THREE SPIRES FAMILY SUPPORT TRUST

England & Wales · Charity number 1137825

Details

Other names	THREE SPIRES TOTS, COFFEE TOTS
Status	Registered
Legal form	Charitable company
Company number	07118015
Registered	2010-09-06
Register	View on the Charity Commission register

Contact

Address	Three Spires Family Support Trust (Coffee Tots) The Wave Waterpark New Union Street Coventry CV1 2PS
Phone	07403226211
Email	COFFEETOTS@GOOGLEMAIL.COM
Website	www.coffeetotscoventry.co.uk

Activities

Objects: 1) TO PROMOTE SOCIAL INCLUSION OF PARENTS WITH YOUNG CHILDREN FOR THE PUBLIC BENEFIT BY THE PROVISION OF A DROP IN CENTRE IN ORDER TO PREVENT THEM FROM BECOMING SOCIALLY EXCLUDED. RELIEVING THEIR NEEDS AND ASSISTING THEM TO INTEGRATE INTO SOCIETY.2) TO ADVANCE THE EDUCATION OF PARENTS WITH YOUNG CHILDREN IN THE PROVISION OF PARENTING SKILLS, RELATIONSHIPS, CHILDCARE AND MONEY MANAGEMENT..

Activities: To practically support vulnerable families in Coventry, helping them to build relationships & networks though the provision of a Christian city centre parenting support project called Coffee Tots. We provide a safe space within a cafe setting for parents with young children with activities for children & training in life skills for parents as well as practical help & support and a listening ear.

Downloaded from opencharities.uk/ew/1137825

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Other Charitable Purposes
- **Who:** Children/young People, Other Defined Groups

Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE, LOCAL
- Coventry City

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£237,972	£250,128	-	-
2023-12-31	£210,023	£226,421	-	-
2022-12-31	£199,083	£193,239	-	-
2021-12-31	£171,380	£147,858	-	-
2020-12-31	£170,110	£155,061	-	-

Trustees

Name	Role	Appointed
JEAN HOWARD		2015-05-11
James Kevin McCabe		2018-11-24
Jane Margaret Lyndall Williams		2025-06-02
Jayne Davies		2018-07-11
Margaret Ruth Parker		2025-01-27
Naomi Grew		2018-07-11
PAUL STEPHEN MORRIS		2024-06-17
Sarah Jane Ockenden		2018-07-11

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THREE SPIRES FAMILY SUPPORT TRUST

England & Wales - Charity number 1137825

Accounts

Docusign Envelope ID: DE8604D4-3122-402F-9947-9A59D4E59D6F

Charity registration number 1137825

Company registration number 07118015 (England and Wales)

THREE SPIRES FAMILY SUPPORT TRUST

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2024

Docusign Envelope ID: DE8604D4-3122-402F-9947-9A59D4E59D6F

THREE SPIRES FAMILY SUPPORT TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Jayne Davies	
	Naomi Grew	
	Jane C Halliday	
	Jean Howard	
	James K McCabe	
	Sarah J Ockenden	
	Paul S Morris	(Appointed 10 December 2024)
	Margaret R Parker	(Appointed 28 January 2025)
	Jane M L Williams	(Appointed 2 June 2025)
Charity number	1137825	
Company number	07118015	
Registered office	The Wave Waterpark New Union Street Coventry CV1 2PS	
Independent examiner	Demsey Slater FCCA Spencer Gardner Dickins Limited 3 Coventry Innovation Village Cheetah Road Coventry CV1 2TL	

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THREE SPIRES FAMILY SUPPORT TRUST

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THREE SPIRES FAMILY SUPPORT TRUST

CHAIRMAN'S STATEMENT

FOR THE YEAR ENDED 31 DECEMBER 2024

Report from Chair of Trustees
2024 has been a year of growth at Coffee Tots. Following on from the excitement of the move to The Wave in 2023, the subsequent year has been about putting down roots and spreading branches. The time taken over the previous year to help families and staff to feel settled and to become established in the new venue has borne fruit in the new growth that is now evident. The growth has come in several ways, firstly numerically, with the larger venue allowing for so many more café customers and the flexibility to host lots of families at the same time. Secondly the growth has been seen in the variety and frequency of the different structured activities on offer during the week which allow relationships to develop and support to be tailored. Finally the growth in relationships with external organisations – these relationships have brought benefits to Coffee Tots allowing the expansion of services on offer but also the increase of Coffee Tot's reputation which is testament to the trust placed in Coffee Tots by these agencies.

The Financial Statements continue to demonstrate the generosity and support that we receive from individuals, charities and churches which have all continued throughout 2024 and have meant that Coffee Tots is in a good financial state. The support and generosity of local Mothers Union groups and churches donating to the Christmas appeal has been particularly appreciated. The Building Blocks scheme is continuing to bring consistent benefits, along with the tireless fundraising and bid writing work done by Catherine, which cannot be understated and often receives high praise from the funding bodies involved.

My thanks as always go to all the staff, both voluntary and salaried, for their hard work, dedication, patience, and humour, and for always being prepared to go the "extra mile" for the people with whom they come into contact. Thanks to all staff this year for their ongoing support and commitment. Without such an amazing group of people Coffee Tots would not have the impact that it does. My thanks also go to the Trustees for their faithfulness, support and desire to help enable the staff to do the best job that they can. We are pleased this year to have welcomed three new trustees Margaret Parker, Paul Morris and Jane Williams who all bring a wealth of experience and great connections across the city.

I know Coffee Tots will continue to flourish and have a positive impact on the lives of all those that it touches. We look forward to the future and all that it might hold and pray for renewed vision, direction and hope for 2025.



.....
N Grew
Chair of Trustees Jul 19, 2025 | 10:15 BST
Dated: .....

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THREE SPIRES FAMILY SUPPORT TRUST

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2024

The trustees present their annual report and financial statements for the year ended 31 December 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charitable company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

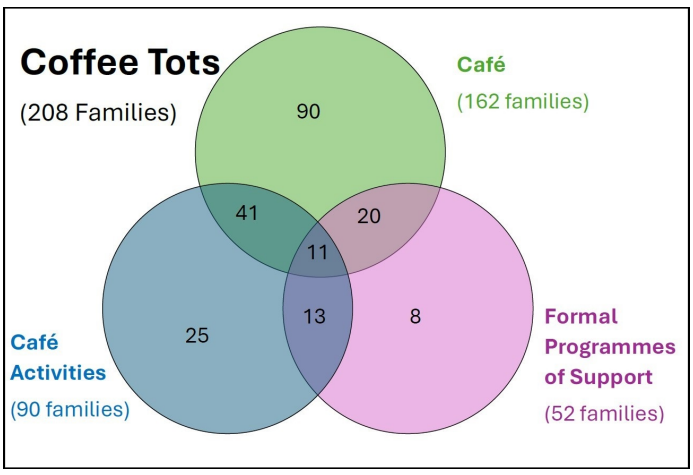
Three Spires Family Support Trust is a Christian charitable organisation established in 2010, which seeks to serve the community in practical ways in Coventry City Centre. Set up & run by parents who appreciate the challenges of raising small children in an increasingly isolating society, Three Spires Family Support Trust's aim is to demonstrate God's love to people who may never have encountered God or the Church. Our goal is to help parents enjoy raising their children, to feel supported and unconditionally loved and grow in confidence. Our faith basis gives us neutrality and inspires confidence amongst those of other faiths, making us a safe and non-threatening place to be; we stand outside statutory services and our structure allows us to respond quickly to the changing needs of our service users in the support that we offer.

Three Spires Family Support Trust has been running a café / drop-in parenting project in Coventry City Centre called 'Coffee Tots' since October 2010. The project provides a safe and relaxed space for parents with young children offering subsidised fair-trade drinks, snacks and light lunches. The staff team and volunteers are available to offer support and care for parents and their families, many of who are struggling to raise their children. The café / drop-in allows us to work on a relational basis, allowing us to offer tailored and targeted support for families for greatest impact.

Coffee Tots is staffed predominantly by parents; many of whom have themselves struggled with isolation, depression and difficult circumstances. Drawing on their own experience as parents, they are able to come alongside and support customers in a unique and caring way, all of which contributes to the welcome and acceptance that we aim to offer everyone.

Alongside befriending families, we also provide more structured support. We offer courses to improve family life including creative art sessions (increasing self-esteem and self-worth), mental health / wellbeing, parenting, and baby massage. We also run sensory play sessions from birth to preschool age children which target the first 1000 days of a child's life optimising their development and improving the parent / child bond.

In Spring 2023 we moved a short distance to larger premises at the Wave Waterpark where we are incredibly grateful to CV Life for their welcome and support and are glad to be working together to support families across our city. Since moving to the Wave we have seen exponential growth in the numbers of families spending time in the café. Each term this year, we have been working with over 200 families, of whom 118 have engaged in some form of additional support.



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Achievements and performance
The Café

When we first moved to the Wave we focused all our staff and support in the café to help ensure that despite the greater numbers of families attending (over three times as many each day), everyone still felt welcomed and had the chance to be listened to / access support as needed. Our model of supporting vulnerable families using loving relationships is what helps to make us different and more effective in what we do. We didn't want to lose this with the move and have continued to make this the heart of all that we do, ensuring that there are always staff available in the café to come alongside families as and when needed.

Over the last year it has been exciting to continue to grow and develop the structured daily activities taking place in the café. Claire's sensory seekers starting the week on Monday, a themed sensory play session, and the week goes on with Cooking with Nige (non-cook cooking with our café manager Nige), Adventures with Ellie (Story play time), Connect and Create (art/craft wellbeing activities for parents to do with children), Playhem Mini Engineers (junk play) and then finishing the week with Baby Day on Fridays. Due to popular demand we now have an afternoon session of Connect and Create on Mondays too. The Infant Feeding Team joining us on Friday mornings and once a month Parents in Mind (mental health peer support for parents) join us too.



We now have a community area in the café where tables are joined together for group sessions, or workshops. Each day at lunch time we have an Open Table with a different theme each day. From mental health parenting support, visits from other agencies / groups to share what they do, to recipes, cooking skills and ideas and food tasters. Parents have helped to develop the range of Open Table activities as well as helping to host them.

We want to nurture peer support across all we do and the Open Table sessions are a great way of doing this: sharing parenting tips or mental health experiences or recipe ideas: friendships are developed, and community strengthened as a result. Combined with our 'Pay What You Can' menu option, this has meant that every family that needed could access a hot healthy meal every day as well as being able to eat it in the company of others.

Programmes of Support

Our First 1,000 Days pathway of support starts with our Baby Massage Course taking place on a regular basis through the year in our Community Room. Families then progress through our structured sensory play sessions, starting with Tiny Connections for non moving babies, then to Wobbly Connections for moving babies, wobbly walkers and finishing with Mini Connections for confident walkers.

In Autumn 2024 we started running Active Tots, for older preschool children and their parents. The NHS Be Active team come and deliver this in the dance studio at the Wave, supported by our staff and CV Life. With 15 available slots each week, this has been full to capacity right from the start and we hope to do more joint working with the Be Active Team in the future.

Throughout 2024 we have continued to develop the mental health support we offer for parents, through workshops, discussion groups, peer support and open table sessions.

Our more formal courses for parents include Peaced Together, a 10-week creative art course incorporating topics to encourage letting go of the past and managing difficulties in the future and making beautiful creations in the process (photo below). Taking place each term in the community room, it also provides a safe space for parents to grow and develop support networks. In Spring 2024 we launched *This Is Me*, an eight week mental health course looking at creating emotional balance by noticing impact of difficult experiences and understanding the emotional reactions and behaviours that follow.

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The Adult Family Education Team have delivered parenting courses each term through the year in our Community Room, as well as working with us to develop a school readiness course in the summer for families with children starting preschool/school in the autumn. Parents helped to shape this course through collaborative sessions at our Open Table Lunches in the lead up to the courses and we look forward to repeating this process in future years.

During school holidays the café moves to the Community Room where we offer a reduced menu (including soup, sandwiches and jacket potatoes). Alongside this we run a programme of activities linking in with the Herbert Art Gallery and the Motor Museum as well as local outings and park meet ups. Back at the Wave there were set activities on the squash courts alongside the café in the Community Room. The numbers taking part in holiday activities have grown over the last year and although much quieter than termtime, we are seeing more people in the holidays at the Wave than we used to see during termtime at City Arcade.

Coventry is a trailblazer local authority for the National **Start for Life** Programme which particularly focuses on supporting families through the first 1,001 days of a child's life and aims to provide the support, opportunities and experiences that families need to help their child to thrive during their early years. In 2024 we worked more closely with the Coventry Start for Life Team, hosting a Family Hub community outreach worker each Wednesday in the café as well as helping to deliver mental health support for Families as part of the Coventry Start for Life offer. As part of this partnership working, some of our staff trained to deliver Baby Massage in summer 2024. All helping to make early years delivery more accessible across our city. This has all led to increasing official recognition across the city of the effectiveness of our work in early years and supporting families.

Our links with the **Mothers Union** have been strengthened over the last year, with Paul Morris, a trustee of Coventry Mothers Union, joining the Trustees of Coffee Tots. For Mother's Day, the Mother's Union generously donated plants and chocolate treats and this was followed up at Easter with incredible amounts of very cute knitted chicks each containing a chocolate easter egg. Over the summer two of our families were treated to a fantastic weeks holiday by the sea through the Mothers Union, Away From It All programme. We are really grateful for this ongoing relationship and support.



In the run up to **Christmas** we launched our Christmas Appeal and reopened our Christmas grotto where parents could come and choose and wrap a gift for their children. These gifts and financial donations were generously donated by a variety of individuals and from St Peters Church Wooton Wawen, Claverdon Church, St John's Church Kenilworth, Holy Trinity Coventry, St Peters Church, Wellesbourne, Mothers Union groups, staff at CV Life and Coventry Adult Education Family Learning. On Christmas Day, over 300 children (139 families) opened gifts from the grotto.

Also in December, we repeated our Christmas Dinner ably hosted by Nigel our café manager and his team of helpers (staff and volunteers) where over 73 adults and children came and ate a full Christmas meal. As we celebrated together there were Christmas themed play activities and Father Christmas came to visit. We made some incredible memories that day and were met with delighted parents and excited children.

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Alongside this the amazing response to our Christmas appeal enabled us to distribute food bags to 46 families providing meals to cover all of the Christmas school holidays. All of the families were incredibly thankful and were overwhelmed by everyone's generosity.

Our staff team, both paid and volunteer, are a key part of the Coffee Tots family, showing great commitment to their roles, going above and beyond what we expect of them, to serve families in need across Coventry. Our support staff have been key in helping to deliver the range of activities and support and our café staff have worked incredibly hard in a much busier kitchen setting.

In spring 2024 we welcomed Claire Smith to the staff team as our Children and Families Support Worker. Claire has been taking the lead with all our children's activities in the café as well as all the different sensory play sessions. In March we took part in a volunteer recruitment fair through Voluntary Action Coventry, and this led to a new intake of regular volunteers who have been fantastic.

At the start of the year, we had our first Occupational Therapy Students on a ten-week community placement. Ros Mortimer has ably overseen the development of the student placements and we have since welcomed two students each term. This has been an exciting development for Coffee Tots and has led to more links with Coventry University, with Catherine and Ros going in to talk about Coffee Tots to the Early Years students.

We would like to say a big thank you to all the staff team, paid and volunteer, for all they have done over the last year.

Many of our supporters are "**Building Blocks for Coffee Tots**" where we ask individuals to donate £10 or more each month to help support and develop the work of Coffee Tots and this support has been invaluable throughout 2024. Our prices in Coffee Tots are heavily subsidised to keep it affordable and accessible. When we are able to be open, we want customers to be able to come and spend time in Coffee Tots, accessing support and developing their own friendship networks, regardless of how much money they have available to spend. Many of our customers will stay from two to four+ hours in any one day but might only have one drink or portion of food (spending less than £3). We want to be able to afford to do this; to be able to develop these vital relationships and therefore, "Building Blocks for Coffee Tots" is a key part of our funding strategy.

Over the last fourteen years, Coffee Tots has become an integral part of the day-to-day lives of many families in Coventry, we pride ourselves on the relationships we have built and the support we have been able to offer families. As we look ahead to 2025 we are excited about the opportunities that lie ahead and the potential for more partnership working to better support families across our city. But for this year we would like to finish with words from some of our families and staff.

"Coffee Tots is a great community space and is a really safe space to go. Everybody is welcomed and there is always somebody to talk to. With activities for children and support for parents that we benefit from a whole range of services. It is a real hub for families which will continue to enrich the lives of many. Coffee Tots has personally helped me with quite bad mental health. When I first started coming, seven and a half years ago, I was barely leaving the house but the staff and friends I made there were so encouraging and I still go in now and also volunteer regularly"

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"Coffee Tots is the whole world to me. We come on a regular basis and it's like part of our family. I have gained confidence and learnt so much from coming here."

"Coffee Tots has changed my life basically. I used to come to Coffee Tots with my children probably a year after it opened. Parenting can be lonely, so it helped me to find friends. I found friends in the staff, it was like a home from home: support was there whenever I needed it. It changed my life as a parent. Then I was lucky to start as a staff member and it changed my life again. It's like coming back home to family again, it's supportive again as a staff member"

Coffee Tots is not just a place; it is a community with many describing it as their 'Tots Family'. There is a proverb that says, "it takes a village to raise a child", for our families, Coffee Tots is that village.

Financial Report 2024

These accounts represent the fourteenth full year of operating Coffee Tots, having opened our doors for the first time in October 2010, we are very grateful once again to all those who have helped to make it happen, from our customers, staff and volunteers, to our regular supporters, to local churches, community groups and businesses who support us in a variety of ways, to the various Grant Bodies who have given us grants over the year.

