to 23.

### **Responsibilities and basis of report**

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

Since the charitable company's gross income exceeded £250,000 your examiner must be a fellow of a body listed in section 145 of the 2011 Act.

I confirm that I am qualified to undertake the examination because I am a fellow of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

E J Beverley FCCA

12/09/2023

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Statement of Financial Activities**  
**(including summary income and expenditure account)**  
**for the year ended 31 March 2023**

	Notes	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
<b>Income from:</b>					
Donations and legacies	(2)	21,242	28,398	49,640	102,976
Charitable activities	(3)	32,621	415,535	448,156	354,116
Bank interest		417	-	417	5
<b>Total income</b>		<u>54,280</u>	<u>443,933</u>	<u>498,213</u>	<u>457,097</u>
<b>Expenditure on:</b>					
Raising funds	(4)	260	2,218	2,478	886
Charitable activities	(5)	<u>62,218</u>	<u>403,610</u>	<u>465,828</u>	<u>403,475</u>
<b>Total expenditure</b>		<u>62,478</u>	<u>405,828</u>	<u>468,306</u>	<u>404,361</u>
<b>Net income / (expenditure)</b>		(8,198)	38,105	29,907	52,736
<b>Fund balances brought forward</b>		<u>222,951</u>	<u>76,051</u>	<u>299,002</u>	<u>246,266</u>
<b>Fund balances carried forward</b>	(6)	<u>214,753</u>	<u>114,156</u>	<u>328,909</u>	<u>299,002</u>

All incoming resources and resources expended derive from continuing activities.

## Support After Rape and Sexual Violence Leeds (SARSVL)

### Balance sheet

as at 31 March 2023

		2023	2023	2023	2022
		Unrestricted	Restricted	Total	Total
		£	£	£	£
<b>Current assets</b>					
Debtors and prepayments	(7)	31,481	7,231	38,712	48,863
Cash at bank and in hand	(8)	198,890	110,329	309,219	260,919
<b>Total current assets</b>		<u>230,371</u>	<u>117,560</u>	<u>347,931</u>	<u>309,782</u>
<b>Current liabilities:</b>					
<b>amounts falling due within one year</b>					
Creditors and accruals	(9)	15,618	3,404	19,022	10,780
<b>Total current liabilities</b>		<u>15,618</u>	<u>3,404</u>	<u>19,022</u>	<u>10,780</u>
<b>Net current assets / (liabilities)</b>		<u>214,753</u>	<u>114,156</u>	<u>328,909</u>	<u>299,002</u>
<b>Net assets</b>		<u>214,753</u>	<u>114,156</u>	<u>328,909</u>	<u>299,002</u>
<b>Funds</b>					
Unrestricted funds		214,753	-	214,753	222,951
Restricted funds		-	114,156	114,156	76,051
<b>Total funds</b>		<u>214,753</u>	<u>114,156</u>	<u>328,909</u>	<u>299,002</u>

For the year ending 31 March 2023 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 24/08/2023

Sarah Howells (Trustee)

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Notes to the accounts**

### **for the year ended 31 March 2023**

#### **1 Accounting policies**

##### **Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

##### **Going concern**

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

##### **Incoming resources**

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, if it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

##### **Grants and donations**

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

##### **Expenditure and liabilities**

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

##### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **Pensions**

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

##### **Leases**

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Notes to the accounts continued**  
**for the year ended 31 March 2023**

2 Donations and legacies	2023	2023	2023	2022
	Unrestricted funds	Restricted funds	Total funds	Total funds
	£	£	£	£
Donations	21,222	26,713	47,935	98,017
Gift aid	20	1,685	1,705	4,959
	<u>21,242</u>	<u>28,398</u>	<u>49,640</u>	<u>102,976</u>
3 Charitable activities income	2023	2023	2023	2022
	Unrestricted funds	Restricted funds	Total funds	Total funds
	£	£	£	£
Grants for charitable activities				
Ministry of Justice	-	167,276	167,276	131,610
Peoples Postcode Lottery	-	-	-	25,000
The Big Give Trust	-	-	-	700
The Brook Trust	-	15,000	15,000	15,000
The Henry Smith Charity	-	80,000	80,000	40,000
The Pilgrim Trust	-	15,000	15,000	15,000
W. Yorkshire Combined Authority (WYCA)	-	138,259	138,259	111,798
Lloyds Bank Foundation	2,250	-	2,250	-
Hollick Family Foundation	20,000	-	20,000	-
Sales and fees	10,371	-	10,371	15,008
	<u>32,621</u>	<u>415,535</u>	<u>448,156</u>	<u>354,116</u>
4 Raising funds	2023	2023	2023	2022
	Unrestricted funds	Restricted funds	Total funds	Total funds
	£	£	£	£
Fundraising costs	260	2,218	2,478	886
	<u>260</u>	<u>2,218</u>	<u>2,478</u>	<u>886</u>
5 Charitable activities expenditure	Activities undertaken directly	Support costs	2023 Total cost	2022 Total cost
	£	£	£	£
Charitable activities	275,388	190,440	465,828	403,475
	<u>275,388</u>	<u>190,440</u>	<u>465,828</u>	<u>403,475</u>

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Notes to the accounts continued**  
**for the year ended 31 March 2023**

**5a Support costs**

	Charitable activity	Governance activity	2023 Total cost	2022 Total cost
<b>Support cost type</b>	£	£	£	£
Management and admin salaries	135,010	40,196	175,206	147,213
Financial management support	5,515	-	5,515	5,170
Payroll fees and recruitment	3,414	-	3,414	2,018
IT support	2,520	-	2,520	2,965
Memberships and subscriptions	1,753	-	1,753	1,478
Independent examination	-	1,512	1,512	1,440
Trustee and governance costs	-	520	520	184
	<u>148,212</u>	<u>42,228</u>	<u>190,440</u>	<u>160,468</u>

**5b Charitable activities expenditure detail**

	2023 Unrestricted funds	2023 Restricted funds	2023 Total cost	2022 Total cost
	£	£	£	£
Staffing costs (5c)	57,553	308,995	366,548	302,140
Payroll and recruitment	-	3,414	3,414	2,018
Staff travel and training	1,271	2,669	3,940	3,668
Volunteers expenses	73	1,899	1,972	627
Rent, rates and utilities	-	40,141	40,141	45,650
Repairs, renewals and cleaning	-	3,898	3,898	1,703
Telephones, mobiles and internet	144	12,667	12,811	12,116
Website and IT	-	1,523	1,523	2,531
Equipment	-	55	55	2,593
Printing and publicity	-	1,619	1,619	3,574
Stationery, postage and books	2	822	824	908
Insurance	455	1,837	2,292	1,964
Freelance support	1,347	13,936	15,283	13,440
Professional fees, memberships and donations	305	1,448	1,753	1,478
Interpretation services	-	1,498	1,498	536
Refreshments	5	87	92	70
Miscellaneous expenses	-	-	-	96
Trustee and governance costs	130	390	520	184
Independent examination	72	1,440	1,512	1,440
Monitoring and evaluation	861	2,520	3,381	3,020
Service user direct costs	-	232	232	754
IT support	-	2,520	2,520	2,965
	<u>62,218</u>	<u>403,610</u>	<u>465,828</u>	<u>403,475</u>

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Notes to the accounts continued**  
**for the year ended 31 March 2023**

<b>5c Staff costs and numbers</b>	2023	2022
	£	£
Gross salaries	324,514	266,491
Social security costs	31,497	23,160
Employment allowance	(5,000)	(4,000)
Pensions	15,537	9,961
Redundancies	-	6,528
	<u>366,548</u>	<u>302,140</u>

The average number of employees during the year was 12.2, being an average of 8.9 full time equivalent (2022: 11.9, 8.2 FTE). There were no employees with emoluments above £60,000.

<b>Defined contribution pension scheme</b>	2023	2022
	£	£
Costs of the scheme to the charity for the year	15,537	9,961
Amount of any contributions outstanding at the year end	-	44

<b>6 Restricted funds</b>	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
The Brook Trust	7,500	15,000	15,000	-	7,500
The Henry Smith Charity	10,000	40,000	36,246	-	13,754
The Henry Smith Charity (Covid)	-	40,000	32,914	-	7,086
The Ministry of Justice	-	167,276	167,276	-	-
The Pilgrim Trust	-	15,000	15,000	-	-
The Big Give Christmas Appeal	-	28,396	571	-	27,825
WYCA	-	138,259	138,259	-	-
The Big Give	58,551	2	562	-	57,991
	<u>76,051</u>	<u>443,933</u>	<u>405,828</u>	<u>-</u>	<u>114,156</u>

<b>Fund name</b>	<b>Purpose of restriction</b>
The Brook Trust	For provision of a specialist counselling service.
The Henry Smith Charity	For provision of a specialist counselling service.
The Henry Smith Charity (Covid)	To support counselling helpline and non-service delivery staff and running costs for organisation to thrive post-Covid pandemic.
The Ministry of Justice	Towards the provision of specialist support services for adult female victims of rape and sexual abuse.
The Pilgrim Trust	For provision of a specialist counselling service.
The Big Give Christmas Appeal	Towards the provision of specialist support services for adult female victims of rape and sexual abuse.
WYCA	To provide emotional and practical support to victims of sexual violence. To provide additional support to SARSVL's ISVA service by covering the cost of two additional posts, one ISVA and one YPISVA.
The Big Give	Outreach and support work to extend delivery to women underserved by SARSVL services, specifically street homeless women and sex workers.

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Notes to the accounts continued**  
**for the year ended 31 March 2023**

<b>7 Debtors and prepayments</b>	2023	2022
	£	£
Debtors	14,820	4,509
Prepayments	16,513	4,886
Accrued income	7,379	39,468
	<u>38,712</u>	<u>48,863</u>

<b>8 Cash at bank and in hand</b>	2023	2022
	£	£
Cash at bank	309,150	260,785
Cash in hand	69	134
	<u>309,219</u>	<u>260,919</u>

<b>9 Creditors and accruals</b>	2023	2022
	£	£
Creditors	4,529	2,241
Accruals	1,613	8,539
Deferred income (see note below for analysis)	12,880	-
	<u>19,022</u>	<u>10,780</u>

<b>Deferred income</b>	Deferred to next year	Released from last year
	£	£
Delivered services income	12,880	-
	<u>12,880</u>	<u>-</u>

<b>Item name</b>	<b>Reason for deferral</b>
Delivered services income	Services to be delivered after the year end

<b>10 Tangible assets</b>	IT equipment	Fixtures & Fittings	Total
	£	£	£
<b>Cost</b>			
At 1 April 2022	7,083	8,234	15,317
Additions	-	-	-
At 31 March 2023	<u>7,083</u>	<u>8,234</u>	<u>15,317</u>
<b>Depreciation</b>			
At 1 April 2022	7,083	8,234	15,317
Charge for year	-	-	-
At 31 March 2023	<u>7,083</u>	<u>8,234</u>	<u>15,317</u>
<b>Net book value</b>			
At 31 March 2023	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2022	<u>-</u>	<u>-</u>	<u>-</u>

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Notes to the accounts continued**  
**for the year ended 31 March 2023**

**11 Related party transactions**

**Trustee expenses**

During the year 2 trustees were paid a total of £253 in respect of travel and conferences (previous year: 1 trustee and £3).

