

KNOWLE WEST HEALTH PARK COMPANY
TRUSTEES AND DIRECTORS REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

Charity no: 1137797

Company no: 05879576 (England and Wales)

KNOWLE WEST HEALTH PARK COMPANY

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**KNOWLE WEST HEALTH PARK COMPANY
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The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2021 which are also prepared to meet the requirements for a directors' report for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to small charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 01 January 2015).

Objectives and Activities

Purposes and Aims.

The charity's objectives are to promote and protect good health and relieve sickness of people living in the Knowle West area of Bristol and the surrounding area, in particular but not exclusively by: working in partnership with the local community, service users, health care services and Bristol City Council to address health inequalities in south Bristol. Also, to deliver a range of accessible services and activities aimed at improving health and developing health related education and training opportunities that are responsive to local needs.

How our activities deliver public benefit.

Our main activities and who we try to help are described below. All our charitable activities focus on the promotion of health and wellbeing and are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services?

The activities of and services offered by Knowle West Health Park Company are available to people living in Knowle West (otherwise known as Filwood Ward) and the surrounding areas of health inequality in south Bristol. Services are offered to all members of the community, including children and young people, adults and older people.

The residents of Filwood ward and some other wards in south Bristol, experience significant health inequalities compared to citywide averages. 'Health inequalities' is the term used to describe the impact that social and economic disadvantage has on health. It is often measured by the gap in life expectancy between poorer and more affluent people, or similarly the gap between the onset of life limiting illness or disability. In Bristol, the Joint Strategic Needs Assessment details the difference between different wards of the city, and in these statistics, Knowle West (Filwood) is shown as having significant health needs compared to other parts of the city. Looking at the main causes of death across all Bristol wards, Filwood is the only ward which is significantly worse than the Bristol average in all of the following: COPD, Cancer, and Coronary Heart Disease. In terms of lifestyle behaviour, Filwood is significantly worse than the Bristol average in all of the following areas: smoking attributed mortality, the percentage of residents who are overweight and obese, teenage conceptions, substance misuse in young people, the percentage of residents who take moderate exercise at least once a week. Filwood is significantly worse than average in all of the following areas: deprivation, unemployed claimants, energy poor housing, the percentage of residents whose fear of crime affects their daily lives. Data for young people, Filwood is above the Bristol average in the following areas: number of children on the Child Protection Register, numbers of young offenders, low birth weights, rate of dependent children with a life limiting long-term illness or disability, rate of young people under the age of 16 years receiving Disabled Living Allowance.

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Covid-19 Pandemic emergency response.

This reporting year commenced with the Covid-19 pandemic lockdown, which meant that all activities were cancelled, and staff had to work from home. As part of Knowle West Alliance and alongside Bristol City Council the Health Park team set up and led a Covid response hub. On April 2nd we took our first 10 referrals and across the year we have received over 470 referrals. The local community were supported with shopping, prescription pick-ups, food delivery, dog walking, befriending, gardening and much more.

All staff have demonstrated flexibility and commitment to meeting the needs of the local community and have supported the work of the hub. Local volunteers have also been amazing, resilient, and dedicated. As a result we have been able to offer emergency support, be-friending support, and signposting/liasing with other services when needed.

Partnerships and relationships between local organisations and individuals have been created and strengthened; and we are now looking ahead to establish what we can learn and further develop from this experience.

We provide services and activities that aim to improve individual and community health and wellbeing.

As an organisation, we think everyone in our community should be able to enjoy positive health outcomes. We seek to empower local people to improve their health and wellbeing, taking a locally-driven and holistic approach to individual and community health that is responsive, accessible, supportive, sustainable and built on respect.

A summary of services, other than the Covid-19 hub, delivered by Knowle West Health Park during the pandemic are:

Community Access support Service (CASS)

Cass has gone from strength to strength despite several staff changes. The project has been granted a short extension in funding to March 2022 in line with the timescale for the new BNSSG funding round starting in April. The CASS team are working hard on evaluation and demonstrating impact, raising CASS's profile in order to establish a place within the mental health offer moving forward.

Natalie, the south networker, returned from maternity leave to be promoted to Project Manager for the city wide team; and the new south networker, Sarah, has brought new connections and experiences which is helping to fill some gaps in our previous offer, particularly with regards to the LGBT+ community.