This year has been our first full year of operating from our new premises at the Wave Waterpark. The combination of much larger café area, more visible location and increased profile across the city, have led to exponential growth in the numbers of families spending time in the café. As the café prices are heavily subsidised, alongside the increase in café income we have seen a significant increase in café operating costs (staffing hours, food costs) compared to our time in City Arcade. For comparison, the 2023 figures are made up of nine months at the Wave and three months City Arcade.

The income of Three Spires Family Support Trust can be split into three main streams: income generated by the project through café sales, grant income and donations. Café income has increased by over 149% over the year and continues to grow. Our daily 'Pay What You Can' meal is consistently the most chosen menu option reflecting the financial struggles that many of our families face. Our home at the Wave is much warmer than City Arcade and as an official "Warm Space" we have found that increasing numbers of families spend much of their day with us but making their food / drink last through the day.

Over 2024 we have received grants totalling £147,320 from The Alan Edward Higgs Charity, General Charities of The City of Coventry, BBC Children In Need, Coventry City Council (Start for Life), The Garfield Weston Foundation, Inclusive Communities Fund, The Postcode Local Trust, Severn Trent Community Fund, Souter Charitable Trust, Trusthouse Charitable Foundation and Voluntary Action Coventry. We are particularly grateful to all these grant funders for their support, encouragement and understanding over this last year. In the summer of 2024 we started the process of applying to the National Lottery for a multi-year grant towards running costs of the café. We heard in May 2025 that this application has been successful (£259,654 over three years).

The restricted funds end of year balance of £19,970 is made up of monies towards our support activities.

We continued to be encouraged by the support of individuals through our regular giving scheme for supporters – Building Blocks for Coffee Tots. We have also been encouraged by the response of individuals and groups of people to our Christmas appeal enabled us to support over 139 families at what can often be a difficult time of year for many families. We are very grateful for the support of all our Building Blocks, many of whom also donated to our various appeals.

In addition to the support of individuals, we have been financially supported during 2024 by an increasing number of churches from Coventry and Warwickshire as well as practical support from a wide range of Mothers Union groups across Coventry and Warwickshire. It has been great to continue to develop these links and build relationships with the various church families and communities as well as building new links with other Churches.

Over the last year we have continued to grow, adapt and develop the support that we offer and this is reflected in the accounts with the increases in 'charitable activities' particularly in staffing costs, once building running costs (rent, utilities, rates) have been removed (2024: £124,491 and 2023: £116,146). The Director's Report gives more details on how this has taken place.

We couldn't do what we do without the support we receive, and we are incredibly grateful for this, thank you.

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It is the policy of the charitable company that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to two month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charitable company's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charitable company is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

Jayne Davies	
Naomi Grew	
Jane C Halliday	
Jean Howard	
James K McCabe	
Sarah J Ockenden	
Paul S Morris	(Appointed 10 December 2024)
Margaret R Parker	(Appointed 28 January 2025)
Jane M L Williams	(Appointed 2 June 2025)

New trustees are elected by the board of trustees.

None of the trustees has any beneficial interest in the company.

The trustees report was approved by the Board of Trustees.

.....

Naomi Grew
Chair of Trustees Jul 19, 2025 | 10:15 BST
Dated: .....

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THREE SPIRES FAMILY SUPPORT TRUST

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THREE SPIRES FAMILY SUPPORT TRUST

I report to the trustees on my examination of the financial statements of Three Spires Family Support Trust (the charitable company) for the year ended 31 December 2024.

Responsibilities and basis of report

As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Demsey Slater

Demsey Slater FCCA
Spencer Gardner Dickins Limited

3 Coventry Innovation Village
Cheetah Road
Coventry
CV1 2TL

Jul 22, 2025 | 16:52 BST

Dated: .....

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THREE SPIRES FAMILY SUPPORT TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Income from:							
Donations and legacies	**3**	116,126	81,819	197,945	104,316	78,994	183,310
Other trading activities	**4**	39,745	-	39,745	26,549	-	26,549
Investments	**5**	282	-	282	164	-	164
Total income		156,153	81,819	237,972	131,029	78,994	210,023
Expenditure on:							
Raising funds	**6**	104,632	18,262	122,894	75,453	13,901	89,354
Charitable activities	**7**	44,867	82,117	126,984	81,753	55,101	136,854
Other expenditure	**12**	250	-	250	213	-	213
Total expenditure		149,749	100,379	250,128	157,419	69,002	226,421
Net income/(expenditure) and movement in funds		6,404	(18,560)	(12,156)	(26,390)	9,992	(16,398)
Reconciliation of funds:							
Fund balances at 1 January 2024		19,022	38,530	57,552	45,412	28,538	73,950
Fund balances at 31 December 2024		25,426	19,970	45,396	19,022	38,530	57,552

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

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THREE SPIRES FAMILY SUPPORT TRUST

BALANCE SHEET

AS AT 31 DECEMBER 2024

	Notes	2024 £	2024 £	2023 £	2023 £
Fixed assets					
Tangible assets	**13**		1,015		1,194
Current assets					
Cash at bank and in hand		49,733		62,247	
Creditors: amounts falling due within one year	**14**	(5,352)		(5,889)	
Net current assets			44,381		56,358
Total assets less current liabilities			45,396		57,552
Net assets excluding pension liability			45,396		57,552
The funds of the charitable company					
Restricted income funds	**15**		19,970		38,530
Unrestricted funds			25,426		19,022
			45,396		57,552

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2024.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Jul 19, 2025 | 10:15 BST

The financial statements were approved by the trustees on .....

.....

Naomi Grew

Chair of Trustees

Company registration number 07118015 (England and Wales)

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THREE SPIRES FAMILY SUPPORT TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2024

1 Accounting policies

Charity information

The charity is a company limited by guarantee and incorporated in England and Wales. The members of the company are the trustees who are also the directors. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The charitable company's registered number is 07118015 and the registered office address is The Wave Waterpark, New Union Street, Coventry, CV1 2PS.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charitable company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charitable company is a Public Benefit Entity as defined by FRS 102.

The charitable company has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have assessed the charitable company's situation. The trustees have a reasonable expectation that the charitable company has adequate resources and working capital to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the company's charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

All incoming resources are included on the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Voluntary income resources by the way of grants, donations and gifts are included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

Donated services are included at the value to the charity where this can be quantified. The value of service provided by volunteers has not been included in these accounts.

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1 Accounting policies **(Continued)**

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries, it includes both costs that can be allocated directly to such activities and those costs of indirect nature necessary to support them.

Governance costs includes those costs associated with meeting the constitutional and statutory requirements of the charity and include costs linked to the strategic management of the charity.

Irrecoverable VAT is charged as a cost against the expenditure incurred.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost of assets less their residual values over their useful lives on the following bases:

Plant and machinery	15% reducing balance
Computer equipment	33% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charitable company has elected to apply the provisions of Section 11 ‘Basic Financial Instruments’ and Section 12 ‘Other Financial Instruments Issues’ of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charitable company's balance sheet when the charitable company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the Statement of Financial Activity.

1.9 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 to the extent that these are applied to its charitable objects.

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1 Accounting policies **(Continued)**

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charitable company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

1.12 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charitable company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

There are no critical accounting estimates or judgements for further consideration.

3 Income from donations and legacies

	Unrestricted funds 2024	Restricted funds 2024	Total 2024	Unrestricted funds 2023	Restricted funds 2023	Total 2023
	£	£	£	£	£	£
Donations	43,731	-	43,731	45,574	-	45,574
Grants	65,501	81,819	147,320	53,048	78,994	132,042
Other	6,894	-	6,894	5,694	-	5,694
	116,126	81,819	197,945	104,316	78,994	183,310

Docusign Envelope ID: DE8604D4-3122-402F-9947-9A59D4E59D6F

3 Income from donations and legacies **(Continued)**

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Grants receivable for core activities						
Children in Need	-	15,000	15,000	-	-	-
Tudor Trust	-	-	-	22,000	-	22,000
National Grid	-	-	-	-	10,000	10,000
Coventry General Charities	18,640	-	18,640	14,800	-	14,800
Postcode Local Trust	12,000	-	12,000	-	-	-
Goodnews Evangelical Mission	-	-	-	3,000	-	3,000
Trusthouse	-	24,300	24,300	-	23,800	23,800
Alan Edward Higgs Charity	-	9,000	9,000	-	6,000	6,000
Inclusive Communities	-	13,519	13,519	-	-	-
Severn Trent Community Fund	-	20,000	20,000	-	-	-
Garfield Weston Foundation	25,000	-	25,000	-	-	-
Voluntary Action	3,000	-	3,000	-	-	-
Coventry City Council	16,119	-	16,119	-	-	-
Cost of Living Community Fund	(11,258)	-	(11,258)	11,258	39,194	50,452
Other	2,000	-	2,000	1,990	-	1,990
	65,501	81,819	147,320	53,048	78,994	132,042

The donation from the Cost of Living Community Fund was overstated in the year to 31 December 2023 by £11,258. This amount was disclosed in unrestricted funds last year and has been reversed to unrestricted funds in the year to 31 December 2024.

4 Income from other trading activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Cafe income	39,745	26,549

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5 Investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	282	164

6 Raising funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Trading costs						
Other trading activities	22,055	-	22,055	19,203	-	19,203
Staff costs	82,577	18,262	100,839	56,250	13,901	70,151
Trading costs	104,632	18,262	122,894	75,453	13,901	89,354

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7 Charitable activities

	Support Costs 2024 £	Support Costs 2023 £
Wages	13,845	13,922
Rent	2,493	17,733
Rates and water	-	445
Insurance	690	690
Training and courses	218	489
Support worker staff costs	106,634	97,337
Light and heat	-	1,953
Printing, postage and stationery	579	1,294
Repairs and renewals	-	577
Depreciation of tangible fixed assets	179	211
Accountancy and legal fees	2,346	2,203
	126,984	136,854
Analysis by fund		
Unrestricted funds	44,867	81,753
Restricted funds	82,117	55,101
	126,984	136,854

Rental costs were overstated in the year to 31 December 2023 by £4,919. This amount was disclosed in unrestricted funds last year and has been reversed to unrestricted funds in the year to 31 December 2024.

8 Net movement in funds

	2024 £	2023 £
The net movement in funds is stated after charging/(crediting):		
Depreciation of owned tangible fixed assets	179	211

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9 Independent Examiner's Remuneration

The analysis of independent examiner's remuneration is as follows:

	2024	2023
	£	£
Independent examination of the charitable company's annual accounts	760	738
Other services to the charitable company		
Preparation of annual accounts	760	737
Filing of confirmation statement	115	115
Total independent examiner's fees	1,635	1,590

10 Trustees

None of the trustees received any remuneration or benefits from the charitable company during the year (2023: None).

A related party of one of the trustees is employed by the charitable company on an arms length basis. The trustee involved is excluded from discussions relating to salaries.

None of the trustees were reimbursed any expenses during the year (2023: None).

11 Employees

Number of employees

The average monthly number of employees during the year was:

	2024	2023
	Number	Number
	13	11

Employment costs	2024	2023
	£	£
Wages and salaries	146,247	129,440
Social security costs	10,415	8,005
Other pension costs	3,571	3,233
	160,233	140,678

No employees received employee benefits of more than £60,000 (2023: None).

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12 Other

	Unrestricted funds 2024	Unrestricted funds 2023
Bank charges	250	213
	250	213

13 Tangible fixed assets

	Plant and machinery £	Computer equipment £	Total £
Cost			
At 1 January 2024	10,194	629	10,823
At 31 December 2024	10,194	629	10,823
Depreciation and impairment			
At 1 January 2024	9,000	629	9,629
Depreciation charged in the year	179	-	179
At 31 December 2024	9,179	629	9,808
Carrying amount			
At 31 December 2024	1,015	-	1,015
At 31 December 2023	1,194	-	1,194

14 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	2,357	4,418
Accruals and deferred income	2,995	1,471
	5,352	5,889

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15 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Movement in funds			Movement in funds			
	Balance at 1 January 2023	Incoming resources	Resources expended	Balance at 1 January 2024	Incoming resources	Resources expended	Balance at 31 December 2024
	£	£	£	£	£	£	£
Children in Need	-	-	-	-	15,000	(14,889)	111
West Midlands Police	215	-	(215)	-	-	-	-
Awards for All	8,744	-	(8,744)	-	-	-	-
National Grid	4,800	10,000	(5,253)	9,547	-	(9,547)	-
Trusthouse	14,779	23,800	(24,648)	13,931	24,300	(22,667)	15,564
Alan Edward Higgs Charity	-	6,000	(6,000)	-	9,000	(4,705)	4,295
Cost of Living Community Fund	-	39,194	(24,142)	15,052	-	(15,052)	-
Inclusive Communities	-	-	-	-	13,519	(13,519)	-
Severn Trent Community Fund	-	-	-	-	20,000	(20,000)	-
	28,538	78,994	(69,002)	38,530	81,819	(100,379)	19,970

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15 Restricted funds **(Continued)**

Children In Need
Three years funding towards children's activities in the cafe, starting March 2024 and incorporating salary costs.

West Midlands Police
Funding is restricted towards providing training opportunities for all staff (paid and volunteer) and associated costs.

Awards for All
This grant is restricted towards *Coffee Tots Connects* focusing on providing a warm, safe place which offers support and opportunities to come alongside families, many of which live in cold, cramped, and unsuitable housing.

National Grid
This grant is restricted towards our *Winter Support Project*, practically helping and supporting vulnerable families to stay warm and safe through providing warm packs to help them keep warm at home and providing energy advice and support in the cafe.

Trusthouse
This grant is restricted towards the running costs (and further development) of our *First 1000 Days Programme*. The grant is spread over 3 years with the first instalment received October 2022, the second October 2023 and the third and final October 2024.

Alan Edward Higgs charity
This grant is restricted to develop our work in the café supporting vulnerable children and their parents, recognising that increases in mental health struggles, isolation and loneliness post covid and with the cost of living crisis, mean that many struggle to access support beyond the café.

Coventry City Council - Cost of Living Community fund
This grant is restricted towards developing and increasing our support for vulnerable families in Coventry who are struggling in the current cost of living crisis.

Inclusive Communities
This grant is restricted towards developing the mental health support for families.

Severn Trent Community Fund
This grant is restricted towards running costs of the café.

16 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 January 2024	Incoming resources	Resources expended	At 31 December 2024
	£	£	£	£
General funds	19,022	156,153	(149,749)	25,426

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16 Unrestricted funds **(Continued)**

Previous year:	At 1 January 2023	Incoming resources	Resources expended	At 31 December 2023
	£	£	£	£
General funds	45,412	131,029	(157,419)	19,022

17 Analysis of net assets between funds

	Unrestricted funds 2024	Restricted funds 2024	Total 2024
	£	£	£
At 31 December 2024:			
Tangible assets	1,015	-	1,015
Current assets/(liabilities)	24,411	19,970	44,381
	25,426	19,970	45,396

	Unrestricted funds 2023	Restricted funds 2023	Total 2023
	£	£	£
At 31 December 2023:			
Tangible assets	1,194	-	1,194
Current assets/(liabilities)	17,828	38,530	56,358
	19,022	38,530	57,552

Docusign Envelope ID: DE8604D4-3122-402F-9947-9A59D4E59D6F

18 Operating lease commitments

Operating lease payments recognised as an expense in the financial statements total £7,413 (2023: £17,733).

At the reporting end date the charitable company had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2024	2023
	£	£
Within one year	2,403	2,333

19 Related party transactions

Key management remuneration totals £66,382 (2023: £82,745). This includes £35,788 (2023: £30,683) in respect of consultancy fees.

THREE SPIRES FAMILY SUPPORT TRUST

England & Wales - Charity number 1137825

Accounts

Charity registration number 1137825

Company registration number 07118015 (England and Wales)

THREE SPIRES FAMILY SUPPORT TRUST

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2023

THREE SPIRES FAMILY SUPPORT TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Jayne Davies Naomi Grew Jane C Halliday Jean Howard Jim K McCabe Sarah J Ockenden
Charity number	1137825
Company number	07118015
Registered office	The Wave Waterpark New Union Street Coventry CV1 2PS
Independent examiner	Debra Knighton FCCA Spencer Gardner Dickins Limited 3 Coventry Innovation Village Cheetah Road Coventry CV1 2TL

THREE SPIRES FAMILY SUPPORT TRUST

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THREE SPIRES FAMILY SUPPORT TRUST

CHAIRMAN'S STATEMENT

FOR THE YEAR ENDED 31 DECEMBER 2023

Report from Chair of Trustees

2023 was a very exciting year for Coffee Tots. Full of change and challenges, a huge amount of extra work took place, planning and executing the move from City arcade to the new home in The Wave. God's provision of a home in the centre of the community has been great confirmation of the work already done within the community, and has allowed opportunities of working even more closely with the local groups and offering potential for further collaboration going forward.

Staff and volunteers have put in a lot of extra work to keeping all of the usual day to day activities going in the first quarter of the year whilst planning all the different aspects of the move including the logistics of moving Coffee Tots belongings, disposing of what was no longer needed, designing and planning a whole new look and new activities. In all of this work I know that the needs of the families and staff were put at the centre to ensure that everyone felt safe and confident about the move at a very unsettling time.

The move went incredibly smoothly which is a testament to all the hard work put in, and in no small part to the dedication and attention to detail from Director Catherine Jupp. Catherine over-saw the move and ensured all were settled in before sharing the news that she was moving on to exciting new things. Catherine, being co-founder with Catherine Bartlem has helped to steer the Coffee Tots ship for over 13 years and will be much missed by families, staff and trustees alike.

The changes continued to roll in as Ann McCabe also announced she was moving on to new pastures and again has had such a valued part to play in the development of Coffee Tots over the years. The trustees thank both Catherine and Ann for their invaluable input.

The Financial Statement continues to demonstrate the generosity and support that we receive from individuals, charities and churches which have all continued throughout 2023 which have meant that Coffee Tots is in a good financial state. The support and generosity of local Mothers Union groups and churches donating to the Christmas appeal has been particularly appreciated. The Building Blocks scheme is continuing to bring consistent benefits, along with the tireless fund-raising and bid writing work done by Catherine Bartlem and Catherine Jupp, which cannot be understated and often receives high praise from the funding bodies involved.

