



ANNUAL REPORT FOR 2023

Throughout 2023, Trauma Aid UK (TAUK) has continued to provide training in Eye Movement Desensitisation and Reprocessing (EMDR) to mental health professionals working in traumatised communities worldwide who would not otherwise have access to such training. This has enabled these professionals to acquire professional skills and knowledge in order to alleviate pain and suffering caused by post-traumatic psychological disorders. The board of 7 Trustees meet every 4-6 weeks and are actively engaged in the work of supporting our trainings.

In addition to EMDR Training and providing Continuing Professional Development Seminars and Workshops on-line, TAUK has been working towards promoting professionalization of EMDR as a therapeutic modality in the Arab Countries. This involves developing a professional pathway for certification and encouraging our trainees to undertake advance trainings to develop competencies in EMDR supervision skills. We funded 20 trainees to attend a Consultants Training week in Cairo. A number of the attendees are now at the Consultant level of competency and are seeking ways to be certified with an international professional body. This Cairo training also provided the impetus for the development of a regional EMDR association which TAUK agreed to fund its legal registration.

The past year has also forged greater cooperation with the Arab Countries supported by other Trauma Aid organizations for instance, organising translations of key documents into Arabic. These documents will enable standardization of EMDR training and supervision across the region. The Arab Countries regional network has been able to provide emergency response assistance in other Arabic speaking countries, for example following the Morocco earthquake in September 2023, the floods in Libya.

An increase in donations, including a generous endowment from our late founder and former President, has meant we are able to expand on our charitable aim of encouraging research. We have funded the write up of our first scientific study and publication in a prestigious journal with a wide circulation. We have had initial negotiations with a leading university to set up a global mental health scholarship in memory of our founder. Translation of the core EMDR professional text book into Arabic is another major task we have started this past year. We have engaged with the license holder in the USA and have sourced a reputable publishing house to undertake the translation, printing and distribution.

The EMDR Association UK has established a lasting tribute to our late founder by setting up an award to be granted every two years for the best innovation/service development/initiative involving EMDR in the charity sector.

In 2022 our IT expert, one of the Trustees, developed a computerized organizational system which in 2023 was up and running smoothly. This way we were able to track our trainings efficiently, the number of attendees, the level of certification they are working towards and their supervisors. This has proved invaluable in helping us to handle the details as well as providing an overview of our work.

EMDR UK Association's regional groups have continued to invite the people we train to CPD workshops pro-bono or, for non-English speakers, to make available the recording to view with their own interpreter. The feedback has shown that UK therapists value the exchange of ideas from international colleagues. The Bosnia and Herzegovina Association have presented at a UK regional association on their EMDR work with people affected by the war.

This year we decided to focus on supporting our network of volunteer Consultants who provide monthly supervision to our trainees. In addition to our annual Volunteer Consultants workshop, we have set up a peer support system and offer 1 free place to attend a national workshop of their choosing. This was done in agreement with the regional groups and the EMDR UK Association.

Specifically, TAUk has carried out the following activities and events during 2023:

Date	Activity	Where
January 2023	Refresher training – Walid Abdul Hamid	Iraq – online
January 2023	Group EMDR Training – all Arab Countries	Online – Shiraz Farrand
March 2023	Consultants training – 4 days – Robin Logie	Egypt - in person
June 2023	Group EMDR Training – Shiraz Farrand	Bosnia and Serbia – Online
May 2023	Part 1-EMDR Training Manda Holmshaw	Iraq – online
July 2023	Part 1 EMDR Training Manda Holmshaw	Bosnia – online
June 2023	Volunteer Supervisors Workshop	UK - Online
August 2023	Refresher – Jordan cohort - Hamodi Kayal	Online

September 2023	Syria – Part 1 - Asena Yurtsever, Trauma Aid Turkey partner	Turkey in person and Online Hybrid
September 2023	Child training – Part 1 Bosnia with Trainers in Training - Joanne Morris Smith	Bosnia – in person
October 2023	Part 2 - EMDR Training Manda Holmshaw	Bosnia – in person
October 2023	Consultant's Day, Fundraising	UK - Online
November 2023	Part 2 -EMDR Training Manda Holmshaw	Iraq – online

Plans for 2024 are to continue with these ongoing projects.

Trustees

The trustees are who served during the year and up to the date of this report were as follows:

Shiraz Farrand – President

Robin Logie – Hon. Treasurer

Matthew Wilcockson – Hon. Secretary

Michael Tidbury

Ines Santos

Sanja Oakley

Sonya Farrell

Independent examiners

Godfrey Wilson Limited were re-appointed as independent examiners to the charity during the year and have expressed their willingness to continue in that capacity.

Approved by the trustees on 18 May 2024 and signed on their behalf by

Robin Logie

Dr Robin Logie - Treasurer

Trauma Aid UK



Independent examiners' report to the trustees of Trauma Aid UK

I report to the trustees on my examination of the accounts of Trauma Aid UK (the charity) for the year ended 31 December 2023, which are set out on pages 5 and 6.

Respective responsibilities of trustees and examiner

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- (2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

William Guy Blake

Date: 18 May 2024

William Guy Blake ACA

Member of the ICAEW

For and on behalf of:

Godfrey Wilson Limited

Chartered accountants and statutory auditors

5th Floor Mariner House

62 Prince Street

Bristol

BS1 4QD



Trauma Aid UK Receipts and Payments account for the year ending 31st December 2023

			2023	2022
	Restricted	Unrestricted	Total	Total
	£	£	£	£
RECEIPTS				
Subscriptions	0	6,679	6,679	7,369
Donations, raffles and fundraising	0	19,284	19,284	54,068
Printed and online material sales	0	4,046	4,046	5,096
HMRC Gift Aid refund	0	9,441	9,441	0
Donations from EMDR Assn (incl. regional groups)	0	9,641	9,641	34,863
Consultants Day donations	0	7,134	7,134	8,810
Miscellaneous	0	0	0	4,540
Bank interest	0	2,109	2,109	0
Total receipts	0	58,334	58,334	114,746
PAYMENTS				
Middle East project	0	13,463	13,463	6,080
Syria research project	0	1,600	1,600	0
Bosnia project	0	6,000	6,000	0
Printing for publications	0	1,595	1,595	1,693
Miscellaneous projects	0	3,167	3,167	350
Admin & miscellaneous	0	2,482	2,482	1,462
Bank & PayPal fees	0	836	836	922
Workshop expenses	0	446	446	360
	0	29,589	29,589	10,867
ASSET AND INVESTMENT PURCHASES				
Investment purchases	0	100,000	100,000	0
Total payments	0	129,589	129,589	10,867
Net receipts/ (payments)	0	(71,255)	(71,225)	103,879
Cash funds at 1 January	0	151,959	151,959	48,080
Cash funds at 31 December	0	80,704	80,704	151,959



Trauma Aid UK Statement of Assets and Liabilities for the year ending 31st December 2023

	Restricted	Unrestricted	2023 Total £	2022 Total £
Cash funds:				
Cash at bank and in hand	0	80,704	80,704	151,959
Total cash funds	0	80,704	80,704	151,959
Other assets and liabilities:				
Investment assets:				
Investments	0	106,961	106,961	0

Approved by the trustees on 18 May 2024 and signed on their behalf by

Robin Logie

Dr Robin Logie - Treasurer
Trauma Aid UK