

**My Sister's Place
and its Subsidiary Company**

Report and Financial Statements
for the Year Ended 31 March 2021

"Charity Commissioners Copy"
Charity Number: 1137319

My Sister's Place
and its Subsidiary Company

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My Sister's Place
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Company Information

Trustees	Rebecca Samuels	-	Chair
	Jennifer Shield	-	Treasurer
	Helen Mather	-	Member
	Emma Thornhill	-	Member
	Amanda Senior	-	Member
	Elizabeth Taylor	-	Appointed 13 January 2021
	Anna Rawling	-	Appointed 13 January 2021
Chief Officer	Michelle O'Rourke	-	Resigned 9 July 2021
	Lesley Storey	-	From July 2021
Company Number	07233811		
Charity Number	1137319		
Registered Office	121-123 Borough Road Middlesbrough TS1 3AN		
Bankers	Virgin Money 7 Linthorpe Road Middlesbrough TS1 1RF		
Auditors	Anderson Barrowcliff LLP 3 Kingfisher Way Bowesfield Park Stockton on Tees TS18 3EX		

My Sister's Place
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Report of The Trustees
for the Year Ended 31 March 2021

The trustees present their report together with financial statements of the charity for the year ended 31 March 2021.

The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

The trustees are directors of the company for the purposes of the Companies Act 2006. The trustees who have served during the year and since the year end are shown on page 1.

OBJECTIVES AND ACTIVITIES INCLUDING PUBLIC BENEFIT STATEMENT

The charity's objects as set out in its Articles of Association are:-

- 1 To promote for the public benefit and with a view to public protection and the preservation of order, the provision of services directed towards the prevention of domestic violence.
- 2 The support of women and children who have suffered or are in danger of suffering disadvantage, exploitation and/or violence from perpetrators known to them.
- 3 To advance the education of voluntary and statutory agencies and the public in all aspects of domestic violence against women by known men, its causes, remedies and provision.

My Sister's place is an independent service for women who are suffering, or have suffered, domestic violence. Established in 2002 under Home Office funding as a Crime Reduction Project, the Charity is committed to working in partnership to tackle domestic violence. In 2016 the charity added a service for male perpetrators named Route 2 as an early intervention and prevention approach to reducing the escalation and harm caused by known perpetrators.

Mission: It is our Mission to tackle all forms of violence and abuse against women and children through the delivery of accessible support services, education, advocacy and leading the way to social change. We are committed to safeguarding families, strengthening communities and challenging inequalities to individual safety, justice, health and wellbeing.

Our Purpose:

- To deliver accessible, effective, specialist services that are informed and evaluated by service users experiences, promoting individual freedom and quality of life.
- To challenge inequality, and campaign for change to shape future policy and practice.
- To work with the wider community through education and community involvement to create a cultural shift in attitude to domestic abuse, and better equip families to protect their members.

How our Activities Deliver Public Benefit

Our main activities and who we try to help are detailed below. Our charitable activities focus on supporting women who have suffered from domestic violence and are undertaken to further our charitable purpose for the public benefit.

In setting our objectives and planning our activities the trustees have given careful consideration to the Charity Commission guidance on public benefit.

My Sister's Place
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Report of The Trustees
for the Year Ended 31 March 2021

ACHIEVEMENTS AND PERFORMANCE

The charity began the year in the midst of a global pandemic (COVID-19), like many charities My Sister's Place adapted to lockdown measures which adversely impacted the client group forcing women and children to stay at home with their abusive partners. The charity has had to quickly adapt to remote working, going from an open access one stop shop and drop in service to telephone and digital support. This happened quickly and smoothly despite the limited resources available. Despite the pandemic the charity continued to meet its aims and objectives, developing new approaches and finding innovative ways to engage with its beneficiaries.

Partnership working: In 2020-2021 My Sister's Place continued to work in partnership with existing partners and succeeded in forming new partnerships to respond to the pandemic. This has included –

VAWG Sector COVID response group: My Sister's Place and other VAWG sector partners met with commissioners across the Cleveland area on a weekly, monthly and then bi monthly basis to ensure open communication with regards to good practice, challenges and opportunities to work collaboratively to continue to meet the needs of victims/survivors during the pandemic.

Recovery Connections: Funding was secured to continue with the successfully piloted trauma informed therapeutic service within residential rehab, extended also by Recovery Connections to deliver in Gateshead.

Wearside Women in Need: My Sister's Place continued to deliver services directly and support the further development of therapeutic services within Wearside Women in Need, supporting their community and refuge services.

Foundation 'New Start': Through MHCLG funding My Sister's Place was able to work in partnership with Foundation to offer emergency accommodation, access funding to secure accommodation and outreach support for women during the pandemic, this included tenancy set up costs and household goods as well as ensuring safety measures were in place. The project directly supported 36 women and 47 children.

DA Car: MSP IDVAs worked alongside Harbour Domestic Abuse services to provide support on weekends and evenings alongside police following a report of domestic abuse. The response car acts as a first point of contact and introduction to service for women providing initial safety advice and signposting to relevant support services.

TIME Scaling Project: MSP continued its work with Spring Impact during this period. This enabled MSP to finalise both the design phase and the financial model for scaling of the MSP's TIME model and produced a support/training and consultancy package aimed at increasing the number of trauma informed services and practitioners across the VWAG sector. Two pilot originations were recruited and have committed to take part in the piloting of the scaled model during 21/22 to further refine the model and package.