My thanks as always go to all the staff, both voluntary and salaried, for their hard work, dedication, patience, and humour, and for always being prepared to go the "extra mile" for the people with whom they come into contact. Thanks to all staff this year for their ongoing support and commitment. Without such an amazing group of people Coffee Tots would not have the impact that it does. My thanks also go to the Trustees for their faithfulness, support and desire to help enable the staff to do the best job that they can.

I know Coffee Tots will continue to flourish and have a positive impact on the lives of all those that it touches. We look forward to the future and all that it might hold and pray for renewed vision, direction and hope for 2024.

Naomi Grew

N Grew
Chair of Trustees
Dated: 19.9.24

THREE SPIRES FAMILY SUPPORT TRUST

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2023

The trustees present their annual report and financial statements for the year ended 31 December 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charitable company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Directors' Report

Objectives and activities

Three Spires Family Support Trust is a Christian charitable organisation established in 2010, which seeks to serve the community in practical ways in Coventry City Centre. Set up & run by parents who appreciate the challenges of raising small children in an increasingly isolating society, Three Spires Family Support Trust's aim is to demonstrate God's love to people who may never have encountered God or the Church. Our goal is to help parents enjoy raising their children, to feel supported and unconditionally loved and grow in confidence. Our faith basis gives us neutrality and inspires confidence amongst those of other faiths, making us a safe and non-threatening place to be; we stand outside statutory services and our structure allows us to respond quickly to the changing needs of our service users in the support that we offer.

Three Spires Family Support Trust has been running a café/drop-in parenting project in Coventry City Centre called 'Coffee Tots' since October 2010. The project provides a safe and relaxed space for parents with young children offering subsidised fair-trade drinks, snacks and light lunches. The staff team & volunteers are available to offer support and care for parents & their families, many of who are struggling to raise their children. The café/ drop-in allows us to work on a relational basis, allowing us to offer tailored and targeted support for families for greatest impact. Coffee Tots is staffed predominantly by parents; many of whom have themselves struggled with isolation, depression and difficult circumstances. Drawing on their own experience as parents, they are able to come alongside and support customers in a unique and caring way. All of which contributes to the welcome and acceptance that we aim to offer everyone. Alongside befriending families, we also provide more structured support. We offer courses to improve family life including creative art sessions (increasing self-esteem and self-worth), mental health/wellbeing, parenting, and baby massage. We also run sensory play sessions from birth to preschool age children which target the first 1000 days of a child's life optimising their development and improving the parent/child bond.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charitable company should undertake.

Achievements and performance

We started the year hopeful that we would secure new premises to safeguard the future of Coffee Tots so we could continue to serve families in Coventry and were excited to be able to announce in March our move to the Wave Waterpark which took place at the end of April. We are incredibly grateful to CV Life for their welcome and support and are glad to be working together to support families across our city.

In City Arcade through **January, February and March** we continued to offer baby massage courses and mini and tiny connections sensory play sessions as well as a Circles of Security parenting course. *Positively Creative* (drop-in art workshops) continued to meet weekly with a core group of regulars as well as occasional drop-in families. In the café our weekly activities continued with *Cook and Create*, non-cook play activities led by Ann, Playhem mini engineers play sessions led by CV Life and *Open Table* drop in advice/support sessions led by our support staff.

For Mother's Day, the Mother's Union generously donated plants and a 'hug in a mug' and the mum's loved the chocolate treats and we were so thankful for their support.

In April, we celebrated Easter with an Easter Messy Church day in the café, where the families took part in a range of activities and again the Mother's Union made an incredible amount of lovely knitted chicks, which were given to the children with a chocolate Easter egg.

On Friday 14 April we closed the doors at City Arcade for the last time. Staff, volunteers and trustees worked hard over the weekend and on the Monday to move everything over to the Wave ready for a soft opening on Tuesday 18th April. For the first week we only publicised our opening hours to families already accessing Coffee Tots. Many of our families can struggle with change and we wanted to give them (and staff) a week to adjust to the new setting.





With a new logo and new staff uniform to mark the move **Coffee Tots at the Wave** was officially launched Monday 24th April. Moving from 4 tables in the café to 13 and with more space for children to play, there is a play area set up at the centre of the café with toys and books rotated on a weekly basis. *Cook and Create* and *Playhem* continued to run at our new setting but this was extended to a programme of daily structured activities at 10am so that families know that there will always be something on offer at that time. Alongside the café Coffee Tots is using the Community Room for courses, workshops and a breakout space as well as using the squash courts for play sessions.

For the first six weeks at the Wave we focused all our staff and support in the café to help ensure that despite the greater numbers of families attending (over three times as many each day), everyone still felt welcomed and had the chance to be listened to/access support as needed. Our model of supporting vulnerable families using loving relationships is what helps to make us different and more effective in what we do. We didn't want to lose this with the move and have been really encouraged by the positive feedback we have received from families both old and new and other professionals.

In **June/July** we ran our first parenting course and our first baby massage course at the Wave and restarted our Mini and Tiny Connections sensory play sessions as well as the weekly Positive Creative art group. Alongside this we continued with the pattern of structured daily activities in the café at the same time each day.

The first CovCares Awards were held in June and after being nominated by various of our families we were delighted to be awarded the 'More Than Just a Restaurant' award for bringing a sense of belonging and connection to the city as a place "where parents feel connected to one another and their shared experiences".

During school holidays the café moves to the Community Room where we offer a reduced menu (including soup, sandwiches and jacket potatoes). For the summer holidays we ran a programme of activities linking in with the Herbert Art Gallery and the Motor Museum as well as local outings and park meet ups. Back at the Wave there were set activities on the squash courts alongside the café in the Community Room.



In September we said goodbye to two key members of staff. **Catherine Jupp** who left to train to be a psychotherapist and **Ann McCabe** who left to train as a vicar. Alongside being a key support to so many families, Catherine as co-founder and director, has also been a key part of establishing and shaping Coffee Tots as we know it today. From fundraising to day-to-day management to strategic planning and development, Catherine's role has been invaluable and she will be hugely missed. Ann has also been a key part of the staff team for many years. As well as excelling at her role heading up and developing the 1st 1000 days programme, Ann has made sure that every Christmas is special; going above & beyond to help families make precious memories. She also delighted us during lockdown with stories and songtime with Ann Tots. We will miss her and know that she will be a blessing in her future role as a vicar.



In September we were also awarded the local BBC Make a Difference Together Award for inspiring diverse communities to come together through creating real change and breaking down barriers, bringing people from different walks of life together for a common cause. This led to Coffee Tots featuring both on local TV and local radio.

Peaced Together (our art therapy course) started back in the autumn term (**September to December**) and we welcomed Adult Family Education Team as they delivered a parenting course in our Community Room. Mini and Tiny Connections play sessions continued too with the larger space allowing both groups to expand.

In the café our structured daily activities include Sensory Stories and Play, Cooking with Nige (non-cook cooking with our café manager Nige), Connect and Create (art/craft wellbeing activities for parents to do with children), Playhem Mini Engineers (junk play)and Baby Corner. Fridays quickly became baby day with the focus on babies in the café, supported weekly by the Infant Feeding Team and monthly by Parents in Mind (mental health peer support for parents) as well as our Baby Massage Course and Tiny Connections baby sensory play.



In the autumn the impact of the cost of living crisis could be seen with our families in the café. We received funding from the Community Cost of Living Fund and from National Grid which enabled us to offer energy advice/ support along with warm packs (curtains etc) and energy gift cards to our families. We moved our Open Table to lunchtime and built a team of parent volunteers to help host this each day. Combined with our 'Pay What You Can' menu option, this meant that every family that needed could access a hot healthy meal every day as well as being able to eat it in the company of others. The Open Table lunches have proved popular with the parent volunteers helping to shape their future development.

Coventry is a trailblazer local authority for the National **Start for Life** Programme which particularly focuses on supporting families through the first 1001 days of a child's life and aims to provide the support, opportunities and experiences that families need to help their child to thrive during their early years. In the autumn we were approached by the local Start for Life Team and asked to officially partner with them as part of the delivery of support for families in Coventry. This has led to more official recognition across the city of the effectiveness of our work in early years and supporting families.

In the run up to **Christmas** we reopened out Christmas grotto where parents could come and choose and wrap a gift for their children. These gifts and financial donations were generously donated by a variety of individuals and from St Peters Church Wooton Wawen, Claverdon Church, St John's Church Kenilworth, Holy Trinity Coventry, St Peters Church, Wellesbourne, Mothers Union groups, Coventry Comfort Carers Crisis Support Projects and staff at CV Life and Coventry Adult Education Family Learning. On Christmas Day, over 200 children opened gifts from the grotto.



Not daunted by the bigger café space, we repeated our Christmas Dinner ably hosted by Nigel our café manager and his team of helpers (staff and volunteers) where over 70 adults and children came and ate a full Christmas meal. As we celebrated together there were Christmas themed play activities and Father Christmas came to visit. We made some incredible memories that day and were met with delighted parents and excited children.

Alongside this the amazing response to our Christmas appeal alongside grant funding enabled us to distribute 95 food bags to our families providing meals for the Christmas school holidays. All of the families were incredibly thankful and were overwhelmed by everyone's generosity.



Our staff team, both paid and volunteer, are a key part of the Coffee Tots family, showing great commitment to their roles, going above and beyond what we expect of them, to serve families in need across Coventry. Our support staff have been key in helping to deliver the range of activities and support and our café staff have worked incredibly hard adapting to a much busier kitchen setting. With our move to the Wave and the growth in the café we have taken on more staff in the café, Sujata and Chris, as well as additional help with casual/holiday cover. We would like to say a big thank you to all the staff team for all they have done over the last year.

Many of our supporters are "**Building Blocks for Coffee Tots**" where we ask individuals to donate £10 or more each month to help support and develop the work of Coffee Tots and this support has been invaluable throughout 2023. Our prices in Coffee Tots are heavily subsidised to keep it affordable and accessible. When we are able to be open, we want customers to be able to come and spend time in Coffee Tots, accessing support and developing their own friendship networks, regardless of how much money they have available to spend. Many of our customers will stay from 2 to 4+ hours in any one day but might only have one drink or portion of food (spending less than £3). We want to be able to afford to do this; to be able to develop these vital relationships and therefore, "Building Blocks for Coffee Tots" is a key part of our funding strategy.

Urban Hope *(a Christian Community that grew out of both Coffee Tots and Bardsley House - a City Centre project aimed at reaching out to marginalised teenagers) continued to meet at Coffee Tots on Sunday afternoons for the first quarter of the year, but when the vicar Steve left in March, the Diocese made the difficult decision to close Urban Hope.*

Over the last thirteen years, Coffee Tots has become an integral part of the day-to-day lives of many families in Coventry, we pride ourselves on the relationships we have built and the support we have been able to offer families. As we look ahead to 2024 we are excited about the opportunities that lie ahead and the potential for more partnership working to better support families across our city.

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Catherine Bartlem
Director

Financial Report 2023

These accounts represent the thirteenth full year of operating Coffee Tots, having opened our doors for the first time in October 2010, we are very grateful once again to all those who have helped to make it happen, from our customers, staff and volunteers, to our regular supporters, to local churches, community groups and businesses who support us in a variety of ways, to the various Grant Bodies who have given us grants over the year.

This year has been one of enormous change for the charity as we moved at the end of April to new premises at the Wave Waterpark. The combination of much larger café area, more visible location and increased profile across the city, have led to exponential growth in the numbers of families spending time in the café. As the café prices are heavily subsidised, alongside the increase in café income we have seen a significant increase in café operating costs (staffing hours, food costs) compared to City Arcade. Our lease at the Wave started at the end of April and our leases at City Arcade ended in June, allowing us time to clear both buildings.

The income of Three Spires Family Support Trust can be split into three main streams: income generated by the project through cafe sales; grant income; and donations. Café income has increased by over 267% over the year with average daily takings increasing from £45 to £192. Our daily 'Pay What You Can' meal is consistently the most chosen menu option reflecting the financial struggles that many of our families face. Our new home at the Wave is much warmer than City Arcade and as an official "Warm Space" we have found that increasing numbers of families spend much of their day with us but making their food/drink last through the day.

Over 2023 we have received grants totalling £132,072 from The Alan Edward Higgs Charity, The Cost of Living Community Fund, General Charities of The City of Coventry, Goodnews Evangelical Mission, National Grid, Souter Charitable Trust, Trusthouse Charitable Foundation and Tudor Trust. We are particularly grateful to all these grant funders for their support, encouragement and understanding over this last year.

The restricted funds end of year balance of £38,530 includes monies towards running costs both of the café and our support activities.

We continued to be encouraged by the support of individuals through our regular giving scheme for supporters – Building Blocks for Coffee Tots. We have also been encouraged by the response of individuals and groups of people to different appeals we ran over the year. The appeal for our Move to the Wave covered all the costs of moving and of setting up new play equipment in the café area and our Christmas appeal enabled us to support over 130 families at what can often be a difficult time of year for many families. We are very grateful for the support of all our Building Blocks, many of whom also donated to our various appeals.

In addition to the support of individuals, we have been financially supported during 2023 by an increasing number of churches from Coventry and Warwickshire as well as practical support from a wide range of Mothers Union groups across Coventry and Warwickshire. It has been great to continue to develop these links and build relationships with the various church families and communities as well as building new links with other Churches.

With the move to larger premises, we have continued to grow, adapt and develop the support that we offer and this is reflected in the accounts with the increases in 'charitable activities' particularly in staffing costs, despite a drop in building running costs (rent, utilities, rates). The Director's Report gives more details on how this has taken place.

The Cost of Living Crisis has heavily impacted so many of our families and indeed many of our own costs and this has been a year of huge change, but we remain ever grateful for all our funders, be that trusts, individuals, churches or local communities. We have been overwhelmed by the generosity we have been shown and this is enabling us to move forward into 2024 in a healthy financial position.

We couldn't do what we do without the support we receive, and we are incredibly grateful for this, thank you.



Catherine Bartlem
Director

It is the policy of the charitable company that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to two month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charitable company's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charitable company is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charitable company is a company limited by guarantee and incorporated in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Jayne Davies
Naomi Grew
Jane C Halliday
Jean Howard
Jim K McCabe
Sarah J Ockenden

New trustees are elected by the board of trustees.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees report was approved by the Board of Trustees.

Naomi Grew

Naomi Grew
Chair of Trustees
Dated: 19.9.24

THREE SPIRES FAMILY SUPPORT TRUST

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 DECEMBER 2023

The trustees, who are also the directors of Three Spires Family Support Trust for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

THREE SPIRES FAMILY SUPPORT TRUST

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THREE SPIRES FAMILY SUPPORT TRUST

I report to the trustees on my examination of the financial statements of Three Spires Family Support Trust (the charitable company) for the year ended 31 December 2023.

Responsibilities and basis of report

As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Spencer Gardner Dickins Limited

Debra Knighton FCCA
Spencer Gardner Dickins Limited

3 Coventry Innovation Village
Cheetah Road
Coventry
CV1 2TL

Dated: 24 September 2024.

THREE SPIRES FAMILY SUPPORT TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Income from:							
Donations and legacies	3	104,316	78,994	183,310	145,647	43,499	189,146
Other trading activities	4	26,549	-	26,549	9,913	-	9,913
Investments	5	164	-	164	24	-	24
Total income		131,029	78,994	210,023	155,584	43,499	199,083
Expenditure on:							
Raising funds	6	75,453	13,901	89,354	60,902	413	61,315
Charitable activities	7	81,753	55,101	136,854	114,614	17,139	131,753
Other expenditure	11	213	-	213	171	-	171
Total expenditure		157,419	69,002	226,421	175,687	17,552	193,239
Net income/(expenditure) and movement in funds		(26,390)	9,992	(16,398)	(20,103)	25,947	5,844
Reconciliation of funds:							
Fund balances at 1 January 2023		45,412	28,538	73,950	65,515	2,591	68,106
Fund balances at 31 December 2023		19,022	38,530	57,552	45,412	28,538	73,950

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THREE SPIRES FAMILY SUPPORT TRUST

BALANCE SHEET

AS AT 31 DECEMBER 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	13		1,194		1,405
Current assets					
Cash at bank and in hand		62,247		78,127	
Creditors: amounts falling due within one year	14	5,889		5,582	
Net current assets			56,358		72,545
Total assets less current liabilities			57,552		73,950
The funds of the charitable company					
Restricted income funds	15		38,530		28,538
Unrestricted funds			19,022		45,412
			57,552		73,950

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2023.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 18.9.24

Naomi Grew

Naomi Grew
Trustee

Company registration number 07118015 (England and Wales)

1 Accounting policies

Charity information

The charity is a company limited by guarantee and incorporated in England and Wales. The members of the company are the trustees who are also the directors. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The charitable company's registered number is 07118015 and the registered office address is The Wave Waterpark, New Union Street, Coventry, CV1 2PS.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charitable company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charitable company is a Public Benefit Entity as defined by FRS 102.

The charitable company has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have assessed the charitable company's situation. The directors have a reasonable expectation that the charitable company has adequate resources and working capital to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the company's charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

All incoming resources are included on the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Voluntary income resources by the way of grants, donations and gifts are included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

Donated services are included at the value to the charity where this can be quantified. The value of service provided by volunteers has not been included in these accounts.

1 Accounting policies **(Continued)**

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries, it includes both costs that can be allocated directly to such activities and those costs of indirect nature necessary to support them.

Governance costs includes those costs associated with meeting the constitutional and statutory requirements of the charity and include costs linked to the strategic management of the charity.

Irrecoverable VAT is charged as a cost against the act for which the expenditure is incurred.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost of assets less their residual values over their useful lives on the following bases:

Plant and machinery	15% reducing balance
Computer equipment	33% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charitable company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charitable company's balance sheet when the charitable company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the Statement of Financial Activity.

