

ANNUAL REPORT



2022-23

CONTENTS

Page 3	MISSION, VISION, VALUES
Page 4	CHAIRS REPORT
Page 5	APPOINTED DIRECTORS & TRUSTEES
Page 6	FINANCIAL ACCOUNTS SUMMARY
Page 7	REPORT FROM SUSAN SADLER
Page 12	25 YEARS OF REDDITCH NIGHTSTOP
Page 13	OUR WORK IN ACTION
Page 17	GROUP MEAL
Page 18	LEARNING
Page 19	EXTENDING OUR HOLISTIC SUPPORT

OUR MISSION, VISION, VALUES

Our mission

To work collaboratively with young people for as long as needed to increase social capital, by the provision of support, hosted accommodation, and learning, to bring about lasting change and break the cycle of homelessness.

Our Vision

A society in which every young adult has a safe place to call home and can thrive within their community.

Our Values

Respect.

We respect the experiences, values, and ambitions of people at risk of homelessness.

Trust and Dignity.

We believe that when given support in a relationship of trust individuals at risk of homelessness can be enabled to find solutions to the difficulties that they face.

Safety and Security.

We recognise that everyone needs safety and security, including our staff, our volunteers and those at risk of homelessness.

Diversity and Equality.

We value diversity within our charity and the wider society, and we strive for equality of opportunity.

CHAIRS REPORT

Redditch Nightstop was established in 1997 to prevent youth homelessness, now in our **25th year**, we have celebrated our commitment to our purpose and how we have **evolved** to deliver a comprehensive homelessness prevention support service for 16- to 35-year-olds. Our projects:

- **Safe Accommodation and Support (SAS) project** (Emergency Accommodation, Supported Lodgings, Support, Learning and Mediation) for **16 - 25 year olds**, since 2016.
- **Floating Support** - Homelessness Prevention and Support **18-21** (up to 25yrs for care leavers), since 2013
- **Floating Support** - Homelessness Prevention and Support **21 - 35 year olds**, since 2018

We have worked collaboratively with young people, families, local agencies, schools, and other youth organisations for **as long as is needed** to bring about **lasting change** and break the cycle of homelessness. Delivering our work using a **holistic**, and **person-centered approach**, to enable young people to confidently navigate the uneven and unpredictable journey to **successful independence** across five key areas:

- **Accommodation:** Support to access safe accommodation, including our volunteer-hosted emergency accommodation and longer term supported lodgings.
- **Wellbeing:** Improving physical and mental health, building confidence and self-esteem.
- **Independent Living:** Ensuring young people have the skills and resources to live independently.
- **Relationships:** Building trusted relationships with support services, peers, family members.
- **Work, Training and Education:** Empowering young people to engage in learning, personal development, providing practical and emotional support to gain and sustain employment.

Quote from a young person:

"I didn't even think I'd get to Uni and now I'm doing my second degree. I've even started thinking about possibly carrying it on to do my Masters... and I'm doing my driving lessons now, so hopefully I'll be driving by the start of next year. I never would've even imagined being able to afford to do anything like that before. It's all opened up a lot more opportunities for me." (Independent Impact Evaluation, Tiller Research 2021)

The charity has successfully raised additional funds to support its operations. The financial position is **secure**, although additional funds are required in future years to maintain the same level of activity.

The work of our charity is **valued** within the **community**, and we are grateful to individuals, companies and foundations that have provided funding.

An independent review of our work undertaken in July 2022 found local providers viewed our staff team as **dedicated, passionate, highly skilled**, and **effective** in reducing youth homelessness.

The Charity ensures as part of its governance that an up-to-date risk management register is maintained and that the financial position is reviewed at each meeting, we also review the skills base of our trustees to ensure effective experience and knowledge exist within our trustee body.

The charity looks forward to continuing to serve its community and to working with partners to prevent homelessness and enable young people to thrive.

DIRECTORS AND TRUSTEES

The directors of the charitable company (the charity) are its trustees for the purpose of charity law.

The trustees and officers serving during the year and since the year end were as follows:

Michael Hill Chair
BA Hons ACMA ACIS

Charlotte Shepard Vice Chair

Gary Battersby Secretary

Andrew Hopkins Treasurer

Glyn Johnson

Ben Costello

Matthew Wood



FINANCIAL ACCOUNTS

2022 - 2023

SUMMARY

INCOME

	2021-22	2022-23
--	---------	---------

GRANT FUNDING	£186,707	£174,736
---------------	----------	----------

DONATIONS	£17,527	£15,222
-----------	---------	---------

OTHER INCOME	£287	£2,204
--------------	------	--------

TOTAL INCOME	£204,521	£192,162
---------------------	-----------------	-----------------

EXPENDITURE

STAFF SALARIES	£128,876	£140,842
----------------	----------	----------

CLIENT ACCOMMODATION	£779	£75
----------------------	------	-----

CLIENT EXPENSES	£14,902	£30,435
-----------------	---------	---------

PREMISES RENT	£14,400	£14,400
---------------	---------	---------

INSURANCE	£6,593	£6,398
-----------	--------	--------

GENERAL RUNNING COSTS	£21,162	£22,914
-----------------------	---------	---------

TOTAL EXPENDITURE	£186,712	£215,064
--------------------------	-----------------	-----------------

REPORT FROM OUR CHARITY MANAGER

This year we have supported a wide range of needs, initially dealing with the imminent threat of homelessness and acute needs, and then the long-term needs, to ensure a sustainable outcome. We have supported **161 young people**, across our four outcome priorities:

- **Outcome 1** – Homeless young people will be safely accommodated and have improved Health and Wellbeing.
- **Outcome 2** – Homeless young people will have improved life skills to sustain independent living.
- **Outcome 3** – Homeless young people will have increased resilience through improved support networks.
- **Outcome 4** – Homeless young people will have reduced barriers to accessing education, training, and employment, countering social isolation.

