

MULBARTON GYMNASTICS CLUB

England & Wales · Charity number 1138617

Details

Status Registered

Legal form Other

Registered 2010-10-27

Register [View on the Charity Commission register](#)

Contact

Address 19 Blackthorn Way
Poringland
Norwich
Norwich
Norfolk
NR14 7WD

Phone 01508495235

Email mulbartongymclub@hotmail.com

Website www.mulbartongymclub.co.uk

Activities

Objects: THE CHARITY'S OBJECTS ARE: (I) TO ADVANCE CHILDREN'S HEALTH,(II) TO PROMOTE INCLUSION WITHIN SPORT FOR ALL INDIVIDUALS,(III) TO PROVIDE SUPPORT TO YOUNG PEOPLE AND ASSIST THEM TO BECOME AND PROGRESS AS SPORTS COACHES,(IV) TO PROMOTE HEALTHY RECREATION IN THE INTERESTS OF SOCIAL WELFARE,(V) TO ADVANCE EDUCATION.

Activities: Gymnastic classes for children age 3 and over including classes for children with disabilities

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, Disability, Amateur Sport
- **Who:** Children/young People, People With Disabilities

Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE, LOCAL
- Norfolk
- Suffolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£64,865	£56,563	-	-
2024-03-31	£58,688	£58,573	-	-
2023-03-31	£62,497	£60,948	-	-
2022-03-31	£50,498	£45,029	-	-
2021-04-01	£30,517	£34,422	-	-

Trustees

Name	Role	Appointed
Ciara Kidd		2024-01-11
Frankie Culling		2024-01-11
Jacqueline Humphries		2020-09-21
Natalie Cross		2024-01-11
Rachel Christian		2020-09-21

MULBARTON GYMNASTICS CLUB

England & Wales - Charity number 1138617

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **01.04.2024** Period start date To **31.03.2025** Period end date

Charity name: Mulbarton Gymnastics Club

Charity registration number: 1138617

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The promotion of participation of children between 3 and 18 in a healthy recreation, by the provision of facilities and coaching for gymnastics.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To provide gymnastics for all ages and abilities, to enjoy and to achieve to an individual's best ability, to develop self-esteem and build confidence, to give opportunities to take part in different events, to enjoy gymnastics and learning new skills.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Classes remain popular with children of all ages. Over 30 gymnasts taken to Norfolk County General Gymnastics competitions, this was an increase from the previous year. A number of these qualified for regional places, with some winning medals at Regional level. Over 20 gymnasts were taken to the Regional Tumble and Trampoline competition, winning 25 medals between them. 135 gymnasts entered our own inter Club competition, the highest number entering to date. This raised £1200.

		We held our annual show, hiring a new premises for the first time to accommodate the growing number of gymnasts and their abilities. This raised over £2000, allowing us to replace older pieces of equipment and buy apparatus for our older gymnasts. Fete raised us nearly £900 which we were able to use to replace some of our crash mats. Two of our young leaders completed their leadership awards and became employed as coaches. Five continued to work towards their bronze and silver levels and a further four started the Leadership Award scheme.
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity made a profit in the year of £8,302.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity aims to maintain sufficient reserves to ensure the future sustainability of the club.
Amount of reserves held	Para 1.22	The charity's reserves at the end of the period were £18,957 which includes £10,000 in a savings account to ensure future survival of the club and to save towards lease/purchase of own premises.
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The present level of reserves held are considered sufficient to meet the charity's needs and, as such, the charity is considered to be a going concern.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution adopted 4 September 2009 as amended by special resolution 16 October 2010
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Trust
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Committee meeting elections

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Each incoming Trustee is referred to the Charity Commission literature on acting as a charity Trustee. Additional training is provided as required.
Relationship with any related parties	Para 1.51	None