Spear (social prescribing for equality and resilience)

Spear continued to work with local GP practices to support those who are most isolated and vulnerable. The team were also central to the delivery of the Covid hub and supported staff from other organisations with advice and guidance.

Well-being Boxes

Funded by John James Foundation and distributed to individuals who were most vulnerable and isolated due to covid, especially those who are digitally excluded. Staff and volunteers delivered boxes and supported residents to use the box contents which are based on the Five Ways to Well-being. The boxes have been well received and we have seen positive improvements in wemwebs (well-being) scores.

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NHS health Checks and Stop Smoking Support

Both of these contracts came to an end as Public Health reduced their offer to Bristol residents, so we said goodbye to both Stella and Pip this year. Both have moved on to new roles within health, and we are proud to have been a part of their journey and supported them on their way.

Walking groups

Our Walking Groups restarted as soon as guidance allowed, with our volunteer Walk Leaders being eager to get people back out and walking and it's been an opportunity to explore more local walks.

Art on referral

Both Art Ease and Art Indie groups support vulnerable people. It was important that these were able to operate during the pandemic. Initially, a facebook group was set up alongside an Art by Post Project. Eventually, members who were online met over zoom and when guidance allowed some members returned face to face. The groups worked towards creating art for city wide exhibitions at the RWA, M Shed and Arncliffe Centre.

Support Groups: Fit & Fab and Man Alive

Both groups have continued meeting online and face to face when guidance allowed.

Bereavement Group

We worked in partnership with The Harbour, to provide support for people who have been bereaved. A new telephone peer support group has been started and this will dovetail with the STAR Peer Support Group when it is able to start meeting again.

Tai Chi for wellbeing and Gentle Exercise

We were able to secure funding to support online delivery of these activities.

Knowle West Health Park Company's activities fall into four main categories, as follows;

To know who is using our services and identify under-served groups in the community.

- Identify gaps in data where we need to find out more using current datasets.
- Create opportunities for underserved groups to offer insight and find solutions
- Work with the community to develop activities to meet their needs.
- Undertake effective and timely publicity to target communities across South Bristol.
- Develop services that are inclusive and accessible.
- Listen, lead and gently challenge to promote a culture of respect of trust.
- Respect every person as an individual.

To work together to build a strong, healthy community that supports everyone to achieve wellness.

- Enable and engage the South Bristol Community to create long term, sustainable change.
- Work collaboratively to co-create and embed positive change through empowering individuals to improve their health and wellbeing.
- Involve the local community in the development and delivery of healthy lifestyles in South Bristol.
- Support individuals to identify their own skills and strengths to improve their health and wellbeing.

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- Identify and mobilise community assets to increase peoples control over their health.
- Monitor and measure community outcomes that increase equity.
- Support the development of peer led or self-help groups.
- Recruit and retain volunteers.
- Use a variety of community development tools.

To broaden and deepen the activities in the Healthy Living Centre to ensure its continued relevance to the needs of people living in South Bristol.

- Promote the development and profile of the Healthy Living Centre as a location for needs-led, relevant, effective and innovative health services and interventions.
- Offer tailored support and adapt support based on the needs of the community. We will be supportive and not prescriptive.
- Provide opportunities and a safe space to spark enthusiasm and encourage, enable and educate people to take responsibility for their own health and wellbeing.
- Embed the long-term sustainability of health outcomes into all new activities and services.
- Facilitate seamless movement between activities and services.
- Identify outreach opportunities to target communities in South Bristol affected by health inequalities.
- Build and create partnerships that improve the wellbeing of the community.
- Ensure a strong virtual presence through the Healthy Living Centre website and social media.

To ensure sustainability of the Healthy Living Centre and maintain high standards of quality assurance in all of our activities and services when meeting current and future demand.

- Maintain the Healthy Living Centre as a viable, safe and coherent facility for meeting local health needs.
- Promote the relevance and effective use of the KWHP site.
- Facilitate, commission and support the delivery of relevant specialist services.
- Work in conjunction with the existing assets individuals and communities have to co-design new activities and services.
- Grow to meet demand for health and wellbeing services in South Bristol.
- Promote a mixed-investment model, with no over-reliance on one income source.
- Bid for funding independently or in partnership.
- Improve our ability to evidence client and community benefits, unit costs and value for money and social return on investment (SROI).
- Maintain all policies to reflect emerging standards and best practice.
- Implement policies actively through induction, supervision and training.
- Ensure overall Operational Governance.

