

**My Sister's Place
and its Subsidiary Company**

Report and Financial Statements
for the Year Ended 31 March 2022

"Charity Commissioners Copy"
Charity No. 1137319

My Sister's Place
and its Subsidiary Company

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My Sister's Place
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Company Information

Trustees	Rebecca Samuels	- Chair
	Jennifer Shield	- Treasurer
	Helen Mather	- Member
	Ema Thornhill	- Member
	Amanda Senior	- Member
	Elizabeth Taylor	- Member
	Anna Rawling	- Member
Chief Officer	Michelle O'Rourke	- Resigned 9 July 2021
	Lesley Storey	- From July 2021
Company Number	07233811	
Charity Number	1137319	
Registered Office	121-123 Borough Road Middlesbrough TS1 3AN	
Bankers	Virgin Money 7 Linthorpe Road Middlesbrough TS1 1RF	
Auditors	Anderson Barrowcliff LLP 3 Kingfisher Way Bowesfield Park Stockton on Tees TS18 3EX	

My Sister's Place
and its Subsidiary Company

Report of The Trustees
for the Year Ended 31 March 2022

The trustees present their report together with financial statements of the charity for the year ended 31 March 2022.

The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

The trustees are directors of the company for the purposes of the Companies Act 2006. The trustees who have served during the year and since the year end are shown on page 1.

OBJECTIVES AND ACTIVITIES INCLUDING PUBLIC BENEFIT STATEMENT

The charity's objects as set out in its Articles of Association are:-

- 1 To promote for the public benefit and with a view to public protection and the preservation of order, the provision of services directed towards the prevention of domestic violence.
- 2 The support of women and children who have suffered or are in danger of suffering disadvantage, exploitation and/or violence from perpetrators known to them.
- 3 To advance the education of voluntary and statutory agencies and the public in all aspects of domestic violence against women by known men, its causes, remedies and provision.

My Sister's Place is an independent service for women who are suffering, or have suffered, domestic violence. Established in 2002 under Home Office funding as a Crime Reduction Project, the Charity is committed to working in partnership to tackle domestic violence. In 2016 the charity added a service for male perpetrators named Route 2 as an early intervention and prevention approach to reducing the escalation and harm caused by known perpetrators.

Mission: It is our Mission to tackle all forms of violence and abuse against victims of abuse through the delivery of accessible support services, education, advocacy and leading the way to social change. We are committed to safeguarding families, strengthening communities and challenging inequalities to individual safety, justice, health and wellbeing.

Our Purpose:

- To deliver accessible, effective, specialist services that are informed and evaluated by service users experiences, promoting individual freedom and quality of life.
- To challenge inequality, and campaign for change to shape future policy and practice.
- To work with the wider community through education and community involvement to create a cultural shift in attitude to domestic abuse, and better equip families to protect their members.

Volunteers

My Sister's Place is supported by 10 volunteers who provide a range of services, including co-facilitation of the Freedom Group and Stepping Stones peer support group, reception and administration duties, fundraising, and social media campaigns. They also offer emotional support to clients at court.

After completing a training package and shadowing employees, one volunteer was even able to gain paid employment. In addition, 206 volunteers have been trained as ASK Me Ambassadors, attending awareness raising sessions in the community to spread knowledge of domestic abuse and provide people with a source of assistance.

On average, volunteers dedicate 8-10 hours of their time each week, which is invaluable to My Sisters Place and allows paid employees to focus on high-risk clients.

My Sister's Place
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Report of The Trustees
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OBJECTIVES AND ACTIVITIES INCLUDING PUBLIC BENEFIT STATEMENT - continued

How our Activities Deliver Public Benefit:

Our main activities and who we try to help are detailed below. Our charitable activities focus on supporting women who have suffered from domestic violence and are undertaken to further our charitable purpose for the public benefit.

In setting our objectives and planning our activities the trustees have considered the Charity Commission guidance on public benefit.

ACHIEVEMENTS AND PERFORMANCE

The last year has been extremely challenging for the charity. Recovery from the global pandemic (COVID-19) has proved to be a bumpy road and no sooner were we back up and operating at pre-covid levels, we like the rest of the country were then beset with the challenges of new strains of the virus and a cost of living crisis. We are operating in a state of continual change and challenge and funding for our services is a constant concern. The environment we are operating in is one in which our funders (both commissioners in statutory services and our grant funders) have less available monies and tighter constraints are being placed on MSP as a result. Despite this we have continued to bring innovation and creativity to the sector whilst delivering high quality services that meet the demands of our accreditation bodies such as the BACP.

Partnership working: In 2021-2022 My Sister's Place continued to work in partnership with existing partners and succeeded in forming new partnerships developing innovative services and new solutions to deep seated social problems. This has included:

- **Perpetrators Project:** In 2021 we secured funding from the OPCC for the delivery of an innovative bold approach to tackling perpetrators which attempts to take a different long-term trauma and attachment informed approach focused on reducing reoffending. We are working alongside Harbour to deliver this service.
- **Ask Me:** The 'Ask Me' scheme aims to get communities talking about domestic abuse, and if/when survivors do share their experiences, they're given the right response every time.
- **Community ambassadors** who live, work and volunteer in their area are able to help create networks of informed people who care about ending domestic abuse. These objectives are to :-
 - Challenge the silence around domestic abuse;
 - Ensure survivors are believed and their experiences validated the first time they speak out about their abuse;
 - Challenge the cultural acceptance of abuse; and
 - Act as a vital grass-roots resource for services and commissioners.

To date MSP Ask Me scheme has delivered over 25 training programs and trained over 200 ambassadors.

- **Control Room IDVA:** My Sisters place have received funding to have an IDVA working in the control room at Cleveland Police station and offering support to victims at the first report. This role also supports officers to ensure they are aware of the impact of abuse on victims.
- **Wearside Women in Need:** My Sister's Place continued to deliver services directly and support the further developments of therapeutic services within Wearside Women in Need, supporting their community and refuge services.
- **DA Car:** MSP IDVAs worked alongside Harbour Domestic Abuse services to provide support on weekends and evenings alongside police following a report of domestic abuse. The response car acts as a first point of contact and introduction to service for women providing initial safety advice and signposting to relevant support services.