The way that our services have been needed by our clients over the past year is clearly reflective of the economic and social climate; specifically, the increased **cost-of-living, high rents, housing shortage**, and **limited face to face** contact with services because of remote working and structural changes following the COVID pandemic. **Additional barriers** that have further **exacerbated** the lives of young people at risk of or experiencing homelessness.

The recent pandemic and changes to the benefits system together with the impact of the cost-of-living crisis and the number of people in low paid work has seen a rise in the number of young people at risk of homelessness. (Homelessness and Rough Sleeping Strategy 22-25)

In response we have **increased** the **time** we spend with young people during one-to-one support sessions, and introduced other **face to face** activities; a weekly lunch, a volunteer-led therapy craft session and day trips. All have been well attended, evidence that our young people **need** to **connect** with staff, volunteers, and peers, and to have regular access to a warm comfortable space, healthy food, use of our facilities, and resources.

To reduce the impact of the increased costs of living for our young people we have accessed new funding initiatives and grants, and through **community fundraising** we have our own hardship fund to provide funds and services that **cannot be accessed anywhere else**, a **much-needed lifeline** for our clients to continue with their lives, for instance fixing a car window screen to maintain employment. Funding removals for clients to access donated items or to move home. We have also maintained our Awards for All funding for our young people to access free specialist mental health services.

Social Capital and Emotional Poverty

Individual social capital is built on **strong relationships, networks**, and **trust**. It provides assets and resources that an individual can use for protection and support when facing challenges, and access to opportunities for enhancing economic security and emotional wellbeing. Our clients are unlikely to have a strong family or personal support network, with many having experienced one or more of **family breakdown (33%)**, **bereavement (12%)**, or **domestic abuse (37%)**. Most first make contact having suddenly left homes and relationships on which they were economically and socially dependent, often with **debts (35%)**.

Our young people need the opportunity to learn the skills, gain experience and the 'know how' to access the resources to successfully manage independent living, they have limited finances, technology and understanding about their rights or knowledge of support available. **Additional challenges or barriers** include **substance misuse (35%)**, **pregnancy/children (15%)**, or a **history of offending (10%)**. Trust in services is typically low, often because of negative personal or family experiences. Faced with complex, hard to navigate systems and a lack of youth informed supported pathways and housing options (Homeless Link 2023), our clients typically start their journey with us **devoid** of a sense of agency in their circumstances.

Emotional poverty is a deficit of the emotional resources needed to cope with life's challenges. It typically results from an environment that makes an individual feel **'less than'** or **'separate'** from others, resulting in **low self-efficacy** and **self-esteem**. It can lead to responses such as **anger, anxiety, isolation** and substance misuse, negatively impacting on wellbeing, relationships, tenancy management, education and employment. Our clients, on first contact, typically display emotional poverty. This might be because of difficult or abusive family or home circumstances, **trauma (48%)**, or may be linked to (sometimes undiagnosed) physical or **mental health conditions (75%)**, **neurodiversity** or developmental needs **(30%)**. (Statistics relate to total client numbers 2022-23).

The tables below demonstrate how our work increases social capital and reduces emotional poverty.

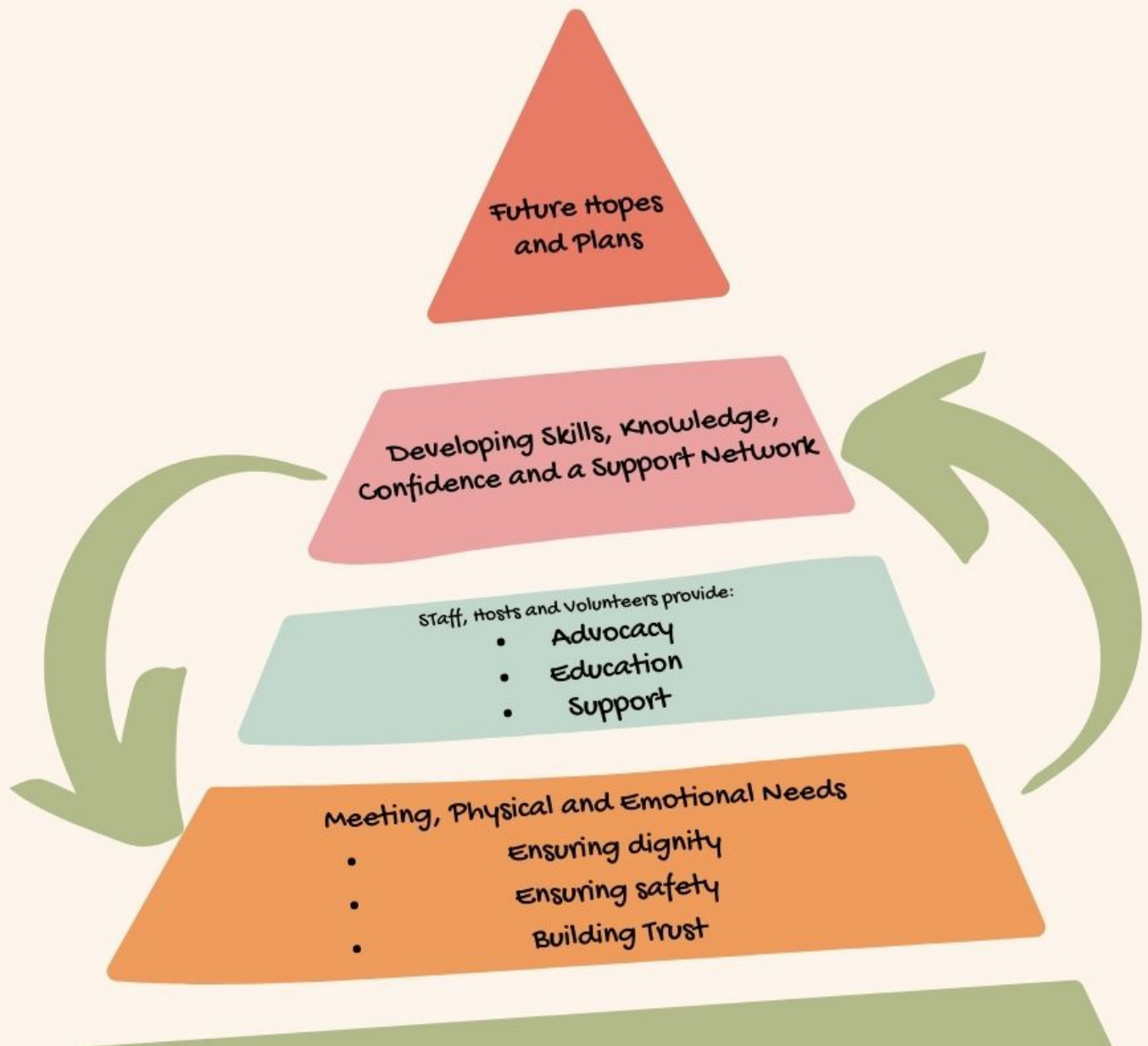
“Normally it would’ve been my mum [supporting me]. But because she’s no longer here and that, you ain’t got that person you can just report back to, who’d tell you what you need to do and how to do it.”

