

POOR HANDMAIDS OF JESUS CHRIST

England & Wales · Charity number 1137792

Details

Other names	THE CONGREGATION OF THE POOR HANDMAIDS OF JESUS CHRIST
Status	Registered
Legal form	Charitable company
Company number	07321922
Registered	2010-09-06
Register	View on the Charity Commission register

Contact

Address	97 Namu Road Bournemouth BH9 2RA
Phone	01202331988

Activities

Objects: THE OBJECTS OF THE CHARITY ARE SUCH CHARITABLE PURPOSES AS SHALL ADVANCE THE RELIGIOUS AND OTHER CHARITABLE WORK OF THE CONGERGATION AS THE TRUSTEES WITH THE APPROVAL OF THE SUPERIOR SHALL FROM TIME TO TIME THINK FIT, PROVIDED THAT IF AT ANY TIME THE CONGREGATION SHALL CEASE TO EXIST OR SHALL CEASE TO CARRY ON RELIGIOUS WORK THEN FOR SUCH OTHER LAWFUL PURPOSES CONNECTED WITH THE ADVANCEMENT OF THE ROMAN CATHOLIC RELIGION AS THE TRUSTEES SHALL DETERMINE.

Activities: The charity was dormant until 31/12/2011. It commenced operating on 01/01/2012. The objects of the charity are such charitable works as shall advance religious and other work of the Congregation as the Trustees with approval of the Superior shall from time to time think fit.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services
- **What:** Religious Activities
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE, NATIONAL
- Brazil
- Germany
- India
- Kenya
- Mexico
- Netherlands
- Nigeria
- United States
- Barnet
- Bournemouth

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£169,723	£158,974	-	-
2023-12-31	£166,983	£253,039	-	-
2022-12-31	£147,173	£260,054	-	-
2021-12-31	£122,246	£220,249	-	-
2020-12-31	£124,599	£227,463	-	-

Trustees

Name	Role	Appointed
SISTER ROSEMARY BRIDGET SNELL		
SISTER WINIFRED O'ROURKE		
Sister Judith Diltz		2023-05-01
Sister Prakasha Sahaya Mary		2023-05-01

POOR HANDMAIDS OF JESUS CHRIST

England & Wales - Charity number 1137792

Accounts

POOR HANDMAIDS OF JESUS CHRIST

(A company limited by guarantee)

REPORT AND FINANCIAL STATEMENTS

31 December 2024

Poor Handmaids of Jesus Christ

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LEGAL AND ADMINSTRATIVE DETAILS
31 December 2024

REISTERED NAME Poor Handmaids of Jesus Christ

CHARITY REGISTRATION NUMBER 1137792

COMPANY REGISTRATION NUMBER 07321922

REGISTERED ADDRESS

St Joseph's Convent
Westminster House
Watford Way
London
NW4 4TY

OTHER OPERATING ADDRESSES

St Boniface Convent
97 Namu Road
Victoria Park
Bournemouth
BH9 2RA

BANKERS

Barclays Bank plc
Branches at Bournemouth

SOLICITORS

Stone King LLP
Upper Borough Court 3
Upper Borough Walls
Bath
BA1 1RG

INVESTMENT ADVISORS

Barclays Wealth
Barclays Bank plc
1st and 2nd Floors The Helm
37-45 Holdenhurst Road
Bournemouth
BH8 8EH

INDEPENDENT EXAMINER

Sally A Meaden & Co
Chartered Certified Accountants
61 Herberton Road
Bournemouth
BH6 5HZ

TRUSTEES' REPORT

31 December 2024

The trustees, who are also directors of the charity for the purposes of the Companies Act, submit their report and the unaudited financial statements for the year ended 31 December 2024. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity and in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

STATUS AND ADMINISTRATION

The charity is a charitable company limited by guarantee and was incorporated on 21 July 2010 and became registered as a charity on 6 September 2010. It commenced activity on the 1st January 2012 following completion of a deed of transfer on 17th November 2011. The deed of transfer states that with effect from 1st January 2012 all the operations, assets and liabilities were transferred from the existing charitable trust (Congregation of Poor Handmaids of Jesus Christ, English Region charity number 234423) to the new charitable company. It is governed by a memorandum and articles of association.

OBJECTS OF THE CHARITY

The objects of the Charity are such charitable purposes as shall advance the religious and other charitable work of the Congregation as the Trustees with approval of the Superior shall from time to time think fit, provided that if at any time the Congregation shall cease to exist or shall cease to carry on religious work then for such other lawful purposes connected with the advancement of the Roman Catholic Religion as the Trustees shall determine.

REVIEW OF ACTIVITIES AND RESULTS

Results

The results for the period are set out on pages 7-9. As the sisters here in England begin to age, the majority being in their late eighties it is becoming apparent that we will not function as a Province in our own right and has become a community under the guidance of our General Leadership in Germany, there will be a local leader living in England who will oversee the general day to day living of all the sisters and finance. Despite our aging sisters our houses continue to be open houses of hospitality and volunteer in a school providing spirituality for both children and staff.

One sister is a qualified Counsellor and will minister to those on low incomes who cannot afford the going rates of £45 for a therapy session. She has now become the coordinator of the pastoral care team in her local parish using the same skills as a counsellor. She also offers workshops to Sisters in developing countries of her congregation.

We continue to make donations to those in need in our local areas supporting those impacted by the prevailing economic climate and will continue to do so as those needs are becoming increasingly important due to the current financial conditions. Further donations have been made during 2025.

Public benefit

The Charity has continued the work in the initial formation of children and adults and in ongoing education at all levels in the Roman Catholic religion in all two areas where the Charity is operating. Other activities have included:-

- assistance of priests in various areas through pastoral work,
- visiting of sick and housebound and attending to spiritual needs, and
- Providing hospitality for various groups on a day basis to deepen spirituality and prayer life.

TRUSTEES' REPORT 31 December 2024

Public benefit (continued)

Details of support and donations are given in note 2 of the accounts, which during the year have included donations to organisations local to the two areas in which the Convents are based and have in particular supported the homeless, vulnerable and needy. The mission fund donations from this charity goes into the Corpus Fund for projects that support people in general.

In addition missions are designated by the Motherhouse to further our charitable purposes and to provide public benefit to those most in need. The reports issued by the Motherhouse highlighted the following in respect of mission projects:-

- India – The Poor Handmaids Of Jesus Christ started their work in India more than 50 years ago. Key projects have included the creation of a home for destitute women known as 'Maria Sadan'; the Katharina Kasper Leprosy control scheme which from its' clinic offers free medicine, physiotherapy, allergy, paediatric, orthopaedic services and outdoor ministry for around 8,000 a year; the Ashalaya Awareness Programme including self-help groups, skills training, summer camps and scholarship training across 30 villages in Bangalore north district with over 900 children and over 1500 adults participating in the year; the Nirmala Covent Nagular Yercaud providing crèche facilities for children aged 2 ½ - 5 years old, the Katherine primary school for 102 pupils and social work/pastoral care visiting families especially those who are sick, suffering and aged; boarding facilities for 12 girls studying 10th classes at the Nagular government school; the Maria Bhavan Covent in Dhani North India comprises several projects offering boarding to 226 girls aged 4-16 years St Francis Xavier, treatment for T.B. patients at a hospital assisting 70-80 patients daily, the education project which supported 44 students in 2014 in their education, social work assisting farmers by giving seeds to cultivate their land; the Katherine Matriculation School began in 2003 in China Avudaiyar Kovil with only 20 students and now has 650 students with admissions given to all irrespective of their religion, colour, caste or race; and finally support via the Leonidis Endowment foundation. Newer projects include elderly care in homes and a new Care Facility operated by the sisters for the people.
- Nigeria - The Poor Handmaids Of Jesus Christ founded their first Convent in 2000 in Garem. The additional Convents are located in Owerri in the state of Iwo, Nigeria; Niger state and in Ifetedo, Osun state. Our Children's' home in Mgbele provides a safe refuge for 12 children, including 5 of whom are mentally or physically handicapped. The children attend school and learn to care for each other becoming independent as far as possible. In Nairobi the hospital created continues to receive immense support where our Sisters care for the poorest of the poor.
- Kenya – the Poor Handmaids founded their first Convent in 2000 in the Diocese of Meru Kenya. The major project in Kenya is the 'Street Children Project' to give the children a future. Our ministry has expanded to cover the provision of mobile health clinics and establishing schools, as well as providing courses for adults and pastoral care within prisons.
- Brazil – 30 years ago work began in Brazil with the founding mission in Sao Joao da Fronteira in northeast Brazil, which is the poorest area of the country. Since then two other convents have been established in Jacunda and Sovral also in the northeast. 'Casa Maria Catalina Sao Joao continues to provide day care for the children'. This allows mothers to go to work.
- Mexico - The Poor Handmaids Of Jesus Christ began their mission work here 35 years ago. 14 Sisters currently serve in four poor areas of Queretero and San Ildefonso near Mexico City, Coatzacoalcos in the south and Mapachapa in the Gulf of Mexico. They provide hands-on ministry to the poorest of society who are mainly women and children in various projects and programs. The embroidery projects was founded 20 years ago for the indigenous Otomi women and their children allowing them to develop skills and produce products to sell to provide a better future for their children and families. The sisters provide a room dental treatment for the poor. The Katherine Kasper Education centre in South Mexico provides education for those children who have never attended or been able to enter the normal school system.

Our developing countries continue to train their young sisters with skills relevant to the needs of the people they are ministering to. Therefore, we finance them when needs arise. All countries put in yearly budgets for their needs, and these are scrutinized before being given permission.

As the finance in the West will not always be there; in the Western World our communities are coming to completion and we are training sisters to look for some funding for themselves – all five of our developing countries continue to be funded and are not self sufficient.

TRUSTEES' REPORT

31 December 2024

Charity's policies

1) Investments

The Charity follows a low risk policy whereby surplus funds from yearly activities are invested. Other investments arise from bequests and donations received. The Charity has delegated investment management to Barclays Wealth and Private Bank Limited to try and improve returns on investment following the continuing low market rates of interest, whilst maintaining a low risk strategy. A written policy statement has been provided to and agreed with the investment managers. Barclays Wealth and Private Bank Limited has fully delegated powers within the terms of this policy.

2) Reserves

- To provide sufficient funds for the Sisters to live on now and in the future, as all their personal income comprising of salaries and pensions forms an incoming resource to the Charity.
- To allow the provision of nursing home care when needed.
- To allow major refurbishments and renewals to be carried out at the Convents' premises when required.
- To give financial support to allow the rapid growth of the congregation in third world countries

3) Grant making and donations

- Local churches in the areas where the Sisters are working have been selected by the Trustees as worthy of support, as have local appeals made by various other national charities or individuals in need. Decisions for the latter have been left to the discretion of the two convents.
- In addition we support the missions of our own congregation in the third world countries where our Sisters work and minister. Periodically we support the General Mission Fund in Germany and help new missions and developments of our own congregation in Nigeria and Kenya and our other missions in India, Mexico and Brazil.
- Details of donations made during the current financial year are shown in note 2 of the accounts.

DIRECTORS AND TRUSTEES

The Trustees are appointed in writing by the Superior and shall when complete consist of at least three and not more than six individuals the majority of whom shall be Roman Catholic.

The directors' and trustees of the charitable company who have held office since 1st January 2024 to date are as follows:

Sister Rosemary Bridget Snell
(Superior)

Sister Winifred Mary O'Rourke

Sister Judith Diltz

Sister Prakasha Sahaya Mary

The day to day management of the charity is carried out by the trustees. Policies and strategies are determined by the trustees who hold formal meetings a minimum of twice a year.

RISK MANAGEMENT

The trustees have considered the risks to which the charity is exposed and have reviewed those risks and established systems and procedures to manage them. The trustees consider the principal risk to be related to the increasing age and health concerns of the current trustees and attracting new Sisters' who can (subject to appointment as trustees) continue the work of the charity for future generations.

- In the future we anticipate giving help in this country to students of the Roman Catholic faith when sufficient funds have been built up.

TRUSTEES' REPORT
31 December 2024

TRUSTEES' RESPONSIBILITIES STATEMENT

The trustees (who are also directors of Poor Handmaids of Jesus Christ for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

SISTER ROSEMARY BRIDGET SNELL

For and on behalf of the Directors/Trustees

Date : 15th September 2025

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF POOR HANDMAIDS OF JESUS CHRIST

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 December 2024 which are set out on pages 7 to 16.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sally Ann Meaden F.C.C.A.
Sally A Meaden & Co
61 Herberton Road Bournemouth
BH6 5HZ
Date: 15th September 2025

STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an income and expenditure statement)
For the year ended 31 December 2024

INCOME AND EXPENDITURE	Unrestricted funds	Restricted funds	2024	2023
	£	£	£	£
INCOMING RESOURCES				
Incoming resources from generated funds:				
Investment income				
Interest - bank deposit	5,187	-	5,187	838
Interest – bank investments	4,702	196	4,898	3,439
Dividends	91,185	-	91,185	79,335
Incoming resources from legacies	-	-	-	-
Incoming resources from charitable activities:				
Salaries and pensions	68,453	-	68,453	77,517
Profit on disposal tangible fixed assets	-	-	-	5,408
Other income	-	-	-	446
Total incoming resources	169,527	196	169,723	166,983
RESOURCES EXPENDED				
Charitable activities:				
Property cleaning/maintenance services	2,340	-	2,340	2,300
Catering	12,706	-	12,706	12,087
Household and garden	3,221	-	3,221	3,757
Medical	4,589	-	4,589	3,796
Nursing home fees	-	-	-	14,563
Home care costs	4,794	-	4,794	5,222
Rent	9,600	-	9,600	10,636
Rates and insurances	1,085	-	1,085	2,191
Light, heat and water	7,204	-	7,204	7,991
Telephone, post and stationery	3,320	-	3,320	4,285
Computer software, consumables & website	863	-	863	1,106
Repairs and maintenance	1,442	-	1,442	2,600
Laundry, cleaning and clothing	805	-	805	1,013
Travelling and motor	2,523	-	2,523	8,417
Stipends and alms	324	-	324	764
Religious conference cost and fee	480	-	480	-
Funeral costs	-	-	-	4,263
Memorial and cemetery costs	564	-	564	-
Sundries:				
Publications and newspapers	1,337	-	1,337	1,462
Holidays and retreats	5,948	-	5,948	5,013
Chapel	114	-	114	-
Tuition and courses	530	-	530	200
Miscellaneous	284	-	284	716
Donations	Note 2 50,778	-	50,778	110,160
	114,851	-	114,851	202,542

STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an income and expenditure statement)
For the year ended 31 December 2024

	Unrestricted funds £	Restricted funds £	2024 £	2023 £
Support costs				
Depreciation	11,622	-	11,622	11,178
Loss on disposal tangible fixed assets	673	-	673	496
	<u>12,295</u>	<u>-</u>	<u>12,295</u>	<u>11,674</u>
Governance costs:				
Accountancy - including independent examiner fee	5,400	-	5,400	6,041
Professional fees Barclays Wealth	25,382	-	25,382	23,425
Legal fees	995	-	995	9,166
Companies House fees	13	-	13	13
Bank Charges	38	-	38	178
	<u>31,828</u>	<u>-</u>	<u>31,828</u>	<u>38,823</u>
Total resources expended	<u>158,974</u>	<u>-</u>	<u>158,974</u>	<u>253,039</u>
NET INCOMING/(OUTGOING) RESOURCES BEFORE OTHER RECOGNISED GAINS AND LOSSES	10,553	196	10,749	(86,056)
Other recognised gains and losses				
Realised gains on investments	4,267	-	4,267	64,976
Gains/(Losses) on investments unrealised	168,103	-	168,103	90,783
NET MOVEMENT IN FUNDS FOR THE YEAR	<u>182,923</u>	<u>196</u>	<u>183,119</u>	<u>69,703</u>
Balances brought forward at 1 January 2024	<u>4,269,773</u>	<u>16,576</u>	<u>4,286,349</u>	<u>4,216,646</u>
Balances carried forward at 31 December 2024	<u><u>4,452,696</u></u>	<u><u>16,772</u></u>	<u><u>4,469,468</u></u>	<u><u>4,286,349</u></u>

The notes on pages 9 to 16 form part of these accounts.
All amounts derived are from continuing operations.

