



The Old Colliery Offices, Colliery Rd, Kiveton Park, S26 6LR

Tel: 01909 510 775

Charity Number: 1137939

Trustees Report

The Trustees of Active Regen Community Foundation Ltd report highlights the activities carried out during the period ended 31st March 2023.

Purposes and Aims

The charities purposes as set out in the objects contained in the companies Memorandum of Articles are to provide or assist in the provision of sports, physical activity and play to individuals of all ages within the United Kingdom with the aim of:

1. Benefitting the public by promoting healthier lifestyles to individuals of all ages
2. Benefitting the public by providing a diversion from drugs and alcohol
3. Benefitting the public by providing support for unemployed people to become more employable and to improve their moral and self confidence
4. Benefitting the public by helping those with age infirmity or disabilities to lead a more active life

Ensuring our work delivers our aims

We review our aims and objectives annually. Through consultation with our client groups we continually assess the content of our programmes and the quality of our work.

The annual review is a summative assessment of the information gathered during the year and assesses:

1. The activities delivered
2. The success of the programmes in relation to:
 - a. Participation in the activities – Numbers of participants
 - b. Retention of participants – How often has each participants attended
 - c. Benefits to the individual – This is determined by the aims of each programme
 - d. Social return on investment – The resultant improvement in the social or economic status of the individual or community as a result of the programme

We have referenced guidance from the Charities Commission on public benefit as part of our review process with specific reference to how are programmes have achieved the aims and objectives set by the board of Trustees

The focus of our work

Our main objective during the year is to use sport physical activity and play to support people that are socially or economically deprived.

How our activities deliver public benefit and who used and benefitted from our services?

Our services are wide ranging and we work with clients that are both male and female that are from different social and cultural backgrounds and range in age from 5 to 94 years. Our clients are able bodied or may have a mental or physical disability or experience learning difficulties. We work in the most deprived communities across South Yorkshire, as identified by the Indices of Multiple Deprivation. Our clients suffer from social economic or health issues. The issues include:

1. Poor health due to a long term physical or mental health condition
2. Poor health as a result of drugs and alcohol misuse
3. Poor health as a result of lifestyle – Poor diet, lack of exercise
4. Economic deprivation due to long term unemployment
5. Social isolation
6. Social exclusion
7. Low self-esteem, confidence, depression, a long term physical or mental condition as a result of domestic violence or mental abuse
8. Social deprivation as a result of being homeless
9. Social exclusion or economic deprivation as a result of being an ex-offender

Which geographical area does the charity operate in?

The charities long term aim into operate across the north of England, targeting West Yorkshire initially. Given funding constraints the charity has operated across South Yorkshire in the year ended 31st March 2023, specifically Sheffield, Rotherham Barnsley and Doncaster.

What service the charity supplies

We deliver a number of programmes driven by the needs of communities as identified by consultation. In the year ended March 2023 we have delivered:

1. Evening diversionary programme in partnership with Youth Services, Sport England and South Yorkshire Sport to support young people aged 16 years and above and decrease the reported incidents of crime specifically anti – social behaviour and vandalism.
2. Mental health improvement programme in partnership with Rotherham and Barnsley MIND and VAR
3. We have developed and increased the Centre based youth projects in Rotherham
4. Health improvement and fitness programme for children and young people and provide respite for parents or carers during school holidays
5. Employability programme for people aged 19 years and upwards to improve the quality of potential employees through the successful attainment of accredited qualifications and supporting them to find employment
6. A community cohesion project in partnership with RMBC
7. Volunteering and work experience programme for people aged 16 and above
8. Secondary, Primary and SEN school Physical Education programme to increase participation in sport & physical activity

9. Strength & Balance, Mentoring and Moving More Often training for carers who support older people with long term conditions

What benefit our charity provides

To demonstrate the benefits of our charity please find below a quote that encompasses what we are striving to achieve:

