

ARTHRITIS SELF-HELP NETWORK [LONDON]

England & Wales · Charity number 1138058

Details

Other names ARTHRITIS SUPPORT NETWORK, ASNETWORK

Status Registered

Legal form Other

Registered 2010-09-16

Register [View on the Charity Commission register](#)

Contact

Address The Cranbrook Centre
Melbourne Road
Ilford
IG1 4SB

Phone 02037304141

Website www.arthritis-selfhelp.org

Activities

Objects: TO PROMOTE PHYSICAL AND MENTAL HEALTH, RELIEVE NEED FOR ANYONE SUFFERING WITH ARTHRITIS AND THEIR CARERS BY ESTABLISHING A NETWORK OF SELF-HELP AND THERAPEUTIC GROUPS; PROMOTING EDUCATION AND RAISING AWARENESS ABOUT ARTHRITIS

Activities: Monthly Patient Education forums with speakers at Cranbrook Centre. Self-help groups, Disease management courses, assisted gardening at a raised bed allotment, various workshops. Regular Zoom sessions during the pandemic and uploaded to our YouTube channel. Weekly newsletter - emailed and uploaded to our website. All activity details available on the website.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE, LOCAL
- Barking And Dagenham
- Havering
- Redbridge

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£9,752	£742	-	-
2024-04-05	£8,673	£1,723	-	-
2023-04-05	£3,099	£3,048	-	-
2022-04-05	£484	£5,398	-	-
2021-04-05	£20,032	£16,283	-	-

Trustees

Name	Role	Appointed
GRAHAM R O'GERAN	Chair	2012-05-21
GHANDI SOORIYAKUMAR		2017-10-07
MISS RANI BHAMRAH		
MR DEE DATTA		
MS FRAN HANNAN		
SHARON CLARKE		2017-10-07