

BAMT BRITISH ASSOCIATION FOR MUSIC THERAPY

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31st December 2024
for
BRITISH ASSOCIATION FOR MUSIC THERAPY



The British Association for Music Therapy
86-90 Paul Street, London, EC2A 4NE
Registered Charity no 1137807 Registered Company no 7301585



info@bamt.org



www.bamt.org

TC Group
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George Street
Croydon
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About BAMT

At the British Association for Music Therapy (BAMT), we are passionately committed to empowering Music Therapists through unparalleled support, resources, and advocacy.

Our mission extends beyond the provision of services; it's about fostering a thriving community where Music Therapists can grow, innovate, and excel.

This commitment begins the moment a Music Therapist becomes a part of our association, ensuring that they are not just joining an organisation, but becoming part of a movement dedicated to elevating the practice of Music Therapy.

From professional development to cutting-edge research, up-to-date guidelines to networking opportunities, BAMT stands as a beacon of excellence and support, ensuring that our members are equipped, inspired, and recognised as pioneers in the transformative power of Music Therapy.

BAMT's Aims and Objectives

The British Association for Music Therapy (BAMT) is the professional body for Music Therapy in the UK, providing both practitioners and non-practitioners with information, professional support, and training opportunities. It is also a charity committed to promoting and raising awareness of Music Therapy and providing information to the general public.

Our aims are:

- To promote the art and science of Music Therapy;
- To promote the use and development of Music Therapy for children and adults with a wide range of needs;
- To promote the understanding of Music Therapy for the general public;
- To advance education in Music Therapy.

Our mission continues to be:

- To promote the profession and practice of Music Therapy in the UK;
- Act as a voice for those who could benefit from Music Therapy and for those who provide Music Therapy.

Our Cultural Positioning

At BAMT we recognise that a vibrant, inclusive, and dynamic culture is essential to our success. It shapes the way we interact, innovate, and approach challenges.

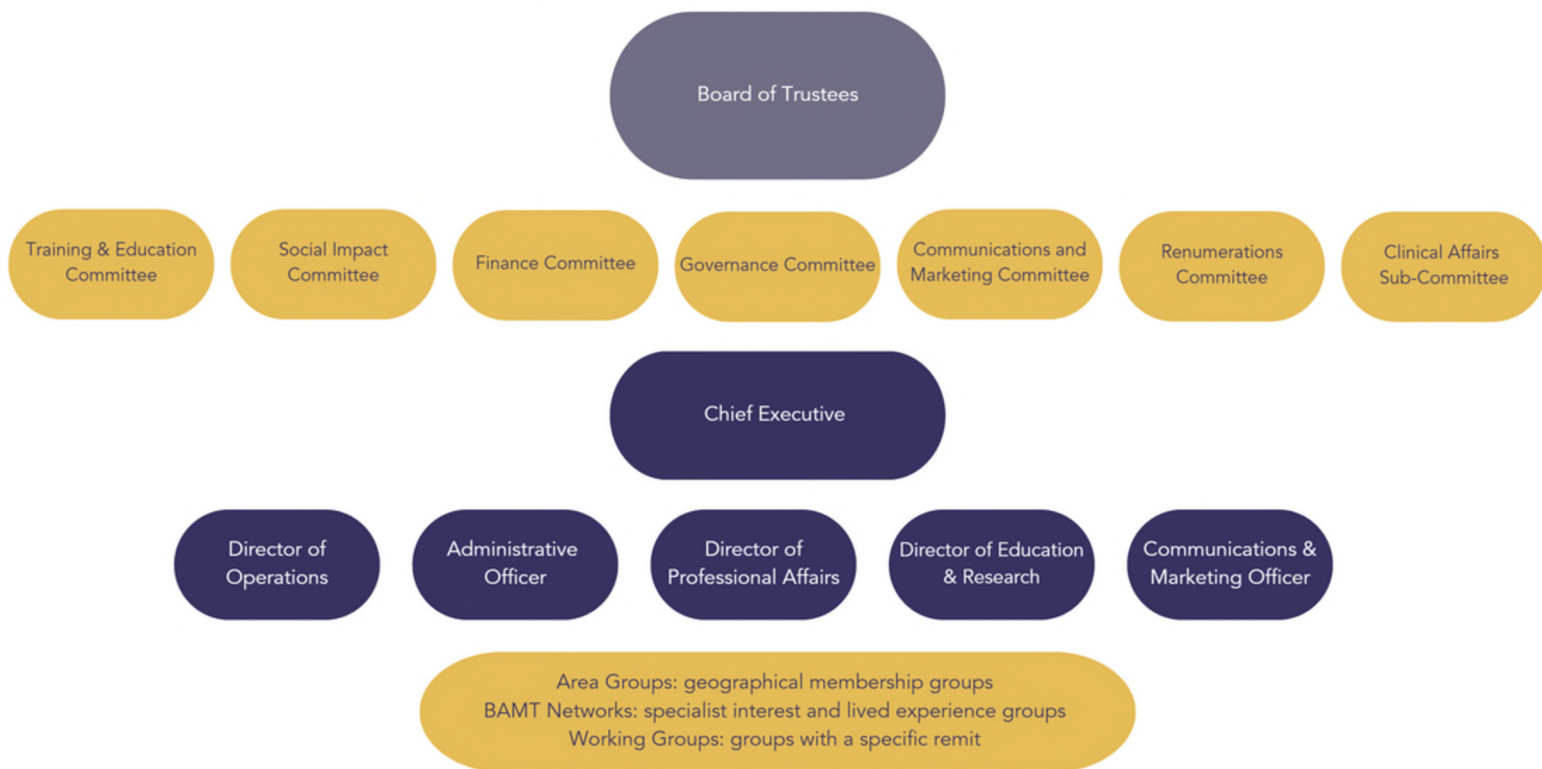
Our culture is built on a foundation of mutual respect, continuous learning, and a commitment to excellence. We celebrate diversity, encourage open communication, and foster a sense of belonging among all members.