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Report of The Trustees
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ACHIEVEMENTS AND PERFORMANCE – continued

Increased Demand:

This year My Sisters Place received 5560 referrals, our highest level since opening 21 years ago. We have supported victims to access a wide range of services via a needs led, trauma informed, strengths-based model of support considering risk and safety and supporting them to meet their individual needs. Alongside high volume we have also become aware that our clients' needs are changing and we are working with families in extremely complex chaotic situations - substance misuse, survival sex work, deep seated trauma from childhood abuse and mental health issues are a feature of many of our clients' lives.

Addressing Economic Abuse:

MSP pivoted our support services to focus predominantly on economic abuse during the pandemic. This development has continued and the emerging cost of living crisis has consolidated the need to continue to develop this approach. We know we need to do more much to support our clients, many of whom live in extreme poverty. Middlesbrough has high levels of poverty and the highest level of child poverty in the UK. This, combined with economic abuse, has led to critical situations for many of our families.

Building financial resilience and supporting families to overcome the challenges brought about by the pandemic and cost of living crisis has been a central part of MSP work this year.

Safeguarding:

In December 2021 we strengthened our safeguarding leadership by employing a Senior Safeguarding Lead who previously served as a Detective Inspector within Cleveland Police and MARAC Chair. We also appointed a Safeguarding Lead who is a registered Social Worker previously practising in Child Protection in Middlesbrough. Having these specialisms within our management team enables us to provide especially high-quality staff safeguarding training and supervision in-house. Our Safeguarding Leads work with all MSP staff to ensure children and adults connected to our organisation are safeguarded and appropriately supported.

Less than a year into their roles, our Safeguarding Leads have established the following:

- In-depth internal audit against SafeLives outcomes, establishing areas we are doing brilliantly in and areas for improvement
- New case management process
- New referrals screening and triage process
- Quarterly full staff team development days
- Review of child and adults' safeguarding policies and procedures (including MARAC)
- Ongoing review of staff lone working and risk assessment policies and procedures
- Ongoing review of honour-based abuse policies and procedures
- Ongoing review of gender identity and inclusion policies and procedures
- Training for Children's Social Care to support better partnership working
- Student Social Work placements within MSP

MSP are proud to prioritise the safety of our clients and staff with these two dedicated roles and look forward to the further development of our safeguarding practices.

CYP IDVA Service:

Over the course of the last 12 months we have employed a new member of staff to work on the project; delivering targeted 1-1 work and educational workshops within Middlesbrough schools. The direct 1-1 IDVA work has supported 72 young people aged 14-24 years. We have received referrals from multiple sources including children social care, colleges, Teesside University and for those 16+ from Cleveland police, adult social care and the CORE team. Every young person within the services receives a bespoke package of support; meeting their individual needs and expectations. The project provides a safe space for young people to explore their own feelings and develop an understanding of what is acceptable and unacceptable within a relationship. Depending on individuals' ability and learning preferences, we explore power and control within a toxic relationship and support young people to develop and exercise positive recovery strategies.

During the first year of the project, we have contacted each school within Middlesbrough, offering them the opportunity to engage with interactive workshops for their students. The project targeted year 6 and year 9 students; delivering 1 hour workshops which challenge gendered assumptions, explores equality, consent and the foundations of a healthy relationship.

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Report of The Trustees
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ACHIEVEMENTS AND PERFORMANCE - continued

CYP IDVA Service - continued

Primary schools within Middlesbrough have embraced the offer, with 20 having already completed workshops or are booked in to complete the sessions. In total, 835 primary school children have participated in these workshops. Unfortunately, the secondary schools have been slightly more reluctant to engage with the offer of the workshops. Alternatively, we have adapted our session and delivered assemblies within 3 of the schools; outlining details of the project and toxic relationships. We have been flexible in our approach to meet the needs of the schools; reaching 640 students.

In addition, we have linked in with local colleges, met with parent support groups and delivered presentations within professional forums such as the 'designated safeguarding lead' and 'prevent partnership board'. Overall, the project has successfully reached 1531 children and young people within Middlesbrough.

Year 2 of the project continues to reach schools across the locality whilst targeting already established groups such as youth groups and supported accommodation to deliver the workshops.

MSP Counselling and Therapeutic Services:

My Sisters Place Counselling and Therapeutic Services continued to meet the needs of our client group evidenced by robust therapeutic outcomes for the clients we support. The service completed therapy with 226 women with 75% of those clients experiencing a significant improvement in their emotional health and well-being and improvements in their mental health. Taking forward the learning during the pandemic, the service has continued to offer a blended therapy provision by embedding telephone/video and email counselling within its therapeutic offer and has continued to offer an alternative that makes therapy accessible and adaptable for clients unable to attend for face to face. This year of the 226 clients that we worked with 83 accessed therapies on line. This year 9% of our clients came from the LGBTQ+ community and 6% from the BAME community.

The service received some 560 referrals, completed over 323 therapeutic assessments and delivered over 2805 direct therapeutic sessions to those needing support.

Brief intervention work via BI Duty System has continued with 194 clients accessing brief intervention sessions with the BI project delivering some 243 sessions to clients. This continues to be a good resource for our front-line practitioners who can offer immediate access for their clients that have high levels of anxiety and trauma at the point of most need.

What some survivors say about their experiences:

Jenna shared - 'It's been positive to be able to express how I feel. Coping strategies have helped as well as explorations, which will help me now and in the future.'

Margaret shared - 'It's been very thought provoking. It has made me realise I am allowed to have my own opinions and needs met. I feel like I am respected and worthy'.

Julia shared - 'I can manage my anxiety with the tools I have been taught, this has helped improve self-esteem.'

Sarah shared - 'I feel having a safe place to discuss how I am feeling and why I am feeling the way I do has been the biggest positive'

March 2022 was an exciting month when we were successful in securing funding with the help of our Middlesbrough communities for our Mothers and Daughters Project via the Big Give. The funding will be used to offer Mother Daughter therapy to those mothers and daughters whose relationships have been impacted by their experiences of domestic abuse. Mother/Daughter therapy will offer a space to strengthen the relational dynamics between mothers and daughters by improving relationships and provide explorative and reparative experiences within supportive environments.

