

Caring Together in Woodhouse & Little London

Charity number 1138782

A company limited by guarantee number 07402794

Annual Report and Financial Statements for the year ended 31 March 2025



Caring Together in Woodhouse & Little London

Annual Report and Financial Statements for the year ended 31 March 2025

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Prepared by West Yorkshire Community Accountancy Service CIO

Caring Together in Woodhouse & Little London

Trustees' report for the year ended 31 March 2025

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Al Garthwaite	Chair	
Ann Shaw	Secretary	
David Wigglesworth		
Tracey Noble		
Ben Anson		
Myrna Rutledge		
Abigail Marshall Katung		Resigned 25 June 2025
Maureen Kershaw		
Sue Lonergan		Appointed 20 January 2025
Susan Head		Appointed 20 January 2025

Charity number 1138782 Registered in England and Wales

Company number 07402794 Registered in England and Wales

Registered and principal address	Bankers	
127 Woodhouse Street	Virgin Money	Unity Trust Bank
Leeds	Jubilee House	PO Box 7193
LS6 2PY	Gosforth	Planetary Road
	Newcastle upon Tyne	Willenhall
	NE3 4PL	WV1 9DG

Independent examiner

Katy Sargeant

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a company limited by guarantee and was formed on 11 October 2010. It is governed by a memorandum and articles of association. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

Caring Together in Woodhouse & Little London

Trustees' report (continued) for the year ended 31 March 2025

Objectives and activities

The charity's objects

The relief of older people (without distinction of colour, ethnic origin, nationality, political or religious opinion or sex) in any way considered to be charitable in law as the trustees may determine in Woodhouse and Little London and its neighbourhood in the City of Leeds and in particular by:

Promoting the mental and physical welfare of older people and relieve those with disabilities.

Advancing the education of older people on matters such as finance, health, housing, security and welfare entitlement.

To further any other charitable purposes as the trustees may determine.

The charity's main activities

Work with older people offering advice, support and activity groups as well as assistance with transport and shopping.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the relief of those in need by reason of age.

Achievements and performance

Caring Together continued to evolve during 2024-25. While aspects of our range of services remained familiar, the types of support requested has become more complex. Consequentially, the types of funding applications that we have made have better reflected the multi-faceted nature of the local demands for assistance.

We have made a range of applications both to traditional supporters and in response to less generalised opportunities both locally and nationally. We have managed to retain the support of long term funders which is gratifying given that these are mostly local charitable foundations that are familiar with the work that we do. The fact that these trusts have shown faith in our work and judgements over many years is very important to us and indicates that others see our work as being of value.

The Little London and Woodhouse Tower Blocks Project funded by the transforming MH Grants delivered a year of sometimes very intensive support to older adults with mental health issues in the 9 tower blocks of Little London and Woodhouse. The characterisation of 'complexity' from our perspective was quite simple. Aside from a diagnosis of a mental health condition or obvious presenting problems, there had to be at least one other issue, be that one of co-morbidity, a lifestyle issue or factors relating to risk or safety. The support was predicated on the basis of seeing beyond an individual's presenting behaviours and to ask, 'What does this person need?' rather than 'What is wrong with this person?' This is our second year of funding and this support has proved invaluable in enabling us to set defined amounts of time aside to address the growing numbers of people requiring support in this area.

We also received funding through the Household Support Fund to provide assistance to individuals or households experiencing financial hardship. The funding allowed Caring Together the opportunity to respond quickly to the needs of those requiring emergency support via a method most suited to their circumstances. All those people that are currently members of Caring Together were eligible for support as well as those referred via our local delivery partners. We have excellent local links with health, housing and other support structures and received many referrals from these sources. One-off self referrals were welcome but all possible means was used to get them to accept membership of Caring Together in order to provide a wider level of support to them and to identify the issues that led to their difficulties. Membership, which is of course free, offered access to a wide range of social, informational, advice, therapeutic and health related activities.

We continued to offer a wide range of exercise options to our members. This ranged from Tai Chi Qigong, Chair Based Sessions, both facilitated by outside practitioners and In house exercise groups.

Caring Together in Woodhouse & Little London

Trustees' report (continued) for the year ended 31 March 2025

Achievements and performance (continued)

We also continued to work alongside the Leeds United Foundation in running an exercise session followed by one-to-one blood pressure, healthy eating and healthy weight advice. This link has proved invaluable and will definitely be revisited and be a part of our repertoire for next year.