**Trustee remuneration and benefits**

No trustee received any remuneration or benefit during this or the previous year.

**Remuneration and benefits received by key management personnel**

The total employee benefits received by key management personnel were £175,821 (previous year: £167,875).

**Other related party transactions**

**Other transactions with trustees or related parties**

			2023	2022
			£	£
Name of trustee or related party	Relationship to charity	Description of transaction		
Grace Sumner	Trustee	Contract for outreach	1,125	1,250
			<u>1,125</u>	<u>1,250</u>

**12 Operating leases**

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:

	2023	2022
	£	£
Within one year	45,816	24,110
In the second to fifth years inclusive	67,251	5,700
Over five years from the balance sheet date	-	-
	<u>113,067</u>	<u>29,810</u>

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Statement of Financial Activities including comparatives for all funds**  
**(including summary income and expenditure account)**  
**for the year ended 31 March 2023**

	2023	2022	2023	2022	2023	2022
	Unrestricted	Unrestricted	Restricted	Restricted	Total	Total
	funds	funds	funds	funds	funds	funds
	£	£	£	£	£	£
<b>Income</b>						
Donations and legacies	21,242	45,125	28,398	57,851	49,640	102,976
Charitable activities	32,621	40,008	415,535	314,108	448,156	354,116
Bank interest	417	5	-	-	417	5
<b>Total income</b>	<b>54,280</b>	<b>85,138</b>	<b>443,933</b>	<b>371,959</b>	<b>498,213</b>	<b>457,097</b>
<b>Expenditure</b>						
Raising funds	260	324	2,218	562	2,478	886
Charitable activities	62,218	67,281	403,610	336,194	465,828	403,475
<b>Total expenditure</b>	<b>62,478</b>	<b>67,605</b>	<b>405,828</b>	<b>336,756</b>	<b>468,306</b>	<b>404,361</b>
<b>Net income / (expenditure)</b>	<b>(8,198)</b>	<b>17,533</b>	<b>38,105</b>	<b>35,203</b>	<b>29,907</b>	<b>52,736</b>
<b>Fund balances brought forward</b>	<b>222,951</b>	<b>205,418</b>	<b>76,051</b>	<b>40,848</b>	<b>299,002</b>	<b>246,266</b>
<b>Fund balances carried forward</b>	<b>214,753</b>	<b>222,951</b>	<b>114,156</b>	<b>76,051</b>	<b>328,909</b>	<b>299,002</b>

**SUPPORT AFTER RAPE AND SEXUAL VIOLENCE LEEDS (SARSVL)**

England & Wales - Charity number 1139555

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# Accounts

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# **Support After Rape and Sexual Violence Leeds (SARSVL)**

Charity number 1139555

A company limited by guarantee number 07202588

## **Annual Report and Financial Statements**

**for the year ended 31 March 2022**



West Yorkshire Community Accounting Service

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Annual Report and Financial Statements for the year ended 31 March 2022**

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**Prepared by West Yorkshire Community Accountancy Service CIO**

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report for the year ended 31 March 2022**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

<b>Name</b>	<b>Position</b>	<b>Dates</b>
Eleanor Broadbent		
Miriam Moss		
Sarah Howells	Treasurer	
Lindsay Britton-Robertson		
Laura Brown		
Rosemary Carr		
Grace Sumner		
Rosalind Weaver		
Alina Wahab		Resigned September 2021

**Charity number** 1139555 Registered in England and Wales

**Company number** 07202588 Registered in England and Wales

### **Registered and principal address Bankers**

7 Eastgate	CAF Bank	Shawbrook Bank Limited
Leeds	25 Kings Hill Avenue	Lutea House
LS2 7LY	Kings Hill, West Malling	Warley Hill Business Park, The Drive
	Kent. ME19 4TA	Great Warley, Brentwood
		Essex. CM13 3BE

### **Independent examiner**

Simon Bostrom FCIE

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

SARSVL registered with Companies House as a Company Limited by Guarantee (Company Number: 7202588) on 25th March 2010 and with the Charity Commission (Registered Charity Number: 1139555) on 29th December 2010. SARSVL's governing document is a Memorandum & Articles of Association.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

### **Volunteers**

Volunteers have been central to SARSVL's history and development and are still involved in many aspects of the organisation, from membership of the Board of Trustees, to offering direct services to women and girls, to fundraising. We had six volunteer counsellors and 23 helpline volunteers during this period.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2022**

### **Paid Staff**

The staffing structure at 31 March 2022 consisted of:

- Chief Executive Officer (CEO) – 35 hours per week (full-time)
- ISVA (Independent Sexual Violence Advocacy) Service Manager – 35 hours per week
- Counselling Service Manager – 35 hours per week
- Senior Helpline Co-ordinator – 35 hours per week
- Office Co-ordinator – 35 hours per week
- Independent Sexual Violence Advocate (ISVA) – 35 hours per week
- Young Person's ISVA – 35 hours per week
- ISVA – 28 hours per week
- Counsellor – 35 hours per week
- Counsellor – 10 hours per week
- 2x Counsellors – 8 hours per week

### **Objectives and activities**

#### **The charity's objects**

SARSVL's objects as set out in the Company's Memorandum and Articles of Association are:

- 1) To relieve the mental and physical distress of women and girls affected, or at risk of being affected, by rape and sexual violence, recognising their diverse needs;
- 2) To promote the education of the public and to raise awareness of rape and sexual violence and its effects;
- 3) To promote research into rape and sexual violence and its effects and to disseminate or publish the useful results of such research.

#### **Aims**

- \* To provide free, confidential, specialist support to women and girls whose lives have been affected by sexual violence, of any type at any time;
- \* To reflect the diverse community we serve, working actively to encompass the range of needs amongst women and girls who may wish to access our services;
- \* To work in meaningful and productive partnerships with other organisations and services towards comprehensive support for women and girls in Leeds;
- \* To raise awareness and understanding of sexual violence;
- \* To challenge and change public attitudes about sexual violence against women and girls.

#### **Objectives**

SARSVL has the following objectives to achieve these aims by:

- \* providing a specialist confidential helpline support service via telephone, text and e-mail, which offers non-directive listening, support, information and signposting;
- \* providing specialist, free and confidential face-to-face emotional support, which can include counselling, within a women-only safe-space;
- \* providing specialist advocacy services to adult women in Leeds;
- \* developing and maintaining an informative and accessible website, and social media presence;
- \* recruiting, training and supporting women to volunteer with and work for SARSVL;
- \* delivering specialist sexual violence talks, workshops and training to other organisations and groups;
- \* ensuring all our specialist training packages cover diversity, anti-oppression and women-centred, feminist practice;
- \* through our policies, practices, procedures and publicity, actively targeting and encouraging the meaningful participation of a full range of Leeds women, particularly addressing marginalisation and under-representation;
- \* building and maintaining strong relationships and partnerships with other relevant organisations, with local decision-makers and with the media;
- \* lobbying and campaigning on a local, regional and, where appropriate, national level;
- \* participating in, instigating and organising research, consultation and events.
- \* as appropriate and feasible, developing and delivering a range of other specialist services e.g. outreach, group work, drop-in

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2022**

### **Trustees' Statement**

This year has seen SARSVL expand our current services alongside developing ideas and projects for new ones, to better meet the needs of all women and girls in Leeds who have experienced sexual violence or abuse of any kind at any time in their lives. We are excited to see these developments, and are keen to ensure that progress is reflective, steady and sustainable, so that service users from all backgrounds and experiences can see themselves represented and welcomed at SARSVL.

As we have completed the first year of our new 2021-26 Business Plan, we have implemented the staffing restructure, including the introduction of a Senior Team covering each key area of service delivery. Alongside this, we have appointed SARSVL's first CEO, who has settled really well into the role and into representing the organisation at a strategic level. Her oversight has also enabled the Board to take more of a step back from some of the operational running of SARSVL, and has allowed us to streamline Board meetings and reports to enable a focus on strategic and core developments at SARSVL. Our CEO has also led in much successful income generation and sourcing of new income streams, including the fantastic work of the whole staff and volunteer team on our very successful Big Give campaign for International Women's Week.

The growing team of staff in the counselling and ISVA services has enabled us to support more service users through increased capacity, although as the counselling and ISVA service section of this report demonstrate, demand for SARSVL continues to be much higher than our resourcing to deliver. As Trustees, we wish to develop SARSVL's capacity in partnership with the full staff and volunteer team, ensuring sustainability of our services and a focus on staff and volunteer wellbeing. The commitment, innovation and enthusiasm of our staff and volunteers are greatly appreciated by the Board, and it is a privilege to work amongst such kind-hearted, dedicated, and highly skilled women.

Part of SARSVL's growth this year has been in extending the age range of our ISVA service to young girls from age 13+, including appointing our first Young Person's ISVA. This has been an exciting development not least because in Leeds there is little other specialist support available for children and young people who have experienced sexual violence, and demand is high. We are also in the process of researching and developing a piece of outreach work, to better understand the barriers to all women, particularly those who are street homeless or sex workers, from accessing our services, and what we can do to become more accessible and remove structural and individual barriers.

We have been delighted to join the Women's Lives Leeds alliance this year, and to continue to work in close partnership with the other specialist organisations who are members, and with our sister Rape Crisis centres across West Yorkshire. Since appointment of our new CEO, we've increased our presence across the sector and across the public sphere, through media appearances, social media activity (including our TikTok debut!) and participation in campaigns, as well lots of joint working.

We look forward to the opportunities the next year will bring, and to continuing to honour the survival, strength and courage of SARSVL's service users as we hold them and their rights at the heart of all we do.

### **Public benefit**

#### **How our activities deliver public benefit:**

All our charitable activities focus on supporting and helping women and girls who have been affected by rape and/or other forms of sexual violence or abuse at any time in their lives, and are undertaken to further our charitable purposes for the public benefit.

