

KNOWLE WEST HEALTH PARK COMPANY

England & Wales · Charity number 1137797

Details

Status Registered

Legal form Charitable company

Company number [05879576](#)

Registered 2010-09-06

Register [View on the Charity Commission register](#)

Contact

Address Knowle West Health Park
5 Knowle West Health Park
Downton Road
Bristol
BS4 1WH

Phone 01173772255

Email info@knowlewesthealthpark.co.uk

Website www.knowlewesthealthpark.co.uk

Activities

Objects: TO PROMOTE AND PROTECT GOOD HEALTH AND RELIEVE SICKNESS OF PEOPLE LIVING IN THE KNOWLE WEST AREA OF BRISTOL AND THE SURROUNDING AREA, IN PARTICULAR BUT NOT EXCLUSIVELY BY:WORKING IN PARTNERSHIP WITH THE LOCAL COMMUNITY, SERVICE USERS, HEALTH CARE SERVICES AND BRISTOL CITY COUNCIL TO ADDRESS HEALTH INEQUALITIES IN SOUTH BRISTOLDELIVERY A RANGE OF ACCESSIBLE SERVICES AND ACTIVITIES AIMED AT IMPROVING HEALTHDEVELOPING HEALTH RELATED EDUCATION AND TRAINING OPPORTUNITIES THAT ARE RESPONSIVE TO LOCAL NEEDS

Activities: The charity promotes and protects good health, relieves sickness of people living in the Knowle West Area of Bristol and the surrounding areas, by working in partnership with the local community, health services and Bristol City Council to address health inequalities in south Bristol. It delivers accessible services aimed at improving health, and develops education and training opportunities.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** KNOWLE WEST AREA OF BRISTOL AND THE SURROUNDING AREA
- Bristol City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£508,215	£611,637	£466,286	14
2024-03-31	£505,578	£452,238	£569,708	13
2023-03-31	£413,632	£362,458	-	-
2022-03-31	£508,728	£381,744	£465,194	9
2021-03-31	£401,044	£312,970	-	-

Trustees

Name	Role	Appointed
Andrea Finney		2016-11-16
Gaynor Elizabeth Brooke		2024-10-14
Louise Parkes		2025-10-20
Paul David Wheeler		2024-10-14
Robert Havard		2025-10-20

KNOWLE WEST HEALTH PARK COMPANY

England & Wales - Charity number 1137797

Accounts

KNOWLE WEST HEALTH PARK COMPANY
TRUSTEES AND DIRECTORS REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025
Charity no: 1137797
Company no: 05879576 (England and Wales)

KNOWLE WEST HEALTH PARK COMPANY

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KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2025 which are also prepared to meet the requirements for a directors' report for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to small charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

Objectives and Activities

Purposes and aims

The charity's objectives are to promote and protect good health and relieve sickness of people living in the Knowle West area of Bristol and the surrounding area, in particular but not exclusively by: working in partnership with the local community, service users, health care services and Bristol City Council to address health inequalities in South Bristol. Also, to deliver a range of accessible services and activities aimed at improving health and developing health related education and training opportunities that are responsive to local needs.

How our activities deliver public benefit.

Our main activities and who we try to help are described below. All our charitable activities focus on the promotion of health and wellbeing and are undertaken to further our charitable purposes for the public benefit.

Who used and benefitted from our services?

The activities of and services offered by Knowle West Health Park Company are available to people living in Knowle West (otherwise known as Filwood Ward) and the surrounding areas of health inequality across South Bristol. The majority of services are offered to adults but community events are open to all members of the community, including children and young people, adults and older people.

The residents of Filwood Ward and some other wards in South Bristol experience significant health inequalities compared to citywide averages. Health inequalities are often measured by the gap in life expectancy between poorer and more affluent people, or similarly the gap between the onset of life limiting illness or disability. In Bristol, the BCC ward profile details the difference between different wards of the city, and in these statistics, South Bristol is shown as having significant health needs compared to other parts of the city.

Of the 28 areas within Bristol (2019) that are in the 10% most deprived deciles 14 are in South Bristol. The 7 domains of deprivation are income, employment, education, health, crime, barriers to housing and services and living environment.

As an example we are based in the Filwood Ward which is the third most deprived ward in Bristol and has a population of 14,239. This includes a significantly high percentage of 0-24 year olds in comparison to Bristol. Both male and female life expectancy is below the Bristol average, overall. This premature mortality is mainly due to cancer, cardiovascular disease and respiratory disease, all of which are preventable. The rate of premature deaths due to cancer and respiratory disease has fallen slightly but is still above the Bristol average. Premature death due to respiratory disease has risen by 25% from the previous Ward profile stats for 20-22.

KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

A snapshot of South Bristol shows that there are a significantly higher proportion of residents living in the most deprived areas of Bristol, compared to the rest of Bristol (28.8% v 19.9%).

- 19% of the population are aged 0-15, 66% are aged 16-64 and 15% are aged 65+.
- Across all of South Bristol populations 12.65% were born outside of the UK but the spread of these populations is not equal with around 8.4% of the total population in the wards of Bishopsworth and Stockwood, and 18.3% in Southville being born outside the UK.
- 33.8% of households have a resident with at least 1 health issue or disability that affects day-to-day activities.
- 20.6% report that they have poor mental wellbeing and 17.2% are recorded as suffering from depression.
- Looking at the wider determinants of health 12.7% find it hard to manage financially and 12.9% of households are in fuel poverty.
- The impacts of crime, fear of domestic abuse, use of food banks, percentage who feel drug use is a problem are all reported as worse for those who live in South Bristol compared to Bristol as a whole.

The impact of health inequalities refer to the systematic, unfair and preventable differences in health outcome. They are caused by the conditions in which we are born, live, work and grow. These conditions influence how we think, feel and act and can affect both our physical and mental health and wellbeing.

As an organisation Knowle West Health Park takes into account these factors when working with the communities to plan what we deliver and it is important that we fully understand our communities and populations in order to tackle health inequalities and improve outcomes.

Knowle West Health Park Company's activities fall into four main categories, as follows:

1 The provision of services and activities, which are likely to improve health and wellbeing.

General health promotion and illness prevention are the foundations for all of KWHPC's work. The focus of our services is on reducing the likelihood of ill health to individuals and the broader community, as well as enabling people to recover better after periods of ill health. The promotion of health and wellbeing informs every activity in which KWHPC is engaged and remains an ethical imperative in every interaction with service users, focusing as it does on the individual as well as their local networks and neighbours.

A summary of services delivered by Knowle West Health Park to meet local needs would include:

- Exercise groups for adults including walking groups, strength and balance, gentle exercise, Tai Chi and other physical exercise groups during the year
- One to one support / goal setting to improve wellbeing
- Support for community groups
- Supporting the Somali Womens Group
- Coffee and chat space
- Peer support groups
- Circus skills
- Art on referral groups
- Lip-reading classes
- Healthy Eating
- Community engagement and development
- Social prescribing
- Community connectors
- Community events - including Celebrating Age, International Womens day, Dog Show and Summer fun day

KNOWLE WEST HEALTH PARK COMPANY

**TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2025**

2 Facilitating, commissioning and supporting the delivery of specialist services likely to improve health and wellbeing.

In addition to the services directly provided by KWHPC, a major element of the Company's work is to bring onto the Health Park other specialist services with the specific expertise and resources to address key health issues in South Bristol. Fundraising to commission such services remain a key part of the Company's work and continues to sustain the effective partnership approach built up over the years.

A summary of services the Charity has brought onto the Health Park to meet local needs in the last year would include:

- One to one counselling for adults & children
- Play therapy
- Activity sessions
- Educational groups
- Women's group
- Music therapy
- Health Interventions
- Housing advice
- Centre for the deaf and hard of hearing
- Mental health advice

3 Involving and promoting the opinions, needs and aspirations of local people in the development and delivery of health and social services in South Bristol.

Working from an Asset Based Community Development approach, the company prioritises co-production encouraging the direct involvement of local people in the development and delivery of its activities. Continuing to promote community involvement and reflecting local opinion is a priority in enabling the local community to develop new ways of sustaining their own health and wellbeing. We have been working with Bristol City Council to embed asset based community development into our working practice. The Health Park team have been working alongside other community groups across South Bristol to develop strategic working practices that benefit the local community. The Health Park has been developing Partnership working with other local organisations to share resources and increase the support for the local community.

4 Promoting the development and profile of the Health Park as a location for community-led, relevant, effective and innovative health services and activities.

The Health Park has a key part to play in changing the health profile of Knowle West and surrounding areas. Local delivery targeting local need has been proven to be an effective model and KWHPC will play an important part in ensuring this continues and this has led us to taking on the role of VCSE partner for South Bristol Locality Partnership.

More recently we have been working with Hartcliffe and Withywood Community Partnership to deliver activities that will build the self determination of our local communities.

The KWHPC staff team work hard to ensure that the Health Park remains a key local amenity, relevant to local need and working to bring the best possible range of services to the residents of south Bristol. In the last year KWHPC have continued to engage with NHS Property Services and the BNSSG estates review to look at the continued viability of the Health Park site as a venue to deliver cost effective services.

As part of this commitment we are founding members of the Knowle West Alliance. A group of local charities and residents who are working together to strengthen our own individual organisations ability to achieve success and contribute to a thriving neighbourhood and community sector in Knowle West. We are also active steering group members of the VCSE Alliance, advocating for the VCSE sector across the BNSSG area.

KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

Charity Governance Code

Good governance in charities is fundamental to their success. It enables and supports a charity's compliance with the law and relevant regulations. It also promotes a culture where everything works towards fulfilling the charity's

Financial Review

Knowle West Health Park Company ends the year with an overall deficit which has reduced our reserves. Aside from our main projects we have received small pots of funding from Trusts to deliver one off projects. The Board has been robust in building its reserves to ensure that we are able to continue to deliver our own successful activities which we know improve the wellbeing of the service users but attracts little funding. The Board are committed to delivering activities that are well used and offer the opportunity for behavioral change. We are working towards activities becoming cost neutral where possible without making them inaccessible. We are working to invite new organisations to use the centre. One of the main challenges is that we are delivering new projects whilst the funding offered is shrinking. The diversity of projects requires us to monitor outcomes and report on a high number of different projects for the turnover of the organisation. We maintain good relationships with the existing trusts and statutory organisations that fund us and continue to look for new sources of funding for new projects to meet service users' needs. The finances are reviewed regularly at an operational and governance level. We are in the process of setting up a new CRM database, Charity Log, this will enable us to monitor all activities and outcomes that will lead to robust data and opportunities to increase funding.

Principal Funding Sources

In the year 2024-25 our funding sources included Bristol City Council, South Bristol Locality Partnership, SWIFT PCN, Sirona, Wesport, St Monica Trust, Feeding Bristol, BNSSG, John James, Age UK and Voscur.

Investment Policy

KWHPC investment objectives is to achieve growth and income. We aim to generate sustainable returns that allow us to achieve our charitable objectives while protecting the capital value of our investments.

Reserves Policy

KWHPC recognises the importance of maintaining an appropriate level of reserves to allow for contingency planning or action. The Board of Directors has agreed to maintain the level of reserves at three months operational costs, which would currently be £113,000 (for the year 2024-25).

Reserves are reviewed at meetings of the Board of Directors at least half yearly or more frequently if required. Decisions regarding the use of reserves are informed by the charity's Financial Risk Assessment and Risk Management Plan which is also updated twice annually or sooner if required.

Quality Assurance

KWHPC is committed to the principles of continued improvement, and ensuring that quality assurance is embedded in governance, service delivery and organisational development. Having previously held a PQASSO Quality Assurance Mark we are in the process of investigating the Improving Quality scheme managed by Community

Plans for Future Periods

Our current Strategic Plan will be reviewed in 2025/26. Our service delivery model for this Strategic Plan takes a Community Education and Engagement approach to public health and wellbeing. It prioritises making a difference to individuals and building resilience in the community. It involves several components.

KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

The key aims and activities of our Strategic Plan:

- To know who is using our services and identify under-served groups in the community
- To work together to build a strong, healthy community that supports everyone to achieve wellness.
- To broaden and deepen the activities in the Healthy Living Centre to ensure its continued relevance to the needs of people living in South Bristol.
- To ensure sustainability of the Healthy Living Centre and maintain high standards of quality assurance in all of our activities and services when meeting current and future demand,

Risk Management

Risk is used to describe the uncertainty surrounding events and their outcomes, which may have a significant effect (whether enhancing or inhibiting) on the following:

- Operational performance
- Achievements of aims and objectives
- Meeting expectations of stakeholders

The Chief Executive performs a bi-annual risk assessment using a Risk Assessment Matrix. The outcome of that process is reported to the Board of Directors who then agree the risk management plan. The risk assessment procedure is completed at least bi-annually, but at any time during the year a further assessment can be implemented as circumstances change. Risk is graded on two scales of 1-5 indicating the impact and likelihood of such risk occurring, and those risks scoring highest are managed most urgently and proactively. The agreed risk management plan is implemented by the KWHPC Staff Team with reports on progress being presented to the Board or Financial Sub Group as required.

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee incorporated on 18 July 2006 and registered as a charity on 7 July 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.00.

Recruitment and Appointment of Trustees

At Board level we would like the majority of places to be occupied by residents of Knowle West and South Bristol. There has been fairly consistent membership of the Board since the company was first created, meaning that members have developed a degree of expertise on the running of the Company. However, since COVID some of the Trustees have decided to reevaluate their volunteering and step down. We have now recruited several new Board members from South Bristol who are in the process of induction and training. We are always actively recruiting new

Trustee Induction and Training

New trustees are provided with a full induction to the organisation, covering the roles and responsibilities of Board members, operational, financial and health and safety policies, services and activities, and the Strategic Plans of the Charity.

KNOWLE WEST HEALTH PARK COMPANY

**TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2025**

Reference and Administrative Details of the Charity

Knowle West Health Park Company is a company limited by guarantee and a registered Charity.

Registered Office: 5 Knowle West Health Park,
Downton Road,
Knowle
Bristol, BS4 1WH

Registered Company No: 05879576

Registered Charity No: 1137797

Trustees and Directors who served during the year to 31 March 2025 and at the date of this report are:

Mr M Deane	
Mrs R Manning, OBE	(Resigned 14.10.24)
Mr K Jones	(Resigned 14.10.24)
Mr I Kipkurui	(Resigned 20.09.24)
Ms A Finney	
Ms E Stanton	(Resigned 14.10.24)
Mr P Wheeler	(Appointed 14.10.24)
Ms G Brooke	(Appointed 14.10.24)

Chief Executive Officer: Miss HM Williams

Bankers: Unity Trust
9 Brindleyplace
BIRMINGHAM, B1 2HB

Independent Examiners: Harwood, Lane & Co
Chartered Accountants
Units 1-4 Crossley Farm Business Centre
Swan Lane, Winterbourne
BRISTOL, BS36 1RH

Statement of trustees' responsibilities

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Accepted Accounting Practices).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements, the trustees are required

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

KNOWLE WEST HEALTH PARK COMPANY

**TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2025**

Statement of trustees' responsibilities (Cont'd)

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the Board

Members of the Board of Trustees, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 8.

Statement as to disclosure to our examiners

In accordance with company law, as the company's directors, we certify that:

- so far as we are aware, there is no relevant accounts information of which the independent examiners are unaware
- as the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant accounts information and to establish that the charity's examiners are aware of that information.

Independent Examiners

Harwood Lane & Co were the charitable company's independent examiners for the year and have expressed their willingness to continue in that capacity.

Approval

This report was approved by the Board of Trustees on 20 Oct 25 and signed on its behalf.



Chair

Mr Michael J Deane

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE
KNOWLE WEST HEALTH PARK COMPANY**

I report on the accounts of the Company for the year ended 31 March 2025, which are set out on pages 11 to 20.

