

NORTH LONDON ACTION FOR THE HOMELESS

England & Wales · Charity number 1139024

Details

Status Registered

Legal form Charitable company

Company number [07178434](#)

Registered 2010-11-15

Register [View on the Charity Commission register](#)

Contact

Address St. Paul's Church & Hall
184 Stoke Newington Road
London
N16 7UY

Phone 07421032553

Email admin@nlah.org.uk

Website www.nlah.org.uk

Activities

Objects: (1) TO PROMOTE ANY CHARITABLE PURPOSES FOR THE BENEFIT OF THE COMMUNITY IN THE LONDON BOROUGH OF HACKNEY, HARINGEY AND ISLINGTON (THE "AREA OF BENEFIT") AND IN PARTICULAR THE ADVANCEMENT OF EDUCATION, THE PROTECTION OF HEALTH AND THE RELIEF OF POVERTY, DISTRESS AND SICKNESS AND TO PROMOTE AND ORGANISE RELATED CO-PURPOSES (2) TO PROMOTE AND ORGANISE CO-OPERATION IN THE ACHIEVEMENT OF THESE PURPOSES, ESPECIALLY WITH A VIEW TO THE RELIEF OF HOMELESSNESS, THE PROVISION OF ASSISTANCE TO THE HOMELESS AND TO THE BRINGING TOGETHER OF REPRESENTATIVES OF THE VOLUNTARY ORGANISATIONS AND THE STATUTORY AUTHORITIES WITHIN THE AREA OF BENEFIT TO HELP ACHIEVE THE PURPOSES (3) IN FURTHERANCE OF THE ABOVE PURPOSES (A) ESTABLISH AND SUPPORT, OR AID IN THE ESTABLISHMENT OR SUPPORT, OF ANY CHARITABLE ASSOCIATIONS, HOUSING ASSOCIATIONS OR INSTITUTIONS AND SUBSCRIBE OR GUARANTEE MONEY FOR CHARITABLE PURPOSES IN ANY WAY WHICH WOULD FURTHER THESE PURPOSES (B) ESTABLISH PROJECTS TO RELIEVE HOMELESSNESS AND ITS EFFECTS AND TO WORK FOR REDUCTION OF THE HOMELESSNESS. (C) RAISE FUNDS AND INVITE, OR RECEIVE, CONTRIBUTIONS BY WAY OF SUBSCRIPTION, DONATION AND OTHERWISE PROVIDED THAT NO PERMANENT TRADING ACTIVITIES ARE UNDERTAKEN IN RAISING FUNDS FOR THE PRIMARY CHARITABLE PURPOSE (D) COLLECT AND DISSEMINATE INFORMATION ON ALL MATTERS AFFECTING THESE PURPOSES AND ESTABLISH, PRINT, PUBLISH, ISSUE AND CIRCULATE SUCH PAPERS, JOURNALS, MAGAZINES, BOOKS, PERIODICALS AND PUBLICATIONS AS SHALL BE NECESSARY TO ATTAIN THESE PURPOSES OR ARE IN ANY WAY BENEFICIAL TO THE ACHIEVEMENT OF THESE PURPOSES (E) PROVIDE OR ASSIST IN THE PROVISION OF EXHIBITIONS, MEETINGS, LECTURES AND CLASSES (F) PROMOTE, ENCOURAGE AND UNDERTAKE EXPERIMENTAL WORK (G) DO ALL SUCH LAWFUL THINGS AS SHALL FURTHER THESE PURPOSES.

Activities: Provides hot freshly cooked 3 course meals to homeless and vulnerable people at two weekly drop in sessions. The sessions cater for between 50 to 150 people. We also provide practical advice on where to find emergency accommodation and work with outreach and health services. We also run a gardening project that involves services users in growing the vegetables that contribute to the meals.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Prevention Or Relief Of Poverty, Accommodation/housing, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** HACKNEY, HARINGEY AND ISLINGTON
- Hackney

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£93,684	£104,620	-	-
2024-03-31	£106,556	£98,646	-	-
2023-03-31	£95,909	£93,245	-	-
2022-03-31	£67,814	£90,474	-	-
2021-03-31	£117,685	£86,056	-	-

Trustees

Name	Role	Appointed
Conor Gibson		2018-09-22
Elizabeth Barnes		2019-08-01
Ellen Caitlin Tansey		2023-09-14
George Robert Currie		2023-01-08
James Xuan Anh Nguyen		2022-11-30
Sarah Baker		2021-07-01

NORTH LONDON ACTION FOR THE HOMELESS

England & Wales - Charity number 1139024

Accounts

North London Action for the Homeless

Annual Report and Financial Statements for the year ended 31 March 2025



North London Action
for the Homeless

Company limited by guarantee. Registered in England and Wales No. 07178434.
Registered Charity No. 1139024.

**WE PROVIDE
A PLACE TO CONNECT**

WE PROVIDE ADVOCACY

WE PROVIDE HEALTHY FOOD

The objects of NLAH are to run a drop in centre that is open to all who are homeless or in need, within an ethos of service, respect and acceptance. We also run a wellbeing gardening project as an educational programme to increase the knowledge and skills of people to address food poverty where they learn to grow and cook different food.



Trustees Report and Financial Statements for the year ended 31 March 2025

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Trustees

James Nguyen (Chair)
Conor Gibson (Vice Chair)
George Currie (Treasurer)
Elizabeth Barnes
Sarah Baker-White
Jayne Doherty
Ellen Tansey
Jessica Hodge (Resigned, 19th November 2025)

Registered Office

St Paul's Church West Hackney
Stoke Newington Road
London
N16 7UY

Charity and Company Registration

Registered charity **1139024**

Company limited by guarantee in England and Wales **07178434**

Independent examiner

Kim D Hooper
132 Admirals Tower
8 Dowells Street
London
SE10 9GE

Banker

Unity Trust Bank plc
Nine Brindleyplace
4 Oozells Square
Birmingham
B1 2HB

REPORT OF THE TRUSTEES

Activities, Achievements and Performance 2024-2025

In the last reporting year, April 2024 to March 2025, North London Action for the Homeless ("NLAH") focused on delivering its core services to guests through:

- individual one-on-one support and advocacy services provided by our Co-Centre Managers, helping guests with a wide range of issues and challenges;
- our twice-weekly drop-in meal sessions and additional services provided during those sessions, such as haircuts, showers, laundry services, as well as connecting guests with other local organisations;
- our Wellbeing Gardening Project; and
- social activities as part of our Social Isolation Project.

It is clear that it remains a seriously difficult time for many of our guests, with the continued cost-of-living crisis and cuts to government and non-profit services disproportionately impacting those most in need within our community. As such, NLAH remains dedicated to both filling the gaps left by the diminishing capacity of these support services, as well as providing a regular safe space and some measure of comfort where possible for our guests.

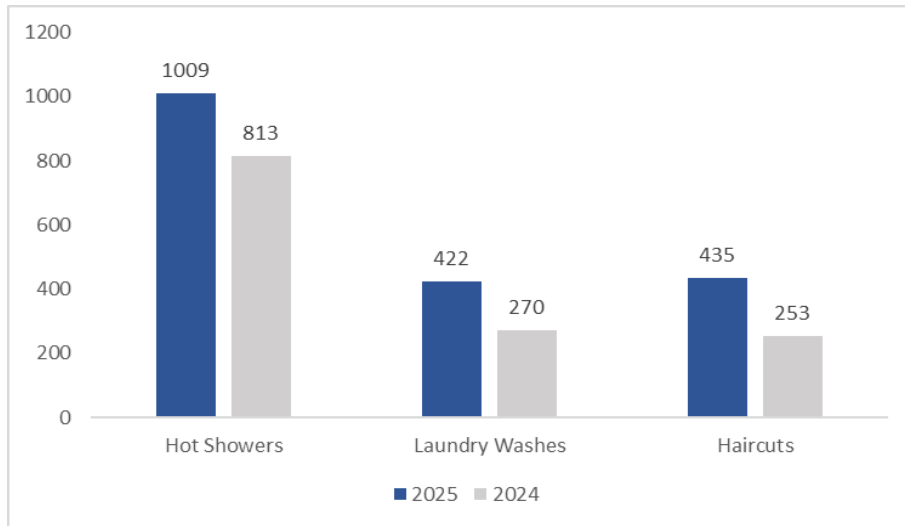
In that context, it has not been surprising to see an increase in demand for both our advocacy services and the meal sessions (including the additional services provided during those sessions).

Key outputs from our service for the year ending 31 March 2025 include:

- More than 7,300 Meals (2024: approximately 6,600 meals) – this is a fairly significant increase compared to last year and continues the upwards trend of attendance at our drop-in meal sessions over the last few years.
- Ran 13 gardening sessions as part of our Wellbeing Gardening Project (2024: 16 gardening sessions), including 10 regular gardening sessions and 3 events.
- Provided support 208 times to our guests (2024: support was provided 198 times) – one on one support, which was a little bit higher than last year, continues to be a mix of one-off support and support relating to longer term and more complex issues. For example, we supported a guest (who we have been working with for over 10 years) with them moving into a council flat after many years of homelessness by helping them navigate the council housing system, organising direct debit arrangements, and helping them apply for council tax reductions. Otherwise, as with previous years, there was a wide variety and breadth of the types of support provided, including support with immigration and citizenship applications, liaising with health care providers, acting as a care of address, arranging foodbank vouchers or Oyster card top-ups, and referrals to other support service providers.
- Provided 14 food parcels with suitable shelf stable foods and toiletries (2024: 25 food parcels). This has significantly fallen compared to the previous year, continuing a downward trend in recent years as this is no longer core part of our service as it was during the Covid-19 pandemic.
- Continued to be a hub for other organisations to offer support services such as health checks and financial or legal advice. For example, we partnered with First

Vision Eyecare to offer our guests free eye tests and free glasses for anyone that needed them. Some of the other organisations we partner with regularly are:

- Thames Reach - rough sleeping outreach
- Hackney Street Outreach Team – rough sleeping outreach
- Dual Diagnosis Rough Sleeper project (run by Turning Point / Hackney Recovery Services) – support with alcohol and substance use issues
- Rough Sleeping and Mental Health Project (RAMHP) – mental health services for rough sleepers
- Lawstop – provision of legal housing and immigration advice
- Hackney Here To Help – provision of financial / benefits advice
- Provided access to 1009 hot showers (2024: 813), 422 laundry washes (2024: 270) and 435 haircuts (2024: 253) during drop in sessions – guests’ use of these additional services significantly increased this year, and we have made adjustments to ensure we can meet such demand, including allowing guests to visit earlier to have showers and do laundry and installing a second washing machine.