Reference and Administrative details

Charity name	Mulbarton Gymnastics Club
Other name the charity uses	
Registered charity number	1138617
Charity's principal address	19 Blackthorn Way Poringland Norfolk NR14 7WD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amy Thorogood	Chair		
2	Jake Thorogood	Trustee		
3	Rachel Christian	Trustee		
4	Jacqueline Humphries	Trustee		
5	Ciara Kidd	Trustee		
6	Natalie Cross	Trustee		
7	Frankie Culling	Trustee		
8	Jamie Chandler	Trustee	Resigned 7 July 2024	
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Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)	A. Thorogood	R. Christian
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Full name(s)	Amy Thorogood	Rachel Christian
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Position (eg Secretary, Chair, etc)	Chair	Vice Chair
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Date	15.01.2026
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CHARITY COMMISSION
FOR ENGLAND AND WALES

Mulbarton Gymnastics Club

1138617

Receipts and payments accounts

CC16a

For the period
from

4/1/2024

To

3/31/2025

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Gymnasts Fees	49,533	-	-	49,533	41,470
Gymnasts- Insurance, badges, uniform	2,794	-	-	2,794	6,756
Events inc annual show, competition	7,263	-	-	7,263	5,647
Other fundraising	1,531	-	-	1,531	2,028
Bursaries and donations	1,480	-	-	1,480	50
Other income	2,264	-	-	2,264	2,737
Sub total (Gross income for AR)	64,865	-	-	64,865	58,688
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	64,865	-	-	64,865	58,688
A3 Payments					
Coaches	35,907	-	-	35,907	33,914
British Gymnastics	519	-	-	519	6,718
Subscriptions and liscencing	1,825	-	-	1,825	1,835
Hall Hire	3,536	-	-	3,536	3,406
Events and fundraising costs	4,612	-	-	4,612	5,264
Equipment purchase	4,018	-	-	4,018	4,840
Clothing and refreshment costs	1,827	-	-	1,827	1,238
Accountancy	-	-	-	-	540
Other costs	4,319	-	-	4,319	818
Sub total	56,563	-	-	56,563	58,573
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	56,563	-	-	56,563	58,573
Net of receipts/(payments)	8,302	-	-	8,302	115
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10,655	-	-	10,655	10,540
Cash funds this year end	18,957	-	-	18,957	10,655

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank current balance	8,957	-	-
	Bank savings balance	10,000	-	-
			-	-
	Total cash funds	18,957	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Independent Examiners Fee	Unrestricted	540	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	A. Thorogood	Amy Thorogood	19.01.26	
	R. Christian	Rachel Christian	19.01.26	

Independent Examiner's Report to the Trustees of Mulbarton Gymnastics Club

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

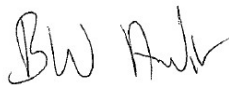
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work or for this report.



Signed:

Joanne Fox BA FCA

Berry & Warren

Chartered Accountants
Norwich

Date: 19 January 2026

MULBARTON GYMNASTICS CLUB

England & Wales - Charity number 1138617

Accounts



Trustees' Annual Report for the period

	Period start date			Period end date			
From	01	04	2023	To	31	03	2024

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amy Thorogood	Chair		
2	Jake Thorogood	Trustee		
3	Rachel Christian	Trustee		
4	Jaqueline Humphries	Trustee		
5	Jamie Chandler	Trustee	Resigned 7 July 2024	
6	Ciara Kidd	Trustee	Appointed 11 January 2024	
7	Natalie Cross	Trustee	Appointed 11 January 2024	
8	Frankie Culling	Trustee	Appointed 11 January 2024	
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution adopted 4 September 2009 as amended by special resolution 16 October 2010
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Committee meeting elections

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

No information provided

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Summary of the objects of the charity set out in its governing document

The promotion of participation of children between age 3 and 18 in a healthy recreation in particular by the provision of facilities and coaching for gymnastics.

To provide gymnastics for all ages and abilities, to enjoy and to achieve to an individual's best ability, to develop self-esteem and build confidence, to give opportunities to take part in different events, to enjoy gymnastics and learning new skills.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

No information provided

-
-

You may choose to include further statements, where relevant, about:

policy on grantmaking;
policy programme related investment;
contribution made by volunteers.

Summary of the main achievements of the charity during the year

All classes have remained fully booked during the year.

We took a greater number of gymnasts (over 20) than last year to Norfolk County General Gymnastics competitions and a number of these qualified for places at the Regional Finals, where some won regional medals.

We also took nearly 20 gymnasts to the Regional Tumble and Trampoline Competition where they won 22 medals between them.

