

Harmony House
Activities report
1st April 2022 – 31st March 2023

Harmony House is a completely non-profit organisation that strives to provide underprivileged women and children in India with education, nutrition, medical service, hygiene facilities, social services, food distribution, vocational training, love and care. We are dedicated to our children's future, which is why we provide schooling as well as vocational training to our older children in areas such as yoga, cosmetology, tailoring and music, enabling them to pursue more opportunities. However, we are more than a centre for children. At Harmony House we give opportunities for employment to our children's parents allowing us to benefit the whole community.

Causes Close to Our Hearts

GENERAL EDUCATION

We believe that every child deserves the opportunity to get an education, learn, explore and flourish from a young age.

VOCATIONAL TRAINING

Our long-term objective at Harmony House is to provide each of our children with realistic goals and aspirations and most importantly, ensure that they have the tools to achieve them.

MEDICAL AID AND RELIEF

At Harmony House, we provide regular medical facilities at our centres for our children and their families - a vital offering due to the lack of facilities in the slums where they live.

NUTRITIONAL CARE

We are proud to serve healthy, wholesome and highly nutritious meals at Harmony House. Each day, our cooks, many of whom are parents of enrolled children, prepare over 3,000 meals, which amounts to 792,000 meals a year.

CARE PACKAGE DISTRIBUTION DRIVE

Pandemic lockdowns have had a significant impact on the communities we care for. Initiated in March 2020, our life-saving care package distribution ensures families receive essential rations of food and hygiene products until they get back on their feet. This ongoing initiative continues to help sustain families with little or no income-earning abilities. To date, Harmony House has helped distribute care packages to over 25,000 people.

WOMEN EMPOWERMENT AND COMMUNITY DEVELOPMENT

Oppressive patriarchy disguised as traditional values and practices has resulted in a prevalence of domestic violence, marital sexual abuse and suppression of women and children. At Harmony House, we are working hard to tackle these issues by holding regular workshops on a variety of social topics such as normalizing periods, sexual assault, self-defense, the prevention of child marriages.

Sports and Wellness Initiative at Harmony House

At Harmony House, we realise the importance and effectiveness of sports as a way to generate wellness and a positive mindset. It also presents a great opportunity for our children to excel and explore potential careers in this area. We launched our sports and wellness initiative in 2022 integrating physical education throughout the years at Harmony House.

Some of our specialized activities include kabaddi, chess, yoga and tennis. We have a full-time Sports and Wellness Coordinator who helps integrate all of our 1,000 children into various sports and wellness programmes. Children that excel in this area are placed on our accelerated sports program.

Motivated by the importance of mental health, we have included an in-house qualified child psychologist to our team. Her role involves career counselling and

helping students deal with the traumas of domestic violence, grief and other challenges they may face.

Hope at Harmony House Special Needs Education

In 2021, we opened a Special Needs Wing at Harmony House, aligning with our mission to provide care, support, and opportunities to all children, regardless of their abilities or needs. We have enrolled over 20 special needs children and plan to expand further. These children had been diagnosed with ADHD cerebral palsy, nerve damage and speech and hearing difficulties. To support the children and ensure their safety and progress, we:

- We provide a dedicated therapy room with all the necessary equipment, assistance and individualized therapies.
- Partnered with a Special Needs Organization for expert assistance.
- Schedule monthly therapies for 10 children that include six therapies per child per week.
- Provide routine check ups, x-rays and screening tests.
- Provide equipment, tools and resources to aid effective therapy.
- Provide children with customized mobility and hearing aid provisions.
- Customise children's homes for better accessibility and mobility in line with their ongoing treatments and therapies.

Our set up

Early learning years centre

The early education years are fundamental to building a foundation for learning that will stay with a child forever. Our Early Learning Wing accommodates over 150 children from as young as six months up to six years of age.

Primary years centre

Our Primary Years centre opened its doors in September 2022 which has enabled us to add an additional 300 children.

It has classrooms, a dining area, an IT lab, an outdoor area for sports, a kitchen that cooks 3 meals a day for 400 children (ELY and Primary centre).

Senior students centre

The Senior Students Centre, which is also our first, contains our head office, classrooms for older children, an IT Lab, two kitchens, a medical clinic and common areas.

Middle years centre

There are currently 300 students at the Middle Years Centre ranging from grades one to five.

We have classrooms, two kitchens, a vocational wing, an IT Lab and a Special Needs Department at this centre.

The students in this centre are till 8 years of age and then move on to the middle years centre. This centre accommodates about 250 children.

