

## Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	1	April	2023		31	March	2024

### Section A Reference and administration details

**Charity name** NGMV – Medical Volunteers & Life Academy

**Other names charity is known by**

**Registered charity number (if any)** 1137730

**Charity's principal address**

30 Penners Gardens

Surbiton

Surrey

**Postcode** KT6 6JW

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Deiary Kader	Chairman		
2	Paula Hetherington	Treasurer & Coordinator		
3	Gill Rhind	Trustee		
4	Paul Banaszkiewicz	Trustee		
5	Keith Johnston	Trustee		
6	Mohammed Bakhtiar	Trustee		
7				

#### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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### Section B Structure, governance and management

## Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Association consisting of approximately 10 active members
Trustee selection methods (eg. appointed by, elected by)	Trustees reviewed annually

## Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Trustees are all health care professionals or local government officers who can demonstrate CRB clearance via their current employer.

NGMV works closely with the Community, Charitable and Health Care Organisations in Great Britain and Iraqi Kurdistan.

NGMV depend heavily on support and donations from the public and the health care community in England and in Kurdistan.

All Trustees give their time voluntarily and receive no remuneration or other benefits.

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

The Charity's object is to relieve sickness and promote the preservation of health by the provision of free orthopaedic service to local people in the Kurdistan region of Iraq by making numerous visits throughout the year in order to provide timely assessment, surgical treatment and follow up care. The Charity also prioritises the delivery of clinical educational events and Life Academy sessions to inspire, empower and educate communities. All of this is provided by small teams of volunteers.

### Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning the activities for the year NGMV keep in mind the Charity Commission's guidance on public benefit.

The focus of the work carried out by NGMV remains the delivery of Orthopaedic services and health care to the local people of Iraqi Kurdistan without discrimination and regardless of belief or ethnicity.

This is achieved by our Chairman and small teams of volunteer health care professionals making numerous trips per year to the Kurdistan region of Iraq to deliver timely assessment, treatment and review of patients.

The secondary focus of NGMV is to host Life Academy sessions and clinical educational events to inspire, empower, educate and upskill local and medical communities both in the UK and internationally.

## Additional details of objectives and activities (Optional information)

You **may choose** to include

We are very grateful for the ongoing support and dedication shown by our

further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

volunteers at home, preparing for our trips, developing teaching material and helping with fundraising. We are also grateful for the time that our travelling members dedicate to support our educational events and our trips to Iraqi Kurdistan to help fulfil our objectives. We recognise that their contribution is essential for us to function as a charity and we are especially grateful to our Chairman who continues to make regular visits throughout the year to deliver and enhance Orthopaedic care in the region. Likewise, we acknowledge the support of our charitable and health care contacts in Erbil and Sulaymaniyah who support our trips and assist us with patient selection.

NGMV remain dedicated to the delivery of free medical care in Iraqi Kurdistan. Over the past 14 years we have transitioned from taking large groups of charity members to facilitate this to now taking only 2-3 clinical staff to work alongside our Chairman and other highly trained local healthcare professionals.

In addition to medical care, NGMV have successfully introduced a further faction to the Charity focusing on teaching a variety of life skills to young people at home and in Iraqi Kurdistan. The Life Academy aims to empower people to tackle challenging life topics that are rarely taught in traditional educational establishments. The sessions help to promote a cohesive society by increasing awareness of various aspects of life through innovative experience-based learning by providing a forum for knowledge exchange and self-development leading to self-actualisation.

NGMV also prioritises clinical education in the UK and Internationally. The charity has organised and hosted numerous events and forums that have attracted hundreds of participants. Many of these events are delivered using a hybrid model to provide virtual access for underprivileged individuals at no cost.

Through our efforts, NGMV has made a significant impact in providing free Orthopaedic care, delivering advanced education and hosting Life Academy sessions to upskill, inspire and empower communities alongside promoting the health of local residents.

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

#### Activity

Our Chairman and a few of our charity members made numerous trips to Iraqi Kurdistan throughout the year where they performed a multitude of many orthopaedic surgical procedures. Our Chairman also worked alongside Swisscross and local health care teams to deliver a range of orthopaedic and musculo-skeletal services to the local population. He also organised, hosted and participated a number of international courses, seminars, webinars, research courses both in the UK and internationally over the year. There were also a number of Life Academy Forums held in London and in Iraqi Kurdistan.