“[A client’s experience of another provider]: Like, they keep asking you, ‘oh, can you just go to your brother’s? Your mom’s?’ And you can’t. You just really can’t!”

“I literally had nothing... And I didn’t even know what was going on.”

STRONG RELATIONSHIPS UNDERPIN THE REDDITCH NIGHTSTOP THEORY OF CHANGE.

REDDITCH NIGHTSTOP Simple Theory of Change



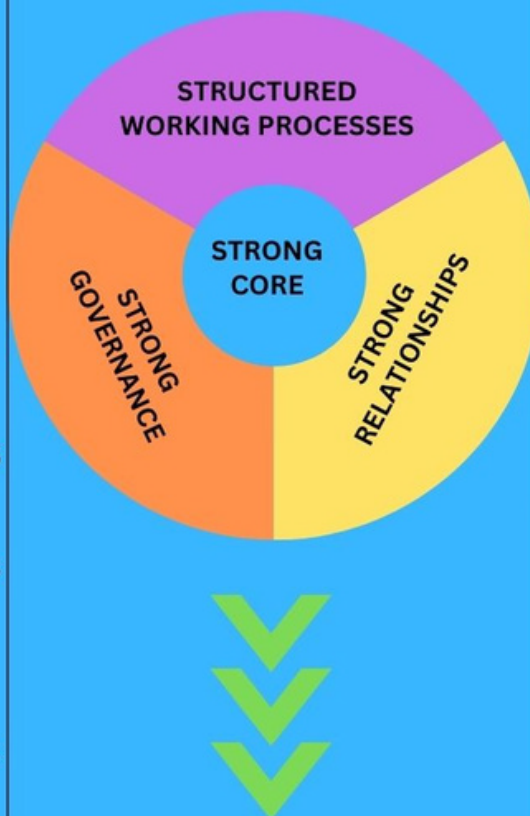
STRONG ORGANISATIONAL CORE

Provides a stable base from which Young People can move forward

- Stable and available physical space (office, supported lodgings)
- Provision for subsistence needs
- Support to access education, work, funding
- Stable relationships
- Timely and reliable response

STRUCTURED WORKING PROCESSES

- Reasonable, well-communicated rules and processes
- Structured, pathway that remains 'forward'moving'
- Focus on positive activities
- Staff provides a professional supportive relationship
- Processes ensure safety for all, at all times



STRONG RELATIONSHIPS

Internal between

- Staff - with hosts, young people, volunteers
- Hosts - with staff and young people
- Young People - hosts and staff

External

- Nightstop - with community (business, public)
- Nighstop - with other agencies, charity sector, sponsors and funders

Relationships at Nighstop are characterised by

- Respect - Trust - Safety

STRONG GOVERNANCE

- Business planning approach
- Reflective and Responsive, using monitoring, review and insight
- Active board, who are clear about their roles and purposes

Mental Health - managing mental health conditions, support to access counselling/support/addictions services, increasing resilience, reducing stress, developing self-esteem/self worth, increasing confidence.

Physical Health - accessing health care, managing health conditions, living in a safe environment, encouraging decreased substance misuse, healthier lifestyle and self care.

Dignity and Respect - being able to have basic needs met, being treated with respect/dignity, having personal space and privacy respected, treating other people and their property with respect, enabled to trust others and being trusted.

Provision of Holistic and Personalised Support for Young People



REACTIVE support - alleviating immediate risk of homelessness

PROACTIVE support - breaking cycle of crisis by enabling successful transition through information, education and expanded support network. Facilitating Access to **Education, Employment and Life Skills**

Increasing **Social Capital**

Successful TRANSITION (Prevention and Alleviation of Youth Homelessness, Breaking cycles of crisis)

Building and/or Stabilising **Supportive Relationships**

Developing and strengthening sense of **future direction**

Securing and maintaining suitable **Housing Solutions** for medium- longer term.