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Charity Governance Code

Good governance in charities is fundamental to their success. It enables and supports a charity's compliance with the law and relevant regulations. It also promotes a culture where everything works towards fulfilling the charity's vision. The Board has made a commitment to develop a plan to work towards the Codes principles.

Financial Review

Knowle West Health Park Company ends the year with a small deficit which we have covered through reserves. Aside from our main projects we have received small pots of funding from Trusts to deliver one off projects. The Board has been robust in building its reserves to ensure that we are able to continue to deliver our own successful activities which we know improve the wellbeing of the service users but attracts little funding. The Board are committed to delivering activities that are well used and offer the opportunity for behavioral change. We are working towards activities becoming cost neutral where possible without making them inaccessible. Other organisations that rent our space have suffered funding cuts and are no longer able to deliver from the Healthy Living Centre. We are working to invite new organisations to use the centre. One of the main challenges is that we are delivering new projects whilst the funding offered is shrinking. The diversity of projects requires us to monitor outcomes and report on a high number of different projects for the turnover of the organisation. We maintain good relationships with the existing trusts and statutory organisations that fund us and continue to look for new sources of funding for new projects to meet service users' needs. The finances are reviewed regularly at an operational and governance level.

Principal Funding Sources

In the year 2020-21 our principle funding sources were from Bristol City Council, BNSSG, Quartet and the Lottery. Other funding sources include Sirona CiC, John James, Sport England and St Monica Trust.

Investment Policy

KWHPC operates a policy of non-investment, other than keeping KWHPC reserves in high interest bank accounts.

Reserves Policy

KWHPC recognises the importance of maintaining an appropriate level of reserves to allow for contingency planning or action. The Board of Directors has agreed to maintain the level of reserves at three months operational costs, which would currently be £78,242 (for the year 2020-21). Reserves are reviewed at meetings of the Board of Directors at least half yearly or more frequently if required. Decisions regarding the use of reserves are informed by the charity's Financial Risk Assessment and Risk Management Plan which is also updated twice annually or sooner if required.

Quality Assurance

KWHPC is committed to the principles of continued improvement, and ensuring that quality assurance is embedded in governance, service delivery and organisational development.

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Plans for Future Periods

The staff and Board met in 2019 to update the strategic plan which will design our way of working or the next five years. Due to the Covid-19 Pandemic the new strategic plan was finalised in Feb 2021,

Current strategic priorities include:

- To know who is using our services and identify under-served groups in the community.
- To work together to build a strong, healthy community that supports everyone to achieve wellness.
- To broaden and deepen the activities in the Healthy Living Centre to ensure its continued relevance to the needs of people living in South Bristol.
- To ensure sustainability of the Healthy Living Centre and maintain high standards of quality assurance in all of our activities and services when meeting current and future demand.

Risk Management

Risk is used to describe the uncertainty surrounding events and their outcomes, which may have a significant effect (whether enhancing or inhibiting) on the following:

- o Operational performance
- o Achievements of aims and objectives
- o Meeting expectations of stakeholders

The Chief Executive performs a bi-annual risk assessment using a Risk Assessment Matrix. The outcome of that process is reported to the Board of Directors who then agree the risk management plan. The risk assessment procedure is completed at least bi-annually, but at any time during the year a further assessment can be implemented as circumstances change. Risk is graded on two scales of 1-5 indicating the impact and likelihood of such risk occurring, and those risks scoring highest are managed most urgently and proactively. The agreed risk management plan is implemented by the KWHPC Staff Team with reports on progress being presented to the Board or Financial Sub Group as required.

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee incorporated on 18 July 2006 and registered as a charity on 7 July 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.00.

Recruitment and Appointment of Trustees

At Board level the majority of places are still occupied by residents of Knowle West and south Bristol. There has been fairly consistent membership of the Board since the company was first created, meaning that members have developed a degree of expertise on the running of the Company.

Trustee Induction and Training

New trustees are provided with a full induction to the organisation, covering the roles and

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responsibilities of Board members, operational, financial and health and safety policies, services and activities, and the Strategic Plans of the Charity.

Reference and Administrative Details of the Charity,

Knowle West Health Park Company is a company limited by guarantee and a registered Charity.