#### Fund Raising

All funds raised this year have been from individual donations, loans and revenue generated from educational course fees.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

At the end of the financial year 2023-24 the balance of the account was £8,385.72. It is noted that NGMV still has outstanding loan repayments to our chairman.

**Details of any funds materially in deficit****Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds this year has been via donations and loans.

The majority of income is used to fund the trips to Iraq, buy essential equipment and fund educational events.

All travelling volunteers give their time freely.

**Section F****Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Paula Hetherington	
Position (eg Secretary, Chair, etc)	Treasurer and Coordinator	
Date	11/01/2025	

## NGMV Accounts 2023-34

Transaction Date	Transaction Type	Purpose	Description	Debit Amount	Credit Amount	Balance
<b>Brought forward</b>						<b>£ 8,127.89</b>
11/04/2023	Counter Credit	Fund raising	Donation Kingston Upon Thames		70.00	8197.89
14/04/2023	Debit Card	Equipment	Computer DFK	1165.18		7032.71
14/04/2022	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		7019.72
21/04/2023	Counter Credit	Fund raising	Deposit - S Burningham for DFK		1500.00	8519.72
24/04/2023	Counter Credit	Fund raising	Amazon Europe Core		5.00	8524.72
02/05/2023	Counter Credit	Fund raising	Research Course Payment		100.00	8624.72
02/05/2023	Bill Payment	Equipment	Purchase reimbursement Dean Kader	6000.00		2624.72
11/05/2023	Counter Credit	Fund raising	Research Course Payment		100.00	2724.72
15/05/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		2711.73
15/05/2023	Counter Credit	Fund raising	Research Course Payment		100.00	2811.73
19/05/2023	Counter Credit	Fund raising	Amazon Europe Core		13.41	2825.14
19/05/2023	Bill Payment	Charity Expenses	Research Course Payment	500.00		2325.14
25/05/2023	Counter Credit	Fund raising	Research Course Payment		100.00	2425.14
26/05/2023	Counter Credit	Fund raising	Research Course Payment		100.00	2525.14
31/05/2023	Counter Credit	Fund raising	Research Course Payment		100.00	2625.14
01/06/2023	Counter Credit	Fund raising	Amazon.co.uk.Ltd		4.22	2629.36
05/06/2023	Debit Card	Charity Expenses	Accommodation	254.07		2375.29
09/06/2023	Counter Credit	Fund raising	Deposit Kubba + Ahmad		1500.00	3875.29
12/06/2023	Counter Credit	Fund raising	Research Course Payment		50.00	3925.29
14/06/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		3912.30
20/06/2023	Counter Credit	Fund raising	Deposit Blue Rewards		403.00	4315.30
21/06/2023	Counter Credit	KCG a/c	RBKC General		15286.00	19601.30
21/06/2023	Debit Card	Charity Expenses	Accommodation	115.58		19485.72
26/06/2023	Bill Payment	KCG a/c	Concert Payment Sabah Rasoul	2000.00		17485.72
03/07/2023	Counter Credit	Fund raising	Amazon.co.uk.Ltd		2.29	17488.01
03/07/2023	Debit Card	Charity Expenses	Accommodation	347.40		17140.61
03/07/2023	Debit Card	Equipment	Williams Medical	242.88		16897.73
03/07/2023	Bill Payment	Charity Expenses	Shapost International	4800.00		12097.73