#### **Who used and benefited from our service:**

In 2007, the Equality & Human Rights Commission (EHRC) and End Violence Against Women Coalition (EVAW) published the first Map of Gaps report. This study identified Leeds, the second largest district in England with a population of nearly 800,000, as one of the many areas with no specialist sexual violence provision for women and girls. SARSVL was originally set up to fill this gap.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2022**

### **Public benefit (continued)**

#### **Who used and benefited from our service (continued):**

This year our main charitable activities have been providing: independent specialist advocacy to women and girls aged 13+, including support through the criminal justice process; specialist counselling and therapeutic support to women aged 18+; specialist emotional support over the Freephone telephone, e-mail and text helpline for women and girls aged 13+. We continued to deliver all our main services throughout the COVID-19 pandemic, remotely via video call or telephone where necessary and appropriate, then increasingly on an in-person basis, in keeping with Government guidance on infection control. We provided direct, specialist services to 817 individual women during the year.

#### **Specialist Independent Sexual Violence Advocacy (ISVA) Service**

The ISVA Service offers emotional and practical support to women and girls aged 13+ who are considering reporting, or who have reported sexual violence to the police. The support is in place for as long as the case remains in the criminal justice system, and this can mean that a client will remain within the Service for years, particularly where a case proceeds to a trial. The ISVA Service offers face-to-face and online meetings, and email and text support, with the ISVAs tailoring the support they offer to best meet clients' needs.

The key developments for the ISVA Service this year were:

- \* The growth of the team through the recruitment of two new full-time ISVAs, one of whom is a specialist Young Person's ISVA
- \* The development of the Service to extend the offer of support to younger girls aged 13 and over.

There was a high demand for the ISVA Service over the reporting period with 205 new referrals, of which 17 were under the age of 18. 256 women were supported over the year.

The ISVA Service has remained open throughout the year, but a waiting list was introduced in May 2021 to manage increased demand. All new referrals are triaged so that those women and girls in most need of ISVA support are prioritised. The ISVA Service Manager monitors the waiting list on a regular basis using the weekly team meetings to ascertain capacity – as one client is closed to the Service, another is brought in from the waiting list.

The ISVAs have worked exceptionally hard over the year, often supporting clients at high risk, or with complex needs.

Feedback from clients has been very positive:

“Other Services I accessed in the past didn't understand and I felt judged. I appreciate SARSVL's specialism in sexual violence. I really valued learning about the impacts of trauma. I don't think I could have got through everything without you.”

#### **Specialist Counselling Service**

During the course of the year, the Counselling Service has significantly increased its capacity from 37 client sessions to 55 client sessions per month. This has been achieved through the recruitment of a new full-time member of the paid staff team and four new volunteers (bring the total number of volunteers involved in delivery of the Service over the year to six). One of the part-time Counsellors, supporting the Counselling Service Manager, continues to facilitate the growth of the volunteer team and their clinical support and supervision.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2022**

### **Specialist Counselling Service (continued)**

Over the year, the Counselling Service has delivered 1,650 counselling sessions to 151 women. Demand for the service continues to be very high, and the length of the waiting list requires careful management. The number of women on the waiting list has averaged at 114 over the year, with an average wait of 102 days for assessment.

In May 2021, the team gradually moved back to a mixed delivery of in-person sessions and remote working. There continues to be clear benefits to clients of offering such flexibility.

A new system of managing the waiting list, by capping the number of external referrals taken per month, is enabling the waiting list to be open more and has also been welcomed by referrers.

A new counselling referral form, which captures significant detail around risk and complexity with which clients present at referral, has also been introduced. Data continues to illustrate the high levels of risk and complexity that the service is increasingly working with.

The Helpline and the Counselling Service have piloted a new initiative, whereby support calls provided by the Helpline have been offered to women who have referred themselves since January. The Counselling Service Manager and Senior Helpline Co-ordinator have worked together to plan and evaluate this new initiative.

### **Specialist Helpline Service (emotional support by Freephone telephone, text (SMS) and email)**

The SARSVL Helpline this year has had 23 volunteers contributing to its operation over the financial year, with 15 active volunteers as of 31 March 2022. This year we have been able to support 410 individuals through 1,440 overall contacts by text, email and telephone.

In addition, this year the SARSVL Helpline has staffed three shifts per week on the national Rape Crisis England & Wales (RCEW) Live Chat emotional support service, receiving continually good feedback from RCEW and survivors.

The Helpline has seen some significant and exciting changes over this year. This includes changing our helpline age limit to 13+ and revamping our working with children guidelines, adding professional group external clinical supervision for helpline volunteers as part of our well-being offer to our wonderful volunteers, and a successful pilot of a waiting list call-back service to support the Counselling Service. These key changes have been made possible only by the efforts of all women involved in the helpline and their continuing commitment to SARSVL and their own reflective practice.

### **Plans for Future Activities**

SARSVL's future plans include:

- \* Continuing to implement its new Business Plan for 2021-26
- \* Maintaining, continuing to develop, and sustainably growing its three core specialist services for women and girl survivors (ISVA, Counselling and Helpline)
- \* Beginning to implement the findings of its Outreach Development research and report
- \* Maintaining and increasing its partnership work for the benefit of women and girls in Leeds, including with the Women's Lives Leeds Alliance, West Yorkshire Rape Crisis Centres and other agencies and professionals
- \* Developing peer support and creative groups for women who have finished receiving one-to-one support through SARSVL's Counselling and ISVA services
- \* Developing and beginning to implement a survivor involvement and leadership action plan
- \* Developing and beginning to implement an anti-racism, equity and inclusion action plan

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2022**

### **Plans for Future Activities (continued)**

- \* Further developing and increasing its website, social media presence and external communications and training activity, to raise awareness of sexual violence and abuse and its specialist services for women and girls
- \* Increasing the income and longer-term sustainability of SARSVL and all its services and activities for the public benefit

### **Financial review**

SARSVL made a surplus of £52,736 in 2021-2022 (2021: a surplus of £129,989). Total income is comparable with 2020-21 and expenditure increased in line with plans to use the additional funding received from the West Yorkshire Combined Authority and continued added support from the Ministry of Justice to expand our key services in the year. Two new funding streams (one restricted and one unrestricted) came on line in March 2022.

In 2021-22 SARSVL's unrestricted reserves increased by £17,329. During the year £25,000 was received from the People's Postcode Lottery in March 2022 and will be used in 2022/23 to fund ongoing services. The rest of the surplus for the year relates to restricted funds and will be spent on our services in 2022-23.

### **Funding Sources**

In 2021-22 SARSVL's main sources of funding were:

- \* Rape Support Fund, Ministry of Justice (MoJ) contributing to staffing and running costs plus additional COVID funding to cover additional costs
- \* West Yorkshire Combined Authority contributing to staff and running costs of the organisation plus additional funding to support the ISVA service
- \* The Henry Smith Charity contributing to the funding of our counselling service
- \* MIND brought forward funds contributing towards additional ISVA service costs
- \* The Brook and Pilgrim Trusts contributing to our counselling service
- \* The People's Postcode Lottery that will support wellbeing services
- \* The Big Give Women and Girls Campaign that will support outreach and delivery of SARSVL services to underserved women.

### **Future plans**

2021-22 is the first year of SARSVL's new five-year business plan.

We continue to operate in a difficult and challenging environment, especially in terms of funding, along with other voluntary, community and social enterprise (VCSE) organisations. We have noticed an ongoing increase in competition for funding, which could have an impact on our future sustainability. The need for SARSVL's specialist services continues to be reflected in the very high demand we experience from women and girls wanting to access them.

Notwithstanding the above SARSVL has been successful in early 2022-23 in applying for additional funding to sustain and expand our services, donations remain strong and our short/medium term financial position is robust. At the time of signing these accounts the charity has been impacted by the global COVID-19 virus. The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.

## **Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2022**

### **Reserves policy**

In considering the reserve requirements for SARSVL the Trustees have considered the needs of the women we work with, our legal obligations and identified risk to our income and expenditure.

As an organisation that provides services to vulnerable women and girls the trustees believe that a level of reserves should be maintained to ensure a stability and continuity of service provision and if required, a managed service closure, with time to enable alternative support provision to be arranged and all legal obligations covered. Trustees have reviewed the required level of reserves and in early 2022-23 updated their reserves policy as a result, taking account of recent financial history, the current financial situation of the charity and the broader current financial climate.

The charity's free reserves, excluding fixed assets, at the year end were £222,951.

Mindful of the challenging environment in which charities operate, and that monthly cash requirements are approximately £42,000, trustees feel that the right level of unrestricted reserves is between £150,000 and £200,000. Whilst free reserves were above this at 31 March 2022, the £25,000 received in March 2022 and the balance of funds from the Lloyds Foundation are designated to day to day operations in 2022/23. Excluding these funds, free reserves stand at £177,519 at 31 March 2022.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2022**

### **Statement of trustees' responsibilities**

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- \* select suitable accounting policies and apply them consistently;
- \* observe the methods and principles in the Charities SORP;
- \* make judgements and estimates that are reasonable and prudent;
- \* state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Signed on behalf of the board of trustees on 23/08/2022

Sarah Howells (Trustee)

## **Support After Rape and Sexual Violence Leeds (SARSVL)**

### **Independent examiner's report to the trustees of Support After Rape and Sexual Violence Leeds (SARSVL)**

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2022, which are set out on pages 11 to 17.

#### **Responsibilities and basis of report**

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Since the charitable company's gross income exceeded £250,000 your examiner must be a fellow of a body listed in section 145 of the 2011 Act.

