

NGMV - Medical Volunteers & Life Academy

England & Wales · Charity number 1137730

Details

Other names	NEWCASTLE/GATESHEAD MEDICAL VOLUNTEERS, Newcastle Gateshead Medical Volunteers and Life Academy, NGMV - Medical Volunteers & Life Academy
Status	Registered
Legal form	Other
Registered	2010-09-02
Register	View on the Charity Commission register

Contact

Address	30 Penners Gardens Surbiton KT6 6JW
Phone	07590088888
Email	info@ngmvcharity.co.uk
Website	www.ngmvcharity.co.uk

Activities

Objects: THE CHARITY'S OBJECT IS TO RELIEVE SICKNESS AND PROMOTE THE PRESERVATION OF HEALTH BY THE PROVISION OF FREE ORTHOPAEDIC SERVICE TO LOCAL PEOPLE IN THE KURDISTAN REGION OF IRAQ BY MAKING REGULAR VISITS THROUGHOUT THE YEAR IN ORDER TO MAKE AVAILABLE THE TIMELY ASSESSMENT, SURGICAL TREATMENT AND FOLLOW UP WHICH WILL B E PROVIDED BY A TEAM OF VOLUNTEERS.

Activities: NGMV works closely with Iraqi charities to provide much needed orthopaedic assessment and surgical services to the local people of Kurdistan. Our teams of medical volunteers make regular trips to Erbil and Sulaymaniyah throughout the year in order to ensure the provision of a continuous and timely service.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** KURDISTAN REGION OF IRAQ
- Gateshead
- Newcastle Upon Tyne City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£42,272	£38,863	-	-
2024-03-31	£47,929	£47,671	-	-
2023-03-31	£15,813	£12,271	-	-
2022-03-31	£32,693	£31,287	-	-
2021-03-31	£8,516	£11,423	-	-

Trustees

Name	Role	Appointed
Professor DEIARY KADER Surgeon	Chair	
Cllr. Mohammed Bakhtiar		2022-02-15
Dr KEITH JOHNSTON		2011-10-23
Dr PAUL BANASZKIEWICZ Surgeon		
GILLIAN RHIND		
Paula Hetherington RGN, BSC		2011-10-22

NGMV - Medical Volunteers & Life Academy

England & Wales - Charity number 1137730

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	1	April	2024	To	31	March	2025

Section A Reference and administration details

Charity name

NGMV – Medical Volunteers & Life Academy

Other names charity is known by

Registered charity number (if any)

1137730

Charity's principal address

30 Penners Gardens
 Surbiton
 Surrey
Postcode **KT6 6JW**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Deiary Kader	Chairman		
2	Paula Hetherington	Treasurer & Coordinator		
3	Gill Rhind	Trustee		
4	Paul Banaszekiewicz	Trustee		
5	Keith Johnston	Trustee		
6	Mohammed Bakhtiar	Trustee		
7				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Association consisting of approximately 10 active members
Trustee selection methods (eg. appointed by, elected by)	Trustees reviewed annually

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Trustees are all health care professionals or local government officers who can demonstrate CRB clearance via their current employer.

NGMV works closely with the community, charitable and health care organisations in Great Britain and Iraqi Kurdistan.

NGMV depend heavily on support and donations from the public and the health care community in England and in Kurdistan.

All Trustees give their time voluntarily and receive no remuneration or other benefits.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The Charity's object is to relieve sickness and promote the preservation of health by the provision of free orthopaedic service to local people in the Kurdistan region of Iraq by making numerous visits throughout the year in order to provide timely assessment, surgical treatment and follow up care. The Charity also prioritises the delivery of clinical educational events and Life Academy sessions to inspire, empower and educate communities. All of this is provided by small teams of volunteers.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning the activities for the year NGMV keep in mind the Charity Commission's guidance on public benefit.

The focus of the work carried out by NGMV remains the delivery of Orthopaedic services and health care to the local people of Iraqi Kurdistan without discrimination and regardless of belief or ethnicity.

This is achieved by our Chairman and small teams of volunteer health care professionals making numerous trips per year to the Kurdistan region of Iraq to deliver timely assessment, treatment and review of patients.

The secondary focus of NGMV is to host Life Academy sessions and clinical educational events to inspire, empower, educate and upskill local and medical communities both in the UK and internationally.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We are very grateful for the ongoing support and dedication shown by our volunteers at home, preparing for our trips, developing teaching material and helping with fundraising. We are also grateful for the time that our travelling members dedicate to support our educational events and our trips to Iraqi Kurdistan to help fulfil our objectives. We recognise that their contribution is essential for us to function as a charity and we are especially grateful to our Chairman who continues to make regular visits throughout the year to deliver and enhance Orthopaedic care in the region. Likewise, we acknowledge the support of our charitable and health care contacts in Erbil and Sulaymaniyah who support our trips and assist us with patient selection.