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Direct services:

Women's Services: The core business of the charity is the delivery of direct services to women. This year the services received 3,838 referrals relating to 1,721 individuals. 1,191 of those referred had been previously been referred into the service (repeat referrals). 88% were referred to IDVA services, 19% to counselling services 13% sanctuary services and remaining referrals were across a range of additional services including housing support, Freedom Programme, Navigator project, IRIS and support work. The majority of referrals - 54%, are via Police an increase from 40% last year and this year and 17% were self-referrals compared to 26% in 2019/20. This is a notable impact of the COVID-19 pandemic as many women were unable to contact and engage in services due to lockdown restrictions forcing them into the home with their abuser. Children's services, mental health services and housing providers made up 7% of referrals.

A total of 880 women have engaged in one or more of our core services, receiving brief advice, completing an agreed support plan, or received therapeutic interventions, all of which encompass a trauma informed response. 685 women ended support with the service this year.

363 women were able to complete a support plan which included pre and post outcome measures related to their health and wellbeing. 77% reported an overall improvement in their health and well-being, with key changes in feeling safe (66% reported improvements), feeling optimistic about the future (61% reported improvements), feeling relaxed (70% reported positive outcomes in this area) and thinking clearly (63% reported positive outcomes).

Our direct services continued to deliver support to women throughout the pandemic, our services pivoted to deliver support remotely and all services continued to be delivered despite the challenges of the lockdown and home working. In response to the pandemic My Sister's Place were awarded funding via County Durham Community Foundation to implement a chat facility via My Sister's Place website, this enabled those who were restricted from accessing services during the pandemic to stay in touch, seek advice and find out how they could access support.

IDVA: Our IDVA service works with high risk victims reducing risk levels and preventing serious harm and homicide. They have been the first point of contact for victims during the pandemic, maintaining a crisis response remotely despite huge challenges. Our IDVAs continued to support women with a wide range of issues and practical measures to increase their safety and ensure they continued to have access to justice. Women were supported with a range of practical measures including criminal and civil justice support and advice and advocacy, safeguarding, housing, financial support, child contact and reducing the impact of COVID-19 on families in terms of mental health and well-being, and dealing with the impact of the lockdown measures. 569 engaged in a long term support plan with our IDVAs this year, and a further 305 clients received brief interventions.

Support: Our support workers provide vital support on an emotional and practical level to clients who are assessed as medium or standard risk of harm. Their role is to support women with practical measures such as housing, benefits, gaining independence from the perpetrator and becoming financially independent, 147 women engaged in a support plan with our support workers this year.

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**Report of The Trustees
for the Year Ended 31 March 2021**

Addressing Economic Abuse: MSP has worked hard throughout the pandemic to address the impact of economic abuse on our clients. Middleborough has high levels of poverty and the highest level of child poverty in the UK. This combined with economic abuse has led to critical situations for many of our families.

Building financial resilience and supporting families to overcome the challenges brought about by the pandemic has been a vital part of MSP work this year.

We were also delighted to offer a new grant based project through funding from Smallwood Trust which enables us to support women with small grants to meet their immediate needs across a range of financial burdens which present significant barriers to accessing routes to safety. This year 35 women were assisted with grants totalling £12,884. In addition we were able to provide support via NatWest Circle Fund assisting 16 women with grants totalling £4,627. Other grants to directly support women to live safe and free from abuse were sought via Middlesbrough Local Authority, Tesco food vouchers and Vodafone. The support team has carried out a vital role in ensuring women are not further disadvantaged by lack of finance, and the economic impact of abuse and the pandemic. The team supported vulnerable women to access £13,030 in benefit entitlements with ongoing yearly entitlements of £43,871, thus supporting their long term recovery from abuse and sustained independence.

MSP Counselling Service: My Sisters Place therapeutic services adapted quickly in response to the pandemic, overcoming significant challenges. This year our services were mobilised to a remote offer to ensure those who could and wanted to continue with therapeutic interventions could access this vital service at a very difficult time. Online therapy was offered alongside brief intervention, telephone and email support. Throughout the year 273 women accessed therapy via telephone, video or email.

The service increased its brief interventions provision and introduced a brief intervention duty system, as resource for our front line practitioners, which enabled them to facilitate immediate access, for clients with high levels of anxiety and trauma requiring immediate psychological support. 153 women received brief intervention therapies and emotional support.

267 women completed therapeutic assessments with the service delivering over 2,344 one to one sessions to those needing support. The counselling service continued to evidence the effectiveness of our service with 76% of those completing therapy reporting improvements in their emotional health and wellbeing, showing clinical and reliable change and improvements in day to day functioning and feeling more able to deal with problems and challenges as well as reporting a reduction in risk to self.

Survivor feedback said;

"It was a great source of support and I don't know what I would have done in this pandemic without them to be honest"

"I didn't feel so alone as I live alone and feel nobody has really cared about me during this COVID thing"

"The service offered me access to a counsellor really quickly to help me and my granddaughter in this horrible situation"

Sanctuary Scheme: Funded by Middlesbrough Council, our Sanctuary Scheme enables victims to stay in their own homes, where it is safe to do so, by securing properties and accessing legal protection. This means families remain connected to local services such as schools and GPs and children's lives are not disrupted. The scheme works closely with Cleveland Police and Cleveland Fire Service to increase home safety and provide practical support. In 2020/21 the scheme received 260 referrals, 251 applications were assessed, and 183 were eligible. 87 progressed to having 'security works' fitted. The scheme also provides a 6 month support plan with follow up visits. Due to the pandemic follow up calls took place remotely and 312 remote visits took place. It was vital that we were able to continue to offer this security through the pandemic where victims felt more isolated and were confined to their homes. One woman said;

"There's only you who's helping and listening to me, thank you so much for all you've done, thank you."