By valuing each individual's unique contributions, we create an environment where creativity flourishes, collaboration is natural, and collective goals are achieved with enthusiasm and integrity. This cultural ethos not only drives our internal dynamics but also reflects in the quality of service we provide to our members, shaping their experience and satisfaction.



Structure, Governance and Management

BAMT Governance Structure



Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Reference and administrative details

Registered Company number
07301585 (England and Wales)

Registered Charity number

1137807

Registered office

86 – 90 Paul Street
London
EC2A 4NE

Our Trustees

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st December 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Recruitment and appointment of new trustees

In accordance with the Articles of Association, any person who is so willing may act as a Trustee and may be elected by ordinary resolution of the members. As a professional organisation we commit to having Music Therapists as a minimum of 50% of the board and that the Chair of the board will always be a Music Therapist.

At the third AGM after their appointment or election, a Trustee shall retire and be eligible to be re-elected for a further two three-year terms. No elected Trustee may serve for a period of more than nine years without a period of at least one year out of office.

Induction and training of new trustees

New Trustees undergo orientation sessions which include observation at a Board meeting prior to becoming a Trustee and meeting members of the operational team in order to familiarise themselves with the way the organisation carries out its day to day duties and implements decisions. Business planning, the Articles of Association and financial performance are also covered. Trustees are encouraged to attend external training events which assist them in undertaking their role.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Via regular meetings and other forms of communication, the Trustees have examined all areas of operation and have identified the key risks to which the organisation is exposed.

In the opinion of the Trustees, the Association has established processes and systems which, under normal circumstances, should allow the risks identified by them to be mitigated to an acceptable level in its day-to-day operations.

Public benefit

The Trustees have complied with their duty in Section 17 of the Charities Act 2011 to have due regard to the guidance published by the Charity Commission. The benefit to the public is demonstrated by the activities and achievements contained in this report.

Reserves policy

The charity aims to hold reserves equivalent to one year's expenditure. In calculating this figure, the direct costs of the biannual conference are excluded as it is always planned that the conference is self-financing. This level of reserves allows for unexpected demands on resources as well as providing funds for future expansion by investing in new services and enhancing support to members. At the balance sheet date free reserves stood at £313,085 compared to unrestricted expenditure of £222,616 for the year.

Board Meetings and Committees in 2024

The Board of Trustees met six times during the year. There were two new appointments, resignations and re-appointments during the year 2024. Expanding the Board has brought new experience and perspectives, from both within Music Therapy and beyond.

The Board Committees and Sub-Committees are:

- Finance
- Governance
- Training and Education
- Social Impact
- Remunerations
- Clinical Affairs Sub-Committee
- Communications and Marketing

BAMT Trustees 2024



E Tingle – BAMT Chair
Music Therapist (MT)



J E Kirkwood – MT



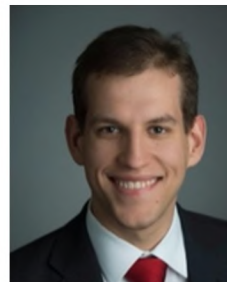
A J Sullivan – Vice Chair



L Jeffery



N J Uddin



P Maton – Treasurer



L Al-Bandar – MT



H J Davies



C J Warner – MT



P Rogers – MT

Reference and Administrative Details

Company Secretary

U Aravinth

Independent Examiner

TC Group
Office: Croydon – TC SWP
3rd Floor, Suffolk House
George Street
Croydon
CR0 0YN

Bankers

Unity Trust Bank Plc
Birmingham
B1 2HB

Approved by order of the board of trustees on17.06.2025.....

and signed on its behalf by:



.....
E Tingle – Chair of Trustees

Our Operational Team



Andrew Langford
Chief Executive



Karen Diamond
Director of Professional Affairs



Clare Maddocks
Director of Education and
Research



Zoe Summers
Communications and Marketing
Officer



Usha Aravinth
Director of Operations



Lisa Partridge
Administrative Officer

Music Therapists registered with HCPC 2021 – 2025

The overall membership numbers have remained largely unchanged from last year, with only a very small variation. The membership numbers below show the changing pattern of memberships during the past five years.

