



**Newcastle  
Women's Aid**  
Domestic Abuse Services

# Newcastle Women's Aid

Registered Charity 1139393

Registered Company 07413723

## Annual Report and Financial Statements

For the year ended 31 March 2023

Newcastle Women's Aid

3<sup>rd</sup> Floor, Mea House, Ellison Place, Newcastle upon Tyne NE1 8XS  
☎ 0191 261 0504 ✉ [office@newcastlewomensaid.org.uk](mailto:office@newcastlewomensaid.org.uk) 🌐 [www.newcastlewomensaid.org.uk](http://www.newcastlewomensaid.org.uk)

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## Newcastle Women's Aid

### Trustee/Directors Annual Report

The Trustees/Directors are pleased to present their report together with the financial statements of the charity for the year ended 31 March 2023

#### Reference and Administrative Details

**Charity Name:** Newcastle Women's Aid

**Registered Charity:** 1139393

**Registered Company:** 07413723

**Registered & Operational Address:** 3<sup>rd</sup> Floor, Mea House, Ellison Place,  
Newcastle upon Tyne NE1 8XS

**Bankers:** Unity Trust Bank Plc, 9 Brindley Place, Birmingham B1 2HB  
Barclays Bank Plc, 141 Northumberland Street, Newcastle upon Tyne  
NE1 7BH

**Directors/Trustees:** Cara Smith (Chairperson)  
Judith Farquharson BEM (Treasurer)  
Cyndi Barrpw  
Justine Massingham  
Dr. Stephanie Manson-Brown

**CEO and Company Secretary:** Elaine Langshaw

**Auditor:** Ruth Tomlinson ACMA CGMA

#### Structure, Governance and Management

##### Governing Document

Newcastle Women's Aid was established and registered as a charity on 24 June 1976. The organisation is now a charitable company limited by guarantee, incorporated on 20 October 2010 and registered as an incorporated charity on 21 December 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

## **Appointment of Trustees/Directors**

The Directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as Trustees. The Board of Trustees consists of not less than 3 and not more than 9 members who will be elected at the Annual General Meeting. In addition, they may appoint not more than 3 co-opted members. All members of the Board retire from office at the Annual General Meeting after they came into office but may be re-elected or re-appointed.

## **Newcastle Women's Aid**

## **Trustee Induction and Training**

New trustees meet with the Manager and the Board of Trustees. All new trustees receive copies of all relevant documentation including Memorandum and Articles of Association, organisation management chart, financial data and information relating to their role, the scope and responsibility of the Board and the system of delegated authority together with information about the cycle of meetings and the opportunities for meeting staff.

## **Organisation**

The Board administers the charity. The Board meets bi-monthly and when necessary more regularly. A Manager is appointed by the Board to manage the day-to-day operation of the charity. There is a system of delegated authorities in place to determine which decisions can be undertaken by the manager.

## **Risk Management**

The Charity created a risk register in 2003 and a full review was undertaken during 2018. Risk assessment is an important and critical step in protecting the organisation, staff, trustees, visitors and service users as well as complying with the law. The process used by Newcastle Women's Aid clearly identifies risks, evaluates the likelihood and impact of any risk, ensures adequate resources are available to deal with the risks and regularly monitors and reviews risks.

## **Objectives and Activities**

The Objects of the charity are the relief, protection and support of persons, including children, who have suffered or are in danger of suffering domestic abuse through the provision of advice, support, representation and other services and to create awareness together with advance education in all aspects of domestic abuse including its causes, prevention and the relief of its consequences.

The central aim of the charity is to provide independent, specialist support to women and girls who are affected by domestic violence and abuse.

The main objectives of the organisation are:

- To provide advice, information, practical support, representation and mediation to women and girls affected by domestic abuse

- To provide flexible support to women in the community affected by domestic abuse by offering intensive support to minimise the risk of repeat victimisation and assisting women to remain in their own homes.
- To liaise with other agencies and participate in forums to raise awareness of domestic violence and to influence police /practice and service provision across Newcastle upon Tyne
- To offer preventative group work programmes to women

## Newcastle Women's Aid

NWA provide the Help, Options, Protection and Empowerment (HOPE) project which offers a sequence of specialist support interventions including:

- Telephone advice and support
- Domestic Abuse Flexible Support (DAFS) a programme of individual personal support, needs and risk assessment, safety and support planning
- Domestic Abuse Group Programme
- Recovery Group Programme
- Women's Peer Support Group
- Holistic Therapies
- Information, advice and support including free telephone helpline
- Education and public awareness within schools, colleges and other services
- Indirect support for children through empowering Mum to safeguard herself and her children together with a creche facility to aid uninterrupted support for women
- Website offering an excellent reference resource alongside advice and information.