“Where I came into the world everyone was looking for a way out. Life was a competition between right and wrong and right was on the losing streak. After turning my back on school, I thought my chance to learn had passed, sometimes though it takes a ball to teach you lessons a school couldn’t or a pair of gloves to get beneath your skin and help you realise who your real opponent in life is. I discovered that my way out was staying put and facing my fears not running from them. I banished my anger and at the same time I learned to let fly. I gained strength from losing and confidence from winning. You may not choose where you start in life but you can have a say in where you finish”

Financial Overview

Working with our partners we have continued to attract funding to support our activities. The turnover of £138,859. The turnover was down by £15,297 mainly due to the late decisions on funding which were not accounted for in this period. This linked to an increase in overheads which were: staff costs, rent and rates, HR and Health and Safety support and marketing costs has resulted in a net loss of £14,919. The increase in staff cost was due to an underpayment of £9k from 2021 which was repaid in this financial year.

From April 2024 we have renegotiated all our current Parish Council contracts for a further year. We have gained new Parish Council customers at Killamarsh and Ecclesfield which guarantees income of £71k. Our schools contacts will bring in c.£20k during 2024. We are renegotiating our 2024/5 contract with RMBC for the centre-based youth club programme which is worth £15k. We have one year left on our contract with Voluntary Action Rotherham with a value of £10.2k We have realigned our programme with Children in Need, and this new programme is valued at £10k. Our funding plans for 2024/25 include applications to Coalfields Regeneration Trust, Garfield Weston Trust, National Lottery, Sport England Voluntary Action Rotherham, which equates to £80k. We are also developing a new programme in Sheffield potentially funded by Sheffield City Council. We are also developing for 2024/5 a programme to be delivered in partnership with Children’s Capital of Culture in Rotherham

The ratio of restricted to unrestricted funding was 51% restricted (£70,025) and 49% (£68,834) unrestricted. We have achieved our objective of increasing the non-restricted funding through the procurement of long terms contracts. In 2024 we will continue to drive our contractual business while increasing revenue of funded programmes, while keeping costs under control.

The guaranteed contracts and funding plans mean that the company remains sustainable and, in a position to develop and grow.

Principal Sources of Funding

The principal sources of funding in 2023/4 are:

- a. Sport England
- b. Yorkshire Sport Foundation

- c. The Big Lottery
- d. Coalfield Regeneration Trust
- e. Garfield Weston Trust
- f. Voluntary Action Rotherham
- g. Children in Need
- h. Rotherham Borough Council
- i. Sheffield City Council

Investment Policy

In the foreseeable future the Charity has no intention of making any investments

Reserves Policy

The management committee has examined the charities requirements for reserves in the light of the main activities of the organisation. It has established a policy for developing reserves but it does not consider the need to identify a specific level, as funds are the generated are restricted to the activities including operating cost of the organisation

Future Plans

The charity plans to continue to deliver its core activities in the next financial. In addition the charity aims to develop new products and expand its core activities in new areas in collaboration with its partners subject to satisfactory funding arrangements.

Structure, Governance and Management

Governing Document

The organisation has charitable status and is a company limited by guarantee incorporated on 16th March 2010 and registered as a charity on 10th September 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under the articles of association.

Recruitment and appointment of the management committee

The directors of the company are also Trustees. For the purposes of charity law and under the company's Articles are known as the Management Committee. Under the requirements of the Memorandum and Articles of Association the members of the Management Committee are elected to serve for 3 years after which they must be re – elected at the next AGM.

Committee

The Committee members also Trustees of the charity at the end of the financial year 31/03/22 were:

Mr Paul Nevin – Chairperson

Mr. Martin Gray

Mr, Gary Whitaker

To contact the Committee

The Committee can be contacted at the companies registered office address by telephone on 01909 510 775 or by email at gary.whitaker@activeregen.co.uk

Trustee Induction and training

All trustees are familiar with the work of the charity. Any new trustee will be inducted and attend a series of training sessions to familiarise themselves with the charity and the context within which it operates. The training will cover:

1. The obligations of the Management Committee members
2. The main documents which outline the operational framework for the charity
3. Resourcing and the current financial position of the charity
4. Future plans and objectives

Risk Management

As outlined in the previous report the risk management the annual risk management report was updated.