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ME TIME Children and Young Peoples Therapy Service:

This year saw the launch of our ME TIME Children and Young Peoples Therapy Service. The service has established itself with robust pathways supporting the most vulnerable children involved in the Safeguarding arena. In its first year the service received 92 referrals with 235 therapeutic assessments completed and over 620 direct therapy sessions delivered to children and young people. 33 children have completed therapy with 9 parents accessing therapeutic support whilst their children access ME TIME to further strengthen and build relationships within families.

What some of our CYP's say about their ME TIME journey;

'I think that ME TIME is really calming and relaxing because when you're feeling sad or upset they help you without interrupting you and without judgement and I now see things much better and it has benefitted me in different ways and coping with life' (ME TIME CYP)

'ME TIME has helped me feel safer and not be scared anymore' (ME TIME CYP – 9yrs)

'Learning about how our brain works when we are scared has really helped, it makes me feel normal for how I have been feeling' (ME TIME CYP - 15 yrs)

'I feel like I'm flying and in a safe place - like green fields' (ME TIME CYP – 11yrs)

'It makes me happy' (ME TIME CYP - 9yrs)

Sanctuary Scheme:

Funded by Middlesbrough Council, our Sanctuary Scheme enables victims who are experiencing or are at risk of domestic abuse to stay in their own homes, where it is safe to do so. This has the impact of reducing homelessness in the local authority and provides stability for victims and children living locally at what can be a traumatic time in their lives. The Sanctuary scheme secures properties and is a victim centred initiative enabling them to feel safer and whilst pursuing legal protection. This means families remain connected to local services such as schools and GPs and children's lives are not disrupted. The scheme works closely with Cleveland Police and Cleveland Fire Service to increase home safety and provide practical support. In 2021/22 the scheme received 189 referrals, 171 applications were assessed and 119 were eligible. 83 progressed to having 'security works' fitted. The scheme also provides a 6 month support plan with follow up calls where ongoing assistance and safety planning is provided to help victims move forward with their lives. Since the pandemic follow up calls take place remotely and 257 remote support calls took place in 2021/22. It was vital that we were able to continue to offer this security through the pandemic and beyond where victims felt more isolated and were confined to their homes.

Our policies and procedures have been reviewed and strengthened so additional training and support is given to our contractors and we have developed closer working relationships with our partner agencies.

One woman said;

"There's only you who's helping and listening to me, thank you so much for all you've done, thank you."

"Thank you so much for everything you did for me when I was going through the worst time of my life. I'll always be grateful thank you."

My Sister's Place
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Route2:

It has again been a challenging period for the sector as a whole. Funding remains a major challenge, indeed funding received from the office of the Police and crime commissioner (OPCC) to provide the Route2 intervention service covering all four local authority areas ceased in March 2022. The OPCC decided upon a different strategy and applied for Government funding to provide a Teesside wide support service to those perpetrators identified as having complex needs and where it is believed to be contributing to their offending behaviour.

Route2 is included in the provision but on a joint format along with other services including MSP, and it has just been confirmed that funding has been approved to continue the project for a further 12-month period. During this time, we are pleased to have been able to continue our work with Redcar and Cleveland local authority providing 1-1 interventions but the loss of three local authority areas has impacted on referral rates and we now look ahead to exploring future opportunities to develop Route2.

We are active participants in local domestic abuse forums including, but not limited to, MATAC, Domestic Abuse partnership panel, the CPS Domestic Abuse scrutiny panel and the CPS sexual offences scrutiny panel therefore giving Route2 a voice in setting strategy regionally and nationally and addressing the needs of families effected by domestic abuse.

We continue to work to raise the profile of Route2 and have now carried out numerous awareness sessions to departmental leads and managers within Redcar and Cleveland local authority including Children's services, education, health and housing. We also presented the Route2 service on the local Radio station Zetland FM. We have further awareness sessions planned with Redcar and Cleveland Safeguarding and early help Senior Team managers meetings. It is hoped that by raising the profile within these and other departments we will be able to offer the service to wider areas of our communities including those who prove more difficult to reach.

Route2 has developed a strong community footprint and has active partnership arrangements in place with a number of organisations including the Police, Redcar and Cleveland Social care, Children's services, housing and health. We are fully committed to and understand the importance of partnership working and are members of Multi Agency Tasking and Co-ordination group as well as the top 50 perpetrator strategy group helping to provide solutions to increase the safety of victims and children whose lives are affected by domestic abuse.

Going forward Route2 seeks to extend service and develop awareness training packages for delivery to professionals and partner agencies to increase referrals and engagement opportunities and to address gaps in provision and encouraging referrals from underrepresented groups including LGBTQ+ and BAME communities.

IRIS Middlesbrough: IRISi has gone from strength to strength, and we are very proud of our partnership with Dr Jen Standen a local GP and champion of the approach. IRISi has now trained 124 GPs to recognise and respond to abuse and has supported 120 victims to be safeguarded.

Fundraising activity: Fundraising has been extremely challenging this year and the combined issues of recovery from the pandemic and cost of living crisis have reduced our opportunities to deliver community events. We were forced to cancel some of our planned activities due to low ticket sales and an increasing awareness that our community simply didn't have the funds available to support us. Further challenges came about as a result of our Fund Raiser leaving and the role became split across several different members of staff as an add on.

We did have some notable success despite this:

Afternoon tea on International Women's Day- we are extremely grateful to those who attended our afternoon tea which raised awareness of domestic abuse alongside raising £1,600.

The Big Give - we took part in a special funding round of the Big Give in March 2022 and raised a whopping £66k.

The charity does not carryout significant fundraising activities.

All fundraising activities were monitored internally as part of staff supervision and scrutinised by our Finance Manager in line with finance policies and procedures. No complaints were received with regards to fundraising activities carried out in this period.