To make it easier to compare, the membership types have been grouped into 3 main categories. They are members (full practitioner & newly qualified practitioner), non-practising (retired, overseas, career break and transitional members), trainees (all trainee members) and associates (full and concessionary associate members).

	Jan 2021	Jan 2022	Jan 2023	Jan 2024	Jan 2025
HCPC Registrations	1,174	1,278	1,216	1,423	1,409
BAMT Membership 2021–2025	Jan 2021	Jan 2022	Jan 2023	Jan 2024	Jan 2025
Members (Full, Newly Qualified)	856	905	896	976	993
Transitional, Overseas, Career Break, Retired	128	124	116	127	121
Trainees (All Trainee Members)	112	104	121	134	118
Associates (Full and Concessionary)	58	82	78	66	68
	1,154	1,215	1,211	1,303	1,300

Chair's Report 2024

The year has seen BAMT continuing to focus on advocating for the profession at both regional and national level; providing increased CPD opportunities for our membership; developing further network groups; running a unique conference for Music Therapists; and actively seeking to further engage with and support our membership.

A key moment of the year was the BAMT Conference, which took place May 17th-19th at the Curve Theatre, Leicester. The conference 'About All of Us, For All of Us, By All of Us' brought together Music Therapists from across the UK and focussed on celebrating diversity and promoting inclusion.



Service Users were involved in some presentations, and voices were heard from within and outside the profession, enabling further discussion on how the profession can better reflect the communities within which therapists work, and how we can include in both individual and systems level research and clinical practice, an embedded understanding of the complexity of all that it means to be human. Whilst the conference was a great success, the Board commissioned an external consultant to undertake a 'lessons learnt' exercise in subsequent months. As a result, we are looking to a future in which BAMT conferences will move towards ensuring greater inclusivity is built into every planning decision, this will include the balance of in person and online events as a central consideration.

The conference also saw the Board sharing with BAMT membership the Strategic Development Plan 2024-2029 (SDP). This plan sets out not only our core vision but also the steps which BAMT will take across this time in order to further the aims of the charity in order to better serve BAMT members, Service Users and the profession. The Board continues to hold itself accountable to the SDP as we continually work to take BAMT forwards.

BAMT's CPD offering to its members continues to grow. The Newly Qualified Music Therapist CPD training package is popular and the Board has committed to continuing this through supportive funding. BAMT has further developed other CPD offerings which are now available to BAMT members at a discounted rate, with other professionals being able to attend at a full charge.

As a Board, we were sorry to lose Sofia Khan but have been delighted to welcome Liz Jeffrey, an HR expert, and Philip Maton, a financier, who has taken up the role of Treasurer.

Operationally, the team has welcomed Zoe Summers to the role of Communications and Marketing Officer. BAMT continues to be fortunate to have such a strong and dedicated Operational Team, led so excellently by our Chief Executive, Andrew Langford. Andrew's continued determined advocacy for Music Therapy in sometimes difficult high-level national conversations, is work which is often unseen and we are immensely grateful to him for this and all he does. Together with Andrew, Zoe Summers, Karen Diamond, Clare Maddocks, Usha Aravindh and Lisa Partridge continue to work towards the smooth running of BAMT Operations and, crucially to support our members. 2024 has seen Andrew, Karen and Clare engaged in a project created by NHS England which considers the way forward for Music Therapists' career pathways, better support for the training of Music Therapists, and the promotion of Music Therapy to the public and other health and social care professionals.

As the Chair I am grateful to each member of the board for their successful leadership of BAMT, to all of the Operational Team for their work, and service to BAMT, and to our membership who we continue to seek to serve as we promote and advocate for the Music Therapy profession.

Eleanor Tingle, Chair BAMT

Social Impact Committee

Report 2024

We have worked on facilitating a feeling of belonging and inclusivity within the profession:

- Feedback from the conference showed that delegates were impressed with the diversity of the presentations. Improvements relating to accessibility have been noted in order that action can be taken for future events.
- A membership survey on inclusivity in the profession has been completed, these results are being used to form a baseline from which we can monitor our progress.



We have begun improving our organisational structure:

- The committee has contributed to the risk register so that social impact risks are now being addressed for the first time.
- A demographic survey of our staff was completed so that we can make further steps towards diversifying the team. The recruitment process will be reviewed next year in order to enable us to move forward with this.

BAMT has invested time into linking with networks such as the NHS and higher education institutions. The Committee has supported the Operational Team as it has contributed to guidance and policies aimed at diversifying the profession, and minimising health inequalities and barriers to access for Service Users.

The Committee has ensured that BAMT has started to collaborate with organisations to increase awareness and lobby for systemic change in regard to climate change and sustainability:

- We shared information on sustainable practice on social media and contributed to Greener AHP week.
- The spotlight session on sustainability at the conference was a success and we are arranging further CPD on sustainability to take place this year.
- We joined the Climate Minds Coalition.