We paid for Olympic gymnast Claudia Fragapane to attend our club, this was hugely inspirational for all those who attended.

We held our end of Summer Fun session at the UEA and received so much positive praise about this that we will be organising further sessions there.

Our club competition took part in November raising a profit of £684.65.

Our fete took place in July, was hugely attended and made a profit of £951.44.

One of our Young Leaders completed her Leadership Award and was employed as a Coach. Four continued to work towards their bronze level, volunteering at both sessions and events, and a further three gymnasts became Young Leaders in September 2023.

Brief statement of the charity's policy on reserves

The charity's reserves at the end of the period were £10,655. The charity aims to maintain sufficient reserves to ensure the future sustainability of the club.

Details of any funds materially in deficit

Not applicable

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The club made a profit of £115 in the period.

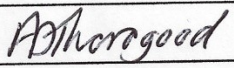
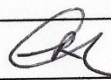
Section F

Other optional information

No information provided

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Amy Thorogood	Rachel Christian
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	02.12.24	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Mulbarton Gymnastics Club

1138617

Receipts and payments accounts

CC16a

For the period
from

01/04/2023

To

31/03/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Gymnasts - fees	41,470	-	-	41,470	40,736
Gymnasts - insurance, badges	6,756	-	-	6,756	8,785
Events inc annual show, competition	5,647	-	-	5,647	8,234
Other fundraising	2,028	-	-	2,028	2,104
Bursaries and donations	50	-	-	50	964
Other income	2,737	-	-	2,737	1,674
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	58,688	-	-	58,688	62,497
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	58,688	-	-	58,688	62,497
A3 Payments					
Coaches - fees, courses	33,914	-	-	33,914	30,447
British Gymnastics	6,718	-	-	6,718	6,023
Subscriptions and licensing	1,835	-	-	1,835	1,148
Hall hire	3,406	-	-	3,406	3,938
Events and fundraising costs	5,264	-	-	5,264	4,729
Equipment purchase	4,840	-	-	4,840	7,692
Clothing and refreshment costs	1,238	-	-	1,238	3,295
Accountancy	540	-	-	540	-
Other costs	818	-	-	818	3,676
	-	-	-	-	-
Sub total	58,573	-	-	58,573	60,948
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	58,573	-	-	58,573	60,948
Net of receipts/(payments)	115	-	-	115	1,549
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10,540	-	-	10,540	8,991
Cash funds this year end	10,655	-	-	10,655	10,540

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank balance	10,641	-	-
	Petty cash	14	-	-
		-	-	-
	Total cash funds		10,655	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>Amy Thorogood</i>	Amy Thorogood	02.12.24	
	<i>Rachel Christian</i>	Rachel Christian	02.12.24	



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

**Independent examiner's
report on the accounts**

**Report to the trustees/
members of**

Charity Name
Mulbarton Gymnastics Club

**On accounts for the
period ended**

31 March 2024

**Charity no
(if any)**

1138617

Set out on pages

8 - 9

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

02.12.2024

Name:

Matthew Bennion

**Relevant professional
qualification(s) or body
(if any):**

ICAEW

Address:

Meadow End, The Street

Shotesham All Saints

Norfolk. NR15 1AP

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of
any items that the
examiner wishes to
disclose.**

Not applicable

MULBARTON GYMNASTICS CLUB

England & Wales - Charity number 1138617

Accounts



Trustees' Annual Report for the period

	Period start date			Period end date			
	01	04	2022		31	03	2023
From				To			

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amy Thorogood	Chair		
2	Rachel Christian	Vice chair		
3	Jake Thorogood	Trustee		
4	Jacqueline Humphries	Trustee		
5	Jamie Chandler	Trustee		
6	Ciara Kidd	Trustee	Appointed 11 January 2024	
7	Natalie Cross	Trustee	Appointed 11 January 2024	
8	Frankie Culling	Trustee	Appointed 11 January 2024	
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution adopted 4 September 2009 as amended by special resolution on 16 October 2010.