My Sister's Place
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Impact Measurement: The impact of domestic violence is wide ranging; to address this varied need My Sister's Place prioritises 3 main outcome areas that are relevant to all age groups and are tracked using our Oasis: On Track Case Management system:-

- 1 Safety - Using a nationally recognised multi-agency risk assessment and management system to assess, manage and reduce the risk of further harm to women and children.
- 2 Social Justice - My Sister's Place provides advocacy in a range of settings including criminal and civil justice, money advice, housing and immigration. The impact of this is tracked through support plans via On Track.
- 3 Health and Wellbeing - We recognise the negative impact on both physical and mental health and our counselling service addresses the immediate emotional needs and offers pathways through the recovery process. We measure the impact of these interventions through CORE-IMS and the Short Warwick Edinburgh scale.

FINANCIAL REVIEW AND RESERVES POLICY

My Sister's Place ends this financial year with a surplus of £145,173. Plans are in place to increase income generation as part of a sustainability strategy which includes training income and the development of a dispersed property portfolio.

The charity's reserves policy is to aim to have an amount in free reserves to cover 3 to 6 months of expenditure. The trustees feel that this amount is sufficient to allow the charity to affect a smooth exit, should this ever be required. Free reserves are unrestricted funds which are not designated. At 31 March 2022, included in the unrestricted reserves of £956,333 were designated funds of £415,374, set out to cover future expenditure. At the year end free reserves were £540,959. Restricted reserves of £136,296 relate to restricted grant income which relates to 2021/22.

Included within the unrestricted reserves are designated reserves which have been set aside for specific areas of spend by the trustees. This is to ensure that these future projects are protected and will not be so heavily reliant on securing grant funding in order to pursue activities which the trustees feel will further the charity's objectives. These plans include the ability to fund a perpetrators project which aims to prevent domestic violence. This service is now in its fourth year with a further contract secured for two years, at the end of which this reserve is available to close down the project should no other funding source be secured. £365,229 is designated to allow property investment which will enable the charity to provide secure immediate furnished accommodation for our most vulnerable service users.

Principal Risks

My Sister's Place maintains and reviews its risk register in line with the organisation risk management policy. All major risks have been reviewed and systems have been established to manage these risks.

Principal risks include:-

Staff recruitment and retention: Staff are extremely tired following an intense period in our history that shows no signs of abating. This is a national issue not only in the charity sector but across all sectors of employment. Local Authorities and Police forces have been allocated governmental funding to tackle VAWG and staff are being drawn to the public sector as the terms and conditions are better. Charities simply cannot compete. This has been raised at a national level with the DA Commissioner and the Home Office.

Capacity: Lack of capacity to deliver services and develop new projects. The pandemic had an impact on capacity and resources. All new work must be subject to identified funding streams to enable the charity to buy in relevant resources. This issue has and continues to be raised with our commissioners.

Covid and Cost of Living: Continued pressure from the external environment impacts on our ability to implement services. We are working with our partners to mitigate the risks as far as possible.

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My Sister's Place Trading Limited

My Sister's Place Trading Limited is a 100% subsidiary of the charity which was incorporated on 30 April 2018 and started to trade that year. The subsidiary's activities are the operation of a charity shop to provide additional funds for the charity.

MSP took the very sad but ultimately the right decision for the charity to close our Charity Shop in June 2021.

Trading had not recovered fully following covid restrictions. Our volunteers, many of whom were elderly or had underlying health conditions, continued to shield and this impacted on our ability to open and trade. This combined with uncertainty about the future location of the shop due to Middlesbrough Council's plans to remodel and regenerate the shopping centre into a leisure area rather than retail area. The Trustees and CEO undertook a robust assessment of all areas of both risk and opportunity and decided the trading arm was no longer viable.

Plans for the Future

MSP strategic direction of travel in the next five years:-

- We aim to increase our digital presence and offer to clients through a new website that will be launched in the early months of 2023.
- We aim to increase our offer to victims across the full range protected characteristics -our specific focus in the next year will be disability issues through a dedicated specialist service .
- We aim to work toward improving our offer to asylum seekers and refugees through working towards becoming an accredited immigration advice service.

STRUCTURE GOVERNANCE AND MANAGEMENT

Governing Document

The organisation is a charitable Company Limited by Guarantee and incorporated on 23 April 2010 and is governed under its Articles of Association. The company registered as a charity on 6th August 2010. On 1st April 2011 the company took over the assets and activities of My Sister's Place Women's Advice Centre, an unincorporated charity which was established in 2002.

Recruitment and Appointment, Induction and Training of Trustees

Trustees are appointed at a meeting of the charity's board on the basis of nominations received by the board. Trustees are selected by the board based on their eligibility, personal competence, specialist skills and relevant experience. New trustees receive an induction in the workings of the charity and ongoing training needs are identified by individual board members and through annual skills analysis. The charity insurance includes trustee indemnity cover. All trustees appointed by the board must retire at the next AGM and stand for re-election.

Organisational Structure

The Board of Management, consisting of trustees and officers, meet at least quarterly to decide matters of policy and strategy. Day to day management is delegated to Chief Officer and her team.

The charity has a salary framework detailing the skills abilities and responsibilities for all roles and related pay bands which includes key management personnel.

TRUSTEES' RESPONSIBILITIES STATEMENT

The Trustees (who are also Directors of My Sister's Place for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

My Sister's Place
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Report of The Trustees
for the Year Ended 2021/2022

TRUSTEES' RESPONSIBILITIES STATEMENT - continued

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:-

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:-

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all the steps that we ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the Trustees and authorised to sign on their behalf.



Rebecca Samuels - Chair

Dated: 24/01/2023

My Sister's Place
and its Subsidiary Company

Report of the Independent Auditor to the Members of My Sister's Place

Opinion

We have audited the financial statements of My Sister's Place for the year ended 31 March 2022 which comprise the Statement of Financial Activities, Balance Sheet, Cash Flow Statement and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:-

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022, and of the incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for the period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon. Our opinion on the financial statements does not cover the other information, except to the extent otherwise explicitly stated in our reports, and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

My Sister's Place
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Report of the Independent Auditor to the Members of My Sister's Place

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:-

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or

Responsibilities of trustees

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:-

Based on our understanding of the charity, we have considered applicable laws and regulations which may be fundamental to the charity's ability to operate or to avoid a material penalty, and we considered the extent to which non-compliance might have a material effect on the financial statements. We considered management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to the posting of inappropriate manual journal entries to manipulate financial performance, management bias in significant accounting estimates and any significant one-off or unusual transactions.

