

KNOWLE WEST HEALTH PARK COMPANY
TRUSTEES AND DIRECTORS REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023

Charity no: 1137797

Company no: 05879576 (England and Wales)

KNOWLE WEST HEALTH PARK COMPANY

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KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2023 which are also prepared to meet the requirements for a directors' report for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to small charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 01 January 2015).

Objectives and Activities

Purposes and aims

The charity's objectives are to promote and protect good health and relieve sickness of people living in the Knowle West area of Bristol and the surrounding area, in particular but not exclusively by: working in partnership with the local community, service users, health care services and Bristol City Council to address health inequalities in South Bristol. Also, to deliver a range of accessible services and activities aimed at improving health and developing health related education and training opportunities that are responsive to local needs.

How our activities deliver public benefit.

Our main activities and who we try to help are described below. All our charitable activities focus on the promotion of health and wellbeing and are undertaken to further our charitable purposes for the public benefit.

Who used and benefitted from our services?

The activities of and services offered by Knowle West Health Park Company are available to people living in Knowle West (otherwise known as Filwood Ward) and the surrounding areas of health inequality in South Bristol. Services are offered to all members of the community, including children and young people, adults and older people.

The residents of Filwood ward and some other wards in South Bristol, experience significant health inequalities compared to citywide averages. 'Health inequalities' is the term used to describe the impact that social and economic disadvantage has on health. It is often measured by the gap in life expectancy between poorer and more affluent people, or similarly the gap between the onset of life limiting illness or disability. In Bristol, the BCC ward profile details the difference between different wards of the city, and in these statistics, Knowle West (Filwood) is shown as having significant health needs compared to other parts of the city.

Filwood has a population of 14,299 and this includes a significantly high percentage of 0-15 year olds. Both male and females life expectancy is below the Bristol average. This premature mortality is caused by cancer, cardiovascular disease and respiratory disease.

In terms of lifestyle behaviour, Filwood is significantly worse than the Bristol average in the following areas; health conditions that limit day to day activities, households where someone smokes, physically inactive, overweight or obese, children who have excess weight. There has been a slight increase to 50.6% of people who feel they belong to their neighbourhood, 93% think the street litter is a problem and in this digital age 91.7% have access to the internet. 31.2% of children live in low income families. Across South Bristol there are 21 LSOAs (Lower Super Output

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Knowle West Health Park Company's activities fall into four main categories, as follows:

1 The provision of services and activities, which are likely to improve health and wellbeing.

General health promotion and illness prevention are the foundations for all of KWHPC's work. The focus of our services is on reducing the likelihood of ill health to individuals and the broader community, as well as enabling people to recover better after periods of ill health. The promotion of health and wellbeing informs every activity in which KWHPC is engaged and remains an ethical imperative in every interaction with service users, focusing as it does on the individual as well as their local networks and neighbours.

A summary of services delivered by Knowle West Health Park to meet local needs would include:

- Exercise groups for adults including Walking groups, seated exercise, online Tai Chi and other physical exercise groups during the year.
- One to one support/ goal setting to improve wellbeing
- Support for community groups
- Lifeskills classes
- Social support groups
- Educational groups
- Art on referral groups for people with mental health needs
- Lip-reading classes
- Healthy Eating
- Community engagement
- Social prescribing
- CASS mental health awareness and support for local groups
- Green Social Prescribing

2 Facilitating, commissioning and supporting the delivery of specialist services likely to improve health and wellbeing.

In addition to the services directly provided by KWHPC, a major element of the Company's work is to bring onto the Health Park, other specialist services with the specific expertise and resources to address key health issues in South Bristol. Fundraising to commission such services remain a key part of the Company's work and continues to sustain the effective partnership approach built up over the last 21

A summary of services the Charity has brought onto the Health Park to meet local needs in the last year would include:

- One to one counselling for men, women & children
- Family counselling
- Play therapy
- Activities sessions
- Peer support groups around specific long-term conditions
- Peer education training for parents
- Educational groups
- Crèche services
- Women's group
- Music therapy
- Health Interventions

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TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

3 Involving and promoting the opinions, needs and aspirations of local people in the development and delivery of health and social services in South Bristol.