Maintaining **holistic wellbeing**

Empowered to take control of own future through developing skills, education, confidence and awareness of opportunities.

Our **staff** team have **extensive professional knowledge** gained from their length of service in this area of work, their role further enhanced by training and relevant lived experiences which brings **unique empathy**, and a range of strategies to the role. With this experience staff act as role models and rapidly build trust with beneficiaries. Our **committed board of trustees** share their skills and knowledge to maintain and develop our work.

Our **hosts are invaluable** and integral to our work, they have a **genuine** interest in keeping young people safe, sharing their home, providing a place of safety, company, and support, an **unspoken message** to the young people that stay with them that they are **valued** and important. One of our strategic aims in 2023-24 is to increase our host capacity.

We have maintained **positive relationships** with funders, statutory organisations, membership organisations such as Depaul UK, Centrepont and BARN, local business, and the public. We would like to **extend our thanks** for their **interest** in our work, **investment**, and **funding**.

Fairway Training, Redditch - have supported our work since 2018.

We have been connected with Redditch Nightstop for a number of years now and we decided to support the charity because it provides a vital and practical service to young people in the Redditch area. We continue to be impressed by the dedication, enthusiasm and professionalism of the staff in the delivery of the service, and the values of Redditch Nightstop very much align with our own company values.

Our **Strategic Business and Financial plan 22 -25**, directs our future work and income needs to achieve our vision. Our main priorities in 2023:

- Secure funding for the SAS project beyond September 2023.
- Secure funding for Floating Support 21-35 project beyond April 2024
- Secure funding for Floating Support 18 - 21 project beyond January 2024
- Increase support staff hours
- Increase hosting capacity
- Analyse and improve our data, monitoring, and communication processes

We couldn't do our work alone, we work together with our clients, our volunteers, and the local community for the benefit of all.

Susan

25 YEARS OF REDDITCH NIGHTSTOP

We celebrated our 25th Anniversary in December 2022 with an afternoon tea, we were joined by our volunteers and beneficiaries, including Lisa Waring who set up the Nightstop service in 1997, Gill Groom, the Charity Manager until 2015, and Tony Pitt our longest serving host, since 1997. We were pleased that the Mayor of Redditch, Ann Isherwood came to support our event.

The Standard, Friday, May 2, 1997

R

Sales and Editorial (01527) 67714

New charity gives hope to homeless

A NEW charity aims to stop young people being forced to sleep on the streets - but it needs help. Redditch Nightstop has just been launched thanks to an £80,000 lottery grant, but hosts are desperately needed.

These volunteers will be asked to provide a young homeless person with a meal and a bed for the night.

Sarah Tyrrell

Charity worker, Sylvia Brown, said: "This project is immensely worthwhile because it provides a breathing space for young people. "They could be fleeing from violence, splitting up from a partner or may have lost their job. "We aim to give them hope and direction by inviting them into the homes of people who care, one night at a time. "Steps can then be taken to find more permanent accommodation, without the added pressure of sleeping rough."

Homeless people aged 16 to 21-years-old will be able to benefit from the practical help and emotional support provided by the charity.

They will be referred to Nightstop by organisations such as Step Out, Signpost or Social Services.

These young people will then be interviewed and helped to devise an action plan.

Those who wish to reconcile with their families will also be offered a counselling service, organised by church volunteers.

Potential volunteers are being invited to a preparation course at the Ecumenical Centre, Kingfisher Walk, from 7pm to 9pm on Monday, May 12.

Hosts will receive full training, £5 expenses per night and a 24 hour emergency support service.

Anyone who would like more information should call Nightstop co-ordinator, Lisa Waring, on 01527 66036.

● Helping the homeless - Nightstop workers, Lisa Waring and Sylvia Brown, drum up support. (Picture by John Anyon) AP76397



'As the Mayor of Redditch, I felt extremely honored to be part of the 25th Anniversary Celebration of Nightstop. I have met several service users over the years and their stories have been extremely sad ones. But when Nightstop got involved, there was a light in the darkness for those young people. Nightstop not only physically supported with a roof over their heads but have given much needed mental and emotional support too.

I am also honored to have friends that have opened their homes to young people in need of a safe place to stay. They have said the support and guidance of Nightstop was invaluable in preparing them to be confident volunteers thank you to all at Nightstop - Staff and Volunteers for being that port in a storm and a light in the darkness'. (Ann Isherwood 22-23)



OUR WORK IN ACTION

SUPPORT WORK

Toby was referred to Redditch Nightstop as he was not coping in his tenancy. Homeless at the age of 16, he was accommodated by the local authority after 2 years of sofa surfing. The flat was poor quality and the environment was dangerous and intimidating. Toby was the victim of harassment and bullying and constantly felt under threat. The impact on his mental health was severe; he was isolated and unable to work which resulted in debt.

We supported Toby to keep safe, to gather evidence to support a move to a suitable property, and to access services to improve his mental health. Nightstop facilitated meetings with CAP to resolve debt. Toby was supported to learn to shop, cook and budget.

Toby was matched to a suitable property and accessed grants via our partnerships to fund carpets and white goods. He is proud of his home and manages it well, cooking regularly and eating nutritious meals. He can keep himself safe, has cleared all debt and is managing his income well. Toby has gained weight and his sleep has improved. His mental health is improving, and his loneliness is decreasing through attending our activities. He is thriving in his new home, and said **"I feel calmer, happier and safer"**.