1.9 Taxation

The charity is exempt from corporation tax on its charitable activities.

1 Accounting policies **(Continued)**

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charitable company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

1.12 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charitable company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	**2023**	**2023**	2022	2022	2022
	£	**£**	**£**	£	£	£
Donations	45,574	-	45,574	45,177	-	45,177
Grants	53,048	78,994	132,042	91,369	43,499	134,868
Gift aid	5,694	-	5,694	9,101	-	9,101
	104,316	78,994	183,310	145,647	43,499	189,146

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	**2023**	**2023**	2022	2022	2022
Grants receivable for core activities						
Sylvia Adams Charitable Trust	-	-	-	40,000	-	40,000
Tudor Trust	22,000	-	22,000	25,000	-	25,000
National Grid	-	10,000	10,000	-	10,000	10,000
Coventry General Charities	14,800	-	14,800	11,735	-	11,735
Goodnews Evangelical Mission	3,000	-	3,000	3,000	-	3,000
Trusthouse	-	23,800	23,800	-	23,500	23,500
Alan Edward Higgs charity	-	6,000	6,000	-	-	-
National Lottery	-	-	-	-	9,999	9,999
Cost of Living Community Fund	11,258	39,194	50,452	-	-	-
Coventry City Council	-	-	-	6,884	-	6,884
Other	1,990	-	1,990	4,750	-	4,750
	53,048	78,994	132,042	91,369	43,499	134,868

4 Income from other trading activities

	Unrestricted funds 2023	Unrestricted funds 2022
	£	**£**
Cafe income	26,549	9,913

5 Investments

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Interest receivable	164	24

6 Raising funds

	Unrestricted funds	**Restricted funds**	**Total**	Unrestricted funds	Restricted funds	Total
	2023	**2023**	**2023**	2022	2022	2022
	£	**£**	**£**	£	£	£
Trading costs						
Other trading activities	19,203	-	19,203	13,794	-	13,794
Staff costs	56,250	13,901	70,151	47,108	413	47,521
Trading costs	75,453	13,901	89,354	60,902	413	61,315

7 Charitable activities

	Support Costs 2023 £	Support Costs 2022 £
Wages	13,922	11,316
Rent	17,733	22,369
Rates and water	445	658
Insurance	690	784
Training and courses	489	913
Support worker staff costs	97,337	86,761
Light and heat	1,953	4,208
Printing, postage and stationery	1,294	260
Sundries	-	177
Repairs and renewals	577	1,076
Depreciation of tangible fixed assets	211	527
Accountancy and legal fees	2,203	2,704
	136,854	131,753
Analysis by fund		
Unrestricted funds	81,753	114,614
Restricted funds	55,101	17,139
	136,854	131,753

8 Independent Examiner's Remuneration

The analysis of independent examiner's remuneration is as follows:

	2023 £	2022 £
Independent examination of the charitable company's annual accounts	560	560
Other services to the charitable company		
Preparation of annual accounts	560	560
Filing of confirmation statement	106	106
Total independent examiner's fees	1,226	1,226

9 Trustees

None of the trustees received any remuneration or benefits from the charitable company during the year. (2022: None)

A related party of one of the trustees is employed by the charitable company on an arms length basis. The trustee involved is excluded from discussions relating to salaries.

None of the trustees were reimbursed any expenses during the year. (2022: None)

10 Employees

Number of employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	11	11

Employment costs	**2023 £**	**2022 £**
Wages and salaries	129,440	106,469
Social security costs	8,005	5,434
Other pension costs	3,233	2,177
	140,678	114,080

No employees received employee benefits of more than £60,000 (2022: None)

11 Other

	Unrestricted funds	Unrestricted funds
	2023	2022
Bank charges	213	171
	213	171

12 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 to the extent that these are applied to its charitable objects.

13 Tangible fixed assets

	Plant and machinery	Computer equipment	Total
	£	£	£
Cost			
At 1 January 2023	10,194	629	10,823
At 31 December 2023	10,194	629	10,823
Depreciation and impairment			
At 1 January 2023	8,789	629	9,418
Depreciation charged in the year	211	-	211
At 31 December 2023	9,000	629	9,629
Carrying amount			
At 31 December 2023	1,194	-	1,194
At 31 December 2022	1,405	-	1,405

14 Creditors: amounts falling due within one year

	2023	2022
	£	£
Other taxation and social security	4,418	2,330
Accruals and deferred income	1,471	3,252
	5,889	5,582

15 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Movement in funds			Movement in funds			
	Balance at 1 January 2022	Incoming resources	Resources expended	Balance at 1 January 2023	Incoming resources	Resources expended	Balance at 31 December 2023
	£	£	£	£	£	£	£
West Midlands Police	1,520	-	(1,305)	215	-	(215)	-
Sylvia Adams Charitable Trust	1,071	-	(1,071)	-	-	-	-
Awards for All	-	9,999	(1,255)	8,744	-	(8,744)	-
National Grid	-	10,000	(5,200)	4,800	10,000	(5,253)	9,547
Trusthouse	-	23,500	(8,721)	14,779	23,800	(24,648)	13,931
Alan Edward Higgs charity	-	-	-	-	6,000	(6,000)	-
Cost of Living Community fund	-	-	-	-	39,194	(24,142)	15,052
	2,591	43,499	(17,552)	28,538	78,994	(69,002)	38,530

Sylvia Adams Charitable Trust
The grant is restricted towards the development and running costs of *our First 1000 Days Programme*. The grant is spread over 3 years with the first instalment received February 2019, the second February 2020 and the third March 2021.

West Midlands Police
Funding is restricted towards providing training opportunities for all staff (paid and volunteer) and associated costs.

Awards for All
This grant is restricted towards *Coffee Tots Connects* focusing on providing a warm, safe place which offers support and opportunities to come alongside families, many of which live in cold, cramped, and unsuitable housing.

National Grid
This grant is restricted towards our *Winter Support Project*, practically helping and supporting vulnerable families to stay warm and safe through providing warm packs to help them keep warm at home and providing energy advice and support in the cafe.

Trusthouse
This grant is restricted towards the running costs (and further development) of our *First 1000 Days Programme*. The grant is spread over 3 years with the first instalment received October 2022, the second October 2023 and the third and final October 2024.

Alan Edward Higgs charity
This grant is restricted to develop our work in the café supporting vulnerable children and their parents, recognising that increases in mental health struggles, isolation and loneliness post covid and with the cost of living crisis, mean that many struggle to access support beyond the café.

Cost of Living Community fund
This grant is restricted towards developing and increasing our support for vulnerable families in Coventry who are struggling in the current cost of living crisis.

16 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 January 2023	Incoming resources	Resources expended	At 31 December 2023
	£	£	£	£
General funds	45,412	131,029	(157,419)	19,022

Previous year:	At 1 January 2022	Incoming resources	Resources expended	At 31 December 2022
	£	£	£	£
General funds	65,515	155,584	(175,687)	45,412

17 Analysis of net assets between funds

	Unrestricted funds 2023	Restricted funds 2023	Total 2023
	£	£	£
Fund balances at 31 December 2023 are represented by:			
Tangible assets	1,194	-	1,194
Current assets/(liabilities)	17,828	38,530	56,358
	19,022	38,530	57,552

	Unrestricted funds 2022	Restricted funds 2022	Total 2022
	£	£	£
Fund balances at 31 December 2022 are represented by:			
Tangible assets	1,405	-	1,405
Current assets/(liabilities)	44,007	28,538	72,545
	45,412	28,538	73,950

18 Operating lease commitments

Operating lease payments recognised as an the expense in the financial statements total £17,733 (2022: £22,369).

At the reporting end date the charitable company had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2023	2022
	£	£
Within one year	2,333	1,750

19 Related party transactions

Key management remuneration totals £82,745 (2022: £72,467). This includes £30,683 (2022: £23,789) in respect of consultancy fees.

THREE SPIRES FAMILY SUPPORT TRUST

England & Wales - Charity number 1137825

Accounts

Charity registration number 1137825

Company registration number 07118015 (England and Wales)

THREE SPIRES FAMILY SUPPORT TRUST

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2022

THREE SPIRES FAMILY SUPPORT TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	J Davies N Grew J C Halliday J Howard J K McCabe S J Ockenden
Charity number	1137825
Company number	07118015
Registered office	The Wave Waterpark New Union Street Coventry CV1 2PS
Independent examiner	Debra Knighton FCCA Spencer Gardner Dickins Limited 3 Coventry Innovation Village Cheetah Road Coventry CV1 2TL

THREE SPIRES FAMILY SUPPORT TRUST

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THREE SPIRES FAMILY SUPPORT TRUST

CHAIRMAN'S STATEMENT

FOR THE YEAR ENDED 31 DECEMBER 2022

Report from Chair of Trustees

2022 was a year of 'getting back to normal' following two very different years for Coffee Tots, coping through lockdowns, rapidly changing rules and the cost of living crisis. The new challenge for 2022 was the need to seriously start looking for new premises. A huge amount of planning and work went into raising the profile of Coffee Tots in Coventry to be able to appeal for help in finding a new home. In praying for direction and God's plan for Coffee Tots going forward, it has been great confirmation of the work already done within the community, that the new home is in a community venue, working even more closely with the local groups and offering great potential for more collaboration going forward.

The activities described in the Directors report show the variety and extent of all the Coffee Tots offering for families and as always the team have managed to adapt to the needs of the community and offer what is most needed for children and parents alike.

The Financial Statement continues to demonstrate the generosity and support that we receive from individuals, charities and churches which have all continued throughout 2022 which have meant that Coffee Tots is in a good financial state. The support and generosity of local Mothers Union groups and churches donating to the Christmas appeal has been particularly appreciated. The Building Blocks scheme is continuing to bring consistent benefits, along with the tireless fundraising and bid writing work done by Catherine Bartlem and Catherine Jupp, our directors, which cannot be understated and often receive high praise from the funding bodies involved.

As we move into the new year with the excitement and challenges of moving to a new venue, my thanks as always go to all the staff, both voluntary and salaried, for their hard work, dedication, patience, and humour, and for always being prepared to go the "extra mile" for the people with whom they come into contact. Thanks to all staff this year for their ongoing support and commitment. Without such an amazing group of people Coffee Tots would not have the impact that it does. My thanks also go to the Trustees for their faithfulness, support and desire to help enable the staff to do the best job that they can.

I know Coffee Tots will continue to flourish and have a positive impact on the lives of all those that it touches. We look forward to the future and all that it might hold and pray for renewed vision, direction and hope for 2023.

Naomi Grew

N Grew
Chair of Trustees
Dated: 29/5/23

THREE SPIRES FAMILY SUPPORT TRUST

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2022

The trustees present their annual report and financial statements for the year ended 31 December 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charitable company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Directors' Report

Objectives and activities

Three Spires Family Support Trust is a Christian charitable organization established in 2010, which seeks to serve the community in practical ways in Coventry City Centre. Set up & run by parents who appreciate the challenges of raising small children in an increasingly isolating society, Three Spires Family Support Trust's aim is to demonstrate God's love to people who may never have encountered God or the Church. Our goal is to help parents enjoy raising their children, to feel supported and unconditionally loved and grow in confidence.

Three Spires Family Support Trust has been running a café/drop-in parenting project in Coventry City Centre called 'Coffee Tots' since October 2010. The project provides a safe and relaxed space for parents with young children offering subsidized fair-trade drinks, snacks and light lunches. A manager & volunteers are available to offer support and care for parents & their families, many of who are struggling to raise their children. Coffee Tots is staffed predominantly by parents; many of whom have themselves struggled with isolation, depression and difficult circumstances. Drawing on their own experience as parents, they are able to come alongside and support customers in a unique and caring way. All of which contributes to the welcome and acceptance that we aim to offer everyone. Alongside befriending families, we provide more structured support through our work in our support hub ReNEW. We offer courses to improve family life including creative art sessions, increasing self-esteem and self-worth, parenting, and baby massage. We also run play sessions from birth to preschool age children which targets the first 1000 days of a child's life optimising their development and improving the parent/ child bond.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charitable company should undertake.

Achievements and performance

Having been fully open for just one term post pandemic restrictions being lifted we were excited to start the new year continuing to offer support and a variety of activities. A lot of families were still struggling adapting to life and often found busy spaces a little overwhelming, however this didn't stop them, and the vast majority of families came back and with lots of new ones too:

In January, February, and March we continued to offer baby massage courses and mini and tiny connections sensory play sessions which were very popular and quickly had a waiting list, despite offering extra sessions. We introduced Positively Creative an art workshop for parents, giving them the opportunity to meet and chat together, and get creative exploring topics such as 'hopeful', 'brave' and 'belonging'. We were delighted that former Coffee Tots mum and resident artist Polly Merredew agreed to lead these workshops. Claire from Active Adventures continued to run drop-in fun play sessions for pre-school children in the café which targeted literacy and fine motor skills, as well as building social skills.

For Mother's Day, the Mother's Union generously donated plants and a 'hug in a mug' and the mum's loved the chocolate treats and we were so thankful for their support.

In April, we celebrated Easter with an Easter Messy Church day in the café, where the families took part in a range of activities and again the Mother's Union made an incredible amount of lovely knitted chicks, which were given to the children with a chocolate Easter egg.





We introduced 'Baby Talk' a new drop-in session for parents with babies under one, offering an opportunity to meet together, chat and receive much needed support and advice. In addition, with the help of the lovely Lucinda Coombs we started a Coffee Tots choir which enjoyed many afternoons singing together, making connections and having fun.

In May and June, we restarted family cooking sessions with Nigel teaching families a range of skills and even taught them how to make his trademark and very delicious shortbread. We also restarted our parenting course after the long pandemic induced break, it was great to be back to teaching this course which we know to have a positive effect on the whole family.

Our home in the City Arcade had for many years been earmarked for redevelopment but this had never come to fruition, however we, along with the other traders and charities in the area were sent eviction notices for January 2023. This reinvigorated our search for new premises and started media and social media campaigns to help raise our profile and induce the council into helping us find new premises. We welcomed Coventry MP's, the Mayor of Coventry, and a number of city councillors to Coffee Tots who were very supportive of our plight, and it was a privilege to show them our work. Alongside continuing to run the café and all the activities and courses we were searching for suitable new premises; it was lovely to be offered help from a number of other charities and churches from across the city and although ultimately these weren't suitable, we were bolstered by their support.

In July and August, we were able to keep the café open throughout the summer holidays and offered families a safe space to spend time together with fun crafts and activities to keep everyone busy.

In September, October and November we were still without a new home however we received a letter from the council pushing back the eviction date to May 2023, which provided us with a little respite as we started our Autumn programme. Unfortunately, after the half term, Claire from Active Adventures had to stop running the sessions due to other work commitments. As we were looking for an alternative solution we were approached by the team at CV Life to explore whether they could offer us help in finding new premises. After an incredible meeting we were offered space in their new waterpark which had an unused café area, alongside this generous offer they were also able to offer help in running a weekly play session called Playhem. CV Life, like us, have a heart for community and we were delighted to be able to accept their offer.

As Christmas approached, and our plans for moving were coming to fruition we were very aware that for many of our families with the cost-of-living crisis it was again going to be a particularly tough time. We received funding from the National Grid warm fund to provide families with a warm pack. We were able to give a bumper pack to each of the 40 families which included blankets, hot water bottles, flasks and warm socks, hats, and gloves as well as food staples which are quick and easy to cook. We also started a 'Pay What You Can' meal where families could have a hot meal everyday no matter their budget.

In the run up to Christmas we reopened our Christmas grotto where parents could come and choose and wrap a gift for their children. These gifts and financial donations were generously donated by a variety of individuals and from St Peters Church, Wooton Wawen, Claverdon Church, St John's Church, Kenilworth, Holy Trinity Coventry, St Peters Church, Wellesbourne and Whitnash and Shottery Mothers Union and the Wellesbourne Lions.

For the first time we also invited families who most needed it to a Christmas Dinner, ably hosted by Nigel our café manager. 34 families came and ate a full Christmas meal as we celebrated together, we had craft activities and even Father Christmas came to visit. We made some incredible memories that day and were met with delighted parents and excited children. Alongside this Siemans generously donated food items which enabled us to distribute hampers to our families providing meals for the Christmas school holidays. All of the families were incredibly thankful and were overwhelmed by everyone's generosity.



Our staff team, both paid and volunteer, are a key part of the Coffee Tots family, showing great commitment to their roles, going above and beyond what we expect of them, to serve families in need across Coventry. Our support staff have been key in helping to deliver the range of activities and support. In April we were sad to say goodbye to Becky as she gained a promotion at Bardsley House (local youth charity), we are incredibly thankful to her and all her hard work over many years. Gemma was promoted in her place as supervisor and has embarked on this new challenge with enthusiasm.

Many of our supporters are "**Building Blocks for Coffee Tots**" where we ask individuals to donate £10 or more each month to help support and develop the work of Coffee Tots and this support has been invaluable throughout 2022. Our prices in Coffee Tots are heavily subsidised to keep it affordable and accessible.

When we are able to be open, we want customers to be able to come and spend time in Coffee Tots, accessing support and developing their own friendship networks, regardless of how much money they have available to spend. Many of our customers will stay from 2 to 4+ hours in any one day but might only have one drink or portion of food (spending less than £3). We want to be able to afford to do this; to be able to develop these vital relationships and therefore, "Building Blocks for Coffee Tots" is a key part of our funding strategy.

Urban Hope (a Christian Community that has grown out of both Coffee Tots and Bardsley House - a City Centre project aimed at reaching out to marginalised teenagers) continued to meet at Coffee Tots on Sunday afternoons. Urban Hope is part of Coventry Church of England Diocese and Coffee Tots Church is Urban Hope's midweek service with a particular focus for families. Coffee Tots Church is a place where people come to rest, eat, and know they are welcomed by us and by Jesus. It is church that is accessible to those who cannot sit still, struggle to read, have burning questions that they want to have answered and not just sit and listen or just people who want to know God but would never relate to a more traditional church setting.