The Domestic Abuse Flexible Support Service (DAFs) is a community-based outreach service where women are offered appointments at our safe, accessible and centrally located offices. This service supports women in the community who may not want or need to access refuge accommodation. DAFs provides practical help on safety, legal issues, benefits, re-housing and other issues as identified by the client. The programme also provides emotional support around domestic abuse the client may have sustained.

NWA Group programmes include Freedom to Make Changes. This programme explores in detail the ranges of tactics perpetrators of abuse may use to gain control over a victim. The programme equips victims with knowledge, and understanding about how to keep themselves and their children safe from abuse in the future. Much positive feedback has been received from clients and the programme remains popular and successful. NWA has also developed the Free to Be Me Recovery programme in consultation with clients which is also proving to be successful

NWA regularly review our Aims and Objectives to ensure we remain focused on our stated purposes and operate within Charity Law.

## **Achievements and Performance**

- 565** Referrals were received by NWA for advice and support
- 453** Referrals received by telephone for advice, support or both
- 341** Self referrals were received from victims of domestic abuse/violence
- 224** Referrals were received from a range of statutory and voluntary organisation
- 81** Women and girls referred into DAFs to receive individual support
- 31** Women and girls referred into group programmes
- 80% of referrals accessed more than one support intervention in HOPE project**

### **Demographics**

Newcastle - 407    Gateshead - 42    Northumberland - 28    North Tyneside - 39  
 South Tyneside - 11    Rest of UK - 38

**NWA are National Quality Standard Accredited by Women's Aid Federation of England.**

## **Newcastle Women's Aid**

### **Financial Review**

With a difficult economic climate and a global pandemic, the organisation has developed services to generate a positive financial outcome and has achieved prudent expenditure through cost efficiencies.

Newcastle Women's Aid has continued to receive funding from a range of large and small charitable sources voluntary and statutory agencies as well as donations from individuals and businesses.

In 2017 NWA restructured its services following a decision by Newcastle City Council to build a new refuge. Trustees found new premises a new service was established without the facility of a refuge. Initially the organisations reserves were used to fund two full-time staff but since that time funding has been achieved to expand the service and employ an additional two staff.

### **Investment Powers and Policy**

Under the Memorandum and Articles of Association the charity has the power to invest in any way the Trustees wish. Trustees have operated a policy of investing some of the funds in an interest-bearing deposit account.

### **Reserves Policy**

Newcastle Women's Aid believes it is prudent to have a policy on the holding, accumulation and management of its reserves.

Trustees/Directors, when taking account of the relevant risks to income streams and the planned activities over the next year, feel the most appropriate level of reserves for the organisation to hold would be twelve months of running costs which are £150,000. This figure will need to be reviewed in line with increased activity and the demand placed upon the organisation.

This level of funds would also allow for staff salaries, rent, utilities and other general running costs to be paid until such time as an alternative income is secured, or, in the worst-case scenario, for the organisation to be wound up. It would also allow for redundancy notices to be issued to staff and for staff to find alternative and appropriate support for clients. This policy is considered to be in the best interests of the service users, staff and trustees/directors of the charity.

## Newcastle Women's Aid

### **Plans for the Future**

The charity plans to continue to maintain its presence in their centrally located offices and will deliver and develop services to victims of domestic abuse as outlined within the Aims and Objectives.

### **Statement of Trustees/Directors Responsibilities:**

The trustees/directors are responsible for preparing the Annual Report and the Financial Statements in accordance with the Charities Act 2011, applicable to charities in England and Wales, the Companies Act 2006 and the United Kingdom Generally Accepted Accounting Practice. Charity Law requires trustees, at the end of each financial year, to prepare financial statements that give a true and fair view of the incomings and outgoings of the charity.