MEDIATION WORK

Our mediation provision has been a crucial provision when **parents** and **young people** have **reached out** to us to help them to resolve the conflict in their home. We have provided a safe and neutral space to facilitate face to face mediation sessions for everyone involved to reach a resolution.



Jack's parents self-referred to Redditch Nightstop as the relationship between them and Jack, 17 was at breaking point and there was a real risk of homelessness. Jack was NEET and displaying difficult behaviour at home and in the local community. Jack and his parents attended regular mediation sessions to explore how the conflict was impacting on everyone at home, to understand housing options should things break down completely and to reach a resolution to improve the situation. Jack was supported to explain to his parents how he felt, and to listen to his parents about the impact his behaviour was having on the house and to recognise his own emotions and responses. The family were supported to help Jack to access suitable education provision, which he has maintained. The **family report** that although not perfect, **things are much improved and Jack remains at home**.

EMERGENCY ACCOMMODATION

After an argument with parents Sadie (they) left home. Without anywhere safe to go, Sadie presented to Redditch Nightstop seeking help. We supported them to discuss their situation and to make a homeless application with Housing Options. Sadie refused to return home. Emergency accommodation was arranged in a host home where they were provided with an evening meal and a private bedroom and an opportunity to talk with the hosts. The following morning Sadie missed their family and wanted to return home but was not sure how to approach them to resolve things. Staff supported Sadie to contact his parents and a return home was arranged. The family were offered follow on support and Redditch Nightstop tenancy training in the future to prepare for a planned move. The **Family** were grateful for the emergency accommodation and support from Redditch Nightstop staff.

FLOATING SUPPORT 21-35

Sam was referred to Nightstop, aged 31 years, after being made homeless due to family breakdown caused by extremely poor parental mental health. He lived temporarily with the family of his friend who had known him since childhood. We supported Sam through the application and interview process to access housing; this included gathering evidence of his priority need. We supported Sam to access Adult Social Care due to his needs and vulnerabilities and to register with his GP and seek subsequent medical and mental health support. This included a referral for an autism assessment, as no diagnosis of his needs had been made, despite attending a specialist school.

Sam was supported via our hardship fund to buy clothing which he could not access from his home address. He has accessed our learning programme, employment programme, lunches, and craft therapy to develop tenancy and health and wellbeing related life skills and to reduce his social isolation.

Sam was allocated a 1 bed flat. We provided funding for some essential household items and pay for removals to collect a furniture donation to set up his home.

Sam reports that his personal situation and wellbeing has greatly improved. He has built trust with his support workers, made connections with his peers, which has increased his confidence and self-esteem. **He has secured employment and is proud of all he is achieving.**

An external evaluation stated that we provided “a useful, helpful service which gives sound guidance in a caring, safe, supportive, and friendly environment..... Where clients..... feel safe and receive effective support that is tailored to their needs”. (Tiller Nov 2021)

Redditch Nightstop is the link for clients to access the wider community provisions and opportunities, a steppingstone to managing life and thriving.

“If I didn’t have Nightstop, I’d probably be in a really risky situation. I’d still be in debt.

“I feel [Nightstop] has taught me some things in life. My trust in services has improved.” “Drop in helps with meeting new people and socialising with new people, it has helped boost my self-confidence.”

“It’s that I know you’re always there. And in my head that’s kind of a safety net, and I know if something goes off I can call you guys and say, now what do I do? How do I go about doing this?”

“How many times do I call you, to this day, when something’s gone wrong? I called you not long ago because there was a debt that wasn’t mine but was technically mine and you talked me through it... you’re very good at listening too... I can’t call anyone else, I’ve got no-one else, so I just call you.”

FUNDRAISING EVENTS

The community comes together and surprises us every year with their fantastic fund raising ideas, here are but a few:-

Lakeside lads and Astwood FC turn back the clock for Nightstop



This is now - some of the Lakeside lads getting kitted up for the big match.

Redditch Editorial
18th May, 2022



SOUTH Redditch Sport Club is the place to be this Saturday, May 21, when a special fundraising match of 'golden oldies' is held in aid of Redditch Nightstop.

Reliving past glories will be the lads of Lakeside FC and Astwood FC for a bit of fun and fundraising before the focus switches to the Entaco Sports Club in Studley for a family disco, raffle and much more from 6pm.

"It all started with a chat between me and my pal and as a result we've pulled all the old faces together and we're going to turn out for a match and all for Redditch Nightstop," said Paul Crane, who admitted it was about 15 years since he last pulled his football kit on.

"We'll all be carrying a few knocks and bruises we've picked up over the years but it's going to be quite an occasion.

Redditch Nightstop · Follow

Published by Donna Brookles · 23 August 2022 ·

GREAT BIG WELL DONE to our latest fund raisers Heather and her friend Beth, here they are with they well deserved wings! They said that they would a 100% recommend doing one such an experience!

So come on you lovely people, do you fancy raising money for Redditch Nightstop please just let us know and we'll help you get your fund raising journey started!

Well done again Heather and Beth ❤️



Redditch Nightstop

Published by Donna Brookles · 4 October 2022 ·

Oakland International have released a new work-skills training initiative, designed to help adults affected by homelessness.

<https://oakland-international.com/.../partnership-with-.../>
inUnity Redditch Nightstop North Worcestershire Basement Projects #training #youngadults



OAKLAND-INTERNATIONAL.COM

Partnership with Oakland International Offers Skills Based Work Training - Oakland International

Smart 1 Recruitment · Follow

28 April ·

We're ending the week on a high, by donating some cash to charity!

This month we have chosen Redditch Nightstop who are local to us and provide services and support to those facing homelessness.