NGMV remain dedicated to the delivery of free medical care in Iraqi Kurdistan. Over the past 15 years we have transitioned from taking large groups of charity members to facilitate this to now taking only 2-3 clinical staff to work alongside our Chairman and other highly trained local healthcare professionals.

In addition to medical care, NGMV have successfully introduced a further faction to the Charity focusing on teaching a variety of life skills to young people at home and in Iraqi Kurdistan. The Life Academy aims to empower people to tackle challenging life topics that are rarely taught in traditional educational establishments. The sessions help to promote a cohesive society by increasing awareness of various aspects of life through innovative experience-based learning by providing a forum for knowledge exchange and self-development leading to self-actualisation.

NGMV also prioritises clinical education in the UK and Internationally. The charity has organised and hosted numerous events and forums that have attracted hundreds of participants. Many of these events are delivered using a hybrid model to provide virtual access for underprivileged individuals at no cost.

Through our efforts, NGMV has made a significant impact in providing free Orthopaedic care, delivering advanced education, organising and coordinating international health care conferences and hosting Life Academy sessions to upskill, inspire and empower communities alongside promoting the health of local residents.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Activity

Our Chairman and a few of our charity members made numerous trips to Iraqi Kurdistan throughout the year where they performed a multitude of many orthopaedic surgical procedures. Our Chairman also worked alongside Swisscross and local health care teams to deliver a range of orthopaedic and musculo-skeletal services to the local population. He also organised, hosted and participated a number of international courses, seminars, webinars, research courses both in the UK and internationally over the year not least organising and coordinating the 1st International Artificial Intelligence Conference in Erbil with esteemed speakers from across the globe. There were also a number of Life Academy Forums held in London and in Iraqi Kurdistan.

Fund Raising

All funds raised this year have been from individual donations and loans.

Section E

Financial review

Brief statement of the charity's policy on reserves

At the end of the financial year 2023-24 the balance of the account was £11,794.99. It is noted that NGMV still has outstanding loan repayments to our chairman.

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds this year has been via donations, loans and VAT reclaim.

The majority of income is used to fund the trips to Iraq, buy essential equipment and funding educational events.

All travelling trustees, volunteers and speakers give their time freely.

Section F

Other optional information

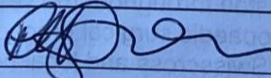
Area for optional information, currently blank.

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Paula Hetherington	
Position (eg Secretary, Chair, etc)	Treasurer and Coordinator	
Date	24/11/2025	

NGMV Accounts 2023-34

Transaction Date	Transaction Type	Purpose	Description	Debit Amount	Credit Amount	Balance
Brought forward						£ 8 385 72
15/04/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12 99		8372 73
25/04/2024	Debit Card	Travel Costs	Austrian Airlines Yi-Zhe Song	1860 09		6512 64
30/04/2024	Debit Card	Travel Costs	Austrian Airlines Kamal Beckhoum	467 39		6045 25
30/04/2024	Debit Card	Travel Costs	Austrian Airlines Al Al-Sherbaz	580 39		5464 86
30/04/2024	Debit Card	Travel Costs	Austrian Airlines Kamal Beckhoum	24 90		5439 96
30/04/2024	Debit Card	Travel Costs	Austrian Airlines Kamal Beckhoum	24 90		5415 06
30/04/2024	Debit Card	Travel Costs	Austrian Airlines Al Al-Sherbaz	24 90		5390 16
30/04/2024	Debit Card	Travel Costs	Austrian Airlines Al Al-Sherbaz	24 90		5365 26
30/04/2024	Debit Card	Travel Costs	Austrian Airlines Kamal Beckhoum	39 50		5325 76
30/04/2024	Debit Card	Travel Costs	Austrian Airlines Kamal Beckhoum	39 50		5286 26
30/04/2024	Debit Card	Travel Costs	Austrian Airlines Al Al-Sherbaz	39 50		5246 76
30/04/2024	Debit Card	Travel Costs	Austrian Airlines Al Al-Sherbaz	39 50		5207 26
30/04/2024	Debit Card	Travel Costs	Austrian Airlines Kamal Beckhoum	59 00		5148 26
30/04/2024	Debit Card	Travel Costs	Austrian Airlines Kamal Beckhoum	59 00		5089 26
30/04/2024	Debit Card	Travel Costs	Austrian Airlines Al Al-Sherbaz	59 00		5030 26
30/04/2024	Debit Card	Travel Costs	Austrian Airlines Al Al-Sherbaz	59 00		4971 26
02/05/2024	Debit Card	Travel Costs	Airport Parking Kamal Bechkoum	60 95		4910 31
02/05/2024	Debit Card	Travel Costs	Turkish Airlines Karwan Sinjari	779 27		4131 04
07/05/2024	Debit Card	Travel Costs	Austrian Airlines Serkawt Khola	605 46		3525 58
07/05/2024	Debit Card	Travel Costs	Austrian Airlines Serkawt Khola	17 60		3507 98
07/05/2024	Debit Card	Travel Costs	Austrian Airlines Serkawt Khola	17 63		3490 35
07/05/2024	Debit Card	Travel Costs	Austrian Airlines Serkawt Khola	20 32		3470 03
07/05/2024	Debit Card	Travel Costs	Austrian Airlines Serkawt Khola	20 32		3449 71
07/05/2024	Debit Card	Travel Costs	Turkish Airlines Mafalda Pacheco	770 70		2679 01
07/05/2024	Counter Credit	Fund raising	Deposit Richmond Property		10000 00	12679 01
13/05/2024	Debit Card	Travel Costs	Turkish Airlines Dhiya Al-Jumeily	2455 22		10223 79
14/05/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12 99		10210 80
15/05/2024	Debit Card	Travel Costs	Turkish Airlines Scott & Coppola	1644 18		8566 62
20/05/2024	Debit Card	Travel Costs	Turkish Airlines - later cancelled Mo Bakhtiar sister	565 79		8000 83
20/05/2024	Debit Card	Travel Costs	Turkish Airlines Mo Bakhtiar	971 89		7028 94
20/05/2024	Debit Card	Travel Costs	FlyDubai Abir Haddad	416 39		6612 55