In preparing those financial statements the trustees are required to select suitable accounting policies and apply them consistently, making judgements and estimates that

are reasonable and prudent. The trustees must also prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The trustees/directors are responsible for keeping proper accounting records which disclose with reasonable accuracy, at any given time, the financial position of the charity and to enable them to ensure that financial statements comply with the Charities Act 2011. The trustees/directors are also responsible for safeguarding the assets of the charity and taking steps for the prevention and detection of fraud or any other irregularities.

Signed on behalf of Trustees/Directors

**Cara Smith**

**Cara Smith**

**Chair, Trustee and Director**

**Newcastle Women's Aid**

**Dated:** 21 June 2023

Newcastle Women's Aid

## **Statement of Financial Activities**

**12 months period ended 31 March 2023**

<b>Year Ended 31/3/23</b>	<b>Year Ended 31/3/23</b>	<b>Year Ended 31/3/23</b>	<b>Year Ended 31/3/22</b>
<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>
<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>



**INCOMING RESOURCES***Note*

Donations, grants & other income	2	31,395	-	31,395	28,828
Interest receivable	3	394		394	18

Incoming funds from Charitable  
Activities:

Grants and Contracts	4	-	105,443	105,443	68,538
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<b>Total Incoming Funds</b>		<b>31,789</b>	<b>105,433</b>	<b>137,232</b>	<b>97,384</b>
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**Resources Expended****Charitable Activities**

DAFs Domestic Abuse Support	5	-	77,961	77,961	79,773
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Domestic Abuse Support/Training	5		38,154	38,154	38,332
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Governance Costs	6	20,942		20,942	19,277
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<b>Total Resources Expended</b>		<b>20,942</b>	<b>116,115</b>	<b>137,057</b>	<b>137,382</b>
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**Net Income/(outgoing)****Resources for the year**

<b>Before transfers</b>	10,847	(10,672)	175	(39,998)
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Transfer between funds	-	-	-	-
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**Net Income/(outgoing)**

<b>Resources for the Year</b>	<b>10,847</b>	<b>(10,672)</b>	<b>175</b>	<b>(39,998)</b>
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**Reconciliation of Funds**

Balance Brought Forward	96,786	314,880	411,666	451,664
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Balance Carried Forward	<b>107,633</b>	<b>304,208</b>	<b>411,841</b>	<b>411,666</b>
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Newcastle Women's Aid

**Balance Sheet**

As at date shown

		<b>As at 31 March 2023</b>	<b>As at 31 March 2022</b>
	<i>Note</i>		
<b>CURRENT ASSETS</b>			
Debtors	7	-	-
Cash at bank and in hand		413,403	413,208
		<hr/>	<hr/>
		413,403	413,208
<b>CREDITORS</b>			
Amounts falling due			
Within one year	8	(1,564)	(1,543)
<b>NET CURRENT ASSETS</b>		<hr/> 411,841	<hr/> 411,666
 <b>NET ASSETS</b>			
		<hr/> <b>411,841</b>	<hr/> 411,666
 <b>FUNDS</b>			
Restricted Income Funds	9	304,208	314,880
Unrestricted Income Funds	10	107,633	96,786
		<hr/>	<hr/>
<b>TOTAL FUNDS</b>		<hr/> <b>411,841</b>	<hr/> 411,666

## **NOTES TO THE FINANCIAL STATEMENTS**

**For the 12 months ended 31 March 2023**

### **1. ACCOUNTING POLICIES**

#### **BASIS OF ACCOUNTING**

The financial statements have been prepared under the historical cost convention and in accordance with:

- o The requirements of the Companies Act 2006
- o Accounting and Reporting by Charities SORP (FRS102)
- o The Charities Act 2011 following directions given by the Charities Commission (under section 145(5)(b) of the 2011 Act

#### **INCOMING RESOURCES**

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be qualified with reasonable accuracy.

The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities when receivable.

Grants where entitlement is not conditional on delivery of a specific performance by the charity becomes unconditionally entitled to the grant.

Investment income is included when it is receivable.

Rent income is recorded when it is receivable.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

Income received by way of donation or grant for the purchase of a fixed asset is credited to the restricted funds in the Statement of Financial Activities when receivable.

Depreciation on the fixed assets purchased with these funds is charged against the restricted fund.

#### **FUNDS ACCOUNTING**

Funds held by the charity are either:

Unrestricted general funds. These are funds which can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds. These are funds set aside by the trustees out of unrestricted funds for specific future purposes or projects.