BALANCE SHEET
31 December 2024

	Note	2024 £	2024 £	2023 £	2023 £
FIXED ASSETS					
Tangible assets	3		113,884		123,537
CURRENT ASSETS					
Debtors	5	10,978		753	
Cash Barclays Wealth	4	378,533		374,200	
Barclays Wealth portfolio investments	4	3,282,113		3,152,709	
Barclays Wealth cash investments and short term bonds	4	345,647		245,082	
Bank deposit accounts		22,705		394,207	
Bank current accounts		330,154		10,776	
Cash in hand		178		255	
		<u>4,370,308</u>		<u>4,177,982</u>	
CURRENT LIABILITIES					
Creditors : amounts falling due within one year	6	(14,724)		(15,170)	
		<u></u>		<u></u>	
NET CURRENT ASSETS			<u>4,355,584</u>		<u>4,162,812</u>
NET ASSETS			<u>4,469,468</u>		<u>4,286,349</u>
REPRESENTED BY:					
UNRESTRICTED ACCUMULATED FUNDS					
Balance at 1 January 2024	8	4,269,773		4,200,195	
Surplus/(Deficit) for the year	8	<u>182,923</u>		<u>69,578</u>	
Balance at 31 December 2024	8		4,452,696		4,269,773
RESTRICTED ACCUMULATED FUNDS					
Balance at 1 January 2024	7	16,576		16,451	
Surplus for the year	7	<u>196</u>		<u>125</u>	
Balance at 31 December 2024	7		<u>16,772</u>		<u>16,576</u>
TOTAL CHARITY FUNDS			<u>4,469,468</u>		<u>4,286,349</u>

These accounts have been prepared in accordance with the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) and in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies. For the financial year ended 31 December 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements were approved by the Directors/Trustees on 15th September 2025.

Signed on behalf of the directors/trustees by:
SISTER ROSEMARY BRIDGET SNELL

NOTES TO THE ACCOUNTS

For the year ended 31 December 2024

1. ACCOUNTING POLICIES

General Information and basis for preparation

Poor Handmaids of Jesus Christ is a charitable company limited by guarantee incorporated in England. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 contributable by the Superior of the charity (see note 12). The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are detailed in the Trustees' Report on pages 2-5.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2001, the Companies Act 2006 and UK Generally Accepted Practice.

The charity does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1A.

The particular accounting policies adopted by the trustees are described below. These policies have been consistently applied to all years presented unless otherwise stated.

Accounting convention

The financial statements are prepared under the historical cost convention as modified by the revaluation of investments to market value.

Fund accounting

The charity maintains two types of funds as follows:

- **Restricted funds**
Restricted funds represent donations and legacies received which are allocated by the donor for specific purposes.
- **Unrestricted funds**
Unrestricted funds represent income which is expendable at the discretion of the trustees in the furtherance of the objects of the charity. Such funds may be held in order to finance both working capital and capital investment. Within unrestricted funds the Trustees may designate funds for future development projects.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received from bequests and donations and is included in full in the Statement of Financial Activities when receivable.
- Investment income comprises dividends which are included when they are declared and bank and building society interest which is included on a receivable basis. Investment income is credited to the specific funds accordingly.
- Incoming resources from charitable activities are accounted for when earned.

NOTES TO THE ACCOUNTS
For the year ended 31 December 2024

1. ACCOUNTING POLICIES (continued)

Resources expended

All expenditure, other than that which has been capitalised, is included in the Statement of Financial Activities.

Expenditure is included on an accruals basis whereby the value of purchase invoices received before the year end but not paid until after the year end have been included. The value of purchase invoices received after the year end in respect of expenditure incurred before the year end where insignificant have not been included in the Statement of Financial Activities. Resources expended includes attributable VAT which cannot be recovered.

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the accountancy fees and costs linked to the strategic management of the charity.

Investments

Stocks and shares quoted on the recognised Stock Exchanges are included in the Balance Sheet at their fair value at the year end. Realised gains/losses are calculated as the difference between fair value at the date of disposal and the fair value at the previous balance sheet date (or date of acquisition if later). Unrealised gains/losses are calculated as the difference between the fair value at the balance sheet date and the fair value at the previous balance sheet date (or acquisition if later). All changes are recognised in the SOFA if the shares are publically traded or their fair value can otherwise be measured reliably.

Fixed assets

All assets are stated at cost less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

The premises occupied by St Joseph's Convent are provided by the Archdiocese of Westminster on a rent free basis. St Boniface Convent now occupies a residential premise on which rent is payable. No depreciation is provided on land.

Other fixed assets are capitalised at cost or if donated, at the estimated value at date of receipt and depreciated over the following periods:

Improvements to buildings	- 2% straight line
Furniture and equipment	- 10% reducing balance per annum
Motor vehicles	- 25% reducing balance per annum
Computer equipment	- 25% reducing balance per annum

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Taxation

The company is a registered charity and as such benefits from various exemptions from taxation afforded by the tax legislation, and is therefore not liable to tax on income or gains falling within those exemptions to the extent that the income or gains are applied to the primary charitable purposes of the company.

Trustees' remuneration and expenses

The trustees do not receive remuneration or expenses for their services (note 9).

NOTES TO THE ACCOUNTS
For the year ended 31 December 2024

2. NET INCOMING RESOURCES FOR THE YEAR

Net incoming resources for the year are stated after charging/(crediting):

	2024	2023
	£	£
Accountancy and Independent Examiner fees	5,400	6,041
Loss/(Profit) on disposal fixed assets	673	(4,912)
Realised (gains) on disposal of investments	(4,267)	(64,976)
Depreciation of tangible fixed assets	11,622	11,178
Donations:		
Re: Motherhouse contribution	50,438	53,540
Re: Motherhouse contributions mission funds	-	50,000
Re: CAFOD	190	250
Re: Kinson & West Howe		
Bournemouth Foodbank	-	3,000
Re: The Passage Charity	-	3,000
Re: various local area donations	150	370
	<u> </u>	<u> </u>

NOTES TO THE ACCOUNTS
For the year ended 31 December 2024

3. Fixed assets

	Improvements To buildings £	Furniture Fittings & equipment £	Motor vehicles £	Computer equipment £	Total £
Cost					
1 January 2024	99,965	39,973	36,947	4,285	181,170
Additions	-	999	-	1,643	2,642
Disposals	-	-	-	(1,197)	(1,197)
31 December 2024	<u>99,965</u>	<u>40,972</u>	<u>36,947</u>	<u>4,731</u>	<u>182,615</u>
Depreciation					
1 January 2024	19,947	29,296	6,157	2,233	57,633
Charge for the year	2,000	1,168	7,698	756	11,622
On disposals	-	-	-	(524)	(524)
31 December 2024	<u>21,947</u>	<u>30,464</u>	<u>13,855</u>	<u>2,465</u>	<u>68,731</u>
Net book value 31 December 2024	<u>78,018</u>	<u>10,508</u>	<u>23,092</u>	<u>2,266</u>	<u>113,884</u>
Net book value 31 December 2023	<u>80,018</u>	<u>10,677</u>	<u>30,790</u>	<u>2,052</u>	<u>123,537</u>

The net book value at 31 December 2024 and 31 December 2023 represents fixed assets, which are all used for direct charitable purposes.

The gross value of building improvements on which depreciation is charged amounts to £99,965 (31 December 2023: £99,965).

In the Trustees' opinion the aggregate open market value of the improvements to buildings would be similar to its book value. No professional valuation has been completed and the trustees believe it is not practicable to quantify any potential difference.

NOTES TO THE ACCOUNTS
For the year ended 31 December 2024

4. Current Asset Investments

Total current asset investments comprise:

	2024	2023
	£	£
Managed Investments listed on a recognised stock exchange	3,627,760	3,397,791
Other investments – cash deposits	378,533	374,200
	<u>4,006,293</u>	<u>3,771,991</u>

Listed investments and other investments:

Market value 1 January 2024	3,771,991	3,674,865
Additions in year and management costs	561,811	1,467,014
Disposals	(878,412)	(1,525,647)
Profit on disposal	4,267	64,976
Surplus on revaluation at 31 December	168,103	90,783
	<u>3,627,760</u>	<u>3,771,991</u>

Analysis of listed investments and other investments

	Value at 31.12.2024	Value at 31.12.2023
	£	£
Cash	378,533	374,200
Managed investments – cash and short term maturity bonds	345,647	245,082
Managed investments – Other equities, other bonds and alternative assets	1,908,127	2,383,256
Managed investments - Developed market equities	995,453	769,453
	<u>3,627,760</u>	<u>3,771,991</u>

All current asset investments are stated at fair value as determined by Barclays Wealth based on open market values determined by the quoted price for identical assets in an active market at the balance sheet date.

5. DEBTORS

	2024	2023
	£	£
Prepayments and accrued income	<u>10,978</u>	<u>753</u>

NOTES TO THE ACCOUNTS
For the year ended 31 December 2024

6. CREDITORS : amounts falling due within one year

	2024	2023
	£	£
Accruals and deferred income	14,724	15,170

7. MOVEMENTS IN RESTRICTED FUNDS

	2024	2023
	£	£
Balance brought forward 1 January 2024	16,576	16,451
Income in year – interest	196	125
Balance carried forward 31 December 2024	16,772	16,576

Restricted funds comprise unexpended donations and grants given for a specific purposes or transfer of amounts from unrestricted funds to a specific charitable project. The balance reflects interest earned on such amount.

	Fixed assets	Net current assets	Restricted fund balance
	£	£	£
Allocation of charity's net assets to restricted funds	-	16,772	16,772

8. UNRESTRICTED FUNDS

	Undesignated Funds	Designated Funds	2024	2023
	£	£	£	£
Balance brought forward 1 January 2024	4,148,692	121,081	4,269,773	4,200,195
Surplus/(Deficit) for the year	181,649	1,274	182,923	69,578
Balance carried forward 31 December 2024	4,330,341	122,355	4,452,696	4,269,773

Within unrestricted funds the Trustees may designate funds for future development projects.

	Fixed assets	Net current assets	Unrestricted fund balance
	£	£	£
Allocation of charity's net assets to unrestricted funds – 31 December 2024	113,884	4,338,812	4,452,696

9. TRANSACTIONS WITH RELATED PARTIES

All trustees of the Congregation of Poor Handmaids of Jesus Christ, English Region are related parties. There have been no transactions between the parties other than those already identified within the usual course of the charities activities i.e. the provision of accommodation and welfare for the trustees as all their personal income comprising of salaries and pensions forms an incoming resource to the Charity.

The Motherhouse in Germany is a controlling party by virtue of the Superior General, who has the power to appoint and remove the charity's trustees, with the consent of the General Council. Contributions to the Motherhouse during the year amounted to £50,438 (2023 - £103,540) for donations in support of missions.

NOTES TO THE ACCOUNTS
For the year ended 31 December 2024

10. CAPITAL COMMITMENTS

The company had made no capital commitments at 31 December 2024 (31 December 2023 – £nil).

11. CONTINGENT LIABILITIES

There were no contingent liabilities at 31 December 2024 or 31 December 2023.

12. LIABILITY OF MEMBERS

The charity is a company limited by guarantee. The member of the company is the Superior. In the event of the charity being dissolved while she remains the Superior or within twelve months afterwards she will contribute up to £1 towards the costs of dissolution and the liabilities incurred by the Charity while she was the Superior.

POOR HANDMAIDS OF JESUS CHRIST

England & Wales - Charity number 1137792

Accounts

POOR HANDMAIDS OF JESUS CHRIST

(A company limited by guarantee)

REPORT AND FINANCIAL STATEMENTS

31 December 2023

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LEGAL AND ADMINISTRATIVE DETAILS

31 December 2023

REGISTERED NAME Poor Handmaids of Jesus Christ

CHARITY REGISTRATION NUMBER 1137792

COMPANY REGISTRATION NUMBER 07321922

REGISTERED ADDRESS

St Joseph's Convent
Westminster House
Watford Way
London
NW4 4TY

OTHER OPERATING ADDRESSES

St Boniface Convent
97 Namu Road
Victoria Park
Bournemouth
BH9 2RA

BANKERS

Barclays Bank plc
Branches at Bournemouth

SOLICITORS

Stone King LLP
Upper Borough Court 3
Upper Borough Walls
Bath
BA1 1RG

INVESTMENT ADVISORS

Barclays Wealth
Barclays Bank plc
1st and 2nd Floors The Helm
37-45 Holdenhurst Road
Bournemouth
BH8 8EH

INDEPENDENT EXAMINER

Sally A Meaden & Co
Chartered Certified Accountants
61 Herberton Road
Bournemouth
BH6 5HZ

TRUSTEES' REPORT

31 December 2023

The trustees, who are also directors of the charity for the purposes of the Companies Act, submit their report and the unaudited financial statements for the year ended 31 December 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity and in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

STATUS AND ADMINISTRATION

The charity is a charitable company limited by guarantee and was incorporated on 21 July 2010 and became registered as a charity on 6 September 2010. It commenced activity on the 1st January 2012 following completion of a deed of transfer on 17th November 2011. The deed of transfer states that with effect from 1st January 2012 all the operations, assets and liabilities were transferred from the existing charitable trust (Congregation of Poor Handmaids of Jesus Christ, English Region charity number 234423) to the new charitable company. It is governed by a memorandum and articles of association.

OBJECTS OF THE CHARITY

The objects of the Charity are such charitable purposes as shall advance the religious and other charitable work of the Congregation as the Trustees with approval of the Superior shall from time to time think fit, provided that if at any time the Congregation shall cease to exist or shall cease to carry on religious work then for such other lawful purposes connected with the advancement of the Roman Catholic Religion as the Trustees shall determine.

REVIEW OF ACTIVITIES AND RESULTS

Results

The results for the period are set out on pages 7-9. As the sisters here in England begin to age, the majority being in their late eighties it is becoming apparent that we will not function as a Province in our own right and will potentially become a community under the guidance of our General Leadership in Germany, there will be a local leader living in England who will oversee the general day to day living of all the sisters and finance. This is a process which we are continuing with meetings planned with our Canon Lawyer Kristian Paver, Mr Rutherford and Alexandra Wetherdon from Stone King. Despite our aging sisters our houses continue to be open houses of hospitality and volunteer in a school providing spirituality for both children and staff. We have appointed two new Directors/ Trustees as shown on page 4. Sister Catherine Doherty sadly died on 11th March 2023, who resided in a nursing home in Pinner, receiving end of life palliative care until her death.

One sister is a qualified Counsellor and will minister to those on low incomes who cannot afford the going rates of £45 for a therapy session. She has now become the coordinator of the pastoral care team in her local parish using the same skills as a counsellor. She also offers workshops to Sisters in developing countries of her congregation.

We continue to make donations to those in need in our local areas supporting those impacted by the COVID and will continue to do so as those needs are becoming increasingly important due to the current financial climate.

Public benefit

The Charity has continued the work in the initial formation of children and adults and in ongoing education at all levels in the Roman Catholic religion in all two areas where the Charity is operating. Other activities have included:-

- assistance of priests in various areas through pastoral work,
- visiting of sick and housebound and attending to spiritual needs, and
- Providing hospitality for various groups on a day basis to deepen spirituality and prayer life.

TRUSTEES' REPORT 31 December 2023

Public benefit (continued)

Details of support and donations are given in note 2 of the accounts, which during the year have included donations to organisations local to the two areas in which the Convents are based and have in particular supported the homeless, vulnerable and needy. The mission fund donations from this charity goes into the Corpus Fund for projects that support people in general.