- Ran 3 activities as part of our social isolation project, mainly showing films or other activities on Fridays (2024: 7 activities) – we were not able to offer as many social isolation sessions as last year, generally due to lack of availability of the St Pauls’ Church hall or staff.

Our plans for 2025-26

We plan to continue to run most of our key services; twice weekly drop in sessions with meals, advocacy service, and social activities.

Also, after 15 years of running the Wellbeing Gardening Project, it feels appropriate for us to pause and reflect on whether the project remains sustainable in its current form, so we will be undertaking a review of the project more broadly.

We are also planning to review NLAH’s current mission statement and consider whether any changes may be required to ensure it is still reflective of NLAH’s core services and the underlying values that NLAH seeks to uphold and promote through its work.

Financial Review and Reserves Policy

NLAH continues to enjoy strong local support from charitable funds and trusts, businesses and individuals.

During 2024-25, NLAH received over £31,000 in donations from the community and local businesses (2024: £29,000). The generosity of our local community ensured we were able to continue to focus on our service delivery supported by a secure financial position.

NLAH also received almost £63,000 in grant funding (2024: £78,000) from various charitable trusts. Details of our grant funding are shown in Note 2 to the accounts.

A large number of individuals volunteer their time at the twice weekly drop in sessions, with an active pool of around 80 volunteers that contribute their time to support these sessions, for which we are incredibly grateful. The charity is grateful to all those local businesses and individuals who have supported it during the year.

Expenditure increased during the year by over £5,000 to £104,000. This was largely due to increase in staff costs.

The charity aims to hold six months running costs in reserve. Due to steadily increasing costs of running our services, including increase in costs due to inflation, the Board decided to increase the Reserve Fund to £50,000 to reflect approximately six months of expenses.

Structure, governance and management

NLAH has been supporting homeless and vulnerable people in Stoke Newington for 32 years. NLAH was formed by members of the local community in 1993 and held its first drop-in session that year.

NLAH originally formed as an unincorporated charity, registration number 1032580. The present charity was incorporated in 2010 and on 31 March 2010 the activities of charity number 1032580 were transferred to it.

The Charity's trustees are appointed by the board and stand for re-election by the Charity's Members at the Annual General Meeting. The trustees meet on average every six weeks, together with Management Committee including staff and members.

On a day-to-day basis, NLAH is run by five part-time staff. The Co-Centre Managers have responsibility for overseeing the running of the drop-in sessions (twice weekly), volunteer recruitment and the Wellbeing Gardening project. We have a Support worker that assists the Co-Centre managers with running the drop-in sessions. Two Cooks oversee the running of the kitchen for the drop-in sessions, with one Cook responsible for Monday lunchtime sessions and another Cook taking over kitchen duties for Wednesday dinner sessions. NLAH also employs a Mental Health support worker for the Wellbeing Gardening project.

Fundraising

NLAH raises money from charitable trusts, a donation page on JustGiving, Charities Aid Foundation, and a small number of fundraising events. Companies or individuals can set up campaign pages on the JustGiving website to raise funds on behalf of NLAH.

NLAH invites supporters to fundraising events. NLAH also promotes our annual Winter appeal on JustGiving and makes it known we are looking for particular food items or toiletries on our social media channels.

NLAH does not contact individuals requesting donations.

THANK YOU

We would like to say a huge thank you to all our supporters. Big or small, all the assistance we receive is the reason we can keep our doors open to all those in need.

Thank you to our drop-in session volunteers, who are essential to providing a hot, 3 course meal to our service users twice every week.

For attending our sessions to provide services to our guests or accepting referrals

- Dual Diagnosis Rough Sleep Project (Turning Point)
- Find and Treat Van, UCL Mobile Health Unit
- Groundswell
- Hackney Migrant Centre
- Health Inclusion Project (Hackney Council/City of London)
- Hackney Here to Help
- Homerton Hospital Homeless Pathway Project
- NHS
- Lawstop
- Rough Adult Sleepers Mental Health Project (RAMPH)
- The City and Hackney Public Health Team - Clinical Van
- Thames Reach Outreach
- Vision Care

For food and goods and financial donations

- Akdeniz Bakery
- Blue Coats Pub
- Capital Lad
- Castle Gibson
- Dusty Knuckle
- Francis Holland School
- Girl Guides
- Growing Communities
- Hackney Wassail
- Highgate School
- L'Épicerie
- Mutual Aid Group (Stoke Newington)
- Rainbow Nursery
- Sai Baba Curry
- SoleShare
- SongWorks
- St Paul's Harvest Donations

Signed by:



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James Nguyen
Chair

Date: 31/01/2026

Independent examiner's report to the trustees of North London Action for the Homeless

I report on the accounts of the company for the year ended 31 March 2025, which are set out on pages 12 to 17.

This report is made solely to the trustees as a body, in accordance with the Charities Act 2011. My examination has been undertaken so that I might state to the trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the trustees as a body, for my examination, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed by:



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Kim D Hooper

132 Admirals Tower
8 Dowells Street
London
SE10 9GE

Date: 1/31/2026

North London Action for the Homeless

Statement of Financial Activities for the year ended 31 March 2025

	Notes	Unrestricted	Restricted	2025 Total	2024 Total
Incoming resources					
Grants	2	48,000	15,000	63,000	77,788
Donations and fundraising activities		30,684	0	30,684	28,768
Total incoming resources		78,684	15,000	93,684	106,556
Resources expended					
Drop In Centre running costs		67,597	12,000	79,597	75,558
Advocacy Service running costs		11,287	3,000	14,287	13,364
Wellbeing Programme running costs		6,354	0	6,354	5,630
Social Isolation costs		868	0	868	1,640
Accounting and governance costs		1,674	0	1,674	1,200
Fundraising / publicity		655	0	655	814
Depreciation	9	1,185	0	1,185	440
Total resources expended		89,620	15,000	104,620	98,646
Net incoming / (outgoing) resources		(10,936)	0	(10,936)	7,910
Transfer between funds		0	0	0	0
Net movement in funds		(10,936)	0	(10,936)	7,910
Total funds brought forward		88,222	0	88,222	80,312
Total funds carried forward		77,286	0	77,286	88,222

The notes on pages 14 to 17 form part of these accounts.

North London Action for the Homeless
Company Number: 07178434
Statement of Financial Position as at 31 March 2025

	Notes	2025 Total	2024 Total
Tangible fixed assets	9	3,172	632
Current assets			
Cash at bank and in hand		73,874	88,590
Prepayments	5	1,024	0
Total Current Assets		74,898	88,590
Creditors falling due within one year			
Creditors and accruals	6	784	1,000
Net current assets		<u>74,114</u>	<u>87,590</u>
Net assets		<u><u>77,286</u></u>	<u><u>88,222</u></u>
Funds			
Designated Income Funds	10	10,000	14,543
Reserve Fund - Designated	10	50,000	45,000
Unrestricted Income Funds - not designated	10	17,286	28,679
		<u><u>77,286</u></u>	<u><u>88,222</u></u>

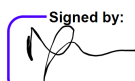
Audit Exemption Statement

For the year ended 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' (who are also trustees of the charity) responsibilities:

- the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- the directors' acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of the accounts;
- these accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the directors on 31 January 2026 and authorised for issue and signed for on their behalf by:

Signed by:

 26260EC667BC425...
 James Nguyen
 Chair

Notes to the Financial Statements

1 Accounting Policies

Basis of accounting

These accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Grants

Grants are recognised in the Statement of Financial Activities (SoFA) as received following the satisfaction of any pre-conditions.

Donations and other income

Donations and other income are recognised when received.

Gifts in kind

Much of the food used by the charity is donated by local businesses. No value is assigned to contributions of food or clothes donations passed onto service users, or the provision of the services of a health access worker and a hairdresser. Similarly, the contribution by volunteers is not recognised in the accounts. Other gifts in kind are valued at their value to the charity.

Expenditure

Expenditure is recognised on an accruals basis.

Allocation of expenditure

Expenditure is allocated directly to the appropriate fund, and where this is not possible costs are apportioned on the basis of time spent on the relevant activity.

Fixed assets

Expenditure on renewals, fixtures and fittings which exceeds £400 is capitalised.

Provision for depreciation of capitalised fixed assets held for use by the charity is made at annual rates calculated to write down their cost over their useful lives.

Kitchen Equipment: 3 Years

Office Equipment: 3 Years

Laundry Equipment: 5 Years

Provisions

Where the charity has an obligation to transfer economic benefits but no liability has been recognised, a provision is raised in accordance with FRS 12.

Taxation

No provision for taxation is included in the accounts as the charity is entitled to exemption from tax afforded by Section 505 of the Income and Corporation Taxes Act 1988.

Funds structure

The charity has a single unrestricted income fund and some of the grants received are restricted to a particular purpose. Part of the unrestricted income fund has been designated by the Management Committee as a Reserve Fund. See note 9 for further details.

Cashflow

The charity qualifies as a small company and therefore, in accordance with FRS1, no cashflow statement is required.

2. Grants

	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
London Community Foundation	20,000		20,000	
Dr French Foundation	20,000		20,000	
Albert Hunt Trust	8,000		8,000	
West Hackney Parochial Charity		15,000	15,000	15,000
The Betty Messenger			-	40,000
Tides Foundation			-	7,788
National Lottery Community Organisations Cost of Living Fund			-	15,000
Total	48,000	15,000	63,000	77,788

3. Salary costs

During the year the charity employed five (2024: five) part-time employees. No employee earned more than £60,000 per annum.

