

REGISTERED COMPANY NUMBER: 07434703 (England and Wales)  
REGISTERED CHARITY NUMBER: 1139056

SARA  
CHARLTON  
FOUNDATION

## The Sara Charlton Charitable Foundation

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Unaudited Financial Statements  
30 November 2022

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 November 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **OBJECTIVES AND ACTIVITIES**

### **Charitable objectives**

The Foundation's objectives are specifically restricted to:

- (i) the relief of poverty or financial hardship, either generally or individually, through the provision of grants, goods or services;
- (ii) the relief of physical or mental distress;
- (iii) the relief of sickness and the preservation of health;
- (iv) the advancement of education; in particular, without prejudice to the generality of this clause, the objects above shall be pursued for the benefit of;
  - (a) persons who have been subjected to mental, physical or sexual abuse by their partners, ex-partners or persons with whom they had a relationship and who are in need;
  - (b) homeless women; and
  - (c) the children at (a) and (b) above
- (v) such other charitable purposes as the Trustees shall in their absolute discretion from time to time decide.

### **Public benefit**

The Trustees are aware of the Public Benefit provisions of the Charities Act 2006 and of the guidance on them published by the Charity Commission.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Foundation's aims and objectives and in planning future activities and setting the grant making policy for the period. They have therefore complied with the duty in section 17(5) of the 2011 Charities Act to have due regard to guidance published by the Charity Commission .

They are satisfied that the objects and activities of the Foundation are within the definition of Charitable Purposes set down in the Act. The Trustees are not aware of any public detriment caused by the Foundation's objectives or activities, nor are they aware of anyone receiving any private benefit from the Foundation's activities.

### **Grantmaking**

The charity is a grant making trust which carries out various fundraising activities in order to support its charitable objectives of benefitting the victims of domestic abuse and their children, and homeless women and their children, and making grants to other charities active in these fields.

## **ACHIEVEMENT AND PERFORMANCE**

### **Charitable activities**

The Charity has funded £93,000 to Domestic Violence charities, this funding will go towards funding IDVAs and education of healthy relationships in young adults.

The Charities which we have funded are :

#### **My Sisters Place**

The charity, My Sister's Place, specialises in aiding domestic abuse survivors in Middlesbrough. With 20+ years of experience, they provide holistic support, backed by BACP, Women's Aid, Safe Lives, and RESPECT accreditation. Their services encompass advocacy, counselling, legal assistance, and outreach. They address abuse through prevention, protection, and provision, focusing on awareness, perpetrator intervention, and empowering women.

#### **Women's Aid Leicestershire**

Women's Aid Leicestershire Limited pioneered the first refuge in Leicester for women and children fleeing domestic abuse. Their enduring mission involves aiding domestic abuse victims through safe refuges, dispersed properties, and a range of community support services. These services encompass dedicated assistance for ethnic minorities,, hospital-based support, family services, housing connections, and post-refuge resettlement. Collaborating with local services, they offer a unified approach to accessing vital support for domestic abuse survivors.

#### **Women's Aid London**

Women's Aid supports needs around mental health, substance abuse and disability. Supported by the 'No Women Turned Away' project. They specialise in immigration support, referral and signposting, practical support, safeguarding, finances, and emotional and mental support. Funding towards a senior practitioner is essential to ensuring that the NWSA project continues to develop and provide an efficient service.

#### **NDAS**

Northumberland Domestic Abuse Services (NDAS) is a charity offering confidential support to all domestic abuse victims in Northumberland since 2003. They provide emotional, practical, and therapeutic aid to women, children, and youth affected by abuse. NDAS empowers survivors, aids their recovery, and educates communities on domestic abuse. Through tailored and trauma-informed support, they help victims build resilience. Collaborating with partners, NDAS ensures a holistic approach to addressing complex needs.

#### **Her**

Her Centre is a London-based women's service addressing domestic abuse. They offer comprehensive support to marginalised women, including refugees, women of colour, disabled women, and those facing poverty. Services encompass advocacy, peer-led support, trauma counselling, education, and employment assistance. The centre tackles crisis intervention and assists victims in breaking free from abusive relationships. Challenges involve financial hardship, isolation, and fears of retribution. They foster resilience through holistic aid, peer support, and specialised counselling.

#### **DASH**

DASH operates in Slough, as the sole grassroots specialist addressing domestic abuse. They offer local services while emphasising education for broader change and zero tolerance. Through their "See it Clearly" project, they've partnered with the Sara Charlton Foundation, aiming to educate children and youth about healthy relationships. Given that 1 in 5 UK children witnesses domestic abuse, their initiative promotes awareness and understanding. By conducting interactive workshops in schools and youth settings, they intend to change attitudes and behaviours, ultimately leading to better recognition of abuse, improved responses, and safer relationships for the future.

### **Fundraising activities**

No major fundraising events were held in the year.