In addition missions are designated by the Motherhouse to further our charitable purposes and to provide public benefit to those most in need. The reports issued by the Motherhouse highlighted the following in respect of mission projects:-

- India – The Poor Handmaids Of Jesus Christ started their work in India more than 50 years ago. Key projects have included the creation of a home for destitute women known as 'Maria Sadan'; the Katharina Kasper Leprosy control scheme which from its' clinic offers free medicine, physiotherapy, allergy, paediatric, orthopaedic services and outdoor ministry for around 8,000 a year; the Ashalaya Awareness Programme including self-help groups, skills training, summer camps and scholarship training across 30 villages in Bangalore north district with over 900 children and over 1500 adults participating in the year; the Nirmala Covent Nagular Yercaud providing crèche facilities for children aged 2 ½ - 5 years old, the Katherine primary school for 102 pupils and social work/pastoral care visiting families especially those who are sick, suffering and aged; boarding facilities for 12 girls studying 10th classes at the Nagular government school; the Maria Bhavan Covent in Dhani North India comprises several projects offering boarding to 226 girls aged 4-16 years St Francis Xavier, treatment for T.B. patients at a hospital assisting 70-80 patients daily, the education project which supported 44 students in 2014 in their education, social work assisting farmers by giving seeds to cultivate their land; the Katherine Matriculation School began in 2003 in China Avudaiyar Kovil with only 20 students and now has 650 students with admissions given to all irrespective of their religion, colour, caste or race; and finally support via the Leonidis Endowment foundation. Newer projects include elderly care in homes and a new Care Facility operated by the sisters for the people.
- Nigeria - The Poor Handmaids Of Jesus Christ founded their first Convent in 2000 in Garem. The additional Convents are located in Owerri in the state of Iwo, Nigeria; Niger state and in Ifetedo, Osun state. Our Children's' home in Mgbele provides a safe refuge for 12 children, including 5 of whom are mentally or physically handicapped. The children attend school and learn to care for each other becoming independent as far as possible. In Nairobi the hospital created continues to receive immense support where our Sisters care for the poorest of the poor.
- Kenya – the Poor Handmaids founded their first Convent in 2000 in the Diocese of Meru Kenya. The major project in Kenya is the 'Street Children Project' to give the children a future. Our ministry has expanded to cover the provision of mobile health clinics and establishing schools, as well as providing courses for adults and pastoral care within prisons.
- Brazil – 30 years ago work began in Brazil with the founding mission in Sao Joao da Fronteira in northeast Brazil, which is the poorest area of the country. Since then two other convents have been established in Jacunda and Sovral also in the northeast. 'Casa Maria Catalina Sao Joao continues to provide day care for the children'. This allows mothers to go to work.
- Mexico - The Poor Handmaids Of Jesus Christ began their mission work here 35 years ago. 14 Sisters currently serve in four poor areas of Queretero and San Ildefonso near Mexico City, Coatzacoalcos in the south and Mapachapa in the Gulf of Mexico. They provide hands-on ministry to the poorest of society who are mainly women and children in various projects and programs. The embroidery projects was founded 20 years ago for the indigenous Otomi women and their children allowing them to develop skills and produce products to sell to provide a better future for their children and families. The sisters provide a room dental treatment for the poor. The Katherine Kasper Education centre in South Mexico provides education for those children who have never attended or been able to enter the normal school system.

Our developing countries continue to train their young sisters with skills relevant to the needs of the people they are ministering to. Therefore, we finance them when needs arise. All countries put in yearly budgets for their needs, and these are scrutinized before being given permission.

As the finance in the West will not always be there; in the Western World our communities are coming to completion and we are training sisters to look for some funding for themselves – all five of our developing countries continue to be funded and are not self sufficient.

TRUSTEES' REPORT

31 December 2023

Charity's policies

1) Investments

The Charity follows a low risk policy whereby surplus funds from yearly activities are invested. Other investments arise from bequests and donations received. The Charity has delegated investment management to Barclays Wealth and Private Bank Limited to try and improve returns on investment following the continuing low market rates of interest, whilst maintaining a low risk strategy. A written policy statement has been provided to and agreed with the investment managers. Barclays Wealth and Private Bank Limited has fully delegated powers within the terms of this policy.

2) Reserves

- To provide sufficient funds for the Sisters to live on now and in the future, as all their personal income comprising of salaries and pensions forms an incoming resource to the Charity.
- To allow the provision of nursing home care when needed.
- To allow major refurbishments and renewals to be carried out at the Convents' premises when required.
- To give financial support to allow the rapid growth of the congregation in third world countries

3) Grant making and donations

- Local churches in the areas where the Sisters are working have been selected by the Trustees as worthy of support, as have local appeals made by various other national charities or individuals in need. Decisions for the latter have been left to the discretion of the three convents.
- In addition we support the missions of our own congregation in the third world countries where our Sisters work and minister. Periodically we support the General Mission Fund in Germany and help new missions and developments of our own congregation in Nigeria and Kenya and our other missions in Mexico and Brazil.
- Details of donations made during the current financial year are shown in note 2 of the accounts.

DIRECTORS AND TRUSTEES

The Trustees are appointed in writing by the Superior and shall when complete consist of at least three and not more than six individuals the majority of whom shall be Roman Catholic.

The directors' and trustees of the charitable company who have held office since 1st January 2023 to date are as follows:

Sister Rosemary Bridget Snell
(Superior)

Sister Winifred Mary O'Rourke

Sister Judith Diltz
(appointed 1 May 2023)

Sister Prakasha Sahaya Mary
(appointed 1 May 2023)

The day to day management of the charity is carried out by the trustees. Policies and strategies are determined by the trustees who hold formal meetings a minimum of twice a year.

RISK MANAGEMENT

The trustees have considered the risks to which the charity is exposed and have reviewed those risks and established systems and procedures to manage them. The trustees consider the principal risk to be related to the increasing age and health concerns of the current trustees and attracting new Sisters' who can (subject to appointment as trustees) continue the work of the charity for future generations.

- In the future we anticipate giving help in this country to students of the Roman Catholic faith when sufficient funds have been built up.

TRUSTEES' REPORT
31 December 2023

TRUSTEES' RESPONSIBILITIES STATEMENT

The trustees (who are also directors of Poor Handmaids of Jesus Christ for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

SISTER ROSEMARY BRIDGET SNELL

For and on behalf of the Directors/Trustees

Date : 23rd September 2024

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF POOR HANDMAIDS OF JESUS CHRIST

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 December 2023 which are set out on pages 7 to 16.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sally Ann Meaden F.C.C.A.
Sally A Meaden & Co
61 Herberton Road Bournemouth
BH6 5HZ
Date: 23rdth September 2024

STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an income and expenditure statement)
For the year ended 31 December 2023

	Unrestricted funds	Restricted funds	2023	2022
INCOME AND EXPENDITURE				
INCOMING RESOURCES	£	£	£	£
Incoming resources from generated funds:				
Investment income				
Interest - bank deposit	838	-	838	96
Interest – bank investments	3,314	125	3,439	659
Dividends	79,335	-	79,335	63,204
Incoming resources from legacies	-	-	-	-
Incoming resources from charitable activities:				
Salaries and pensions	77,517	-	77,517	81,071
Profit on disposal tangible fixed assets	5,408	-	5,408	2,153
Other income	446	-	446	-
Total incoming resources	166,858	125	166,983	147,183
RESOURCES EXPENDED				
Charitable activities:				
Property cleaning/maintenance services	2,300	-	2,300	2,770
Catering	12,087	-	12,087	10,874
Household and garden	8,979	-	8,979	6,972
Medical	3,796	-	3,796	3,499
Nursing home fees	14,563	-	14,563	72,092
Rent	10,636	-	10,636	9,300
Rates and insurances	2,191	-	2,191	1,154
Light, heat and water	7,991	-	7,991	3,619
Telephone, post and stationery	4,285	-	4,285	3,820
Computer software, consumables & website	1,106	-	1,106	959
Repairs and maintenance	2,600	-	2,600	4,903
Laundry, cleaning and clothing	1,013	-	1,013	1,693
Travelling and motor	8,417	-	8,417	7,244
Stipends and alms	764	-	764	892
Religious conference fee	-	-	-	250
Funeral costs	4,263	-	4,263	-
Memorial and cemetery costs	-	-	-	3,025
Sundries:				
Publications and newspapers	1,462	-	1,462	1,746
Holidays and retreats	5,013	-	5,013	3,907
Chapel	-	-	-	119
Tuition and courses	200	-	200	470
Miscellaneous	716	-	716	806
Donations	Note 2 110,160	-	110,160	79,851
	202,542	-	202,542	219,965

STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an income and expenditure statement)
For the year ended 31 December 2023

	Unrestricted funds £	Restricted funds £	2023 £	2022 £
Support costs				
Depreciation	11,178	-	11,178	11,678
Loss on disposal tangible fixed assets	496	-	496	425
	<u>11,674</u>	<u>-</u>	<u>11,674</u>	<u>12,103</u>
Governance costs:				
Accountancy - including independent examiner fee	6,041	-	6,041	5,760
Professional fees Barclays Wealth	23,425	-	23,425	21,279
Legal fees	9,166	-	9,166	762
Companies House fees	13	-	13	13
Bank Charges	178	-	178	172
	<u>38,8239</u>	<u>-</u>	<u>38,823</u>	<u>27,986</u>
Total resources expended	<u>253,039</u>	<u>-</u>	<u>253,039</u>	<u>260,054</u>
NET INCOMING/(OUTGOING)	Note 2			
RESOURCES BEFORE OTHER RECOGNISED GAINS AND LOSSES	<u>(86,181)</u>	<u>125</u>	<u>(86,056)</u>	<u>(112,871)</u>
Other recognised gains and losses				
Realised gains on investments	64,976	-	64,976	6,554
Gains/(Losses) on investments unrealised	90,783	-	90,783	(236,300)
	<u>69,578</u>	<u>125</u>	<u>69,703</u>	<u>(342,617)</u>
NET MOVEMENT IN FUNDS FOR THE YEAR	<u>69,578</u>	<u>125</u>	<u>69,703</u>	<u>(342,617)</u>
Balances brought forward at 1 January 2023	<u>4,200,195</u>	<u>16,451</u>	<u>4,216,646</u>	<u>4,559,263</u>
Balances carried forward at 31 December 2023	<u><u>4,269,373</u></u>	<u><u>16,576</u></u>	<u><u>4,286,349</u></u>	<u><u>4,216,646</u></u>

The notes on pages 9 to 16 form part of these accounts.
All amounts derived are from continuing operations.

BALANCE SHEET
31 December 2023

	Note	2023 £	2023 £	2022 £	2022 £
FIXED ASSETS					
Tangible assets	3		123,537		110,639
CURRENT ASSETS					
Debtors	5	753		2,438	
Cash Barclays Wealth	4	374,200		488,954	
Barclays Wealth portfolio investments	4	3,152,709		3,027,569	
Barclays Wealth cash investments and short term bonds	4	245,082		158,342	
Bank deposit accounts		394,207		96,667	
Bank current accounts		10,776		347,010	
Cash in hand		255		436	
		<u>4,177,982</u>		<u>4,121,416</u>	
CURRENT LIABILITIES					
Creditors : amounts falling due within one year	6	<u>(15,170)</u>		<u>(15,409)</u>	
NET CURRENT ASSETS			<u>4,162,812</u>		<u>4,106,007</u>
NET ASSETS			<u>4,286,349</u>		<u>4,216,646</u>
REPRESENTED BY:					
UNRESTRICTED ACCUMULATED FUNDS					
Balance at 1 January 2023	8	4,200,195		4,542,835	
Surplus/(Deficit) for the year	8	<u>69,578</u>		<u>(342,640)</u>	
Balance at 31 December 2023	8		4,269,773		4,200,195
RESTRICTED ACCUMULATED FUNDS					
Balance at 1 January 2023	7	16,451		16,428	
Surplus for the year	7	<u>125</u>		<u>23</u>	
Balance at 31 December 2023	7		<u>16,576</u>		<u>16,451</u>
TOTAL CHARITY FUNDS			<u>4,286,349</u>		<u>4,216,646</u>

These accounts have been prepared in accordance with the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) and in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies. For the financial year ended 31 December 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements were approved by the Directors/Trustees on 23rd September 2024.

Signed on behalf of the directors/trustees by:
SISTER ROSEMARY BRIDGET SNELL

NOTES TO THE ACCOUNTS

For the year ended 31 December 2023

1. ACCOUNTING POLICIES

General Information and basis for preparation

Poor Handmaids of Jesus Christ is a charitable company limited by guarantee incorporated in England. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 contributable by the Superior of the charity (see note 12). The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are detailed in the Trustees' Report on pages 2-5.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2001, the Companies Act 2006 and UK Generally Accepted Practice.

The charity does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1A.

The particular accounting policies adopted by the trustees are described below. These policies have been consistently applied to all years presented unless otherwise stated.

Accounting convention

The financial statements are prepared under the historical cost convention as modified by the revaluation of investments to market value.

Fund accounting

The charity maintains two types of funds as follows:

- **Restricted funds**
Restricted funds represent donations and legacies received which are allocated by the donor for specific purposes.
- **Unrestricted funds**
Unrestricted funds represent income which is expendable at the discretion of the trustees in the furtherance of the objects of the charity. Such funds may be held in order to finance both working capital and capital investment. Within unrestricted funds the Trustees may designate funds for future development projects.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received from bequests and donations and is included in full in the Statement of Financial Activities when receivable.
- Investment income comprises dividends which are included when they are declared and bank and building society interest which is included on a receivable basis. Investment income is credited to the specific funds accordingly.
- Incoming resources from charitable activities are accounted for when earned.

NOTES TO THE ACCOUNTS

For the year ended 31 December 2023

1. ACCOUNTING POLICIES (continued)

Resources expended

All expenditure, other than that which has been capitalised, is included in the Statement of Financial Activities.

Expenditure is included on an accruals basis whereby the value of purchase invoices received before the year end but not paid until after the year end have been included. The value of purchase invoices received after the year end in respect of expenditure incurred before the year end where insignificant have not been included in the Statement of Financial Activities. Resources expended includes attributable VAT which cannot be recovered.

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the accountancy fees and costs linked to the strategic management of the charity.

Investments

Stocks and shares quoted on the recognised Stock Exchanges are included in the Balance Sheet at their fair value at the year end. Realised gains/losses are calculated as the difference between fair value at the date of disposal and the fair value at the previous balance sheet date (or date of acquisition if later). Unrealised gains/losses are calculated as the difference between the fair value at the balance sheet date and the fair value at the previous balance sheet date (or acquisition if later). All changes are recognised in the SOFA if the shares are publically traded or their fair value can otherwise be measured reliably.

Fixed assets

All assets are stated at cost less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

The premises occupied by St Joseph's Convent are provided by the Archdiocese of Westminster on a rent free basis. St Boniface Convent now occupies a residential premise on which rent is payable. No depreciation is provided on land.

Other fixed assets are capitalised at cost or if donated, at the estimated value at date of receipt and depreciated over the following periods:

Improvements to buildings	- 2% straight line
Furniture and equipment	- 10% reducing balance per annum
Motor vehicles	- 25% reducing balance per annum
Computer equipment	- 25% reducing balance per annum

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Taxation

The company is a registered charity and as such benefits from various exemptions from taxation afforded by the tax legislation, and is therefore not liable to tax on income or gains falling within those exemptions to the extent that the income or gains are applied to the primary charitable purposes of the company.

Trustees' remuneration and expenses

The trustees do not receive remuneration or expenses for their services (note 9).

NOTES TO THE ACCOUNTS
For the year ended 31 December 2023

2. NET INCOMING RESOURCES FOR THE YEAR

Net incoming resources for the year are stated after charging/(crediting):

	2023	2022
	£	£
Accountancy and Independent Examiner fees	6,041	5,760
(Profit) on disposal fixed assets	(4,912)	(1,728)
Realised (gains) on disposal of investments	(64,976)	(6,554)
Depreciation of tangible fixed assets	11,178	11,678
Donations:		
Re: Motherhouse contribution	53,540	42,866
Re: Motherhouse contributions mission funds	50,000	28,228
Re: CAFOD	250	350
Re: Kinson & West Howe Bournemouth Foodbank	3,000	3,000
Re: The Passage Charity	3,000	3,000
Re: various local area donations	370	2,407
	<u> </u>	<u> </u>

NOTES TO THE ACCOUNTS
For the year ended 31 December 2023

3. Fixed assets

	Improvements To buildings £	Furniture Fittings & equipment £	Motor vehicles £	Computer equipment £	Total £
Cost					
1 January 2023	99,965	39,334	29,656	4,559	173,514
Additions	-	967	36,947	250	38,164
Disposals	-	(328)	(29,656)	(524)	(30,508)
31 December 2023	<u>99,965</u>	<u>39,973</u>	<u>36,947</u>	<u>4,285</u>	<u>181,170</u>
Depreciation					
1 January 2023	17,947	28,422	14,827	1,679	62,875
Charge for the year	2,000	1,099	7,394	685	11,178
On disposals	-	(225)	(16,064)	(131)	(16,420)
31 December 2023	<u>19,947</u>	<u>29,296</u>	<u>6,157</u>	<u>2,233</u>	<u>57,633</u>
Net book value					
31 December 2023	<u>80,018</u>	<u>10,677</u>	<u>30,790</u>	<u>2,052</u>	<u>123,537</u>
Net book value					
31 December 2022	<u>82,018</u>	<u>10,912</u>	<u>14,829</u>	<u>2,880</u>	<u>110,639</u>

The net book value at 31 December 2023 and 31 December 2022 represents fixed assets, which are all used for direct charitable purposes.