4. Insurance

Public & employer's liability Insurance was purchased at a cost of £394 (2024: £325).

Trustees Indemnity insurance was purchased for £284 (2024: £284).

5. Prepayments

	2025	2024
Payroll Expenses	1024	0
Total	1024	0

6. Creditors and Accruals

	2025	2024
Accounting and Governance Costs	500	1000
Insurance Policy Expenses	284	0
Total	784	1000

7. Trustees remuneration and expenses

None of the trustees were remunerated directly or indirectly (2024: nil). During the year, no expense reimbursements were paid to trustees (2024: nil).

8. Contingencies and contractual commitments

In the opinion of the members of the management committee, as at 31.03.2025 there were no contingent liabilities and no contractual commitments (2024: nil). No assets are held under leases.

9. Tangible Fixed Assets

	Office Equipment	Laundry Equipment	Total
	£	£	£
Cost			
At 1 April 2024	1320	0	1320
Additions	0	3725	3725
At 31 March 2025	1320	3725	5045
Depreciation			
At 1 April 2024	688	0	688
Charge for the year	440	745	1185
At 31 March 2025	1128	745	1873
Net Book Value			
At 31 March 2025	192	2980	3172
At 31 March 2024	632	0	632

10. Funds	At				At
	31/03/2024	Income	Expenditure	Transfers	31/03/2025
	£	£	£	£	£
Restricted Funds					
West Hackney Parochial Charity	10000	15000	(15,000)	-	10000
Tides Foundation	4543	-	(4,543)	-	-
Total Restricted Funds	14,543	15,000	(19,543)	-	10000
Unrestricted Funds					
The Betty Messenger	6,667	-	(6,667)	-	0
London Community Foundation	-	20,000	(16,667)	-	3333
DR FRENCH DONATION	-	20,000	(5,000)	-	15000
ALBERT HUNT SP	-	8,000	(667)	-	7333
Other Unrestricted Income Funds	22,012	30,684	(56,077)	(5,000)	(8,381)
Total Unrestricted Funds	28,679	78,684	(85,077)	(5,000)	17286
Reserve Fund - designated	45,000	-	-	5,000	50000
Total Funds	88,222	93,684	(104,620)	-	77,286

Details of the restricted grants were as follows:

West Hackney Parochial Charity

Purpose/service

Drop in service Dec 2024 – Dec 2025

Use of grant

Staff costs & rent costs

Tides Foundation (BlackRock)

Purpose/service

Drop in service Nov 2023 – Nov 2024

Use of grant

Staff Costs & running cost

The trustees have designated £50,000 (2024: £45,000) as a Reserve Fund in line with the charity's reserves policy to hold three to six months operating expenses in reserve.

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England & Wales - Charity number 1139024

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Trustees Report and Financial Statements for the year ended 31 March 2024

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Trustees

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Registered Office

St Paul's Church West Hackney
Stoke Newington Road
London
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Charity and Company Registration

Registered charity **1139024**

Company limited by guarantee in England and Wales **07178434**

Independent examiner

Kim D Hooper
132 Admirals Tower
8 Dowells Street
London
SE10 9GE

Banker

Unity Trust Bank plc
Nine Brindleyplace
4 Oozells Square
Birmingham
B1 2HB

REPORT OF THE TRUSTEES

Activities, Achievements and Performance 2023-2024

In many ways it was North London Action for the Homeless (NLAH) service as usual throughout the year. We focused on delivery of the drop in meal sessions, together with our advocacy support, Wellbeing Gardening project and social activities. In other ways, the continued diminishing of support services (government or other local charity services) continues to impact our community and we are all adapting to how to navigate the effects of this, individually and collectively.

As an independent, small organisation, we try to fill the gaps that services don't or can't provide. The Co-Centre Managers spend a greater increasing proportion of their time providing one on one advocacy support to guests.

Key outputs from our service for the year ending 31 March 2024 include:

- More than 6,600 Meals (almost 500 more than previous year)
- Ran 16 gardening sessions (2 more than previous year)
- Provided support 198 times to our guests, such as providing letters of support for PIP claims, liaising with health care providers, acting as a care of address, arranging foodbank vouchers, and other referrals. The total number of one on one support is broadly in line with last year, however, we provided more support relating to longer term and more complex issues.
- Provided 25 food parcels with suitable shelf stable foods and toiletries. This about half the number of previous year, as is no longer core part of our service as it was during Covid pandemic.
- Continued to be a hub for other organisations to offer support services such as health checks; some of the organisations we partner regularly with are:
 - Thames Reach - rough sleeping outreach
 - Turning Point - a rough sleeper project
 - Lawstop - who provide legal housing and immigration advice
 - UCLH - Find and Treat Team
- Provided access to 813 hot showers (2023: 532), 270 laundry washes (2023: 212) and 253 haircuts (2023: 199) during drop in sessions.
- Ran 7 activities as part of our social isolation project, including a trip to Kew Gardens

Our plans for 2024-25

We plan to continue to run our four key services; twice weekly drop in sessions with meals, advocacy service, social activities and gardening project.

We plan to increase our capacity for laundry washes by installing a second washing machine and dryer at St Pauls. We currently have greater demand for this service than we can deliver.

Financial Review and Reserves Policy

NLAH continues to enjoy strong local support from charitable funds and trusts, businesses and individuals.

During 2023-24, NLAH received over £29,000 in donations from the community and local businesses (2023: £40,000). The generosity of our local community ensured we were able to continue to focus on our service delivery supported by a secure financial position.

NLAH also received almost £78,000 in grant funding (2023: £56,000) from various charitable trusts. Details of our grant funding are shown in Note 2 to the accounts.

A large number of individuals volunteer their time at the twice weekly drop in sessions, with an active pool of 80 volunteers. The charity is also grateful to all those local businesses and individuals who have supported it during the year by donating food or other items and services.

Expenditure increased during the year by over £5,000 to £98,000. This was largely due to increase in staff costs.

The charity aims to hold six months running costs in reserve. There has been no change to the Reserve Fund over the period, maintained at £45,000, reflecting approximately six months of expenses.

Structure, governance and management

NLAH has been supporting homeless and vulnerable people in Stoke Newington for 31 years. NLAH was formed by members of the local community in 1993 and held its first drop in session that year.

NLAH originally formed as an unincorporated charity, registration number 1032580. The present charity was incorporated in 2010 and on 31 March 2010 the activities of charity number 1032580 were transferred to it.

The Charity's trustees are appointed by the board and stand for re-election by the Charity's Members at the Annual General Meeting. The trustees meet on average every six weeks, together with Management Committee including staff and members.

On a day to day basis, NLAH is run by five part-time staff. The Co-Centre Managers have responsibility for overseeing the running of the drop in sessions (twice weekly), volunteer recruitment and the gardening Wellbeing project. We have a Support worker that assists the Co-Centre managers with running the drop in sessions. The Cook oversees the running of the kitchen for the drop-in sessions. NLAH also employs a Mental Health support worker for the Wellbeing gardening project.

Fundraising

NLAH raises money from charitable trusts, a donation page on JustGiving, Charities Aid Foundation, and a small number of fundraising events. Companies or individuals can set up campaign pages on the JustGiving website to raise funds on behalf of NLAH.

NLAH invites supporters to fundraising events. NLAH also promotes our annual Winter appeal on JustGiving and makes it known we are looking for particular food items or

toiletries on our social media channels. NLAH does not contact individuals requesting donations.

THANK YOU

We would like to say a huge thank you to all our supporters. Big or small, all of the assistance we receive is the reason we can keep our doors open to all those in need.

Thank you to our drop in session volunteers, whom are essential to providing a hot, 3 course meal to our service users twice every week.

For attending our sessions to provide services to our guests or accepting referrals

Dual Diagnosis Rough Sleep Project (Turning Point)
Groundswell
Hackney Migrant Centre
Hackney Money Hub
Hackney Winter Night Shelter
Lawstop
Rough Sleepers Mental Health Project (RAMPH)
Thames Reach Outreach
UCLH - Find and Treat team

For food and goods and financial donations

Akdeniz
Castle Gibson
Costa
Dusty Knuckle
Felix Food Project
Francis Holland School
Growing Communities
Howdens
Leila's SHop
L'epicerie
Mactaggart Family & Partners
Moveable Ink
Mutual Aid Group (Stoke Newington)
Rainbow Nursery / St Bartholomew Church Congregation
Sai Baba Curry
Soho Sandwich Company
SoleShare
St Paul's Harvest Donations
Team Lewis Foundation

DocuSigned by:


0EE46DC8F455413
Jessica Hodge
Chair
31 January 2025

Independent examiner's report to the trustees of North London Action for the Homeless

I report on the accounts of the company for the year ended 31 March 2023, which are set out on pages 11 to 16.

This report is made solely to the trustees as a body, in accordance with the Charities Act 2011. My examination has been undertaken so that I might state to the trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the trustees as a body, for my examination, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

DocuSigned by:

Kim D Hooper

C1E7A6B738E8497...

Kim D Hooper
132 Admirals Tower
8 Dowells Street
London
SE10 9GE

Date:

North London Action for the Homeless

Statement of Financial Activities for the year ended 31 March 2024

	Notes	Unrestricted	Restricted	2024 Total	2023 Total
Incoming resources					
Grants	2	40,000	37,788	77,788	55,974
Donations and fundraising activities		28,768	0	28,768	39,935
Total incoming resources		68,768	37,788	106,556	95,909
Resources expended					
Drop In Centre running costs		37,770	37,788	75,558	71,314
Advocacy Service running costs		13,364	0	13,364	12,852
Wellbeing Programme running costs		5,630	0	5,630	6,108
Social Isolation costs		1,640	0	1,640	649
Accounting and governance costs		1,200	0	1,200	1,681
Fundraising / publicity		814	0	814	393
Depreciation	8	440	0	440	248
Total resources expended		60,858	37,788	98,646	93,245
Net incoming / (outgoing) resources		7,910	0	7,910	2,664
Transfer between funds		0	0	0	0
Net movement in funds		7,910	0	7,910	2,664
Total funds brought forward		80,312	0	80,312	77,648
Total funds carried forward		88,222	0	88,222	80,312

The notes on pages 12 to 15 form part of these accounts.