Respective responsibilities of trustees and examiners

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiners' report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

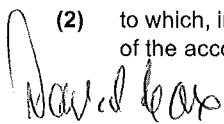
In connection with my examination, no matter has come to my attention:

(1) which give me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with s386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



David Cox MBE FCA

**For and on behalf of Harwood, Lane & Co
Chartered Accountants**

Units 1 - 4 Crossley Farm Business Centre
Swan Lane
Winterbourne
BRISTOL
BS36 1RH

Date: 20 OCT 25

KNOWLE WEST HEALTH PARK COMPANY

STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD ENDED 31 MARCH 2025

SUMMARY INCOME AND EXPENDITURE ACCOUNT

	Notes	Restricted	Unrestricted	2025 Total	2024 Total
INCOME					
Other Income	2	0	15,655	15,655	10,255
<i>Income from other trading activities</i>					
- Room Hire and Equipment		0	17,143	17,143	12,170
Investment Income	3	0	4,310	4,310	3,718
Income from Charitable Activities	4	419,957	51,150	471,107	479,435
Total Income		419,957	88,258	508,215	505,578
EXPENDITURE					
Costs of Generating Funds					
Fundraising		0	0	0	0
Charitable Activities	5	(569,263)	(42,374)	(611,637)	(452,238)
Total Resources Expended	5	(569,263)	(42,374)	(611,637)	(452,238)
Net Incoming/(Outgoing) Resources for the year	8	(149,306)	45,884	(103,422)	53,340
Transfers between Funds	12	0	0	0	0
Balance brought forward	12	313,005	256,703	569,708	516,368
Balances carried forward	12	£163,699	£302,587	£466,286	£569,708

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 14 to 20 form part of these accounts

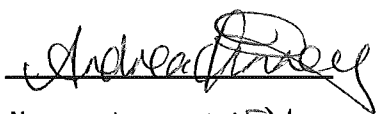
KNOWLE WEST HEALTH PARK COMPANY

BALANCE SHEET AS AT 31 MARCH 2025

	Notes	2025	2024
CURRENT ASSETS			
Debtors	6	16,954	25,609
Cash at Bank and in Hand		459,729	549,487
		476,683	575,096
CREDITORS; amounts falling due within one year			
	7	(10,397)	(5,388)
Net Current Assets		466,286	569,708
Total Assets less Total Liabilities		£466,286	£569,708
Capital and Reserves			
Restricted Funds	12	163,699	313,005
Unrestricted Funds	12	302,587	256,703
		£466,286	£569,708

The Directors considers that the company is entitled to exemption from the requirement to have an audit under the provisions of s.477 of the Companies Act 2006. Members have not required the company under s.476 of the Companies Act 2006, to obtain an audit for the year ended 31 March 2025. The Directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with s.386 and s.387 of the Companies Act 2006, and for preparing accounts which give a true and fair view of the state of affairs of the company as at 31 March 2025 and of its profit for the year then ended in accordance with the requirements of s.396, and which otherwise comply with the requirements of the Act relating to the accounts so far as applicable to the

The financial statements which have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 were approved by the board on 20 Oct 25 and are signed on its behalf.



Name: A FINNEY
Trustee

The notes on pages 14 to 20 form part of these accounts

KNOWLE WEST HEALTH PARK COMPANY

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2025

	Note	Total Funds 2025	Total Funds 2024
Net Cash generated by operating activities	14	<u>(94,068)</u>	<u>41,368</u>
<i>Cash Flow from investing activities:</i>			
Interest and dividends		4,310	3,718
Purchase of furniture and equipment		0	0
Proceeds from sale of investments		0	0
		<u>4,310</u>	<u>3,718</u>
Net cash provided by investing activities		4,310	3,718
<i>Cash Flow from financing activities:</i>			
Repayment of borrowing		0	0
Receipt of expendable endowment		0	0
		<u>0</u>	<u>0</u>
Net cash provided by financing activities		0	0
Change in cash and cash equivalents in the year		(89,758)	45,086
Cash and cash equivalent brought forward		549,487	504,401
Cash and cash equivalent carried forward		£459,729	£549,487

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

1 ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Knowle West Health Park Company meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

1.2 Pensions

The company pension scheme is with Aegon, the company follows government guidelines and currently contributes 4% into employees pensions.

1.3 Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

1.4 Income

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Investment income is included when receivable.

Incoming resources from charitable trading activity are accounted for when earned.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1.5 Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

1.6 Charitable Activities

Costs of charitable activities include governance costs and are disclosed in note 5 of the statutory accounts.

2	OTHER INCOME	Restricted	Unrestricted	2025	2024
	Donations	-	10,597	10,597	5,255
	Miscellaneous	-	58	58	0
	Employers Allowance	-	5,000	5,000	5,000
		-	15,655	£15,655	£10,255

3 INVESTMENT INCOME

All of the charity's investment income of £4,310 (2024 £3,718) arises from money held in interest bearing current and deposit accounts.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

4	INCOMING RESOURCES FROM CHARITABLE ACTIVITIES	Restricted	Unrestricted	2025	2024
	Service Level Agreements	351,456	38,500	389,956	255,183
	<i>SWIFT</i>	137,850	-		
	<i>Sirona Community Connectors</i>	132,489	-		
	<i>Sirona CAO</i>	22,000	-		
	<i>Sirona VCSE</i>	-	30,000		
	<i>BCC BIF2</i>	28,771	-		
	<i>Going Home Service - Age UK</i>	30,346	-		
	<i>Voscur</i>	-	4,500		
	<i>Wesport</i>	-	4,000		
	Grants				
	BCC CEV	-	-	-	50,000
	BCC Community Asset Management	21,290	-	21,290	-
	BCC Design Input & Panel	-	3,000	3,000	-
	BCC Uplift	-	-	-	5,739
	BCC Walking Group	-	3,000	3,000	-
	BNSSG One Love Hub	8,600	-	8,600	-
	Community Dev. For Older People	31,998	-	31,998	30,000
	Community Resilience (BCC 100)	-	-	-	100,000
	Feed Bristol	3,630	-	3,630	-
	Fun and Fab	2,560	-	2,560	1,612
	Knowle West Alliance	-	-	-	1,222
	Knowle West Media Centre	-	-	-	19,264
	Man Alive	423	-	423	3,045
	Sirona	-	6,500	6,500	-
	St Monica's Trust	-	-	-	500
	SWIFT PCN	-	-	-	258
	Voscur	-	150	150	3,612
	Wesport	-	-	-	9,000
		419,957	51,150	471,107	£479,435

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

COST OF GENERATING FUNDS																
CHARITABLE ACTIVITIES																
UNRESTRICTED FUNDS		RESTRICTED FUNDS														
Management Expenditure		Service Level Agreements	BCC CEV	BCC Community Asset Management	BCC Make it Local	One Love Hub	Community Dev. for Older People	Community Resilience (BCC 100)	Feed Bristol	Fun and Fab	Man Alive	Quartet CAO	Voscur	Wesport		
Total																
Advertising / Promotional	3,876	3,074	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Bank Charges	254	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Board	358	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dues and Subscriptions	3,203	-	1,000	1,483	-	-	-	-	-	-	-	-	-	-	-	-
Insurance	3,588	-	2,000	-	-	-	-	-	-	-	-	-	-	-	-	-
IT Costs	7,078	-	-	4,548	-	-	-	-	-	-	-	-	-	-	-	-
Independent Examination	1,740	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Other Expenditure	104	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Printing and Publicity	1,135	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Professional Fees	1,379	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Project Costs	10,443	879	281	-	-	711	1,786	400	1,071	2,760	1,368	-	-	-	-	-
Refreshments	1,713	34	5	-	-	-	10	-	-	-	-	-	-	-	-	-
Rent	26,075	21,503	1,000	-	-	-	-	-	-	-	-	-	-	-	-	-
Repairs and Renewals	4,188	278	2,000	156	-	-	664	-	-	-	-	-	-	-	-	-
Salaries	351,514	237,759	77,571	-	-	-	22,797	-	-	-	-	-	-	-	-	-
Sessional Workers	20,096	12,025	-	-	-	-	970	-	-	420	-	-	-	-	-	-
Staff Expenses	87	5	-	-	-	-	-	-	-	41	-	-	-	-	-	-
Staff Recruitment	464	254	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Staff Training	7,827	1,726	1,500	2,520	-	-	180	1,802	-	-	50	-	-	-	-	-
Stationery	631	109	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Sub Contractors	160,372	141,822	-	-	-	4,000	-	14,550	-	-	-	-	-	-	-	-
Telephone	3,586	-	1,500	-	-	-	-	-	-	-	-	-	-	-	-	-
Travel and Accommodation	1,028	377	38	-	-	-	151	-	-	47	-	-	-	-	-	-
Volunteer Expenses	898	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Year 2025	£611,637	£419,883	£86,895	£8,707	£0	£4,711	£26,558	£16,752	£1,071	£3,268	£1,418	£0	£0	£0	£0	£0
Year 2024	£452,238	£266,077	£20,075	£0	£25,000	£0	£31,361	£7,720	£0	£2,366	£210	£2,500	£3,000	£39,930	£39,930	£39,930

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

6	DEBTORS	2025	2024
	Income Receivable	15,434	24,654
	Prepayments	1,520	955
		£16,954	£25,609

7	CREDITORS: amounts falling due within one year	2025	2024
	Trade Creditors	8,657	3,738
	Accruals	1,740	1,650
		£10,397	£5,388

8	OPERATING SURPLUS	2025	2024
	The surplus of income over expenditure is stated after charging:		
	Independent Examiners Fee (inclusive of VAT)	1,740	1,650
	Pension Costs	9,137	8,287

9	STAFF COSTS	2025	2024
	The staff costs for the year were:		
	Wages and Salaries	308,737	269,883
	Social Security Costs	25,137	21,805
	Pension Contributions	9,137	8,287
	Self Employed Services	8,503	7,694
		£351,514	£307,669

No employee earned in excess of £60,000.

The average monthly number of staff employed by the charity during the year, was as follows:

Direct Charitable Work	13	12
Administrative	1	1
	14	13
Trustees Remuneration	£Nil	£Nil
Trustees Expenses	£Nil	£Nil

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

10 SHARE CAPITAL

The company is limited by guarantee with the members liability limited to a contribution of £1 each.

11 Analysis of fund balances between the net assets

	Restricted	Unrestricted	Total
Tangible Fixed Assets	-	-	-
Current Assets	163,699	312,984	476,683
Current Liabilities	-	(10,397)	(10,397)
	£163,699	£302,587	£466,286

12	Restricted Funds	B/Fwd	Income	Expenditure	Transfers	C/Fwd
	Service Level Agreements	52,703	351,456	(419,883)	-	(15,724)
	BCC CEV	155,875	-	(86,895)	-	68,980
	BCC Community Asset Management	-	21,290	(8,707)	-	12,583
	One Love Hub	-	8,600	(4,711)	-	3,889
	Community Dev. For Older People	8,000	31,998	(26,558)	-	13,440
	Community Resilience (BCC 100)	92,280	-	(16,752)	-	75,528
	Feed Bristol	-	3,630	(1,071)	-	2,559
	Fun and Fab	1,512	2,560	(3,268)	-	804
	Man Alive	2,635	423	(1,418)	-	1,640
		313,005	419,957	(569,263)	-	163,699
	Unrestricted Funds					
	General Funds	97,703	88,258	(42,374)	(17,000)	126,587
	Designated Funds	159,000	-	-	17,000	176,000
	Total Funds	569,708	508,215	(611,637)	0	466,286

Purposes of Remaining Restricted Funds

Service Level Agreements - This is funding received for the delivery of linkworkers and other support in the South Bristol area.

BCC CEV - This is funding to support the most clinically extremely vulnerable residents back into the community.

Bristol Community Asset Management - To enable sustainable access to community assets.

One Love Hub - A grant to support women's health.

Community Dev. For Older People - This grant is from St Monicas Trust and is to be used towards the funding of an Older Persons Community Development Worker.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

Purposes of Restricted Funds (Cont'd)

Community Resilience (BCC 100) - This is BCC funding to support building community resilience across Hartcliffe, Withywood and Knowle West over 2 years.

Feed Bristol - A grant to help tackle food insecurity in the community.

Fun and Fab - This fund provides access to weekly activities, trips and talks to help reach achievable goals.

Man Alive - This project supports men who live in the local community to engage in and improve their health and wellbeing through a variety of co-produced activities.

Purpose of Designated Funds

Designated funds are part of the unrestricted funds of the Charity which the trustees have earmarked for a particular project or use without restricting or committing the funds legally.

The designated funds were earmarked for the following uses:

	2025	2024
Redundancy Reserve	63,000	59,000
Reserve for Running Costs (3 Months)	113,000	100,000
	£176,000	£159,000

13 TAXATION

As a charity, Knowle West Health Park Company Ltd, is exempt from tax on income and gains to the extent that these are applied to its charitable objectives. No tax charges have arisen in the Charity.

14 Reconciliation of net movements in funds to net cash flow from operating activities

	2025	2024
Net Movement in funds	(103,422)	53,340
Deduct Interest Income	(4,310)	(3,718)
Decrease / (Increase) in debtors	8,655	(4,581)
(Decrease) / Increase in creditors	5,009	(3,673)
Net cash generated by operating activities	(£94,068)	£41,368

KNOWLE WEST HEALTH PARK COMPANY

England & Wales - Charity number 1137797

Accounts

KNOWLE WEST HEALTH PARK COMPANY
TRUSTEES AND DIRECTORS REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024

Charity no: 1137797

Company no: 05879576 (England and Wales)

KNOWLE WEST HEALTH PARK COMPANY

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KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2024 which are also prepared to meet the requirements for a directors' report for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to small charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

Objectives and Activities

Purposes and aims

The charity's objectives are to promote and protect good health and relieve sickness of people living in the Knowle West area of Bristol and the surrounding area, in particular but not exclusively by: working in partnership with the local community, service users, health care services and Bristol City Council to address health inequalities in South Bristol. Also, to deliver a range of accessible services and activities aimed at improving health and developing health related education and training opportunities that are responsive to local needs.

How our activities deliver public benefit.

Our main activities and who we try to help are described below. All our charitable activities focus on the promotion of health and wellbeing and are undertaken to further our charitable purposes for the public benefit.

Who used and benefitted from our services?

The activities of and services offered by Knowle West Health Park Company are available to people living in Knowle West (otherwise known as Filwood Ward) and the surrounding areas of health inequality across South Bristol. Services are offered to all members of the community, including children and young people, adults and older people.

The residents of Filwood Ward and some other wards in South Bristol experience significant health inequalities compared to citywide averages. 'Health inequalities' is the term used to describe the impact that social and economic disadvantage has on health. It is often measured by the gap in life expectancy between poorer and more affluent people, or similarly the gap between the onset of life limiting illness or disability. In Bristol, the BCC ward profile details the difference between different wards of the city, and in these statistics, South Bristol is shown as having significant health needs compared to other parts of the city.

Of the 28 areas within Bristol (2019) that are in the 10% most deprived deciles 14 are in South Bristol. The 7 domains of deprivation are income, employment, education, health, crime, barriers to housing and services and living environment.

As an example we are based in the Filwood Ward which is one of the most deprived wards in Bristol and has a population of 14,262 and this includes a significantly high percentage of 0-15 year olds in comparison to Bristol. Both male and female life expectancy is below the Bristol average, overall. This premature mortality is caused by cancer, cardiovascular disease and respiratory disease, all of which is preventable.

In terms of lifestyle behaviour, Filwood is significantly worse than the Bristol average in the following areas; health conditions that limit day to day activities, households where someone smokes, physically inactive, overweight or obese, and children who have excess weight. The number of people who feel they belong to their neighbourhood continues to increase and is now 54%, 39.3% of people help out their neighbours and in this digital age the number who have access to the internet at home has increased to 97%. As the cost of living crisis impacts the community the number of children who live in low income families has increased to 33.2%.

As one of the founding members of Knowle West Alliance we have worked in partnership to increase the voice and skills of the community.

KNOWLE WEST HEALTH PARK COMPANY

**TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2024**

Knowle West Health Park Company's activities fall into four main categories, as follows:

1 The provision of services and activities, which are likely to improve health and wellbeing.

General health promotion and illness prevention are the foundations for all of KWHPC's work. The focus of our services is on reducing the likelihood of ill health to individuals and the broader community, as well as enabling people to recover better after periods of ill health. The promotion of health and wellbeing informs every activity in which KWHPC is engaged and remains an ethical imperative in every interaction with service users, focusing as it does on the individual as well as their local networks and neighbours.