We discussed among the audit engagement team the opportunities and incentives that may exist within the organisation for fraud and how and where fraud might occur in the financial statements.

My Sister's Place
and its Subsidiary Company

Report of the Independent Auditor to the Members of My Sister's Place

Auditor's responsibilities for the audit of the financial statements (continued)

- Enquiry of management and those charged with governance around actual and potential litigation and claims.
- Enquiry of entity staff in tax and compliance functions to identify any instances of non-compliance with laws and regulations.
- Reviewing minutes of meetings of those charged with governance.
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business.
- Challenging estimates and judgements made by management in their significant accounting estimates.
- Revenue recognition; agreeing a sample of revenue transactions to gain assurance over the occurrence and accuracy of revenue and also to ensure revenue has been recognised in the correct period.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. The risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditors-responsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Mr D J Robertson FCA - Senior Statutory Auditor
For and on behalf of Anderson Barrowcliff LLP Chartered Accountants
Statutory Auditor
3 Kingfisher Way
Bowesfield Park
Stockton on Tees
TS18 3EX

Date: 24 January 2023

My Sister's Place
and its Subsidiary Company

Consolidated Statement of Financial Activities (Including Income and Expenditure Account)
for the Year Ended 31 March 2022

		2022			2021
	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds £	Total Funds £
Income and endowments from:					
Donations & legacies	2	52,858	3,200	56,058	157,040
Charitable activities	3	114,225	1,012,364	1,126,589	903,538
Other trading activities	4	81,919	800	82,719	89,990
Investments - interest received		302	-	302	432
Total Income		249,304	1,016,364	1,265,668	1,151,000
Expenditure on:					
Raising funds	5	37,150	-	37,150	76,242
Charitable activities	6	69,478	1,013,867	1,083,345	975,403
Total Expenditure		106,628	1,013,867	1,120,495	1,051,645
Net income/(expenditure)/net movement in funds		142,676	2,497	145,173	99,355
Funds brought forward	12	813,657	133,799	947,456	848,101
Fund balance carried forward		956,333	136,296	1,092,629	947,456

The accompanying notes form part of these financial statements

My Sister's Place
and its Subsidiary Company
Consolidated Balance Sheet as at 31 March 2022

	Notes	2022		2021	
		£	£	£	£
Fixed Assets					
Tangible assets	8		345,917		354,204
Current Assets					
Stock			-	1,350	
Debtors	10	203,974		12,391	
Cash at bank and in hand		744,915		731,639	
		<u>948,889</u>		<u>745,380</u>	
Creditors: Amounts falling due within one year	11	<u>202,177</u>		<u>152,128</u>	
Net Current Assets			<u>746,712</u>		<u>593,252</u>
Net Assets			<u>1,092,629</u>		<u>947,456</u>
Funds					
Restricted funds	12		136,296		133,799
Unrestricted funds					
Unrestricted income funds	12	540,959		389,996	
Designated funds	12	<u>415,374</u>		<u>423,661</u>	
			<u>956,333</u>		<u>813,657</u>
Total Funds			<u>1,092,629</u>		<u>947,456</u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.



.....
R Samuels - Director and Trustee

The accounts were approved by the Board on 24/01/2023 and signed on its behalf by the above.

My Sister's Place
and its Subsidiary Company

Balance Sheet as at 31 March 2022

	Notes	£	2022 £	£	2021 £
Fixed Assets					
Tangible assets	8		345,917		354,204
Investments			<u>1</u>		<u>1</u>
			345,918		354,205
Current Assets					
Stock			-	500	
Debtors	10	251,238		49,150	
Cash at bank and in hand		<u>696,690</u>		<u>694,829</u>	
			947,928	744,479	
Creditors: Amounts falling due within one year	11		<u>201,217</u>	<u>151,228</u>	
Net Current Assets			746,711	593,251	
Net Assets			<u>1,092,629</u>	<u>947,456</u>	
Funds					
Restricted funds	12		136,296		133,799
Unrestricted funds					
Unrestricted income funds	12	540,959		389,996	
Designated funds	12	<u>415,374</u>		<u>423,661</u>	
			956,333	813,657	
Total Funds			<u>1,092,629</u>	<u>947,456</u>	

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

.....
R Samuels - Director and Trustee

The accounts were approved by the Board on and signed on its behalf by the above.

The accompanying notes form part of these financial statements.

My Sister's Place
and its Subsidiary Company

Statement of Cash Flows and Consolidated Statement of Cash Flows for the Year Ended 31 March 2022

	<u>Notes</u>	2022		2021	
		Charity £	Group £	Charity £	Group £
Cash flows from operating activities:					
Cash generated from operations	18	1,559	12,974	224,610	239,984
Cash flows from investing activities					
Interest received		302	302	432	432
Net cash provided by investing activities		302	302	432	432
Change in cash and cash equivalents in the reporting period		1,861	13,276	225,042	240,416
Cash and cash equivalents at the beginning of the reporting period		694,829	731,639	469,787	491,223
Cash and equivalents at the end of the reporting period		696,690	744,915	694,829	731,639

The accompanying notes form part of these financial statements.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2022

1 ACCOUNTING POLICIES

(a) General Information and Basis of Preparation

My Sister's Place is a private company limited by guarantee and registered in England. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are as an independent 'One Stop Shop' for women who are suffering, or have suffered, domestic violence.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice as it applies from 1 January 2015.

The financial statements are prepared on a going concern basis under the historical cost convention.

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The financial statements consolidate the results of the charity and its wholly owned subsidiary, My Sister's Place Trading Limited.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Income Recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations and grants to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation or grant and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example, the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

The charity received government grants in respect of the Coronavirus Job Retention Scheme and small business grants. These grants are recognised at the fair value of the asset received or receivable when there is a reasonable assurance that the charity will comply with the conditions attached to them. The grants are recognised using the accrual model.

Investment income is earned through holding cash in deposit accounts and is recognised when it is earned.

