

ZERO GRAVITY KNOW NO LIMITS

England & Wales · Charity number 1137422

Details

| | |
|-------------|---|
| Other names | FALCON RIDGE ACADEMY OF SPORT FOR CORNWALL, FRAS |
| Status | Registered |
| Legal form | Other |
| Registered | 2010-08-11 |
| Register | View on the Charity Commission register |

Contact

| | |
|---------|--|
| Address | Zero Gravity 1-3 Castle Buildings Gilston Road Saltash PL12 6TW |
| Phone | 01752842517 |
| Email | ZEROGRAVITYACADEMY@OUTLOOK.COM |
| Website | www.zerogravityacademy.co.uk |

Activities

Objects: 1 TO FOSTER AND PROMOTE COMMUNITY PARTICIPATION IN HEALTHY RECREATION, FOR THE BENEFIT OF THE INHABITANTS OF CORNWALL, BY THE PROVISION OF FACILITIES AND COACHING FOR GYMNASTICS AND OTHER SPORTS2 TO ADVANCE THE EDUCATION FOR THE PUBLIC BENEFIT ABOUT HEALTHY LIVING3 TO PROMOTE FOR THE BENEFIT OF THE INHABITANTS OF CORNWALL THE PROVISION OF FACILITIES FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES OR FOR THE PUBLIC AT LARGE IN THE INTERESTS OF SOCIAL WELFARE AND WITH THE OBJECT OF IMPROVING THE CONDITION OF LIFE OF THE SAID INHABITANTS

Activities: TO FOSTER AND PROMOTE COMMUNITY PARTICIPATION IN HEALTHY RECREATION, FOR THE BENEFIT OF THE INHABITANTS OF CORNWALL, BY THE PROVISION OF FACILITIES AND COACHING FOR GYMNASTICS AND OTHER SPORTS

Classification

- **How:** Makes Grants To Individuals, Provides Other Finance, Provides Buildings/facilities/open Space, Provides Services, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Amateur Sport, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** CORNWALL
- Cornwall
- Devon

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|----------|-------------|--------|-----------|
| 2024-09-30 | £209,890 | £213,163 | - | - |
| 2023-09-30 | £209,215 | £203,573 | - | - |
| 2022-09-30 | £203,075 | £213,133 | - | - |
| 2021-09-30 | £178,147 | £180,355 | - | - |
| 2020-09-30 | £221,360 | £200,353 | - | - |

Trustees

| Name | Role | Appointed |
|-----------------------|------|------------|
| Averil Rose Pinckney | | 2020-05-01 |
| Tracey Elaine Balding | | 2024-01-25 |

ZERO GRAVITY KNOW NO LIMITS

England & Wales - Charity number 1137422

Accounts

TRUSTEES' ANNUAL REPORT

Zero Gravity Charity

Registered Charity Number: 1134722

Trustees' Annual Report for the Year Ended 30 September 2024

**Principal Address: 1-3 Castle Buildings
Gilston Road
SALTASH
PL12 6TW**

This has been an incredibly busy year for the Gym Club as we entered the final year of our 10 year lease on the business premises.

After initially entering pro-longed negotiations with the property agent a year earlier for a further extension to our tenure, we had finally secured and agreed terms - or so we thought!

As December approached and still awaiting finalisation of renewed Legal Terms, an unsustainable further increase in lease costs were presented to us and after many discussions it was decided that our better option was to weigh up the costs of relocating both the Gym Academy as well as the independent soft play area.

This was subsequently achieved by late February and planning permission for change of use was submitted to County Council and granted in April.

The combined financial costs for internal fittings, legal expenses, deposit costs and clearance / moving, were substantial and beyond the capability of the Gym Academy - the overall decision therefore being that the Lease would be legally taken by the Ltd Company together with the expenses, thereby granting a permanent sub tenancy to the Academy, enabling the Charity to continue onwards for the next decade.

Relocation was a full on operation with many hands on deck for the move which was carried out over the summer weeks.

During the following crucial weeks we were down 2 of our main team members, one being on maternity and who continued to manage organisation of new programmes in between baby feeds. Our second being absent with her husband who was approaching end of life and who sadly passed away a few weeks later..... despite her personal trauma, she continued to maintain contact and keep pace with ongoing developments. Tracey as our trustee and husband Mike, stepped in during this incredibly fraught time of long hours and extensive tasks and offered their help unconditionally, despite their

own family commitments..... Their total support was unwavering in the provision of personal, physical and technical assistance with my intense gratitude to both of them in ensuring the provision of essential coffee and snacks that kept both myself and our super helpful electrician going, frequently into very late hours.