North London Action for the Homeless
Company Number: 07178434
Statement of Financial Position as at 31 March 2024

	Notes	2024	2023
		Total	Total
Tangible fixed assets	9	632	1,072
Current assets			
Cash at bank and in hand		88,590	81,467
Total Current Assets		88,590	81,467
Creditors falling due within one year			
Creditors and accruals	5	1,000	2,227
Net current assets		87,590	79,240
Net assets		88,222	80,312
Funds			
Restricted Funds	10	14,543	28,149
Reserve Fund - Designated	10	45,000	45,000
Unrestricted Funds	10	28,679	7,163
		88,222	80,312

Audit Exemption Statement

For the year ended 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' (who are also trustees of the charity) responsibilities:

- the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- the directors' acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of the accounts;
- these accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the directors on 31 January 2025 and authorised for issue and signed for on their behalf by:

DocuSigned by:

 0EE46DC8F455413...
 Jessica Hodge
 Chair

Notes to the Financial Statements

1 Accounting Policies

Basis of accounting

These accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Grants

Grants are recognised in the Statement of Financial Activities (SoFA) as received following the satisfaction of any pre-conditions.

Donations and other income

Donations and other income are recognised when received.

Gifts in kind

Much of the food used by the charity is donated by local businesses. No value is assigned to contributions of food or clothes donations passed onto service users, or the provision of the services of a health access worker and a hairdresser. Similarly, the contribution by volunteers is not recognised in the accounts. Other gifts in kind are valued at their value to the charity.

Expenditure

Expenditure is recognised on an accruals basis.

Allocation of expenditure

Expenditure is allocated directly to the appropriate fund, and where this is not possible costs are apportioned on the basis of time spent on the relevant activity.

Fixed assets

Expenditure on renewals, fixtures and fittings which exceeds £400 is capitalised.

Provision for depreciation of capitalised fixed assets held for use by the charity is made at annual rates calculated to write down their cost over their useful lives.

Kitchen equipment	three years
Office equipment	three years

Provisions

Where the charity has an obligation to transfer economic benefits but no liability has been recognised, a provision is raised in accordance with FRS 12.

Taxation

No provision for taxation is included in the accounts as the charity is entitled to exemption from tax afforded by Section 505 of the Income and Corporation Taxes Act 1988.

Funds structure

The charity has a single unrestricted income fund and some of the grants received are restricted to a particular purpose. Part of the unrestricted income fund has been designated by the Management Committee as a Reserve Fund. See note 9 for further details.

Cashflow

The charity qualifies as a small company and therefore, in accordance with FRS1, no cashflow statement is required.

2. Grants

	2024 Unrestricted	2024 Restricted	2024 Total	2023 Total
Investcorp				15,000
Hackney Parochial Charities				15,974
London Community Foundation				10,000
West Hackney Parochial Charity		15,000	15,000	15,000
Tides Foundation		7,788	7,788	
National Lottery Community Organisations Cost of Living Fund		15,000	15,000	
The Betty Messenger	40,000		40,000	
Total	40,000	37,788	77,788	55,974

3. Salary costs

During the year the charity employed five (2023: five) part-time employees. No employee earned more than £60,000 per annum.

4. Insurance

Public & employer's liability Insurance was purchased at a cost of £325 (2023: £298).

Trustees Indemnity insurance was purchased for £284 (2023: £361).

5. Creditors and Accruals

	2024	2023
Accounting and Governance Costs	1,000	1,500
Payroll Expenses	0	132
Pension Costs	0	595
Total	1,000	2,227

6. Trustees remuneration and expenses

None of the trustees were remunerated directly or indirectly (2023: nil). During the year, no expense reimbursements were paid to trustees (2023: nil).

7. Contingencies and contractual commitments

In the opinion of the members of the management committee, as at 31.03.2024 there were no contingent liabilities and no contractual commitments (2023: nil). No assets are held under leases.

8. Tangible Fixed Assets

	Office Equipment
	£
Cost	
At 1 April 2023	1072
Additions	<u>0</u>
At 31 March 2024	<u>1072</u>
Depreciation	
At 1 April 2023	248
Charge for the year	<u>440</u>
At 31 March 2023	<u>688</u>
Net Book Value	
At 31 March 2024	<u>632</u>
At 31 March 2023	1072

9. Funds	At				At
	31/03/2023	Income	Expenditure	Transfers	31/03/2024
	£	£	£	£	£
Restricted Funds					
Investcorp	1,250	-	(1,250)	-	-
Hackney Parochial Charities	10,649	-	(10,649)	-	-
London Community Foundation	5,000	-	(5,000)	-	-
West Hackney Parochial Charity	11,250	15,000	(16,250)	-	10,000
Tides Foundation	-	7,788	(3,245)	-	4,543
National Lottery Community Organisations Cost of Living Fund	-	15,000	(15,000)	-	-
Total Restricted Funds	28,149	37,788	(51,394)	-	14,543
Unrestricted Funds					
The Betty Messenger Foundation	-	40,000	(33,333)	-	6,667
Other Unrestricted Income Funds	7,163	28,768	(13,919)	-	22,012
Total Unrestricted Funds	7,163	68,768	(47,251)	-	28,679
Reserve Fund - designated	45,000	-	-	-	45,000
Total Funds	80,312	106,556	(98,646)	-	88,222

Details of the restricted grants were as follows:

West Hackney Parochial Charity	
Purpose/service	Drop in service Dec 2023 – Dec 2024
Use of grant	Staff costs & rent costs
Tides Foundation (BlackRock)	
Purpose/service	Drop in service Nov 2023 – Nov 2024
Use of grant	Staff Costs & running cost
The National Lottery Community Organisations Cost of Living Fund	
Purpose/service	Drop in & Advocacy services Aug 2023 – Feb 2024
Use of grant	Staff Costs & running costs
Investcorp	
Purpose/service	Drop in service May 2022 – May 2023
Use of grant	Staff costs & running costs
Hackney Parochial Charity	
Purpose/service	Drop in service Dec 2022 – Dec 2023
Use of grant	Staff Costs & running cost
London Community Foundation	
Purpose/service	Drop in service Jan 2023 – Jun 2023
Use of grant	Staff Costs & running costs

The trustees have designated £45,000 as a Reserve Fund in line with the charity's reserves policy to hold three to six months operating expenses in reserve.

NORTH LONDON ACTION FOR THE HOMELESS

England & Wales - Charity number 1139024

Accounts

North London Action for the Homeless

Annual Report and Financial Statements for the year ended 31 March 2023



North London Action
for the Homeless

Company limited by guarantee. Registered in England and Wales No. 07178434.
Registered Charity No. 1139024.

**WE PROVIDE
A PLACE TO CONNECT**

WE PROVIDE ADVOCACY

WE PROVIDE HEALTHY FOOD

The objects of NLAH are to run a drop in centre that is open to all who are homeless or in need, within an ethos of service, respect and acceptance. We also run a wellbeing gardening project as an educational programme to increase the knowledge and skills of people to address food poverty where they learn to grow and cook different food. NLAH strives to influence policy and overcome barriers to accommodation and other services to which homeless and excluded people are entitled.



Trustees Report and Financial Statements for the year ended 31 March 2023

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Report of the trustees	5
Independent examiner's report	9
Statement of financial activities	11
Statement of financial position	12
Notes to the financial statements	13

Trustees

Jessica Hodge (Chair)
Conor Gibson (Vice Chair)
George Currie (Treasurer) (appointed 8 January 2023)
Elizabeth Barnes
Sarah Baker-White
Jayne Doherty
James Nguyen (appointed 30 November 2022)

Registered Office

St Paul's Church West Hackney
Stoke Newington Road
London
N16 7UY

Charity and Company Registration

Registered charity **1139024**

Company limited by guarantee in England and Wales **07178434**

Independent examiner

Kim D Hooper
132 Admirals Tower
8 Dowells Street
London
SE10 9GE

Banker

Unity Trust Bank plc
Nine Brindleyplace
4 Oozells Square
Birmingham
B1 2HB

REPORT OF THE TRUSTEES

Activities, Achievements and Performance 2022-2023

2023 marks 30 years since North London Action for the Homeless opened its doors in Hackney to provide free meals. Established in direct response to the basic needs of rough sleepers and homeless people, we are proud of our many years of service.

We are deeply concerned by the rise in rough sleeping, the cost of living challenges and inadequacy of support services available to our service users. We are keenly aware that we are often a service of last resort. As such, we strive to keep our doors open each week and offer access to our services to alleviate some of the hardship people are facing in our community

This year, in response to feedback from our service users, we commenced facilitating group social activities to provide relief from social isolation. We have been successful in continuing to secure sufficient funding and donations to run all our services.

Key outputs from our service for the year ending 31 March 2023 include:

- Served more than 6,000 meals (2022: 5,500)
- Ran 14 gardening sessions (2022: 14)
- Provided support 209 times (2022: 189) to our service users, such as providing letters of support for PIP claims, liaising with health care providers, calling utility companies, acting as a care of address, arranging foodbank vouchers, and other referrals.
- Provided 52 food parcels (2022: 911) with suitable shelf stable foods and toiletries. We wound down this service towards the end of last year, as this is no longer core part of our offering, but are continuing to provide emergency packages
- Continued to be a hub for other organisations to offer support services such as health checks
- Provided access to 532 hot showers (2022: 245) and 212 laundry washes (2022: 137) and 188 haircuts (2022: 122) during drop in sessions
- Ran 4 activities as part of our Social Isolation project, including a trip to the Museum of the Home and movie screenings at St Pauls

Our plans for 2023-24

We plan to continue to run our four key services; twice weekly drop in sessions with meals, advocacy service, social activities and gardening project.

