



PROSHANTI UK

**Company limited by guarantee
Trusees' report and financial statements
for the year ended 31 December 2021**

Charity information

Trustees who served during the year

Lilu Ahmed (Chair of Trustees)

Dr Rebecca Scott

Dr Jaha Afroze Momena

David Storr

President : Sir Stephen O'Brien

Vice President : Rev Helen Matthew

Secretary : Graham Rowbotham

Charity number : 1137179

Registered office : The Bromley by Bow Centre
St Leonard's Street, Bromley by Bow
London, E3 3BT-UK

Independent Examiner : Syldon and co Accountants

Bankers : HSBC Bank Plc
38 Canada Place, Canary Wharf
E14 5AH, London

Contents

	Page
Trustees' annual report	1 - 4
Independent examiners' report	5
Statement of financial activities	6
Statement of total recognised gains and losses	6
Balance sheet	7
Notes to the financial statements	8 - 9

Report of the Trustees' for the year ended 31 December 2021

The Trustees present their annual report and the financial statements for the year ended 31 December 2021 and confirm they comply with the Charities Act 2011, the trust deed and the Charities SORP 2005.

Structure, governance and management/Governing document

Proshanti UK is incorporated as a company limited by guarantee and registered with the Charity Commission in December 2009 under charity number 1137179. It is governed by its Memorandum and Articles of Associations dated 19th December 2009.

Organisational structure

The Trustees of the Charity are also the Directors of the Company. We have formal Board meetings at least four times a year and meet informally between Board meetings. Our volunteer medical advisers in London meet about twice a year and report directly to the Board.

What is Proshanti?

Proshanti UK is a UK based charity and was formed in 2009 after several UK professionals and volunteers visited Juri, a remote sub-district (Upazila) of Moulvibazaar District in the Sylhet region of Bangladesh.

It was set up in 2009 with the aim of transforming health care in rural Bangladesh by creating a healthy living partnership between the communities in Bangladesh and Bromley by Bow, Tower Hamlets in East London. The aim is to build a Healthy Living Centre in the Juri sub-district of Moulvibazaar District that will provide free affordable primary health care, together with preventive and health education, as well as an effective patient referral service to a trusted hospital.

Recruitment and appointment of trustees

Trustees are recruited from those who show a particular interest in the work of Proshanti and who can contribute to the work of the Board. Trustees have referred to the Charity Commission's general guidance on public benefit when reviewing Proshanti's aims and objectives. In particular, the Trustees have considered how the activities of the organisation will contribute to the objectives that have been established for the charity.

Induction and training of trustees

Several publications, detailed guides and how to guides, from the Charity Commission are also provided including "What makes a charity", "Charitable purposes and public benefit" and "Public benefit: the rules for charities". This ensures that new trustees are aware of the scope of their responsibilities under the Charities Act.

Risk management

The trustees assess the risks the charity faces using a risk matrix which identifies the major risks by area of activity, the nature of those risks, the likelihood of the risks happening and the measures taken to manage them. The trustees review the risk at their meetings. The trustees are satisfied that systems are in place, or arrangements are in hand, to manage the risks. Specifically, insurance cover is in place and the finances of the Charity are kept under review.

Objectives and activities - Our objectives

The objects of the charity are set out in Memorandum and Articles of Association and are summarised as follows:

"The Company's objects are the relief of sickness and the promotion and preservation of good health, in particular but not exclusively, of people living in the Juri region of Bangladesh, by the support and establishment of a healthy living centre or centres."

Activities and achievements

Proshanti UK provides the following clinical services from the Juri clinic:

Activities in 2021

Proshanti is well established in the Juri Upazila as a service provider for pregnant women and thus, most of our clients are referred by fellow service users. Family Welfare Visitors also refer pregnant women to Proshanti.

Proshanti staff hold community meetings throughout Juri to raise awareness of its' services. Proshanti's criteria for applicants - that they have no other viable means of receiving antenatal care and their level of means - determines the enrolment process. Proshanti Outreach Workers carry out home visits for prospective clients during the enrolment assess to assist in their assessment.

Enrolment of new clients (patients)

We have enrolled 190 clients in 2021, compared to 139 in 2020. Among them 16 were high risk cases.