With the support of Peninsula and VAR the charity has upgraded the following policies and procedures in 2021:

Health and Safety

Employment

Vulnerable Adult and Child Protection

Equity and Diversity

Volunteering

We have also introduced an Employee Assistance Programme (EAP) to support any member of staff that may be having issues. This service is in addition to the employment support we offer.

Related Parties

None.

Responsibilities of the Management Committee

Company Law requires the Management Committee to prepare financial statements which give a true and fair view of the affairs of the organisation at the end of the financial year including all income and expenditure and a projection for the forthcoming financial year. The Committee should

1. Select suitable accounting policies and apply them consistently
2. Make judgements that are reasonable and prudent
3. Prepare financial statements on an on-going basis unless it is not appropriate to do so

The committee is responsible for maintaining proper accounting records which disclose with reasonable accuracy the financial position of the organisation and that financial accounting protocols comply with the Companies Act of 1985. The committee are also responsible for safeguarding the assets of the company taking reasonable steps to prevent fraud or any other irregularities.

Directors / Trustees in accordance with Company Law will:

1. Ensure that all relevant information is available to the external examiner

2. Be fully aware of all relevant audit information and to establish that the external examiner is also aware

Independent External Examiner

Mr. L.A Din was the independent external examiner for the year ended 31.3.21

Approved by the Management Committee on 31st December 2021

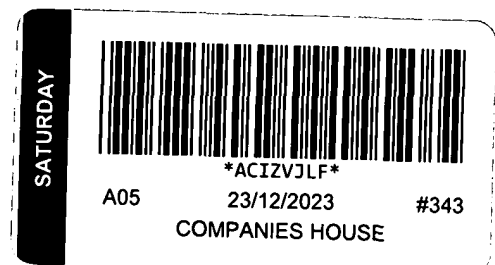
Signed: Gary Whitaker

Date: 31st December 2023

REGISTERED NUMBER : 07191440(England and Wales)
COMPANY LIMITED BY GUARANTEE

ACTIVE REGEN COMMUNITY FOUNDATION LTD
ANNUAL REPORT & UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31/03/2023

D & S Accountants Ltd
620 Attercliffe Road
Sheffield
South Yorkshire
S9 3QS



ACTIVE REGEN COMMUNITY FOUNDATION LTD
CONTENTS OF THE ANNUAL REPORT & UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31/03/2023

	PAGE
Company Information	1
Report of the Director	2
Accountants' Report	3
Profit and Loss Account	4
Balance Sheet	5
Notes to the Financial Statements	6
Profit and Loss Account	9

ACTIVE REGEN COMMUNITY FOUNDATION LTD

COMPANY INFORMATION
FOR THE YEAR ENDED 31/03/2023

DIRECTORS:

Gary John Whitaker
Martin Gray
Paul Nevin

SECRETARY:

REGISTERED OFFICE:

Old Colliery Offices
Colliery Road
Kiveton Park
Sheffield
South Yorkshire
S26 6LR

COMPANY REGISTERED NUMBER:

07191440 (England & Wales)
COMPANY LIMITED BY GUARANTEE

CHARITY REGISTERED NUMBER:

1137939 (England & Wales)

ACCOUNTANTS:

D & S Accountants Ltd
Unit 1 Banners Building
620 Attercliffe Road
Sheffield
South Yorkshire
S9 3QS

ACTIVE REGEN COMMUNITY FOUNDATION LTD

REPORT OF THE DIRECTORS
FOR THE YEAR ENDED 31/03/2023

The director present his annual report with the unaudited accounts of the company for the period ended 31 March 2023.