Over the last twelve years, Coffee Tots has become an integral part of the day-to-day lives of many families in Coventry, we pride ourselves on the relationships we have built and the support we have been able to offer families.

As we look ahead to 2023 for Coffee Tots, we are hopeful that we will secure new premises which will safeguard the future of Coffee Tots so we can continue to serve families in Coventry and are excited about the ongoing conversations with CV Life looking to make this happen.

Catherine Bartlem & Catherine Jupp
Co-Directors

Financial Report 2022

These accounts represent the twelfth full year of operating Coffee Tots, having opened our doors for the first time in October 2010, we are very grateful once again to all those who have helped to make it happen, from our customers, staff and volunteers, to our regular supporters, to local churches, community groups and businesses who support us in a variety of ways, to the various Grant Bodies who have given us grants over the year.

This year has seen the return to pre pandemic opening times as we were able to remain fully open throughout the year. The income of Three Spires Family Support Trust can normally be split into four main streams: income generated by the project through cafe sales; general grant income; grants for development projects; and donations. For the last two years we have received an additional income stream of Government grant funding (furlough grants towards salary costs and funding via the City Council as an organisation paying business rates in the City). In 2022 we had our final COVID related Government grant in the first quarter of the year (£6,884).

Café income (£9,913) has more than doubled from the previous year when we had to be closed or operating on a restricted basis but is lower than pre-pandemic levels (£11,669). The café has been increasingly busy as we went through the year, but as the cost-of-living crisis deepened, we saw the average spend go down and the take up of our "Pay What You Can" meal correspondingly increase. As a "Warm Space" we found that families would spend much of their day with us but would make their food/drink last through the day.

We have returned to our pre-pandemic three year rolling fundraising plan for grant applications this year. Grants totalling £134,868 were received during 2022 from The Sylvia Adams Charitable Trust, The Tudor Trust, National Grid Community Fund, The General Charities of the City of Coventry, The Goodnews Evangelical Mission, The Trusthouse Charitable Foundation, The National Lottery Awards For All, The Bishop Radford Trust, The Souter Charitable Trust and Coventry Council Resilience Fund. We are particularly grateful to all these grant funders for their support, encouragement and understanding over this last year. We would like to give special mention to The Sylvia Adams Charitable Trust who have funded our First Thousand Days Programme over the last three years and as part of the planned closure of the Trust, gave an unrestricted grant of £40,000 for which we are incredibly grateful.

We continued to be encouraged by the support of individuals through our regular giving scheme for supporters – Building Blocks for Coffee Tots which has continued to grow over the last year despite the difficulties facing everyone. We have also been encouraged by the response of individuals to different appeals we ran over the year in response to needs created by the pandemic which enabled us to deliver packages of essential food and supplies to families in need, as well as surprise packages at key times during the year to encourage and help families. We are very grateful for the support of all our Building Blocks.

In addition to the support of individuals, we have been financially supported during 2022 by an increasing number of churches from Coventry and Warwickshire. It has been great to continue to develop these links as well as building new links with other Churches. It has been particularly good to build relationships with the various church families and communities and a particular highlight is the Wootton Wawen Christmas Toy Service.

As we have adjusted to life in our post pandemic world, we have continued to grow, adapt and develop the support that we offer and this is reflected in the accounts with the increases in both 'charitable activities' and 'raising funds' expenditure, and the Directors' Report gives more details on how this has taken place.

Post pandemic and with the Cost of Living Crisis impacting so many of our families and indeed our own costs, this has been an incredibly tough year with many uncertainties moving forward, but we remain ever grateful for all our funders, be that trusts, individuals, churches or local communities. We have been overwhelmed by the generosity we have been shown and this is enabling us to move forward into 2023 in a healthy financial position.

We couldn't do what we do without the support we receive, and we are incredibly grateful for this, thank you.

.....

C A Bartlem
Co-Director

It is the policy of the charitable company that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to two month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charitable company's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charitable company is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charitable company is a company limited by guarantee and incorporated in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

J Davies
L K Day (Resigned 31 December 2022)
N Grew
J C Halliday
J Howard
J K McCabe
S J Ockenden

New trustees are elected by the board of trustees.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees report was approved by the Board of Trustees.

Naomi Grew

N Grew
Chair of Trustees
Dated: 27/3/23

THREE SPIRES FAMILY SUPPORT TRUST

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 DECEMBER 2022

The trustees, who are also the directors of Three Spires Family Support Trust for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

THREE SPIRES FAMILY SUPPORT TRUST

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THREE SPIRES FAMILY SUPPORT TRUST

I report to the trustees on my examination of the financial statements of Three Spires Family Support Trust (the charitable company) for the year ended 31 December 2022.

Responsibilities and basis of report

As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Spencer Gardner Dickins Limited.

Debra Knighton FCCA
Spencer Gardner Dickins Limited

3 Coventry Innovation Village
Cheetah Road
Coventry
CV1 2TL

Dated: 26-09-2023

THREE SPIRES FAMILY SUPPORT TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Income from:							
Donations and legacies	3	145,647	43,499	189,146	140,622	26,674	167,296
Other trading activities	4	9,913	-	9,913	4,065	-	4,065
Investments	5	24	-	24	19	-	19
Total income		155,584	43,499	199,083	144,706	26,674	171,380
Expenditure on:							
Raising funds	6	60,902	413	61,315	42,191	-	42,191
Charitable activities	7	114,614	17,139	131,753	77,543	28,036	105,579
Other	11	171	-	171	88	-	88
Total expenditure		175,687	17,552	193,239	119,822	28,036	147,858
Net (expenditure)/income for the year/ Net movement in funds		(20,103)	25,947	5,844	24,884	(1,362)	23,522
Fund balances at 1 January 2022		65,515	2,591	68,106	40,631	3,953	44,584
Fund balances at 31 December 2022		45,412	28,538	73,950	65,515	2,591	68,106

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THREE SPIRES FAMILY SUPPORT TRUST

BALANCE SHEET

AS AT 31 DECEMBER 2022

	Notes	2022 £	2022 £	2021 £	2021 £
Fixed assets					
Tangible assets	**13**		1,405		1,932
Current assets					
Cash at bank and in hand		78,127		70,659	
Creditors: amounts falling due within one year	**14**	(5,582)		(4,485)	
Net current assets			72,545		66,174
Total assets less current liabilities			73,950		68,106
Income funds					
Restricted funds	**15**		28,538		2,591
Unrestricted funds			45,412		65,515
			73,950		68,106

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2022.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 25/9/23

N Grew
Trustee

Company registration number 07118015

1 Accounting policies

Charity information

The charity is a company limited by guarantee and incorporated in England and Wales. The members of the company are the trustees who are also the directors. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The charitable company's registered number is 07118015 and the registered office address is The Wave Waterpark, New Union Street, Coventry, CV1 2PS.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charitable company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charitable company is a Public Benefit Entity as defined by FRS 102.

The charitable company has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have assessed the charitable company's situation. The directors have a reasonable expectation that the charitable company has adequate resources and working capital to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the company's charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

All incoming resources are included on the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Voluntary income resources by the way of grants, donations and gifts are included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

Donated services are included at the value to the charity where this can be quantified. The value of service provided by volunteers has not been included in these accounts.

1 Accounting policies **(Continued)**

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries, it includes both costs that can be allocated directly to such activities and those costs of indirect nature necessary to support them.

Governance costs includes those costs associated with meeting the constitutional and statutory requirements of the charity and include costs linked to the strategic management of the charity.

Irrecoverable VAT is charged as a cost against the act for which the expenditure is incurred.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost of assets less their residual values over their useful lives on the following bases:

Plant and machinery	15% reducing balance
Computer equipment	33% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charitable company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charitable company's balance sheet when the charitable company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the Statement of Financial Activity.

1.9 Taxation

The charity is exempt from corporation tax on its charitable activities.

1 Accounting policies **(Continued)**

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charitable company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

1.12 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charitable company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022	2022	2022	2021	2021	2021
	£	£	£	£	£	£
Donations	45,177	-	45,177	28,495	-	28,495
Grants	91,369	43,499	134,868	108,477	26,674	135,151
Gift aid	9,101	-	9,101	3,650	-	3,650
	145,647	43,499	189,146	140,622	26,674	167,296
Grants receivable for core activities						
Sylvia Adams Charitable Trust	40,000	-	40,000	-	26,674	26,674
Tudor Trust	25,000	-	25,000	27,000	-	27,000
National Grid	-	10,000	10,000	-	-	-
Coventry General Charities	11,735	-	11,735	-	-	-
29 May 1961 Trust	-	-	-	3,000	-	3,000
Goodnews Evangelical Mission	3,000	-	3,000	-	-	-
Trusthouse	-	23,500	23,500	-	-	-
Government Grant received	-	-	-	39,406	-	39,406
National Lottery	-	9,999	9,999	-	-	-
Coventry City Council	6,884	-	6,884	39,071	-	39,071
Other	4,750	-	4,750	-	-	-
	91,369	43,499	134,868	108,477	26,674	135,151

4 Other trading activities

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Cafe income	9,913	4,065

5 Investments

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Interest receivable	24	19

6 Raising funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds
	2022	**2022**	**2022**	2021
	£	**£**	**£**	£
Trading costs				
Other trading activities	13,794	-	13,794	7,352
Staff costs	47,108	413	47,521	34,839
Trading costs	60,902	413	61,315	42,191

7 Charitable activities

	Support Costs 2022 £	Support Costs 2021 £
Wages	11,316	7,362
Rent	22,369	20,632
Rates and water	658	654
Insurance	784	731
Training and courses	913	-
Support worker staff costs	86,761	71,772
Light and heat	4,208	400
Printing, postage and stationery	260	829
Sundries	177	499
Repairs and renewals	1,076	530
Depreciation of tangible fixed assets	527	527
Accountancy and legal fees	2,704	1,643
	131,753	105,579
Analysis by fund		
Unrestricted funds	114,614	77,543
Restricted funds	17,139	28,036
	131,753	105,579

8 Independent Examiner's Remuneration

The analysis of independent examiner's remuneration is as follows:

	2022 £	2021 £
Independent examination of the charitable company's annual accounts	560	510
Other services to the charitable company		
Preparation of annual accounts	560	510
Filing of confirmation statement	106	106
Total independent examiner's fees	1,226	1,126

9 Trustees

None of the trustees received any remuneration or benefits from the charitable company during the year. (2021: None)

A related party of one of the trustees is employed by the charitable company on an arms length basis. The trustee involved is excluded from discussions relating to salaries.

None of the trustees were reimbursed any expenses during the year. (2021: None)

10 Employees

Number of employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
	11	11

Employment costs	2022 £	2021 £
Wages and salaries	106,469	106,321
Social security costs	5,434	3,444
Other pension costs	2,177	3,488
	114,080	113,253

No employees received employee benefits of more than £60,000 (2021: None)

11 Other

	Unrestricted funds	Unrestricted funds
	2022	2021
Bank charges	171	88
	171	88

12 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 to the extent that these are applied to its charitable objects.

13 Tangible fixed assets

	Plant and machinery	Computer equipment	Total
	£	£	£
Cost			
At 1 January 2022	10,194	629	10,823
At 31 December 2022	10,194	629	10,823
Depreciation and impairment			
At 1 January 2022	8,262	629	8,891
Depreciation charged in the year	527	-	527
At 31 December 2022	8,789	629	9,418
Carrying amount			
At 31 December 2022	1,405	-	1,405
At 31 December 2021	1,932	-	1,932

14 Creditors: amounts falling due within one year

	2022	2021
	£	£
Other taxation and social security	2,330	1,664
Accruals and deferred income	3,252	2,821
	5,582	4,485

15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			
	Balance at 1 January 2021	Incoming resources	Resources expended	Balance at 1 January 2022	Incoming resources	Resources expended	Balance at 31 December 2022
	£	£	£	£	£	£	£
West Midlands Police	1,520	-	-	1,520	-	(1,305)	215
Sylvia Adams Charitable Trust	2,433	26,674	(28,036)	1,071	-	(1,071)	-
Awards for All	-	-	-	-	9,999	(1,255)	8,744
National Grid	-	-	-	-	10,000	(5,200)	4,800
Trusthouse	-	-	-	-	23,500	(8,721)	14,779
	3,953	26,674	(28,036)	2,591	43,499	(17,552)	28,538

Sylvia Adams Charitable Trust
The grant is restricted towards the development and running costs of *our First 1000 Days Programme*. The grant is spread over 3 years with the first instalment received February 2019, the second February 2020 and the third March 2021.

West Midlands Police
Funding is restricted towards providing training opportunities for all staff (paid and volunteer) and associated costs.

Awards for All
This grant is restricted towards *Coffee Tots Connects* focusing on providing a warm, safe place which offers support and opportunities to come alongside families, many of which live in cold, cramped, and unsuitable housing.

National Grid
This grant was restricted towards our *Winter Support Project*, practically helping and supporting vulnerable families to stay warm and safe through providing food, drinks and supplies to help them keep warm at home.

Trusthouse
This grant is restricted towards the running costs (and further development) of our *First 1000 Days Programme*. The grant is spread over 3 years with the first instalment received October 2022, the second October 2023 and the third and final October 2024.

16 Analysis of net assets between funds

	Unrestricted funds 2022	Restricted funds 2022	Total 2022	Unrestricted funds 2021	Restricted funds 2021	Total 2021
	£	£	£	£	£	£
Fund balances at 31 December 2022 are represented by:						
Tangible assets	1,405	-	1,405	1,932	-	1,932
Current assets/(liabilities)	44,007	28,538	72,545	63,583	2,591	66,174
	45,412	28,538	73,950	65,515	2,591	68,106

17 Operating lease commitments

Operating lease payments recognised as an the expense in the financial statements total £19,393 (2021: £20,500).

At the reporting end date the charitable company had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2022	2021
	£	£
Within one year	1,750	10,250

18 Related party transactions

Key management remuneration totals £72,467 (2021: £59,746). This includes £23,789 (2021: £14,764) in respect of consultancy fees.

THREE SPIRES FAMILY SUPPORT TRUST

England & Wales - Charity number 1137825

Accounts

Charity registration number 1137825

Company registration number 07118015 (England and Wales)

THREE SPIRES FAMILY SUPPORT TRUST

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2021

THREE SPIRES FAMILY SUPPORT TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	J Davies L K Day N Grew J C Halliday J Howard J K McCabe S J Ockenden
Charity number	1137825
Company number	07118015
Registered office	11 City Arcade Coventry CV1 3HX
Independent examiner	Debra Knighton FCCA Spencer Gardner Dickins Limited 3 Coventry Innovation Village Cheetah Road Coventry CV1 2TL

THREE SPIRES FAMILY SUPPORT TRUST

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THREE SPIRES FAMILY SUPPORT TRUST

CHAIRMAN'S STATEMENT

FOR THE YEAR ENDED 31 DECEMBER 2021

Report from Chair of Trustees
Following on from an extraordinary year of 2020 it was hoped to return to more normal pre-pandemic activities at Coffee Tots but 2021 turned out to be another year of changes and lock-downs.

Huge thanks must go again to the Management Team for yet again finding new and creative ways to adapt to a fast-changing environment as restrictions were relaxed and then reinforced throughout the year. Many hours were spent in working out risk assessments, social distancing rules and finding creative ways to support our families. The team has found ways to address the increased feelings of social isolation and anxiety of the parents, offering prebooked sessions (when possible), individual meet ups, online sessions, and courses. The new challenge of finding ways to support families who are now unsure how to emerge fully from lock down. Along with helping to understand preschoolers who have spent so much time away from other children that they need new approaches and a different kind of support.

The Financial Statement continues to demonstrate the generosity and support that we receive from individuals, charities and churches which have all continued throughout 2021 along with the government grants which have meant that Coffee Tots is currently in a good financial state. The support and generosity of local Mothers Union groups and churches donating to the hampers and goodie bags for Christmas has been particularly appreciated. The Building Blocks scheme is continuing to bring consistent benefits, along with the tireless fundraising and bid writing work done by Catherine Bartlem and Catherine Jupp, our directors, which cannot be understated and often receive high praise from the funding bodies involved.

As we move into the new year the team and trustees are facing the challenges of finding new premises and ensuring our structures are fit for the future, my thanks as always go to all the staff, both voluntary and salaried, for their hard work, dedication, patience, and humour, and for always being prepared to go the "extra mile" for the people with whom they come into contact. Thanks to all staff this year for their ongoing support and commitment. Without such an amazing group of people Coffee Tots would not have the impact that it does. My thanks also go to the Trustees for their faithfulness, support and desire to help enable the staff to do the best job that they can.

I know Coffee Tots will continue to flourish and have a positive impact on the lives of all those that it touches. We look forward to the future and all that it might hold and pray for renewed vision, direction and hope for 2022.

.....
N Grew
Chair of Trustees
Dated: 15/9/22

THREE SPIRES FAMILY SUPPORT TRUST

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2021

The trustees present their annual report and financial statements for the year ended 31 December 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charitable company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Managers Report

Objectives and activities

Three Spires Family Support Trust is a Christian charitable organisation established in 2010, which seeks to serve the community in practical ways in Coventry City Centre. Set up & run by parents who appreciate the challenges of raising small children in an increasingly isolating society, Three Spires Family Support Trust's aim is to demonstrate God's love to people who may never have encountered God or the Church. Our goal is to help parents enjoy raising their children, to feel supported and unconditionally loved and grow in confidence.

Three Spires Family Support Trust has been running a café/drop-in parenting project in Coventry City Centre called 'Coffee Tots' since October 2010. The project provides a safe and relaxed space for parents with young children offering subsidised fair-trade drinks, snacks and light lunches. A manager & volunteers are available to offer support and care for parents & their families, many of who are struggling to raise their children. Coffee Tots is staffed predominantly by parents; many of whom have themselves struggled with isolation, depression and difficult circumstances. Drawing on their own experience as parents, they are able to come alongside and support customers in a unique and caring way. All of which contributes to the welcome and acceptance that we aim to offer everyone. Alongside befriending families, we provide more structured support through our work in our support hub ReNEW. We offer courses to improve family life including art therapy, increasing self-esteem and self-worth, parenting, baby massage and introducing solids. We also run play sessions from birth to preschool age children which targets the first 1000 days of a child's life optimising their development and improving the parent/child bond.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charitable company should undertake.