I confirm that I am qualified to undertake the examination because I am a fellow of ACIE which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Bostrom FCIE

31/08/2022

#### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Statement of Financial Activities**  
**(including summary income and expenditure account)**  
**for the year ended 31 March 2022**

	Notes	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
<b>Income from:</b>					
Grants and donations	(2)	70,125	371,959	442,084	471,098
Sales and fees		15,008	-	15,008	9,301
Other income		5	-	5	373
<b>Total income</b>		<b>85,138</b>	<b>371,959</b>	<b>457,097</b>	<b>480,772</b>
<b>Expenditure on:</b>					
Staffing costs	(3)	43,830	258,310	302,140	225,192
Payroll and recruitment		-	2,018	2,018	3,759
Staff travel and training		216	3,452	3,668	3,232
Volunteers expenses		212	415	627	566
Rent, rates and utilities		16,079	29,571	45,650	45,410
Repairs, renewals and cleaning		220	1,483	1,703	3,281
Depreciation		-	-	-	746
Telephones, mobiles and internet		1,141	10,975	12,116	11,954
Website and IT		173	5,323	5,496	5,785
Equipment		257	2,336	2,593	12,449
Printing and publicity		100	3,474	3,574	4,342
Stationery, postage and books		27	881	908	688
Insurance		1,784	180	1,964	2,199
Freelance support		2,550	10,890	13,440	15,831
Professional fees, memberships and donations		375	1,103	1,478	1,920
Interpretation services		117	419	536	1,230
Refreshments		63	7	70	126
Cost of generating funds		324	562	886	418
Miscellaneous expenses		-	96	96	249
Trustee and governance costs		171	13	184	15
Independent examination		-	1,440	1,440	1,440
Monitoring and evaluation		(61)	3,081	3,020	990
Service user direct costs		27	727	754	7,887
HR support		-	-	-	1,074
<b>Total expenditure</b>		<b>67,605</b>	<b>336,756</b>	<b>404,361</b>	<b>350,783</b>
<b>Net income / (expenditure)</b>		<b>17,533</b>	<b>35,203</b>	<b>52,736</b>	<b>129,989</b>
<b>Fund balances brought forward</b>		<b>205,418</b>	<b>40,848</b>	<b>246,266</b>	<b>116,277</b>
<b>Fund balances carried forward</b>	(4)	<b>222,951</b>	<b>76,051</b>	<b>299,002</b>	<b>246,266</b>

All incoming resources and resources expended derive from continuing activities.

## Support After Rape and Sexual Violence Leeds (SARSVL)

### Balance sheet

as at 31 March 2022

	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	£	£	£	£
<b>Current assets</b>				
Debtors and prepayments	(5) 5,875	42,988	48,863	46,182
Cash at bank and in hand	(6) 227,955	32,964	260,919	202,492
<b>Total current assets</b>	<u>233,830</u>	<u>75,952</u>	<u>309,782</u>	<u>248,674</u>
<b>Current liabilities:</b>				
<b>amounts falling due within one year</b>				
Creditors and accruals	(7) 10,879	(99)	10,780	2,408
<b>Total current liabilities</b>	<u>10,879</u>	<u>(99)</u>	<u>10,780</u>	<u>2,408</u>
<b>Net current assets / (liabilities)</b>	<u>222,951</u>	<u>76,051</u>	<u>299,002</u>	<u>246,266</u>
<b>Net assets</b>	<u>222,951</u>	<u>76,051</u>	<u>299,002</u>	<u>246,266</u>
<b>Funds</b>				
Unrestricted funds	222,951	-	222,951	205,418
Restricted funds	-	76,051	76,051	40,848
<b>Total funds</b>	<u>222,951</u>	<u>76,051</u>	<u>299,002</u>	<u>246,266</u>

For the year ending 31 March 2022 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 23/08/2022

Sarah Howells (Trustee)

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Notes to the accounts**

### **for the year ended 31 March 2022**

#### **1 Accounting policies**

##### **Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102. There has been no change to the accounting policies since last year. No changes have been made to the accounts for previous years.

##### **Going concern**

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

##### **Incoming resources**

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

##### **Grants and donations**

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

##### **Expenditure and liabilities**

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

##### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **Tangible fixed assets**

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Fixtures and Fittings: over 5 years

IT equipment: over 3 years

##### **Pensions**

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

# Support After Rape and Sexual Violence Leeds (SARSVL)

## Notes to the accounts continued

### for the year ended 31 March 2022

#### 1 Accounting policies continued

##### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

##### Leases

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

#### 2 Grants and donations

	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Ministry of Justice	-	131,610	131,610	163,981
Peoples Postcode Lottery	25,000	-	25,000	-
The Big Give Trust	-	700	700	-
The Brook Trust	-	15,000	15,000	15,000
The Henry Smith Charity	-	40,000	40,000	40,000
The Pilgrim Trust	-	15,000	15,000	15,000
West Yorkshire Combined Authority (WYCA)	-	111,798	111,798	73,169
Brelms Trust	-	-	-	4,680
Charities Aid Foundation (CAF)	-	-	-	8,755
Leeds City Council (LCC) Digital Inclusion	-	-	-	1,000
Lloyds Bank Foundation	-	-	-	58,892
MIND	-	-	-	40,847
NHS England	-	-	-	4,000
Donations	45,125	57,851	102,976	45,774
	<u>70,125</u>	<u>371,959</u>	<u>442,084</u>	<u>471,098</u>

#### 3 Staff costs and numbers

	2022	2021
	£	£
Gross salaries	266,491	207,353
Social security costs	19,160	10,142
Pensions	9,961	7,697
Redundancies	6,528	-
	<u>302,140</u>	<u>225,192</u>

The average number of employees during the year was 11.9, being an average of 8.2 full time equivalent (2021: 10.5, 6.4 FTE). There were no employees with emoluments above £60,000.

##### Defined contribution pension scheme

	2022	2021
	£	£
Costs of the scheme to the charity for the year	9,961	7,697
Amount of any contributions outstanding at the year end	44	-

## Support After Rape and Sexual Violence Leeds (SARSVL)

### Notes to the accounts continued

### for the year ended 31 March 2022

4 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
The Brook Trust	2,725	15,000	10,225	-	7,500
MIND	10,123	-	10,123	-	-
The Henry Smith Charity	28,000	40,000	58,000	-	10,000
Ministry of Justice	-	131,610	131,610	-	-
The Pilgrim Trust	-	15,000	15,000	-	-
WYCA	-	111,798	111,798	-	-
The Big Give	-	58,551	-	-	58,551
	<u>40,848</u>	<u>371,959</u>	<u>336,756</u>	<u>-</u>	<u>76,051</u>

Fund name	Purpose of restriction
The Brook Trust	To support the counselling service.
MIND	To fund a Coronavirus mental health response.
The Henry Smith Charity	For provision of a specialist counselling service.
Ministry of Justice	Towards the provision of specialist support services for adult female victims of rape and sexual abuse.
The Pilgrim Trust	For provision of a specialist counselling service.
WYCA	To provide emotional and practical support to victims of sexual violence. To provide additional support to SARSVL's ISVA service.
The Big Give	Outreach and support work to extend delivery to women underserved by SARSVL services, specifically street homeless women and sex workers.

5 Debtors and prepayments	2022	2021
	£	£
Debtors	4,509	31,422
Prepayments	4,886	14,760
Accrued income	39,468	-
	<u>48,863</u>	<u>46,182</u>

6 Cash at bank and in hand	2022	2021
	£	£
Cash at bank	260,785	202,295
Cash in hand	134	197
	<u>260,919</u>	<u>202,492</u>

7 Creditors and accruals	2022	2021
	£	£
Creditors	2,241	80
Accruals	8,539	2,328
	<u>10,780</u>	<u>2,408</u>

# Support After Rape and Sexual Violence Leeds (SARSVL)

## Notes to the accounts continued

### for the year ended 31 March 2022

#### 8 Related party transactions

##### Trustee expenses

During the year 1 trustee was paid a total of £3 in respect of travel (previous year: 2 trustees and £10).

##### Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

##### Remuneration and benefits received by key management personnel

All the Trustees/Directors of the governing body are key personnel for the charity although they are unpaid. During 2021/22 the Charity completed a staffing restructure and recruited a CEO for the first time. The Charity classes all of its staff team as key personnel but for the purpose of this disclosure the charity has a small senior staff team comprising of a full time Senior Counsellor, full time Senior ISVA, full time Senior Helpline Co-Ordinator and a new full-time CEO.

The total employee benefits received were £167,875 (previous year: £151,637).

No trustee received any remuneration or benefit in this capacity during this or the previous year.

##### Other related party transactions

##### Other transactions with trustees or related parties

			2022 £	2021 £
<b>Name of trustee or related party</b>	<b>Relationship to charity</b>	<b>Description of transaction</b>		
Grace Sumner	Trustee	Contract for outreach project work	1,250	-
			<u>1,250</u>	<u>-</u>

#### 9 Operating leases

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:

	2022 £	2021 £
Within one year	24,110	25,942
In the second to fifth years inclusive	5,700	31,743
Over five years from the balance sheet date	-	-
	<u>29,810</u>	<u>57,685</u>

#### 10 Tangible assets

	IT equipment £	Fixtures & Fittings £	Total £
<b>Cost</b>			
At 1 April 2021	7,083	8,234	15,317
Additions / disposals	-	-	-
At 31 March 2022	<u>7,083</u>	<u>8,234</u>	<u>15,317</u>
<b>Depreciation</b>			
At 1 April 2021	7,083	8,234	15,317
Charge for year	-	-	-
At 31 March 2022	<u>7,083</u>	<u>8,234</u>	<u>15,317</u>
<b>Net book value</b>			
At 31 March 2022	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2021	<u>-</u>	<u>-</u>	<u>-</u>

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Statement of Financial Activities including comparatives for all funds**  
**(including summary income and expenditure account)**  
**for the year ended 31 March 2022**

	2022	2021	2022	2021	2022	2021
	Unrestricted	Unrestricted	Restricted	Restricted	Total	Total
	funds	funds	funds	funds	funds	funds
	£	£	£	£	£	£
<b>Income</b>						
Grants and donations	70,125	95,774	371,959	375,324	442,084	471,098
Sales and fees	15,008	9,301	-	-	15,008	9,301
Other income	5	373	-	-	5	373
<b>Total income</b>	<b>85,138</b>	<b>105,448</b>	<b>371,959</b>	<b>375,324</b>	<b>457,097</b>	<b>480,772</b>
<b>Expenditure</b>						
Staffing costs	43,830	3,822	258,310	221,370	302,140	225,192
Payroll and recruitment	-	-	2,018	3,759	2,018	3,759
Staff travel and training	216	630	3,452	2,602	3,668	3,232
Volunteers expenses	212	-	415	566	627	566
Rent, rates and utilities	16,079	-	29,571	45,410	45,650	45,410
Repairs, renewals and cleaning	220	-	1,483	3,281	1,703	3,281
Depreciation	-	746	-	-	-	746
Telephones, mobiles and internet	1,141	375	10,975	11,579	12,116	11,954
Website and IT	173	-	5,323	5,785	5,496	5,785
Equipment	257	-	2,336	12,449	2,593	12,449
Printing and publicity	100	-	3,474	4,342	3,574	4,342
Stationery, postage and books	27	285	881	403	908	688
Insurance	1,784	-	180	2,199	1,964	2,199
Freelance support	2,550	795	10,890	15,036	13,440	15,831
Prof. fees, m.ships and donations	375	803	1,103	1,117	1,478	1,920
Interpretation services	117	-	419	1,230	536	1,230
Refreshments	63	-	7	126	70	126
Cost of generating funds	324	47	562	371	886	418
Miscellaneous expenses	-	180	96	69	96	249
Trustee and governance costs	171	-	13	15	184	15
Independent examination	-	360	1,440	1,080	1,440	1,440
Monitoring and evaluation	(61)	-	3,081	990	3,020	990
Service user direct costs	27	-	727	7,887	754	7,887
HR support	-	-	-	1,074	-	1,074
<b>Total expenditure</b>	<b>67,605</b>	<b>8,043</b>	<b>336,756</b>	<b>342,740</b>	<b>404,361</b>	<b>350,783</b>
<b>Net income / (expenditure)</b>	<b>17,533</b>	<b>97,405</b>	<b>35,203</b>	<b>32,584</b>	<b>52,736</b>	<b>129,989</b>
<b>Fund balances brought forward</b>	<b>205,418</b>	<b>108,013</b>	<b>40,848</b>	<b>8,264</b>	<b>246,266</b>	<b>116,277</b>
<b>Fund balances carried forward</b>	<b>222,951</b>	<b>205,418</b>	<b>76,051</b>	<b>40,848</b>	<b>299,002</b>	<b>246,266</b>

