

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	1	April	2021		31	March

Section A Reference and administration details

Charity name	Newcastle Gateshead Medical Volunteers
Other names charity is known by	
Registered charity number (if any)	1137730
Charity's principal address	30 Penners Gardens
	Surbiton
	Surrey
Postcode	KT6 6JW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Deiary Kader	Chairman		
2	Paula Hetherington	Treasurer & Coordinator		
3	Gill Rhind	Trustee		
4	Paul Banaszkiewicz	Trustee		
5	Keith Johnston	Trustee		
6				
7				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution to be updated in 2022 to reflect the addition of Life Academy to the remit of the NGMV
How the charity is constituted (eg. trust, association, company)	Association consisting of approximately 15 active members
Trustee selection methods (eg. appointed by, elected by)	Trustees reviewed annually

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Trustees are all health professionals who can demonstrate CRB clearance via their current employer.

NGMV works closely with the Community, Charitable and Health Care Organisations in Great Britain and Iraqi Kurdistan.

NGMV depend heavily on support and donations from the public and the health care community in England and in Kurdistan.

All Trustees give their time voluntarily and receive no remuneration or other benefits.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The Charity's object is to relieve sickness and promote the preservation of health by the provision of free orthopaedic service to local people in the Kurdistan region of Iraq by making regular visits throughout the year in order to make available the timely assessment, surgical treatment and follow up which will be provided by a team of volunteers.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning the activities for the year NGMV kept in mind the Charity Commission's guidance on public benefit.

The focus of the work carried out by NGMV remains the delivery of Orthopaedic services and health care to the local people of Kurdistan without discrimination and regardless of belief or ethnicity.

This is achieved by a team of volunteer health care professionals making 2 trips per year to the Kurdistan region of Iraq to deliver timely assessment, treatment and review of patients. However, trips with multiple volunteers have been suspended during the pandemic and the Chairman has made lone trips to work with local teams during periods when travel restrictions were lifted.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We are very grateful for the ongoing support and dedication shown by our volunteers at home, preparing for our trips, developing teaching material and helping with fundraising. We are also grateful for the time that our travelling members dedicate to support our trips to the Iraqi Kurdistan to help fulfil our objectives and hope to resume these trips later this year. We recognise that their contribution is essential for us to function as a charity and we are especially grateful to our Chairman who has continued to make trips during the pandemic when travel restrictions have allowed. Likewise, we acknowledge the support of our charitable and health care contacts in Erbil and Sulaymaniyah who facilitate our trips, help us with patient selection and support and take care of us in Iraq.

The focus of NGMV's medical volunteers will continue to be the delivery of hands-on health care via our professional volunteers. We will also continue to organise seminars and educational events to teach our fellow health care professionals at home and in Iraq.

Plans are well underway for the introduction of a further faction to the Charity focusing on teaching a variety of life skills to young people at home and in Iraqi Kurdistan. The Life Academy will aim to empower people to tackle challenging life topics that are rarely taught in traditional educational establishments. It will promote a cohesive society by increasing awareness of various aspects of life through innovative experience-based learning by providing a forum for knowledge exchange and self-development leading to self-actualisation. These changes will be registered with the Charity Commission.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Activity

Sadly, our regular bi-annual trips to Iraqi Kurdistan could not go ahead due to the pandemic travel restrictions. It is hoped that they can resume in late 2022. However, our Chairman did visit on more than one occasion and was able to work with Swisscross and local health care teams to deliver a range of orthopaedic and musculo-skeletal services to the local population. He also organised, hosted and participated a number of international courses, seminars, webinars and virtual research courses over the year.

10 Year Anniversary

Our Chairman hosted a very well 'attended' Internal webinar in January 2022 to mark the 10 year anniversary of NGMV and to promote positive engagement in charitable causes. The webinar also served as a vehicle to introduce the concept of a Life Academy that will promote social coherence and the individual development of a variety of positive life skills leading to self-actualisation for young people at home and in Iraqi Kurdistan.

Life Academy

The concept of Life Academy was formalised and a committee appointed to take forward the implementation and management of the charity's new faction. The Charity Commission was informed and a change of name request was made to reflect this addition to NGMV's purpose.

Fund Raising

All funds raised this year have been from individual donations

Section E Financial review

Brief statement of the charity's policy on reserves

At the end of the financial year 2012-22 the balance of the account was £4,586.57. It is noted that NGMV still has outstanding loan repayments to our chairman.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds this year has been via donations and loans.

The majority of income is used to fund the trips to Iraq, buy essential equipment and fund educational events.

