



The Old Colliery Offices, Colliery Rd, Kiveton Park, S26 6LR

Tel: 01909 510 775

Charity Number: 1137939

Trustees Report

The Trustees of Active Regen Community Foundation Ltd report highlights the activities carried out during the period ended 31st March 2024.

Purposes and Aims

The charities purposes as set out in the objects contained in the companies Memorandum of Articles are to provide or assist in the provision of sports, physical activity and play to individuals of all ages within the United Kingdom with the aim of:

1. Benefitting the public by promoting healthier lifestyles to individuals of all ages
2. Benefitting the public by providing a diversion from drugs and alcohol
3. Benefitting the public by providing support for unemployed people to become more employable and to improve their moral and self confidence
4. Benefitting the public by helping those with age infirmity or disabilities to lead a more active life

Ensuring our work delivers our aims

We review our aims and objectives annually. Through consultation with our client groups we continually assess the content of our programmes and the quality of our work.

The annual review is a summative assessment of the information gathered during the year and assesses:

1. The activities delivered
2. The success of the programmes in relation to:
 - a. Participation in the activities – Numbers of participants
 - b. Retention of participants – How often has each participants attended
 - c. Benefits to the individual – This is determined by the aims of each programme
 - d. Social return on investment – The resultant improvement in the social or economic status of the individual or community as a result of the programme

We have referenced guidance from the Charities Commission on public benefit as part of our review process with specific reference to how are programmes have achieved the aims and objectives set by the board of Trustees

The focus of our work

Our main objective during the year is to use sport physical activity and play to support people that are socially or economically deprived.

How our activities deliver public benefit and who used and benefitted from our services?

Our services are wide ranging and we work with clients that are both male and female that are from different social and cultural backgrounds and range in age from 5 to 94 years. Our clients are able bodied or may have a mental or physical disability or experience learning difficulties. We work in the most deprived communities across South Yorkshire, as identified by the Indices of Multiple Deprivation. Our clients suffer from social economic or health issues. The issues include:

1. Poor health due to a long term physical or mental health condition
2. Poor health as a result of drugs and alcohol misuse
3. Poor health as a result of lifestyle – Poor diet, lack of exercise
4. Economic deprivation due to long term unemployment
5. Social isolation
6. Social exclusion
7. Low self-esteem, confidence, depression, a long term physical or mental condition as a result of domestic violence or mental abuse
8. Social deprivation as a result of being homeless
9. Social exclusion or economic deprivation as a result of being an ex-offender

Which geographical area does the charity operate in?

Given funding constraints the charity has operated across South Yorkshire in the year ended 31st March 2024, specifically Sheffield and Rotherham.

What service the charity supplies

We deliver a number of programmes driven by the needs of communities as identified by consultation. In the year ended March 2024 we have delivered:

1. Evening diversionary programme in partnership with Youth Services, Sport England and South Yorkshire Sport to support young people aged 16 years and above and decrease the reported incidents of crime specifically anti – social behaviour and vandalism.
2. We have developed and increased the Centre based youth projects in Rotherham
3. Health improvement and fitness programme for children and young people and provide respite for parents or carers during school holidays
4. Employability programme for people aged 19 years and upwards to improve the quality of potential employees through the successful attainment of accredited qualifications and supporting them to find employment
5. A community cohesion project in partnership with RMBC
6. Volunteering and work experience programme for people aged 16 and above
7. Secondary, Primary and SEN school Physical Education programme to increase participation in sport & physical activity
8. Strength & Balance, Mentoring and Moving More Often training for carers who support older people with long term conditions

What benefit our charity provides

To demonstrate the benefits of our charity please find below a quote that encompasses what we are striving to achieve:

“Where I came into the world everyone was looking for a way out. Life was a competition between right and wrong and right was on the losing streak. After turning my back on school, I thought my chance to learn had passed, sometimes though it takes a ball to teach you lessons a school couldn’t or a pair of gloves to get beneath your skin and help you realise who your real opponent in life is. I discovered that my way out was staying put and facing my fears not running from them. I banished my anger and at the same time I learned to let fly. I gained strength from losing and confidence from winning. You may not choose where you start in life but you can have a say in where you finish”

Financial Overview

Working with our partners we have continued to attract funding to support our activities. The turnover of £137,580. The turnover was down by £1,279 which contributed to a profit loss of £8,367 which was a better performance than the previous year. Although we have seen an increase in prices resulting in higher costs, we have reduced our overheads by £2,341 within the period.