Achievements and performance

Pre pandemic, Coffee Tots welcomed 50 to 70 parents every day with their young children; many of who are regulars and will refer to us as their "Coffee Tots Family", the family they never had. The year began with uncertainty due to Covid-19 pandemic restrictions, unfortunately due to the latest lockdown our buildings had to remain closed and so we continued to support our families through a number of ways:

Keeping in contact - Social isolation is a real concern for many people but many of the Coffee Tots parents don't have supportive friends or family to help keep in contact with them. Each of our support workers had a group of families that they particularly looked after; we kept in regular contact with parents through Facebook, messages, post and phone calls, to help give them someone to talk to and share their concerns, and to help them to access any further help that they might need (working in partnership with other agencies as needed). Many of our parents already struggled with their mental health and in particular anxiety, so having this regular contact proved key in helping them to practice self-care. During the lockdown at the start of the year we were supporting over 40 families in this way on a regular basis (ranging from daily to weekly contact).

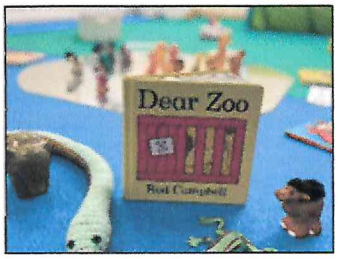
Food parcels - In addition to providing Food and Fuel Bank vouchers, where needed we provided food parcels to families who can't get out of the house or those with a limited income. We also delivered items that were needed but at times were in short supply like Calpol, nappies, baby wipes and hand soap.

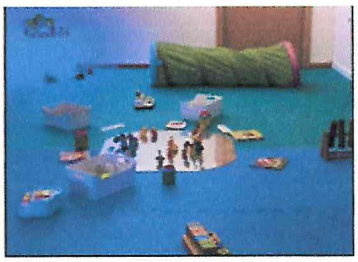
Surprise Gift Bags – at key times during the lockdown (Mothering Sunday and Easter) we delivered gift packages containing treats for the family, helping them to know that people care about them and providing encouragement in the monotony and isolation of the lockdown.

Providing clear concise news updates and guidance on the often changing regulations and restrictions in place. The changes in restrictions have been hard to work out especially as many of our families don't watch/ read the news and so brief, clear updates have been key for helping them to know what they can/can't do.

Activity ideas - The prospect of staying in with young children is very daunting and we were worried about how families would spend their time together. Each day we posted a simple indoor play activity to inspire parents to help their children get active and have fun, each activity focuses on improving and maintaining key development skills, which enables children to continue to meet their milestones in spite of the change in environment.

In April and May although we weren't able to open the café, we were allowed to offer outdoor meet ups and indoor support groups. We arranged twice weekly meet ups in a new play area in the city centre. With up to 8 families attending each session, it gave us an opportunity to keep in touch and come alongside families as well as being a good outreach time for making contact with new families. The support groups targeted parents with babies that had been born during the pandemic, these were twice weekly nurture groups, giving parents the opportunity for the first time to meet up with other parents and for the babies to be in a play setting with other children.





In June we were allowed to open the café/drop-in (in line with local/national COVID restrictions), we offered prebooked sessions for families; where alongside the café and play area, they could access support from staff. Having pre-booked sessions enabled us to comply more easily with the relevant restrictions, as well as not being too overwhelming for families who had been spending so much time in isolation during the various lockdowns. Alongside welcoming back familiar faces, it was exciting to meet many new families, mostly parents with babies born in the last 18 months. However, we were also aware that for a number of our families, booking something in advance was not how they worked as they live very much in the moment. We continued the nurture groups for parents with young children and added in baby massage courses, toddler sensory play and art workshops for parents, these were aimed at building confidence and improving well-being in a supportive space.

In September it was with great excitement that we reopened Coffee Tots café/drop-in with families able to walk in off the street. We had anticipated that numbers attending might take a while to build but the reality was it was busy right from the start. The café is at the heart of our ministry and providing a safe space within a subsidised café setting for parents with young children with activities for children, and practical support and a listening ear for parents. We want the café to be a place where families feel supported, valued and loved. Having been closed for much of 2020 and the first half of 2021, we believed that the need for a place where families can feel supported, valued and loved is more important than ever after the isolation and hardship experienced by so many families over the last eighteen months and so we created a new post 'Café Manager' to take a lead in re-imagining and re-envisioning the café for our post pandemic world. Nigel Elvin started in this role in September ready for the reopening and together he and the team have truly made the café a safe space for struggling families, a place where they can access support and feel welcomed, valued and loved.

Despite the Covid-19 restrictions ending we have continued to see parents struggling with poor mental health and anxiety, the end of restrictions has meant parents feel they should be leaving the house and doing more with their children but are struggling to do so. Attendance to some sessions has been sporadic as they have found it just too difficult to come along. An increase in physical ill health with Covid-19, colds, flu and other childhood illnesses such as chicken pox and hand, foot and mouth has also had an impact on attendance and reducing their resilience and increasing anxiety. Recognising these increasing struggles, we wanted to be able to provide a safe space for parents where they could take some time out from the various stresses they are facing and so as part of our Bridge Programme, we have started some new sessions: **"Cuppa, Connect, Create"**. We have appointed an artist in residence, Polly Meredew, who facilitates these art workshops where parents can come and have a go or just have a cup of tea and watch. A new community and support network is developing through these workshops.



As Christmas approached, we were very aware that for many of our families it was again going to be a particularly tough time. In previous years we have had a Christmas grotto at Coffee Tots where parents could come and choose presents for their children. Sadly, this wasn't possible, but we were able to invite families to a special Christmas session at Coffee Tots where the children decorated the tree and did Christmas craft activities and Father Christmas visited giving each child a small gift. Yet again our Christmas appeal was answered by some amazing churches, groups and individuals. This year we had lots of toys and presents donated from St Peters Church, Wootton Wawen along with Claverdon Church, St John's Church, Kenilworth, Holy Trinity Coventry, St Peters Church, Wellesbourne and Mothers Union Groups across Coventry and Warwickshire. This enabled us to give a massive hamper to each of our most vulnerable families, along with toys for each child and a present for parents and activity bags (making biscuits and festive playdough etc) so they would have fun throughout the Christmas holidays. We delivered these to over 40 families in need across Coventry. We were met with delighted parents and excited children. All of the families were incredibly thankful and were overwhelmed by everyone's generosity.

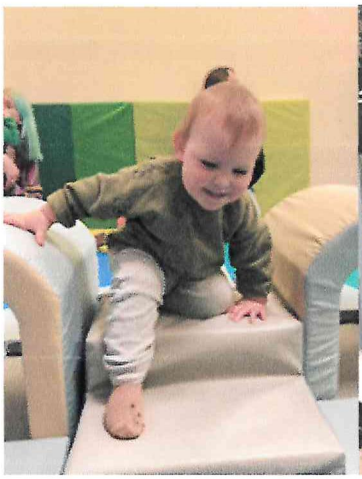


Our staff team, both paid and volunteer, are a key part of the Coffee Tots family, showing great commitment to their roles, going above and beyond what we expect of them, to serve families in need across Coventry. Our support staff have been key in helping to deliver the range of activities previously described and keeping in touch with families and we are grateful for Ann, Jenny and Ros and their willingness to adapt what they do to enable this. The cafe staff were furloughed for the first half of the year helping us to reduce costs (recognising the reduction in income from the cafe). During this time we have kept in touch with staff members who were unable to work, checking on how they and their families are doing and keeping them up to date with any developments.

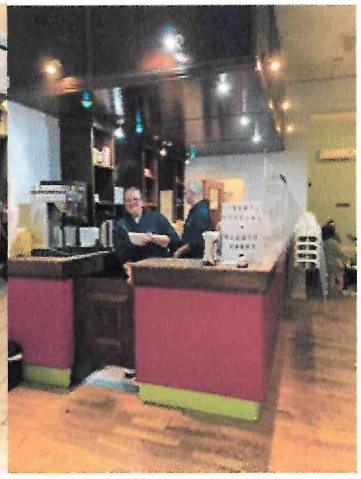
Many of our supporters are "**Building Blocks for Coffee Tots**" where we ask individuals to donate £10 or more each month to help support and develop the work of Coffee Tots and this support has been invaluable throughout 2021. Our prices in Coffee Tots are heavily subsidised to keep it affordable and accessible. When we are able to be open, we want customers to be able to come and spend time in Coffee Tots, accessing support and developing their own friendship networks, regardless of how much money they have available to spend. Many of our customers will stay from 2 to 4+ hours in any one day but might only have one drink or portion of food (spending less than £3). We want to be able to afford to do this; to be able to develop these vital relationships and therefore, "Building Blocks for Coffee Tots" is a key part of our funding strategy.

Urban Hope (a Christian Community that has grown out of both Coffee Tots and Bardsley House - a City Centre project aimed at reaching out to marginalised teenagers) continued to meet at Coffee Tots on Sunday afternoons, when possible with Government restrictions. Urban Hope is part of Coventry Church of England Diocese and Coffee Tots Church is Urban Hope's midweek service with a particular focus for families. These last two years has been particularly difficult for Coffee Tots Church, we thrive on close contact, creativity, food, and playtime with the children who attend. Coffee Tots Church is a place where people come to rest, eat, and know they are welcomed by us and by Jesus. It is church that is accessible to those who cannot sit still, struggle to read, have burning questions that they want to have answered and not just sit and listen or just people who want to know God but would never relate to a more traditional church setting. When restrictions allowed, we ran sessions in person, sharing a meal and praying together.

Over the last eleven years, Coffee Tots has become an integral part of the day-to-day lives of many families in Coventry, we pride ourselves on the relationships we have built and the support we have been able to offer families.







Looking ahead to 2022 for Coffee Tots, we are hopeful that the café will be able to continue to remain open in this post pandemic world. We will continue to provide outreach and support for vulnerable and isolated families and we will continue to adapt what we do to meet their needs. This year brings new challenges as Coffee Tots and ReNEW our support hub are in the city centre south redevelopment zone and are due for demolition in 2023, we are therefore seeking new city centre premises to enable our key and vital work to continue.

.....
C Jupp
Manager

.....
C A Bartlem
Manager

Financial Review

These accounts represent the eleventh full year of operating Coffee Tots, having opened our doors for the first time in October 2010, we are very grateful once again to all those who have helped to make it happen, from our customers, staff and volunteers, to our regular supporters, to local churches, community groups and businesses who support us in a variety of ways, to the various Grant Bodies who have given us grants over the year.

The income of Three Spires Family Support Trust can normally be split into four main streams: income generated by the project through cafe sales; general grant income; grants for development projects; and donations. This year (like in 2020), with the impact of COVID-19, we have continued to have an additional income stream of Government grant funding (£78,477) which includes the furlough grants towards salary costs of those furloughed (£39,406), and the grant funding we have received via the City Council as an organisation paying business rates in the City (£39,071).

As the café has had to be closed 5 months of the year in line with Government Restrictions and then when first reopened operating on a restricted basis in line with Government guidelines and restrictions, the café takings remain significantly lower than they were pre-pandemic.

Up to September, in line with Government guidelines, the café was either closed or operating on a restricted basis, resulting in both café income and costs being significantly lower than pre-Covid levels. From September when the café was back to being open without pre-booking, we had anticipated that numbers attending might take a while to build but the reality was it was busy right from the start and this is reflected in the increase in café income for the year compared to 2020.

Pre COVID-19 we were operating on a three year rolling fundraising plan for grant applications but in the wake of the pandemic many grant funders have revised their funding programmes. Grants totalling £135,151 were received during 2021 including the previously mentioned Government grant funding of £78,477 with the remaining monies given by: The 29th May Charitable Trust, The Sylvia Adams Charitable Trust and The Tudor Trust. We are particularly grateful to these grant funders for their support, encouragement and understanding over this last year and would like to give special mention to The Sylvia Adams Charitable Trust and The Tudor Trust for their additional help and input, including additional funding in response to the pandemic.

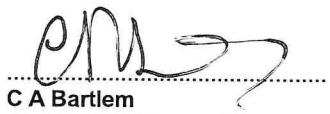
We continued to be encouraged by the support of individuals through our regular giving scheme for supporters – Building Blocks for Coffee Tots which has continued to grow over the last year despite the difficulties facing everyone. We have also been encouraged by the response of individuals to different appeals we ran over the year in response to needs created by the pandemic which enabled us to deliver packages of essential food and supplies to families in need, as well as surprise packages at key times during the year to encourage and help families. We are very grateful for the support of all our Building Blocks.

In addition to the support of individuals, we have been financially supported during 2021 by an increasing number of churches from Coventry and Warwickshire. It has been great to continue to develop these links as well as building new links with other Churches. It has been particularly good to build relationships with the various church families and communities and a particular highlight is the Wootton Wawen Christmas Toy Service where we were able to take part "in person"!

Although our buildings have been shut for a large part of 2021, our charitable activities have continued, and the Directors' Report gives details on how this has adapted and developed in line with current Government guidelines and restrictions throughout the year.

This has been an incredibly tough year and has brought with it many uncertainties moving forward, but we remain ever grateful for all our funders, be that trusts, individuals, churches or local communities. We have been overwhelmed by the generosity we have been shown and this is enabling us to move forward into 2022 in a healthy financial position.

We couldn't do what we do without the support we receive and we are incredibly grateful for this, thank you.



C A Bartlem
Co-Manager(Finance)

Reserves Policy

It is the policy of the charitable company that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to two month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charitable company's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charitable company is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charitable company is a company limited by guarantee and incorporated in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

J Davies
L K Day
N Grew
J C Halliday
J Howard
J K McCabe
S J Ockenden

New trustees are elected by the board of trustees.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees report was approved by the Board of Trustees.

Naen Grew

N Grew
Chair of Trustees
Dated: 15/9/2022

THREE SPIRES FAMILY SUPPORT TRUST

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 DECEMBER 2021

The trustees, who are also the directors of Three Spires Family Support Trust for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

THREE SPIRES FAMILY SUPPORT TRUST

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THREE SPIRES FAMILY SUPPORT TRUST

I report to the trustees on my examination of the financial statements of Three Spires Family Support Trust (the charitable company) for the year ended 31 December 2021.

Responsibilities and basis of report

As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Spencer Gardner Dickins limited

Debra Knighton FCCA
Spencer Gardner Dickins Limited

3 Coventry Innovation Village
Cheetah Road
Coventry
CV1 2TL

Dated: 28 September 2022

THREE SPIRES FAMILY SUPPORT TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Income from:							
Donations and legacies	3	140,622	26,674	167,296	132,733	34,122	166,855
Other trading activities	4	4,065	-	4,065	3,215	-	3,215
Investments	5	19	-	19	40	-	40
Total income		144,706	26,674	171,380	135,988	34,122	170,110
Expenditure on:							
Raising funds	6	42,191	-	42,191	39,021	318	39,339
Charitable activities	7	77,543	28,036	105,579	80,584	35,073	115,657
Other	11	88	-	88	65	-	65
Total expenditure		119,822	28,036	147,858	119,670	35,391	155,061
Net income/(expenditure) for the year/ Net movement in funds		24,884	(1,362)	23,522	16,318	(1,269)	15,049
Fund balances at 1 January 2021		40,631	3,953	44,584	24,313	5,222	29,535
Fund balances at 31 December 2021		65,515	2,591	68,106	40,631	3,953	44,584

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THREE SPIRES FAMILY SUPPORT TRUST

BALANCE SHEET

AS AT 31 DECEMBER 2021

	Notes	2021		2020	
		£	£	£	£
Fixed assets					
Tangible assets	**12**		1,932		2,459
Current assets					
Cash at bank and in hand		70,659		47,009	
Creditors: amounts falling due within one year	**13**	(4,485)		(4,884)	
Net current assets			66,174		42,125
Total assets less current liabilities			68,106		44,584
Income funds					
Restricted funds	**14**		2,591		3,953
Unrestricted funds			65,515		40,631
			68,106		44,584

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2021.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 4/7/2022

N Grew
Trustee

Company registration number 07118015

1 Accounting policies

Charity information

The charity is a company limited by guarantee and incorporated in England and Wales. The members of the company are the trustees who are also the directors. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The charitable company's registered number is 07118015 and the registered office address is 11 City Arcade, Coventry, CV1 3HX.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charitable company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charitable company is a Public Benefit Entity as defined by FRS 102.

The charitable company has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have assessed the charitable company's situation including the COVID-19 pandemic effects and the likely impact on the charitable company. The directors have a reasonable expectation that the charitable company has adequate resources and working capital to continue in operational existence for the foreseeable future including dealing with the ongoing issues arising from the COVID-19 pandemic. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the company's charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

All incoming resources are included on the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Voluntary income resources by the way of grants, donations and gifts are included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

Donated services are included at the value to the charity where this can be quantified. The value of service provided by volunteers has not been included in these accounts.

1 Accounting policies **(Continued)**

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries, it includes both costs that can be allocated directly to such activities and those costs of indirect nature necessary to support them.

Governance costs includes those costs associated with meeting the constitutional and statutory requirements of the charity and include costs linked to the strategic management of the charity.

Irrecoverable VAT is charged as a cost against the act for which the expenditure is incurred.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost of assets less their residual values over their useful lives on the following bases:

Plant and machinery	15% reducing balance
Computer equipment	33% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charitable company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charitable company's balance sheet when the charitable company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the Statement of Financial Activity.

1.9 Taxation

The charity is exempt from corporation tax on its charitable activities.