A summary of services delivered by Knowle West Health Park to meet local needs would include:

- Exercise groups for adults including walking groups, strength and balance, Tai Chi and other physical exercise groups during the year
- One to one support / goal setting to improve wellbeing
- Support for community groups
- Supporting the Somali Womens Group
- Lifeskills classes
- Social support groups
- Educational groups
- Art on referral groups for people with mental health needs
- Lip-reading classes
- Healthy Eating
- Community engagement and development
- Social prescribing
- Community connectors
- Community events - including Celebrating Age, International Womens day, Dog Show and Summer fun day

2 Facilitating, commissioning and supporting the delivery of specialist services likely to improve health and wellbeing.

In addition to the services directly provided by KWHPC, a major element of the Company's work is to bring onto the Health Park other specialist services with the specific expertise and resources to address key health issues in South Bristol. Fundraising to commission such services remain a key part of the Company's work and continues to sustain the effective partnership approach built up over the last 22

A summary of services the Charity has brought onto the Health Park to meet local needs in the last year would include:

- One to one counselling for adults & children
- Play therapy
- Activities sessions
- Peer support groups around specific long-term conditions
- Peer education training for parents
- Educational groups
- Women's group
- Music therapy
- Health Interventions
- Housing advice
- Mental health advice

KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

3 Involving and promoting the opinions, needs and aspirations of local people in the development and delivery of health and social services in South Bristol.

Working from an Asset Based Community Development approach, the company prioritises consultation with and the direct involvement of local people in the development and delivery of its services and activities. Continuing to promote community involvement and reflecting local opinion is a priority in enabling the local community to develop new ways of sustaining their own health and wellbeing. In the last year we have been working with Bristol City Council to embed asset based community development into our working practice. The Health Park have been working alongside other community groups within the local area to develop strategic working practices to benefit the local community. The Health Park has been developing partnerships working with other local organisations to share resources and increase the support for the local community.

4 Promoting the development and profile of the Health Park as a location for needs-led, relevant, effective and innovative health services and interventions.

The Health Park has a key part to play in changing the health profile of Knowle West and surrounding areas. Local delivery targetting local need has been proven to be an effective model and KWHPC will play an important part in ensuring this continues and this has led us to become the VCSE partner for South Bristol Locality Partnership. KWHPC works hard to ensure that the Health Park remains a key local amenity, relevant to local need and working to bring the best possible range of services to the residents of South Bristol. In the last year KWHPC have continued to engage with NHS Property Services and the BNSSG estates review to look at the continued viability of the Health Park site as a venue to deliver cost effective services.

As part of this commitment we are founding members of the Knowle West Alliance. A group of local charities and residents who are working together to strengthen our own individual organisations ability to achieve success and contribute to a thriving neighbourhood and community sector in Knowle West. We are also active steering group members of the newly formed VCSE Alliance, advocating for the VCSE across the BNSSG area.

Charity Governance Code

Good governance in charities is fundamental to their success. It enables and supports a charity's compliance with the law and relevant regulations. It also promotes a culture where everything works towards fulfilling the charity's

Community Incident

Following the murders of Max and Mason at the end of January we have been working with Bristol City Council's Community Development Team, Knowle West Alliance and Hartcliffe and Withywood Community Partnership to build trauma informed practices and increase community resilience.

Financial Review

Knowle West Health Park Company ends the year with a small surplus which has increased our reserves. Aside from our main projects we have received small pots of funding from Trusts to deliver one off projects. The Board has been robust in building its reserves to ensure that we are able to continue to deliver our own successful activities which we know improve the wellbeing of the service users but attracts little funding. The Board are committed to delivering activities that are well used and offer the opportunity for behavioral change. We are working towards activities becoming cost neutral where possible without making them inaccessible. Other organisations that rent our space have suffered funding cuts and are no longer able to deliver from the Healthy Living Centre. We are working to invite new organisations to use the centre. One of the main challenges is that we are delivering new projects whilst the funding offered is shrinking. The diversity of projects requires us to monitor outcomes and report on a high number of different projects for the turnover of the organisation. We maintain good relationships with the existing trusts and statutory organisations that fund us and continue to look for new sources of funding for new projects to meet service users' needs. The finances are reviewed regularly at an operational and governance level.

KNOWLE WEST HEALTH PARK COMPANY

**TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2024**

Principal Funding Sources

In the year 2023-24 our funding sources included Bristol City Council, South Bristol Locality Partnership, SWIFT PCN, Sirona, Wesport, St Monica Trust and Voscur.

Investment Policy

KWHPC operates a policy of non-investment, other than keeping KWHPC reserves in high interest bank accounts.

Reserves Policy

KWHPC recognises the importance of maintaining an appropriate level of reserves to allow for contingency planning or action. The Board of Directors has agreed to maintain the level of reserves at three months operational costs, which would currently be £100,000 (for the year 2023-24).

Reserves are reviewed at meetings of the Board of Directors at least half yearly or more frequently if required. Decisions regarding the use of reserves are informed by the charity's Financial Risk Assessment and Risk Management Plan which is also updated twice annually or sooner if required.

Quality Assurance

KWHPC is committed to the principles of continued improvement, and ensuring that quality assurance is embedded in governance, service delivery and organisational development. Having previously held a PQASSO Quality Assurance Mark we are in the process of investigating the Improving Quality scheme managed by Community

Plans for Future Periods

Our current Strategic Plan will be reviewed in 2024/25. Our service delivery model for this Strategic Plan takes a Community Education and Engagement approach to public health and wellbeing. It prioritises making a difference to individuals and building resilience in the community. It involves several components.

The key aims and activities of this Strategic Plan:

- To know who is using our services and identify under-served groups in the community
- To work together to build a strong, healthy community that supports everyone to achieve wellness.
- To broaden and deepen the activities in the Healthy Living Centre to ensure its continued relevance to the needs of people living in South Bristol.
- To ensure sustainability of the Healthy Living Centre and maintain high standards of quality assurance in all of our activities and services when meeting current and future demand.

KNOWLE WEST HEALTH PARK COMPANY

**TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2024**

Risk Management

Risk is used to describe the uncertainty surrounding events and their outcomes, which may have a significant effect (whether enhancing or inhibiting) on the following:

- Operational performance
- Achievements of aims and objectives
- Meeting expectations of stakeholders

The Chief Executive performs a bi-annual risk assessment using a Risk Assessment Matrix. The outcome of that process is reported to the Board of Directors who then agree the risk management plan. The risk assessment procedure is completed at least bi-annually, but at any time during the year a further assessment can be implemented as circumstances change. Risk is graded on two scales of 1-5 indicating the impact and likelihood of such risk occurring, and those risks scoring highest are managed most urgently and proactively. The agreed risk management plan is implemented by the KWHPC Staff Team with reports on progress being presented to the Board or Financial Sub Group as required.

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee incorporated on 18 July 2006 and registered as a charity on 7 July 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.00.

Recruitment and Appointment of Trustees

At Board level we would like the majority of places to be occupied by residents of Knowle West and South Bristol. There has been fairly consistent membership of the Board since the company was first created, meaning that members have developed a degree of expertise on the running of the Company. However, since COVID some of the Trustees have decided to reevaluate their volunteering and step down. We are currently running a recruitment campaign in the community to refresh the Board and build the skills.

Trustee Induction and Training

New trustees are provided with a full induction to the organisation, covering the roles and responsibilities of Board members, operational, financial and health and safety policies, services and activities, and the Strategic Plans of the Charity.

Reference and Administrative Details of the Charity

Knowle West Health Park Company is a company limited by guarantee and a registered Charity.

Registered Office: 5 Knowle West Health Park,
Downton Road,
Knowle
Bristol, BS4 1WH

Registered Company No: 05879576

Registered Charity No: 1137797

KNOWLE WEST HEALTH PARK COMPANY

**TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2024**

Reference and Administrative Details of the Charity (Cont'd)

Trustees and Directors who served during the year to 31 March 2024 and at the date of this report are:

Mr M Deane
Mrs R Manning, OBE
Mr K Jones
Mr I Kipkurui
Ms A Finney
Ms E Stanton

Chief Executive Officer: Miss HM Williams

Bankers: Unity Trust
9 Brindleyplace
BIRMINGHAM, B1 2HB

Independent Examiners: Harwood, Lane & Co
Chartered Accountants
Units 1-4 Crossley Farm Business Centre
Swan Lane, Winterbourne
BRISTOL, BS36 1RH

Statement of trustees' responsibilities

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Accepted Accounting Practices).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements, the trustees are required

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the Board

Members of the Board of Trustees, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 8.

KNOWLE WEST HEALTH PARK COMPANY

**TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2024**

Statement as to disclosure to our examiners

In accordance with company law, as the company's directors, we certify that:

- so far as we are aware, there is no relevant accounts information of which the independent examiners are unaware
- as the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant accounts information and to establish that the charity's examiners are aware of that information.

Independent Examiners

Harwood Lane & Co were the charitable company's independent examiners for the year and have expressed their willingness to continue in that capacity.

Approval

This report was approved by the Board of Trustees on 17/9/24 and signed on its behalf.



Chair

Mr Michael J Deane

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE
KNOWLE WEST HEALTH PARK COMPANY**

I report on the accounts of the Company for the year ended 31 March 2024, which are set out on pages 11 to 20.

Respective responsibilities of trustees and examiners

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiners' report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

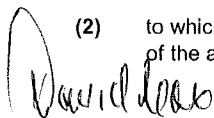
In connection with my examination, no matter has come to my attention:

(1) which give me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with s386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



David Cox MBE FCA
For and on behalf of Harwood, Lane & Co
Chartered Accountants
Units 1 - 4 Crossley Farm Business Centre
Swan Lane
Winterbourne
BRISTOL
BS36 1RH
Date: 17/07/24

KNOWLE WEST HEALTH PARK COMPANY

STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD ENDED 31 MARCH 2024

SUMMARY INCOME AND EXPENDITURE ACCOUNT

	Notes	Restricted	Unrestricted	2024 Total	2023 Total
INCOME					
Other Income	2	0	10,255	10,255	10,033
<i>Income from other trading activities</i>					
- Room Hire and Equipment		0	12,170	12,170	14,999
Investment Income	3	0	3,718	3,718	1,287
Income from Charitable Activities	4	451,062	28,373	479,435	387,313
Total Income		451,062	54,516	505,578	413,632
EXPENDITURE					
Costs of Generating Funds					
Fundraising		0	0	0	0
Charitable Activities	5	(398,239)	(53,999)	(452,238)	(362,458)
Total Resources Expended	5	(398,239)	(53,999)	(452,238)	(362,458)
Net Incoming/(Outgoing) Resources for the year	8	52,823	517	53,340	51,174
Transfers between Funds	12	0	0	0	0
Balance brought forward	12	260,182	256,186	516,368	465,194
Balances carried forward	12	£313,005	£256,703	£569,708	£516,368

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 14 to 20 form part of these accounts

KNOWLE WEST HEALTH PARK COMPANY

BALANCE SHEET AS AT 31 MARCH 2024

	Notes	2024	2023
CURRENT ASSETS			
Debtors	6	25,609	21,028
Cash at Bank and in Hand		549,487	504,401
		575,096	525,429
CREDITORS; amounts falling due within one year	7	(5,388)	(9,061)
Net Current Assets		569,708	516,368
Total Assets less Total Liabilities		£569,708	£516,368
 Capital and Reserves			
Restricted Funds	12	313,005	260,182
Unrestricted Funds	12	256,703	256,186
		£569,708	£516,368

The Directors considers that the company is entitled to exemption from the requirement to have an audit under the provisions of s.477 of the Companies Act 2006. Members have not required the company under s.476 of the Companies Act 2006, to obtain an audit for the year ended 31 March 2024. The Directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with s.386 and s.387 of the Companies Act 2006, and for preparing accounts which give a true and fair view of the state of affairs of the company as at 31 March 2024 and of its profit for the year then ended in accordance with the requirements of s.396, and which otherwise comply with the requirements of the Act relating to the accounts so far as applicable to the

The financial statements which have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 were approved by the board on and are signed on its behalf.

 17/9/2024
Name: ANDRA FINNEY
Trustee

The notes on pages 14 to 20 form part of these accounts

KNOWLE WEST HEALTH PARK COMPANY

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2024

	Note	Total Funds 2024	Total Funds 2023
Net Cash generated by operating activities	14	<u>41,368</u>	<u>59,526</u>
<i>Cash Flow from investing activities:</i>			
Interest and dividends		3,718	1,287
Purchase of furniture and equipment		0	0
Proceeds from sale of investments		0	0
Net cash provided by investing activities		<u>3,718</u>	<u>1,287</u>
<i>Cash Flow from financing activities:</i>			
Repayment of borrowing		0	0
Receipt of expendable endowment		0	0
Net cash provided by financing activities		<u>0</u>	<u>0</u>
Change in cash and cash equivalents in the year		45,086	60,813
Cash and cash equivalent brought forward		504,401	443,588
Cash and cash equivalent carried forward		£549,487	£504,401

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

1 ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Knowle West Health Park Company meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

1.2 Pensions

The company pension scheme is with Aegon, the company follows government guidelines and currently contributes 4% into employees pensions.

1.3 Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

1.4 Income

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Investment income is included when receivable.

Incoming resources from charitable trading activity are accounted for when earned.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1.5 Expenditure

Expenditure is recognised on a accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

1.6 Charitable Activities

Costs of charitable activities include governance costs and are disclosed in note 5 of the statutory

2	OTHER INCOME	Restricted	Unrestricted	2024	2023
	Donations	-	5,255	5,255	-
	Miscellaneous	-	-	-	5,033
	Employers Allowance	-	5,000	5,000	5,000
		-	10,255	£10,255	£10,033

3 INVESTMENT INCOME

All of the charity's investment income of £3,718 (2023 £1,287) arises from money held in interest bearing current and deposit accounts.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

4	INCOMING RESOURCES FROM CHARITABLE ACTIVITIES	Restricted	Unrestricted	2024	2023
	Service Level Agreements	255,183	-	255,183	258,855
	<i>SWIFT Link Worker</i>	108,947			
	<i>Sirona</i>	80,000			
	<i>BCC BIF2</i>	28,335			
	<i>Going Home Service - Age UK</i>	37,901			
	Grants				
	BCC Activities	-	-	-	9,000
	BCC CEV	50,000	-	50,000	15,950
	BCC Make it Local	-	-	-	50,000
	BCC Uplift	-	5,739	5,739	-
	Community Dev. For Older People	30,000	-	30,000	-
	Community Resilience (BCC 100)	100,000	-	100,000	-
	Fun and Fab	-	-	-	3,285
	John James	1,034	578	1,612	1,447
	Knowle West Alliance	-	1,222	1,222	529
	Knowle West Media Centre	-	19,264	19,264	400
	Man Alive	2,845	200	3,045	5,000
	NHS Bristol NS & SG CCG	-	-	-	2,000
	Quartet CAO	-	-	-	5,000
	St Monica's Trust	-	500	500	-
	SWIFT PCN	-	258	258	-
	Voscur VCSE	3,000	612	3,612	1,000
	Wesport	9,000	-	9,000	34,847
		451,062	28,373	479,435	£387,313

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

5	COST OF GENERATING FUNDS	CHARITABLE ACTIVITIES	RESTRICTED FUNDS											UNRESTRICTED FUNDS
			Management Expenditure	Service Level Agreements	Activities	BCC CEV	BCC Make it Local	Community Dev. for Older People	Community Resilience (BCC 100)	Fun and Fab	Man Alive	Quartet CAO	Voscur VCSE	
		Total												
	Bank Charges	228	228	-	-	-	-	-	-	-	-	-	-	-
	Dues and Subscriptions	913	413	500	-	-	-	-	-	-	-	-	-	-
	Equipment	2,082	515	1,000	-	-	-	-	-	-	-	-	-	-
	Insurance	3,463	1,963	1,500	-	567	-	-	-	-	-	-	-	-
	IT Costs	2,515	515	2,000	-	-	-	-	-	-	-	-	-	-
	Materials	7,196	518	4,000	-	46	-	-	-	1,809	205	-	-	620
	Minibus Hire	471	0	240	-	-	-	-	-	231	-	-	-	-
	Printing and Publicity	1,726	85	1,600	-	-	-	41	-	-	-	-	-	-
	Independent Examination	1,650	1,650	-	-	-	-	-	-	-	-	-	-	-
	Management Costs	131	131	-	-	-	-	-	-	-	-	-	-	-
	Professional Fees	1,121	0	1,121	-	-	-	-	-	-	-	-	-	-
	Refreshments	615	59	550	-	-	-	6	-	-	-	-	-	-
	Rent	26,075	11,075	15,000	-	-	-	-	-	-	-	-	-	-
	Repairs and Renewals	852	42	805	-	-	-	-	-	-	-	-	-	-
	Salaries	307,669	27,062	161,811	-	11,212	25,000	31,031	7,720	-	5	2,500	3,000	38,333
	Sessional Workers	14,937	-	14,625	-	-	-	32	-	280	-	-	-	-
	Staff Recruitment	359	36	265	-	-	-	13	-	-	-	-	-	45
	Staff Training	5,624	624	5,000	-	-	-	-	-	-	-	-	-	-
	Stationery	641	91	550	-	-	-	-	-	-	-	-	-	-
	Sub Contractors	68,887	7,824	52,000	-	8,183	-	-	-	-	-	-	-	880
	Telephone	3,257	747	2,510	-	-	-	-	-	-	-	-	-	-
	Travel and Accommodation	1,106	212	500	-	67	-	-	-	37	-	-	-	52
	Volunteer Expenses	718	209	500	-	-	-	238	-	9	-	-	-	-
	Year 2024	£452,238	£53,999	£266,077	£0	£20,075	£25,000	£31,361	£7,720	£2,366	£210	£2,500	£3,000	£39,930
	Year 2023	£362,458	£29,026	£211,277	£18,962	£0	£25,000	£35,000	£0	£3,000	£8,693	£2,500	£0	£29,000

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

6	DEBTORS	2024	2023
	Income Receivable	24,654	20,142
	Prepayments	955	886
		£25,609	£21,028
7	CREDITORS: amounts falling due within one year	2024	2023
	Trade Creditors	3,738	7,501
	Accruals	1,650	1,560
		£5,388	£9,061
8	OPERATING SURPLUS	2024	2023
	The surplus of income over expenditure is stated after charging:		
	Independent Examiners Fee (inclusive of VAT)	1,650	1,560
	Pension Costs	8,287	6,228
9	STAFF COSTS	2024	2023
	The staff costs for the year were:		
	Wages and Salaries	269,883	206,417
	Social Security Costs	21,805	17,562
	Pension Contributions	8,287	6,228
	Self Employed Services	7,694	5,488
		£307,669	£235,695
	No employee earned in excess of £60,000.		
	The average monthly number of staff employed by the charity during the year, was as follows:		
	Direct Charitable Work	12	9
	Administrative	1	1
		13	10
	Trustees Remuneration	£Nil	£Nil
	Trustees Expenses	£Nil	£Nil

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

10 SHARE CAPITAL

The company is limited by guarantee with the members liability limited to a contribution of £1 each.