Laura Al-Bandar, Chair Social Impact Committee

Governance Committee

Report 2024

The Governance Committee has been active across 2024 and have met three times across 2024. Work has continued on developing a framework for writing BAMT policies that includes an Equality and Quality Impact Assessment (EQIA) for all policies. It is anticipated that this document will be ready in 2025. Karen Diamond has led the development of Terms of Reference for the Area Groups and Professional Networks Groups. The Board of Trustees have asked that an annual report be received from the Area Groups and Professional Networks, thus Karen has developed a template that will be used to capture annual activities from these groups and networks feeding into the annual report.



The Committee has worked with Usha Aravinth to develop an Operational Dashboard that will provide the Board of Trustees with an overview of key performance and governance metrics in BAMT. The Operational Dashboard was introduced in the summer of 2024 and includes information such as employee compliance with statutory and mandatory training, compliance with employee annual appraisals, membership numbers, policies and guidelines due for review or overdue. The dashboard is updated by the Operational Team and presented to the Board of Trustees at every meeting.

The Governance Committee has continued to develop the BAMT Risk Register into a dynamic document. Having completed this piece of work the Board of Trustees will be taking a line-by-line review of all risks on the risk register in early 2025 with a view to ensuring the risk register is reflective of the true risks affecting BAMT; that all open risks have mitigations in place, with actions, owners and timelines for completion.

Anthony Sullivan stood down as Chair of the Governance Committee after nearly three years in the position. Penny Rogers will assume the role of chair in 2025.

Anthony Sullivan, Chair Governance Committee, Vice-Chair BAMT Board

Remuneration Committee

Report 2024

The Remunerations Committee was formed in 2023 to ensure that a structured and transparent approach is followed annually to determine the salary uplift that should be applied to employees' salaries to ensure that their remuneration aligns with increases in the cost of living. The committee considers a number of factors and makes a recommendation to the Board of Trustees on the cost of living salary increase applied to salaries from the 1st of January each year.

It was noted when the first draft of the 2025 BAMT budget was being made that there was no process in place for the review of discretionary employer pension contributions. All employers have a legal requirement to award their employees a minimum pension contribution – this is currently set at 3% in the United Kingdom. Employers have the freedom to make additional employer pension contributions above this should they wish. BAMT does award its employees with a discretionary employee contribution, thus it was agreed the remit of the remunerations committee would be expanded to include the annual review of discretionary employer pension contributions. In view of this the committee expanded the Employee Annual Cost of Living Review Policy, to include review of discretionary employer pension contributions. The BAMT Employee Annual Cost of Living and Employer Pension Contributions Review Policy was finalised by the Remunerations Committee at the end of 2024 and is awaiting sign off by the Governance Committee and Board of Trustees.

The Committee recommended a 2% increase in employee salaries for 2025 – this was accepted by the Board of Trustees. BAMT currently awards employees with a discretionary 4 percent employer pension contribution – thus their total employer pension contribution is 7%. The committee recommended that no increase to discretionary employer pension contributions was made in 2025, and this too was accepted by the Board of Trustees.

Anthony Sullivan, Chair Remunerations Committee, Vice-Chair BAMT Board

Communications and Marketing Committee Report 2024

Three meetings of the committee were held during the course of the year, February, July and November.

- Zoe Summers joined the Operations Team at the beginning of 2024 as Communications and Marketing Officer, which has significantly contributed to BAMT's work in this area with increased focus on priority comms activities throughout the year such as World Music Therapy Week, Greener AHPs Week, National Adoption Week, World Mental Health Day, European Music Therapy Day, as well as Comms support for the BAMT Conference held in May.
- The committee has provided strategic oversight for direction of communications and media activities, as well as membership engagement activities developed in the latter part of the year.
- The committee supported the Operations team in carrying out a review of the British Journal of Music Therapy via member survey, including discussion on potential change of publisher and the decision to support better sustainability to only publish the journal online.
- Support for investment in website and rebranding – recommended to be put forward as two separate suggested areas for investment, rather than having to be taken forward together, in alignment with Finance Committee's recommendations on managing reserves.
- Agreement of parameters for full membership survey to be held in early 2025.
- The committee has regularly reviewed relevant items on the risk register so that these are addressed in a timely manner and on an ongoing basis.



Jenny Kirkwood, Chair Communications and Marketing Committee

Training and Education Committee Report 2024

- The TEC continues to meet every three months for business meetings and several times more informally to discuss training issues and share good practice. A Training Day for course teams was held at University of West of England (UWE) in September 2024.
- The draft Curriculum Guidance Document was completed following a two-round consultation undertaken with BAMT members, then BAMT trustees.
- The document is finalised with the exception of the following areas which are still in draft:
 - recommendations for personal therapy hours as there is ongoing consultation on this aspect.