The gross value of building improvements on which depreciation is charged amounts to £99,965 (31 December 2022: £99,965).

In the Trustees' opinion the aggregate open market value of the improvements to buildings would be similar to its book value. No professional valuation has been completed and the trustees believe it is not practicable to quantify any potential difference.

NOTES TO THE ACCOUNTS
For the year ended 31 December 2023

4. Current Asset Investments

Total current asset investments comprise:

	2023	2022
	£	£
Managed Investments listed on a recognised stock exchange	3,397,791	3,185,91
Other investments – cash deposits	374,200	488,954
	<u>3,771,991</u>	<u>3,674,865</u>

Listed investments and other investments:

Market value 1 January 2023	3,674,865	3,995,780
Additions in year and management costs	1,467,014	423,152
Disposals	(1,525,647)	(514,321)
Profit on disposal	64,976	6,554
Surplus/(deficit) on revaluation at 31 December	90,783	(236,300)
	<u>3,771,991</u>	<u>3,674,865</u>

Analysis of listed investments and other investments

	Value at 31.12.2023	Value at 31.12.2022
	£	£
Cash	374,200	488,954
Managed investments – cash and short term maturity bonds	245,082	158,342
Managed investments – Other equities, other bonds and alternative assets	2,383,256	2,295,696
Managed investments - Developed market equities	769,453	731,873
	<u>3,771,991</u>	<u>3,674,865</u>

All current asset investments are stated at fair value as determined by Barclays Wealth based on open market values determined by the quoted price for identical assets in an active market at the balance sheet date.

5. DEBTORS

	2023	2022
	£	£
Prepayments and accrued income	<u>753</u>	<u>2,438</u>

NOTES TO THE ACCOUNTS
For the year ended 31 December 2023

6. CREDITORS : amounts falling due within one year

	2023	2022
	£	£
Accruals and deferred income	15,170	15,409

7. MOVEMENTS IN RESTRICTED FUNDS

	2023	2022
	£	£
Balance brought forward 1 January 2023	16,451	16,428
Income in year – interest	125	23
Balance carried forward 31 December 2023	16,576	16,451

Restricted funds comprise unexpended donations and grants given for a specific purposes or transfer of amounts from unrestricted funds to a specific charitable project. The balance reflects interest earned on such amount.

	Fixed assets	Net current assets	Restricted fund balance
	£	£	£
Allocation of charity's net assets to restricted funds	-	16,576	16,576

8. UNRESTRICTED FUNDS

	Undesignated Funds	Designated Funds	2023	2022
	£	£	£	£
Balance brought forward 1 January 2023	4,079,928	120,267	4,200,195	4,542,835
Surplus/(Deficit) for the year	68,764	814	69,578	(342,640)
Balance carried forward 31 December 2023	4,148,692	121,081	4,269,773	4,200,195

Within unrestricted funds the Trustees may designate funds for future development projects.

	Fixed assets	Net current assets	Unrestricted fund balance
	£	£	£
Allocation of charity's net assets to unrestricted funds – 31 December 2023	123,537	4,146,236	4,269,773

9. TRANSACTIONS WITH RELATED PARTIES

All trustees of the Congregation of Poor Handmaids of Jesus Christ, English Region are related parties. There have been no transactions between the parties other than those already identified within the usual course of the charities activities i.e. the provision of accommodation and welfare for the trustees as all their personal income comprising of salaries and pensions forms an incoming resource to the Charity.

The Motherhouse in Germany is a controlling party by virtue of the Superior General, who has the power to appoint and remove the charity's trustees, with the consent of the General Council. Contributions to the Motherhouse during the year amounted to £103,540 (2022 - £71,094) for donations in support of missions.

NOTES TO THE ACCOUNTS
For the year ended 31 December 2023

10. CAPITAL COMMITMENTS

The company had made no capital commitments at 31 December 2023 (31 December 2022 – £nil).

11. CONTINGENT LIABILITIES

There were no contingent liabilities at 31 December 2023 or 31 December 2022.

12. LIABILITY OF MEMBERS

The charity is a company limited by guarantee. The member of the company is the Superior. In the event of the charity being dissolved while she remains the Superior or within twelve months afterwards she will contribute up to £1 towards the costs of dissolution and the liabilities incurred by the Charity while she was the Superior.

POOR HANDMAIDS OF JESUS CHRIST

England & Wales - Charity number 1137792

Accounts

POOR HANDMAIDS OF JESUS CHRIST

(A company limited by guarantee)

REPORT AND FINANCIAL STATEMENTS

31 December 2022

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LEGAL AND ADMINISTRATIVE DETAILS

31 December 2022

REGISTERED NAME Poor Handmaids of Jesus Christ

CHARITY REGISTRATION NUMBER 1137792

COMPANY REGISTRATION NUMBER 07321922

REGISTERED ADDRESS

St Joseph's Convent
Westminster House
Watford Way
London
NW4 4TY

OTHER OPERATING ADDRESSES

St Boniface Convent
97 Namu Road
Victoria Park
Bournemouth
BH9 2RA

BANKERS

Barclays Bank plc
Branches at Bournemouth and Edgware

SOLICITORS

Stone King Sewell LLP
16 St John's Lane
London
EC1M 4BS

INVESTMENT ADVISORS

Barclays Wealth
Barclays Bank plc
County Gates House
300 Poole Road
Bournemouth
BH1 2BW

INDEPENDENT EXAMINER

Sally A Meaden & Co
Chartered Certified Accountants
61 Herberton Road
Bournemouth
BH6 5HZ

TRUSTEES' REPORT

31 December 2022

The trustees, who are also directors of the charity for the purposes of the Companies Act, submit their report and the unaudited financial statements for the year ended 31 December 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity and in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies, in preparing the annual report and financial statements of the charity.

STATUS AND ADMINISTRATION

The charity is a charitable company limited by guarantee and was incorporated on 21 July 2010 and became registered as a charity on 6 September 2010. It commenced activity on the 1st January 2012 following completion of a deed of transfer on 17th November 2011. The deed of transfer states that with effect from 1st January 2012 all the operations, assets and liabilities were transferred from the existing charitable trust (Congregation of Poor Handmaids of Jesus Christ, English Region charity number 234423) to the new charitable company. It is governed by a memorandum and articles of association.

OBJECTS OF THE CHARITY

The objects of the Charity are such charitable purposes as shall advance the religious and other charitable work of the Congregation as the Trustees with approval of the Superior shall from time to time think fit, provided that if at any time the Congregation shall cease to exist or shall cease to carry on religious work then for such other lawful purposes connected with the advancement of the Roman Catholic Religion as the Trustees shall determine.

REVIEW OF ACTIVITIES AND RESULTS

Results

The results for the period are set out on pages 7-9. As the sisters here in England begin to age, the majority being in their late eighties it is becoming apparent that we will not function as a Province in our own right and will potentially become a community under the guidance of our General Leadership in Germany, there will be a local leader living in England who will oversee the general day to day living of all the sisters and finance. This is a process which we are now beginning with meetings planned with our Canon Lawyer Kristian Paver, Mr Rutherford and Alexandra Wetherdon from Stone King. Despite our aging sisters our houses continue to be open houses of hospitality and volunteer in a school providing spirituality for both children and staff. We have appointed two new Directors/ Trustees as shown on page 4. Sister Catherine Doherty, who resides in a nursing home in Pinner, continues to be on end of life palliative care.

One sister is a qualified Counsellor and will minister to those on low incomes who cannot afford the going rates of £45 for a therapy session. She has now become the coordinator of the pastoral care team in her local parish using the same skills as a counsellor. She also offers workshops to Sisters in developing countries of her congregation.

We continue to make donations to those in need in our local areas supporting those impacted by the COVID and will continue to do so as those needs are becoming increasingly important due to the current financial climate.

Public benefit

The Charity has continued the work in the initial formation of children and adults and in ongoing education at all levels in the Roman Catholic religion in all three areas where the Charity is operating. Other activities have included:-

- assistance of priests in various areas through pastoral work,
- visiting of sick and housebound and attending to spiritual needs, and
- Providing hospitality for various groups on a day basis to deepen spirituality and prayer life.

TRUSTEES' REPORT 31 December 2022

Public benefit (continued)

Details of support and donations are given in note 2 of the accounts, which during the year have included donations to organisations local to the two areas in which the Convents are based and have in particular supported the homeless, vulnerable and needy. The mission fund donations from this charity goes into the Corpus Fund for projects that support people in general.

In addition missions are designated by the Motherhouse to further our charitable purposes and to provide public benefit to those most in need. The reports issued by the Motherhouse highlighted the following in respect of mission projects:-

- India – The Poor Handmaids Of Jesus Christ started their work in India more than 50 years ago. Key projects have included the creation of a home for destitute women known as 'Maria Sadan'; the Katharina Kasper Leprosy control scheme which from its' clinic offers free medicine, physiotherapy, allergy, paediatric, orthopaedic services and outdoor ministry for around 8,000 a year; the Ashalaya Awareness Programme including self-help groups, skills training, summer camps and scholarship training across 30 villages in Bangalore north district with over 900 children and over 1500 adults participating in the year; the Nirmala Covent Nagular Yercaud providing crèche facilities for children aged 2 ½ - 5 years old, the Katherine primary school for 102 pupils and social work/pastoral care visiting families especially those who are sick, suffering and aged; boarding facilities for 12 girls studying 10th classes at the Nagular government school; the Maria Bhavan Covent in Dhani North India comprises several projects offering boarding to 226 girls aged 4-16 years St Francis Xavier, treatment for T.B. patients at a hospital assisting 70-80 patients daily, the education project which supported 44 students in 2014 in their education, social work assisting farmers by giving seeds to cultivate their land; the Katherine Matriculation School began in 2003 in China Avudaiyar Kovil with only 20 students and now has 650 students with admissions given to all irrespective of their religion, colour, caste or race; and finally support via the Leonidis Endowment foundation. Newer projects include elderly care in homes and a new Care Facility operated by the sisters for the people.
- Nigeria - The Poor Handmaids Of Jesus Christ founded their first Convent in 2000 in Garem. The additional Convents are located in Owerri in the state of Iwo, Nigeria; Niger state and in Ifetedo, Osun state. Our Children's' home in Mgbele provides a safe refuge for 12 children, including 5 of whom are mentally or physically handicapped. The children attend school and learn to care for each other becoming independent as far as possible. In Nairobi the hospital created continues to receive immense support where our Sisters care for the poorest of the poor.
- Kenya – the Poor Handmaids founded their first Convent in 2000 in the Diocese of Meru Kenya. The major project in Kenya is the 'Street Children Project' to give the children a future. Our ministry has expanded to cover the provision of mobile health clinics and establishing schools, as well as providing courses for adults and pastoral care within prisons.
- Brazil – 30 years ago work began in Brazil with the founding mission in Sao Joao da Fronteira in northeast Brazil, which is the poorest area of the country. Since then two other convents have been established in Jacunda and Sovral also in the northeast. 'Casa Maria Catalina Sao Joao continues to provide day care for the children'. This allows mothers to go to work.
- Mexico - The Poor Handmaids Of Jesus Christ began their mission work here 35 years ago. 14 Sisters currently serve in four poor areas of Queretero and San Ildefonso near Mexico City, Coatzacoalcos in the south and Mapachapa in the Gulf of Mexico. They provide hands-on ministry to the poorest of society who are mainly women and children in various projects and programs. The embroidery projects was founded 20 years ago for the indigenous Otomi women and their children allowing them to develop skills and produce products to sell to provide a better future for their children and families. The sisters provide a room dental treatment for the poor. The Katherine Kasper Education centre in South Mexico provides education for those children who have never attended or been able to enter the normal school system.

Our developing countries continue to train their young sisters with skills relevant to the needs of the people they are ministering to. Therefore, we finance them when needs arise. All countries put in yearly budgets for their needs, and these are scrutinized before being given permission.

As the finance in the West will not always be there; in the Western World our communities are coming to completion and we are training sisters to look for some funding for themselves – all five of our developing countries continue to be funded and are not self sufficient.

TRUSTEES' REPORT

31 December 2022

Charity's policies

1) Investments

The Charity follows a low risk policy whereby surplus funds from yearly activities are invested. Other investments arise from bequests and donations received. The Charity has delegated investment management to Barclays Wealth and Private Bank Limited to try and improve returns on investment following the continuing low market rates of interest, whilst maintaining a low risk strategy. A written policy statement has been provided to and agreed with the investment managers. Barclays Wealth and Private Bank Limited has fully delegated powers within the terms of this policy.

2) Reserves

- To provide sufficient funds for the Sisters to live on now and in the future, as all their personal income comprising of salaries and pensions forms an incoming resource to the Charity.
- To allow the provision of nursing home care when needed.
- To allow major refurbishments and renewals to be carried out at the Convents' premises when required.
- To give financial support to allow the rapid growth of the congregation in third world countries

3) Grant making and donations

- Local churches in the areas where the Sisters are working have been selected by the Trustees as worthy of support, as have local appeals made by various other national charities or individuals in need. Decisions for the latter have been left to the discretion of the three convents.
- In addition we support the missions of our own congregation in the third world countries where our Sisters work and minister. Periodically we support the General Mission Fund in Germany and help new missions and developments of our own congregation in Nigeria and Kenya and our other missions in Mexico and Brazil.
- Details of donations made during the current financial year are shown in note 2 of the accounts.

DIRECTORS AND TRUSTEES

The Trustees are appointed in writing by the Superior and shall when complete consist of at least three and not more than six individuals the majority of whom shall be Roman Catholic.

The directors' and trustees of the charitable company who have held office since 1st January 2022 to date are as follows:

Sister Rosemary Bridget Snell
(Superior)

Sister Winifred Mary O'Rourke

Sister Judith Diltz
(appointed 1 May 2023)

Sister Prakasha Sahaya Mary
(appointed 1 May 2023)

The day to day management of the charity is carried out by the trustees. Policies and strategies are determined by the trustees who hold formal meetings a minimum of twice a year.

RISK MANAGEMENT

The trustees have considered the risks to which the charity is exposed and have reviewed those risks and established systems and procedures to manage them. The trustees consider the principal risk to be related to the increasing age and health concerns of the current trustees and attracting new Sisters' who can (subject to appointment as trustees) continue the work of the charity for future generations.

- In the future we anticipate giving help in this country to students of the Roman Catholic faith when sufficient funds have been built up.