All travelling volunteers give their time freely.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date

Paula Hetherington		
Treasurer and Coordinator		
16/05/2022		

NGMV - Medical Volunteers Life Academy Financial Report - 1 April 2021 to 31 March 2022

Transaction Date	Transaction Type	Purpose	Description	Debit Amount	Credit Amount	Balance
Brought forward						£ 3,180.40
07/04/2021	Debit Card	Charity Expenses	Amazon	79.00		3101.40
14/04/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		3089.41
27/04/2021	Counter Credit	Refund	GoDaddy - website upgrade		96.00	3185.41
27/04/2021	Debit Card	Charity Expenses	Donation - Bring Hope	520.07		2665.34
14/05/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		2653.35
24/05/2021	Counter Credit	Donation	Smile Amazon		5.00	2658.35
09/06/2021	Counter Credit	Donation	DFK patient		300.00	2958.35
14/06/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		2946.36
25/06/2021	Counter Credit	Donation	DFK patient		300.00	3246.36
28/06/2021	Debit Card	Equipment	Williams Medical	195.00		3051.36
14/07/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		3039.37
28/07/2021	Counter Credit	VAT refund	HMRC VAT repay Ref: 227916195		1496.00	4535.37
02/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	4585.37
04/08/2021	Counter Credit	Donation	DFK patient		950.00	5535.37
09/08/2021	Counter Credit	Donation	DFK patient		500.00	6035.37
10/08/2021	Counter Credit	Donation	DFK patient		300.00	6335.37
16/08/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		6323.38
16/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	6373.38
17/08/2021	Counter Credit	Donation	DFK patient		480.00	6853.38
17/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	6903.38
20/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	6953.38
23/08/2021	Bill Payment	Equipment	Gen Med	2676.00		4277.38
25/08/2021	Counter Credit	Donation	DFK patient		480.00	4757.38
26/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	4807.38
26/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	4857.38
31/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	4907.38
31/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	4957.38
01/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5007.38
01/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5057.38
01/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5107.38
02/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5157.38
03/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5207.38
03/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5257.38
03/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5307.38
06/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5357.38
06/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5407.38
06/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5457.38

NGMV - Medical Volunteers Life Academy Financial Report - 1 April 2021 to 31 March 2022

07/09/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	17.84		5439.54
07/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5489.54
08/09/2021	Counter Credit	Fund raising	Research Course Payment		50.06	5539.60
09/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5589.60
10/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5639.60
10/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5689.60
10/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5739.60
10/09/2021	Counter Credit	Fund raising	Research Course Payment		25.00	5764.60
13/09/2021	Debit Card	Charity Expenses	Donation - FBMaggies Centre	20.00		5744.60
13/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5794.60
14/09/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	90.99		5703.61
14/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5753.61
04/10/2021	Counter Credit	VAT refund	HMRC VAT repay Ref: 227916195		478.50	6232.11
05/10/2021	Bill Payment	Equipment	Gen Med	4241.30		1990.81
05/10/2021	Counter Credit	Donation	Funds transfer - Equipment		10000.00	11990.81
11/10/2021	Counter Credit	Donation	Funds transfer - Equipment		2000.00	13990.81
11/10/2021	Counter Credit	Donation	Funds transfer - Equipment		2000.00	15990.81
11/10/2021	Counter Credit	Donation	Funds transfer - Equipment		1000.00	16990.81
13/11/2021	Bill Payment	Equipment	Gen Med	15425.30		1565.51
14/10/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	90.99		1474.52
29/10/2021	Bill Payment	Equipment	Gen Med	594.20		880.32
15/11/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		868.33
14/12/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		856.34
23/12/2021	Counter Credit	Donation	Funds transfer - monitors		5000.00	5856.34
30/12/2021	Counter Credit	Donation	DFK donation		1500.00	7356.34
04/01/2022	Counter Credit	Donation	DFK patient		300.00	7656.34
05/01/2022	Bill Payment	Equipment	Taurus Medical	6880.80		775.54
05/01/2022	Counter Credit	Donation	DFK patient		300.00	1075.54
14/01/2022	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		1063.55
18/01/2022	Counter Credit	VAT refund	HMRC VAT repay Ref: 227916195		3576.79	4640.34
19/01/2022	Counter Credit	Donation	DFK patient		300.00	4940.34
31/01/2022	Bill Payment	Charity Expenses	GoDaddy - website upgrade	100.66		4839.68
14/02/2022	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		4827.69
21/02/2022	Debit Card	Equipment	Williams Medical	234.68		4593.01
23/02/2022	Counter Credit	Donation	Smile Amazon		5.55	4598.56
15/03/2022	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		4586.57

OUT	IN	Balance
£ 31,286.73	£ 32,692.90	£ 4,586.57



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

NGMV – Medical Volunteers & Life Academy

On accounts for the year
ended

31 March 2022

Charity no
(if any)

1137730

Set out on pages

1 and 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report.

Signed:

Date:

22-08-2022

Name:

Kate Allen

Relevant professional
qualification(s) or body
(if any):

None

Address:

37 Gardner Park

North Shields

NE29 0EA

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of
any items that the
examiner wishes to
disclose.

Nothing to disclose