We also plan to undertake a review of our organisational purpose and strategy. We intend to hold a review and planning session which will be open to everyone to attend to help us shape how we see the future of NLAH.

Financial Review and Reserves Policy

NLAH continues to enjoy strong local support from charitable funds and trusts, businesses and individuals.

During 2022-23, NLAH received over £39,000 in donations from the community and local businesses. The generosity of our local community ensured we were able to continue to focus on our service delivery supported by a secure financial position.

NLAH also received almost £56,000 in grant funding (2022: £15,000) from various charitable trusts, a significant increase from the previous year. Details of our grant funding are shown in note 2 to the accounts.

A large number of individuals volunteer their time at the twice weekly drop in sessions, with an active pool of 80 volunteers. The charity is also grateful to all those local businesses and individuals who have supported it during the year by donating food or other items and services.

Expenditure increased during the year by over £2,000 to £93,000. This was largely due to increase in staff costs.

The charity aims to hold six months running costs in reserve. There has been no change to the Reserve Fund over the period, maintained at £45,000, reflecting approximately six months of expenses.

Structure, governance and management

North London Action for the Homeless (NLAH) has been supporting homeless and vulnerable people in Stoke Newington for 30 years. NLAH was formed by members of the local community in 1993 and held its first drop in session that year.

NLAH originally formed as an unincorporated charity, registration number 1032580. The present charity was incorporated in 2010 and on 31 March 2010 the activities of charity number 1032580 were transferred to it.

The Charity's trustees are appointed by the board and stand for re-election by the Charity's Members at the Annual General Meeting. The trustees meet on average every six weeks, together with Management Committee including staff and members.

On a day to day basis, NLAH services are delivered by five part-time staff. The Co-Centre Managers have responsibility for overseeing the running of the drop in sessions (twice weekly), volunteer recruitment and the gardening Wellbeing project. We have a Support worker that assists the Co-Centre managers with running the drop in sessions. The Cook oversees the running of the kitchen for the drop in sessions. NLAH also employs a Mental Health support worker for the Wellbeing gardening project.

Fundraising

NLAH raises money from charitable trusts, a donation page on JustGiving, Charities Aid Foundation, and a small number of fundraising events. Companies or individuals can set up campaign pages on the JustGiving to raise funds on behalf of NLAH.

NLAH invites supporters to fundraising events. NLAH also promotes our annual Winter appeal on JustGiving and makes it known we are looking for particular food items or toiletries on our social media channels. NLAH does not contact individuals requesting donations.

THANK YOU

We would like to say a huge thank you to all our supporters. Big or small, all of the assistance we receive is the reason we can keep our doors open to all those in need. Firstly, to all of our drop in session volunteers, thank you for all your work supporting our sessions.

For attending our sessions to provide services to our guests or accepting referrals

Big Issue
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Find and Treat Van, St Mungos
Groundswell
Hackney Migrant Centre
Health Inclusion Project (Hackney Council/City of London)
Hackney Street Outreach Response Team
Hackney Money Hub
Hackney Winter Night Shelter
Homerton Hospital Homeless Pathway Project
NHS
Lawstop
Rough Sleepers Mental Health Project (RAMPH)
Outward
The City and Hackney Public Health Team - Clinical Van
Thames Reach Outreach
UCL Mobile Health Unit

For food and goods and financial donations

Akdeniz
Art Terry
Blue Coats Pub
Castle Gibson
Clapton Girls' Academy
Computers4Charity
Dusty Knuckle
Faith in Nature
Francis Holland School
Girl Guides
Growing Communities
Hackney Council
Hackney Downs Studio

Hackney Parochial Charities
Howdens
Invescorp
Laptops 4 Charity
London Community Foundation
London Red Rope
Mutual Aid Group (Stoke Newington)
Punks for the Homeless
Sai Baba Curry
Silver Linings
Soho Sandwich Company
SoleShare
SongWorks
St Paul's Harvest Donations
Time to Help
West Hackney Parochial Charity

DocuSigned by:

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Jessica Hodge
Chair
29 January 2024

Independent examiner's report to the trustees of North London Action for the Homeless

I report on the accounts of the company for the year ended 31 March 2023, which are set out on pages 11 to 16.

This report is made solely to the trustees as a body, in accordance with the Charities Act 2011. My examination has been undertaken so that I might state to the trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the trustees as a body, for my examination, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

DocuSigned by:

C1E7A6B738E8497...

Kim D Hooper
132 Admirals Tower
8 Dowells Street
London
SE10 9GE

Date: 31 January 2024

North London Action for the Homeless

Statement of Financial Activities for the year ended 31 March 2023

	Notes	Unrestricted	Restricted	2023 Total	2022 Total
Incoming resources					
Grants	2		55,974	55,974	15,000
Donations and fundraising activities		39,935	0	39,935	52,814
Total incoming resources		95,909	55,974	95,909	67,814
Resources expended					
Drop In Centre running costs		47,239	24,075	71,314	70,962
Advocacy Service running costs		2,852	10,000	12,852	11,853
Wellbeing Gardening Project running costs		2,358	3,750	6,108	5,769
Social Isolation costs		649	0	649	0
Accounting and governance costs		1,681	0	1,681	1,328
Fundraising / publicity		393	0	393	562
Depreciation	8	248	0	248	0
Total resources expended		55,420	37,825	93,245	90,474
Net incoming / (outgoing) resources		(15,585)	18,149	2,664	(22,660)
Transfer between funds		0	0	0	0
Net movement in funds		(15,585)	18,149	2,664	(22,660)
Total funds brought forward		67,648	10,000	77,648	100,308
Total funds carried forward		52,163	28,149	80,312	77,648

The notes on pages 13 to 16 form part of these accounts.

Statement of Financial Position as at 31 March 2023

	Notes	2023 Total	2022 Total
Tangible fixed assets	8	1,072	0
Current assets			
Cash at bank and in hand		81,467	79,938
Total Current Assets		81,467	79,938
Creditors falling due within one year			
Creditors and accruals	5	2,227	2,290
Net current assets		79,420	77,648
Net assets		80,312	77,648
 Funds			
Designated Income Funds (Restricted)	9	28,149	10,000
Reserve Fund - Designated	9	45,000	45,000
Unrestricted Income Funds - not designated	9	7,163	22,648
		80,312	77,648


Audit Exemption Statement

For the year ended 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' (who are also trustees of the charity) responsibilities:

- the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
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- these accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the directors on 30 January 2024 and authorised for issue and signed for on their behalf by:

DocuSigned by:

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Notes to the Financial Statements

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These accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

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Grants are recognised in the Statement of Financial Activities (SoFA) as received following the satisfaction of any pre-conditions.

Donations and other income

Donations and other income are recognised when received.

Gifts in kind

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No provision for taxation is included in the accounts as the charity is entitled to exemption from tax afforded by Section 505 of the Income and Corporation Taxes Act 1988.

Funds structure

The charity has a single unrestricted income fund and some of the grants received are restricted to a particular purpose. Part of the unrestricted income fund has been designated by the Management Committee as a Reserve Fund. See note 9 for further details.

Cashflow

The charity qualifies as a small company and therefore, in accordance with FRS1, no cashflow statement is required.

2. Grants

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	£	£	£	£
West Hackney Parochial Charity		15,000	15,000	15,000
Investcorp		15,000	15,000	
Hackney Parochial Charities		15,974	15,974	
London Community Foundation		10,000	10,000	
Total	0	55,974	55,974	15,000

3. Salary costs

During the year the charity employed five (2022: five) part-time employees.

No employee earned more than £60,000 per annum.

4. Insurance

Public & employer's liability Insurance was purchased at a cost of £298 (2022: £316).

Trustees Indemnity insurance was purchased for £361 (2022: £351).

5. Creditors and Accruals

	2023	2022
	£	£
Accounting and Governance Costs	1,500	1,000
Payroll Expenses	132	841
Pension Costs	595	449
Total	2,227	2,290

6. Trustees remuneration and expenses

None of the trustees were remunerated directly or indirectly (2022: nil). During the year, no expense reimbursements were paid to trustees (2022: £23).

7. Contingencies and contractual commitments

In the opinion of the members of the management committee, as at 31.03.2023 there were no contingent liabilities and no contractual commitments (2022: nil). No assets are held under leases.

8. Tangible Fixed Assets

	Office Equipment
	£
Cost	
At 1 April 2022	0
Additions	1,320
At 31 March 2023	1,320
Depreciation	
At 1 April 2022	0
Charge for the year	248
At 31 March 2023	248
Net Book Value	
At 31 March 2023	1,072
At 31 March 2022	0

9. Funds	At				At
	31/03/2022	Income	Expenditure	Transfers	31/03/2023
	£	£	£	£	£
Designated Funds					
West Hackney Parochial Charity	10,000	15,000	(13,750)	-	11,250
Investcorp	-	15,000	(13,750)	-	1,250
Hackney Parochial Charities	-	15,974	(5,325)	-	10,649
London Community Foundation	-	10,000	(5,000)	-	5,000
Total Designated Funds (Restricted)	10,000	55,974	(37,825)	-	28,149
Reserve Fund - designated	45,000	-	-	-	45,000
Unrestricted Income Funds	22,648	39,935	(55,420)	-	7,163
Total Funds	77,648	95,909	(93,245)	-	80,312

Details of the designated grants were as follows:

West Hackney Parochial Charity

Use of grant Drop in service Jan 2023 – Jan 2024
Purpose/service Staff costs & rent costs

Investcorp
Purpose/service Drop in service May 2022 – May 2023
Use of grant Staff costs & running costs

Hackney Parochial Charity
Purpose/service Drop in service Dec 2022 – Dec 2023
Use of grant Staff Costs & running cost

London Community Foundation
Purpose/service Drop in service Jan 2023 – Jun 2023
Use of grant Staff Costs & running costs

The trustees have designated £45,000 as a Reserve Fund in line with the charity's reserves policy to hold three to six months operating expenses in reserve.