NGMV Accounts 2023-34

21/05/2024	Counter Credit	Travel Costs	Refund Turkish Airlines Mo Bakhtiar sister		410 09	7022 64
14/06/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12 99		7009 65
24/06/2024	Bill Payment	Travel Costs	Reimbursement for flights Yasser Ibraheem	657 12		6352 53
15/07/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12 99		6339 54
22/07/2024	Bill Payment	Charity Expenses	Go Daddy Europe	115 10		6224 44
31/07/2024	Counter Credit	Fund raising	Amazon.co.uk.Ltd		2 14	6226 58
14/08/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12 99		6213 59
19/08/2024	Counter Credit	Fund raising	Deposit 200077 30666998 ?DFK		10000 00	16213 59
29/08/2024	Counter Credit	Fund raising	Deposit 200077 30666998 ?DFK		10000 00	26213 59
29/08/2024	Bill Payment	Equipment	Smith & Nephew	19199 98		7013 61
29/08/2024	Bill Payment	Loan	PH for Sara Nasser loan	2600 00		4413 61
02/09/2024	Debit Card	Travel Costs	Royal Jordan Airlines Mo Bakhtiar	517 59		3896 02
16/09/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12 99		3883 03
02/10/2024	Counter Credit	Fund raising	Amazon.co.uk.Ltd		2 14	3885 17
09/10/2024	Debit Card	Equipment	Williams Medical	364 33		3520 84
14/10/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12 99		3507 85
17/10/2024	Counter Credit	HMRC	VAT reclaim		3220 95	6728 80
14/11/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12 99		6715 81
16/12/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12 99		6702 82
20/12/2024	Counter Credit	HMRC	VAT reclaim		60 72	6763 54
14/01/2025	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12 99		6750 55
29/01/2025	Bill Payment	Equipment	Tyneside Surgical Services	3318 62		3431 93
30/01/2025	Bill Payment	Charity Expenses	Go Daddy Europe	187 06		3244 87
14/02/2025	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12 99		3231 88
03/03/2025	Counter Credit	Fund raising	Loan DFK		8000 00	11231 88
04/03/2025	Counter Credit	Fund raising	Amazon.co.uk.Ltd		2 14	11234 02
14/03/2025	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12 99		11221 03
27/03/2025	Counter Credit	HMRC	VAT reclaim		573 96	11794 99

OUT	IN	Balance
£38 862 87	£42 272 14	£11 794 99



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees	NGMV – Medical Volunteers & Life Academy		
On accounts for the year ended	2024-25	Charity no (if any)	1137730
	Set out on pages 1 <small>(remember to include the page numbers of additional sheets)</small>		

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 03/ 2025.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

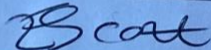
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:  Date: 24/11/2025