11 Analysis of fund balances between the net assets

	Restricted	Unrestricted	Total
Tangible Fixed Assets	-	-	-
Current Assets	311,971	263,125	575,096
Current Liabilities	-	(5,388)	(5,388)
	£311,971	£257,737	£569,708

12	Restricted Funds	B/Fwd	Income	Expenditure	Transfers	C/Fwd
	Service Level Agreements	63,597	255,183	(266,077)	-	52,703
	BCC CEV	125,950	50,000	(20,075)	-	155,875
	BCC Make it Local	25,000	-	(25,000)	-	-
	Community Dev. For Older People	9,361	30,000	(31,361)	-	8,000
	Community Resilience (BCC 100)	-	100,000	(7,720)	-	92,280
	Fun and Fab	2,844	-	(2,366)	-	478
	Man Alive	-	2,845	(210)	-	2,635
	Quartet CAO	2,500	-	(2,500)	-	-
	Voscur VCSE	-	3,000	(3,000)	-	-
	Wesport	30,930	9,000	(39,930)	-	-
		260,182	450,028	(398,239)	-	311,971
	Unrestricted Funds					
	General Funds	120,966	54,516	(53,999)	(23,780)	97,703
	Designated Funds	135,220	-	-	23,780	159,000
	Total Funds	516,368	504,544	(452,238)	0	568,674

Purposes of Remaining Restricted Funds

Service Level Agreements - This is funding received for the delivery of linkworkers and other support in the South Bristol area.

BCC CEV - This is funding to support the most clinically extremely vulnerable residents back into the community.

BCC Make it Local - This is funding to enable work in partnership with BCC adult social care.

Community Dev. For Older People - This grant is from St Monicas Trust and is to be used towards the funding of an Older Persons Community Development Worker.

Community Resilience (BCC 100) - This is BCC funding to support building community resilience across Hartcliffe, Withywood and Knowle West over 2 years.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

Purposes of Restricted Funds (Cont'd)

Fun and Fab - This fund provides access to weekly activities, trips and talks to help reach achievable goals.

Man Alive - This project supports men who live in the local community to engage in and improve their health and wellbeing through a variety of co-produced activities.

Quartet CAO - This is funding to enable community anchor organisations to work together across South Bristol.

Voscur VCSE - Working in partnership with Voscur to increase the delivery in the local community.

Wesport - This project delivers a physical activity programme for people who are inactive throughout South Bristol

Purpose of Designated Funds

Designated funds are part of the unrestricted funds of the Charity which the trustees have earmarked for a particular project or use without restricting or committing the funds legally.

The designated funds were earmarked for the following uses:

	2024	2023
Redundancy Reserve	59,000	45,220
Reserve for Running Costs (3 Months)	100,000	90,000
	£159,000	£135,220

13 TAXATION

As a charity, Knowle West Health Park Company Ltd, is exempt from tax on income and gains to the extent that these are applied to its charitable objectives. No tax charges have arisen in the Charity.

14 Reconciliation of net movements in funds to net cash flow from operating activities

	2024	2023
Net Movement in funds	53,340	51,174
Deduct Interest Income	(3,718)	(1,287)
Decrease / (Increase) in debtors	(4,581)	25,780
(Decrease) / Increase in creditors	(3,673)	(16,141)
Net cash generated by operating activities	£41,368	£59,526

KNOWLE WEST HEALTH PARK COMPANY

England & Wales - Charity number 1137797

Accounts

KNOWLE WEST HEALTH PARK COMPANY
TRUSTEES AND DIRECTORS REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023

Charity no: 1137797

Company no: 05879576 (England and Wales)

KNOWLE WEST HEALTH PARK COMPANY

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KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2023 which are also prepared to meet the requirements for a directors' report for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to small charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 01 January 2015).

Objectives and Activities

Purposes and aims

The charity's objectives are to promote and protect good health and relieve sickness of people living in the Knowle West area of Bristol and the surrounding area, in particular but not exclusively by: working in partnership with the local community, service users, health care services and Bristol City Council to address health inequalities in South Bristol. Also, to deliver a range of accessible services and activities aimed at improving health and developing health related education and training opportunities that are responsive to local needs.

How our activities deliver public benefit.

Our main activities and who we try to help are described below. All our charitable activities focus on the promotion of health and wellbeing and are undertaken to further our charitable purposes for the public benefit.

Who used and benefitted from our services?

The activities of and services offered by Knowle West Health Park Company are available to people living in Knowle West (otherwise known as Filwood Ward) and the surrounding areas of health inequality in South Bristol. Services are offered to all members of the community, including children and young people, adults and older people.

The residents of Filwood ward and some other wards in South Bristol, experience significant health inequalities compared to citywide averages. 'Health inequalities' is the term used to describe the impact that social and economic disadvantage has on health. It is often measured by the gap in life expectancy between poorer and more affluent people, or similarly the gap between the onset of life limiting illness or disability. In Bristol, the BCC ward profile details the difference between different wards of the city, and in these statistics, Knowle West (Filwood) is shown as having significant health needs compared to other parts of the city.

Filwood has a population of 14,299 and this includes a significantly high percentage of 0-15 year olds. Both male and females life expectancy is below the Bristol average. This premature mortality is caused by cancer, cardiovascular disease and respiratory disease.

In terms of lifestyle behaviour, Filwood is significantly worse than the Bristol average in the following areas; health conditions that limit day to day activities, households where someone smokes, physically inactive, overweight or obese, children who have excess weight. There has been a slight increase to 50.6% of people who feel they belong to their neighbourhood, 93% think the street litter is a problem and in this digital age 91.7% have access to the internet. 31.2% of children live in low income families. Across South Bristol there are 21 LSOAs (Lower Super Output

KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

Knowle West Health Park Company's activities fall into four main categories, as follows:

1 The provision of services and activities, which are likely to improve health and wellbeing.

General health promotion and illness prevention are the foundations for all of KWHPC's work. The focus of our services is on reducing the likelihood of ill health to individuals and the broader community, as well as enabling people to recover better after periods of ill health. The promotion of health and wellbeing informs every activity in which KWHPC is engaged and remains an ethical imperative in every interaction with service users, focusing as it does on the individual as well as their local networks and neighbours.

A summary of services delivered by Knowle West Health Park to meet local needs would include:

- Exercise groups for adults including Walking groups, seated exercise, online Tai Chi and other physical exercise groups during the year.
- One to one support/ goal setting to improve wellbeing
- Support for community groups
- Lifeskills classes
- Social support groups
- Educational groups
- Art on referral groups for people with mental health needs
- Lip-reading classes
- Healthy Eating
- Community engagement
- Social prescribing
- CASS mental health awareness and support for local groups
- Green Social Prescribing

2 Facilitating, commissioning and supporting the delivery of specialist services likely to improve health and wellbeing.

In addition to the services directly provided by KWHPC, a major element of the Company's work is to bring onto the Health Park, other specialist services with the specific expertise and resources to address key health issues in South Bristol. Fundraising to commission such services remain a key part of the Company's work and continues to sustain the effective partnership approach built up over the last 21

A summary of services the Charity has brought onto the Health Park to meet local needs in the last year would include:

- One to one counselling for men, women & children
- Family counselling
- Play therapy
- Activities sessions
- Peer support groups around specific long-term conditions
- Peer education training for parents
- Educational groups
- Crèche services
- Women's group
- Music therapy
- Health Interventions

KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

3 Involving and promoting the opinions, needs and aspirations of local people in the development and delivery of health and social services in South Bristol.

Working from an Asset Based Community Development approach, the company prioritises consultation with and the direct involvement of local people in the development and delivery of its services and activities. Continuing to promote community involvement and reflecting local opinion is a priority in enabling the local community to develop new ways of sustaining their own health and wellbeing. In the last year we have been working with Bristol City Council to embed asset based community development into our working practice. The Health Park have been working alongside other community groups within the local area to develop strategic working practices to benefit the local community. The Health Park has been developing Partnership working with other local organisations to share resources and increase the support for the local community.

4 Promoting the development and profile of the Health Park as a location for needs-led, relevant, effective and innovative health services and interventions.

The Health Park has a key part to play in changing the health profile of Knowle West and surrounding areas. Local delivery targeting local need has been proven to be an effective model and KWHPC will play an important part in ensuring this continues and this has led us to become the VCSE partner for South Bristol Locality Partnership. KWHPC works hard to ensure that the Health Park remains a key local amenity, relevant to local need and working to bring the best possible range of services to the residents of South Bristol. In the last year KWHPC have continued to engage with NHS Property Services and the BNSSG estates review to look at the continued viability of the Health Park site as a venue to deliver cost effective services.

As part of this commitment we are founding members of the Knowle West Alliance. A group of local charities and residents who are working together to strengthen our own individual organisations ability to achieve success and contribute to a thriving neighbourhood and community sector in Knowle West.

Charity Governance Code

Good governance in charities is fundamental to their success. It enables and supports a charity's compliance with the law and relevant regulations. It also promotes a culture where everything works towards fulfilling the charity's vision. The Board has made a commitment to develop a plan to work towards the Codes principles.

COVID Pandemic

The Covid pandemic still impacts the communities of South Bristol. People are still reporting that they feel vulnerable and there has been an increase in the number of people requesting mental health support.

Financial Review

Knowle West Health Park Company ends the year with a small surplus which has increased reserves.

Aside from our main projects we have received small pots of funding from Trusts to deliver one off projects.

The Board has been robust in building its reserves to ensure that we are able to continue to deliver our own successful activities which we know improve the wellbeing of the service users but attracts little funding.

The Board are committed to delivering activities that are well used and offer the opportunity for behavioral change. We are working towards activities becoming cost neutral where possible without making them inaccessible.

Other organisations that rent our space have suffered funding cuts and are no longer able to deliver from the Healthy Living Centre. We are working to invite new organisations to use the centre.

KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

One of the main challenges is that we are delivering new projects whilst the funding offered is shrinking. The diversity of projects requires us to monitor outcomes and report on a high number of difference projects for the turnover of the organisation. We maintain good relationships with the existing trusts and statutory organisations that fund us and continue to look for new sources of funding for new projects to meet service users' needs.

The finances are reviewed regularly at an operational and governance level.

Principal Funding Sources

In the year 2022-23 our funding sources included Bristol City Council Public Health, Bristol BNSSG, Sirona, John James and Quartet.

Investment Policy

KWHPC operates a policy of non-investment, other than keeping KWHPC reserves in high interest bank accounts.

Reserves Policy

KWHPC recognises the importance of maintaining an appropriate level of reserves to allow for contingency planning or action. The Board of Directors has agreed to maintain the level of reserves at three months operational costs, which would currently be £90,000 (for the year 2022-23).

Reserves are reviewed at meetings of the Board of Directors at least half yearly or more frequently if required. Decisions regarding the use of reserves are informed by the charity's Financial Risk Assessment and Risk Management Plan which is also updated twice annually or sooner if required.

Quality Assurance

KWHPC is committed to the principles of continued improvement, and ensuring that quality assurance is embedded in governance, service delivery and organisational development. In December 2013 KWHPC was awarded the PQASSO Quality Assurance Mark at Level 1 and in May 2014 it was granted the BCC Workplace Wellbeing Charter.

Plans for Future Periods

Our service delivery model for this Strategic Plan takes a Community Education and Engagement approach to public health and wellbeing. It prioritises making a difference to individuals and building resilience in the community. It involves several components.

The key aims and activities of this Strategic Plan:

- To know who is using our services and identify under-served groups in the community
- To work together to build a strong, healthy community that supports everyone to achieve wellness.
- To broaden and deepen the activities in the Healthy Living Centre to ensure its continued relevance to the needs of people living in South Bristol.
- To ensure sustainability of the Healthy Living Centre and maintain high standards of quality assurance in all of our activities and services when meeting current and future demand.

KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

Risk Management

Risk is used to describe the uncertainty surrounding events and their outcomes, which may have a significant effect (whether enhancing or inhibiting) on the following:

- Operational performance
- Achievements of aims and objectives
- Meeting expectations of stakeholders

The Chief Executive performs a bi-annual risk assessment using a Risk Assessment Matrix. The outcome of that process is reported to the Board of Directors who then agree the risk management plan. The risk assessment procedure is completed at least bi-annually, but at any time during the year a further assessment can be implemented as circumstances change. Risk is graded on two scales of 1-5 indicating the impact and likelihood of such risk occurring, and those risks scoring highest are managed most urgently and proactively. The agreed risk management plan is implemented by the KWHPC Staff Team with reports on progress being presented to the Board or Financial Sub Group as required.

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee incorporated on 18 July 2006 and registered as a charity on 7 July 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.00.

Recruitment and Appointment of Trustees

At Board level we would like the majority of places are still occupied by residents of Knowle West and South Bristol. There has been fairly consistent membership of the Board since the company was first created, meaning that members have developed a degree of expertise on the running of the Company. The Trustees have done some work to identify the skill gaps and are recruiting for new members.

Trustee Induction and Training

New trustees are provided with a full induction to the organisation, covering the roles and responsibilities of Board members, operational, financial and health and safety policies, services and activities, and the Strategic Plans of the Charity.

Reference and Administrative Details of the Charity

Knowle West Health Park Company is a company limited by guarantee and a registered Charity.

Registered Office: 5 Knowle West Health Park,
Downton Road,
Knowle
Bristol, BS4 1WH

Registered Company No: 05879576

Registered Charity No: 1137797

KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

Reference and Administrative Details of the Charity (Cont'd)

Trustees and Directors who served during the year to 31 March 2023 and at the date of this report are:

Mr M Deane
Mrs R Manning, OBE
Mr K Jones
Mr I Kipkurui
Ms A Finney
Ms E Stanton

Chief Executive Officer: Miss HM Williams

Bankers: Unity Trust
9 Brindleyplace
BIRMINGHAM, B1 2HB

Independent Examiners: Harwood, Lane & Co
Chartered Accountants
Units 1-4 Crossley Farm Business Centre
Swan Lane, Winterbourne
BRISTOL, BS36 1RH

Statement of trustees' responsibilities

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Accepted Accounting Practices).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period. In preparing the financial statements, the trustees are required

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the Board

Members of the Board of Trustees, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 8.