- recommendations for minimum placement hours – this is unlikely to be resolved quickly.
- The working party for the curriculum document has worked with the Social Impact Committee (SIC) chair to ensure sustainability and EDIB principles are embedded, ensuring the document is congruent with the Strategic Development Plan.
- The Education and Research Officer has attended all business meetings and has represented training and education issues in working party B of the NHSE consultation for Art, Drama and Music Therapists . The draft sections of the Curriculum Guidance document relate to ongoing discussions in this working group, and contribute to the potential development of a placement tariff for NHSE placements for Art, Music and Drama Therapists in the future. Present and potential course leaders in Wales, Scotland and Northern Ireland have also assisted the consultation.
- The TEC Chair, Dr Cathy Warner, has also been involved in some of the development work relating to Supervision development of competencies this year in a training consultative role.
- From the recent review of the TEC Terms of Reference, the Governance Committee made a recommendation to change the name of TEC to more accurately reflect its purpose. The preferred name is awaiting sign-off from the Governance Committee.

Dr Cathy Warner, Chair – Training and Education Committee

Clinical Affairs Committee

Report 2024

The Clinical Affairs Committee develops specific guidelines, information, resources etc that supports best practice in Music Therapy. The committee is led by Penny Rogers, a trustee who is a Music Therapist, with support from the Director of Professional Affairs and each topic that is being developed will have a specific special interest working group to ensure best possible expertise in each topic.

During the year Penny and Karen have supported a working party from the BAMT Supervision Network to develop new BAMT guidelines for supervision that will be published in 2025.

The working party has been very successfully led by Wendy Ruck who has done an outstanding job and to whom we are immensely grateful. The work of this group will ensure that guidelines are created which will have a positive effect on the profession, further supporting both Music Therapists and Service Users in the future.



Penny Rogers, Chair – Clinical Affairs Committee.

Financial Report 2024

The Finance Committee, chaired by the Treasurer and supported by three other members, is responsible for overseeing the sound financial management of BAMT. Its role includes ensuring sustainability, identifying and managing financial risks, and maintaining good governance. The directors believe that the finances of BAMT have been managed consistent with the budget set in advance of the year, with variations subject to appropriate scrutiny. This review covers the financial year from 1 January 2024 to 31 December 2024.

BAMT incurred a surplus of £20,349 during the period ending 31 December 2024.

Total expenditure for the period was £402,489.

Restricted and Designated Funds

Restricted funds represent amounts received which were earmarked for specific purposes outlined by donors at the time of donation. At the end of the financial year, BAMT had restricted funds totalling £45,236.

Designated funds represent amounts received which were set aside by the trustees for specific purposes. These include accumulated conference surpluses (allocated for CPD activities) and funds for projects supporting the provision of music therapy in underserved communities. At the end of the financial year, BAMT had designated funds totalling £35,338.

In 2024, all restricted funds from various bank accounts were consolidated into one account for streamlined administration. The different funds will be clearly delineated in the annual accounts and expenditure from restricted funds subject to enhanced oversight from the Treasurer.

In summary the key features of the period were as follows:

During the period, the Finance Committee met regularly to oversee BAMT's financial management. The Committee seeks to establish a sound framework for finance within the charity. The new treasurer was supported by the continuing members of the Committee, and the staff team who run the day-to-day finances of the charity. Policies and processes were reviewed during the period, and the risk register maintained and updated to reflect evolution in the operating environment of the charity. The Committee seeks to ensure transparency in the financial dealings of the charity, to which end this document forms a key part. The Committee is also responsible for meeting legal requirements and following good practice recommendations, as outlined in the commission's guidance on internal financial controls for charities.

To ensure financial stability, BAMT operates within annual budgets and financial plans presented at each Finance Committee meeting. An increase in the subscription rate was implemented in 2024, reflecting areas of rising expenditure. To ensure that such increases are not excessive, financial discipline is maintained in respect of expenditures.

BAMT's normal financial operations are concentrated, with income predominantly from member subscriptions, and expenditure mostly arising from staff costs. The concentration itself represents a risk, but both have been historically stable and predictable. The increase in staff salaries was, in part, attributable to certain projects for which the charity received earmarked funding and whose delivery was achieved through additional staff hours. During the year, enhanced oversight of changes in membership were introduced, to ensure appropriate reactions to any deviations from expectations. Engagement with members remains key, to demonstrate the value delivered by the expenditure and to ensure that any concerns can be appropriately addressed.

Unlike prior years, expenditure on the conference exceeded its income. This loss was budgeted at the start of the year, and was acceptable in the context of the broader budget. 2025 will not have a conference, and future conferences will likely aim to at least break even.

Finance operations continue to be performed within parameters agreed by the Committee, with appropriate governance applied to contracts and payments. Bank accounts are subject to appropriate authorisation and checks. Excess cash not immediately required is held in an interest-bearing account, consistent with a minimal appetite for investment risk.

BAMT requires a prudent level of reserves to ensure continuity in the event of unforeseen variations in income or expenditure. In 2024, this was set at one year of expenditure but this may change in 2025. Reserves at year-end exceeded the target set by our reserves policy, in part due to a large legacy, and form part of the regular Key Performance Indicators (KPIs) continuously reviewed by the Finance Committee. The reserves will be strategically managed to align with the reserves policy over the medium term, and to support the Strategic Development Plan adopted during the year.

