



PROSHANTI UK

Company limited by Guarantee, Registered Charity

Trustees' Report and Financial Statements for the

year ended 31 December 2025

Company registration number: **07108914**

Registered charity number: **1137179**



Charity information

Directors who served during the year

Lilu Ahmed
Dr Rebecca Scott
Dr Jaha Afroze Momena
Mehjabin Ahmed
Taskina Hadi (from March 2025)

President

Sir Stephen O'Brien retired, and Paul Brickell took up the post on 7 December 2025.

Vice President

Rev Helen Matthew resigned with effect from 7 December 2025 due to personal reasons.

Secretary

Graham Rowbotham

Charity Number

1137179

Registered office

The Bromley by Bow Centre
St Leonard's Street, Bromley by Bow
London, England
E3 3BT

Independent Examiner

Accountax Aid Ltd
Unit G.09, Barking Enterprise Centre
50 Wakering Road
Barking, Essex IG11 8GN

Bankers

HSBC Bank PLC 38 Canada Place,
Canary Wharf E14 5AH



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Report of the Trustees' for the year ended 31 December 2025

The Trustees present their annual report and the financial statements for the year ended 31 December 2025 and confirm they comply with the Charities Act 2011, the trust deed and the Charities SORP 2005.

Structure, governance and management - Governing document

Proshanti UK is incorporated as a company limited by guarantee and registered with the Charity Commission in December 2009 under charity number 1137179. It is governed by its Memorandum and Articles of Associations dated 19th December 2009.

What is Proshanti?

Proshanti UK is a UK-based charity and was formed in 2009 after a number of UK professionals and volunteers visited Juri, a remote sub-district (Upazila) of Moulvibazaar district in the Sylhet region of Bangladesh. It was set up in 2009 with the aim of transforming healthcare in rural Bangladesh by creating a healthy living partnership between the communities in Bangladesh and Bromley by Bow in East London. The Charity has since identified a need and focused on providing quality, regular antenatal and postnatal care to vulnerable underprivileged women in the Juri sub-district of Moulvibazaar District which includes affordable preventive and health education, as well as an effective patient referral service to a trusted hospital where necessary.

Recruitment and appointment of trustees

Trustees are recruited from those who show a particular interest in the work of Proshanti and who can contribute to the work of the Board. Trustees have referred to the Charity Commission's general guidance on public benefit when reviewing Proshanti's aims and objectives. In particular, the Trustees have considered how the activities of the organisation will contribute to the objectives that have been established for the charity.

Induction and training of trustees

A number of publications, detailed guides and how to guides, from the Charity Commission are also provided including "What makes a charity", "Charitable purposes and public benefit" and "Public benefit: the rules for charities". This ensures that new trustees are aware of the scope of their responsibilities under the Charities Act.

Risk management

The trustees assess the risks the charity faces using a risk matrix which identifies the major risks by the nature of those risks, the likelihood of the risks happening and the measures taken to manage them. The trustees review the risk at their meetings. The trustees are satisfied that systems are in place, or arrangements are in hand, to manage the risks. In particular, insurance cover is in place and the Charity's finances are regularly reviewed.

Objectives and activities

The Charity's objectives are the relief of sickness and the promotion of good health, in particular but not exclusively, for people living in the Juri region of Bangladesh, through the provision of quality, regular antenatal and postnatal care including preventative health education.



Activities and Achievements

Activities in 2025

Proshanti has established itself as a reliable service provider for pregnant women in the Juri Upazila, with most of its clients being referred by satisfied service users. In addition, Family Welfare Visitors also refer pregnant women to Proshanti.

Proshanti staff regularly conduct community meetings throughout Juri to raise awareness about the services they offer. The enrolment process for Proshanti's services is determined by their criteria, which considers their level of means and requires applicants to have no other viable means of receiving antenatal care. During the enrolment assessment, Proshanti Outreach Workers carry out home visits for prospective clients to assist in their assessment.

Enrolment of New Clients (Patients)

In 2025, Proshanti have enrolled 225 new clients, comprising 175 free admissions and 50 paid (partial) admissions patients, compared to 162 in 2024. Among the newly enrolled women, 22 were identified as high-risk cases requiring enhanced monitoring and referral support.

Delivery Support Provided

During 2025, Proshanti supported a total of 204 deliveries across its programme (95 boys and 109 girls). Of these deliveries, 112 took place at patients' homes, where births were supported and closely monitored by Proshanti staff. A further 56 deliveries were normal vaginal deliveries conducted at hospitals or clinics, while 38 deliveries required caesarean section (C-section) intervention. In addition, 17 facility-based deliveries were directly supported at the Amiri Proshanti Clinic, reflecting progress towards increasing access to safe, institutional delivery options. No maternal deaths were recorded at the clinic during the year, and no stillbirths occurred. One neonatal death was reported on the way to hospital.