Name: Elaine Scott

Relevant professional qualification(s) or body (if any): N/A

Address: 36 Gardner Park, North Shields, NE29 0EA

NGMV - Medical Volunteers & Life Academy

England & Wales - Charity number 1137730

Accounts

Trustees' Annual Report for the period

	Period start date			Period end date			
From	1	April	2023	To	31	March	2024

Section A Reference and administration details

Charity name	NGMV – Medical Volunteers & Life Academy		
Other names charity is known by			
Registered charity number (if any)	1137730		
Charity's principal address	30 Penners Gardens		
	Surbiton		
	Surrey		
	Postcode	KT6 6JW	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Deiary Kader	Chairman		
2	Paula Hetherington	Treasurer & Coordinator		
3	Gill Rhind	Trustee		
4	Paul Banaszekiewicz	Trustee		
5	Keith Johnston	Trustee		
6	Mohammed Bakhtiar	Trustee		
7				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Association consisting of approximately 10 active members
Trustee selection methods (eg. appointed by, elected by)	Trustees reviewed annually

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Trustees are all health care professionals or local government officers who can demonstrate CRB clearance via their current employer.

NGMV works closely with the Community, Charitable and Health Care Organisations in Great Britain and Iraqi Kurdistan.

NGMV depend heavily on support and donations from the public and the health care community in England and in Kurdistan.

All Trustees give their time voluntarily and receive no remuneration or other benefits.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The Charity's object is to relieve sickness and promote the preservation of health by the provision of free orthopaedic service to local people in the Kurdistan region of Iraq by making numerous visits throughout the year in order to provide timely assessment, surgical treatment and follow up care. The Charity also prioritises the delivery of clinical educational events and Life Academy sessions to inspire, empower and educate communities. All of this is provided by small teams of volunteers.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning the activities for the year NGMV keep in mind the Charity Commission's guidance on public benefit.

The focus of the work carried out by NGMV remains the delivery of Orthopaedic services and health care to the local people of Iraqi Kurdistan without discrimination and regardless of belief or ethnicity.

This is achieved by our Chairman and small teams of volunteer health care professionals making numerous trips per year to the Kurdistan region of Iraq to deliver timely assessment, treatment and review of patients.

The secondary focus of NGMV is to host Life Academy sessions and clinical educational events to inspire, empower, educate and upskill local and medical communities both in the UK and internationally.

Additional details of objectives and activities (Optional information)

You **may choose** to include

We are very grateful for the ongoing support and dedication shown by our

further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

volunteers at home, preparing for our trips, developing teaching material and helping with fundraising. We are also grateful for the time that our travelling members dedicate to support our educational events and our trips to Iraqi Kurdistan to help fulfil our objectives. We recognise that their contribution is essential for us to function as a charity and we are especially grateful to our Chairman who continues to make regular visits throughout the year to deliver and enhance Orthopaedic care in the region. Likewise, we acknowledge the support of our charitable and health care contacts in Erbil and Sulaymaniyah who support our trips and assist us with patient selection.

NGMV remain dedicated to the delivery of free medical care in Iraqi Kurdistan. Over the past 14 years we have transitioned from taking large groups of charity members to facilitate this to now taking only 2-3 clinical staff to work alongside our Chairman and other highly trained local healthcare professionals.

In addition to medical care, NGMV have successfully introduced a further faction to the Charity focusing on teaching a variety of life skills to young people at home and in Iraqi Kurdistan. The Life Academy aims to empower people to tackle challenging life topics that are rarely taught in traditional educational establishments. The sessions help to promote a cohesive society by increasing awareness of various aspects of life through innovative experience-based learning by providing a forum for knowledge exchange and self-development leading to self-actualisation.

NGMV also prioritises clinical education in the UK and Internationally. The charity has organised and hosted numerous events and forums that have attracted hundreds of participants. Many of these events are delivered using a hybrid model to provide virtual access for underprivileged individuals at no cost.

Through our efforts, NGMV has made a significant impact in providing free Orthopaedic care, delivering advanced education and hosting Life Academy sessions to upskill, inspire and empower communities alongside promoting the health of local residents.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Activity

Our Chairman and a few of our charity members made numerous trips to Iraqi Kurdistan throughout the year where they performed a multitude of many orthopaedic surgical procedures. Our Chairman also worked alongside Swisscross and local health care teams to deliver a range of orthopaedic and musculo-skeletal services to the local population. He also organised, hosted and participated a number of international courses, seminars, webinars, research courses both in the UK and internationally over the year. There were also a number of Life Academy Forums held in London and in Iraqi Kurdistan.

Fund Raising

All funds raised this year have been from individual donations, loans and revenue generated from educational course fees.