NORTH LONDON ACTION FOR THE HOMELESS

England & Wales - Charity number 1139024

Accounts

North London Action for the Homeless

Annual Report and Financial Statements for the year ended 31 March 2022



North London Action
for the Homeless

Company limited by guarantee. Registered in England and Wales No. 07178434.
Registered Charity No. 1139024.

**WE PROVIDE
A PLACE TO CONNECT**

WE PROVIDE ADVOCACY

WE PROVIDE HEALTHY FOOD

The objects of NLAH are to run a drop in centre that is open to all who are homeless or in need, within an ethos of service, respect and acceptance. We also run a wellbeing gardening project as an educational programme to increase the knowledge and skills of people to address food poverty where they learn to grow and cook different food. NLAH strives to influence policy and overcome barriers to accommodation and other services to which homeless and excluded people are entitled.



Trustees Report and Financial Statements for the year ended 31 March 2022

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Statement of financial activities	11
Statement of financial position	12
Notes to the financial statements	13

Trustees

Jessica Hodge (Chair)
Conor Gibson (Vice Chair)
George Currie (Treasurer) (appointed 8 January 2023)
Elizabeth Barnes
Sarah Baker-White (appointed 1 July 2021)
Jayne Doherty (appointed 1 July 2021)
James Nguyen (appointed 30 November 2022)

Registered Office

St Paul's Church West Hackney
Stoke Newington Road
London
N16 7UY

Charity and Company Registration

Registered charity **1139024**

Company limited by guarantee in England and Wales **07178434**

Independent examiner

Kim D Hooper
132 Admirals Tower
8 Dowells Street
London
SE10 9GE

Banker

Unity Trust Bank plc
Nine Brindleyplace
4 Oozells Square
Birmingham
B1 2HB

REPORT OF THE TRUSTEES

Activities, Achievements and Performance

This year we continued to adapt to the challenges presented by Covid whilst reintroducing more social contact to our services. We re-opened the hall for sit down meals and re-started our gardening sessions. Serving meals in both the garden and the hall, catering to the different preferences of our service user guests.

We changed how we ran our drop-in service in line with the evolving health guidelines throughout the year. We were particularly pleased to provide more advocacy support than in previous years. The social distancing rules provided an opportunity for staff to build stronger relationships with our guests, due to having more one on one conversations, which we observed in turn reduced the potential for conflict at drop-in sessions.

Due to lockdown restrictions, we suspended the Evering Road Wellbeing and Garden Project for much of the 2020 year. We were pleased to re-start the sessions in 2021 to provide a supported social activity for our guests.

While we are functioning well as an organisation, for many, the Covid crisis has been swiftly followed by a cost of living crisis, and the voluntary sector is as critical as ever in supporting the community.

NLAH is turning 30 next year, our core values of providing a meal to all those who visit us remains at the heart of what we do. We cannot control the political and economic context we are in, but we choose as an organisation, as a group of people, to come together every week to look out for each other, to be a friendly face, to provide practical help and support, to care for one another.

Our key outputs were:

- Adapted our twice weekly drop-in sessions to safely provide more than 5,500 nutritious meals, offered either as a sit down three course meal or as a take away.
- Ran 14 gardening sessions and 2 events to celebrate and socialise in the garden.
- Provided support 189 times to our guests, such as providing letters of support for PIP claims, liaising with health care providers, calling utility companies, acting as a care of address, arranging foodbank vouchers and other referrals.
- Provided 911 food parcels with suitable shelf stable foods and toiletries. We wound down this service towards the end of the year, as donations of shelf stable items declined from local mutual aid groups.
- Continued to be a hub for other organisations to offer support services such as health checks.
- Provided access to 245 hot showers and 137 laundry washes and 122 free haircuts.

Service User Survey December 2021 Snapshot

Our annual survey of service users showed the following:

- Decrease of female service users to 18% (2020: 24% 2019: 13%)
- Less Hackney based service users at 74% (2020: 80% 2019: 69%)
- Decrease in unemployed service users at 74% (2020: 84% 2019: 72%); 1% reporting as employed (2020: 0% 2019: 7%). 15.9% reporting as retired (2020: 7%).
- Decrease in respondents reporting mental health problems at 56% (2020: 63%) and decrease in reporting of long term illness or disability at 57% (2020: 65%)
- Increase in rough sleepers at 16% (2020:6%, 2019: 25%). There was a programme to house more people following the Government's 'Everyone In' programme during the pandemic. 40% of our service users reported being homeless (2020: 36%)

Our plans for 2022-23

Based on feedback from our guests, we plan to run a Social Isolation Project where we host an activity once per month to provide social opportunity for our guests.

We intend to find ways we can provide additional support for the cost of living challenges, either through discretionary financial support or referrals.

Recruit additional trustees to the NLAH board, to ensure we have the skills required to support our future development.

Continue to review our diversity and inclusivity behaviours and monitoring.

Financial Review and Reserves Policy

NLAH continues to enjoy strong local support from charitable funds and trusts, businesses and individuals.

During 2021-22, NLAH received over £52,000 in donations from the community and local businesses. The generosity of our local community ensured we were able to continue to focus on our service delivery supported by a secure financial position.

NLAH also received £15,000 in grant funding. Details of our grant funding are shown in note 2 to the accounts.

A large numbers of individuals volunteer their time at the twice weekly drop in sessions, with an active pool of 80 volunteers. The charity is also grateful to all those local businesses and individuals who have supported it during the year by donating food or other items and services.

Expenditure increased during the year by over £4,000 to £90,000 (5% increase). This was largely due to increase in staff costs, attributable to additional hours and wage increases.

The charity aims to hold between three and six months running costs in reserve. There has been no change to the Reserve Fund over the period, maintained at £45,000, reflecting approximately six months of expenses.

Structure, governance and management

North London Action for the Homeless (NLAH) has been supporting homeless and vulnerable people in Stoke Newington for 29 years. NLAH was formed by members of the local community in 1993 and held its first drop in session that year.

NLAH originally formed as an unincorporated charity, registration number 1032580. The present charity was incorporated in 2010 and on 31 March 2010 the activities of charity number 1032580 were transferred to it.

The Charity's trustees are appointed by the board and stand for re-election by the Charity's Members at the Annual General Meeting. The trustees meet on average every six weeks, together with Management Committee including staff and members.

On a day to day basis, NLAH is run by five part-time staff. The Co-Centre Managers have responsibility for overseeing the running of the drop in sessions (twice weekly), volunteer recruitment and the gardening Wellbeing project. We have a Support worker that assist the Co-Centre managers with running the drop in sessions. The Cook oversees the running of the kitchen for the drop in sessions. NLAH also employs a Mental Health support worker for the Wellbeing project.

Fundraising

NLAH raises money from charitable trusts (noted in the financial reports), a donation page on JustGiving, Charities Aid Foundation, and a small number of fundraising events. Companies or individuals can set up campaign pages on the JustGiving to raise funds on behalf of NLAH.

NLAH invites supporters to fundraising events. NLAH also promotes our annual Winter appeal, where we collect donations on JustGiving. We also make it known if we are looking for particular items for donation on our social media channels. NLAH does not contact individuals requesting donations.

THANK YOU

We would like to say a huge thank you to all our supporters. Big or small, all of the assistance we receive is the reason we can keep our doors open to all those in need. Firstly, to all of our drop-in session volunteers, thank you for all your work supporting our sessions.

For attending our sessions to provide services to our guests or accepting referrals:

Dual Diagnosis Rough Sleep Project
Groundswell
Hackney Migrant Centre
Hackney Street Outreach Response Team
Hackney Winter Night Shelter
Homerton Hospital Homeless pathway Project
Money A+E
NHS
Rough Sleepers Mental Health Project (RAMPH)
Salvation Army Employment Plus
Turning Point Substance Misuse Service
UCL Mobile Health Unit
WISER Project

For financial grants and donations:

Apex Mobiletack
Castle Gibson
Doteveryone
Hackney Comic and Zine Fair
Highgate School
Irusu candles
Moveable Ink
Pollard Thomas Edwards Architects
Rose & Crown Pub Quiz
University College School Hampstead
West Hackney Parochial Charity
Wolf and Moon

For food and goods donations:

Akdeniz
Amhurt GoBalls
Castle Gibson
City Pantry
Faith in Nature
Francis Holland School
Growing Communities
Hackney Council Winter Grant
Hackney Hygiene Bank
Laptops 4 Charity
Lush Stratford
Moveable Ink
Mutual Aid Group (Stoke Newington)
Sai Baba Curry

DocuSigned by:


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Jessica Hodge

Chair

26 January 2023

Independent examiner's report to the trustees of North London Action for the Homeless

I report on the accounts of the company for the year ended 31 March 2022, which are set out on pages 11 to 15.

This report is made solely to the trustees as a body, in accordance with the Charities Act 2011. My examination has been undertaken so that I might state to the trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the trustees as a body, for my examination, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

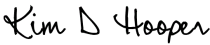
In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

DocuSigned by:

8C2730103EEA42E...

Kim D Hooper
132 Admirals Tower
8 Dowells Street
London
SE10 9GE

Date: 27 January 2023

Statement of Financial Activities for the year ended 31 March 2022

	Notes	Unrestricted	Restricted	2022 Total	2021 Total
Incoming resources					
Grants	2	0	15,000	15,000	44,800
Donations and fundraising activities		52,814	0	52,814	72,885
Total incoming resources		52,814	15,000	67,814	117,685
Resources expended					
Drop In Centre running costs		44,445	26,517	70,962	73,686
Wellbeing Programme running costs		5,769	0	5,769	3,228
Advocacy Service running costs		11,853	0	11,853	7,098
Accounting and governance costs		1,328	0	1,328	1,608
Fundraising / publicity		562	0	562	436
Total resources expended		63,957	26,517	90,474	86,056
Net incoming / (outgoing) resources		(11,143)	(11,517)	(22,660)	31,629
Transfer between funds		0	0	0	0
Net movement in funds		(11,143)	(11,517)	(22,660)	31,629
Total funds brought forward		78,791	21,517	100,308	68,679
Total funds carried forward		67,648	10,000	77,648	100,308

The notes on pages 13 to 15 form part of these accounts.