How the charity is constituted
(eg. trust, association, company)

Trust

Trustee selection methods
(eg. appointed by, elected by)

Committee meeting elections

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

No information provided

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The promotion of participation of children between age 3 and 18 in a healthy recreation in particular by the provision of facilities and coaching in gymnastics.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

To provide gymnastics for all ages and abilities to enjoy and to achieve to an individual's best ability, to develop self-esteem and build confidence, to give opportunities to take part in different events, to enjoy gymnastics and learn new skills.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

No information provided.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

We have run 7 classes per week, at our fullest we had 208 members and finished the year with 192 gymnasts ranging from age 3 to 14 years. We had 11 self-employed coaches across the 7 classes.

We held our annual show, fete and inter-club competition alongside a Christmas hamper raffle, and offered holiday classes through the summer including a bring your parent session. The show still proves to be hugely popular with over 100 gymnasts entering and we receive lots of positive feedback and thanks from families. We made a profit of over £2000.

The fete continues to be well attended with both displays of over 80 gymnasts and numerous internal and external stalls. This made a profit of over £800.

The competition was entered by 125 gymnasts and attended by over 200 parents/carers. We subsidised the cost of entry from £16 to £12 for all gymnasts to keep it accessible to all. We still made a profit of just under £900.

We continue to follow the British Gymnastics Proficiency course with all gymnasts completing and receiving medals and certificates twice a year. We entered external General Gymnastics 4 piece competitions at county level for over 20 gymnasts some of whom qualified and competed at Regional level following our club objectives to offer all gymnasts the opportunity to reach their full potential.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity's reserves at the end of the period were £10,540. The charity aims to maintain sufficient reserves to ensure the future sustainability of the club.

Details of any funds materially in deficit

Not applicable.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The club made a profit of £1,549 in the period.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>AThorogood</i>	<i>RC</i>
Full name(s)	Amy Thorogood	Rachel Christian
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	22.01.24	

Independent Examiner's Report to the Trustees of Mulbarton Gymnastics Club

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work or for this report.

Signed:



Joanne Fox BA FCA

Berry & Warren

Chartered Accountants

Norwich

Date: 22 JANUARY 2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Mulbarton Gymnastics Club

1138617

Receipts and payments accounts

CC16a

For the period
from

01/04/2022

To

31/03/2023

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Gymnasts Fees	40,736	-	-	40,736	33,817
Gymnasts- Insurance, badges, uniform	8,785	-	-	8,785	6,825
Events inc annual show, competition	8,234	-	-	8,234	4,335
Other fundraising	2,104	-	-	2,104	2,684
Bursaries and donations	964	-	-	964	-
Other income	1,674	-	-	1,674	2,837
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	62,497	-	-	62,497	50,498
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	62,497	-	-	62,497	50,498
A3 Payments					
Coaches	30,447	-	-	30,447	24,164
British Gymnastics	6,023	-	-	6,023	5,571
Subscriptions and licencing	1,148	-	-	1,148	-
Hall Hire	3,938	-	-	3,938	3,624
Events and fundraising costs	4,729	-	-	4,729	1,832
Equipment purchase	7,692	-	-	7,692	3,433
Clothing and refreshment costs	3,295	-	-	3,295	4,625
Other costs	3,676	-	-	3,676	1,780
	-	-	-	-	-
Sub total	60,948	-	-	60,948	45,029
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	60,948	-	-	60,948	45,029
Net of receipts/(payments)	1,549	-	-	1,549	5,469
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	8,991	-	-	8,991	-
Cash funds this year end	10,540	-	-	10,540	5,469

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank balance	10,527	-	-
	Petty cash	13	-	-
		-	-	-
	Total cash funds	10,540	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
	Independent Examiners Fee	Unrestricted	540	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	A Thorogood R Chen	AMY THOROGOOD RACHEL CHRISTIAN	22.01.24 22.1.24

Accounts



Trustees' Annual Report for the period					
Period start date			Period end date		
01	04	2021	31	03	2022
From			To		

Section A Reference and administration details

Charity name	Mulbarton Gymnastics Club
Other names charity is known by	N/a
Registered charity number (if any)	1138617
Charity's principal address	19 Blackthorn Way
	Poringland
	Norfolk
Postcode	NR14 7WD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amy Thorogood	Chair		
2	Jake Thorogood	Trustee		
3	Rachel Christian	Trustee		
4	Jaqueline Humphries	Trustee		
5	Jamie Chandler	Trustee		
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution adopted 4 September 2009 as amended by special resolution 16 October 2010
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Committee meeting elections

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

No information provided

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The promotion of participation of children between age 3 and 18 in a healthy recreation in particular by the provision of facilities and coaching for gymnastics.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

To provide gymnastics for all ages and abilities, to enjoy and to achieve to an individual's best ability, to develop self-esteem and build confidence, to give opportunities to take part in different events, to enjoy gymnastics and learning new skills.