## **FINANCIAL REVIEW**

### **Reserves policy**

The charity is now established and although it will continue to build reserves in the next few years it is going to continue to fund regular grant making programs. The charity benefits from the continuing support of its founder.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is controlled by its governing document, the Memorandum and Articles of Association dated 9th November 2010, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Recruitment and appointment of new trustees**

The number of Trustees shall not be less than three unless determined by ordinary resolution. Trustees are appointed by ordinary resolution. At the first annual general meeting, all Trustees must retire and sufficient Trustees to form a quorum must be elected. At subsequent annual general meetings, a third of the Trustees who have served the longest since their last appointment must be retire by rotation and may be recommended for re-election by the Trustees.

### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

### **Registered Company number**

07434703 (England and Wales)

### **Registered Charity number**

1139056

### **Registered office**

C/O Gordons Partnership LLP  
22 Great James Street  
London  
WC1N 3ES

### **Trustees**

Leonard English Charlton  
Gary Wayne Williams  
Benjamin Jean Billard

### **Independent Examiner**

Porritt Rainey  
The Crown Business Centre  
10 High Street  
Otford  
Sevenoaks  
Kent  
TN14 5PQ

### **Solicitors**

Gordons Partnership LLP  
22 Great James Street  
London  
WC1N 3ES

### **Bankers**

CAF Bank Ltd  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent ME19 4JQ

## **TRUSTEES' RESPONSIBILITY STATEMENT**

The trustees (who are also the directors of The Sara Charlton Charitable Foundation for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

**TRUSTEES' RESPONSIBILITY STATEMENT - continued**

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 31 August 2023 and signed on its behalf by:

*Leonard Charlton*

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Leonard English Charlton - Trustee

**Independent examiner's report to the trustees of The Sara Charlton Charitable Foundation ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 November 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Alan Deal*

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Alan R E Peal

Porritt Rainey  
The Crown Business Centre  
10 High Street  
Oxford  
Sevenoaks  
Kent  
TN14 5PQ

31 August 2023

**The Sara Charlton Charitable Foundation**

**Statement of Financial Activities  
(Incorporating an Income and Expenditure Account)  
for the year ended 30 November 2022**

		<b>2022 Unrestricted fund £</b>	<b>2021 Total funds £</b>
<b>INCOME AND ENDOWMENTS FROM</b>	Notes		
Donations and legacies		<b>46,992</b>	-
Investment income	2	<u><b>1,414</b></u>	<u>2</u>
<b>Total</b>		<u><b>48,406</b></u>	<u>2</u>
<b>EXPENDITURE ON Charitable activities</b>			
Grant making activities		<b>102,000</b>	9,000
Administration		<u><b>1,242</b></u>	<u>1,170</u>
<b>Total</b>		<u><b>103,242</b></u>	<u>10,170</u>
Net gains/(losses) on investments		<u>-</u>	<u>(10,409)</u>
<b>NET INCOME/(EXPENDITURE)</b>		<b>(54,836)</b>	(20,577)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		<u><b>347,501</b></u>	<u>368,078</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><b>292,665</b></u>	<u><b>347,501</b></u>

The notes form part of these financial statements



**The Sara Charlton Charitable Foundation**

**Statement of Financial Position  
30 November 2022**

		<b>2022 Unrestricted fund £</b>	<b>2021 Total funds £</b>
<b>CURRENT ASSETS</b>	Notes		
Debtors	5	-	591
Cash at bank		<u>293,415</u>	<u>379,189</u>
		<b>293,415</b>	<b>379,780</b>
<b>CREDITORS</b>			
Amounts falling due within one year	6	<u>(750)</u>	<u>(32,279)</u>
<b>NET CURRENT ASSETS</b>		<u><b>292,665</b></u>	<u><b>347,501</b></u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u><b>292,665</b></u>	<u><b>347,501</b></u>
<b>NET ASSETS</b>		<u><b>292,665</b></u>	<u><b>347,501</b></u>
<b>FUNDS</b>			
Unrestricted funds		<u><b>292,665</b></u>	<u><b>347,501</b></u>
<b>TOTAL FUNDS</b>		<u><b>292,665</b></u>	<u><b>347,501</b></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 31 August 2023 and were signed on its behalf by:

*Leonard Charlton*

Leonard English Charlton - Trustee

The notes form part of these financial statements

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. INVESTMENT INCOME**

	2022	2021
	£	£
Bank interest	<u>1,414</u>	<u>2</u>

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30 November 2022 nor for the year ended 30 November 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 November 2022 nor for the year ended 30 November 2021.

**4. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	<b>2022</b>	2021
Grant Administration	<u><u>1</u></u>	<u><u>1</u></u>

No employees received emoluments in excess of £60,000.

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2022</b>	2021
	<b>£</b>	£
Gift Aid tax	<u><u>-</u></u>	<u><u>591</u></u>

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2022</b>	2021
	<b>£</b>	£
Loan from Leonard Charlton	-	31,529
Accruals	<u><u>750</u></u>	<u><u>750</u></u>
	<u><u>750</u></u>	<u><u>32,279</u></u>

**7. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 30 November 2022.