Delivery support provided

We offered delivery services to 182 clients. Among them, 33 (18%) had caesarean deliveries, another 32 had normal deliveries at hospital and the remaining 117 (64%) deliveries took place at client's home. Our midwives supported 16 deliveries at home and the remaining 101 (55%) were supported by their family members. We are encouraging clients to have their deliveries in hospitals and clinics, which has increased significantly last year. We continue to inform clients on the benefits of deliveries in the medical environment.

Miscarriage, abortion and child mortality, still birth, premature birth and neonatal death

There were no reports of miscarriage, abortion and child mortality. There was one stillbirth, 5 premature births and one neonatal death. It was unexpected to have 5 premature births therefore, we have reviewed these cases and found that all their deliveries took place at hospitals or clinics. We have conducted lesson learning exercises to improve our knowledge on managing similar cases. There were no premature births or neonatal deaths in 2020, with only one still birth.

Antenatal care and post-natal visits

In 2021, we offered 616 ante-natal care sessions and 469 post-natal visits. All enrolled clients had 4 to 5 ANC sessions and 3 to 4 PNC visits during their time with Proshanti. We never received any complaint of lack of care by our staff and no one missed any visits due to negligence of our staff. This was reflected in our patient services evaluation report in 2021.

Medical investigations and medicine support

All our enrolled clients received necessary medical investigation support including ultrasonography as required when advised by doctors, and free medicine supply from enrolment to six weeks after their delivery.

Health Education

In 2021, 131 health education sessions took place, where 2,215 participants were pregnant women and their family members during their anti-natal care and post-natal visits. This is going to increase in 2022 as we employed two Community Mobilizers who will continue health education sessions at the Community levels.

Monthly services of clients

We have managed to increase patient services from 100 to 120 from October 2021, as we can provide services to a higher number of clients due to availability of an ambulance.

Partnership work

To manage Proshanti's work cost effectively in Bangladesh and because of the difficulty of registering as an independent NGO, in July 2016 Proshanti entered into an agreement with Prottoy, an existing Bangladesh-registered NGO, for the delivery of Proshanti's services in the region.

Proshanti has a Memorandum of Understanding with Juri Adhunic General (Pvt) Hospital who offer free-e clinic and office space to run Proshanti's clinical services. In addition, they provide free of charge day-to-day doctors consultation for Proshanti patients.

Proshanti also worked closely with Upazila Health staff, who offered advice and training support for our midwives.

Proshanti Juri clinic staff

Two full time midwives

One full time outreach worker/Project Officer

One part time accountant (1 day a week)

In addition, the Executive Director of Prottoy spends one day a week to monitor the quality of services delivered, as well as liaising with the local government administration and the NGO Affairs Bureau.

The Proshanti UK Programme Development Consultant keeps close links with Juri staff as well as the Prottoy Executive Director to ensure Proshanti's work in Juri runs smoothly.

Impact of Proshanti Work

Juri has a diverse population which includes people of various cultures and religions, including Tea Garden workers originally from India, tribal communities such as the Manipuri people, Muslim, Hindu and Christian women. In rural, poor communities in Bangladesh, women often have very little say or control over their own situations and health. Women who live in extreme poverty often have had very little education, little knowledge about health and little confidence to assert their needs. Social and family circumstances can be very difficult with severe overcrowding, poor quality housing, poor diet and the focus of control over family decisions being held by men and parents-in-law. Poor maternal and child health outcomes can have a devastating effect on women and their families.

This project impacts positively on women's experience of health care in preparation for and during pregnancy and childbirth and aims to give confidence to and to empower poor and excluded women, regardless of culture or religion.

Financial review - Reserves policy

The trustees have reviewed the reserves of the charity. Their policy is to hold enough funds to meet four months' operating costs of the premises. The free reserves as at 31 December 2021 were £48,475.

Principal funding sources

Proshanti is indebted to numerous individual donors as well as East London NHS LIFT Company for their regular and generous contribution towards Proshanti.

Proshanti organised a Ramadan Appeal in April/ May 2021, £4,525 was raised through this appeal.

Investment policy and objectives

The charity has no long-term investments. Our cash reserves are held in bank accounts.

Statement of Trustees' responsibilities

The charity trustees are responsible for preparing an annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011 and the provisions of the trust deed.

They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees for the purposes of charity law who served during the year and up to the date of this report are set out on charity information page.

