



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **01.04.2024** Period start date To **31.03.2025** Period end date

Charity name: Mulbarton Gymnastics Club

Charity registration number: 1138617

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The promotion of participation of children between 3 and 18 in a healthy recreation, by the provision of facilities and coaching for gymnastics.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To provide gymnastics for all ages and abilities, to enjoy and to achieve to an individual's best ability, to develop self-esteem and build confidence, to give opportunities to take part in different events, to enjoy gymnastics and learning new skills.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Classes remain popular with children of all ages. Over 30 gymnasts taken to Norfolk County General Gymnastics competitions, this was an increase from the previous year. A number of these qualified for regional places, with some winning medals at Regional level. Over 20 gymnasts were taken to the Regional Tumble and Trampoline competition, winning 25 medals between them. 135 gymnasts entered our own inter Club competition, the highest number entering to date. This raised £1200.

		We held our annual show, hiring a new premises for the first time to accommodate the growing number of gymnasts and their abilities. This raised over £2000, allowing us to replace older pieces of equipment and buy apparatus for our older gymnasts. Fete raised us nearly £900 which we were able to use to replace some of our crash mats. Two of our young leaders completed their leadership awards and became employed as coaches. Five continued to work towards their bronze and silver levels and a further four started the Leadership Award scheme.
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity made a profit in the year of £8,302.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity aims to maintain sufficient reserves to ensure the future sustainability of the club.
Amount of reserves held	Para 1.22	The charity's reserves at the end of the period were £18,957 which includes £10,000 in a savings account to ensure future survival of the club and to save towards lease/purchase of own premises.
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The present level of reserves held are considered sufficient to meet the charity's needs and, as such, the charity is considered to be a going concern.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution adopted 4 September 2009 as amended by special resolution 16 October 2010
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Trust
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Committee meeting elections

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Each incoming Trustee is referred to the Charity Commission literature on acting as a charity Trustee. Additional training is provided as required.
Relationship with any related parties	Para 1.51	None

Reference and Administrative details

Charity name	Mulbarton Gymnastics Club
Other name the charity uses	
Registered charity number	1138617
Charity's principal address	19 Blackthorn Way Poringland Norfolk NR14 7WD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amy Thorogood	Chair		
2	Jake Thorogood	Trustee		
3	Rachel Christian	Trustee		
4	Jacqueline Humphries	Trustee		
5	Ciara Kidd	Trustee		
6	Natalie Cross	Trustee		
7	Frankie Culling	Trustee		
8	Jamie Chandler	Trustee	Resigned 7 July 2024	
9				
10				
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Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)	A. Thorogood	R. Christian
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Full name(s)	Amy Thorogood	Rachel Christian
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Position (eg Secretary, Chair, etc)	Chair	Vice Chair
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Date	15.01.2026
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CHARITY COMMISSION
FOR ENGLAND AND WALES

Mulbarton Gymnastics Club

1138617

Receipts and payments accounts

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For the period
from

4/1/2024

To

3/31/2025

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Gymnasts Fees	49,533	-	-	49,533	41,470
Gymnasts- Insurance, badges, uniform	2,794	-	-	2,794	6,756
Events inc annual show, competition	7,263	-	-	7,263	5,647
Other fundraising	1,531	-	-	1,531	2,028
Bursaries and donations	1,480	-	-	1,480	50
Other income	2,264	-	-	2,264	2,737
Sub total (Gross income for AR)	64,865	-	-	64,865	58,688
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	64,865	-	-	64,865	58,688
A3 Payments					
Coaches	35,907	-	-	35,907	33,914
British Gymnastics	519	-	-	519	6,718
Subscriptions and liscencing	1,825	-	-	1,825	1,835
Hall Hire	3,536	-	-	3,536	3,406
Events and fundraising costs	4,612	-	-	4,612	5,264
Equipment purchase	4,018	-	-	4,018	4,840
Clothing and refreshment costs	1,827	-	-	1,827	1,238
Accountancy	-	-	-	-	540
Other costs	4,319	-	-	4,319	818
Sub total	56,563	-	-	56,563	58,573
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	56,563	-	-	56,563	58,573
Net of receipts/(payments)	8,302	-	-	8,302	115
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10,655	-	-	10,655	10,540
Cash funds this year end	18,957	-	-	18,957	10,655

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank current balance	8,957	-	-
	Bank savings balance	10,000	-	-
			-	-
	Total cash funds	18,957	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Independent Examiners Fee	Unrestricted	540	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		A. Thorogood	Amy Thorogood	19.01.26
		R. Christian	Rachel Christian	19.01.26

Independent Examiner's Report to the Trustees of Mulbarton Gymnastics Club

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

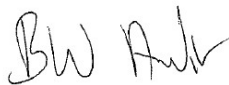
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work or for this report.



Signed:

Joanne Fox BA FCA

Berry & Warren

Chartered Accountants
Norwich

Date: 19 January 2026