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102). Further detail is given in the notes to the accounts.

The grants are recognised using the accrual model.

There is no netting off of expenditure within the accounts.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2022

1 ACCOUNTING POLICIES (continued)

(c) Expenditure Recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Expenditure is classified under the following headings:-

- Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities. It includes both costs which can be directly allocated to activities and those costs of an indirect nature.
- Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs.
- Governance costs are those incurred in connection with compliance with constitutional and statutory requirements.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

(d) Tangible Fixed Assets

Tangible fixed assets are stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life.

Depreciation has been charged at:-

Improvements to freehold property	- 4% straight line
Fixtures, fittings & equipment	- 25% straight line

Freehold Property is not depreciated. Although this is not in accordance with FRS 102 section 17.18 the properties are always kept in a state of good repair and the Trustees believe that the market value is in excess of cost.

(e) Debtors and Creditors Receivable/Payable Within One Year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price.

(f) Cash at Bank

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

(g) Pension Costs

The company operates a fully insured contributory defined contribution pension scheme for all employees. The company contributions are charged to the SOFA in the period to which they relate.

(h) Tax

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

(i) Operating Leases

Rentals payable under operating leases are charged to the SOFA on a straight-line basis over the period of the lease.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2022

1 ACCOUNTING POLICIES (continued)

(j) Going Concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

(k) Judgements and Key Sources of Estimation Uncertainty

In the application of the charitable company's accounting policies, which are described above, the Trustees are required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

(l) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

2 DONATIONS AND LEGACIES

	Unrestricted	2022 Restricted	Total	2021 Total
	Funds	Funds	Funds	Funds
	£	£	£	£
Fundraising and sundry donations	38,074	700	38,774	58,104
Coronavirus Job Retention Scheme income	2,784	-	2,784	22,260
MBC Covid small business grants	-	-	-	38,500
Virgin Money Covid grant	-	-	-	20,000
County Durham Community Foundation grant	-	-	-	5,000
SafeLives Covid grant	-	-	-	1,176
Donated premises	12,000	-	12,000	12,000
Reach Plc Pride of Britain	-	2,500	2,500	-
	<u>52,858</u>	<u>3,200</u>	<u>56,058</u>	<u>157,040</u>

The donated premises are the estimated market value rent of the property donated to the charity by Middlesbrough Council.

In 2021 £150,864 of the donations related to unrestricted funds and £6,176 related to restricted funds.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2022

3 INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	2022 Restricted Funds £	Total Funds £	2021 Total Funds £
MHCLG Funding Covid grant	-	-	-	29,113
Foundations New Starts	-	-	-	10,940
Novacyt grant	25,000	-	25,000	-
MBC IDVA Referrals Officer	-	-	-	-
Nationwide Homes for Good	-	-	-	49,891
MBC - Navigator scheme	-	18,824	18,824	43,477
WWIN Sisters Projects	23,811	-	23,811	8,683
WWIN Homeless Link	-	-	-	30,000
WWIN - NHS Charities Partnership	-	8,376	8,376	-
Big Lottery Fund - Counselling & Building Capabilities	-	186,690	186,690	113,285
Henry Smith Charity	-	-	-	40,300
MBC Public Health - IDVA	-	-	-	64,666
Police & Crime Commissioner - IDVA	-	30,000	30,000	30,000
Women's Aid - Comic Relief funding	-	-	-	29,559
Women's Aid - Voices	-	-	-	15,000
Lloyds Bank Foundation	30,000	-	30,000	56,024
Lloyds Bank Foundation - IDVA	-	-	-	5,120
Lloyds Bank Foundation - DCMS	-	-	-	-
Charity Shop TamponTax Grant	-	-	-	-
MBC Sanctuary Scheme	-	-	-	52,400
MIND grants - Coronavirus Mental Health Response Fund	-	10,643	10,643	30,035
The Big Give	-	68,593	68,593	-
MBC NHS Counselling Service	-	-	-	15,000
Police & Crime Commissioner - Route 2	-	73,000	73,000	73,000
Sundry grants	831	1,150	1,981	2,749
Smallwood Trust	-	41,333	41,333	46,667
- CAF Resilience Fund	-	-	-	20,246
Middlesbrough Borough Council Community Grant Fund	-	-	-	18,907
NatWest SafeLives	-	-	-	5,000
PCC Ministry of Justice Covid funding/uplift funding	-	58,624	58,624	113,476
- PCC Perpetrator project	-	46,794	46,794	-
Community Foundation Grant	10,000	-	10,000	-
Leathersellers	13,333	-	13,333	-
MBC Recovery grant/admin support	-	43,638	43,638	-
Rotheram Rise	6,250	-	6,250	-
NatWest Safe Lives Circle Fund	5,000	-	5,000	-
MBC Services (CYP) Lot 3	-	75,636	75,636	-
MBC Services Lot 2	-	205,591	205,591	-
Masons	-	147	147	-
IRIS	-	26,899	26,899	-
PCC IDVA/ISVA	-	77,218	77,218	-
MBC Safer Streets	-	31,708	31,708	-
PCC Ministry of Justice Winter Pressures	-	7,500	7,500	-
Total	114,225	1,012,364	1,126,589	903,538

In 2021 £854,609 of the income from charitable activities related to restricted funds and £48,929 related to unrestricted funds.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2022

4 INCOME FROM TRADING ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total Funds £	(all unrestricted) 2021 Total Funds £
Charity Shop sales	11,567	-	11,567	17,431
Student placement income	-	-	-	3,130
The Great North Run	644	-	644	-
D A Support	2,215	-	2,215	960
Fundraising event income	-	-	-	1,947
Afternoon Tea	2,400	-	2,400	-
Corporate supporters	7,500	-	7,500	10,250
Training income	-	-	-	900
Darlington BC Route 2	-	800	800	625
Rental income	428	-	428	9,113
Housing Benefit	44,782	-	44,782	37,584
Counselling session	11,211	-	11,211	4,230
Other trading income	1,112	-	1,112	200
Wellbeing workshop	60	-	60	3,620
Total	81,919	800	82,719	89,990