**SUPPORT AFTER RAPE AND SEXUAL VIOLENCE LEEDS (SARSVL)**

England & Wales - Charity number 1139555

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# Accounts

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# **Support After Rape and Sexual Violence Leeds (SARSVL)**

Charity number 1139555

A company limited by guarantee number 07202588

## **Annual Report and Financial Statements**

**for the year ended 31 March 2021**



West Yorkshire Community Accounting Service

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Annual Report and Financial Statements for the year ended 31 March 2021**

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Balance sheet	14
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**Prepared by West Yorkshire Community Accounting Service**

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report for the year ended 31 March 2021**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

<b>Name</b>	<b>Position</b>	<b>Dates</b>
Eleanor Broadbent		
Miriam Moss		
Sarah Howells	Treasurer	
Lindsay Britton-Robertson		Appointed September 2020
Laura Brown		Appointed September 2020
Rosemary Carr		Appointed September 2020
Grace Sumner		Appointed September 2020
Alina Wahab		Appointed October 2020
Rosalind Weaver		Appointed September 2020
Alexandra Swadling		Appointed September 2020, resigned February 2011
Georgina Tripp	Secretary	Resigned September 2020
Sally Dowell	Treasurer	Resigned 30 June 2020
Katherine Russell		Resigned December 2020
Kristen Dundon		Resigned 31 July 2020
Sian Cosgrove		Resigned October 2020

### **Registered and principal address**

7 Eastgate  
Leeds  
LS2 7LY

### **Bankers**

National Westminster Bank  
8 Park Row  
Leeds  
LS1 5HD

CAF Bank  
25 Kings Hill Avenue  
Kings Hill, West Malling  
Kent. ME19 4TA

Shawbrook Bank Limited  
Lutea House  
Warley Hill Business Park, The Drive  
Great Warley, Brentwood  
Essex. CM13 3BE

### **Independent examiner**

Simon Bostrom FCIE

### **West Yorkshire Community Accounting Service**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

SARSVL registered with Companies House as a Company Limited by Guarantee (Company Number: 7202588) on 25th March 2010 and with the Charity Commission (Registered Charity Number: 1139555) on 29th December 2010. SARSVL's governing document is a Memorandum & Articles of Association.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2021**

### **Volunteers**

Volunteers are at the heart of SARSVL and are involved in all aspects of the organisation, through membership of the Board of Trustees, to offering direct services to women and girls and also with service support activities. We welcome new volunteers who approach the organisation in a number of ways, including via direct recruitment for service delivery volunteers. We had four volunteer Counsellors and twelve active Helpline volunteers during this period.

### **Paid Staff**

The staffing structure at 31 March 2021 consisted of:

- \* Senior HR & Financial Management – 24 hours per week
- \* Senior ISVA – 35 hours per week
- \* ISVA – 28 hours per week
- \* Senior Counsellor – 35 hours per week
- \* Four Counsellors – 8 hours per week (5 employed during the year due to maternity cover)
- \* Senior Helpline Co-ordinator – 35 hours per week
- \* Office Co-ordinator – 35 hours per week

### **The charity's objects**

SARSVL's objects as set out in the Company's Memorandum and Articles of Association are:

- 1) To relieve the mental and physical distress of women and girls affected, or at risk of being affected, by rape and sexual violence, recognising their diverse needs;
- 2) To promote the education of the public and to raise awareness of rape and sexual violence and its effects;
- 3) To promote research into rape and sexual violence and its effects and to disseminate or publish the useful results of such research.

### **Aims**

- \* To provide free, confidential, specialist support to women and girls whose lives have been affected by sexual violence, of any type at any time;
- \* To reflect the diverse community we serve, working actively to encompass the range of needs amongst women and girls who may wish to access our services;
- \* To work in meaningful and productive partnerships with other organisations and services towards comprehensive support for women and girls in Leeds;
- \* To raise awareness and understanding of sexual violence;
- \* To challenge and change public attitudes about sexual violence against women and girls.

### **Objectives**

SARSVL has the following objectives to achieve these aims by:

- \* providing a specialist confidential helpline support service via telephone, text and e-mail, which offers non-directive listening, support, information and signposting;
- \* providing specialist, free and confidential face-to-face emotional support, which can include counselling, within a women-only safe-space;
- \* providing specialist advocacy services to adult women in Leeds;
- \* developing and maintaining an informative and accessible website, and social media presence;
- \* recruiting, training and supporting women to volunteer with and work for SARSVL;
- \* delivering specialist sexual violence talks, workshops and training to other organisations and groups;
- \* ensuring all our specialist training packages cover diversity, anti-oppression and women-centred, feminist practice;
- \* through our policies, practices, procedures and publicity, actively targeting and encouraging the meaningful participation of a full range of Leeds women, particularly addressing marginalisation and under-representation;
- \* building and maintaining strong relationships and partnerships with other relevant organisations, with local decision-makers and with the media;
- \* lobbying and campaigning on a local, regional and, where appropriate, national level;
- \* participating in, instigating and organising research, consultation and events.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2021**

### **Objectives (continued)**

In addition, SARSVL plans to achieve these aims in the longer term by:

- \* as appropriate, developing and delivering a range of other specialist services, such as advocacy for young women and girls, drop-in, group work, schools programmes and specific projects;
- \* working with other organisations to identify gaps and weaknesses in current provision and participating in work to address these.

### **Trustees' Statement**

As a Board we would like to express our gratitude and admiration for those who have championed SARSVL's mission and ensure that we can continue as the Rape Crisis Centre for Leeds. Without our supporters we would not be able to sustain our specialist provision for the women and girls who need us.

SARSVL is, and continues to be, a proudly independent feminist organisation, led by the women and girls we support and meeting the needs of survivors with our specialist Helpline, ISVA (Independent Sexual Violence Advocates) and Counselling services.

At our core we continue to be a group of dedicated and passionate women working together as volunteers and staff members. We are privileged to have passionate and dedicated women who give their time to us freely as Trustees, Helpline and Counselling volunteers. This is a true testament to our power as a voluntary sector organisation.

This year there were significant changes to our Board as a number of long service Trustees moved on and a recruitment campaign welcomed six new Board Members. Monthly board meetings were held via Zoom for the whole of the year due to Covid 19 restrictions. SARSVL is open to exploring how this innovation can be productively utilised once pandemic conditions are eased.

As the whole world was affected by the devastating pandemic we were presented with challenges in adapting to changing operating conditions, a challenge that was met very successfully. All staff, volunteers and service users were able to respond quickly and effectively to providing and receiving our services remotely. This was supported by various streams of funding set up in response to the lockdown, which enabled SARSVL, along with other charities to function effectively during this difficult period.

We are grateful for the opportunity to have drawn down emergency Covid funding from a lot of our current funders but also MIND large Coronavirus mental health response fund, NHS England Covid fund, CAF emergency Covid fund and the PCC Safer Communities Covid fund to enable our staff and volunteers to continue to provide our much-needed services remotely. Thanks go to the staff who identified, accessed and bid for the funding released quickly and with a rapid turnaround, the staff and volunteers who explored and implemented new and different ways of working and to our services users for coming with us in this new direction.

It is probably worth mentioning here that the learning from this experience will continue into service delivery when social distancing and lockdown have passed, the advantage being that our services have now become even more accessible for many. Indeed, the skills learnt from remote working can be extended to all parts of the organisation, enabling SARSVL to become a more flexible working environment, benefiting those who wish to work with us as well as those that are in receipt of our services.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2021**

### **Trustees' Statement (continued)**

This year, due to the Covid 19 pandemic, we were very fortunate to continue our relationship with the Lord Mayor of Leeds, Cllr Eileen Taylor as her Chosen Charity during the second year of her tenure. Like any small charity, we are humbled and delighted each and every time that a supporter helps to raise our profile. We are especially heartened by our continuing partnership with the Lord Mayor's office, which represents a myriad of uniquely exciting opportunities for SARSVL and the communities of Leeds that the Lord Mayor

The future of SARSVL, like with all Rape Crisis Centres, is at the forefront of our minds and we would like to express thanks to our key funders - the Ministry of Justice, WY Police & Crime Commissioner, Lloyds Foundation, Brelms Trust, Brook Trust, Pilgrim Trust, Henry Smith Charity and Leeds Community Foundation (Wesleyan), for their financial support and, most importantly, their recognition of the impact and need of our specialist work.

We continue to be a proud member of Rape Crisis England & Wales and benefit from the experience, resource and information sharing that our sister Centres, regionally and nationally, provide to us. We equally benefit from, and are a proud member of, the specialist West Yorkshire Sexual Violence Action Partnership. We have benefited from our relationships with the other agencies we work with whose support, advice, and engagement enriches us all. We continue to procure women interpreters from Leeds City Council's Interpretation Service, which helps us to ensure that we can support women for whom English is not a first language.

It is our belief that it is our supporters, funders, staff, volunteers and community partners that will continue to be key to our support of women affected by rape and sexual violence, both now in the uncertainty caused by the ongoing pandemic and long into the future.

The end of this year sees us moving into the first year of a new five-year Business Plan and with an organisational restructure on the horizon we look forward to meeting the opportunities and challenges ahead.

### **Public benefit statement**

#### **Mission Statement**

SARSVL is a feminist organisation that exists to support women and girls who have been affected by sexual violence of any kind at any time in their lives. We promote their needs and rights and work towards the elimination of sexual violence.