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Route 2: This year Route 2 was proud to gain Respect Accreditation following support via Lloyds Foundation. Route 2 is a community based service providing one to one early intervention to male and female perpetrators of domestic abuse aged 16 and above. The service works in partnership across Teesside, funded through the Office of the Cleveland Police and Crime Commissioner. Route 2 actively participates in multi-agency forums including MATAC and has a proactive presence in Teesside Specialist Domestic Abuse Court. Throughout the pandemic Route 2 has continued to deliver interventions on a remote basis, promoting and maintaining engagement. However, the nature of measures to address the pandemic has impacted on referral rates. During this year Route 2 received a total of 36 referrals, only 1 being a repeat referral. The main referrer was social care (18) and there were 8 self-referrals. Other referrers include Police, Health services and housing. 50% of those referred engaged with interventions. This year 7 service users completed the programme. The purpose of Route 2 is to increase victim's safety, one partner told us;

"Things are fine between us, he told me how his session went and that he feels like it is really helping him realise it's wrong what he did to me"

One service user said;

"I think more first and don't just go off on one. Take time to consider what I am saying and how I am saying it. I think I listen better also"

IRIS Middlesbrough: In January 2020 My Sister's Place through Comic Relief Big Night In funding via Women's Aid and Community Safety Partnership, were able to Launch IRIS interventions within GP practices in Middlesbrough. The IRIS approach directly addresses gaps in local provision to intervene at an earlier opportunity and to identify abuse which would otherwise go undisclosed, ensuring victims of abuse have access to the right services at the right time. IRIS involves training local GP practices, from GPs to frontline reception staff to understand and recognise the signs and symptoms of domestic abuse and signpost/refer accordingly, as well as the recruitment of an Advocate Educator who acts as a single point of contact and a clinical lead to support the project across GP practices.

Fundraising activity: Our fundraising activities were significantly impacted by the pandemic with the closure of our charity shop during lockdown. There were significant challenges with face to face events cancelled, and uncertainty for individuals and businesses. Despite the challenges faced we were fortunate to be supported by our community via individuals who gave their time and donated via things such as 2.6 Challenge, to businesses who attended virtual events and continued their corporate support. Thanks to Enterprise Made Simple for hosting fortnightly networking with a small fee in lieu of virtual coffee to MSP which has been great to keep our cause front and centre. Thanks also to BNI for their ongoing support including weekly subs, support of events and the annual regional fundraising dinner of which we were joint beneficiary. The support of COVID relief grants made a significant difference to our ability to adapt and respond, ensuring we had the right IT capabilities and resources needed to meet the changing need. This included individual donations from companies that include HMH Civils, Novacyt and PD Ports.

Key events included Clare Walton 'Leaders are MAD' coaching workshops, thanks to Claire for her ongoing support and pro bono coaching to make this "You're Worth It" programme possible; a very well attended virtual afternoon tea event, a fitness challenge group event spearheaded by corporate supporter Liza Pontone and online Christmas Panto, thanks to Tall Tales Mysteries for donating their services. We would like to thank all those who contributed to the charity during the pandemic large or small and who have given their time to help us continue our fundraising efforts.

All fundraising activities were carried out by our part time Fundraiser Manager. Fund-raising activities were monitored internally as part of staff supervision and scrutinised by our finance officer in line with finance policies and procedures. No complaints were received with regards to fundraising activities carried out in this period. During the pandemic fund-raising activities were carried out virtually and privacy notices and appropriate consents were issued and obtained with regards to all online activities for all participants and data stored inline with our GDPR policy. Fund-raising to members of the public was directed through social media and online platforms.

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Impact Measurement: The impact of domestic violence is wide ranging; to address this varied need My Sister's Place prioritises 3 main outcome areas that are relevant to all age groups and are tracked using our Oasis: On Track Case Management system:-

- 1 Safety – Using a nationally recognised multi-agency risk assessment and management system to assess, manage and reduce the risk of further harm to women and children.
- 2 Social Justice – My Sister's Place provides advocacy in a range of settings including criminal and civil justice, money advice, housing and immigration. The impact of this is tracked through support plans via on track.
- 3 Health and Wellbeing - We recognise the negative impact on both physical and mental health and our counselling service addresses the immediate emotional needs and offers pathways through the recovery process. We measure the impact of these interventions through CORE-IMS and the Short Warwick Edinburgh scale.

FINANCIAL REVIEW AND RESERVES POLICY

My Sister's Place ends this financial year with a surplus of £99,355 (2020: £31,046). Plans are in place to increase income generation as part of a sustainability strategy which includes training income and the development of a dispersed property portfolio.

The charity's reserves policy is to aim to have an amount in free reserves to cover 3 to 6 months of expenditure. The trustees feel that this amount is sufficient to allow the charity to affect a smooth exit, should this ever be required. Free reserves are unrestricted funds which are not designated. At 31 March 2021, included in the unrestricted reserves of £813,657 were designated funds of £423,661, set out to cover future expenditure. At the year end free reserves were £389,996. Restricted reserves of £133,799 relate to restricted grant income which relates to 2021/22.

Included within the unrestricted reserves are designated reserves which have been set aside for specific areas of spend by the trustees, this is to ensure that these future projects are protected and will not be so heavily reliant on securing grant funding in order to pursue activities which the trustees feel will further the charity's objectives. These plans include the ability to fund a perpetrators project which aims to prevent domestic violence. This service is now in its fourth year with a further contract secured for two years, at the end of which this reserve is available to close down the project should no other funding source be secured. £27,341 is designated to allow property investment which will enable the charity to provide secure immediate furnished accommodation for our most vulnerable service users.