TRUSTEES' REPORT
31 December 2022

TRUSTEES' RESPONSIBILITIES STATEMENT

The trustees (who are also directors of Poor Handmaids of Jesus Christ for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

SISTER ROSEMARY BRIDGET SNELL

For and on behalf of the Directors/Trustees

Date : 18th September 2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF POOR HANDMAIDS OF JESUS CHRIST

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 December 2022 which are set out on pages 7 to 16.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sally Ann Meaden F.C.C.A.
Sally A Meaden & Co
61 Herberton Road Bournemouth
BH6 5HZ
Date: 18th September 2023

STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an income and expenditure statement)
For the year ended 31 December 2022

	Unrestricted funds	Restricted funds	2022	2021
INCOME AND EXPENDITURE				
INCOMING RESOURCES	£	£	£	£
Incoming resources from generated funds:				
Investment income				
Interest - bank deposit	96	-	96	7
Interest – bank investments	636	23	659	65
Dividends	63,204	-	63,204	51,191
Incoming resources from legacies	-	-	-	-
Incoming resources from charitable activities:				
Salaries and pensions	81,071	-	81,071	70,983
Profit on disposal tangible fixed assets	2,153	-	2,153	-
Other income	-	-	-	-
Total incoming resources	147,160	23	147,183	122,246
RESOURCES EXPENDED				
Charitable activities:				
Property cleaning/maintenance services	2,770	-	2,770	2,613
Catering	10,874	-	10,874	10,257
Household and garden	6,972	-	6,972	4,939
Medical	3,499	-	3,499	3,213
Nursing home fees	72,092	-	72,092	70,754
Rent	9,300	-	9,300	7,800
Rates and insurances	1,154	-	1,154	2,294
Light, heat and water	3,619	-	3,619	3,902
Telephone, post and stationery	3,820	-	3,820	3,633
Computer software, consumables & website	959	-	959	659
Repairs and maintenance	4,903	-	4,903	1,166
Laundry, cleaning and clothing	1,693	-	1,693	1,181
Travelling and motor	7,244	-	7,244	4,995
Stipends and alms	892	-	892	1,122
Religious conference fee	250	-	250	300
Memorial and cemetery costs	3,025	-	3,025	45
Sundries:				
Publications and newspapers	1,746	+-	1,746	1,876
Holidays and retreats	3,907	-	3,907	3,097
Chapel	119	-	119	179
Tuition and courses	470	-	470	610
Miscellaneous	806	-	806	623
Donations	Note 2 79,851	-	79,851	50,952
	219,965	-	219,965	176,210

STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an income and expenditure statement)
For the year ended 31 December 2022

	Unrestricted funds £	Restricted funds £	2022 £	2021 £
Support costs				
Depreciation	11,678	-	11,678	11,270
Loss on disposal tangible fixed assets	425	-	425	3,861
	<u>12,103</u>	<u>-</u>	<u>12,103</u>	<u>15,131</u>
Governance costs:				
Accountancy - including independent examiner fee	5,760	-	5,760	5,400
Professional fees Barclays Wealth	21,279	-	21,279	23,442
Legal fees	762	-	762	-
Companies House fees	13	-	13	13
Bank Charges	172	-	172	53
	<u>27,986</u>	<u>-</u>	<u>27,986</u>	<u>28,908</u>
Total resources expended	<u>260,054</u>	<u>-</u>	<u>260,054</u>	<u>220,249</u>
NET INCOMING/(OUTGOING)	Note 2			
RESOURCES BEFORE OTHER RECOGNISED GAINS AND LOSSES	<u>(112,894)</u>	<u>23</u>	<u>(112,871)</u>	<u>(98,003)</u>
Other recognised gains and losses				
Realised gains on investments	6,554	-	6,554	57,287
(Losses)/gains on investments unrealised	<u>(236,300)</u>	<u>-</u>	<u>(236,300)</u>	<u>130,377</u>
NET MOVEMENT IN FUNDS FOR THE YEAR	<u>(342,640)</u>	<u>23</u>	<u>(342,617)</u>	<u>89,661</u>
Balances brought forward at 1 January 2022	<u>4,542,835</u>	<u>16,428</u>	<u>4,559,263</u>	<u>4,469,602</u>
Balances carried forward at 31 December 2022	<u><u>4,200,195</u></u>	<u><u>16,451</u></u>	<u><u>4,216,646</u></u>	<u><u>4,559,263</u></u>

The notes on pages 9 to 16 form part of these accounts.
All amounts derived are from continuing operations.

BALANCE SHEET
31 December 2022

	Note	2022 £	2022 £	2021 £	2021 £
FIXED ASSETS					
Tangible assets	3		110,639		119,772
CURRENT ASSETS					
Debtors	5	2,438		4,495	
Cash Barclays Wealth	4	488,954		885,354	
Barclays Wealth portfolio investments	4	3,027,569		2,943,612	
Barclays Wealth cash investments and short term bonds	4	158,342		166,814	
Bank deposit accounts		96,667		96,595	
Bank current accounts		347,010		358,242	
Cash in hand		436		-	
		<u>4,121,416</u>		<u>4,455,112</u>	
CURRENT LIABILITIES					
Creditors : amounts falling due within one year	6	<u>(15,409)</u>		<u>(15,621)</u>	
NET CURRENT ASSETS			<u>4,106,007</u>		<u>4,439,491</u>
NET ASSETS			<u>4,216,646</u>		<u>4,559,263</u>
REPRESENTED BY:					
UNRESTRICTED ACCUMULATED FUNDS					
Balance at 1 January 2022	8	4,542,835		4,453,176	
(Deficit)/surplus for the year	8	<u>(342,640)</u>		<u>89,659</u>	
Balance at 31 December 2022	8		4,200,195		4,542,835
RESTRICTED ACCUMULATED FUNDS					
Balance at 1 January 2022	7	16,428		16,426	
Surplus for the year	7	<u>23</u>		<u>2</u>	
Balance at 31 December 2022	7		<u>16,451</u>		<u>16,428</u>
TOTAL CHARITY FUNDS			<u>4,216,646</u>		<u>4,559,263</u>

These accounts have been prepared in accordance with the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) and in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies. For the financial year ended 31 December 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements were approved by the Directors/Trustees on 18th September 2023.

Signed on behalf of the directors/trustees by:
SISTER ROSEMARY BRIDGET SNELL

NOTES TO THE ACCOUNTS

For the year ended 31 December 2022

1. ACCOUNTING POLICIES

General Information and basis for preparation

Poor Handmaids of Jesus Christ is a charitable company limited by guarantee incorporated in England. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 contributable by the Superior of the charity (see note 12). The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are detailed in the Trustees' Report on pages 2-5.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2001, the Companies Act 2006 and UK Generally Accepted Practice.

The charity does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1A.

The particular accounting policies adopted by the trustees are described below. These policies have been consistently applied to all years presented unless otherwise stated.

Accounting convention

The financial statements are prepared under the historical cost convention as modified by the revaluation of investments to market value.

Fund accounting

The charity maintains two types of funds as follows:

- **Restricted funds**
Restricted funds represent donations and legacies received which are allocated by the donor for specific purposes.
- **Unrestricted funds**
Unrestricted funds represent income which is expendable at the discretion of the trustees in the furtherance of the objects of the charity. Such funds may be held in order to finance both working capital and capital investment. Within unrestricted funds the Trustees may designate funds for future development projects.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received from bequests and donations and is included in full in the Statement of Financial Activities when receivable.
- Investment income comprises dividends which are included when they are declared and bank and building society interest which is included on a receivable basis. Investment income is credited to the specific funds accordingly.
- Incoming resources from charitable activities are accounted for when earned.

NOTES TO THE ACCOUNTS

For the year ended 31 December 2022

1. ACCOUNTING POLICIES (continued)

Resources expended

All expenditure, other than that which has been capitalised, is included in the Statement of Financial Activities.

Expenditure is included on an accruals basis whereby the value of purchase invoices received before the year end but not paid until after the year end have been included. The value of purchase invoices received after the year end in respect of expenditure incurred before the year end where insignificant have not been included in the Statement of Financial Activities. Resources expended includes attributable VAT which cannot be recovered.

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the accountancy fees and costs linked to the strategic management of the charity.

Investments

Stocks and shares quoted on the recognised Stock Exchanges are included in the Balance Sheet at their fair value at the year end. Realised gains/losses are calculated as the difference between fair value at the date of disposal and the fair value at the previous balance sheet date (or date of acquisition if later). Unrealised gains/losses are calculated as the difference between the fair value at the balance sheet date and the fair value at the previous balance sheet date (or acquisition if later). All changes are recognised in the SOFA if the shares are publically traded or their fair value can otherwise be measured reliably.

Fixed assets

All assets are stated at cost less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

The premises occupied by St Joseph's Convent are provided by the Archdiocese of Westminster on a rent free basis. St Boniface Convent now occupies a residential premise on which rent is payable. No depreciation is provided on land.

Other fixed assets are capitalised at cost or if donated, at the estimated value at date of receipt and depreciated over the following periods:

Improvements to buildings	- 2% straight line
Furniture and equipment	- 10% reducing balance per annum
Motor vehicles	- 25% reducing balance per annum
Computer equipment	- 25% reducing balance per annum

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Taxation

The company is a registered charity and as such benefits from various exemptions from taxation afforded by the tax legislation, and is therefore not liable to tax on income or gains falling within those exemptions to the extent that the income or gains are applied to the primary charitable purposes of the company.

Trustees' remuneration and expenses

The trustees do not receive remuneration or expenses for their services (note 9).

NOTES TO THE ACCOUNTS
For the year ended 31 December 2022

2. NET INCOMING RESOURCES FOR THE YEAR

Net incoming resources for the year are stated after charging/(crediting):

	2022	2021
	£	£
Accountancy and Independent Examiner fees	5,760	5,400
(Profit)/loss on disposal fixed assets	(1,728)	3,861
Realised (gains) on disposal of investments	(6,554)	(57,287)
Depreciation of tangible fixed assets	11,678	11,270
Donations:		
Re: Motherhouse contribution	42,866	41,088
Re: Motherhouse contributions mission funds	28,228	-
Re: CAFOD and Catholic Church	350	1,500
Re: Kinson & West Howe		
Bournemouth Foodbank	3,000	200
Re: The Passage Charity	3,000	2,000
Re: The Medialle Trust	-	2,000
Re: various local area donations	2,407	2,164
Re: Burley Church Project	-	2,000

NOTES TO THE ACCOUNTS
For the year ended 31 December 2022

3. Fixed assets

	Improvements To buildings £	Furniture Fittings & equipment £	Motor vehicles £	Computer equipment £	Total £
Cost					
1 January 2022	99,965	39,584	43,151	3,705	186,405
Additions	-	-	-	3,316	3,316
Disposals	-	(250)	(13,495)	(2,462)	(16,207)
31 December 2022	<u>99,965</u>	<u>39,334</u>	<u>29,656</u>	<u>4,559</u>	<u>173,514</u>
Depreciation					
1 January 2022	15,947	27,276	20,562	2,848	66,633
Charge for the year	2,000	1,214	7,414	1,050	11,678
On disposals	-	(68)	(13,149)	(2,219)	(15,436)
31 December 2022	<u>17,947</u>	<u>28,422</u>	<u>14,827</u>	<u>1,679</u>	<u>62,875</u>
Net book value					
31 December 2022	<u>82,018</u>	<u>10,912</u>	<u>14,829</u>	<u>2,880</u>	<u>110,639</u>
Net book value					
31 December 2021	<u>84,018</u>	<u>12,308</u>	<u>22,589</u>	<u>857</u>	<u>119,772</u>

The net book value at 31 December 2022 and 31 December 2021 represents fixed assets, which are all used for direct charitable purposes.

The gross value of building improvements on which depreciation is charged amounts to £99,965 (31 December 2021: £99,965).

In the Trustees' opinion the aggregate open market value of the improvements to buildings would be similar to its book value. No professional valuation has been completed and the trustees believe it is not practicable to quantify any potential difference.

NOTES TO THE ACCOUNTS
For the year ended 31 December 2022

4. Current Asset Investments

Total current asset investments comprise:

	2022	2021
	£	£
Managed Investments listed on a recognised stock exchange	3,185,911	3,110,426
Other investments – cash deposits	488,954	885,354
	<u>3,674,865</u>	<u>3,995,780</u>

Listed investments and other investments:

Market value 1 January 2022	3,995,780	3,846,632
Additions in year and management costs	423,152	1,887,668
Disposals	(514,321)	(1,926,184)
Profit on disposal	6,554	57,287
Surplus on revaluation at 31 December	(236,300)	130,377
	<u>3,674,865</u>	<u>3,995,780</u>

Analysis of listed investments and other investments

	Value at 31.12.2022	Value at 31.12.2021
	£	£
Cash	488,954	885,354
Managed investments – cash and short term maturity bonds	158,342	166,814
Managed investments – Other equities, other bonds and alternative assets	2,295,696	2,134,654
Managed investments - Developed market equities	731,873	808,958
	<u>3,674,865</u>	<u>3,995,780</u>

All current asset investments are stated at fair value as determined by Barclays Wealth based on open market values determined by the quoted price for identical assets in an active market at the balance sheet date.

5. DEBTORS

	2022	2021
	£	£
Prepayments and accrued income	<u>2,438</u>	<u>4,495</u>

NOTES TO THE ACCOUNTS
For the year ended 31 December 2022

6. CREDITORS : amounts falling due within one year

	2022	2021
	£	£
Accruals and deferred income	15,409	15,621

7. MOVEMENTS IN RESTRICTED FUNDS

	2022	2021
	£	£
Balance brought forward 1 January 2022	16,428	16,426
Income in year – interest	23	2
Balance carried forward 31 December 2022	16,451	16,428

Restricted funds comprise unexpended donations and grants given for a specific purposes or transfer of amounts from unrestricted funds to a specific charitable project. The balance reflects interest earned on such amount.

	Fixed assets	Net current assets	Restricted fund balance
	£	£	£
Allocation of charity's net assets to restricted funds	-	16,451	16,451

8. UNRESTRICTED FUNDS

	Undesignated Funds	Designated Funds	2022	2021
	£	£	£	£
Balance brought forward 1 January 2022	4,420,568	122,267	4,542,835	4,453,176
(Deficit)/surplus for the year	(340,640)	(2,000)	(342,640)	89,659
Balance carried forward 31 December 2022	4,079,928	120,267	4,200,195	4,542,835

Within unrestricted funds the Trustees may designate funds for future development projects.

	Fixed assets	Net current assets	Unrestricted fund balance
	£	£	£
Allocation of charity's net assets to unrestricted funds – 31 December 2022	110,639	4,089,556	4,200,195

9. TRANSACTIONS WITH RELATED PARTIES

All trustees of the Congregation of Poor Handmaids of Jesus Christ, English Region are related parties. There have been no transactions between the parties other than those already identified within the usual course of the charities activities i.e. the provision of accommodation and welfare for the trustees as all their personal income comprising of salaries and pensions forms an incoming resource to the Charity.

The Motherhouse in Germany is a controlling party by virtue of the Superior General, who has the power to appoint and remove the charity's trustees, with the consent of the General Council. Contributions to the Motherhouse during the year amounted to £71,094 (2021 - £41,088) for donations in support of missions.

NOTES TO THE ACCOUNTS
For the year ended 31 December 2022

10. CAPITAL COMMITMENTS

The company had made no capital commitments at 31 December 2022 (31 December 2021 – £nil).

11. CONTINGENT LIABILITIES

There were no contingent liabilities at 31 December 2022 or 31 December 2021.

12. LIABILITY OF MEMBERS

The charity is a company limited by guarantee. The member of the company is the Superior. In the event of the charity being dissolved while she remains the Superior or within twelve months afterwards she will contribute up to £1 towards the costs of dissolution and the liabilities incurred by the Charity while she was the Superior.

POOR HANDMAIDS OF JESUS CHRIST

England & Wales - Charity number 1137792

Accounts

POOR HANDMAIDS OF JESUS CHRIST

(A company limited by guarantee)

REPORT AND FINANCIAL STATEMENTS

31 December 2021

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LEGAL AND ADMINSTRATIVE DETAILS

31 December 2021

REISTERED NAME Poor Handmaids of Jesus Christ

CHARITY REGISTRATION NUMBER 1137792

COMPANY REGISTRATION NUMBER 07321922

REGISTERED ADDRESS

St Joseph's Convent
Westminster House
Watford Way
London
NW4 4TY

OHTER OPERATING ADDRESSES

St Boniface Convent
97 Namu Road
Victoria Park
Bournemouth
BH9 2RA

BANKERS

Barclays Bank plc
Branches at Bournemouth and Edgware

SOLICITORS

Stone King Sewell LLP
16 St John's Lane
London
EC1M 4BS

INVESTMENT ADVISORS

Barclays Wealth
Barclays Bank plc
County Gates House
300 Poole Road
Bournemouth
BH1 2BW

INDEPENDENT EXAMINER

Sally A Meaden & Co
Chartered Certified Accountants
61 Herberton Road
Bournemouth
BH6 5HZ

TRUSTEES' REPORT

31 December 2021

The trustees, who are also directors of the charity for the purposes of the Companies Act, submit their report and the unaudited financial statements for the year ended 31 December 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity and in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies, in preparing the annual report and financial statements of the charity.

STATUS AND ADMINISTRATION

The charity is a charitable company limited by guarantee and was incorporated on 21 July 2010 and became registered as a charity on 6 September 2010. It commenced activity on the 1st January 2012 following completion of a deed of transfer on 17th November 2011. The deed of transfer states that with effect from 1st January 2012 all the operations, assets and liabilities were transferred from the existing charitable trust (Congregation of Poor Handmaids of Jesus Christ, English Region charity number 234423) to the new charitable company. It is governed by a memorandum and articles of association.

OBJECTS OF THE CHARITY

The objects of the Charity are such charitable purposes as shall advance the religious and other charitable work of the Congregation as the Trustees with approval of the Superior shall from time to time think fit, provided that if at any time the Congregation shall cease to exist or shall cease to carry on religious work then for such other lawful purposes connected with the advancement of the Roman Catholic Religion as the Trustees shall determine.