Statement of Financial Position as of 31 March 2022

	Notes	2022	2021
		Total	Total
Tangible fixed assets	5	0	0
Current assets			
Cash at bank and in hand		79,938	100,808
Creditors falling due within one year			
Creditors and accruals	6	2,290	500
Net current assets		77,648	100,308
Net assets		77,648	100,308
 Funds			
Restricted Income Funds	9	10,000	21,517
Reserve Fund - Designated	9	45,000	45,000
Unrestricted Income Funds - not designated	9	22,648	33,791
		77,648	100,308

Audit Exemption Statement

For the year ended 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' (who are also trustees of the charity) responsibilities:

- the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- the directors' acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of the accounts;
- these accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the directors on 26 January 2023 and authorised for issue and signed for on their behalf

by:

DocuSigned by:

0EE46DC9F455413...
 Jessica Hodge
 Chair

Notes to the Financial Statements

1 Accounting Policies

Basis of accounting

These accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Grants

Grants are recognised in the Statement of Financial Activities (SoFA) as received following the satisfaction of any pre-conditions.

Donations and other income

Donations and other income are recognised when received.

Gifts in kind

Much of the food used by the charity is donated by local businesses. No value is assigned to contributions of food or clothes donations passed onto service users, or the provision of the services of a health access worker and a hairdresser. Similarly, the contribution by volunteers is not recognised in the accounts. Other gifts in kind are valued at their value to the charity.

Expenditure

Expenditure is recognised on an accruals basis.

Allocation of expenditure

Expenditure is allocated directly to the appropriate fund, and where this is not possible costs are apportioned on the basis of time spent on the relevant activity.

Fixed assets

Expenditure on renewals, fixtures and fittings which exceeds £400 is capitalised.

Provision for depreciation of capitalised fixed assets held for use by the charity is made at annual rates calculated to write down their cost over their useful lives.

Kitchen equipment	three years
Office equipment	three years

Provisions

Where the charity has an obligation to transfer economic benefits but no liability has been recognised, a provision is raised in accordance with FRS 12.

Taxation

No provision for taxation is included in the accounts as the charity is entitled to exemption from tax afforded by Section 505 of the Income and Corporation Taxes Act 1988.

Funds structure

The charity has a single unrestricted income fund and some of the grants received are restricted to a particular purpose. Part of the unrestricted income fund has been designated by the Management Committee as a Reserve Fund. See note 9 for further details.

Cashflow

The charity qualifies as a small company and therefore, in accordance with FRS1, no cashflow statement is required.

2. Grants

	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
West Hackney Parochial Charity		15,000	15,000	
National Lottery Covid-19 Fund				20,000
Merchant Taylors' Company				19,800
Hackney Parochial Charity (Covid-19)				1,000
South Hackney Parochial Charity (Covid-19)				1,000
Betty Messenger Foundation				3,000
Total	0	15,000	15,000	44,800

3. Salary costs

During the year the charity employed five (2021: five) part-time employees. No employee earned more than £60,000 per annum. Salary costs are allocated across the different activities of the charity.

4. Insurance

Public & employer's liability Insurance was purchased at a cost of £316 (2021: £316).

Trustees Indemnity insurance was purchased for £351 (2021: £510).

5. Creditors and accruals

	2022	2021
Accounting and governance costs	1,000	500
Payroll expenses	841	0
Accrued pension costs	449	0
Total	2,290	500

6. Trustees remuneration and expenses

None of the trustees were remunerated directly or indirectly (2021: nil). During the year, £23 in expense reimbursements were paid to trustees (2021: nil).

7. Contingencies and contractual commitments

In the opinion of the members of the management committee, as at 31.03.2022 there were no contingent liabilities and no contractual commitments (2021: nil). No assets are held under leases.

8. Funds

	At 31/03/2021	Income	Expenditure	Transfers	At 31/03/2022
	£	£	£	£	£
Restricted Funds					
National Lottery Covid-19 Fund	6,667	-	(6,667)	-	-
Merchant Taylors' Company	14,850	-	(14,850)	-	-
West Hackney Parochial Charity	-	15,000	(5,000)	-	10,000
Total Restricted Funds	21,517	15,000	(26,517)	-	10,000
Reserve Fund - designated	45,000	-	-	-	45,000
Unrestricted Income Funds	33,791	52,814	(63,957)	-	22,648
Total Funds	100,308	67,814	(90,474)	0	77,648

Details of the restricted grants were as follows:

National Lottery Covid-19 Fund**Purpose/service**

Drop in service Dec 2020 – May 2021

Use of grant

Staff costs & rent costs

Merchant Taylors's Company**Purpose/service**

Drop in service 2020 - 2022

Use of grant

Staff costs & running costs

West Hackney Parochial Charity**Purpose/service**

Drop in service Dec 2021 – Nov 2022

Use of grant

Staff Costs & running costs

The trustees have designated £45,000 as a Reserve Fund in line with the charity's reserves policy to hold three to six months operating expenses in reserve.

NORTH LONDON ACTION FOR THE HOMELESS

England & Wales - Charity number 1139024

Accounts

North London Action for the Homeless

Annual Report and Financial Statements for the year ended 31 March 2021



North London Action
for the Homeless

Company limited by guarantee. Registered in England and Wales No. 07178434.
Registered Charity No. 1139024.

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Trustees Report and Financial Statements for the year ended 31 March 2021

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Trustees

Jessica Hodge (Chair)
Conor Gibson (Vice Chair)
Rupesh Raja (Treasurer) (appointed 25 January 2021)
Elizabeth Barnes
Anne Goldstein (resigned 26 January 2021)

Registered Office

St Paul's Church West Hackney
Stoke Newington Road
London
N16 7UY

Charity and Company Registration

Registered charity **1139024**

Company limited by guarantee in England and Wales **07178434**

Independent examiner

Kim D Hooper
132 Admirals Tower
8 Dowells Street
London
SE10 9GE

Banker

Unity Trust Bank plc
Nine Brindleyplace
4 Oozells Square
Birmingham
B1 2HB

REPORT OF THE TRUSTEES

Activities, Achievements and Performance

This year was immensely challenging for so many. As the UK and the world locked down, we were tremendously proud to have kept our doors open to some of the most in-need people in our local community, quickly adapting how we operated to ensure the safety of our guests, service users and staff.

We reviewed our offering of services in early March 2020 to consider how best we could support our community and stay safe with the spread of Covid. When the UK announced a lock down in late March 2020, we had already suspended our sit down meals in favour of take away meals, which enabled us to

- Adapt our twice weekly drop in sessions to safely provide more than 6,000 nutritious hot take away meals (in place of our sit down meals)
- Deliver 153 meals to those who were advised to shield
- Provide 2,000 food parcels with suitable shelf stable foods and toiletries
- Continue to be a venue for other organisations to offer support services such as health checks and vaccines
- Source compostable containers to reduce environmental impact of our take away meals
- Continue to provide advocacy and support to guests, in person and on the phone
- Provide access to showers and laundry for those unable to access these during lockdown
- Support more than 80 individuals that accessed our services for the first time
- Undertake a diversity and inclusivity survey across entire organisation, including service users, volunteers, staff and trustees

Our service is heavily reliant on our wonderful volunteers. During the first lockdown, we restricted the number of volunteers attending sessions to keep everyone as safe as possible. As restrictions eased and Covid-19 vaccines became available, our service benefited from involving more volunteers to deliver our sessions.

Due to lockdown restrictions, we suspended the Evering Road Wellbeing and Garden Project for much of the year and redirected the staff hours to the additional tasks required to run the drop in safely for all.

We were heartened by the tremendous local support we received during the pandemic, both generous financial support as well as donations of food and other items for distribution.

Service User Survey 2020 Snapshot

Our annual survey of service users showed the following:

- Increase of female service users to 24% (2019: 13%)
- More Hackney based service users at 80% (2019: 69%)
- Increase in unemployed at 84% (2019: 72%); 0% identifying as employed (2019: 7%)
- Increase in respondents answering yes to mental health issues and long term illness/disabilities (2020: 63%, 2019: 40%)
- Decrease in rough sleepers (2020:6%, 2019: 25%). There has been a push to house more people with an increase in temporary accommodation / hostel following the Government's 'Everyone In' programme during the pandemic.

Our plans for 2021-22

Plan and implement how our service will run following the end of lockdowns. Following discussions with our service users, we expect we will operate both an indoor dining and take away service. We believe this best caters for the different needs of our community.

Return to running our wellbeing gardening project twice a month.

Recruit additional trustees to the NLAH board, to ensure we have the skills required to support our future development.

Continue to review our diversity and inclusivity behaviours and monitoring.

Financial Review and Reserves Policy

NLAH continues to enjoy strong local support from charitable funds and trusts, businesses and individuals.

During 2020-21, NLAH received over £72,000 in donations from the community and local businesses. The generosity of our local community ensured we were able to focus on the service delivery through the Covid emergency, with a secure financial position.

NLAH also received £44,800 in grant funding from various charitable trusts. Details of our grant funding are shown in note 2 to the accounts.

A large numbers of individuals volunteer their time at the twice weekly drop in sessions, with an active pool of 80 volunteers. The charity is also grateful to all those local businesses and individuals who have supported it during the year by donating food or other items and services.

Expenditure increased during the year by almost £6,000 to £86,000 (7% increase). This was largely due to increase in staff costs, attributable to additional hours and wage increases.

The charity aims to hold between three and six months running costs in reserve. £5,000 has been transferred from the Unrestricted Income Fund to the Reserve Fund, bringing the Reserve Fund balance to £45,000 in line with the increase in the expected ongoing cost base to delivery the service.