Section E

Financial review

Brief statement of the charity's policy on reserves

At the end of the financial year 2023-24 the balance of the account was £8,385.72. It is noted that NGMV still has outstanding loan repayments to our chairman.

Details of any funds materially in deficit

--

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds this year has been via donations and loans.

The majority of income is used to fund the trips to Iraq, buy essential equipment and fund educational events.

All travelling volunteers give their time freely.

Section F Other optional information

--

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Paula Hetherington	
Position (eg Secretary, Chair, etc)	Treasurer and Coordinator	
Date	11/01/2025	

NGMV Accounts 2023-34

Transaction Date	Transaction Type	Purpose	Description	Debit Amount	Credit Amount	Balance
Brought forward						£ 8,127.89
11/04/2023	Counter Credit	Fund raising	Donation Kingston Upon Thames		70.00	8197.89
14/04/2023	Debit Card	Equipment	Computer DFK	1165.18		7032.71
14/04/2022	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		7019.72
21/04/2023	Counter Credit	Fund raising	Deposit - S Burningham for DFK		1500.00	8519.72
24/04/2023	Counter Credit	Fund raising	Amazon Europe Core		5.00	8524.72
02/05/2023	Counter Credit	Fund raising	Research Course Payment		100.00	8624.72
02/05/2023	Bill Payment	Equipment	Purchase reimbursement Dean Kader	6000.00		2624.72
11/05/2023	Counter Credit	Fund raising	Research Course Payment		100.00	2724.72
15/05/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		2711.73
15/05/2023	Counter Credit	Fund raising	Research Course Payment		100.00	2811.73
19/05/2023	Counter Credit	Fund raising	Amazon Europe Core		13.41	2825.14
19/05/2023	Bill Payment	Charity Expenses	Research Course Payment	500.00		2325.14
25/05/2023	Counter Credit	Fund raising	Research Course Payment		100.00	2425.14
26/05/2023	Counter Credit	Fund raising	Research Course Payment		100.00	2525.14
31/05/2023	Counter Credit	Fund raising	Research Course Payment		100.00	2625.14
01/06/2023	Counter Credit	Fund raising	Amazon.co.uk.Ltd		4.22	2629.36
05/06/2023	Debit Card	Charity Expenses	Accommodation	254.07		2375.29
09/06/2023	Counter Credit	Fund raising	Deposit Kubba + Ahmad		1500.00	3875.29
12/06/2023	Counter Credit	Fund raising	Research Course Payment		50.00	3925.29
14/06/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		3912.30
20/06/2023	Counter Credit	Fund raising	Deposit Blue Rewards		403.00	4315.30
21/06/2023	Counter Credit	KCG a/c	RBKC General		15286.00	19601.30
21/06/2023	Debit Card	Charity Expenses	Accommodation	115.58		19485.72
26/06/2023	Bill Payment	KCG a/c	Concert Payment Sabah Rasoul	2000.00		17485.72
03/07/2023	Counter Credit	Fund raising	Amazon.co.uk.Ltd		2.29	17488.01
03/07/2023	Debit Card	Charity Expenses	Accommodation	347.40		17140.61
03/07/2023	Debit Card	Equipment	Williams Medical	242.88		16897.73
03/07/2023	Bill Payment	Charity Expenses	Shapost International	4800.00		12097.73

NGMV Accounts 2023-34

03/07/2023	Bill Payment	KCG a/c	Concert Payment Opera Holland Park	916.80		11180.93
05/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11195.93
05/07/2023	Counter Credit	Fund raising	Research Course Payment		100.00	11295.93
05/07/2023	Counter Credit	Fund raising	Research Course Payment		100.00	11395.93
14/08/2023	Counter Credit	Fund raising	Research Course Payment		100.00	11495.93
14/08/2023	Counter Credit	Fund raising	Research Course Payment		100.00	11595.93
06/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11610.93
06/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11625.93
06/07/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	64.00		11561.93
07/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11576.93
07/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11591.93
07/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11606.93
10/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11621.93
10/07/2023	Counter Credit	Fund raising	Research Course Payment		15.00	11636.93
10/07/2023	Bill Payment	Charity Expenses	Restaurant for Research Course	1039.66		10597.27
10/07/2023	Bill Payment	Charity Expenses	Restaurant for Research Course	315.40		10281.87
10/07/2023	Counter Credit	Fund raising	PayPal Credit		282.82	10564.69
14/07/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		10551.70
18/07/2023	Bill Payment	Charity Expenses	Irrum Research Course Payment	406.77		10144.93
02/08/2023	Counter Credit	Fund raising	Amazon.co.uk.Ltd		2.29	10147.22
14/08/2023	Bill Payment	Travel Costs	Train Nick Clement	142.29		10004.93
14/08/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		9991.94
17/08/2023	Bill Payment	Travel Costs	Accommodation Nick Clement	287.00		9704.94
17/08/2023	Counter Credit	Fund raising	Deposit Ipswich A Ltd		11929.00	21633.94
18/08/2023	Counter Credit	Fund raising	Deposit Amin Barzi		3071.00	24704.94
23/08/2023	Bill Payment	Equipment	Purchase reimbursement Dean Kader	5500.00		19204.94
23/08/2023	Bill Payment	Equipment	Purchase reimbursement DFK	12250.00		6954.94
23/08/2023	Bill Payment	Charity Expenses	Admin costs J McStea	500.00		6454.94
29/08/2023	Counter Credit	Fund raising	Donation Hoger Shoresh		300.00	6754.94
31/08/2023	Counter Credit	Fund raising	Amazon.co.uk.Ltd		2.14	6757.08
06/09/2023	Debit Card	Charity Expenses	Office equipment Costco	119.98		6637.10