Activities apart from the above on going causes we work for

April 2022

Ramadan celebrations at our centres



Wishing all of our family, friends and supporters a wonderful Easter. With love from all of us



May 22

Wishing all those celebrating Eid Mubarak with love from all of us



We could not be more proud of Hritik who after being committed to @harmonyhouseindia and his studies with us for 11 years has been awarded with a prestigious position with @kockpit_analytics where he will be a developer. Kartik is now in a financial position to provide a home and a good life for his whole family. This is exactly why we do what we do and this is just one example of how your love and generosity is changing lives.



June 22

Happy International Yoga Day



Tears of joy and happy smiles as we realise that the hard work, efforts, support and love from people around the world has all paid off. Exam results are out and

over 30% of our students received above 85% in their finals. We could not be more proud of you and grateful to everyone who helped them to believe in themselves and make their dreams become a reality. They are now on their way to being able to lift themselves and their families out of the poverty that they were born into



A huge thank you to @vmart_retail for visiting us @harmonyhouseindia and helping us to celebrate and educate us about World Environment Day. We planted trees and created visual messages to remind us all to take care of our environment



Over the weekend we celebrated one year of running our SEN centre Hope @ Harmony House. When we started this project, we could have never imagined just how much difference to the lives of our children and families this would make. We have not only been able to provide diagnosis , medical treatment, specialised therapies, nutrition, training, counselling and supplies to families, we have also given them hope and joy as for the first time they understand that their child is able to live a full and happy life.



July 22

Having visitors not only lifts us up and let's us know you care, but it also helps us spread the word about what we do @harmonyhouseindia If you would like to visit us and learn more about how our centres are helping to change the lives of almost 1000 children in Gurgaon India, drop us a DM and let us know, we would love to see you



Time to celebrate and honour the incredible women who make it all happen, without you there would be no @harmonyhouseindia and our children would not have the opportunities that have been given. You work with love, heart, purpose, passion and immense loyalty to our mission and our children and we are forever grateful for that. Despite the daily challenges we face and the often intense work environment, you show up every day and give your all.



Pooja(22 years old) had an accident in 2016 and lost her right foot. Her entire life came to a halt and she lost all hope. Harmony House heard about Pooja's plight a few weeks ago and on investigating further and meeting different specialists we were able to organise a custommade cast and a prosthetic foot made of carbon fiber laminated socket with cushioning to relieve her pain and provide her with walking support. Pooja is now able to walk with more comfort, confidence and independence.



Aug 22
Celebrating Janmashtami



Happy Independence Day with love from all of us





Wishing those celebrating a very special and blessed Rakshabandhan. Sending all of our love from



Thank you to the Sagar Trust for conducting our annual Eye Check Camp @harmonyhouseindia Their check ups are imperative to ensuring that we can identify any concerns that need immediate treatment and also help us to provide glasses to those children who need it. We are so grateful to them for giving our children this very special care



To celebrate World Breast Feeding Week, we held workshops @harmonyhouseindia to educate and share experiences about the benefits of breast feeding for baby and mother.



September 2022

We were delighted to finally be able to have our first teacher/parent afternoon at our Early Years Centre @harmonyhouseindia It was wonderful to welcome our parents and speak to them about the progress and successes of their children. Our connection to our children's parents is most important, we rely on these relationships to ensure that together we can give these precious ones the opportunities that they so deserve.



At Harmony House we all take responsibility for reducing our carbon footprint and being as sustainable as we can. We recycle all of our waste and compost any peelings from our kitchen. We ensure that we teach our children to help protect our planet by acting responsibly and using precious resources with consideration and respect.

Oct 22

“Reading is the gateway for children that makes all other learning possible” Barack Obama @harmonyhouseindia we recognise that reading is fundamental to all learning which is why we create opportunities for children to forge a love of reading at during the early years. Our libraries are bright, cozy, inviting and filled with a range books for our children to enjoy.



Diwali celebrations



Mental well-being for our children and their families is a priority for us. We are lucky enough to have our own in house child psychologist who is on hand to support our children and their parents. Their daily challenges are more than most could cope with, from extremely poor living conditions, severe financial problems, most struggle to feed their families and provide a roof over their heads, and lack

of knowledge about health and well-being. We are here to provide the help they need to navigate these challenges and to ensure these pressures are managed internally



World Teacher's Day. It goes without saying that we have endless gratitude to our teachers and support team for their dedication, loyalty, passion and commitment

to our cause

TEACHERS' DAY



To every educator in Harmony House,
You're a rock for new generations,
From studies to playing cat-and-mouse,
You're laying strong foundations.