Working from an Asset Based Community Development approach, the company prioritises consultation with and the direct involvement of local people in the development and delivery of its services and activities. Continuing to promote community involvement and reflecting local opinion is a priority in enabling the local community to develop new ways of sustaining their own health and wellbeing. In the last year we have been working with Bristol City Council to embed asset based community development into our working practice. The Health Park have been working alongside other community groups within the local area to develop strategic working practices to benefit the local community. The Health Park has been developing Partnership working with other local organisations to share resources and increase the support for the local community.

4 Promoting the development and profile of the Health Park as a location for needs-led, relevant, effective and innovative health services and interventions.

The Health Park has a key part to play in changing the health profile of Knowle West and surrounding areas. Local delivery targeting local need has been proven to be an effective model and KWHPC will play an important part in ensuring this continues and this has led us to become the VCSE partner for South Bristol Locality Partnership. KWHPC works hard to ensure that the Health Park remains a key local amenity, relevant to local need and working to bring the best possible range of services to the residents of South Bristol. In the last year KWHPC have continued to engage with NHS Property Services and the BNSSG estates review to look at the continued viability of the Health Park site as a venue to deliver cost effective services.

As part of this commitment we are founding members of the Knowle West Alliance. A group of local charities and residents who are working together to strengthen our own individual organisations ability to achieve success and contribute to a thriving neighbourhood and community sector in Knowle West.

Charity Governance Code

Good governance in charities is fundamental to their success. It enables and supports a charity's compliance with the law and relevant regulations. It also promotes a culture where everything works towards fulfilling the charity's vision. The Board has made a commitment to develop a plan to work towards the Codes principles.

COVID Pandemic

The Covid pandemic still impacts the communities of South Bristol. People are still reporting that they feel vulnerable and there has been an increase in the number of people requesting mental health support.

Financial Review

Knowle West Health Park Company ends the year with a small surplus which has increased reserves.

Aside from our main projects we have received small pots of funding from Trusts to deliver one off projects.

The Board has been robust in building its reserves to ensure that we are able to continue to deliver our own successful activities which we know improve the wellbeing of the service users but attracts little funding.

The Board are committed to delivering activities that are well used and offer the opportunity for behavioral change. We are working towards activities becoming cost neutral where possible without making them inaccessible.

Other organisations that rent our space have suffered funding cuts and are no longer able to deliver from the Healthy Living Centre. We are working to invite new organisations to use the centre.

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One of the main challenges is that we are delivering new projects whilst the funding offered is shrinking. The diversity of projects requires us to monitor outcomes and report on a high number of difference projects for the turnover of the organisation. We maintain good relationships with the existing trusts and statutory organisations that fund us and continue to look for new sources of funding for new projects to meet service users' needs.

The finances are reviewed regularly at an operational and governance level.

Principal Funding Sources

In the year 2022-23 our funding sources included Bristol City Council Public Health, Bristol BNSSG, Sirona, John James and Quartet.

Investment Policy

KWHPC operates a policy of non-investment, other than keeping KWHPC reserves in high interest bank accounts.

Reserves Policy

KWHPC recognises the importance of maintaining an appropriate level of reserves to allow for contingency planning or action. The Board of Directors has agreed to maintain the level of reserves at three months operational costs, which would currently be £90,000 (for the year 2022-23).

Reserves are reviewed at meetings of the Board of Directors at least half yearly or more frequently if required. Decisions regarding the use of reserves are informed by the charity's Financial Risk Assessment and Risk Management Plan which is also updated twice annually or sooner if required.

Quality Assurance

KWHPC is committed to the principles of continued improvement, and ensuring that quality assurance is embedded in governance, service delivery and organisational development. In December 2013 KWHPC was awarded the PQASSO Quality Assurance Mark at Level 1 and in May 2014 it was granted the BCC Workplace Wellbeing Charter.

Plans for Future Periods

Our service delivery model for this Strategic Plan takes a Community Education and Engagement approach to public health and wellbeing. It prioritises making a difference to individuals and building resilience in the community. It involves several components.

The key aims and activities of this Strategic Plan:

- To know who is using our services and identify under-served groups in the community
- To work together to build a strong, healthy community that supports everyone to achieve wellness.
- To broaden and deepen the activities in the Healthy Living Centre to ensure its continued relevance to the needs of people living in South Bristol.
- To ensure sustainability of the Healthy Living Centre and maintain high standards of quality assurance in all of our activities and services when meeting current and future demand.