REVIEW OF ACTIVITIES AND RESULTS

Results

The results for the period are set out on pages 7-9. As the sisters here in England begin to age, the majority being in their late eighties it is becoming apparent that we will not function as a Province in our own right and will potentially become a community under the guidance of our General Leadership in Germany, there will be a local leader living in England who will oversee the general day to day living of all the sisters and finance. This is a process which we are now beginning with meetings planned with our Canon Lawyer Kristian Paver, and Mr Rutherford from Stone King. Despite our aging sisters our houses continue to be open houses of hospitality and volunteer in a school providing spirituality for both children and staff. We are in the process of appointing a new Trustee to replace Sister Julia Coffey, who died suddenly. Sister Catherine Doherty, who resides in a nursing home in Pinner, is now on end of life palliative care.

One sister is a qualified Counsellor and will minister to those on low incomes who cannot afford the going rates of £45 for a therapy session. She has now become the coordinator of the pastoral care team in her local parish using the same skills as a counsellor. She also offers workshops to Sisters in developing countries of her congregation.

We continue to make donations to those in need in our local areas supporting those impacted by the COVID 19 pandemic and will continue to do so as those needs are becoming increasingly important due to the current financial climate.

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TRUSTEES' REPORT 31 December 2021

Public benefit

The Charity has continued the work in the initial formation of children and adults and in ongoing education at all levels in the Roman Catholic religion in all three areas where the Charity is operating. Other activities have included:-

- assistance of priests in various areas through pastoral work,
- visiting of sick and housebound and attending to spiritual needs, and
- Providing hospitality for various groups on a day basis to deepen spirituality and prayer life.

Details of support and donations are given in note 2 of the accounts, which during the year have included donations to organisations local to the three areas in which the Convents are based and have in particular supported the homeless, vulnerable and needy. The mission fund donations from this charity goes into the Corpus Fund for projects that support people in general.

In addition missions are designated by the Motherhouse to further our charitable purposes and to provide public benefit to those most in need. The reports issued by the Motherhouse highlighted the following in respect of mission projects:-

- India – The Poor Handmaids Of Jesus Christ started their work in India more than 40 years ago. Key projects have included the creation of a home for destitute women known as 'Maria Sadan'; the Katharina Kasper Leprosy control scheme which from its' clinic offers free medicine, physiotherapy, allergy, paediatric, orthopaedic services and outdoor ministry for around 8,000 a year; the Ashalaya Awareness Programme including self-help groups, skills training, summer camps and scholarship training across 30 villages in Bangalore north district with over 900 children and over 1500 adults participating in the year; the Nirmala Covent Nagular Yercaud providing crèche facilities for children aged 2 ½ - 5 years old, the Katherine primary school for 102 pupils and social work/pastoral care visiting families especially those who are sick, suffering and aged; boarding facilities for 12 girls studying 10th classes at the Nagular government school; the Maria Bhavan Covent in Dhani North India comprises several projects offering boarding to 226 girls aged 4-16 years St Francis Xavier, treatment for T.B. patients at a hospital assisting 70-80 patients daily, the education project which supported 44 students in 2014 in their education, social work assisting farmers by giving seeds to cultivate their land; the Katherine Matriculation School began in 2003 in China Avudaiyar Kovil with only 20 students and now has 650 students with admissions given to all irrespective of their religion, colour, caste or race; and finally support via the Leonidis Endowment foundation.
- Kenya, Nigeria and Nairobi- The Poor Handmaids Of Jesus Christ founded their first Convent in 2000 in the Diocese of Meru Kenya. Since 2000 five more Convents, schools, a children's' home and a hospital have been created. The additional Convents are located in Owerri in the state of Iwo, Nigeria; Garam, Niger state and in Ifetedo, Osun state. The major project in Nigeria is the 'Street Children Project' to give the children a future. Our ministry has expanded to cover the provision of mobile health clinics and establishing schools, as well as providing courses for adults and pastoral care within prisons. Our Children's' home in Mgbele provides a safe refuge for 12 children, including 5 of whom are mentally or physically handicapped. The children attend school and learn to care for each other becoming independent as far as possible. In Nairobi the hospital created continues to receive immense support where our Sisters care for the poorest of the poor.
- Brazil – In 1993 work began in Brazil with the founding mission in Sao Joao da Fronteira in northeast Brazil, which is the poorest area of the country. Since then two other convents have been established in Jacunda and Sovral also in the northeast. A new project began in 2014 'Casa Maria Catalina Sao Joao for children'. This offers day care for the children of working women.
- Mexico - The Poor Handmaids Of Jesus Christ began their mission work here 25 years ago. 14 Sisters currently serve in four poor areas of Queretero and Sn Ildefonso near Mexico City, Coatzacoalcos in the south and Mapachapa in the Gulf of Mexico. They provide hands-on ministry to the poorest of society who are mainly women and children in various projects and programs. The embroidery projects was founded 10 years ago for the indigenous Otomi women and their children allowing them to develop skills and produce products to sell to provide a better future for their children and families. This year a small room has been developed to provide dental treatment for the poor. The Katherine Kasper Education centre in South Mexico provides education for those children who have never attended or been able to enter the normal school system.

Our developing countries continue to train their young sisters with skills relevant to the needs of the people they are ministering to. Therefore, we finance them when needs arise

TRUSTEES' REPORT 31 December 2021

Charity's policies

1) Investments

The Charity follows a low risk policy whereby surplus funds from yearly activities are invested. Other investments arise from bequests and donations received. The Charity has delegated investment management to Barclays Wealth and Private Bank Limited to try and improve returns on investment following the continuing low market rates of interest, whilst maintaining a low risk strategy. A written policy statement has been provided to and agreed with the investment managers. Barclays Wealth and Private Bank Limited has fully delegated powers within the terms of this policy.

2) Reserves

- To provide sufficient funds for the Sisters to live on now and in the future, as all their personal income comprising of salaries and pensions forms an incoming resource to the Charity.
- To allow the provision of nursing home care when needed.
- To allow major refurbishments and renewals to be carried out at the Convents' premises when required.
- To give financial support to allow the rapid growth of the congregation in third world countries

3) Grant making and donations

- Local churches in the areas where the Sisters are working have been selected by the Trustees as worthy of support, as have local appeals made by various other national charities or individuals in need. Decisions for the latter have been left to the discretion of the three convents.
- In addition we support the missions of our own congregation in the third world countries where our Sisters work and minister. Periodically we support the General Mission Fund in Germany and help new missions and developments of our own congregation in Nigeria and Kenya and our other missions in Mexico and Brazil.
- Details of donations made during the current financial year are shown in note 2 of the accounts.

DIRECTORS AND TRUSTEES

The Trustees are appointed in writing by the Superior and shall when complete consist of at least three and not more than six individuals the majority of whom shall be Roman Catholic.

The directors' and trustees of the charitable company who have held office since incorporation to date are as follows:

Sister Rosemary Bridget Snell
(Superior)

Sister Winifred Mary O'Rourke

Sister Julia Coffey
(deceased)

The day to day management of the charity is carried out by the trustees. Policies and strategies are determined by the trustees who hold formal meetings a minimum of twice a year.

RISK MANAGEMENT

The trustees have considered the risks to which the charity is exposed and have reviewed those risks and established systems and procedures to manage them. The trustees consider the principal risk to be related to the increasing age and health concerns of the current trustees and attracting new Sisters' who can (subject to appointment as trustees) continue the work of the charity for future generations.

- In the future we anticipate giving help in this country to students of the Roman Catholic faith when sufficient funds have been built up.

TRUSTEES' REPORT
31 December 2021

TRUSTEES' RESPONSIBILITIES STATEMENT

The trustees (who are also directors of Poor Handmaids of Jesus Christ for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

SISTER ROSEMARY BRIDGET SNELL

For and on behalf of the Directors/Trustees

Date : 30th August 2022

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF POOR HANDMAIDS OF JESUS CHRIST

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 December 2021 which are set out on pages 7 to 16.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sally Ann Meaden F.C.C.A.
Sally A Meaden & Co
61 Herberton Road Bournemouth
BH6 5HZ
Date: 30th August 2022

STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an income and expenditure statement)
For the year ended 31 December 2021

	Unrestricted funds	Restricted funds	2021	2020
INCOME AND EXPENDITURE				
INCOMING RESOURCES	£	£	£	£
Incoming resources from generated funds:				
Investment income				
Interest - bank deposit	7	-	7	58
Interest – bank investments	63	2	65	1,034
Dividends	51,191	-	51,191	48,358
Incoming resources from legacies	-	-	-	-
Incoming resources from charitable activities:				
Salaries and pensions	70,983	-	70,983	74,625
Profit on disposal tangible fixed assets	-	-	-	524
Other income	-	-	-	-
Total incoming resources	122,244	2	122,246	124,599
RESOURCES EXPENDED				
Charitable activities:				
Property cleaning/maintenance services	2,613	-	2,613	2,845
Catering	10,257	-	10,257	10,138
Household and garden	4,939	-	4,939	4,875
Medical	3,213	-	3,213	3,510
Nursing home fees	70,754	-	70,754	68,007
Rent	7,800	-	7,800	7,800
Rates and insurances	2,294	-	2,294	1,114
Light, heat and water	3,902	-	3,902	4,517
Telephone, post and stationery	3,633	-	3,633	3,972
Computer software, consumables & website	659	-	659	308
Repairs and maintenance	1,166	-	1,166	3,517
Laundry, cleaning and clothing	1,181	-	1,181	1,505
Travelling and motor	4,995	-	4,995	6,383
Stipends and alms	1,122	-	1,122	717
Religious conference fee	300	-	300	-
Memorial and cemetery costs	45	-	45	4,764
Sundries:				
Publications and newspapers	1,876	-	1,876	514
Holidays and retreats	3,097	-	3,097	6,105
Chapel	179	-	179	156
Tuition and courses	610	-	610	611
Miscellaneous	623	-	623	1,580
Donations	50,952	-	50,952	72,286
	176,210	-	176,210	205,224

Note 2

STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an income and expenditure statement)
For the year ended 31 December 2021

	Unrestricted funds £	Restricted funds £	2021 £	2020 £
Support costs				
Depreciation	11,270	-	11,270	9,237
Loss on disposal tangible fixed assets	3,861	-	3,861	-
	<u>15,131</u>	<u>-</u>	<u>15,131</u>	<u>9,237</u>
Governance costs:				
Accountancy - including independent examiner fee	5,400	-	5,400	5,400
Professional fees Barclays Wealth	23,442	-	23,442	7,454
Legal fees	-	-	-	94
Companies House fees	13	-	13	13
Bank Charges	53	-	53	41
	<u>28,908</u>	<u>-</u>	<u>28,908</u>	<u>13,002</u>
Total resources expended	<u>220,249</u>	<u>-</u>	<u>220,249</u>	<u>227,463</u>
NET INCOMING/(OUTGOING)	Note 2			
RESOURCES BEFORE OTHER RECOGNISED GAINS AND LOSSES	<u>(98,005)</u>	<u>2</u>	<u>(98,003)</u>	<u>(102,864)</u>
Other recognised gains and losses				
Realised gains on investments	57,287	-	57,287	9,238
Gains on investments unrealised	130,377	-	130,377	84,534
	<u>89,659</u>	<u>2</u>	<u>89,661</u>	<u>(9,092)</u>
NET MOVEMENT IN FUNDS FOR THE YEAR	<u>89,659</u>	<u>2</u>	<u>89,661</u>	<u>(9,092)</u>
Balances brought forward at 1 January 2021	<u>4,453,176</u>	<u>16,426</u>	<u>4,469,602</u>	<u>4,478,694</u>
Balances carried forward at 31 December 2021	<u><u>4,542,835</u></u>	<u><u>16,428</u></u>	<u><u>4,559,263</u></u>	<u><u>4,469,902</u></u>

The notes on pages 9 to 16 form part of these accounts.
All amounts derived are from continuing operations.

BALANCE SHEET
31 December 2021

	Note	2021£	2021 £	2020 £	2020 £
FIXED ASSETS					
Tangible assets	3		119,772		134,445
CURRENT ASSETS					
Debtors	5	4,495		5,612	
Cash Barclays Wealth	4	885,354		694,897	
Barclays Wealth portfolio investments	4	2,943,612		2,373,748	
Barclays Wealth cash investments and short term bonds	4	166,814		777,987	
Bank deposit accounts		96,595		96,588	
Bank current accounts		358,242		396,997	
Cash in hand		-		375	
		<u>4,455,112</u>		<u>4,346,204</u>	
CURRENT LIABILITIES					
Creditors : amounts falling due within one year	6	<u>(15,621)</u>		<u>(11,047)</u>	
NET CURRENT ASSETS			<u>4,439,491</u>		<u>4,335,157</u>
NET ASSETS			<u>4,559,263</u>		<u>4,469,602</u>
REPRESENTED BY:					
UNRESTRICTED ACCUMULATED FUNDS					
Balance at 1 January 2021	8	4,453,176		4,462,301	
Surplus/(deficit) for the year	8	<u>89,659</u>		<u>(9,125)</u>	
Balance at 31 December 2021	8		4,542,835		4,453,176
RESTRICTED ACCUMULATED FUNDS					
Balance at 1 January 2021	7	16,426		16,393	
Surplus for the year	7	<u>2</u>		<u>33</u>	
Balance at 31 December 2021	7		<u>16,428</u>		<u>16,426</u>
TOTAL CHARITY FUNDS			<u>4,559,263</u>		<u>4,469,602</u>

These accounts have been prepared in accordance with the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) and in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies. For the financial year ended 31 December 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements were approved by the Directors/Trustees on 30th August 2022.

Signed on behalf of the directors/trustees by:
SISTER ROSEMARY BRIDGET SNELL

NOTES TO THE ACCOUNTS

For the year ended 31 December 2021

1. ACCOUNTING POLICIES

General Information and basis for preparation

Poor Handmaids of Jesus Christ is a charitable company limited by guarantee incorporated in England. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 contributable by the Superior of the charity (see note 12). The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are detailed in the Trustees' Report on pages 2-5.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2001, the Companies Act 2006 and UK Generally Accepted Practice.

The charity does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1A.

The particular accounting policies adopted by the trustees are described below. These policies have been consistently applied to all years presented unless otherwise stated.

Accounting convention

The financial statements are prepared under the historical cost convention as modified by the revaluation of investments to market value.

Fund accounting

The charity maintains two types of funds as follows:

- **Restricted funds**
Restricted funds represent donations and legacies received which are allocated by the donor for specific purposes.
- **Unrestricted funds**
Unrestricted funds represent income which is expendable at the discretion of the trustees in the furtherance of the objects of the charity. Such funds may be held in order to finance both working capital and capital investment. Within unrestricted funds the Trustees may designate funds for future development projects.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received from bequests and donations and is included in full in the Statement of Financial Activities when receivable.
- Investment income comprises dividends which are included when they are declared and bank and building society interest which is included on a receivable basis. Investment income is credited to the specific funds accordingly.
- Incoming resources from charitable activities are accounted for when earned.

NOTES TO THE ACCOUNTS

For the year ended 31 December 2021

1. ACCOUNTING POLICIES (continued)

Resources expended

All expenditure, other than that which has been capitalised, is included in the Statement of Financial Activities.

Expenditure is included on an accruals basis whereby the value of purchase invoices received before the year end but not paid until after the year end have been included. The value of purchase invoices received after the year end in respect of expenditure incurred before the year end where insignificant have not been included in the Statement of Financial Activities. Resources expended includes attributable VAT which cannot be recovered.

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the accountancy fees and costs linked to the strategic management of the charity.

Investments

Stocks and shares quoted on the recognised Stock Exchanges are included in the Balance Sheet at their fair value at the year end. Realised gains/losses are calculated as the difference between fair value at the date of disposal and the fair value at the previous balance sheet date (or date of acquisition if later). Unrealised gains/losses are calculated as the difference between the fair value at the balance sheet date and the fair value at the previous balance sheet date (or acquisition if later). All changes are recognised in the SOFA if the shares are publically traded or their fair value can otherwise be measured reliably.

Fixed assets

All assets are stated at cost less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

The premises occupied by St Joseph's Convent are provided by the Archdiocese of Westminster on a rent free basis. St Boniface Convent now occupies a residential premise on which rent is payable. No depreciation is provided on land.

Other fixed assets are capitalised at cost or if donated, at the estimated value at date of receipt and depreciated over the following periods:

Improvements to buildings	- 2% straight line
Furniture and equipment	- 10% reducing balance per annum
Motor vehicles	- 25% reducing balance per annum
Computer equipment	- 25% reducing balance per annum

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Taxation

The company is a registered charity and as such benefits from various exemptions from taxation afforded by the tax legislation, and is therefore not liable to tax on income or gains falling within those exemptions to the extent that the income or gains are applied to the primary charitable purposes of the company.