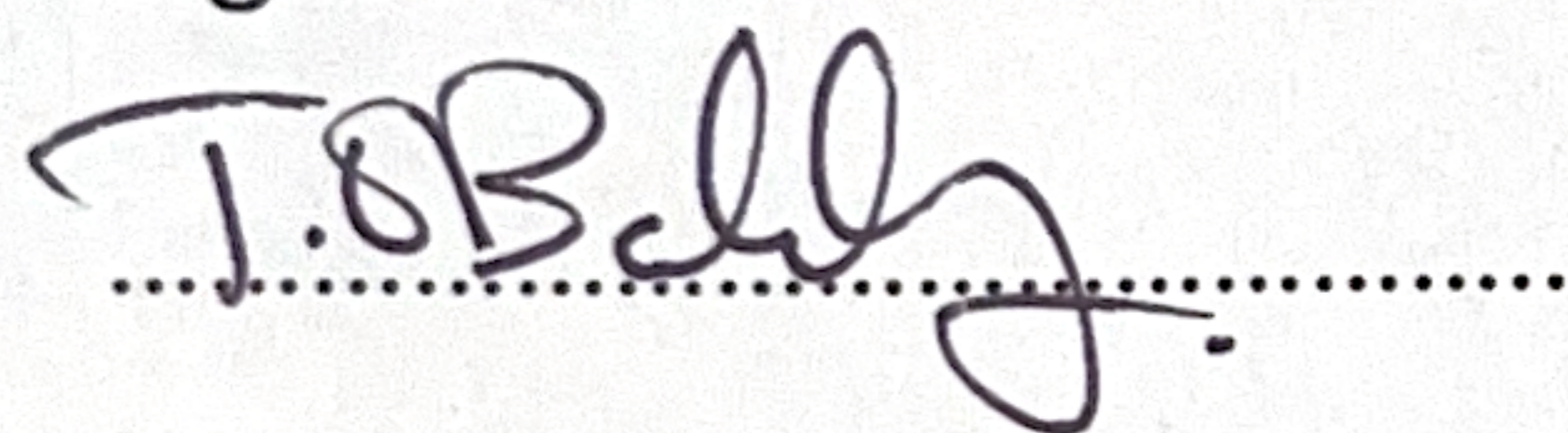
Finally, September arrived and following a mammoth effort, we were able to open with the Gym Academy beginning a renewed focus towards Tumbling.
As a new start the finances were particularly tight but the sessions were filling, with the majority of our customers remaining steadfastly loyal.....2024-2025 was a new beginning!!

Mo Gregory
(Head Coach of Zero Gravity)

Declaration

This report was approved by the board of trustees and signed on their behalf by:

Signed:

A handwritten signature in black ink, appearing to read 'T. Balding', written over a horizontal dotted line.

Tracey Balding

Trustee of Zero Gravity

Date: 7/7/25



CHARITY COMMISSION
FOR ENGLAND AND WALES

Zero Gravity Know No Limits

No (if any)

Receipts and payments accounts

CC16a

| | | | |
|---------------------|------------|----|------------|
| For the period from | 01/10/2023 | To | 30/09/2024 |
|---------------------|------------|----|------------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Activities for generating funds | 208,080 | - | - | 208,080 | 202,052.59 |
| Other receipts | 1,810 | - | - | 1,810 | 4,008.00 |
| Fundraising | - | - | - | - | 3,154.43 |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 209,890 | - | - | 209,890 | 209,215 |
| A2 Asset and investment sales, (see table). | | | | | |
| Cash Items from Financing Activities | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | 209,890 | - | - | 209,890 | 209,215 |
| A3 Payments | | | | | |
| Fundraising costs | 5,000 | - | - | 5,000 | 12,456 |
| Costs of charitable activities | 179,305 | - | - | 179,305 | 180,512 |
| Financing Costs | 28,858 | - | - | 28,858 | 7,151 |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | 213,163 | - | - | 213,163 | 200,119 |
| A4 Asset and investment purchases, (see table) | | | | | |
| Fixed Asset costs | 4,443 | - | - | 4,443 | 3,454 |
| | - | - | - | - | - |
| Sub total | 4,443 | - | - | 4,443 | 3,454 |
| Total payments | 217,606 | - | - | 217,606 | 203,573 |
| Net of receipts/(payments) | (7,716) | - | - | (7,716) | 5,642 |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | 15,693 | - | - | 15,693 | 10,050 |
| Cash funds this year end | 7,978 | - | - | 7,978 | 15,693 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Cash at bank | 7,978 | - | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | 7,978 | - | - |
| | (agree balances with receipts and payments account(s)) | OK | OK | OK |

| | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| B2 Other monetary assets | | | - | - |
| | | | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| B3 Investment assets | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|-----------------------|-----------------------------|-----------------|--------------------------|
| B4 Assets retained for the charity's own use | Fixtures and fittings | Unrestricted | 2,984 | 1,867 |
| | Plant and Machinery | Unrestricted | 58,400 | 19,057 |
| | Buildings | Unrestricted | 2,800 | 2,800 |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|-----------------|---------------------------------|-----------------------|---------------------|
| B5 Liabilities | Accruals | Unrestricted | 800 | |
| | Other Creditors | Unrestricted | 18,573 | |
| | BounceBack Loan | Unrestricted | 31,990 | |
| | | | | |
| | | | | |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|-----------------------|-----------------------|------------------|
| <i>Tracey Balding</i> | Tracey Elaine Balding | |
| | | |

CERTIFICATE *of* SIGNATURE

REF. NUMBER
REF6-6CQVZ-2AWAE-XDRVA

DOCUMENT COMPLETED BY ALL PARTIES ON
09 APR 2025 19:42:52 UTC

SIGNER

TRACEY BALDING

EMAIL
MIKEBALDING@ME.COM

TIMESTAMP

SENT
04 APR 2025 13:58:07 UTC
VIEWED
06 APR 2025 15:51:00 UTC
SIGNED
09 APR 2025 19:42:52 UTC

SIGNATURE



IP ADDRESS
104.28.86.59

LOCATION
MANCHESTER, UNITED KINGDOM

RECIPIENT VERIFICATION

EMAIL VERIFIED
06 APR 2025 15:51:00 UTC





Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name
Zero Gravity Knows No Limits

On accounts for the year ended

30th
September
2024

Charity no
(if any)

1134722

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

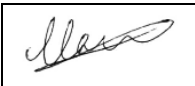
- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements: to keep accounting records in
 2. accordance with section 130 of the Charities Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
1. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 25/02/2025

Name: Leila Tansley

Relevant professional qualification(s) or body (if any): ACCA Member

Address: 2 Bridge Court Road, Saltash, Cornwall, PL126LS

Section B

Disclosure

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.

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ZERO GRAVITY KNOW NO LIMITS

England & Wales - Charity number 1137422

Accounts

Printed by: Leila Tansley

Tags: Inbox, Inbox

Date: Thursday, September 5th 2024, 09:58:49 AM +01:00 WEST

Subject: Annual Report For The Charity Commission

From: Mo Gregory <mo.gregory@icloud.com>

To: Mike Balding <mikebalding@me.com>

Cc: Leila Tansley <leila@completehq.co.uk>

ACHIEVEMENT AND PERFORMANCE 2022-2023

With regard to both the Introduction and Sporting Development of beginners through to the competitive team....the year has been an interesting one.

The training programme set for the year was altered significantly and adapted to fit the capabilities of the children.

It was quickly apparent that young children entering Key Stage 1, were clearly lacking in the core basic skills of physical literacy and fundamental movement, with wide spread public opinion pointing towards the restrictive period of COVID lockdowns.

As we stepped away from Artistic Gymnastics for a greater focus towards Tumbling Gymnastics , we saw a greater success in the retention of the 10-15 year olds who would otherwise have considered moving on and from that point, the competitive team grew.

Financially, although we saw a steady increase in applications to join the waiting lists, we also found a higher than usual turnover as children's attention span wanderedSession plans were adapted accordingly to fit with individuals.

The Club finances remained on a steady level with additional fund raising through sponsorships to meet the cost of replacing worn equipment.

On going negotiations continued in securing a new 10year lease as our current was drawing to a close in 2024. Following many emails, conversations and meetings, an agreement was finally reached in June to take effect in 2023/2024. Having finally agreed that, we went ahead with plans to fit an additional extension to the existing soft play as an enhancement of what we were able to offer and geared up for another year.