Additional details of objectives and activities (Optional information)

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

No information provided

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

All classes have remained fully booked during the year.

A club competition was held for the first time since the Covid-19 pandemic. An annual fete was held.

Two coaches achieved their level 1 qualifications, both funded by the club.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity's reserves at the end of the period were £8,991. The charity aims to maintain sufficient reserves to ensure the future sustainability of the club.

Details of any funds materially in deficit

Not applicable

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The club made a profit of £5,469 in the period.

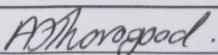
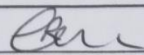
Section F Other optional information

No information provided

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Amy Thorogood	Rachel Christian
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	12.1.23	



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

**Independent examiner's
report on the accounts**

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Mulbarton Gymnastics Club

**On accounts for the
period ended**

31 March 2022

**Charity no
(if any)**

1138617

Set out on pages

9 - 10

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2022.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

12.1.23

Name:

Matthew Bennion

**Relevant professional
qualification(s) or body
(if any):**

ICAEW

Address:

Careks Lodge, The Street

Shotesham All Saints

Norfolk. NR15 1YW

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Not applicable



CHARITY COMMISSION
FOR ENGLAND AND WALES

Mulbarton Gymnastics Club

1138617

Receipts and payments accounts

CC16a

For the period
from

01/04/2021

To

31/03/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Gymnasts - fees	33,817	-	-	33,817	19,804
Gymnasts - insurance, badges	6,825	-	-	6,825	3,439
Events inc annual show, competition	4,335	-	-	4,335	2,081
Other fundraising	2,684	-	-	2,684	3,296
Bursaries and donations	-	-	-	-	360
Other income	2,837	-	-	2,837	1,537
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	50,498	-	-	50,498	30,517
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	50,498	-	-	50,498	30,517
A3 Payments					
Coaches - fees, courses	24,164	-	-	24,164	22,918
British Gymnastics	5,571	-	-	5,571	3,310
Hall hire	3,624	-	-	3,624	3,204
Events and fundraising costs	1,832	-	-	1,832	804
Equipment purchase	3,433	-	-	3,433	909
Clothing and refreshment costs	4,625	-	-	4,625	1,029
Other costs	1,780	-	-	1,780	2,248
	-	-	-	-	-
	-	-	-	-	-
Sub total	45,029	-	-	45,029	34,422
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	45,029	-	-	45,029	34,422
Net of receipts/(payments)	5,469	-	-	5,469	- 3,905
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	3,522	-	-	3,522	7,427
Cash funds this year end	8,991	-	-	8,991	3,522

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank balance	8,878	-	-
	Petty cash	13	-	-
		-	-	-
	Total cash funds	8,991	-	-
	(agree balances with receipts and payments account(s))			
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>A Thorogood</i>	Arny Thorogood	12.01.23	
	<i>R</i>	Rachel Christian	12.1.23	

Accounts

Mulbarton Gymnastics Club Annual Report and Accounts

17 MONTHS ENDING 31 MARCH 2021

REGISTERED CHARITY NUMBER 1138617

Mulbarton Gymnastics Club
Annual Report and Accounts
17 months ending 31 March 2021

Trustees' Annual Report	2 - 6
Independent Examiner's Report	7 - 8
Annual Accounts	9 - 10