Trustees' remuneration and expenses

The trustees do not receive remuneration or expenses for their services (note 9).

NOTES TO THE ACCOUNTS
For the year ended 31 December 2021

2. NET INCOMING RESOURCES FOR THE YEAR

Net incoming resources for the year are stated after charging/(crediting):

	2021	2020
	£	£
Accountancy and Independent Examiner fees	5,400	5,400
Loss/(Profit) on disposal fixed assets	3,861	(524)
Realised (gains) on disposal of investments	(57,287)	(9,238)
Depreciation of tangible fixed assets	11,270	9,237
Donations:		
Re: Motherhouse contribution mission funds	41,088	46,903
Re: Kenya Housing Project	-	16,732
Re: Salvation Army Homeless Project	-	1,500
Re: CAFOD and Catholic Church	1,500	1,000
Re: Kinson & West Howe Bournemouth Foodbank	200	1,000
Re: The Passage Charity	2,000	2,000
Re: The Medialle Trust	2,000	2,000
Re: various local area donations	2,164	1,151
Re: Burley Church Project	2,000	-
	<u> </u>	<u> </u>

NOTES TO THE ACCOUNTS
For the year ended 31 December 2021

3. Fixed assets

	Improvements To buildings £	Furniture Fittings & equipment £	Motor vehicles £	Computer equipment £	Total £
Cost					
1 January 2021	99,965	63,937	43,151	11,332	218,385
Additions	-	458	-	-	458
Disposals	-	(24,811)	-	(7,627)	(32,438)
31 December 2021	<u>99,965</u>	<u>39,584</u>	<u>43,151</u>	<u>3,705</u>	<u>186,405</u>
Depreciation					
1 January 2021	13,947	47,390	13,032	9,571	83,940
Charge for the year	2,000	1,368	7,530	372	11,270
On disposals	-	(21,482)	-	(7,095)	(28,577)
31 December 2021	<u>15,947</u>	<u>27,276</u>	<u>20,562</u>	<u>2,848</u>	<u>66,633</u>
Net book value					
31 December 2021	<u>84,018</u>	<u>12,308</u>	<u>22,589</u>	<u>857</u>	<u>119,772</u>
Net book value					
31 December 2020	<u>86,018</u>	<u>16,547</u>	<u>30,119</u>	<u>1,761</u>	<u>134,445</u>

The net book value at 31 December 2021 and 31 December 2020 represents fixed assets, which are all used for direct charitable purposes.

The gross value of building improvements on which depreciation is charged amounts to £99,965 (31 December 2020: £99,965).

In the Trustees' opinion the aggregate open market value of the improvements to buildings would be similar to its book value. No professional valuation has been completed and the trustees believe it is not practicable to quantify any potential difference.

NOTES TO THE ACCOUNTS
For the year ended 31 December 2021

4. Current Asset Investments

Total current asset investments comprise:

	2021	2020
	£	£
Managed Investments listed on a recognised stock exchange	3,110,426	3,151,735
Other investments – cash deposits	885,354	694,897
	<u>3,995,780</u>	<u>3,846,632</u>

Listed investments and other investments:

Market value 1 January 2021	3,846,632	3,779,533
Additions in year and management costs	1,887,668	781,421
Disposals	(1,926,184))	(808,094)
Profit on disposal	57,287	9,238
Surplus on revaluation at 31 December	130,377	84,534
	<u>3,995,780</u>	<u>3,846,632</u>

Analysis of listed investments and other investments

	Value at	Value at
	31.12.2021	31.12.2020
	£	£
Cash	885,354	694,897
Managed investments – cash and short term maturity bonds	166,814	777,987
Managed investments – Other equities, other bonds and alternative assets	2,134,654	1,437,301
Managed investments - Developed market equities	808,958	936,447
	<u>3,995,780</u>	<u>3,846,632</u>

All current asset investments are stated at fair value as determined by Barclays Wealth based on open market values determined by the quoted price for identical assets in an active market at the balance sheet date.

5. DEBTORS

	2021	2020
	£	£
Prepayments and accrued income	<u>4,495</u>	<u>5,612</u>

NOTES TO THE ACCOUNTS
For the year ended 31 December 2021

6. CREDITORS : amounts falling due within one year

	2021	2020
	£	£
Accruals and deferred income	15,621	11,047

7. MOVEMENTS IN RESTRICTED FUNDS

	2021	2020
	£	£
Balance brought forward 1 January 2021	16,426	16,393
Income in year – interest	2	33
Balance carried forward 31 December 2021	16,428	16,426

Restricted funds comprise unexpended donations and grants given for a specific purposes or transfer of amounts from unrestricted funds to a specific charitable project. The balance reflects interest earned on such amount.

	Fixed assets	Net current assets	Restricted fund balance
	£	£	£
Allocation of charity's net assets to restricted funds	-	16,428	16,428

8. UNRESTRICTED FUNDS

	Undesignated Funds	Designated Funds	2021	2020
	£	£	£	£
Balance brought forward 1 January 2021	4,330,919	122,257	4,453,176	4,462,301
Surplus/(Deficit) for the year	89,649	10	89,659	(9,125)
Balance carried forward 31 December 2020	4,420,568	122,267	4,542,835	4,453,176

Within unrestricted funds the Trustees may designate funds for future development projects.

	Fixed assets	Net current assets	Unrestricted fund balance
	£	£	£
Allocation of charity's net assets to unrestricted funds – 31 December 2021	119,772	4,423,063	4,542,835

9. TRANSACTIONS WITH RELATED PARTIES

All trustees of the Congregation of Poor Handmaids of Jesus Christ, English Region are related parties. There have been no transactions between the parties other than those already identified within the usual course of the charities activities i.e. the provision of accommodation and welfare for the trustees as all their personal income comprising of salaries and pensions forms an incoming resource to the Charity.

The Motherhouse in Germany is a controlling party by virtue of the Superior General, who has the power to appoint and remove the charity's trustees, with the consent of the General Council. Contributions to the Motherhouse during the year amounted to £41,088 (2020 - £46,903) for donations in support of missions.

NOTES TO THE ACCOUNTS
For the year ended 31 December 2021

10. CAPITAL COMMITMENTS

The company had made no capital commitments at 31 December 2021 (31 December 2020 – £nil).

11. CONTINGENT LIABILITIES

There were no contingent liabilities at 31 December 2021 or 31 December 2020.

12. LIABILITY OF MEMBERS

The charity is a company limited by guarantee. The member of the company is the Superior. In the event of the charity being dissolved while she remains the Superior or within twelve months afterwards she will contribute up to £1 towards the costs of dissolution and the liabilities incurred by the Charity while she was the Superior.

POOR HANDMAIDS OF JESUS CHRIST

England & Wales - Charity number 1137792

Accounts

POOR HANDMAIDS OF JESUS CHRIST

(A company limited by guarantee)

REPORT AND FINANCIAL STATEMENTS

31 December 2020

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LEGAL AND ADMINISTRATIVE DETAILS

31 December 2020

REGISTERED NAME Poor Handmaids of Jesus Christ

CHARITY REGISTRATION NUMBER 1137792

COMPANY REGISTRATION NUMBER 07321922

REGISTERED ADDRESS

St Joseph's Convent
Westminster House
Watford Way
London
NW4 4TY

OTHER OPERATING ADDRESSES

St Boniface Convent
97 Namu Road
Victoria Park
Bournemouth
BH9 2RA

BANKERS

Barclays Bank plc
Branches at Bournemouth and Edgware

SOLICITORS

Stone King Sewell LLP
16 St John's Lane
London
EC1M 4BS

INVESTMENT ADVISORS

Barclays Wealth
Barclays Bank plc
County Gates House
300 Poole Road
Bournemouth
BH1 2BW

INDEPENDENT EXAMINER

Sally A Meaden & Co
Chartered Certified Accountants
61 Herberton Road
Bournemouth
BH6 5HZ

TRUSTEES' REPORT

31 December 2020

The trustees, who are also directors of the charity for the purposes of the Companies Act, submit their report and the unaudited financial statements for the year ended 31 December 2020. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity and in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies, in preparing the annual report and financial statements of the charity.

STATUS AND ADMINISTRATION

The charity is a charitable company limited by guarantee and was incorporated on 21 July 2010 and became registered as a charity on 6 September 2010. It commenced activity on the 1st January 2012 following completion of a deed of transfer on 17th November 2011. The deed of transfer states that with effect from 1st January 2012 all the operations, assets and liabilities were transferred from the existing charitable trust (Congregation of Poor Handmaids of Jesus Christ, English Region charity number 234423) to the new charitable company. It is governed by a memorandum and articles of association.

OBJECTS OF THE CHARITY

The objects of the Charity are such charitable purposes as shall advance the religious and other charitable work of the Congregation as the Trustees with approval of the Superior shall from time to time think fit, provided that if at any time the Congregation shall cease to exist or shall cease to carry on religious work then for such other lawful purposes connected with the advancement of the Roman Catholic Religion as the Trustees shall determine.

REVIEW OF ACTIVITIES AND RESULTS

Results

The results for the period are set out on pages 7-9. As the sisters here in England begin to age, the majority being in their late eighties it is becoming apparent that we will not function as a Province in our own right and will potentially become a unit. Despite our aging sisters our houses continue to be open houses of hospitality and volunteer in a school providing spirituality for both children and staff. It is with great sadness that we lost one of our Trustees Sister Julia Coffey, who died suddenly and as yet we have not been able to replace her with a new trustee. This was followed by the death of Sister Emily Coffey during the current year. The four remaining Sisters are becoming frailer. We are beginning the process of belonging directly under our General leadership team in Germany, but due to the ongoing COVID 19 pandemic it has been difficult to make progress as meetings are required with the Canon and Civil lawyers. This is the preferred option rather than attach to another province.

During 2018 Sister Catherine Doherty was admitted permanently to a nursing home, where she remains. Following the closure of St Catherine's Convent all monies from the sale went into the central fund. This fund has been used for flood relief in India and also a housing project for someone who lost everything and, who needed to build a home for himself and his young family. We are pleased to say that this housing project is now finished and the family are very grateful for the financial assistance afforded to them.

We continue to make donations to those in need in our local areas supporting those impacted by the COVID 19 pandemic and will continue to do so as those needs are becoming increasingly important due to the current financial climate.

One sister is a qualified Counsellor and will minister to those on low incomes who cannot afford £45 a session, though this has had to be mainly by telephone due to the COVID 19 pandemic. Also this sister continues to be invited to do workshops for our other sisters working in developing countries. We are also looking at sponsoring a new initiative in the Catholic School in Hendon helping teachers to counsel children who are bereaved or experiencing the effects of marital breakdown in the home.

TRUSTEES' REPORT 31 December 2020

Public benefit

The Charity has continued the work in the initial formation of children and adults and in ongoing education at all levels in the Roman Catholic religion in all three areas where the Charity is operating. Other activities have included:-

- assistance of priests in various areas through pastoral work,
- visiting of sick and housebound and attending to spiritual needs, and
- providing hospitality for various groups on a day basis to deepen spirituality and prayer life.

Details of support and donations are given in note 2 of the accounts, which during the year have included donations to organisations local to the three areas in which the Convents are based and have in particular supported the homeless, vulnerable and needy. The mission fund donations from this charity goes into the Corpus Fund for projects that support people in general.

In addition missions are designated by the Motherhouse to further our charitable purposes and to provide public benefit to those most in need. The reports issued by the Motherhouse highlighted the following in respect of mission projects:-

- India – The Poor Handmaids Of Jesus Christ started their work in India more than 40 years ago. Key projects have included the creation of a home for destitute women known as ‘Maria Sadan’; the Katharina Kasper Leprosy control scheme which from its’ clinic offers free medicine, physiotherapy, allergy, paediatric, orthopaedic services and outdoor ministry for around 8,000 a year; the Ashalaya Awareness Programme including self-help groups, skills training, summer camps and scholarship training across 30 villages in Bangalore north district with over 900 children and over 1500 adults participating in the year; the Nirmala Covent Nagular Yercaud providing crèche facilities for children aged 2 ½ - 5 years old, the Katherine primary school for 102 pupils and social work/pastoral care visiting families especially those who are sick, suffering and aged; boarding facilities for 12 girls studying 10th classes at the Nagular government school; the Maria Bhavan Covent in Dhani North India comprises several projects offering boarding to 226 girls aged 4-16 years St Francis Xavier, treatment for T.B. patients at a hospital assisting 70-80 patients daily, the education project which supported 44 students in 2014 in their education, social work assisting farmers by giving seeds to cultivate their land; the Katherine Matriculation School began in 2003 in China Avudaiyar Kovil with only 20 students and now has 650 students with admissions given to all irrespective of their religion, colour, caste or race; and finally support via the Leonidis Endowment foundation.
- Kenya, Nigeria and Nairobi- The Poor Handmaids Of Jesus Christ founded their first Convent in 2000 in the Diocese of Meru Kenya. Since 2000 five more Convents, schools, a children’s’ home and a hospital have been created. The additional Convents are located in Owerri in the state of Iwo, Nigeria; Garam, Niger state and in Ifetedo, Osun state. The major project in Nigeria is the ‘Street Children Project’ to give the children a future. Our ministry has expanded to cover the provision of mobile health clinics and establishing schools, as well as providing courses for adults and pastoral care within prisons. Our Children’s’ home in Mgbele provides a safe refuge for 12 children, including 5 of whom are mentally or physically handicapped. The children attend school and learn to care for each other becoming independent as far as possible. In Nairobi the hospital created continues to receive immense support where our Sisters care for the poorest of the poor.
- Brazil – In 1993 work began in Brazil with the founding mission in Sao Joao da Fronteira in northeast Brazil, which is the poorest area of the country. Since then two other convents have been established in Jacunda and Sovral also in the northeast. A new project began in 2014 ‘Casa Maria Catalina Sao Joao for children’. This offers day care for the children of working women.
- Mexico - The Poor Handmaids Of Jesus Christ began their mission work here 25 years ago. 14 Sisters currently serve in four poor areas of Queretero and Sn Ildefonso near Mexico City, Coatzacoalcos in the south and Mapachapa in the Gulf of Mexico. They provide hands-on ministry to the poorest of society who are mainly women and children in various projects and programs. The embroidery projects was founded 10 years ago for the indigenous Otomi women and their children allowing them to develop skills and produce products to sell to provide a better future for their children and families. This year a small room has been developed to provide dental treatment for the poor. The Katherine Kasper Education centre in South Mexico provides education for those children who have never attended or been able to enter the normal school system.

TRUSTEES' REPORT

31 December 2020

Charity's policies

1) Investments

The Charity follows a low risk policy whereby surplus funds from yearly activities are invested. Other investments arise from bequests and donations received. The Charity has delegated investment management to Barclays Wealth and Private Bank Limited to try and improve returns on investment following the continuing low market rates of interest, whilst maintaining a low risk strategy. A written policy statement has been provided to and agreed with the investment managers. Barclays Wealth and Private Bank Limited has fully delegated powers within the terms of this policy.

2) Reserves

- To provide sufficient funds for the Sisters to live on now and in the future, as all their personal income comprising of salaries and pensions forms an incoming resource to the Charity.
- To allow the provision of nursing home care when needed.
- To allow major refurbishments and renewals to be carried out at the Convents' premises when required.
- To give financial support to allow the rapid growth of the congregation in third world countries

3) Grant making and donations

- Local churches in the areas where the Sisters are working have been selected by the Trustees as worthy of support, as have local appeals made by various other national charities or individuals in need. Decisions for the latter have been left to the discretion of the three convents.
- In addition we support the missions of our own congregation in the third world countries where our Sisters work and minister. Periodically we support the General Mission Fund in Germany and help new missions and developments of our own congregation in Nigeria and Kenya and our other missions in Mexico and Brazil.
- Details of donations made during the current financial year are shown in note 2 of the accounts.

DIRECTORS AND TRUSTEES

The Trustees are appointed in writing by the Superior and shall when complete consist of at least three and not more than six individuals the majority of whom shall be Roman Catholic.

The directors' and trustees of the charitable company who have held office since incorporation to date are as follows:

Sister Rosemary Bridget Snell
(Superior)

Sister Winifred Mary O'Rourke

Sister Julia Coffey
(deceased)

The day to day management of the charity is carried out by the trustees. Policies and strategies are determined by the trustees who hold formal meetings a minimum of twice a year.