More information and how to donate to this fantastic cause can be found here: <https://redditchnightstop.co.uk/>

#charity #homelessnesscharity #helpwithhomelessness

12 months of
Giving

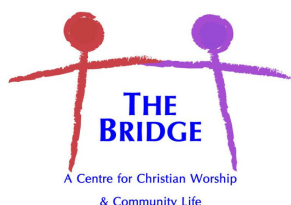
Smart 1
RECRUITMENT

nationalgrid

HERE WITH YOU. HERE FOR YOU.

amazon.com®

TESCO



Specsavers

GROUP MEAL

Our group meals are provided **every week** for our clients, we provide a nutritious homecooked meal and pudding, the table is laid, and we all **sit together**, to eat and chat.

We are providing the environment for clients to develop a **peer support** network, and a touchpoint opportunity to seek support if needed, from each other and staff. Staff have observed the clients becoming increasingly comfortable in group a group situation, **developing conversational skills, checking out norms and values, building tolerance**. They provide each other with advice and guidance, showing concern and celebrating each other's achievements. We often use a buddy system for welcoming new young people.



680 meals have been enjoyed in a group setting at Nightstop this year!

OUR LEARNING

At Redditch Nightstop, learning happens in a **variety of ways**, during support sessions, individual or group planned formal sessions based around specific topics, day trips, and via informal impromptu conversations between staff and other young people. This **approach** to learning is **effective** for our client group, providing a variety of opportunities and different ways for our young people to learn, from each other, staff and volunteers.

The learning is delivered in our environment, which is familiar to the clients and delivered by our staff and volunteers who they feel **comfortable** with. Often a **stepping stone** for young people to build up enough confidence to access learning, voluntary work or employment outside of our service.


This year we **widened the scope** of our learning programme to include the 'Work It Out' project, a referral partnership between Redditch Nightstop, The Basement Project, InUnity and Oakland International. Designed to help those looking for a way into the workplace, delivered by experienced trainers from Centrepont UK with the object of helping participants **improve their chances of securing employment**. Oakland International provided the training facilities, attendee lunches and additional work-skills involvement and training. This included work shadowing, work experience opportunities, to supplement participants in-class learning, adding the additional benefits of perspective, environment and a 'real world' employee experience.

Over half of the young people that attended the 'Work it Out' programme have taken up voluntary roles, started work, and enrolled in learning.

Our programme of learning also included.

 **Jewellery**

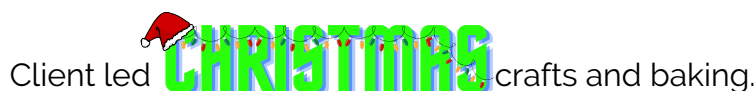
making, using hand tools, design.

 **COOKING**

sessions.

 **ART**

therapy.

 **CHRISTMAS**

Client led crafts and baking.

Make do and mend  **Sewing** machine skills.

 **Sexual** health and Wellbeing Workshop.

 **TENANCY** Training.

EXTENDING OUR HOLISTIC SUPPORT FOR SUSTAINABLE OUTCOMES

National Grid - 'A Warm Place to Call Home'

The purpose of this project is the provision of advice and guidance on efficient energy use through available resources, **it has helped 25 young people**, personalised to their individual circumstances. We have provided warm packs, economical cooking equipment such as slow cookers, microwaves and air fryers, and items to reduce energy use at home such as blankets, draft excluders, carpets and curtains.

B&Q - 'A Place to Call Home'

The purpose of this project is to provide household items including furniture, flooring and decorating equipment to reduce the financial barriers associated with setting up a home. **18 young people that were homeless or at risk of being homeless have created homes that they are proud of.**

By removing furniture 'destitution' and the possibility of furniture 'insecurity' the chance of tenancy sustainment is increased. The young people supported through these projects have had the opportunity to put their own expression on their homes making them feel comfortable and secure, they have successfully sustained their homes. The young people who have been supported range from single people to couples with children and single parent families. They did not have any funds to purchase the items needed and were unable to access the funds in the near future, even when they were in employment.
(*EndFurniturePoverty)

Awards for All

Free access to mental health and wellbeing practitioners, to learn techniques and strategies for maintaining good mental health and resilience, specifically helping with relationships with family members & friends, education, self-esteem, confidence, physical health, addictions, depression, self-harming, risk taking behaviour, school, college or work attendance, anxiety and stress. This project has provided a **total of 83 1 to 1 specialist mental health sessions for 16 young people, and 11 young people with specific items to improve mental wellbeing.**

Tardebigge in Sickness and Relief Fund - funding a range of household items and needs such as rent arrears to prevent poverty and ill health. **5 young people have been supported by this fund.**

Centrepont Bursary scheme - provides financial support for enabling young people to access training, education and employment. **2 young people have been supported through this fund.**

Vodafone - SIM cards for those experiencing financial hardship and struggling to connect with other services. This year **20 SIM cards have been provided.**

Redditch Nightstop Hardship fund - removing financial barriers to prevent poverty, hunger and decline and to enable people to maintain employment. We have funded, fresh food, gas/electric, travel, and debt.

TOGETHER, WITH THE SUPPORT OF OUR HOSTS, VOLUNTEERS, FUNDERS, AND SUPPORTERS WE HAVE SERVED AS A VITAL 'SAFETY NET' FOR YOUNG ADULTS WHO IDENTIFIED THE SUPPORT THEY HAVE RECEIVED FROM REDDITCH NIGHTSTOP AS ANALOGOUS TO SUPPORT THEY ASSUME OTHER PEOPLE RECEIVE FROM FAMILY OR PERSONAL SUPPORT NETWORKS.