The Tumbling team grew in strength as they moved up the Competitive ladder under the very capable tuition from their coach and with growing success on the podium.

Looking aheadThe year 2023/2024 was looking positive.

Sent from my iPad



CHARITY COMMISSION
FOR ENGLAND AND WALES

Zero Gravity Know No Limits

No (if any)

Receipts and payments accounts

CC16a

| | | | |
|---------------------|-----------|----|-----------|
| For the period from | 10/1/2022 | To | 9/30/2023 |
|---------------------|-----------|----|-----------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Activities for generating funds | 202,052.59 | - | - | 202,052.59 | 196,680.25 |
| Other receipts | 4,008.00 | - | - | 4,008.00 | 6,007.73 |
| Fundraising | 3,154.43 | - | - | 3,154.43 | 386.77 |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 209,215.02 | - | - | 209,215.02 | 203,074.75 |
| A2 Asset and investment sales, (see table). | | | | | |
| Cash Items from Financing Activities | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | 209,215.02 | - | - | 209,215.02 | 203,074.75 |
| A3 Payments | | | | | |
| Fundraising costs | 12,456.16 | - | - | 12,456.16 | 1,875.95 |
| Costs of charitable activities | 180,512.25 | - | - | 180,512.25 | 199,541.31 |
| Financing Costs | 7,150.59 | - | - | 7,150.59 | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | 200,119.00 | - | - | 200,119.00 | 201,417.26 |
| A4 Asset and investment purchases, (see table) | | | | | |
| Fixed Asset costs | 3,453.60 | - | - | 3,453.60 | 11,716.00 |
| | - | - | - | - | - |
| Sub total | 3,453.60 | - | - | 3,453.60 | 11,716.00 |
| Total payments | 203,572.60 | - | - | 203,572.60 | 213,133.26 |
| Net of receipts/(payments) | 5,642.42 | - | - | 5,642.42 | (10,058.51) |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | 10,050.49 | - | - | 10,050.49 | 20,109.45 |
| Cash funds this year end | 15,693 | - | - | 15,692.91 | 10,050.94 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Cash at bank | 15,693 | - | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | 15,693 | - | - |
| | (agree balances with receipts and payments account(s)) | OK | OK | OK |

| | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| B2 Other monetary assets | | | - | - |
| | | | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| B3 Investment assets | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|-----------------------|-----------------------------|-----------------|--------------------------|
| B4 Assets retained for the charity's own use | Fixtures and fittings | Unrestricted | - | 429 |
| | Plant and Machinery | Unrestricted | 58,400 | 25,410 |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|-----------------|---------------------------------|-----------------------|---------------------|
| B5 Liabilities | Accruals | Unrestricted | 800 | |
| | Other Creditors | Unrestricted | 19,152 | |
| | BounceBack Loan | Unrestricted | 31,699 | |
| | | | | |
| | | | | |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|-----------|------------|------------------|
| | | |
| | | |

Signatures

Date: 28 Jun 2024

Signature: *Maureen Gregory*
Maureen Gregory

Document Details

| | |
|--------------------|--|
| Title | Approval Request - Draft Accounts & Corporation Tax Return |
| File Name | ZG Charity final 2023 .pdf |
| Document ID | 96f364b657834d60991fd58d961ea38a |
| Fingerprint | 9c956716c0a32cdaf4273de5d5cbbd5d |
| Status | Completed |

Document History

| | | |
|---------------------------------|---|-------------------------------|
| Document Created | Document Created by Pixie Software (hello@usepixie.com) Fingerprint: 57eca3bb831c0428b83e09050452e87c | 28 Jun 2024 04:33PM UTC |
| E-Mail Validation Waived | E-Mail Validation waived by account owner. | 28 Jun 2024 04:33PM UTC |
| Document Viewed | Document Viewed by Maureen Gregory (mogregory@hotmail.co.uk) IP: 86.152.73.138 | 28 Jun 2024 05:58PM UTC |
| Document Signed | Document Signed by Maureen Gregory (mogregory@hotmail.co.uk) IP: 86.152.73.138 <i>Maureen Gregory</i> | 28 Jun 2024 05:59PM UTC |
| Document Completed | This document has been completed. Fingerprint: 9c956716c0a32cdaf4273de5d5cbbd5d | 28 Jun 2024 06:00PM UTC |



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name
Zero Gravity Knows No Limits

On accounts for the year ended

| | | |
|---------------------------------------|--------------------------------|---------|
| 30 th September 2024 | Charity no (if any) | 1134722 |
|---------------------------------------|--------------------------------|---------|

Set out on pages

1-2
(remember to include the page numbers of additional sheets)

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements: to keep accounting records in
2. accordance with section 130 of the Charities Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

10/09/2024

Name:

Leila Tansley

Relevant professional qualification(s) or body (if any):

ACCA Member

Address:

2 Bridge Court Road, Saltash, Cornwall, PL126LS

Section B

Disclosure

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.