Principal Risks

My Sister's Place maintains and reviews its risk register in line with the organisation risk management policy. All major risks have been reviewed and systems have been established to manage these risks.

Principal risks include:-

Safe Practice: Staff have a high level of training with a designated safeguarding lead. Lessons learned from Domestic Homicide and Serious Case Reviews are implemented into practice as per any recommendations, including one minute briefings to the team, training from partner agencies and review of internal procedures to mitigate against potential recurring risks highlighted.

Capacity: Lack of capacity to deliver services and develop new projects. The pandemic had an impact on capacity and resources. All new work must be subject to identified funding streams to enable the charity to buy in relevant resources.

Covid-19: The charity has operated for the entirety of this year under a global pandemic and measures to address this. The pandemic poses a number of risks to service delivery, health and wellbeing and financial risks. A contingency plan is in place and reviewed regularly alongside Government announcements and guidance to address any risks and potential outbreak of Coronavirus.

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My Sister's Place Trading Limited

My Sister's Place Trading Limited is a 100% subsidiary of the charity which was incorporated on 30 April 2018 and started to trade that year. The subsidiary's activities are the operation of a charity shop to provide additional funds for the charity.

Although the shop was closed for a significant part of the year due to Covid-19 restrictions, the trustees are satisfied with the results as assistance was received from the government in the form of the Coronavirus Job Retention Scheme income and small business grants. The subsidiary generated profits of £19,858 (2020: £8,538) which has been gift aided to the charity.

PLANS FOR FUTURE PERIODS

This year My Sister's Place were successful in receiving funding via Lloyds Foundation and will be working with a development partner over the next 12 months to agree a new strategic plan. New and emerging priorities will be outlined and addressed including provision for men as both victims and perpetrators, children's services and supporting women's economic recovery from abuse.

STRUCTURE GOVERNANCE AND MANAGEMENT

Governing Document

The organisation is a charitable Company Limited by Guarantee and incorporated on 23 April 2010 and is governed under its Articles of Association. The company registered as a charity on 6th August 2010. On 1st April 2011 the company took over the assets and activities of My Sister's Place Women's Advice Centre, an unincorporated charity which was established in 2002.

Recruitment and Appointment, Induction and Training of Trustees

Trustees are appointed at a meeting of the charity's board on the basis of nominations received by the board. Trustees are selected by the board based on their eligibility, personal competence, specialist skills and relevant experience. New trustees receive an induction in the workings of the charity and ongoing training needs are identified by individual board members and through annual skills analysis. The charity insurance includes trustee indemnity cover. All trustees appointed by the board must retire at the next AGM and stand for re-election.

Organisational Structure

The Board of Management, consisting of trustees and officers, meet at least quarterly to decide matters of policy and strategy. Day to day management is delegated to Chief Officer and her team.

The charity has a salary framework detailing the skills abilities and responsibilities for all roles and related pay bands which includes key management personnel.

TRUSTEES' RESPONSIBILITIES STATEMENT

The Trustees (who are also Directors of My Sister's Place for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:-

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

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Report of The Trustees
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TRUSTEES' RESPONSIBILITIES STATEMENT - continued

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:-

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all the steps that we ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the Trustees and authorised to sign on their behalf.



.....
Rebecca Samuels - Chair

27/01/2022

Dated:

My Sister's Place
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Independent Auditor's Report to the Members of My Sister's Place

Opinion

We have audited the financial statements of My Sister's Place for the year ended 31 March 2021 which comprise the Statement of Financial Activities, Balance Sheet, Cash Flow Statement and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:-

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021, and of the incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for the period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the Report of the Trustees, other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the trustees' annual report. Our opinion on the financial statements does not cover the other information, except to the extent otherwise explicitly stated in our reports, and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Other matter

The financial statements for the year ended 31 March 2020 were not audited because the income in the year was below the audit threshold.

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Independent Auditor's Report to the Members of My Sister's Place

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:-

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemptions in preparing the Report of the Trustees, and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the Trustees' Responsibilities Statement set out on page 8, the Trustees (who are also directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:-

- Enquiry of management and those charged with governance around actual and potential litigation and claims.
- Enquiry of entity staff in tax and compliance functions to identify any instances of non-compliance with laws and regulations.
- Reviewing minutes of meetings of those charged with governance.

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Independent Auditor's Report to the Members of My Sister's Place

Auditor's responsibilities for the audit of the financial statements (continued)

- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditors_responsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Mr D J Robertson FCA – Senior Statutory Auditor
For and on behalf of Anderson Barrowcliff LLP
Statutory Auditor
Chartered Accountants
3 Kingfisher Way
Bowesfield Park
Stockton on Tees
TS18 3EX

Date: 27.01.2022

My Sister's Place
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Consolidated Statement of Financial Activities (Including Income and Expenditure Account)
for the Year Ended 31 March 2021

		Unrestricted	2021 Restricted	Total	2020 Total
	Notes	Funds	Funds	Funds	Funds
		£	£	£	£
Income and endowments from:					
Donations & legacies	2	150,864	6,176	157,040	39,225
Charitable activities	3	48,929	854,609	903,538	772,479
Other trading activities	4	89,990	-	89,990	145,874
Investments - interest received		432	-	432	868
Total Income		290,215	860,785	1,151,000	958,446
Expenditure on:					
Raising funds	5	76,242	-	76,242	82,984
Charitable activities	6	109,313	866,090	975,403	844,416
Total Expenditure		185,555	866,090	1,051,645	927,400
Net income/(expenditure)/net movement in funds		104,660	(5,305)	99,355	31,046
Funds brought forward	12	708,997	139,104	848,101	817,055
Fund balance carried forward		813,657	133,799	947,456	848,101