Unit 4-5 Britten House
Britten Street
Redditch
B97 6HD

Tel: 01527 66036

Charity No. 1138158
Companies No. 7302871

info@redditchnightstop.co.uk
www.redditchnightstop.co.uk



Redditch Nightstop
(A company limited by guarantee)
Report and financial statements
Year ending 31st March 2023
Company No: 07302871
Charity No: 1138158

Redditch Nightstop Report of the Trustees for the year end 31st March 2023.

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2023.

These are prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2016).

Our purpose and activities:

Redditch Nightstop was established in 1997 to prevent youth homelessness and has evolved to now deliver a comprehensive homelessness prevention and support service for 16- to 35-year-olds.

We work collaboratively with young people, families, local agencies, schools, and other youth organisations for as long as is needed to bring about lasting change and break the cycle of homelessness.

A holistic, and person-centred approach, to enable young people to confidently navigate the uneven and unpredictable journey to successful independence across five key areas:

- Accommodation: Support to access safe accommodation, including our volunteer-hosted emergency accommodation and longer term supported lodgings.
- Wellbeing: Improving physical and mental health, building confidence and self-esteem.
- Independent Living: Ensuring young people have the skills and resources to live independently.
- Relationships: Building trusted relationships with support services, peers, family members.
- Work, Training and Education: Empowering young people to engage in learning, personal development, providing practical and emotional support to gain and sustain employment.

Our activities:

- Individually tailored one-to-one support offered face-to-face, or by telephone, including:
 - Responsive support and advocacy addressing acute or urgent accommodation, food, health, and wellbeing needs.
 - Proactive support to engage positively with services, build social and emotional capital and access grants and resources, e.g. to secure essential white goods, furniture, clothing, toiletries and sanitary products.
- Opportunities for young people to connect and build positive peer support networks via facilitated social activities within our large, homely, purpose designed open-plan kitchen diner.
- Resources for young people to engage with services, including computers, internet access and telephones, independently or with staff support.
- Individual and group learning to improve confidence, self-esteem, and work readiness.
- Independent living skills to sustain a tenancy, including improving wellbeing, cooking, and budgeting.
- Training, support, and supervision for volunteers who help deliver our services, including hosts, drivers and office support.

The work of Redditch Nightstop will make the following difference to young people at risk of or experiencing homelessness, they will,

- Be safely accommodated and have improved health and wellbeing.
- Have improved life skills to sustain independent living.
- Have increased resilience through improved support networks.
- Have reduced barriers to accessing education; training; and employment; countering social isolation.

The year 22/23 has been a successful year for the charity, with the hard work of the staff, volunteers, and trustees.

The charity has successfully raised additional funds to support its operations. The financial position is secure, although additional funds are required in future years to maintain the same level of activity.

The work of our charity is valued within the community, and we are grateful to individuals, companies and foundations that have provided funding.

An independent review of our work undertaken in July 2022 found local providers viewed our staff team as dedicated, passionate, highly skilled, and effective in reducing youth homelessness.

The Charity ensures as part of its governance that an up-to-date risk management register is maintained and that the financial position is reviewed at each meeting, we also review the skills base of our trustees to ensure effective experience and knowledge exist within our trustee body.

The charity looks forward to continuing to serve its community and to work with partners to prevent homelessness and enable people to thrive.

The financial position of the charity is secure, although additional funds are required in future years to maintain the same level of support activity.

Directors and Trustees:

The directors of the charitable company (the charity) are its trustees for the purpose of charity law.

The trustees and officers serving during the year were as follows:

Michael Hill Chair
Charlotte Shepard Vice Chair
Gary Battersby Secretary
Andrew Hopkins Treasurer
Glyn Johnson
Ben Costello
Matthew Wood

Members Guarantee:

The liability of each member is fixed at an amount not to exceed £1.

The company is incorporated as a company limited by guarantee and does not have a share value.

Mike Hill (BA hons) ACMA ACIS

Chair

Unit 4 & 5, Britten House,
Britten Street,
Redditch
Worcs
B97 6HD

Redditch Nightstop
Statement of Financial Activities
For the year end 31st March 2023

<u>Income</u>	Notes	<u>2023</u>		<u>2022</u>
		<i>Unrestricted</i>	<i>Restricted</i>	<u>Total</u>
Lottery grant		-	41,833	41,833
WCC funding		-	12,581	12,581
Tudor trust grant		-	18,000	18,000
Tudor trust Covid 19 wellbeing grant			-	-
Donations		15,222	-	15,222
Fundraising		-	-	-
RBC funding		-	77,075	77,075
Gift aid recovered		1,041		1,041
Microgrants	6	-	25,247	25,247
Bank interest		1,163	-	1,163
		17,426	174,736	192,162
				204,521
Expenditure				
Salaries		10,523	130,319	140,842
Computer expenses		-	2,649	2,649
Rent & rates			14,400	14,400
General office expenses		-	2,579	2,579
Consultancy		-	4,675	4,675
Marketing		-	112	112
Meeting expenses	7		190	197
Office maintenance		-	-	-
Phone/internet		-	1,952	1,952
Printing, post and stationery		-	550	550
Staff travel & training			2,255	2,255
Staff other expenses		320	-	320
Insurance		-	6,398	6,398
Hospitality		154	19	173
Emergency accommodation- hotels		-	75	75
Emergency accommodation- host payments		-	-	-
Supported lodgings host payments		-	-	-
Client expenses			24,642	24,642
Client hardship fund		5,058	-	5,058
Fundraising costs		-	-	-
Bank charges		62	10	72
Host expenses		-	78	78
Affiliation & registration fees		13	1,412	1,425
DBS Checks		11	205	217
Depreciation		5,370	-	5,370
Loss on disposal of asset		-	-	-
Client activities		-	735	735
Accountancy costs		-	292	292
Trustee gifts		-	-	-
		21,518	193,546	215,064
				186,712
Net movement in funds:		(4,092)	(18,810)	(22,902)
				17,809