In 2024 we retained Parish Council and school contracts. For 2025 we have applied for further extensions of these contracts. We have procured additional Parish Council contracts in Maltby and Dinnington each for twelve months. We have also secured a two-year sponsorship contact with a local company which will start in June 2025 which is worth approximately £50k per annum. Our schools contacts will bring in c.£20k during 2025. We are renegotiating our 2025/6 contract with RMBC for the centre-based youth club programme which is worth £15k. Our funding for 2025 consists of funding from the National Lottery £60k, Sport England £15k. Our funding plans for 2025 include applications to Garfield Weston, Football Foundation, National Lottery Partnership Fund, Yorkshire Sport Foundation, Awards for All and a programme of funding support via Trusts and Foundation that we are currently developing.

The ratio of restricted to unrestricted funding was 49% restricted (£68,043) and 51% (£69,537) unrestricted. We have achieved our objective of increasing the non-restricted funding through the procurement of long terms contracts. In 2025 we will continue to drive our contractual business while increasing revenue of funded programmes, while keeping costs under control.

The guaranteed contracts and funding plans mean that the company remains sustainable and, in a position to develop and grow.

Principal Sources of Funding

The principal sources of funding in 2023/4 are:

- a. Sport England
- b. Yorkshire Sport Foundation
- c. The National Lottery
- d. Foundations and Trusts - TBC
- e. Garfield Weston Trust
- f. Rotherham Borough Council
- g. Sheffield City Council

Investment Policy

In the foreseeable future the Charity has no intention of making any investments

Reserves Policy

The management committee has examined the charities requirements for reserves in the light of the main activities of the organisation. It has established a policy for developing reserves but it does not consider the need to identify a specific level, as funds are the generated are restricted to the activities including operating cost of the organisation

Future Plans

The charity plans to continue to deliver its core activities in the next financial. In addition the charity aims to develop new products and expand its core activities in new areas in collaboration with its partners subject to satisfactory funding arrangements.

Structure, Governance and Management

Governing Document

The organisation has charitable status and is a company limited by guarantee incorporated on 16th March 2010 and registered as a charity on 10th September 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under the articles of association.

Recruitment and appointment of the management committee

The directors of the company are also Trustees. For the purposes of charity law and under the company's Articles are known as the Management Committee. Under the requirements of the Memorandum and Articles of Association the members of the Management Committee are elected to serve for 3 years after which they must be re – elected at the next AGM.

Committee

The Committee members also Trustees of the charity at the end of the financial year 31/03/24 were:

Mr Paul Nevin – Chairperson

Mr. Martin Gray

Mr, Gary Whitaker

To contact the Committee

The Committee can be contacted at the companies registered office address by telephone on 0791 220 7713 or by email at gary.whitaker@activeregen.co.uk

Trustee Induction and training

All trustees are familiar with the work of the charity. Any new trustee will be inducted and attend a series of training sessions to familiarise themselves with the charity and the context within which it operates. The training will cover:

1. The obligations of the Management Committee members

2. The main documents which outline the operational framework for the charity
3. Resourcing and the current financial position of the charity
4. Future plans and objectives

Risk Management

As outlined in the previous report the risk management the annual risk management report was updated.

With the support of Peninsula and VAR the charity has upgraded the following policies and procedures in 2021:

Health and Safety

Employment

Vulnerable Adult and Child Protection

Equity and Diversity

Volunteering

We have also introduced an Employee Assistance Programme (EAP) to support any member of staff that may be having issues. This service is in addition to the employment support we offer.

Related Parties

None.

Responsibilities of the Management Committee

Company Law requires the Management Committee to prepare financial statements which give a true and fair view of the affairs of the organisation at the end of the financial year including all income and expenditure and a projection for the forthcoming financial year. The Committee should

1. Select suitable accounting policies and apply them consistently
2. Make judgements that are reasonable and prudent
3. Prepare financial statements on an on-going basis unless it is not appropriate to do so

The committee is responsible for maintaining proper accounting records which disclose with reasonable accuracy the financial position of the organisation and that financial accounting protocols comply with the Companies Act of 1985. The committee are also responsible for safeguarding the assets of the company taking reasonable steps to prevent fraud or any other irregularities.