KNOWLE WEST HEALTH PARK COMPANY

**TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2023**

Statement as to disclosure to our examiners

In accordance with company law, as the company's directors, we certify that:

- so far as we are aware, there is no relevant accounts information of which the independent examiners are unaware
- as the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant accounts information and to establish that the charity's examiners are aware of that information.

Independent Examiners

Harwood Lane & Co were the charitable company's independent examiners for the year and have expressed their willingness to continue in that capacity.

Approval

This report was approved by the Board of Trustees on 12/9/23 and signed on its behalf.



Chair

Mr Michael J Deane

11/11/11

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE
KNOWLE WEST HEALTH PARK COMPANY**

I report on the accounts of the Company for the year ended 31 March 2023, which are set out on pages 11 to 20.

Respective responsibilities of trustees and examiners

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiners' report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

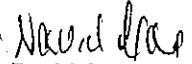
In connection with my examination, no matter has come to my attention:

- (1) which give me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with s386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


David Cox MBE FCA
For and on behalf of Harwood, Lane & Co
Chartered Accountants
Units 1 - 4 Crossley Farm Business Centre
Swan Lane
Winterbourne
BRISTOL
BS36 1RH
Date: 12/9/2023

KNOWLE WEST HEALTH PARK COMPANY

STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD ENDED 31 MARCH 2023

SUMMARY INCOME AND EXPENDITURE ACCOUNT

	Notes	Restricted	Unrestricted	2023 Total	2022 Total
INCOME					
Other Income	2	0	10,033	10,033	5,692
<i>Income from other trading activities</i>					
- Room Hire and Equipment		0	14,999	14,999	8,483
Investment Income	3	0	1,287	1,287	173
Income from Charitable Activities	4	379,590	7,723	387,313	494,380
Total Income		379,590	34,042	413,632	508,728
EXPENDITURE					
Costs of Generating Funds					
Fundraising		0	0	0	0
Charitable Activities	5	(333,432)	(29,026)	(362,458)	(381,744)
Total Resources Expended	5	(333,432)	(29,026)	(362,458)	(381,744)
Net Incoming/(Outgoing) Resources for the year	8	46,158	5,016	51,174	126,984
Transfers between Funds	12	0	0	0	0
Balance brought forward	12	214,024	251,170	465,194	338,210
Balances carried forward	12	£260,182	£256,186	£516,368	£465,194

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 14 to 20 form part of these accounts

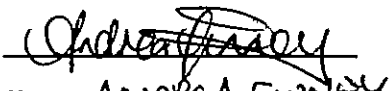
KNOWLE WEST HEALTH PARK COMPANY

BALANCE SHEET AS AT 31 MARCH 2023

	Notes	2023	2022
CURRENT ASSETS			
Debtors	6	21,028	46,808
Cash at Bank and in Hand		504,401	443,588
		525,429	490,396
CREDITORS; amounts falling due within one year			
	7	(9,061)	(25,202)
Net Current Assets		516,368	465,194
Total Assets less Total Liabilities		£516,368	£465,194
Capital and Reserves			
Restricted Funds	12	260,182	214,024
Unrestricted Funds	12	256,186	251,170
		£516,368	£465,194

The Directors considers that the company is entitled to exemption from the requirement to have an audit under the provisions of s.477 of the Companies Act 2006. Members have not required the company under s.476 of the Companies Act 2006, to obtain an audit for the period ended 31 March 2023. The Directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with s.386 and s.387 of the Companies Act 2006, and for preparing accounts which give a true and fair view of the state of affairs of the company as at 31 March 2021 and of its profit for the period then ended in accordance with the requirements of s.396, and which otherwise comply with the requirements of the Act relating to the accounts so far as applicable to

The financial statements which have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 were approved by the board on 12/9/2023 and are signed on its behalf.


Name: **ANDREA FINNEY**
Trustee

The notes on pages 14 to 20 form part of these accounts

KNOWLE WEST HEALTH PARK COMPANY

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2023

	Note	Total Funds 2023	Total Funds 2022
Net Cash generated by operating activities	14	<u>59,526</u>	<u>99,941</u>
<i>Cash Flow from investing activities:</i>			
Interest and dividends		1,287	173
Purchase of furniture and equipment		0	0
Proceeds from sale of investments		0	0
		<u>1,287</u>	<u>173</u>
Net cash provided by investing activities		1,287	173
<i>Cash Flow from financing activities:</i>			
Repayment of borrowing		0	0
Receipt of expendable endowment		0	0
		<u>0</u>	<u>0</u>
Net cash provided by financing activities		0	0
Change in cash and cash equivalents in the year		60,813	100,114
Cash and cash equivalent brought forward		443,588	343,474
Cash and cash equivalent carried forward		£504,401	£443,588

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

1 ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Knowle West Health Park Company meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

1.2 Pensions

The company pension scheme is with Aegon, the company follows government guidelines and currently contributes 4% into employees pensions.

1.3 Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

1.4 Income

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to

Investment income is included when receivable.

Incoming resources from charitable trading activity are accounted for when earned.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1.5 Expenditure

Expenditure is recognised on a accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

1.6 Charitable Activities

Costs of charitable activities include governance costs and are disclosed in note 5 of the statutory

2	OTHER INCOME	Restricted	Unrestricted	2023	2022
	Miscellaneous	-	5,033	5,033	1,692
	Employers Allowance	-	5,000	5,000	4,000
		£0	£10,033	£10,033	£5,692

3 INVESTMENT INCOME

All of the charities investment income of £1,287 (2022 £173) arises from money held in interest bearing current and deposit accounts.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

4	INCOMING RESOURCES FROM CHARITABLE ACTIVITIES	Restricted	Unrestricted	2023	2022
	Service Level Agreements	258,855	-	258,855	129,906
	<i>SWIFT Link Worker</i>	70,037			
	<i>Sirona</i>	130,000			
	<i>CASS</i>	27,716			
	<i>BCC BIF2</i>	31,102			
	Grants				
	BCC Activities	9,000	-	9,000	-
	BCC BS3	-	-	-	66,650
	BCC CEV	15,950	-	15,950	110,000
	BCC Covid Funding	-	-	-	9,600
	BCC Covid Hub	-	-	-	8,000
	BCC Man Alive	5,000	-	5,000	7,202
	BCC MIL	50,000	-	50,000	-
	CCG Cass	-	-	-	31,574
	Fun and Fab	3,285	-	3,285	2,673
	John James	-	1,447	1,447	-
	Knowle West Alliance	-	529	529	-
	Knowle West Media Centre	-	400	400	-
	Miscellaneous Grants	-	-	0	12,840
	NHS Bristol NS & SG CCG	-	2,000	2,000	7,447
	Quartet CAO	5,000	-	5,000	-
	SPEAR	-	-	-	50,988
	St Monica's Trust	-	-	-	30,000
	VOSCUR	-	1,000	1,000	-
	Wesport	32,500	2,347	34,847	27,500
		379,590	7,723	387,313	£494,380

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

5 COST OF GENERATING FUNDS

CHARITABLE ACTIVITIES

CHARITABLE ACTIVITIES													
UNRESTRICTED FUNDS				RESTRICTED FUNDS									
	Management Expenditure	CASS	Walking Group	Service Level Agreements	Activities	BCC BS3	BCC CEV	BCC MIL	Community Dev. for Older People	Fun and Fab	Man Alive	Quartet CAO	Wesport
Total	12	-	-	-	-	-	-	-	-	-	-	-	-
Other Expenditure	12	-	-	200	-	-	-	-	-	-	-	-	-
Bank Charges	212	-	-	-	-	-	-	-	-	-	-	-	-
Board Expenses	-	-	-	-	-	-	-	-	-	-	-	-	-
Dues and Subscriptions	1,468	-	-	1,000	-	-	-	-	-	-	-	-	-
Equipment	299	-	-	-	-	-	-	-	-	-	-	-	-
Evaluation	-	-	-	-	-	-	-	-	-	-	-	-	-
Insurance	3,068	-	-	2,000	-	-	-	-	-	-	-	-	-
IT Costs	2,873	-	-	225	-	-	-	-	-	-	-	-	-
Materials	6,284	-	-	2,451	176	-	-	-	515	1,657	562	-	260
Minibus Hire	240	-	-	-	-	-	-	-	-	-	-	-	-
Sub Contractors	53,539	-	-	45,954	2,348	-	-	-	-	-	2,000	-	2,205
Payroll Expenses	-	-	-	-	-	-	-	-	-	-	-	-	-
Postage	-	-	-	-	-	-	-	-	-	-	-	-	-
Printing and Publicity	2,126	-	-	1,000	-	-	-	-	-	-	-	-	-
Independent Examination	1,560	-	-	1,000	-	-	-	-	-	-	-	-	-
Professional Fees	1,211	-	-	500	-	-	-	-	-	-	-	-	-
Refreshments	1,144	-	-	-	-	-	-	-	-	-	-	-	-
Rent	26,075	-	-	11,662	-	-	-	-	-	-	-	-	-
Repairs and Renewals	2,431	-	-	1,534	-	-	-	-	-	-	-	-	-
Room Hire	141	-	-	-	-	-	-	-	-	-	-	-	-
Salaries	235,695	-	-	139,008	2,238	-	-	25,000	34,283	513	6,049	2,500	26,104
Seasonal Workers	15,182	-	-	-	14,200	-	-	-	-	785	-	-	-
Staff Recruitment	437	-	-	315	-	-	-	-	13	-	-	-	-
Staff Training	4,501	-	-	3,241	-	-	-	-	50	-	-	-	190
Staff Expenses	868	-	-	175	-	-	-	-	34	9	82	-	241
Stationery	427	-	-	12	-	-	-	-	-	-	-	-	-
Telephone	2,033	-	-	1,000	-	-	-	-	-	-	-	-	-
Travel and Accommodation	80	-	-	-	-	-	-	-	80	-	-	-	-
Volunteer Expenses	552	-	-	-	-	-	-	-	25	36	-	-	-
Year 2023	£362,458	£29,026	£0	£211,277	£18,962	£0	£0	£25,000	£35,000	£3,000	£8,693	£2,500	£29,000
Year 2022	£381,673	£128,431	£31,930	£113,887	£10,848	£66,925	£0	£0	£20,639	£1,375	£7,056	£0	£0

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

6	DEBTORS	2023	2022
	Income Receivable	20,142	44,974
	Prepayments	886	1,834
		£21,028	£46,808
7	CREDITORS: amounts falling due within one year	2023	2022
	Trade Creditors	7,501	23,792
	Accruals	1,560	1,410
		£9,061	£25,202
8	OPERATING SURPLUS	2023	2022
	The surplus of income over expenditure is stated after charging:		
	Independent Examiners Fee (inclusive of VAT)	1,560	1,410
	Pension Costs	6,228	6,392
9	STAFF COSTS	2023	2022
	The staff costs for the year were:		
	Wages and Salaries	206,417	179,061
	Social Security Costs	17,562	14,658
	Pension Contributions	6,228	6,392
	Self Employed Services	5,488	5,492
		£235,695	£205,603
	No employee earned in excess of £60,000.		
	The average monthly number of staff employed by the charity during the year, was as follows:		
	Direct Charitable Work	9	8
	Administrative	1	1
		10	9
	Trustees Remuneration	£Nil	£Nil
	Trustees Expenses	£Nil	£Nil

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

10 SHARE CAPITAL

The company is limited by guarantee with the members liability limited to a contribution of £1 each.

11 Analysis of fund balances between the net assets

	Restricted	Unrestricted	Total
Tangible Fixed Assets	-	-	-
Current Assets	260,182	265,247	525,429
Current Liabilities	-	(9,061)	(9,061)
	£260,182	£256,186	£516,368

12	Restricted Funds	B/Fwd	Income	Expenditure	Transfers	C/Fwd
	Service Level Agreements	16,019	258,855	(211,277)	-	63,597
	Activities	9,962	9,000	(18,962)	-	-
	BCC CEV	110,000	15,950	-	-	125,950
	BCC MIL	-	50,000	(25,000)	-	25,000
	Community Dev. For Older People	44,361	-	(35,000)	-	9,361
	Fun and Fab	2,559	3,285	(3,000)	-	2,844
	Man Alive	3,693	5,000	(8,693)	-	-
	Quartet CAO	-	5,000	(2,500)	-	2,500
	Wesport	27,430	32,500	(29,000)	-	30,930
		214,024	379,590	(333,432)	-	260,182

Unrestricted Funds

General Funds	131,846	34,042	(29,026)	(15,896)	120,966
Designated Funds	119,324	-	-	15,896	135,220
Total Funds	465,194	413,632	(362,458)	0	516,368

Purposes of Remaining Restricted Funds

Service Level Agreements - This is funding received for the delivery of linkworkers and other support in the South Bristol area.

BCC CEV - This is funding to support the most clinically extremely vulnerable residents back into the community.

BCC MIL - This is funding to enable work in partnership with BCC adult social care.

Community Dev. For Older People - This grant is from St Monicas Trust and is to be used towards the funding of an Older Persons Community Development Worker.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

Purposes of Restricted Funds (Cont'd)

Fun and Fab - This fund is for women who want to get fit and provides both access to weekly activities and talks to help reach achievable goals.

Quartet CAO - This is funding to enable community anchor organisations to work together across South Bristol.

Wesport - This project delivers a physical inactivity programme throughout South Bristol

Purpose of Designated Funds

Designated funds are part of the unrestricted funds of the Charity which the trustees have earmarked for a particular project or use without restricting or committing the funds legally.

The designated funds were earmarked for the following uses:

	2023	2022
Redundancy Reserve	45,220	29,324
Reserve for Running Costs (3 Months)	90,000	90,000
	£135,220	£119,324

13 TAXATION

As a charity, Knowle West Health Park Company Ltd, is exempt from tax on income and gains to the extent that these are applied to its charitable objectives. No tax charges have arisen in the Charity.

14 Reconciliation of net movements in funds to net cash flow from operating activities

	2023	2022
Net Movement in funds	51,174	126,984
Deduct Interest Income	(1,287)	(173)
Decrease / (Increase) in debtors	25,780	(45,713)
(Decrease) / Increase in creditors	(16,141)	18,843
Net cash generated by operating activities	£59,526	£99,941

KNOWLE WEST HEALTH PARK COMPANY

England & Wales - Charity number 1137797

Accounts

KNOWLE WEST HEALTH PARK COMPANY
TRUSTEES AND DIRECTORS REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2022

Charity no: 1137797

Company no: 05879576 (England and Wales)

KNOWLE WEST HEALTH PARK COMPANY

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KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2022 which are also prepared to meet the requirements for a directors' report for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to small charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 01 January 2015).

Objectives and Activities

Purposes and aims

The charity's objectives are to promote and protect good health and relieve sickness of people living in the Knowle West area of Bristol and the surrounding area, in particular but not exclusively by: working in partnership with the local community, service users, health care services and Bristol City Council to address health inequalities in south Bristol. Also, to deliver a range of accessible services and activities aimed at improving health and developing health related education and training opportunities that are responsive to local needs.

How our activities deliver public benefit.

Our main activities and who we try to help are described below. All our charitable activities focus on the promotion of health and wellbeing and are undertaken to further our charitable purposes for the public benefit.

Who used and benefitted from our services?

The activities of and services offered by Knowle West Health Park Company are available to people living in Knowle West (otherwise known as Filwood Ward) and the surrounding areas of health inequality in south Bristol. Services are offered to all members of the community, including children and young people, adults and older people.

The residents of Filwood ward and some other wards in south Bristol, experience significant health inequalities compared to citywide averages. 'Health Inequalities' is the term used to describe the impact that social and economic disadvantage has on health. It is often measured by the gap in life expectancy between poorer and more affluent people, or similarly the gap between the onset of life limiting illness or disability. In Bristol, the Joint Strategic Needs Assessment details the difference between different wards of the city, and in these statistics, Knowle West (Filwood) is shown as having significant health needs compared to other parts of the city.

Filwood has a population of 13,800 and this includes a significantly high percentage of 0-15 year olds. Both male and females life expectancy is below the Bristol average. This premature mortality is caused by cancer, cardiovascular disease and respiratory disease.

