



Trustees' Annual Report for the period

	Period start date			Period end date			
From	01	04	2023	To	31	03	2024

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amy Thorogood	Chair		
2	Jake Thorogood	Trustee		
3	Rachel Christian	Trustee		
4	Jaqueline Humphries	Trustee		
5	Jamie Chandler	Trustee	Resigned 7 July 2024	
6	Ciara Kidd	Trustee	Appointed 11 January 2024	
7	Natalie Cross	Trustee	Appointed 11 January 2024	
8	Frankie Culling	Trustee	Appointed 11 January 2024	
9				
10				
11				
12				
13				
14				
15				
16				
17				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution adopted 4 September 2009 as amended by special resolution 16 October 2010
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Committee meeting elections

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

No information provided

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Summary of the objects of the charity set out in its governing document

The promotion of participation of children between age 3 and 18 in a healthy recreation in particular by the provision of facilities and coaching for gymnastics.

To provide gymnastics for all ages and abilities, to enjoy and to achieve to an individual's best ability, to develop self-esteem and build confidence, to give opportunities to take part in different events, to enjoy gymnastics and learning new skills.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

No information provided

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You may choose to include further statements, where relevant, about:

policy on grantmaking;
policy programme related investment;
contribution made by volunteers.

Summary of the main achievements of the charity during the year

All classes have remained fully booked during the year.

We took a greater number of gymnasts (over 20) than last year to Norfolk County General Gymnastics competitions and a number of these qualified for places at the Regional Finals, where some won regional medals.

We also took nearly 20 gymnasts to the Regional Tumble and Trampoline Competition where they won 22 medals between them.

We paid for Olympic gymnast Claudia Fragapane to attend our club, this was hugely inspirational for all those who attended.

We held our end of Summer Fun session at the UEA and received so much positive praise about this that we will be organising further sessions there.

Our club competition took part in November raising a profit of £684.65.

Our fete took place in July, was hugely attended and made a profit of £951.44.

One of our Young Leaders completed her Leadership Award and was employed as a Coach. Four continued to work towards their bronze level, volunteering at both sessions and events, and a further three gymnasts became Young Leaders in September 2023.

Brief statement of the charity's policy on reserves

The charity's reserves at the end of the period were £10,655. The charity aims to maintain sufficient reserves to ensure the future sustainability of the club.

Details of any funds materially in deficit

Not applicable

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The club made a profit of £115 in the period.

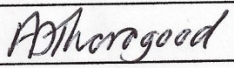
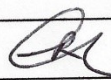
Section F

Other optional information

No information provided

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Amy Thorogood	Rachel Christian
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	02.12.24	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Mulbarton Gymnastics Club

1138617

Receipts and payments accounts

CC16a

For the period
from

01/04/2023

To

31/03/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Gymnasts - fees	41,470	-	-	41,470	40,736
Gymnasts - insurance, badges	6,756	-	-	6,756	8,785
Events inc annual show, competition	5,647	-	-	5,647	8,234
Other fundraising	2,028	-	-	2,028	2,104
Bursaries and donations	50	-	-	50	964
Other income	2,737	-	-	2,737	1,674
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	58,688	-	-	58,688	62,497
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	58,688	-	-	58,688	62,497
A3 Payments					
Coaches - fees, courses	33,914	-	-	33,914	30,447
British Gymnastics	6,718	-	-	6,718	6,023
Subscriptions and licensing	1,835	-	-	1,835	1,148
Hall hire	3,406	-	-	3,406	3,938
Events and fundraising costs	5,264	-	-	5,264	4,729
Equipment purchase	4,840	-	-	4,840	7,692
Clothing and refreshment costs	1,238	-	-	1,238	3,295
Accountancy	540	-	-	540	-
Other costs	818	-	-	818	3,676
	-	-	-	-	-
Sub total	58,573	-	-	58,573	60,948
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	58,573	-	-	58,573	60,948
Net of receipts/(payments)	115	-	-	115	1,549
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10,540	-	-	10,540	8,991
Cash funds this year end	10,655	-	-	10,655	10,540

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank balance	10,641	-	-
	Petty cash	14	-	-
		-	-	-
	Total cash funds		10,655	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>Amy Thorogood</i>	Amy Thorogood	02.12.24	
	<i>Rachel Christian</i>	Rachel Christian	02.12.24	



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

**Independent examiner's
report on the accounts**

**Report to the trustees/
members of**

Charity Name
Mulbarton Gymnastics Club

**On accounts for the
period ended**

31 March 2024

**Charity no
(if any)**

1138617

Set out on pages

8 - 9

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

02.12.2024

Name:

Matthew Bennion

**Relevant professional
qualification(s) or body
(if any):**

ICAEW

Address:

Meadow End, The Street

Shotesham All Saints

Norfolk. NR15 1AP

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Not applicable