5 RAISING FUNDS EXPENDITURE

	2022 £	2021 £
Staff costs	33,805	72,559
Fundraising costs	2,452	1,269
Charity shop expenses	893	2,414
Total	37,150	76,242

In 2021 all of the expenditure related to unrestricted funds.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2022

6 EXPENDITURE ON CHARITABLE ACTIVITIES

	2022	2021
	£	£
Direct costs		
Staff costs	657,146	593,001
Travel, training & supervision	17,202	3,014
Computer & telephone costs	36,188	72,924
Property costs	15,202	14,618
Property works	26,744	22,518
Project costs	5,592	17,733
Client costs	39,411	40,619
Professional fees & supervision	6,495	5,530
Volunteer expenses	272	90
Depreciation	8,287	8,287
Gift in kind - rent	12,000	12,000
	<hr/> 824,539	<hr/> 790,334
Support costs		
Staff costs	144,481	84,358
Travel & training	4,094	240
Postage, stationery & general admin costs	30,773	18,935
Premises costs	25,844	20,291
Bookkeeping costs	29,900	28,072
Consultancy	6,974	14,515
Bad debts	-	6,106
	<hr/> 242,066	<hr/> 172,517
Governance costs		
Accountancy - Audit fee	6,000	4,200
- Other services	10,740	7,152
Legal costs	-	1,200
	<hr/> 1,083,345	<hr/> 975,403

In 2021 £109,313 of expenditure on charitable activities related to unrestricted funds and £866,090 related to restricted funds.

7 STAFF COSTS

	2022	2021
	£	£
Salaries and wages	737,137	672,618
Social Security costs	60,539	47,703
Pension	37,756	29,598
	<hr/> 835,432	<hr/> 749,919

No employees received emoluments of more than £60,000.

The average weekly number of employees during the year based on headcount was 39 (2021: 35).

Key Management Personnel Costs

The total amount of employee's remuneration received by key management personnel including employers National Insurance and pension contributions is £70,875 (2021: £52,335). The charitable company considers its key management personnel to be Chief Officers.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2022

7 STAFF COSTS – continued

Trustee Remuneration and Related Party Transactions

No trustees received any remuneration or expenses during the year (2021: Nil).

The husband of Michelle O'Rourke, the CEO, is the director of Think Random Limited. This company provided services totaling £Nil (2021: £210) to the charity. All transactions were on normal commercial terms.

No other trustee or other person related to the charity had any personal interest in any contract or transaction entered into during this or the previous year.

8 TANGIBLE FIXED ASSETS – GROUP & CHARITY

	Land & Buildings £	Fixtures, Fittings & Equipment £	Total £
Cost			
At 1 April 2021 and 31 March 2022	399,513	28,204	427,717
Depreciation			
At 1 April 2021	45,670	27,843	73,513
Charge for year	7,958	329	8,287
At 31 March 2022	53,628	28,172	81,800
Net Book Value			
31 March 2022	345,885	32	345,917
31 March 2021	353,843	361	354,204

9 FIXED ASSET INVESTMENTS

Investments held by the charity represent the entire share capital of its trading subsidiary, My Sister's Place Trading Limited (registered number 11337607). The nature of the company's activities is the operation of a charity shop. Further details are given in note 16.

10 DEBTORS

	Charity 2022 £	Group 2022 £	Charity 2021 £	Group 2021 £
Trade debtors	162,243	162,243	6,433	6,433
Prepayments and accrued income	41,731	41,731	5,958	5,958
Intercompany balance	47,264	-	36,759	-
	251,238	203,974	49,150	12,391

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2022

11 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity 2022	Group 2022	Charity 2021	Group 2021
	£	£	£	£
Trade creditors	1,670	1,670	2,366	2,366
Social security and other taxes	17,597	17,597	14,241	14,241
Accruals and deferred income	175,959	176,919	128,676	129,576
Other creditors	5,991	5,991	5,945	5,945
	<u>201,217</u>	<u>202,177</u>	<u>151,228</u>	<u>152,128</u>

Deferred income includes:-

	Charity 2022	Group 2022	Charity 2021	Group 2021
	£	£	£	£
Brought forward	90,328	90,328	16,464	16,464
Deferred in the year	163,959	163,959	90,328	90,328
Released in the year	(90,328)	(90,328)	(16,464)	(16,464)
Carried forward	<u>163,959</u>	<u>163,959</u>	<u>90,328</u>	<u>90,328</u>

The deferred income relates to income received this year, which relates to 2022/2023, mainly in respect of salary costs and work not year performed from the following:-

	£
WWIN Sister's Project	23,616
IRIS	2,476
Leathersellers	26,667
PCC Perp Project	29,832
Navigator Accommodation (unspent salaries)	8,000
Safer Streets	46,372
WWIN NHS Charities	8,376
Masons	18,620
	<u>163,959</u>

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2022

12 MOVEMENT IN FUNDS

	At 31.3.21 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 31.3.22 £
Restricted Funds					
Charity shop grant	7,242	-	7,242	-	-
Smallwood	-	41,333	26,362	-	14,971
Nat West	1,421	-	973	-	448
Counselling - Big Lottery Inclusive	14,015	186,690	171,469	-	29,236
Counselling - Henry Smith	10,075	-	10,075	-	-
Lloyds Transform	4,973	-	4,973	-	-
COVID - MIND Funding	-	10,643	10,643	-	-
The Big Give	-	68,593	-	-	68,593
MBC CYPS Lot 3	-	75,636	75,199	-	437
MBC Lot 2	-	205,591	205,591	-	-
IDVA - Public Health	13,333	-	13,333	-	-
IDVA - PCC	-	30,000	30,000	-	-
Route 2	-	73,800	73,530	-	270
Navigator	14,034	18,824	32,858	-	-
Various Small Grants	-	1,150	1,150	-	-
Nationwide Homes for Good Grant	57,190	-	37,349	-	19,841
Iris	-	26,899	26,899	-	-
MBC Admin support	-	43,638	43,638	-	-
MoJ uplift	-	58,624	58,624	-	-
IDVA/ISVA	-	77,218	77,218	-	-
Perp project	-	46,794	46,794	-	-
MBC safer streets	-	31,708	31,708	-	-
Masons	-	147	147	-	-
MOJ winter pressures	-	7,500	7,500	-	-
WWIN Homeless Link Project	11,516	-	11,516	-	-
NHS charities partnership	-	8,376	8,376	-	-
Persimmon Homes	-	700	700	-	-
Reach PLC Pride of Britain Funding	-	2,500	-	-	2,500
Restricted Funds Total	133,799	1,016,364	1,013,867	-	136,296
	At 31.3.21 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 31.3.22 £
Designated Funds					
Perpetrators Project	22,772	-	-	-	22,772
Development of New Areas of Work	27,341	-	-	-	27,341
Capital Fund	361	-	329	-	32
Building Fund	373,187	-	7,958	-	365,229
	423,661		8,287	-	415,374
General unrestricted funds	389,996	249,304	98,341	-	540,959
Total unrestricted funds	813,657	249,304	106,628	-	956,333
Total funds	947,456	1,265,668	1,120,495	-	1,092,629