Trustees' Annual Report for the period

Period start date

Period end date

From

To

Section A

Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amy Thorogood	Chair	Appointed 21 September 2020	
2	Jake Thorogood	Trustee	Appointed 21 September 2020	
3	Rachel Christian	Trustee	Appointed 21 September 2020	
4	Jaqueline Humphries	Trustee	Appointed 21 September 2020	
5	Jamie Chandler	Trustee	Appointed 21 September 2020	
6	Debra Genery	Chair	Resigned (deceased) February 2020	
7	Karen Howes	Trustee	Resigned (deceased) March 2020	
8	Natalie Bradley	Trustee	Resigned November 2021	
9	Elizabeth Martin	Trustee	Resigned September 2020	
10				
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14				
15				
16				
17				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document	CONSTITUTION ADOPTED 4 SEPTEMBER 2009 AS AMENDED BY SPECIAL RESOLUTION 16 OCTOBER 2010
How the charity is constituted	Trust
Trustee selection methods	COMITTEE MEETING ELECTIONS

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

No information provided

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

THE PROMOTION OF PARTICIPATION OF CHILDREN BETWEEN AGE 3 AND 18 IN A HEALTHY RECREATION IN PARTICULAR BY THE PROVISION OF FACILITIES AND COACHING FOR GYMNASTICS

To provide gymnastics for all ages and abilities, to enjoy and to achieve to an individual's best ability, to develop self-esteem and build confidence, to give opportunities to take part in different events, to enjoy gymnastics and learning new skills

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

No information provided

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

All classes have been fully booked during the period with the club reaching 208 members.

Despite the challenges of the Covid-19 pandemic the club maintained positive cash reserves.

Zoom classes were offered during lockdown which were well attended and the children reported enjoying them.

The show was filmed and a DVD compiled and sold as Covid-19 restrictions prevented a live audience.

Section E**Financial review****Brief statement of the charity's policy on reserves**

The charity's reserves at the end of the period were £3,522. The charity aims to maintain sufficient reserves to ensure the future sustainability of the club

Details of any funds materially in deficit

Not applicable

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The club made a loss of £3,905 in the period.

Section F**Other optional information**

No information provided

Section G**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

AJ Thorogood.

RC

Full name(s)

AMY JANE THOROGOOD

RACHEL CHRISTIAN

Position (eg Secretary, Chair, etc)

CHAIR

VICE CHAIR.

Date

12.03.2022



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Mulbarton Gymnastics Club

**On accounts for the
period ended**

31 March 2021

**Charity no
(if any)**

1138617

Set out on pages

9 - 10

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 31/03/2021.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission

examiner's statement

come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

25-08-2022

Name:

Matthew Bennion

**Relevant professional
qualification(s) or body
(if any):**

ICAEW

Address:

Careks Lodge, The Street

Shotesham All Saints

Norfolk. NR15 1YW

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Not applicable



Receipts and payments accounts

CC16a

For the period
from

To

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Gymnasts - fees	19,804	-	-	19,804	34,684
Gymnasts - insurance, badges	3,439	-	-	3,439	5,490
Events inc annual show, competition	2,081	-	-	2,081	6,506
Other fundraising	3,296	-	-	3,296	2,692
Bursaries and donations	360	-	-	360	4,655
Other income - clothing sales, refreshments	1,537	-	-	1,537	1,643
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	30,517	-	-	30,517	55,670
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	30,517	-	-	30,517	55,670
A3 Payments					
Coaches - fees, courses	22,918	-	-	22,918	30,906
British Gymnastics	3,310	-	-	3,310	6,054
Hall hire	3,204	-	-	3,204	5,731
Events and fundraising costs	804	-	-	804	5,482
Equipment purchase	909	-	-	909	5,812
Clothing and refreshment costs	1,029	-	-	1,029	2,794
Other costs inc postage, stationery, insurance	2,248	-	-	2,248	1,769
	-	-	-	-	-
	-	-	-	-	-
Sub total	34,422	-	-	34,422	58,547
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	34,422	-	-	34,422	58,547
Net of receipts/(payments)	- 3,905	-	-	- 3,905	- 2,877
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	7,427	-	-	7,427	10,304
Cash funds this year end	3,522	-	-	3,522	7,427

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank balance	3,509	-	-
	Petty cash	13	-	-
		-	-	-
	Total cash funds	3,522	-	-
	(agree balances with receipts and payments account(s))			
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

A Thorogood
Dee

AMY THOROGOOD
RACHEL CHRISTIAN

12.03.22
12.03.22