Structure, governance and management

North London Action for the Homeless (NLAH) has been supporting homeless and vulnerable people in Stoke Newington for 28 years. NLAH was formed by members of the local community in 1993 and held its first drop in session that year.

NLAH originally formed as an unincorporated charity, registration number 1032580. The present charity was incorporated in 2010 and on 31 March 2010 the activities of charity number 1032580 were transferred to it.

The Charity's trustees are appointed by the board and stand for re-election by the Charity's Members at the Annual General Meeting. The trustees meet on average every six weeks, together with Management Committee including staff and members.

On a day to day basis, NLAH is run by five part-time staff. The Co-Centre Managers have responsibility for overseeing the running of the drop in sessions (twice weekly) and the gardening Wellbeing project (which was suspended this year due to Covid-19, to redirect resources to the drop in). The Volunteer Co-Ordinator is responsible for the recruitment and management of the large number of volunteers, who are essential to the work of NLAH. The Cook oversees the running of the kitchen for the drop in sessions. NLAH also employs a Mental Health support worker for the Wellbeing project.

Fundraising

NLAH raises money from charitable trusts, a donation page on JustGiving and Virgin Giving and a small number of fundraising events. Companies or individuals can set up campaign pages on the JustGiving and Virgin Giving to raise funds on behalf of NLAH.

NLAH invites supporters to fundraising events. NLAH also promotes our annual Winter appeal on JustGiving and makes it known we are looking for particular food items or toiletries on our social media channels. NLAH does not contact individuals requesting donations.

THANK YOU

We would like to say a huge thank you to all our supporters. Big or small, all of the assistance we receive is the reason we can keep our doors open to all those in need.

Here are some of the thank yous we would like to make.

For donating time and expertise

All of our drop in session volunteers

Helena Smith for the redesign of the NLAH website

Margot Broderick for undertaking an organisational review

For financial donations

Apex

Clissold Park Tavern

Dorothy Leiper - Wee King of Nowhere - short movie proceeds

Elliott Building & Civil Engineering

Howdens Joinery

Irusu Candles

Nisa Stores

Palava UK

Poetry Business, fundraising event to launch the book "It's Not Personal"

St Pauls congregation

Wolf and Moon Jewellery

For food and goods donations

Akendiz Supermarket

Akdeniz Bakery

Amhurt GoBalls

Amurt UK

Apex

Castle Gibson

City Pantry

Clapton Girl School

Frances Holland School

Game Analytics

Growing communities

Food for Life (Hare Krishna)

Hackney Council

Raheel Nawaal Benevolence Fund

Sai Baba

Smol

Stoke Newington Mutual Aid Covid Group

St Paul's Steiner School

Twillio

Zirve Continental

DocuSigned by:

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Jessica Hodge

Chair

8 December 2021

Independent examiner's report to the trustees of North London Action for the Homeless

I report on the accounts of the company for the year ended 31 March 2021, which are set out on pages 11 to 15.

This report is made solely to the trustees as a body, in accordance with the Charities Act 2011. My examination has been undertaken so that I might state to the trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the trustees as a body, for my examination, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

DocuSigned by:

8C2730103EEA42E...

Kim D Hooper
132 Admirals Tower
8 Dowells Street
London
SE10 9GE

Date: 25 January 2022

Statement of Financial Activities for the year ended 31 March 2021

	Notes	Unrestricted	Restricted	2021 Total	2020 Total
Incoming resources					
Grants	2	3,000	41,800	44,800	43,400
Donations & fundraising activities		71,685	1,200	72,885	33,447
Total incoming resources		74,685	43,000	117,685	76,847
Resources expended					
Drop In Centre running costs		37,278	36,408	73,686	55,957
Wellbeing Programme running costs		3,228	0	3,228	17,647
Advocacy Service running costs		7,098	0	7,098	3,998
Accounting and governance costs		1,608	0	1,608	1,517
Fundraising / publicity		436	0	436	1,069
Total resources expended		49,648	36,408	86,056	80,188
Net incoming / (outgoing) resources		25,037	6,592	31,629	(3,341)
Transfer between funds		0	0	0	0
Net movement in funds		25,037	6,592	31,629	(3,341)
Total funds brought forward		50,496	18,183	68,679	72,020
Total funds carried forward		75,533	24,775	100,308	68,679

The notes on pages 13 to 15 form part of these accounts.

Balance sheet as at 31 March 2021

	Notes	2021	2020
		Total	Total
Tangible fixed assets	5	0	0
Current assets			
Cash at bank and in hand		100,808	55,821
Receivables		0	15,000
Creditors falling due within one year			
Creditors and accruals	6	500	2,142
Net current assets		100,308	68,679
Net assets		100,308	68,679
 Funds			
Restricted Income Funds	8	21,517	14,925
Reserve Fund - Designated	8	45,000	40,000
Unrestricted Income Funds - not designated	8	33,791	13,754
		100,308	68,679

Audit Exemption Statement

For the year ended 31 March 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' (who are also trustees of the charity) responsibilities:

- the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- the directors' acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of the accounts;
- these accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the directors on 8 December 2021 and authorised for issue and signed for on their behalf by:

DocuSigned by:

 3CE04332258F49D...
 Jessica Hodge
 Chair

Notes to the Financial Statements

1 Accounting Policies

Basis of accounting

These accounts have been prepared under the historical cost convention and in accordance with the Charities Act 1993, applicable accounting standards and the Statement of Recommended Practice on Accounting and Reporting by Charities (the Charities SORP).

Grants

Grants are recognised in the Statement of Financial Activities (SoFA) on an accruals basis following the satisfaction of any pre-conditions.

Donations and other income

Donations and other income are recognised when receivable.

Gifts in kind

Much of the food used by the charity is donated by local businesses. No value is assigned to contributions of food or clothes donations passed onto service users, or the provision of the services of a health access worker and a hairdresser. Similarly, the contribution by volunteers is not recognised in the accounts. Other gifts in kind are valued at their value to the charity.

Expenditure

Expenditure is recognised on an accruals basis.

Allocation of expenditure

Expenditure is allocated directly to the appropriate fund, and where this is not possible costs are apportioned on the basis of time spent on the relevant activity.

Fixed assets

Expenditure on renewals, fixtures and fittings which exceeds £400 is capitalised.

Provision for depreciation of capitalised fixed assets held for use by the charity is made at annual rates calculated to write down their cost over their useful lives.

Kitchen equipment	three years
Office equipment	three years

Provisions

Where the charity has an obligation to transfer economic benefits but no liability has been recognised, a provision is raised in accordance with FRS 12.

Taxation

No provision for taxation is included in the accounts as the charity is entitled to exemption from tax afforded by Section 505 of the Income and Corporation Taxes Act 1988.

Funds structure

The charity has a single unrestricted income fund and some of the grants received are restricted to a particular purpose. Part of the unrestricted income fund has been designated by the Management Committee as a Reserve Fund. See note 9 for further details.

Cashflow

The charity qualifies as a small company and therefore, in accordance with FRS1, no cashflow statement is required.

2. Grants

	2021	2021	2021	2020
	Unrestricted	Restricted	Total	Total
National Lottery Covid-19 Fund		20,000	20,000	
Merchant Taylors' Company		19,800	19,800	19,900
Hackney Parochial Charity (Covid-19)		1,000	1,000	
South Hackney Parochial Charity (Covid-19)		1,000	1,000	
Betty Messenger Foundation	3,000		3,000	
West Hackney Parochial Charity				15,000
Street Smart				5,000
Hackney Council Recycling Rewards				3,500
Total	3,000	41,800	44,800	43,400

3. Salary costs

During the year the charity employed five (2020: five) part-time employees. No employee earned more than £60,000 per annum. Salary costs are allocated across the different activities of the charity.

4. Insurance

Public & employer's liability Insurance was purchased at a cost of £316 (2020: £238).

Trustees Indemnity insurance was purchased for £510 (2020: £376).

5. Creditors and accruals

	2021	2020
Accounting and governance costs	500	1,500
Payroll expenses	0	356
Accrued pension costs	0	286
Total	500	2,142

6. Trustees remuneration and expenses

None of the trustees were remunerated directly or indirectly (2020: nil). During the year, no expenses were paid to trustees (2020: nil).

7. Contingencies and contractual commitments

In the opinion of the members of the management committee, as at 31.03.2021 there were no contingent liabilities and no contractual commitments (2020: nil). No assets are held under leases.

8. Funds

	At 31/03/2020 £	Income £	Expenditure £	Transfers £	At 31/03/2021 £
Restricted Funds					
National Lottery Covid-19 Fund	-	20,000	(13,333)	-	6,667
Merchant Taylors' Company	14,925	19,800	(19,875)	-	14,850
Hackney Parochial Charity	-	1,000	(1,000)	-	-
South Hackney Parochial Charity	-	1,000	(1,000)	-	-
Donations & Fundraising	-	1,200	(1,200)	-	-
Total Restricted Funds	14,925	43,000	(36,408)	0	21,517
Reserve Fund - designated	40,000	-	-	5,000	45,000
Unrestricted Income Funds	13,754	74,685	(49,648)	(5,000)	33,791
Total Funds	68,679	117,685	(86,056)	0	100,308

Details of the restricted grants were as follows:

National Lottery Covid-19 Fund**Purpose/service**

Drop in service Dec 2020 – May 2021

Use of grant

Staff costs & rent costs

Merchant Taylors's Company**Purpose/service**

Drop in service 2020 - 2022

Use of grant

Staff costs & running costs

Hackney Parochial Charity (Covid-19)**Purpose/service**

Drop in service

Use of grant

Running costs

South Hackney Parochial Charity (Covid-19)**Purpose/service**

Drop in service

Use of grant

Running costs

The trustees have designated £45,000 as a Reserve Fund is held separately from other funds in line with the charity's reserves policy to hold three to six months operating expenses in reserve.