Redditch Nightstop
Annual accounts to 31st March 2023
Balance sheet

	2023	2022
<u>Non-current assets</u>		
Fixed assets	3,309	7,880
<u>Current assets</u>		
Cash at bank	160,681	194,929
Debtors	306	13,085
<u>Current liabilities</u>		
Creditors	6,180	3,878
Deferred income	-	31,000
Net current assets	<u>158,115</u>	<u>181,017</u>
<u>Reserves:</u>		
Restricted	26,812	45,622
Unrestricted	131,303	135,394
	<u>158,115</u>	<u>181,017</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2023 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 11 December 2023 and were signed on its behalf by:



Mike Hill
Director

11.12.23

Redditch Nightstop
Annual accounts to 31st March 2023
Notes to the accounts

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

1.1 Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. Redditch Nightstop meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The Charity has adopted SORP FRS 102 Update Bulletin 1 and taken the exemption from preparing a Statement of Cash Flows on the grounds of its size. In making this assessment the Company has considered a period of 12 months from the signing of these financial statements and the conclusion is the exemption criteria will still apply.

1.2 Preparation of the accounts on a going concern basis

The charity's financial statements have been prepared on a going concern basis on the grounds that current and future sources of funding or support will be more than adequate for the charity's needs. In assessing going concern, the trustees have a reasonable expectation that the charity will continue as a going concern and is able to meet all of its obligations as they fall due for a minimum of 12 months from the date of approval of these financial statements.

1.3 Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably. Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

1.4 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity. Appropriate expenditure is allocated against such funds.

1.5 Tangible fixed assets

The cost of fixed assets is their purchase cost, together with any incidental expenses of acquisition. Depreciation is calculated so as to write off the cost of tangible fixed assets less their estimated residual values, over the expected useful economic lives of the assets concerned. The principal annual rates and bases used for this purpose are:

Equipment: Straight line over 5 years
Office Improvements: Straight line over 5 years
Computer Equipment: Straight line over 3 years

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due

1.7 Cash at bank and in hand

Cash at bank and cash in hand includes cash within the current account as well as cash within the deposit account and petty cash retained for immaterial expenditure.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Pensions

Employees of the charity are entitled to join a defined contribution scheme. The charity contribution is restricted to the contributions disclosed in note 3. There were no outstanding contributions at the year end. The costs of the defined contribution scheme are included within salary costs and charged in proportion to the funds with they relate to.

2. Fixed Assets

	Equipment	Office Improvements	Computer Equipment	Total
Cost at 01/04/2022	4,431	11,623	8,360	24,414
Additions	571	-	227	798
Cost at 31/03/2023	<u>5,002</u>	<u>11,623</u>	<u>8,587</u>	<u>25,212</u>
Depreciation at 01/04/2022	2,583	9,499	4,451	16,533
Charge for year	698	2,124	2,548	5,370
Depreciation at 31/03/2023	<u>3,281</u>	<u>11,623</u>	<u>6,999</u>	<u>21,903</u>
Netbook value at 01/04/2022	<u>1,848</u>	<u>2,124</u>	<u>3,910</u>	<u>7,881</u>
Netbook value at 31/03/2023	<u>1,721</u>	<u>-</u>	<u>1,588</u>	<u>3,309</u>

3. Staff costs and trustees' emoluments

Total staff costs were as follows:

	2023	2022
Salaries and wages	129,295	118,936
Social security costs	7,668	6,208
Pension costs	3,879	3,673
	<u>140,842</u>	<u>128,816</u>

No employees received remuneration of more than £60,000 during the year.

Trustees, who are also directors, received no remuneration or expenses and act on a voluntary basis (2022: £nil).

	No.	No.
The monthly number of employees during the year:	6	5

4. Operating lease commitments

As at 31 March 2023 the charity had future minimum lease payments under non-cancellable operating leases as follows:

	2023	2022
Within one year	15,048	14,400
Between one and five years	25,440	14,400
	<u>40,488</u>	<u>28,800</u>

5. Funds reconciliation

	Unrestricted	Restricted
Brought forward funds	135,394	45,622
Movement in funds:	(4,092)	(18,810)
Funds to carry forward	<u>131,302</u>	<u>26,812</u>

6. Microgrants

Below are details of the microgrants awarded in the year and a brief description of the services provided:

- 4,094 Tardebigge Relief Fund- is a local charity funding mainly household white goods for clients in need
- 9,280 National Grid Grant – project “A Warm Place to call Home” funding items to reduce energy costs eg carpets & curtains
- 9,813 National Community Lottery Awards for All grant- funding our Mental Health project which provides counselling & Health & wellbeing items for clients
- 2,060 Inunity Grant- Project “Work it Out” in collaboration with local business Oaklands International, provided training towards employment for NEET clients

25,247



Section A

Independent Examiner's Report

Report to the trustees

Redditch Nightstop

On accounts for the year
ended

31 March 2023

Charity no
(if any)

1138158

Set out on pages

1 to 9

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2023.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

25/09/23

Name:

Arthur John Bibbey

Relevant professional
qualification(s) or body
(if any):

ACA/ICAEW

Address:

The Old Rectory, 407 Stourbridge Road, Catshill

Bromsgrove, Worcestershire, B61 9LG

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.