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TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

Risk Management

Risk is used to describe the uncertainty surrounding events and their outcomes, which may have a significant effect (whether enhancing or inhibiting) on the following:

- Operational performance
- Achievements of aims and objectives
- Meeting expectations of stakeholders

The Chief Executive performs a bi-annual risk assessment using a Risk Assessment Matrix. The outcome of that process is reported to the Board of Directors who then agree the risk management plan. The risk assessment procedure is completed at least bi-annually, but at any time during the year a further assessment can be implemented as circumstances change. Risk is graded on two scales of 1-5 indicating the impact and likelihood of such risk occurring, and those risks scoring highest are managed most urgently and proactively. The agreed risk management plan is implemented by the KWHPC Staff Team with reports on progress being presented to the Board or Financial Sub Group as required.

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee incorporated on 18 July 2006 and registered as a charity on 7 July 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.00.

Recruitment and Appointment of Trustees

At Board level we would like the majority of places are still occupied by residents of Knowle West and South Bristol. There has been fairly consistent membership of the Board since the company was first created, meaning that members have developed a degree of expertise on the running of the Company. The Trustees have done some work to identify the skill gaps and are recruiting for new members.

Trustee Induction and Training

New trustees are provided with a full induction to the organisation, covering the roles and responsibilities of Board members, operational, financial and health and safety policies, services and activities, and the Strategic Plans of the Charity.

Reference and Administrative Details of the Charity

Knowle West Health Park Company is a company limited by guarantee and a registered Charity.

Registered Office: 5 Knowle West Health Park,
Downton Road,
Knowle
Bristol, BS4 1WH

Registered Company No: 05879576

Registered Charity No: 1137797

KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

Reference and Administrative Details of the Charity (Cont'd)

Trustees and Directors who served during the year to 31 March 2023 and at the date of this report are:

Mr M Deane
Mrs R Manning, OBE
Mr K Jones
Mr I Kipkurui
Ms A Finney
Ms E Stanton

Chief Executive Officer: Miss HM Williams

Bankers: Unity Trust
9 Brindleyplace
BIRMINGHAM, B1 2HB

Independent Examiners: Harwood, Lane & Co
Chartered Accountants
Units 1-4 Crossley Farm Business Centre
Swan Lane, Winterbourne
BRISTOL, BS36 1RH

Statement of trustees' responsibilities

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Accepted Accounting Practices).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period. In preparing the financial statements, the trustees are required

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the Board

Members of the Board of Trustees, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 8.

KNOWLE WEST HEALTH PARK COMPANY

**TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2023**

Statement as to disclosure to our examiners

In accordance with company law, as the company's directors, we certify that:

- so far as we are aware, there is no relevant accounts information of which the independent examiners are unaware
- as the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant accounts information and to establish that the charity's examiners are aware of that information.

Independent Examiners

Harwood Lane & Co were the charitable company's independent examiners for the year and have expressed their willingness to continue in that capacity.

Approval

This report was approved by the Board of Trustees on 12/9/23 and signed on its behalf.



Chair

Mr Michael J Deane

11/11/11

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE
KNOWLE WEST HEALTH PARK COMPANY**

I report on the accounts of the Company for the year ended 31 March 2023, which are set out on pages 11 to 20.

Respective responsibilities of trustees and examiners

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiners' report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

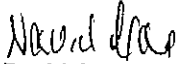
In connection with my examination, no matter has come to my attention:

- (1) which give me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with s386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


David Cox MBE FCA
For and on behalf of Harwood, Lane & Co
Chartered Accountants
Units 1 - 4 Crossley Farm Business Centre
Swan Lane
Winterbourne
BRISTOL
BS36 1RH
Date: 12/9/2023