We continued to organise trips out, meals out and excursions, both local, to, for instance, Hawthorne Farm, the Royalty in Otley, and Lotherton Hall, and further flung ventures to Salts Mill and Chester. And of course, our annual and now perennial Christmas bash took place at the Britannia hotel in Bramhope.

Our Spring, Summer and Winter Get Together's (aligned with the autumn party at Christmas) continued to be popular and well attended and have proved to be a great way to demarcate the year. These celebratory boundaries allow us to better provide structure to the year and having these markers allows us to plan the year into 4 distinct groups of activity sections.

Alongside the above we had regular Lunchtime specials, Drop-ins, Nostalgia sessions, Coffee afternoons, local meals out, Film Afternoons and Winter Warmers.

Our local and City Wide connections and partnership working has continued to increase. Examples (not exhaustive) include local G.P.s, Neighbourhood Teams, Mental Health services, Carers Services, Retirement Living, Leeds Respiratory Service, Pharmacies, Interpreter Services, Podiatry services, Legal Services, A.S. Behaviour Team, Community PCSO's, Foodbanks, ASC Safeguarding, Housing Benefit, Debt Services, Local Councillors, Hearing Aid Clinic, Green Doctor, Fire Services, Gardening Services, Leeds BID Services, Sight loss clinics, Silverline, Presto, Engage Leeds, Bus Pass services, Blue Badges, local schools and universities etc.

The performance of the staff team, Trustee board and volunteers and the keen appreciation of our work expressed by our members has, despite the increase in work load, made 2024-25 a very positive and satisfying year and one of which we are justly proud.

Financial review

The net expense for the year was £11,953, including net expenditure of £3,103 on unrestricted funds and net expenditure of £8,850 on restricted funds.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £68,514.

The purpose of holding reserves is to enable the smooth running of the charity and to allow for an orderly winding up should the charity need to close. The trustees have determined policy limits of between 6 and 9 months of annual budgeted expenditure to meet this purpose. Based on the 25/26 budgeted expenditure, reserves should be between £78k and £117k.

The Trustees note the free reserves have fallen below the policy lower limit. Our ongoing fundraising strategy aims to increase our net income during 2025/26 and so raise reserves back above the threshold.

Caring Together in Woodhouse & Little London

Trustees' report (continued) for the year ended 31 March 2025

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by the board of trustees on 22/9/2025

David Wigglesworth (Trustee)

Caring Together in Woodhouse & Little London

Independent examiner's report to the trustees of Caring Together in Woodhouse & Little London

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2025, which are set out on pages 7 to 13.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Katy Sargeant

8/10/2025

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Caring Together in Woodhouse & Little London
Statement of Financial Activities
(including summary income and expenditure account)
for the year ended 31 March 2025

	Notes	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Total funds £
Income from:					
Grants and donations	(2)	84,417	46,667	131,084	139,417
Group and activity contributions		2,752	-	2,752	2,846
Fundraising		281	-	281	636
Bank interest		395	-	395	222
Total income		87,845	46,667	134,512	143,121
Expenditure on:					
Salaries, NIC's, pensions and payroll	(3)	76,623	44,222	120,845	116,654
Staff travel expenses		634	-	634	745
Events and activities		-	5,966	5,966	5,012
Equipment and materials		1,937	661	2,598	2,560
Training		129	-	129	160
Travel, transport and trips		-	4,107	4,107	3,203
Volunteer expenses		-	121	121	197
Premises costs		2,082	-	2,082	8,191
Phone, internet and postage		2,917	440	3,357	4,058
Printing and stationery		1,742	-	1,742	1,417
Advertising and publicity		500	-	500	481
Insurance		1,017	-	1,017	871
Affiliations and subscriptions		79	-	79	113
Independent examination		876	-	876	876
Management and administration		1,569	-	1,569	883
IT support		363	-	363	184
Sundry expenses		-	-	-	25
Depreciation		480	-	480	480
Total expenditure		90,948	55,517	146,465	146,110
Net income / (expenditure)		(3,103)	(8,850)	(11,953)	(2,989)
Fund balances brought forward		72,278	16,809	89,087	92,076
Fund balances carried forward	(4)	69,175	7,959	77,134	89,087

All incoming resources and resources expended derive from continuing activities.