1 Accounting policies **(Continued)**

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charitable company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

1.12 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charitable company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	**Restricted funds**	**Total**	Unrestricted funds	Restricted funds	Total
	2021	**2021**	**2021**	2020	2020	2020
	£	**£**	**£**	£	£	£
Donations	28,495	-	28,495	29,010	-	29,010
Grants	108,477	26,674	135,151	98,690	34,122	132,812
Gift aid	3,650	-	3,650	5,033	-	5,033
	140,622	26,674	167,296	132,733	34,122	166,855
Grants receivable for core activities						
Sylvia Adams Charitable Trust	-	26,674	26,674	4,000	26,674	30,674
Tudor Trust	27,000	-	27,000	25,000	-	25,000
Children in Need	-	-	-	-	7,448	7,448
29 May 1961 Trust	3,000	-	3,000	-	-	-
Government grants received	39,406	-	39,406	57,808	-	57,808
Other grants received	-	-	-	11,882	-	11,882
Coventry City Council	39,071	-	39,071	-	-	-
	108,477	26,674	135,151	98,690	34,122	132,812

4 Other trading activities

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Cafe income	4,065	3,215

5 Investments

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Interest receivable	19	40

6 Raising funds

	Unrestricted funds	Unrestricted funds	Restricted funds	Total
	2021	2020	2020	2020
	£	£	£	£
Trading costs				
Other trading activities	7,352	3,637	-	3,637
Staff costs	34,839	35,384	318	35,702
Trading costs	42,191	39,021	318	39,339

7 Charitable activities

	Support Costs 2021 £	Support Costs 2020 £
Wages	7,362	11,939
Rent	20,632	20,030
Rates and water	654	166
Insurance	731	1,623
Travel, including outings and families	-	57
Training and courses	-	3,799
Support worker staff costs	71,772	64,462
Light and heat	400	4,694
Printing, postage and stationery	829	828
Sundries	499	533
Repairs and renewals	530	5,907
Depreciation of tangible fixed assets	527	527
Accountancy and legal fees	1,643	1,092
	105,579	115,657
Analysis by fund		
Unrestricted funds	77,543	80,584
Restricted funds	28,036	35,073
	105,579	115,657

8 Independent Examiner's Remuneration

The analysis of independent examiner's remuneration is as follows:

	2021 £	2020 £
Independent examination of the charitable company's annual accounts	510	510
Other services to the charitable company		
Preparation of annual accounts	510	510
Filing of confirmation statement	106	106
Total independent examiner's fees	1,126	1,126

9 Trustees

None of the trustees received any remuneration or benefits from the charitable company during the year. (2020: None)

A related party of one of the trustees is employed by the charitable company on an arms length basis. The trustee involved is excluded from discussions relating to salaries.

None of the trustees were reimbursed any expenses during the year. (2020: None)

10 Employees

Number of employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
	11	12

Employment costs	2021 £	2020 £
Wages and salaries	106,321	104,011
Social security costs	3,444	4,393
Other pension costs	3,488	3,250
	113,253	111,654

No employees received employee benefits of more than £60,000 (2020: None)

11 Other

	Unrestricted funds 2021	Unrestricted funds 2020
Bank charges	88	65
	88	65

12 Tangible fixed assets

	Plant and machinery	Computer equipment	Total
	£	£	£
Cost			
At 1 January 2021	10,194	629	10,823
At 31 December 2021	10,194	629	10,823
Depreciation and impairment			
At 1 January 2021	7,735	629	8,364
Depreciation charged in the year	527	-	527
At 31 December 2021	8,262	629	8,891
Carrying amount			
At 31 December 2021	1,932	-	1,932
At 31 December 2020	2,459	-	2,459

13 Creditors: amounts falling due within one year

	2021	2020
	£	£
Other taxation and social security	1,664	924
Accruals and deferred income	2,821	3,960
	4,485	4,884

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			
	Balance at 1 January 2020	Incoming resources	Resources expended	Balance at 1 January 2021	Incoming resources	Resources expended	Balance at 31 December 2021
	£	£	£	£	£	£	£
Children in Need	296	7,448	(7,744)	-	-	-	-
West Midlands Police	1,520	-	-	1,520	-	-	1,520
Tudor Trust	1,021	-	(1,021)	-	-	-	-
Sylvia Adams Charitable Trust	2,385	26,674	(26,626)	2,433	26,674	(28,036)	1,071
	5,222	34,122	(35,391)	3,953	26,674	(28,036)	2,591

Children In Need
A grant was received from Children in Need which was restricted towards our work targeting the physical and emotional wellbeing and development of babies/toddlers; seeking to provide opportunities to improve this and increase their bond with their parents. This was the final instalment of a 3 year grant.

Tudor Trust
In Spring 2019 a grant was received from the Tudor Trust (the final instalment of a 3 year grant). This was restricted towards salary costs for our Fresh Start Support Worker, Family Support Co-ordinator and a trainee Children's worker as well as associated training and management costs.

Sylvia Adams Charitable Trust
The grant is restricted towards the development and running costs of our First 1000 Days Programme. The grant is spread over 3 years with the first instalment received February 2019, the second February 2020 and the third March 2021.

West Midlands Police
Funding is restricted towards providing training opportunities for all staff (paid and volunteer) and associated costs.

15 Analysis of net assets between funds

	Unrestricted funds 2021	Restricted funds 2021	Total 2021	Unrestricted funds 2020	Restricted funds 2020	Total 2020
	£	£	£	£	£	£
Fund balances at 31 December 2021 are represented by:						
Tangible assets	1,932	-	1,932	2,459	-	2,459
Current assets/(liabilities)	63,583	2,591	66,174	38,172	3,953	42,125
	65,515	2,591	68,106	40,631	3,953	44,584

16 Operating lease commitments

Operating lease payments recognised as an the expense in the financial statements total £20,500 (2020: £20,030)

Operating lease commitments relate to rental of properties at City Arcade, Coventry. Either party can give six months notice to cancel the leases. Operating lease commitments below reflect that there is no indication that either party intends to cancel the leases as at the reporting date.

At the reporting end date the charitable company had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2021 £	2020 £
Within one year	10,250	20,500
Between two and five years	-	10,250
	10,250	30,750

17 Related party transactions

Key management remuneration totals £59,746 (2020: £64,739). This includes £14,764 (2020: £20,406) in respect of consultancy fees.

THREE SPIRES FAMILY SUPPORT TRUST

England & Wales - Charity number 1137825

Accounts

Charity Registration No. 1137825

Company Registration No. 07118015 (England and Wales)

THREE SPIRES FAMILY SUPPORT TRUST

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2020

THREE SPIRES FAMILY SUPPORT TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	J Davies L K Day N Grew J C Halliday J Howard J K McCabe S J Ockenden
Charity number	1137825
Company number	07118015
Registered office	11 City Arcade Coventry CV1 3HX
Independent examiner	Debra Knighton FCCA Spencer Gardner Dickins Limited 3 Coventry Innovation Village Cheetah Road Coventry CV1 2TL

THREE SPIRES FAMILY SUPPORT TRUST

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THREE SPIRES FAMILY SUPPORT TRUST

CHAIRMAN'S STATEMENT

FOR THE YEAR ENDED 31 DECEMBER 2020

Report from Chair of Trustees

2020 was a year like no other. Coffee Tots was due to celebrate its 10th birthday in October 2020, and in preparing for the celebrations it was very interesting to look back over the years and see the consistent growth, based on the vision to meet the needs of families. Needs which have developed and evolved over the years. One of the great strengths of Coffee Tots has been the ability to understand those needs, keep up to date with the evolving environment that people are living in, and then to adapt and develop what is on offer. 2020 was to push that strength even further as the team adapted to being able to offer support but without being able to use the Café or ReNew and the usual resources available.

Huge thanks must go to the Management Team for responding so quickly and imaginatively to the new and continually changing restrictions. Many hours were spent in working out risk assessments, social distancing rules and finding creative ways to support our families. The team has found ways to address the increased feelings of social isolation and anxiety of the parents, offering prebooked sessions (when possible), individual meet ups, online sessions and courses. Online social media videos (starring our very own Ann Tots), news bulletins and one to one support have all helped to maintain relationships and encourage parents and carers in a very challenging environment.

The Financial Statement demonstrates the generosity and support that we receive, from individuals, charities and churches which have all continued throughout 2020 along with the government furlough scheme and grants which have all meant that Coffee Tots is in a good financial state to head into the unknown of the future. The support and generosity of local Mothers Union groups and churches donating to the hampers and goodie bags this year has been particularly appreciated. The Building Blocks scheme is continuing to bring consistent benefits, along with the tireless fundraising and bid writing work done by Catherine Bartlem and Catherine Jupp, our Managers, which cannot be understated and often receive high praise from the funding bodies involved.

My thanks go to all the staff, both voluntary and salaried, for their hard work, dedication, patience and humour, and for always being prepared to go the "extra mile" for the people with whom they come into contact. Particular thanks to all staff this year for their ongoing support and commitment. Without such an amazing group of people Coffee Tots would not have the impact that it does. My thanks also go to the Trustees for their faithfulness, support and desire to help enable the staff to do the best job that they can.

I know Coffee Tots will continue to flourish and have a positive impact on the lives of all those that it touches. We look forward to the future and all that it might hold and pray for renewed vision, direction and hope for 2021.

.....

N Grew
Chair of Trustees
Dated: 27.9.21

THREE SPIRES FAMILY SUPPORT TRUST

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2020

The trustees present their report and financial statements for the year ended 31 December 2020.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charitable company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Managers Report

Objectives and activities

Three Spires Family Support Trust is a Christian charitable organisation established in 2010, which seeks to serve the community in practical ways in Coventry City Centre. Set up & run by parents who appreciate the challenges of raising small children in an increasingly isolating society, Three Spires Family Support Trust's aim is to demonstrate God's love to people who may never have encountered God or the Church. Our goal is to help parents enjoy raising their children, to feel supported and unconditionally loved and grow in confidence.

Three Spires Family Support Trust has been running a café/drop-in parenting project in Coventry City Centre called 'Coffee Tots' since October 2010. The project provides a safe and relaxed space for parents with young children offering subsidised fair-trade drinks, snacks and light lunches. A manager & volunteers are available to offer support and care for parents & their families, many of who are struggling to raise their children. Coffee Tots is staffed predominantly by parents; many of whom have themselves struggled with isolation, depression and difficult circumstances. Drawing on their own experience as parents, they are able to come alongside and support customers in a unique and caring way. All of which contributes to the welcome and acceptance that we aim to offer everyone. Alongside befriending families, we provide more structured support through our work in our support hub ReNEW. We offer courses to improve family life including art therapy, increasing self-esteem and self-worth, parenting, baby massage and introducing solids. We also run play sessions from birth to preschool age children which targets the first 1000 days of a child's life optimising their development and improving the parent/child bond.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charitable company should undertake.

Achievements and performance

Pre pandemic, Coffee Tots welcomed 50 to 70 parents every day with their young children; many of who are regulars and will refer to us as their "Coffee Tots Family", the family they never had.

We started 2020 with great plans for the year ahead as we prepared to celebrate our tenth birthday in the autumn, but our journey through this year has taken us a very different way. When we opened our doors in 2010 we had a vision of bringing hope to vulnerable and lonely families, to provide them with a safe place to share their burdens and we believe we have done that. Working with families in need is incredibly rewarding but often frustrating and heart-breaking; over the last ten years we have celebrated the successes and achievements but we have also mourned the failures and the losses too. Both have shaped our work and drive us to continue, Coffee Tots has grown beyond our hopes, responding to the needs of families as they arise and offering a program of support that has improved the lives of the whole family and we believe we will see a lasting generational change.



For our tenth birthday, this autumn we asked parents to send us their memories of Coffee Tots and also photos of when they first came to Coffee Tots and now, it was a real delight to share these on our Facebook page and they brought back so many memories.

As we all know 2020 has panned out very differently from all expectations: in writing this, we have focused on the activities and support that we have been able to offer over the last 12 months, as we have sought to adapt what we do to best support vulnerable families through these difficult times.

In mid-March we had to shut the doors of Coffee Tots, reopening in September before having to close again in November, through December and now into the new year. When we reopened in September we offered prebooked sessions for families; where alongside the café and play area, they could access support from staff. As well as welcoming back familiar faces, it was exciting to meet many new families, mostly parents with babies born in the last 18 months. Many parents were lonely and months at home alone with young children has taken a toll on their mental health. The overriding concern shared by parents was a desire for their child to have the opportunity to interact with other children.

Although Coffee Tots the building has been closed for much of the year, our work has continued none the less and we have done this through a number of ways:

Keeping in contact - Social isolation is a real concern for many people but many of the Coffee Tots parents don't have supportive friends or family to help keep in contact with them. Each of our support workers had a group of families that they were particularly looking after; we have been keeping in regular contact with parents through Facebook, messages, post and phone calls, to help give them someone to talk to and share their concerns, and to help them to access any further help that they might need (working in partnership with other agencies as needed). Many of our parents already struggled with their mental health and in particular anxiety, so having this regular contact proved key in helping them to practice self-care. By keeping in contact on an individual basis we have also been able to follow through on the other ideas, updates etc (as detailed below) that we were providing through facebook and other mediums. Over the last year we have been supporting over 40 families in this way on a regular basis (ranging from daily to weekly contact).

Providing clear concise news updates - In the beginning we found that many parents didn't watch or read the news but garnered information from friends or facebook and these weren't reliable or up to date, in response to this we produced clear facebook posts with key information on them with links to government/NHS websites for more information and the date on which it was posted; this helped reduce anxiety as well as keeping people up to date on the current situation.

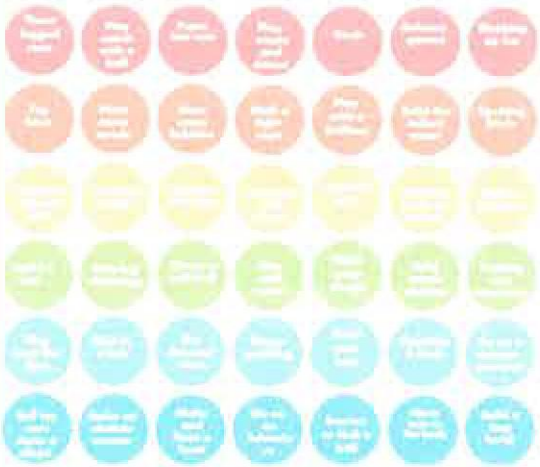
Food parcels - In addition to providing Food and Fuel Bank vouchers, where needed we provided food parcels to families who can't get out of the house or those with a limited income. We also delivered items that were needed but at times were in short supply like Calpol, nappies, baby wipes and hand soap.



Recipe ideas - Many of our parents rely heavily on convenience food and take aways, with the restrictions on food availability and children not being in school or nursery at various points through the year to receive free school meals it was a real concern that children wouldn't have access to nutritious and filling meals. During the various lockdowns we posted a daily simple recipe idea to inspire parents to cook for their family, we worked to provide meal ideas which didn't need many ingredients and were quick and budget friendly. We also worked to build conversations around the meal ideas showing how substitutions can be made if people didn't have all the ingredients.

Gift Packages – at various points through the year during the periods of lockdown, we have also delivered surprise packages to our families. Containing pamper gifts for the parents and activities and treats for the children these have been a real encouragement to families. Mothers Union groups across Coventry and Warwickshire have been key contributors to these with knitted hearts/rainbows, plants, and "hug in a mug" sets.





Activity ideas - The prospect of staying in with young children is very daunting and we were worried about how families would spend their time together. Many of our families are vulnerable and therefore were eligible for their children to continue to attend school and nursery however during the first lockdown, many of them didn't send them as they were worried the children would get ill and instead kept them at home.

Our focus on the first 1000 days of a child's life becomes particularly stark in the context of a lockdown lasting an indeterminate amount of time. These babies and young children weren't yet eligible for nursery placements and their main social interaction and play opportunities were at Coffee Tots. To inspire parents to try new activities and encourage play with their children we ran a social media campaign 'Coffee Tots @ Home', Each day we posted a simple indoor play activity to inspire parents to help their children get active and have fun, each activity focused on improving and maintaining key development skills, to enable children to continue to meet their milestones in spite of the change in environment. We are very grateful to local filmmaker Ben Cook who stepped in to provide technical support in editing, film production and the loan of film and sound equipment. We always strive to achieve as high a standard as possible in everything we do, but the time demands to produce material that reached our customers early in the pandemic was happening faster than we could learn the skills. Ben was a real life-line, remotely training and supporting staff. Without the support of Ben we would not have been able to achieve so much quality material. When we delivered food parcels we also took books and games to help enrich their environment. In addition, we posted links to free online activities children could take part in, there has been a lot available if you know where to look and this helped make families aware of those services.

Individual meet ups – as and when allowed, we have arranged individual meet ups with parents needing face-to-face support. These have taken place through walks in local parks but as and when guidelines change we adapt our support accordingly. We have found that parents are so keen for that face to face contact that bad weather hasn't caused any postponing of arranged walks.

Online courses and workshops – when we closed our doors in March, we were part way through various of our courses (parenting, self-esteem, creative art therapy) and so we moved these courses online through Zoom/Whats App. This was hard to do, we needed to adapt the content to make them more accessible, recognising that when attending a course onsite, we provide a crèche but with online delivery at home, the parents have to look after their children, making the practicalities of delivery and successful engagement hard to achieve.

At the end of last year, as Christmas approached, we were very aware that for many of our families it was going to be a particularly tough time. In previous years we have had a Christmas grotto at Coffee Tots where parents could come and choose presents for their children. Sadly, this wasn't possible last year, but we were able to invite families to a special Christmas session at Coffee Tots where the children decorated the tree and did Christmas craft activities. It was a great opportunity to catch up with parents and find out if they needed any support.