NGMV Accounts 2023-34

14/09/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		6624.11
21/09/2023	Counter Credit	Fund raising	Donation		1000.00	7624.11
25/09/2023	Debit Card	Travel Costs	Turkish Airlines Gill Rhind	758.06		6866.05
28/09/2023	Bill Payment	Charity Expenses	Anaesthetic fee Arif Moghal	100.00		6766.05
03/10/2023	Counter Credit	Fund raising	Amazon.co.uk.Ltd		2.14	6768.19
05/10/2023	Counter Credit	HMRC	VAT reclaim		266.33	7034.52
16/10/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		7021.53
14/11/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		7008.54
27/11/2023	Counter Credit	Fund raising	Deposit Conyng Road		7000.00	14008.54
27/11/2023	Bill Payment	Equipment	Gen Med Ltd	5095.52		8913.02
27/11/2023	Bill Payment	Equipment	Purchase reimbursement Dean Kader	2256.10		6656.92
01/12/2023	Counter Credit	Fund raising	Amazon.co.uk.Ltd		4.28	6661.20
04/12/2023	Counter Credit	Fund raising	Deposit Conyng Road		3000.00	9661.20
05/12/2023	Bill Payment	Equipment	PayPal Debit	1951.84		7709.36
14/12/2023	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		7696.37
18/12/2023	Debit Card	Equipment	Williams Medical	242.88		7453.49
29/12/2023	Counter Credit	Fund raising	Amazon.co.uk.Ltd		1.15	7454.64
15/01/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		7441.65
30/01/2024	Counter Credit	HMRC	VAT reclaim		849.45	8291.10
30/01/2024	Bill Payment	Charity Expenses	Go Daddy Europe	143.86		8147.24
14/02/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		8134.25
12/03/2024	Counter Credit	HMRC	VAT reclaim		64.46	8198.71
14/03/2024	Bill Payment	Charity Expenses	Zoom.US 888-799-96	12.99		8185.72
22/03/2024	Counter Credit	Fund raising	Donation Post Grad Ortho		200.00	8385.72

OUT	IN	Balance
£ 47,671.15	£ 47,928.98	£ 8,385.72



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
NGMV – Medical Volunteers & Life Academy

**On accounts for the year
ended**

31 March 2024

**Charity no
(if any)**

1137730

Set out on pages

1 and 2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Elaine Scott

Date:

09:01:2025

Name:

Elaine Scott

**Relevant professional
qualification(s) or body
(if any):**

None

Address:

36 Gardner Park

North Shields

NE29 0EA

NGMV - Medical Volunteers & Life Academy

England & Wales - Charity number 1137730

Accounts

Trustees' Annual Report for the period

	Period start date			Period end date			
From	1	April	2021	To	31	March	2022

Section A Reference and administration details

Charity name

Newcastle Gateshead Medical Volunteers

Other names charity is known by

Registered charity number (if any)

1137730

Charity's principal address

30 Penners Gardens	
Surbiton	
Surrey	
Postcode	KT6 6JW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Deiary Kader	Chairman		
2	Paula Hetherington	Treasurer & Coordinator		
3	Gill Rhind	Trustee		
4	Paul Banaszekiewicz	Trustee		
5	Keith Johnston	Trustee		
6				
7				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution to be updated in 2022 to reflect the addition of Life Academy to the remit of the NGMV
How the charity is constituted (eg. trust, association, company)	Association consisting of approximately 15 active members
Trustee selection methods (eg. appointed by, elected by)	Trustees reviewed annually

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Trustees are all health professionals who can demonstrate CRB clearance via their current employer.