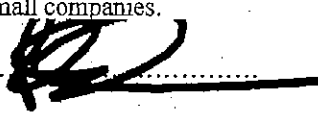
The accompanying notes form part of these financial statements

My Sister's Place
and its Subsidiary Company

Consolidated Balance Sheet as at 31 March 2021

	Notes	2021 £	2020 £
Fixed Assets			
Tangible assets	8	354,204	362,491
Current Assets			
Stock		1,350	2,500
Debtors	10	12,391	44,450
Cash at bank and in hand		731,639	491,223
		<u>745,380</u>	<u>538,173</u>
Creditors: Amounts falling due within one year	11	<u>152,128</u>	<u>52,563</u>
Net Current Assets		<u>593,252</u>	<u>485,610</u>
Net Assets		<u>947,456</u>	<u>848,101</u>
Funds			
Restricted funds	12	133,799	139,104
Unrestricted funds			
Unrestricted income funds	12	389,996	296,393
Designated funds	12	<u>423,661</u>	<u>412,604</u>
		<u>813,657</u>	<u>708,997</u>
Total Funds		<u>947,456</u>	<u>848,101</u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

.....

R. Samuels - Director and Trustee

27/01/2022

The accounts were approved by the Board on and signed on its behalf by the above.

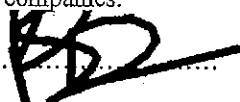
The accompanying notes form part of these financial statements.

My Sister's Place
and its Subsidiary Company

Balance Sheet as at 31 March 2021

	Notes	2021 £	2020 £
Fixed Assets			
Tangible assets	8	354,204	362,491
Investments		1	1
		<u>354,205</u>	<u>362,492</u>
Current Assets			
Stock		500	500
Debtors	10	49,150	66,986
Cash at bank and in hand		694,829	469,787
		<u>744,479</u>	<u>537,273</u>
Creditors: Amounts falling due within one year	11	<u>151,228</u>	<u>51,664</u>
Net Current Assets		<u>593,251</u>	<u>485,609</u>
Net Assets		<u>947,456</u>	<u>848,101</u>
Funds			
Restricted funds	12	133,799	139,104
Unrestricted funds			
Unrestricted income funds	12	389,996	296,393
Designated funds	12	<u>423,661</u>	<u>412,604</u>
		<u>813,657</u>	<u>708,997</u>
Total Funds		<u>947,456</u>	<u>848,101</u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

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R Samuels - Director and Trustee

27/01/2022

The accounts were approved by the Board on and signed on its behalf by the above.

The accompanying notes form part of these financial statements.

My Sister's Place
and its Subsidiary Company

Statement of Cash Flows and Consolidated Statement of Cash Flows for the Year Ended 31 March 2021

		2021		2020	
	<u>Notes</u>	Charity £	Group £	Charity £	Group £
Cash flows from operating activities:					
Cash generated from operations	18	224,610	239,984	139,410	160,846
Cash flows from investing activities					
Interest received		432	432	868	868
Net cash provided by investing activities		432	432	868	868
Change in cash and cash equivalents in the reporting period		225,042	240,416	140,278	161,714
Cash and cash equivalents at the beginning of the reporting period		469,787	491,223	329,509	329,509
Cash and equivalents at the end of the reporting period		<u>694,829</u>	<u>731,639</u>	<u>469,787</u>	<u>491,223</u>

The accompanying notes form part of these financial statements.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2021

1 ACCOUNTING POLICIES

(a) General Information and Basis of Preparation

My Sister's Place is a private company limited by guarantee and registered in England. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are as an independent 'One Stop Shop' for women who are suffering, or have suffered, domestic violence.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice as it applies from 1 January 2015.

The financial statements are prepared on a going concern basis under the historical cost convention.

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The comparatives have been amended as they now represent the consolidated figures. The current year is the first year that consolidated accounts are required.

The financial statements consolidate the results of the charity and its wholly owned subsidiary, My Sister's Place Trading Limited.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Income Recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations and grants to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation or grant and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example, the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

The charity received government grants in respect of the Coronavirus Job Retention Scheme and small business grants. These grants are recognised at the fair value of the asset received or receivable when there is a reasonable assurance that the charity will comply with the conditions attached to them. The grants are recognised using the accrual model.

Investment income is earned through holding cash in deposit accounts and is recognised when it is earned.

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102). Further detail is given in the notes to the accounts.

The grants are recognised using the accrual model.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2021

1 ACCOUNTING POLICIES (continued)

(b) Income Recognition (continued)

There is no netting off of expenditure within the accounts.

(c) Expenditure Recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Expenditure is classified under the following headings:-

- Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities. It includes both costs which can be directly allocated to activities and those costs of an indirect nature.
- Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs.
- Governance costs are those incurred in connection with compliance with constitutional and statutory requirements.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

(d) Tangible Fixed Assets

Tangible fixed assets are stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life.

Depreciation has been charged at:-

Improvements to freehold property	- 4% straight line
Fixtures, fittings & equipment	- 25% straight line

Freehold Property is not depreciated. Although this is not in accordance with FRS 102 section 17.18 the properties are always kept in a state of good repair and the Trustees believe that the market value is in excess of cost.

(e) Debtors and Creditors Receivable/Payable Within One Year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price.

(f) Cash at Bank

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

(g) Pension Costs

The company operates a fully insured contributory defined contribution pension scheme for all employees. The company contributions are charged to the SOFA in the period to which they relate.

(h) Tax

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2021

1 ACCOUNTING POLICIES (continued)

(i) Operating Leases

Rentals payable under operating leases are charged to the SOFA on a straight-line basis over the period of the lease.