Registered office: 5 Knowle West Health Park,
Downton Road,
Knowle
Bristol, BS4 1WH

Reference and Administrative Details of the Charity (cont)

Registered Company No: 05879576

Registered Charity No: 1137797

Trustees and Directors at March 31st 2021

Mrs R Manning, OBE

Mr K Jones

Mrs J Ireland

Mr I Kipkurui

Mr M Deane

Ms A Finney

Ms E Stanton

Chief Executive Officer – Miss H M Williams

Bankers

Unity Trust

9 Brindleyplace

BIRMINGHAM, B1 2HB

Examiners

Harwood, Lane & Co

Chartered Accountants and Registered Auditors

Units 1-4 Crossley Farm Business Centre

Swan Lane, Winterbourne

BRISTOL, BS36 1RH

Statement of trustees' responsibilities

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Accepted Accounting Practices).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;

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-
- Make judgements and estimates that are reasonable and prudent;
 - State whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
 - Prepare the financial statements on the going concern basis unless it is in appropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the Board

Members of the Board of Trustees, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 8.

Statement as to disclosure to our examiners

In accordance with company law, as the company's directors, we certify that:

- so far as we are aware, there is no relevant accounts information of which the independent examiners are unaware
- as the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant accounts information and to establish that the charity's examiners are aware of that information.

Independent Examiners

Harwood Lane & Co were the charitable company's independent examiners for the year and have expressed their willingness to continue in that capacity.

Approval

This report was approved by the Board of Trustees on 14 June 2021 and signed on its behalf.


Chair

Mr Michael J Deane

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE
KNOWLE WEST HEALTH PARK COMPANY**

I report on the accounts of the Company for the year ended 31 March 2021, which are set out on pages 12 to 21.

Respective responsibilities of trustees and examiners

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of Independent examiners' report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

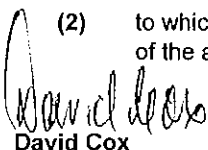
In connection with my examination, no matter has come to my attention:

(1) which give me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with s386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



David Cox

For and on behalf of Harwood, Lane & Co
Chartered Accountants and Statutory Auditors
Units 1 - 4 Crossley Farm Business Centre
Swan Lane
Winterbourne
BRISTOL
BS36 1RH

Date: 15.6.21

STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD ENDED 31 MARCH 2021

SUMMARY INCOME AND EXPENDITURE ACCOUNT

	Notes	Restricted	Unrestricted	2021 Total	2020 Total
INCOME					
Other Income	2	30	8,352	8,382	24,452
<i>Income from other trading activities</i>					
- Room Hire and Equipment		0	5,162	5,162	14,612
Investment Income	3	0	394	394	893
Income from Charitable Activities	4	171,427	215,679	387,106	307,413
Total Income		171,457	229,587	401,044	347,370
EXPENDITURE					
Costs of Generating Funds					
Fundraising		0	0	0	0
Charitable Activities	5	119,811	193,159	312,970	354,310
Total Resources Expended	5	119,811	193,159	312,970	354,310
Net Incoming/(Outgoing) Resources for the year	8	51,646	36,428	88,074	(6,940)
Transfers between Funds	12	0	0	0	0
Balance brought forward	12	23,582	226,554	250,136	257,076
Balances carried forward	12	£75,228	£262,982	£338,210	£250,136

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 15 to 21 form part of these accounts


KNOWLE WEST HEALTH PARK COMPANY

BALANCE SHEET AS AT 31 MARCH 2021

	Notes	2021	2020
CURRENT ASSETS			
Debtors	6	1,095	9,893
Cash at Bank and In Hand		343,474	245,063
		<u>344,569</u>	<u>254,956</u>
CREDITORS; amounts falling due within one year	7	(6,359)	(4,820)
		<u>338,210</u>	<u>250,136</u>
Net current assets		338,210	250,136
Total Assets less Total Liabilities		£338,210	£250,136
Capital and Reserves			
Restricted Funds	12	75,228	23,582
Unrestricted Funds	12	262,982	226,554
		£338,210	£250,136

The Directors considers that the company is entitled to exemption from the requirement to have an audit under the provisions of s.477 of the Companies Act 2006. Members have not required the company under s.476 of the Companies Act 2006, to obtain an audit for the period ended 31 March 2021. The Directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with s.386 and s.387 of the Companies Act 2006, and for preparing accounts which give a true and fair view of the state of affairs of the company as at 31 March 2021 and of its profit for the period then ended in accordance with the requirements of s.396, and which otherwise comply with the requirements of the Act relating to the accounts so far as applicable to the company.