In terms of lifestyle behaviour, Filwood is significantly worse than the Bristol average in the following areas; health conditions that limit day to day activities, households where someone smokes, physically inactive, overweight or obese, children who have excess weight. The ward is in the 1-10% indices of deprivation and this means that many in the community are impacted by the issues of deprivation. Only 51% of people feel they belong to their neighbourhood, 93% think the street litter is a problem and in this digital age only 71% are comfortable using digital services. 46% of school aged children are on free school meals and 20% have special educational needs.

KNOWLE WEST HEALTH PARK COMPANY

**TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2022**

Knowle West Health Park Company's activities fall into four main categories, as follows:

1 The provision of services and activities, which are likely to improve health and wellbeing.

General health promotion and illness prevention are the foundations for all of KWHPC's work. The focus of our services is on reducing the likelihood of ill health to individuals and the broader community, as well as enabling people to recover better after periods of ill health. The promotion of health and wellbeing informs every activity in which KWHPC is engaged and remains an ethical imperative in every interaction with service users, focusing as it does on the individual as well as their local networks and neighbours.

A summary of services delivered by Knowle West Health Park to meet local needs include:

- Exercise groups for adults including Walking groups, seated exercise, online Tai Chi and other physical exercise groups during the year.
- One to one support/ goal setting to improve wellbeing
- Support for community groups
- Lifeskills classes
- Social support groups
- Educational groups
- Art on referral groups for people with mental health needs
- Lip-reading classes
- Healthy Eating
- Community engagement
- Social prescribing
- CASS mental health awareness and support for local groups
- Green Social Prescribing

2 Facilitating, commissioning and supporting the delivery of specialist services likely to improve health and wellbeing.

In addition to the services directly provided by KWHPC, a major element of the Company's work is to bring onto the Health Park, other specialist services with the specific expertise and resources to address key health issues in south Bristol. Fundraising to commission such services remain a key part of the Company's work and continues to sustain the effective partnership approach built up over the last 20

A summary of services the Charity has brought onto the Health Park to meet local needs in the last year include:

- One to one counselling for men, women & children
- Family counselling
- Play therapy
- Activities sessions
- Peer support groups around specific long-term conditions
- Peer education training for parents
- Educational groups
- Crèche services
- Women's group
- Music therapy
- Health Interventions

KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

3 Involving and promoting the opinions, needs and aspirations of local people in the development and delivery of health and social services in South Bristol.

Working from an Asset Based Community Development approach, the company prioritises consultation with and the direct involvement of local people in the development and delivery of its services and activities. Continuing to promote community involvement and reflecting local opinion is a priority in enabling the local community to develop new ways of sustaining their own health and wellbeing. In the last year we have been working with Bristol City Council to embed asset based community development into our working practice. The Health Park have been working alongside other community groups within the local area to develop strategic working practices to benefit the local community. The Health Park has been developing Partnership working with other local organisations to share resources and increase the support for the local community.

4 Promoting the development and profile of the Health Park as a location for needs-led, relevant, effective and innovative health services and interventions.

The Health Park has a key part to play in changing the health profile of Knowle West and surrounding areas. Local delivery targeting local need has been proven to be an effective model and KWHPC will play an important part in ensuring this continues. KWHPC works hard to ensure that the Health Park remains a key local amenity, relevant to local need and working to bring the best possible range of services to the residents of south Bristol. During the year a consultation was started to look at building new houses on a large part of the green space and we successfully worked alongside Knowle West Alliance and the community to override these plans. In the last year KWHPC have continued to engage with NHS Property Services and the BNSSG estates review to look at the continued viability of the Health Park site as a venue to deliver cost effective services.

As part of this commitment we are founding members of the Knowle West Alliance. A group of local charities and residents who are working together to strengthen our own individual organisations ability to achieve success and contribute to a thriving neighbourhood and community sector in Knowle West.

Charity Governance Code

Good governance in charities is fundamental to their success. It enables and supports a charity's compliance with the law and relevant regulations. It also promotes a culture where everything works towards fulfilling the charity's vision. The Board has made a commitment to develop a plan to work towards the Codes principles.

COVID Pandemic

The Covid pandemic emergency response continued into this year. Staff have been working between home and office as many services are still not running face to face. The community has been impacted greatly and there are still many issues around social isolation, poor mental health and sickness that is increasing the workload for all staff. The centre has been used by SWIFT Primary Care Network as a vaccination centre and this has seen 10s of 1000s of people use the site over the year.

Financial Review

Knowle West Health Park Company ends the year with a small deficit which we have covered through reserves.

The Board has been robust in building its reserves to ensure that we are able to continue to deliver our own successful activities which we know improve the wellbeing of the service users but attracts little funding.

The Board are committed to delivering activities that are well used and offer the opportunity for behavioral change. We are working towards activities becoming cost neutral where possible without making them inaccessible.

Other organisations that rent our space have suffered funding cuts and are no longer able to deliver from the Healthy Living Centre. We are working to invite new organisations to use the centre.

KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

One of our main challenges is that we are delivering new projects whilst the funding offered is shrinking. The diversity of projects requires us to monitor outcomes and report on a high number of different projects for the turnover of the organisation. We maintain good relationships with the existing trusts and statutory organisations that fund us and continue to look for new sources of funding for new projects to meet service users' needs.

The finances are reviewed regularly at an operational and governance level.

Principal Funding Sources

In the year 2021-22 our funding sources included Bristol City Council Public Health, Bristol BNSSG, Strona, John James and Quartet.

Aside from our main projects we have received small amounts of funding from Trusts to deliver one off projects.

Investment Policy

KWHPC operates a policy of non-investment, other than keeping KWHPC reserves in high interest bank accounts.

Reserves Policy

KWHPC recognises the importance of maintaining an appropriate level of reserves to allow for contingency planning or action. The Board of Directors has agreed to maintain the level of reserves at three months operational costs, which would currently be £95,436 (for the year 2021-22).

Reserves are reviewed at meetings of the Board of Directors at least half yearly or more frequently if required. Decisions regarding the use of reserves are informed by the charity's Financial Risk Assessment and Risk Management Plan which is also updated twice annually or sooner if required.

Quality Assurance

KWHPC is committed to the principles of continued improvement, and ensuring that quality assurance is embedded in governance, service delivery and organisational development. In December 2013 KWHPC was awarded the PQASSO Quality Assurance Mark at Level 1 and in May 2014 it was granted the BCC Workplace Wellbeing Charter.

Plans for Future Periods

Our service delivery model for this Strategic Plan takes a Community Education and Engagement approach to public health and wellbeing. It prioritises making a difference to individuals and building resilience in the community. It involves several components.

The key aims and activities of this Strategic Plan:

- To know who is using our services and identify under-served groups in the community
- To work together to build a strong, healthy community that supports everyone to achieve wellness.
- To broaden and deepen the activities in the Healthy Living Centre to ensure its continued relevance to the needs of people living in South Bristol.
- To ensure sustainability of the Healthy Living Centre and maintain high standards of quality assurance in all of our activities and services when meeting current and future demand.

KNOWLE WEST HEALTH PARK COMPANY

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

Risk Management

Risk is used to describe the uncertainty surrounding events and their outcomes, which may have a significant effect (whether enhancing or inhibiting) on the following:

- Operational performance
- Achievements of aims and objectives
- Meeting expectations of stakeholders

The Chief Executive performs a bi-annual risk assessment using a Risk Assessment Matrix. The outcome of that process is reported to the Board of Directors who then agree the risk management plan. The risk assessment procedure is completed at least bi-annually, but at any time during the year a further assessment can be implemented as circumstances change. Risk is graded on two scales of 1-5 indicating the impact and likelihood of such risk occurring, and those risks scoring highest are managed most urgently and proactively. The agreed risk management plan is implemented by the KWHPC Staff Team with reports on progress being presented to the Board or Financial Sub Group as required.

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee incorporated on 18 July 2006 and registered as a charity on 7 July 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.00.

Recruitment and Appointment of Trustees

At Board level the majority of places are still occupied by residents of Knowle West and South Bristol. There has been fairly consistent membership of the Board since the company was first created, meaning that members have developed a degree of expertise on the running of the Company.

Trustee Induction and Training

New trustees are provided with a full induction to the organisation, covering the roles and responsibilities of Board members, operational, financial and health and safety policies, services and activities, and the Strategic Plans of the Charity.

Reference and Administrative Details of the Charity

Knowle West Health Park Company is a company limited by guarantee and a registered Charity.

Registered Office: 5 Knowle West Health Park,
Downton Road,
Knowle
Bristol, BS4 1WH

Registered Company No: 05879576

Registered Charity No: 1137797

KNOWLE WEST HEALTH PARK COMPANY

**TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2022**

Reference and Administrative Details of the Charity (Cont'd)

Trustees and Directors who served during the year to 31 March 2022 and at the date of this report are:

Mr M Deane
Mrs R Manning, OBE
Mr K Jones
Mr I Kipkurui
Ms A Finney
Ms E Stanton

Chief Executive Officer: Miss H M Williams

Bankers: Unity Trust
9 Brindleyplace
BIRMINGHAM, B1 2HB

Independent Examiners: Harwood, Lane & Co
Chartered Accountants
Units 1-4 Crossley Farm Business Centre
Swan Lane, Winterbourne
BRISTOL, BS36 1RH

Statement of trustees' responsibilities

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Accepted Accounting Practices).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period. In preparing the financial statements, the trustees are required

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the Board

Members of the Board of Trustees, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 8.

KNOWLE WEST HEALTH PARK COMPANY

**TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2022**

Statement as to disclosure to our examiners

In accordance with company law, as the company's directors, we certify that:

- so far as we are aware, there is no relevant accounts information of which the independent examiners are unaware
- as the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant accounts information and to establish that the charity's examiners are aware of that information.

Independent Examiners

Harwood Lane & Co were the charitable company's independent examiners for the year and have expressed their willingness to continue in that capacity.

Approval

This report was approved by the Board of Trustees on 9th Jan 23 and signed on its behalf.



Chair

Mr Michael J Deane

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE
KNOWLE WEST HEALTH PARK COMPANY**

I report on the accounts of the Company for the year ended 31 March 2022, which are set out on pages 12 to 21.

Respective responsibilities of trustees and examiners

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of Independent examiners' report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

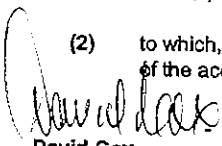
Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which give me reasonable cause to believe that, in any material respect, the requirements:
- to keep accounting records in accordance with s386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


David Cox
For and on behalf of Harwood, Lane & Co
Chartered Accountants and Statutory Auditors
Units 1 - 4 Crossley Farm Business Centre
Swan Lane
Winterbourne
BRISTOL
BS36 1RH
Date: 9 JAN 23

KNOWLE WEST HEALTH PARK COMPANY

STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD ENDED 31 MARCH 2022

SUMMARY INCOME AND EXPENDITURE ACCOUNT

	Notes	Restricted	Unrestricted	2022 Total	2021 Total
INCOME					
Other Income	2	0	5,692	5,692	8,382
<i>Income from other trading activities</i>					
- Room Hire and Equipment		0	8,483	8,483	5,162
Investment Income	3	0	173	173	394
Income from Charitable Activities	4	374,206	120,174	494,380	387,106
Total Income		374,206	134,522	508,728	401,044
EXPENDITURE					
Costs of Generating Funds					
Fundraising		0	0	0	0
Charitable Activities	5	(220,801)	(160,943)	(381,744)	(312,970)
Total Resources Expended	5	(220,801)	(160,943)	(381,744)	(312,970)
Net Incoming/(Outgoing) Resources for the year	8	153,405	(26,421)	126,984	88,074
Transfers between Funds	12	0	0	0	0
Balance brought forward	12	75,228	262,982	338,210	250,136
Balances carried forward	12	£228,633	£236,561	£465,194	£338,210

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 15 to 21 form part of these accounts

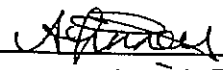
KNOWLE WEST HEALTH PARK COMPANY

BALANCE SHEET AS AT 31 MARCH 2022

	Notes	2022	2021
CURRENT ASSETS			
Debtors	6	46,808	1,095
Cash at Bank and in Hand		443,588	343,474
		<u>490,396</u>	<u>344,569</u>
CREDITORS; amounts falling due within one year	7	(25,202)	(6,359)
		<u>465,194</u>	<u>338,210</u>
Net Current Assets		465,194	338,210
Total Assets less Total Liabilities		£465,194	£338,210
Capital and Reserves			
Restricted Funds	12	228,633	75,228
Unrestricted Funds	12	236,561	262,982
		<u>£465,194</u>	<u>£338,210</u>

The Directors considers that the company is entitled to exemption from the requirement to have an audit under the provisions of s.477 of the Companies Act 2006. Members have not required the company under s.476 of the Companies Act 2006, to obtain an audit for the period ended 31 March 2022. The Directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with s.386 and s.387 of the Companies Act 2006, and for preparing accounts which give a true and fair view of the state of affairs of the company as at 31 March 2022 and of its profit for the period then ended in accordance with the requirements of s.396, and which otherwise comply with the requirements of the Act relating to the accounts so far as applicable to the company.

The financial statements which have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 were approved by the board on 9th Jan 23 and are signed on its behalf.


Name: **ANDREA FINNEY**
Trustee

The notes on pages 15 to 20 form part of these accounts

KNOWLE WEST HEALTH PARK COMPANY

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2022

	Note	Total Funds 2022	Total Funds 2021
Net Cash generated by operating activities	14	99,941	98,017
<i>Cash Flow from investing activities:</i>			
Interest and dividends		173	394
Purchase of furniture and equipment		0	0
Proceeds from sale of investments		0	0
Net cash provided by investing activities		173	394
<i>Cash Flow from financing activities:</i>			
Repayment of borrowing		0	0
Receipt of expendable endowment		0	0
Net cash provided by financing activities		0	0
Change in cash and cash equivalents in the year		100,114	98,411
Cash and cash equivalent brought forward		343,474	245,063
Cash and cash equivalent carried forward		£443,588	£343,474

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

1 ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Knowle West Health Park Company meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

1.2 Pensions

The company pension scheme is with Aegon, the company follows government guidelines and currently contributes 4% into employees pensions.

1.3 Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

1.4 Income

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Investment income is included when receivable.