#### **How our activities deliver public benefit**

Our main activities and who we try to help are described below. All our charitable activities focus on the support of women and girls who have been affected by rape and/or other forms of sexual violence at any time in their lives and are undertaken to further our charitable purposes for the public benefit.

#### **Who used and benefited from our service**

In 2007, the Equality & Human Rights Commission (EHRC) and End Violence Against Women Coalition (EVAW) published the first Map of Gaps report. This study identified Leeds, the second largest district in England with a population of nearly 800,000, as one of the many areas with no specialist sexual violence provision for women and girls. SARSVL was originally set up to fill this gap.

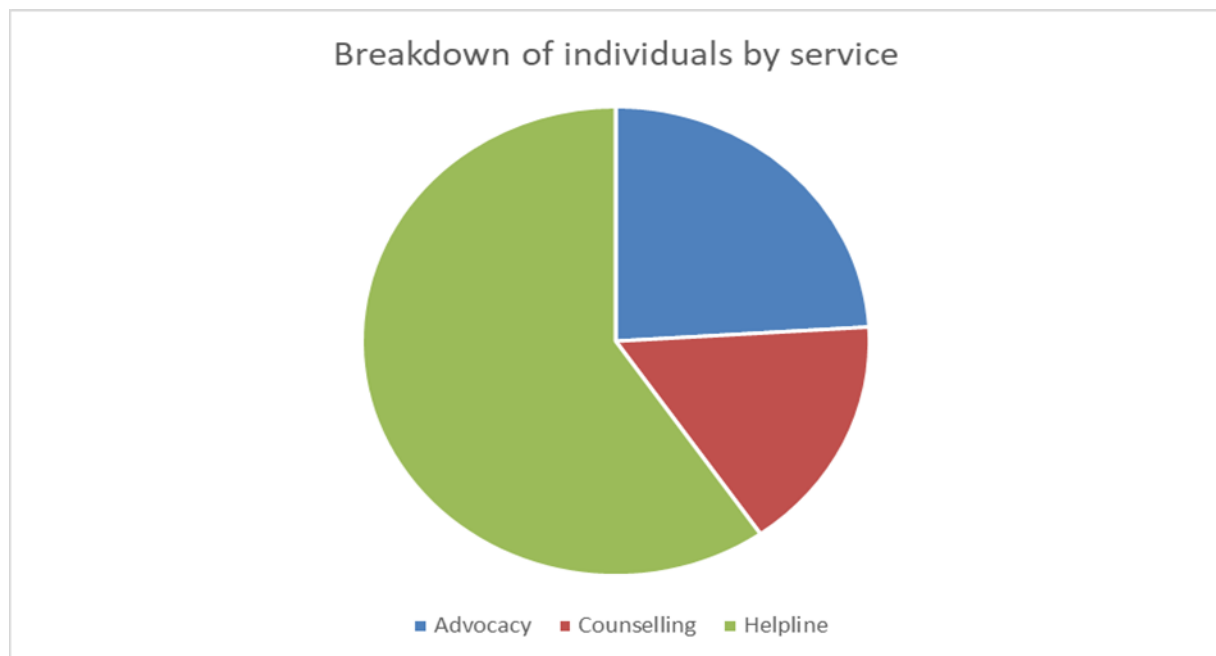
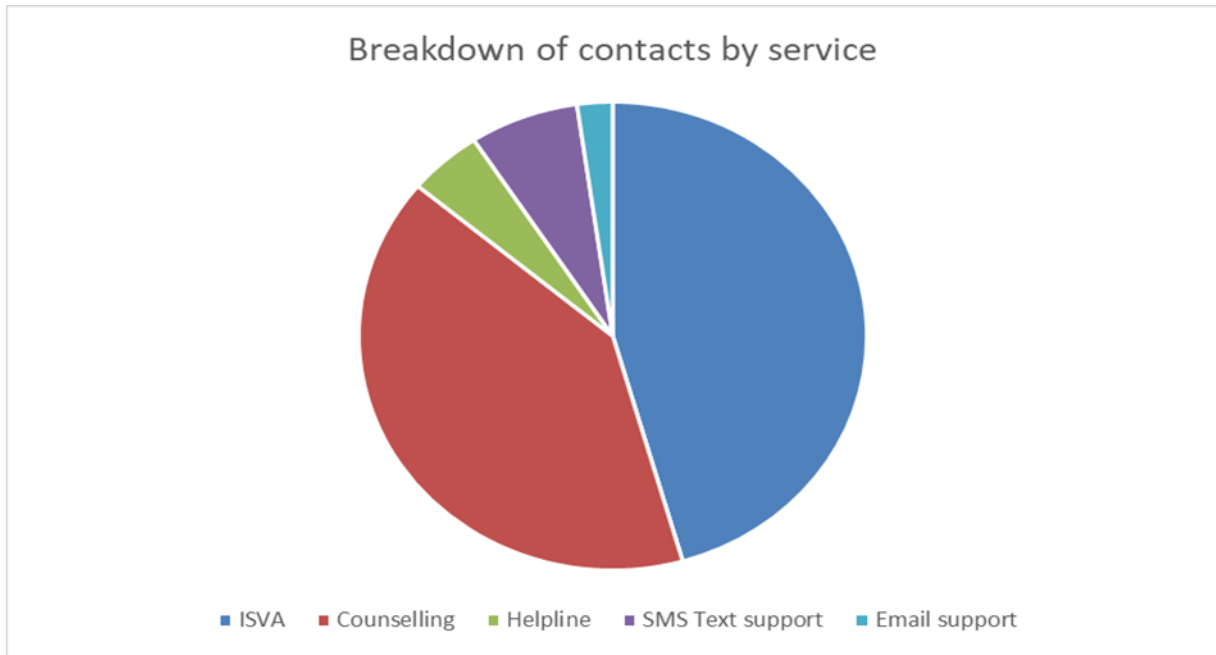
This year our main charitable activities have been providing independent specialist advocacy support to adult women including support through the criminal justice process, specialist face to face counselling, specialist emotional support provided over the telephone, e-mail, text and face-to-face to women and girls. All services have continued on a remote face to face basis throughout the Covid 19 pandemic.

# Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2021

## Statistics

570 women and girls accessed SARSVL frontline services this financial year through a total of 7,285 contacts.

A breakdown of individuals accessing services and number of contacts per service are shown in the graphs below.



# Support After Rape and Sexual Violence Leeds (SARSVL) Trustees' report (continued) for the year ended 31 March 2021

Statistics (continued)



## Specialist Independent Advocacy

The Independent Sexual Violence Advocacy (ISVA) Service offers emotional and practical support to women aged 16+ who are considering reporting or who have reported sexual violence to the police.

In March 2020 the Service began to operate remotely due to the coronavirus pandemic. Face to face sessions were replaced by telephone or online appointments. Women quickly adapted to this change to service delivery and the level of engagement remained high. There were no women who chose to defer support for when face to face delivery resumes.

The serious disruption to the Court Service as a result of the pandemic had a significant impact upon those women where charges had been authorised. Court hearings and trials were routinely cancelled, and the backlog remains at record levels. The inevitable result is that women's support needs have increased as their mental health deteriorates, and they remain in the Service for far longer than was previously the case pre-pandemic.

In August 2020 the ISVA Service reopened to new referrals following the appointment of a new ISVA (28 hours a week). Demand for the Service has been high - for the period August 2020 to March 21 there were 93 new referrals, and a total of 137 women were supported from April 2020 to March 2021.

Despite the challenges of remote working, partnerships with other criminal justice agencies have strengthened. The most notable example is the introduction of bi-monthly case management meetings between the ISVA team and Detective Inspector Single Points of Contact from Safeguarding and CID. The meetings were introduced in May 2020 and have dramatically improved working relationships with the police, but, more importantly for the women we support, they have been instrumental in achieving positive outcomes in terms of case progression.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2021**

### **Specialist Counselling**

The Counselling service has run entirely remotely continuing to offer holistic, feminist, trauma-informed women-centred counselling to adult women survivors of any form of sexual violence. The service has continued to provide either 20 sessions of weekly counselling or eight weekly self-care sessions, including pre-trial therapy.

Supervision and case management of staff and volunteers has been provided remotely by the Senior Counsellor/Counselling Service Manager, ensuring that risk is managed effectively, and that staff and volunteers are well supported.

To support women whilst they wait for 1:1 counselling, the service piloted a remote pre-therapy group focussing on psychoeducation and management of trauma symptoms. Led by an experienced therapist, its success has enabled us to secure funding to roll out a continuing group programme over the forthcoming year.

We have continued to see a huge demand for our counselling service. Whilst some women have chosen to wait until we are able to offer face to face sessions again. A high proportion of women have felt able to work remotely via video conferencing or telephone, and for many women this flexible way of working has improved their access to the service. The service has provided 955 counselling sessions to 93 women this year.

All Counsellors work from different therapeutic approaches while providing holistic, trauma-informed women-centred counselling creating reach and diverse support. This year we have also been able to add the NICE recommended therapy for post-traumatic stress disorder, Eye Movement Desensitisation Reprocessing Therapy (EMDR) to the range of modalities that we now offer.

### **Specialist Helpline Support (telephone, SMS text and email emotional support)**

This report focuses on SARSVL Helpline developments from April 2020 to March 2021. This period covers the majority of the impact of the Coronavirus pandemic on the helpline. Previously the helpline had been operating 6 days a week during the evening, including one weekend day. By April 2020, the effect of the pandemic meant the helpline was operating on 2 weekdays only, with 2 different shift times with the majority of helpline volunteers going on a break. The pandemic reduced the pool of active volunteers from 25 volunteers to, at its lowest point in August 2020, 8 volunteers, of which 2 were Rape Crisis England and Wales Live Chat volunteers. This meant that the helpline coordinator was covering many shifts. The focus of the helpline in this period was to first ensure it did not close and the remainder of the year has been focussed on an effort to rebuild the helpline as closely as possible to its capacity pre-pandemic.