Approved by the Trustees and signed on its behalf by:



Lilu Ahmed (Chair of Trustees)

Date: 22/09/2022

Independent examiners' report to the trustees of PROSHANTI UK

I report on the accounts of the trust for the year ended 31 December 2021.

Respective responsibilities of Trustees and examiner

The charity trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act ;
- (ii) follow the procedures laid down in the general Directions given by the Commission under section 145(5)(b) of the 2011 Act, and
- (iii) state whether particular matters have come to my attention

Basis of opinion

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the account, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (i) which give me reasonable cause to believe that in any material respect the requirements:
 - (1) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (2) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- (ii) to which, in my opinion, the attention should be drawn in order to enable a proper understanding of the accounts to be reached.

For and on behalf of Syldon and Co Accountants



Mohammed Chowdhury

Date: 22/09/2022

**Statement of financial activities
for the year ended 31 December 2021**

		Unrestricted Funds	Restricted funds	Total Funds 2021	Total Funds 2020
Incoming resources	Notes	£	£	£	£
Incoming resources from generated funds:	2				
Donations		29,139	4,525	33,664	37,022
Other income		3,841	-	3,841	31
Total incoming resources		32,980	4,525	37,505	37,053
Resources expended	3				
Cost of generating funds		-	-	-	-
Charitable activities		(26,329)	(4,135)	(30,464)	(27,322)
Administrative costs		(2,131)	-	(2,131)	(11,325)
Total resources expended		(28,460)	(4,135)	(32,595)	(38,647)
Net movement in funds		4,520	390	4,910	(1,594)
Retained funds brought forward		48,324	4,705	53,029	54,623
Retained funds carried forward		52,844	5,095	57,939	53,029

	Year ended 2021	Year ended 2020
Statement of total recognised gains and losses	£	£
Net incoming resources before other recognized gains/losses	4,910	(1,594)
Total recognised gains since last annual report	4,910	(1,594)

**Balance sheet
as at 31 December 2021**

		Unrestricted Funds	Restricted funds	2021	2020
	Notes	£	£	£	£
Current assets					
Debtors	4	9,464	-	9,464	8,328
Cash at bank and in hand		43,770	4,705	48,475	44,701
Net current assets		53,234	4,705	57,939	53,029
Total assets less current liabilities		53,234	4,705	57,939	53,029
Net assets funds	5	53,234	4,705	57,939	53,029
Income funds		53,234	4,705	57,939	53,029
Total funds	6	53,234	4,705	57,939	53,029

These financial statements have been prepared in accordance with the special provisions of Part15 of the Companies Act 2006 relating to small companies.

The company is exempt from the requirements relating to preparing audited accounts in accordance with section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit of the accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Board on 24 September 2022 and signed on its behalf by

L. K. Ahmed. 22/09/2022

Lilu Ahmed (Chair of Trustees)

Registration number 1137179

1. Accounting policies

1.1 Accounting convention

The financial statements have been prepared in accordance with Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

1.2. Incoming resources

All incoming resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

2. Income

The total income of the charity for the year has been derived from its principal activities undertaken in the UK and Bangladesh.

	Unrestricted Funds	Restricted funds	Year ended 31/12/2021	Year ended 31/12/2020
United Kingdom				
East London Lift	20,699	-	20,699	20366
Other donations	8,441	4,525	12,966	13,621
Other income	3,840		3,840	936
	32,980	4,525	37505	39,916

	Year ended 2021 £	Year ended 2020 £
3. Administration Expenses		
Service delivery fees	20,864	27,322
Travelling Volunteer expenses	621	395
Printing, postage and stationery	65	589
Insurance	507	472
Programme management & consultancy fees both in Bangladesh and UK	9,600	9,600
Sundry expenses	829	127
Bank charges	109	142
	32,595	38,647

**Notes to the financial statements for
the year ended 31 December 2021**

	Year ended	Year ended
4. Debtors	2021 £	2020 £
Prepayments and accrued income	9,464	8,328

5. Funds	Unrestricted Funds £	Restricted Funds £	Total £
At 1 January 2021	48,324	4,705	53,029
Net movement for the year	4,910	-	4,910
At 31 December 2021	53,234	4,705	57,939

6. Reconciliation of movements in total trust funds	2021 £	2020 £
Incoming resources for the year	4,910	(1,594)
Net addition to funds	4,910	(1,594)
Opening trust funds	53,029	54,623
Closing trust funds	57,939	53,029