(j) Going Concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

(k) Judgements and Key Sources of Estimation Uncertainty

In the application of the charitable company's accounting policies, which are described above, the Trustees are required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

(l) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

2 DONATIONS AND LEGACIES

	Unrestricted Fund £	2021 Restricted Fund £	Total Funds £	2020 Total Funds £
Fundraising and sundry donations	58,104	-	58,104	27,225
Coronavirus Job Retention Scheme income	22,260	-	22,260	-
MBC Covid small business grants	38,500	-	38,500	-
Virgin Money Covid grant	20,000	-	20,000	-
County Durham Community Foundation grant	-	5,000	5,000	-
Safelives Covid grant	-	1,176	1,176	-
Donated premises	12,000	-	12,000	12,000
	<u>150,864</u>	<u>6,176</u>	<u>157,040</u>	<u>39,225</u>

The donated premises are the estimated market value rent of the property donated to the charity by Middlesbrough Council.

In 2020 £38,225 of the donations related to unrestricted funds and £1,000 related to restricted funds.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2021

3 INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Fund £	2021 Restricted Fund £	Total Funds £	2020 Total Funds £
MHCLG Funding Covid grant	-	29,113	29,113	-
Foundations New Starts	-	10,940	10,940	-
Big Lottery Fund - IDVA	-	-	-	102,911
MBC IDVA Referrals Officer	-	-	-	40,000
Nationwide Homes for Good	-	49,891	49,891	44,367
MBC - Navigator scheme	-	43,477	43,477	100,968
WWIN Sisters Projects	8,683	-	8,683	15,731
WWIN Homeless Link	-	30,000	30,000	-
PCC - Female Offender Funding	-	-	-	29,160
Big Lottery Fund - Counselling & Building Capabilities	-	113,285	113,285	48,839
Henry Smith Charity	-	40,300	40,300	40,000
MBC Public Health - IDVA	-	64,666	64,666	30,000
Police & Crime Commissioner - IDVA	-	30,000	30,000	30,000
Women's Aid - Ask Me Grant	-	-	-	224
Women's Aid - Comic Relief funding	-	29,559	29,559	-
Women's Aid - Voices	-	15,000	15,000	45,000
Lloyds Bank Foundation	20,000	36,024	56,024	-
Lloyds Bank Foundation - IDVA	-	5,120	5,120	25,000
Garfield Western	-	-	-	30,000
Charity Shop TamponTax Grant	-	-	-	9,656
MBC Sanctuary Scheme	-	52,400	52,400	57,246
MIND grants - Coronavirus Mental Health Response Fund	-	30,035	30,035	29,182
Virgin Money Foundation	-	-	-	4,000
MBC NHS Counselling Service	-	15,000	15,000	15,000
Police & Crime Commissioner - Route 2	-	73,000	73,000	74,275
Sundry grants	-	2,749	2,749	920
Smallwood Trust	-	46,667	46,667	-
CAF Resilience Fund	20,246	-	20,246	-
Middlesbrough Borough Council Community Grant Fund	-	18,907	18,907	-
NatWest Safelives	-	5,000	5,000	-
Ministry of Justice Covid funding	-	113,476	113,476	-
Total	48,929	854,609	903,538	772,479

In 2020 £726,748 of the income from charitable activities related to restricted funds and £45,731 related to unrestricted funds.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2021

4 INCOME FROM TRADING ACTIVITIES

	(all unrestricted) 2021 Total Funds £	(all unrestricted) 2020 Total Funds £
Charity Shop sales	17,431	63,067
Student placement income	3,130	6,545
A Way Out	-	2,626
D A Support	960	2,860
Fundraising event income	1,947	10,081
Fundraising - charity ball	-	7,704
Corporate supporters	10,250	7,666
Training income	900	6,160
Darlington BC Route 2	625	-
Rental income	9,113	600
Housing Benefit	37,584	36,088
Counselling session	4,230	2,160
Other trading income	200	317
Wellbeing workshop	3,620	-
Total	89,990	145,874

5 RAISING FUNDS EXPENDITURE

	2021 £	2020 £
Staff costs	72,559	71,318
Fundraising costs	1,269	13,436
Charity shop expenses	2,414	(1,770)
Total	76,242	82,984

In 2020 all of the expenditure related to unrestricted funds.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2021

6 EXPENDITURE ON CHARITABLE ACTIVITIES

	2021 £	2020 £
Direct costs		
Staff costs	593,001	428,092
Travel, training & supervision	3,014	16,486
Computer & telephone costs	72,924	24,226
Property costs	14,618	12,921
Property works	22,518	20,831
Project costs	17,733	59,837
Client costs	40,619	6,365
Professional fees & supervision	5,530	2,765
Volunteer expenses	90	1,922
Depreciation	8,287	8,288
Gift in kind - rent	12,000	12,000
Repayment of grant	-	5,679
	<hr/> 790,334	<hr/> 599,412
Support costs		
Staff costs	84,358	154,947
Travel & training	240	6,150
Postage, stationery & general admin costs	18,935	32,464
Premises costs	20,291	21,226
Bookkeeping costs	28,072	17,865
Consultancy	14,515	4,060
Bad debts	6,106	-
	<hr/> 172,517	<hr/> 236,712
Governance costs		
Accountancy - Audit fee	4,200	-
- Other services	7,152	8,292
Legal costs	1,200	-
	<hr/> 975,403	<hr/> 844,416

In 2020 £137,087 of expenditure on charitable activities related to unrestricted funds and £707,329 related to restricted funds.