From us at The Giving Movement,
We want to express our gratitude,
For your endless commitment,
And for the positivity you exude.

Sending you lots of love,
From every member at TGM

Nov 22

World Children's Day Celebration with Edutennis. A tennis carnival was organised for our children to provide an opportunity especially for girls to engage in tennis. Great fun was had by all.



On world Child day we honour each and every child who have touched our lives by striving to be the best they can despite the challenges they face every day. Children are our future and to invest in a child is to invest in humanity. We thank you all for the love, support and opportunities you give our incredible children



Our music program has been going from strength to strength. Our children not only experience joy and happiness through music but also learn important skills that help with confidence, communication and socialisation.



Thank you Westin Gurgaon for inviting our children to celebrate World Children's Day with them. Our lucky children were treated to an afternoon of fun, food and laughter. Thank you for your kindness and generosity



Our first ever cricket tournament and what an incredible morning we had. Whether you were playing on the team, a cheer leader, a commentator, member of the band or cheering in the audience, it was great to be a part of it.



Did you know that Kabaddi is a contact team sport. Played between two teams of seven players, the objective of the game is for a single player on offence, referred to as a "raider", to run into the opposing team's half of a court, touch out as many of their defenders as possible, and return to their own half of the court, all without being tackled by the defenders, and in a single breath. Points are scored for each player tagged by the raider, while the opposing team earns a point for stopping the raider. Players are taken out of the game if they are touched or tackled, but are brought back in for each point scored by their team from a tag or tackle. We have began our Kabaddi training program



Congratulations to our seniors on completing their level 1 of our certified beauty course. We are so proud of each and every one of you. Ready for level 2 girls



Our little chefs – fun fireless cooking



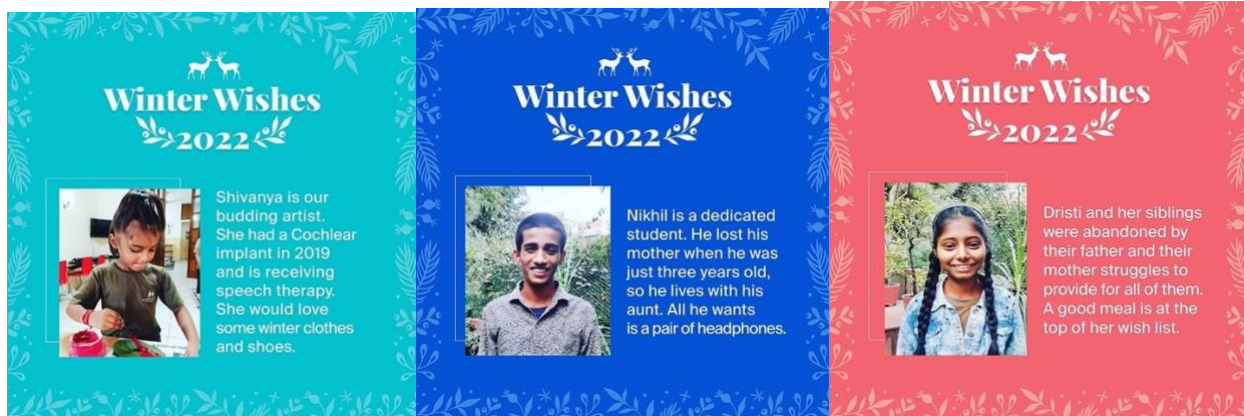
Dec 2022

This year we made sure that Santa spread his joy by visiting the slums. He distributed blankets to ensure everyone stays warm this winter.



Winter campaign 2022

12 wishes from our children on the 12 days of Christmas



Dec 22

Sports shoes distribution by innerwheel_district_301. Our children were delighted and are now ready to do their very best on the sports field



Jan 23

Thank you to @iwcdelhirohini_301 for an incredible day of sports, fun and laughter for our children @harmonyhouseindia We even brought home a few prizes as well



Happy India Republic Day with love from all of us



dental camps throughout [@harmonyhouseindia](https://www.harmonyhouseindia.org/) 60 of our children have been advised that they need further minor treatments such as fillings. While many may believe that taking care of teeth is not a priority, good health begins with good teeth. Sadly so many serious infections and poor nutrition starts with teeth so keeping our children's smiles healthy is imperative for good health.

DENTAL CARE



AFTER A RECENT HEALTH CAMP 60 OF OUR CHILDREN HAVE BEEN ADVISED MINOR TREATMENTS LIKE FILLINGS, STAIN REMOVAL AND SO ON. ON AN AVERAGE EACH CHILD'S EXPENSE IS INR 700/ AED 31/ USD 9/ GBP7 PLS HELP BY SHARING OUR REQUEST.