Incoming resources from charitable trading activity are accounted for when earned.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1.5 Expenditure

Expenditure is recognised on a accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates;

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

1.6 Charitable Activities

Costs of charitable activities include governance costs and are disclosed in note 5 of the statutory

2 OTHER INCOME	Restricted	Unrestricted	2022	2021
Miscellaneous	-	1,692	1,692	4,382
Employers Allowance	-	4,000	4,000	4,000
	£0	£5,692	£5,692	£8,382

3 INVESTMENT INCOME

All of the charities investment income of £173 (2021 £394) arises from money held in interest bearing current and deposit accounts.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

4	INCOMING RESOURCES FROM CHARITABLE ACTIVITIES			2022	2021
		Restricted	Unrestricted		
	Service Level Agreements	129,906	-	129,906	103,474
	<i>SWIFT Link Worker</i>	67,869			
	<i>Sirona</i>	62,037			
	Grants				
	BCC BS3	66,650	-	66,650	49,602
	Sport England	-	-	-	9,223
	CCG Cass	-	31,574	31,574	35,432
	John James	-	-	-	8,818
	Knowle West Alliance	-	-	-	14,500
	Knowle West Media Centre	-	-	-	25,137
	Quartet	-	-	-	14,830
	Emergency Grant	-	-	-	53,900
	St Monica's Trust	30,000	-	30,000	36,500
	Man Alive	7,202	-	7,202	-
	Fit and Fab	2,673	-	2,673	-
	BCC Covid Funding	-	9,600	9,600	-
	Wesport	27,500	-	27,500	-
	BCC CEV	110,000	-	110,000	-
	NHS Bristol NS & SG CCG	-	7,447	7,447	-
	SPEAR	-	50,988	50,988	-
	BCC Covid Hub	-	8,000	8,000	-
	Miscellaneous Grants	275	12,565	12,840	35,690
		£374,206	£120,174	£494,380	£387,106

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

5 COST OF GENERATING FUNDS

CHARITABLE ACTIVITIES

CHARITABLE ACTIVITIES														
UNRESTRICTED FUNDS					RESTRICTED FUNDS									
	Management Expenditure	CASS	Working Group	Ceased 2020/21	Service Level Agreements	Activities	BCC BS3	BCC CHV	Community Dev. for Older People	Fit and Fab	Lip Reading	Mon Alive	SPEAR	Weesport
Total	1,017	814	-	-	-	304	-	-	99	-	-	-	-	-
Other Expenditure	228	228	-	-	-	-	-	-	-	-	-	-	-	-
Bank Charges	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Board Expenses	1,852	-	-	-	-	-	-	-	-	-	-	-	-	-
Dues and Subscriptions	2,517	-	-	-	-	-	-	-	-	-	-	-	-	-
Equipment	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Evaluation	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Insurance	2,570	-	-	-	-	-	-	-	-	-	-	-	-	-
IT Costs	3,227	-	-	-	-	-	-	-	-	-	-	-	-	-
Materials	882	-	-	-	-	-	-	-	-	-	-	-	-	-
Sub Contractors	109,132	712	384	-	39	79	66,150	-	32	1,210	-	321	-	-
Payroll Expenses	1,128	-	-	-	27,574	-	-	-	-	-	-	-	-	-
Postage	350	-	-	-	-	-	-	-	-	-	-	-	-	-
Printing and Reproduction	1,614	-	-	-	-	-	-	-	-	-	-	-	-	-
Independent Examination	1,410	-	-	-	-	-	-	-	-	-	-	-	-	-
Professional Fees	208	-	-	-	-	-	-	-	-	-	-	-	-	-
Refreshments	937	-	18	-	1	-	-	-	-	-	-	-	-	-
Rent	26,075	-	-	-	-	-	-	-	-	-	-	-	-	-
Repairs and Renewals	1,022	-	-	-	30	-	-	-	619	-	-	-	-	-
Salaries and Agency Staff	205,803	31,183	-	-	85,438	10,465	160	-	19,581	160	-	6,650	-	-
Seasonal Workers	11,125	500	-	-	-	-	-	-	-	-	-	-	-	-
Staff Recruitment	886	35	-	-	-	-	-	-	283	-	-	86	-	70
Staff Training	2,925	1,700	-	-	600	-	826	-	-	-	-	-	-	-
Staff Expenses	1,315	1,125	-	-	145	-	-	-	46	-	-	-	-	-
Stationery	970	-	-	-	-	-	-	-	-	-	-	-	-	-
Telephone	1,922	-	-	-	-	-	-	-	-	-	-	-	-	-
Volunteer Expenses	244	56	182	-	-	-	-	-	-	6	-	-	-	-
Year 2022	£381,744	£128,431	£31,930	£592	£0	£713,087	£10,848	£86,925	£0	£20,630	£1,376	£0	£7,056	£70
Year 2021	£454,562	£62,541	£38,518	£38,518	£62,100	£103,474	£10,163	£0	£0	£915	£48	£3,725	£39,063	£0

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

6	DEBTORS	2022	2021
	Income Receivable	44,974	135
	Prepayments	1,834	960
		£46,808	£1,095
7	CREDITORS: amounts falling due within one year	2022	2021
	Trade Creditors	23,792	5,027
	Accruals	1,410	1,332
		£25,202	£6,359
8	OPERATING SURPLUS	2022	2021
	The surplus of income over expenditure is stated after charging:		
	Independent Examiners Fee (inclusive of VAT)	1,410	1,332
	Pension Costs	6,392	5,886
9	STAFF COSTS	2022	2021
	The staff costs for the year were:		
	Wages and Salaries	179,061	173,548
	Social Security Costs	14,658	11,234
	Pension Contributions	6,392	5,886
	Self Employed Services	5,492	4,956
		£205,603	£195,624
	No employee earned in excess of £60,000.		
	The average monthly number of staff employed by the charity during the year, was as follows:		
	Direct Charitable Work	8	9
	Administrative	1	1
		9	10
	Trustees Remuneration	£Nil	£Nil
	Trustees Expenses	£Nil	£Nil

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

10 SHARE CAPITAL

The company is limited by guarantee with the members liability limited to a contribution of £1 each.

11 Analysis of fund balances between the net assets

	Restricted	Unrestricted	Total
Tangible Fixed Assets	-	-	-
Current Assets	214,024	276,372	490,396
Current Liabilities	-	(25,202)	(25,202)
	£214,024	£251,170	£465,194

12	Restricted Funds	B/Fwd	Income	Expenditure	Transfers	C/Fwd
	Service Level Agreements	-	129,906	(113,887)	-	16,019
	Activities	6,421	1,889	(10,848)	12,500	9,962
	Art on Referral	12,000	-	-	(12,000)	-
	BCC BS3	-	66,925	(66,925)	-	-
	BCC CEV	-	110,000	-	-	110,000
	Bristol Community Health	500	-	-	(500)	-
	Community Dev. For Older People	35,000	30,000	(20,639)	-	44,361
	Fit and Fab	1,262	2,673	(1,376)	-	2,559
	Lip Reading	660	-	-	(660)	-
	Man Alive	3,547	7,202	(7,056)	-	3,693
	SPEAR	15,838	-	-	(15,838)	-
	Wesport	-	27,500	(70)	-	27,430
		75,228	376,095	(220,801)	(16,498)	214,024
	Unrestricted Funds					
	General Funds	238,982	132,633	(160,943)	(78,826)	131,846
	Designated Funds	24,000	-	-	95,324	119,324
	Total Funds	338,210	508,728	(381,744)	0	465,194

Purposes of Remaining Restricted Funds

Service Level Agreements - This is funding received for the delivery of linkworker and other support in the South Bristol area.

Activities - These are grants from which the charity offers a variety of activities that help to tackle health inequalities.

BCC CEV - This is funding to support the most clinically extremely vulnerable residents back into the community.

Community Dev. For Older People - This grant is from St Monicas Trust and is to be used towards the funding of an Older Persons Community Development Worker.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

Purposes of Restricted Funds (Cont'd)

Fit and Fab - This fund is for women who want to get fit and provides both access to weekly activities and talks to help reach achievable goals.

Man Alive - This project supports men who live in the local community to engage in and improve their health and wellbeing through a variety of co-produced activities.

Wesport - This project delivers a physical inactivity programme throughout South Bristol

Purpose of Designated Funds

Designated funds are part of the unrestricted funds of the Charity which the trustees have earmarked for a particular project or use without restricting or committing the funds legally.

The designated funds were earmarked for the following uses:

	2022	2021
Redundancy Reserve	29,324	24,000
Reserve for Running Costs (3 Months)	90,000	0
	£119,324	£24,000

13 TAXATION

As a charity, Knowle West Health Park Company Ltd, is exempt from tax on income and gains to the extent that these are applied to its charitable objectives. No tax charges have arisen in the Charity.

14 Reconciliation of net movements in funds to net cash flow from operating activities

	2022	2021
Net Movement in funds	126,984	88,074
Deduct Interest Income	(173)	(394)
(Increase) / Decrease in debtors	(45,713)	8,798
Increase / (Decrease) in creditors	18,843	1,539
Net cash generated by operating activities	£99,941	£98,017

KNOWLE WEST HEALTH PARK COMPANY

England & Wales - Charity number 1137797

Accounts

KNOWLE WEST HEALTH PARK COMPANY
TRUSTEES AND DIRECTORS REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

Charity no: 1137797

Company no: 05879576 (England and Wales)

KNOWLE WEST HEALTH PARK COMPANY

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**KNOWLE WEST HEALTH PARK COMPANY
ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2021**

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2021 which are also prepared to meet the requirements for a directors' report for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to small charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 01 January 2015).

Objectives and Activities

Purposes and Aims.

The charity's objectives are to promote and protect good health and relieve sickness of people living in the Knowle West area of Bristol and the surrounding area, in particular but not exclusively by: working in partnership with the local community, service users, health care services and Bristol City Council to address health inequalities in south Bristol. Also, to deliver a range of accessible services and activities aimed at improving health and developing health related education and training opportunities that are responsive to local needs.

How our activities deliver public benefit.

Our main activities and who we try to help are described below. All our charitable activities focus on the promotion of health and wellbeing and are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services?

The activities of and services offered by Knowle West Health Park Company are available to people living in Knowle West (otherwise known as Filwood Ward) and the surrounding areas of health inequality in south Bristol. Services are offered to all members of the community, including children and young people, adults and older people.

The residents of Filwood ward and some other wards in south Bristol, experience significant health inequalities compared to citywide averages. 'Health inequalities' is the term used to describe the impact that social and economic disadvantage has on health. It is often measured by the gap in life expectancy between poorer and more affluent people, or similarly the gap between the onset of life limiting illness or disability. In Bristol, the Joint Strategic Needs Assessment details the difference between different wards of the city, and in these statistics, Knowle West (Filwood) is shown as having significant health needs compared to other parts of the city. Looking at the main causes of death across all Bristol wards, Filwood is the only ward which is significantly worse than the Bristol average in all of the following: COPD, Cancer, and Coronary Heart Disease. In terms of lifestyle behaviour, Filwood is significantly worse than the Bristol average in all of the following areas: smoking attributed mortality, the percentage of residents who are overweight and obese, teenage conceptions, substance misuse in young people, the percentage of residents who take moderate exercise at least once a week. Filwood is significantly worse than average in all of the following areas: deprivation, unemployed claimants, energy poor housing, the percentage of residents whose fear of crime affects their daily lives. Data for young people, Filwood is above the Bristol average in the following areas: number of children on the Child Protection Register, numbers of young offenders, low birth weights, rate of dependent children with a life limiting long-term illness or disability, rate of young people under the age of 16 years receiving Disabled Living Allowance.

**KNOWLE WEST HEALTH PARK COMPANY
ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2021**

Covid-19 Pandemic emergency response.

This reporting year commenced with the Covid-19 pandemic lockdown, which meant that all activities were cancelled, and staff had to work from home. As part of Knowle West Alliance and alongside Bristol City Council the Health Park team set up and led a Covid response hub. On April 2nd we took our first 10 referrals and across the year we have received over 470 referrals. The local community were supported with shopping, prescription pick-ups, food delivery, dog walking, befriending, gardening and much more.

All staff have demonstrated flexibility and commitment to meeting the needs of the local community and have supported the work of the hub. Local volunteers have also been amazing, resilient, and dedicated. As a result we have been able to offer emergency support, be-friending support, and signposting/liasing with other services when needed.

Partnerships and relationships between local organisations and individuals have been created and strengthened; and we are now looking ahead to establish what we can learn and further develop from this experience.

We provide services and activities that aim to improve individual and community health and wellbeing.

As an organisation, we think everyone in our community should be able to enjoy positive health outcomes. We seek to empower local people to improve their health and wellbeing, taking a locally-driven and holistic approach to individual and community health that is responsive, accessible, supportive, sustainable and built on respect.

A summary of services, other than the Covid-19 hub, delivered by Knowle West Health Park during the pandemic are:

Community Access support Service (CASS)

Cass has gone from strength to strength despite several staff changes. The project has been granted a short extension in funding to March 2022 in line with the timescale for the new BNSSG funding round starting in April. The CASS team are working hard on evaluation and demonstrating impact, raising CASS's profile in order to establish a place within the mental health offer moving forward.

Natalie, the south networker, returned from maternity leave to be promoted to Project Manager for the city wide team; and the new south networker, Sarah, has brought new connections and experiences which is helping to fill some gaps in our previous offer, particularly with regards to the LGBT+ community.

Spear (social prescribing for equality and resilience)

Spear continued to work with local GP practices to support those who are most isolated and vulnerable. The team were also central to the delivery of the Covid hub and supported staff from other organisations with advice and guidance.

Well-being Boxes

Funded by John James Foundation and distributed to individuals who were most vulnerable and isolated due to covid, especially those who are digitally excluded. Staff and volunteers delivered boxes and supported residents to use the box contents which are based on the Five Ways to Well-being. The boxes have been well received and we have seen positive improvements in wemwebs (well-being) scores.

**KNOWLE WEST HEALTH PARK COMPANY
ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2021**

NHS health Checks and Stop Smoking Support

Both of these contracts came to an end as Public Health reduced their offer to Bristol residents, so we said goodbye to both Stella and Pip this year. Both have moved on to new roles within health, and we are proud to have been a part of their journey and supported them on their way.

Walking groups

Our Walking Groups restarted as soon as guidance allowed, with our volunteer Walk Leaders being eager to get people back out and walking and it's been an opportunity to explore more local walks.

Art on referral

Both Art Ease and Art Indie groups support vulnerable people. It was important that these were able to operate during the pandemic. Initially, a facebook group was set up alongside an Art by Post Project. Eventually, members who were online met over zoom and when guidance allowed some members returned face to face. The groups worked towards creating art for city wide exhibitions at the RWA, M Shed and Arncliffe Centre.

Support Groups: Fit & Fab and Man Alive

Both groups have continued meeting online and face to face when guidance allowed.

Bereavement Group

We worked in partnership with The Harbour, to provide support for people who have been bereaved. A new telephone peer support group has been started and this will dovetail with the STAR Peer Support Group when it is able to start meeting again.

Tai Chi for wellbeing and Gentle Exercise

We were able to secure funding to support online delivery of these activities.

Knowle West Health Park Company's activities fall into four main categories, as follows;

To know who is using our services and identify under-served groups in the community.

- Identify gaps in data where we need to find out more using current datasets.
- Create opportunities for underserved groups to offer insight and find solutions
- Work with the community to develop activities to meet their needs.
- Undertake effective and timely publicity to target communities across South Bristol.
- Develop services that are inclusive and accessible.
- Listen, lead and gently challenge to promote a culture of respect of trust.
- Respect every person as an individual.

To work together to build a strong, healthy community that supports everyone to achieve wellness.

- Enable and engage the South Bristol Community to create long term, sustainable change.
- Work collaboratively to co-create and embed positive change through empowering individuals to improve their health and wellbeing.
- Involve the local community in the development and delivery of healthy lifestyles in South Bristol.
- Support individuals to identify their own skills and strengths to improve their health and wellbeing.

**KNOWLE WEST HEALTH PARK COMPANY
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FOR THE YEAR ENDED 31 MARCH 2021**

- Identify and mobilise community assets to increase peoples control over their health.
- Monitor and measure community outcomes that increase equity.
- Support the development of peer led or self-help groups.
- Recruit and retain volunteers.
- Use a variety of community development tools.

To broaden and deepen the activities in the Healthy Living Centre to ensure its continued relevance to the needs of people living in South Bristol.

- Promote the development and profile of the Healthy Living Centre as a location for needs-led, relevant, effective and innovative health services and interventions.
- Offer tailored support and adapt support based on the needs of the community. We will be supportive and not prescriptive.
- Provide opportunities and a safe space to spark enthusiasm and encourage, enable and educate people to take responsibility for their own health and wellbeing.
- Embed the long-term sustainability of health outcomes into all new activities and services.
- Facilitate seamless movement between activities and services.
- Identify outreach opportunities to target communities in South Bristol affected by health inequalities.
- Build and create partnerships that improve the wellbeing of the community.
- Ensure a strong virtual presence through the Healthy Living Centre website and social media.

To ensure sustainability of the Healthy Living Centre and maintain high standards of quality assurance in all of our activities and services when meeting current and future demand.

- Maintain the Healthy Living Centre as a viable, safe and coherent facility for meeting local health needs.
- Promote the relevance and effective use of the KWHP site.
- Facilitate, commission and support the delivery of relevant specialist services.
- Work in conjunction with the existing assets individuals and communities have to co-design new activities and services.
- Grow to meet demand for health and wellbeing services in South Bristol.
- Promote a mixed-investment model, with no over-reliance on one income source.
- Bid for funding independently or in partnership.
- Improve our ability to evidence client and community benefits, unit costs and value for money and social return on investment (SROI).
- Maintain all policies to reflect emerging standards and best practice.
- Implement policies actively through induction, supervision and training.
- Ensure overall Operational Governance.

**KNOWLE WEST HEALTH PARK COMPANY
ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2021**

Charity Governance Code

Good governance in charities is fundamental to their success. It enables and supports a charity's compliance with the law and relevant regulations. It also promotes a culture where everything works towards fulfilling the charity's vision. The Board has made a commitment to develop a plan to work towards the Codes principles.

Financial Review

Knowle West Health Park Company ends the year with a small deficit which we have covered through reserves. Aside from our main projects we have received small pots of funding from Trusts to deliver one off projects. The Board has been robust in building its reserves to ensure that we are able to continue to deliver our own successful activities which we know improve the wellbeing of the service users but attracts little funding. The Board are committed to delivering activities that are well used and offer the opportunity for behavioral change. We are working towards activities becoming cost neutral where possible without making them inaccessible. Other organisations that rent our space have suffered funding cuts and are no longer able to deliver from the Healthy Living Centre. We are working to invite new organisations to use the centre. One of the main challenges is that we are delivering new projects whilst the funding offered is shrinking. The diversity of projects requires us to monitor outcomes and report on a high number of different projects for the turnover of the organisation. We maintain good relationships with the existing trusts and statutory organisations that fund us and continue to look for new sources of funding for new projects to meet service users' needs. The finances are reviewed regularly at an operational and governance level.