PRINCIPAL ACTIVITY

The principal activity of the company in the period under review was that of the provision of sports and physical activity to support people that are socially or economically deprived predominantly in the Yorkshire area.

DIRECTORS

The directors shown below have held office during the whole period under review.

Gary John Whitaker

Martin Gray

Paul Nevin

The company made no political or charitable donations during the period under review.

The company has a commitment not to discriminate on the basis of disability, currently there are no employees with disability working at the company.

This report has been prepared in accordance with the special provisions relating to small companies within part 15 of the Companies Act 2006. and the Charities SORP (FRS 102) amended.

SIGNED ON BEHALF OF THE BOARD:

Gary John Whitaker - Director

19 December 2023



ACCOUNTANTS' REPORT TO THE DIRECTOR
ON THE UNAUDITED ACCOUNTS OF
ACTIVE REGEN COMMUNITY FOUNDATION LTD

Report to the directors on the preparation of the unaudited statutory accounts of Active Regen Community Foundation Ltd, for the year ended 31/03/2023.

In order to assist you to fulfil your duties under the companies Act 2006, we have prepared for your approval the accounts of Active Regen Community Foundation Ltd, for the period ended 31/03/2023 as set out on pages 4 to 8, which comprises of figures taken from company's accounting records and from the information and explanations you have given us.

As a practising member firm of the Institute of Financial Accountants (ifa), we are subject to its ethical and other professional requirements which are detailed on its website.

This report is made solely to the board of directors of Active Regen Community Foundation Ltd, as a body, in accordance with the terms of our engagement letter dated 17/12/2015. Our work has been undertaken solely to prepare for your approval the accounts of Active Regen Community Foundation Ltd, and state those matters that we have agreed to state to the Board of directors of Active Regen Community Foundation Ltd, as a body, in this report in accordance with the requirements of the Institute of Financial Accountants (ifa) as detailed at on their website. To the fullest extent permitted by law, we do not accept or assume responsibility to any one other than Active Regen Community Foundation Ltd and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Active Regen Community Foundation Ltd has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit of Active Regen Community Foundation Ltd. You consider Active Regen Community Foundation Ltd, is exempt from the statutory audit requirement for the year ended 31/03/2023.

We have not been instructed to carry out an audit or a review of the accounts of Active Regen Community Foundation Ltd. For this reason we have not verified the accuracy or completeness of the accounting records or the information and explanations you have given to us and we do not there fore, express any audit opinion on the statutory accounts.

We been instructed to carry out an independent examination in accordance with the Charity Commissioners requirements on the accounts of Active Regen Community Foundation Ltd. For y/e 31/03/2023 A copy of the report is attached to the accounts.

D & S Accountants Ltd
620 Attercliffe Road
Sheffield
South Yorkshire
S9 3QS

19 December 2023

ACTIVE REGEN COMMUNITY FOUNDATION LTD

PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 31/03/2023

		Y/e 31.03.23	Y/e 31.03.22
	Notes	£	£
TURNOVER:	2	138,859	154,156
Direct costs	3	53,338	65,090
GROSS PROFIT		85,521	89,066
Administrative expenses		100,440	74,837
OPERATING PROFIT ON ORDINARY ACTIVITIES BEFORE INTEREST:		(14,919)	14,229
Other operating income		-	-
Interest receivable and similar income		-	-
Interest payable and similar charges		-	-
OPERATING PROFIT ON ORDINARY ACTIVITIES BEFORE TAXATION:		(14,919)	14,229
Taxation - UK Corporation Tax /refund		-	-
LOSS / PROFIT FOR THE FINANCIAL PERIOD AFTER TAXATION:		(14,919)	14,229
RETAINED LOSS / PROFIT FOR THE PERIOD		(14,919)	14,229
RETAINED PROFIT AT 1 APRIL 2016		121,826	107,597
RETAINED LOSS / PROFIT FOR THE PERIOD		(14,919)	14,229
RETAINED PROFIT CARRIED FORWARD		106,907	121,826