A large, empty rectangular box with a thin black border, occupying most of the page. It is intended for the user to provide details of items for disclosure as requested in the text above.

ZERO GRAVITY KNOW NO LIMITS

England & Wales - Charity number 1137422

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Zero Gravity Know No Limits

No (if any)

Receipts and payments accounts

CC16a

| | | | |
|---------------------|-----------|----|-----------|
| For the period from | 10/1/2021 | To | 9/30/2022 |
|---------------------|-----------|----|-----------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Activities for generating funds | 196,680.25 | - | - | 196,680.25 | 123,719.00 |
| Other receipts | 6,007.73 | - | - | 6,007.73 | 572.00 |
| Government Grants | 386.77 | - | - | 386.77 | 58,268.00 |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 203,074.75 | - | - | 203,074.75 | 182,559.00 |
| A2 Asset and investment sales, (see table). | | | | | |
| Cash Items from Financing Activities | - | - | - | - | (4,412.00) |
| | - | - | - | - | - |
| Sub total | - | - | - | - | (4,412.00) |
| Total receipts | 203,074.75 | - | - | 203,074.75 | 178,147.00 |
| A3 Payments | | | | | |
| Fundraising costs | 1,875.95 | - | - | 1,875.95 | 8,299.00 |
| Costs of charitable activities | 199,541.31 | - | - | 199,541.31 | 172,056.00 |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | 201,417.26 | - | - | 201,417.26 | 180,355.00 |
| A4 Asset and investment purchases, (see table) | | | | | |
| Fixed Asset costs | 11,716.00 | - | - | 11,716.00 | - |
| | - | - | - | - | - |
| Sub total | 11,716.00 | - | - | 11,716.00 | - |
| Total payments | 213,133.26 | - | - | 213,133.26 | 180,355.00 |
| Net of receipts/(payments) | (10,058.51) | - | - | (10,058.51) | (2,208.00) |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | 20,109.45 | - | - | 20,109.45 | 22,318.00 |
| Cash funds this year end | 10,050.94 | - | - | 10,050.94 | 20,110.00 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|----------------------|-------------------------|---------------------------------|-------------------------------|------------------------------|
| B1 Cash funds | Cash at bank | 10,051 | - | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | 10,051 | - | - |

(agree balances with receipts and payments account(s))

OK Unrestricted funds to nearest £ OK Restricted funds to nearest £ OK Endowment funds to nearest £

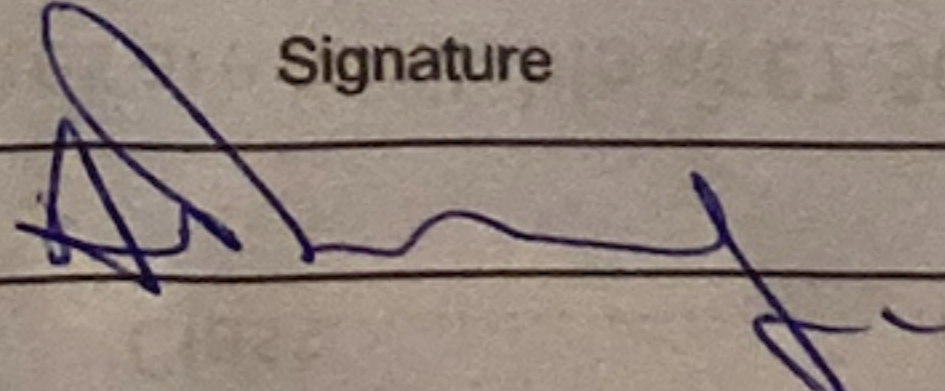
| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---------------------------------|---------|---------------------------------|-------------------------------|------------------------------|
| B2 Other monetary assets | Loan | 12,994 | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