KNOWLE WEST HEALTH PARK COMPANY

STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD ENDED 31 MARCH 2023

SUMMARY INCOME AND EXPENDITURE ACCOUNT

	Notes	Restricted	Unrestricted	2023 Total	2022 Total
INCOME					
Other Income	2	0	10,033	10,033	5,692
<i>Income from other trading activities</i>					
- Room Hire and Equipment		0	14,999	14,999	8,483
Investment Income	3	0	1,287	1,287	173
Income from Charitable Activities	4	379,590	7,723	387,313	494,380
Total Income		379,590	34,042	413,632	508,728
EXPENDITURE					
Costs of Generating Funds					
Fundraising		0	0	0	0
Charitable Activities	5	(333,432)	(29,026)	(362,458)	(381,744)
Total Resources Expended	5	(333,432)	(29,026)	(362,458)	(381,744)
Net Incoming/(Outgoing) Resources for the year	8	46,158	5,016	51,174	126,984
Transfers between Funds	12	0	0	0	0
Balance brought forward	12	214,024	251,170	465,194	338,210
Balances carried forward	12	£260,182	£256,186	£516,368	£465,194

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 14 to 20 form part of these accounts

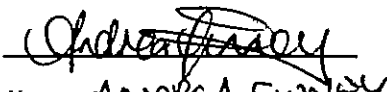
KNOWLE WEST HEALTH PARK COMPANY

BALANCE SHEET AS AT 31 MARCH 2023

	Notes	2023	2022
CURRENT ASSETS			
Debtors	6	21,028	46,808
Cash at Bank and in Hand		504,401	443,588
		<hr/>	<hr/>
		525,429	490,396
CREDITORS; amounts falling due within one year			
	7	(9,061)	(25,202)
		<hr/>	<hr/>
Net Current Assets		516,368	465,194
Total Assets less Total Liabilities		£516,368	£465,194
Capital and Reserves			
Restricted Funds	12	260,182	214,024
Unrestricted Funds	12	256,186	251,170
		<hr/>	<hr/>
		£516,368	£465,194

The Directors considers that the company is entitled to exemption from the requirement to have an audit under the provisions of s.477 of the Companies Act 2006. Members have not required the company under s.476 of the Companies Act 2006, to obtain an audit for the period ended 31 March 2023. The Directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with s.386 and s.387 of the Companies Act 2006, and for preparing accounts which give a true and fair view of the state of affairs of the company as at 31 March 2021 and of its profit for the period then ended in accordance with the requirements of s.396, and which otherwise comply with the requirements of the Act relating to the accounts so far as applicable to

The financial statements which have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 were approved by the board on 12/9/2023 and are signed on its behalf.


Name: **ANDREA FINNEY**
Trustee

The notes on pages 14 to 20 form part of these accounts

KNOWLE WEST HEALTH PARK COMPANY

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2023

	Note	Total Funds 2023	Total Funds 2022
Net Cash generated by operating activities	14	<u>59,526</u>	<u>99,941</u>
<i>Cash Flow from investing activities:</i>			
Interest and dividends		1,287	173
Purchase of furniture and equipment		0	0
Proceeds from sale of investments		0	0
		<u>1,287</u>	<u>173</u>
Net cash provided by investing activities		1,287	173
<i>Cash Flow from financing activities:</i>			
Repayment of borrowing		0	0
Receipt of expendable endowment		0	0
		<u>0</u>	<u>0</u>
Net cash provided by financing activities		0	0
Change in cash and cash equivalents in the year		60,813	100,114
Cash and cash equivalent brought forward		443,588	343,474
Cash and cash equivalent carried forward		£504,401	£443,588

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

1 ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Knowle West Health Park Company meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

1.2 Pensions

The company pension scheme is with Aegon, the company follows government guidelines and currently contributes 4% into employees pensions.

1.3 Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

1.4 Income

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to

Investment income is included when receivable.

Incoming resources from charitable trading activity are accounted for when earned.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1.5 Expenditure

Expenditure is recognised on a accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

1.6 Charitable Activities

Costs of charitable activities include governance costs and are disclosed in note 5 of the statutory

2	OTHER INCOME	Restricted	Unrestricted	2023	2022
	Miscellaneous	-	5,033	5,033	1,692
	Employers Allowance	-	5,000	5,000	4,000
		£0	£10,033	£10,033	£5,692

3 INVESTMENT INCOME

All of the charities investment income of £1,287 (2022 £173) arises from money held in interest bearing current and deposit accounts.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