RISK MANAGEMENT

The trustees have considered the risks to which the charity is exposed and have reviewed those risks and established systems and procedures to manage them. The trustees consider the principal risk to be related to the increasing age and health concerns of the current trustees and attracting new Sisters' who can (subject to appointment as trustees) continue the work of the charity for future generations.

- In the future we anticipate giving help in this country to students of the Roman Catholic faith when sufficient funds have been built up.

TRUSTEES' REPORT
31 December 2020

TRUSTEES' RESPONSIBILITIES STATEMENT

The trustees (who are also directors of Poor Handmaids of Jesus Christ for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

SISTER ROSEMARY BRIDGET SNELL

For and on behalf of the Directors/Trustees

Date : 17th September 2021

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF POOR HANDMAIDS OF JESUS CHRIST

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 December 2020 which are set out on pages 7 to 16.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sally Ann Meaden F.C.C.A.
Sally A Meaden & Co
61 Herberton Road Bournemouth
BH6 5HZ
Date: 17th September 2021

STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an income and expenditure statement)
For the year ended 31 December 2020

	Unrestricted funds	Restricted funds	2020	2019
INCOME AND EXPENDITURE				
INCOMING RESOURCES	£	£	£	£
Incoming resources from generated funds:				
Investment income				
Interest - bank deposit	58	-	58	185
Interest – bank investments	1,001	33	1,034	1,903
Dividends	48,358		48,358	57,735
Incoming resources from legacies	-	-	-	-
Incoming resources from charitable activities:				
Salaries and pensions	74,625	-	74,625	83,332
Profit on disposal tangible fixed assets	524	-	524	-
Other income	-	-	-	-
Total incoming resources	124,566	33	124,599	143,155
RESOURCES EXPENDED				
Charitable activities:				
Property cleaning/maintenance services	2,845	-	2,845	4,268
Catering	10,138	-	10,138	12,151
Household and garden	4,875	-	4,875	2,733
Medical	3,510	-	3,510	4,773
Nursing home fees	68,007	-	68,007	64,195
Rent	7,800	-	7,800	7,600
Rates and insurances	1,114	-	1,114	1,294
Light, heat and water	4,517	-	4,517	4,226
Telephone, post and stationery	3,972	-	3,972	4,408
Computer software, consumables & website	308	-	308	441
Repairs and maintenance	3,517	-	3,517	13,937
Laundry, cleaning and clothing	1,505	-	1,505	2,164
Travelling and motor	6,383	-	6,383	14,052
Stipends and alms	717	-	717	1,230
Sundry support costs to Sisters	-	-	-	115
Pilgrimage costs	-	-	-	5,845
Memorial and cemetery costs	4,764	-	4,764	11,032
Sundries:				
Publications and newspapers	514	-	514	1,814
Holidays and retreats	6,105	-	6,105	4,898
Chapel	156	-	156	396
Tuition and courses	611	-	611	676
Miscellaneous	1,580	-	1,580	1,367
Donations	72,286	-	72,286	53,708
	205,224	-	205,224	217,323

Note 2

STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an income and expenditure statement)
For the year ended 31 December 2020

	Unrestricted funds £	Restricted funds £	2020 £	2019 £
Support costs				
Depreciation	9,237	-	9,237	11,099
	<u>9,237</u>	<u>-</u>	<u>9,237</u>	<u>11,099</u>
Governance costs:				
Accountancy - including independent examiner fee	5,400	-	5,400	5,400
Accountancy underprovision 2018	-	-	-	1,500
Professional fees Barclays Wealth	7,454	-	7,454	25,663
Legal fees	94	-	94	288
Companies House fees	13	-	13	13
Bank Charges	41	-	-	136
	<u>13,002</u>	<u>-</u>	<u>13,002</u>	<u>33,000</u>
Total resources expended	<u>227,463</u>	<u>-</u>	<u>227,463</u>	<u>261,422</u>
NET INCOMING/(OUTGOING)	Note 2			
RESOURCES BEFORE OTHER RECOGNISED GAINS AND LOSSES	<u>(102,897)</u>	<u>33</u>	<u>(102,864)</u>	<u>(118,267)</u>
Other recognised gains and losses				
Realised gains on investments	9,238	-	9,238	60,260
Gains on investments unrealised	84,534	-	84,534	180,023
	<u></u>	<u></u>	<u></u>	<u></u>
NET MOVEMENT IN FUNDS FOR THE YEAR	<u>(9,125)</u>	<u>33</u>	<u>(9,092)</u>	<u>122,016</u>
Balances brought forward at 1 January 2020	<u>4,462,301</u>	<u>16,393</u>	<u>4,478,694</u>	<u>4,356,678</u>
Balances carried forward at 31 December 2020	<u><u>4,453,176</u></u>	<u><u>16,426</u></u>	<u><u>4,469,602</u></u>	<u><u>4,478,694</u></u>

The notes on pages 9 to 16 form part of these accounts.
All amounts derived are from continuing operations.

BALANCE SHEET
31 December 2020

	Note	2020£	2020 £	2019 £	2019 £
FIXED ASSETS					
Tangible assets	3		134,445		125,183
CURRENT ASSETS					
Debtors	5	5,612		7,805	
Cash Barclays Wealth	4	694,897		460,961	
Barclays Wealth portfolio investments	4	2,373,748		2,057,519	
Barclays Wealth cash investments and short term bonds	4	777,987		1,261,053	
Bank deposit accounts		96,588		423,114	
Bank current accounts		396,997		155,506	
Cash in hand		375		193	
		<u>4,346,204</u>		<u>4,366,151</u>	
CURRENT LIABILITIES					
Creditors : amounts falling due within one year	6	<u>(11,047)</u>		<u>(12,640)</u>	
NET CURRENT ASSETS			<u>4,335,157</u>		<u>4,353,511</u>
NET ASSETS			<u>4,469,602</u>		<u>4,478,694</u>
REPRESENTED BY:					
UNRESTRICTED ACCUMULATED FUNDS					
Balance at 1 January 2020	8	4,462,301		4,340,334	
Surplus/(deficit) for the year	8	<u>(9,125)</u>		<u>121,697</u>	
Balance at 31 December 2020	8		4,453,176		4,462,301
RESTRICTED ACCUMULATED FUNDS					
Balance at 1 January 2020	7	16,393		16,344	
Surplus for the year	7	<u>33</u>		<u>49</u>	
Balance at 31 December 2020	7		<u>16,426</u>		<u>16,393</u>
TOTAL CHARITY FUNDS			<u>4,469,602</u>		<u>4,478,694</u>

These accounts have been prepared in accordance with the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) and in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies. For the financial year ended 31 December 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements were approved by the Directors/Trustees on 17th September 2021.

Signed on behalf of the directors/trustees by:
SISTER ROSEMARY BRIDGET SNELL

NOTES TO THE ACCOUNTS

For the year ended 31 December 2020

1. ACCOUNTING POLICIES

General Information and basis for preparation

Poor Handmaids of Jesus Christ is a charitable company limited by guarantee incorporated in England. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 contributable by the Superior of the charity (see note 12). The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are detailed in the Trustees' Report on pages 2-5.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2001, the Companies Act 2006 and UK Generally Accepted Practice.

The charity does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1A.

The particular accounting policies adopted by the trustees are described below. These policies have been consistently applied to all years presented unless otherwise stated.

Accounting convention

The financial statements are prepared under the historical cost convention as modified by the revaluation of investments to market value.

Fund accounting

The charity maintains two types of funds as follows:

- **Restricted funds**
Restricted funds represent donations and legacies received which are allocated by the donor for specific purposes.
- **Unrestricted funds**
Unrestricted funds represent income which is expendable at the discretion of the trustees in the furtherance of the objects of the charity. Such funds may be held in order to finance both working capital and capital investment. Within unrestricted funds the Trustees may designate funds for future development projects.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received from bequests and donations and is included in full in the Statement of Financial Activities when receivable.
- Investment income comprises dividends which are included when they are declared and bank and building society interest which is included on a receivable basis. Investment income is credited to the specific funds accordingly.
- Incoming resources from charitable activities are accounted for when earned.

NOTES TO THE ACCOUNTS

For the year ended 31 December 2020

1. ACCOUNTING POLICIES (continued)

Resources expended

All expenditure, other than that which has been capitalised, is included in the Statement of Financial Activities.

Expenditure is included on an accruals basis whereby the value of purchase invoices received before the year end but not paid until after the year end have been included. The value of purchase invoices received after the year end in respect of expenditure incurred before the year end where insignificant have not been included in the Statement of Financial Activities. Resources expended includes attributable VAT which cannot be recovered.

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the accountancy fees and costs linked to the strategic management of the charity.

Investments

Stocks and shares quoted on the recognised Stock Exchanges are included in the Balance Sheet at their fair value at the year end. Realised gains/losses are calculated as the difference between fair value at the date of disposal and the fair value at the previous balance sheet date (or date of acquisition if later). Unrealised gains/losses are calculated as the difference between the fair value at the balance sheet date and the fair value at the previous balance sheet date (or acquisition if later). All changes are recognised in the SOFA if the shares are publically traded or their fair value can otherwise be measured reliably.

Fixed assets

All assets are stated at cost less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

The premises occupied by St Joseph's Convent are provided by the Archdiocese of Westminster on a rent free basis. St Boniface Convent now occupies a residential premise on which rent is payable. No depreciation is provided on land.

Other fixed assets are capitalised at cost or if donated, at the estimated value at date of receipt and depreciated over the following periods:

Improvements to buildings	- 2% straight line
Furniture and equipment	- 10% reducing balance per annum
Motor vehicles	- 25% reducing balance per annum
Computer equipment	- 25% reducing balance per annum

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Taxation

The company is a registered charity and as such benefits from various exemptions from taxation afforded by the tax legislation, and is therefore not liable to tax on income or gains falling within those exemptions to the extent that the income or gains are applied to the primary charitable purposes of the company.

Trustees' remuneration and expenses

The trustees do not receive remuneration or expenses for their services (note 9).

NOTES TO THE ACCOUNTS
For the year ended 31 December 2020

2. NET INCOMING RESOURCES FOR THE YEAR

Net incoming resources for the year are stated after charging/(crediting):

	2020	2019
	£	£
Accountancy and Independent Examiner fees	5,400	5,400
Underprovision accountancy fees 2018	-	1,500
Profit on disposal fixed assets	(524)	-
Realised (gains) on disposal of investments	(9,238)	(60,260)
Depreciation of tangible fixed assets	9,237	11,099
Donations:		
Re: Motherhouse contribution mission funds	46,903	47,120
Re: Kenya Housing Project	16,732	-
Re: Salvation Army Homeless Project	1,500	-
Re: CAFOD and Catholic Church	1,000	768
Re: Kinson & Wset Howe Bournemouth Foodbank	1,000	-
Re: The Passage Charity	2,000	1,000
Re: The Medialle Trust	2,000	2,000
Re: various local area donations	1,151	550
Re: Barnsley Churches Drop-In Project	-	2,000
Re: Safeguard Project	-	270
	=====	=====

NOTES TO THE ACCOUNTS
For the year ended 31 December 2020

3. Fixed assets

	Improvements To buildings £	Furniture Fittings & equipment £	Motor vehicles £	Computer equipment £	Total £
Cost					
1 January 2020	99,965	61,378	38,675	11,072	211,090
Additions	-	2,559	29,656	260	32,475
Disposals	-	-	(25,180)	-	(25,180)
31 December 2020	<u>99,965</u>	<u>63,937</u>	<u>43,151</u>	<u>11,332</u>	<u>218,385</u>
Depreciation					
1 January 2020	11,947	45,552	19,423	8,985	85,907
Charge for the year	2,000	1,838	4,813	586	9,237
On disposals	-	-	(11,204)	-	(11,204)
31 December 2020	<u>13,947</u>	<u>47,390</u>	<u>13,032</u>	<u>9,571</u>	<u>83,940</u>
Net book value					
31 December 2020	<u>86,018</u>	<u>16,547</u>	<u>30,119</u>	<u>1,761</u>	<u>134,445</u>
Net book value					
31 December 2019	<u>88,018</u>	<u>15,826</u>	<u>19,252</u>	<u>2,087</u>	<u>125,183</u>

The net book value at 31 December 2020 and 31 December 2019 represents fixed assets, which are all used for direct charitable purposes.

The gross value of building improvements on which depreciation is charged amounts to £86,018 (31 December 2019: £88,018).

In the Trustees' opinion the aggregate open market value of the improvements to buildings would be similar to its book value. No professional valuation has been completed and the trustees believe it is not practicable to quantify any potential difference.

NOTES TO THE ACCOUNTS
For the year ended 31 December 2020

4. Current Asset Investments

Total current asset investments comprise:

	2020	2019
	£	£
Managed Investments listed on a recognised stock exchange	3,151,735	3,318,572
Other investments – cash deposits	694,897	460,961
	<u>3,846,632</u>	<u>3,779,533</u>

Listed investments and other investments:

Market value 1 January 2020	3,779,533	3,628,446
Additions in year and management costs	781,421	813,123
Disposals	(808,094)	(902,319)
Profit on disposal	9,238	60,260
Surplus on revaluation at 31 December	84,534	180,023
	<u>3,846,632</u>	<u>3,779,533</u>

Analysis of listed investments and other investments

	Value at 31.12.2020	Value at 31.12.2019
	£	£
Cash	694,897	460,961
Managed investments – cash and short term maturity bonds	777,987	1,261,053
Managed investments – Other equities, other bonds and alternative assets	1,437,301	1,151,121
Managed investments - Developed market equities	936,447	906,398
	<u>3,846,632</u>	<u>3,779,533</u>

All current asset investments are stated at fair value as determined by Barclays Wealth based on open market values determined by the quoted price for identical assets in an active market at the balance sheet date.

5. DEBTORS

	2020	2019
	£	£
Prepayments and accrued income	<u>5,612</u>	<u>7,805</u>

NOTES TO THE ACCOUNTS
For the year ended 31 December 2020

6. CREDITORS : amounts falling due within one year

	2020	2019
	£	£
Accruals and deferred income	11,047	12,640

7. MOVEMENTS IN RESTRICTED FUNDS

	2020	2019
	£	£
Balance brought forward 1 January 2020	16,393	16,344
Income in year – interest	33	49
Balance carried forward 31 December 2020	16,426	16,393

Restricted funds comprise unexpended donations and grants given for a specific purposes or transfer of amounts from unrestricted funds to a specific charitable project. The balance reflects interest earned on such amount.

	Fixed assets	Net current assets	Restricted fund balance
	£	£	£
Allocation of charity's net assets to restricted funds	-	16,426	16,426

8. UNRESTRICTED FUNDS

	Undesignated Funds	Designated Funds	2020	2019
	£	£	£	£
Balance brought forward 1 January 2020	4,340,256	122,045	4,462,301	4,340,334
Surplus/(Deficit) for the year	(9,337)	212	(9,125)	121,697
Balance carried forward 31 December 2020	4,330,919	122,257	4,453,176	4,462,301

Within unrestricted funds the Trustees may designate funds for future development projects.

	Fixed assets	Net current assets	Unrestricted fund balance
	£	£	£
Allocation of charity's net assets to unrestricted funds – 31 December 2020	134,445	4,318,731	4,453,176

9. TRANSACTIONS WITH RELATED PARTIES

All trustees of the Congregation of Poor Handmaids of Jesus Christ, English Region are related parties. There have been no transactions between the parties other than those already identified within the usual course of the charities activities i.e. the provision of accommodation and welfare for the trustees as all their personal income comprising of salaries and pensions forms an incoming resource to the Charity.

The Motherhouse in Germany is a controlling party by virtue of the Superior General, who has the power to appoint and remove the charity's trustees, with the consent of the General Council. Contributions to the Motherhouse during the year amounted to £46,903 (2019 - £47,120 for donations in support of missions).

NOTES TO THE ACCOUNTS
For the year ended 31 December 2020

10. CAPITAL COMMITMENTS

The company had made no capital commitments at 31 December 2020 (31 December 2019 – £nil).

11. CONTINGENT LIABILITIES

There were no contingent liabilities at 31 December 2020 or 31 December 2019.

12. LIABILITY OF MEMBERS

The charity is a company limited by guarantee. The member of the company is the Superior. In the event of the charity being dissolved while she remains the Superior or within twelve months afterwards she will contribute up to £1 towards the costs of dissolution and the liabilities incurred by the Charity while she was the Superior.