Caesarean Section Rate and Monitoring

The C-section rate within Proshanti-supported deliveries remains higher than the World Health Organization (WHO) recommended maximum of 15%. However, it remains below the national average for Bangladesh, where caesarean deliveries have risen sharply in recent years.

The majority of women who underwent caesarean delivery were identified as high-risk at the time of enrolment. Proshanti continues to closely monitor these cases, focusing on early risk identification, careful labour monitoring, and referral for surgical intervention only when clinically indicated, in line with WHO-aligned best practice.

Antenatal and Postnatal Care

During 2025, Proshanti delivered 694 antenatal care visits and 581 postnatal care visits. In addition, 3,900 expected date of delivery follow-ups were conducted to ensure timely monitoring and referral. Each enrolled woman received between four and five antenatal care sessions and three to four postnatal visits, ensuring continuity of care throughout pregnancy and the postnatal period.



No complaints were received regarding the quality of care provided by Proshanti staff, and no scheduled visits were missed due to staff negligence.

Medical Investigations and Medicine Support

All enrolled clients received free access to essential medical investigations, including ultrasonography. A total of 810 medical tests were supported during the year. Proshanti also provided free medicines to all enrolled women from the point of enrolment until six weeks following delivery, removing financial barriers to essential treatment and recovery.

Health Education

Health education remained a central element of Proshanti's work throughout 2025. During the year, 186 structured health education sessions were delivered, reaching 1,522 women and family members during antenatal and postnatal visits. Sessions focused on maternal nutrition, recognition of danger signs, birth preparedness, breastfeeding, newborn care, and family planning.

Community-Level Health Awareness

Proshanti delivered community-level health awareness sessions across five unions within Juri Upazila, reaching 153 women and 17 men. Skilled Birth Attendants now independently lead three to four community sessions each month, building on earlier mobilisation work and strengthening community ownership of maternal health awareness.

Monthly Service Reach

On average, Proshanti provided services to more than 125 underprivileged pregnant women each month during 2025. More than a quarter of these women were identified as high-risk and received personalised one-to-one monitoring, counselling, and referral support tailored to their individual needs.

New Premises at Amiri Shopping Mall

Proshanti continued to operate from its new clinic premises at Amiri Shopping Mall throughout 2025, following relocation from Juri Adhunic General (Pvt) Hospital in May 2024. The new premises enabled service expansion, including on-site clinical investigations, limited pathology services, family planning and vaccination programmes, and the introduction of the First Thousand Days Programme to support maternal and child health.

Clinical investigations, including ultrasonography, were provided under the supervision of Dr Subimol Chando, who attended the clinic weekly and provided services free of charge. Proshanti also continued close collaboration with Upazila Health staff, who offered training, guidance, and technical support to midwives and Skilled Birth Attendants.

Staffing and Governance

The Proshanti Juri clinic team in 2025 consisted of:

- Two full-time Midwives / Skilled Birth Attendants
- One full-time Centre Manager
- One full-time Outreach Worker / Project Officer
- One part-time Accountant (one day per week)
- One full-time Driver
- One full-time Office Support Worker



Additionally, the Executive Director of Prottoy dedicated one day per week to oversee service quality, liaise with local government authorities, and coordinate with the NGO Affairs Bureau. The Proshanti UK Programme Development Consultant maintained regular contact with the Juri team, ensuring effective oversight and smooth programme delivery.

Impact of Proshanti's Work

The population of Juri is diverse, comprising individuals from various cultures and religions, including Tea Garden workers from India, tribal communities such as the Manipuri people, Muslim, Hindu, and Christian women. In rural, impoverished communities in Bangladesh, women often have limited control over their health and personal situations. Those living in extreme poverty may have received little education, possess little knowledge about health, and lack confidence in asserting their needs. Social and family circumstances can be challenging, with severe overcrowding, poor-quality housing, poor diets, and men and parents-in-law often controlling family decisions. Poor maternal and child health outcomes can have a devastating effect on women and their families.

Proshanti's project has a positive impact on women's health care experiences during pregnancy and childbirth. It aims to empower and build the confidence of poor and excluded women, regardless of their culture or religion.

Financial Review and Policies

The trustees have reviewed the reserves of the charity. Their policy is to hold enough funds to meet four months' operating costs of the premises. The free reserves as of 31 December 2025 were £62,787.

Principal Funding Sources

Proshanti is indebted to numerous individual donors as well as East London NHS Lift Company for their regular and generous contribution towards Proshanti.

Proshanti organised a Ramadan Appeal in 2025 and £3,995 was raised through this appeal. These funds were transferred to **Prottoy** in 2025, alongside other funds.

Investment Policy and Objectives

The charity has no long-term investments. Proshanti's cash reserves are held in bank accounts.