| Categories | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| B3 Investment assets | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| Categories | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|-----------------------|-----------------------------|-----------------|--------------------------|
| B4 Assets retained for the charity's own use | Fixtures and fittings | Unrestricted | 1,341 | 572 |
| | Plant and Machinery | Unrestricted | 54,946 | 29,635 |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| Categories | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|-----------------|---------------------------------|-----------------------|---------------------|
| B5 Liabilities | Accruals | Unrestricted | 800 | |
| | Other Creditors | Unrestricted | 14,829 | |
| | BounceBack Loan | Unrestricted | 40,452 | |
| | | | | |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|--|-----------------|------------------|
|  | AVERIL PINCKNEY | 16/07/2023 |

Profit and Loss

Zero Gravity Know No Limits For the year ended 30 September 2022

| | 2022 | 2021 |
|------------------------------|-------------------|-------------------|
| Turnover | | |
| Sales - Subscriptions | 196,680.25 | 122,477.76 |
| Other Revenue | 3,498.60 | 26,673.00 |
| Other Income | | |
| Easy Fundraising | 47.70 | 41.54 |
| JRS Grants | 386.77 | 33,366.34 |
| Total Other Income | 434.47 | 33,407.88 |
| Total Turnover | 200,613.32 | 182,558.64 |
| Cost of Sales | | |
| Direct Expenses | 928.83 | 630.40 |
| Direct Wages | 9,600.67 | 7,668.60 |
| Total Cost of Sales | 10,529.50 | 8,299.00 |
| Gross Profit | 190,083.82 | 174,259.64 |
| Administrative Costs | | |
| Audit & Accountancy fees | 2,730.24 | 2,730.24 |
| Bank Fees | 102.00 | 78.22 |
| Cleaning | 329.50 | - |
| Competitions | 764.00 | 825.10 |
| Consulting | 1,363.44 | 1,363.44 |
| Customer Refunds | - | 440.96 |
| Depreciation Expense | 9,061.16 | 9,184.14 |
| Employers National Insurance | 1,876.65 | - |
| General Expenses | 317.00 | 18,508.28 |
| Gymnastic Clothing | 255.96 | - |
| Gymnastic Equipment | 1,939.20 | 6,244.28 |
| Hire of Equipment | 9,600.00 | 5,600.00 |
| Insurance | 4,500.70 | 2,985.46 |
| Interest Paid | 2,160.70 | 1,071.98 |
| IT Software and Consumables | 380.25 | 195.45 |
| Light, Power, Heating | 4,276.63 | 2,592.79 |
| Operating Lease Payments | - | 3,674.20 |
| Pensions Costs | 1,858.92 | 836.92 |
| Printing & Stationery | 574.77 | 481.57 |
| Rates | 507.20 | 224.50 |
| Rent | 39,765.58 | 42,811.69 |
| Repairs & Maintenance | 2,400.80 | 7,662.20 |
| Salaries | 111,933.02 | 71,712.04 |
| Staff Training | 371.00 | 500.00 |
| Subscriptions | 324.00 | - |

| | 2022 | 2021 |
|--|-------------------|-------------------|
| Telephone & Internet | 628.65 | 735.87 |
| Travel - National | 51.60 | 781.20 |
| Total Administrative Costs | 198,072.97 | 181,240.53 |
| Operating Profit | (7,989.15) | (6,980.89) |
| Profit on Ordinary Activities Before Taxation | (7,554.68) | 26,426.99 |
| Unmapped Accounts | | |
| Donations | 2,461.43 | - |
| Total Unmapped Accounts | 2,461.43 | - |
| Profit after Taxation | (7,554.68) | 26,426.99 |