NGMV works closely with the Community, Charitable and Health Care Organisations in Great Britain and Iraqi Kurdistan.

NGMV depend heavily on support and donations from the public and the health care community in England and in Kurdistan.

All Trustees give their time voluntarily and receive no remuneration or other benefits.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The Charity's object is to relieve sickness and promote the preservation of health by the provision of free orthopaedic service to local people in the Kurdistan region of Iraq by making regular visits throughout the year in order to make available the timely assessment, surgical treatment and follow up which will be provided by a team of volunteers.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning the activities for the year NGMV kept in mind the Charity Commission's guidance on public benefit.

The focus of the work carried out by NGMV remains the delivery of Orthopaedic services and health care to the local people of Kurdistan without discrimination and regardless of belief or ethnicity.

This is achieved by a team of volunteer health care professionals making 2 trips per year to the Kurdistan region of Iraq to deliver timely assessment, treatment and review of patients. However, trips with multiple volunteers have been suspended during the pandemic and the Chairman has made lone trips to work with local teams during periods when travel restrictions were lifted.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We are very grateful for the ongoing support and dedication shown by our volunteers at home, preparing for our trips, developing teaching material and helping with fundraising. We are also grateful for the time that our travelling members dedicate to support our trips to the Iraqi Kurdistan to help fulfil our objectives and hope to resume these trips later this year. We recognise that their contribution is essential for us to function as a charity and we are especially grateful to our Chairman who has continued to make trips during the pandemic when travel restrictions have allowed. Likewise, we acknowledge the support of our charitable and health care contacts in Erbil and Sulaymaniyah who facilitate our trips, help us with patient selection and support and take care of us in Iraq.

The focus of NGMV's medical volunteers will continue to be the delivery of hands-on health care via our professional volunteers. We will also continue to organise seminars and educational events to teach our fellow health care professionals at home and in Iraq.

Plans are well underway for the introduction of a further faction to the Charity focusing on teaching a variety of life skills to young people at home and in Iraqi Kurdistan. The Life Academy will aim to empower people to tackle challenging life topics that are rarely taught in traditional educational establishments. It will promote a cohesive society by increasing awareness of various aspects of life through innovative experience-based learning by providing a forum for knowledge exchange and self-development leading to self-actualisation. These changes will be registered with the Charity Commission.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Activity

Sadly, our regular bi-annual trips to Iraqi Kurdistan could not go ahead due to the pandemic travel restrictions. It is hoped that they can resume in late 2022. However, our Chairman did visit on more than one occasion and was able to work with Swisscross and local health care teams to deliver a range of orthopaedic and musculo-skeletal services to the local population. He also organised, hosted and participated a number of international courses, seminars, webinars and virtual research courses over the year.

10 Year Anniversary

Our Chairman hosted a very well 'attended' Internal webinar in January 2022 to mark the 10 year anniversary of NGMV and to promote positive engagement in charitable causes. The webinar also served as a vehicle to introduce the concept of a Life Academy that will promote social coherence and the individual development of a variety of positive life skills leading to self-actualisation for young people at home and in Iraqi Kurdistan.

Life Academy

The concept of Life Academy was formalised and a committee appointed to take forward the implementation and management of the charity's new faction. The Charity Commission was informed and a change of name request was made to reflect this addition to NGMV's purpose.

Fund Raising

All funds raised this year have been from individual donations

Section E Financial review

Brief statement of the charity's policy on reserves

At the end of the financial year 2012-22 the balance of the account was £4,586.57. It is noted that NGMV still has outstanding loan repayments to our chairman.

Details of any funds materially in deficit

--

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds this year has been via donations and loans.

The majority of income is used to fund the trips to Iraq, buy essential equipment and fund educational events.

All travelling volunteers give their time freely.

Section F Other optional information

--

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Paula Hetherington	
Position (eg Secretary, Chair, etc)	Treasurer and Coordinator	
Date	16/05/2022	

NGMV - Medical Volunteers Life Academy Financial Report - 1 April 2021 to 31 March 2022