4	INCOMING RESOURCES FROM CHARITABLE ACTIVITIES	Restricted	Unrestricted	2023	2022
	Service Level Agreements	258,855	-	258,855	129,906
	<i>SWIFT Link Worker</i>	70,037			
	<i>Sirona</i>	130,000			
	<i>CASS</i>	27,716			
	<i>BCC BIF2</i>	31,102			
	Grants				
	BCC Activities	9,000	-	9,000	-
	BCC BS3	-	-	-	66,650
	BCC CEV	15,950	-	15,950	110,000
	BCC Covid Funding	-	-	-	9,600
	BCC Covid Hub	-	-	-	8,000
	BCC Man Alive	5,000	-	5,000	7,202
	BCC MIL	50,000	-	50,000	-
	CCG Cass	-	-	-	31,574
	Fun and Fab	3,285	-	3,285	2,673
	John James	-	1,447	1,447	-
	Knowle West Alliance	-	529	529	-
	Knowle West Media Centre	-	400	400	-
	Miscellaneous Grants	-	-	0	12,840
	NHS Bristol NS & SG CCG	-	2,000	2,000	7,447
	Quartet CAO	5,000	-	5,000	-
	SPEAR	-	-	-	50,988
	St Monica's Trust	-	-	-	30,000
	VOSCUR	-	1,000	1,000	-
	Wesport	32,500	2,347	34,847	27,500
		379,590	7,723	387,313	£494,380

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

5 COST OF GENERATING FUNDS

CHARITABLE ACTIVITIES

CHARITABLE ACTIVITIES													
UNRESTRICTED FUNDS				RESTRICTED FUNDS									
	Management Expenditure	CASS	Walking Group	Service Level Agreements	Activities	BCC BS3	BCC CEV	BCC MIL	Community Dev. for Older People	Fun and Fab	Man Alive	Quartet CAO	Wesport
Total	12	-	-	-	-	-	-	-	-	-	-	-	-
Other Expenditure	12	-	-	200	-	-	-	-	-	-	-	-	-
Bank Charges	212	-	-	-	-	-	-	-	-	-	-	-	-
Board Expenses	-	-	-	-	-	-	-	-	-	-	-	-	-
Dues and Subscriptions	1,468	-	-	1,000	-	-	-	-	-	-	-	-	-
Equipment	299	-	-	-	-	-	-	-	-	-	-	-	-
Evaluation	-	-	-	-	-	-	-	-	-	-	-	-	-
Insurance	3,068	-	-	2,000	-	-	-	-	-	-	-	-	-
IT Costs	2,873	-	-	225	-	-	-	-	-	-	-	-	-
Materials	6,284	-	-	2,451	176	-	-	-	515	1,657	562	-	260
Minibus Hire	240	-	-	-	-	-	-	-	-	-	-	-	-
Sub Contractors	1,032	-	-	45,954	2,348	-	-	-	-	-	2,000	-	2,205
Payroll Expenses	-	-	-	-	-	-	-	-	-	-	-	-	-
Postage	-	-	-	-	-	-	-	-	-	-	-	-	-
Printing and Publicity	2,126	-	-	1,000	-	-	-	-	-	-	-	-	-
Independent Examination	1,560	-	-	1,000	-	-	-	-	-	-	-	-	-
Professional Fees	1,211	-	-	500	-	-	-	-	-	-	-	-	-
Refreshments	1,144	-	-	-	-	-	-	-	-	-	-	-	-
Rent	26,075	-	-	11,662	-	-	-	-	-	-	-	-	-
Repairs and Renewals	2,431	-	-	1,534	-	-	-	-	-	-	-	-	-
Room Hire	141	-	-	-	-	-	-	-	-	-	-	-	-
Salaries	235,695	-	-	139,008	2,238	-	-	25,000	34,283	513	6,049	2,500	26,104
Seasonal Workers	15,182	-	-	-	14,200	-	-	-	-	785	-	-	-
Staff Recruitment	437	-	-	315	-	-	-	-	13	-	-	-	-
Staff Training	4,501	-	-	3,241	-	-	-	-	50	-	-	-	190
Staff Expenses	868	-	-	175	-	-	-	-	34	9	82	-	241
Stationery	427	-	-	12	-	-	-	-	-	-	-	-	-
Telephone	2,033	-	-	1,000	-	-	-	-	-	-	-	-	-
Travel and Accommodation	80	-	-	-	-	-	-	-	80	-	-	-	-
Volunteer Expenses	552	-	-	-	-	-	-	-	25	36	-	-	-
Year 2023	£362,458	£29,026	£0	£211,277	£18,962	£0	£0	£25,000	£35,000	£3,000	£8,693	£2,500	£29,000
Year 2022	£381,673	£128,431	£31,930	£113,887	£10,848	£66,925	£0	£0	£20,639	£1,375	£7,056	£0	£0