Balance Sheet

Zero Gravity Know No Limits As at 30 September 2022

| | 30 SEP 2022 | 30 SEP 2021 |
|--|-------------------|------------------|
| Fixed Assets | | |
| Tangible Assets | | |
| Fixtures & Fittings | 1,341.00 | 1,341.00 |
| Less Accumulated Depreciation on Fixtures & Fittings | (768.94) | (578.25) |
| Less Accumulated Depreciation on Plant and Machinery | (25,311.26) | (16,440.79) |
| Plant and Machinery | 54,946.44 | 43,230.44 |
| Total Tangible Assets | 30,207.24 | 27,552.40 |
| Total Fixed Assets | 30,207.24 | 27,552.40 |
| Current Assets | | |
| Cash at bank and in hand | | |
| Zero Gravity Know No Limits A | 10,050.94 | 20,109.45 |
| Total Cash at bank and in hand | 10,050.94 | 20,109.45 |
| Loan to Ltd Company | 12,994.14 | 10,863.58 |
| Prepayments | - | 284.40 |
| Total Current Assets | 23,045.08 | 31,257.43 |
| Creditors: amounts falling due within one year | | |
| Accruals | 800.00 | 800.00 |
| BBL Loan (Current Portion) | 4,580.42 | 4,100.89 |
| PAYE Payable | 6,597.39 | 4,045.61 |
| Pensions Payable | - | 97.67 |
| Wages Payable - Payroll | 8,231.32 | 7,164.02 |
| Total Creditors: amounts falling due within one year | 20,209.13 | 16,208.19 |
| Net Current Assets (Liabilities) | 2,835.95 | 15,049.24 |
| Total Assets less Current Liabilities | 33,043.19 | 42,601.64 |
| Creditors: amounts falling due after more than one year | | |
| HSBC BBL Loan | 35,871.91 | 39,902.64 |
| Total Creditors: amounts falling due after more than one year | 35,871.91 | 39,902.64 |
| Net Assets | (2,828.72) | 2,699.00 |
| Capital and Reserves | | |
| Current Year Earnings | (5,527.72) | (6,980.89) |
| Retained Earnings | 2,699.00 | 9,679.89 |
| Total Capital and Reserves | (2,828.72) | 2,699.00 |



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
Zero Gravity Know No Limits

On accounts for the year ended

30th September 2022

Charity no (if any)

1137422

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30th September 2022

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

14th July 2023

Name:

Andrew Sullivan

Relevant professional qualification(s) or body

FMAAT

(if any):

Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

ZERO GRAVITY KNOW NO LIMITS

England & Wales - Charity number 1137422

Accounts



Receipts and payments accounts

CC16a

For the period
from

01/10/2020

To

30/09/2021

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Activities for generating funds | 124,919 | - | - | 124,919 | 188,926 |
| Other receipts | 572 | - | - | 572 | 500 |
| Government Grants | 58,268 | - | - | 58,268 | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 183,759 | - | - | 183,759 | 189,426 |
| A2 Asset and investment sales, (see table). | | | | | |
| Cash Items from Financing Activities | 12,812 | - | - | 12,812 | - |
| Sub total | 12,812 | - | - | 12,812 | - |
| Total receipts | 170,947 | - | - | 170,947 | 189,426 |
| A3 Payments | | | | | |
| Fundraising costs | £8,299.00 | - | - | 8,299 | 19,359 |
| Costs of charitable activities | £164,856.39 | - | - | 164,856 | 115,767 |
| Governance costs | £0.00 | - | - | - | 76,027 |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | £173,155.39 | - | - | 173,155 | 211,153 |
| A4 Asset and investment purchases, (see table) | | | | | |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total payments | 173,155 | - | - | 173,155 | 211,153 |
| Net of receipts/(payments) | - 2,209 | - | - | - 2,209 | - 21,727 |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | 22,318 | - | - | 22,318 | 36,936 |
| Cash funds this year end | 20,109 | - | - | 20,109 | 15,209 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---------------------------------|--|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Cash at bank | 20,109 | - | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | 20,109 | - | - |
| | (agree balances with receipts and payments account(s)) | OK | OK | OK |
| B2 Other monetary assets | Details | | | |
| | Loan | 19,264 | - | - |
| | Prepayment | 284 | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

B3 Investment assets

| Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---------|-----------------------------|-----------------|--------------------------|
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |

B4 Assets retained for the charity's own use

| Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------|-----------------------------|-----------------|--------------------------|
| Fixtures and fittings | Unrestricted | 1,341 | 763 |
| Plant and Machinery | Unrestricted | 43,230 | 26,790 |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |

B5 Liabilities

| Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------|---------------------------------|-----------------------|---------------------|
| Accruals | Unrestricted | 800 | |
| Other Creditors | Unrestricted | 11,307 | |
| BounceBack Loan | Unrestricted | 44,004 | |
| | | | |
| | | | |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|-----------|------------|------------------|
| | | |
| | | |

ZERO GRAVITY KNOW NO LIMITS

England & Wales - Charity number 1137422

Accounts

ACHIEVEMENT AND PERFORMANCE 2019-2020

2019-2020 was initially forecast as a strong year until hit with the world wide pandemic outbreak!