The notes form part of these financial statements

ACTIVE REGEN COMMUNITY FOUNDATION LTD

BALANCE SHEET
AS AT 31 March 2023

	Notes	Y/e 31.03.23 £	Y/e 31.03.22 £
FIXED ASSETS			
Tangible	6	29,284	16,407
		<u>29,284</u>	<u>16,407</u>
CURRENT ASSETS			
Debtors	7		
Cash at bank	8	77,623	107,971
		<u>106,907</u>	<u>124,378</u>
CREDITORS			
Amounts falling due within one year	9		2,552
NET CURRENT ASSETS		<u>106,907</u>	<u>121,826</u>
CREDITORS			
Amounts falling after more than one year		-	-
NET LIABILITIES		<u>0</u>	<u>121,826</u>
RESERVES			
Profit and loss account		<u>106,907</u>	<u>121,826</u>
MEMBERS' FUNDS	10	<u>106,907</u>	<u>121,826</u>

These accounts have been prepared in accordance with the specialist provisions relating to small companies within part 15 of the Companies Act 2006 and with the Charities SORP (FRS102) amended.

For the financial year ended 31 March 2023 the company was entitled to exemption from audit under section 477 Companies Act 2006; and no notice has been deposited under section 476 requesting an audit by the members.

The director acknowledge their responsibility for ensuring that the company keeps accounting records which comply with section 386 of the Act and preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with requirements of Companies Act 2006 relating to accounts, so far as applicable to the company.

SIGNED ON BEHALF OF THE BOARD OF DIRECTORS

Gary John Whitaker - Director

19 December 2023



The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31/03/2023

Accounting convention

Turnover

Tangible fixed assets

Sport equipment & IT equipment	20% on reducing balance.
--------------------------------	--------------------------

Stocks

Deferred tax

2. TURNOVER

	Restricted	Unrestricted	31.03.23	31.03.22
	£	£	£	£
Income from coaching contracts				
Lottery Grants				
Sports England Grant				
Children in Need				
Parish council Grants				
CRT Grant				
Restricted Income	70,025		70,025	182557
Unrestricted Income		68,834	68,834	3860
Government, School & LA Grants				
Other grants and sponsorships				
	<u>70,025</u>	<u>68,834</u>	<u>138,859</u>	<u>186,417</u>

3. DIRECT COSTS

	31.03.23	31.03.22
	£	£
Coaching fees - restricted funds	48,018	65,090
Coaching fees - unrestricted funds		
	<u>48,018</u>	<u>65,090</u>
Venue costs - restricted funds	110	
Venue costs - unrestricted funds		
	<u>110</u>	<u>0</u>

4. STAFF COSTS

TAFF COSTS	AV #	COST £
Coaching staff including SDO	4	48,018
Community development manger(charity development)	3	20,879
Project manger(charity management)	1	25,807
	<u>8</u>	<u>94,704</u>

ACTIVE REGEN COMMUNITY FOUNDATION LTD

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31/03/2023**

5. Resources Expended

	31.03.23	31.03.22
	£	£
Coaching Activities- restricted funds	48018	65090
Coaching Activities-unrestricted funds		
Administration Activities -restricted funds		27,471
Administration Activities -unrestricted funds	90,841	61,595
Fund Raising activities - unrestricted funds		
	<u>138,859</u>	<u>154,156</u>