7 STAFF COSTS

	2021 £	2020 £
Salaries and wages	672,618	583,080
Social Security costs	47,703	45,426
Pension	29,598	25,851
	<hr/> 749,919	<hr/> 654,357

No employees received emoluments of more than £60,000.

The average weekly number of employees during the year based on headcount was 35 (2020: 36).

Key Management Personnel Costs

The total amount of employee's remuneration received by key management personnel including employers National Insurance and pension contributions is £52,335 (2020: £52,346). The charitable company considers its key management personnel to be Chief Officer.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2021

7 STAFF COSTS – continued

Trustee Remuneration and Related Party Transactions

No trustees received any remuneration or expenses during the year (2020: Nil).

The husband of Michelle O'Rourke, the CEO, is the director of Think Random Limited. This company provided services totalling £210 (2020: £3,036) to the charity. All transactions were on normal commercial terms.

No other trustee or other person related to the charity had any personal interest in any contract or transaction entered into during this or the previous year.

8 TANGIBLE FIXED ASSETS – GROUP & CHARITY

	Land & Buildings	Fixtures, Fittings & Equipment	Total
	£	£	£
Cost			
At 1 April 2020 and 31 March 2021	399,513	28,204	427,717
Depreciation			
At 1 April 2020	37,712	27,514	65,226
Charge for year	7,958	329	8,287
At 31 March 2021	45,670	27,843	73,513
Net Book Value			
31 March 2021	353,843	361	354,204
31 March 2020	361,801	690	362,491

9 FIXED ASSET INVESTMENTS

Investments held by the charity represent the entire share capital of its trading subsidiary, My Sister's Place Trading Limited (registered number 11337607). The nature of the company's activities is the operation of a charity shop. Further details are given in note 16.

10 DEBTORS

	Charity 2021	Group 2021	Charity 2020	Group 2020
	£	£	£	£
Trade debtors	6,433	6,433	25,534	25,534
Prepayments and accrued income	5,958	5,958	18,916	18,916
Intercompany balance	36,759	-	22,536	-
	49,150	12,391	66,986	44,450

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2021

11 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity 2021	Group 2021	Charity 2020	Group 2020
	£	£	£	£
Trade creditors	2,366	2,366	1,802	1,802
Social security and other taxes	14,241	14,241	11,355	11,355
Accruals and deferred income	128,676	129,576	34,330	35,230
Other creditors	5,945	5,945	4,177	4,176
	<u>151,228</u>	<u>152,128</u>	<u>51,664</u>	<u>52,563</u>

Deferred income includes:-

	Charity 2021	Group 2021	Charity 2020	Group 2020
	£	£	£	£
Brought forward	16,464	16,464	-	-
Deferred in the year	90,328	90,328	16,464	16,464
Referred in the year	(16,464)	(16,464)	-	-
	<u>90,328</u>	<u>90,328</u>	<u>16,464</u>	<u>16,464</u>

The deferred income relates to income received this year, which relates to 2020/2022, mainly in respect of salary costs and work not year performed.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2021

12 MOVEMENT IN FUNDS

	At 31.3.20 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 31.3.21 £
Restricted Funds					
Lloyds Bank Foundation					
(Transform) Counselling	4,973	-	-		4,973
Henry Smith Charity	10,000	40,300	40,225		10,075
Big Lottery inclusive grant	16,279	113,285	115,549		14,015
MBC NHS Counselling					
Service	-	15,000	15,000		-
Police & Crime Commissioner					
MBC IDVA	-	30,000	30,000		-
Lloyds Bank Foundation IDVA	20,833	5,120	25,953		-
County Durham Community					
Foundation	7,242	-	-		7,242
MBC Navigator Scheme	14,034	43,477	43,477		14,034
MBC Sanctuary Scheme	-	52,400	52,400		-
Nationwide Homes for Good					
Grant	43,910	49,891	36,611		57,190
Women's Aid – Voices	7,500	15,000	22,500		-
MBC Public Health IDVA	13,333	64,666	64,666		13,333
NELD Grant	1,000	-	1,000		-
Women's Aid - Comic Relief					
Funding	-	29,559	29,559		-
WWIN Homeless Link Project	-	30,000	18,484		11,516
Police and Crime Commissioner					
- Route 2	-	73,000	73,000		-
Safelives grant	-	1,176	1,176		-
Mind Coronavirus Mental					
Health Response Fund	-	30,035	30,035		-
MHCLG Funding Covid grant	-	29,113	29,113		-
MOJ Funding	-	113,476	13,476		-
MBC Community Fund	-	18,907	19,807		-
NatWest	-	5,000	3,579		1,421
Foundation – New Starts	-	10,940	10,940		-
Smallwood Trust	-	46,667	46,667		-
CDCF grant	-	5,000	5,000		-
Lloyds Foundation	-	36,024	36,024		-
Various small grants	-	2,749	2,749		-
Restricted Funds Total	139,104	860,785	(866,090)		133,799
General Unrestricted Funds	296,393	290,215	(177,268)	(19,344)	389,996
Designated Funds					
Perpetrators Project	22,772	-	-		22,772
Development of New Areas of					
Work	27,341	-	-		27,341
Capital Fund	690	-	(329)		361
Buildings Fund	361,801	-	(7,958)	19,344	373,187
Total Unrestricted Funds	708,997	290,215	(185,555)	-	813,657
Total Funds	848,101	1,151,000	(1,051,645)		947,456

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2021

PURPOSES OF RESTRICTED FUNDS

Lloyds Bank Foundation - Transform: A 2 year grant to support the development and delivery of a practice framework and training programme for trauma informed therapeutic work.

Henry Smith Charity: Contributions funding for 3 years to support our therapeutic services.