September started on a high with all recreational classes relatively full and the first term went well with regular school bookings coming in.

When the country entered national lockdown, staff were put on furlough and regular direct debit payments were reduced to a minimum as a way of sustaining the Gym Club to ride the storm. Incentives to do so were offered as a way of securing a placement and a credit system was put in place to ensure a repayment for fee support received..... The credit system was to remain in place for the following year.

Frustratingly, despite extensive insurance cover, remuneration for the period of closure and loss of business was not forthcoming!

Government grants received were literally our financial lifeline and with no circumstantial change in our standard rent, utilities and usual expenditure, we like many other businesses had to apply for a bounce back loan.

Overall the business was hard hit and more particularly with the second lockdown which later followed.

There were some changes in the staff rota but on the whole the team remain united throughout.



Receipts and payments accounts

CC16a

| | | | |
|---------------------|------------|----|------------|
| For the period from | 01/10/2019 | To | 30/09/2020 |
|---------------------|------------|----|------------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Activities for generating funds | £132,672.15 | - | - | 132,672 | 188,926 |
| Other receipts | £81.75 | - | - | 82 | 500 |
| Government Grants | £15,663.41 | - | - | 15,663 | - |
| Rates Grants | £27,942.40 | - | - | 27,942 | - |
| Bounce Back Loan | £ 45,000 | - | - | 45,000 | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 221,360 | - | - | 221,360 | 189,426 |
| A2 Asset and investment sales, (see table). | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | 221,360 | - | - | 221,360 | 189,426 |
| A3 Payments | | | | | |
| Fundraising costs | £19,804.20 | - | - | 19,804 | 19,359 |
| Costs of charitable activities | £93,314.66 | - | - | 93,315 | 115,767 |
| Governance costs | £87,234.13 | - | - | 87,234 | 76,027 |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | £200,352.99 | - | - | 200,353 | 211,153 |
| A4 Asset and investment purchases, (see table) | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total payments | 200,353 | - | - | 200,353 | 211,153 |
| Net of receipts/(payments) | 21,007 | - | - | 21,007 | - 21,727 |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | 1,311 | - | - | 1,311 | 36,936 |
| Cash funds this year end | 22,318 | - | - | 22,318 | 15,209 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---------------------------------|--|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Cash at bank | 22,318 | - | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | 22,318 | - | - |
| | (agree balances with receipts and payments account(s)) | OK | OK | OK |
| B2 Other monetary assets | Other debtors | 6,220 | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

B3 Investment assets

| Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---------|-----------------------------|-----------------|--------------------------|
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |

B4 Assets retained for the charity's own use

| Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------|-----------------------------|-----------------|--------------------------|
| Fixtures and fittings | Unrestricted | 1,341 | 437 |
| Plant and Machinery | Unrestricted | 37,626 | 10,140 |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |

B5 Liabilities

| Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------|---------------------------------|-----------------------|---------------------|
| Accruals | Unrestricted | 800 | |
| Other Creditors | Unrestricted | 6,991 | |
| BounceBack Loan | Unrestricted | 45,000 | |
| | | - | |
| | | - | |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|-----------|------------|------------------|
| | | |
| | | |

B3 Investment assets

| Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---------|-----------------------------|-----------------|--------------------------|
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |

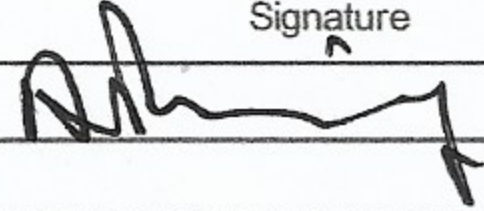
B4 Assets retained for the charity's own use

| Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------|-----------------------------|-----------------|--------------------------|
| Fixtures and fittings | Unrestricted | 1,341 | 437 |
| Plant and Machinery | Unrestricted | 37,626 | 10,140 |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |

B5 Liabilities

| Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------|---------------------------------|-----------------------|---------------------|
| Accruals | Unrestricted | 800 | |
| Other Creditors | Unrestricted | 6,991 | |
| BounceBack Loan | Unrestricted | 45,000 | |
| | | - | |
| | | - | |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|---|-----------------|------------------|
|  | AYERIL PINCKNEY | 9/7/21 |