Principal Funding Sources

In the year 2020-21 our principle funding sources were from Bristol City Council, BNSSG, Quartet and the Lottery. Other funding sources include Sirona CiC, John James, Sport England and St Monica Trust.

Investment Policy

KWHPC operates a policy of non-investment, other than keeping KWHPC reserves in high interest bank accounts.

Reserves Policy

KWHPC recognises the importance of maintaining an appropriate level of reserves to allow for contingency planning or action. The Board of Directors has agreed to maintain the level of reserves at three months operational costs, which would currently be £78,242 (for the year 2020-21). Reserves are reviewed at meetings of the Board of Directors at least half yearly or more frequently if required. Decisions regarding the use of reserves are informed by the charity's Financial Risk Assessment and Risk Management Plan which is also updated twice annually or sooner if required.

Quality Assurance

KWHPC is committed to the principles of continued improvement, and ensuring that quality assurance is embedded in governance, service delivery and organisational development.

**KNOWLE WEST HEALTH PARK COMPANY
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FOR THE YEAR ENDED 31 MARCH 2021**

Plans for Future Periods

The staff and Board met in 2019 to update the strategic plan which will design our way of working or the next five years. Due to the Covid-19 Pandemic the new strategic plan was finalised in Feb 2021,

Current strategic priorities include:

- To know who is using our services and identify under-served groups in the community.
- To work together to build a strong, healthy community that supports everyone to achieve wellness.
- To broaden and deepen the activities in the Healthy Living Centre to ensure its continued relevance to the needs of people living in South Bristol.
- To ensure sustainability of the Healthy Living Centre and maintain high standards of quality assurance in all of our activities and services when meeting current and future demand.

Risk Management

Risk is used to describe the uncertainty surrounding events and their outcomes, which may have a significant effect (whether enhancing or inhibiting) on the following:

- o Operational performance
- o Achievements of aims and objectives
- o Meeting expectations of stakeholders

The Chief Executive performs a bi-annual risk assessment using a Risk Assessment Matrix. The outcome of that process is reported to the Board of Directors who then agree the risk management plan. The risk assessment procedure is completed at least bi-annually, but at any time during the year a further assessment can be implemented as circumstances change. Risk is graded on two scales of 1-5 indicating the impact and likelihood of such risk occurring, and those risks scoring highest are managed most urgently and proactively. The agreed risk management plan is implemented by the KWHPC Staff Team with reports on progress being presented to the Board or Financial Sub Group as required.

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee incorporated on 18 July 2006 and registered as a charity on 7 July 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.00.

Recruitment and Appointment of Trustees

At Board level the majority of places are still occupied by residents of Knowle West and south Bristol. There has been fairly consistent membership of the Board since the company was first created, meaning that members have developed a degree of expertise on the running of the Company.

Trustee Induction and Training

New trustees are provided with a full induction to the organisation, covering the roles and

**KNOWLE WEST HEALTH PARK COMPANY
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FOR THE YEAR ENDED 31 MARCH 2021**

responsibilities of Board members, operational, financial and health and safety policies, services and activities, and the Strategic Plans of the Charity.

Reference and Administrative Details of the Charity,

Knowle West Health Park Company is a company limited by guarantee and a registered Charity.

Registered office: 5 Knowle West Health Park,
Downton Road,
Knowle
Bristol, BS4 1WH

Reference and Administrative Details of the Charity (cont)

Registered Company No: 05879576

Registered Charity No: 1137797

Trustees and Directors at March 31st 2021

Mrs R Manning, OBE
Mr K Jones
Mrs J Ireland
Mr I Kipkurui
Mr M Deane
Ms A Finney
Ms E Stanton

Chief Executive Officer – Miss H M Williams

Bankers
Unity Trust
9 Brindleyplace
BIRMINGHAM, B1 2HB

Examiners
Harwood, Lane & Co
Chartered Accountants and Registered Auditors
Units 1-4 Crossley Farm Business Centre
Swan Lane, Winterbourne
BRISTOL, BS36 1RH

Statement of trustees' responsibilities

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Accepted Accounting Practices).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;

**KNOWLE WEST HEALTH PARK COMPANY
ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2021**

-
- Make judgements and estimates that are reasonable and prudent;
 - State whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
 - Prepare the financial statements on the going concern basis unless it is in appropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the Board

Members of the Board of Trustees, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 8.

Statement as to disclosure to our examiners

In accordance with company law, as the company's directors, we certify that:

- so far as we are aware, there is no relevant accounts information of which the independent examiners are unaware
- as the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant accounts information and to establish that the charity's examiners are aware of that information.

Independent Examiners

Harwood Lane & Co were the charitable company's independent examiners for the year and have expressed their willingness to continue in that capacity.

Approval

This report was approved by the Board of Trustees on 14 June 2021 and signed on its behalf.


Chair

Mr Michael J Deane

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE
KNOWLE WEST HEALTH PARK COMPANY**

I report on the accounts of the Company for the year ended 31 March 2021, which are set out on pages 12 to 21.

Respective responsibilities of trustees and examiners

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of Independent examiners' report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

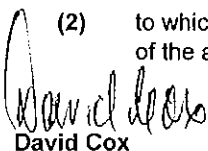
In connection with my examination, no matter has come to my attention:

(1) which give me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with s386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



David Cox

For and on behalf of Harwood, Lane & Co
Chartered Accountants and Statutory Auditors
Units 1 - 4 Crossley Farm Business Centre
Swan Lane
Winterbourne
BRISTOL
BS36 1RH

Date: 15.6.21

STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD ENDED 31 MARCH 2021

SUMMARY INCOME AND EXPENDITURE ACCOUNT

	Notes	Restricted	Unrestricted	2021 Total	2020 Total
INCOME					
Other Income	2	30	8,352	8,382	24,452
<i>Income from other trading activities</i>					
- Room Hire and Equipment		0	5,162	5,162	14,612
Investment Income	3	0	394	394	893
Income from Charitable Activities	4	171,427	215,679	387,106	307,413
Total Income		171,457	229,587	401,044	347,370
EXPENDITURE					
Costs of Generating Funds					
Fundraising		0	0	0	0
Charitable Activities	5	119,811	193,159	312,970	354,310
Total Resources Expended	5	119,811	193,159	312,970	354,310
Net Incoming/(Outgoing) Resources for the year	8	51,646	36,428	88,074	(6,940)
Transfers between Funds	12	0	0	0	0
Balance brought forward	12	23,582	226,554	250,136	257,076
Balances carried forward	12	£75,228	£262,982	£338,210	£250,136

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 15 to 21 form part of these accounts

KNOWLE WEST HEALTH PARK COMPANY

BALANCE SHEET AS AT 31 MARCH 2021

	Notes	2021	2020
CURRENT ASSETS			
Debtors	6	1,095	9,893
Cash at Bank and In Hand		343,474	245,063
		<u>344,569</u>	<u>254,956</u>
CREDITORS; amounts falling due within one year	7	(6,359)	(4,820)
		<u>338,210</u>	<u>250,136</u>
Net current assets		338,210	250,136
Total Assets less Total Liabilities		£338,210	£250,136
Capital and Reserves			
Restricted Funds	12	75,228	23,582
Unrestricted Funds	12	262,982	226,554
		£338,210	£250,136

The Directors considers that the company is entitled to exemption from the requirement to have an audit under the provisions of s.477 of the Companies Act 2006. Members have not required the company under s.476 of the Companies Act 2006, to obtain an audit for the period ended 31 March 2021. The Directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with s.386 and s.387 of the Companies Act 2006, and for preparing accounts which give a true and fair view of the state of affairs of the company as at 31 March 2021 and of its profit for the period then ended in accordance with the requirements of s.396, and which otherwise comply with the requirements of the Act relating to the accounts so far as applicable to the company.

The financial statements which have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 were approved by the board on 14/6/21 and are signed on its behalf.


MICHAEL JOHN DEANE

Name:
Trustee

The notes on pages 15 to 21 form part of these accounts

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2021

	Note	Total Funds 2021	Total Funds 2020
Net Cash used in operating activities	14	98,017	(15,736)
<i>Cash Flow from Investing activities:</i>			
Interest and dividends		394	893
Purchase of furniture and equipment		0	0
Proceeds from sale of investments		0	0
Net cash provided by investing activities		394	893
<i>Cash Flow from financing activities:</i>			
Repayment of borrowing		0	0
Receipt of expendable endowment		0	0
Net cash provided by financing activities		0	0
Change in cash and cash equivalents in the year		98,411	(14,843)
Cash and cash equivalent brought forward		245,063	259,906
Cash and cash equivalent carried forward		£343,474	£245,063

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

1 ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Knowle West Health Park Company meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

1.3 Pensions

The company pension scheme is with Aegon, the company follows government guidelines and currently contributes 4% into employees pensions.

1.4 Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

1.5 Income

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Investment income is included when receivable.

Incoming resources from charitable trading activity are accounted for when earned.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1.6 Expenditure

Expenditure is recognised on a accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

1.7 Charitable Activities

Costs of charitable activities include governance costs and are disclosed in note 5 of the statutory accounts.

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

2	OTHER INCOME	Restricted	Unrestricted	2021	2020
	Miscellaneous	30	4,352	4,382	21,452
	Employers Allowance	-	4,000	4,000	3,000
		£30	£8,352	£8,382	£24,452

3 INVESTMENT INCOME

All of the charities investment income of £394 (2020 £893) arises from money held in interest bearing current and deposit accounts.

4	INCOMING RESOURCES FROM CHARITABLE ACTIVITIES	Restricted	Unrestricted	2021	2020
	Service Level Agreements	103,474	-	103,474	110,973
	Grants				
	Bristol City Council	9,602	40,000	49,602	113,556
	Sport England	9,223	-	9,223	-
	CCG Cass	-	35,432	35,432	35,932
	DWP Project	-	-	-	26,392
	John James	368	8,450	8,818	12,000
	Knowle West Alliance	3,000	11,500	14,500	-
	Knowle West Media Centre	5,760	19,377	25,137	-
	Quartet	5,000	9,830	14,830	-
	Emergency Grant	-	53,900	53,900	-
	St Monica's Trust	35,000	1,500	36,500	-
	Miscellaneous Grants	-	35,690	35,690	8,560
		171,427	£215,679	£387,106	£307,413

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

5

CHARITABLE ACTIVITIES

		UNRESTRICTED FUNDS					RESTRICTED FUNDS						
	Total	Management Expenditure	Community Webs	Emergency Grant	CASS	Ceased 2019/20	Spear	Activities	Man Alive	Lip Reading	Ft'n' Fab	Ceased 2019/20	
Other Expenditure	50,318	2,100		48,218									
Bank Charges	173	173											
Board Expenses	0	0											
Dues and Subscriptions	1,817	1,817					827						
Equipment	3,091	2,264					55						
Evaluation	55	0											
Insurance	2,400	2,400											
IT Costs	3,774	3,022			399		752	193	169	45	459		
Materials	6,849	4,944					685						
Sub Contractors	45	0											
Payroll Expenses	1,218	1,218											
Postage	159	159											
Printing and Reproduction	0	0											
Independent Examination	1,332	1,332											
Professional Fees	2,117	367		1,750									
Refreshments	658	297					304		57				
Rent	26,075	26,075											
Repairs and Renewals	0	0											
Salaries and Agency Staff	195,624	41,354	7,390	3,932	37,771		96,678	9,970	8,499		456		
Sessional Workers	11,176	750											
Staff Recruitment	155	155											
Staff Training	2,340	692	810		245		593						
Staff Travel	1,249	1,126			93		30						
Stationery	97	69					28						
Telephone	2,227	2,227											
Volunteer Expenses	21	0			10		11						
Year 2021	£312,970	£92,541	£8,200	£53,900	£38,518	£0	£99,963	£10,163	£8,725	£45	£915	£0	
Year 2020	£354,310	£5,613	£0	£0	£0	£190,173	£111,073	£0	£361	£1,235	£2,160	£43,695	

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

6	DEBTORS	2021	2020
	Income Receivable	135	8,820
	Other Debtors	960	1,073
		£1,095	£9,893

7	CREDITORS: amounts falling due within one year	2021	2020
	Trade Creditors	5,027	3,488
	Accruals	1,332	1,332
		£6,359	£4,820

8	OPERATING SURPLUS	2021	2020
	The surplus of income over expenditure is stated after charging:		
	Independent Examiners Fee (inclusive of VAT)	1,332	1,332
	Pension Costs	5,886	7,132

9	STAFF COSTS	2021	2020
	The staff costs for the year were:		
	Wages and Salaries	173,548	228,551
	Social Security Costs	11,234	16,536
	Pension Contributions	5,886	7,132
	Self Employed Services	4,956	5,912
		£195,624	£258,131

No employee earned in excess of £60,000.

The average monthly number of staff employed by the charity during the year, calculated on the basis of full time equivalents, was as follows:

Direct charitable work	9	13
Administrative	1	1
	10	14
Trustees Remuneration	£Nil	£Nil
Trustees Expenses	£Nil	£Nil

KNOWLE WEST HEALTH PARK COMPANY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

10 SHARE CAPITAL

The company is limited by guarantee with the members liability limited to a contribution of £1 each.

11 Analysis of fund balances between the net assets

	Restricted	Unrestricted	Total
Tangible Fixed Assets	-	-	-
Current Assets	75,228	269,341	344,569
Current Liabilities	-	(6,359)	(6,359)
	£75,228	£262,982	£338,210

12	Restricted Funds	B/Fwd	Income	Expenditure	Transfers	C/Fwd
	Art on Referral	12,000	0	-	-	12,000
	Bristol Community Health	500	-	-	-	500
	Community Dev. For Older People	-	35,000	0	-	35,000
	Fit and Fab	2,177	-	(915)	-	1,262
	SPEAR	4,384	111,417	(99,963)	-	15,838
	Man Alive	2,639	9,633	(8,725)	-	3,547
	Lip reading	705	-	(45)	-	660
	Activities	1,177	15,407	(10,163)	-	6,421
		£23,582	£171,457	(£119,811)	-	£75,228
	Unrestricted Funds					
	General Funds	204,554	229,587	(193,159)	(2,000)	238,982
	Designated Funds	22,000	-	0	2,000	24,000
	Total Funds	250,136	401,044	(312,970)	-	338,210

Purposes of Remaining Restricted Funds

Bristol Community Health - this reserve is for the provision of a community support service.

SPEAR. The Spear Programme offers leadership on social prescribing in Bristol, with a focus on areas of deprivation.

Fit and Fab - this fund is for women who want to get fit and provides both access to weekly activities and talks to help reach achievable goals.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

Purposes of Restricted Funds (cont)

Art on Referral - this is a grant from John James Foundation for the continued delivery of this programme. To support people with low to moderate mental health issues using visual art which improves mental health and wellbeing.

Man Alive - this project supports men who live in the local community to engage in and improve their health and wellbeing through a variety of co-produced activities.

Lip Reading - this successful project is supported to increase the confidence of those who are hard of hearing which in turn improves their ability to engage well in their communities.

Activities - we aim to offer a variety of activities that help to tackle health inequalities.

Community Dev. For Older People - this grant is from St Monicas Trust and is to be used towards the funding of an Older Persons Community Development Worker.

Purpose of Designated Funds

Designated funds are part of the unrestricted funds of the Charity which the trustees have earmarked for a particular project or use without restricting or committing the funds legally.

At 31.03.21, the designated funds were earmarked for the following uses:

24,000 Redundancy provision

£24,000

13 TAXATION

As a charity, Knowle West Health Park Company Ltd, is exempt from tax on income and gains to the extent that these are applied to its charitable objectives. No tax charges have arisen in the Charity.

14 Reconciliation of net movements in funds to net cash flow from operating activities

	2021	2020
Net Movement in funds	88,074	(6,940)
Deduct Interest income	(394)	(893)
Decrease (increase) in debtors	8,798	(7,147)
Increase (decrease) in creditors	1,539	(756)
Net cash used in operating activities	£98,017	(£15,736)