The financial statements which have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 were approved by the board on 14/6/21 and are signed on its behalf.


MICHAEL JOHN DEANE

Name:
Trustee

The notes on pages 15 to 21 form part of these accounts

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2021

	Note	Total Funds 2021	Total Funds 2020
Net Cash used in operating activities	14	<u>98,017</u>	<u>(15,736)</u>
<i>Cash Flow from Investing activities:</i>			
Interest and dividends		394	893
Purchase of furniture and equipment		0	0
Proceeds from sale of investments		0	0
		<u>394</u>	<u>893</u>
Net cash provided by investing activities		394	893
<i>Cash Flow from financing activities:</i>			
Repayment of borrowing		0	0
Receipt of expendable endowment		0	0
		<u>0</u>	<u>0</u>
Net cash provided by financing activities		0	0
Change in cash and cash equivalents in the year		98,411	(14,843)
Cash and cash equivalent brought forward		245,063	259,906
Cash and cash equivalent carried forward		£343,474	£245,063

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

1 ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Knowle West Health Park Company meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

1.3 Pensions

The company pension scheme is with Aegon, the company follows government guidelines and currently contributes 4% into employees pensions.

1.4 Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

1.5 Income

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Investment income is included when receivable.

Incoming resources from charitable trading activity are accounted for when earned.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1.6 Expenditure

Expenditure is recognised on a accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

1.7 Charitable Activities

Costs of charitable activities include governance costs and are disclosed in note 5 of the statutory accounts.

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

2	OTHER INCOME	Restricted	Unrestricted	2021	2020
	Miscellaneous	30	4,352	4,382	21,452
	Employers Allowance	-	4,000	4,000	3,000
		£30	£8,352	£8,382	£24,452

3 INVESTMENT INCOME

All of the charities investment income of £394 (2020 £893) arises from money held in interest bearing current and deposit accounts.

4	INCOMING RESOURCES FROM CHARITABLE ACTIVITIES	Restricted	Unrestricted	2021	2020
	Service Level Agreements	103,474	-	103,474	110,973
	Grants				
	Bristol City Council	9,602	40,000	49,602	113,556
	Sport England	9,223	-	9,223	-
	CCG Cass	-	35,432	35,432	35,932
	DWP Project	-	-	-	26,392
	John James	368	8,450	8,818	12,000
	Knowle West Alliance	3,000	11,500	14,500	-
	Knowle West Media Centre	5,760	19,377	25,137	-
	Quartet	5,000	9,830	14,830	-
	Emergency Grant	-	53,900	53,900	-
	St Monica's Trust	35,000	1,500	36,500	-
	Miscellaneous Grants	-	35,690	35,690	8,560
		171,427	£215,679	£387,106	£307,413

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

5

CHARITABLE ACTIVITIES

		UNRESTRICTED FUNDS					RESTRICTED FUNDS						
		Management Expenditure	Community Webs	Emergency Grant	CASS	Ceased 2019/20	Spear	Activities	Man Alive	Lip Reading	Fit 'n' Fab	Ceased 2019/20	
Total		50,318											
	Other Expenditure	2,100		48,218									
	Bank Charges	173											
	Board Expenses	0											
	Dues and Subscriptions	1,817											
	Equipment	3,091					827						
	Evaluation	55					55						
	Insurance	2,400											
	IT Costs	3,774					752						
	Materials	6,849			399		685	193	169	45	459		
	Sub Contractors	45											
	Payroll Expenses	1,218											
	Postage	159											
	Printing and Reproduction	0											
	Independent Examination	1,332											
	Professional Fees	2,117		1,750									
	Refreshments	658					304		57				
	Rent	26,075											
	Repairs and Renewals	0											
	Salaries and Agency Staff	195,624	7,390	3,932	37,771		96,678	9,970	8,499		456		
	Sessional Workers	11,176											
	Staff Recruitment	155											
	Staff Training	2,340	810		245		593						
	Staff Travel	1,249			93		30						
	Stationery	97					28						
	Telephone	2,227											
	Volunteer Expenses	21	0		10		11						
Year 2021		£312,970	£92,541	£8,200	£53,900	£38,518	£0	£99,963	£10,163	£8,725	£45	£915	£0
Year 2020		£354,310	£5,613	£0	£0	£0	£190,173	£111,073	£0	£361	£1,235	£2,160	£43,695