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

6	DEBTORS	2023	2022
	Income Receivable	20,142	44,974
	Prepayments	886	1,834
		£21,028	£46,808
7	CREDITORS: amounts falling due within one year	2023	2022
	Trade Creditors	7,501	23,792
	Accruals	1,560	1,410
		£9,061	£25,202
8	OPERATING SURPLUS	2023	2022
	The surplus of income over expenditure is stated after charging:		
	Independent Examiners Fee (inclusive of VAT)	1,560	1,410
	Pension Costs	6,228	6,392
9	STAFF COSTS	2023	2022
	The staff costs for the year were:		
	Wages and Salaries	206,417	179,061
	Social Security Costs	17,562	14,658
	Pension Contributions	6,228	6,392
	Self Employed Services	5,488	5,492
		£235,695	£205,603
	No employee earned in excess of £60,000.		
	The average monthly number of staff employed by the charity during the year, was as follows:		
	Direct Charitable Work	9	8
	Administrative	1	1
		10	9
	Trustees Remuneration	£Nil	£Nil
	Trustees Expenses	£Nil	£Nil

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

10 SHARE CAPITAL

The company is limited by guarantee with the members liability limited to a contribution of £1 each.

11 Analysis of fund balances between the net assets

	Restricted	Unrestricted	Total
Tangible Fixed Assets	-	-	-
Current Assets	260,182	265,247	525,429
Current Liabilities	-	(9,061)	(9,061)
	£260,182	£256,186	£516,368

12	Restricted Funds	B/Fwd	Income	Expenditure	Transfers	C/Fwd
	Service Level Agreements	16,019	258,855	(211,277)	-	63,597
	Activities	9,962	9,000	(18,962)	-	-
	BCC CEV	110,000	15,950	-	-	125,950
	BCC MIL	-	50,000	(25,000)	-	25,000
	Community Dev. For Older People	44,361	-	(35,000)	-	9,361
	Fun and Fab	2,559	3,285	(3,000)	-	2,844
	Man Alive	3,693	5,000	(8,693)	-	-
	Quartet CAO	-	5,000	(2,500)	-	2,500
	Wesport	27,430	32,500	(29,000)	-	30,930
		214,024	379,590	(333,432)	-	260,182
	Unrestricted Funds					
	General Funds	131,846	34,042	(29,026)	(15,896)	120,966
	Designated Funds	119,324	-	-	15,896	135,220
	Total Funds	465,194	413,632	(362,458)	0	516,368

Purposes of Remaining Restricted Funds

Service Level Agreements - This is funding received for the delivery of linkworkers and other support in the South Bristol area.

BCC CEV - This is funding to support the most clinically extremely vulnerable residents back into the community.

BCC MIL - This is funding to enable work in partnership with BCC adult social care.

Community Dev. For Older People - This grant is from St Monicas Trust and is to be used towards the funding of an Older Persons Community Development Worker.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

Purposes of Restricted Funds (Cont'd)

Fun and Fab - This fund is for women who want to get fit and provides both access to weekly activities and talks to help reach achievable goals.

Quartet CAO - This is funding to enable community anchor organisations to work together across South Bristol.

Wesport - This project delivers a physical inactivity programme throughout South Bristol

Purpose of Designated Funds

Designated funds are part of the unrestricted funds of the Charity which the trustees have earmarked for a particular project or use without restricting or committing the funds legally.

The designated funds were earmarked for the following uses:

	2023	2022
Redundancy Reserve	45,220	29,324
Reserve for Running Costs (3 Months)	90,000	90,000
	£135,220	£119,324

13 TAXATION

As a charity, Knowle West Health Park Company Ltd, is exempt from tax on income and gains to the extent that these are applied to its charitable objectives. No tax charges have arisen in the Charity.

14 Reconciliation of net movements in funds to net cash flow from operating activities

	2023	2022
Net Movement in funds	51,174	126,984
Deduct Interest Income	(1,287)	(173)
Decrease / (Increase) in debtors	25,780	(45,713)
(Decrease) / Increase in creditors	(16,141)	18,843
Net cash generated by operating activities	£59,526	£99,941