During the year, there were a number of changes and developments on the SARSVL Helpline as follows:

- \* The start of this reporting period the helpline was reduced to 2 shifts a week staffed by the helpline coordinator
- \* The helpline coordinator was able to develop remote text and telephone helpline shifts to enable volunteers to carry out these shifts at home to retain as many volunteers as possible.
- \* At the start of September 2020, a Thursday evening shift was opened to increase our capacity for calls and offer a new time for service users to engage with us, our first shift later than 6pm since March 2020.
- \* The SARSVL helpline basic training was changed and updated into a blended online learning programme to continue to recruit over the pandemic period.
- \* Also in August 2020 there was a round of recruitment, receiving 50 applications of which 12 people were offered a place on the course and 11 volunteers passed.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2021**

### **Specialist Helpline Support (telephone, SMS text and email emotional support) (continued)**

- \* The aforementioned recruitment meant that the helpline could increase shift cover once again. The helpline now operates on 4 days and also offers more varied timings- 1 weekday day time shift, 1 weekday evening, 1 weekday late evening and 1 weekend evening. Since the new volunteers have started there have been no closures of a SARSVL helpline shift.
- \* In March 2021 the helpline coordinator was made full time.
- \* A second recruitment round started at the end of this reporting period, the aim is to open an afternoon shift to give more varied timings for service users once again.
- \* We have been contracted for 1 more shift of the Rape Crisis England and Wales Live Chat, increasing the unrestricted income we receive because of this. This has also allowed the Helpline Coordinator to interact with other network members and take part in Rape Crisis England and Wales consultation workshops which have helped form SARSVL's best practice- for example, the working group on decreasing the live chat age limit.
- \* Over this period a 'child-friendly' confidentiality notice has been completed with a view to updating our information for young people accessing the helpline in the new reporting period.
- \* With the uplift of a full time post, the helpline coordinator has made other professional relationships which can be of use for the whole SARSVL team for training exchanges such as the NSPCC and Hope for Justice- a modern slavery charity, to have varied follow on training and learning opportunities for volunteers and staff.

### **Plans for Future Activities**

Future plans include:

#### **Specialist Independent Advocacy**

- \* To expand and develop the ISVA Service to support girls aged 13+ through recruitment of a CHISVA
- \* To further increase capacity of the ISVA Service to meet demand, and avoid waiting lists, through the recruitment of an additional ISVA
- \* To continue to strengthen and consolidate partnership working with the police, through bi-monthly meetings and delivery of training on the ISVA role to Safeguarding and CID officers
- \* To return to office based working with a more flexible approach towards service delivery and the working environment, learning from the experiences of remote working during the pandemic
- \* To develop a post ISVA Service peer support group accessible to women who have left the Service and are no longer in the criminal justice system

#### **Counselling**

- \* To further increase the capacity of the counselling service to respond to local demand and reduce the length of time women spend on the waiting list.
- \* To develop a rolling programme of psycho-educational groups that women can access whilst waiting for counselling or as a stand-alone intervention.
- \* To develop a psycho-educational web-based resources for survivors to access.
- \* To develop a post therapy peer support group that women can move into after finishing counselling.

#### **Helpline**

- \* Continuing to rebuild the helpline to the same capacity as before the pandemic.
- \* Supporting a successful transition back into office working for the helpline.
- \* Addressing the lack of diversity in our helpline cohorts with the development of an inclusive recruitment and retention plan.
- \* Achieving a volunteer kite mark for the Helpline service.
- \* Continuing work on updating our information for and practices with children on the helpline in line with RCEW best practice.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2021**

### **The Board of Trustees**

SARSVL Board of Trustees continued to monitor progress against the targets set in the current Business Plan which came to an end in April 2021. A new 5-year Business Plan has now been developed.

We will be working with the staff team to ensure safe return to the SARSVL premises after COVID-19 restrictions are lifted, alongside ensuring that clear guidance and procedures are in place to deliver the services safely and remotely should the need arise again.

Diversity, accessibility and inclusion are values and principles fundamental to SARSVL's practice and ethos. Our aims recognise that we need to reflect the community we serve and encompass the diversity of needs amongst the women and girls in Leeds who need us. The Board of Trustees coordinated a dedicated recruitment campaign to identify and select new women to join the Board in Autumn 2020.

### **Review of the year**

SARSVL made a surplus of £129,989 in 2020-2021 (2020: a deficit of £62,857). Like all organisations, it proved to be an unusual year for SARSVL but a number of successful funding applications plus additional Covid funding has meant that we have been able to respond strongly to the pandemic and services have not been limited by a reduction in income.

The 2019/20 deficit reduced SARSVL's unrestricted reserves by £42,797; they have been increased by £97,405 in 2020-21 and are now back to a more comfortable level. There have been two factors at play here – being the Lord Mayor's Charity for an additional year and the sharp increase in donations in response to the murder of Sarah Everard.

The rest of the surplus for the year relates to restricted funds and will be spent on our services in 2021-2022.

### **Future Plans**

2020-2021 was the final year of SARSVL's five year business plan. A new plan is currently being finalised.

We continue to operate in a difficult and challenging environment, especially in terms of funding, along with other voluntary, community and social enterprise (VCSE) organisations. There have been changes across the violence against women and girls' sector, and we are noticing increased competition for funding amongst non-specialist and specialist sexual violence organisations which will have an impact on services. The need for SARSVL's services have been highlighted by the increase in sexual violence during the pandemic and recent high profile murders.

Notwithstanding the above SARSVL has been successful in early 2021/22 in applying for additional funding to expand our services, donations are strong and the final financial outcome of a staggering £69,000 being raised by the Lord Mayor means that our short/medium term financial position is robust.

At the time of signing these accounts the charity has been impacted by the global Covid-19 virus. The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.

### **Reserves policy**

In considering the reserve requirements for SARSVL the Trustees have considered the needs of the women we work with, our legal obligations and identified risk to our income and expenditure.

As an organisation that provides services to vulnerable women the Trustees believe that a level of reserves should be maintained to ensure stability and continuity of service provision and if required, a managed service closure, with time to enable alternative support provision to be arranged.

Trustees continue to hold an informal reserve of £5,000 to ensure the continuation of the Helpline service in a worst case scenario situation. The building lease is extended until 2023. A premises review is currently underway. At this point the initial contingency of £10,000 is being maintained but trustees are not increasing this in 2021/22.

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Trustees' report (continued) for the year ended 31 March 2021**

### **Reserves policy (continued)**

The risk to sustainable funding remains. The deficit of £63,000 in 2019/20 is still in trustees' minds and it is important that we maintain a level of reserves that allows us to have one or two lean years without a break in service. Funding has been secured for 2021/22 but longer-term funding applications are still being made. Mindful of the challenging environment in which charities operate and that monthly cash requirements are approximately £30,000, trustees would ideally like a cushion of £150,000 to £200,000 in unrestricted reserves. At 31 March 2021 unrestricted reserves are £205,418. Trustees are comfortable that these are adequate to meet the current needs of the organisation.

### **Statement of trustees' responsibilities**

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Signed on behalf of the board of trustees on 25 August 2021

Sarah Howells (Trustee)

## **Support After Rape and Sexual Violence Leeds (SARSVL)**

### **Independent examiner's report to the trustees of Support After Rape and Sexual Violence Leeds (SARSVL)**

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2021, which are set out on pages 13 to 20.

#### **Responsibilities and basis of report**

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act.

I confirm that I am qualified to undertake the examination because I am a member of ACIE which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Bostrom FCIE

6 September 2021

#### **West Yorkshire Community Accounting Service**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Statement of Financial Activities**  
**(including summary income and expenditure account)**  
**for the year ended 31 March 2021**

	Notes	2021 Unrestricted funds £	2021 Restricted funds £	2021 Total funds £	2020 Total funds £
<b>Income from:</b>					
Grants and donations	(2)	95,774	375,324	471,098	209,229
Sales and fees		9,301	-	9,301	13,977
Other income		373	-	373	561
<b>Total income</b>		<b>105,448</b>	<b>375,324</b>	<b>480,772</b>	<b>223,767</b>
<b>Expenditure on:</b>					
Salaries	(3)	3,822	221,370	225,192	188,323
Payroll and recruitment		-	3,759	3,759	1,572
Staff travel and training		630	2,602	3,232	3,134
Volunteers expenses		-	566	566	5,366
Rent, rates and utilities		-	45,410	45,410	47,605
Repairs, renewals and cleaning		-	3,281	3,281	1,507
Depreciation		746	-	746	1,807
Telephones, mobiles and internet		375	11,579	11,954	7,083
Website and IT		-	5,785	5,785	1,483
Equipment		-	12,449	12,449	3,069
Printing and publicity		-	4,342	4,342	4,386
Stationery, postage and books		285	403	688	1,096
Insurance		-	2,199	2,199	2,129
Freelance support		795	15,036	15,831	6,280
Memberships and donations		803	1,117	1,920	718
Interpretation services		-	1,230	1,230	2,828
Refreshments		-	126	126	458
Cost of generating funds		47	371	418	2,887
Miscellaneous expenses		180	69	249	279
Trustee and governance costs		-	15	15	363
Independent examination		360	1,080	1,440	1,080
Monitoring and evaluation		-	990	990	2,381
Service user direct costs		-	7,887	7,887	790
HR support		-	1,074	1,074	-
<b>Total expenditure</b>		<b>8,043</b>	<b>342,740</b>	<b>350,783</b>	<b>286,624</b>
<b>Net income / (expenditure)</b>		<b>97,405</b>	<b>32,584</b>	<b>129,989</b>	<b>(62,857)</b>
<b>Fund balances brought forward</b>		<b>108,013</b>	<b>8,264</b>	<b>116,277</b>	<b>179,134</b>
<b>Fund balances carried forward</b>	(4)	<b>205,418</b>	<b>40,848</b>	<b>246,266</b>	<b>116,277</b>

All incoming resources and resources expended derive from continuing activities.

## Support After Rape and Sexual Violence Leeds (SARSVL)

### Balance sheet

as at 31 March 2021

		2021	2021	2021	2020
		Unrestricted	Restricted	Total	Total
		£	£	£	£
<b>Fixed assets</b>					
Tangible assets	(5)	-	-	-	746
<b>Total fixed assets</b>		<u>-</u>	<u>-</u>	<u>-</u>	<u>746</u>
<b>Current assets</b>					
Debtors and prepayments	(6)	40,528	5,654	46,182	14,557
Cash at bank and in hand	(7)	<u>167,298</u>	<u>35,194</u>	<u>202,492</u>	<u>118,232</u>
<b>Total current assets</b>		<u>207,826</u>	<u>40,848</u>	<u>248,674</u>	<u>132,789</u>
<b>Current liabilities:</b>					
<b>amounts falling due within one year</b>					
Creditors and accruals	(8)	2,408	-	2,408	2,258
Deferred income		-	-	-	15,000
<b>Total current liabilities</b>		<u>2,408</u>	<u>-</u>	<u>2,408</u>	<u>17,258</u>
<b>Net current assets / (liabilities)</b>		<u>205,418</u>	<u>40,848</u>	<u>246,266</u>	<u>115,531</u>
<b>Net assets</b>		<u>205,418</u>	<u>40,848</u>	<u>246,266</u>	<u>116,277</u>
<b>Funds</b>					
Unrestricted funds		205,418	-	205,418	108,013
Restricted funds		<u>-</u>	<u>40,848</u>	<u>40,848</u>	<u>8,264</u>
<b>Total funds</b>		<u>205,418</u>	<u>40,848</u>	<u>246,266</u>	<u>116,277</u>

For the year ending 31 March 2021 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 25 August 2021

Sarah Howells (Trustee)

# **Support After Rape and Sexual Violence Leeds (SARSVL)**

## **Notes to the accounts**

### **for the year ended 31 March 2021**

#### **1 Accounting policies**

##### **Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102. There has been no change to the accounting policies since last year. No changes have been made to the accounts for previous years.