<https://www.harmonyhouseindia.org/donate-now/>

Inclusivity is one of our daily and important practices. Our children of determination not only receive the bespoke therapies they require, but also integrate into our mainstream classes. This also benefits our children who learn so much from their unique friends including love, compassion, diversity and friendship



Feb 23

Another success Sports Week @harmonyhouseindia with a fun filled week of sport activities and fun for our children. Thank you to everyone who supported and helped to make this happen. It was a fantastic experience for all and created wonderful memories and inspired our students to bring sports into their lives

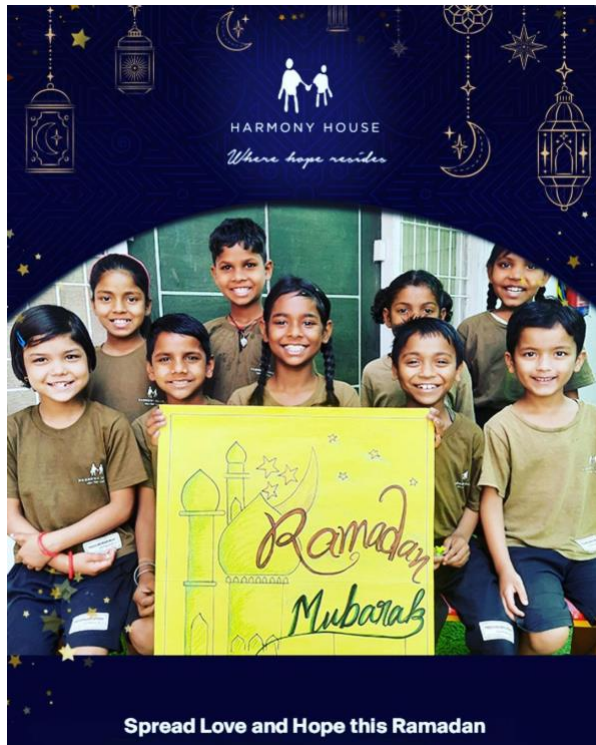


Happy Valentine's Day



March

Wishing all of those entering into this holy month Ramadan Kareem with love from all of us



On World Down Syndrome Day we honour and celebrate the joy, love, light and our incredible children and their families. We learn so much from our differences and support unity and diversity together.



Wishing all of our beloved family, friends and supporters a very Happy Holi. May your day be filled with love, light and a rainbow of colour



Thank you to Mrs Pooja Sardana for sponsoring the most exciting and memorable trip to the cinema for our older children, mothers and team. It was a first time experience for everyone and a real treat.



Top 3 salaries

Therapies for SEN students – INR 80,000
Meghna Eidnani Maira - Director of Relations – INR 1,00,000
Simmi Ahuja – Director of relations – INR 75,600

Country wise donations

40% UAE
15% India
10% UK
15% USA
20% ROW

HARMONY HOUSE 1139158

ACCOUNTS YEAR ENDING 31/3/23

BALANCE SHEET AS AT 31/03/23

<u>Capital Account</u>	<u>31 Mar 23</u>	<u>31 Mar 22</u>
Corpus Fund	97047	33350
General Fund	988107	132465
Special Fund	953757	710451
UK Bank A/C	1327	17901
Total	2040238	894167
<u>APPLICATION OF FUND</u>		
FIXED ASSETS	18622	8136
INVESTMENTS	1548840	777318
<u>CURRENT ASSETS</u>		
<u>LOANS & ADVANCE</u>		
Loans & Advance	13234	12286
Current Assets	462391	103348
CURRENT LIABILITIES	2849	6921
TOTAL CURRENT ASSETS		
LESS CURRENT LIABILITIES	459542	<u>6921</u>
TOTAL	<u>2040238</u>	894167

HARMONY HOUSE 1139158

INCOME & EXPENDITURE A/C YEAR ENDING 31/03/23

	<u>31 Mar 23</u>	<u>31 Mar 22</u>
<u>INCOME</u>		
Donations Received India **	596110	371503
Interest Received India	5313	5439
Interest on FDR	58595	17624
Interest on tax refund	25	
TOTAL	<u>660043</u>	<u>394566</u>
<u>EXPENDITURE</u>		
Medical Relief		8678
Audit Fees	316	300
Bank Charges India	620	21
Legal & Professional Charges	2499	3010
Travelling & Conveyance	2214	1658
Donations	7779	2995
Electricity	5716	2295
Food	33428	16430
Uniform Expenses	8708	
Education Expenses	5069	
Misc. Expenses	16723	7623
Covid Relief	5482	
Printing & Stationery	326	639
Rent	27521	20512
Repairs & Maintenance	13982	4830
Salaries	94530	58017
Telephone	497	701
Subscription Fees	1263	457
Depreciation	3470	2131
TOTAL	<u>233078</u>	<u>130295</u>
SURPLUS	426965	264270
TRANSFERRED TO GENERAL FUND		52270
Transfer to special Fund India	426965	210000