Restricted funds. These are funds that can only be used for particular restricted purposes within the objectives of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

## Newcastle Women's Aid

### **RESOURCES EXPENDED**

Expenditure is recognised on an accruals basis as a liability is incurred.

Expenditure includes VAT and is reported as part of the expenditure to which it relates.

Costs of generating voluntary income funds comprise the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

Governance costs include those costs associated with the compliance to the constitutional and statutory requirements of the charity and include all costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of resource. Costs relating to a particular activity are allocated directly, others are apportioned on staff time across project work, generating funds and governance.

### **FIXED ASSETS AND DEPRECIATION**

Tangible fixed assets costing £100 or more were capitalised and included at cost including any incidental expense of acquisition.

The Trustees have agreed to write off the balance of fixed asset cost as a result of recognising the condition of the existing premises together with the equipment and their net realisable value and expected life.

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Equipment 25% reducing balance

Fixtures & Fittings 5 and 7 years straight line

Leasehold improvements 7 years straight line.

### **OPERATING LEASE AGREEMENTS**

Rentals applicable to operating leases, where substantially all of the benefits and risks of ownership remain with the lessor, are charged against income on a straight-line basis over the period of the lease.

## **PENSION COSTS**

The charity operates a defined contribution pension scheme for employees.

The assets of the scheme are held separately from those of the charity.

The annual contributions are charged to the Statement of Financial Activities.

## Newcastle Women's Aid

### **NOTES TO FINANCIAL STATEMENTS**

**12 months ended 31 March 2023**

### **2 INCOMING FUNDS FROM GENERATED FUNDS**

#### **Donations, Grants & Contract**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds to Mar 2023</b>	<b>Total Funds to Mar 2022</b>
<b>Donations</b>	£	£	£	£
D Hutchinson	500	-	500	-
Charities Trust	402	-	402	-
CAF	430	-	430	1,362
Charitable Giving	1,000	-	1,000	300
Derwentside Funeral Home	-	-	-	132
DJ Patrick Topping (Tokyo Ind 2 C/A)	-	-	-	7,915
Gateshead College	100	-	100	105
Healthwatch	-	-	-	500
Ellen Pennington	2,000	-	2,000	-
Local Giving	11,795	-	11,795	13,395
Greggs	1,613	-	1,613	-
Much Loved	-	-	-	273
Inspia	164	-	164	-
Lanchester Methodist Wives & Friends	100	-	100	-
Margaret Morton	200	-	200	-
Northumbrian Leisure Ltd	3,000	-	3,000	-
Other	-	-	-	465

PayPal Giving Fund	220	-	220	3,306
PCC of Allendale	150	-	150	-
Pearson's Engineering	-	-	-	500
Places for People	1,000	-	1,000	-
Reckitt Trust	8,000	-	8,000	-
St Gabriel's Church	185	-	185	185
Unison Newcastle	125	-	125	-
Jesmond United Reform Church	411	-	411	-
WAF	-	-	-	390
	<b>31,395</b>	<b>-</b>	<b>31,395</b>	<b>28,828</b>

### 3 Interest Receivable

Bank Interest Received	394	-	394	18
	<b>394</b>	<b>-</b>	<b>394</b>	<b>18</b>

## Newcastle Women's Aid

### NOTES TO FINANCIAL STATEMENTS

12 months ended 31 March 2023

	Unrestricted Funds	Restricted Funds	Total Funds to Mar 2023	Total Funds to Mar 2022
	£	£	£	£
<b>4 INCOME FROM CHARITABLE ACTIVITIES</b>				
<b>Grants and Contracts</b>				
National Lotteries Community Fund Grant	-	71,443	71,443	22,893
Newcastle City Council-Safe Accommodation	-	-	-	13,000
Northumbria PCC Supporting Victims	-	34,000	34,000	32,645
WAF	-	-	-	-
		105,44	105,44	
	-	3	3	68,538
		<b>105,44</b>	<b>137,23</b>	
<b>Total Income</b>	<b>31,789</b>	<b>3</b>	<b>2</b>	<b>97,384</b>

	Domestic Abuse Flexible	Total Funds for year	Total Funds for year
<b>5 CHARITABLE ACTIVITIES</b>			