CHRISTMAS ISN'T CANCELLED







In the lead up to Christmas we ran a *Christmas isn't cancelled* appeal, to which we had an amazing response. This year we had lots of toys and presents donated from St Peters Church, Wooton Wawen along with Claverdon Church, St John's Church, Kenilworth, Holy Trinity Coventry, Mothers Union Groups across Coventry and Warwickshire and Free Radio's present appeal. This enabled us to give a massive hamper to each of our most vulnerable families, along with toys for each child and a present for parents. We delivered these to 40 families in need across Coventry. We were met with delighted parents and excited children. All of the families were incredibly thankful and were overwhelmed by everyone's generosity. It meant so much to families to know that other people care about them and to know that they can give their children a special Christmas against all expectations.

Our staff team, both paid and volunteer, are a key part of the Coffee Tots family, showing great commitment to their roles, going above and beyond what we expect of them, to serve families in need across Coventry. Our support staff have been key in helping to deliver the range of activities previously described and keeping in touch with families and we are grateful for Ann, Jenny and Ros and their willingness to adapt what they do to enable this. Apart from working September to early November, the cafe staff have been furloughed much of the last year helping us to reduce costs (recognising the reduction in income from the cafe). During this time we have kept in touch with staff members who were unable to work, checking on how they and their families are doing and keeping them up to date with any developments.

Many of our supporters are "Building Blocks for Coffee Tots" where we ask individuals to donate £10 or more each month to help support and develop the work of Coffee Tots and this support has been invaluable throughout 2020. Our prices in Coffee Tots are heavily subsidised to keep it affordable and accessible. When we are able to be open, we want customers to be able to come and spend time in Coffee Tots, accessing support and developing their own friendship networks, regardless of how much money they have available to spend. Many of our customers will stay from 2 to 4+ hours in any one day but might only have one drink or portion of food (spending less than £3). We want to be able to afford to do this; to be able to develop these vital relationships and therefore, "Building Blocks for Coffee Tots" is a key part of our funding strategy.

Urban Hope (a Christian Community that has grown out of both Coffee Tots and Bardsley House - a City Centre project aimed at reaching out to marginalised teenagers) continues to meet at Coffee Tots on Sunday afternoons, when possible with Government restrictions. Urban Hope is part of Coventry Church of England Diocese and Coffee Tots Church is Urban Hope's midweek service with a particular focus for families. This last year has been particularly difficult for Coffee Tots Church we thrive on close contact, creativity, food, and playtime with the children who attend. Coffee Tots Church is a place where people come to rest, eat, and know they are welcomed by us and by Jesus. It is a church that is accessible to those who cannot sit still, struggle to read, have burning questions that they want to have answered and not just sit and listen or just people who want to know God but would never relate to a more traditional church setting. Throughout the year we have done a variety of activities with varied success. We have run sessions online using Facebook Rooms, this worked well for those with older children or small babies but not those with toddlers who required their parents' attention. When restrictions allowed, we ran sessions in person, sharing a meal all sat about the room at two meters distance. This was popular with those who had toddlers and were pleased to be able to be out of the house but at an indoor venue. Throughout the year we have sought to remind people that we care for them, that they are not on their own and that we are alongside them, be that in person or remote contact.

Over the last ten years, Coffee Tots has become an integral part of the day-to-day lives of many families in Coventry, we pride ourselves on the relationships we have built and the support we have been able to offer families particularly in times of crisis and this is ever more true of the last year.

Looking ahead to 2021 for Coffee Tots, we may not know how the year will pan out, but we do know that being closed hasn't stopped our outreach and support for vulnerable families and we will continue to adapt what we do around the various guidelines and regulations, whilst also planning ahead towards how we can best support our families longer term, in our post-pandemic world.

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C Jupp
Manager

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C A Bartlem
Manager

Financial Review

These accounts represent the tenth full year of operating Coffee Tots, having opened our doors for the first time in October 2010, we are very grateful once again to all those who have helped to make it happen, from our customers, staff and volunteers, to our regular supporters, to local churches, community groups and businesses who support us in a variety of ways, to the various Grant Bodies who have given us grants over the year.

The income of Three Spires Family Support Trust can normally be split into four main streams: income generated by the project through cafe sales; general grant income; grants for development projects; and donations. This year with the impact of COVID-19, we have an additional income stream of Government grant funding (£57,808) which includes the furlough grants towards salary costs of those furloughed, and the grant funding we have received via the City Council as an organisation paying business rates in the City.

As the café has had to be closed 8 months of the year in line with Government Restrictions café takings and costs have both dropped significantly. Even when we were open in the Autumn, the takings then were much lower as we had to operate on a bookings system with fewer tables, giving a maximum of 6 families a day compared to up to 20+ pre COVID-19. Similarly expenditure for repairs and renewals is higher as we had to make alterations over the summer to ensure the café building was COVID-19 secure, in line with Government guidelines.

Pre COVID-19 we were operating on a three year rolling fundraising plan for grant applications but in the wake of the pandemic many grant funders have revised their funding programmes. Grants totalling £132,812 were received during 2020 including Government grant funding of £57,088 with the remaining monies given by: The 29th May Charitable Trust, BBC Children in Need, Good News Evangelical Mission (GEM), Souter Charitable Trust, The Sylvia Adams Charitable Trust and The Tudor Trust. We are particularly grateful to these grant funders for their support, encouragement and understanding over this last year and would like to give special mention to The Sylvia Adams Charitable Trust and The Tudor Trust for their additional help and input.

During 2020 we have continued to be supported by a local trust, The Newfield Trust. They have given individual grants for a number of our customers enabling us to buy essential furniture and white goods on their behalf, helping to improve family life.

We continued to be encouraged by the support of individuals through our regular giving scheme for supporters – Building Blocks for Coffee Tots which has continued to grow over the last year despite the difficulties facing everyone. We have also been encouraged by the response of individuals to different appeals we ran over the year in response to needs created by the pandemic which enabled us to deliver packages of essential food and supplies to families in need, as well as surprise packages at key times during the year to encourage and help families. We are very grateful for the support of all our Building Blocks.

In addition to the support of individuals, we have been financially supported during 2020 by an increasing number of churches from Coventry and Warwickshire. It has been great to continue to develop these links as well as building new links with other Churches. It has been particularly good to build relationships with the various church families and communities and a particular highlight is the Wootton Wawen Christmas Toy Service where we were able to take part "in person"!

Although our buildings have been shut for much of 2020, our charitable activities have continued and the Manager's Report gives details on how this has adapted and developed in line with current Government guide lines and restrictions throughout the year.

This has been an incredibly tough year and has brought with it many uncertainties moving forward, but we remain ever grateful for all our funders, be that trusts, individuals, churches or local communities. We have been overwhelmed by the generosity we have been shown and this is enabling us to move forward into 2020 in a healthy financial position.

We couldn't do what we do without the support we receive and we are incredibly grateful for this, thank you.



C A Bartlem
Co-Manager(Finance)

Reserves Policy

It is the policy of the charitable company that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to two month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charitable company's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charitable company is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charitable company is a company limited by guarantee and incorporated in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

J Davies
L K Day
N Grew
J C Halliday
J Howard
J K McCabe
S J Ockenden

New trustees are elected by the board of trustees.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees report was approved by the Board of Trustees.

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N Grew
Chair of Trustees
Dated: 27.9.21

THREE SPIRES FAMILY SUPPORT TRUST

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 DECEMBER 2020

The trustees, who are also the directors of Three Spires Family Support Trust for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

THREE SPIRES FAMILY SUPPORT TRUST

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THREE SPIRES FAMILY SUPPORT TRUST

I report to the trustees on my examination of the financial statements of Three Spires Family Support Trust (the charitable company) for the year ended 31 December 2020.

Responsibilities and basis of report

As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Debra Knighton

Debra Knighton FCCA
Spencer Gardner Dickins Limited

3 Coventry Innovation Village
Cheetah Road
Coventry
CV1 2TL

Dated: 28 September 2021

THREE SPIRES FAMILY SUPPORT TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2020

	Notes	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £	Unrestricted funds 2019 £	Restricted funds 2019 £	Total 2019 £
Income from:							
Donations and legacies	3	132,733	34,122	166,855	108,977	63,620	172,597
Other trading activities	4	3,215	-	3,215	11,669	-	11,669
Investments	5	40	-	40	56	-	56
Total income		135,988	34,122	170,110	120,702	63,620	184,322
Expenditure on:							
Raising funds	6	39,021	318	39,339	43,165	1,429	44,594
Charitable activities	7	80,584	35,073	115,657	66,352	69,365	135,717
Other	11	65	-	65	28	-	28
Total resources expended		119,670	35,391	155,061	109,545	70,794	180,339
Net income/(expenditure) for the year/ Net movement in funds		16,318	(1,269)	15,049	11,157	(7,174)	3,983
Fund balances at 1 January 2020		24,313	5,222	29,535	13,156	12,396	25,552
Fund balances at 31 December 2020		40,631	3,953	44,584	24,313	5,222	29,535

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THREE SPIRES FAMILY SUPPORT TRUST

BALANCE SHEET

AS AT 31 DECEMBER 2020

	Notes	2020 £	2020 £	2019 £	2019 £
Fixed assets					
Tangible assets	12		2,459		2,986
Current assets					
Cash at bank and in hand		47,009		31,942	
Creditors: amounts falling due within one year	13	(4,884)		(5,393)	
Net current assets			42,125		26,549
Total assets less current liabilities			44,584		29,535
Income funds					
Restricted funds	14		3,953		5,222
Unrestricted funds			40,631		24,313
			44,584		29,535

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2020.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 27-9-21

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N Grew
Trustee

Company Registration No. 07118015

1 Accounting policies

Charity information

The charity is a company limited by guarantee and incorporated in England and Wales. The members of the company are the trustees who are also the directors. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The charitable company's registered number is 07118015 and the registered office address is 11 City Arcade, Coventry, CV1 3HX.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charitable company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charitable company is a Public Benefit Entity as defined by FRS 102.

The charitable company has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have assessed the charitable company's situation including the COVID-19 pandemic and the likely impact on the charitable company. The directors have a reasonable expectation that the charitable company has adequate resources and working capital to continue in operational existence for the foreseeable future including dealing with the issues arising from the COVID-19 pandemic. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the company's charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

All incoming resources are included on the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Voluntary income resources by the way of grants, donations and gifts are included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

Donated services are included at the value to the charity where this can be quantified. The value of service provided by volunteers has not been included in these accounts.

1 Accounting policies (Continued)

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries, it includes both costs that can be allocated directly to such activities and those costs of indirect nature necessary to support them.

Governance costs includes those costs associated with meeting the constitutional and statutory requirements of the charity and include costs linked to the strategic management of the charity.

Irrecoverable VAT is charged as a cost against the act for which the expenditure is incurred.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost of assets less their residual values over their useful lives on the following bases:

Plant and machinery	15% reducing balance
Computer equipment	33% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charitable company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charitable company's balance sheet when the charitable company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the Statement of Financial Activity.

1.9 Taxation

The charity is exempt from corporation tax on its charitable activities.

1 Accounting policies (Continued)

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charitable company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

1.12 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charitable company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2020	2020	2020	2019	2019	2019
	£	£	£	£	£	£
Corporate support income	-	-	-	12,196	-	12,196
Donations	29,010	-	29,010	37,883	-	37,883
Grants	98,690	34,122	132,812	53,715	63,620	117,335
Gift aid	5,033	-	5,033	5,183	-	5,183
	132,733	34,122	166,855	108,977	63,620	172,597

3 Donations and legacies (Continued)

Grants receivable for core activities						
Sylvia Adams Charitable Trust	4,000	26,674	30,674	-	27,764	27,764
Tudor Trust	25,000	-	25,000	-	26,305	26,305
Children in Need	-	7,448	7,448	-	9,551	9,551
Coventry General Charities	-	-	-	10,000	-	10,000
Garfield Weston Foundation	-	-	-	30,000	-	30,000
Government grants received	57,808	-	57,808	-	-	-
Other grants received	11,882	-	11,882	13,715	-	13,715
	98,690	34,122	132,812	53,715	63,620	117,335

4 Other trading activities

	Unrestricted funds	Unrestricted funds
	2020	2019
	£	**£**
Cafe income	3,215	11,669

5 Investments

	Unrestricted funds	Unrestricted funds
	2020	2019
	£	**£**
Interest receivable	40	56

6 Raising funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2020	2020	2020	2019	2019	2019
	£	£	£	£	£	£
Trading costs						
Other trading activities	3,637	-	3,637	10,838	-	10,838
Staff costs	35,384	318	35,702	32,327	1,429	33,756
Trading costs	39,021	318	39,339	43,165	1,429	44,594

7 Charitable activities

	Support Costs 2020	Support Costs 2019
	£	£
Wages	11,939	14,632
Rent	20,030	24,425
Rates and water	166	2,065
Insurance	1,623	725
Travel, including outings and families	57	368
Training and courses	3,799	4,565
Support worker staff costs (Children and family, and money management)	64,462	79,566
Light and heat	4,694	4,742
Printing, postage and stationery	828	339
Sundries	533	2
Repairs and renewals	5,907	2,091
Depreciation of tangible fixed assets	527	527
Accountancy and legal fees	1,092	1,670
	115,657	135,717
Analysis by fund		
Unrestricted funds	80,584	66,352
Restricted funds	35,073	69,365
	115,657	135,717

8 Independent Examiner's Remuneration

The analysis of independent examiner's remuneration is as follows:

	2020 £	2019 £
Independent examination of the charitable company's annual accounts	510	510
Other services to the charitable company		
Preparation of annual accounts	510	510
Filing of confirmation statement	106	106
Total independent examiner's fees	1,126	1,126

9 Trustees

None of the trustees received any remuneration or benefits from the charitable company during the year. (2019: None)

A related party of one of the trustees is employed by the charitable company on an arms length basis. The trustee involved is excluded from discussions relating to salaries.

None of the trustees were reimbursed any expenses during the year. (2019: None)

10 Employees

Number of employees

The average monthly number of employees during the year was:

	2020 Number	2019 Number
	12	13

Employment costs	2020 £	2019 £
Wages and salaries	104,011	113,263
Social security costs	4,393	5,741
Other pension costs	3,250	3,241
	111,654	122,245

No employees received employee benefits of more than £60,000 (2019: None)

11 Other

	Unrestricted funds 2020	Unrestricted funds 2019
Bank charges	65	28
	65	28

12 Tangible fixed assets

	Plant and machinery	Computer equipment	Total
	£	£	£
Cost			
At 1 January 2020	10,194	629	10,823
At 31 December 2020	10,194	629	10,823
Depreciation and impairment			
At 1 January 2020	7,208	629	7,837
Depreciation charged in the year	527	-	527
At 31 December 2020	7,735	629	8,364
Carrying amount			
At 31 December 2020	2,459	-	2,459
At 31 December 2019	2,986	-	2,986

13 Creditors: amounts falling due within one year

	2020	2019
	£	£
Other taxation and social security	924	1,385
Accruals and deferred income	3,960	4,008
	4,884	5,393

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

				Movement in funds		
	Balance at 1 January 2019	Resources expended	Balance at 1 January 2020	Incoming resources	Resources expended	Balance at 31 December 2020
	£	£	£	£	£	£
Children in Need	1,670	(10,925)	296	7,448	(7,744)	-
Henry Smith	9,206	(9,206)	-	-	-	-
West Midlands Police	1,520	-	1,520	-	-	1,520
Tudor Trust	-	(25,284)	1,021	-	(1,021)	-
Sylvia Adams Charitable Trust	-	(25,379)	2,385	26,674	(26,626)	2,433
	12,396	(70,794)	5,222	34,122	(35,391)	3,953

Children in Need
A grant was received from Children in Need which was restricted towards our work targeting the physical and emotional wellbeing and development of babies/toddlers; seeking to provide opportunities to improve this and increase their bond with their parents. This was the final instalment of a 3 year grant.

Tudor Trust
In Spring 2019 a grant was received from the Tudor Trust (the final instalment of a 3 year grant). This was restricted towards salary costs for our Fresh Start Support Worker, Family Support Co ordinator and a trainee Children's worker as well as associated training and management costs.

Sylvia Adams Charitable Trust
The grant is restricted towards the development and running costs of our First 1000 Days Programme. The grant is spread over 3 years with the first instalment received February 2019 and the second February 2020.

The Henry Smith Charity
In winter 2017 a grant was received from the Henry Smith Charity. This was restricted to the running costs of Coffee Tots Church, incorporating the salary costs of the managers.

West Midlands Police
Funding is restricted towards providing training opportunities for all staff (paid and volunteer) and associated costs.

15 Analysis of net assets between funds

	Unrestricted funds 2020	Restricted funds 2020	Total 2020	Unrestricted funds 2019	Restricted funds 2019	Total 2019
	£	£	£	£	£	£
Fund balances at 31 December 2020 are represented by:						
Tangible assets	2,459	-	2,459	2,986	-	2,986
Current assets/ (liabilities)	38,172	3,953	42,125	21,327	5,222	26,549
	40,631	3,953	44,584	24,313	5,222	29,535

16 Operating lease commitments

Operating lease payments recognised as an the expense in the financial statements total £20,030 (2019: £24,425)

Operating lease commitments relate to rental of properties at City Arcade, Coventry. Either party can give six months notice to cancel the leases. Operating lease commitments below reflect that there is no indication that either party intends to cancel the leases as at the reporting date.

At the reporting end date the charitable company had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2020	2019
	£	£
Within one year	20,500	20,500
Between two and five years	10,250	25,625
	30,750	46,125

17 Events after the reporting date

At the time of approval of these financial statements, the United Kingdom is emerging from lockdown measures in the wake of the COVID-19 pandemic. These measures are designed to severely limit social contact in all areas in order that the virus is brought under control. The measures are likely to limit the charity's output and the trustees therefore believe that this will have an impact on the charity's outputs during any future lockdown periods, as detailed in the managers' report with these accounts. However, it is not currently possible to reliably estimate the full financial effect on the charity, especially on a long term basis.

18 Related party transactions

Key management remuneration totals £64,739 (2019: £72,536). This includes £20,406 (2019: £23,367) in respect of consultancy fees.