Caring Together in Woodhouse & Little London
Balance sheet
as at 31 March 2025

		2025	2025	2025	2024
		Unrestricted	Restricted	Total	Total
		£	£	£	£
Fixed assets					
Tangible assets	(5)	661	-	661	1,141
Total fixed assets		<u>661</u>	<u>-</u>	<u>661</u>	<u>1,141</u>
Current assets					
Debtors and prepayments	(6)	85	-	85	919
Cash at bank and in hand	(7)	70,202	7,959	78,161	90,766
Total current assets		<u>70,287</u>	<u>7,959</u>	<u>78,246</u>	<u>91,685</u>
Current liabilities:					
amounts falling due within one year					
Creditors and accruals	(8)	1,773	-	1,773	3,739
Total current liabilities		<u>1,773</u>	<u>-</u>	<u>1,773</u>	<u>3,739</u>
Net current assets / (liabilities)		<u>68,514</u>	<u>7,959</u>	<u>76,473</u>	<u>87,946</u>
Net assets		<u>69,175</u>	<u>7,959</u>	<u>77,134</u>	<u>89,087</u>
Funds					
Unrestricted funds		69,175	-	69,175	72,278
Restricted funds		-	7,959	7,959	16,809
Total funds		<u>69,175</u>	<u>7,959</u>	<u>77,134</u>	<u>89,087</u>

For the year ending 31 March 2025 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who are also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 22/9/2025

David Wigglesworth (Trustee)

Caring Together in Woodhouse & Little London

Notes to the accounts

for the year ended 31 March 2025

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, if it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £500 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Equipment: 15% per year

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Leases

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

Caring Together in Woodhouse & Little London
Notes to the accounts continued
for the year ended 31 March 2025

2 Grants and donations	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
A M Fenton Trust	-	2,000	2,000	-
Charles Brotherton Trust	200	-	200	200
Charles Lewis Foundation	-	360	360	-
Inman Charity	-	4,000	4,000	-
Leeds Benevolent Society for Single Ladies	30,000	-	30,000	30,000
Leeds City Council (LCC)	49,707	-	49,707	53,851
Leeds Community Foundation (LCF)	-	12,251	12,251	21,863
Leeds Older People's forum (LOPF)	-	4,420	4,420	6,038
Members and supporters donations	4,510	-	4,510	7,635
Sir George Martin Trust	-	3,000	3,000	-
The Brelms Trust	-	5,000	5,000	-
The Harrison and Potter Trust	-	12,636	12,636	9,220
Wade's Charity	-	3,000	3,000	3,000
The Albert Hunt Trust	-	-	-	3,000
Barchester Charitable Foundation	-	-	-	1,610
The Liz and Terry Bramall Foundation	-	-	-	3,000
	<u>84,417</u>	<u>46,667</u>	<u>131,084</u>	<u>139,417</u>

3 Staff costs and numbers	2025	2024
	£	£
Gross salaries	108,716	103,004
Social security costs	11,237	12,274
Employment allowance	(5,000)	(5,000)
Pensions	5,436	5,862
Payroll costs	456	514
	<u>120,845</u>	<u>116,654</u>

The average number of employees during the year was 3, being an average of 3.2 full time equivalent (2024: 3.4, 3.2 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme	2025	2024
	£	£
Costs of the scheme to the charity for the year	456	514
Amount of any contributions outstanding at the year end	48	-

Caring Together in Woodhouse & Little London

Notes to the accounts continued

for the year ended 31 March 2025

4 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
Anonymous donation	4,616	-	4,028	-	588
LCF Strategic Resilience	1,250	-	1,250	-	-
LCF Transforming Mental Health	2,723	12,251	14,974	-	-
The Harrison and Potter Trust	5,970	12,636	11,235	-	7,371
The Liz and Terry Bramall Found'n	2,250	-	2,250	-	-
Inman Charity	-	4,000	4,000	-	-
Brelms	-	5,000	5,000	-	-
AM Fenton Trust	-	2,000	2,000	-	-
Sir George Martin Trust	-	3,000	3,000	-	-
Wades	-	3,000	3,000	-	-
LOPF HSF	-	4,420	4,420	-	-
Charles Lewis Foundation	-	360	360	-	-
	<u>16,809</u>	<u>46,667</u>	<u>55,517</u>	<u>-</u>	<u>7,959</u>