##### **Going concern**

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

##### **Incoming resources**

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

##### **Grants and donations**

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

##### **Expenditure and liabilities**

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

##### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **Tangible fixed assets**

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Fixtures and Fittings: over 5 years

Office equipment: over 3 years

##### **Pensions**

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

# Support After Rape and Sexual Violence Leeds (SARSVL)

## Notes to the accounts continued

### for the year ended 31 March 2021

#### 1 Accounting policies (continued)

##### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

##### Leases

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

#### 2 Grants and donations

	2021	2021	2021	2020
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Brelms Trust	-	4,680	4,680	4,000
Brook Trust	-	15,000	15,000	-
Charities Aid Foundation (CAF)	-	8,755	8,755	-
LCC Digital Inclusion	-	1,000	1,000	-
Lloyds Bank Foundation	50,000	8,892	58,892	25,000
MIND	-	40,847	40,847	1,991
Ministry of Justice	-	163,981	163,981	64,260
NHS England	-	4,000	4,000	-
Pilgrims Trust	-	15,000	15,000	-
Rape Crisis England and Wales (RCEW)	-	-	-	12,824
The Henry Smith Charity	-	40,000	40,000	-
Wesleyan Foundation	-	-	-	9,838
West Yorkshire PCC	-	73,169	73,169	50,000
Donations	45,774	-	45,774	41,316
	<u>95,774</u>	<u>375,324</u>	<u>471,098</u>	<u>209,229</u>

#### 3 Staff costs and numbers

	2021	2020
	£	£
Gross salaries	207,353	174,838
Social security costs	10,142	5,647
Pensions	7,697	7,838
	<u>225,192</u>	<u>188,323</u>

The average number employees during the year was 10.5, being an average of 6.4 full time equivalent (2020: 10.7, 6.2 FTE). There were no employees with emoluments above £60,000.

##### Defined contribution pension scheme

	2021	2020
	£	£
Costs of the scheme to the charity for the year	7,697	7,838

## Support After Rape and Sexual Violence Leeds (SARSVL)

### Notes to the accounts continued

### for the year ended 31 March 2021

4 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
Wesleyan Foundation	8,264	-	8,264	-	-
Ministry of Justice	-	163,981	163,981	-	-
West Yorkshire PCC (WYPCC)	-	50,000	50,000	-	-
WYPCC Covid	-	17,279	17,279	-	-
WYPCC Safer Communities	-	5,890	5,890	-	-
Brook Trust	-	15,000	12,275	-	2,725
Brelms Trust	-	4,680	4,680	-	-
Lloyds Bank Foundation	-	8,892	8,892	-	-
MIND	-	40,847	30,724	-	10,123
The Henry Smith Charity	-	40,000	12,000	-	28,000
Pilgrims Trust	-	15,000	15,000	-	-
LCC Digital Inclusion	-	1,000	1,000	-	-
Charities Aid Foundation (CAF)	-	8,755	8,755	-	-
NHS England	-	4,000	4,000	-	-
	<u>8,264</u>	<u>375,324</u>	<u>342,740</u>	<u>-</u>	<u>40,848</u>

#### Fund name

#### Purpose of restriction

Wesleyan Foundation	To help the charity to sustain helpline services for a year
Ministry of Justice	Towards the provision of support for adult female victims of rape and sexual abuse, and to help reduce waiting times for victims to access specialist support.
WYPCC	To provide emotional and practical support to victims of sexual violence.
WYPCC Covid	For the provision of services in the Covid pandemic
WYPCC Safer Communities	To extend the helpline during the Covid pandemic
Brook Trust	To support the counselling service
Brelms Trust	To contribute towards the costs of the senior counsellor.
Lloyds Bank Foundation	For the provision of services in the Covid pandemic
MIND	To fund a Coronavirus mental health response
The Henry Smith Charity	For provision of a specialist counselling service
Pilgrims Trust	For provision of a specialist counselling service
LCC Digital Inclusion	For costs of running the Tandem System for the helpline
CAF	Funding for a response to the Covid health emergency
NHS England	To support victims of sexual violence during the Covid pandemic

# Support After Rape and Sexual Violence Leeds (SARSVL)

## Notes to the accounts continued

### for the year ended 31 March 2021

<b>5 Tangible assets</b>	Office equipment	Fixtures & Fittings	Total
	£	£	£
<b>Cost</b>			
At 1 April 2020	7,083	17,861	24,944
Disposals	(7,083)	(9,627)	(16,710)
At 31 March 2021	-	8,234	8,234
<b>Depreciation</b>			
At 1 April 2020	7,083	17,115	24,198
Depn reversed re. disposals	(7,083)	(9,627)	(16,710)
Charge for year	-	746	746
At 31 March 2021	-	8,234	8,234
<b>Net book value</b>			
At 31 March 2021	-	-	-
At 31 March 2020	-	746	746
<b>6 Debtors and prepayments</b>		2021	2020
		£	£
Debtors		31,422	1,256
Prepayments		14,760	13,301
		46,182	14,557
<b>7 Cash at bank and in hand</b>		2021	2020
		£	£
NatWest Current Account		6,169	13,890
CAF Account		195,122	34,141
Shawbrook bank		1,000	70,000
Petty Cash		197	197
PayPal		4	4
		202,492	118,232
<b>8 Creditors and accruals</b>		2021	2020
		£	£
Loans and overdrafts			
Creditors		80	1,178
Accruals		2,328	1,080
		2,408	2,258

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Notes to the accounts continued**  
**for the year ended 31 March 2021**

**9 Related party transactions**

**Trustee expenses**

During the year 2 trustees were paid a total of £10 in respect of travel (previous year: 3 trustees and £143).

**Trustee remuneration and benefits**

		2021 £	2020 £
<b>Name of trustee</b>	<b>Legal authority</b>		
Katherine Russell	Governing document	-	300
		<u>-</u>	<u>300</u>

No trustee received any other remuneration or benefit during this or the previous year.

**Remuneration and benefits received by key management personnel**

All the Trustees/directors of the governing body are key personnel for the charity although they are unpaid. The charity operates a flattened structure across the staff team whom work collaboratively with the Trustees/Directors. The Charity classes all of its staff team as key personnel but for the purpose of this disclosure the charity has a small senior staff team comprising of a full time Senior Counsellor, full time Senior ISVA, full time Senior Helpline Co-ordinator and 24 hour Senior HR & Financial management. Their pay is included and amounts to £151,637 (2020 £90,964).

No trustee received any remuneration or benefit in this capacity during this or the previous year.

**10 Operating leases**

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:

	2021 £	2020 £
Within one year	25,942	11,957
In the second to fifth years inclusive	<u>31,743</u>	<u>4,485</u>
	<u>57,685</u>	<u>16,442</u>

**Support After Rape and Sexual Violence Leeds (SARSVL)**  
**Statement of Financial Activities including comparatives for all funds**  
**(including summary income and expenditure account)**  
**for the year ended 31 March 2021**

	2021 Unrestricted funds £	2020 Unrestricted funds £	2021 Restricted funds £	2020 Restricted funds £	2021 Total funds £	2020 Total funds £
<b>Income</b>						
Grants and donations	95,774	41,316	375,324	167,913	471,098	209,229
Sales and fees	9,301	13,977	-	-	9,301	13,977
Other income	373	561	-	-	373	561
<b>Total income</b>	<b>105,448</b>	<b>55,854</b>	<b>375,324</b>	<b>167,913</b>	<b>480,772</b>	<b>223,767</b>
<b>Expenditure</b>						
Salaries	3,822	47,954	221,370	140,369	225,192	188,323
Payroll and recruitment	-	391	3,759	1,181	3,759	1,572
Staff travel and training	630	1,760	2,602	1,374	3,232	3,134
Volunteers expenses	-	2,583	566	2,783	566	5,366
Rent, rates and utilities	-	22,171	45,410	25,434	45,410	47,605
Repairs, renewals and cleaning	-	1,507	3,281	-	3,281	1,507
Depreciation	746	1,807	-	-	746	1,807
Telephones, mobiles and internet	375	3,326	11,579	3,757	11,954	7,083
Website and IT	-	745	5,785	738	5,785	1,483
Equipment	-	163	12,449	2,906	12,449	3,069
Printing and publicity	-	4,219	4,342	167	4,342	4,386
Stationery, postage and books	285	469	403	627	688	1,096
Insurance	-	1,758	2,199	371	2,199	2,129
Freelance support	795	2,927	15,036	3,353	15,831	6,280
Memberships and donations	803	718	1,117	-	1,920	718
Interpretation services	-	727	1,230	2,101	1,230	2,828
Refreshments	-	299	126	159	126	458
Cost of generating funds	47	2,833	371	54	418	2,887
Miscellaneous expenses	180	(720)	69	999	249	279
Trustee and governance costs	-	363	15	-	15	363
Independent examination	360	1,080	1,080	-	1,440	1,080
Monitoring and evaluation	-	781	990	1,600	990	2,381
Service user direct costs	-	790	7,887	-	7,887	790
HR support	-	-	1,074	-	1,074	-
<b>Total expenditure</b>	<b>8,043</b>	<b>98,651</b>	<b>342,740</b>	<b>187,973</b>	<b>350,783</b>	<b>286,624</b>
<b>Net income / (expenditure)</b>	<b>97,405</b>	<b>(42,797)</b>	<b>32,584</b>	<b>(20,060)</b>	<b>129,989</b>	<b>(62,857)</b>
<b>Fund balances brought forward</b>	<b>108,013</b>	<b>150,810</b>	<b>8,264</b>	<b>28,324</b>	<b>116,277</b>	<b>179,134</b>
<b>Fund balances carried forward</b>	<b>205,418</b>	<b>108,013</b>	<b>40,848</b>	<b>8,264</b>	<b>246,266</b>	<b>116,277</b>