Directors / Trustees in accordance with Company Law will:

1. Ensure that all relevant information is available to the external examiner
2. Be fully aware of all relevant audit information and to establish that the external examiner is also aware

Independent External Examiner

Mr. L.A Din was the independent external examiner for the year ended 31.3.24

Approved by the Management Committee on 31st December 2024

Signed: Gary Whitaker

Date: 31st December 2024

REGISTERED NUMBER : 07191440(England and Wales)
COMPANY LIMITED BY GUARANTEE

ACTIVE REGEN COMMUNITY FOUNDATION LTD
ANNUAL REPORT & UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31/03/2024

D &S Accountants Ltd
620 Attercliffe Road
Sheffield
South Yorkshire
S9 3QS

ACTIVE REGEN COMMUNITY FOUNDATION LTD
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FOR THE YEAR ENDED 31/03/2024

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ACTIVE REGEN COMMUNITY FOUNDATION LTD

COMPANY INFORMATION
FOR THE YEAR ENDED 31/03/2024

DIRECTORS:

Gary John Whitaker
Martin Gray
Paul Nevin

SECRETARY:

REGISTERED OFFICE:

Old Colliery Offices
Colliery Road
Kiveton Park
Sheffield
South Yorkshire
S26 6LR

COMPANY REGISTERED NUMBER:

07191440 (England & Wales)
COMPANY LIMITED BY GUARANTEE

CHARITY REGISTERED NUMBER:

1137939 (England & Wales)

ACCOUNTANTS:

D & S Accountants Ltd
Unit 1 Banners Building
620 Attercliffe Road
Sheffield
South Yorkshire
S9 3QS

ACTIVE REGEN COMMUNITY FOUNDATION LTD

REPORT OF THE DIRECTORS
FOR THE YEAR ENDED 31/03/2024

The director present his annual report with the unaudited accounts of the company for the period ended 31 March 2024.

PRINCIPAL ACTIVITY

The principal activity of the company in the period under review was that of the provision of sports and physical activity to support people that are socially or economically deprived predominantly in the Yorkshire area.

DIRECTORS

The directors shown below have held office during the whole period under review.

Gary John Whitaker

Martin Gray

Paul Nevin

The company made no political or charitable donations during the period under review.

The company has a commitment not to discriminate on the basis of disability, currently there are no employees with disability working at the company.

This report has been prepared in accordance with the special provisions relating to small companies within part 15 of the Companies Act 2006. and the Charities SORP (FRS 102) amended.

SIGNED ON BEHALF OF THE BOARD:

Gary John Whitaker - Director

24 December 2024

ACCOUNTANTS' REPORT TO THE DIRECTOR
ON THE UNAUDITED ACCOUNTS OF
ACTIVE REGEN COMMUNITY FOUNDATION LTD

Report to the directors on the preparation of the unaudited statutory accounts of Active Regen Community Foundation Ltd, for the year ended 31/03/2024.

In order to assist you to fulfil your duties under the companies Act 2006, we have prepared for your approval the accounts of Active Regen Community Foundation Ltd, for the period ended 31/03/2024 as set out on pages 4 to 8, which comprises of figures taken from company's accounting records and from the information and explanations you have given us.

As a practising member firm of the Institute of Financial Accountants (ifa), we are subject to its ethical and other professional requirements which are detailed on its website.

This report is made solely to the board of directors of Active Regen Community Foundation Ltd, as a body, in accordance with the terms of our engagement letter dated 17/12/2015. Our work has been undertaken solely to prepare for your approval the accounts of Active Regen Community Foundation Ltd, and state those matters that we have agreed to state to the Board of directors of Active Regen Community Foundation Ltd, as a body, in this report in accordance with the requirements of the Institute of Financial Accountants (ifa) as detailed at on their website. To the fullest extent permitted by law, we do not accept or assume responsibility to any one other than Active Regen Community Foundation Ltd and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Active Regen Community Foundation Ltd has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit of Active Regen Community Foundation Ltd. You consider Active Regen Community Foundation Ltd, is exempt from the statutory audit requirement for the year ended 31/03/2024.

We have not been instructed to carry out an audit or a review of the accounts of Active Regen Community Foundation Ltd. For this reason we have not verified the accuracy or completeness of the accounting records or the information and explanations you have given to us and we do not therefore, express any audit opinion on the statutory accounts.

We been instructed to carry out an independent examination in accordance with the Charity Commissioners requirements on the accounts of Active Regen Community Foundation Ltd. For y/e 31/03/2024 A copy of the report is attached to the accounts.