The Big Lottery Inclusive Grant: A five year grant part funding towards counselling, IDVA and support services.

Public Health (Middlesbrough): To support IDVA and counselling provision in Middlesbrough.

Police & Crime Commissioner - IDVA: To provide Independent Domestic Violence advocacy

Lloyds Bank Foundation - IDVA: This funding is towards the provision of an Independent Domestic Violence Advisor.

The County Durham Foundation Grant: To support disadvantaged women and girls to be spent on project and activity costs and volunteer expenses.

Navigator Scheme: The money received from Middlesbrough Public Health via MHCLA to provide a Domestic Abuse Navigator, dispersed accommodation and personalisation fund for women facing barriers to safe housing.

Middlesbrough Borough Council Sanctuary Scheme: To provide a sanctuary scheme which will protect victims of domestic violence in their homes.

Nationwide: To support a development post for 'Homes for Good' project.

Women's Aid Voices: To develop and implement the 'Change that lasts Ask me Ambassador' scheme

Public Health IDVA Referrals Officer: To support a Referrals and Signposting Officer for Middlesbrough.

Women's Aid Comic Relief funding – Distribution of funds from Womens Aid for ongoing support through the coronavirus pandemic.

WWIN Homeless Link project – To participate as a partner in the 'Ending Women's Homelessness' project in the delivery of the large grants project.

Police & Crime Commissioner: To support Perpetrator work through Route 2 project.

Safelives grant – To purchase laptops, smartphones, Wifi and other hardware items to support home working during Covid.

Mind – To provide funding for the Coronavirus Mental Health Response Fund providing support to women during the Covid-19 pandemic.

MCHLG – To provide funding for the New Starts programme assisting vulnerable women with their housing needs.

Ministry of Justice – To provide funding for the additional costs arising due to the Covid-19 pandemic, including increased staffing costs.

Middlesbrough Borough Council Community Fund – To cover staffing costs of a part time Team Leader.

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2021

PURPOSES OF RESTRICTED FUNDS (continued)

NatWest – To provide small grants to women needing support.

Foundation New Starts – To provide funding for the New Starts programme assisting vulnerable women with their housing needs.

Smallwood Trust – To provide small grants to women needing support, including management and support costs. To cover the salary costs of a Service Manager, Head of Services and contribution to the Chief Officer's salary.

County Durham Community Foundation – To purchase laptops and tablets, and licence costs for Zoom and Online chat.

Lloyds Foundation – To support the charity in responding to the needs to the most vulnerable during the pandemic.

Sundry grants - Various small grants for basic provisions for women in need.

NELD Fast funding: This funding was received to purchase mobile phones to facilitate contact with women remotely due to the Covid-19 pandemic.

PURPOSES OF DESIGNATED FUNDS

The Perpetrators Fund was designated by the trustees for a project which started in May 2016, setting aside £50,000 to bridge funding gaps. During the year, none of this funding was used.

The development of new areas of work: This represents proceeds from the sale of the Albert Centre and is to be used towards premises, investments and other development areas. In the year ended 31 March 2019 two properties were purchased for a total of £118,598 to provide homes for victims of domestic abuse. This money was taken from this fund.

The Capital Fund is to fund capital charges for fixtures, fittings and equipment. The surplus on the housing project has been transferred into this fund.

The Buildings Fund represents that element of reserves which relates to the charity's premises.

The designated funds are expected to be spent in the next three to five years in line with the strategic plan.

13 ANALYSIS OF NET ASSETS BETWEEN FUNDS - GROUP

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Fixed assets	354,204	-	354,204
Net current assets	459,453	133,799	593,252
	<hr/>	<hr/>	<hr/>
At 31 March 2021	813,657	133,799	947,456
	<hr/>	<hr/>	<hr/>

14 PENSION COSTS

The Company operates a contributory pension scheme. It is a defined contributions scheme and contributions are charged to the SOFA as they accrue. The charge for the year was £29,598 (2020: £25,851).

My Sister's Place
and its Subsidiary Company

Notes to the Financial Statements for the Year Ended 31 March 2021

15 LEASING COMMITMENTS

	2021 £	2020 £
Operating leases which expire:		
Within 1 year	2,421	202
Between 1 & 5 years	1,951	-
	<u>4,372</u>	<u>202</u>

Payments in the year amounted to £2,049 (2020: £405).

16 SUBSIDIARY COMPANY

The charity owns 100% of the share capital of My Sister's Place Trading Limited. The subsidiary was incorporated on 30 April 2018. It is used for non-primary purpose trading activities. A summary of the results of the subsidiary is shown below.

	£
Turnover	17,431
Other income	60,760
Expenses	(58,333)
Net profit	<u>19,858</u>

The net profit has been gift aided to the parent company.

	£
Assets	37,660
Liabilities	(37,659)
Share capital	<u>1</u>

17 RESULTS OF THE PARENT COMPANY

	£
Total income resources	1,071,617
Movement in funds	99,355

The subsidiary gift aided £19,858 (2020: £8,538) to the parent company in the year.

18 RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2021 Charity £	Group £	2020 Charity £	Group £
Net income for the reporting period (as per the statement of financial activities)	99,355	99,355	31,046	31,046
Adjustments for:				
Depreciation charges	8,287	8,287	8,288	8,288
Interest received	(432)	(432)	(868)	(868)
Decrease/(Increase) in stock	-	1,150	-	(2,000)
(Increase)/decrease in debtors	17,836	32,059	79,415	101,952
Increase/(decrease) in creditors	99,564	99,565	21,529	22,428
Net cash (used in)/provided by operating activities	<u>224,610</u>	<u>239,984</u>	<u>139,410</u>	<u>160,846</u>