BAMT's financial position at the end of 2024 is strong and well-managed. Through continued oversight, disciplined budgeting, and strategic reserves planning, the charity is well placed to continue delivering its core aims.

Philip Maton, Chair Finance Committee

Independent Examiner's Report 2024

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st December 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

TC SWP Limited

Patrick du Casse

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3rd Floor, Suffolk House
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Croydon
CR0 0YN

17.06.2025
Date:

Statement of Financial Activities for the year ended 31st Dec 2024

	Notes	Unrestricted funds £	Restricted funds £	Total funds 31.12.24 £	31.12.2023 Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	2	94,834	-	94,834	995
Charitable activities					
Promotion of Music Therapy	4	316,061	-	316,061	190,000
Investment income	3	11,943	-	11,943	9,636
Total		422,838	-	422,838	200,631
EXPENDITURE ON Charitable activities	5				
Promotion of Music Therapy		402,185	300	402,485	256,515
Other		4	-	4	435
Total		402,189	300	402,489	256,950
NET INCOME/(EXPENDITURE)		20,649	(300)	20,349	(56,319)
RECONCILIATION OF FUNDS					
Total funds brought forward		327,774	45,536	373,310	429,629
TOTAL FUNDS CARRIED FORWARD		348,423	45,236	393,659	373,310

The notes form part of these financial statements

Balance sheet 31st Dec 2024

	Notes	Unrestricted funds £	Restricted funds £	31.12.24 Total funds £	31.12.23 Total funds £
FIXED ASSETS Tangible assets	11	639	-	639	-
CURRENT ASSETS Debtors Cash at bank	12	1,980 353,524 355,504	- 45,236 45,236	1,980 398,760 400,740	52,149 377,932 430,081
CREDITORS Amounts falling due within one year	13	(7,720)	-	(7,720)	(56,771)
NET CURRENT ASSETS		347,784	45,236	393,020	373,310
TOTAL ASSETS LESS CURRENT LIABILITIES		348,423	45,236	393,659	373,310
NET ASSETS		348,423	45,236	393,659	373,310
FUNDS Unrestricted funds Restricted funds	14			348,423 45,236	327,774 45,536
TOTAL FUNDS				393,659	373,310

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Balance sheet continued

31st Dec 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on17.06.2025..... and were signed on its behalf by:



.....
E Tingle – Chair of Trustees

Notes to the Financial Statements for the year ended 31st Dec 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value.

British Association for Music Therapy meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transactional value unless otherwise stated in the relevant accounting policy.

The financial statements have been prepared in sterling, the functional currency of the charity, and monetary amounts in these financial statements have been rounded to the nearest £.

Going Concern

The trustees consider that there are no material uncertainties around the charity's ability to continue as a going concern. The trustees have considered the level of funds held and expected level of income and expenditure for 12 months from authorising these financial statements and have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The trustees therefore consider it appropriate to prepare the accounts on the going concern basis given the charitable operations, current projections and historic performance.

Legal status of the Charity

The charity is a company limited by guarantee (incorporated in England and Wales) and has no share capital. Its registered office and head office addresses are listed on page 7 of these financial statements.

Financial reporting standard 102 – reduced disclosure exemptions

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows;
- the requirement of paragraph 3.17(d);
- the requirements of paragraphs 11.42, 11.44, 11.45, 11.47, 11.48(a)(iii), 11.48(a)(iv), 11.48(b) and 11.48(c);
- the requirements of paragraphs 12.26, 12.27, 12.29(a), 12.29(b) and 12.29A;
- the requirement of paragraph 33.7.

Income

Items of income are recognised and included in the accounts when all of the following criteria are met:

- The charity or its subsidiary have entitlement to the funds;
- Any performance conditions attached to the items of income have been met or are fully within the control of the charity or its subsidiary; and
- There is sufficient certainty that receipt of the income is considered probable and measured reliably.

Specific accounting policies for income recognition are as follows:

Donations, gifts and legacies

All monetary donations, gifts and legacies are credited to the income and expenditure account in the period of receipt. Donations under Gift Aid together with the associated income tax recoveries are credited to the income and expenditure account when the donations are received.

Income

Charitable activities

Incoming resources from charitable activities are accounted for when earned.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but are not accrued as expenditure.

Tangible fixed assets

Tangible fixed assets are stated at historical cost less accumulated depreciation less any accumulated impairment losses.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings – 15% on cost

Computer equipment – 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Debtors

Other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any discounts due.

Cash at bank and in hand

Cash is represented by deposits with financial institutions repayable without penalty on notice of not more than 24 hours.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

Creditors are recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The charity only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities.

