



Trustees' Annual Report for the period

	Period start date			Period end date			
	01	04	2022		31	03	2023
From				To			

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amy Thorogood	Chair		
2	Rachel Christian	Vice chair		
3	Jake Thorogood	Trustee		
4	Jacqueline Humphries	Trustee		
5	Jamie Chandler	Trustee		
6	Ciara Kidd	Trustee	Appointed 11 January 2024	
7	Natalie Cross	Trustee	Appointed 11 January 2024	
8	Frankie Culling	Trustee	Appointed 11 January 2024	
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution adopted 4 September 2009 as amended by special resolution on 16 October 2010.

How the charity is constituted
(eg. trust, association, company)

Trust

Trustee selection methods
(eg. appointed by, elected by)

Committee meeting elections

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

No information provided

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The promotion of participation of children between age 3 and 18 in a healthy recreation in particular by the provision of facilities and coaching in gymnastics.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

To provide gymnastics for all ages and abilities to enjoy and to achieve to an individual's best ability, to develop self-esteem and build confidence, to give opportunities to take part in different events, to enjoy gymnastics and learn new skills.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

No information provided.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

We have run 7 classes per week, at our fullest we had 208 members and finished the year with 192 gymnasts ranging from age 3 to 14 years. We had 11 self-employed coaches across the 7 classes.

We held our annual show, fete and inter-club competition alongside a Christmas hamper raffle, and offered holiday classes through the summer including a bring your parent session. The show still proves to be hugely popular with over 100 gymnasts entering and we receive lots of positive feedback and thanks from families. We made a profit of over £2000.

The fete continues to be well attended with both displays of over 80 gymnasts and numerous internal and external stalls. This made a profit of over £800.

The competition was entered by 125 gymnasts and attended by over 200 parents/carers. We subsidised the cost of entry from £16 to £12 for all gymnasts to keep it accessible to all. We still made a profit of just under £900.

We continue to follow the British Gymnastics Proficiency course with all gymnasts completing and receiving medals and certificates twice a year. We entered external General Gymnastics 4 piece competitions at county level for over 20 gymnasts some of whom qualified and competed at Regional level following our club objectives to offer all gymnasts the opportunity to reach their full potential.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity's reserves at the end of the period were £10,540. The charity aims to maintain sufficient reserves to ensure the future sustainability of the club.

Details of any funds materially in deficit

Not applicable.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The club made a profit of £1,549 in the period.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>AThorogood</i>	<i>CA</i>
Full name(s)	Amy Thorogood	Rachel Christian
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	22.01.24	

Independent Examiner's Report to the Trustees of Mulbarton Gymnastics Club

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work or for this report.

Signed:



Joanne Fox BA FCA

Berry & Warren

Chartered Accountants

Norwich

Date: 22 JANUARY 2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Mulbarton Gymnastics Club

1138617

Receipts and payments accounts

CC16a

For the period
from

01/04/2022

To

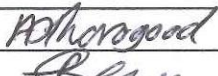
31/03/2023

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Gymnasts Fees	40,736	-	-	40,736	33,817
Gymnasts- Insurance, badges, uniform	8,785	-	-	8,785	6,825
Events inc annual show, competition	8,234	-	-	8,234	4,335
Other fundraising	2,104	-	-	2,104	2,684
Bursaries and donations	964	-	-	964	-
Other income	1,674	-	-	1,674	2,837
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	62,497	-	-	62,497	50,498
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	62,497	-	-	62,497	50,498
A3 Payments					
Coaches	30,447	-	-	30,447	24,164
British Gymnastics	6,023	-	-	6,023	5,571
Subscriptions and licensing	1,148	-	-	1,148	-
Hall Hire	3,938	-	-	3,938	3,624
Events and fundraising costs	4,729	-	-	4,729	1,832
Equipment purchase	7,692	-	-	7,692	3,433
Clothing and refreshment costs	3,295	-	-	3,295	4,625
Other costs	3,676	-	-	3,676	1,780
	-	-	-	-	-
Sub total	60,948	-	-	60,948	45,029
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	60,948	-	-	60,948	45,029
Net of receipts/(payments)	1,549	-	-	1,549	5,469
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	8,991	-	-	8,991	-
Cash funds this year end	10,540	-	-	10,540	5,469

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank balance	10,527	-	-
	Petty cash	13	-	-
		-	-	-
	Total cash funds	10,540	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
	Independent Examiners Fee	Unrestricted	540	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	 	AMY THOROGOOD RACHEL CHRISTIAN	22.01.24 22.1.24