6. TANGIBLE FIXED ASSETS

	Motor £	Sport Equip £	IT Equip £	Total £
COST				
At 1 April 2022	1,900	8,596	25,727	36,223
Additions	-	6,054	14,145	20,199
Disposal	-	-	-	-
At 31 March 2023	<u>1,900</u>	<u>14,650</u>	<u>39,872</u>	<u>56,422</u>
DEPRECIATION				
At 1 April 2022	342	4,201	15,273	19,816
Charge for period	312	2,090	4,920	7,322
Deposals	-	-	-	-
At 31 March 2020	<u>654</u>	<u>6,291</u>	<u>20,193</u>	<u>27,138</u>
NET BOOK VALUE				
At 31 March 2023	<u>1246</u>	<u>8,359</u>	<u>19,679</u>	<u>29,284</u>
At 31 March 2022	<u>1558</u>	<u>4,395</u>	<u>10,454</u>	<u>16,407</u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade Debtors-restricted funds	-	-
Trade Debtors-unrestricted funds		
	<u>0</u>	<u>9,055</u>

ACTIVE REGEN COMMUNITY FOUNDATION LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31/03/2023

8. CASH AT BANK

	31.03.23	31.03.22
	£	£
Amounts- restricted funds	12,260	64,783
Amounts -unrestricted funds	65,363	43,188
	<u>77,623</u>	<u>107,971</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.03.23	31.03.22
	£	£
Trade creditors- restricted funds	-	-
Other creditors-unrestricted funds	0	2,522
	<u>0</u>	<u>2,522</u>

10. MEMBER'S' FUNDS

	31.03.23	31.03.22
	£	£
Reconciliation of movements on Member's funds		
Net additions to shareholder funds	47,635	43,464
Opening shareholders' funds at 1 April 2022	(14,919)	4,171
Closing shareholder funds' at 31 March 2023	<u>106,907</u>	<u>47,635</u>

11. LIABILITY OF MEMBERS

Active Regen Community Foundation Ltd is a company limited by guarantee and has no share capital. Each member has guaranteed to contribute a sum not exceeding £1 for payment of the company's debts and liabilities should the company be wound up. There were 3 members on the 31st March 2023.

12. RELATED PARTIES

Mr. Gary Whittaker is trustee/ director of Active Regen Community Foundation Ltd and reports directly to the chair of Trustees.

ACTIVE REGEN COMMUNITY FOUNDATION LTD

TRADING, PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 31/03/2023

	Y/e 31.03.2023		Y/e 31.03.2022
	£	£	£
Income:- grants		138,859	154,156
Direct costs			
Coaching fees	48,018		65,090
Venue hire	770		-
Consumables and sporting equipment	4,550		-
		<u>53,338</u>	<u>65,090</u>
		85,521	89,066
GROSS PROFIT			
Administrative costs			
Wages-staff	20,879		11,375
Wages-directors	25,807		26,927
Rent and rates	9,687		3,418
Motor and travel expenses	10,550		9,289
Telephone	932		1,022
Stationary, postage	400		-
Insurance	2,168		1,954
Training and HR costs	7,308		4,374
IT costs	4,188		6,500
Consultancy	8,823		3,300
Sundries	-		1,197
bank charges	120		718
Depreciation	7,322		4,054
Legal	1,680		
Accountancy	576		800
		<u>100,440</u>	<u>74,837</u>
Addition to restricted funds for the year:		<u>(14,919)</u>	<u>14,229</u>

This page does not form part of the statutory financial statements



Section A

Independent Examiner's Report

**Report to the
trustees/directors/
members of**

Charity Name

ACTIVE REGEN COMMUNITY FOUNDATION LTD

**On accounts for the year
ended**

31 MARCH 2023

Charity no.:

1137939

Company no.:

07191440

Set out on pages

1 TO 9

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31/03/2021.

**Responsibilities and
basis of report**

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

**Independent
examiner's statement**

The company's gross income does not exceed £250,000 and I am qualified to undertake the examination by being a qualified member of the IFA.

I have completed my examination. I confirm that no material matters have come to my attention.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: MR L A DIN

Date: 21/12/2023

Name: LIAQAT ALI DIN

**Relevant professional
qualification(s) or body
(if any):**

AFA (IFA)

Address: UNIT 1A BANNERS BUILDING

620 ATTERCLIFFE ROAD
SHEFFIELD S9 3QS

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.