D & S Accountants Ltd
620 Attercliffe Road
Sheffield
South Yorkshire
S9 3QS

24 December 2024

ACTIVE REGEN COMMUNITY FOUNDATION LTD

PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 31/03/2024

			Y/e 31.03.24	Y/e 31.03.23
	Notes		£	£
TURNOVER:		2	137,580	138,859
Direct costs		3	<u>47,848</u>	<u>53,338</u>
GROSS PROFIT			89,732	85,521
Administrative expenses			<u>98,099</u>	<u>100,440</u>
OPERATING PROFIT ON ORDINARY ACTIVITIES BEFORE INTEREST:			(8,367)	(14,919)
Other operating income			-	-
Interest receivable and similar income			-	-
interest payable and similar charges			<u>-</u>	<u>-</u>
OPERATING PROFIT ON ORDINARY ACTIVITIES BEFORE TAXATION:			(8,367)	(14,919)
Taxation - UK Corporation Tax /refund			<u>-</u>	<u>-</u>
LOSS / PROFIT FOR THE FINANCIAL PERIOD AFTER TAXATION:			<u>(8,367)</u>	<u>(14,919)</u>
RETAINED LOSS / PROFIT FOR THE PERIOD			<u>(8,367)</u>	<u>(14,919)</u>
RETAINED PROFIT AT 1 APRIL 2023			106,907	121,826
RETAINED LOSS / PROFIT FOR THE PERIOD			(8,367)	(14,919)
RETAINED PROFIT CARRIED FORWARD			<u>98,540</u>	<u>106,907</u>

The notes form part of these financial statements

ACTIVE REGEN COMMUNITY FOUNDATION LTD

BALANCE SHEET
AS AT 31 March 2024

	Notes	Y/e 31.03.24 £	Y/e 31.03.23 £
FIXED ASSETS			
Tangible	6	23,601	29,284
		<u>23,601</u>	<u>29,284</u>
CURRENT ASSETS			
Debtors	7	22,616	
Cash at bank	8	53,173	77,623
		<u>99,390</u>	<u>106,907</u>
CREDITORS			
Amounts falling due within one year	9	850	
NET CURRENT ASSETS		98,540	106,907
CREDITORS			
Amounts falling after more than one year		-	-
NET LIABILITIES		<u>0</u> <u>98,540</u>	<u>106,907</u>
RESERVES			
Profit and loss account		98,540	106,907
MEMBERS' FUNDS	10	<u>98,540</u>	<u>106,907</u>

These accounts have been prepared in accordance with the specialist provisions relating to small companies within part 15 of the Companies Act 2006 and with the Charities SORP (FRS102) amended.

For the financial year ended 31 March 2024 the company was entitled to exemption from audit under section 477 Companies Act 2006; and no notice has been deposited under section 476 requesting an audit by the members.

The director acknowledge their responsibility for ensuring that the company keeps accounting records which comply with section 386 of the Act and preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with requirements of Companies Act 2006 relating to accounts, so far as applicable to the company.

SIGNED ON BEHALF OF THE BOARD OF DIRECTORS

Gary John Whitaker - Director

24 December 2024

The notes form part of these financial statements

ACTIVE REGEN COMMUNITY FOUNDATION LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31/03/2024

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Smaller Entities (effective April 2008), and the Statement of Recommended Practice : Accounting and Reporting by Charities issued in March 2005.

Turnover

Turnover represents grants from National and Regional Funders and contacts with the Local Authority.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its useful life.

Sport equipment & IT equipment - 20% on reducing balance.

Stocks

Stocks are valued at lower of cost and net realisable value, after making due allowance for obsolescence and slow moving items.

Deferred tax

Deferred tax is recognized in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TURNOVER

The turnover consists of unrestricted coaching contracts and restricted grants and sponsorships.

	Restricted	Unrestricted	31.03.24	31.03.23
	£	£	£	£
Restricted Income	68,043		68,043	70025
Unrestricted Income		69,537	69,537	68834
Government, School & LA Grants				
Other grants and sponsorships				
	68,043	69,537	137,580	138,859

3. DIRECT COSTS

	31.03.24	31.03.23
	£	£
Coaching fees - restricted funds	46,208	48,018
Coaching fees - unrestricted funds	46,208	48,018
Venue costs - restricted funds	1,640	770
Venue costs - unrestricted funds	1,640	770

4. STAFF COSTS

	AV	COST
	#	£
Coaching staff including SDO	4	46,208
Community development manger(charity development)	3	15,088
Project manger(charity management)	1	27,400
	8	88,696

ACTIVE REGEN COMMUNITY FOUNDATION LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31/03/2024

5. Resources Expended

	31.03.24	31.03.23
	£	£
Direct Activities- restricted funds	47848	48018
Coaching Activities-unrestricted funds		
Administration Activities -restricted funds		
Administration Activities -unrestricted funds	91,566	90,841
Fund Raising activities - unrestricted funds		
	<u>139,414</u>	<u>138,859</u>