Fund name	Purpose of restriction
Anonymous donation	Towards transport costs.
LCF Strategic Resilience	Towards supporting the manager's salary.
LCF Transforming Mental Health	Towards supporting the staff salaries.
The Harrison and Potter Trust	Towards activity costs.
The Liz and Terry Bramall Found'n	Towards activity costs.
Inman Charity	Towards activity costs and salaries.
Brelms	Towards activity costs.
AM Fenton Trust	Towards activity costs.
Sir George Martin Trust	Towards activity costs.
Wades	Towards activity costs.
LOPF HSF	Towards welfare costs.
Charles Lewis Foundation	Towards activity costs.

5 Tangible assets	Group equipment £	Total £
Cost		
At 1 April 2024	3,201	3,201
Additions	-	-
At 31 March 2025	<u>3,201</u>	<u>3,201</u>
Depreciation		
At 1 April 2024	2,060	2,060
Charge for year	480	480
At 31 March 2025	<u>2,540</u>	<u>2,540</u>
Net book value		
At 31 March 2025	<u>661</u>	<u>661</u>
At 31 March 2024	<u>1,141</u>	<u>1,141</u>

Caring Together in Woodhouse & Little London
Notes to the accounts continued
for the year ended 31 March 2025

6 Debtors and prepayments	2025	2024
	£	£
Debtors	-	840
Prepayments	85	79
	<u>85</u>	<u>919</u>

7 Cash at bank and in hand	2025	2024
	£	£
Cash at bank	77,778	90,489
Cash in hand	383	277
	<u>78,161</u>	<u>90,766</u>

8 Creditors and accruals	2025	2024
	£	£
Creditors	849	1,698
Accruals	876	876
Other creditors	48	1,165
	<u>1,773</u>	<u>3,739</u>

9 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

The total employee benefits received by key management personnel were £46,636 (previous year: £49,831).

Operating leases

Expected future minimum lease payments over the remaining life of the	2025	2024
	£	£
Within one year	650	650
In the second to fifth years inclusive	1,680	2,330
Over five years from the balance sheet date	-	-
	<u>2,330</u>	<u>2,980</u>

Caring Together in Woodhouse & Little London
Statement of Financial Activities including comparatives for all funds
(including summary income and expenditure account)
for the year ended 31 March 2025

	2025 Unrestricted funds £	2024 Unrestricted funds £	2025 Restricted funds £	2024 Restricted funds £	2025 Total funds £	2024 Total funds £
Income						
Grants and donations	84,417	88,842	46,667	50,575	131,084	139,417
Group and activity contributions	2,752	2,846	-	-	2,752	2,846
Fundraising	281	636	-	-	281	636
Bank interest	395	222	-	-	395	222
Total income	87,845	92,546	46,667	50,575	134,512	143,121
Expenditure						
Salaries, NIC's, pensions and payroll	76,623	83,924	44,222	32,730	120,845	116,654
Staff travel expenses	634	745	-	-	634	745
Events and activities	-	2,189	5,966	2,823	5,966	5,012
Equipment and materials	1,937	2,269	661	291	2,598	2,560
Training	129	160	-	-	129	160
Travel, transport and trips	-	1,501	4,107	1,702	4,107	3,203
Volunteer expenses	-	197	121	-	121	197
Premises costs	2,082	7,476	-	715	2,082	8,191
Phone, internet and postage	2,917	4,058	440	-	3,357	4,058
Printing and stationery	1,742	1,417	-	-	1,742	1,417
Advertising and publicity	500	481	-	-	500	481
Insurance	1,017	871	-	-	1,017	871
Affiliations and subscriptions	79	113	-	-	79	113
Independent examination	876	876	-	-	876	876
Management and administration	1,569	883	-	-	1,569	883
IT support	363	184	-	-	363	184
Sundry expenses	-	25	-	-	-	25
Depreciation	480	480	-	-	480	480
Total expenditure	90,948	107,849	55,517	38,261	146,465	146,110
Net income / (expenditure)	(3,103)	(15,303)	(8,850)	12,314	(11,953)	(2,989)
Fund balances brought forward	72,278	87,581	16,809	4,495	89,087	92,076
Fund balances carried forward	69,175	72,278	7,959	16,809	77,134	89,087