	<b>Support (DAFS)</b>	<b>to Mar 2023</b>	<b>to Mar 2022</b>
	£	£	£
Staff costs	77,394	77,394	67,592
Professional Fees	334	334	-
Travel costs	233	233	253
Other cost	-	-	-
	<b>77,961</b>	<b>77,961</b>	<b>67,845</b>
<b><u>Support costs</u></b>			
Staff costs	12,226	12,226	11,928
Premises and office costs	25,026	25,026	35,180
Professional Fees	334	334	2,850
Travel costs	-	-	-
Other costs	568	568	302
	<b>38,154</b>	<b>38,154</b>	<b>50,260</b>
	<b>116,115</b>	<b>116,115</b>	<b>118,105</b>

## Newcastle Women's Aid

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds for year to Mar 2023</b>	<b>Total Funds for year to Mar 2022</b>
	£	£	£	£
<b>6 GOVERNANCE COSTS</b>				
Staff costs	15,085	-	15,085	14,033
Trustee expenses	918	-	918	946
Audit fees	1,734	-	1,734	1,500
Professional Fees	564	-	564	729
Premises and office costs	2,206	-	2,206	1,628
Other costs	435	-	435	441
	<b>20,942</b>	<b>-</b>	<b>20,942</b>	<b>19,277</b>

	<b>As at 31st March 2023</b>	<b>As at 31st March 2022</b>
	£	£
<b>7 DEBTORS</b>		
Amounts receivable within one year	-	-
	<b>-</b>	<b>-</b>
<b>8 CREDITORS</b>		
Amounts falling due within one year:	£	£
Consumables/Lloyds Card	62	43
Professional Fees & Audit/Accountancy	1,500	1,500

			<b>1,562</b>		<b>1,543</b>
<b>9 RESTRICTED INCOME FUNDS</b>					
	<b>As at 1st April 2022</b>	<b>Incoming Resources</b>	<b>Outgoing Resources</b>	<b>Transfer s</b>	<b>As at 31st March 2023</b>
	£	£	£	£	£
DAFS	224,903	105,443	(77,961)	-	252,385
Domestic Abuse Support	-		-	-	-
Domestic Abuse Support, Training & Education	39,977	-	(38,154)	-	1,823
Future projects	50,000	-	-	-	50,000
			<b>(116,115</b>		<b>304,20</b>
Total	<b>314,880</b>	<b>105,443</b>	<b>)</b>	<b>-</b>	<b>8</b>

<b>10 UNRESTRICTED INCOME FUNDS</b>	<b>96,786</b>	<b>31,789</b>	<b>(20,942)</b>	<b>-</b>	<b>107,633</b>
Newcastle Women's Aid					

#### ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible Fixed Assets	Other Net Assets	Total
	£	£	£
Restricted income funds	-	304,208	304,208
Unrestricted income funds	-	107,633	107,633
		<b>411,841</b>	<b>411,841</b>
Total	-	<b>1</b>	<b>1</b>



## Newcastle Women's Aid

### **INDEPENDENT EXAMINERS REPORT**

#### **For the 12 months ended 31 March 2023**

Report to the Trustees of Newcastle Women's Aid, Charity Number 1139393,  
Company No. 07413723 on the accounts for the 12 months ended 31 March 2022  
set out on pages 3 to 15.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 145 of the Charities Act 2011 (the 2011 act) and that an independent examination is needed.

It is my responsibility to examine the accounts under section 145 of the 2011 act and to follow the procedures laid down in the general directions given by the Charity commission (under section 43(7)(b) of the 1993 Act) and to state whether particular matters have come to my attention.

#### **Basis of independent examiners report**

My examination was carried out in accordance with the general directions given by the Charity Commission under sections 145(5)(b) of the 2011 Charities Act. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with these records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any

such matters. I am satisfied that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination.

### **Independent examiner' statements**

In connection with my examination, no matter has come to my attention:

(1) Which would give me reasonable cause to believe that accounting records were not kept in accordance with section 386 of the Companies Act or do not comply with the relevant accounting requirements under section 396 of the Companies Act 2006 or have not been prepared in accordance with the Charities SORP (FRS102)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

## R. Tomlinson

Ms. R Tomlinson ACMA CGMA

20 The High Gate

Kenton

Newcastle upon Tyne

NE3 4LS

26th July, 2023