6. TANGIBLE FIXED ASSETS

	Motor	Sport	IT	Total
	£	Equip	Equip	£
		£	£	
COST				
At 1 April 2023	1,900	14,650	39,872	56,422
Additions	-	-	-	-
Disposal	-	-	-	-
At 31 March 2024	<u>1,900</u>	<u>14,650</u>	<u>39,872</u>	<u>56,422</u>
DEPRECIATION				
At 1 April 2022	654	6,291	20,193	27,138
Charge for period	75	1,672	3,936	5,683
Deposals	-	-	-	-
At 31 March 2020	<u>729</u>	<u>7,963</u>	<u>24,129</u>	<u>32,821</u>
NET BOOK VALUE				
At 31 March 2024	<u>1171</u>	<u>6687</u>	<u>15743</u>	<u>23,601</u>
At 31 March 2023	<u>1246</u>	<u>8,359</u>	<u>19,679</u>	<u>29,284</u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.03.24	31.03.23
	£	£
Trade Debtors-restricted funds	18,418	-
Trade Debtors-unrestricted funds	4,198	
	<u>22,616</u>	<u>0</u>

ACTIVE REGEN COMMUNITY FOUNDATION LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31/03/2024

8. CASH AT BANK

	31.03.24	31.03.23
	£	£
Amounts- restricted funds	14,277	12,260
Amounts -unrestricted funds	38,896	65,363
	<u>53,173</u>	<u>77,623</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.03.24	31.03.23
	£	£
Trade creditors- restricted funds	-	-
Other creditors-unrestricted funds	850	-
	<u>850</u>	<u>0</u>

10. MEMBER'S' FUNDS

	31.03.24	31.03.23
	£	£
Reconciliation of movements on Member's funds		
Net additions to shareholder funds	(8,367)	(14,919)
Opening shareholders' funds at 1 April 2023	106,907	121,826
Closing shareholder funds' at 31 March 2024	<u>98,540</u>	<u>106,907</u>

11. LIABILITY OF MEMBERS

Active Regen Community Foundation Ltd is a company limited by guarantee and has no share capital. Each member has guaranteed to contribute a sum not exceeding £1 for payment of the company's debts and liabilities should the company be wound up. There were 3 members on the 31st March 2024.

12. RELATED PARTIES

Mr. Gary Whittaker is trustee/ director of Active Regen Community Foundation Ltd and reports directly to the chair of Trustees.

ACTIVE REGEN COMMUNITY FOUNDATION LTD

TRADING, PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 31/03/2024

	Y/e 31.03.2024		Y/e 31.03.2023
	£	£	£
Income:-grants		137,580	138,859
Direct costs			
Coaching fees	46,208		48,018
Venue hire	1,640		770
Consumables and sporting equipment	-		4,550
		<u>47,848</u>	<u>53,338</u>
		89,732	85,521
GROSS PROFIT			
Administrative costs			
Wages-staff	15,088		20,879
Wages-directors	27,400		25,807
Rent and rates	8,304		9,687
Motor and travel expenses	15,601		10,550
Telephone	783		932
Stationary, postage	-		400
Insurance	2,552		2,168
Training and HR costs	7,611		7,308
IT costs	3,054		4,188
Consultancy	9,725		8,823
Sundries	-		-
bank charges	120		120
Depreciation	5,683		7,322
Legal	-		1,680
Accountancy	2,178		576
		<u>98,099</u>	<u>100,440</u>
Addition to restricted funds for the year:		<u>(8,367)</u>	<u>(14,919)</u>

This page does not form part of the statutory financial statements



Section A

Independent Examiner's Report

Report to the
trustees/directors/
members of

Charity Name

ACTIVE REGEN COMMUNITY FOUNDATION LTD

On accounts for the year
ended

31 MARCH 2024

Charity no.:

1137939

Company no.:

07191440

Set out on pages

1 TO 9

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31/03/2021.

Responsibilities and
basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent
examiner's statement

The company's gross income does not exceed £250,000 and I am qualified to undertake the examination by being a qualified member of the IFA.

I have completed my examination. I confirm that no material matters have come to my attention.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: MR L A DIN

Date: 20/01/2025

Name: LIAQAT ALI DIN

Relevant professional
qualification(s) or body
(if any):

AFA (IFA)

Address: UNIT 1A BANNERS BUILDING

620 ATTERCLIFFE ROAD
SHEFFIELD S9 3QS

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.