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2022

PURPOSES OF RESTRICTED FUNDS

Navigator Scheme - The money received from Middlesbrough Public Health via MHCLA to provide a Domestic Abuse Navigator, dispersed accommodation and personalisation fund for women facing barriers to safe housing.

WWIN - NHS Charities Partnership – In partnership with Wearside Women in Need (lead partner) to provide a Counselling community partnership programme for North East and Cumbria

Big Lottery Fund – A five-year grant with part funding towards Counselling, IDVA and Support Services

Police & Crime Commissioner (IDVA) – To provide Independent Domestic Violence Advocacy

MIND Grants – To provide funding for women during the Covid pandemic

The Big Give – A special funding round of the Big Give raising money for a mother and Daughter Therapy service

Police & Crime Commissioner (Route 2) – To support perpetrator work through Route 2 project

Sundry Grants – Various small grants for basic provisions for women in need

Smallwood Trust – To provide small grants to women needing support, including management and support costs.

PCC Ministry of Justice Funding/Uplift Funding – A 1 year grant to provide IDVA/ISVA funding

PCC Perpetrator Project – Funding for DA Complex Needs worker and therapeutic service staff plus admin and management costs to deliver the Perpetrator project

MBC Grant Support/Admin Support – Local authority funding towards admin costs

MBC Services (CYP) Lot 3 – Local authority funding for Middlesbrough services, funding IDVAs and Counselling staff for Children and Young People Service

MBC Services Lot 2 – Local authority funding for Middlesbrough services, funding IDVAs, Counselling staff and Sanctuary Service

Masons – A 3-year grant to fund a therapist for CYP service

IRIS – Funding for an Iris Educator Advocate for the Middlesbrough IRIS project

PCC IDVA/ISVA – Police and Crime Commissioner funding for IDVA/ISVA support

MBC Safer Streets – Funding for VAWG Ask Me Ambassador scheme, IDVA Stalking and Personal Safety funding for vulnerable women and girls

PCC Ministry of Justice Winter Pressures – MOJ funding for 3 months to support increasing financial pressures on victim's services.

My Sister's Place
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Notes to the Financial Statements for the Year Ended 31 March 2022

PURPOSES OF DESIGNATED FUNDS

The **Perpetrators Fund** was designated by the trustees for a project which started in May 2016, setting aside £50,000 to bridge funding gaps. During the year, none of this funding was used.

The **development of new areas of work**: This represents proceeds from the sale of the Albert Centre and is to be used towards premises, investments and other development areas. In the year ended 31 March 2019 two properties were purchased for a total of £118,598 to provide homes for victims of domestic abuse. This money was taken from this fund.

The **Capital Fund** is to fund capital charges for fixtures, fittings and equipment. The surplus on the housing project has been transferred into this fund.

The **Buildings Fund** represents that element of reserves which relates to the charity's premises.

The designated funds are expected to be spent in the next three to five years in line with the strategic plan.

13 ANALYSIS OF NET ASSETS BETWEEN FUNDS – GROUP

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fixed assets	345,917	-	345,917
Net current assets	610,416	136,296	746,712
	<hr/>	<hr/>	<hr/>
At 31 March 2022	956,333	136,296	1,092,629
	<hr/>	<hr/>	<hr/>

14 PENSION COSTS

The Company operates a contributory pension scheme. It is a defined contributions scheme and contributions are charged to the SOFA as they accrue. The charge for the year was £37,756 (2021: £29,598).

My Sister's Place
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Notes to the Financial Statements for the Year Ended 31 March 2022

15 LEASING COMMITMENTS

	2022	2021
	£	£
Operating leases which expire:		
Within 1 year	-	2,421
Between 1 & 5 years	1,192	1,951
	<u>1,192</u>	<u>4,372</u>

Payments in the year amounted to £434 (2021: £2,049).

16 SUBSIDIARY COMPANY

The charity owns 100% of the share capital of My Sister's Place Trading Limited. The subsidiary was incorporated on 30 April 2018. It is used for non-primary purpose trading activities. A summary of the results of the subsidiary is shown below.

	£
Turnover	11,567
Expenses	19,636
	<u>8,069</u>
Net loss	
	£
Assets	47,265
Liabilities	47,264
	<u>1</u>
Share capital	

17 RESULTS OF THE PARENT COMPANY

	£
Total incoming resources	1,254,101
Movement in funds	145,175

The subsidiary gift aided £nil (2021: £19,858) to the parent company in the year.

18 RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Charity 2022 £	Group 2022 £	Charity 2021 £	Group 2021 £
Net income for the reporting period (as per the statement of financial activities)	145,173	145,173	99,355	99,355
Adjustments for:				
Depreciation charges	8,287	8,287	8,287	8,287
Interest received	(302)	(302)	(432)	(432)
Decrease/(Increase) in stock	500	1,350	-	1,150
(Increase)/decrease in debtors	(202,088)	(191,583)	17,836	32,059
Increase/(decrease) in creditors	49,989	50,049	99,564	99,565
Net cash (used in)/provided by operating activities	<u>1,559</u>	<u>12,974</u>	<u>224,610</u>	<u>239,984</u>