Statement of Trustees' Responsibilities

The charity trustees are responsible for preparing an annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP.
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards have been followed, subject to any material departures
- disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011 and the provisions of the trust deed.

They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees for the purposes of charity law who served during the year and up to the date of this report are set out on charity information page.

Approved by the Director/Trustees and signed on its behalf by:

L. K. Ahmed
Director (Lilu Ahmed)

Date: 18/02/2026



Independent Examiners' Report to The Trustees of PROSHANTI UK

I report on the accounts of the trust for the year ended 31 December 2025.

Respective Responsibilities of Trustees and Examiner

The charity trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- i) examine the accounts under section 145 of the 2011 Act;
- ii) follow the procedures laid down in the general Directions given by the Commission under section 145(5)(b) of the 2011 Act, and
- iii) state whether particular matters have come to my attention.

Basis of Opinion

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the account and seeks explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the next statement.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- i) which give me reasonable cause to believe that in a material respect the requirements:
 - a. to keep accounting records in accordance with section 130 of the 2011 Act; and
 - b. to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- ii) to which, in my opinion, the attention should be drawn in order to enable a proper understanding of the accounts to be reached.

For and on behalf of Accountax Aid Ltd

Tahmina Ahmed
Dr Tahmina Ahmed

Date: 18/02/2026



Statement of financial activities for the year
ended 31 December 2025

Incoming resources	Notes	Unrestricted funds £	Restricted funds £	YE 31/12/2025 £	YE 31/12/2024 £
Incoming resources from generated funds:					
Donations	2	46,969.04		46,969.04	47,020.33
Other income		951.60		951.60	1,066.83
Total incoming resources		47,920.64		47,920.64	48,087.16
Resources expended					
Cost of generating funds					
Charitable activities		-35,354.44	-	-35,354.44	-67,819.87
Administrative costs		-2,404.85	-	-2,404.85	-2,555.37
Total resources expended		-37,759.29	-	-37,759.29	-70,375.24
Net movements in funds		10,161.35	4,422.00	10,161.35	-22,288.08
Retained funds brought forward		48,203.27	4,422.00	52,625.27	74,915.00
Statement of total recognised gains and losses				YE 31/12/2025	YE 31/12/2024
Net incoming resources before other recognised gains/loses				10,161.35	-22,288.08
Total recognised gains since last annual report				10,161.35	-22,288.08

Balance sheet
as at 31 December 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 £	2024 £
Current assets					
Debtors	4				
Cast at bank and in hand		54,369.62	8,417.00	62,786.62	52,627.12
Net current assets		54,369.62	8,417.00	62,786.62	52,627.12
Net assets					
Funds		54,369.62	8,417.00	62,786.62	52,627.12
Income funds		54,369.62	8,417.00	62,786.62	52,627.12
Total funds		54,369.62	8,417.00	62,786.62	52,627.12

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The company is exempt from the requirements relating to preparing audited accounts in accordance with section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit of the accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Board on 18th February 2026 and signed on its behalf by

L. K. Ahmed
Director (Lilu Ahmed)

Registration number 1137179

Notes to the financial statements for the year ended 31 December 2025

1. Accounting policies

1.1. Accounting convention

The financial statements have been prepared in accordance with Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

1.2. Incoming resources

All incoming resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

2. Income

The total income of the charity for the year has been derived from its principal activities undertaken in the UK and Bangladesh.

	Unrestricted Funds	Restricted Funds	Year ended 31/12/25	Year ended 31/12/24
United Kingdom	£	£	£	£
East London Lift	27,188.44		27,188.44	32,547.51
Zakat		3,995.00	3,995.00	2,700.00
Other donations	15,785.60		15,785.60	11,772.82
Other income	951.60		951.60	1,066.80
Total	43,925.64	3,995.00	47,920.64	48,087.16

Notes to the financial statements or the year ended 31 December 2025

3. Expenditure	2025 £	2024 £
Service delivery expenses	25,694.44	59,019.87
Travelling expenses		123.00
Insurance	704.11	1,325.60
Programme management service fees both in Bangladesh and UK	9,660.00	8,800.00
Office expenses	1,660.74	1,016.77
Bank charges	40.00	90.00
Total	69,687.64	70,375.24

4. Debtors	2025 £	2024 £
Prepayments and accrued income		

5. Funds	Unrestricted £	Restricted £	Year Ended 31/12/25 £
At 1 January 2025	48,203.27	4,422.00	52,625.27
Net movement for the year	6,166.35	3,995.00	10,161.35
At 31 December 2025	54,369.62	8,417.00	62,786.62

6. Reconciliation of movements in total trust funds	2025 £	2024 £
Incoming resources for the year	10,161.35	-21,650.08
Net addition to funds	10,161.35	-21,650.08
Opening trusts funds	52,625.27	74,275.35
Closing trust funds	62,786.62	52,625.27