UK ACCOUNT YEAR ENDING 31/03/23

	<u>31/03/23</u>	<u>31/03/22</u>
Opening Bank Balance	17901	10518
Donations Received	343435	59370
Transferred to India**	(358000)	(51000)
Bank Charges	(225)	(81)
Credit Card Charges	(1542)	(664)
Just Giving Subscriptions	(242)	(242)

Closing Bank Balance

1327

17901

Trust Information

S.NO.	PARTICULARS	
1	COMPANY NAME	HARMONY HOUSE
2	ADDRESS	House# 109, Sector 17A, Gurgaon, Haryana – 122001
3	PAN	AAATH8376A

Harmony House is an Indian and UK registered, non-profit organisation in Gurgaon, India. We have transformed two villas into full-time community centres for over 550 women and children from a nearby slum, where they are offered offer education, nutrition, medical facilities, hygiene facilities , vocational training and social services.

We rely 100% on kind donations and contributions to run Harmony House. Every donation, no matter how big or small is spent on improving the lives of those who are most in need. We are dedicated to improving the lives of our children on a physical, emotional and intellectual level and aim to give enriching and memorable experiences to each and every child.

Harmony House is also registered under FCRA, 12A and 80G.

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF HARMONY HOUSE

REPORT ON THE FINANCIAL STATEMENTS

We have audited the Balance Sheet of **Harmony House** which comprises of the Balance Sheet as at 31st March, 2022 and Income and Expenditure Account for the year ended on that date annexed thereto, and a summary of significant accounting policies and other explanatory information.

MANAGEMENT'S RESPONSIBILITY FOR THE FINANCIAL STATEMENTS

Management is responsible for the preparation of these financial statements that give a true and fair view of the financial position, financial performance and cash flows of the trust in accordance with the accounting principles generally accepted in India. This responsibility includes the design, implementation and maintenance of internal control relevant to the preparation and presentation of the financial statements which give a true and fair view and are free from material misstatement, whether due to fraud or error.

AUDITOR'S RESPONSIBILITY

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with the Standards on Auditing issued by the Institute of Chartered Accountants of India. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit includes examination of records on the test basis and disclosures in the financial statements. An audit also includes an assessment of significant estimates and judgment made by the management in the preparation of the financial statements and whether the accounting policies are appropriate to the trust, consistently applied and adequately disclosed. The procedures selected depend on auditor's judgment including the assessment of the risks of the material misstatement of financial statements, due to fraud or error. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of the accounting statements. We believe that evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

OPINION

In our opinion and to the best of our information and according to the explanations given to us, proper books of accounts have been kept by the above-named Trust so far as appears from our examination of the books and aforesaid financial statements give the information required by the Act in the manner so required and give a true and fair view in conformity with the accounting principles generally accepted in India;

- i) In the case of the Balance Sheet, of the State of Affairs of the Trust as at 31st March, 2022; and
- ii) In the case of Income & Expenditure accounts, of the Excess of Expenditure over Income for the year ended on 31st March, 2022.

REPORT ON OTHER LEGAL AND REGULATORY REQUIREMENTS

Further, subject to notes to accounts, we report that:

- a) We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of audit;
- b) In our opinion, proper books of account, as required by law, have been kept by the Trust, so far as appears from our examination of those books.
- c) The Balance Sheet and Income and Expenditure Account dealt with by this report are in agreement with the books of account.
- d) In our opinion and to the best of our information and according to the explanations given to us, the said consolidated accounts of the Trust together with significant accounting policies and notes thereon, give the information in the manner so required and give a true and fair view:-

1. In the case of the Balance Sheet, of the State of Affairs of the above-named Trust as at 31st March 2022, and
2. In the case of the Income and Expenditure Account of the excess of Expenditure over Income for the year ended 31st March 2022.

For CHANDER PARKASH & CO
Chartered Accountants
(Firm Registration No.: 010770N)

Place: New Delhi
Date: 07-06-2022

SD/-
Chander Parkash
Partner
(Membership No.:088582)