## NGMV Accounts 2023-34

03/07/2023	Bill Payment	KCG a/c	Concert Payment Opera Holland Park	916.80		11180.93
05/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11195.93
05/07/2023	Counter Credit	Fund raising	Research Course Payment		100.00	11295.93
05/07/2023	Counter Credit	Fund raising	Research Course Payment		100.00	11395.93
14/08/2023	Counter Credit	Fund raising	Research Course Payment		100.00	11495.93
14/08/2023	Counter Credit	Fund raising	Research Course Payment		100.00	11595.93
06/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11610.93
06/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11625.93
06/07/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	64.00		11561.93
07/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11576.93
07/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11591.93
07/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11606.93
10/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11621.93
10/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11636.93
10/07/2023	Bill Payment	Charity Expenses	Restaurant for Research Course	1039.66		10597.27
10/07/2023	Bill Payment	Charity Expenses	Restaurant for Research Course	315.40		10281.87
10/07/2023	Counter Credit	Fund raising	PayPal Credit		282.82	10564.69
14/07/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		10551.70
18/07/2023	Bill Payment	Charity Expenses	Irrum Research Course Payment	406.77		10144.93
02/08/2023	Counter Credit	Fund raising	Amazon.co.uk.Ltd		2.29	10147.22
14/08/2023	Bill Payment	Travel Costs	Train Nick Clement	142.29		10004.93
14/08/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		9991.94
17/08/2023	Bill Payment	Travel Costs	Accommodation Nick Clement	287.00		9704.94
17/08/2023	Counter Credit	Fund raising	Deposit Ipswich A Ltd		11929.00	21633.94
18/08/2023	Counter Credit	Fund raising	Deposit Amin Barzi		3071.00	24704.94
23/08/2023	Bill Payment	Equipment	Purchase reimbursement Dean Kader	5500.00		19204.94
23/08/2023	Bill Payment	Equipment	Purchase reimbursement DFK	12250.00		6954.94
23/08/2023	Bill Payment	Charity Expenses	Admin costs J McStea	500.00		6454.94
29/08/2023	Counter Credit	Fund raising	Donation Hoger Shores		300.00	6754.94
31/08/2023	Counter Credit	Fund raising	Amazon.co.uk.Ltd		2.14	6757.08
06/09/2023	Debit Card	Charity Expenses	Office equipment Costco	119.98		6637.10

## NGMV Accounts 2023-34

14/09/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		6624.11
21/09/2023	Counter Credit	Fund raising	Donation		1000.00	7624.11
25/09/2023	Debit Card	Travel Costs	Turkish Airlines Gill Rhind	758.06		6866.05
28/09/2023	Bill Payment	Charity Expenses	Anaesthetic fee Arif Moghal	100.00		6766.05
03/10/2023	Counter Credit	Fund raising	Amazon.co.uk.Ltd		2.14	6768.19
05/10/2023	Counter Credit	HMRC	VAT reclaim		266.33	7034.52
16/10/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		7021.53
14/11/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		7008.54
27/11/2023	Counter Credit	Fund raising	Deposit Conyng Road		7000.00	14008.54
27/11/2023	Bill Payment	Equipment	Gen Med Ltd	5095.52		8913.02
27/11/2023	Bill Payment	Equipment	Purchase reimbursement Dean Kader	2256.10		6656.92
01/12/2023	Counter Credit	Fund raising	Amazon.co.uk.Ltd		4.28	6661.20
04/12/2023	Counter Credit	Fund raising	Deposit Conyng Road		3000.00	9661.20
05/12/2023	Bill Payment	Equipment	PayPal Debit	1951.84		7709.36
14/12/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		7696.37
18/12/2023	Debit Card	Equipment	Williams Medical	242.88		7453.49
29/12/2023	Counter Credit	Fund raising	Amazon.co.uk.Ltd		1.15	7454.64
15/01/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		7441.65
30/01/2024	Counter Credit	HMRC	VAT reclaim		849.45	8291.10
30/01/2024	Bill Payment	Charity Expenses	Go Daddy Europe	143.86		8147.24
14/02/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		8134.25
12/03/2024	Counter Credit	HMRC	VAT reclaim		64.46	8198.71
14/03/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		8185.72
22/03/2024	Counter Credit	Fund raising	Donation Post Grad Ortho		200.00	8385.72

OUT	IN	Balance
£ 47,671.15	£ 47,928.98	<b>£ 8,385.72</b>



# CHARITY COMMISSION FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

Section A

### Independent Examiner's Report

Report to the trustees/  
members of

Charity Name

NGMV – Medical Volunteers & Life Academy

On accounts for the year  
ended

31 March 2024

Charity no  
(if any)

1137730

Set out on pages

1 and 2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Date:

09:01:2025

Name:

Elaine Scott

Relevant professional  
qualification(s) or body  
(if any):

None

Address:

36 Gardner Park

North Shields

NE29 0EA