Transaction Date	Transaction Type	Purpose	Description	Debit Amount	Credit Amount	Balance
Brought forward						£ 3,180.40
07/04/2021	Debit Card	Charity Expenses	Amazon	79.00		3101.40
14/04/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		3089.41
27/04/2021	Counter Credit	Refund	GoDaddy - website upgrade		96.00	3185.41
27/04/2021	Debit Card	Charity Expenses	Donation - Bring Hope	520.07		2665.34
14/05/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		2653.35
24/05/2021	Counter Credit	Donation	Smile Amazon		5.00	2658.35
09/06/2021	Counter Credit	Donation	DFK patient		300.00	2958.35
14/06/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		2946.36
25/06/2021	Counter Credit	Donation	DFK patient		300.00	3246.36
28/06/2021	Debit Card	Equipment	Williams Medical	195.00		3051.36
14/07/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		3039.37
28/07/2021	Counter Credit	VAT refund	HMRC VAT repay Ref: 227916195		1496.00	4535.37
02/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	4585.37
04/08/2021	Counter Credit	Donation	DFK patient		950.00	5535.37
09/08/2021	Counter Credit	Donation	DFK patient		500.00	6035.37
10/08/2021	Counter Credit	Donation	DFK patient		300.00	6335.37
16/08/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		6323.38
16/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	6373.38
17/08/2021	Counter Credit	Donation	DFK patient		480.00	6853.38
17/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	6903.38
20/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	6953.38
23/08/2021	Bill Payment	Equipment	Gen Med	2676.00		4277.38
25/08/2021	Counter Credit	Donation	DFK patient		480.00	4757.38
26/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	4807.38
26/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	4857.38
31/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	4907.38
31/08/2021	Counter Credit	Fund raising	Research Course Payment		50.00	4957.38
01/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5007.38
01/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5057.38
01/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5107.38
02/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5157.38
03/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5207.38
03/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5257.38
03/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5307.38
06/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5357.38
06/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5407.38
06/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5457.38

NGMV - Medical Volunteers Life Academy Financial Report - 1 April 2021 to 31 March 2022

07/09/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	17.84		5439.54
07/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5489.54
08/09/2021	Counter Credit	Fund raising	Research Course Payment		50.06	5539.60
09/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5589.60
10/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5639.60
10/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5689.60
10/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5739.60
10/09/2021	Counter Credit	Fund raising	Research Course Payment		25.00	5764.60
13/09/2021	Debit Card	Charity Expenses	Donation - FBMaggies Centre	20.00		5744.60
13/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5794.60
14/09/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	90.99		5703.61
14/09/2021	Counter Credit	Fund raising	Research Course Payment		50.00	5753.61
04/10/2021	Counter Credit	VAT refund	HMRC VAT repay Ref: 227916195		478.50	6232.11
05/10/2021	Bill Payment	Equipment	Gen Med	4241.30		1990.81
05/10/2021	Counter Credit	Donation	Funds transfer - Equipment		10000.00	11990.81
11/10/2021	Counter Credit	Donation	Funds transfer - Equipment		2000.00	13990.81
11/10/2021	Counter Credit	Donation	Funds transfer - Equipment		2000.00	15990.81
11/10/2021	Counter Credit	Donation	Funds transfer - Equipment		1000.00	16990.81
13/11/2021	Bill Payment	Equipment	Gen Med	15425.30		1565.51
14/10/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	90.99		1474.52
29/10/2021	Bill Payment	Equipment	Gen Med	594.20		880.32
15/11/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		868.33
14/12/2021	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		856.34
23/12/2021	Counter Credit	Donation	Funds transfer - monitors		5000.00	5856.34
30/12/2021	Counter Credit	Donation	DFK donation		1500.00	7356.34
04/01/2022	Counter Credit	Donation	DFK patient		300.00	7656.34
05/01/2022	Bill Payment	Equipment	Taurus Medical	6880.80		775.54
05/01/2022	Counter Credit	Donation	DFK patient		300.00	1075.54
14/01/2022	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		1063.55
18/01/2022	Counter Credit	VAT refund	HMRC VAT repay Ref: 227916195		3576.79	4640.34
19/01/2022	Counter Credit	Donation	DFK patient		300.00	4940.34
31/01/2022	Bill Payment	Charity Expenses	GoDaddy - website upgrade	100.66		4839.68
14/02/2022	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		4827.69
21/02/2022	Debit Card	Equipment	Williams Medical	234.68		4593.01
23/02/2022	Counter Credit	Donation	Smile Amazon		5.55	4598.56
15/03/2022	Debit Card	Charity Expenses	Zoom.US 888-799-96	11.99		4586.57

OUT	IN	Balance
£ 31,286.73	£ 32,692.90	£ 4,586.57



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

NGMV – Medical Volunteers & Life Academy

**On accounts for the year
ended**

31 March 2022

**Charity no
(if any)**

1137730

Set out on pages

1 and 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report.

Signed:

Kate Allen

Date:

22-08-2022

Name:

Kate Allen

**Relevant professional
qualification(s) or body
(if any):**

None

Address:

37 Gardner Park

North Shields

NE29 0EA

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of
any items that the
examiner wishes to
disclose.**

Nothing to disclose