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

6	DEBTORS	2021	2020
	Income Receivable	135	8,820
	Other Debtors	960	1,073
		£1,095	£9,893
7	CREDITORS: amounts falling due within one year	2021	2020
	Trade Creditors	5,027	3,488
	Accruals	1,332	1,332
		£6,359	£4,820
8	OPERATING SURPLUS	2021	2020
	The surplus of income over expenditure is stated after charging:		
	Independent Examiners Fee (inclusive of VAT)	1,332	1,332
	Pension Costs	5,886	7,132
9	STAFF COSTS	2021	2020
	The staff costs for the year were:		
	Wages and Salaries	173,548	228,551
	Social Security Costs	11,234	16,536
	Pension Contributions	5,886	7,132
	Self Employed Services	4,956	5,912
		£195,624	£258,131
	No employee earned in excess of £60,000.		
	The average monthly number of staff employed by the charity during the year, calculated on the basis of full time equivalents, was as follows:		
	Direct charitable work	9	13
	Administrative	1	1
		10	14
	Trustees Remuneration	£Nil	£Nil
	Trustees Expenses	£Nil	£Nil

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

10 SHARE CAPITAL

The company is limited by guarantee with the members liability limited to a contribution of £1 each.

11 Analysis of fund balances between the net assets

	Restricted	Unrestricted	Total
Tangible Fixed Assets	-	-	-
Current Assets	75,228	269,341	344,569
Current Liabilities	-	(6,359)	(6,359)
	£75,228	£262,982	£338,210

12	Restricted Funds	B/Fwd	Income	Expenditure	Transfers	C/Fwd
	Art on Referral	12,000	0	-	-	12,000
	Bristol Community Health	500	-	-	-	500
	Community Dev. For Older People	-	35,000	0	-	35,000
	Fit and Fab	2,177	-	(915)	-	1,262
	SPEAR	4,384	111,417	(99,963)	-	15,838
	Man Alive	2,639	9,633	(8,725)	-	3,547
	Lip reading	705	-	(45)	-	660
	Activities	1,177	15,407	(10,163)	-	6,421
		£23,582	£171,457	(£119,811)	-	£75,228
	Unrestricted Funds					
	General Funds	204,554	229,587	(193,159)	(2,000)	238,982
	Designated Funds	22,000	-	0	2,000	24,000
	Total Funds	250,136	401,044	(312,970)	-	338,210

Purposes of Remaining Restricted Funds

Bristol Community Health - this reserve is for the provision of a community support service.

SPEAR. The Spear Programme offers leadership on social prescribing in Bristol, with a focus on areas of deprivation.

Fit and Fab - this fund is for women who want to get fit and provides both access to weekly activities and talks to help reach achievable goals.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

Purposes of Restricted Funds (cont)

Art on Referral - this is a grant from John James Foundation for the continued delivery of this programme. To support people with low to moderate mental health issues using visual art which improves mental health and wellbeing.

Man Alive - this project supports men who live in the local community to engage in and improve their health and wellbeing through a variety of co-produced activities.

Lip Reading - this successful project is supported to increase the confidence of those who are hard of hearing which in turn improves their ability to engage well in their communities.

Activities - we aim to offer a variety of activities that help to tackle health inequalities.

Community Dev. For Older People - this grant is from St Monicas Trust and is to be used towards the funding of an Older Persons Community Development Worker.

Purpose of Designated Funds

Designated funds are part of the unrestricted funds of the Charity which the trustees have earmarked for a particular project or use without restricting or committing the funds legally.

At 31.03.21, the designated funds were earmarked for the following uses:

24,000 Redundancy provision

£24,000

13 TAXATION

As a charity, Knowle West Health Park Company Ltd, is exempt from tax on income and gains to the extent that these are applied to its charitable objectives. No tax charges have arisen in the Charity.

14 Reconciliation of net movements in funds to net cash flow from operating activities

	2021	2020
Net Movement in funds	88,074	(6,940)
Deduct Interest income	(394)	(893)
Decrease (increase) in debtors	8,798	(7,147)
Increase (decrease) in creditors	1,539	(756)
Net cash used in operating activities	£98,017	(£15,736)