2. DONATIONS AND LEGACIES

	31.12.24 £	31.12.23 £
Donations	2,466	718
Gift Aid	368	277
Legacies	92,000	-
Total	94,834	995

3. INVESTMENT INCOME

	31.12.24 £	31.12.23 £
Deposit account interest	11,943	9,636

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.12.24 £	31.12.23 £
Journal income	Promotion of Music Therapy	1,961	1,909
Subscriptions	Promotion of Music Therapy	186,025	173,659
Conferences	Promotion of Music Therapy	107,338	-
Event income	Promotion of Music Therapy	737	920
National CPD Programme	Promotion of Music Therapy	12,950	8,536
Virtual Job Fair	Promotion of Music Therapy	-	4,976
NHSE Project	Promotion of Music Therapy	3,850	-
Job advertisement income	Promotion of Music Therapy	3,200	-
		316,061	190,000

The charity hosts a conference every two years, the last conference was held in May 2024.

5. CHARITABLE ACTIVITIES COSTS

	Direct costs £	Grant funding of activities £	Support costs (see note 6) £	Totals £
Promotion of Music Therapy	393,634	4,700	4,151	402,485

6. SUPPORT COSTS

	Management £	Finance £	Governance £	Totals £
Promotion of Music Therapy	1,033	364	2,754	4,151

Support costs, included in the above, are as follows:

Management

	31.12.24 Promotion of Music Therapy £	31.12.23 Total Activities £
Sundries	-	910
Trustee expenses	345	732
Meeting costs	688	1,744
Total	1,033	3,386

Finance

	31.12.24 Promotion of Music Therapy £	31.12.23 Total Activities £
Bank charges	350	306
Depreciation of tangible fixed assets	14	194
Total	364	500

Governance Costs

	31.12.24 Promotion of Music Therapy £	31.12.23 Total Activities £
Accountancy fees	2,754	1,788

7. NET INCOME (EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.12.24 £	31.12.23 £
Depreciation - owned assets	13	194
Deficit on disposal of fixed assets	-	435
Independent examiner fees	1,470	1,200
Independent examiner fees - other accountancy services	1,284	588

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st December 2024 nor for the year ended 31st December 2023.

Trustees' expenses

Trustee expenses, relating to travel costs, totalling £345 (2023 - £732) were paid to 2 (2023 - 3) trustees during the year.

9. STAFF COSTS

	31.12.24 £	31.12.23 £
Wages and salaries	175,033	150,392
Social security costs	11,728	9,778
Other pension costs	10,449	6,976
Total	197,210	167,146

The average monthly number of employees during the year was as follows:

	31.12.24 £	31.12.23 £
Administration	1	1
Development	2	2
Operations	3	2
Total	6	5

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total Funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	995	-	995
Charitable activities Promotion of Music Therapy Investment income Total	190,000 9,488 200,483	- 148 148	190,000 9,636 200,631
EXPENDITURE ON Promotion of Music Therapy Other	256,115 435 256,550	400 - 400	256,515 435 256,950
NET INCOME/(EXPENDITURE)	(56,067)	(252)	(56,319)
RECONCILIATION OF FUNDS Total funds brought forward	383,841	45,788	429,629
TOTAL FUNDS CARRIED FORWARD	327,774	45,536	373,310

11. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1st January 2024	2,842
Additions	652
Disposals	(480)
At 31st December 2024	3014
DEPRECIATION	
At 1st January 2024	2,842
Charge for year	13
Eliminated on disposal	(480)
At 31st December 2024	2,375
NET BOOK VALUE	
At 31st December 2024	639
At 31st December 2023	-

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.24 £	31.12.23 £
Trade debtors	360	2,875
Other debtors	1,620	487
Prepayments	-	48,787
	1980	52,149

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.24 £	31.12.23 £
Trade creditors	501	151
Social security and other taxes	-	48
VAT	302	71
Other creditors	2,720	1,770
Accruals and deferred income	4,197	54,731
Total	7,720	56,771

Within accruals and deferred income, deferred income amounts to £1,105 (2023 - £22,946). The deferred income in 2024 relates to 2025 subscription fees. In the year £22,946 was released into revenue in the Statement of Financial Activities (2023 - £350).

14. MOVEMENT IN FUNDS

	At 1.1.24 £	Net movement in funds £	At 31.12.24 £
Unrestricted funds			
General fund	233,151	79,934	313,085
Designated fund	94,623	(59,285)	35,338
Total	327,774	20,649	348,423
Restricted funds			
Guildford Academic Associates Music Therapy Fund	25,393	-	25,393
Juliet Alvin Music Therapy Fund - General	15,465	-	15,465
Juliet Alvin Music Therapy Fund - Scholarship Fund	365	(300)	65
Juliet Alvin Music Therapy Fund - Research Fund	4,313	-	4,313
Total	45,536	(300)	45,236
TOTAL FUNDS	373,310	20,349	393,659

14. MOVEMENT IN FUNDS – Continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	302,550	(222,616)	79,934
Designated fund	120,288	(179,573)	(59,285)
Total	422,838	(402,189)	20,649
Restricted funds			
Juliet Alvin Music Therapy Fund – Scholarship Fund	–	(300)	(300)
Total			
TOTAL FUNDS	422,838	(402,489)	20,349

Comparatives for movement in funds

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	257,728	(24,577)	233,151
Designated fund	126,113	(31,490)	94,623
Total	383,841	(56,067)	327,774
Restricted funds			
Guildford Academic Associates Music Therapy Fund	25,393	–	25,393
Juliet Alvin Music Therapy Fund – General	15,450	15	15,465
Juliet Alvin Music Therapy Fund – Scholarship Fund	763	(398)	365
Juliet Alvin Music Therapy Fund – Research Fund	4,182	131	4,313
Total	45,788	(252)	45,536
TOTAL FUNDS	429,629	(56,319)	373,310

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	191,948	(216,525)	(24,577)
Designated fund	8,535	(40,025)	(31,490)
Total	200,483	(256,550)	(56,067)
Restricted funds			
Juliet Alvin Music Therapy Fund - General	15	-	15
Juliet Alvin Music Therapy Fund - Scholarship Fund	2	(400)	(398)
Juliet Alvin Music Therapy Fund - Research Fund	131	-	131
Total	148	(400)	(252)
TOTAL FUNDS	200,631	(256,950)	(56,319)

Movement in funds – continued

Designated funds

The designated funds comprise accumulated conference surpluses to be used for CPD activities, and funds for projects supporting the provision of Music Therapy.

Guildford Academic Associates Music Therapy Fund

Donations totalling £25,000 from Guildford Academic Associates established a fund of money from which to make grants to support Music Therapists on recognised trainings.

Juliet Alvin Music Therapy Funds

The funds were established by a Deed of Trust in 1984 in memory of the late Juliet Alvin who founded the first music therapy training programme in the UK in 1968 at the Guildhall School of Music and Drama. The Trust is administered through BAMT but does not allow administration costs to be drawn from the fund itself.

There are four sub-funds:

- Scholarship fund
- Research fund
- Humphrey Mews Memorial fund
- General fund

The scholarship fund is to be used to provide student grants to music therapy trainees from Guildhall School of Music and Drama.

The research fund can be used to support music therapists undertaking research at any recognised Higher Education Institution.

The Humphrey Mews Memorial was established at a later date for the specific purpose of supporting research into Vibroacoustic Therapy. As of recently these funds are now able to be spent on other activities.

The general fund is available to be used to support the purposes of the fund at the discretion of the trustees.

15. OTHER FINANCIAL COMMITMENTS

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions are reflected in expenditure on the same basis as an individual's salary allocation.

The charge to the Statement of Financial Activities in respect of defined contribution schemes was £10,449 (2023 – £6,976).

At the year end all commitments have been paid over to the independent administered fund with the exception of £1,615 (2023 – £949) which is due to be paid after the year end.

16. RELATED PARTY DISCLOSURES

An amount of £2,930 was paid to P Rogers (2023 - £2,400), a trustee, for providing a safeguarding training course in the year.

These transactions have been reviewed and were considered reasonable expenses.

Detailed Statement of Financial Activities for the year ended 31st Dec 2024

INCOME AND ENDOWMENTS	31.12.24 £	31.12.23 £
Donations and legacies		
Donations	2,466	718
Gift aid	368	277
Legacies	92,000	-
Total:	94,834	995
Investment income		
Deposit account interest	11,943	9,636
Charitable activities		
Journal income	1,961	1,909
Subscriptions	186,025	173,659
Conferences	107,338	-
Event income	737	920
National CPD Programme	12,950	8,536
Virtual job fair	-	4,976
NHSE Project	3,850	-
Job Advertisement Scheme	3,200	-
Total:	316,061	190,000
Total incoming resources	422,838	200,631
EXPENDITURE		
Charitable activities		
Salaries	175,033	150,392
Social security	11,728	9,778
Pensions	10,449	6,976
Office costs	8,843	13,128
Website maintenance costs	4,615	2,799
Journal costs	30,907	30,127
Marketing and publicity	766	716
Regional events	1,980	641
Subscription costs	2,674	2,835
AHP rewards	618	576
Consultancy Fees	4,500	-
Training and education costs	697	296
Conference costs	116,723	-
EDI Project	1,496	419
Mentor for Chair	30	30
AHA costs	-	5,090
National CPD Programme	4,602	2,856
Carried forward	375,661	226,659

This page does not form part of the statutory financial statements

BRITISH ASSOCIATION FOR MUSIC THERAPY

Detailed Statement of Financial Activities for the year ended 31st December 2024

	31.12.24 £	31.12.23 £
Charitable activities		
Brought forward	375,661	226,659
NQMT Training	15,453	12,470
Virtual job fair expenses	-	5,051
Music & drama expo costs	1,106	1,260
EMTC meeting costs	492	901
Supervision Work Group	922	-
Student grants	4,700	4,500
Total:	398,334	250,841
Other		
Loss on sale of tangible fixed assets	-	435
Interest Payable	4	-
Total:	4	435
Support costs		
Management		
Sundries	-	910
Trustee expenses	345	732
Meeting costs	688	1,744
Total:	1,033	3,386
Finance		
Bank charges	350	306
Computer equipment	14	194
Total:	364	500
Governance costs		
Accountancy fees	2,754	1,788
Total resources expended	402,489	256,950
Net (expenditure)/income	20,349	(56,319)